

THE OFFICIAL PUBLICATION OF JOINT TASK FORCE ANTANAMO

THE WIFE

November 13, 2015

A DAY OF SERVICE: VOLUNTEERS AROUND GTMO

TROOPERS, GIRL SCOUTS GIVE GIFT
OF TIME ON VETERANS DAY

BEEF STEPS UP TO CHALLENGE, OVERCOMES GTMO ROADBLOCKS

ENGINEERS CONTINUE TO
IMPRESS THE JTF

COMMISSIONS: BEHIND THE SCENES, TEAMS WHO MAKE IT WORK

COOPERATION, COMMUNICATION
MAKE OMC SUCCESSFUL

PHOTO STORY



VETERANS DAY: TIME TO HONOR

This week we join our nation in honoring all those who have worn the cloth of our country – past and present. Proclaimed Armistice Day by President Wilson in 1919, what would later become known as Veterans Day was intended as a day of “reflections” that would fill Americans with “solemn pride in the heroism of those who died in the country’s service and with gratitude for the victory.”

Today, as then, Veterans Day continues to offer an opportunity to reflect on a calling that demands great personal sacrifice and a commitment to service above all else. For me, part of that reflection is an appreciation of the unbroken line of selfless service, which stretches between the service members of the past to the Troopers of today. America’s veterans continue to serve proudly, and in so doing, protect the freedoms we hold dear

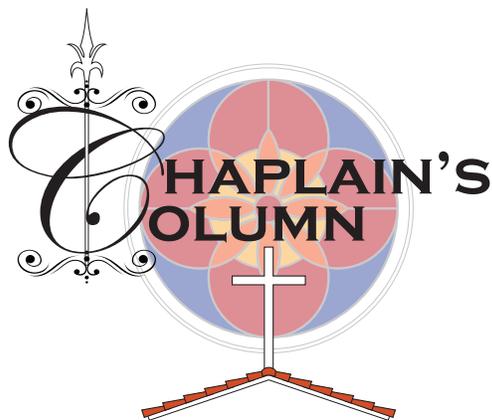
and shape the course of America’s history for the better.

To all Troopers and all those who have worn our nation’s uniform, our country gives you thanks. The missions are rarely easy but they are important. You have carried them out and continue to carry them out with honor. In doing so, you have given one of the greatest gifts any individual can give, the gift of service. On this Veterans Day week, I am humbled and proud to serve “Honor Bound” alongside you and join you in paying respect to the service of those who went before us.

Article by
REAR ADM. PETER J. CLARKE
JTF GTMO Commander



REAR ADM. PETER J. CLARKE
JTF GTMO Commander



I have noticed many people are either getting ready for the Army Physical Fitness Test or other military fitness test. How do I know this? I have seen those panicked looks in the gym and food not being consumed like it was previously. What is it about the physical fitness test that pours fear into our hearts? I don’t know about you, but I can go and run a couple of miles without worry and then when I get ready to run my two miles for the APFT my legs all of a sudden feel like cement blocks stomping around the track. Yet, does this not apply to our lives also in everyday

FACED WITH CRISIS, ASK FOR HELP

activities? We think that we have prepared for life by working hard at our careers, developing relationships with friends and family, and for some, having faith in something (whether it be organized religion, or a personal moral code) and then something happens to challenge our perception of preparation.

Real life seems to hit us at the most uncomfortable times. For example, half way through my deployment here, I got a Red Cross message and went home to take care of a family emergency. One can find it to be exhausting being here while taking care of our family back at home. Here is the deal though; you don’t have to do it alone. Just like when preparing for a physical fitness test you have training buddies that keep you accountable, there is someone that walks with you every day to encourage and show you that you are not doing it alone. For those who celebrate my faith tradition of Christianity, I encourage you to know that the Lord understands you are tired, frustrated, and missing home and He wants to renew your strength, help you not just walk, but run in life. He longs to

show you how to renew your strength and not grow weary. If you do this constantly on your own, you will get tired, but with the Lord holding you up, you will be able to walk and not faint.

For those who do not follow the Christian Faith, be reminded that we do not face personal crises alone. There are people all around us that care and want to help us through difficult times – your friends, military family, medical providers or even the Chaplain. Whether you faced with a difficult fitness test, a crisis back home, feeling homesick, or whatever is causing you a difficulty you had not prepared for, it is important to remember to rely on your faith. We can prepare for life as much as we want, but we cannot prepare for everything. However, at no time are we really alone. That is where our faith, friends and family come in to help us through every day.

Article by
ARMY CHAPLAIN (MAJ.)
HEATHER J. SIMON
JTF GTMO, Chaplain



COMMANDER & CHAPLAIN

In honor of Veterans Day, the new JTF Commander, Navy Rear Adm. Peter J. Clarke gives thanks to veterans. The chaplain wants you to know it is OK to ask for help in a crisis.



GTMO NEWS

Military Police hone their CLS skills. The OSJA wants you to help keep your identity safe. Read about the commissions process. Who improves the base? The Prime BEEF.



PHOTO STORY / COVER PHOTO

Joint Task Force and U.S. Naval Station Guantanamo Bay, Cuba, celebrate Veterans Day 2015. See the tributes to our service members around the base.



ENTERTAINMENT

In light of the new movie, "Spectre", read about what has kept James Bond the enigmatic character he is, since 1952. Read about why "The Peanuts Movie" is a timeless classic.



SPORTS

Least Worst Hash House Harriers: JTF runners take "fun runs" to a new level. Check out the Tuesday bowling league, where the *Nasty Nati Bowlers* swept the Too Legit to Split team.



LIFE & FITNESS

Sleep is the health topic of the week. Get sleep tips and snack ideas before bed. JSMART wants to ensure your stress remains low. Nov. 14-18, 1965 marked the Battle of Ia Drang Valley.

MOTIVATOR OF THE WEEK

**ARMY SGT.
REBECCA SUEN**
J2

**ARMY PVT.
ROBERT DAVENPORT**
525TH MP BN

THANKSGIVING OPSEC

The Thanksgiving holiday is traditionally a time when three things happen: traveling, eating and shopping! Two of these things need special attention, and eating isn't one of them. While traveling or making plans for leave and travel, remember to use OPSEC. Protect your plans and sensitive information, such as travel dates, leave papers, passport number, military I.D. and the like. When shopping in a store or online make sure to use only reputable online sites and be careful when you give your credit card numbers and expiration dates. Identity theft and credit card fraud always spike this time of year. Be safe and enjoy the Thanksgiving season. USE OPSEC!

The Wire is an authorized publication for members of the Department of Defense. It is produced by the JTF Public Affairs Office to inform and educate the Troopers of JTF GTMO. The contents of The Wire are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense or the U.S. Army, Air Force, Navy, Marines or Coast Guard. The editorial content of this publication is the responsibility of the Joint Task Force Guantanamo Bay Public Affairs Office. The Wire is printed weekly by the Defense Logistics Agency Document Services with a circulation of 1,025. It is distributed free to all personnel assigned to the Joint Task Force and is published online.

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FIGHTING DEATH-TROOPERS LEARN LIFESAVING SKILLS

While shots were fired in their direction, Soldiers took cover behind a vehicle. They returned fire toward the enemy as they scanned the field to see if there were any casualties. One Soldier lay motionless, but could hear a faint noise as the other Soldiers yelled his name out. "Spc. Cardone, are you OK? Can you hear me?" The service members maneuvered their way to the casualty in order to drag him to safety. Next, they begin performing first aid, a warrior skill they must keep current.

Fifteen Soldiers took part in the monthly, five-day combat lifesaver course held by the 525th Military Police Battalion for Joint Task Force Guantanamo Troopers, at Camp Bulkeley Field from Oct. 2-6. The event simulated real-life combat experiences and challenged Soldiers to put their knowledge into practice.

"I have been giving (CLS classes) here since March," said Sgt. David W. Woods, a healthcare specialist, who has a 100 percent passing rate as an instructor for the CLS courses, with the 525th MP Bn. "It provides realistic combat lifesaver training," he

added.

According to Woods, JTF holds a CLS course once a month for their Troopers. Units outside of the JTF take advantage of his training when requested, such as the service members from the U.S. Naval Station Guantanamo Bay, Cuba and Marines with the Marine Corps Security Forces Company.

Troopers with the 525 MP Bn. learned lifesaving lessons during the course which gives them the knowledge to get casualties safely out of harm's way and render first aid.

"This whole course is very informative," said Spc. Anthony J. Cardone, a Trooper with the 525th MP Bn. "It's a great refresher, everything from making a tourniquet to checking airways, (I will) take everything with me."

Cardone, who has taken many CLS courses, said it is hard to remember everything taught during the course throughout the year. He would like to do CLS training more frequently in order maintain his proficiency and continue to hone his lifesaving skills. According to Woods, training in the medical field



An MP pulls security while others check on the casualty during the Situational Training eXercise lanes, the CLS culmination event, Oct. 6, at Camp Bulkeley Field, at Joint Task Force Guantanamo.

changes all the time, so it is a good idea to continue to practice the skills and take refresher courses.

"Every year you are supposed to get re-certified as a combat lifesaver," said Woods.

During the final day of the course, Soldiers went outside and trained in the Situational Training eXercise lanes, which put Soldiers in realistic scenarios for the best training. The instructor used fellow classmates as casualties

during their certification test, giving a more realistic feel to the training. The Soldiers appreciated the guidance.

"I feel like it is essential for every Soldier (to take the course) so that way we can know (what to do) in a combat environment," said Spc. Thelma M. Acosta, a Trooper with the 525th MP Bn.

According to Acosta, a first time participant, the course was amazing and she was glad she took the class because her instructor prepared her to handle difficult situations.

Many Soldiers have not deployed before arriving to GTMO, so they do not have any real experience with how deployments work, said Woods.

According to <http://www.carson.army.mil/mstc/cls.html>, the Combat Lifesaver course is a bridge between the basic first aid training and the medical training given to the combat medic. The combat lifesaver assists in lifesaving measures secondary to the primary combat mission.

The next CLS course for JTF Troopers is scheduled for Dec. 14-18, at the Naval Station Chapel.



Two Military Police Soldiers perform first aid during Situational Training eXercise lanes. Fifteen Soldiers took part in the monthly, five-day combat lifesaver course held by the 525th Military Police Battalion for Troopers from Oct. 2-6.

Article and photos by
ARMY SGT. RYAN L. TWIST

IDENTITY THEFT: WHAT YOU DON'T KNOW CAN HURT YOU

Recent news headlines are filled with stories of large-scale security breaches, compromising our personal information from Target, Best Buy, Home Depot, T-Mobile and even the federal government's Office of Personal Management. If your personal information has not already been compromised, there is a good chance it can be in the future. As deployed service members, we are especially vulnerable. Due to irregular internet connections, we cannot as closely monitor account statements and financial reporting data. We lack the use of our U.S. cell phones for receiving fraud-alerts from financial institutions and we have significantly delayed postal services. Fortunately, there are steps you can take while deployed to mitigate the risk of financial loss caused by identify theft.

Identify-Theft Monitoring

When corporations or government agencies notify you that your personal information has been compromised, they usually offer to pay for credit monitoring services for a period ranging from six to twenty-four months, you should take advantage of these offers.

Even if you have not been offered identify-theft monitoring service at no cost, you can easily monitor your financial integrity, free. A best practice is to request a free credit report every four months. In the U.S., there are three credit-reporting bureaus, which maintain credit information: Experian, TransUnion and Equifax. You are entitled to one free report from each bureau, each year. Keep in mind that each of the bureaus operates independently and the information they collect and report may vary. Therefore, it is important to review the accuracy of the information reported by all three bureaus. Set yourself up on a revolving schedule to request a report from a different bureau every four months.

Do not be lured into getting "free" credit reports based on commercials you see on TV or from supposedly free credit report ads on the internet. The only government-sanctioned website to get your free credit reports is www.annualcreditreport.com. Routinely ordering your free credit reports from all three bureaus and monitoring them for new accounts or credit checks that you did not authorize is the best and cheapest way to detect potential identity theft.

Credit and Insurance-Related Junk Mail

It is extremely common to receive credit card offers in the mail. Unfortunately, many people just throw those offers away with the rest of their junk mail. If you receive offers for



credit or insurance in the mail, you should take care to shred any of the materials that contain an application, especially if the application has your pre-filled information.

However, the best way to prevent unauthorized credit or insurance accounts from being opened in your name, is to stop such mail from being sent to you in the first place. If you have not already done so, consider registering yourself at www.optoutprescreen.com. There are two options. First, you can register purely online, which will stop future solicitations for five years. Second, you can print out, sign and send in an application, which will prevent such solicitations forever. Stopping these solicitations will limit opportunities for identity thieves to open accounts in your name.

Active Duty Alert

As a deployed member, you can request that your credit be placed on an "active duty alert." This status makes it so that potential creditors must take additional steps, primarily to verify identity, before credit can be granted in your name. An active duty alert is good for one year and can be renewed annually, if you remain deployed or start a new deployment. To implement the active duty alert, you must contact the credit bureaus directly. If you file your request with Equifax and TransUnion,

they indicate they will pass your request onto the other two bureaus.

Equifax: 888-766-0008;

https://www.alerts.equifax.com/AutoFraud_Online/jsp/fraudAlert.jsp

Experian: 888-397-3742; <https://www.experian.com/fraud/center.html>

TransUnion: 800-680-7289; <http://www.transunion.com/personal-credit/credit-disputes/fraud-alerts.page>

For additional information on guarding yourself against identity theft, please visit www.ftc.gov/idtheft. For additional information on dealing with the aftermath of known identify theft, please visit www.identitytheft.gov.

The JTF GTMO OSJA provides full-spectrum legal services and advice to the JTF command and its Troopers. If you have questions regarding the content of this article or need assistance with a personal civil legal assistance matter, please contact the JTF Legal Assistance office at x8589 or x3589 or visit them in building 2525.

Article courtesy of

**OFFICE OF THE STAFF JUDGE
ADVOCATE**

Photo illustration by

ARMY SGT. CHRISTOPHER A. GARIBAY

COMMISSIONS: BEHIND THE SCENES, TEAMS WHO MAKE IT WORK



Editors note: In addition to stories done in previous editions of "The Wire" talking about highlighting the Commissions process, this article will serve to inform Joint Task Force Guantanamo Troopers of several of the different entities surrounding commissions and how they work, to make the commissions process happen.

Two weeks ago the five detainees, along with a room full of prosecution and defense attorneys, scores of paralegals, a smattering of reporters, military police officers and some victim family members sat in front of a judge at the courthouse here, for one of many military commissions sessions. Several groups work in tandem to make these commissions work flawlessly.

For example, according to the Executive Officer of the Office of Military Commissions, the Commissions Liaison Office is an overarching presence within the JTF, meant to provide for the logistical needs of the other entities involved and for commissions as a whole.

Meanwhile, the office of the Staff Judge Advocate ensures the legal integrity of the process. They monitor the JTF's standard operating procedures, provide timely legal advice when an issue is encountered, and facilitate attorney visits with their clients. The OSJA makes sure the processes governing these activities are consistent and adhere to the ground rules laid out by the Military Commissions.

"Beyond the full spectrum of legal support we provide to JTF GTMO, the OSJA is the JTF engine, which helps push the commission's process forward," said the Assistant Staff Judge Advocate. "We are the ones responsible for finding answers to questions raised by the prosecution and the Commission, via the discovery process, as well as facilitating

meetings between defense attorneys and the detainees."

The OMC was established in 2006. It is responsible for assigning the judge, defense and prosecution of Commissions.

The moniker at JTF GTMO is the fair, legal, transparent and safe care of detainees. If the OMC is responsible for fair treatment and OSJA covers legal, who is responsible for the transparent and safety aspects of a Commission?

Those roles fall to the media relations team, the 474th Expeditionary Civil Engineering Squadron or the Prime Base Engineering Emergency Force or Prime BEEF, Joint Detention and Joint Medical Groups, respectively.

Media Relations' sole responsibility, as it applies to commissions, is to provide logistics and movement support to media in conjunction with the Office of the Secretary of Defense Public Affairs Office.

"Logistics is probably the most important thing we do, simply because it allows the media to speak and act freely, without concern, which aids in the transparent coverage of commissions," said Sgt. 1st Class Patrick DeGeorge, noncommissioned officer-in-charge of media relations.

The commission site and building are kept up by the Air Forces' Prime BEEF.

The JDG houses, oversees and provides transportation for detainees, to and from the commissions, while the JMG provides any medical care the detainees may need.

"Commissions is a part of why we are here," said DeGeorge. "As a nation that believes in justice and as defenders of that nation, commissions are how we ensure that justice is applied."

While there is much work that goes into a commission session, the JTF and those who support it continue to take on the mantle of commissions and continuing their mission.

Article by

ARMY SGT. CHARLIE HELMHOLT

Photos by

ARMY SGT. JAMES D. SIMS (top)

COURTESY JTF PAO (bottom)



BEEF STEPS UP TO CHALLENGE, OVERCOMES GTMO ROADBLOCKS



Senior Airman Matthew Lane, a member of the 474th Expeditionary Civil Engineering Squadron, known as the Base Engineer Emergency Force 17 or Prime BEEF, plows a steep dirt road with a grader, 11 Nov., here.

A special team exists at Joint Task Force Guantanamo, who are called upon when base repairs or improvements are needed. Members can be spotted on various sports teams for almost every league, they can be seen volunteering at almost every event. A good number of them spend their free time chipping away at degrees and yet they still repair roads, wire electrical boxes and tirelessly apply creative engineering for the good of the JTF.

They are the 474th Expeditionary Civil Engineering Squadron, known as the Base Engineer Emergency Force 17 or Prime BEEF.

Now half way through their deployment, the Prime BEEF team prepares to move on as they reflect on their deployment thus far.

"This is not a traditional deployment, but it has been great working with all these highly trained personnel and highly motivated people," said Air Force Master Sgt. Reynel Lora, the Prime BEEF's operational flight supervisor.

Members of the unit came from bases all over the country and were able to form strong companionships quickly.

"Most of us have never worked together," said Air Force Lt. Col. Christopher Gant, the 17th Prime BEEF commander. "We came together and gelled immediately as a team. Even the younger, first time 'deployers' came in and did well."

The results of this cohesion can be seen throughout the base in the projects the Prime BEEF manages.

"Our mission is facility maintenance - keeping things going through sustainment and repair," said Gant.

I WOULD BE GLAD TO HAVE THESE GUYS ON ANY DEPLOYMENT ANYWHERE AT ANY TIME

Prime BEEF Troopers worked on various construction projects across the base, including the construction of parking lots, road maintenance and reinforcing the stability of infrastructures, ensuring the safety of buildings and roadways.

While getting supplies for many of their projects has proven to be a challenge, the Prime BEEF has overcome all obstacles.

"They think outside the box because we are limited here in terms of resources and getting materials on island takes a while, but

these guys figure out ways to get the job done one way or another," said Air Force Capt. Kevin Porter, the Prime BEEF's operations flight commander.

Hurricane Joaquin tested the Prime BEEF's mettle in October when its tropical storm force winds hammered GTMO.

"Some things happen, like Hurricane Joaquin that forces us to get involved and complete projects," said Gant. "Our structures crew put up some water diverters, which was a matter of repurposing some tent skins. A lot of people would think that it was just 'jerry-rigged' together but these guys really put a lot of effort in the design to ensure that it is going to survive the next rain event."

Not only have members of the Prime BEEF improved the infrastructures around GTMO, they have also helped the community by volunteering and supporting events like the various runs held here, or volunteering for the Red Cross and officiating sports games.

"These guys are volunteer maniacs," said Gant. "The BEEF team really gets involved and volunteers and that's just a testament to their desire to improve the GTMO community and the environment around them. That's the hallmark of an engineer, that innate desire or need to improve the environment around you."

Gant is proud the Prime BEEF are not only improving their community, but also working toward improving their education, he said.

They take advantage of their educational opportunities here and work diligently toward their Community College of the Air Force degrees, which is an Air Force requirement for promotion, said Gant.

As the Prime BEEF's time at GTMO winds down, they prepare to bring in the next group and dread saying their goodbyes to one another.

"I would be glad to have these guys on any deployment anywhere at any time," said Gant. "If I knew I would have this group of people with me I would know that there would be no issues and that would be able to accomplish any task we had without a doubt."

With the holidays coming up, the Prime BEEF plans to celebrate together and enjoy each other's company, said Porter. They also plan on "beefing" up security around the base as well as completing the deck on the JTF Liberty Center.

Article and photo by
SFC. JUSTIN LE MALONE



Master at Arms 2 Ashley White, with the Commissions Liaison Office at Joint Task Force Guantanamo, raises a flag at Camp Justice for Troopers in honor of Veterans Day, Nov. 11. (Photo by Army Sgt. 1st Class Marie Schult-Slosser)

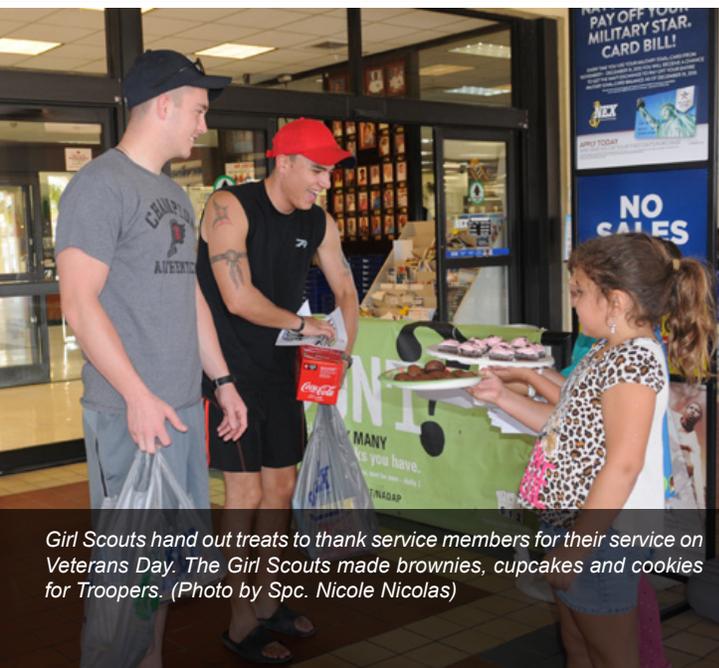


Girls Scouts at U.S. Naval Station Guantanamo Bay, Cuba, line the sidewalks with flags in preparation for Veteran's Day on Nov. 8. Each flag commemorates a fallen Soldier. The girl scouts do this every year for Veterans Day. (Photo by Spc. Nicole Nicolas)

A DAY OF SERVICE: VOLUNTEERS AROUND GTMO



Troopers from the 525th Military Police Battalion clean up the beach on Veterans Day at Girl Scout Beach. Cleaning up the beaches at GTMO is a way for his unit to give back to the community, said Capt. John Barbee, commander of an MP Company. (Photo by Spc. Nicole Nicolas)



Girl Scouts hand out treats to thank service members for their service on Veterans Day. The Girl Scouts made brownies, cupcakes and cookies for Troopers. (Photo by Spc. Nicole Nicolas)



The Marine's rifle team stands ready after firing rounds for the Veteran's Day ceremony, Nov. 11 at Marine Hill Parade Field. For me, Veterans Day is a chance for current service members to do something that is not natural for them, which is to reflect on what we contribute and frame it against what our predecessors have contributed, said Col. Adolphus Weems, the director of plans for the Joint Task Force Guantanamo. (Photo by Spc. Nicole Nicolas)

PRESIDENTIAL PROCLAMATION VETERANS DAY, 2015

BY THE PRESIDENT OF THE UNITED STATES OF AMERICA A PROCLAMATION

The United States military is the strongest, most capable fighting force the world has ever known. The brave men and women of our Army, Navy, Air Force, Marine Corps, and Coast Guard demonstrate a resolute spirit and unmatched selflessness, and their service reminds us there are few things more American than giving of ourselves to make a difference in the lives of others. On Veterans Day, we reflect on the immeasurable burdens borne by so few in the name of so many, and we rededicate ourselves to supporting those who have worn America's uniform and the families who stand alongside them.

Our true strength as a Nation is measured by how we take care of our veterans when they return home, and my Administration is committed to ensuring our heroes and their loved ones have every chance to share in the promise they risked their lives to defend. We have made it easier for veterans to convert their military skills to the civilian workforce, enabled more veterans and their family members to attain Federal education benefits, and expanded access to timely, quality health care for all veterans. Just as every veteran deserves the support and benefits they have earned, those who have given everything to defend our homeland deserve a place of their own to call home. To uphold this ideal, First Lady Michelle Obama and Dr. Jill Biden's Joining Forces initiative has forged partnerships with local leaders across America to uphold the dignity of every veteran and work to end veterans' homelessness. No one who fights for our country should have to fight for the care they deserve. Earlier this year, I was proud to sign the Clay Hunt Suicide Prevention for American Veterans Act, which fills critical gaps in mental health care by raising awareness and taking steps to improve access to care for those suffering from the

invisible wounds of war.

Our veterans left everything they knew and loved and served with exemplary dedication and courage so we could all know a safer America and a more just world. They have been tested in ways the rest of us may never fully understand, and it is our duty to fulfill our sacred obligation to our veterans and their families. On Veterans Day, and every day, let us show them the extraordinary gratitude they so rightly deserve, and let us recommit to pledging our full support for them in all they do.

With respect for, and in recognition of, the contributions our service members have made to the cause of peace and freedom around the world, the Congress has provided (5 U.S.C. 6103(a)) that November 11 of each year shall be set aside as a legal public holiday to honor our Nation's veterans.

NOW, THEREFORE, I, BARACK OBAMA, President of the United States of America, do hereby proclaim November 11, 2015, as Veterans Day. I encourage all Americans to recognize the valor and sacrifice of our veterans through appropriate public ceremonies and private prayers. I call upon Federal, State, and local officials to display the flag of the United States and to participate in patriotic activities in their communities. I call on all Americans, including civic and fraternal organizations, places of worship, schools, and communities to support this day with commemorative expressions and programs.

IN WITNESS WHEREOF, I have hereunto set my hand this fifth day of November, in the year of our Lord two thousand fifteen, and of the Independence of the United States of America the two hundred and fortieth.

PRESIDENT BARACK OBAMA

JAMES BOND - DEFINING THE LEGEND: WHERE DID HE BEGIN



Unless you've lived under a rock for the last 50 years, you know about the world's most famous spy, James Bond. Since 1952, when creator Ian Fleming penned the first Bond novel, *Casino Royale*, Bond has appeared in many films and books. He has been played by 6 different actors, each bringing their own flavor. Throughout the films, books and even in the writer's own words, what makes up Bond has changed over time.

Perhaps the easiest way to define Bond is to search his roots. Fleming himself was an agent in the British Naval Intelligence Division during World War II, and he drew from his experiences in the creation of the figure.

"(Bond) was a compound of all the secret agents and commando types I met during the war," Fleming was quoted as saying in an article by Ben Macintyre, a noted British author and historian, in *The Times* in 2008.

Bond and Fleming shared a number of personal traits. Both Bond and Fleming served in the Royal Naval Reserve and held the rank of Commander, both enjoyed heavy drinking and smoking, the latter being the cause for Fleming's death in 1966.

Bond was described in 1962 in *The New Yorker* as "an extremely dull, uninteresting man to whom things happened; I wanted him to be a blunt instrument," by Fleming.

In 1962, the first film, "Dr. No," hit theaters with Sean Connery as Bond, stylized as a super-masculine, womanizing agent. Suave, capable, and emotionally manipulative, Bond takes the clandestine part of his role seriously. In many early films, Bond is still all about disguise and subterfuge.

By the end of the Connery Era, Bond began to leave behind the shadows that were previously the spy genre's hallmark. More frequently, his opposition identifies Bond and the plots of his opponents take on greater global limelight. In the 1969 "Diamonds are Forever," Bond stops the film's villain from essentially selling nuclear capability to the highest bidder after building a satellite to

destroy existing nuclear missiles. These large-scale, visible threats speak to Bond's role of a spy being replaced by a more action hero archetype.

Through the '70s and '80s, while being portrayed by Roger Moore and Timothy Dalton, Bond films lent more screen time to his romantic conquests. He's still rugged, manly and deadly, but he seems shallower, less of a spy. These two continue the trend of Connery, but not with his level of talent. This era for Bond was something of a lull, which they tried to make up for by throwing beautiful women onto the screen.

Bond would return to his suave roots with the onset of the '90s. Pierce Brosnan brought a major change to Bond, particularly with regard to women. Brosnan played a more sensitive, though equally hot-blooded Bond. Brosnan was a return to the classy, cloak and dagger mystique of early spy films and books, with more focus put on gadgets and diplomacy.

The most recent Bond, however, has been a swing in the other direction. Since 2006, Daniel Craig has been the face of a darker, more brutal Bond. From the outset with "Casino Royale," which explores Bond's beginnings, Craig wastes little time on sentiment. The new Bond is brutal, an action hero, and though he is suave, it is the grace of a trained killer, not a smooth talker. Continuing the trend through 2012's "Skyfall," Bond is gritty, tough and exciting.

As Bond continues to impress audiences more than 60 years after its inception, and almost 50 years after Fleming's death, it's anyone's guess where the character will wind up in the newest film, "Spectre," which debuts here at GTMO Nov. 13.

So there you have it, a recap for those folks who managed to miss out on the Bond phenomenon, and just in time to fully enjoy the newest installment this weekend.

Article and photos by
SPC. IAN WITHROW



IN THEATERS THIS WEEK

The Downtown Lyceum showtimes are shown in the top row and the Camp Bulkeley Lyceum showtimes are displayed in the bottom row.

Spectre (New) PG13, 7 p.m. Spotlight (New) R, 9:30 p.m.	Love the Coopers (New) PG13, 7 p.m. Crimson Peak (New) R, 9:30 p.m.	The Peanuts Movie G, 6:30 p.m. Hotel Transylvania 2 (LS) PG, 8:30 p.m.	Everest (LS) PG13, 7 p.m.	The Intern (LS) PG13, 7 p.m.	Sicario R, 7 p.m.	Pan PG, 7 p.m.
11/13 FRIDAY	11/14 SATURDAY	11/15 SUNDAY	11/16 MONDAY	11/17 TUESDAY	11/18 WEDNESDAY	11/19 THURSDAY
Love the Coopers (New) PG13, 8 p.m. Crimson Peak (New) R, 10:30 p.m.	Spectre (New) PG13, 8 p.m. Spotlight (New) R, 10:30 p.m.	The Intern (LS) PG13, 8 p.m.	LYCEUM CLOSED	Everest (LS) PG13, 8 p.m.	LYCEUM CLOSED	Sicario R, 8 p.m.

Call the Movie Hotline @ 4880 or visit the MWR Facebook for more info. *Concessions at Bulkeley are closed until further notice Stay classy, GTMO! No alcohol or tobacco at the Lyceums.

*Want to write a movie review for The Wire? Send your movie review to: thewire@jftgmo.southcom.mil

MOVIE REVIEW / THE PEANUTS MOVIE



“The Peanuts Movie” is a very cute children’s movie that brings back fond memories of being young and watching the show on TV. Similar to the show, the movie depicts Charlie Brown as unable to fly a kite, and making a mess of most things he touches. However, the movie has a good message for children of all ages showing selflessness, compassion and honesty.

In the movie, a little red-haired girl moves in across the street from Charlie Brown. He finds himself wanting to impress her and his friend Lucy advises him to be more confident. Charlie Brown’s crush is adorable and he learns new things to impress her. In typical Charlie Brown fashion, nothing goes the way he plans when trying to win over the girl he likes.

He planned a performance to impress her at his school’s talent show. Instead he helps his sister save her failing performance, sacrificing his own performance. I thought it was precious when he helped his sister instead of impressing the girl. Throughout the movie, he is consistently putting others before himself. At the park, he helps a little boy fly his kite successfully, even though his own

inability to fly a kite is legendary.

Snoopy teaches Charlie Brown how to dance so he can amaze the little red-haired girl at the school dance. Of course, something inevitably goes wrong and ruins the dance before he has time to show off his new skills. When he is about to be given an award for scoring a 100 on a test, Charlie Brown shows honesty upon realizing the test is not his. Even though Charlie was bummed it wasn’t his test, I thought this was a good message for children.

The little red-haired girl saw everything Charlie Brown did. Even though he thought he was messing up, the girl found his selflessness eye-catching. When the little red-haired girl went to visit her sick grandmother, she and Charlie Brown were assigned a book report together. Unselfishly, Charlie Brown wrote the book report for the two of them, but the report was destroyed. She was impressed and agreed to write another book report with him. The class was surprised when the little red haired girl chose him to be her partner on another school project because no one else wanted to be his partner. Charlie worked up the courage to talk to the little girl. He finally asked her why she chose to be his partner. The little girl responded with all the reasons he thought he messed up since her arrival. She cited his selflessness, his honesty and his caring for others impressed her.

Snoopy and Woodstock were on their own journey trying to take down the Red Baron. I loved their journey and how it was incorporated into the story and the other characters’ lives.

While I thought the movie was adorable for children, it did not hold my attention as an adult. I loved the message that it sent though, that children should know despite their imperfections, they can be caring and compassionate and still make friends.

The movie brought back childhood memories; it is as simple as it has ever been. It is a familiar movie and the producers didn’t overdo the movie for the new age. I appreciated that they kept it a classic.

I give this movie four out of five stars because of the classic, timeless characters and good message to the children.

“The Peanuts Movie” is rated G for general audiences.

Movie review by
ARMY STAFF SGT. ALEAH M. CASTREJON



GTMO CROSS DRESSING HASHERS RUN FOR FUN

Late afternoon in the sweltering heat at U.S. Naval Station Guantanamo Bay, Cuba, Joint Task Force Troopers with the Least Worst Hash House Harriers, a non-competitive running club, wore frilly red dresses and gym shoes as they prepared to catch fellow service members, known as hares, during a Red Dress Run, Oct. 11.

Before the run, two hares created a roughly 3-mile path with flour that looped around the base. After creating the route, the hares got a one to five minute head start, said Eric Kulhan, a group leader for the Least Worst Hash Harriers of GTMO. The hares created false trails to slow down the hounds, the GTMO Troopers trying to catch the hares.

Since the group runs throughout the base, this is a great way for people to familiarize themselves with the base, said Stephen Decarie, a group leader for the Hash House Harriers.

Troopers followed the trail of flour throughout the Navy shipyard. They stopped at a white plus sign followed by a circular puff with a dot in the middle made of flour on the ground, signaling a crossroad and indicating a treasure trove of beverages to keep runners hydrated. Two more round puffs indicated they needed to head toward Windward Ferry Landing where a long climb up stairs led them to the finish line where fellow runners motivated each other to finish.



Members of the Least Worst Hash House Harriers' decked-out and ready for the Red Dress Run, here Oct. 11.

At the end of the course, the club recognized the first male and female, as well as the last person to finish the run. Before all three of them drank a beverage of their choice from a bedpan, the entire group sang a traditional Hash House Harrier's song.

Next, anyone who has attended a minimum of five runs and acted as hare at least once goes through a celebratory rite of passage; the group gives the newcomers nicknames, said Kulhan. Individuals can obtain their nicknames from their hobbies, jobs or events that occurred during a run.

Often times the Hash House Harriers have themes for their runs, such as Halloween or St. Patrick's Day, said Decarie.

The first time Decarie hashed at GTMO was for St. Patrick's Day, he said. He showed up without a single piece of green clothing. Since he was not wearing the proper attire, the club provided him with a green tube top to run in.

Since they started approximately year and half ago, many hashers have improved their physical fitness test scores, said Kulhan.

The Least Worst Hash House Harriers is one of many chapters that exist worldwide. Hashing has been around since 1938. John Imhof, who is one of the group's members, has hashed in Turkey, Germany and the U.S. since 1984.

"Ever since then I've enjoyed hashing," said Imhof. "They all have great memories... You look forward to the camaraderie. Whether it's the first hash or they've been doing (it) for some time, they all bring something different and it evolves every time you do it."

At this point, the Least Worst Hash House Harriers are disbanding since Decarie does not have anyone to take over the club. If anyone would like to take the reins, e-mail Decarie at Stephen.k.decarie@jftgtmo.southcom.mil.

Article and photos by
SPC. NICOLE NICOLAS



Joint Task Force Guantanamo Troopers drink a beverage out of their shoe. This marks the JTF GTMO Troopers last hash run.

PLAN AHEAD! CHECK OUT EVENTS, ACTIVITIES

Starting dates are subject to change. All leagues last 2-3 months, including playoffs.

MONTH / DAY ACTIVITY

November 14	Duathlon
November 21	Max performance games
November 26	T-Day Half Marathon
November 28	Kids Workshop
December 5	Power Lift Competition
December 11	Army / Navy Game
December 19	Holiday Basketball
December 24	Jingle Bell Fun Run
January 9	Ninja Warrior

NASTY NATI BOWLERS SWEEP THE LANES



Brian Guilfoyle sends a bowling ball down the lane, during a league play at U.S. Naval Station Guantanamo Bay, Cuba on Nov. 10. The League is one of many here, held weekly and open to anyone.

The *Nasty Nati Bowlers*, a team named for Cincinnati, Ohio, swept their opponent, *Too Legit to Split*, in a series of very close games during Tuesday night's bowling league at Marble Lanes at U.S. Naval Station Guantanamo Bay, Cuba on Nov. 10.

While most bowling leagues last 12 or 13 weeks, this one will run for 23 weeks because of the high number of teams playing, which is 22, said Annette Robinson the Bowling Manager.

The first game of the match between the two teams was the closest with a final score of 523 to 506 leaving only a 17-point spread.

Many of the *Nasty Nati Bowlers* were not playing, however, taking advantage of special rules, which allows players to come in before league night and 'pre-bowl' their game.

"A lot of us have irregular schedules," said Danny Gordon, a member of the *Nasty Nati Bowlers*. "So if we have to work we come in and bowl our game before hand."

Pre-bowling, or bowling your game before actual league

play and locking in your score for the night, is a good way to allow players to get involved, who may otherwise be unable to participate, said Gordon.

Game two of the match was a dead heat, right up to the end of the 5th frame, where *Too Legit to Split* pulled ahead. During frame six, technical issues struck, leaving the game suspended for several minutes as the pin spotter was repaired. Eventually the teams were forced to relocate to a new set of lanes where a lucky strike shifted the balance, once again,



Ball strikes pins during a league match. The league has more than 20 teams striving for first place.

in the favor of the *Nasty Nati Bowlers*.

The game ended with a final score of 575 to 552 in favor of the *Nasty Nati Bowlers*, sealing the series. With time to spare, the teams played the third game out.

The final game was more one-sided, when the *Nasty Nati Bowlers* came to an early lead and maintained it throughout the game. In the last few frames, *Too Legit to Split* was down by more than 50 points.

Suddenly, Keith Vershay, a member of *Too Legit to Split*, pulled off an impressive Turkey, a three strike series that brought victory within grasp. Unfortunately, it was a little too late for *Too Legit to Split* and solid points from the *Nasty Nati Bowlers* put them ahead 536 to 513.

Great sportsmanship ruled the night as both teams cheered for each other with every good bowl.

League bowling occurs every Tuesday, Wednesday and Thursday night starting at 6:30 p.m. at Marble Lanes.

Article and photos by
SPC. IAN WITHROW

MWR BOWLING LEAGUE

No.	Team Name	Standings
01	Storm Strikers	7-1
02	Team 11	7-1
03	Designated Drive	6-2
04	EBowla's Wrath	6-2
05	Master Gutters	5-3
06	Team 22	5-3
07	GTMO Strikes	5-3
08	Zazzy Zazzletons	5-3
09	Team 4	4-4
10	Nasty Nati Bowlers	4-4
11	Too Legit to Split	4-4
12	Motion to Strike	4-4
13	Tipsy Pins	4-4
14	Pocket Pounders	4-4
15	Team 10	4-4
16	BCO BT	3-5
17	Odd Family	3-5
18	Living on a Spare	2-6
19	The Scrub Lords	2-6
20	GTMO Sea Panther	1-7
21	The Iguanas	1-7
22	The Bowling Stones	1-7

ARMY FOOTBALL TRYOUTS

Dates are subject to change. Please contact POCs for questions.

ARMY MALE

Tryouts will be held every Wednesday at 7 p.m. and Saturday at 8 p.m. at Cooper Field, until further notice.

Nov. 14: Final cuts and roster finalized.

Male POC: Master Sgt. Stephen Jones x5418



SLEEP: IMPORTANT AS EXERCISE OR HEALTHY DIET

According to the U.S. Department of Health and Human Services, getting enough sleep is essential to a healthy lifestyle. Your heart health, diabetes and even your weight can be affected by the amount of sleep you receive each night.

Sleep can lead to having a better memory and a healthy mind, resulting in better memory and resilience to stress. The things you learned during the day soak-in while you sleep. Sleep helps protect cognitive functions, you can try to learn a new language during the day and then sleep on it.

An adequate amount of sleep allows your creative juices to flow and improves your attention span -this is especially important for

children and adults in school.

Adults should aim for 7-8 hours of sleep, while teens need up to 9 hours a night, according to HHS. However, getting good sleep goes beyond being in bed for a set number of hours and the quality and amount of time you sleep are two other important factors for getting proper rest each night.

Additionally, sleep can directly affect your life span, but that goes both ways, too much or too little sleep can be unhealthy.

Article by

ARMY STAFF SGT. ALEAH M. CASTREJON

Tips to improve your sleep

- Read a book
- Exercise early
- Avoid caffeine
- Dark, cool room
- Establish a routine
- Sleep when tired
- Do not look at the clock
- Enjoy a light dinner meal
- No electronics
- Routine bedtime

Snacks to bring about sleep

- Walnuts
- Almonds
- Lettuce

- Pretzels

- Tuna

- Rice

- Cherry juice

- Cereal

- Chamomile tea

- Passion fruit tea

- Honey

- Kale

- Hummus

- Cheese and crackers

(any dairy)



JSMART SPOT

JSMART HELPER: HARLEY

OVERCOME OCCUPATIONAL STRESSORS

While a unique workplace, such as working at Joint Task Force Guantanamo, can be exciting it can also come with many unique stressors. Stressors include limited time off, high tension with peers, problems adjusting to shift-work and emotional isolation.

Ways to combat stressors may be more simple than you think. Positive coping skills you can use include calling family or friends, sending letters or care packages home, going bowling, going swimming, or participating in any of the other Morale, Welfare, and Recreation activities on the island. Some relaxation techniques, which prove to be helpful, include meditation, non-required reading, listening to music, and exercising. These skills and techniques can be done with friends to release the

stress in a healthy, fun way.

Be cautious, however, to avoid negative coping strategies like excessive consumption of alcoholic beverages, isolating yourself, or engaging in inappropriate relationships.

A healthy lifestyle is an overall way to combat occupational stress. Eating regular, healthy meals, exercising, and getting good sleep are the basics to a healthy mind and body. They will also promote your resiliency against stress. For more information or to discuss difficulties affecting you, come to JSMART to learn more about our services.

Article by

**NAVY PETTY OFFICER
3RD CLASS
JONNI GILLISPIE**
Joint Medical Group

MILITARY HISTORY

BATTLE OF LA DRANG VALLEY NOV. 14-18

The Battle of la Drang Valley, portrayed in the book "We Were Soldiers Once... and Young," and Mel Gibson movie similarly titled, happened Nov. 14-18, 1965. Approximately, 1,000 Soldiers with the 1st Cavalry Division arrived to the la Drang Valley via helicopter on a seek and destroy mission of Viet Cong forces in the area.

It was the first battle of the Vietnam War, which involved only U.S. ground forces. Of the lessons learned at this battle, American troops could be dropped into the rugged terrain using helicopters, remove casualties, drop supplies as well as use heavy artillery fire to suppress enemy forces. On the other hand, the Viet Cong discovered that close-range fighting neutralized

American artillery and made them ineffective. U.S. ground forces lost more than 200 men while 250 were wounded. The Viet Cong lost more than 1,200. The battle saw three Medal of Honor recipients.

More than 2.7 million Americans would fight in the Vietnam War, from 1964-1975. Approximately 58,000 Troopers lost their lives in the conflict and was one of the most memorable defeats in U.S. military history. Political pressure in the U.S. prompted a de-escalation of forces and an eventual North Vietnam victory over South Vietnam.

Article by

ARMY SGT. CHRISTOPHER A. GARIBAY

RELIGIOUS SERVICES

ROMAN CATHOLIC (NAVSTA chapel)

Saturday* 1700
 Sunday* 0900 (Side Chapel)
 Mon-Thurs* 1730&0900

PROTESTANT SERV. (JTF Troopers' chapel)

Sunday* 0900&1900
 Friday night movie Friday 1900

PROTESTANT SERV. (NAVSTA chapel)

*Traditional** Sunday 0930 Annex Room 1 (Liturgical Service)
*Contemporary** Sunday 1100 Main Chapel
Gospel Sunday 1300 Main Chapel

OTHER SERV. (NAVSTA chapel)

Islamic Prayers Friday 1315 Annex Room 2
7th Day Adventist Saturday 0900 Annex Room 1 (Sabbath School)
 Saturday 1100 Annex Room 1 (Sabbath Service)
Latter Day Saints Sunday 0900 Annex Room 19
Pentecostal Sunday 0800 Annex Room D
 Sunday 1700 Annex Room D
*Christian Fellowship** Sunday 1800 Main Chapel (Non-denominational)
Jewish Study Friday 1900 Call JTF Chaplain for location*

BIBLE STUDIES (JTF Troopers' chapel)

Monday 1900 JTF Trooper's Chapel
 Wednesday 1900 JTF Trooper's Chapel
Game Night Saturday 1900 JTF Trooper's Chapel

LUTHERAN SERV. (JTF Troopers' chapel)

Sunday 1030 JTF Trooper's Chapel

DAVE RAMSEY'S FINANCIAL PEACE / MILITARY EDITION (JTF Troopers' Chapel)

Tuesday 1900 Taught by Navy Chaplain

ALCOHOLICS ANONYMOUS MEETINGS

Mon/Wed/Sat 1830 NAVSTA Chapel Annex, Room 16

*These services are conducted by Army or Navy chaplains / For more information call ext. 2218

BUS SCHEDULE 05:00 - 01:00

Camp America :00/:20/:40
 Gazebo :01/:18/:21/:38/:41/:58
 Camp America NEX :02/:17/:22/:37/:42/:57
 Camp Delta :04/:13/:24/:33/:44/:53
 Camp 6 :07/10/:27/:30/:47/:50
 HQ Building :55/:15/:35
 TK 1 :01/:17/:21/:37/:41/:57
 TK 2 :02/:16/:22/:36/:42/:56
 TK 3 :03/:15/:23/:35/:43/:55
 TK 4 :04/:13/:24/:33/:44/:53
 CC :00/:19/:20/:39/:40/:59
 JAS :14/:34/:54
 Windjammer / Gym :02/:17/:22/:37/:42/:57
 Gold Hill Galley :04/:15/:24/:35/:44/:55
 NEX :06/:13/:26/:33/:46/:53
 NEX Laundry :07/:27/:47
 C Pool :10/:30/:50
 Downtown Lyceum :11/:31/:51

EXPRESS BUS SCHEDULE 09:55 - 19:55

Camp America :48/:55
 TK 1 :05/:36
 Windjammer / Gym :11/:31
 Gold Hill Galley :14/:29
 NEX :16/:27
 Downtown Lyceum :17/:25

BEACH BUS (Saturday & Sunday only)

Windward Loop / E. Caravella: 0900/0930/1200/1230/1500/1530/1800/1830
 SBOQ / Marina: 0905/0935/1205/1235/1505/1535/1805/1835
 NEX: 0908/0925/1208/1225/1508/1525/1808/1825
 Phillips Park: 0914/1214/1514/1814
 Cable Beach: 0917/1217/1517/1817
 Return to Office: 0940/1240/1540/1840

FERRY SCHEDULE

Monday - Saturday

FERRY

Windward:

0630/ 0730/ 0930/ 1030/ 1130/ 1330/ 1530/ 1630

Leeward:

0700/ 0800/ 1000/ 1100/ 1200/ 1400/ 1600

UTILITY BOAT

Windward:

1630/ 1730/ 1830/ 2030/ 2230/ 2330

Leeward:

1700/ 1800/ 1900/ 2100/ 2300/ 0000

Sunday & Holidays

FERRY

Windward:

0730 / 1330

Leeward:

0800 / 1400

UTILITY BOAT

Windward:

1030 / 1530 / 1730 / 1830 / 2030 / 2230

Leeward:

1100 / 1600 / 1800 / 1900 / 2100 / 2300

CALLING ALL WRITERS: JTF CHAPLAIN HOSTING WRITING WORKSHOP

The writing workshop will begin Nov. 17 and will run every Tuesday from 6:30-8:30 p.m. in the Windjammer classroom for a total of six weeks.

All adults, age 18 and older, are invited and welcomed to bring laptop computers or paper and pen. Workshop sessions will begin with a "writing prompt" to generate creative responses, followed by discussion of plot, theme, character, setting and other elements of

writing. The format of this workshop may adapt to the group.

Do as much or as little as you want in this workshop, you can share your writing or you can keep it 100 percent to yourself - it's all up to you! Whether you are interested in writing for a creative outlet or a chance to relieve stress - come and join.

For more information, contact Navy Chaplain (Cmdr.) Sean Cox at sean.a.cox@jftgtmo.southcom.mil or 55312.

Photo by Aleah M. Castrejon

PARTING SHOT



'SUNRISE AT CABLE BEACH'" PHOTO BY ALEAH M. CASTREJON. FOR A CHANCE TO HAVE YOUR PHOTO FEATURED IN THE PARTING SHOT, PLEASE SEND SUBMISSIONS TO: THEWIRE@JTFGTMO.SOUTHCOM.MIL

THE **WIRE**

