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The Enduring Ledger is a monthly publication of the Department of Defense and Combined Security Transition Command-Afghanistan (CSTC-A). The Enduring Ledger is published each month by the CSTC-A Public Affairs Office, Camp Eggers, Kabul, Afghanistan. In accordance with DoD Instruction 5120.4, this DoD newspaper is an authorized publication for members of the U.S. military overseas. Contents of **The Enduring Ledger** are not neccessarily the official view of, or endorsed by the U.S. government or DoD.

#### About the cover:

Army Master Sgt. Scott Carbee helps an Afghan National Army recruit with an ammunition magazine during an exercise at Camp Shaheen. Carbee is the noncommissioned officer in charge of an embedded training team that advises Afghan instructors at the new Basic Warrior Training Course in Mazar-e-Sharif. Turn to pages 8 and 9 to read more about the training at Camp Shaheen. (Photo by Petty Officer 1st Class David M. Votroubek)

Mission statement: The mission of the Combined Security Transition Command-Afghanistan, in partnership with the Government of the Islamic Republic of Afghanistan and the international community, is to plan, program and implement structural, organizational, institutional and management reforms of the Afghanistan National Security Forces in order to develop a stable Afghanistan, strengthen the rule of law and deter and defeat terrorism within its borders.

For more about CSTC-A, visit www.cstc-a.com

**FROM THE TOP** Building an army that is right for Afghanistan

The charter we have with the Ministry of Defense and the Afghan National Army is to build a quality force that is capable of defending Afghanistan. Since the fall of the Taliban, the Afghan army has made solid strides toward achieving that goal of being an army that can fight and win on today's battlefield. And their success, in part, is a result of the effort and hard work each of you provide day-in and day-out. Today, 50,000 strong, the Afghan army is on its way to being a force to reckon with.



Cone

In the months ahead, our focus will continue to center on building a quality and capable Afghan army. As part of the Afghan National Security Forces (ANSF) Development Program for 2008, our priority within the ANA is to complete the build-up of combat brigades followed by sustaining institutions. In total, we expect to complete the fielding of 77 kandaks by the end of 2008.

But as many of you know, it's not about numbers or timelines, for that matter. I am often asked the question "When will the Afghan army be able to stand on its own?" The bottom line is that the Afghan army has some very capable units, and it is conceivable that these same units could be ready to conduct independent operations in 2008. But it's important to note, that the Afghan army will continue to depend on coalition support in those critical enabling systems, such as fire support, casualty evacuation and air support.

In many of the combat operations to date, the Afghan army has shouldered a large portion of the planning and the execution. The take away for CSTC-A is that we must continue to train, coach, and mentor the ANA leadership in building a quality force that is right for Afghanistan, a force with Afghans in the lead. If it's planned, coordinated and executed by the Afghans, we succeed!

In closing, I want to wish the entire CSTC-A Team a Happy Thanksgiving. In the United States, the fourth Thursday in November is a day Americans gather with family and friends to "break bread" and give thanks for the many blessings that have been bestowed upon us, as a people and a nation. I am sure, no matter what nationality or country you hail from, we can come together and give thanks as one family, united under one cause and one mission. So, I invite all our coalition partners and friends to join me and my fellow Americans in celebrating Thanksgiving on this 22nd day of November.

Mai. Gen. Robert W. Cone CSTC-A Commanding General

## **SOUND OFF:** What item would you like served at the dining facility?



Army Pfc. Michael Ramirez TMC/Wilmington, Calif

"Carne asada because it reminds me of home when the family gets together for the week-



Air Force Master Sgt. Richard Buckner CJ-6/Lickskillet, Tenn.

"Salt condiments in the small packets are available but pepper packets aren't available.



Air Force Capt. Jennifer Mack CJ-1/Ney, Ohio

"More fresh fruit because I eat fruit throughout the day."



Army Spc. Tina McCoy Base Ops/ Favetteville, N.C.

"Vitamin D milk because there is no variety to choose from."



Navy Lt. Adam Rae Cmd Surg/Las Vegas

"A build-your-own pasta bar just to give people a chance to create their own dish.

# **Maintain 'tactical awareness'**

Don't let complacency set in – enemy lurks for opportunity to attack

Command Sgt. Maj. Ruben A. Espinoza CSTC-A Senior Enlisted Advisor



**Espinoza** 

We have experienced an increase in suicide bomb attacks by anti-coalition

A recent attack resulted in the loss of one of our Camp Eggers warriors and several of our Afghan coalition members.

This is a reminder that we must maintain a "tactical awareness" of our surroundings as we go about our daily mission.

One key element to remember is to ensure you avoid becoming

The enemy is like a terrorist that observes and silently awaits for the opportunity to attack its prey. He chooses prey that will provide him with the most success.

Understanding and knowing what types of targets the enemy will prey on allows us to determine the tactics, techniques and procedures we can use to increase our force protection. TTPs can help us defend and save lives.

Do not let complacency set in! You must remain vigilant against any and all threats. Do the right thing! Do not take short cuts or allow yourself to take a calculated risk that may cost you your life or the lives of your comrades.

The command is constantly modifying force protection measures to increase our survivability. You can do your part by obeying procedures and following the rules when it comes to uniforms and access point entrance and exits.

Here are two examples:

■ One of the most important force protection measure is knowing the tactical awareness of your environment. If you become complacent, you increase your chances of being a target.

'Do not take short cuts or allow yourself to take a calculated risk that may cost you your life or the lives of your comrades."

■ Remaining vigilant and alert can prevent you from falling into the trap of being a target. Some force protection measures we can take to reduce our vulnerability is to know the who, what, when, where and how. We can increase our combat awareness by understanding what the target is, WHO the enemy is, WHERE they will attack, WHEN the attacks will take place and HOW the attack will take place. Taking these five elements into consideration when planning your next mission can help reduce your vulnerability. In addition, leaders must ensure all personnel adhere to the Combined Security Transition Command-Afghanistan's force protection measures.

The bottom line is you increase your chances of survival when you increase your tactical awareness and force protection measures. Every member of CSTC-A is vital to the success of the mission, and through teamwork we can ensure success of the organization as we help build a safe and secure Afghanistan.

## Losing a loved one never easy to cope with

by Army Chaplain (Capt.) Ted H. Knach Jr. CSTC-A Chapel



experienced a tragedy here with the loss of Army Spc. Adam D. Quinn. He was a young and energetic person, and his life was full of meaning, joy and purpose. He

We recently

had a great and promising future to look forward to and we mourn his loss. His life was cut short while he faithfully and loyally served his country.

Let all of us at some moment in time continue to remember his family in

our prayers. He stands in a long line of military personnel from all the services that have paid the ultimate price for the safety of our country; let us never forget that. Let us remember that what he did for us and for our country was for freedom's

The loss of a loved one is never an easy thing to deal with, and all of us cope differently. Some of us may have questions on why this had to happen and for what reason. In the world we live in, unfortunately evil, suffering, pain, tragedy and loss exist.

The chapel offers many programs and services to help personnel assigned to Combined Security Transition Command-Afghanistan cope with tragedy and maintain healthy relationships.

As a new arrival to Camp Eggers, one of the programs I'm really excited about is the Volunteer Community Relations initiative. I've heard nothing but great things about the VCR. If you want an opportunity to interact with Afghan children and show the local population that we care about them, then come join us on one of these trips.

As a new chaplain on board, I look forward to getting around camp and meeting and greeting everyone over the next few weeks. I'm very excited to be here to serve and minister to all soldiers, sailors, airmen and Marines and our coalition partners.

Everyone, including family members back home, is in my daily prayers for safety, health and protection.

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Coalition partners pay tribute to Army Col. James W. Harrison Jr. and Army Master Sgt. Wilberto Sabalu Jr. during a recent ceremony that dedicated two housing units in their names at Camp Eggers.



Army Chief Warrant Officer 2 Johnathon Booth unveils the name of a housing unit at Camp Eggers that was dedicated in the memory of Army Col. James W. Harrison Jr. during a recent ceremony.

# **CSTC-A honors** true heroes

Story and photos by Tech. Sgt. Cortchie Welch

The Combined Security Transition Command-Afghanistan memorialized two American soldiers who gave their lives in support of the Global War on Terrorism and Operation Enduring Freedom during a recent ceremony.

Soldiers, sailors, airmen, Marines and coalition partners gathered to pay tribute to Army Col. James W. Harrison Jr. and Army Master Sgt. Wilberto Sabalu Jr. by dedicating two houses in their names at Camp Eggers.

Harrison, a native of Missouri, and Sabalu, a native of Illinois, were killed May 6 by small-arms fire while riding in a convoy near Pole-e-Charki. They both were assigned to CSTC-A's Detention Capability Directorate, where Harrison served as the

During the ceremony, they were lauded for working countless hours with their Afghan counterparts and overseeing the construction of the Afghan National Detention Facility. Harrison and Sabalu were commended for their role in validating and sustaining the facility in accordance with international standards and laws, paving the way for the facility to receive captured enemy combatants.

"Their work with the men and women of detainee operations at the Afghan National Detention Facility was highly regarded by seniors and subordinates of this command," said Maj. Gen. Robert W. Cone, CSTC-A commanding general.



Coalition troops pay their respects to Army Sgt. Adam D. Quinn during a memorial service at Camp Eggers Oct. 9.

# CSTC-A pays tribute to fallen soldier

Story by Tech. Sgt. Cortchie Welch / photo by Petty Officer 1st Class David M. Votroubek

Camp Eggers rendered America's highest honor – a 21-gun salute – to a fallen warrior who made the ultimate sacrifice while supporting Operation Enduring Freedom and the people of Afghanistan during a ceremony Oct. 9.

Military members assigned to the Combined Security Transition Command-Afghanistan and coalition partners paused to pay tribute to Army Sgt. Adam D. Quinn who was killed Oct. 6 from injuries sustained when an improvised explosive device detonated near his vehicle in Kabul. Quinn was posthumously promoted to sergeant.

Army Maj. Gen. Robert W. Cone, CSTC-A commanding general, said the ceremony honoring Quinn reminded him of how tough his job can be as commander.

"An occasion such as this is without question, one of the most important, yet most difficult duties of a commander," Cone said. "We honor Sergeant Adam Quinn, a valued member of our team who gave the ultimate measure of service as he courageously executed his mission. He did so, as many Personal Security Detachment soldiers do, making a difference each day by protecting our senior leaders."

Quinn, assigned to Headquarters and Headquarters Company, 82nd Airborne Division, Fort Bragg, N.C., was attached to CSTC-A's operations directorate.

"Sergeant Quinn was a great soldier and a true paratrooper," said Army Capt. Corrie Hanson, Combined Joint Task Force-82 liaison to CSTC-A and Quinn's officer in charge. "He loved his job, and he loved going out on missions with the liaison team

here. He was a hard worker, and he never complained about the last-minute missions and taskings I often asked him to do.

"He cared about the people he worked with, and he always had a smile and a joke for the other Soldiers on the team. Quinn was also a family man, and he truly loved his wife and was looking forward to being a father."

A native of Orange City, Fla., Quinn worked countless hours providing protection for Camp Eggers' personnel across a dangerous and forbidding landscape, Cone said.

"He truly helped to shape history," Cone said. "The protection he provided enabled senior leaders of his command to do great things, moving the Afghan National Army and Police closer to being the loyal, independent and effective forces needed by the Islamic Republic of Afghanistan.

"It is through these selfless contributions he has made our nation safer in the development of a faithful ally in our fight against the terrorists."

Cone said he considers himself privileged to have served with Quinn and to have witnessed his team's dedication and commitment, day in and day out.

"We will press forward and honor Specialist Quinn by continuing to assist the Islamic Republic of Afghanistan to produce fully capable, independent security forces that are the pride of their nation," he said. "Please remember this hero ... our

"Remember what he stood for and the determination he exhibited in carrying out his duties."

# Goodwill

## ANA, coalition troops treat 2,800 villagers in Hirat



Army Spc. Raven Gibbs (left) explains the proper use of facial crème to an Afghan woman in Herat who recently went to Camp Zafar for medical care. Villagers received medical treatment as part of a Civil Medical Assistance program held by coalition forces and the Islamic Republic of Afghanistan. Gibbs is assigned to the vary in training and experience, according troop medical clinic at Camp Stone in Hirat.

Story and photo by Marine Staff Sgt. Luis P. Valdespino Jr.

nstead of doctors making house calls, nearly 2,800 Afghans from 11 surrounding villages recently paid a visit to Camp Zafar in Hirat to receive much needed medical treatment

Afghan National Army doctors teamed up with coalition medical personnel from nearby Camp Stone to provide free medical treatment as part of a Civil Medical Assistance mission.

The CMA mission was a cooperative effort between coalition forces and the Government of the Islamic Republic of Afghanistan, said Army Lt. Col. Leon B. Altman, the civil affairs representative for Afghan Regional Security Integration Command-West.

"This is wonderful," said Lt. Cmdr. Bruce Deschere, a member of the Medical Embedded Training Team who mentors at the West Regional Military Hospital here, "we saw like 600 people yesterday (Sept. 23)."

Medical personnel faced a variety of cases. "Everything under the sun," Deschere said, deployed here from Naval Hospital

Pensacola, Fla. Some illnesses were new, and some have existed for more than 10 years.

Given the resources at the temporary medical facility, Deschere said they focused primarily on dealing with infections, arthritis and other aches. The medical staff also concentrated on giving patients advice in caring for themselves.

What made this CMA mission different from past missions is that this time the villagers were transported to the medical team instead of the team going to them.

Deschere said that in the past they may have only been able to treat about 100 civilians when they traveled to the villages, instead of bringing the patients to Camp Zafar.

The CMA mission was also an opportunity for the Combined Security Transition Command-Afghanistan mentors to assess ANA medical personnel at work.

American, Italian and Romanian doctors assigned as mentors and trainers to the ANA hospital and clinical staff used the CMA mission as an opportunity to help improve the Afghan army doctors' medical

The ANA doctors and medical personnel to U.S. Navy Cmdr. David Lemme, who

deployed here from Naval Hospital Oak Harbor in Whidbey Island, Wash.

He serves as a medical mentor and trainer for the garrison and clinical commander at Camp Zafar.

"Some (Afghan) doctors have more experience than other doctors," said Lemme. Most Afghan army doctors have attended medical school, some in Russia, and a couple even in the U.S. and others only possesses a rudimentary understanding of medical care that they have learned on the job, he added.

Besides the medical care, volunteers at Camp Stone found other ways to contribute and help out.

Coalition forces contributed much needed humanitarian assistance to include providing clothes and shoes to the Afghan

What made this CMA mission different from past missions is that this time the villagers were transported to the medical team instead of the team going to them.



# Premier care

## Officials open new emergency center in Kabul

Story by Petty Officer 1st Class David M. Votroubek / photos by Dan Allison

**Every hour in Afghanistan** 120 babies are born and three mothers die from complications of pregnancy or childbirth. One in six Afghan mothers will die during childbirth, which is the leading cause of death for Afghan women.

Dan Allison of HOPE worldwide-Afghanistan wanted to improve medical care and facilities at the Malalai Maternity Hospital in Kabul, which HOPE calls the "premier" emergency maternity hospital in Afghanistan.

Women come here from seven neighboring provinces, and over 100 give birth there every day. In 2006, however, it didn't have an emergency center although it was Afghanistan's largest maternity hospital.

HOPE sought funding for the

emergency center for nearly two years and it came to the attention of the Combined Security Transition Command-Afghanistan's Command Surgeons Office. Initially, it was Air Force Capt. Karen Kramer who worked to find funding. She continued to help even after she left Afghanistan.

Air Force Maj. Greg Ready came next, and helped Allison to overcome the last few hurdles in getting U.S. government

"His heart for the poor and wanting to make a personal difference in Afghanistan were noteworthy," Allison said. "HOPE worldwide is grateful for the support that CSTC-A has given us throughout this process."

Their efforts, and the efforts of many others, finally paid off. HOPE finally received funds from a Department of Defense program called Overseas Humanitarian, Disaster and Civic Aid.

Air Force Col. John Mitchell, director of CSTC-A's Command Surgeons Office, calls this new facility "a significant upgrade in emergency care and treatment."

The Command Surgeons Office will try to get further humanitarian funds to provide the facility more emergency equipment, and individualized obstetrics and gynecology training for the facilities' staff. The trained medical providers can then train others.

There are also plans to improve the outpatient care, where thousands of procedures are performed each month.

U.S. government agencies and CSTC-A are also assisting the second largest maternity hospital in Afghanistan, which is also in Kabul.

This is part of a multi-year integrated mother-child health emergency effort to reduce one of the highest maternal and infant mortality rates in the world.

"The impact of helping tens of thousands of poor women and children to improve their survival or health is a once in a lifetime opportunity that many of us live for," said Mitchell.

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# rriors in the north

Recruits from the Afghan National Army's 209th Corps take a defense position while conducting a 5k road march at Camp Shaheen. The march takes place during the fourth week of the Basic Warrior Training Course.



A recruit (left) from the 209th Corps runs to catch up during training at Camp Shaheen.



### 209th Corps recruiting, producing own soldiers

As the Afghan National Army grows to become a force of 70,000 soldiers, the number of training facilities has also grown. The ANA's 209th Corps is now producing its own soldiers in Mazar-e-Sharif, and has already graduated 462 soldiers. It is currently training 509 more.

The soldiers are mostly recruited within the northern region, but some are brought in from elsewhere to produce an ethnically balanced force.

The commander of the 209th Corps, Maj. Gen. Morad Ali, who is a Hazara, sets the example of ethnic balance by having a diverse staff.

Conducting the BWT course locally has the advantage of reducing transportation costs and reduces the number of soldiers who go absent by taking their pay home to their families, according to Army Col. Edward Daly, commander of Afghan Regional Security Integration Command-North.

The training is done by Afghan instructors, with the coalition providing oversight. American, German and Croatian mentors are there to observe the training and suggest improvements to the ANA instructors; this way the recruits have no doubt about who's in charge.

"We stand well in the back. We don't want any of the [ANA] soldiers to think that we're in charge," said Army Capt. Bruce Skrabanek, embedded training team leader.

Several of the American mentors came from the Kabul Military Training Center to form the nucleus of the training cadre in Mazar-E-Sharif. Among them was U.S. Army Master Sgt. Scott Carbee. The Vermont native uses his experience as a U.S. Army drill instructor to advise the ANA on the best possible methods of recruit instruction. He's optimistic about what he sees.

"There is so much potential for this country," Carbee said.

There are plans to eventually add specialized skills training at ARSIC-N and expand from one brigade to three. But for now, the training concentrates on basic infantry skills. At this pace, the ANA is already catching up.

- Story and photos by Petty Officer 1st Class David M. Votroubek



U.S. Army Sgt 1st Class Francisco Santana (right) gives an affirmative sign to instructors during a tactical exercise at Camp Shaheen. Santana is assigned to the Combined Security Transition Command-Afghanistan and is part of an Embedded Training Team that advises Afghan instructors for the Basic Warrior **Training Course, which teaches** infantry skills to ANA recruits.



Recruits from the 209th Corps line up early in the morning to begin a 5k road march as part of training at the Basic Warrior Training Course at Camp Shaheen.

Air Force Maj. Dennis Clark, of the directorate for strategic planning and policy, passes out balloons to Afghan children in Kabul. Clark and other volunteers from Camp Eggers spent more than an hour handing out toys and clothes during the Volunteer Community Relations trip.



photo by Petty Officer 2nd Class Maria Miranda



Combined Security Transition Command-Afghanistan



photo by Petty Officer 1st Class David M. Votroubek

A coalition honor guard from the Combined Security Transition Command-Afghanistan practices a 21-gun salute before a memorial service for Sgt. Adam D. Quinn at Camp Eggers.



photo by Air Force Staff Sgt. Brian Ferguson

Air Force Master Sgt. George Lewandowski, a mentor with the Afghan National Army Air Corps, looks over a tool kit at the Kabul Air International Airport. The kits help maintainers keep track of their tools as well as aid in engine safety. He is deployed here from Eglin Air Force Base, Fla.



photo by Petty Officer 1st Class David M. Votroubek

Air Force Col. Christopher Cotts (left), Army Col. Steven Walker and British Col. Duncan Barley of the Combined Security Transition Command-Afghanistan listen to Dr. Najeeb ur Rahman Manalai's lecture on Afghan culture and social customs.



photo by Marine Staff Sgt. Luis P. Valdespino Jr.

Army Capt. Megan S. Detweiler (left), information operations officer for Task Force Phoenix in Kabul, and Spc. Chindar C. Ryant, a supply specialist at Camp Stone, listen with an Afghan elementary school teacher in Hirat as another teacher discusses issues Afghan women are facing in the region.



photo by Petty Officer 1st Class David M. Votroubek

Navy Cmdr. Paul Arp (second from the right), a nurse anesthetist assigned to a Medical Embedded Training Team, looks over charts with three of the medical staff during an operation at the Afghan National Army's northern regional hospital.

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# Home sweet home

# Air Corps tours \$182 million facility it will soon call home

Story and photo by Air Force Capt. Tim Touzeau

Dust has been rising from the north side of Kabul International Airport for some time now, as up to 2,000 workers turn the vision of a modern Afghan National Army Air Corps into reality.

Combined Security Transition Command-Afghanistan's Combined Air Power Transition Force is there to help them do it.

Air Force Lt. Col. Greg Stanley arrived in Afghanistan last month as CAPTF mentor to Air Corps Chief of Staff, Brig. Gen. Mohammed Barat, and quickly arranged for the ANAAC leadership see their future at Kabul International Airport's new construction site.

About 38 ANAAC leaders, U.S. mentors, and contractors met with the construction team to tour the \$182 million airlift, mobility and maintenance facility.

The group included the entire Air Corps staff, the air wing commander, and several key Afghan soldiers.

The facility is scheduled to open in April 2008.

Daryl Greenway, the assistant project manager for International Technical Solutions Inc., gave the group an overview of the project before they set out on the two-hour tour.

Besides the \$21.5 million Joint Aviation Forces maintenance hangar, the group visited one of the bases' two power plants, which has three 4.5 megawatt generators.

With both plants and a month's supply of diesel fuel on hand, the base will be capable of running independently of Kabul's power grid.



Greg Wikle (hard hat) shows building plans to a group of Afghan National Army Air Corps officers in front of their new headquarters building. The officers visited the headquarters during a tour of their new \$182 million facility, which is scheduled to open in April 2008.

'This Air Corps facility is a testament to our commitment to a self-sufficient Afghanistan.'

- Lt. Col. Greg Stanley

The group also visited one of the bases' two power plants, which has three 4.5 megawatt generators

With both plants and a month's supply of diesel fuel on hand, the base will be capable of running independently of Kabul's power grid.

The new facility is a large-scale professional construction project, built to western standards. It features load-bearing reinforced concrete, earthquake-resistance and state-of-the-art techniques that are being applied to virtually every building.

"The engineering and earthquake resistant construction of the buildings is very impressive," commented ANAAC Brig. Gen. Barat.

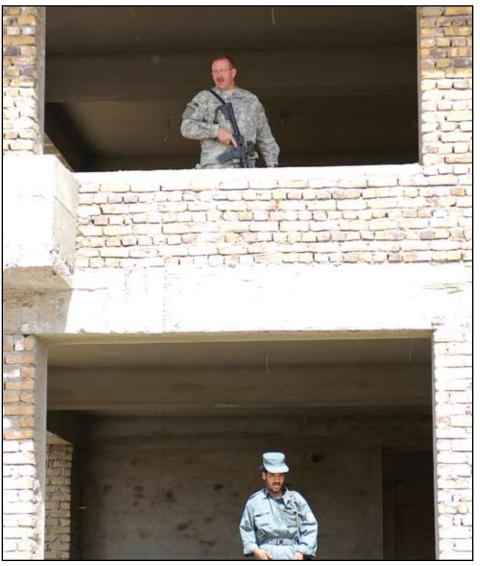
When the new air base is finished next spring, it will serve as the ANAAC headquarters and home base for up to 57 aircraft.

It will house 1,600 personnel in 10 modern

barracks. In addition the air base will have a conference center, medical clinic, dining facility, flight simulator building, communications center, water treatment plant, fire station, civil engineering building, vehicle maintenance, mosque, armory and ammunition storage facilities.

"This Air Corps facility is a testament to our commitment to a self-sufficient Afghanistan," said Stanley.

After this successful tour Barat and other ANAAC leaders are better prepared to host the Air Corps Commander's Conference next month. Soon there will be much more than dust rising into the Kabul skies.



Regional Police Advisory Command–South Command Army Sgt. Maj. Andy Bolt observes the area above an Afghan National Police officer inside an abandoned building near Qalat.

# BIG PLANS

#### Police Mentor Teams reconfigure ANP in Zabul Province

Story and photo by Petty Officer 2nd Class Brian P. Seymour

he Afghan National Police force is improving every day under the tutelage of coalition Police Mentor Teams.

PMTs in Zabul Province have big plans to help turn the ANP into a strong and capable force.

PMTs hope that an increased number of police at a reduced number of checkpoints

will help reconstruct the ANP force in the province.

With insurgent activity and police corruption stemming from poor manning and inadequate training, the PMTs assigned to Regional Center South have devised a way to help the ANP help itself.

The plan calls for a decrease in total police checkpoints in the province from 25

to six

Designed by PMTs, it will create larger organizations that are capable of defending themselves by outfitting each one with dozens of better-trained, closely-mentored policemen.

According to senior police mentors in the province, half the battle of standing-up a capable and self-sustaining police force is instilling a behavioral change within the government led institution.

And with regard to previous initiatives to build such a force, some conceptual matters needed tweaking.

"There was no opportunity to instill a behavioral change before," said Army Capt. Dave Perry, checkpoint consolidation project officer and police mentor in Zabul Province. "Our plan is going to fix that problem."

Perry and other PMTs in the province plan to temporarily remove large groups of people out of the district and enroll them in an eight-week course at the Regional Training Center in Kandahar.

"It is there that we can provide more comprehensive training, and instill some of those core values into them," said Perry. "Then push them back up to their checkpoints with leadership integrated into their organization and a readiness to go out and conduct operations."

Training, however, is not limited to the eight-week course. When they get back to the checkpoints, the policemen will be provided further training and mentoring from PMTs.

Together they will immediately conduct patrolling and training operations to maintain the core competency skills needed to sustain the ANP as an effective fighting and policing force.

PMTs believe the new plan will solve a multitude of problems.

"We trained [the ANP], then they went back to their checkpoint and the training was lost," said Army Maj. Tom Mack, Qalat PMT chief. "So we'll have to spend a lot of time mentoring these guys up here in order for them to retain what they've learned."

Hoping to win the hearts and minds of Afghan citizens, PMTs in Zabul are dedicated to providing the region with an effective police force capable of protecting its citizens.

"This is a campaign, not an operation," said Perry. "It takes time to instill behavioral change. It takes time to train a force."

## **Warrior of the Month**



photo by Tech. Sgt. Cortchie Welch

Army Staff Sgt. Jesse Huntsman (left) prepares to draw blood from Army Spc. Andrew Truong at the Camp Eggers medical clinic.

#### **Army Staff Sgt. Jesse Huntsman**

Job title and unit: Combat medic with the 550th Area Support Medical Company.

Home station: Fort Bragg, N.C. Hometown: Lancaster, Calif.

**Deployment goal:** Ensure adequate training and experience for young

soldiers.

**Best part of the deployment:** Lifetime memories of camaraderie. **Life after Camp Eggers:** Participate in the Green to Gold program,

attending the University of Missouri in Kansas City.

Favorite vacation spot: New York City. Favorite movie: American Graffiti. Favorite artist: Frank Lloyd Wright.

Favorite sports team: Los Angeles Dodgers. Favorite meal: Steak and baked potato.

Favorite quote: "Help others achieve their dreams and you will achieve

yours." - Les Brown.

Favorite cereal: Cap'n Crunch. Celebrity crush: Angelina Jolie.

Book I'm reading now: Hegemony or Survival: America's Quest for

Global Dominance by Noam Chomsky.

Hobbies: Home improvement and snowboarding.

Pet peeve: Cell phones.

Supervisor says: "Sergeant Huntsman is a paramount example of what a noncommissioned officer should represent. His professionalism, dedication to duty and care for soldiers sets him apart from his peers."

-- 2<sup>nd</sup> Lt. Brian Gomez

Officer in charge of the Camp Eggers medical clinic

#### **Camp Eggers Salutes**



- The following individuals for earning the Bronze Star: Army Col. Roy Webb, exercise and training directorate; Navy Lts. Chris Byrnes and Josh Powers, and Senior Chief Petty Officers Stephen Brown and Thomas Dwyer, logistics directorate; and Sqt. 1st Class Michael White, communications directorate.
- The following individuals for earning the Defense Meritorious Service Medal: Cmdr. Richard Blank, communications directorate: Army Lt. Col. Gregory Davis, exercise and trainining directorate; Air Force Lt. Col. Matt Tyykila, ANPDP; Air Force Lt. Col. Larry Goodwin, command group; Air Force Maj. Timothy Puzan, operations directorate; Navy Lt. Angel Santiago, engineering directorate; Senior Master Sgt. Douglas Pickerel, personnel directorate; Army Master Sqt. John Smits, logistics directorate.
- The following individuals for earning the Meritorious Service Medal: Air Force Capt. Jim Jellick and Navy Lt. Tracey Dronet, Air Force Master Sgt. David Rios, Chief Petty Officers Arthur Agustin, Jaime Cordero and Ellen Johnson, Petty Officers 1st Class David Berryhill, Demario Lyons and Andre Avant, logistics directorate; and Sqt. 1st Class Kevin Dumais, Joint Visitors Bureau.
- The following individuals for earning the Joint Service Commendation Medal: Navy Lt. Philip Cohen, exercise and training directorate; Petty Officer 1st Class Edwin Eaves, Petty Officers 2nd Class Mark Bryant and Jonathan Pollard and Petty Officer 1st Class Darryl Lusain, communications directorate; Petty Officer 2nd Class Gerald Baker, personnel directorate; Marine Sgt. William Signorelli, Joint Intelligence Operations Center; Petty Officers 2nd Class Chad Dickerson and Rosalynn Doyle, operations directorate: and Senior Airman Diana Gracia. resources directorate.
- The following individual for earning the Army Commendation Medal: Petty Officers 2nd Class Patrick Diers, Peter Gonsalves, Carrie Simoneaux and Carla Bolen, logistics directorate.
- The following individual for earning the Joint Service Achievement Medal: Petty Offcer 3rd Class Winston Barratt, command group.
- The following individual for earning the Army Achievement Medal: Seaman Shawn Martin, logistics directorate.

#### **Dari phrases**

- Hello (peace upon you) Assalamu alaykom! Salam!
- Excuse me/l'm sorry wo-bakha
- Don't be frightened mah-wee-ree-gah
- You are safe tah satilee yay
- OK khah / shah
- **■** We are Americans moong-Amreeka-yan-yoo



photo by Petty Officer 1st Class David M. Votroubel

It's your birthday: Spc. Joshua Behrens (right) draws the name of the winner of a four gigabyte iPod. The drawing was held by MWR to celebrate October birthdays at Camp Eggers.

#### MWR weekly events

#### Monday

**4:30-5:25 p.m.** – Spin class at the Warrior Gym **6-7 p.m.** – Hip Hop Fitness class at the Clamshell 7-8 p.m. - Video gaming at the Bomb House 7:30 p.m. - Movie time at

the Green Bean patio

#### Tuesday

**6-6:30 a.m.** – Abdominal strength class at the Warrior Gym **4:30-5:25 p.m.** – Spin class at the Warrior Gym 7:30 p.m. - Movie time at the Green Bean patio

#### Wednesday

**4:30-5:25 p.m.** – Spin class at the Warrior Gym **6-7 p.m. –** Hip Hop Fitness class at the Clamshell **7-10 p.m.** – R&B Night at the Green Bean patio **7:30 p.m.** – Movie time at the Green Bean patio

#### Thursday

**6-6:30 a.m.** – Abdominal Strength class at the Warrior Gym **4-5:30 p.m.** – Spin class at the Warrior Gym 6-9 p.m. - All Request Night at the Green Bean patio

7:30 p.m. – Movie night at the Green Bean patio

9:30 a.m.-4 p.m. - Read

#### Friday

to Your Kids program at the Armadillo House 4:30-5:25 p.m. - Spin class at the Warrior Gym **6-10 p.m.** – Karaoke outside the Green Bean patio **7:30 p.m.** – Movie time at the Green Bean patio

#### Saturday

4:30-5:25 p.m. - Spin class at the Warrior Gym 6-10 p.m. - Country Music Night at the Green Bean patio **7:30 p.m.** – Movie time at the Green Bean patio Sunday

**6-6:30 a.m.** – Abdominal strength class at the Warrior Gym 4:30-5:25 p.m. - Spin class at the Warrior Gym **7:30 p.m.** – Movie time at the Green Bean patio

#### Chapel weekly schedule

#### Sunday

11 a.m. - Christian service at the Clamshell **5 p.m.** – Christian service at the U.S. Embassy 7 p.m. – Prayer and praise service at the Clamshell

#### Monday

10 a.m. – Liturgy of The Word at the Chapel House Tuesday

**10 a.m.** – Liturgy of The Word at the Chapel House 7 p.m. – Women's Bible Study at the Pool House

#### Wednesday

6 a.m. – Christian Officer Fellowship at the Chapel House 10 a.m. – Liturgy of The Word at the Chapel House 7 p.m. - Men's Bible Study at the Pool House

#### Thursday

10 a.m. – Liturgy of The Word at the Chapel House 6:30 p.m. - Mighty Voice of Praise at the Chapel House 7 p.m. - Thursday Night Prayer at the Chapel House

12:30 p.m. – The Church of Latter Day Saints at the Chapel

7 p.m. - Living Room Coffee House Ministry at the Chapel House

#### Saturday

4 p.m. – Roman Catholic Vigil Mass at the Clamshell 4:30 p.m. – Mighty Voice of Praise at the Chapel House **7 p.m.** – Bible Study at the Swamp Conference Room

#### Saturday-Thursday

1 p.m. – Muslim prayer time at the Chapel House (prayer rugs are available)

