

THE 1ST INFANTRY DIVISION POST

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Fort Riley, Kansas



Staff Sgt. Jerry Griffis | 1ST INF. DIV.

Soldiers of 1st Squad, 2nd Platoon, Company B, 1st Battalion, 16th Infantry Regiment, 1st Armored Brigade Combat Team, 1st Infantry Division, stand on stage Sept. 24 at Barlow Theater. Squad members (left to right) are Staff Sgt. Ryan Rougeux, Sgt. Ryan Dickson, Sgt. Jacob Michaelis, Spc. Denim Reeves, Sgt. Jason Powless, Sgt. Dane Sasser, Cpl. Collin McCabe, Spc. Jackson Hillman and Spc. Yonadab Soto. The squad competed against three other squads to win the title of best Squad of the Quarter.

'Iron Rangers' squad named best of the quarter

By Amanda Kim Stairrett
1ST INF. DIV.
PUBLIC AFFAIRS OFFICE

Second place is a body bag.
It's what infantrymen of 1st Squad told themselves to keep motivated while competing in the Squad of the Quarter competition Sept. 14 at Fort Riley.
It worked. Staff Sgt. Ryan Rougeux, Sgt. Ryan Dickson, Sgt. Jacob Michaelis, Spc. Denim Reeves,

Sgt. Jason Powless, Sgt. Dane Sasser, Cpl. Collin McCabe, Spc. Jackson Hillman and Spc. Yonadab Soto — who made up 1st Squad, 1st Battalion, 16th Infantry Regiment, 1st Armored Brigade Combat Team, 1st Infantry Division — walked away with the title Sept. 24 during a ceremony at Barlow Theater.
The other competing units were 1st Squad, 2nd Platoon, Alpha Company, 1st Battalion, 18th Infantry Regiment,

2nd Armored Brigade Combat Team, 1st Inf. Div.; 1st Squad, Maintenance Platoon, Bravo Company, 601st Aviation Support Battalion, 1st Combat Aviation Brigade, 1st Inf. Div.; and 1st Squad, Ground Support Equipment Platoon, 1st Maintenance Company, 541st Combat Sustainment Support Battalion, Sustainment Brigade, 1st Inf. Div.
While the one-day competition, which "tested the technical, tactical

and physical abilities of each squad," according to information from the division, wasn't a fight to the death, the winning infantrymen said they kept the body bag mantra in the backs of their minds.
It was important for them to approach the competition as they did with their training: think as if they were in combat, Rougeux said.
That included mastering basic Soldier skills, keeping squad mates

motivated and not giving up, Dickson said.
Highlights of the competition for the winning squad members varied but carried a similar theme:
"Getting to shoot," Michaelis said.
"Smoke grenades," Reeves said.
Advice for the next competition's winning squad varied too:
"Stay well hydrated and don't quit," Rougeux said.
"Beat us," Michaelis said.

'Daggers' case colors, on to Kuwait

By Capt. Edward Alvarado
2ND ABCT PUBLIC AFFAIRS

Col. Miles Brown, commander of the 2nd Armored Brigade Combat Team, 1st Infantry Division, and Command Sgt. Maj. Larry Orvis, the brigade's senior noncommissioned officer, cased the "Dagger" brigade's colors during a casing ceremony Sept. 28 at Custer Hill Parade Field on Fort Riley.
The casing ceremony was the first step in the brigade's deployment to Kuwait to conduct security cooperations, joint exercises and training with trusted regional partners.
"You just witnessed a ceremony that links us to our military forebearers, the casing of the 2nd Brigade, 1st Infantry Division, colors," said Maj. Gen. Wayne W. Grigsby Jr., 1st Inf. Div. and Fort Riley commanding general. "The colors represent the pride and fighting spirit of the men and women who serve under them. When the unit makes a change in duty location, the colors will travel with."
The deployment is the culmination of months of individual and collective training within the confines of Fort Riley as well as at the deserts of the National Training Center at Fort Irwin, California.
"They've conducted virtual gunnery, live gunnery and a great National Training Center rotation and they shared lessons

See DAGGERS, page 10

Division Artillery returns to 'Big Red One'



Staff Sgt. Jerry Griffis | 1ST INF. DIV.

LEFT: Pfc. Xavier Finger, Headquarters and Headquarters Battalion, 1st Infantry Division Artillery, 1st Infantry Division, checks fluid levels on a M1078 Light Medium Tactical Vehicle Oct. 5 at the DIVARTY motor pool at Fort Riley. Finger helped prepare vehicles and equipment in anticipation of DIVARTY's scheduled activation Oct. 16. RIGHT: Sgt. James Sanders, Headquarters and Headquarters Battalion, 1st Infantry Division Artillery, 1st Infantry Division, conducts preventive maintenance, checks and services on a Humvee Oct. 5 at the DIVARTY motor pool. Sanders helped prepare vehicles and equipment in anticipation of DIVARTY's scheduled activation.

Unit's activation set for Oct. 16

By Amanda Kim Stairrett
1ST INF. DIV. PUBLIC AFFAIRS

Division Artillery is back.
After its inactivation 10 years ago in Germany, the "Big Red One's" Division Artillery is back and ready to resume the mission of effectively synchronizing joint fires across Fort Riley and the 1st Infantry Division.
Reactivating 10 of the Army's division artillery units is a process that began more than a year ago, and the 1st Inf. Div.'s will be welcomed back Oct.

16 at a ceremony on Cavalry Parade Field. The Big Red One DIVARTY is one of the last two to stand up this year, Col. Thomas Bolen, DIVARTY commander, said.
"We feel privileged to be activated to be the DIVARTY," Bolen said. "There's such a great team already in place."
From warfighting prowess to community outreach, Bolen said the goal was for DIVARTY to complement what the Big Red One already does.

WHAT IS DIVARTY?
Bolen said DIVARTY fills a unique role in the division. Leaders continue to work to educate people about what DIVARTY brings to the mix. Most people are familiar with artillery, Bolen said, but what DIVARTY does is standardize artillery training by training and certifying sections and enabling higher-level exercises.
DIVARTY will work with the 1st Inf. Div.'s fires section and field artillery

See ARTILLERY, page 10

'Dragons' history preserved

By J. Parker Roberts
1ST INF. DIV. PUBLIC AFFAIRS

When the 1st Infantry Division's 4th Infantry Brigade Combat Team inactivated in June, the Soldiers, weapons and vehicles assigned to the brigade found new homes.
But what would become of the history and legacy of the "Dragon" brigade?
That was the question asked by former 4th IBCT Soldier Capt. Jeremy L. Labrie. He, along with the remaining members of the brigade tasked with completing the inactivation, produced a time capsule filled with the

See HISTORY, page 9



Amanda Kim Stairrett | 1st Inf. Div. Retired Command Sgt. Maj. Buddy Wallace, former senior noncommissioned officer for the 1st Infantry Division and executive director of the Society of the 1st Infantry Division, holds the 4th Infantry Brigade Combat Team, 1st Inf. Div., time capsule Sept. 25 at Fort Riley.

The next USAG Resilience Day Off will be:

Oct 23

SAFETY HOLIDAY

As of Thursday, Oct. 1

045

days have passed since the last vehicular fatality at Fort Riley. Seventy eight more and the post will celebrate with a safety holiday to take place at each unit's discretion.

HIGHLIGHTS



A COMMUNITY SERVICE PROJECT FOR THE WARRIOR LEADERS COURSE TAKES SOLDIERS TO ENTERPRISE, KANSAS FOR MISSION OF COMMUNITY SUPPORT. SEE PAGE 11.

ALSO IN THIS ISSUE



YOUTH SOCCER LEAGUES ARE ON THE MENU AS THE FALL SEASON GETS UNDER WAY. SEE PAGE 15.



Community Recreation Division earns national recognition

By Maria Childs
1ST INF. DIV. POST

The Fort Riley Community Recreation Division of the Directorate of Family and Morale, Welfare and Recreation has become the fourth Army agency to earn accreditation through the Commission for Accreditation of Park and Recreation Agencies and the National Recreation and Park Association.

Scott Scherberger, chief of the Community Recreation Division at Fort Riley, and his team received the award at the 2015 NRPA Annual

Conference in Las Vegas, Nevada, Sept. 14.

“Accreditation sets a standard of excellence for an agency,” Scherberger said. “It basically says we are doing things right for our patrons — Soldiers, family members, civilians, retirees — who call Fort Riley home.”

The accreditation is the only national accreditation for parks and recreation agencies in the United States. Scherberger and his team had to demonstrate compliance with more than 100 standards and document all policies and procedures within the organization.

Fort Riley met 100 percent of the recognized standards — fundamental and non-fundamental. If an agency does not meet fundamental standards, it doesn't get accredited. Agencies must meet a percentage of the non-fundamental standards to pass.

“I'm really proud of this accomplishment,” Scherberger said. “It's something I think all agencies should do because if you are meeting the standards of compliance for a national organization it says you're doing things right.”

The process began about two years ago after the members

of the team decided it was a goal. The process for accreditation involves a formal application, self-assessments and a site visit by a team of visitors. The visit resulted in a written report and a hearing by the commission to grant accreditation.

Scherberger said the commission didn't take very long to decide Fort Riley was worthy of accreditation.

“It was really, really quick,” Scherberger said. “From experience, it doesn't normally work that way.”

The Commission includes representatives from NRPA, the American Academy

for Park and Recreation Administration, the National Association of County Park and Recreation Officials, the International City and County Management Association, the Academy for Leisure Sciences, the Armed Forces Recreation Network and the Council of State Executive Directors.

Now that accreditation was awarded, Fort Riley must uphold the standards by submitting an annual report and undergo a review every five years for renewal.

Scherberger said he couldn't have done it alone.

His team from DFMWR had to partner with Fort Riley Public Affairs to demonstrate community relations and with the Directorate of Public Works to include building codes and maintenance as well as long term planning for buildings as part of the recognized standards.

“You learn by doing,” said Scherberger. “Accreditation has helped me grow professionally because now I understand more about things I should be doing as a leader of this organization and that's more tools in my toolkit to help me do my job.”

NEW DIVISION COMMAND SERGEANT MAJOR HITS THE GROUND RUNNING WITH ADDRESS, AERIAL TOUR




Staff Sgt. Jerry Griffis, 1st Inf. Div.



Amanda Kim Stairrett, 1st Inf. Div.

ABOVE: Command Sgt. Maj. Cornelison (center), , listens to a guided aerial tour given by Steven Crusinberry, (right) Director of Training Division, Directorate of Plans, Training, Mobilization and Security, Fort Riley, and Bill Raymann, chief of Training Division, Directorate of Plans, Training, Mobilization and Security, Oct. 1. The tour allowed Cornelison to see all of the different training areas that Fort Riley offers and to help get acclimated in his new role as the senior noncommissioned officer for the 1st inf. Div.

LEFT: Command Sgt. Maj. Joseph C. Cornelison, senior noncommissioned officer, 1st Infantry Division, addresses senior noncommissioned officers from across the “Big Red One” and Fort Riley on Sept. 30 at Barlow Theater, five days after assuming responsibility of the 1st Infantry Division. The division's top Soldier talked about his focus areas, which include the NCO development program, focusing on battalion senior sergeants; individual, team and crew training; and Soldier welfare and morale. “I want to be the best division, post in the Army,” Cornelison said. “We've got a lot going for us here.”



DON'T return home WITHOUT it!

The 1st Infantry Division has about \$450,000 in unsubmitted travel vouchers owed to Soldiers. If you are in this group, take the time to claim your money. Don't let this opportunity pass you by!

RETRIEVING YOUR MONEY IS AS EASY AS 1, 2, 3.

- Go to www.defensetravel.osd.mil/
- Log on with your CAC
- If you need assistance, contact your DTA

TUESDAY TRIVIA CONTEST WINNER

The Oct. 6 question was: “Where do I find out more about the Family Advocacy Program, or FAP, which is part of Army Community Service? It is National Domestic Violence Awareness Month. The Fort Riley Family Advocacy Program exists to prevent spouse and child abuse and/or neglect, and to provide intervention in cases where abuse has occurred, and treatment for those affected by abuse within Military Families.”

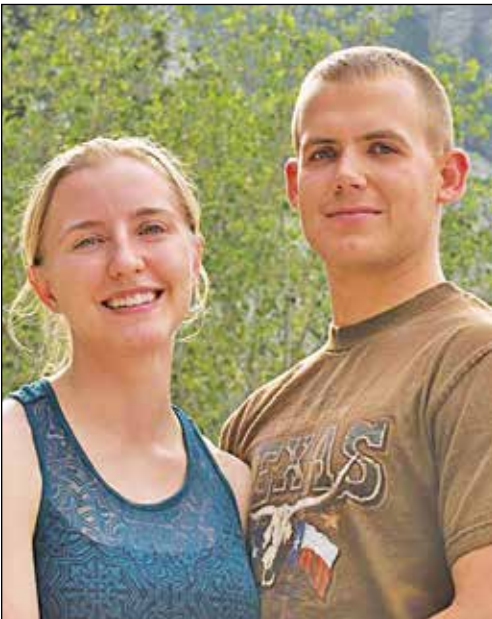
Answer: www.riley.army.mil/News/ArticleDisplay/tabid/98/Article/468728/army-family-advocacy-program.aspx

The winner is: Sarah Glass. Sarah's husband is 1st Lt. Michael Glass, 1st Battalion, 16th Infantry Regiment, 1st Armored Brigade Combat Team, 1st Infantry Division.

Pictured: Sarah and Michael

Every answer will be available somewhere on the official Fort Riley website at www.riley.army.mil.

CONGRATULATIONS SARAH!



SFL-TAP Energy Industry Workshop

Tuesday, 20 October
10:00 AM– 1:00 PM
Building 217, Custer Ave, Room 202
Fort Riley

Energy Industry



Specialized Workforce Orientation:

By Flint Hills Technical College

- Job Hunt Strategies
- Resume Enhancement
- Interview Process
- Deciding on the Offer
- Tips & Best Practices



Operation Air Max exercise focuses on mission readiness

By Maria Childs
1ST INF. DIV. POST

The 523rd Military Working Dog Detachment in coordination with the 977th Military Police Company conducted Operation Air Max a training event Sept. 28 at the Combined Arms Collective Training Facility at Fort Riley for their Soldiers and military working dogs focusing on deployment readiness.

“A lot of our Soldiers have never been deployed, and a lot of Soldiers did not have experience working with military working dogs outside of the law enforcement operation,” said Capt. Megan Evans, commander of the 977th MP Co., 97th MP Battalion. “This is a good opportunity for them to train in a tactical environment with a working dog.”

The training objective was to learn how to integrate a military working dog into a police squad as well as familiarize MWDs with aircraft similar to what the team would use when deployed. Soldiers from the 3rd Assault Helicopter Battalion, 1st Aviation Regiment, 1st Combat Aviation Brigade, 1st Infantry Division, transported the Soldiers from Marshall Army Airfield to the CACTF.

Each mission included the handler and dog teams exiting the aircraft, clearing the landing zone and the team joining and leading the dismounted patrol to the objective. There were two training lanes and dogs participated on either the narcotics or explosives lane.

Once each team completes the mission, the team and other Soldiers return to the airfield on the aircraft.

Each team successfully identified the location of hidden training aids and provided the MP squad time to react and report the unexploded ordnance.

The final mission of the day was the Fort Riley Special Reactions Team and MWD teams conducting police raids. After the scenario was complete, the Soldiers and MWD teams traveled back to the airfield.

Capt. Danelle Gamble, commander for 73rd MP detachment and 523rd MWD detachment, said dog handlers went through the pre-deployment checklist at the post veterinary clinic before this training. A realistic scenario from start to finish was the goal.

“It’s exactly what they would execute on the ground in today’s operational environment,” Gamble said.

She said the handlers practice briefing each other about their MWD’s capabilities, but to be able to communicate with other Soldiers who are not familiar with the dogs and their capabilities added a sense of realism too.

2nd Lt. Zachary Bregovi, platoon leader, 977th MP detachment, 97th MP Bn., said this is especially important to the Soldiers in his unit because they will be working with these dogs in a deployed environment.

“It’s important so the squad leaders can understand the capabilities of a dog so when they deploy with a dog team, they know how to use the military working dog team as an extension of the squad instead of a separate element,” Bregovi said.



Courtesy photos

TOP: Spc. Eric Jordan from the 523rd Military Working Dog Detachment and his dog, MWD Yoko, lead the MP squad during explosives or narcotics detection training at the Combined Arms Collective Training Facility at Fort Riley Sept. 28. **BOTTOM:** Pfc. Jourdan Trevino from the 523rd Military Working Dog Detachment and MWD Bak exit the aircraft and prepare to clear the landing zone for follow-on troops at the Combined Arms Collective Training Facility.

COMMANDING GENERAL GETS SHOT IN THE ARM FOR FLU SEASON FIGHT



Amanda Kim Stairrett | 1ST INF. DIV.

Col. Risa Ware, Irwin Army Community Hospital commander, administers a flu shot to Maj. Gen. Wayne W. Grigsby Jr., 1st Infantry Division and Fort Riley commanding general, Sept. 28 at division headquarters. “Big Red One” Soldiers and family members are encouraged to get their immunizations to stave off illness this season. Post Soldiers have the highest priority for flu shots and mists. Vaccinations are available through units or Soldier-centered medical homes like Farrelly Health Clinic, Flint Hills Medical Home, Custer Hill Health Clinic and IACH. Immunizations for military families are scheduled to be available in about a week at patient-centered medical homes, Ware said. “Get your flu immunization,” Ware said. “Believe me, it is not nearly as bad as having the flu.”

III Corps deputy commanding general visits Fort Riley, reviews facilities



Photos by Staff Sgt. Jerry Griffis | 1ST INF. DIV.

ABOVE: Maj. Gen. John Uberti, III Corps deputy commanding general (left), and Command Sgt. Maj. Patrick K. Akuna (right), senior noncommissioned officer of First Army Division West, exit a UH-60 Black Hawk helicopter to review training facilities Sept. 30 on Fort Riley. Uberti said, “Fort Riley is anchored by a strong team of teams – military and community leaders throughout the Flint Hills Region who continue to provide unwavering support and teamwork that embodies a strong, joint partnership for mission readiness and overall sustainability and quality of life,” Uberti said during his visit.

LEFT: From left to right, Col. Patrick D. Frank, deputy commanding officer for support, 1st Infantry Division; Command Sgt. Maj. Patrick K. Akuna; and Maj. Gen. John Uberti, listen to an orientation on training capabilities at Fort Riley given by Bill Raymann, chief of Training Division, Directorate of Plans, Training, Mobilization and Security, at the Fort Riley Training Support Center. “The varied terrain here is conducive to more versatile, broad-range training for heavy, light and special operations units compared to other locations with forested posts and compartmentalized terrain, or those with high water tables,” Uberti said. “All in all, this makes Fort Riley a great place to live and work for Soldiers, their families and the installation’s civilian employees.”



Shining star of the operating room, Royal reenlistment

Story and photos by Jorge Gomez
IACH PAO

Two Soldiers from the Irwin Army Community Hospital were selected for a Soldier Spotlight by leadership.

OPERATING ROOM SOLDIER SHOOTS FOR HOLISTIC FUTURE

Spc. Samantha Smith-Slofer spends up to 10 minutes scrubbing before a surgical case at IACH. She uses povidone-iodine to reduce bacterial count and to push microbes away from the tips of her fingers to above her elbows.

As an operating room specialist, Smith-Slofer assists physicians during surgery. She is responsible for preparing and maintaining sterile medical supplies and specialized equipment. Depending on the complexity of the case, this Soldier will be charged with sterilizing more than 40 instruments at a time.

“Army Medicine has given me the opportunity to learn skills I would never have gained. I have more experience now than I would have in the civilian healthcare community at this point in my career,” said Smith-Slofer.

Her goals in the Army are further advancement, to expand her medical knowledge

and to perfect both her medical and military skills. She plans to complete a college degree during her Army service in either exercise science or holistic medicine.

Smith-Slofer has served the Fort Riley community for 12 months. The Pittsburg, Pennsylvania, native was promoted to the rank of specialist in September of 2015.

LAB TECH REENLISTED AT KANSAS CITY ROYALS BASEBALL GAME

Spc. Deborah Milutin, a medical lab technician at IACH, reenlisted during a Kansas City Royals pregame ceremony Sept. 7. The event was part of an Armed Forces Appreciation Night. Milutin and 10 other Fort Riley Soldiers reenlisted at Kauffman Stadium. She signed on for another four years of service.

Milutin enlisted in the Army in 2011. Since then she said she has come to appreciate the education, training, experience and travel aspects of Army Medicine. And she gets to contribute to the medical readiness of the Army and Army families.

“In order to be resilient, Soldiers have to be in tip-top shape, but without us (lab technicians) their providers are just guessing,” Milutin said.



LEFT: “Army Medicine has given me the opportunity to learn skills I would never have gained,” says Spc. Samantha Smith-Slofer, operating room specialist, Irwin Army Community Hospital. She is planning for a career in either exercise science or holistic medicine, and is using her Army experience to help get her there. **RIGHT:** Spc. Deborah Milutin, a medical lab technician, IACH, reenlisted during a Kansas City Royals pregame ceremony Sept. 7. The event was part of an Armed Forces Appreciation Night. Milutin signed on for another four years of service.



Don't lose your healthcare coverage with TRICARE

TRICARE

Active-duty service members with certain service-related conditions are eligible for coverage beyond the 180 days covered by TAMP. This coverage is called Transitional Care for Service-Related Conditions.

Once TAMP eligibility expires and beneficiaries are no longer eligible for any other TRICARE health plan, they can enroll in the Continued Health Care Benefit Program. The CHCBP is purchased coverage that acts as a bridge between TRICARE coverage and a new health coverage plan. It is typically limited to 36 months.

Another option is the Health Insurance Marketplace. Those who do not have TRICARE, lose Department of Defense sponsored coverage and are not eligible for Federal Employee Health Benefit Plan coverage, can search for other health care options through the Health Insurance Marketplace. The Patient Protection and Affordable Care Act requires most Americans, including TRICARE beneficiaries and DOD employees, to have minimum essential health care coverage or pay a tax penalty for each month the individual and other people listed on their tax form do not have coverage.

Those who know TRICARE eligibility is ending should be proactive and make sure they and their families are covered. The open enrollment period is Nov. 1 through Jan. 31, 2016.

For more information, go to the Marketplace at www.healthcare.gov.



Matilda Adusei and Lashon Graves are registered nurses with Medical Home 2 at Irwin Army Community Hospital. Through Secure Messaging Service they address about five to 10 patient requests a day.

Patients save time with secure messaging service

Story and photo
by Jorge Gomez
IACH PAO

At no other time in the history of Army Medicine has communication between patient and provider been faster.

Through the use of Army Medicine's Secure Messaging Service, Army providers can now address patients with matters that don't need a face-to-face consultation.

Matilda Adusei and Lashon Graves, registered nurses with Medical Home 2 at Irwin Army Community Hospital, are able to help more patients using SMS.

“In the time it takes for a patient to come for an appointment to request a refill on blood pressure medication, we (as a medical team) could have helped about three other patients with SMS,” said Graves. “Secure Messaging can address about 20 to 40 percent of patient concerns. And when there is a shortage

of providers, (the use of) SMS can free up more appointments for patients who really need to be seen in person.”

Patients who value their personal time can use SMS to ask their provider or medical team questions about their health, request prescription refills, or get lab and test results.

“Many requests or administrative matters can be taken care of much more efficiently with SMS,” said Adusei.

The SMS workflow is so efficient that Adusei said it's conceivable for a patient to send a request for a refill at 6 a.m., have it reviewed and authorized by a provider, and have the patient pick it up that afternoon. All without making an appointment and losing time from work, school or recreation. It's all done electronically and securely.

The service uses software specifically designed to meet the requirements of the Health Insurance Portability and Accountability Act (HIPAA). The privacy rule requires safeguards for the communication of healthcare information. SMS is the Army Medical Department's solution for HIPAA-compliant communication between patient and provider.

Providers and nurses still use phone calls to communicate but they are not authorized to leave voice messages. Nor can they send text messages or email to commercial accounts such as Gmail or Yahoo Mail. The service removes the burden of “playing phone tag” yet capitalizes on the speed of electronic communication.

It integrates web and mobile features used in Gmail or Yahoo Mail. The difference is SMS protects a patient's medical information.

To start messaging your medical team, visit app.relayhealth.com/ and register for an account. Give time back to yourself.

Flu Vaccine Schedule 2015


Military retirees: Oct. 23, 0900 – 1300 hours during Retiree Appreciation Day, Riley's Conference Center.

Active-duty dependents: Beginning Nov. 1, 0800 – 1200 & 1300 – 1500 hours on walk-in basis on Tuesdays, Wednesdays and Thursday at IACH Medical Homes, Farrelly Health Clinic and Flint Hills Medical Home.

All beneficiaries and civil service workers: Nov. 12, 1000 – 1400 hours at drive-thru at Riley's Conference Center.

All beneficiaries: Dec. 3 & 9, 1000 – 1500 hours at the Main PX.

For more information, call 240-4FLU.

**ARMY MEDICINE**
Serving To Heal...Honored To Serve

Home wanted



Meet Tosca. Just a tad over 2 years old, Tosca is a very playful young lady who loves people and hiding under blankets. She is good with other cats. Tosca's Adoption Fee is \$62, which includes Microchip, Vaccines: Distemper and Rabies, Leukemia test and deworming.

If you're interested please call 785-239-6183. If no one answers then leave a message. You can also contact us via email at nicole.p.storm@us.army.mil

Other shelter animals can be seen on www.facebook.com/fortrileypets. All stray animals picked up by the Military Police on Fort Riley are brought to the Fort Riley Stray facility. The animals are held there for three business days to allow owners to claim their pets. After this time the animals may be adopted out or euthanized. Animals are usually only euthanized in the cases of severe aggression or life-threatening illness. Animals must be registered, microchipped and up to date on vaccines before released to owners. Fort Riley Stray Facility, Building 226 Custer Ave., Main Post, 10 am - noon and 1 p.m. - 4 p.m., Monday through Friday 785-239-6183 or 785-239-3886

RILEY ROUNDTABLE

What do you do to conserve resources and “be green”?



“I reuse plastic bags to hold my trash.”

PVT. ROBIN BALDWIN
SAN DIEGO, CALIFORNIA

1st Squadron, 4th Cavalry Regiment, 4th
Infantry Brigade Combat Team,
1st Infantry Division



“I reuse the plastic bags
I get from the store.”

PVT. BENJAMEN SONES
CARRIERE, MISSISSIPPI

1st Squadron, 4th Cavalry Regiment, 4th
Infantry Brigade Combat Team,
1st Infantry Division



“I turn the water off when I brush my
teeth and I keep the lights off when
I’m not in the room.”

1ST LT. DANIEL WHITE
MILTON, NEW YORK

1st Battalion, 5th Field Artillery Regiment, 1st
Armored Brigade Combat Team,
1st Infantry Division



“I make sure to shut off the water
and I open the blinds when the sun is
out instead of turning on the lights.”

PVT. RICKY GORDON
SAVANNAH, GEORGIA

1st Battalion, 5th Field Artillery Regiment, 1st
Armored Brigade Combat Team,
1st Infantry Division



“I turn off all of the power strips and I
turn off my air conditioning when I’m
not home and just open a window.”

PFC. ELIJAH ESPINOZA
QUEENS, NEW YORK

1st Battalion, 5th Field Artillery Regiment, 1st
Armored Brigade Combat Team,
1st Infantry Division

SAFETY CORNER

The eyes have it: vision protection is a full-time job

By Alex Bender
GARRISON SAFETY OFFICE

Vision is our primary means of experiencing the world around us. Without it, our quality of life is diminished and our capacity to earn a living can be severely impacted.

The combined direct and indirect costs associated with an eye injury can be damaging to employers as well. Keeping our eyes safe at work should be a top priority for everyone.

Many workplace accidents that involve the eye can cause permanent damage. Since there is often no way to repair eye injuries it is imperative that workers do all they can to protect them. Protective eye gear can help reduce and in some cases prevent eye injuries from occurring. Supervisors are required to inform and train employees on the hazards associated with the tasks they perform and what they must wear to protect their eyes.

There are many sources of eye hazards, such as welding, grinding, lasers, pneumatic nail guns, cutting wood, chemicals, caustic liquids etc. The improper shade of lenses during welding can cause permanent damage to corneas and retinas. Specific shaded lenses are required for the type of welding being conducted. Wearing the proper protective gear and following eye safety guidelines will reduce the risk of permanent injury.

Chemicals can also damage eyes. Wearing goggles is the best way to protect vision. Leaders must train employees exposed to eye hazards how to protect their vision.

The most common eye hazards are flying particles, a typical hazard of many machine operations such as grinding, sawing, welding and so on. Dusts, sparks, fumes and splashes can all cause eye

injuries unless appropriate protective eyewear is worn.

When choosing safety glasses ensure they provide necessary impact protection and meet or exceed the standards set forth by the American National Standards Institute. See ANSI Z87.1-1989 for guidance. Both frames and lenses must meet the standard defined in this document. The aim is to prevent flying and splashing objects from penetrating the lens or entering the eye.

SOME COMMON QUESTIONS

Why do I need to have my glasses meet the ANSI Z87.1-1989 standard? And what about using sun glasses that claim they provide impact protection from a shotgun blast? They cost a lot more than those safety glasses ... they must be safer.

These glasses may provide impact protection but they have not gone through the testing rigors of approved safety glasses. Without official tests, there is no guarantee they will provide maximum protection. Always look for an ANSI Z87.1-1989 stamp on the glasses.

But my dark glasses help protect my eyes from the sun, don't they?

That may be true if the glasses have protection against ultraviolet and infrared radiation which constitutes the two invisible ends of the electromagnetic spectrum. Dark lenses allow the pupil to dilate and let more light into the eye. This increases the exposure to harmful radiation unfiltered by the eyewear used.

When working in the sun for any length of time, you may want to select glasses that provide both UV and IR protection. Overexposure to UV radiation from welding

arcs can cause “welders’ flash” while IR overexposure can cause thermal damage to the eyes resulting in cataracts and other eye problems. High doses of UV and IR radiation can even cause partial or total blindness.

What if I work both inside buildings and outdoors?

Workers may need two pairs of approved safety glasses if work requires eye protection — one with clear lenses and one with dark lenses. Again, look for the ANSI Z87.1-1987 stamp. Workers may also want UV protection for clear safety glasses if they wear them while working in sunlight.

Can I use my dark safety glasses for welding, cutting or brazing operations?

Unless they are specifically rated to use during those operations, this is never advisable. You need glasses with the proper shading when you weld, cut or braze. The use of correct eye protection is not only a matter of jobsite safety regulations. It is a very personal matter because it involves your children, spouse and relatives — as well as friends and co-workers. Will they have time to take care of you if you lose your eye-sight? Would you want them to?

IN THE OFFICE

Here are a few tips for office environment eye protection:

Make sure the prescription for glasses or contact lenses is up-to-date and adequate for computer use.

Some people may need glasses to help with contrast, glare, and eye strain when using a computer.

Position your computer so that eyes are level with the top of the monitor. This allows you to look slightly down at the screen.

Try to avoid glare on the computer from windows and lights. Use an anti-glare screen if needed.

Choose a comfortable, supportive chair that allows you to keep your feet flat on the floor.

If eyes are dry, blink more.

Every 20 minutes workers should rest their eyes by looking 20 feet away for 20 seconds. At least every 2 hours, get up and take a 15-minute break.

EATING FOR GOOD VISION

Eye protection starts with good nutrition. Studies show that omega-3 fatty acids, lutein, zinc and vitamins C and E might help ward off age-related vision problems such as macular degeneration and cataracts.

A healthy diet should include; green, leafy vegetables such as spinach, kale and collards; salmon, tuna and other oily fish; eggs, nuts, beans and other non-meat protein sources; oranges and other citrus fruits or juices.

Eating a well-balanced diet also maintains a healthy weight, which in turn prevents obesity-related diseases such as type 2 diabetes. Diabetes is the leading cause of blindness in adults.

Quit Smoking: Smokers are more likely to get cataracts, optic nerve damage and macular degeneration.

Visit the eye doctor regularly. Everyone, even children, should get their eyes examined regularly. Eye exams can also find some eye diseases, such as glaucoma, that have no symptoms. It’s important to find these diseases early when they’re easier to treat.

For more information about eye safety, contact the Garrison Safety Office at 785-240-0647.

SECRETARY OF DEFENSE

Avoiding shutdown not enough for troops, National Defense Carter says

By Cheryl Pellerin
DOD NEWS, DEFENSE
MEDIA ACTIVITY

WASHINGTON — A spending bill passed by Congress and signed by the President Oct. 1 allowed the government to avoid a shutdown. But that is still not enough for service members and the national defense, Defense Secretary Ashton Carter said at a Pentagon news conference.

Carter said he and other advisors already have recommended President Barack Obama veto the 2016 National Defense Authorization Act that reached the president’s desk Oct. 1. The bill sets spending goals for fiscal year 2016.

“It appears, at this hour at least, that we will avoid the trauma of a government shutdown for now,” the secretary told reporters. “But that’s not enough,” he added. “It’s not enough for our troops and not enough for the defense of our country, because this is about more than just the short-term damage of a temporary shutdown. It’s also about the accumulating and lasting damage that comes from a paycheck-to-paycheck approach to budgeting for the defense of our country.”

FUNDING THE DEPARTMENT

Carter said although the bill contains some funding authorities, the Defense Department needs an appropriations bill that funds the entire department.

The NDAA also tries to evade the question of overall fiscal responsibility, Carter said, by using what he referred to as “the so-called OCO gimmick,” in which overseas contingency operations funds are used to pay normal department expenses to get around budget caps such as those set by the Budget Control Act.



Air Force Senior Master Sgt. Adrian Cadiz | DOD
Defense Secretary Ash Carter conducts a press briefing at the Pentagon, Sept. 30.

This approach, Carter said, “is objectionable to me and to those in other agencies, and I think ought to be to the taxpayer and certainly to the warfighter.”

The NDAA contains other objectionable provisions, he added, including disallowing key defense reforms that extend from health care to force structure and represent billions of dollars.

NEXT GENERATION

“That’s not OK with me, because that is taking dollars that I already regard as short for national defense and using them in a way that we, the department leadership, have for several years determined are not in the national interest,” he said.

On the severe cuts in defense spending that

sequestration-level financing represents, Carter said the department must innovate and attract the best people to develop the next generation of capabilities and meet the current generation of threats. Political gridlock could hold it all back, he added.

“The alternative to a budget deal — a long-term continuing resolution — is merely sequester-level funding under a different name,” the secretary said, adding this will result in a \$38 billion deficit in resources for the military if Congress pursues this path for the full year.

PAINFUL CHOICES

Through seven straight years of continuing resolutions, Carter said, the department made painful choices and tradeoffs in

joint force size, capability and readiness. Meanwhile, he added, “the world has not stood still. Russia and China have advanced their new capabilities and new imperatives such as ensuring the lasting defeat of [the Islamic State in Iraq and the Levant] have emerged.”

In such a dynamic security environment, sequestration and a long-term continuing resolution puts the Defense Department in a straitjacket, Carter said.

“Making these kinds of indiscriminate cuts is managerially inefficient and therefore wasteful to taxpayers and industry,” the secretary said. “It’s dangerous for our strategy, and frankly, it’s embarrassing in front of the world.”

“Most importantly to me,” he continued, “for the men and women serving our national defense and their families, it adds an absolutely undeserved element of uncertainty about their future.”

FORCE OF THE FUTURE

During the news conference, Carter also mentioned planning for the Force of the future, noting service leaders submitted reports to the chairman of the Joint Chiefs of Staff containing recommendations on positions they plan to open to women and exceptions to opening all combat specialties to women.

Carter said he would carefully review the information and analysis from all four services and U.S. Special Operations Command to make his final determination.

“As secretary of defense, I’m committed to seeing this through,” he said, “because attracting the best and staying the best means that wherever possible, we must open ourselves to the talents and strengths of all Americans who can contribute with excellence to our force.”

THE 1ST INFANTRY DIVISION POST



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LETTERS TO THE EDITOR

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Army Human Resource Command branch managers inform, counsel Combat Aviation Brigade Soldiers



Photos by Capt. Keith E. Thayer | 1st CAB
ABOVE: Command Sgt. Maj. Lloyd S. Ankrum, senior noncommissioned officer, 2nd General Support Aviation Battalion, 1st Aviation Regiment, 1st Combat Aviation Brigade, 1st Infantry Division, asks a question during a senior enlisted personnel briefing Sept. 23 at Marshall Army Airfield. The aviation branch managers made an official visit to the 1st CAB to assist aviation Soldiers in ranks from junior enlisted to field grade officer. The branch managers provided both group presentations and one-on-one counseling opportunities to the aviation brigade Soldiers. The team was at Fort Riley Sept. 21 through 24.

LEFT: Sgt. Maj. Paul W. McGrew, aviation branch representative, Enlisted Personnel Management Directorate, U.S. Army Human Resource Command, responds to a question during a briefing for senior noncommissioned officers Sept. 23. The branch managers provided both group presentations and one-on-one counseling opportunities to the aviation brigade Soldiers.



Army’s senior warrant officer discusses future with division Soldiers

Story and photos
by J. Parker Roberts
1ST INF. DIV. PUBLIC AFFAIRS

Warrant officers from across the 1st Infantry Division gathered for an open discussion about the future of the Warrant Officer Corps with Chief Warrant Officer 5 David Williams, the first Army staff senior warrant officer, Sept. 30 at Riley’s Conference Center.

Williams was appointed as the ARSTAF SWO in March 2014 and provides the Army chief of staff with expertise in all aspects of the warrant officer training and development, according to his official biography.

The 38-year Army veteran was on Fort Riley Sept. 30 and Oct. 1, observing simulators and visiting Soldiers.

“It really is an honor and a privilege to be here,” Williams said. “It’s been a great visit.”

The Army’s senior warrant officer spoke about leader development and the history of the corps.

“I deal with everything within the life cycle management of warrant officers in the total Army,” he said. “If there’s an issue that’s broken, for lack of better terms, I’ll talk to the boss about it and we’ll come up with some recommended ways to vet it across the Army and improve upon it.”

Williams said he doesn’t do this job alone, however; he meets with warrant officers in forums across the Army to gather information and find out the concerns those officers have.

“I think that it was great that he came out here and expressed what our past, present and future for the Warrant Officer

Corps is going to look like,” said Warrant Officer 1 Nicole Patterson, Headquarters and Headquarters Company, 1st Combat Aviation Brigade, 1st Inf. Div. “It was nice that he sat us down in different grade levels; this morning, we had breakfast with him. We had opportunities as junior warrant officers to talk to him and express any concerns.”

The human resources technician said warrant officers are not only experts in their jobs, but also in policies and procedures.

“A lot of the officers and enlisted personnel come to us when they have questions,” she said. “I decided that I wanted to be a warrant officer because I love being an HR specialist, and now an HR technician. I love my job, I love learning about it and I love it when people come to me for advice.”



Chief Warrant Officer 5 David Williams, the first Army staff senior warrant officer, conducted an open discussion about the future of the Warrant Officer Corps Sept. 30 at Riley’s Conference Center. Williams was appointed as the ARSTAF SWO in March 2014 and provides the Army chief of staff with expertise in all aspects of the warrant officer training and development. Key themes of Williams’ discussion were leader development and the history of the Warrant Officer Corps.



TRAFFIC REPORT

CONSTRUCTION ON RIFLE RANGE ROAD CONTINUES

Construction on Rifle Range Road will affect traffic flow for approximately the next 374 days. As a result, the work will affect travel to the schools in the area. School officials have been briefed and can offer guidance. There are detour and guidance signs posted, including detour routes along tank trail purple and through the Forsythe Housing area. Motorists are asked to exercise patience and follow all guidance posted on signs.

ALL SCHOOL ZONES IN EFFECT

School zones are now in effect. Tickets will be issued. Be vigilant. Some school zones have lights and others have posted times.

ROAD STRIPING UNDERWAY

Road striping and crosswalk painting is underway. The work will involve all major thoroughfares on Fort Riley, then move onto secondary roads. In addition, stripes on parking lots at post schools will also be painted. Motorists may be re-directed to the road shoulders, but no roads are expected to close. All are asked to exercise extreme caution while driving in these areas.

HAMPTON PLACE

A portion of Hampton Place, from Jackson Avenue north to Ashby Drive, will be closed to thru traffic through September. A pedestrian and bike detour is in place during this time. The closure is part of the demolition and construction project in the Warner Peterson Community. Access to Custer Hill Elementary School will be available from Ashby Avenue. For more information, contact Corvias Military Living at 785-717-2200.

ACP HOURS OF OPERATION

Access control point hours are:
Four Corners/Trooper/Ogden: Open 24/7
Henry: Open 24/7
12th Street: Open from 5 a.m. to 7 p.m., Monday to Friday; 8 a.m. to 5 p.m., Saturday; closed on Sunday and federal holidays.
Rifle Range: Closed to all traffic.
Grant: Open from 5 a.m. to 7 p.m., Monday to Friday; 8 a.m. to 5 p.m. Saturdays; closed Sundays and federal holidays.
Estes: Open from 5 a.m. to 7 p.m., Monday to Friday; 8 a.m. to 5 p.m., Saturday; closed on Sunday and federal holidays.

WWW.TWITTER.COM/FORTRILEY

Financial counseling service can lessen guess work

By Patti Geistfeld
1ST INF. DIV. POST

During the school year students are taught reading, writing and math. Soldier receive training to perform the job and learn how to manage a military career. Why not learn how to manage personal finances? Some basic guidance is taught through school and in military training venues; however, navigating today's financial world is complex.

Army Community Services Military and Family Life Counselor Program has qualified personal financial counselors embedded with units to provide easy access for assistance. Soldiers and family members don't have to be in trouble financially to take advantage of financial counseling services.

The MFLC PFC staff can help determine current financial status, set short- and long-term goals and develop a path to achieve the plan. "A lot of the time individuals have just never really sat down and put it



Patti Geistfeld | POST

Financial Planning Counselors with the Army Community Services, Military and Family Life Counseling Program seek opportunities to meet with Soldiers and provide a variety of no cost financial counseling services. The personal financial counselors currently assigned to the MFLC program are (left to right) Carol Buchli, John Willcockson and Eileen St. Pierre.

to paper," said Eileen St. Pierre, MFLC PFC. "We have tablets with templates on them and they just put their information into them. By the time they are

finished I often see a pattern or little things I can tweak. Sometimes it can help to just change when a payment is due during the month."

The support and services available to Soldiers include confidential financial consultations, referrals, support for family members

during deployment, help with credit management and budgeting and help navigating benefits. The counselors meet with and talk to Soldiers over a meal or in other casual settings. This helps Soldiers realize what counselors can provide in the way of confidential, no-cost, personal financial counseling without having to set up a formal appointment or attend a class.

"Soldiers come to talk with us because they want to, not because they are compelled to come," said John Willcockson, MFLC PFC. "There are no records and it is confidential."

One goal of this type of interaction is to provide easy access to counselors and remove the stigma that seeking help could negatively impact a career. The counselors provide information to help the Soldier manage finances, resolve financial problems and reach long-term goals, such as buying a home or planning for retirement.

But the counselors don't sit around and wait for Soldiers. They go where the Soldiers are.

"We go out and find Soldiers wherever they might be," said Carol Buchli, MFLC PFC.

Buchli said requests can range anywhere from a quick, passing question from a Soldier to one or more sit-down sessions to provide more in-depth information.

The counselors can provide preventive counseling or basic guidance and help establish a financial plan. Another service available is productive counseling where Soldiers can learn to how to save and invest to reach short and long-term goals. In addition, there is corrective counseling designed for those having difficulty meeting financial obligations.

"The key is just the budgeting, said St. Pierre.

"We can open their eyes to the range of possibilities that are available with their finances," said Willcockson.

For more information or to set up appointments contact ACS FRP by phone 785-239-9435 or email us-army.riley.imcom.mbx.acs@mail.mil.

HISTORY Continued from page 1

Dragon's story to be opened the next time the brigade is called to breathe fire.

It wasn't a simple task.

"I couldn't find an actual, bona-fide time capsule," Labrie said.

Labrie, who is now transitioning to his Captain Career Course at Fort Lee, Virginia, eventually commissioned a silver canister to house documents, hard drives and newspaper clippings from the brigade's history. He and the remaining members of the brigade paid for the capsule and its inscriptions — their Dragon logo, the brigade's dates of activation — Jan. 12, 2006 to June 15, 2015 — and the names of every Soldier who died in combat during that time.

"We went through a lot of discussion about where to put it," said Lt. Col. Joseph M. Colacicco, former commander of 701st BSB and provisional commander during its inactivation process. "The handoff went very well, and we gave it to the right guy."

On Sept. 25, Colacicco formally presented the Dragon time capsule to Darrell "Buddy" Wallace, former senior noncommissioned officer for

the 1st Inf. Div. and executive director of the Society of the 1st Infantry Division.

"When folks don't know what to do with something at the 'Big Red One,' it kind of filters toward me, and then I get in touch with Paul Herbert (executive director of the First Division Museum at Cantigny)," Wallace said.

Wallace said he would approach former leaders of the Dragon brigade to add their own thoughts and experiences to the capsule before bringing it to Herbert for safekeeping at the museum. The cylinder already contains a letter from Col. Peter G. Minalga, the last commander of the 4th IBCT and current chief of staff for the 1st Inf. Div.

"By doing things like this, the next leadership team that comes in when they pull 4th Brigade back up will ask 'Where do I start?'" Wallace said. "You start right here.

"It's going to give that next group of warriors, not a starting point but a continuation point."

The 4th IBCT's inactivation was first announced in July 2013 as part of the Army's ongoing restructuring process. Since 2006, the brigade deployed twice to Iraq and once to Afghanistan.



Amanda Kim Stairrett | 1ST INF. DIV.

Retired Command Sgt. Maj. Buddy Wallace, former senior noncommissioned officer for the 1st Infantry Division and executive director of the Society of the 1st Infantry Division, accepts the 4th Infantry Brigade Combat Team, 1st Inf. Div., time capsule from Lt. Col. Joseph M. Colacicco, former commander of 701st Brigade Support Battalion, 4th IBCT, and provisional commander of the brigade during its inactivation process on Sept. 25 at Fort Riley. Wallace will deliver the time capsule to the First Division Museum at Cantigny Park in Wheaton, Illinois for safekeeping.



Capt. Jeremy Labrie | 4TH IBCT

Col. Peter G. Minalga, 1st Infantry Division chief of staff and former commander of the 4th Infantry Brigade Combat Team, 1st Inf. Div., pens a letter Sept. 22 to include in the "Dragon" brigade time capsule. The capsule will be kept at the First Division Museum at Cantigny Park in Wheaton, Illinois until the brigade is activated again.

ARTILLERY

Continued from page 1

units like the 1st Battalion, 5th Field Artillery Regiment, 1st Armored Brigade Combat Team, and 1st Battalion, 7th Field Artillery Regiment, 2nd Armored Brigade Combat Team. These units can and have already done great training, Bolen said, but DIVARTY will help to coordinate even larger exercises.

That added capability will bring a degree of synchronization as the division, its brigades and its battalions move forward in their training “that maybe we haven’t done in previous years,” the colonel added. In the future, that could expand to synchronizing training between general support units on and office post, the Air Force and their attack aircraft and the 1st Combat Aviation Brigade, he added.

Another aspiration is creating a force fires headquarters, supervised by DIVARTY, with which any fires unit could train. Those units could include elements from Fort Sill, Oklahoma, or the Kansas National Guard, Bolen said.

DIVARTY’s return doesn’t mean area residents will see an increase in big equipment on the post. The division’s two field artillery battalions will maintain their guns and radar equipment. The biggest pieces the DIVARTY will bring are radar and communications equipment, Bolen said.

BUILDING DIVARTY

While the Oct. 16 ceremony marks DIVARTY’s official return to the Big Red One, Soldiers and leaders are already in place at Fort Riley to move its mission forward. As of this week, the unit is continuing to build its formation with an expectation to be at 90 percent strength by January, according to information from the unit.

Those Soldiers came from other units across Fort Riley — namely, the 4th Infantry Brigade Combat Team, which inactivated this spring. One of those to shift from the “Dragon” brigade to “Drumfire” was Maj. Charles “Skip” Turner.

Turner has some experience standing up units. He was the

1st Battalion, 28th Infantry Regiment, 4th IBCT’s fire support officer when it activated in 2006 at Fort Riley. He returned to Fort Riley in July 2013, helped inactivate the 4th IBCT’s 2nd Battalion, 32nd Field Artillery Brigade, and moved to DIVARTY in June.

That experience helped “tremendously,” Turner said. As DIVARTY’s operations officer, Turner and other leaders are facing the same hurdles he experienced in 2006. The key, he said, was to establish good systems right away to ensure things like personnel and equipment flow went smoothly. The fruits of that hard work will pay off in the long term, he said.

Soldiers were busy signing for inventory — everything from vehicles to radar to office equipment — and getting it up to standard, said Sgt. 1st Class Albert De La Garza, DIVARTY master gunner and operations noncommissioned officer. De La Garza served as a platoon sergeant in 2nd Bn., 32nd FA Regt., before moving to DIVARTY in April. The early weeks and months found leaders signing for buildings in their new footprint and welcoming new Soldiers.

Spc. Christian Kim, a new DIVARTY Soldier, arrived this summer at Fort Riley. As an intelligence analyst, Kim is one of those who helps field artillerymen get a clear image of the battlefield. On the garrison side of the house, he helps Soldiers in process and get their security clearances up to date.

PASSING ON THE DIVARTY LEGACY

Like most newer Soldiers, Kim has never served in a DIVARTY.

“I was pretty excited to be in something new,” Kim said of his arrival.

He and the others are learning about the unit’s history and current role from senior officers and NCOs who have served in or alongside DIVARTY. De La Garza’s last DIVARTY experience was while serving as a private in

1998 in Korea. He said he learned a lot about its purpose then from his chain of command and is now working to pass that knowledge down to those who have never served in a traditional field artillery world.

“There’s just a handful left who were part of DIVARTY,” De La Garza said.

De La Garza said DIVARTY’s history was a huge deal and he was excited to be part of standing it back up.

Bolen said imparting that legacy started right when new Soldiers arrive at Fort Riley. Leaders work to greet them immediately “so they know that they belong to a unique organization,” Bolen said.

Aside from seasoned officers and NCOs, one of the most valuable assets are DIVARTY veterans — many of who reside in the communities surrounding Fort Riley. As leaders worked on prepar-

ing the unit for new Soldiers, they also reached out to local veterans for their insight and input. All showed a tremendous amount of interest in the stand up, Turner said.

“They are extremely excited,” he said of the DIVARTY veteran community.

“Once you reach out to veterans, it’s amazing ... what comes out.”

Retired Col. John Seitz has deep ties to DIVARTY. Aside from serving as a career “red leg,” his father, retired Brig. Gen. Andy Seitz, commanded 1st Inf. Div. Artillery from 1958 to 1961 at Fort Riley before serving briefly as the division commander. Seitz is donating many of his father’s treasures from that period to DIVARTY for historical displays.

“Field artillerymen, active and retired, are very pleased that the Army has finally recognized the need for the

division artillery and is doing something about it,” Seitz said.

He and other veterans host and attend a yearly Big Red One DIVARTY reunion. This year’s is set for later this month in Gettysburg, Pennsylvania, and Bolen and Command Sgt. Maj. Jonathan Stephens, DIVARTY senior NCO, are scheduled to attend. The 2016 reunion is set to take place in Junction City and Fort Riley, Seitz said.

It is important for Seitz and his fellow field artillery veterans to maintain the branch’s legacy through events like the reunions and the Artillery of the 1st Infantry Division Association. Traditional artillery balls and Saint Barbara events help do that, too, he said.

“Having a colonel-level commander for the field artillery units gives the field artillery Soldiers equal footing

with their maneuver, aviation and logistics contemporaries in the other brigades of the division,” Seitz said. “Having an experienced field artillery colonel to mentor the field artillery Soldiers will help them hone their professional skills.”

Bolen said DIVARTY’s outreach mission fits right in with something the Big Red One already does: working with all the folks in the Flint Hills region. Soldiers and leaders are working to establish a role in the community like every other brigade headquarters, “so we want to be a part of that,” he added.

DIVARTY fits in with the existing division mission, and it helps people realize the unit isn’t brand new, Bolen said.

“We like to think we’re part of the BRO history and legacy already,” he said.

For more on DIVARTY, go to www.facebook.com/1stinfantrydivisionartillery.

DAGGERS

Continued from page 1



Sgt. Dana Moen | 2ND ABCT

Col. Miles Brown, 2nd Armored Brigade Combat Team, 1st Infantry Division, commander, and Maj. Gen. Wayne W. Grigsby Jr., 1st Inf. Div. and Fort Riley commanding general, inspect the formation of the “Dagger” brigade during the 2nd ABCT casing ceremony Sept. 28 on Fort Riley. With the help of the Commanding General’s Mounted Color Guard, the two rode on horseback signifying Fort Riley’s rich cavalry past.

learned with the rest of the division,” Grigsby said. “The ‘Daggers’ are ready for the challenges that await them.”

The deployment is in accordance with the United States’ longstanding bilateral defense cooperation with Kuwait while seeking to strengthen mutual interests in the region.

“The casing of the colors remind us that the ‘Daggers’ will soon leave Fort Riley to take up a demanding task of training our partners and helping professionalize security forces throughout the Middle East,” Grigsby said. “These Soldiers will miss many milestones, but their sacrifices are worth it. When our nation needed a unit to take this difficult mission, it called upon the Big Red One.”

Loved ones of the “Dagger” brigade sat among the many military and local community leaders.

“Family members keep our Soldiers going throughout the most difficult times,” Grigsby said. “Our Soldiers do what they do because they know they have strong families behind them.”

Before ending his speech, Grigsby offered one last piece of advice.

“Remain brave, responsible and on point for our nation as you carry the legacy of the 1st Infantry Division, the Fighting First — the best division in the United States Army,” the commanding general said. “Carry it all the way to Kuwait.”

IN BRIEF

TRAFFIC UPDATES

For traffic updates, see the Traffic Report on page 6 or visit www.riley.army.mil and click on "Advisories."

GENERAL INFORMATION

For general information about events and services at Fort Riley, visit www.facebook.com/FortRiley or follow @FortRiley on Twitter.

SOLDIER FOR LIFE TRANSITION ASSISTANCE PROGRAM UPCOMING EVENTS

- 10 a.m. to 2 p.m., Oct. 20: Industry Workshop featuring Westar, Kiewit, and Flint Hills Technical College, Education Center building 217, room 202.
- 10 a.m. to 3 p.m., Oct. 22: Hiring-Education Fair, Riley Conference Center.
- 10 a.m. to 3 p.m., Oct. 22: ACS Hiring Fair, Riley Conference Center.
- 6:30 p.m. to 8:30 p.m., Oct. 22: Bradley Morris Seminar, Courtyard Marriott, 310 Hammons Dr., Junction City, Kansas.
- Oct. 26: Start date of next CDL class sponsored by ABF Freight. Program graduates start at 60,000-80,000 plus benefits. To apply, please contact David Miles at david.m.miles2.civ@mail.mil or 785-239-2193.
- 8:30 a.m. to 4 p.m., Oct. 29: Salina Police Department Employer Day, building 210, room 118D, Fort Riley.
- 10 a.m. to 11:30 a.m., Oct. 30: Project Management Seminar, Education Center, building 217 room 210. Explore a lucrative and well-suited career field for military members.
- 1 to 2:30 p.m., Nov. 2: Employer Workshop, Fort Riley Transition Center, building 212, room 201, Fort Riley.
- 9 a.m. to Noon, Nov. 10: Warrior in Transition Forum, Networking and Mentorship. Event Sponsored by Society of American Military Engineers, building 580, room 110.

TEMPORARY CENTRAL ISSUE FACILITY CLOSING

Be advised: the Central Issue Facility is closed and will not open until 7:30 a.m., Oct. 13, due to inventory.

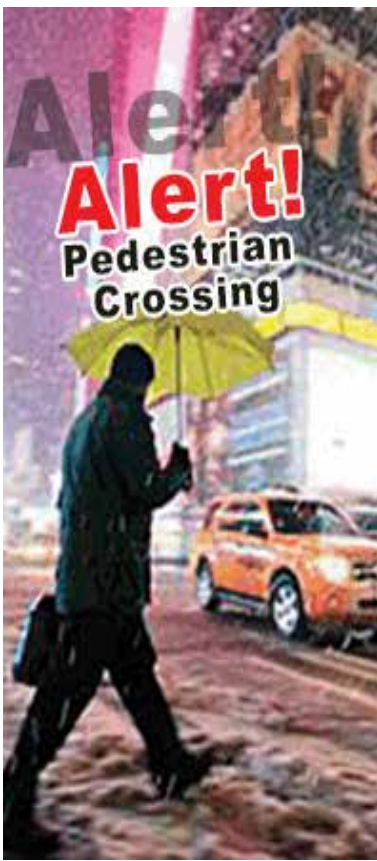
IMPORTANT REMINDER

Visitors to Fort Riley are reminded that a temporary Fort Riley Access Badge or Pass is required for anyone without a Department of Defense ID card. If you know the exact date of your visit, it is highly recommended to get a temporary badge or pass early by stopping by the Visitor Control Center, calling 785-239-2982 or emailing usarmy.riley.imcom-central.mbx.des-vcc@mail.mil.

Please note there are longer wait times for passes during periods of higher traffic-especially weekday mornings and weekday afternoons-when Soldiers and civilian employees are traveling to work and physical fitness activities.

If you're unable to get a pass early, make sure to allow extra time the day of your visit to get through processing at the Visitor Control Center.

Please visit our website at www.riley.army.mil/Units/GarrisonCommand/EmergencyServices/AccessInformation.aspx.



In online world, love doesn't have to be blind

Criminal Investigation Command officials warn of Internet romance scams

CID PUBLIC AFFAIRS

QUANTICO, Va. — "He loves me, he loves me not."

The phrase has been repeated by many looking for love. In today's world of online dating and social media sites; however, the phrase may have changed from the plucking of petals to a stroke of the keys with, "he is real, he is not."

With millions of Americans turning to the Internet for love and companionship, the U.S. Army Criminal Investigation Command warns of romance scams and impersonation fraud that drains both emotionally and financially.

In the last six months of 2014, on-line romance scams cost their victims more than \$82 million, according to the FBI's Internet Crime Complaint Center. The average financial loss from these romance schemes is between \$15,000 and \$20,000.

The Criminal Investigation Command, commonly known as CID, reports many of these cyber



criminals pose as U.S. Soldiers or senior Army officers and noncommissioned officers. The criminals often post official Army photographs and biographies in an attempt to build trust with their vic-

tims and lure them out of personal and financial information.

Officials warn that the perpetrators use both social media and online dating sites, promising love and romance to unsuspecting victims. After the initial introduction, often through very personal, intimate conversations via instant messaging or email, the scammers attempt to manipulate and exploit their victims. Tactics used by cyber criminals include preying on their victim's emotions and appealing to their sense of empathy and patriotism.

See SCAMS, page 14

Community Ties



Spc. Johnathan Fisher, Headquarters and Headquarters Battalion 1st Infantry Division Artillery, paints the side of a trailer in the Enterprise, Kansas trailer park Sept. 19 as part of a community service project for the Warrior Leaders Course. About 26 Soldiers showed up to clean up the community, and spent more than 150 volunteering hours at the park.

Trailer owner's death turns service project into 'bittersweet' affair

Story and photos by Maria Childs
1ST INF. DIV. POST

Although Kenny Krupke never met the Fort Riley Soldiers who painted his house in Enterprise, Kansas, Jennifer Steede, manager of the Enterprise Trailer Park where it sits, said she knows he would have appreciated it.

About 26 Soldiers from the Warrior Leaders Course of Fort Riley joined Steede and four students from Chapman High School in a community service project at the trailer park the day after Krupke passed away.

Krupke's wife, Vicky, spent the last moments of life with her husband hours before the Soldiers arrived. They knew



Spc. Yibing Sandy, 2nd General Support Aviation Battalion, 1st Aviation Regiment, 1st Combat Aviation Brigade, 1st Infantry Division, paints the side of a trailer in the Enterprise, Kansas trailer park Sept. 19 as part of a community service project for the Warrior Leaders Course.

See BITTERSWEET, page 12

Support group dishes out strategy for fresh start

Her War, Her Voice lets attendees break dishes to take weight off shoulders

Maria Childs
1ST INF. DIV. POST

Any other dish thrown with such force would have shattered.

Instead, the cereal bowl rolled and came to a rest.

"Hey, I chipped it," she said as she realized some damage was done, then

she picked it up and threw it again and it shattered.

This bowl was one of many shattered dishes that lay in the parking lot of Army Community Service at the end of the Fort Riley Her War, Her Voice meeting Sept. 24. Her War, Her Voice is a national support group that meets at Fort Riley each month.

"You put all of your heavy onto those plates and you let it fly," said Tricia Verschage, Fort Riley group leader and in-person group leader for Her War, Her Voice. "And when you do, it smashes into a bajillion pieces —it's

just so freeing. It's a huge weight lifted off your shoulders."

Despite the group's name it is open to anyone who cares about a member of the military. Verschage has led the group for about four years. As a military spouse, she said the group provides an open atmosphere where people can talk about whatever they need to and they will find support.

"I like it because it's a place where we can come and say what needs to be said and it doesn't leave these walls," Verschage said.

The women wrote on a dish whatever they needed to let go of. They then threw the dish to the ground.

"Katie," who asked that her real name not be used, said she gained a lot from breaking dishes during the meeting. She said writing her issues on the dish and then releasing it was freeing, and she didn't deny she thought about doing it before.

"I've thought about it before — when I'm frustrated or stressed at

See DISHES, page 14

COMMUNITY CORNER

Getting smart about credit and family finances

Col. Andrew Cole Jr.
FORT RILEY GARRISON COMMANDER

Navigating the world of finances is complex, to say the least. The choices made can have an impact on the quality of life and career for a Soldier and their family. Sometimes problems stem from bad decisions but they could also arise from unforeseen events. Either way the Army has knowledgeable staff available to provide you with information on matters dealing with money and finances. There are financial counselors located at Army Community

Services to assist with learning good financial practices and making wise choices on budgeting, spending and the use of credit. There are classes and counseling services available on a wide-range of personal financial management information. The Army Community Service Financial Readiness Program teaches Soldiers, in either a classroom environment,



Colonel Cole Jr.

or in individual counseling sessions, on how to save and invest money, establish savings goals, use debt elimination strategies, and save for emergencies. No matter where you are in your career, and regardless of your age or financial situation, you can always find ways to learn more, budget and spend better and improve your circumstances. You may think you are too deep in trouble, that you don't know how to do it or that you don't have the income to make a difference, but it is never too late to start. Get smart about credit and family finances. Take advantage of the

free resources available at Fort Riley ACS and put yourself on a path to reach your financial goals. If you don't know what your financial goals are the counselors can assist with setting goals for the future. To set up an appointment with a counselor or to find out about available classes, contact 785-239-9435.

— To comment on this article or to suggest a topic for Community Corner, email usarmy.riley.imcom.mbx.post-newspaper@mail.mil or visit my Facebook page at www.facebook.com/fortrileycg.

CONFIDENTIAL ALCOHOL AND TREATMENT EDUCATION PROGRAM

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Rudolph musical soars into Manhattan

Stage adaptation of CBS' Christmas special returns with three North American tours

KANSAS STATE NEWS
AND COMMUNICATION SERVICE

MANHATTAN — More than 50 years ago the stop-motion animated television classic, Rudolph the Red-Nosed Reindeer, made its network television debut for audiences across the country. The “most famous reindeer of all” from the longest running and highest rated television special will return live on stage with Rudolph the Red-Nosed Reindeer: The Musical. Following last year's inaugural tour, the world's most famous reindeer and a holly jolly cast of iconic characters — including Hermey the Elf, Yukon Cornelius and the Abominable Snow Monster —will help Santa save Christmas during three North American tours visiting 50 cities this holiday season. Rudolph and friends will visit K-State's McCain Auditorium 7 p.m. Wednesday, Dec. 2. Tickets are on sale now and are available at the McCain Auditorium box office, online at www.k-state.edu/mccain, or by calling 785-532-6428.



“Because our inaugural run was so popular, we will have three tours this year in an effort to bring Rudolph and his friends to even more families and young theatergoers across North America,” says producing partner Jonathan Flom. Rudolph the Red-Nosed Reindeer: The Musical practically transports audience members into the television special as songs drive the plot while familiar and nostalgic set design with projections, costumes and characters are brought to stage. The cast brings new energy to the classic songs and dialogue, while puppets help showcase the charming “roughness” from the television show's stop-motion effects. “We address all of the familiar story elements from the television special with a talented cast and puppeteers who help recreate the magic on stage,” says producing partner Bob Penola.

IF YOU GO

“Rudolph the Red-Nosed Reindeer: The Musical”
» 7 p.m. Dec. 2
» McCain Auditorium
1501 Goldstein Circle, Manhattan

To purchase tickets, visit McCain Auditorium box office, www.k-state.edu/mccain or call 785-532-6428.

The story tells the tale of a young Rudolph who, because of the appearance of his bright, shining nose, is ousted from the reindeer games in Christmas-town. He flees town, meets up with new friends Hermey and Yukon and a series of funny and endearing adventures ensue including a visit to The Island of Misfit Toys. Rudolph journeys home, where a snowstorm of epic proportions is threatening Christmas. Can Rudolph save his family and friends and help Santa save the holiday? The production will expand on its campaign benefiting the Parent Advocacy Coalition for Educational Rights, or PACER's, National Bullying Prevention Center that launched in conjunction with the tour last year. For more information, visit www.rudolphthemusical.com.

NOW SHOWING

Barlow Theater is now in digital!
Tickets cost \$6.00 for adults and \$3 for children
Tickets for 3-D and first-run movies cost extra.
Children younger than 5 are admitted free.

FRIDAY, OCTOBER 9
• War Room (R) 7 P.M.

SATURDAY, OCTOBER 10
• Studio Appreciation Advance Screening – Free Admission – (PG-13) 12:30 P.M. *Tickets available at both Exchange Food Courts. Seating open to non-ticket holders 30 minutes before doors open.
• We Are Your Friends (R) 7 P.M.

SUNDAY, OCTOBER 11
• War Room (R) 5 P.M.

For movie titles and showtimes, call
785-239-9574

BITTERSWEET Continued from page 11

Kenny was ill and that the prognosis wasn't good. They didn't know he was gone when they got there. Even though he was ill, he knew they were coming to help not just him, but his neighborhood. Once they learned about Krupke's death, the mission became about helping Vicky and her neighbors. “I told him how this thing had grown and how the students and Soldiers were going to come out here,” Steede said about the service project. “He had one of his friends come out and mount a flagpole so the Soldiers would be greeted by the (American Flag) because he felt so proud and grateful that he wanted to honor the Soldiers. He passed away less than 24 hours before they got here. It's really bittersweet. It took it to a different level.” The Soldiers, the Steedes and the students from

Chapman High School, painted three trailers and cleaned up the community around the trailer park including city easements. The Soldiers' work totaled almost 150 hours of community service. For Steede, the surprise of having so many Soldiers volunteer was followed by a bigger surprise — when the time was up — there were three trailers in various stages of unfinished paint. Some Soldiers stayed until the job was done. “They stayed late and they accomplished the mission,” Steede said. Spc. Travis Butts, 1st Engineer Battalion, 1st Armored Brigade Combat Team, 1st Infantry Division, was one of four Soldiers who stayed late. He said his biggest take-away was “the feeling that you did something good for the community.”

Steede said she was impressed at the amount of work done and the outcome of the project. The Soldiers showing up and learning about Krupke's death only made the project more personal. “It definitely makes you want to put more effort into it,” Butts said. Behind the effort were conflicting emotions. “The mood out here that day was bittersweet, it was very busy and productive at the same time it had a raw edge to it,” Steede said. “It wasn't just as simple as picking up litter and making the community better — it was the first step in a healing process.” For more information about volunteer opportunities at Fort Riley, contact Becky Willis, installation volunteer coordinator at Army Community Service at 785-239-4593.

Alice in Wonderland
Tea Party

Oct 17th, 1-3pm
FORT RILEY POST LIBRARY

The Library Queen cordially invites you to the Alice in Wonderland tea party!

Wear your maddest hat or Wonderland best to win a prize for best costume!
Tea and cookies provided.

1 MWR riley.mwr.com

INFORMATION : 785-239-5305

DAUBIN' DEAD
ZOMBIE BINGO

Saturday, October 17
Rally Point | 7pm - doors at 6pm

DAUB FOR YOUR LIFE!

MINUTE TO WIN IT GAMES • \$15 ADMISSION
THEMED DRINKS AND DRINK SPECIALS • includes bingo package
ZOMBIE COSTUME CONTEST • and zombie swag
TOE TAG NAME TAGS
KARAOKE AFTER BINGO
CASH PRIZES

1 MWR Rally Point

INFO: 785-784-5733

Bingo open to DoD ID holders and their guests ages 16+



Lisa Ferdinando | ARNEWS
Army Brig. Gen. Tammy Smith, deputy chief of staff, Army Reserve, poses with female veterans from the first all-female honor flight at the Women in Military Service for America Memorial at Arlington National Cemetery in Arlington, Va., Sept. 22, 2015.

HONOR FLIGHT

Continued from page 11

women ... This was a people's war and everyone was in it" – also graced the back of the shirts the honor flight veterans.

"I've never been here," said Kovar, who served from 1963 to 1966. "This whole thing has been absolutely amazing and I wish I would have met Col. Hobby."

When asked about her time with the honor flight, Kovar said it was an emotional experience. "I have been crying all day," she said, adding she loved visiting Washington. "It's a beautiful city and I'm glad I'm here."

TRAILBLAZER GREETING

Retired Air Force Brig. Gen. Wilma Vaught greeted the women at the Women In Military Service For America Memorial at Arlington National Cemetery. She is the president of the board of directors at the women's memorial foundation.

It was a proud moment and very inspiring to see the female veterans, said Vaught, who retired in 1985. She was the first woman selected for promotion to brigadier general in the comptroller career field.

"Every job that I had that was my assigned job when I was in service, I was the first woman to ever hold that job," she said.

"This put pressure on me to be sure that I did it in such a way that another woman would have an opportunity to fill that job," she said. "To a degree, that

"Every job that I had that was my assigned job when I was in the service, I was the first woman to ever hold that job."

RETIRED AIR FORCE BRIG. GEN. WILMA VAUGHT
WOMEN'S MEMORIAL FOUNDATION

situation in many instances still exists today."

She noted how two female Soldiers recently became the first women to pass the Army Ranger course. If they get an opportunity to serve as Rangers, Vaught said, they too will get the chance to "prove that women can do it."

A GRATEFUL NATION

The veterans are "simply inspiring," said Veterans Affairs Secretary Robert McDonald at the women's memorial during a luncheon program.

The nation honors them for their "fundamental sense of duty and courage," said McDonald.

"You didn't sign up to shatter glass ceilings; you came to serve and you served with distinction," he said. "But you knew the stakes were high, if you failed, it might make it much harder for those who followed you."

There is another part of being the first, he said, explaining the women were often considered outsiders or intruders. "Yet, you refused to quit," he said.

"Our nation is grateful. We're grateful for the challenges you've endured and overcame and the sacrifices you've made that men simply didn't have to make," he said. "The service you rendered to this nation is more valuable than you could ever have imagined."

Rory Brosius, the deputy director of the White House Joining Forces initiative, sent greetings from first lady Michelle Obama, and applauded the women for their service.

"During times when our country called upon you, you stood up, you raised your hand, and you served. Your contributions meant that our country was better equipped for missions all around the world," Brosius said.

"You are all trailblazers and your service has inspired many generations of women," she said.

Brosius read a letter from the first lady thanking them for their inspiring service and the important role they played in moving the country forward. Each veteran received their own copy of the official letter.

Library Star Wars Reads Day

By Danielle Schapaugh
MANHATTAN PUBLIC LIBRARY

The force is strong in Manhattan, Kansas, 11 a.m. to 3 p.m., , Oct. 10,, Manhattan Public Library will celebrate Star Wars Reads Day with an Empire-sized party for all ages.

For the second year, Manhattan Public Library is getting in on the fun of this national celebration with a schedule of activities. The party begins in the auditorium with crafts and activities including Star Wars Trivia, a Yoda ears creation station, and selfie photo booths with costumed characters.

Participants may dress as their favorite character and enter the selfie contest by tagging the library @ManhattanPL for a chance to win Star Wars prizes.

Then the creators of Yoda ears can wear them to compete in the Yoda Impersonation Contest at 12:30 p.m.. Have courage you must. Prizes will be awarded to the best impersonators in the kid, teen and adult categories.

At 1 p.m., sit down for a few laughs at the Star Wars Spoofs screening then cheer as the winners of the trivia contest are announced.

The fun doesn't stop there. At 1:30 p.m. get your

popcorn and Yoda soda, then settle in for a screening of the movie that started it all.

Star Wars Reads Day was started in 2012 by Lucasfilm and its publishing partners as a way to highlight the vast number of books written about Star Wars, its characters and its universe. Last year, there were more than 2,000 schools, bookstores, and libraries that marked the day with read-a-thons, movie showings and creative activities that featured the beloved sci-fi series and its characters.

For more information visit the Manhattan Public Library at 629 Poyntz Avenue, call 785-776-4741 or visit the library's website at www.MHKLlibrary.org. Find the library on Facebook, Twitter, and Instagram.

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Riley's Conference Center

Thursday 22 Oct 2015 10am - 3pm

"OPPORTUNITIES FOR ALL"

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Open to ALL! - Soldiers, their Family Members, DOD Cardholders, Veterans, Retirees, and Community Members

ARMY COMMUNITY SERVICE ACS Providing Solutions for Successful Army Living

For More Information Contact Education Services (785)239-6481 ACS Employment Readiness Program (785) 239-9435

SCAMS Continued from page 11

Before long, the cybercriminal makes a request for money. Complying with these requests often places the victim at risk financially and opens them up to the possibility of becoming a victim of identity theft.

“We cannot stress enough that people need to stop sending money to persons they meet on the Internet and claim to be in the U.S. military,” said Chris Grey, Army CID spokesman. “It is heartbreaking to hear these stories over and over again of people who have sent thousands of dollars to someone they have never met and sometimes have never even spoken to on the phone.”

Grey said the victims are most often unsuspecting women, 30 to 55 years old, who think they are romantically involved with Soldiers on the Internet, when in fact they are being cyber-robbed by perpetrators thousands of miles away.

The perpetrators often take the true rank and name of a U.S. Soldier who is honorably serving somewhere in the world or has even left the service and they post information with photographs of a Soldier downloaded from the Internet.

Many of them state they are serving in a combat zone or foreign country, most often West African countries. The perpetrators give excuses for needing money, to include medical care, to return to the states, to sell their car and to help their children.

“These thieves are very good at what they do” said

WHERE TO GO FOR HELP

- Report the theft to the **Internet Crime Complaint Center (IC3)** (FBI-NW3C Partnership). Online: www.ic3.gov/default.aspx
- Report the theft to the **Federal Trade Commission**. Your report helps law enforcement officials across the United States in their investigations. Online: www.ftc.gov/idtheft By phone: 1-877-ID-THEFT (438-4338) or TTY, 1-866-653-4261 By mail: Identity Theft Clearinghouse, Federal Trade Commission, Washington, DC 20580
- Report the fraud to the **Federal Trade Commission on Nigerian Scams** via email: spam@uce.gov For more information on CID, visit www.cid.army.mil/

“We cannot stress enough that people need to stop sending money to persons they meet on the Internet and claim to be in the U.S. military.”

CHRIS GREY | SPOKESMAN, U.S. ARMY CRIMINAL INVESTIGATION COMMAND

Grey. “They manipulate the emotions of their victims and will make claims about Army regulations that the public does not know are incorrect. The majority of the time, the service member is not even aware their name and photo is being used in this way.”

Investigators urge the public to consider the following:

- Be extremely suspicious if you are asked for money for transportation costs, communication fees or marriage processing and medical fees. Don't ever send money.
- If you do start an Internet-based relationship with someone, research what they are telling you with someone who would know, such as a current or former service member.

- Be suspicious if you never actually speak with the person on the phone or are told you cannot write or receive letters in the mail. Servicemen and women serving overseas have an APO or FPO mailing address.

- Many of the negative claims made about the military and the supposed lack of support and services provided to troops overseas are inaccurate — check the facts.

- Be suspicious if you are asked to send money or ship property to a third party or company. Often times the company exists, but has no idea or is not a part of the scam.

- Be aware of common spelling, grammatical or language errors in the emails.

DISHES Continued from page 11

home, I think ‘I just want to throw these dishes on the ground,’” she said. “It’s a physical manifestation of your problems.”

Verschage said breaking dishes is among her favorite meeting topics. She said it is emotional, but leaves you with a sense of relief that helps you let things go.

“That will be the catch phrase from this meeting — let it fly,” Verschage said. “You have to release and let go of that pain or else it takes over your life.”

Her War, Her Voice will meet again from 6 to 8 p.m. Oct. 20 at Army Community Service. The meeting’s topic will be “Mystery in Mayhem.”

For more information, visit www.facebook.com/#/



Maria Childs | POST

Tricia Verschage, Fort Riley group leader and in-person group leader for Her War, Her Voice, holds a plate she broke for another member of the group who could not be at the meeting. The idea for the women at the meeting was that they write on a dish whatever they needed to let go of, then they would throw the dish on the ground.

HerWarHerVoice or her-warhervoice.com; or email fort.riley@herwarhervoice.com.

★ ★ ★ **RED WHITE & VIEW** ★ ★ ★

The Association of the United States Army cordially invites you to our
Military Family Forums

AUSA MILITARY FAMILY FORUM II
Tuesday, 13 October, 0800-1000
The Healthy Home Part 1 – Health and Wellness

AUSA MILITARY FAMILY FORUM III
Tuesday, 13 October, 1300-1500
The Healthy Home Part 2 – Resilient Families

AUSA MILITARY FAMILY FORUM IV
Wednesday, 14 October, 0800-1000
Soldier and Family Readiness – A System of Support

AUSA MILITARY FAMILY FORUM V
Wednesday, 14 October, 1300-1500
Transitioning to Veteran or Retiree Status – What Spouses Need to Know

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Army Community Service
7264 Normandy Dr.
785-239-4776/9435

Sports & Recreation

IN BRIEF

GLOW SWIM

Don't miss your chance for a one-of-a-kind pool party experience: Eyster Pool presents the second annual Glow Swim Oct. 17.

From 7 to 10 p.m., have fun in the floating pumpkin patch, take a tour of the underwater glow garden and swim the night away.

Admission costs \$10 per family or \$5 per individual. Pool passes do not cover this event.

Eyster Pool is at 6940 Warren Road. For more information, visit rileymwr.com/sports or call 785-239-9441.

PAINTBALL SHOOTOUT

Dress up and get painted up with Outdoor Recreation. Themed games and scenarios are on the menu for this blacklight-infused, glow-in-the-dark zombie extravaganza.

The Zombie Paradise Paintball Shootout is set for 6 p.m. Oct. 24 at the Outdoor Recreation Center paintball course. It's open to participants ages 13 and older. For minors ages 13 to 17, parents must be present during the event.

All equipment and supplies are provided, or use your own equipment. Sign up in three person teams or individually. Outdoor Rec can create teams. Advance registration is required and the cost is \$25 per person.

The Outdoor Recreation Center is at 1806 Buffalo Soldier Drive. For more information, visit rileymwr.com/odr or call 785-239-2363.

GLO RUN

Dress up in your best neon gear, add in a few glow-in-the-dark accessories, lace up your running shoes and get glowing. Celebrate Military Family Appreciation Month with the GLO Run, a free 2.5-mile fun run set for Nov. 6 at Riley's Conference Center. The run starts at 7:30 p.m. On-site registration begins at 6:30 p.m.

Warm up with a special glow Zumba session before the run.

Feel like you're not shining your brightest? Check out our glow paint area and add a little neon to your night, or purchase some of the cool glow swag available for sale. Hit up our photo booth to document your glow experience, and enter our costume contest too. There will be prizes awarded for the best neon outfit.

Riley's Conference Center is at 446 Seitz Drive. For more information about the GLO Run, visit rileymwr.com.

YOUTH SPORTS OFFICIALS

Child, Youth and School Services is looking for officials for youth outdoor and indoor soccer, flag football, basketball, baseball and softball.

Volunteer and paid positions are available. Training provided and experience is not necessary. A background check is required.

For more information, call CYSS Sports at 785-239-9223 or 785-240-5207.

LOOKING FOR A WAY TO SERVE VETERANS?

Team Red, White and Blue is a national veterans outreach organization and enriches lives of America's veterans by connecting them to their community through physical and social activity. For more information, visit www.teamrwb.org.

For Team RWB local chapter events, see "Team RWB Fort Riley" on Facebook.

ISPORTSMAN SYSTEM

Fort Riley has an automated check-in-out system, iSportsman. Individuals can register at the Fort Riley iSportsman webpage at www.fortriley.isportsman.net.

Everyone recreating in a Fort Riley training area must use the iSportsman website. Check-in and Check-out may be done with any personal device with Internet access or visit the iSportsman Kiosk at 1st Division and Vinton School roads or the Environmental Division Office, Building 407, during normal business hours.

For more information, contact the Environmental Division at 785-239-6211.



KICKIN' IT

Children play soccer at the Child, Youth and School Services complex



Maria Childs | POST

ABOVE: Hailey Clingan, daughter of Staff Sgt. David Clingan, Company A, 2nd Battalion, 70th Armor Regiment, 2nd Armored Brigade Combat Team, 1st Infantry Division, kicks the ball from the goalie box to her teammate during a Oct. 3 soccer game at the Child, Youth and School Services soccer fields on McCormick Avenue. Stephanie McCoy, wife of Maj. Brad McCoy, 2nd Armored Brigade Combat Team, 1st Infantry Division, came to the games to watch her 8-year-old son Michael McCoy play soccer. "He is very excited to be out there and trying new things," she said.

LEFT: Ian Moore, son of Jason Moore, 1st Sustainment Brigade, 1st Infantry Division, kicks the ball away from his opponent, a member of the team from Milford, Kansas during an Oct. 3 soccer game at the Child, Youth and School Services soccer fields on McCormick Avenue. The Fort Riley team lost 3-1.

Team USA wins basketball games at Military World Games

By Gary Sheftick
ARMY NEWS SERVICE

ANDONG, South Korea — The U.S. Armed Forces men's basketball team took huge wins in their first two events in the Conseil du Sport Militaire, World Games at Andong Indoor Gymnasium.

Team USA beat Canada Oct. 3, 98-55, and went on to beat the Germans Oct. 4, 101-50, in a dominating performance.

"We're better athletically all around, so take advantage of it," USA assistant coach Anwar Johnson told the team at halftime Oct. 3. He told the players to "tip the ball, grab it and go" because they were faster than the opposition and could break down court quicker. His players were also able to get six steals the first half and made 67 percent of their field goal attempts.

They came back out running and hitting the boards. Team co-captain Ella Ellis scored a quick layup, followed by an Alfonso Evans dunk moments later. Good passes set up the scores and Team USA had a total of 11 assists during the game.

The Canadians suffered a total of 19 turnovers, and the United States had the ball stolen once.

Ellis scored a high of 24 points, followed by Jahmal Lawson with 19. Todd Fletcher and Tyronne Beale each scored 12 points.

"You're never really sure how you're going to come out the first game," said Lawson, the other co-captain of Team USA. "For some of the guys, it's the first time they've played in this type of environment ... they've never worn the red, white and blue for the USA."

"Everyone had a little bit of the jitters going in," Lawson said. "It's good to get it off our chest."

Against Germany Oct. 4, the USA made 39 of 81 field goal attempts. Germany only scored on 16 of 58 shots.

Beale scored a high of 26 points Oct. 4, followed by Ellis with 20. Michael Lyons and Lawson each scored 10. Evans and Matthew Holland scored nine each.

Team USA was able to get 24 steals, compared to only nine by Germany.

Yet there's room for improvement, USA head coach Ricardo Bachelor said. He said defense looked good only in spurts Oct. 3 and he urged the team to keep on their defensive game.

"We have to guard the ball," Johnson said.

Fort Riley Soldiers train for the Army Ten-Miler, World Games

By Amanda Kim Stairrett
1ST INF. DIV. PUBLIC AFFAIRS OFFICE

Placing second at last year's Army Ten-Miler made believers from non-believers, the team's coach said recently. The 1st Infantry Division Ten-Miler team, led by Lt. Col. Sean Ryan, had the best finish in the history of Fort Riley at the 2014 race in Washington, D.C.

Four members of last year's team — Ryan, formerly of Division Headquarters and Headquarters Battalion, 1st Infantry Division; Cpl. Justice Chirchir, 1st Battalion, 63rd Armor Regiment, 2nd Armored Brigade Combat Team, 1st Inf. Div.; Spc. Mathew Chesang, 1st Combat Aviation Brigade, 1st Inf. Div.; and Pfc. Geoffrey Kosgei, 2nd ABCT, 1st Inf. Div. — will represent the "Big Red One" and post again Oct. 11. They are joined by the following new members: Lt. Col. Alex Murray, 97th Military Police Battalion; Capt. Mark Gaudet, 1st Battalion, 16th Infantry Regiment, 1st Armored Brigade Combat Team, 1st Inf. Div.; Capt.

Teresa Haltom, 1st CAB. 1st Inf. Div.; 1st. Lt. Tim Nelson, 2nd Battalion, 34th Armor Regiment, 1st ABCT 1st Inf. Div.; 1st Lt. Sam Levon, 1st Bn., 16 th Inf. Regt, 1st ABCT, 1st Inf. Div.; 1st Lt. Johanna Bezzek, 97th MP Bn.; 1st Lt. Autumn Watson, DHHB. 1st Inf. Div.; and Sgt. Jason Sampson, 101st Brigade Support Battalion, 1st ABCT, 1st Inf. Div.

"We have been working and racing since last year's race, despite the 85 percent turnover," Ryan said about the group's preparation, "and running in the Flint Hills community to strengthen the relationships the team has made."

Maintaining a strict running regimen has been difficult for members, Ryan added, as their deployments and military training have priority.

Murray said team members run between 6 and 12 miles a day, and most have practiced every morning since the Victory Week time trial in June. That doesn't include individuals' own weekend training, which includes distance runs, tempo runs, weekly

See **RUNNING**, page 16

"We have been working and racing since last year's race, despite the 85 percent turnover, and running in the Flint Hills community to strengthen the relationships the team has made."

LT. COL. SEAN RYAN | 1ST INF. DIV. TEN-MILER COACH



Amanda Kim Stairrett | 1ST INF. DIV.

Lt. Col. Sean Ryan, 1st Infantry Division Ten-Miler Team coach, talks with his runners Aug. 25 outside of 1st Inf. Div. headquarters after a team event. Twelve "Big Red One" and Fort Riley Soldiers are set to compete at the Oct. 11. Army Ten-Miler in Washington, D.C.



RUNNING Continued from page 15

track workouts and local road races.

Two of the team’s top runners — Spc. Sam Kosgei, DHHB, 1st Inf. Div., and Pfc. Susan Tanui, Dental Activity — will not participate in this year’s Ten-Miler as both were selected for what Ryan called a once-in-a-lifetime opportunity. Kosgei ran the marathon and Tanui participated in the 3,000-meter steeplechase in the Military World Games, which go through Oct. 11 in Mungyeong, South Korea.

“The world games only happen every four years, like the Olympics, so it is truly an honor that we had two runners representing Fort Riley,” Ryan said.

Spc. Kosgei said it felt great to represent Fort Riley,

the Army and the U.S. Armed Forces.

“I had to prove that I’m the best of the best among other branches,” he said last week from Korea. “Now it is my high chance to compete against the world.”

In last year’s Ten-Miler, Spc. Kosgei finished 10th overall with a time of 48:59.

Another team standout, Chesang, will run this year’s Ten-Miler for two teams: Fort Riley’s and the All-Army, “another testament to the talent and dedication of Big Red One Soldiers,” Ryan said.

Placing third in 2013 and second last year put Fort Riley on the running map and attracted Solders, Ryan said.

“The team just needs to run as well as possible

and take advantage of the opportunity to represent the 1st Infantry Division and the rest will take care of itself,” he said of the Oct. 11 race.

While this is Murray’s seventh Army Ten-Miler, it is his first with the Big Red One team.

“Runners are used to pressure, so this is nothing new for the team members,” he said. “We know the community of Fort Riley expects us to fare well. We are ready to run some fast times and place very high in the team competitions.

“We are extremely proud to represent the best post in the Army and the best division in the Army: the 1st Infantry Division.”

601ST AVIATION SUPPORT BATTALION TOPS DIVISION HEADQUARTERS AND HEADQUARTERS BATTALION IN FLAG FOOTBALL ACTION



Maria Childs | POST

Spc. Cal-Nardrae Seward, Company A, 601st Aviation Support Battalion, 1st Combat Aviation Brigade, 1st Infantry Division, intercepts the ball during an Oct. 1 flag football game at Long Fitness Center. Seward’s team won against Division Headquarters and Headquarters Battalion with a score of 12-7.

Team USA begins Military World Games with soccer

By Gary Sheftick
ARMY NEWS SERVICE

MUNGYEONG, South Korea – USA goalkeeper Staff Sgt. Joshua Blodgett worked hard but could not stop host-nation South Korea from prevailing 7-0.

The soccer match in downtown Mungyeong’s Citizens Stadium was a much-anticipated event that kicked off what will be almost two weeks of international competition between more than 7,000 military athletes from 103 nations. It took place two days before the official opening ceremony of the Conseil International du Sport Militaire, or CISM World Games, held every four years.

The South Korean military team went into the first game heavily favored with a roster of athletes who had played for various teams in the K League, or Korean professional league. In fact, the Sangju Sangmu Football Club of the Korean military plays teams in the K League year-round.

The U.S. Armed Forces Men’s Soccer Team, on the other hand, has only been playing together since Sept. 13, when players reported to training camp at Marine Corps Air Station Miramar, near San Diego, California.

The players are still honing their communication with one another and beginning to gel as a team, coaches said.

“I appreciate the hard work you guys did on the field,” head coach Capt. Roye Locklear told his players immediately following the match.



Gary Sheftick | ARNEWS

Team USA goalkeeper Staff Sgt. Joshua Blodgett leaps to block a shot during the competition of the Conseil International du Sport Militaire World Games in Mungyeong, South Korea, Sept. 30.

“We just lost to a very good team,” he said. “I’m very proud of the effort.”

Despite valiant drives, team USA only managed to get close to Korea’s goal enough to take six shots.

Forward Adrian Brown, a Marine Corps lance corporal, had three of those attempts. Mid-fielders Kevin Rosser and John Melcher of the Air Force each had one attempt and defender Ensign Martin Sanchez also took a shot.

South Korea had 21 shots with 11 of them on goal. The Koreans dominated possession and maintained the ball 63 percent of the game. Korea was also able to frequently penetrate the defense and get in deep.

“When you’re 12 yards out, it’s not hard to bury the ball,” lamented USA’s 6-foot-3 goalkeeper Blodgett, who hails from Fort Irwin, California.

Korea also had seven free kicks and a penalty kick that scored the third goal minutes before halftime. USA enjoyed only two free kicks.

USA players committed 18 fouls, while Korea had only three.

“More communication is needed midfield,” said USA assistant coach Air Force Master Sgt. Mario Morales.

Col. Mark Brown, deputy chief of mission for U.S. Armed Forces Soccer, said the players just need to improve their “speed of mental play.” That means instead of thinking one or two moves ahead, they need to think five or six moves ahead. That comes with playing together, he explained and predicted improvement with each match.

Locklear defined it as “spacial awareness” and said the Koreans demonstrated it well. They could pass the ball back without even looking and know exactly where their teammate would be running.

That kind of awareness doesn’t come overnight, he said.

There’s still five games to go, he reminded his players, adding that the first game “won’t define us.”



Travel & Fun in Kansas

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HOME OF THE BIG RED ONE

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Lindsborg, Kansas, 'Little Sweden'

Staff Report

Lindsborg, Kansas, a small community off Interstate-135, is founded on a strong Swedish heritage and is known as “Little Sweden” or the “Borg.”

Within little Sweden are a variety of attractions and events perfect for family visits or weekend getaways.

The Birger Sandzen Memorial Art Gallery; Hemslojd, or the Dala Horse Factory; Coronado Heights and the Dala Horses are all favorite stops for visitors and each is recognized as one of the 8 wonders of Kansas.

Two other tourist attractions were named finalists in the 8 Wonders of Kansas — Red Barn Studio and the 1898 Smoky Valley Roller Mill.

Lindsborg is about an hour and a half from Fort Riley, which allows time to visit art galleries, shops, architecture and scenic locations in the same day before returning to the post.

If the trip is longer there are places to stay that embrace the Swedish culture.

At the Swedish Country Inn visitors experience the atmosphere and hospitality of a Swedish home. At the Fox Bed and Breakfast Inn they can enjoy a restored historical three-story mansion.

Thirty-three, wild Dala horses, a symbol of Swedish culture, can be found throughout the town. The smaller version of these horses are a traditional Swedish handicraft and are often bought as souvenirs.

A climb to the top of Coronado Heights gives a view of the Smoky Valley from 300 feet above. The castle at the top of Coronado Heights was built as a project of the Work Project Administration in 1936 and legend says Francisco Vázquez de Coronado and his explorers viewed the valley from the bluff in 1541.

On the Willkommen Trail, visitors can take a leisure walk through town while viewing historical locations. Pick up brochures at the travel center for the self-guided art or historic residence tours.

A community-wide festival is scheduled for Oct. 9 and 10 from 10 a.m. to 10 p.m. — the 75th Svensk Hyllningsfest, where visitors can participate in the town's Swedish culture. Held only in odd numbered years, the festival has traditional Swedish folk costumes, art, crafts, food, music and folk dancers. Although most of the entertainment is Swedish, there will also be a jazz performer Friday night and a Cajun and Zydeco band Saturday night.

For more information and a calendar of community events, visit www.visitlindsborg.com



Jim Richardson | Small World Gallery

A Dalecarlian horse, or Dala horse, is a traditional carved, painted wooden horse statuette originating in the Swedish province Dalarna. Horsemaking may have started as something to do during the long Swedish winter nights. It was once mostly used as a toy for children but has become a symbol of Sweden in general. Look close when visiting Lindsborg to find all 33 of the town's Dala horses.



Jim Richardson | Small World Gallery

Children dance around the Maypole at the Midsummer's Day Festival, Lindsborg, Kansas.



Jim Richardson | Small World Gallery

Folk dancers in traditional costumes perform at festivals in Lindsborg, Kansas.



Jim Richardson | Small World Gallery

Saint Lucia arrives on Winter Solstice as a figure of light and comfort with candles in her hair and food in her hands. Jultide in Lindsborg begins with a festival honoring Lucia's sacrifice and martyrdom on the second weekend in December. The Lucia Festival is a traditional Swedish way to begin celebrating the Christmas season. It includes folk dancing, a procession and the crowning of Lucia.



Jim Richardson | Small World Gallery

The Christmas season is celebrated in Lindsborg, Kansas, with an old-fashioned festival. There is a variety of entertainment for all ages. The season festivities includes concerts, arts, crafts, story-telling, shopping, the Snowflake parade, and of course a visit from Santa.