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2CAB HOSTS COMBINED INDUCTION 60 SOLDIERS JOIN TIME HONORED CORPS

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SOLDIERS EARN AIR ASSAULT BADGE

11 DAYS OF PHYSICAL, MENTAL CHALLENDES

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INDIANHEAD

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WELCOMING NEW WARRIORS ellow Warriors, common language and culture,

the 65th anniversary of the KATUSA program, a unique organization forged in the fire of the Korean War. Originally conceived as a method to bolster U.S. Army unit's fighting strength, KATUSAs quickly became the difference between victory and defeat. Their contributions remain critical to this day.

The first KATUSA class was made up of 313 schoolboys and young men conscripted from the streets of Busan and Daegu. Poorly trained and equipped, these men were committed into the fight immediately. Many said that the KATUSA program would not work. However, as the program grew and was employed, the naysayers were quickly silenced.

"KATUSAs in our formation not only represent the future of the ROK, they represent a shared commitment to the ideals that bind our countries together."

In the 2nd Infantry and 1st Cavalry Divisions, KATUSAs were deployed side by side with U.S. Soldiers in buddy teams. This method was highly effective and was soon adopted across the Korean theater. Throughout the war, these KATU-SA and American battle buddies, although often separated by lack of developed strong bonds on the battlefields of Incheon, Chosin, and Heartbreak Ridge. Between 1951 and 1953, 43,660 KATUSAs fought and bled alongside their American brothers. Their sacrifice is staggering: 6,415 were killed in action; 3,823 were wounded, and 1,667 are still missing.

LEADER'S CORNER:

Following the armistice, the KATUSA program continued to contribute to the combat effectiveness of both the ROK and U.S. Armies. KATUSAs learned tactics, techniques, and procedures during their service with the U.S. army and brought them to the fledgling ROK Army. Through this process, the KATUSA program contributed to the development of the powerful professional force that is the current ROK army.

But I really want to emphasize the positive impact that KATUSAs have had on the U.S. Army over the past 65 years. Over the last six decades, KATUSAs have become a critical component of U.S. forces in Korea. Not only do they serve as critical enablers, they also serve as a bridge between cultures.

It is not uncommon to meet U.S. Army veterans who still maintain friendships and correspondence with KATUSAs with whom they served many years before. Last month, members of the 2nd Indianhead Division Association traveled to Korea to commemorate the Division's 50th consecutive year on the Korean Peninsula. Many of these veterans recounted stories of the friendship and camaraderie they developed with KATUSAs in their units. Today, as you walk through the streets of Uijeongbu, Dongducheon, Daegu, or Pyongtaek, it is not uncommon to see U.S. Soldiers and KATUSAs



Maj. Gen. Theodore (Ted) D. Martin 2nd Inf. Div. Commanding General

spending time together off duty, as friends; brothers in arms.

The KATUSAs stand as an integral part of the ROK/U.S. Alliance. They are indeed critical, the difference between victory and defeat; a cornerstone of the Alliance. Over the past 65 years, more than 200,000 KATUSAs have contributed to this common effort. Although this number may appear small in a nation of more than 50 million, their impact has been large.

The KATUSAs in our formation not only represent the future of the Republic of Korea, they represent a shared commitment to the ideals that bind our countries together. Tomorrow, ROK KATUSAs and U.S. Soldiers will stand shoulder to shoulder, as they have for the past 65 years, a powerful deterrent to those who seek to destroy our way of life.

Katchi Kapshida! Second to None!



STORY BY C. TODD LOPEZ ARNEWS

"one roof" as part of the "Army University" concept, Sgt. Maj. of the Army Daniel A. Dailey said. The Army University, officially abbreviated "ArmyU"

or CAC, on Fort Leavenworth, Kansas.

ArmyU is to organize the Army's professional military education programs into a university system to increase tion, and enhance the quality of the force, according to CAC leaders.

ArmyU will integrate the education already provided in the Army for enlisted Soldiers, officers, warrant officers and Army civilians of all components.

Included in ArmyU are all the Army "centers of excellence": aviation, cyber, fires, intelligence, maneuver, maneuver support, mission command and sustainment. ArmyU also includes the U.S. Army Sergeants Major Academy, Defense Language Institute, the Western Hemisphere Institute for Security Cooperation, Army Management Staff College, Warrant Officer Career College, U.S. Army Command and General Staff College and the Army Press.

"We will work with them, and we are looking at how we can make the instructors better, and make the curriculum as relevant and as current as possible, plus meeting the need of the operating force," said Col. Michael J. Harlan, with the CAC.

While not part of ArmyU, the new university will coordinate with the U.S. Military Academy at West Point, New York, the U.S. Army War College, Cadet Command, initial military training, U.S. Army Reserve Schools, Army National Guard Schools, Army Medical Department Center and School, Judge Advocate General Legal Center and School, and the Special Warfare Center and School. UNIVERSAL TRANSCRIPT



INSIDE THE ARMY Soldiers matriculate at newly-opened 'ArmyU'

The Army is consolidating Soldier education under

for short, is administered by the Combined Arms Center,

While not a "brick and mortar" university, ArmyU will maximize the educational experience, which Soldiers are already getting in the Army through the U.S. Army Training and Doctrine Command, or TRADOC. The plan for academic rigor, create greater opportunities for accredita-

Dailey said ArmyU will be nationally accredited, and

will eventually provide a "universal transcript" to make it easier for civilian colleges and universities to understand the education and training Soldiers have received in the Army, and help them build a degree program.

Right now what the Army and other military services offer is a Joint Services Transcript, which provides to civilian universities a description of military schooling and work history in civilian language. Dailey said the JST will not be eliminated, but will be augmented with a transcript from Army University.

"Our goal is to have the Army transcript have the same value as any other university in America," Dailey said. "It's long overdue. The Soldiers are excited about this too."

Harlan said a universal transcript, along with ArmyU accreditation, will mean that many, though not all of the types of training Soldiers receive in the Army will be able to convert into civilian education credits.

One of the goals of ArmyU is to ensure that the training provided across the Army meets the rigor required in the civilian academic world. This will make it easier for ArmyU to provide accredited courses, which in turn means it can provide universal transcripts of Soldier education that document coursework credits that civilian universities will be more willing to accept. When that happens, the education Soldiers complete in the Army will save them both time and money when they transition out of service.

"When they walk in to that school, they have this universal transcript from the ArmyU that shows legitimate accredited credits, and they can take those and apply them towards a degree program of their choosing," Harlan said. "It'll save them money ideally if that Soldier, now a civilian, doesn't have to pay a second time for training they already possess. The other thing is it may get them a degree faster because they don't have to take as many classes, because they have already gotten that training and experience and the civilian university will acknowledge it."

Harlan also described what he called a "degree engine," which would be part of ArmyU. The degree engine would use the universal transcript and compare it to the requirement for getting a particular degree at a particular university, and could help Soldiers determine what other courses they would need to take to achieve that degree, and even possibly the cost of attaining that degree.

"It's a tool to help that Soldier understand how close

they are to getting a degree they want from an institution they want," Harlan said.

CREDENTIALS FOR A CAREER

Another goal of ArmyU is to find ways for Soldiers to earn private-sector equivalent credentialing for the work they do in the Army, so they don't need to be re-credentialed when they go look for private-sector work.

Soldiers, who may serve in the Army now as drivers, electricians, metal workers, plumbers, or even medical workers, will first need to be credentialed first before they can move their skills to a paying job in the private sector. The goal of ArmyU is to provide credentialing for every military occupational specialty, or MOS.

Helping those Soldiers get credentialed in their skill set is important to both the Soldier and the Army because it proves "an individual is an expert in their particular area," Harlan said.

Dailey said the Army has already been partnering with industry at places like Fort Polk, Louisiana, Fort Hood, Texas and Joint Base Lewis-McChord, Washington, to help transitioning Soldiers get the right training and credentialing to move into work in the private sector.

As an example, he said, "they bring in their equipment and materials and they are certifying them on a technical trades, including HVAC, pipefitting and welding."

Dailey said that credentialing transitioning Soldiers to work in the private sector on the same jobs they held in the Army is difficult, because credentialing requirements varv from state to state. Sometimes, he said, requirements vary within regions within the same state.

He said the Army is working with state governments to help make things easier for Soldiers. ArmyU will be a part of that.

In a tri-signed letter by Army Secretary John M. McHugh, Army Chief of Staff Gen. Ray Odierno, and Dailey, Army leadership said the creation of ArmyU is the next "logical step" in the continued professionalization of the Army.

"Understanding the historical importance of this effort, we are committed to transforming one of the largest academic systems in the United States into a premier university system that harnesses the tremendous energy, experience, and intellectual capacity in our Army to produce the professionals that the nation will need for a complex and uncertain world tomorrow," Army leaders said.

THE INDIANHEAD





Brigade Combat Team, 1st Cavalry Division, during the transfer of authority ceremony between the 2nd ABCT and the 1st Armored Brigade Combat Team, 2nd Infantry Division/ROK-U.S. Combined, a Camp Casey, South Korea. (U.S. Army photo by Cpl. Lee, 2ABCT, 1st Cav. Div. Public Affairs Office)

For the first time in 50 years, the colors of the 2nd Armored Brigade Combat Team, 1st Cavalry Division, fly over South Korea. (U.S. Army photo by Staff Sgt. John Healy, 2ABCT, 1st Cav. Div. Publi

IT'S DUR FIGHT NOW

Staff Sgt. JOHN HEALY 2ND ABCT PUBLIC AFFAIRS

July 2, 2015, signified a new era in the history of the 2nd Armored Brigade Combat Team, 1st Cavalry Division, the Black Jack Brigade.

One month after arriving in South Korea, the 2nd ABCT completed a transfer of authority with the 1st Armored Brigade Combat, 2nd Infantry Division, the Iron Brigade, assuming their role in the defense network of U.S. forces that guard the Republic of Korea.

The ceremony was held on Camp Casey, an American Army base located within the city of Dongducheon.

The commanders of the two brigades met on the stands beneath the massive 2nd Infantry Division patch on the Indianhead Parade Field as their troops marched onto the grounds. Above them hung the 2nd Infantry Division's motto, "Second to None."

"After 50 years absence, the Black Jack Brigade has returned to Korea," said Col. Sean Bernabe, commander of the 2nd ABCT. "It is an absolute honor to once again uncase the Black Jack colors in the land of the morning calm."

The 2nd ABCT will be providing support as one of the 2nd Infantry Division's subordinate brigade combat teams. Their mission for the next nine months is to safeguard the people of the Republic of Korea, and deter any aggression towards them from an outside force.

This restructuring of the U.S. forces stationed in Korea comes as part of a new initiative to improve readiness and force projection along the demilitarized zone separating North and South Korea. By rotating whole units rather than individual Soldiers, commanders arrive in Korea with a fully trained force at their disposal.

"As the first brigade sized rotational unit on the Korean peninsula, we recognize that a lot is on our shoulders," said Bernabe, who has spent the past year preparing the 2nd ABCT for this deployment, including a month conducting war games in the Mojave Desert at Fort Irwin, California, precluded by brigade-wide gunnery exercises.

"We are honored to assume this critical mission as part of the Warrior Division and in partnership with Republic of Korea Army," said Bernabe. Col. Matthew Eichburg, commander of the Iron Brigade, fully supported the decision to send the Black Jack Brigade in as their relief.

"I am a complete supporter of the rotational brigade concept," said Eichburg. "I don't think the United States could communicate its commitment to South Korea any better than in sending the Black Jack Brigade."

The legacy left behind by the Iron Brigade is the mentality to always be ready to "Fight Tonight." Since their arrival in Korea July 1965, and now spanning 50 years of partnership with the Republic or Korea Army, the "Fight Tonight" mentality has always been the driving force behind the Iron Brigade's training. Now, this tradition is being passed on as the Iron Brigade too opens a new chapter in 2nd Infantry Division history at Joint Base Lewis-McChord, Washington.

"We have trained hard for this mission, and we are ready to Fight To-

night," said Bernabe.

The importance of such a historical event weighed heavily on Maj. Gen. Theodore "Ted" Martin, commander of the 2nd Inf. Div.

"The Iron Brigade ... has continued a five decade long record of excellence that is unmatched by any other brigade in our Army," said Martin. "I am proud to have had them serve with such honor and distinction in these difficult times."

With the echo of cannon fire reverberating off the mountains surrounding Camp Casey, the commanders of the Iron and Black Jack brigades led their guidons to the center of the field.

At the general's command, the leaders of the Iron Brigade carefully folded and secured their brigade's colors, while the leaders of the Black Jack Brigade set theirs free for the first time since crossing the Pacific Ocean. The transfer is complete. The Black Jack Brigade has once again joined the ranks of those who are honored to call themselves defenders of South Korea.



2ABCT'S MUSTANGS PREPARE TO FIGHT TONIGHT STORY AND PHOTO BY Staff Sgt. JOHN HEALY 2ND ABCT PUBLIC AFFAIRS Rogue Platoon, and a native of Cypress, Texas. To the U.S. Soldiers stationed in Korea, readiness is paramount. The 2nd Infantry

Korea to make way for the Cavalry Soldiers.



Soldiers of the 8th Brigade Engineer Battalion, 2nd Armored Brigade locations." Combat Team, 1st Cavalry Division, were given a unique opportunity to ex-Kipling, a native of Reno, Nevada, said he was excited to explore more plore the Shinsegae Mall in Uijeongbu, South Korea, with a special tour guide. places here in South Korea. Capt. Joon Ahn, chaplain for 8th BEB, and a native of Seoul, Korea, who "Chaplain Ahn was meticulous in the planning process and we are going now calls Fort Worth, Texas, home was the guide for the Soldiers to help to try to go to some different places within our area," said Kipling. "Chaplain Ahn is a great asset to help us explore the location we find ourselves," said translate and raise cultural awareness by exposing the Soldiers to the culture. Years ago, once he was also a member of the Republic of Korea's army in Kipling. All the Soldiers agreed, the day was a great opportunity to interact and gain which most male South Korean citizens are required to serve for a minimum

of two years.

and Movie Adventure."

explore.





The Soldiers of the 2nd Armored Brigade Combat Team, 1st Cavalry Division, have spent the last month crossing the Pacific Ocean to assume their posts among the camps bordering the Demilitarized Zone separating North and South Korea.

Their arrival signals the end of an era as the 1st Armored Brigade Combat Team, 2nd Infantry Division/ROK-U.S. Combined, deactivated after 50 years of service in South

The change comes as part of the U.S. Army's new Korea Rotational Force, which replaces one of the 2nd Infantry Division's existing combat brigades with a rotational brigade combat team assigned to the 2nd Inf. Div. Combined for a nine-month tour. "Our mission is to maintain the readiness of the brigade and to basically maintain the strategic alliance that we have with the Republic of Korea army," says 1st Lt. Michael Froebel, first platoon leader for Company C, 1st Battalion, 8th Cavalry Regiment, 2nd ABCT,

Division Combined's motto is "Fight Tonight."

With the enhanced readiness posture comes an increase in emergency deployment exercises, alerts, and last minute calls to arms.

"It's practice for if there was any sort of attack or if we needed to upgrade our readiness level to be able to react and get all the tanks and vehicles ready and get staged for whatever movement comes next," said Froebel.

The need to remain combat ready at all times presents interesting challenges for the Soldiers of Rogue Company,

"You never know when we're going to get called to action so there needs to be a lot of cross-training going on," said Froebel. "We're all going to need to learn each others jobs. Drivers need to learn how to be loaders and loaders need to learn how to be gunners."

"These nine months, we'll be here without our families which is unfortunate but it's a good opportunity to train really hard and focus on becoming better Soldiers and better leaders," added Froebel.

For some Soldiers in the 2nd ABCT, this will be their first time setting foot in a foreign country. Luckily, there are many Soldiers in the unit who have previously been stationed in Korea to guide them.

"It was a good experience the first time," said Spc. Brian Francis, from Danville, Virginia, who is returning to Korea after less than a year. "My favorite thing about coming back here is that I get to experience it through other peoples' eyes."

"People will talk about how exciting it is," said Francis. "It's fun to watch them experience the culture change."

With so many new Soldiers being exposed to a foreign culture for the first time, it's necessary to ensure that they are aware of social customs and traditions, so that they may represent the Army in a positive light, said Sgt. 1st Class Joseph Coscia, the 1st platoon sergeant for Rogue Company.

"We did some cultural training prior to arriving," said Coscia, a native of Center

Reach, New York. "We're still learning all that so that when we go out, we do things right." Coscia has taught his Soldiers how experiencing Korean culture can enrich their lives and give them a better understanding of the world.

"You've got to let them know that we're not ignorant to their lifestyle, that we're willing to learn," said Coscia. "Its not just the way we run things, we're their guests."

'BLACK JACK' CHAPLAIN HELPS BREACH CULTURE GAP

STORY AND PHOTO BY Staff Sgt. JOHNATHAN HOOVER 2ND ABCT PUBLIC AFFAIRS

Ahn planned and organized the trip which he labeled the "Chaplain's Mall

The Shinsegae Mall is a sprawling multi-level mall containing 10 floors with each floor containing a different genre for the ultimate shopping experience with a movie theater located on the tenth floor. There is also an underground shopping area just outside the mall in which the Soldiers could

"This trip is designed to build esprit de corps and enhance cultural awareness," said Ahn. "Also to increase the well being of overall emotions, spiritual dimension and outlook on life for all the Soldiers."

"This trip gave us a chance to get out, interact with people and see a different place other than where we are currently on Camp Casey and Camp Hovey," said Spc. Jacob Haugh, native of Orange, California.

"We are getting accustomed to the culture, different people, the currency rate and how to use the train system in a safe way to get where we need to go if we want to," said 1st Lt. Joshua Kipling, the assistant intelligence officer assigned to Headquarters and Headquarters Company, 8th BEB.

"I believe the Soldiers are enjoying the trip, exploring the Korean culture," said Ahn.

"The interaction with the local community has been really good, they are really nice and honest," said Haugh, a combat engineer assigned to Company B, 8th BEB. "They have helped us with ordering food and paying for it."

When out in the cities, Soldiers can either convert money to South Korean won or use their credit or debit cards.

"I have been able to see a lot with my team and my squad," said Haugh. "This has definitely been a team-building event we could all share together."

Ahn has more trips planned to other locations.

"We will absolutely have more trips to explore here," said Ahn. " I want to schedule hiking trips, a visit to the Korean War Museum and other historical

awareness of not only the cultural differences but also building relationships as Soldiers with the local communities in the area where "Black Jack" will be operating.



Capt. Joon Ahn (top right), the chaplain for the 8th Brigade Engineer Battalion, 2nd Armored Brigade Combat Team, 1st Cavalry Division, enjoys lunch with Soldiers after assisting them with the food ordering process at Shinsegae Mall in Uijeongbu, South

The Indianhead

Anited States Army



BEING A



Cpl. KIM, CHUNG-IL 2ND CAB PUBLIC AFFAIRS

Red, white and blue candles were lit signifying courage, commitment and valor. Not only the candles, but also spirits were lit in the hearts of 60 newly promoted noncommissioned officers as they sat in their seats and waited to be inducted into what is often called the backbone of the U.S. Army.

Soldiers and Korean Augmentees to the U.S. Army from the 2nd Combat Aviation Brigade, 2nd Infantry Division/ROK-U.S. Combined participated in the first combined NCO Corps induction ceremony at the post theater on Camp Humphreys, South Korea., June 30.

Throughout history, the transition from junior enlisted to NCO has been reserved for the most capable and competent Soldiers. Army tradition prescribes that units honor this milestone with an induction ceremony. For the first time in Talon history, KATUSAs were also given a chance to be a part of this longstanding tradition.

COMMAND SERGEANT MAJOR and stressed the importance of this tradition. Command Sgt. Maj. Estevan Sotorosado, the command sergeant major of 2nd CAB, hosted the ceremony

"This ceremony signifies a Soldier's move from being a follower to becoming a leader," Sotorosado said. As a guest speaker at the ceremony, the United States Forces Korea command sergeant major, Command Sgt. Maj. John W. Troxell, spoke to the inductees about the importance of leadership and the potential of competent NCOs in the Army.

"As an NCO, you are no longer part of the pack where you look for purpose, motivation, and direction," Troxell said. "You should continue to strive, but instill that excellence into the men and women who follow you. You have to be that example."

Sgt. Mark Davis, a UH-60 Blackhawk crew chief with the 3rd General Support Aviation Battalion, 2nd Aviation Regiment, 2nd CAB, 2nd Infantry Division Combined, was one of the noncommissioned officers who was inducted during the ceremony.

"As an NCO, I coordinate flight maintenance plans and take care of the Soldiers I'm leading," Davis said. The sergeant major has really empowered me and made me more responsible."

"I feel exhilarated," said KATUSA Sgt. Lee, Jong Hyun, a human resource specialist from 602nd Aviation Support Battalion, 2nd CAB, 2nd Infantry Division Combined. "It was the first time for KATUSAs to be a part of the NCO induction ceremony. I feel like I'm treated as a part of the U.S. Army community."

As the candles burned, so did the pride of each U.S. Army Soldier and KATUSA as they walked one after the other through the NCO archway and underneath the NCO sabers to become part of the NCO corps together for the first time.







MASTER

SERGEANT FIRST CLASS

STAFF SERGEANT

SERGEANT

CORPORAL

The heat could be seen on every person's face. U.S. and Republic of Korea Soldiers gathered underneath a shaded area to sit in the audience. The ceremony was to begin shortly. Korean War veterans found their seats in the front row, closest to the monument. As the event began, selected individuals made their way to the back of the memorial to a 10-foot wall covered by a delicate curtain. The individuals lifted up the ropes, and at once, the curtain was pulled down, wavering as it hit the ground.

South Korea, July 10.

allies in Korea.

"It is a time to remember those who not only answered the call to arms, but who were willing to give everything to protect freedom and peace on the Korean Peninsula and the ideals and values at the heart of this nation," Taylor said.

Distinguished guests were given the opportunity to place flowers at the foot of the memorial as a form of remembrance. The emotion for the special ceremony shone on their faces as they saluted and bowed in front. More than 400 U.S. Soldiers walked into the Battle of Gaemi Hill during the Korean War, but only their honor returned home.

"Today, we are here to recognize and honor 428 U.S. fallen comrades who As the ceremony proceeded, a poet, painter, two school children and the

sacrificed their lives to defend this hill against North Korea during the Korean War," Taylor said. "As you know, they were members of the 21st Infantry Regiment, 24th Infantry Division, and the Gaemi Hill battle was one of the fiercest and most horrible battles during the early face of the Korean War." ROK army band gave special performances to pay homage to the U.S. Soldiers sacrifices.

The mayor of the Sejong Metropolitan Autonomous City Government, Choon-hee Lee, was one of the guest speakers. "On behalf of bereaved family members, I'd like to express my deepest

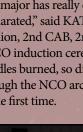
The mayor went on to explain how this year was special because the ROK's Ministry of National Defense remains exhumation identification group and Soldiers from the 32nd ROK Infantry Division are currently working to recover U.S. Soldiers' remains and get them back to their families. "The freedom and peace that we are enjoying these days was not free," Lee



SERGEANT MAJOR



FIRST SERGEANT



theater on Camp Humphreys, South Korea, June 30.

<u>AUGUST 2015</u>

Col. William Taylor, the commander for the 2nd Combat Aviation Brigade, 2nd Infantry Division/ROK-U.S. Combined, and Soldiers from the 2nd CAB took part in a Korean War memorial ceremony on Gaemi Hill in Sejong,

Throughout the ceremony there were many performances and speeches paying tribute to the Soldiers who gave the ultimate sacrifice to support our

appreciation to Col. Taylor, the commander of the 2nd Combat Aviation Brigade, and the USFK service members for joining us," Lee said.

said. "The sacrifice of war veterans and fallen comrades who gave everything to protect freedom and peace enabled us to enjoy these."

The ceremony concluded with the audience having the chance to view the memorial up close and take photos. Some of the Soldiers took the opportunity to salute, bow their heads and have a moment of silence for the 428 names of the fallen Soldiers engraved in marble which had been unveiled at the beginning of the ceremony on the 10-foot wall.

"It is for us, the living, rather to be dedicated to the great task remaining before us; that from these honored dead, we take increased devotion to that cause for which they gave the last full measure of devotion; that this nation, under God, shall have a new birth of freedom; and that government of the people, by the people, and for the people shall not perish from the earth," Taylor said quoting President Abraham Lincoln. "Our commitment to the fallen must be to live our own lives as fully as possible and always to be willing and able to give back to our families, our communities, our Nations, and our world."



ROK-U.S. Combined, receives a gift from two elementary students July 10 at a fallen heroes ceremony on Gaemi Hill in Sejong, South Korea.

4THOFJULY INDEPENDENCE DAY

Soldiers from the 210th Field Artillery Brigade, 2nd Infantry Division/ROK-U.S. Combined, along with the rest of the Soldiers in Area 1, were able to celebrate the 4th of July weekend by enjoying the festivities that were held at Camp Casey, South Korea. The events included carnival food and

games, car, motorcycle, and weapon displays. For those with families and kids they also held a petting zoo, mule and donkey rides, and face painting for all ages!

Soldiers and family members with a competitive side had the opportunity to participate in the Warrior Country Chili Cook-Off, Better Opportunity for Single Soldiers Obstacle Course Challenge and a food-eating contest.

A traditional Korean dance, a military police dog show, the 2nd Inf. Div. Combined Band, and the Area 1 firework show were just a few of the performances the guest had the opportunity to enjoy. The celebrations was wrapped up with the performance of Amor Fati. (U.S. Army photos by 210th FAB Public Affairs Office)

























In a continued demonstration of their culinary excellence, the Thunder Inn dining facility from the 210th Field Artillery Brigade, 2nd Infantry Division/ ROK-U.S. Combined, was recently named the 2nd Inf. Div. Combined and Area I's best dining facility for the third fiscal quarter during an awards presentation, July 8, on Camp Casey, South Korea.

Maj. Gen. Theodore "Ted" D. Martin and Command Sgt. Maj. Andrew J. Spano, the command team for the 2nd Infantry Division Combined, presented the facility's manager, Sgt. 1st Class Christopher Dent, with a first-place gold platter and check totaling \$2,500.

Eight dining facilities were competing for the award, with the Division's food service team conducting comprehensive inspections to evaluate DFAC operations at each respective facility, according to Master Sgt. Nia Hunter, the brigade's senior culinary management noncommissioned officer.

"This is really important, for the morale of the Thunder Brigade and to recognize the dining facility for what they do," said Spano, the Division's senior enlisted leader. "They have a sign out front that says they're the best in 2014. There's a reason why they keep on winning."

Since the turn of the year Thunder Inn has received the general's top title in two out of the three quarters, an achievement Hunter hopes puts the facility on track to win two consecutive DFAC of the Year titles.

"We dare our food service Soldiers to be great and they always step up to the plate," said Hunter, an Erie, Pennsylvania, native. "The Soldiers are quiet professionals that strive for greatness on a daily basis." Thunder Inn operates on a foundation of pride and discipline where Soldiers' performances are evaluated with every meal served, said Hunter.

That requires every chef to focus their utmost attention on every facet of their craft In order to provide patrons with the highest quality service and remain competitive among other facilities, she said.

Ouarter.

For their individual merits, Sgt. Schuyler K. Winters and Spc. Dorthea A. Virgil, both food service Soldiers assigned to the brigade's 70th Brigade Support Battalion, received the Army Achievement Medal and high praises from the Division's command team.

good feeling."

For Winters, the accomplishment is more than just being recognized as the best, it's an opportunity to make good on a promise after finishing as the runnerup in last quarter's competition.

Both Soldiers competed during the Eighth Army Chef of the Quarter competition, with Winters winning the senior chef title and Virgil rounding out as the runner-up in the junior chef category, said Dent.

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In addition to garnering the third quarter title, two of Thunder Inn's top Soldiers were also recognized as the Division's Senior and Junior Chef of the

"It feels almost surreal," said Winters, a Jacksonville, Florida, native. "It's a



dore D. Martin, right, and Command Sgt. Maj. Andrew J team for the 2nd Infantry Division/ROK-U.S. Combined, present a plaque to Sgt. Schuyler Winters, a cook with the 70th Brigade Support Battalion, 210th Field Artillery Brigade, during in awards presentation July 8, at the Thunder Inn dining facility on Camp Casey, South Korea. inters, a Jacksonville, Florida native, received the plaque and an Army Achie or being named as the Division's Senior Chef of the Quarter.



facility during an awards presentation July 8, at the Thunder Inn DFAC on Camp Casey, South Korea.

The Indianhead



CPL CHOI YU-GANG 21D PUBLIC AFFAIRS

The 2nd Infantry Division/ROK-U.S. Combined Headquarters and Headquarters Battalion Band performed their last concert, during an Independence Day ceremony at Camp Casey, South Korea, July 2.

The concert began with a Korean traditional drum performance by the Republic of Korea's 51st Infantry Division. The crowd enjoyed the powerful yet harmonious beat of Korean drums

Once the drum performance was finished, the Band played various songs which represent the the<mark>mes of deca</mark>des from 1960's to 90's. The Band started with 'We're an American Band', 'Fortunate Son' and some of the most played songs in 1960's and 1970's when Rock & Roll was a popular genre. The crowd enjoyed different kind of music and was also able to reminisce about the old times. Some of the crowd started to stand up from their seats and began dancing when 'Rapper's Delight' was sung by a Band vocalist Pfc. Heo, Chang Jo and more people joined them. For the finale, all the Band members gathered up at the stage and performed 'Treasure' with a group dance. By the time 'Treasure' was played, more than half of the crowd was dancing and people cried out with cheers. When the concert ended with its last performance, applause did not stop for quite some time and people asked for more. In addition, Command Sgt. Maj. Andrew J. Spano danced on the stage as well.

The Band has been with the 2nd Inf. Div. for 72 years and served on the peninsula for nearly 50. During those 50 years of service in Korea, the Band performed in different kinds of events. The Band has performed many combined concerts with ROK army Band and Korean Bands, strengthening the Alliance and relationship with local community.

Some of the Band members played with Korean local musicians during holidays. "I played with a local Band when I was in Busan. Korean People really love the music and appreciate it," said Sgt. Rivera Louis, the Band's flute player.

"It's been a real privilege and honor to be a part of the 2nd Inf. Div. Combined Band. I was able to work with such a tremendous and hardworking musicians. They put everything into every rehearsal and concerts even with extra Soldier training and base defense," said Sfc. Shelby Barber, Operations and training NCOIC of the Band.

The Band officially inactivates this coming September and the 8th Army Band will be playing for installations in Korea. The Band Soldiers will either remain in Headquarters and Headquarters Battalion, 2nd Inf. Div. Combined with a new M.O.S or join the 8th Army Band.

The 2nd Inf. Div. Band will be missed by the Soldiers, for they always did their best.



STORY AND PHOTOS BY Staff Sgt. JOHN HEALY 2ND ABCT PUBLIC AFFAIRS

The Army healthcare specialist has another name by which it is recognized by the general public-combat medic.

These Soldiers are trained to perform all the tasks of an emergency medical technician and more, all while under enemy fire. The job is intense, and their training must reflect that intensity. First Sgt. Henry Pantoja, with Company C, 1st Battalion, 9th Cavalry Regiment, 2nd Armored Brigade Combat Team, 1st Cavalry Division, calls in a nine line medevac request from the radio in his Highly Mobile Multi Wheeled Vehicle. A tank round has exploded near an M113 Armored Personnel Carrier, injuring four Soldiers. This is the signal to begin the exercise.

Within two minutes, a second HMMWV outfitted as a field-loaded ambulance tears up the road towards the injured Soldiers scattered around their damaged M113. The red cross on a white field painted on each side is unmistakable. The medics are on the scene.

"Our job is to be a swiss army knife," said Spc. Leon Jonas, a 24-year-old combat medic from Hanover, Maryland, who works at the Combined Troop Aid Station for the 1-9th Cav. Regt. "We see simple things to very extreme things." This type of exercise is what he calls a "trial by

fire." Jonas runs for the nearest casualty.

The injured Soldier, who had been relaxing moments before, laughing while smearing fake blood over her army combat uniform, clutches at Jonas' uniform and starts screaming. Jonas speaks to the Soldier, telling her that she's going to be ok and that they're going to take care of her. His eyes are on the combat application tourniquet that he's fastening just above the end of her severed leg. Her lower leg and foot lie a few feet away.

Jonas calls for his counterpart, Spc. Wesley Gibens, another combat medic with the 1-9th Cav. Regt., to help lift her onto the litter he has prepared. They secure the Soldier in place using ing herself further. Before they move her over to the ambulance, Jonas picks up all of her personal beside her. A helmet, a pair of glasses, and her severed leg.



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COMBAT MEDICS TRAIN AS THEY FIGHT



ratchet straps to prevent her from falling and injurbelongings and tucks them under the ratchet straps

"If you don't see training as being realistic, then it's not training," said Jonas. "It helps me definitely to know where my weaknesses are, and where I need to improve as a health care specialist or as a combat medic and as an evacuation team chief. It makes me a better leader."

With the ambulance loaded, it's time to head back to the aid station. The casualties are unloaded and carried into the makeshift triage center to either be treated or air lifted to a better equipped hospital if necessary. Under the guidance of the clinic's designated physician assistant, the medics explode into action.

Pfc. Christina Suarez, a native of San Antonio, Texas and also a medic with the 1-9th Cav. Regt., begins evaluating patients as they arrive. With each patient her hands become more and more bloody. A small pool starts to form beneath the gurney at her station.

"It's fake," said Suarez. "It's more just to get us in the mindset that 'this is happening.' It makes it more realistic."

Working alongside her is Pfc. Zachary Iser, a native of Lofton, South Carolina. Iser used to be a firefighter. He joined the Army as a combat medic to make his resume as a professional firefighter more competitive.

Iser's patient is having trouble breathing. Inserting an artificial airway through the nose doesn't help, so the PA instructs Iser to begin a cricothyrotomy, creating an airway by performing emergency surgery on the patient's throat. Once the patient is breathing on their own, he begins preparing them for helicopter transport to the nearest hospital.

"Anything under the sun that the PA would allow us to do, we can do," said Iser. "We're pretty much paramedics."

The last of the injured Soldiers are carried to the medevac helicopter and secured for transport. Even though there are no more patients to care for, tension is still high as the last of the adrenaline fades.

"Today was our mass casualty training," said Iser. "They pretty much went through and tried to overload our systems with what they thought would be too many patients or too much severity of the injuries."

"There are a couple things that we can definitely improve on," added Iser. "Nobody's perfect but you strive to be as perfect as you can for every patient. You give the same treatment that you would want to get if you were in the same situation."



combat medic from the 1st Battalion, 9th Cavalry 2nd Armored Brigade Combat Team, 1st Cavalry Division searches a casualty for injuries during a training exercise at Rodriguez Range, South Korea, July 27.



2nd Armored Brigade Combat Team, 1st Cavalry Divi applies a combat application tourniquet during a training rcise at Rodriguez Range, South Korea, July 27

SOLDIERS GOMPETE

STORY BY Sgt. NEYSA CANFIELD 2ID PUBLIC AFFAIRS

You can see the sweat pouring down and you can tell they are tired just by the look on their faces. You can see a hint of nervousness as they get closer and closer, but as the Air Assault instrucor calls for the next group to approach the obstacle course all you hear is a thunderous, "Air Assault!"

FOR AR ASSAULT BADDE

Soldiers throughout the peninsula participated in Air Assault School at Camps Hovey and Casey, South Korea, July 16-27.

'The course started off with 254 candidates but only 176 graduated," said Master Sgt. Lewis V. Bolen, the operations training and exercise noncommissioned officer in charge with Company A, Headquarters and Headquarters Battalion, 2nd Infantry Division/ROK-U.S. Combined.

The course started out with day zero, where Soldiers had to run 2 miles under a designated time and successfully complete the Air Assault obstacle course, all while wearing the Army Combat Uniform. From there Soldiers had to go through different three different phases the Combat Assault Phase, Sling Load Phase and Rappel Phase.

"Air Assault is physically and mentally demanding," said 2nd Lt. Samantha Lindemulder, the executive officer for 362nd Signal Company, 41st Signal Battalion, 1st Signal Brigade and also one out of four females to earn the coveted badge. "Not only do you have to meet all the physical requirements but you also have book work that you have to study every single night until the last phase."

The Sling load phase was one of the most difficult tasks for the candidates during Air Assault School stated Bolen. When testing out of the Sling load Phase candidates had two minutes to point out 3 out 4 deficiencies.

"Its attention to detail," stated Pfc. Donte Pittman, a cavalry scout with Company C, 4th Squadron, 9th Cavalry Regiment, 2nd Armored Brigade Combat Team, 1st Cavalry Division, when talking about the Sling load phase. "It's the smallest detail that can get you to fail."

Lastly the candidates had to tackle a 12-mile foot march, in which they had to complete in three hours or less on the day of graduation in order to proudly wear their wings and become Air Assault Soldiers.

"I am extremely excited to wear my wings," said Lindemulder. "We worked really hard to get here. Regardless of rank or what you do in Army if you have the opportunity to attend this school I would definitely advise to go for it!"





of Air Assault school at Camp Hovey, South Korea, July 24. (U.S. Army photo by Staff Sgt. John Mattias, 2nd Infantry Division/ROK-U.S. Combined Public Affairs Office)

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ers during the Air Assault graduation ceremony at Schoonover Bowl at Camp Casey, South Korea, July 27. (U.S. Army photo by Sgt. Neysa Canfield, 2nd Infantry Division/ROK-U.S. Combined Offi



Air Assault candidates learn how to properly tie and maneuver a swiss seat before rappelling off the 12-foot incline ramp at Carr July 24. (U.S. Army photo by Staff Sgt. John Mattias, 2nd Infantry Division/ROK-U.S. Combined Public Affairs Office)



Soldiers conduct a variety of exercises while they wait their turn to complete the Air Assault obstacle course during Day Zero of Air Assault school at Camp Hovey, South Korea, July 17. (U.S. Army photo by Sgt. Neysa Canfield, 2nd Infantry Division/ROK-U.S. Combined Public Affairs Office)

The Indianhead



🐯 ZID SAFETY 🐯 SHARING THE ROAD SAFELY WITH PEDESTRIANS

All drivers need to recognize the special safety needs of pedestrians, especially those that are children. Young, elderly, disabled and intoxicated pedestrians are the most frequent victims in auto-pedestrian collisions. Generally, pedestrians have the right-of-way at all intersections; however, regardless of the rules of the road or right-of-way, you as a driver are obligated to exercise great care and extreme caution to avoid striking pedestrians. For this reason, it is necessary to know the proper laws and procedures for sharing the road safely with pedestrians: Drivers should not block the crosswalk when stopped at a red light or waiting to make a turn. Do not stop with a portion of your vehicle over the crosswalk. Blocking the crosswalk forces pedestrians to go around your vehicle and

puts them in a dangerous situation. In a school zone when a warning flasher or flashers are blinking, you must stop to yield the right-of-way to a pedestrian crossing the roadway within a marked crosswalk or at an intersection with no marked crosswalk. Always stop when directed to do so by a school patrol sign, school patrol officer or designated crossing guard. Children are the least predictable pedestrians and the most difficult to see. Drivers should take extra care to look out for children not only in school zones, but also in residential areas, playgrounds and parks. Don't honk your horn, rev your engine or do anything to rush or scare a pedestrian in front of your car, even if you have the legal right-of-way.



STORY BY Cpl. KIM, CHUNG IL 2ND CAB PUBLIC AFFAIRS

It is no doubt that resting at home with your family during the holiday is the best, but every once in a while going out to an energetic festival could refresh your life. Here in Korea, one of the biggest festivals is the Boryeong Mud Festival, which is held at the Daecheon beach in Boryeong during the summer.

attracts 2.2 million visitors every year.

participated in the 2014 Boryeong Mud Festival.

should go to in Korea," she said.

tional events in Korea!" said Jeon.

STORY BY

is the deadliest form of the disease.

in the U.S. each year. the general ones listed by the CDC:

- Lighter natural skin color
- Chronic sun exposure

and becomes visible as a tan.

Vitamin D can be more safely obtained by eating a healthy diet and sup-A tan does not indicate healthy skin or good health. Tanned skin is a response to injury because skin cells signal they have been hurt by UV rays producing more plementation if needed. According to the CDC, indoor tanning is estimated to pigment. Although everyone's skin can be damaged by UV exposure, people with cause about 419,000 cases of skin cancer every year. For comparison, smoking is sensitive skin and those who burn easily and tan very little are at the highest risk. thought to cause about 226,000 cases of lung cancer every year. What are the signs of melanoma? Most have black or blue-black areas, but may Melanoma is the deadliest skin cancer, but early diagnosis gives the best appear as a new mole. It may be black, "ugly-looking" and abnormally shaped. chance for long-term survival. To find more information on melanoma, go to the NIH website and visit the The National Cancer Institute reminds people to think "ABCDE" to remember

what to look for:

the other half

GETTING MUDDY

The mud festival is held every year in Boryeong, a town 200 km south of Seoul, South Korea. Starting in 1998, the festival became a highlight for tourism in South Korea and

The festival attracts both Korean and International tourists. They visit the Daecheon beach at this time to enjoy activities like mud sliding, mud wrestling, mud soap making, color mud body painting and more. Last year, 30,000 foreigners participated in the festival. In the evening, the festival continues at the beach with DJs playing music, famous Korean celebrities performing and fireworks exploding in the dark sky of the breezy

First Lt. Amanda O'leary, a medical officer from the 2nd Combat Aviation Brigade,

"Many of my U.S. friends here in Korea said the festival is something that everyone

Sgt. Young Min Jeon, a human resource specialist from the Headquarters and Headquarters company, 2nd Combat Aviation Brigade, said, "The whole idea of rolling in the mud may sound odd; however, it actually feels good and is healthy to get the mud all over

He strongly encourages his friends and U.S. Soldiers to join the party. "I've seen many foreigners from all over the world. The mud festival is definitely one of the most interna-

To find out more about the festival, you can visit their website: http://www.mudfestival.or.kr. Also, for any questions about the mud festival, you can contact 010-5438-4865 or 041-930-3882/3557 and talk with fluent English-speaking assistants from the festival.

The regular ticket price for adults is 10,000 won (approx. \$9.00) and 8,000 won (approx. \$7) for anyone younger than 19 years old. Thirty percent of the tickets are available online per day and 70% of tickets are available at the door. If not purchased online, please purchase at the door.

There are various forms of transportation available in Daecheon. The fastest way is to get on a bus at the Central City Bus Terminal, Nambu Bus Terminal, or the East Seoul Bus Terminal all located in Seoul. It will take approximately two hours and the cost for adult is 10,900 won (15,900 won for the premium bus). For other forms of transportation, please contact 010-5438-4865. From resorts to hotels, motels to hostels, Daecheon has a full range of accommodations for you to choose from. Do remember to book well in advance.

Brazil has a samba-dancing Rio Carnival. Spain has a tomato-throwing La Tomatina. Germany has a beer-drinking Oktoberfest. What does Korea have? Korea has a mudthrowing Boryeong Mud Festival where you can get away from the humid, unpleasant heat from city and wallow in the cool pool of mud like the animals in a savanna.



HEALTH CORNER PROTECTION FROM SUNLIGHT AMONG MEASURES TO COMBAT MELANOMA

For those planning to spend time outdoors this summer, it is essential to protect skin from exposure to harmful sun rays known to cause skin cancer. It is the most commonly diagnosed cancer in the United States, and melanoma

According to the National Cancer Institute, more than 68,000 Americans are diagnosed with melanoma each year and another 48,000 are diagnosed with an early form of the disease that involves only the top layer of skin. According to the Centers for Disease Control and Prevention, melanoma causes about 8,000 deaths

People with certain risk factors are more likely than others to develop skin cancer. Risk factors vary for the different types of the disease but here are some of

- Family history or personal history of skin cancer
- History of sunburns, especially early in life
- History of indoor tanning, primarily before age 35
- Skin that freckles, burns, reddens easily or becomes painful in the sun • Multiple moles (more than 60)

Sun exposure is the most modifiable risk for melanoma. Ultraviolet rays come from the sun or indoor tanning -- such as using a tanning bed, tanning booth or sunlamp. When UV rays reach the skin's inner layer, the skin makes more mela-

nin -- the pigment that colors the skin. It moves toward the outer layers of the skin

• Asymmetry -- the shape of one-half of the suspicious mole does not match

- Border -- the edges are ragged, irregular or blurred
- Color -- the color is uneven and may include shades of black, brown and tan
- Diameter -- there has been a change in size, usually an increase
- Evolving -- the mole has changed over the past few weeks or months

Surgery is the first treatment of all stages of melanoma. Prevention, however, is the best treatment. The National Institute of Health recommends to avoid or reduce of exposure to direct sunlight, especially from 10 a.m. - 4 p.m., when the sun's rays are the strongest.

Other tips to help prevent melanoma include the following:

• Wear a wide-brimmed hat and clothing that protects the body from direct sunlight

• Wear sunglasses that absorb UV radiation to protect the skin around the eyes.

• Apply sunscreen lotions with a sun protection factor of 30 or greater, reapply every two hours, and after swimming. It is important to use a broad-spectrum sunscreen lotion that filters both UVB and UVA radiation

• Perform routine checks to monitor changes in your skin. If you notice a mole that is changing or is concerning you, see a primary care provider for an evaluation.

There has been increased concern regarding Vitamin D deficiency in the news. Vitamin D is produced by the skin with UVB exposure.

Some promoters of tanning have recommended tanning bed use to help produce Vitamin D. It is important to note it is produced with moderate exposure to UVB rays. Tanning lamps typically emit more UVA rays and fewer UVB rays.

online booklet What You Need To Know About Melanoma and Other Skin Cancers at www.cancer.gov/cancertopics/wyntk/skin. The book includes melanoma symptoms, diagnosis, treatment, and questions to ask doctors.



CpL KIM, CHUNG IL 2ND CAB PUBLIC AFFAIRS

Like dragonflies landing on a tree, four OH-58 Kiowa's hovered the sky of the Rodriguez Live Fire Complex, South Korea, landing on a Forward Arming and Refueling Point (FARP) pad.

Despite the blades' strong wind mixed with grass and dust, two Soldiers, each with red and white helmets, quickly ran toward the helicopter and communicated with special sign language. Now knowing what the aircraft needed the Soldiers went into action refueling and arming the "bird". As the Soldiers gave a thumbs up, the aircraft flew away into the mountainous skyline. It all happened within a few minutes.

"This is our time to shine," said Spc. Perry Bishop, an armament/electrical/avionics repairer from the 2nd Squadron, 6th Cavalry Regiment, 2nd Combat Aviation Brigade, 2nd Infantry Division/ROK-U.S. Combined.

As the pad chief charged with maintenance and safety, Bishop had a lot on his plate to include keeping track of every detail of checks and assigning jobs to the Soldiers under him in an effective manner at the forward arming and refueling point on the Rodriguez Live Fire Complex.

"For gunnery, we prepare a month prior to the exercise," Bishop explained. "We prepare for gun services two weeks before the training, and we prepare as many service kits as possible."

As he spoke, Bishop took out his pen and notepad and started to jot down the serial numbers of ammunitions and other details about the check. According to Bishop, time management is the most difficult aspect of his job.



"We have so many tasks at hand, so we do day and night shifts for 12 hours each in order to make ourselves functional during key exercises," Bishop said.

Sgt. Douglas Koenen, another armament/electronics/avionics repairer from 2-6th Cav. Reg., 2nd CAB, spoke about how proud he was of Bishop.

"Spc. Bishop is responsible for Soldiers, and he makes sure that everything at the pad is perfect," said Koenen.

When not in a field environment, Bishop said he is a hardcore fan of extreme training to push his physical strength and mental toughness to the limit. Bishop participated in the squadron's last Spur Ride and Best Warrior Competition. He even won the unit's "Desperado of the Month" competition, which included a triathlon consisting of a two-mile assault pack run, four-mile bike ride and 200m swim. Bishop now plans to go to Army Ranger School once he gets to his next unit.

My Korea, My Life A brief insight into Soldiers, civilians and Family members in Warrior Country



It's only been a week since the 2nd Armored Brigade Combat Team, 1st Cavalry Division, assumed authority in South Korea, but Soldiers are already finding out about the country's value.

2nd Lt. Sean T. Mcnamara, fire support officer, Headquarters and Headquarters Battery, 3rd Battalion, 16th Field Artillery Regiment, 2nd ABCT, liked Korea as soon as he arrived on the peninsula.

"It reminds me of home more than Texas does," said Mcnamara, a native of New Jersey. "There are actual trees here compared to Texas. The climate is similar to New Jersey, and the country itself is just as beautiful. I like it here a lot."

South Korea has lots of places to travel around. With almost 5,000 years of history, Soldiers can experience ancient Asian culture. But not just that, they can also hang out inside the city, experiencing modern Asia.

Korea is a great country for Soldiers who like to hike, since most of Korea is mountain ous. For those who lived by the ocean, Korea could be appealing because it is a peninsula. Among all the great things of Korea, the best part is that most travelling can be done in one day thanks to its size.

"So far, I haven't seen a lot of it," said Mcnamara. "But from what I have seen, I like the fact that you can walk through Seoul and you will see modern skyscrapers. Then, three blocks away you will see a palace that's centuries old. Older than our entire country."

Mcnamara said he has never seen any buildings that are thousands of years old before. Being stationed in Korea provided him a great opportunity to extend his knowledge.

"My first thought (of Korea) was how it was interesting to stand on history that was older than our entire country itself," said Mcnamara. "The oldest buildings I've seen in the United States were some of the missions in San Antonio and some other places in the northeast. It all fails compared to the history Korea has. I like how you can look and see buildings that are thousands of years old, and it's all part of your history."

Mcnamara also visited Ulwangri Beach in Incheon during the American Independence holiday on July 4.

"I went to the beach last Saturday," said Mcnamara. "I was just on the beach for about an hour or two. Then, I went to hiking spots around the beach."

The language barrier can be a big issue for Soldiers touring around different places. However, Mcnamara points out that there is really no way for Soldiers to get lost.

"The only tip I would have for Soldiers (for traveling) is just to grab a battle buddy or two and just try to figure it out," said Mcnamara. "The buses are all numbered like the U.S. The only thing that could happen is maybe the bus is going the wrong way, but you can figure it out. It's not that bad."

Even as a Soldier, experiencing the country's culture can be very helpful when relating with local military personnel and citizens. This strengthens the alliance with Korean Augmentation to the United States Army Soldiers and the Republic of Korea Army counterparts, embracing their culture is important, said Mcnamara.

"Latch on to someone who wants to travel," said Mcnamara. "It will be hard at first, but once you get out and see how fun it is, you will eventually be the person that's dragging other people out."



SUICIDE PREVENTION:

talking about suicide don't hesitate to ask for help. Or in case of an emergency call:

AMERICAN RED CROSS:

week, 24 hours a day, 365 days a year. service members only). Camp Red Cloud Red Cross: 05033-32-6160 (732-6160)

USO:

Looking to volunteer, donate or just find something to do during the week/weekend? Well stay in touch with the Camp Casey USO! Their amenities include: free calls via Skype telephone to the United States; computer lab with 10 computers, each equipped with webcam and earphones; Wi-Fi connectivity throughout the building; multiple lounge areas with recliners and large-screen televisions; well-organized library of donated books; dining area with tables, chairs, and microwave; movie room with 12 plush movie theater styled seats, and many more. The USO Camp Casey center is located in Building 2648, beside the Casey Bus Terminal. For more information call: 730-4813

EO:

The Equal Opportunity team is looking for talented individuals who would like to participate in future special observances. Whether you sing, dance, or write poetry, come out and share

ARTICLE BY Capt. SCOTT SENERIUS Sgt. 1st Class. PATRICK BROOKS

Fraternization is likely one of the most controversial and misunderstood military policies that is rarely discussed. Talk with Soldiers about their definition of fraternization or what they interpret the military definition to be and you may be surprised at the responses. I am not focusing on the easily defined terms of fraternization in AR 600-20 such as business relationships, dating, and gambling between officers and enlisted personnel or NCOs and junior enlisted Soldiers but rather other interactions that create an actual or clearly predictable perception of undue familiarity between Soldiers of different grades.

of a different grade are prohibited if they:

or the chain of command (2)

(3)

gain

(4) (5)

Section 4-14 is the most important and misunderstood portion of fraternization. It is where the debate begins and Soldier's interpretations differentiate. So how does a Soldier know if he or she is violating these policies? The first four bullets are fairly straight forward for a Soldier to understand and recognize violations but the fifth is the most subjective of them all.

Take, for example, a platoon BBQ with alcohol and involving about 20 junior enlisted Soldiers, 10 NCOs, and one officer. The reality of this situation is that it is acceptable per the regulation because it is a unit/section function. This event and other similar events such as hail and farewells, unit organization days, right arm nights, and even military balls often turn from dinner, drinking, and socializing to just drinking and socializing into the later hours of the night.

🕼 WARRIDR NEWS BRIEFS 🐼

Every life matters! If you feel or see that your battle buddy is having a difficult time and/or are

For more information visit it http://www.2id.korea.army.mil/resources/sp.asp

The Area I Suicide Prevention Hotline at 010-3762-0457 or the Division Family Life Chaplain at 010-6365-3962 (Reachable 24 hours a day, seven days a week)

The American Red Cross Emergency Communications Center is available to help 7 days a

When calling the Red Cross, be prepared to provide as much of the following information about the service member as is known: Full legal name, Rank/rating, Branch of service (Army, Navy, Air Force, Marines, Coast Guard), Social Security number, Date of birth, Military unit address, Information about the deployed unit and home base unit (for deployed

The American Red Cross also offers classes from lifeguarding to babysitting to first aid, CPR/ AED training, learn lifesaving and caregiving skills from experts.

- Call (877)-272-7337 (toll-free)/ Casey Red Cross: 05033-30-3184 (730-3184)

your talents in an effort to increase cross-culture awareness Contact Sgt. 1st Class Joseph Sansone at 732-6549

Staff Jugde Advocate:

The Funded Legal Education Program is now open for applications until November 1st. - FLEP provides commissioned officers (that meet the requirments and if selected) the opportunity to attend Law School at the governments expense and join the Judege Advocate Corps. Who is eligiable? 2Lt-CPT with 2 to 6 years of active service - For more information contact your nearest legal office.

EDUCATION CENTER:

The Education Center is available at Camps Casey, Stanley and Red Cloud. They offer secondary education from Central Texas College, University of Maryland University College, Troy State University, and University of Phoenix. They also offer a variety of programs to include College Level Examination Program and Defense Activity for Non-Traditional Education Support.

For more information call:

Camp Casey Education Center: 730-1826



🐼 WARRIOR JUSTICE 🐼

AR 600-20, Section 4-14, Paragraph B states that relationships between Soldiers

(1) Compromise, or appear to compromise, the integrity of supervisory authority

Cause actual or perceived partiality or unfairness Involve or appear to involve, the improper use of grade or position for personal

Are, or are perceived to be, exploitative or coercive in nature Create an actual or clearly predictable adverse impact on discipline, authority morale, or the ability of the command to accomplish its mission

Arguably, this may blur the line of fraternization because Soldiers of different grades strictly drinking and socializing can create an actual negative impact on discipline, authority, morale, or the ability of the command to accomplish its mission. The reality and viewpoint of many Soldiers is this is not true and they do not view events like this as threatening to the lines of fraternization. Many Soldiers have been to such gatherings or other similar events that have been centered on drinking and socializing and are confident that this did not create any adverse impact on authority or violate the prohibited four relationship characteristics. While this may be the reality of the situation most of the time, it is not the most important factor. What Soldiers and Commanders perceive of the situation is most important. When you dig into the ambiguity of fraternization you discover that perception is reality.

The regulation itself leaves room for interpretation as all five statements in AR 600-20, Section 4-14, Paragraph B include verbiage such as "appear to" and "perceived to be." This verbiage is crucial. Regardless of the situation, you need to ask yourself if a second or third party perceives what you or others are doing as fraternization. If this question proposes any answer other than a confident "NO," then it would be wise to remove yourself from the situation. This is the key to defining and identifying the misunderstood or "grey" areas of fraternization and what you should always ask yourself if you are ever socializing with Soldiers of a different rank or in your chain of command. Understand that Commanders have UCMJ authority and by tempting the border of fraternization you are leaving the conclusion of your guilt up to another and his or her perspective. It would be wise to do the right thing and keep the fate of your career in your own hands,

It is easy to identify fraternization if you see inappropriate physical contact, dating, compromising behavior between Soldiers of different ranks, or commit an act of inappropriate behavior yourself. Fraternization becomes harder to identify if you believe that the reality of the situation is harmless. Events involving alcohol, especially those centered on alcohol, give off negative implications. This is always the case due to impaired judgement and decision making. Situations involving alcohol consumption increase the risk of crossing the line of fraternization. There does not have to be actual undue familiarity between Soldiers of different rank to be fraternization, but rather another's perception of undue familiarity to induce doubt on the nature of the relationship.



HTTP://WWW.2ID/KOREA:ARMY.MIL/KOREAN-SITE WWW.ISSUU.COM/SECONDID

2사단 최고의 식당은?

끊임없는 노력과 열정으로 장령들의 식사를 책임 한글판 3 페이지

의무병, 실전같은 훈련에 임하다 완벽을 향해 고도의 훈련을 소화

한글판 4 페이지

한미 문화교류 미합중국 독립 기념일 한글판 7페이지



매달 영문판에는 들어가지만 한글판에는 들어가지 않는 기사들을 보면서 아깝다 는 생각을 했습니다. 그래서 만들었습니다! 간추린 뉴스! 한글판에는 넣지 않았지 만, 영문판에 실린 기사들을 사진으로 정리하는 지면입니다.



7월 4일, 캠프 케이시(Camp Casey)에서 주최된 독립 기념일 행사에서 제2보병사단 밴드가 마지막 공연을 펼치고 있다.

〈사진 _ 상병 최유강 / 제2보병사단 공보처〉



7월 30일, 캠프 험프리(Camp Humphreys) 영화관에서 주최된 인도 식 행사에서 제2보병사단 제2전투항공여단 제3항공지원대대 장병 들은 부사관 복무 신조를 복창하고 있다.

〈사진 _ 상병 김정일 / 제2전투항공여단 공보처〉



7월 10일, 제2보병사단 제2전투항공여단 사령관 윌리엄 테일러 대 령(Col. William Taylor)과 장병들은 세종시에서 주최한 개미고개 6.25 전적지 추모식에 참여하였다

〈사진 _ 병장 제스 스미스(Sgt. Jesse Smith) / 제2전투항공여단〉



7월 22일, 캠프 험프리(Camp Humphreys)에서 제2보병사단 제2전투항공여단 4-2항공대대 장병들이 워리어 스맥다운(Warrior Smackdown) 훈련에 참기

하여 위급상황 대비 기술 수행 능력들을 평가받았다. 〈사진 _ 상병 김정일 / 제2전투항공여단 공보처〉

Think Twice! 한 번 더 생각하고 행동하십시오!



인디언헤드 한글판 스태프 글꼴 배포처 아리따체 : AMOREPACIFIC 함초롱체 : 한글과컴퓨터 인디언헤드 한글판은 미 제2보병사단 카투사들을 위해 공보처에서 발행하는 미 국방성 공인신문입니다. 신문 내용은 미 육군의 의견과 다를 수 있습니다.

인디언헤드지는 일성 인쇄소에서 월간지로 발행됩니다. 취재 요청은 732-9132으로 전화 바랍니다.

사단소식

알리는 날이다.

대한민국에 도착한지 한 달 후, 2여단은 제1기갑전투여단, '강철 여단'과의 임무 교대식을 성공적으로 끝 맞췄다. 2여단은 앞으로 1여단을 대신하여 대한 민국을 지키는 주한미군의 일부가 되는 것이다.

교대식은 캠프 케이시에서 진행되었다. 제2보병사단의 인디언헤드 패치가 그려진 인디언헤드 필드에 두 부대가 입장하였고, 부대의 입장과 동시에 두 여 단의 지휘관들도 서로 만났다. 단상 위에는 미2사단의 신조인 '천하무적'이 걸 려있었다.

고 말했다.

공격을 억제하는 것이다.

한국에 주둔하는 미군 부대들은 앞으로 경계태세를 더욱 강화하고 북한과 한국 사이 비무장지대 근처 지역의 전투력을 강화시키기 위한 더 많은 노력을 할 계획이다. 개개인의 병사가 파병 해오는 것과는 달리, 한 부대 전체가 순환 한다는 점에서, 지휘관들은 완벽히 훈련된 부대를 지휘할 수 있다는 이점을 얻 게 된다.

한 달간, 여단 규모로 캘리포니아주 포트 어윈 (Fort Irwin)에서 모의 전쟁 을 치르는 등 작년 한해, 이번 여단 파병을 위해 준비했던 버나비 대령은 "한 반도에 처음으로 온 순환전투여단으로서 많은 책임감을 느끼고 있다"고 말했 다.

각한다"고 말했다.

했다.



정되었다.

의 식당에 대하여 포괄적인 검사를 진행하였다. 항상 이기는데 이유가 있다."고 말했다. 도 기대해 본다고 했다.

른 식당 간 경쟁력을 유지하기 위해서 모든 요리사들은 자신의 작품의 모든 면에 관하여 고도의 집중력을 들여야만 한다."고 헌터 상사는 덧붙였다. 3분기 최고의 식당으로 선정됨과 더불어 썬더 인의 장병 두 명은 이번 분기 의 사단 최고의 시니어와 주니어 요리사에 선정되었다.

제70 여단 지원 대대 소속된 큘러 K. 윈터스 병장(Sgt. Schuyler K. Winters)과 도르시아 A. 버질 상병(Spc. Dorthea A. Virgil)은 각각 개인의 공로를 인정 받아 육군공로훈장을 수여 받았으며 지휘부로부터 아낌 없는 칭찬을 받

았다.

2여만의 싸움이 시작된다

다. 1965년 7월 부터 한국에 주둔하여 한국군과 50년 이상 동맹관계를 유지 한 이후로, "오늘 밤 싸운다"라는 정신은 강철 여단 훈련의 초석이 되어왔다. 지금 이 전통은 강철여단의 연합 진지인 워싱턴주 루이스 맥콜드 (Joint Base Lewis-McChord)에서 2사단 역사의 새로운 장과 함께 2여단에게 전달된다. 버나비 대령은 "이번 임무를 위해 열심히 훈련해왔고, 그렇기에 우리는 오

늘 밤 싸울 준비가 되어있다"고 말했다. 2사단 사단장인 시어도어 "테드" 마틴 소장(Maj. Gen. Theodore "Ted"

Martin)은 이 역사적인 행사의 중요성을 거듭 강조했다. "강철여단은 … 우리 미육군에 그 어떤 여단보다도 훌륭한 모습을 50년이

라는 세월 동안 보여왔다"며 "어려운 시간 동안 자긍심을 갖고 남달리 뛰어난 모습을 보여온 이들을 예하 부대로 둘 수 있어서 자랑스러웠다"고 말했다. 캠프 케이시를 두르는 산줄기를 따라 메아리치는 포성과 함께, 강철 여단과

블랙잭 여단의 지휘관들은 그들의 부대 기수를 중앙으로 이끌었다. 사령관의 지시에 맞춰, 블랙잭 여단이 그들의 깃발을 펼치는 동안 강철 여

단의 지휘관들은 천천히 그들의 깃발을 접어 보관했다. 이제 블랙잭 여단이 다 시 한 번 한국의 수호자로 부를 수 있는 영광스러운 반열에 올라선 것이다.



<기사 및 사진 _ 하사 존 힐리 / 제1기병(기갑)사단 2여단 공보처 번역 _ 상병 이서원 / 제1기병(기갑)사단 공보처>



오늘은 블랙잭 여단인, 제1기병(기갑)사단 제2여단에 있어 새로운 시작을

2여단 지휘관인 션 버나비 대령 (Col. Sean Bernabe)은 "50년의 공백을 두 고, 블랙잭 여단이 다시 대한민국으로 돌아왔다"며 "옛날에 조선을 뜻했던 조 용한 아침의 나라에 블랙잭 여단의 깃발을 다시 펼칠 수 있게 되어 영광이다"

2여단은 앞으로 2사단의 전투여단으로서 지원하게 된다. 또한 앞으로 9개 월 동안 여단의 임무는 대한민국의 국민을 수호하고 외부로부터 받을 수 있는

버나비 대령은 또한 "전사 사단 (Warrior Division)의 일원이 되어 우리가 한국군 장병들과 여러 중요한 임무를 수행할 수 있게 된 점을 영광이라고 생

강철 여단의 지휘관인 메튜 아익버그 대령(Col. Matthew Eichburg)은 블 랙잭 여단이 대체한다는 결정을 적극적으로 수용하고 지지했다.

아익버그 대령은 "순환 여단 계획에 적극적으로 동감한다"며 "미국이 한국 에 보일 수 있는 최대의 헌신이 이번 블랙잭 여단을 보내면서 나타났다"고 말

강철 여단이 남기고 간 군인 정신은 "오늘 밤 싸운다 (Fight Tonight)"이

썬더 인, 2사단 최고 식당으로 선정되다

윈터스 병장에게 이번 업적은 단지 최고로 인정 받은 것 뿐만이 아니라 지 난 분기 최고의 요리사 경쟁에서 2등에 그친 아쉬움을 달래는 기쁜 일이었다. 덴트 중사는 "두 장병은 이어서 이번 분기 8군 최고의 요리사 경쟁에 참여 했다. 윈터스 병장은 최고의 시니어 요리사 칭호를 얻었으며 버질 상병은 최고 의 주니어 요리사 부문에서 2등을 차지하였다."고 말했다.

마틴 소장은 윈터스 병장과 버질 상병 그리고 썬더 인 운영 장병들에게 " 훌륭한 일을 해낸 여러분에게 박수를 보냅니다."며 "제가 이 프로그램을 이어 받게 돼서 정말 흥분이 되고 앞으로 한 단계 더 발전 시키겠습니다.



지속적으로 훌륭한 요리를 선보인 제210포병여단은 7월 8일 캠프 케이시 에 위치한 '썬더 인 디팩' (Thunder Inn Dining Facility)에서 열린 시상식에 서 제2보병사단(연합) 그리고 1지역대의 2015년 3분기 최고의 식당으로 선

시어도어 마틴 소장 (Maj. Gen. Theodore D. Martin) 과 앤드류 스패노 사 단 주임원사 (Command Sgt. Maj. Andrew J. Spano) 는 시상식에 참석하여 식당의 총 책임자인 크리스토퍼 덴트 중사 (Sgt. 1st Class Christopher Dent) 에게 총 2500불에 달하는 수표와 1등상인 금 접시를 수여하였다.

여단의 선임 식단 관리 부사관인 니아 헌터 상사 (Master Sgt. Nia Hunter) 에 의하면 8개 부대 식당이 경합에 참여하였고, 사단의 음식 서비스 팀이 각각

스패노 주임원사는 "이는 우리 썬더 여단 (210 포병여단)의 사기를 진작시 키고 장병들이 부대 식당이 어떤 일을 하는지 이해할 수 있게 하기 때문에 매 우 중요하다,"며 "식당 앞에는 2014년 최고 식당이라는 간판이 있다. 그들이

올해 들어 썬더 인은 사단 최고의 식당 칭호를 3 번 중 2번을 차지였다. 이 업적을 발판 삼아 헌터 상사는 썬더 인의 2 년 연속 올해의 식당(DFAC) 선정

헌터 상사는 "우리는 항상 음식 서비스 담당하는 병사들에게 최고를 향해 도전하고 능동적으로 업무에 임하라고 합니다"며 "병사들은 전문성을 갖추 고 있으며 매일 매일 훌륭한 서비스를 제공하기를 원한다."고 말했다.

"썬더 인은 자긍심과 규율에 기반하여 운용되며 장병들의 성과는 매 끼가 제공되면서 함께 분석이 된다. 국가의 수호자들에게 최고 양질의 서비스와 다

의무병,실전과 같은 훈련에 임하다



미군에서 의료 전문병은 흔히 의무병 혹은 야전 의무병이라는 이름으 로 많이 알려져 있다

이 장병들은 응급구조사로서 모든 직무를 수행하고 쏟아지는 포탄 속 에서 조차 더 숙련된 치료를 할 수 있도록 훈련받는다. 업무는 어렵고 치 열하며, 그렇기 때문에 그들의 훈련은 이런 격렬함을 여과 없이 보여준다 제1기병(기갑)사단, 제2기갑전투여단, 1-9기갑대대 예하 찰리 중대 소

속 헨리 팬토하 일등상사(1st Sgt. Henry Pantoja)는 고기동성 다목적 차량의 무전기를 통해 정확한 절차를 걸쳐 헬기 수송 요청을 한다. 전차 포탄이 M113 병력 수송 장갑차 근처를 포격해 네 명의 장병들이 상처를 입었기 때문이다. 이것은 곧 훈련의 시작을 알리기도 한다

2분 안에, 야전용 구급차로 쓰이는 두 번째 험비(HMMWV)가 파손된 M113 주변에 흩어져있는 부상자들을 향해 질주한다. 하얀 바탕에 칠해 진 빨간색 십자가가 매우 선명하다. 마침내 의무병들이 현장에 등장한 것 이다.

1-9기갑대대 연합부대진료소에서 근무하는 메릴랜드주의 하노버 출신 인 24살 의무병 레온 조나스 상병(Spc. Leon Jonas)은 "우리의 일은 스 위스 군용 칼(다양한 연장이 갖추어진 다목적 칼)과 같다,"며 "간단한 일 부터 시작해 극심한 상황까지 모든 것을 해결한다"고 말했다.

이런 종류의 훈련이야말로 그가 말하는 '고된 시련' 이라고 할 수 있다 조나스 상병은 먼저 가장 가까운 부상자에게 달려간다

조금 전까지만 해도 웃으며 가짜 피를 전투복에 칠하던 부상자는 조나 스 상병에게 매달리며 비명을 지르기 시작한다. 그는 그녀에게 자신들이 돌볼 테니 아무 문제 없을 것이라고 지속적으로 안심시킨다. 그의 시선은 병사의 부상 입은 다리 위를 조이는 야전용 압박대로 향한다. 안타깝게 잘 려나간 다리는 몇 미터 밖에 놓여 있었다.

조나스 상병은 부상자를 들것으로 옮기기 위해 그의 동료이자 또 다른 의무병인 웨슬리 기븐스 상병(Spc. Wesley Gibens)에게 도움을 요청한 다. 그들은 래칫 혁대를 이용해 그녀를 고정시켜 떨어질 시 추가로 발생할 약 그 상황에 부닥쳤을 때 내가 받고 싶을 치료를 하는 것이 목표다."고 수 있는 부상을 예방한다. 구급차에 옮기기 전, 조나스 상병은 그녀의 개 덧붙였다. 인적 물품들, 헬멧, 안경과 잘린 다리를 그녀의 옆에 잘 포개어 넣는다.

조나스 상병은 "훈련이 실전적이지 않다면, 그건 훈련이라 할 수 없 다,"며 "이런 훈련들을 통해 나는 더 발전해 나아갈 점들을 인식하고 더 욱 뛰어난 의무병과 후송 팀장이 되기 위해 무엇을 해야 하는지 알 수 있 다"고 말했다. 그는 또한 "훈련을 통해 나는 더욱 뛰어난 지도자로 거듭 날 수 있다"고 덧붙였다.





구급차에 실고 나면, 이제 진료소로 향할 차례였다. 도착 후 부상자들 은 조심스럽게 내려져 임시 간이진료센터로 옮겨져 치료를 받는다. 필요 할 경우, 그들은 더 나은 시설이 갖추어진 병원으로 후송된다. 진료소의 지정된 간호사의 지도에 따라 의무병들은 급히 움직이기 시작한다.

텍사스주, 산 안토니오 출신 의무병인 크리스티나 수아레즈 일병(Pfc Christina Suarez)은 환자가 도착하면 그들의 상태를 확인한다. 많은 환 자를 거쳐 갈 수록 그녀의 손은 점점 더 피에 물들어 간다. 들것 아래에 조그만 피 웅덩이가 형성되기 시작했다.

수아레즈 일병은 그녀의 손을 가리키며 "이건 가짜 피"라며 "모두 사 실적인 훈련을 위한 설정이다"고 말했다

그녀와 함께 일하는 이는 사우스캐롤라이나주, 로프톤 출신 제커리 아 이서 일병(Pfc. Zachary Iser)으로 전직 소방관이다. 그는 전문적인 소방 관으로서의 이력을 더욱 경쟁력있게 만들기 위해 의무병으로 미군에 입대 했다고 설명했다.

아이서 일병의 환자는 호흡 곤란을 겪고 있었다. 인공 기도를 투입하는 것은 도움이 되지 않았다. 그러므로 간호사는 아이서 일병에게 윤상갑상 막절개(환자의 목을 통해 기도를 확보하는 수술)를 지시한다. 환자가 스 스로 숨을 쉴 수 있게 되자, 그는 환자를 가까운 병원으로 헬기로 수송할 준비를 했다.

아이서 일병은 "간호사의 허가만 있으면 어떤 치료든지 할 수 있다,"며 "우린 예비 의사나 다름없다"고 말했다.

마지막 부상자가 수송 헬기로 옮겨져 후송할 준비가 끝났다. 비록 이제 환자가 더 없었지만, 후끈 달아올랐던 열기는 쉽게 가시지 않았다.

아이서 일병은 "오늘은 대량 사상자 훈련이었다,"며 "훈련관들은 지나 치게 많은 환자와 심각한 부상들로 우리를 시험했다"고 말했다.

그는 마지막으로 "당연히 아직 배워야 할 점이 많다,"며 "완벽할 수는 없지만 적어도 모든 환자를 위해 완벽할 수 있도록 노력을 해야 한다. 만

만화

사단소식



인디언헤드 5 2015년 8월



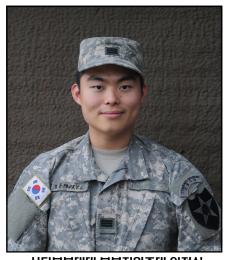
이디언헤드 2015년 8월

인디언헤드가 만난 사람들 "나만의 스트레스 해소법은?"



사단본부대대 본부지원중대 의전실 의전병 상병 강명곤

저는 스트레스를 해소하기 위해 기타를 치거나 운 동을 합니다. 고1 때부터 기타를 배웠는데 좋아하는 노래를 듣고 직접 치면서 따라부르면 힘든 일도 다 잊게 되고 그동안 쌓였던 스트레스가 모두 날아가는 기분이 듭니다. 마침 본부지원중대에 기타를 잘 치는 장병들이 많아서 조금씩 더 배워가는 중입니다. 또 한, 운동을 하고 나면 스트레스가 풀립니다. 힘든 운 동을 많이 좋아하는 편은 아니지만, 같이 운동하는 사람들과 억지로라도 하고 나면 성취감도 들고 저녁 에 더 푹 잘 수 있어서 스트레스 해소가 됩니다. 일찍 자는 덕에 다음 날 아침에 상쾌하게 일어날 수 있어 서 더욱 효과를 보고 있습니다. 전역 후에도 기타 연 주와 운동을 통해 육체적인 스트레스뿐만 아니라 정 신적인 스트레스 해소도 계속해나갈 생각을 하고 있 습니다.



사단본부대대 본부지원중대 의전실 의전병 상병 박영준

저는 좋아하는 가수들의 노래들과 웹툰을 찾아보 면서 스트레스를 풀곤 합니다. AOA나 걸스데이 등 의 신곡이 나오면 짬이 나는 대로 찾아보는 편입니 다. 역시 군인들에게는 여자 아이돌 그룹의 무대만 한 자양강장제는 없는 것 같습니다. Avicii 나 David Guetta 의 EDM 노래를 들으며 리듬에 몸을 맡기기 도 하고, 예전에 많이 듣던 가수들의 노래들을 들으 며 향수에 젖기도 합니다. 평소보다 자유시간이 많으 면, 음악 대신 웹툰을 읽기도 합니다. 최근 1년간 웹 툰을 끊었더니, 볼 게 많아서 행복합니다. 이처럼 스 트레스 해소 방법은 무궁무진하지만, 역시 최고는 그 리운 친구들과 가족들과 연락을 할 때, 그리고 만나 서 함께 시간을 보내는 것 같습니다. 소중한 사람들 과 나누는 별것 아닌 것 같은 대화가, 너무나도 감사 하고 소중하게 느껴집니다.



사단본부대대 본부지원중대 의전실 의전병 일병 김종현

저의 스트레스 해소 방법은 '잠자기'입니다. 의 아해하실 수도 있지만, 저는 잠을 자는 것을 통해 힐링을 합니다. 아무리 스트레스받는 일이 있어 도 잠을 자고 일어나면 마치 꿈에서 있던 일 같이 느껴지며 객관적으로 그 상황을 파악할 수 있게 됩니다. 하지만 만약 잠자기 만으로 해결되지 않 는 일이라면 저는 더욱 심화된 '밥 먹고 자기'를 실천합니다. 인간의 3대 욕구인 식욕, 성욕, 수면 욕 중 가장 큰 욕구인 수면욕과 식욕을 채우게 된 다면 아무리 힘든 난관도 쉽게 느껴지며 편안함 과 안정감을 느낄 수 있게 됩니다. 물론 다이어트 를 하시는 분이라면 먹고 잤다는 죄책감으로 인 해 또 다른 스트레스를 받을 수도 있다는 점을 유 의해야 할 것입니다.



기획

기획

사단본부대대 본부지원중대 의전실 의전병 일병 박세민

저는 노래를 들으며 스트레스를 해소합니다. 노 래의 멜로디, 가사 등에 집중하다 보면 스트레스가 술술 녹아내리는 것 같습니다. 제가 노래를 듣는 방법은 이렇습니다. 토요일이 되면 9시에 일어나 밥을 먹고 10시까지 도서관으로 갑니다. 빈자리에 앉은 후 컴퓨터를 켜고 유튜브로 노래를 듣습니다. 최근에 들은 노래로는 제임스 블런트의 '기브 미 섬 러브'와 톡 패티의 '프리 폴링' 등이 있습니다. 저는 한 번 마음에 든 노래는 질릴 때까지 계속 듣 는 편인데, 듣다가 가수에 대해 혹은 뜻이 파악되 지 않는 가사에 대해 찾아봅니다. 그러면 노래가 더 깊게 와 닿습니다. 이 때문에 노래를 다양한 방 면에서 풍부하게 느낄 수 있고, 노래 자체도 더 기 억에 남고, 질리지 않고 더 오래 들을 수 있게 되는 것 같습니다.

정도로 뛰어난 업무 능력과는 거리가 멀었지만, 워낙 착 한 마음씨를 가진지라 저희에게 자주 치킨을 사주었습 니다. 지금도 가끔 아침마다 NCO로서의 긍지를 지키기 위해 힘든 pt를 하다 뒤처져서 힘들어하곤 했던 데지노 어 병장의 모습이 떠오릅니다. 그래도 심성만은 누구보 다 고운 성격 미녀였습니다.

> 인- 입대한 뒤 지금까지 가장 허무했던 하루는? 백- 제가 전입하고 얼마 되지 않아서의 일입니다. 외빅 에서 일찍 복귀하여 맞후임인 신병을 맡기로 했던 주였 는데 마침 이런저런 일이 겹쳐서 일요일 오후 외박 복귀 시간에 딱 맞춰서야 도착했습니다. 당연히 부대에서는 난리가 났습니다. 일찍 복귀하기로 했던 이병이 도착하 지 않으니까 맞선임들은 패닉에 빠졌고 선임병장들은 화가 머리끝까지 났습니다. 도착해서는 당연하게(?) 혼 이 났고 얼차려를 받았는데 지금 생각해보면 그 정도로 끝난 것이 다행인 것 같습니다. 신병 때 개념이 없는 행 동을 많이 하고는 하지만 그 최고봉을 제가 직접 하게 될 줄이야… 지금도 생각하면 모골이 송연한 이야기였습니

인- 전역 후 꼭 한번 다시 보고싶은 부대원은?

백- 전역 후 많은 사람들을 다시 보고싶겠지만 저 때문 에 고생한 섹션 맞선임들이 가장 보고 싶을 것입니다. 저 에게는 두 명의 섹션 맞선임이 있었는데 각자 스타일은 다르지만 훌륭하게 근무했고 배울 점이 많은 선임이었 습니다. 제가 연락을 자주하는 편이 아니지만 시간이 되 면 꼭 연락해서 다시 만나고 싶습니다!

인-중대원들에게 한 마디 부탁드립니다.

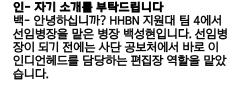
백-맨 처음 선임병장 패치를 받으며 모두가 마음으로 따를 수 있는 선임병장이 되고자 했는데 아직 충분치 못 한 것 같습니다. 딱히 잘 한 것이 없어서 아쉬우면서도 생각해보면 그동안 부대원들을 위해 참 열심히 일했습 니다. 부족하지만 더 노력해서 모두가 행복한 중대를 민 들었으면 좋겠습니다. 말썽 하나 일으키지 않는 착한 팀 4 부대원들 너무 고맙고 PAO항상 수고가 많다! HHBN 파이팅!



이번 호의 주인공은 사단본부대대 본부지원중 대 의전병 서정훈 상병과 여자친구 배기현 양입 니다. 〈인디언헤드는 사랑을 싣고〉는 여러분의 참여 로 이루어집니다. 게재를 바라시는 분은 미 2사단 공보처 카투사 메일 2idkoc@gmail.com 또는 732-9132로 연락 주시기 바랍니다.



1773년 영국 제국이 제국 유지비용의 상 당수를 아메리카 식민지에서 충당하려고 한 것이 미국 독립 운동의 발단이 되었다. 이러 한 영국 제국의 결정은 아메리카 식민지의 대표들의 참여 없이 이루어졌기 때문에 13 개 식민지는 대표의 참여 없는 세금 부담은 무효라고 주장하였다. 영국 제국과 13개 식 민지의 대립은 결국 전쟁으로 치달아 1775 년 양 군대의 첫 전투인 렉싱턴 콩코드 전투 투로는 벙커힐 전투, 보스턴 공방전, 새러토



인- 부대소개를 부탁드립니다

백- 저희 HHBN 지원대는 사단본부대대의 본부지원중대와 찰리중대를 함께 관리하는 지원대입니다. 본부지원중대에는 사단과 대 대의 행정업무를 총괄하는 여러 부서들이 포 함되어 있으며 찰리중대에는 사단의 통신을 담당하는 부서가 있습니다.

인- 여태까지 군대에서 가장 기억에 남는 에피소드는?

백- 제가 근무했던 PAO 에는 주말마다 돌아 가며 인터넷으로 기사를 확인해서 2사단과 관련된 뉴스가 있으면 번역하여 보고하는 업 무가 있습니다. 그런데 한 번은 제가 담당하 는 주말에 포천에서 탄피 추락 사고가 있었 습니다. 2사단과 관련된 중요한 사안이었는 데 저는 전날의 과음으로 인해 세상모르고 쿨쿨 자고 있었고 갑자기 듀티폰으로 소령에 게 전화가 왔습니다. 저는 부랴부랴 일어나 서 몇 시간 동안 새로 올라오는 기사마다 번 역해서 보고서를 작성했습니다. 그리고 그 다음 주, 갑자기 중령이 저를 따로 보자고 히 길래 저는 '올 것이 왔구나. 조금만 혼났으면 좋겠다.' 생각했는데 저에게 PAO 코인을 주 는 겁니다. 알고보니 제가 급박한 상황에서 큰 도움이 됐다고 상을 주기 위해 불렀다고 했습니다. 조금 어안이 벙벙했지만, 기분 좋 은 일이었습니다.

백- 지금까지 가장 기억에 남는 미군은 제가 PAO 에 처음 왔을 때 같이 근무했던 데지노 어 병장 (Sgt. Desinor)입니다. 데지노어 병 장은 친근한 인상과 육중한 몸의 소유자로 저희는 항상 '흑누나'로 부르곤 했습니다. 카 투사에게 컴퓨터로 파일 옮기는 법을 물어볼



인- 지금까지 군생활 중 가장 기억에 남는 미군은?

인디언헤드는 사랑을 싣고

To 기현에게

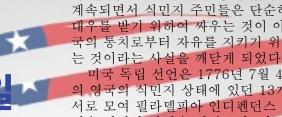
기현이한테 편지 쓰는 게 처음이네…. 바쁘고 힘든 군 생활 중이어서 기현이가 몇 번이나 써줬는데도 시 간이 없어서 못 썼어. 그 와중 이런 좋은 계기를 통해 처음 쓰는 편지가 특별한 추억으로 남을 수 있게 돼 서 무척 기뻐. 입대하기 전에 군 생활하면서 심심하거 나 외롭지 않을까 걱정했는데 다행히 기현이를 만나 서 한 주 한 주가 즐겁고, 기대되고 무엇 보다 좋은 추 억이 돼서 매우 좋아. 나 만나러 거의 매 주말마다 왕 복 3시간 이상 걸리는 거리를 와줘서 정말 고마워. 요 즘은 방학이라 그렇다 해도 대학교 다닐 때는 얼마나 힘들었을까… 앞으로는 내가 기현이동네로 더 자주 다닐게. 사귄 지는 곳 200일, 만난 지는 어느덧 1년이 돼가는데 처음 만났을 때부터 몇 개월 동안 나한테 철벽 치는 거 안 힘들었어? 만나자고 해도 괜히 안 민 나주고 친구 핑계, 가족 핑계 대면서 사람 화나게 하 고…. 그때 내가 노력 안 했으면 어떡하려고 했어?ㅋ ㅋ 그때 내가 포기 안 한 게 참 다행이라고 생각해. 우 리가 이때까지 사귀면서 내가 본의 아니게 기현이 속 도 많이 썩였지만, 앞으로는 기현이 더 많이 챙겨주고 좋아해 주고, 아껴줄 거니까 이때까지 서운했던 거 다 잊고 지금처럼 나만 바라봐줘! 대학교 홍보 때문에 여름방학도 제대로 즐기지 못하고 있을 텐데 원하는 거 다 해줄 테니까 주말에 하고 싶은 거나 먹고 싶은 거 있으면 바로바로 얘기해줘. 이렇게 동기들. 선임들 그리고 후임들이 읽게 될 편지를 쓰려니까 많이 쑥쓰 러럽지만 그래도 나중에 뒤돌아보면 우리 둘만의 좋 은 추억이 될 거라는 생각에 쓰고 있어. 나같이 부족한 남자의 여자친구가 되어줘서 고맙고, 내게는 너무 과 분한 여잔데도 나를 이렇게 좋아해 주는 것도 고마워. 앞으로도 언제까지나 예쁜 사랑 하자! 사랑해

From. 정훈

To. 정훈에게

마이훈 안녕~ 막상 편지 쓰려니까 무슨 말부터 시작해야 할 지 모르겠어. 그래도 이렇게 특별한 추 억도 생기게 돼서 정말 좋아♡. 오빠 만날 수 있게 해준 분들에게 정말 고마워하고 있어. 이제 조금만 더 지나면 우리가 만난 지 1년이 다 되어가네♡. 일 주일에 한 번씩 오빠 기다리다 보니까 시간이 되게 빨리 가는 거 같아. 우리가 사귀는 동안 내가 화도 내고 여러 가지 일도 있었지만 그럴 때마다 항상 진 심으로 내 생각해주고 든든하게 지켜줘서 정말 고 마웠어 오빠. 아마도 그래서 내가 오빠를 믿고 의지 하는 거 같아. 앞으로도 변치 말고 지금처럼 쭈욱 좋 아해 줘야 해♡. 예전에 말한 적 있지만, 가족들과 친구들이 멀리 떨어진 곳에서 외롭게 군 복무 하느 라 힘들 텐데 위로해주고 힘이 되어줘야 하는데 그 게 가끔 잘 안될 때도 있어. 내가 이렇게 투정부리 고 오빠 마음 아프게 하는 말 한 번씩 하지만 그래 도 내가 오빠 엄청 생각하고 아끼는 거 알죠. 어른 스러운 줄 알고 속아서 만났는데 맨날 땡깡이나 피 우고 길 잃어 먹고 넘어지고 모자란 나 지금까지 예 뻐해 주고 사랑해주느라 매번 고마워 오빠. 나도 앞 으로 오빠가 마음 편하게 찡찡거리고 속상한 일 털 어놓을 수 있는 여자친구가 될게♡. 제대까지 남은 기간 동안 선후임 그리고 동기분들이랑 화이팅 하 고 나랑 좋은 곳 가고 맛있는거 먹고 추억 많이 많 이 만들면서 남은 군 생활 보내자! 내 남자친구여서 고맙고 사랑해!♡.

From. 기현





독립기념일은 239년 전 1776년 7월 4일 미국이 독립선언문에 서명한 날을 기념하는

가 전투, 요크타운 전투 등이 있다. 전쟁이 계속되면서 식민지 주민들은 단순히 더 나은 대우를 받기 위하여 싸우는 것이 아니라 영 국의 통치로부터 자유를 지키기 위하여 싸우

미국 독립 선언은 1776년 7월 4일 당시 의 영국의 식민지 상태에 있던 13개의 주가 서로 모여 필라델피아 인디펜던스 홀에서 목 립을 선언한 사건을 일컬으며, 이 사건은 미 국 독립선언문에 기록되어 있다. 미국 독립 선언은 식민지인의 불만을 상세히 기술하고, 다수의 혁명이론을 집약하였다. 식민지인에 게 "자연법과 자연의 신의 법이 부여하는 지 및 인간이 "창조주로부터 부여받은' 리에 주의를 환기시키고 있다. 또한, 독립 선 언 전문은 독립전쟁을 정당화하는 자연법이 론의 영향을 강력히 반영하고 있다. 독립전 쟁의 결과 미국의 승리로 1783년 파리 조약 이 체결되었고 영국 제국은 미국의 독립을 인정할 수밖에 없었다.

독립기념일은 미국의 연방 공휴일로 매 년 7월 4일이고 대부분의 미국 국민은 이를 "Fourth of July(7월 4일)"라고 부른다. 리기념일은 가족들이 야유회를 가기도 하고, 많은 기념 퍼레이드가 벌어지는 날이다. 또 밤에는 각종 연주회와 불꽃놀이 등의 행사들 이 펼쳐진다. 독립기념일에는 현중일이나 다 른 공휴일과 마찬가지로 미국 국기를 흔드는 경우가 많다. 이날 낮에는 애국적 연설이 낭 가 벌어지게 되었다. 이 기간 동안의 주요 전 독되는 기념식이 있고 가족들이 야유회를 가 👔 면 여러 단체에서 지역사회 별로 행사를 진

행한다. 다른 공휴일과 달리 미국 국민은 독 립기념일을 단순히 쉬는 공휴일로 여기지 않 고 각종 행사에 참여하고 독립기념일의 참 의미를 되새기는 시간을 보낸다

독립기념일을 기념하는 한 예로, 아틀란타 에서는 독립기념일을 기념하는 의미에서 시 작된 마라톤 대회가 45년째 열리고 있다.

한편, 올해 한국에서는 미국 독립기념일 을 기념하기 위해 캠프 워커(Camp Walker) 에서 불꽃축제를 개최하였다. 일반 시민들도 전망대에서 불꽃축제를 감상하면서 독립기 념일을 기념하였다

