

Vol. 62, No. 29 July 23, 2015

www.army.mil/jbmhh

Published For Joint Base Myer-Henderson Hall

Happy 50th, ACS!



By Julia LeDoux Pentagram Staff Writer

Editor's note: July 25 marks 50 years of "real life solutions for successful Army living" as Army Community Service celebrates this momentous occasion. We at the Pentagram congratulate and thank our JBM-HH ACS staff members, past and present, for their hard work and commitment to helping service members and families adapt and embrace the challenges of military life.

Half-a-century has never looked so good!

Army Community Service was designed to provide a framework for the operation of a viable system of social services within the Army community and was "born" July 25, 1965, when Gen. Harold K. Johnson, then-Army chief of staff, sent a letter to all commanders announcing

see ACS 50TH, page 4

<image>

PHOTO BY NELL KING

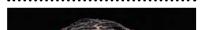
Photographs, news clippings and other memorabilia documenting the history of Army Community Service programs and events adorn a display table during a July 8 open house for current and former Joint Base Myer-Henderson Hall ACS employees at the Fort Myer portion of the joint base. The event was part of ongoing celebrations of ACS' 50th birthday.

ACS at 50: Meet your JBM-HH ACS staff

Courtesy of JBM-HH ACS



and debt management, consumer advocacy, financial classes and information on investing. Leonard says he loves the fact that he is able to provide the community with a service that enables them to enrich their lives and develop financially sound principles that allow them to have a better quality of life.



Community Service. The Washington, D.C., native and U.S. Army veteran spends her time and efforts helping service members, their families, and those within the community to prepare for and navigate the challenges that come with military life and living within a military community specific to being located in the National Capital Region. The ACS Information and Referral Program provides provided to people over the years. She takes pride in being able to help others as much as possible, even after they have moved on to bigger and better opportunities. She says that taking care of and giving back to the community is what ACS is all about.



News Notes

ACS Birthday Bagels

Joint Base Myer-Henderson Hall's Army Community Service will host a birthday bagel event July 24, 8 to 10 a.m. at Bldg. 201 on the Fort Myer portion of the joint base in recognition of ACS' 50th anniversary. Come join ACS employees and other JBM-HH community members in celebration of 50 years of ACS programs and services in

Leonard Toyer Financial Readiness Program manager

Leonard Toyer is the Financial Readiness Program manager at JBM-HH's Army Community Service. He is originally from Brooklyn, N.Y., has worked at ACS for over 13 years, and retired from the Army after more than 26 years of service. The Financial Readiness Program provides basic financial services to the community in the form of financial counseling, budgeting



PHOTO BY NELL KI

Carla Moss Information and Referral/ Outreach Program manager

Carla Moss is the Information and Referral/Outreach Program manager at JBM-HH's Army

extensive resource listings and assistance on just about any topic in the surrounding military and civilian community. Through the I&R program, Carla is the single contact point for information regarding military and civilian community resources to assist with individual, family, and community concerns. Carla participates in outreach efforts at local events, manning information tables, giving community briefings on ACS services, and works with units in the NCR as their unit service coordinator. Carla says that she loves to be able to assist those in the JBM-HH community by using solid resources that she has

Kathy Feehan Army Volunteer Corps Program manager

Kathy Feehan is the Army Volunteer Corps Program manager at JBM-HH's Army

see MEET ACS, page 4

support of the Soldier and Army Families. The event will include historic ACS memorabilia, including photos, static displays and informational material. For more information, call 703-696-3435.

Celebrating 120 years of service

Military shoppers can help the Fort Myer Exchange celebrate 120 years of family serving family. Festivities on July 25 include a cake cutting and refreshments at the Exchange from 11 a.m. to 1 p.m.; gift bags for the first 100 customers; a chocolate sampling at noon; snack club tasting at 12:30 p.m. and much more.

Summer time electricity

conservation crucial

The Directorate of Public Works asks Joint Base Myer-Henderson Hall personnel to conserve electricity at all times, but especially during days when high, predicted temperatures are likely to tax the power grid. Public Works personnel ask everyone to voluntarily turn off lights and computer equipment when

see NEWS NOTES, page 4



By Damien Salas Pentagram Staff Writer

Over 400 volunteers representing the National Association of Landscape Professionals descended upon Arlington National Cemetery July 20 for the 19th Annual Renewal and Remembrance event.

This year, volunteers from 30 states donated time and equipment to spruce up approximately 200 acres of the hallowed grounds, despite temperatures over 90 degrees Fahrenheit. Work done on the hazy July morning included the installation of lightning protection and cabling on nine historic trees, liming and aerating turf and updating irrigation systems.

A group of over a dozen children volunteers planted flowers throughout the cemetery as well.

In the James R. Tanner Amphitheater, Sen. Kelly Ayotte

see ANC, page 4

Young volunteers plant flowers during the National Association of Landscape Professionals 19th Annual Renewal and Remembrance event in **Arlington National Cemetery** July 20. Over 400 landscape and lawn care industry professional volunteers from 30 states installed lightning protection and cabling on nine historic trees, limed and aerated turf, planted flowers and updated irrigation systems in ANC.



PHOTO BY DAMIEN SALAS



ACS through the years

1967

1965

Service to the community



CARSON ARMY COMMUNITY SERVICE the Financial Readiness Program news article. in 1984 and the Installation Volunteer Coordinators in 1985. In this image, A military spouse and her children visit the Army **Community Service center at Fort** Carson, Colo., in 1970. ACS centers today still provide resources and services to meet the diverse needs of military family members, including financial readiness, new parent support, information referral, volunteer services and deployment readiness.

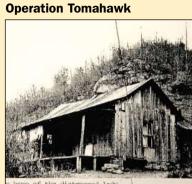
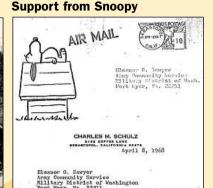


PHOTO COURTESY FORT KNOX ACS

Army Regulation 608-1 was pub- In a 1967 mission called "Operation lished Nov. 19, 1965, regulat- Tomahawk," Fort Knox Army ing the Army Community Service Community Service Chief, Maj. program, and the first ACS centers Raymond M. Marsh, and a phowere stood up on Army installa- tographer traveled via helicopter tions. Following the end of Vietnam, to a military spouse's cabin home ACS would add more programs to in Tomahawk, Ky., to make her help meet evolving needs, includ- a military identification card. The ing the Family Advocacy Program, mission is one of the first publicized Budget Counseling and Relocation stories of ACS's commitment and Assistance programs in 1978, service, according to a U.S. Army

L968



nly may have my permission to on your "Maibing Wives" circular I am flattered that you should wish to do as



In April of 1968. Peanuts cartoon creator Charles M. Schulz gave written permission to Military **District** of Washington ACS's Eleanor G. Sawyer to use his cartoon character Snoopy as part of a "Waiting Wives" circular. Waiting Wives was an ACS program established to provide support to spouses of deployed service members. The program evolved to include support to all family members of deployed service members, and was renamed "Hearts Apart."





COURTESY JBM-HH ACS ACS established this program originally as the "Handicapped Dependents Program" in the 1970s. Of course, the name was later changed, but the mission remained the same: to provide comprehensive and coo<mark>rdinated services to</mark> special needs military families. The program was later expanded with 2007's EFMP Respite Care program and 2009's EFMP Systems Navigators Program. As with many other ACS Programs, EFMP focuses on supporting family needs. Both active with ACS programs through-ACS and Marine Corps Community Services Henderson Hall's Family Team Building office offer programs to help military families learn skills and behaviors to enhance family resiliency and readiness.

1981 The Mother of ACS



COMMUNITY SERVICE

Lt. Col. Emma Marie Baird, right, often referred to as the "mother of Army Community Service," visited the West Point Army Community Service center in 1981. After her retirement in 1968, Baird remained out the country.

1983

Army Family Action Plan



OFFICIAL U.S. ARMY PHOTO

ACS incorporated the Army Family Action Plan as a means of providing Soldiers, families, retirees and Army civilians a means to improve standards of living by "identifying issues and concerns for Army Senior Leadership resolution," according to MyArmyOneSource. Since the program's inception, some 695 AFAP issues drove 128 pieces of legislation, made 186 Army and DoD policy changes, and helped spur 210 improved programs and services, according to a U.S. Army ACS infographic.





OFFICIAL U.S. ARMY PHOTO In 1993, ACS incorporated Army Family Team Building as a means to train family members in self-reliance and to help them understand Army culture. In this photo, Fort Benning **Employment Readiness Program** staff member Stacey Delgado provides a spouse tips on how to improve her career resume, Sept. 10, 2009, at Fort Benning, Ga.

2009 Survivor outreach, Family assistance



In 2008, ACS launched Survivor **Outreach Services, a program** designed to provide support specifically to family members of deceased active duty service members, allowing survivors to remain part of the Army family as long as so desired. ACS also launched the Soldier and Family Assistance Center initiative, facilities designed to support wounded warriors and families; there are 25 Soldier and Family Assistance Centers across the Armv todav





Former Army Community Service Volunteer Supervisor Blanche Glymph gives remarks during the ACS Volunteer Recognition luncheon Nov. 13. 2012, in Spates Community Club on the Fort Myer portion of Joint Base Myer-Henderson Hall. Before passing away in October 2013 at the age of 98, Glymph was recorded as ACS' longest-standing volunteer, racking in nearly five decades of volunteer service for the organization. In 2014, more than 125,500 ACS volunteers gave some 2.4 million hours of volunteer service for military family-related events and programs, according to

a U.S. Army ACS infographic.

Real-life solutions for successful Army living



HOTO BY ANDREW FRAZZANO

Staff from the Joint Base Myer-Henderson Hall Army Community Service office pose for a photograph outside the ACS building (Bldg. 201) on the Fort Myer portion of JBM-HH June 24. July 25 marks the 50th birthday of ACS, started under Army Regulation 608-1, and was first published Nov. 19, 1965. On July 25, 1965, then-Army Chief of Staff Gen. Harold K. Johnson sent correspondence to all major commanders announcing the approval and establishment of ACS, according to the ACS website.



happy 50th birthday Army Community Service!



Let's chat...How has **Army Community Service** helped you over the years?

Let us know online at: facebook.com/jbmhh or @jbmhh on Twitter

#ACS50

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PENTAGRAM

Community

Thursday, July 23, 2015 3

Mount Everest comes to JBM-HH

By Julia LeDoux Pentagram Staff Writer

Children attending Vacation Bible School on Joint Base Myer-Henderson Hall had the chance to experience Mount Everest July 13-17, and they didn't have to leave the continental United States to do it.

"For me, it's so much fun," said VBS co-director Kathy Pardue.

Fifty-five children enrolled in this year's VBS which had the theme, Mount Everest: Conquering challenges with God's mighty power. The session was held at Memorial Chapel on the Fort Myer portion of the joint base.

"They are reading Bible stories about the different people in the Bible that had challenges," said VBS co-director Penny Staley. 'We're teaching them no matter what happens in life, the good things and the bad things, they can hold on to God's power, and He can help them

see SCHOOL, page 5



Children enrolled in the Mount Everest Vacation Bible School program participate in a discussion in the Memorial Chapel sanctuary on the Fort Myer portion of Joint Base Myer-Henderson Hall July 16. The summer program had 55 kids and over 20 volunteers.

Improvements to Fort Myer athletic field take root



Moving this summer? Easy steps to get back that security deposit

By Jennifer C. Whitsitt Client Services JFHQ-NCR/MDW

During the coming months, many service members may be preparing for a permanent change of station (PCS). Moving to a new station brings many opportunities - new jobs, new apartments, new schools, new friends. There is much to do to prepare. While you may be earnestly searching for a new place to live at your next duty station, you will want to settle any outstanding matters related to your old address.

Step One: Notify your landlord of your intent to move.

In the midst of the hectic



COURTESY PHOTO COURTNEY DOCK

Construction workers sod the athletic field on the Fort Myer portion of Joint Base Myer-Henderson Hall located in front of the Cody Child Development Center July 9. The field is estimated to be playable around Aug. 10.

By Guv Callahan Pentagram Staff Writer

The softball field off of MacArthur Circle near the Cody Child Development on the Fort Myer portion of Joint Base Myer-Henderson Hall has undergone a much-needed facelift in the last two months.

The infield and outfield have both been renovated, with new sod and an irrigation system in an effort to make the facilities more safe and playable.

New grass was needed because there had been issues with injuries on the field,

said Brandie DeRemer, JBM-HH chief of athletics and fitness.

Renovations to the playing field itself, which hadn't had significant work in a number of years, will prevent service and community members from getting hurt during intramural and recreational activities.

"Recreation to the Soldiers is important and we want to make sure that they have a safe athletic complex that they can play their intramural sports on," DeRemer said in an interview with

see FIELD, page 5

time in preparing for a move, service members sometimes forget to let their landlords know that they are moving. Whether the move was planned or unplanned, you will need to inform your landlord.

Termination date: Many service members mistakenly believe that their landlord knows of their intent to move because their lease is about to expire. While your lease likely has a termination date ("the termination date shall be on XX June 2015"), many leases also include a clause creating a "month-to-month tenancy" unless proper notice is given (usually 30 days). This means that the obligation to pay rent may continue past the termination date, unless the tenant (or the landlord) provide written notice of intent to move out. Regardless of whether a month-to-month tenancy clause is included in your lease, it is a good idea to notify your landlord in writing at least 30 days prior to the date that you plan to leave.

Service members Civil Relief Act: Due to the nature of military service, Soldiers and Sailors are often required to PCS unexpectedly. Congress has recognized the undue hardship that this places on members of the service and passed the current Service members Civil GRAPHIC BY HELEN KLEIN

Relief Act (SCRA) in 2003. Amongst other relief, the SCRA allows service members to prematurely terminate a residential lease when receiving PCS orders. Section 535(b)(1) of the SCRA provides that the service member must receive the orders after the lease has been executed and that the orders must be for a "permanent change of station or to deploy with a military unit or as an individual in support of a military operation for a period of not less than 90 days."

see DEPOSIT, page 5

* * * The United States Army Band * * * CALENDAR OF EVENTS					
July 23	7:30 p.m.	The U.S. Army Concert Band will perform a concert for the Brucker Hall Summer Concert series at Brucker Hall on the Fort Myer portion of JBM-HH.			
July 24	8 p.m.	The U.S. Army Concert Band will perform a concert for the Sunsets with a Soundtrack series at the west side of the U.S. Capitol in Washington, D.C.			
July 25	7 p.m.	The U.S. Army Blues will perform as part of the National Harbor Concert Series at the National Harbor Waterfront Plaza Stage in National Harbor, Md.			
July 29	7 p.m.	Twilight Tattoo is a military pageant at Whipple Field on the Fort Myer portion of JBM-HH. The tattoo features Soldiers of the 3d U.S. Infantry Regiment (The Old Guard), The Old Guard Fife and Drum Corps, The U.S. Army Drill Team, The U.S. Army Blues, a soloist from The U.S. Army Chorus and vocalists of The U.S. Army Band Downrange and The U.S. Army Voices. This event is free and open to the public. No tickets are required. Pre-ceremony live music begins at 6:30 p.m.			
July 30	6:30 p.m.	The U.S. Army Band Downrange will perform a Military Appreciation Month Concert Series show at the Rockville Town Square in Rockville, Md.			
July 30	7:30 p.m.	The U.S. Army Voices will perform an evening of music from the American popular songbook, including selections from shows such as Into the Woods, Wicked and Guys and Dolls at Brucker Hall on the Fort Myer portion of JBM-HH.			
July 31	8 p.m.	The U.S. Army Voices will perform an evening of music from the American popular songbook, including selections from shows such as Into the Woods, Wicked and Guys and Dolls at the west side of the U.S. Capitol in Washington, D.C.			

Performances are free and open to the public, unless otherwise noted. All outdoor concerts are subject to cancellation or location change due to weather considerations. Call 703-696-3399 for up-to-date information on concert cancellations or location changes. For additional details and a full calendar of performances, visit www.usarmyband.com/event-calendar.html.

ACS 50TH from page 1

the approval and establishment of ACS, according to an article on Army.mil. With the publication of Army Regulation 608-1 on Nov. 19, 1965, ACS was formalized.

ACS opened its doors on the Fort Myer portion of the joint base in the spring of 1966, according to ACS Chief Laurie Brown. By 1967, a majority of continental U.S. Army installations had initiated ACS centers.

Programs such as the Handicapped Dependents Program (now the Exceptional Family Member Program) and the Child Advocacy Program (now the Family Advocacy Program) were created in the years from 1965 to 1981. A revised version of AR 608-1, released Oct. 1, 1978, made budget counseling, debt liquidation and relocation assistance part of the program. In addition, the Army Child Advocacy Program was incorporated into ACS and

the Army Child Support Services Program was established.

In 1983, then-Army Chief of Staff Gen. John A. Wickham, Jr., wrote a white paper entitled "The Army Family" that addressed how the support of family members was critical to the Army's mission. That paper led to the Army Family Action Plan, an initiative that identifies and prioritizes quality of life issues for Soldiers and their families at the grassroots level.

In 1988, the Relocation Assistance Program was officially established by a Department of Defense Instruction and further mandated by public law in 1989. ACS also operates the Relocation Assistance Program, the Consumer Affairs and Financial Assistance Program, the Family Member Employment Assistance Program, the Volunteer Program, the Exceptional Family Member Program, the Family Advocacy Program, the Outreach Program, and the Information, Referral, and Follow-up Program.

ACS responded to the conflicts in Iraq and Afghanistan by developing Soldier and Family Assistance Centers in 2007. In 2008, Survivor Outreach Services was established as a means to support and incorporate survivors of deceased service members into the Army family.

You can also find ACS online by visiting Armyonesource.com, which was launched in 2008.

You can help ACS celebrate 50 years of service to the Army, its Soldiers and families by attending an open house at its office in Bldg. 201 on the Fort Myer portion of the joint base June 24 from 8 to 10 a.m. See News Notes for more details.

RIGHT - Leonard Toyer, Financial **Readiness Program manager, Joint Base Myer-Henderson Hall Army Community** Service, reads articles in scrap books on display as part of an ACS employee open house July 8, at the Fort Myer portion of the joint base.



PHOTO BY NELL KING

MEET ACS from page 1

Community Service. The Little Rock, Arkansas native spends her days connecting service members, civilians, retirees and their family members with volunteer opportunities, both on and off post. Kathy manages the Army Family Action Plan process that invites community members to be agents of change by improving programs and services, changing policies and regulations and amending laws. If you have a quality of life issue that affects the Army Family, Kathy would be the one to contact. Another great program that Katy manages is Army Family Team Building. This program is series of interactive courses that promote military knowledge, personal growth, and leadership development. Soldiers can also get promotion points for participating in Army Family Team Building. Kathy states that as a service provider, she loves that she gets to serve the men and women who serve this great nation.



Program, which provides home visits and classes to families with children up to age 3; community education, which provides anger management, parenting and relationship enhancement classes; and the Victim Advocacy Program, which provides advocacy and referral services to victims of domestic violence. Sara is an Army wife, and has served ACS at U.S. Army Garrison Schweinfurt, Germany, as a New Parent Support Home Visitor and Family Advocacy program manager. She is passionate about serving Army families and loves being part of the ACS team.



PHOTO COURTESY JBM-HH ACS **Judy Joyner** Employment Readiness Program manager

Judy Joyner is the Employment Readiness Program manager at JBM-HH's Army Community Service. She is originally from Beaufort, S.C., and has worked for the rederal government for 22



PHOTO COURTESY JENNIFER BLUE

Jennifer Blue Relocation specialist

Jennifer Blue is the Relocation specialist at JBM-HH's Army Community Service. The Detroit, Mich., native happily spends her working days helping service members and their families' transition from one duty station to another with ACS relocation classes and briefings. She has been employed at ACS for three months now and loves helping service members and their families in any way she can. Jennifer also hosts spouse meet and greet events each month to help new families get acquainted with the area and other families in the military community.



PHOTO COURTESY JBM-HH ACS

wading through the grief process. She believes that each Survivor will one day become a "thriver" as they experience a new way and understanding of life and its many challenges. Survivor **Outreach Services provides** financial, relational, and long term support. "I love working with people and watching them grow through their challenges as they bloom on the other side," she said.

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PHOTO COURTESY JBM-HH ACS

Trina Reliford Army Emergency Relief Program manager

Trina Reliford is the Army **Emergency Relief program** manager at JBM-HH's Army Community Service. She is originally from Campti, La., and has worked for ACS for 14 years. The AER program helps Soldiers, family members with a valid ID Card, Army National Guard and Army Reserve Soldiers on continuous active duty (Title 10, USC) for more than 30 days and their eligible family members, Soldiers retired from active duty for longevity or physical disability, and their eligible family members, Army National Guard and Reserve Soldiers who retired at age 60, and their eligible family members, surviving spouse and orphans of Soldiers, who have died while on active duty or after they retired. Army Emergency Relief help Soldiers with financial emergency needs. Trina loves that her job enables her to help Soldiers and their families when there are financial emergencies. If an exception to policy is needed, she tries to find ways to say "yes" to the Soldiers and their families to prevent further hardships.

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they not in use or needed. Temperatures are expected to be in the upper 80s this week. For more information, call 703-696-3820.

Automated Installation Entry testing continues

Operational testing of the Automated Installation Entry (AIE II Plus) system will continue at the Fort Myer and Henderson Hall portions of JBM-HH. Personnel accessing the joint base through Fort Myer's Wright and Hatfield Gates, and Henderson Hall's Gate 1 may experience minor delays and should build in additional travel time for commutes to the joint base. Drivers and pedestrians who are DoD ID cardholders, AIE cardholders and AIE paper pass holders accessing those gates will be instructed to use the electronic pedestal to have their ID cards/AIE pass scanned; the cards may also be scanned on hand-held devices. Testing is necessary to confirm the functionality of the system in order to minimize delays at the gates when the system goes live across the joint base. A date for full implementation of the AIE II Plus system will be determined after successful testing has been validated. For more information, call 703-696-3525.

Expect random antiterrorism measures at JBM-HH

The Force Protection Condition level on all three portions of Joint Base Myer-Henderson Hall was recently elevated from Alpha to Bravo in accordance with a U.S. Northern Command directive. U.S. Northern Command sets the condition level for all Department of Defense installations, facilities and units in North America. Accordingly, this means there will be random, unplanned and unpredictable antiterrorism measures used across the joint base. This may cause confusion and delays to those entering and leaving the joint base, as well as those who work and live on Fort Myer, Henderson Hall and Fort McNair. The safety, security and wellbeing of all military personnel, residents, DoD civilians and visitors at JBM-HH is paramount and is the goal of these measures. Neither an FPCON, nor a police force can insure 100 percent success. Protection of people, facilities and resources can only be accomplished through the vigilance and participation of all. Personnel are encouraged to report suspicious activity immediately to the JBM-HH Police at 703-696-3525 or 703-588-2801.

Sara McCauley Victim Advocate Program coordinator

Sara McCauley is the Victim Advocate Program coordinator for JBM-HH's ACS Family Advocacy Program. The Family Advocacy Program team is a group of dedicated professionals who offer a spectrum of prevention services to Army families, including

years. As the Employment Survivor Outreach Services Readiness program manager, Judy works with military spouses who are new to the National Capital Region and those who are looking for employment. She provides information about job searches, resume building, dressing for success, volunteer opportunities and job fairs. Judy provides direction for spouses in order to help them to reach their goals for their careers.

Kristi Pappas

Support coordinator

Kristi Pappas is the Survivor Outreach Services Support coordinator for the JBM-HH Army Community Service since March 9, 2015. She is originally from Kansas City, Mo., but has spent most of her military career being stationed on the east coast. She is a retired Army chaplain. Now she spends her days working with Families of the Fallen in long term care helping them to grow in new experiences and



(R-N.H.) gave opening remarks to an audience of volunteers donning neon yellow safety vests. She and her husband Joe, a member of NALP, own a landscape and snow removal company.

"Today let's remember those who have done so much for our nation," said Ayotte. "The 400,000-plus men and women-from every generationwho fought to preserve our freedoms."

Serving on the Senate Armed Services and Small Business and Entrepreneurship Committees, Ayotte shared a special connection with the audience.

"Maintaining this cemetery's more than 600 acres is no small task," she said. "Your service is a meaningful way to honor these men and women who have done so much for our nation. This is the single largest day of landscape service in the country, and perhaps the most meaningful."

To commemorate the cemetery's 150th anniversary in 2014, the historic landscape was established as the Memorial Arboretum. The Arboretum



PHOTO BY DAMIEN SALAS

U.S. Army veteran Travis Snead spreads lime over turf during the National Association of Landscape Professionals 19th Annual Renewal and Remembrance volunteer event at Arlington National Cemetery July 20.

includes trees that pre-date the establishment of the cemetery, estimated to be between 200 and 250 years old; two state champions; a substantial set of Memorial Trees; and trees that honor

Medal of Honor recipients, according to ANC's website.

Pentagram staff writer Damien Salas can be reached at dsalas@dcmilitary.com.

Baby & me

The Marine Corps Exchange offers a \$10 gift card to authorized patrons who are new parents. Visit your Henderson Hall Marine Corps Exchange within 60 days of your child's birth and present a copy of the birth certificate to receive the gift card. For more information, call 703-979-8420.

Register for intramural softball season

Get your team together and register for intramural softball league play. Games are played on the JBM-HH softball field adjacent from the commissary parking lot on the Fort Myer portion of the joint base from 11 a.m. to 1 p.m. beginning July 26. Team size is 20 players plus a coach. Registration forms are at the Semper Fit office, Bldg. 29 and at the Cpl. Terry L. Smith Gymnasium on the Henderson Hall portion of the joint base and will be online at www.mccsHH.com. Call 703-697-2706 for more information.

ASAP training

The next quarterly Army Substance Abuse Prevention training will be held July 29 from 9 a.m. to 3 p.m. at Town Hall on the Fort Myer portion of the joint base. This training is available for all active duty Soldiers who need their four hours of annual ASAP training.

ASAP policies and services will be presented from 9 to 10 a.m. Emerging drugs of abuse (Molly, spice, bath salts and alcohol) will be held from 11 a.m. to noon. From



Children enrolled in the Mount Everest Vacation Bible School program play a game of freeze tag in the field behind Memorial Chapel on the Fort Myer portion of Joint Base Myer- Henderson Hall July 16. The summer program had 55 kids and over 20 volunteers.

SCHOOL from page 3

through those times."

Staley said military kids like those who attended VBS face unique challenges due to their parents' service. They move a lot, change schools and have to make a new set of friends every few years.

"We're trying to teach them no matter what, God is always there for them and they should always hold on to Him," she said.

Twenty-five volunteers from throughout the joint base chapel community ensured the success of the event.

"My volunteers are so wonderful," Staley said. "They take on an idea and run with it. I have the best volunteers ever."

The kids played games, including freeze tag and a water relay. They even had to unthaw frozen-shirts.

"It's Mount Everest," said Staley. "Everything has water or ice or cold involved."

Chap. (Lt. Col.) Larry Dabeck, joint base chaplain, said the session provided participants with the building blocks to continue to grow their relationship with God.



PHOTO BY DAMIEN SALAS

Children enrolled in the Mount Everest Vacation Bible School Program participate in arts and crafts in the Memorial Chapel on the Fort Myer portion of Joint Base Myer-Henderson Hall July 16. The summer program had 55 kids and over 20 volunteers.

necting this positive, fun environment "The kids, in their hearts, are con- with a relationship with God," he said. can be reached at jledoux@dcmilitary.com.

Pentagram staff writer Julia LeDoux

FIELD from page 3

the Pentagram.

Work on the improvements began in May, and the field should be playable by Aug. 10, according to DeRemer, once the sod has taken root.

The current Family and Morale, Welfare and Recreation softball season began June 1 and is being played at Fort McNair. Play will continue on the Fort Myer field once work has been completed and the field has been deemed usable.

The season will continue through mid-September, according to DeRemer.

For more information about JBM-HH FMWR, visit www.jbmhhmwr.com.

Those who missed out on the FMWR softball season can still sign up for the Marine Corps **Community Services** Intramural Softball League, which begins play at the same softball field July 26. Additional details are on page 4, or call 703-697-2706 for more information.

Pentagram staff writer Guv Callahan can be reached at wcallahan@dcmilitary.com.

NEWS NOTES from page 4

1 to 2 p.m., the Criminal Investigation Division will discuss local laws and drug trends on and off the base. For more information, call 703-696-3900.

Network reception for transitioning military leaders

Marine Corps Community Services Henderson Hall has coordinated a networking reception designed specifically for senior military leaders transitioning out of the military service. The event is part of the U.S. Chamber of Commerce's Hiring our Heroes program, and will be held July 30, 4 to 6 p.m. at Bldg. 21 (1555 Southgate Road, Gate 3) on the Henderson Hall portion of JBM-HH. The reception is designed to connect transitioning senior military leaders with civilian employers, including HR recruiters from large and small businesses. Spouses are welcome to attend. To register, visit http://goo.gl/ECtrCk. Registration allows registrants to upload a resume. For additional information, call 202-463-5807 or email hiringourheroes@uschamber.com.

Grant Hall Public Open House

Joint Base Myer-Henderson Hall announces its quarterly Public Open House of Grant Hall's historic third-floor courtroom, located on the Fort McNair portion of the joint base in southwest Washington, D.C., Aug. 1 from 10 a.m. to 4 p.m. The courtroom is the site of the military tribunal, held from May through June 1865, of those thought responsible for the plot to assassinate President Abraham Lincoln. For more information please visit www.army.mil/article/146900.

Rader Clinic offers school, sports physicals

To accommodate patient needs, Andrew Rader U.S. Army Health Clinic's Patient Centered Home will offer Saturday appointments for school and sports physical appointments Aug. 1, Aug. 15 and Sept. 12. Additionally, weekly school and sports physical appointment availability has been increased through September, but these appointments do fill quickly. Parents are encouraged to schedule physicals before families go on vacation to avoid a last-minute rush. To schedule an appointment, call 1-855-227-6331 or visit Tricare Online at www. tricareonline.com.

During the appointment, the child must be accompanied by a parent. The following items must be brought: physical form with the parent section completed; immunization records; military ID; and glasses or contacts, if

DEPOSIT from page 3

In order to terminate a lease pursuant to this clause, the service member must provide written notice to the landlord of the intent to terminate the lease, along with a copy of the PCS orders.

When is the termination effective? Once proper notice is given, termination is effective 30 days after the day on which the next rent is due. For example, if you give your landlord notice on June 2 and your next rent is due July 1, your lease will not terminate until July 30 (and your obligation to pay rent will continue through July).

Step Two: Request a move-out inspection.

Many leases explicitly provide for this, but it is also found in many state statutes. In general, tenants have a right to be present when the landlord performs a move-out inspection.

As per Virginia Code Section 55.248.15:1(C), a landlord should make reasonable efforts to inform the tenant of the "tenant's right to be present at the landlord's inspection ... for the purpose of determining the amount of security deposit to be returned."

Under Maryland law, Code Section 8-203(f), a tenant also has a right be present during a move-out

inspection. The tenant must notify the landlord by certified mail at least 15 days prior to moving out and include the date of intent to move out and new mailing address. Your landlord should then notify you by certified mail of the day and time of the inspection.

In the District of Columbia, the landlord may inspect the residence within three days before or after the termination of the tenancy. The landlord should give the tenant written notice of the inspection at least 10 days before the date of inspection, as per D.C. Municipal Regulation 14-310.

If possible, try to organize a date after your household goods have been packed up and after you have had a chance to thoroughly clean the residence. Make sure to review your lease to ensure that you have complied with all of the move-out requirements (for example, carpets professionally cleaned, all lightbulbs in working order, lawn mowed). Ask to have a move-out inspection sheet to review with your landlord and remember take photos to document the condition of the home.

Step Three: Return of the security deposit.

As per Virginia Code Section 55-248.15:1, a landlord must notify the tenant in writing of any deductions from the security deposit within 30 days of the date of the determination of the deductions. In any event, the landlord should return the security deposit less any deductions pursuant to an itemized list within 45 days of the termination of the tenancy.

Under Maryland law, Code Section 8-203(e), a landlord must "return the security deposit to the tenant together with simple interest which has accrued in the amount of three percent per annum, less any damages rightfully withheld" within 45 days of the termination of the tenancy. The interest accrues at six-month intervals from the date of the receipt and is not compounded.

In the District of Columbia, the landlord must either return the security deposit or provide to the tenant a notification of the landlord's intent to withhold monies in order to defray the cost of the applicable expenses within 45 days. If the security deposit has been withheld to defray the cost of expenses, the landlord then has 30 days from the date of notification to return the balance of the security deposit to the tenant, as per D.C. Municipal Regulation 14-309.

If your landlord retains a portion (or all) of your security deposit and you

disagree, it is a good idea to provide your reasons to your landlord in writing. Perhaps you disagree with the value of the item damaged. Perhaps you disagree with the cost of the repair. If contacting your landlord does not resolve the issue, seek out the assistance of your nearest legal assistance office. A letter or phone call from an attorney is often helpful in resolving these issues. Occasionally, the help from the court is required, and service members find themselves contemplating filing a petition in a Small Claims Court. As your PCS destination is usually a great distance away, this is frequently the least preferable option. With open communication, proper planning and thorough documentation, this can hopefully be avoided.

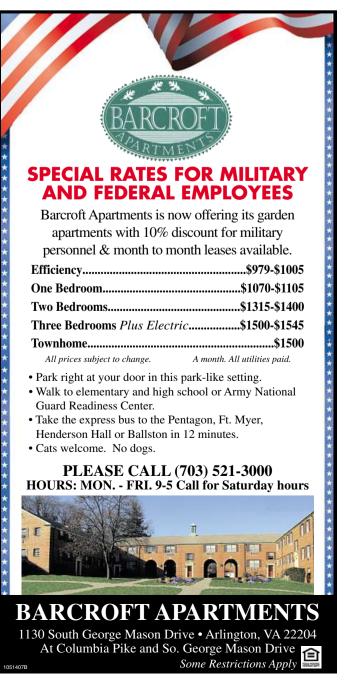
Step Four: Moving into your new residence.

Keeping in mind the steps above, take some time to document the condition of your new home. Fill out a move-in inspection Sheet. Take pictures. And, remember to read your lease and contact your local legal assistance office if you are unsure of any of the terms and conditions or your lease.

Best of luck in your move!

applicable. The entire appointment will take no longer than 90 minutes. Physical forms may be downloaded from school and/or county websites. Those who have had

see NEWS NOTES, page 6



12:30 to 3:30 p.m.

• Aug. 20

Soldier for Life **Transition Assistance Program** seminars and workshops

SFL-TAP is located at 232 McNair Rd., Bldg. 404, on the Fort Myer portion of Joint Base Myer-Henderson Hall, Va. Reservations are required. Spouses are encouraged to register and attend. Call the Soldier for Life-Transition Assistance Program office, 703-696-0973 or log-in at www.acap.army.mil. Available to all registered clients who have completed DD2648/2648-1 and initial counseling. Location of seminars and workshops are in the SFL-TAP Bldg. 404 on Fort Myer unless notated.

Retiring transition assistance program 8 a.m. to 4 p.m.	Accessing higher education 8 a.m. to 4 p.m.	Debt free 10 a.m. to noon • July 30		
Aug. 10 through 14Sept. 14 through 18	• Aug. 26 - 27* Career technical	• Aug. 27 • Sept. 24		
ETS TAP 8 a.m. to 4 p.m.	training 8 a.m. to 4 p.m.	TRICARE benefits in depth		
 Aug. 3 through 7 Aug. 31 through Sept. 4 	• Aug. 18 through 19 Career resources 8 a.m. to 3:30 p.m.	10 a.m. to noon • Aug. 20 • Sept. 10		
Entrepreneur track boots to business 8:30 a.m. to 3:30 p.m. • Sept. 8 through 9	• Aug. 17 Smart investments 1 to 3 p.m.	Capstone (Fridays) 10 a.m. to noon • July 24 or 31		
Business franchise opportunities 1 to 3 p.m. • Aug. 24	 July 24 Aug. 26 Credit scores from good to excellent 1 to 3 p.m. 	 Aug. 7, 14, 21 or 28 Sept. 4, 11, 18 or 25 Express TAP 8 a.m. to 4 p.m. Aug. 10-11* 		
Finding and applying for federal jobs 9:30 a.m. to noon	• July 30 • Aug. 27	Marketing yourself for a second career 1 to 3 p.m.		
• July 29 • Aug. 26	Home buying 10 a.m. to noon	• July 28 • Aug. 25		
Federal resume	 July 28 Aug. 25 	• Sept. 22		

*Located in Education Center Bldg. 417, room 108



• Aug. 25

TRICARE Prime in the National **Capital Region Gives You:**

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NEWS NOTES from page 5

a physical completed at Rader Clinic in the past year need only to have the physical form completed. Parents may complete the parent portion of the form and drop off the form at the clinic's Patient Centered Medical Home. Parents may also send it via Secure Messaging (Relay Health), and Rader Clinic staff will complete and return the form to parents.

Suspicious chemical use – See something? Say Something

Chemical threats can come in many different shapes and sizes. First responders should know the warning signs and hazards of chemical incidents, but everyone - including military and civilian personnel - should be on the alert for suspicious activity around chemicals. The Department of Homeland Security has released a brochure to help raise public awareness to the indicators of chemicalrelated crime and how to report suspicious activity. "Know Your Customer: Chemical Security" encourages reporting of behavior out of the norm to law enforcement, such as someone buying an unusually large or small amount of a chemical or someone who doesn't seem to know what the product they're buying is used for. See the brochure here: http://goo.gl/5r4LSC.

Starbucks to open Aug. 3

The Fort Myer Exchange recently announced the opening of its new Starbucks Coffee store, located in the exchange's food court. The store's first day of business is Aug. 3 at 6:30 a.m.; there will be a grand opening Aug. 14 with plenty of samples and a cake cutting. This addition will complete the main store food court and bring several new foods and drink options. Store hours are Monday through Friday from 6:30 a.m. to 7 p.m., Saturday – 8 a.m. to 7 p.m., and Sunday – from 9 a.m. to 6 p.m.

The Old Guard funeral firing practice

The 3d U.S. Infantry Regiment (The Old Guard) are in Arlington National Cemetery daily rendering final honors to our fallen heroes both past and present. To maintain their proficiency Soldiers from The Old Guard will conduct firing party training on a reoccurring basis every Thursday, 9 to 11 a.m. on the field adjacent to Spates Community Club on

the Fort Myer portion of JBM-HH. Blank ammunition will be fired during that time. For more information, please call The Old Guard Public Affairs at 703-696-7149.

NDU community fair

The Community Fair will be held Aug. 3 between 10 a.m. and 1 p.m. at the National Defense University on the Fort McNair portion of the joint base. Tables will be set up in the south atrium of Lincoln Hall in building 64. For more information call Alvin Ellis at 202-685-3940.

VA claims assistance

Veterans Administration claim assistance is available by appointment Aug. 13 and 27, from 7:30 a.m. to 1 p.m. in Bldg. 29 on the Henderson Hall portion of the joint base. An AMVETS representative will be here to review service member medical records and provide assistance with the VA disability compensation claims process. For an appointment, call 703-614-6828.

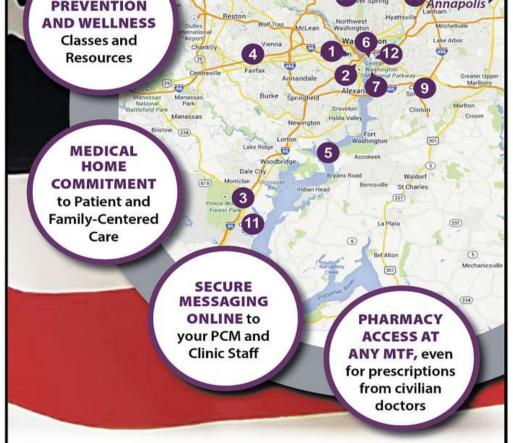
Program for patients with cancer and their families

The quarterly guest speaker program will be Aug. 6 from 7 to 8:30 p.m. Dr. Stephen Lewis, radiation oncologist at Bethesda's Walter Reed National Military Medical Center, will discuss Cancer 101: Understanding Emerging Therapies in 2015. His presentation will include discussion of new treatments in radiation therapy and other modalities including immunotherapies and targeted agents for many cancers. The presentation will be given at Walter Reed National Military Medical Center (America Building, second floor, Room 2525) and at Fort Belvoir Community Hospital via videoteleconference (Oaks Pavilion, first floor, Room 332). A Department of Defense ID is required for base access to Walter Reed. For those without a DoD ID, call the Prostate Center at 301-319-2900 at least four business days prior to the event for base access. For more information, contact retired Col. Jane Hudak at 301-319-2918 or jane.l.hudak.ctr@mail.mil.

News Notes submissions

Please send your submissions for the Aug. 5 edition of the Pentagram via email at pentagramjbmhh@yahoo.com no later than noon, July 29. All submissions must be less than 100 words. Please note that submission of a news note does not guarantee publication.





1 Andrew Rader Army Health Clinic, 2 DiLorenzo TRICARE Health Clinic, **3** Dumfries Health Center, **4** Fairfax Health Center, **5** Fort Belvoir Community Hospital, 6 Fort McNair Army Health Clinic, 7 Joint Base Anacostia–Bolling Clinic, (8) Kimbrough Ambulatory Care Center, (9) Malcolm Grow Medical Clinics & Surgery Center, 10 Naval Health Clinic Annapolis, 11 Naval Health Clinic Quantico, 12 Naval Health Clinic Washington Navy Yard, 13 Walter Reed National Military Medical Center

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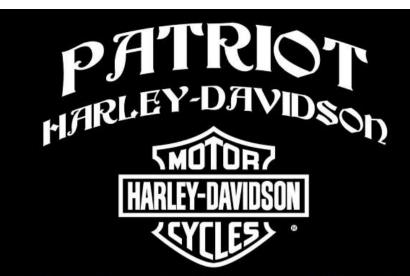




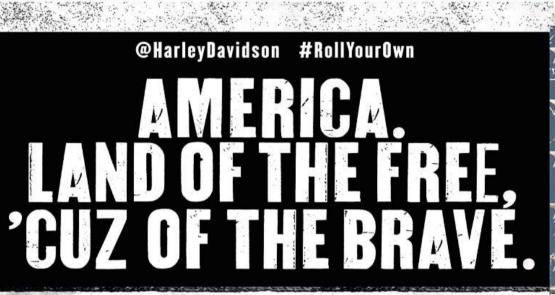
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