## HOME OF THE **1** BIG RED ONE THE **1ST INFANTRY DIVISION POST**

1DivPost.com

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FRIDAY, JULY 10, 2015

FORT RILEY, KANSAS

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Above: Brig. Gen. Eric Wesley, left, acting senior mission commander, 1st Inf. Div., pins the Legion of Merit medal on Col. John Reynolds III, outgoing commander of 1st ABCT, 1st Inf. Div., June 26 at Fort Riley. Below left: Brig. Gen. Eric Wesley, left, acting senior mission commander, 1st Inf. Div., passes the 1st ABCT colors to Col. Timothy Hayden, the new 1st ABCT, 1st Inf. Div., commander.



## TRANSITION 'Devil' brigade changes hands, gets new leader

Story and photos by Staff Sgt. Bernhard Lashleyleidner **1ST ABCT PUBLIC AFFAIRS** 

Soldiers with the 1st Armored Brigade Combat Team, 1st Infantry Division, took part in a brigade change of command ceremony June 26 at the post's Cavalry Parade Field at Fort Riley.

More than 250 Soldiers stood in formation, along with a three-man

firing detail for "Old Thunder," a 16man cannon firing crew, the Commanding General's Mounted Color Guard, and a host of family and friends that came out to say farewell to outgoing 1st ABCT commander, Col. John Reynolds III, and to welcome Col. Timothy Hayden, the incoming commander.

See NEW LEADER, page 3

## 'Devil' brigade takes part in command study

Story and photo by Maj. Fredrick Williams **1ST ABCT PUBLIC AFFAIRS** 

"It's about getting the right Soldier in the right job for the Army," said Jack Myers, lead planner for Soldier 2020, U.S. Army Training and Doctrine Command.

This was the mantra repeated throughout the week by Meyers and the rest of his teammates from TRADOC during the Army Physical Demands Study held at Fort Riley June 22-26.

"We're studying the physical demands of these jobs," Myers said. "We are trying to develop screening tests that the Army can use in the recruiting process or during accessions to help us get the right Soldier in the right job (and) to help screen Soldiers for physically demanding jobs."

Approximately 46 male M1 tank crewmen and 46 female Soldiers from various military occupational specialties throughout the 1st Armored Brigade Combat Team, 1st Infantry Division, volunteered to participate.

An additional eight female Soldiers from the 1st Combat Aviation Brigade, 1st Inf. Div., also participated.

"I think it was an excellent opportunity to be selected," said 1st Lt. Jessica Dodd, a medical services officer with 1st Battalion, 5th Field Artillery Regiment, 1st ABCT, 1st Inf. Div. "I think my participation will allow new recruits a better understanding of what to expect when they join and will set them up for success in the proper MOS."

The study, led by the TRADOC with the support from the U.S. Army Research Institute of Environmental Medicine, will use the data collected at Fort Riley and from previous installations to establish occupational-specific physical performance requirements, starting with the specialties currently closed to women.

"They look at Soldier performance and how to optimize that, so they are absolutely the right

#### See STUDY, page 8

'Quarterhorse' Soldier receives award for life-saving efforts



#### By Staff Sgt. Bernhard Lashleyleidner **1ST ABCT PUBLIC AFFAIRS**

A Soldier with the 1st Squadron, 4th Cavalry Regiment, 1st Armored Brigade Combat Team, 1st Infantry Division, here received the Army Commendation Medal June 30 for saving a child's life.

"We are here to recognize Sgt. Aaron Duncan for being that one trooper out of 525 squadron members to do something great that was seen by the community," said Lt. Col. David Defelice Jr., commander, 1st Sqdn., 4th Cav. Regt., 1st ABCT, 1st Inf. Div.

The Army Commendation Medal is awarded to any member of the Armed Forces who distinguishes himself or herself by heroism, meritorious achievement or meritorious service, according to the Army's human resources website.

Defelice said Duncan is an example of doing something right when no one

is looking and the American public expects Soldiers to do what is right for the community at all times. Duncan's actions, the commander said, exemplify this belief.

"I didn't do this for recognition," Duncan said. "I did what the Army trained me to do, which is provide medical care to people in need."

Duncan, a healthcare specialist with 1st Sqdn., 4th Cav. Regt., was attending his son's baseball game June 19 at the North Park baseball field in Junction City, Kansas, when he noticed Ricky Peterson sluggishly walking back to the dugout after striking out.

"I wasn't sure if he was just upset because he struck out or because he was suffering from a medical problem," Duncan said.

Duncan said he walked over to talk to Peterson. That's when he noticed the child was gasping for air.

See AWARD, page 3

J. Parker Roberts | 1ST INF. DIV. PUBLIC AFFAIRS

Karen Arroyo takes a photo of her husband, Sgt. 1st Class Orlando Arroyo, as he holds daughter Angie, left, and son Orlando Jr. July 2 during the final redeployment ceremony for Division Headquarters and Headquarters Battalion, 1st Infantry Division. About 100 Soldiers from DHHB returned to an evening ceremony at Fort Riley, which also served as the battalion's uncasing. The "Big Red One" handed over command of Combined Joint Forces Land Component Command-Iraq to the 82nd Airborne Division on June 28 in Baghdad, Iraq.

## 'Dagger' brigade medics undergo pre-deployment trauma training

Story and photos by Sgt. Dana Moen 2ND ABCT PUBLIC AFFAIRS

More than 190 medical Soldiers from the 2nd Armored Brigade Combat Team, 1st Infantry Division, battled the grueling 100-degree Kansas heat to hone their lifesaving skills June 16 to 26 at Fort Riley in preparation for an upcoming deployment.

"Brigade Combat Team Trauma Training is a pre-deployment trauma training for medics," said Capt. Robert Levesque, the training officer in charge from 187th Medical Battalion, 32nd

Medical Brigade. "It is developed to provide an intense and in-your-face training to ensure its combat medics are ready to preserve life at a moment's notice."

Levesque said 15 percent of battlefield deaths are due to uncontrolled hemorrhage, tension pneumothorax, airway obstruction and hypothermia.

"As a line medic, we are on the ground and in the mix," said Spc. Jose Morales, a medic with 1st Battalion, 7th Field Artillery Regiment, 2nd ABCT. "If and when a Soldier gets injured, we

SAFETY HOLIDAY

discretion.

As of Thursday, July 9

days have passed since the last

Forty five more and the post will

celebrate with a safety holiday to take place at each unit's

vehicular fatality at Fort Riley.

See TRAINING, page 8



Spc. Jose Morales, a medic with 1st Bn., FA Regt., 2nd ABCT, and his team transport a simulated casualty to an evacuation area during Brigade Combat Team Training June 19 at the Medical Simulations **Training Center on Fort** Riley.

#### The next USAG Resilience Day Off will be:

# Julv

#### HIGHLIGHTS



MATT MURRAY, CEMETERY RESPONSIBLE OFFICIAL, EXCELS IN HELPING OTHERS. SEE PAGE 9.

#### ALSO IN THIS ISSUE



**ARMY ATHLETES** DOMINATE ALL CATEGORIES IN WARRIOR GAMES COMPETITION. SEE PAGE 13





**Above:** A formation of six aircraft from the 1st CAB, 1st Inf. Div., take off June 25 from Marshall Army Airfield at Fort Riley, Kansas, as part of a final flight for Col. Matthew Lewis, then the brigade's commander, who piloted the lead UH-60 Black Hawk alongside Chief Warrant Officer 4 Osbourne Ferguson. Lewis handed command of the "Demon" brigade to Col. John M. Cyrulik July 8 at Fort Riley. Lewis is set to serve as deputy commander of the Combat Readiness Center at Fort Rucker, Alabama.

**Right:** Col. Matthew Lewis congratulates Chief Warrant Officer 4 Osbourne Ferguson after the two completed their final flight as Army aviators June 25 at Fort Riley. Ferguson is set to retire.

#### **Story and photos By Amanda Kim Stairrett** 1ST INF. DIV. PUBLIC AFFAIRS

Two weeks before he relinquished command of the 1st Infantry Division's 1st Combat Aviation Brigade, Col. Matthew R. Lewis took his final series of flights June 25 at Fort Riley, Kansas, as an Army aviator.

Lewis started the day behind the controls of a CH-47 Chinook, then moved to the OH-58D Kiowa Warrior and AH-64 Apache before taking the controls of a UH-60 Black Hawk alongside Chief Warrant Officer 4 Osbourne Ferguson. Ferguson, a Black Hawk pilot, also completed his final flight as an Army aviator June 25 before retiring.

"I have been flying in the Army for such a long time, nearly 24 years, that there is still a part of me that doesn't believe this was my last flight," Lewis said.

Lewis handed command of the "Demon" brigade to Col. John M. Cyrulik July 8 at Fort Riley. Lewis is set to serve as deputy commander of the Combat Readiness Center at Fort Rucker, Alabama.

It was while piloting the Black Hawk that Lewis and Ferguson were joined by the 1st CAB's battalion commanders and senior aviators in their helicopters, and a sixaircraft formation took off and landed at Marshall Army Airfield.

Lewis said he was more excited about flying as part of the final group than it being his last flight.

"It was a thrill and privilege to be a part of that formation," he added.

"As my time in command and as an Army aviator comes to a close, I wanted to have one last final moment with each aircraft that makes up this terrific team: the attack, the cavalry, the assault and the heavy lift," Lewis said. "Each aircraft has proven itself in combat, and I wanted this last opportunity to say goodbye to the pilots and these great machines in the most fitting way possible and not focus on any one machine."

The brigade is a strong, proud and resilient organization and its leaders and Soldiers experienced their share of both triumph and tragedy in the last two years during Lewis' command, he said.

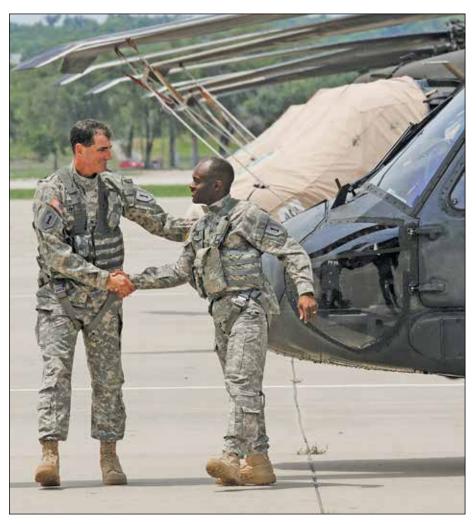
"Success for me as the commander was never defined by my personal success or failure, but rather the reputation of the brigade with the Soldiers we supported on the ground," he said, referring to the brigade's most recent deployment to Afghanistan. "And what I will remember most was the great teamwork and working relationship we had in combat with the 2nd Cavalry Regiment led by my classmate DA Sims, the 3rd Brigade Combat Team of the 1st Infantry Division led Bill Ostlund and the other joint and coalition members of ISAF across the three regional commands of South, Southwest and West."

Across Southern Afghanistan, the brigade known during the deployment as "Task Force Demon," was regarded for its tenacity in combat and its professionalism in the conduct of its mission, Lewis said.

Lewis said he wanted the public to know the Soldiers of the 1st CAB and their families were normal people who struggle with the everyday challenges all citizens face: providing for their families, raising their children and living a decent life.

"Our Soldiers are not super heroes, but they are super people who stick together and overcome tough challenges by working together," Lewis said. "I am especially thankful for our family support teams: the spouses, kids, parents and grandparents, brothers and sisters who stand beside our Soldiers each and every day, who provide unwavering love and support, and who wait patiently for their Soldiers' return when they're away."

## Final formations a 'thrill and privilege' for departing commander



## Fort Riley upgrades improve air radar technology at airfield

#### **By Maria Childs** 1ST INF. DIV. POST

Fort Riley is undergoing a technology upgrade to increase the stability of air radar used when maneuvering aircraft near the post.

Troy Mattingly, Marshall Army Airfield manager, said the operating system being upgraded, is the base of two radar systems on Fort Riley – the Standard Terminal Automation Replacement System, or STARS, and fixed base precision approach radar.

"It's got all the same capabilities as the former system," Mattingly said. "The big upgrade is the system being more stable. It's sort of like our computer operating systems for our personal computers, some were not so good. They did what they were supposed to do, but had stability issues." Things occurring in the air above Fort Riley are visible with STARS. The system allows air traffic controllers to see things within 100 miles of Fort Riley.

"We can see airplanes and its sensitive enough we can see flocks of birds and weather conditions," Mattingly said. "Which is good because we can tell the aircraft."

The fixed base precision approach radar is used to provide approached for aircraft, or landing techniques. It is important this system is stable because some of the aircraft at Fort Riley do not have individual precision approach capability such as the Apache helicopters.

"When you see an aircraft on radar, and you're able to vector it around and line it up on the runway and the pilot doesn't have to look at any instruments at all, he is just talking to an air traffic controller," Mattingly said. "They are able

to give them course guidance and altitude guidance."

The upgrade is expected to be done in December. Until then, Fort Riley is using a mobile air traffic control facility.

"When you shut down your system, you have another to operate," Mattingly said. "You don't have to stop doing what you do."

Mattingly said this is a convenience for his team because service is never interrupted. He also said the team installing the software should be done toward the beginning of August. Then, the air traffic controllers and their team must train on the new operating system.

"They install it and then test it – that's why it takes so long," Mattingly said. "They want to make sure the maps are perfect and there are no glitches in the operating system. They are well ahead of the schedule."

#### WWW.FACEBOOK.COM/FORTRILEY

## AWARD Continued from page 1



Staff Sgt. Bernhard Lashleyleidner | 1ST ABCT

Lt. Col. David Defelice Jr., commander, 1st Sqdn., 4th Cav. Regt., 1st ABCT, 1st Inf. Div., shows Ricky Peterson how to pin the Army Commendation Medal on Sgt. Aaron Duncan, a healthcare specialist with, 1st Sqdn., 4th Cav. Regt., 1st ABCT, 1st Inf. Div., June 30 in the squadron's motor pool at Fort Riley. Duncan was credited with saving Peterson's life during his baseball game June 19 in Junction City.

"I immediately identified myself as an Army Medic and began evaluating his condition," Duncan said.

Duncan moved the child to a shaded area and asked parents' permission to remove his clothes to get his core temperature down.

He then asked the parents and the coach to get ice from the concession stand so he could cool his body temperature.

Duncan said he's treated many adults for heat exhaustion, but this was the first time treating a child.

"The hardest thing was keeping everyone calm so I could treat him," Duncan said. "I asked his parents to call 911."

Duncan said the child went in and out of consciousness while he was treating

him, but Duncan continued treatment until the emergency medical services personnel arrived on scene.

'Sgt. Duncan's quick actions saved my son's life," said Richard Peterson, a security coordinator with the Fort Riley Network Enterprise Center. "He is my hero."

Duncan said he just happened to be in the right place at the right time.

## NEW LEADER Continued from page 1

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"The division could not have accomplished all that we have without the 'Devil' brigade," said Brig. Gen. Eric Wesley, acting senior mission commander, 1st Inf. Div. and Fort Riley. "This brigade was on point throughout the Middle East."

Reynolds began his speech by thanking Wesley and Maj. Gen. Paul E. Funk, 1st Inf. Div. and Fort Riley commanding general, for their kind words, mentorship and support throughout his time as commander.

"It has been an honor to serve with you and the 'Big Red One' for the last year and a half," Reynolds said. "Your leadership style of empowering and trusting subordinates is the best in the Army."

Reynolds said the day was bittersweet because he and his wife, Andrea, would miss their Fort Riley family. He also thanked all his fellow commanders and community leaders who attended his change of command.

'We will never forget all the support we received (from) the Central Flint Hills community here and throughout our deployment to Kuwait," Reynolds said. "It has been an honor to live and work in such a fine community that supports the military like you."

Reynolds paused during his speech and asked the crowd to look closely at the many battle streamers waving in the wind throughout the formation.

He said each of the streamers represented an accomplishment of the brigade.

"The streamers you see represent missions from World War I, Vietnam, Desert Storm, Operation Iraqi Freedom, Operation Enduring Freedom and Operation Inherent Resolve," Reynolds said. "They speak to the commitment of the past and the current Soldiers willing to fight for something bigger than themselves."

In closing, Reynolds thanked the battalion command teams for their professionalism and for remaining focused on the objectives. He also thanked 1st ABCT Command Sgt. Maj. Michael Evans for his advice, wisdom and friendship.

"This has been a great opportunity to command this awesome brigade," Reynolds said. "I am truly proud to say I am a Big Red One Soldier through and through."

With the passing of the guidon, Hayden became the newest 1st ABCT commander.

"Col. Hayden is an exceedingly accomplished armor officer - he's led nearly every type of formation the Army has built in the last two decades," Wesley said. "He is versatile, agile and exceedingly bright and he understands people and leadership."

Hayden thanked Wesley for the opportunity to lead the brigade.

"You have a tremendous reputation as a disciplined and lethal brigade combat team," Hayden said. "I am honored and humbled to join your ranks."

## CYSS staff attend training meeting at Ohio State

**Concerns** implementation of software across all four military branches

#### By Maria Childs **1ST INF. DIV. POST**

Two members of the Child, Youth and School Services staff were selected to be part of a training meeting at Ohio State University where officials discussed the implementation of new training software across all four branches of the military.

It's a project to take all of the Army's training modules and turn them into an online classroom for trainers, directors and staff, said Carole Hoffman, CYSS administrator. At the training, those invited were allowed to give feedback about the project itself and about the implementation at different installations.

day CDCs, two hourly care CDCs and two facilities that offer part day preschool during the school year. She said the new training modules are part of meeting Department of Defense unique needs especially when it comes to military children.

"CYSS is kind of going back to its roots," Hoffman said. "When CYSS started it was under the Department of Defense. Each branch of service kind of branched out on its own. The Department of Defense is trying to bring those back together to more consistency. I've worked for CYSS for 12 years and never have I been in a room with all four branches."

Hoffman said by providing a representative from the Army, Navy, Marines and Air Force, the Department of Defense is bringing consistency to the training.

Brantley and Hoffman agreed the most unique thing about the new training modules is the military aspect of the training.

'They wrote it with military families in mind," Hoffman said. "Many of the videos have military families in them. As our caregivers view these videos, they go 'oh, wait a minute, that looks like our building,' Oftentimes, when we use civilian resource's there's never any reference to military or any of the unique scenarios our kiddos are in.'

Brantley added it helps the staff relate to the unique situations that can

be presented in childcare.

'They'll talk about deployments," Brantley said. "You'll hear these videos and they talk about things we deal with on a daily basis."

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**Community** Life

"When this becomes live, we will no longer be using paper and pen copies for these training modules," Hoffman said. "Staff will actually go online in these virtual lab schools and actually go through them. There are also modules for the training team and the directors."

The training software is expected to be complete by the end of the year. Once the modules are live, all Child Development Centers and School Aged Services will receive passwords to access the webpage.

"It won't cost Fort Riley anything to go online and use it," Hoffman said.

Hoffman has worked at Fort Riley for 12 years and recalled when there was only one CDC and one School Aged Services. She said Fort Riley has grown to successfully support four full-

Danitta Brantley, director of Forsyth Child Development Center was the other representative from Fort Riley and the two were the first from the installation to participate.

Brantley said the virtual training modules apply to all demographics in the field. Young staff can learn how to handle unique military situations and other staff can renew their training.

"We have caregivers who have been in our program for 20 to 30 years - it can still help them," Brantley said.

The average Army metric for an occupancy rate at a CDC is 85 percent. Hoffman said Fort Riley has an average of 92 percent occupancy rate, or how many children occupy the spaces as they become available.

"I believe that Fort Riley is a leader in the training aspects of it and our reputation," Hoffman said. "It is known to have good processes, good standards and good work ... Fort Riley is consistent across the board."



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## U.S. Army Medical Corps celebrates 98 years

#### **By Tywanna Sparks** IACH PAO

Fort Riley medical officers gathered to celebrate the U.S. Army Medical Service Corps' 98th anniversary with a tribute to its distinguished history June 30th at Irwin Army Community Hospital.

The MSC is comprised of a diverse range of professionals who provide the administration, planning, programming and budgeting of every Army Medical Department effort.

Lt. Col. Jacob Dlugosz, president of the Fort Riley Silver Caduceus Society, served as the speaker for the event. The Silver Caduceus Society is a private association established for MSC officers to conduct professional and personal development, as well as offer forums to update officers on the advancements in technical, administrative and scientific arenas. The event also provided MSC officers an opportunity to receive mentorship and information important to their career fields.

As Dlugosz addressed the audience, he reminded those in attendance of the corps' rich history.

"Since our inception, the MSC officers have served in every major conflict of war the nation has called us on," he said. "Officers such as Maj. Patrick Brady have earned the medal of honor for heroism and valor, while others have lost their lives while saving other Soldiers."

Dlugosz also shared how MSC officers continue to serve and contribute to the health of the force.

"Because of our countless efforts, Soldiers of all ranks and formations go into battle knowing that the finest medical care will be provided if they are injured," he said.

Dlugosz reflected on what the next 98 years of the MSC would look like, "... that question can only be answered by those of us in this room today, for it is us who afford the history for the next



Fort Riley medical officers gathered to celebrate the U.S. Army Medical Service Corps' 98th anniversary with a tribute to its distinguished history June 30th at Irwin Army Community Hospital.

generation to look back upon and remember."

#### **MSC HISTORY**

Revolutionary War officers of the Civil War Ambulance Corps evolved into the World War I Sanitary Corps, which was established June 30, 1917 as a temporary part of the Medical Department based on authority provided by the May 18, 1917 Act of Congress. During the inter-war years, the Army needed a permanent medical ancillary organization. This led to the establishment of the Medical Administrative Corps June 4, 1920. The Pharmacy Corps was established as a Regular Army branch July 12, 1943.

On August 4, 1947, the Sanitary, Administrative and Pharmacy Corps were replaced by the Medical Service Corps.

#### Home wanted

## TRICARE's breast pump policy updated effective July 1

#### TRICARE

TRICARE's Breast Pump policy was recently updated to include coverage of breast pumps and supplies and breastfeeding counseling. These supplies and services will be retroactively covered as of December 19, 2014.

To get full details about this important benefit change, as well as an opportunity to ask questions, TRICARE will host a Facebook Town Hall June 22.

Bobbie Matthews, the Defense Health Agency's subject matter expert with the Medical Benefits and Reimbursement Office, was online and answered questions directly.

Breastfeeding has long been a recommended healthy choice. The American Academy of Pediatrics recommends exclusive breastfeeding for the first six months for most children and continued breastfeeding for at least the first year as foods are introduced. TRICARE's breastfeeding support benefit is considered to be preventive care. Therefore, the equipment, supplies and services covered under this benefit are exempt from cost-shares and copays.

This coverage is for all pregnant TRICARE beneficiaries, as well as beneficiaries who legally adopt and intend to personally breastfeed. To be covered, the breast pump and supplies must be obtained from a TRICARE authorized provider, supplier or vendor.

For manual or standard electric breast pumps and associated supplies includes breast pump kits, this includes any civilian retail store or pharmacy.

If you pay out of pocket for a covered breast pump, you must submit a completed claim form with a copy of the prescription for the breast pump along with your receipt for reimbursement.



This pet's name in Nina. Don't let the look on her face be a deterrent. Nina is a loving cat that is already spayed and is up to date with shots. She also appears to be good with dogs and other cats after a proper introduction. She is approximately one year old and loves nothing more than getting petted. However, she is not a huge fan of getting picked up. Nina's Adoption Fee is \$142, which includes: Spay, Microchip, Vaccines for distemper and rabies, Leukemia test and deworming. If you're interested please call (785)239-6183. If no one answers then leave a message. You can also contact us via email at nicole.p.storm@us.army.mil Other shelter animals can be seen on www.facebook.com/fortrileypets.

All stray animals picked up by the Military Police on Fort Riley are brought to the Fort Riley Stray facility. The animals are held there for three (3) business days to

allow owners to claim their pets. After this time the animals may be adopted out or euthanized. Animals are usually only euthanized in the cases of severe aggression or life-threatening illness. Animals must be registered, microchipped and up to date on vaccines before released to owners.

Fort Riley Stray Facility, Building 226 Custer Ave., Main Post, 10 am – noon and 1 p.m.- 4 p.m., Monday through Friday 785-239-6183 or 785-239-3886

#### **TUESDAY TRIVIA CONTEST WINNER**

The July 7th question was: "The Soldier For Life Transition Assistance Program helps to ensure a smooth transition from military life to the civilian world. Where can I learn more about this program to include flyers of upcoming community events? " Answer: http://www.riley.army.mil/Services/SoldierServices/ SoldierForLife-Transition AssistProg.aspx The winner is Kaitlyn Stoner. Kaitlyn is the spouse of SPC William



## HOUSE FILL AD

Stoner, D Co, 2nd Battalion, 34th Armor Regiment, 1st Armored Brigade Combat Team, "Devil" Brigade, 1st Infantry Division

In this photo: William and Kaitlyn Stoner, and their son Levi.

Every Tuesday, check out Fort Riley's Facebook page for the Fort Riley Tuesday Trivia question of the week at www.facebook.com/ FortRiley. Every answer will be available somewhere on the official Fort Riley website at www.riley.army.mil.

#### **CONGRATULATIONS, KAITLYN STONER!**

## Commentary

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#### JULY 10, 2015

## RILEY ROUNDTABLE

#### "What was your favorite video game growing up, or what is your favorite video game now?"



"Legend of Legaia' is my favorite. It's something about the storyline and how it played overall. It has always been my favorite."

SPC. JUSTIN PICKERING NEWPORT NEWS, VIRGINIA Company B, 601st Aviation Support Battalion, 1st Combat Aviation Brigade, 1st Inf. Div.



"Metal Gear Solid' is my favorite because that stealth in the game is pretty different than anything I had played at the time."

**PVT. LANCE HINTON** PITTSBURGH, PENNSYLVANIA 1st Combined Arms Battalion, 63rd Armored Regiment, 2nd Armored Brigade Combat Team,

1st Inf. Div.



"I like 'Assassin's Creed.' It's extremely creative and has a creative story line."

**PVT. ELIAS GONZALEZ** HARTFORD. CONNECTICUT Company A, 2nd Battalion, 70th Armored Regiment, 2nd Armored Brigade Combat Team, 1st Inf. Div



"I'm a major gamer. I play just about anything and everything. I favor some over the others but I like a lot of them. There are two series I favor, which are 'Devil May Cry' and 'Kingdom Hearts.' But I will play just about anything."

#### **PVT. JONATHEN UPHAM** DALLAS, TEXAS

1st Sustainment Brigade, 1st Inf. Div.



"I like the '2K-' series because I like playing basketball."

HOUSEHOLD GOODS CLAIMS

## Full replacement value compensation available

#### By Jeffrey J. Fleming CHIEF, CLAIMS DIVISION, OSJA

In oldiers and Army civilians are now eligible for Full Replacement Value, or FRV, protection on Defense Department funded personal property shipments. This is a benefit in terms of the amount recoverable for loss or damage sustained in a move.

Example: Your 3-year old flat screen television was destroyed in a move. Under the old rules, you would only be compensated for the depreciated market value of the 3-year-old flat screen. Under the new rules, the carrier now has to either provide you with a new, comparable TV, or pay the full replacement price.

This new system of compensation on household goods claims can be a daunting experience. Keep in mind as you read this article that the staff of the Fort Riley Office of the Staff Judge Advocate claims office stands ready to assist.

#### **ON-LINE FILING AND VISITING CLAIMS OF-**FICE FOR ASSISTANCE

The DOD developed the Defense Personal Property Program, or DP3, with an internet-based system to manage DOD household goods moves called the Defense Personal Property System. Nearly all shipments fall under DPS, which requires claims to be filed online through www. move.mil. For these shipments, the same FRV rules still apply.

There have been technical issues with the DPS program. Sometimes the initial notice of loss or damage does not properly register on DPS, which could later prove fatal to a household goods claim. There are also connectivity issues with operating systems not compatible with DPS, such as Macs or PCs. For these reasons, we encourage you to visit the OSJA claims office to use one of our kiosks to file your notice of loss or damage

report and file your claim with notice up until the time the our claims staff who are available to assist.

To ensure timely notice is filed with the carrier, we will dispatch the notice to the carrier by fax and thereby retain independent proof of timely filing of notice. We will also open a file so we can followup and ensure your claim is processed by the carrier in accordance with FRV standards.

#### **INITIAL NOTICE OF** LOSS OR DAMAGE -**VISIT CLAIMS OFFICE** WITHIN 70 DAYS OF DELIVERY

At the time of delivery, you should always ensure the carrier's delivery agent lists all loss and damage discovered upon delivery on the front side of the DD Form 1840 or equivalent "Notification of Loss or Damage AT Delivery".

Providing prompt notice of additional loss and damage within 70 days of delivery is still an essential part of the new claims process. For DPS shipments, you can do this on the DPS system online, but as noted, there are risks doing so without the assistance of the OSJA claims office.

Any loss or damage discovered after delivery should be listed on the reverse side of the DD Form 1840, DD Form 1840R, or equivalent "Notification of Loss or Damage after Delivery". Submit the form to the Fort Riley OSJA claims office within 70 days of delivery so the claims office can timely dispatch it to the carrier. Submitting the DD Form 1840R merely gives the carrier notice you may submit a claim, it is not the same as filing a claim. Failure to give timely notice of loss or damage to a particular item means you forfeit the right to later claim for that item.

When you visit the claims office, we will give you guidance on the FRV claims process as it applies to your claim. Keep in mind, the carrier has the right to inspect the damaged items once it receives the

claim is finally settled. Please cooperate with the carrier in arranging a time for such inspections. Do not discard items without first checking with the OSJA claims office or the carrier.

#### **FILING YOUR CLAIM** WITH THE CARRIER -**VISIT CLAIMS OFFICE** WITHIN 9 MONTHS OF DELIVERY

Under the FRV program, you file your claim directly with the carrier within nine months of delivery. For DPS shipments, you may choose to file your claim online on DPS on your own or, as we recommend, you can visit the claims office and use one of our computer kiosks to file your claim with our claims staff available to assist. We can then monitor your negotiations with the carrier to ensure your claim is resolved in accordance with FRV standards. The carrier should settle the claim by repairing or paying to repair damaged items. For items that are lost or destroyed, the carrier should replace the item with a comparable new item, or pay the full, undepreciated replacement cost.

#### **DISPUTES WITH CARRI-ER OR TRANSFERRING CLAIM TO MILITARY CLAIMS OFFICE**

Unfortunately, some carriers do not always comply with the FRV standards. If you filed your claim with the carrier within nine months of delivery and you are dissatisfied with the carrier's final offer, or if you did not receive a final offer within 30 days of filing the claim, you should not hesitate to contact the Fort Riley OSJA claims office for assistance.

Do not delay seeking help. Bring documentation of all discussions with the carrier, such as email, with you to the claims office. The claims office staff can evaluate whether the carrier is treating you fairly and can provide guidance.

Ultimately, if you complied with the FRV rules and cannot reach a satisfactory result with the carrier, you may transfer your claim to the Fort Riley OSJA claims office.

There are limited circumstances under which the claims office can pay your FRV up-front on your transferred claim. In most circumstances, the claims office will pay you the depreciated replacement cost or repair cost and then attempt to recover the full replacement value from the carrier.

Once the Army has recovered the full replacement value from the carrier, the Army will then make a supplemental payment to you representing the difference between what it recovered from the carrier and the amount it has already paid you. If you do not file your claim with the carrier within nine months and therefore lost the ability to obtain FRV recovery, you must file your claim within two years of delivery to obtain any recovery at all. Although there are some very limited exceptions to this requirement, they are rarely approved.

#### FILING YOUR CLAIM WITH THE MILITARY **CLAIMS OFFICE.**

You may still file your claim directly with the OSJA Fort Riley claims office without first filing with the carrier. However, if you do, you will give up your right to have your claim settled on the basis of full replacement value. The Fort Riley claims office will settle your claim by paying the depreciated replacement or repair cost, whichever is less.

The Fort Riley OSJA Claims Office staff is here to answer your questions and to help. We are in Building 216, 216 Custer Avenue, on Main Post. We accept walk-ins from 8:00 a.m. to 4:00 p.m. Monday to Thursday. You may also call the office with questions at (785) 239-3830.



PFC. DERICK MORRISON **KILLEEN. TEXAS** 701st Brigade Support Battalion, 4th Infantry Brigade Combat Team, 1st Inf. Div.

#### THE 1ST INFANTRY DIVISION POST 🗯

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#### LETTERS TO THE EDITOR

The Post welcomes letters to the editor. Letters should not contain any libelous statements or personal accusations. Letters accepted for publication must include the writer's full name and phone number. Letters may be edited for space, but never for content. Send a *fax* 785-239-2592 or e-mail usarmy.riley.imcom.mbx.post<sup>.</sup> newspaper@mail.mil



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## **ARMY TRANSFORMATION** Warrant officers critical to sustainment Army

#### By C. Todd Lopez ARNEWS

WASHINGTON - With a shrinking end strength and budget, the Army will need to relearn how to sustain what it has, rather than depending on contractor logistics support or replacements. Warrant officers will be key to that transition, Gen. Dennis L Via said.

"I recall (that) warrants maintained everything in the division," said Via, commander of Army Materiel Command. "Maybe you had some advisors, but you maintained it all ... and your Soldiers. But we've gone the other way."

Via spoke to an auditorium full of senior Army warrant officers in Alexandria, Virginia. The warrant officers were part of the first "Army Senior Warrant Officer Summit," June 28 to 29.

Via said as a result of 14 years of war following 9/11, the Army has become accustomed to a large budget, to war materials being delivered when and where they were needed, and to not having want for anything. Additionally, he said, the Army has come to depend heavily on contractor logistics support for things like vehicle maintenance.

But those times are over, he said. Funding has gone down and end strength is going down as well. Soldiers will have to relearn how to sustain the Army and its equipment. And they will have to do so in a time where equipment and gear is far more complicated than it was pre-9/11.

"How do you transition back to this new Apache now and the new Black Hawk" with only Army support and sustainment?" Via asked. "How do you strike that balance?



Army Gen. Dennis L. Via, commanding general of the U.S. Army Materiel Command, speaks during the Army's Senior Warrant Officer Summit at the Mark Center in Alexandria, Va., June 29.

That's the transition that is so critically important, that warrant officers are key to making happen. No one else in the Army can do that. I've been doing this for 35 years. No one else can help our Army transition to where we have to go, except warrant officers."

Via said most commissioned and noncommissioned officers lack the expertise to sustain the Army in the way Soldiers were able to do before 9/11. About 70 percent of Soldiers today, officers and enlisted, were not in the Army before the 2001 terrorist attacks.

"How do you train colonels and lieutenant colonels to run a maintenance meeting?" He asked. "They've never run a maintenance meeting. How do you show them how to manage a budget?"

"I talk to the pre-command course every month - battalion and brigade commanders - most of them have never managed a budget," Via said. "They say 'I want' and it showed up and it was always brand new."

That wartime culture where supplies are plentiful, where repairs happen elsewhere as Soldiers focus on mission rather than sustainment – must be transitioned away from, Via said.

It will be the "most significant challenge we face as an Army," Via said. "With fewer funds and fewer people, we will transition to sustainment of billions of equipment with Soldiers. Warrants have to make that happen."

The general also dispelled a myth that warrant officers need not be "strategic thinkers" in addition to their role as functional experts. Senior warrant officers - like senior enlisted and senior commissioned officers - are all required to be strategic thinkers, he said.

"I don't know how you can be a senior leader in the U.S. Army or any organization without being strategic," he said. "We are in a mobile, complex world. And while there are functional capabilities that you require in any particular area, I expect all of our senior leaders to be strategic thinkers and be able to have a vision of how we look to the future."

Army Chief of Staff Gen. Ray Odierno directed the Army staff senior warrant officer to produce a unifying "warrant officer cohort" strategy to outline how future warrant officers will be accessed, developed and managed in support of "Force 2025 and Beyond."

The two-day Army Senior Warrant Officer Summit served as a communications forum to enable the Army staff senior warrant officer to outline the Warrant Officer 2025 Strategy and facilitate an informative dialogue amongst senior Army leaders and senior warrant officers from throughout the Army. The forum focused on current and future strategic training and leader development issues for warrant officers.

Leading the summit was Chief Warrant Officer 5 David Williams, who now serves as the Army senior warrant officer. That position is new in the Army and was created to provide the Army's chief of staff with subject-matter expertise on warrant officer training and development.

## Raters may identify just 24 percent 'most qualified' on new report

#### By C. Todd Lopez ARNEWS

WASHINGTON — New policy for the noncommissioned officer evaluation report, or NCOER, due out in January, includes a limit on how many "most qualified" ratings can be handed out by a Soldier's senior rater.

Under the new system, a senior rater may rate only as many as 24 percent as being most qualified. That limit applies when those being rated are in the rank of staff sergeant through sergeant major. The expectation will be to make the rating of "highly qualified" as the "new norm," said Sgt. Maj. Stephen McDermid, the evaluations branch sergeant major for the Adjutant General Directorate, Human Resources Command.

"It's important to understand that the 'highly qualified' selection will be the norm and that noncommissioned officers (NCOs) will remain competitive for promotion with highly-qualified NCOERs, given they complete their required professional military education," McDermid said.

The senior rater profile is new on the NCOER, and similar to what is already being done on officer evaluation reports. Army leaders hope that implementation of a senior rater profile will help reduce "rating inflation" within the enlisted evaluation system, which makes it difficult for promotion boards to select the most qualified for promotion.

"It's hard to use (the NCO-ER) as a determiner of success and for potential for promotion when everybody is a 1," said Sgt. Maj. of the Army Daniel A. Dailey. "That should be the number one thing we are using to decide promotion potential. And unfortunately, because it is so equivalent for everybody, you can't. You have to go to other things like school reports, awards and decorations and all those other things." McDermid said the limit of 24 percent is designed to reflect the promotion percentages common across various military occupational specialties within the enlisted ranks. The intent is to make it easier for promotion boards to identify those Soldiers who are most qualified to be promoted.

The decision to set the limit to 24 percent was made by the sergeant major of the Army and his senior enlisted council. The recommendation was passed to both the Army's chief of staff and Army secretary, who both agreed with the recommendation.

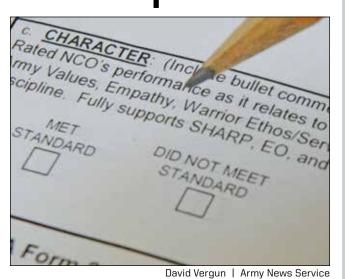
"It'll give promotion boards the ability to see who actually are the best by using the NCO-ER as a true discriminator of talent - what it's supposed to do," Dailey said.

The NCOER includes a block labeled "Senior Rater Overall Potential." That block includes check boxes where senior raters are asked to compare an NCO's "overall potential" to that of other NCOs of the same grade that the senior NCO has rated in his or her career. For the NCO being rated, senior raters may select from: "most qualified," "highly qualified," "qualified," or "not qualified." They may choose only one of those ratings, and may rate up to 24 percent of their Soldiers as "most qualified."

Another change to the NCOER includes the supplementary review.

Army leaders have asked for a supplementary review on NCOERs when the senior rater is a sergeant first class, first sergeant, master sergeant, warrant officer one, chief warrant officer two, second lieutenant or first lieutenant.

"This supplementary review will be performed by a uniformed Army Soldier, senior to the senior rater within the rated NCO's organization," McDermid said. "As designed, the supplementary reviewer will monitor evaluation practices and provide assistance



A new noncommissioned officer evaluation report is expected to more accurately assess Soldiers' performance.Under the new system, a senior rater may rate only as many as 24 percent as being most qualified. That limit applies when those being rated are in the rank of staff sergeant through sergeant major.

and/or advice to rating officials as needed."

#### **COUNSELING REQUIRED**

With the implementation of the new NCOER, counseling will remain critical in reviewing the Soldier's demonstrated performance and potential while focusing on leader development throughout the rating period.

Raters must counsel the rated Soldier initially and quarterly, while the senior rater should counsel the rated NCO twice during the rating period.

"Ideally this will occur within the first 30 days of the rating period and then at the mid-point," McDermid said. "To account for this, senior raters will have a section on the form to annotate comments from any counseling sessions conducted with the rated NCO."

The requirement for counseling is also expected to help curb rating inflation, Dailey said, because senior raters, who in the past have neglected to engage in counseling with an NCO for an entire rating period, have been reluctant to rate that Soldier as anything less than the best. "That's why they got 1 blocks in the past," Dailey said. "(Senior raters) didn't do their job counseling, so they just gave them a 1 block."

Dailey said that when senior raters hold counseling with the Soldiers they senior rate, they are more comfortable providing an honest rating at the end of the year.

"If I tell you all throughout the year in counseling that you are not doing a good job, I have no problem at the end of the year telling you that you are not doing a good job," Dailey said. "But if I haven't done my job in telling you what you have done wrong ... then we tend to shy away from that when it is performance evaluation time."

The new NCOER was at one point expected to hit the streets at beginning of the new fiscal year, which is Oct. 1. But Dailey asked the Army's chief of staff and Army secretary to move the date to Jan. 1. The additional time will allow for a fine-tuning of the process and procedures for tracking senior rater profiles to ensure Soldiers have a fair chance at promotions while also preventing rating inflation.

#### TRAFFIC REPORT

#### ESTES ROAD

Estes Rd. west of Normandy Dr. is projected to open early next week once the signage is in place.

#### **DICKMAN AVENUE**

The unusually wet weather recently has delayed the opening of Dickman Avenue. Estimates are now that Dickman Avenue will remain closed for work until August 18.

Dickman Avenue is closed at Pershing Avenue at the south end of the construction and just south of the AAFES gas station/ Shoppette at Huebner and Dickman on the north end of the construction. Both entrances to the AAFES gas station/Shoppette will remain open.

The designated detour between Huebner Road and Dickman Avenue is Holbrook Avenue. Detour signage is posted. During the road closure, the GSA vehicle service facility, Bldg. 386, and the main post fuel point is only accessible via Carr Avenue from Pershing Avenue.

#### **HAMPTON PLACE**

A portion of Hampton Place, from Jackson Avenue north to Ashby Drive, will be closed to thru traffic through September. A pedestrian and bike detour is in place during this time. The closure is part of the demolition and construction project in the Warner Peterson Community. Access to Custer Hill Elementary School will be available from Ashby Avenue. For more information, contact Corvias Military Living at 785-717-2200.

#### ACP HOURS OF OPERA-TION

Access control point hours are:

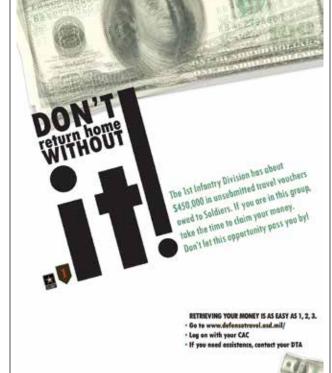
Four Corners/Trooper/ Ogden: Open 24/7 Henry: Open 24/7

**12th Street:** Open from 5 a.m. to 7 p.m., Monday to Friday; 8 a.m. to 5 p.m., Saturday; closed on Sunday and federal holidays.

**Rifle Range:** Close to all traffic.

**Grant:** Open from 5 a.m. to 7 p.m., Monday to Friday; 8 a.m. to 5 p.m. Saturdays; closed Sundays and federal holidays.

**Estes:** Open from 5 a.m. to 7 p.m., Monday to Friday; 8 a.m. to 5 p.m., Saturday; closed on Sunday and federal holidays.



## Army regulation 600-20 defines proper online conduct

#### By C. Todd Lopez ARNEWS

WASHINGTON — "How do we ensure Army valuesbased conduct to prevent and respond to harm inflicted through the use of electronic communication?"

Army Chief of Staff Gen. Ray Odierno asked for an answer to that question earlier this year in the wake of revelations at the February 2015 Sexual Harassment Assault Response and Prevention Summit in Washington D.C.

At the SHARP summit, Soldiers spoke about online sexual harassment via social media. They had also discussed retribution, delivered online, against Soldiers who had spoken up about both sexual harassment and sexual assault.

In March, following the SHARP summit, Odierno directed the creation of a "tiger team" at headquarters Army level to address the issue, and to answer his question about how to prevent and respond to such behavior online.

"I expect Soldiers to uphold our Army values, on and off duty, and treat each other with dignity and respect," the general wrote earlier this month on his own social media page.

Odierno explained on his Facebook page that he is concerned with online bullying, cyber-stalking and online retaliation for reporting misdeeds.

"This behavior is unprofessional and should not be acceptable to any of us," he wrote.

As it turns out, the answer to Odierno's question didn't



The question of how to ensure Army values-based conduct that prevents any harm inflicted through the use of electronic communication, is addressed by Army Regulation 600-20, in a section titled "Treatment of Persons."

take as much work as it might have. The team uncovered a weapon to combat the problem that is already in the Army's inventory: Army Regulation 600-20.

Within the existing Army regulation, said tiger team member Lt. Col. Kay Emerson, who also serves as director of the Army's Equal Opportunity policy office, is section 4-19. The section is entitled "Treatment of Persons."

The policy states that the Army is a values-based organization, where everyone is expected to do what is right by treating all persons as they should be treated — with dignity and respect. Hazing, bullying, and other behaviors that undermine dignity and respect are fundamentally in opposition to Army values and are prohibited. The section defines both hazing and bullying. Mistreatment of others, it reads, does not have to be limited to in-person behavior. It can happen online as well.

When commanders find their Soldiers are engaging in behavior that is contrary to the Army values of treating others with dignity and respect, and that behavior is happening online commanders have a tool available to them already to remedy the situation.

"Being that this is a punitive policy, by working with their supporting legal advisor, commanders will be able to determine the most appropriate way to take action," Emerson said.

Army Regulation 600-20 specifically addresses the use of "electronic media," not "electronic communications." AR 600-20 currently addresses "other misconduct," and may more specifically describe other misconduct in the future. "Retaliation" and "reprisal" against Soldiers, who have reported the offenses and misconducts of others, is already addressed in other Army directives and policy. These issues will be readdressed in an update to AR 600-20, likely by the end of the year, Emerson said.

The tiger team Emerson serves on has outlined three lines of effort to achieve their goal of curbing non-professional behavior by Soldiers online. Those lines of effort were released to the Army, June 16, as part of an implementation plan called "Professionalization of Online Conduct."

The first is to update existing policy and regulations to reflect more accurately the social media landscape. They also will develop a report for senior Army leadership on online-related incidents. The report will collate incident information from Army staff offices.

The team also has a line of effort related to training, to "provide commanders and leaders the information and tools they need to educate others and respond appropriately to complaints; train current and future Soldiers, Army civilians, and contractors on how to protect themselves, identify and prevent inappropriate behavior and report online-related incidents."

Finally, the Army public affairs community is tasked with ensuring the Army community is aware of what online misconduct looks like, the training resources that are available, and the policy changes that are going to be made.

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According to the current AR 600-20, "bullying" includes, but is not limited to, "making threats, spreading rumors, social isolation, and attacking someone physically, verbally, or through the use of electronic media." Similarly, hazing "need not be committed in the physical presence of the victim; it may be accomplished through written or phone messages, text messages, email, social media, or any other virtual or electronic medium."

Online conduct should reflect the tenets of the Army profession. There is no difference in standards between in-person behavior and online conduct, the regulation says.

During a "town hall" meeting with Soldiers, June 4, Sgt. Maj. of the Army Daniel A. Dailey wanted to know why Soldiers are willing to engage in such behavior online, and to use online forums to express opinions and say things that they would never be willing to say in public.

He told Soldiers that saying something about a Soldier online, or saying something to a Soldier online, is the same as walking up to another Soldier and saying it to them in person.

Mistreatment of persons, both in person and online, is destructive to the unit cohesion that is required for the Army to conduct its mission. In short, it destroys the Army whether it happens in the unit, out in public, or online, Emerson said.

"People join an organization because organizations have specific values and cultures they want to be a part of," Emerson said. "The Army has expectations of good behavior - right behavior. Not just because it's nice or we want people to be happy. It's because it's a mission imperative. When we go places to do things, fighting forest fires in Montana, or going to a foreign country as an extension of national power ... we have to do that as a team.

"To be successful, that requires unit cohesion, with a positive command climate. We serve in battle and fight in the foxhole, not just for apple pie and the red, white and blue - but for the person next to us in the foxhole. When the bullets are flying, that is who we are taking care of. And we expect the same thing from him or her. We can only do that if we are mutually supporting and close-knit."

Army Regulation 600-20 doesn't just address what constitutes bullying or hazing or harassment - and it doesn't simply tell Soldiers what they should not be doing. It also spells out what Soldiers should be doing: it obligates Soldiers to report activities that are out of line with Army values.

"Individuals are responsible for ... advising the command of any incidents of hazing or bullying ... conducting themselves in accordance with this paragraph and treating all persons as they should be treated - with dignity and respect," the regulation reads.

#### STUDY Continued from page 1 folks to design and execute this study," Myers said, referring to the staff from USARIEM.

"They are like world-renowned experts in this type of study."

Myers said in the past two years of the study, TRADOC observed different types of units in various locations and environments across the Army so they would have a good cross-section of the Army.

The study at Fort Riley focused on M1 tank crewman tasks.

Myers said the purpose of the study is to provide valid, reliable, legally defensible predictive tests to be used to select Soldiers for placement into demanding occupations and determine what it takes to perform the physically demanding tasks required in military occupations.

"Currently, the Army does not have anything like that; we have the ASVAB (Armed Services Vocational Aptitude Battery) and a couple of other tests that look at cognitive things," Myers said. "We do some height-weight screening and we do some medical screening but we don't do any type of performance screening for Soldiers that want to join the Army."

The Soldiers conducted a series of criterion tasks provided by the different proponents, including the armor, infantry, artillery and engineer schools. These schools provided input to the overall process and helped decide which tasks would be selected for the physical demands study.

"A criterion task is basically a simulation of an actual Soldier task," Myers said. "One of the physically demanding tasks for an (M1 armor crewman) is to load the main gun of the tank, so the Soldiers will do that task or a simulation of that task."

The all-volunteer test group was divided evenly between male and female Soldiers who were rated on their ability perform tasks like simulated tactical movements under fire, evacuation a casualty, preparation of a fighting position and a 4-mile foot march.

Both male and female Soldiers were tested on the same tasks and their ability to perform under the same conditions.

"To be honest, seeing the females do the same MOS activities that we do, often, they did it better than often some of my comrades in my unit," said Pfc. Kevin Antiporta, an M1 tank crewman with Company D, 2nd Battalion, 34th Armor Regiment, 1st ABCT, 1st Inf.

Div., "They can do the job just like we can."

Following the completion of the criterion tasks, the Soldiers focused on a series of predictive tasks or potential predictive tasks, such as lifting of a dumbbell, which measured their muscular strength, or conducting a 300-meter run, which measured their cardiovascular fitness.

All data collected will be used to try to find a correlation between the two series of tests, Myers said.

The study was developed in response to then Secretary of Defense Leon Panetta's rescinding of the 1994 Direct Ground Combat Definition and Assignment Rule in January 2013, and his directing the integration of women into currently closed units and positions in the military.

"I think this is a very important test," Peter Frykman, a research physiologist with US-ARIEM, said. "We will end up, hopefully, in the future, having the right Soldiers paired up with the right jobs that they do."

Fort Riley is the last installation to be tested in this phase of study prior to the mandated implementation date of January 1, 2016.



Maj. Fredrick Williams | 1ST ABCT

Pfc. Ariana Saldana, a unit supply specialist with HHC, 1st Bn., 16th Inf. Regt., 1st ABCT, 1st Inf. Div., attempts to pull a simulated casualty from a mock-up of an M1 tank as Spc. Alexis Gonzalez, a medical laboratory specialist with Medical Laboratory Specialist with the U.S. Army Research Institute of Environmental, supervises during the Soldier 2020 Physical Demands Study June 23 at Fort Riley, Kansas. The simulated casualty could weigh from 50 to 210 pounds and Soldiers were evaluated on their ability to fully evacuate it from the mockup M1 tank.

#### TRAINING Continued from page 1



Spc. Jose Morales, a medic with 1st Bn., 7th FA Regt., 2nd ABCT, 1st Inf. Div., assesses a simulated casualty with his team during the Brigade Combat Team Trauma Training June 19 at the at the Medical Simulations Training Center on Fort Riley, Kansas. Medical Soldiers honed their combat lifesaving skills as preparation for the brigade's deployment later this year.

must be able to stop the bleeding and save that Soldier's life."

During the intense weeklong training, which was broken into two phases, instructors from the 187th Medical Battalion, 32nd Medical Brigade, from Fort Sam Houston, Texas, validated medic's skills.

During the first two days of each cycle, Soldiers received refresher instruction with hands on training.

"You can sit in a classroom and watch PowerPoints all day long," said Cpl. Steven Upham, senior medic with Company B, 1st Battalion, 63rd Armor Regiment, 2nd ABCT. "But hands-on is where it all comes together and it sticks."

Days three and four were about muscle memory, Upham said. Repetition, repetition and again repetition. It helps that everyone knows their jobs.

The final day of the training served as a culminating event designed to be physically and emotionally demanding. The medical teams were placed in a simulated battlefield environment in which they had to reach the casualty, assess the situation, treat and evaluate the casualty.

'Teamwork and communication are important in the medical field," Morales said. "... both can lead to major success in the field."

Levesque said trauma management was a perishable skill that tended to be lost without repetitive practice.

"We expect Soldiers to sharpen their trauma management skills," Levesque said. "A lot of it's reactive, as the correct intervention at the wrong time can kill a casualty. These realistic lanes the Soldiers underwent help to build the necessary confidence medics need in order to save lives."

Levesque was satisfied with how the training went.

"At the end of the day," he said, "the objective is to bring our brothers and sisters home."

# **Community Life**

#### JULY 10, 2015

#### HOME OF THE BIG RED ONE

#### PAGE 9

#### IN BRIEF

#### TRAFFIC UPDATES

For traffic updates, see the Traffic Report on page 6 or visit www.riley.army.mil and click on "Advisories."

#### GENERAL INFORMATION

For general information about events and services at Fort Riley, visit www.facebook.com/FortRiley or follow @FortRiley on Twitter.

#### FORT RILEY SPOUSE CHOIR

The Fort Riley Spouse choir is accepting new members. If you love to sing and want to spend time with other Army spouses, then this group is definitely for you. Practices are at the band rehearsal hall at 8630 Sustainment Drive at 6:30 p.m. Thursday nights.

#### **NO DOUGH DINNER**

The USO Fort Riley is helping to bring families together with free dinners. The next USO No Dough Dinners are scheduled for July 13 at McCormick Park from 5 to 6:30 p.m., then on July 31 at Moon Lake 6 to 7:30 p.m. in conjuction with the Directorate of Family and Morale, Welfare and Recreation's Night at Moon Lake. For more information, call 785-240-5326 or email usofortriley@ uso.org

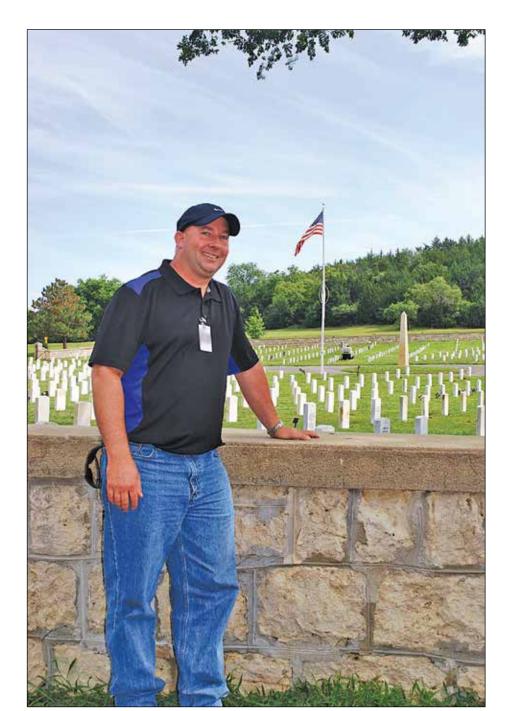
#### AN IMPORTANT REMINDER

Visitors to Fort Riley are reminded that a temporary Fort Riley Access Badge or Pass is required for anyone without a Department of Defense ID card. If you know the exact date of your visit, it is highly recommended to get a temporary badge or pass early by stopping by the Visitor Control Center, calling (785) 239-2982 or emailing usarmy.riley.imcom-central.mbx. des-vcc@mail.mil

Please note there are longer wait times for passes during periods of higher traffic-especially weekday mornings and weekday afternoons-when Soldiers and civilian employees are traveling to work and physical fitness activities.

If you're unable to get a pass early, make sure to allow extra time the day of your visit to get through processing at the Visitor Control Center.

Please visit our website at



The professionalism and gentle presence of Matt Murray, Engineer Tech and Cemetery Responsible Official for the Fort Riley Cemetery, is vital to families who are accompanying their loved one to their final resting place. It is a job that requires Murray to put the needs of others first.

# Grounds for **ASSISTANCE**

### Fort Riley cemetery official helps families as they accompany loved ones to final resting place

#### MORE ONLINE

• For more information on **Feds Feed Families**, go to the United States Department of Agriculture website's Feds Feed Families page.

## Feds Feed Families collecting until Aug.31

Participating commissaries serving as collection sites for donation campaign

#### By Jessica Rouse DEFENSE COMMISSARY AGENCY PUBLIC AFFAIRS

FORT LEE, Va. – Commissaries are serving as collection points for the Feds Feed Families campaign, which began June 1 and ends Aug. 31 at participating stateside military installations.

The Fort Riley Commissary is participating, store director Peter Howell confirmed.

"There is a box out front (of the commissary)." Howell added. "We also offer pre-made donation bags both for health and beauty, as well as food bags, and both can be bought in the line," he said.

The effort benefits area food pantries and food banks.

"This marks our sixth consecutive year participating in this campaign,

#### See COMMISSARIES, page 12



http://www.riley.army.mil/ Units/GarrisonCommand/EmergencyServices/AccessInformation

#### SPOUSES' SIP AND CHAT

Spouses of active duty service members are welcome to join USO Fort Riley for coffee, snacks, friends and fellowship from 9:30 to 11 a.m. on the third Wednesday each month. USO Fort Riley is located at 6918 Trooper Drive. For more information, call 785-240-5326.

#### RILEY RIDE

Heading to Aggieville for drinks? Get home to Fort Riley safely with Riley Ride. The transportation service is open to all Department of Defense ID cardholders and runs Friday and Saturday evenings. For more information, call 785-239-5614.

#### **ALCOHOL SALE POLICY**

All Army and Air Force Exchange Service locations at Fort Riley are no longer selling alcohol from 11 p.m. to 7 a.m. daily. The 1st Infantry Division and Fort Riley policy was implemented to reduce alcohol-related incidents.

#### PUBLIC WORKS SERVICE

In emergency utility service situations like power outages, contact the Fort Riley Public Works Service Desk at 785-239-0900 to report the problem. You also may call your neighborhood office, and the staff will report the outage for you. For your neighborhood office phone number, visit www.rileypicerne.com, click on "Residents" and "About Our Neighborhoods."

For tips on how to prepare and cope with a power outage, visit www.acsim.army.mil/readyarmy/ Power\_Outage\_Fact\_Sheet.pdf.



Story and photo by Gail Parsons 1ST INF. DIV. POST

Row after row of white granite markers at the Fort Riley Post Cemetery stand as a collective remembrance of veterans who served with honor during war and peacetime. For every marker, however, there's a story – there's a family who felt the pain and anguish of putting a loved one to rest.

During their time of sorrow, Matt Murray, Engineer Technician and Cemetery Responsible Official, is there with professionalism and gentle guidance as family members accompany their loved one to their final resting place. The emotionally difficult job is not one everyone could handle with the grace and compassion he shows.

"I work with the families and funeral homes – schedule the funerals for the Post Cemetery, make sure we get all the proper documents and everything we

See CEMETERY, page 12

"I don't know if there is an easy way to handle it (families grieving) — softly and quietly I guess. Give the family time and let them do what they need to do, and let them know you are there for them if they need you."

MATT MURRAY CEMETERY RESPONSIBLE OFFICIAL

Staff Sgt. Ron Annis, a mechanic in Headquarters Support Company, Division Headquarters and Headquarters Battalion, 1st Infantry Division, leans out the driver's side door of the ABF truck he is attempting to parallel park.

## Soldiers strive to complete CDL course

Successful finish of ABF trucking class leads to employment opportunity

#### Story and photos by Maria Childs 1ST INF. DIV. POST

Staff Sgt. Ron Annis, a mechanic in Headquarters Support Company, Division Headquarters and Headquarters Battalion, 1st Infantry Division, leaned out the driver's window looking down the truck trailer to see what his next move would be to successfully parallel park the green and yellow ABF Inc. truck inside the orange cones.

"I'm not good at parallel parking," Annis said after successfully parking the truck.

Annis is one of many Soldiers who enrolled in a commercial driver's license course offered by staff from ABF Freight. The six-week course is part of a contract between the Department of Defense, Teamsters and ABF Inc. Every Soldier who passes the course will get offered a job with the trucking arm of ABF Freight System Inc.

## Fort Riley holds recycling events

Community learns more about hazardous waste, proper disposal

#### Story and photo by Jakki Forester 1ST INF. DIV. POST

The Fort Riley Recycling Center, Directorate of Public Works and the Environmental Waste Management Center hosted household hazardous waste collection events June 23 at Riley's Conference Center and June 24 at the McClellen Place Neighborhood Center.

"We host these events to make it easier for customers or Soldiers to recycle," said Rick Doll, environmental protection assistant for DPW Environmental Protection Division. "It's PCS (permanent change of station) season. We don't want them to have to worry about having to make it down to Camp Funston in order to recycle."

When families are in the process of moving on or off of Fort Riley,



Walt Eagleburger, member of the pollution prevention branch of Directorate of Public Works, displays free issue items at the Household Hazardous Waste Collection Event June 23 at the McClellen Place Neighborhood.

they may need household hazardous materials like cleaning supplies or maintenance supplies movers would not allow on the trucks. These events allow for simple exchanges of supplies no longer needed by some but needed by others. Kirsten Batchelor, wife of Lt. Col. Eric Batchelor, former commander of 2nd Battalion, 16th Infantry Regiment, 4th Infantry Brigade Combat Team, 1st Inf. Div., said her family is getting ready to PCS and saw the sign for the event while walking their dog.

"I had a bunch of stuff that need to be safely disposed of," Batchelor said. "I think it's incredibly important to have events like this. It's important for things to be properly disposed of so that stuff that doesn't need to be in landfills, doesn't end up there."

Batchelor said she knows others on Fort Riley who are getting ready to PCS as well and told them about the events.

The household hazardous waste collection events are publicized for families moving away or for new Soldiers and their families to clean or fix their home if they are unable to go to the store or aren't familiar with their surroundings. However, any post resident can acquire small amounts of supplies they might need.

See RECYCLING, page 12

See COURSE, page 12

#### COMMUNITY CORNER

## Being there for our exceptional family members

By Col. Andrew Cole GARRISON COMMANDER

• ome of our Soldiers have family members who need a more support than others. They are exceptional family members and the challenges of caring for them can be overwhelming if you are doing it by yourself. The weight of the world sits hard on the shoulders when it's carried alone. We, as the Fort Riley family, need to provide support. If you are one of those Soldiers, the Army Exceptional Family Member Program is here for you — and so are we.

The EFMP isn't new. It's been around helping Army families for about 30 years. And while the EFMP provides coordination for education, community support, medical and personal services, it is up to us as the Army family to



When we

the excep-

tional members in our assigned families? Are planned activities adaptable to include games that accommodate specific needs in our unit's family structure?

We might not be able to adapt everything, but including something specific to our family members means we aren't leaving them outside of the fun designed to bond units and Army families together.

If you are a sponsor of a Soldier transitioning to Fort Riley with an exceptional fam-

ily member, get them plugged into the Army Community Services EFMP office right away. Call and find out what resources are available to you as a sponsor to share with them. Moving is stressful enough. Think about how you can ease that transition as your new Soldier leaves an established support system at a previous location and has to learn to trust new resources, new people for the care of an exceptional family member, while learning about the mission of a new unit.

Maybe the exceptional family member is in one of our civilian or contract employee families and they don't have the EFMP program. They can still reach out to our ACS folks for ideas, information and area resources. And they still have us.

Maybe it's as simple as being a friend. Get to know

## Fort Riley residents eligible for free fair contests

#### All Geary County Fair exhibits to receive ribbon awards

#### **By Gail Parsons 1ST INF. DIV. POST**

Fort Riley residents, who sew, bake, paint, do woodwork, photography, scrapbooking, jewelry making and any number of other creative arts are invited to enter their handiwork in the Geary County Free Fair.

The fair will run the week starting Monday, July 20 at the Geary County Fair Grounds, 1107 S. Spring Valley Road in Junction City.

Entries will be accepted from any person residing in Geary County, Fort Riley and the surrounding counties. There is no age limit to enter. While members of area 4-H clubs compete among themselves, people who are not associated with 4-H can enter in Open Class.

All exhibits receive ribbon awards. Champion and Reserve Champion ribbons

#### ENTRY AND JUDGING SCHEDULE FOR OPEN CLASS

- Monday • 4 - 6:30 p.m. Entries accepted for photography
- 3- 7 p.m. Entries accepted for textiles, and arts and crafts
- 4 7 p.m. Entries accepted for floriculture, horticulture, and agriculture
- 7:30 p.m. Judging of photography entries

#### Tuesday

- 8:30 11 a.m. Entries accepted for floriculture, horticulture, and agriculture
- 9 a.m. Judging of arts and crafts, and certain classes of textiles, noon Judging of floriculture
- 1:30 p.m. Judging of horticulture and agriculture, and the remainder of the textiles
- 6 8 p.m. Entries accepted for food preservation and food preparation

#### Wednesday

- 8:30 a.m. 11 a.m. Entries accepted for food preservation and food preparation
- 1 p.m. Judging of food preservation and food preparation
- 2 p.m. Open Class food sale (baked goods will be sold following the judging)
- 4:30 5:30 p.m. Baking contest entries accepted

Home buying seminar offers help to military families

5:30 p.m. Baking contest judging begins.

will be awarded in a division provided the judge determines entries merit such designations.

All work must be the work of the exhibitor and must have been completed within the past two years, with the exception of entries in food preservation - those items must have been preserved since July 2014.

your fellow Soldier or coworker

and his or her family members

as individuals. Remember we

are all human and all working

for the best for those we care

about. Sometimes, the best

support we can give to any

active listening.

coworker is a few minutes of

Whether a person has an

exceptional family member or

not, getting to know each other

is vital to building trust and a

solid professional relationship

respect. I invite you to do a gut

today to be supportive toward

– To comment on this article

or to suggest a topic for Commu-

nity Corner, email usarmy.riley.

imcom.mbx.post-newspaper@

mail.mil or visit my Facebook

page at www.facebook.com/

fortrileygc.

check - what have you done

the coworkers around you?

based in truth and mutual

This year's Special Baking Contest is Quick Bread Coffee Cake.

The special baking contest and all other categories have specific entry rules. To avoid disqualification because something was not presented properly or on right time, go to www. geary.k-state.edu/county\_fair/ for entry requirement details. People who are not in 4-H should click on the Open Class Fair Book for the information they need.

The website also has the schedule - each division has a different day/time it accepts entries and conducts judging. Participants will want to make sure they have their items turned in on time.

The schedule also gives times of other fair events, such as the watermelon feed, the ice cream social, the 4-H livestock judging and auction, the horse-drawn carriage rides, and many more events that are on tap.

## Children with special needs to experience excitement of a rodeo

Junction City site for 18th edition of the **Special Needs Rodeo** 

#### By Sarah Falcon 1ST INF. DIV. POST

The staff of the Junction City Rodeo Committee and Fort Riley's Exceptional Family Member Program have planned a real, live rodeo for children with special needs.

The Special Needs Rodeo is scheduled for July 18 from 10 a.m. to 12 p.m. at the 4-H Senior Citizen Center, 1107 Spring Valley Road, in Junction City.

"This event gives families an opportunity to join together and have a new, cultural experience that they maybe haven't had before," said Laurie McCauley, manager at the Exceptional Family Member Program.

#### **IF YOU GO**

#### **Special Needs Rodeo**

» 10 a.m. to noon July 18 » 4-H Senior Citizen Čenter 1107 Spring Valley Road, Junction City » RSVP by July 10

For more information, contact the Exceptional Family Member Program (EFMP) office at 785-239-4983.

This year's event will mark the 18th iteration of the Special Needs Rodeo in Junction City.

"Families have mentioned that it provides a good experience," said McCauley. "A boy from last year's event enjoyed it so much he continued working with the horses and used it as a therapeutic service."

Children will be given a cowboy hat, T-shirt and bandana to wear when they enter the arena.

## )W SHOWING

Barlow Theater is now in digital! Tickets cost \$6.00 for adults and \$3 for children Tickets for 3-D and first-run movies cost extra. Children younger than 5 are admitted free.



FRIDAY, JULY 10 · Jurassic World 3D (PG-13) 7 P.M.

SATURDAY, JULY 11 Aloha (PG-13) 2 P.M. • Jurassic World 3D (PG-13) 7 P.M.

> SUNDAY, JULY 12 • Entourage (R) 5 P.M.

#### By Maria Childs 1ST INF. DIV. POST

Buying a home may be the most important purchase of someone's life and the most costly.

The Fort Riley Housing Services Office staff offers free home buyer seminars monthly during permanent change of station season and quarterly throughout the rest of the year.

The next seminar is scheduled for July 28 in Building 210, room 118, on Custer Avenue at 1 p.m.

According to Elbert Newman, Housing Services Branch Chief, the seminars are designed to walk people through every phase of home buying.

"Home buying is a complex process, involving the buyer, the seller, realtor, lender, title company and home inspector," Newman said. "Attending a local seminar also provides current information on the local market. For most people buying a home is the largest purchase they will ever make. It is important that they are armed with as much information as possible."

The federal government approved legislation for up to an \$8,000 tax credit for first time home buyers in January of 2009. A tax credit that does not have to be repaid.

Newman said the home buying seminar gives information about how to use this tax credit and come out on the other end with a stable home. The office also partners with speakers with professional knowledge of purchasing real estate and what financing is available through Veterans Administration Loans, Department of Agriculture Loans and conventional mortgage loans.

Local licensed real estate specialists, lenders and developers are the subject matter experts who provide content for the customers. Newman said the seminar is informal and allows people to ask questions about any phase of buying a home.

'Increasingly more Soldiers are buying homes than we have seen in the past," Newman said. "Rents have continually increased over the years. Service members are beginning to look at the amount they are paying for rent and realizing they are building no equity for their future."

For more information or to reserve a spot in the seminar, call the Housing Service Office at 785-239-3525. Walk-ins are also welcome.



For movie titles and showtimes, call 785-239-9574

## Apply now for next Flint Hills Regional leadership program

#### By Abigail Chewning 1ST. INF. DIV. POST INTERN

The members of the Flint Hills Regional Leadership Program connect potential leaders with those serving in the member's community. Formed in 1992, the Flint Hills Regional Leadership program provides the framework to encourage participants and provide networking opportunities.

This program allows members who show interest in their region, in subject areas like historical perspective, connect

with key community leaders and plans for the region to build it up. It also provides a venue to emphasize awareness and increase regional strengths and resources.

During the program, participants get a chance to go to the communities in the Flint Hills region and explore how the community members contribute. The goal is to expand knowledge and leadership qualities, such as being attentive, enthusiastic and welleducated, through structured sessions to help Fort Riley

and surrounding communities connect and understand each other. Each session is a 10hour event that has class portions and trips to see business and community buildings. In class time they explore leadership skills and learn how to work well with others. During the trips details on community history are explored as well as businesses that contribute to the region.

The next iteration begins Sept. 3, 2015, with sessions scheduled through Feb. 12, 2016. People may request an

application, download one from the organization's website or be nominated by others. Consideration is based on leadership qualities and a willingness to provide input on the community. The application deadline is July 17.

Flint Hills Regional Leadership Program board members will select 24 participants from the applications received. Applicants selected will be notified Aug. 3.

Carol Fittro, a U.S. Army Garrison-Fort Riley management analyst, is a 2012 alumna

**Golf Grand Prize:** 

who praises the program to people on Fort Riley.

**. . .** 

"Having an opportunity to meet and work with the local leaders gave me a better understanding on how they operate and a new perspective that I could bring back to my office and incorporate ... into the way we do business in our office" said Fittro.

Participants' gain opportunities to explore interesting things, like historical backgrounds, and to get involved with an area they might not have known before.

Executive Director Ailleen Cray said the program has many benefits for the community, such as providing a venue to understanding of how people from other communities view Fort Riley.

"As a participant you acquire 21st century leadership skills, which means you, learn to appreciate gifts and talents of otherwise strangers to build working relationships to broaden the community" said Cray. "It potentially influences us to work together with our region ... all of us our going to benefit."

wing Grand Prize:

#### TORNADO SAFETY TIPS

#### PREPARING FOR A TORNADO

- Develop a plan of action.
  Pick a tornado safe room in your home.
  Have frequent drills.
  Have a NOAA Weather Radio with a warning alarm tone.
  Listen to radio and television for information.
  Sign up for Fort Riley AtHOCtext messaging alerts.
  If planning a trip outdoors, listen to forecasts.

#### SURVIVING A TORNADO

- Always remember "DUCK."
  - DOWNTOTHE LOWEST LEVEL
  - UNDER SOMETHING STURDY
  - COVERYOUR HEAD
  - KEEP IN THE SHELTER UNTIL THE STORM HAS PASSED
- · Go to lowest level of the building, stay away from windows.
- If caught outdoors, seek shelter immediately.
- Get out of automobile and get into a sturdy structure or ditch. Or, buckle your seat belt and get below window level of your vehicle.

Tornadoes can occur at any time of day or night and at any time of year. A tornado is a violently rotating column of air extending from the base of a thunderstorm down to the ground. Tornadoes are capable of completely destroying well-made structures, uprooting trees and hurling objects through the air like deadly missiles.

FORT RILEY EMERGENCY MANAGEMENT OFFICE (785) 240-0400



June 1- September GET YOUR CARD - GO BOWLING - PLAY GOLF - WIN PRIZES! THE MORE YOU PLAY, THE BETTER YOUR CHANCES OF WINNING! Custer Hill Golf Course \ **Custer Hill Bowling Center** KIDS 16-UNDER: (SHOES INCLUDED) KIDS 16-UNDER: Buy the first game for \$1, get one free! Pay \$1 per hole played Info: 785-239-4366 Info: 785-784-6000

A VALUE OF OVER \$100 EACH!

Bowing ball and bac

JULY 10, 2015 | 11

#### HOME OF THE BIG RED ONE

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## **CEMETERY** Continued from page 9

need to make sure everything goes smoothly," he said. "We work with the families if there is anything we can do to help them make it as smooth as possible - they are going through some tough times."

When families are ready to go to the cemetery, Murray meets them off post and escorts them to a pre-determined entrance where the military police then escort him and the family to the cemetery. With the relatively new regulations pertaining to visitors, the last thing a grieving family needs to do is sit in the visitor center for any length of time while waiting approval to get on post.

We work with the MPs to make sure we can get the families on the installation and off the installation in an easy, timely manner," he said.

He acknowledges the job is not always easy and would certainly not classify it as fun. But it is rewarding when he knows he has been able to help make a difficult time easier for a family.

He recently assisted W.R. Wilson who had the difficult task of interring his mother's remains.

"If that's where I'm needed, 🛛 🎆 then that's where I'm needed, and I'll do what I need to do to make sure everything goes as smooth as it can go."

MATT MURRAY | CEMETERY RESPONSIBLE OFFICIAL

"He patiently and very methodically explained the process necessary for me to accomplish my sorrowful task," Wilson said of Murray in a letter. "Not only did he make available the required documentation, explain aspects of handling and transporting cremated remains, advised of nuances associated with gaining access to Fort Riley, suggested other available Fort Riley services, he even offered to meet me and my family to escort us on post. Mr. Murray even periodically followed up via e-mail to inquire if all was going well and if he could offer additional services."

It is a job that requires Murray to put others' needs first and foremost at all times.

He inherited the job in late 2012, when the 100 percent accountability orders came in from Arlington National Cemetery. The new policies and procedures required transition of the cemetery responsibilities from what was then known as the Directorate of Logistics to Public Works.

When he was assigned the duties, he said he didn't give it much thought.

"It was a job, with all the cuts going on it is something that needs to be done and things that need to be taken care of," he said. "If that's where I'm needed, then that's where I'm needed, and I'll do what I need to do to make sure everything goes as smooth as it can go."

Being part of the process when a family is going through the difficulty funerals bring requires a tempered response - a balance between knowing when to approach and when to melt into the background.

"I don't know if there is an easy way to handle it - softly and quietly I guess," he said. "Give the family time and let them do what they need to do, and let them know you are there for them if they need you."

He recalled when he started the job; he was not unlike so many other people who have difficulty speaking with those who are grieving.

"I was one of those people who avoided funerals as much as possible," he said. "Unfortunately, since I have taken this on I think I have gone to more outside of the job than I ever did before - it's just the time line. People I know are passing. I guess it has made it easier to go to those."

Putting the emotional challenges of the job aside, he said for himself or others who need to face their own fears of going to a funeral and approaching grieving families, it is best to simply reaffirm you are there for them and will do whatever you can to help ease their burden.

## COURSE Continued from page 9

"A lot of jobs in the civilian world being a mechanic require a CDL license," Annis said about his motivation to join the course.

By week two of the course, the Soldiers had already learned about the rules of the road in the classroom and were now getting into the rigs.

"We've studied up on hazardous material and pre-driving inspection and just getting life experience from instructors," Annis said.

"Learning to drive these vehicles and getting the license adds one more skill you have when you get out and are apply-ing for jobs," Annis said.

Annis said it's beneficial that employees with ABF Inc. are willing to walk them through the hands-on experience they are part of. He said the staff asks the Soldiers to do a "look around" of the truck while trying to park it. The Soldier gets out of the truck and walks around the truck to see what position it is in and what the next step is.

"It helps to see where the truck is and where you need to

RECYCLING Continued from page 9

#### **DID YOU KNOW?**

• Every Soldier who passed the six-week commercial driver's license course offered by staff from ABF Freight got offered a job with the trucking arm of the company.

put it so you don't hit a vehicle or building,"Annis said. "They'll advise us as we're going."

The first course began June 22 and graduation is expected to take place at the end of July.

David Miles, transition services specialist with the Soldier for Life Transition Assistance Program, said this course is a first of its kind. The employers are teaching the course and supplying all materials to offer the Soldiers a stable job after the military.

Soldiers can get an application packet at the SFLTAP office in Building 212. All packets must be returned 10 days before the start of the course. Miles said a brief interview will take place upon completion of the packet.

#### **COMMISSARIES** Continued from page 9

and what could be better than helping provide food for those in need around us," said Randy Eller, DeCA's deputy director of logistics.

Last year, DeCA collected almost 1 million pounds of food donated at commissaries and given to area food banks. That represented 30 percent of the Defense Department's total Feds Feed Families donation. Many stores featured donation packages provided by commissary vendors for patrons to purchase and donate on the spot.

"2014 was a great campaign year for us," Eller said. "Our customers should be really proud – a large number of people were helped."

Since the campaign's inception in 2009, more than 24

#### **DID YOU KNOW?**

• Since the Feds Feed Families donation campaign's inception in 2009, more than 24 million pounds of food have been donated.

million pounds of food have been donated.

Once the items have been collected, installation officials will work with their commissary to deliver the items to their local food bank.

The most-needed items for donations include:

• Canned vegetables - low sodium, no salt.

• Canned fruits - in light syrup or its own juices.

• Canned proteins – tuna, salmon, chicken, peanut butter and beans.

• Soups - beef stew, chili, chicken noodle, turkey or rice.

• Condiments - tomatobased sauces, light soy sauce, ketchup, mustard, salad dressing or oils.

• Snacks – individually packed snacks, crackers, trail mix, dried fruit, granola and cereal bars, pretzels and sandwich crackers.

• Multigrain cereal.

• 100 percent juice – all sizes, including juice boxes.

• Grains – brown and white rice, oatmeal, bulgar, quinoa,

couscous, pasta, and macaroni and cheese.

• Paper products and household items - paper towels, napkins and cleaning supplies.

• Hygiene items - diapers, deodorants (men and women), feminine products, toilet paper, tissues, soap, toothpaste and shampoo.

"We want to make a difference in the communities surrounding our stores," Eller said. "And our patrons and employees help us do that."

This year, no goals have been set, but DOD is urging participants to do their best to top their past donations.

For more information on this campaign, go to the United States Department of Agriculture website.

Walt Eagleburger, member of the pollution prevention branch of DPW, said customers can come and get free issue items if families just moved in or any family already on the installation. Some of the free issue items include latex paint, spray paint, paint thinner, carpet cleaner, laundry detergent and wood varnish among other things.

Doll said people moving in or out may need small amounts of the free issue items and don't want to buy a full bottle.

"These events give people a place to bring their household hazardous waste," Eagleburger said. "We don't want them to just throw it away or leave it in the quarters. This way it can get properly disposed of or repurposed."

Doll said he worked with Corvias Military Living to publicize the community recycling events through fliers, banners and the monthly newsletters for each living community. They also coordinated times and spaces for the truck and trailer collection point.

Annual household hazardous waste collection events began about five years ago. There are monthly events throughout the summer, but he tried to coordinate multiple events during June with housing communities.

During the time these types of events have been hosted, Doll said they have continued to grow as more people learn about them.

"I think this is a really good program," Eagleburger said. The events give people in housing areas access to properly dispose of household hazardous waste. It's gaining speed, which is good."



# **Sports & Recreation**

#### JULY 10, 2015

HOME OF THE BIG RED ONE

#### PAGE 13

#### IN BRIEF

**BOWLING SPECIALS** 

Monday to Friday: From 11 a.m. to 1 p.m., pizza and salad buffet, \$6.99

Monday to Friday afternoon specials: From 11 a.m. to 1:30 p.m., \$2 games and \$2 shoes.

Wednesday to Friday: From 1 to 6 p.m., \$2.50 games and \$2 shoes.

Saturdays: From 11 a.m. to 6 p.m., \$2.50 games and \$2 shoes.

Sundays: From noon to 6 p.m., family fun, \$35 per lane, which includes two hours of bowling, one large two-topping pizza, two pitchers of soda and shoes for up to six people.

Wednesday – Dollar Night: From 6 to 9 p.m., \$1 games and \$1 shoes.

Thursday – Quarter Mania: From 6 to 9 p.m., \$5 cover, which includes shoes and 50¢ games.

Friday – Red Pin: From 6 to 9 p.m., \$10 for 3 games with shoes and prizes

Extreme: From 9 p.m. to midnight. Cost is \$9, which includes shoes and up to three hours of bowling. Cost is \$7 for children.

Saturday – Extreme: From 6 p.m. to midnight. Cost is \$9, which includes shoes and up to three hours of bowling.

#### WATERMELON CRAWL

Summer fun for all ages! The Watermelon Crawl is scheduled from 1 p.m. to 8 p.m. July 11 at Custer Hill Pool. There will be watermelon eating contests, seed spitting, watermelon smashing and greased watermelon relays.

Entry fees for children 5 and older are \$3 and ages 2 through 5 are \$1.50. Children 2 and under are free. Pool Passes will not be accepted for this event.

For more information call 785-239-6398.

#### **10-5-2 PRAIRIE RUN**

The 10-5-2 Prairie Run is scheduled to take place at 7 a.m. July 18 at King Field House. The 10-mile course is a qualifier for Fort Riley's Army 10-miler team. No pets, strollers or headsets are allowed.

Registration is online at https://register.chronotrack. com/r/14309.

For more information, call

## WARRIOR GAMES



Courtesy Photo | ARNEWS

Team Army raises the Chairman's Cup trophy in celebration at the 2015 Department of Defense Warrior Games, June 2. The Army won the Chairman's Cup after earning 162 medals during the games, earning 141 points toward the Chairman's Cup competition.

## **Army takes Chairman's Cup after** medals blowout at Warrior Games

By Keith Oliver ARNEWS

MARINE CORPS BASE QUANTICO, Va. — Army athletes ruled almost every category on their way to grabbing the Chairman's Cup for the second straight year at the 2015 Department of Defense Warrior Games held at this historic Marine Corps base.

"That very first event, cycling, is what really brought this team together," said Sgt. 1st Class Keoki Smythe, the noncommissioned officer in charge at the Alexandria-based Warrior Transition Command.

"Then our track athletes and swimmers gave us a huge lead and our archery team had a gold medal sweep," the Seattle native said.

Begun in 2010 to test and showcase the resiliency and adaptability of combat-wounded, ill and injured Soldiers, Sailors, Airmen, Marines and Coast Guardsmen, the first games were dominated by the Marine Corps before the Army surged to a victory last year.

This time, it was a Soldiers' competition from start to finish as the Army notched 69 gold medals to the Marines' 47.

The Army out-medaled all competitors in the silver and bronze categories, as well, rolling to 141 points for the Chairman's Cup over the Ma-rine Corps' 96. The Air Force, with 65 points total, finished next. The British Armed Forces had 62 points, Special Operations Command had 34 and the combined Navy andCoast Guard team finished with 30.

Dempsey, chairman of the Joint Chiefs of Staff and former Army chief of staff.

In a touch of friendly rivalry, the Army beat a Marine Corps contingent in the presence of the hosts' service chief, Marine Corps Commandant Gen. Joseph Dunford.

Like Dempsey before him, Dunford has already been tapped by President Barack Obama to ascend to the chairman's job.

But Dunford was quick to minimize the competition piece in favor of underscoring the healing power and heartfelt nurture brought to bear through the athletes' families, friends, physical therapists and other caregivers - many of whom were in the bleachers for the closing ceremonies.

## Army team takes first place at Rifle Championship

By Sgt. Terry Brady ARNEWS

MARINE CORPS BASE QUAN-TICO, Va. - Soldiers with the U.S. Army Marksmanship Unit took first place last week at the 54th annual Interservice Rifle Team Championship.

The Marine team came in second at the championships, held at Marine Corps Base Quantico, ending July 1.

During the competition, shooters from across the Department of Defense competed in a myriad of matches consisting of individual and team-scored shoots, varying from distances between 200 and 1,000 yards.

"These are all the best military shooters," said Col. Timothy Parker, commanding officer, Weapons Training Battalion. "Here we have all of the best military shooters in the United States, and they go against each other to see who (are) the best military shooters."

During the competition, participants also embraced their common bond through marksmanship and shared with one another their knowledge so they could improve themselves and share that knowledge with their respective units, according to U.S. Army Reserve Staff Sgt. Jacob Probst, a competitor at the event.

'When I went overseas I didn't know how to shoot, (and) this is where that really gets to change," said Probst. "We get to develop high-level shooters (here), then they go back to their units and get to teach what they've learned.

"There is a different mentality for individuals who are competing at this level. They're almost always positive and driven, [and] they set goals and achieve those goals," said Probst.

After the competition, the participants attended a banquet and awards ceremony.

785-239-3146.

#### PT GOLF

PT Golf runs through Aug. 27 on Thursdays at 6:30 a.m. at Custer Hill Golf Course. PT Golf is open to platoon-level four-person teams. It is a ninehole alternate shot format and players run from shot to shot.

Teams get the following four clubs: driver, seven-iron, wedge and a putter. Teams may use their own clubs but must stick to those four.

For more information, call 785-784-6000.

#### **YOUTH SPORTS OFFICIALS**

Child, Youth and School Services is looking for officials for youth outdoor and indoor soccer, flag football, basketball, baseball and softball.

Volunteer and paid positions are available. Training provided and experience is not necessary. A background check is required.

For more information, call CYSS Sports at 785-239-9223 or 785-240-5207.

#### LOOKING FOR A WAY TO **SERVE VETERANS?**

Team Red, White and Blue is a national veterans outreach organization enriches lives of America's veterans by connecting them to their community through physical and social activity. For more information, visit www.teamrwb.org.

For Team RWB local chapter events, see "Team RWB Fort Riley" on Facebook.

#### **SKEET AND TRAP**

An introductory clinic is offered by appointment covering basics of sport of shooting. Gun rental, ammo and protective equipment are provided.

Cost is \$11.25 per round and \$6.25 for ammunition. For more information, call Outdoor Recreation at 785-239-2363.

Other events included wheelchair basketball, sitting volleyball and shooting. Wheelchair rugby had been slated as an exhibition sport but fell victim to hasty schedule changes in deference to two days' of severe downpours and tornado activity in the Mid-Atlantic region.

Led by team captain Frank Barroqueiro and assistant team captain Samantha Goldenstein, the Army was presented with the monster-sized Chairman's Cup by Gen. Martin E.

Smythe also alluded to an almost spiritual intangible that superseded scores, times and photo finishes.

"Truly, it is an honor." He said. "I feel very fortunate just to be around these Soldiers - the way they support each other."

I he guest of honor, retired Marine Corps Chief Warrant Officer 4 Martin W. Dankanich, spoke on behalf of all of the competitors during the event.

"It's truly great to be here and to be with so many competitors," Dankanich said. "What I

See CHAMPIONSHIP, page 14

## Dailey explains changes to Best Warrior competition

By Lora Strum ARNEWS

WASHINGTON - This year's Best Warrior competition has been revamped and moved to Fort A.P. Hill, Virginia.

Sgt. Maj. of the Army Daniel A. Dailey said the changes to the competition - which selects the Army's Soldier and Noncommissioned Officer, or NCO, of the Year - are designed to better assess Soldiers' basic grasp of Army standards and encourage them to push beyond to excel in increasingly challenging circumstances.

"It's about sending a message across the force to exceed the basic Army standards," he said.

To better assess Soldiers' abilities, to compete. the competition was moved from Fort This Lee, Virginia, its home for 13 years, to Fort A.P. Hill. The change of venue, Dailey said, allows for a more difficult the competiterrain, which better imitates battlefield environments.

We want our NCOs and Soldiers to be adaptive on the battlefield," he said.

In addition to habitat adaptation, Soldiers can no longer expect to complete a task in the absence of additional stressors. While previous competitions asked Soldiers to assemble a weapon and then move on to first aid in a separate scenario, the updated task merges the two. A Soldier may be asked to assemble a weapon from parts while executing a casualty evacuation and administering first aid.

The introduction of distractions, for Dailey, better resembles expectations in combat and creates a stronger league of leaders in today's complex world. "It's exactly how you would

replicate on the battlefield," Dailey said.

Even

the tasks become more challenging, Soldiers cannot expect leniency should they fail. Any Soldier who fails to exhibit basic Army standards will not be allowed to continue

new regulation isn't to make "undotion able" Dailey said, but to reinforce in each Soldier

the importance of physical and mental readiness.

"You should not be receiving recognition if you cannot pass an Army standard. We have to send a very clear message and we're going to be consistent with that," Dailey said.

beyond the physical to include a deeper understanding of Army history. The finalists will be taken on a staff ride through the Washington, D.C., metropolitan area to experience the memorable and sometimes

trict of Columbia.

"It's the whole Soldier concept," Dailey said. "We want to make sure everyone is well-rounded."

In ratcheting up the expectations, the rewards are also greater.

Soldiers who advance to the final These Army standards extend round of the competition will attend the Association of the United States Army, or AUSA, luncheon in Washington, D.C. They will be invited to attend professional development sessions at the AUSA's annual meeting.

Lastly, Dailey will open his home to painful Civil War history preserved those declared the best Soldier. With best of the best."

in Virginia, Maryland and the Dis- an emphasis on humility and dedication to being the best Soldier possible, Dailey's dinner with the finalists is not only to recognize their achievements, but to remind them there is another Soldier looking up to them.

The winners of Soldier and NCO of the Year competitions from commands across the Army, will compete in the Army Best Warrior competition in early October.

"It's prestige and honor that we're bringing to the Best Warrior Competition," Dailey said. "We want to recognize the best of the

Courtesy Photo | ARNEWS Staff Sgt. Jacob Kasarda, a military policeman with Headquarters and Headquarters Company, U.S. Army Garrison Benelux-Shinnen, Netherlands, guides himself down a rope during the 2015 Installation Management Command's Best Warrior Competition at Camp Bullis, Texas, May 5, 2015. He will be among 28 of the Army's elite, across 13 commands, to compete in a series of revamped physical and mental tests to select the Soldier and Noncommisssioned Officer of the Year.

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#### CHAMPIONSHIP Continued from page 13



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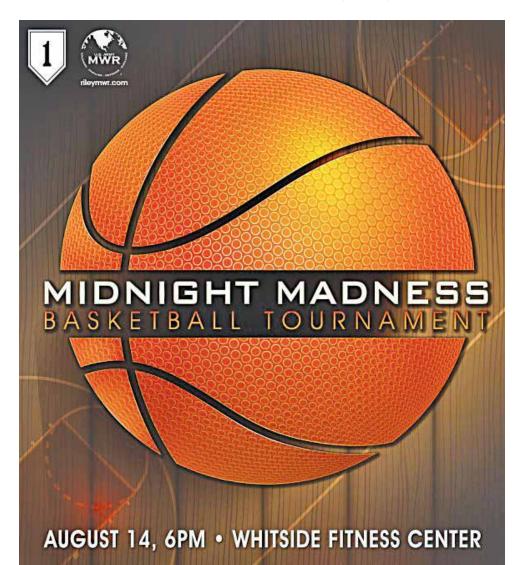
Courtesy Photo | ARNEWS

Soldiers with the U.S. Army Reserve team fire down range during the 54th Interservice Rifle Championship at Marine Corps Base Quantico, Virginia, June 29.

like about (this) is that this is our match. It captures the true spirit of sportsmanship and the brotherhood in arms."

Soldiers with U.S. Army Reserve Team Anderson won the Commanding General, Marine Corps Combat Development Command Team Match with a score of 1,767. Service members who participated in the championship will continue on to the National Rifle Matches held at Camp Perry, Ohio, later this month.

"There is only one winner and every single shot counts and ultimately in combat every single shot counts too," Parker said. "The difference in winning or losing can be in one shot."



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# **Travel & Fun in Kansas**

JULY 10. 2015

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## **History, attractions in Hometown Fort Riley**

Story and Photos by Maria Childs 1ST INF. DIV. POST

Fort Riley is an active military installation. The number of family friendly events, activities and sites on the post make it a hometown worthy of any local destination.

Located in the Flint Hills, Fort Riley is home to three museums, a bowling alley, a golf course, a movie theater and many other family friendly attractions for little to no cost. Some are open to the public and some for use only by DOD ID card holders of installation residents.

To access the post, a DOD ID card must be used or a guest pass can be issued at the Visitor Control Center at the Henry Gate off of the I-70, 301 exit.

If guests are planning a visit to Fort Riley, pre-registration is available for the access passes. For more information about pre-registration and the VCC, call 785-239-2982.

#### **OLD TROOPER**

The Old Trooper Monument is a tribute to the U.S. Cavalry. It is modeled after the drawing of "Old Bill," the cavalry Soldier CUSTER HILL BOWLING ALLEY portrayed by western artist Frederic Remington.

At the foot of the monument, visitors can find the grave of "Chief," the last cavalry horse on Army rolls. Chief died in 1968.

#### **1ST INFANTRY DIVISION MUSEUM**

The 1st Infantry Division Museum, 207 Custer Ave., showcas- 239-4366. es the history of the division. The museum includes an art collection with works by Frederic Remington and contemporary artists Don Stivers and Don Troiani.

#### **U.S. CAVALRY MUSEUM**

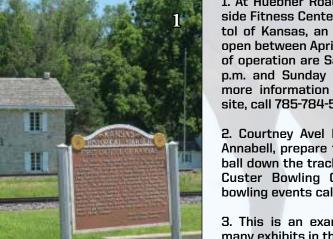
The U.S. Cavalry Museum, 205 Henry Ave., was constructed in 1855 as the post hospital, and the building became home to the Cavalry School after remodeling in 1887. It became a museum in 1957. Two floors of exhibits tell the history of Cavalry Soldiers from the Revolutionary War to 1950.

#### **CUSTER HOUSE**

The Custer House, on Sheridan Avenue, is the only remaining set of officers' quarters from the fort's construction in the mid-1850's. Staff of the museums provide tours of the house.

For more information about any of the museums including hours of operation, call 785-239-2737.

Custer Hill Bowling Alley is at 7485 Normandy Dr. and offers 40 lanes of bowling fun. There are daily specials that can accommodate any size of event.



1. At Huebner Road across from Whitside Fitness Center, sits the First Capitol of Kansas, an historical site. It is open between April and October. Hours of operation are Saturday 10 a.m. to 5 p.m. and Sunday noon to 5 p.m. For more information about this historic site, call 785-784-5535.

2. Courtney Avel helps her daughter, Annabell, prepare to push the bowling ball down the track toward the pins at Custer Bowling Center. For special bowling events call (785) 239-4366.

3. This is an example of one of the many exhibits in the U.S. Cavalry Museum. The museum tells the story of Cavalry Soldiers from the Revolutionary War to 1950.

4. The Custer House is the only remaining set of officer's quarters on Fort Riley and is a fully-furnished museum. The set up of the kitchen is modeled after the early 1880's style.

For more information about those specials, call 785-

#### **CUSTER HILL GOLF COURSE**

The Custer Hill Golf Course is located at 5202 Normandy Drive. With a pro shop, driving range and a club house, the 18-hole golf course offers a little something for everyone.

The golf course is part of the Sunflower Golf Trail, which means you don't just purchase a membership to this golf course, but you gain access to participating golf courses across the state.

For more information about the golf course and other golf facilities, call 785-784-6000.

#### **RALLY POINT**

Rally Point, located at 2600 Trooper Drive, hosts bingo nights and dancing events throughout the week. The facility is open Monday through Friday for special events and reservations. To set up a reservation, call 785-784-1000.

For more information about Rally Point and their events, call 785-784-5434.

For other hometown FOrt Riley activities check Facebook for USO Fort Riley or the Directorate of Family and Morale, Welfare and Recreation. Staff and volunteers from these organizations provide a number of family friendly activities on post.





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