

Vol. 62, No. 25 June 25, 2015

www.army.mil/jbmhh

Game o

Joint base, **The Old Guard** participate in second **Urban Warrior** Challenge

By Julia LeDoux Pentagram **Staff Writer**

Heat and humidity didn't dampen spirits or the level of competition that could be found at the second annual Urban Warrior Challenge and organization day held June 18 on the Fort Myer portion of Joint Base Myer-Henderson Hall.

The event began with an opening ceremony at 7 a.m. and continued throughout the day with a series of athletic competitions held near Spates Community Center. The purpose of the event, according to organizers, was to build esprit de corps and camaraderie among the troops while giving families a chance to see where their loved ones work.



Soldiers from the Honor Guard Company race to push a tractor tire over the finish line during the Second Annual Joint Base Myer-Henderson Hall/3d U.S. Infantry Regiment (The Old Guard) Urban Warrior Challenge and Organization Day June 18 on the Fort Myer portion of the joint base. See pages 6-7 for more photos.

"It's good friendly competition and a chance to get away from the daily routine and normal duties," said JBM-HH Commander

Col. Mike Henderson. Teams of Soldiers and Marines from around the joint base challenged each other and competed for bragging ammo can races and tug- see CHALLENGE, page 6

rights by squaring off in activities such as volleyball, a grenade toss, ultimate Frisbee, a tire roll, dizzy Izzy relay,

of-war matches. Army Staff Sgt. Christopher Siburt said the toughest part of the

Public Works to analyze building usage in effort to reduce excess facilities

By Guv Callahan Pentagram Staff Writer

The Joint Base Myer-Henderson Hall Directorate of Public Works staff are analyzing the base's buildings in an effort to identify and reduce excess facilities and use them more effectively.

In a new Army campaign initiated by Executive Order 164-15, employees will examine JBM-HH's property to bring down costs through more efficient use of the joint base's buildings.

"The Army has always emphasized the efficient use of facilities and the infrastructure in order to conserve space and to minimize the facility maintenance cost," said Bonsok Escobar, director of public works. "Within that objective, one is to allocate a sufficient amount of spaces for Soldiers and civilians who work on the base."

The plan will commence in two phases: first, DPW will analyze the base's existing buildings on the Fort Myer, Henderson Hall and Fort McNair portions of the joint

see **REDUCTION**, page 8

Headquarters Command Battalion welcomes new leadership

By Guv Callahan **Pentagram Staff Writer**

The United States Army Headquarters Command Battalion welcomed its new leadership team, Commander Lt. Col. Johnathon Kupka and Command Sgt. Maj. Kenyatta Mack, and bid farewell to its former leaders, Lt. Col. Mark Biehl and Sgt. Maj. Alex Pratt, during a change of command and change of responsibility ceremony June 19. After two years of leadership and service, Biehl and Pratt relinquished command to Kupka and Mack in Conmy Hall on the Fort Myer portion of Joint Base Myer-Henderson Hall during a ceremony attended by members of the JBM-HH community, the battalion, family and friends. Joint Base Commander Col. Mike Henderson welcomed Kupka and Mack to the joint base and voiced his confidence in their abilities.



Kupka received his commission in 1997 through the Reserve Officers' Training Corps at Pacific Lutheran College in Tacoma, Wash. He served in the infantry and as a Special Forces officer at Fort Lewis, Wash. He holds a bachelor's degree from Pacific Lutheran University and master's degrees from Georgetown University and the U.S. Army School of Military Studies, as well as a doctor of philosophy degree in political science from the University of Kansas. Kupka thanked Henderson and said he was well aware of the "awesome responsibility" he was undertaking. "I do not take this charge lightly," he said. "I will not let you, the battalion or the United States Army down." He also thanked his parents for raising him and helping form him into the man he is today. "Since 1975, they have

News Notes

Firecracker 5K "Twinkie" Challenge - July 2

The fourth race of this year's JBM-HH Commander's Race Series continues with the 2nd annual Firecracker 5K "Twinkie" Challenge and 2.5K Walk, hosted by Family and Morale, Welfare and Recreation. Competitors stop at the 2.5K mark to consume six crème-filled sponge cakes before completing the race. The race starts at the Fort Myer Fitness Center, Bldg. 414 at 6:45 a.m., July 2. Runners must consume six sponge cakes at the 2.5K mark to place. Registration for the Challenge is free and the first 101 to register will be eligible for a T-shirt. Online registration is open until midnight, June 28. To register online, go to www. jbmhhmwr.com. Race Dav registration is accepted from 5:30 to 6:30 a.m. at the fitness center. For further information contact Todd Hopkins at 703-696-0594 or email todd.a.hopkins.civ@mail.mil.

"I know these two leaders are

PHOTO BY DAMIEN SALAS

Right, Joint Base Myer-Henderson Hall Commander Col. Mike Henderson passes the flag to incoming Headquarters Command Battalion Commander Army Lt. Col. Johnathon M. Kupka during a change of command ceremony and change of responsibility June 19, in Conmy Hall on the Fort Myer portion of JBM-HH.

and will seize every opportunity to serve the great Soldiers and families that comprise

ready for the challenges ahead Headquarters Command Battalion," he said.

Born in Bakersfield, Calif., and raised in Aberdeen, Wash.,

see COC, page 4

Ten things to know around the DoD in July

Compiled by **ЈВМ-НН РАО**

1. Feds Feed Families. The Joint Base Myer-Henderson Hall Agriculture Department's annual Feds Feed Families food drive runs through Aug. 31. The campaign is a voluntary effort undertaken by federal employees to bring nonperishable food items to their offices for distribution to local food banks. Bring donations to several places on the Fort Myer portion of the joint base: the Fitness Center - Bldg. 414, the Exchange, Bldg. 450 and Buildings 202, 203, 205, 417 and 59. On the Fort McNair portion of the joint base, bring nonperishable food items to National Defense University, Marshall Hall - Bldg. 62, National War College – Bldg. 61, Dwight D. Eisenhower School - Bldg. 59, Lincoln Hall - Bldg. 64, Inter-American Defense College - Bldg. 50, Military District of Washington Headquarters -

The Commissary - Bldg. 523, Bldg. 39, the Shoppette - Bldg. 43, the State Department Federal Credit Union - Bldg. 41 and the Fitness Center - Bldg. 69. If you wish to add a collection point in your building, send an email to usarmy.jbmhh.asa. mbx.dptms-ioc@mail.mil or brian.d.leiby.civ@mail.mil or call 703-696-3291. Among the items on the "most-needed" list are low-sodium or no salt canned vegetables, canned proteins (tuna, salmon, chicken, beans), canned fruits and

soups, condiments, multigrain cereals, individually packaged snacks and crackers, peanut butter, brown and white rice and pasta. Families also need 100 percent fruit juices, paper products, cleaning supplies and hygiene items.

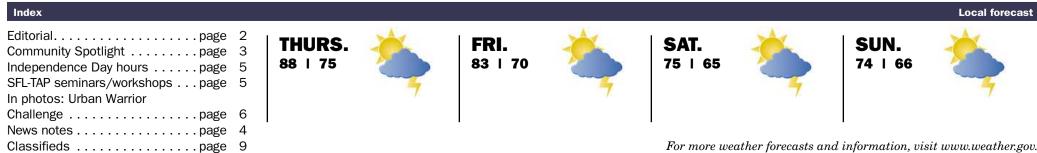
2. Marine Corps change of command. After two years at Joint Base Myer-Henderson Hall and some 25

see TEN THINGS, page 4

UniverSoul **Circus discount** coupons available

The JBM-HH Community Center in Bldg. 405 on the Fort Mver portion of Joint Base Myer-Henderson Hall has discounted coupons available for the world-famous UniverSoul Circus. Coupons are free. There are shows June 25 at 7 p.m. at National Harbor and a show July 1 at 7 p.m. Coupons are available to all service members, National Guardsmen, reservists, retirees

see NEWS NOTES, page 4



For more weather forecasts and information, visit www.weather.gov.

A civil re-enactment



PHOTO BY KATIE LEWIS

Members of the Confederation of Union Generals, a group of Civil War reenactors from Gettysburg, Pa., gathered at Grant Hall's historic third-floor courtroom on the Fort McNair portion of Joint Base Myer-Henderson Hall June 20 to reenact the 1865 military tribunal of the conspirators in the assassination of President Abraham Lincoln. The group worked with National Defense University Special Collections Librarian Susan Lemke and Eisenhower School for National Security and Resource Strategy professor Dr. Paul Severance to stage this re-enactment, which was filmed by the National Defense University Audio Visual Department. Additional photos from this event will be published in next week's Pentagram.

EDITORIAL

Soldiers' successful transition to civilian life starts with leaders



By Col. Mike Henderson JBM-HH Commander

ensuring your Soldiers' continued success as they transition back into civilian life in America's cities and towns has been nothing short of commendable. Our Soldier for Life-Transition Assistance Program was rated the Army's number one program in 2014 for complying with career readiness standards. That means JBM-HH's transition program was the top among more than 50 Soldier for Life-Transition Assistance Programs throughout the Army.

Let's keep this momentum going.

The success of this program is maximized when you allow your Soldiers to take full advantage of all that SFL-TAP has to offer. This program connects Army, governmental and community efforts to build relationships that facilitate successful reintegration of our Soldiers, veterans and their Families. Those connections provide the foundation for the strength of our total Army Team; likewise, it helps keep American communities strong when these same Soldiers instill their values, ethos and leadership when they return to those communities. The key to a successful transition begins when commanders personally ensure their service members meet the prerequisites, register for and attend required transition assistance classes well in advance of end of active service dates. For Soldiers at JBM-HH, that means attending the SFL-TAP at least 12 months in advance - preferably 18 months in advance - of a Soldier's expiration of term of service (ETS) date.



I had the distinct pleasure of speaking at the latest Hiring Heroes Career Fair June 4 at Spates Community Club. More than 220 service members, retirees, veterans, spouses and other career seekers attended. Nearly 70 employers from federal, state and local government agencies, along with various veteran advocacy organizations, conducted more than 143 interviews and made 17 job offers – simply incredible.

Undoubtedly, this career fair was a success: our veterans and transitioning service members are taking advantage of this opportunity. The success of this career fair was heavily dependent on the hard work of the Joint Base Myer-Henderson Hall Soldier for Life-Transition Assistance Program office, which worked tirelessly to put this event on with the Department of Defense.

Still, creating a pathway to a career after military service is just one of many pieces to a successful transition for our service members into civilian life. The transition process begins when a service member decides to leave active service, and involves a wide berth of considerations to ensure veterans and retirees are truly prepared for life outside the military. The SLF-TAP plays a vital role in preparing our service members for separation, teaching critical topics such as: resume writing, finding the right employment, understanding Tricare benefits, navigating the Department of Veterans Affairs benefits process, and even home buying considerations. To take advantage of all this program has to offer requires service members to attend well in advance of their separation date.

Commanders, this is where I need your assistance:

Send your Soldiers early, and often, to the various transition services offered at Joint Base Myer-Henderson Hall. Your personal commitment to So, why should you send your Soldiers to SFL-TAP early and often?

First, it helps ensure post-service career readiness by enabling our transitioning service members to network with the right people who will connect them with the employment, education and health care required to successfully reintegrate into civilian life.

Secondly, this program ensures Soldiers leave military service with a comprehensive Individual Transition Plan that includes counseling and instruction on their finances, employment search, resume writing, and social media skills. It also helps them learn how to build a variety of resumes, network, interview successfully with potential employers and even how to start their own businesses or go to college.

Finally, the SFL-TAP converts transition stress into confidence and peace of mind during the transition process. The program serves as a powerful retention tool by explaining in detail to Soldiers the benefits they enjoy while serving versus those in civilian life. We have found many Soldiers decide to postpone separation until they are in a better position to separate successfully. This approach supports retention of PHOTO BY DAMIEN SALAS

Soldiers jog in formation during the annual Army Birthday Run on the Fort Myer portion of Joint Base Myer-Henderson Hall June 12. The key to ensuring Soldiers and Marines transition successfully to civilian life following the end of active military service is leadership, according to JBM-HH Commander Col. Mike Henderson. Henderson has called for JBM-HH commanders to send service members early and often to transition assistance services, such as Soldier for Life-Transition Assistance Program.

quality Soldiers and helps Soldiers when they make critical decisions for their careers and their families.

If you're not familiar with what SFL-TAP offers and just how critical this program is to our Army, I encourage you to learn more. Stop by the SFL-TAP office, located in Bldg. 404 on the Fort Myer portion of JBM-HH, or visit https://www.sfl-tap.army.mil.

For our Marine Corps brethren: SFL-TAP is open to you as well. In fact, all branches of service are welcome to attend on a first-come, first-served basis.

Regardless of branch of service, the key to a service member's successful transition to civilian life starts with his/her leadership. I implore you to send them early and often as you can to take full advantage of SFL-TAP's services.

We owe it to the American communities where our service members and Families will return post-military service. We owe it to the Army. Most importantly, we owe it to our Soldiers, Marines, retirees, veterans and Families.

Soldier for Life – Semper Fi!

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Community

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Marine Corps Family Team Building helps build ready, resilient families

By Julia LeDoux Pentagram Staff Writer

Marine Corps Family Team Building has one of the most important missions in the Corps.

"Our overall mission is to achieve ready and resilient Marines and families," said MCFTB member Patricia Sowell during a recent interview in her office on Bldg. 12 on the Henderson Hall portion of Joint Base Myer-Henderson Hall. "That means families and Marines that are ready for life's challenges and life's events."

Sowell said the most wellknown of MCFTB's program is LINKS or Lifestyles, Insights, Networking, Knowledge and Skills. She said LINKS enhances the readiness of both single and married Marines and their families by offering an orientation to the Marine Corps lifestyle and the benefits and services it offers.

"Every Monday we go to MEPS (Military Entrance Processing Station) at Fort Meade to speak to parents and extended family members of the shippers, of those who are going to join the Marine Corps," said Sowell.

During the sessions, family

members learn about the history, tradition and language of the Marine Corps, receive tips on financial awareness and moving and learn how to deal with separation and deployments.

"It's a lot of information and if you don't have any military background it can be extremely overwhelming," she said. "We want to make sure that we prepare them for life's challenges as they come up."

LINKS classes are also available that are tailored to military kids between the ages of 6 and 12, continued Sowell.

"They are very interactive," she said. "We teach them about drill movements, we build mini-CFT (combat fitness test) courses, they run with ammo cans, crawl through sand. There's a tugof-war between the kids and Marines. In the past, we've taught them about flag etiquette and had MRE (meal ready to eat) tasting."

Sowell also added that representatives from Army Community Service on the joint base travel to the station on Tuesdays and Wednesdays to discuss the Army lifestyle with prospective Soldiers and their families.

MCFTB also offers life skills



Kia King Adams, left, watches as Shalina Tovar practices her swaddling technique during a baby bundles class offered by the Army Community Service New Parent Support Program at the ACS classroom in Bldg. 201 on the Fort Myer portion of Joint Base Myer-Henderson Hall Jan. 31, 2014. Both ACS and Marine Corps Community Services Henderson Hall's Family Team Building office offer programs to help military families learn skills and behaviors to enhance family resiliency and readiness.

programs that include classes on unit, personal and family readiness. Basic stress management classes and what can be used to combat it are also available.

"A lot of our classes are proactive and preventative," she said. MCFTB also offers Chaplain's Religious Enrichment Development Operations (CREDO) retreats, which provide programs for personal growth, character development, team building, ethical leadership and workshops on marriage and family enrichment and spiritual growth, Sowell said. All MCFTB programs are free of charge. The MCFTB office on JBM-HH is located in Bldg. 12, room 136. For more information, call 703-693-4840.

Pentagram staff writer Julia LeDoux can be reached at jledoux@ dcmilitary.com.

The United States Army Band * * CALENDAR OF EVENTS Twilight Tattoo is a military pageant at Whipple Fit

June 25	7 p.m.	Twilight Tattoo is a military pageant at Whipple Field on the Fort Myer portion of JBM-HH. The tattoo features Soldiers of the 3d U.S. Infantry Regiment (The Old Guard), The Old Guard Fife and Drum Corps, The U.S. Army Drill Team, The U.S. Army Blues, a soloist from The U.S. Army Chorus and vocalists of The U.S. Army Band Downrange and The U.S. Army Voices. This event is free and open to the public. No tickets are required. Pre-ceremony live music begins at 6:30 p.m. All shows are now held at Whipple Field on Fort Myer.
June 25 & 26	7:30 p.m.	The U.S. Army Concert Band and The U.S. Army Chorus will perform as part of the Brucker Hall Summer Concert Series at Brucker Hall on the Fort Myer portion of Joint Base Myer-Henderson Hall.
June 26	7 p.m.	The U.S. Army Band Downrange will perform at the East Columbia Library Park in Columbia, Md., as part of the Howard Co. Recreation and Parks Summer Concert Series.
June 26	8 p.m.	Celebrating 45 years of The U.S. Army Brass Quintet: Featuring guest MC and founding member retired Sgt. Maj. Jack Tilbury, the Quintet will present a program of favorites from throughout the history of the group on the west side of The U.S. Capitol, Washington, D.C.
June 27	3 p.m.	The U.S. Army Strings Quartet will perform as part of the Arlington Senior Alliance; the Quartet will perform two string quartets at the Kenmore Middle School in Arlington.
June 28	7:30 p.m.	Join the U.S. Army Blues for Music in the Parks at Mason District Park, Annandale Va.

Good morning, Chesty



Performances are free and open to the public, unless otherwise noted. All outdoor concerts are subject to cancellation or location change due to weather considerations. Call 703-696-3399 for up-to-date information on concert cancellations or location changes. For additional details and a full calendar of performances, visit www.usarmyband.com/event-calendar.html.

COURTESY OF MCCS HENDERSON HALL

Runners pose for a photograph with Marine Corps Cpl. Madia Davis, official mascot handler, and Cpl. Chesty XIV, official mascot for Marine Barracks Washington, before the start of the Chesty 5K Race June 17 at the Henderson Hall portion of Joint Base Myer-Henderson Hall. The annual race, organized by Marine Corps Community Services Henderson Hall, was the third road race in this year's MCCS Semper Fit Oohrah! run series. The series of races recognizes top finishers in a variety of age groups via a point-based system; competitors earn points for either winning or placing second through fifth place in at least three of the races. Race results were not available at press time.

JBM-HH Community Member Spotlight: Douglas A. Russell

Q: What is your job title/ where do you work?

Chief, Military Personnel Division (MPD), Joint Base Myer-Henderson Hall.

Do you have any military service?

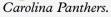
Retired from the Army after 24 years of service.

Q: What's the most rewarding part of your current position?

Taking care of Soldiers and their families. They deserve to receive the best and most professional human resources support from MPD.

O: What's your favorite quote?

"A customer is the most important visitor on our premises; they are not dependent on us. We are dependent on them." **O**: What's your favorite sports team?





The Life You Were Born to Live, by Dan Millman.



O: What's your favorite movie?

The Color Purple.

Q: What's your favorite place you've ever traveled to or been stationed? *Germany.*

Q: What do you like most about working on/ visiting JBM-HH?

Supervising the best staff on

JBM-HH. The MPD employees make my job easy.

Q: What do you like most about living in the National Capital Region?

The diversity, history and career opportunities the NCR offers.

What's the best advice you've ever received?

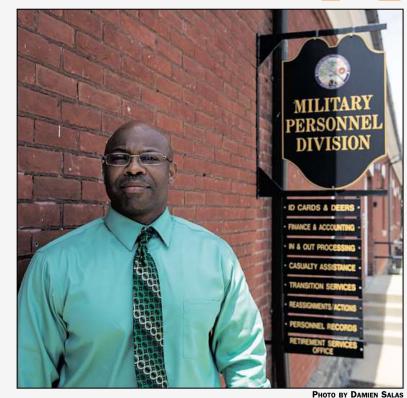
Treat others the way you would like to be treated.

: If you won the lottery, what would you do?

Take care of my family and true friends.

U: What are your goals for the year?

Continue to provide outstanding customer service to the Soldiers, family members and retirees in the NCR.



PENTAGRAM

COC

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instilled in me values that have guided me along the way, values that are commensurate to our Army values," Kupka said.

He assured Biehl and Pratt that they were leaving the battalion in the right hands.

"I fully recognize and admire the great leadership division you and **Command Sergeant Major Pratt** have displayed to lead this enormous battalion," he said. "I know full well that I have very big shoes to fill and hope that you will look back in a few years and feel the same pride you feel today."

Finally, he addressed the many Soldiers now under his command.

"I know full well the challenges vou face and also recognize the great accomplishments you have achieved," Kupka said. "Our country depends on you to stand Army strong every day. It is essential for the survival of this great nation."

Mack enlisted in 1992 and has served as the first sergeant of the 17th Military Police Detachment in Fort Jackson, S.C., and the operations sergeant major and command sergeant major for the 385th Military Police Battalion in Fort Stewart, Ga. He holds a bachelor's degree from Excelsior College and is pursuing a master's degree in business administration.

Mack also thanked his parents, and promised Kupka that he would always be there for him.

He said he had two additional standing orders for the battalion: to make a positive influence in somebody's life every day in accordance with the Army values and to always have fun.

"I'm here by your side, steadfast and unwavering," he said. "I will grind the axe down to the handle, until the smell of burning wood fills the air. I will always have your back, and you can always count on me."

Henderson thanked Biehl and Pratt for their hard work and dedicated leadership during their time on base



PHOTO BY DAMIEN SALAS

Joint Base Myer-Henderson Hall and Headquarters Command Battalion leaders salute during a change of command and change of responsibility ceremony June 19, in Conmy Hall on the Fort Myer portion of JBM-HH.

the battalion's new leaders.

"When I first met Mark and Command Sergeant Major Pratt almost a year ago, I was impressed by their calm approach and shared understanding of the environment associated with the Headquarters Command Battalion," Henderson said. "I knew immediately we were in good hands."

With 52 agencies and more than 6,000 Soldiers, Headquarters Command Battalion could be difficult to wrangle at times, Henderson said. But Biehl and Pratt always rose to the occasion.

"Command of this battalion is not glamorous," Henderson said. "But if you were to ask any staff section in the Pentagon, I would wager that all would say the leadership of these two Soldiers has been indispensable."

Biehl expressed his gratitude to his staff, Soldiers and friends for what he said seemed like a very fast tenure as commander.

"I'm pretty sure that was the fastest 28 months in the history of

and voiced his utmost confidence in the universe," he said to laughs from the audience.

> He thanked Henderson and former JBM-HH Commander retired Col. Fern O. Sumpter for their hands-off approach to letting him do his job.

> "Thank you for letting me command," he said. "Your faith, trust and confidence in me and in CSM Pratt made for a very comfortable experience."

> And he thanked Pratt, his "battle buddy," for two years of hard work, good advice and friendship.

> "Running this beast of a battalion would not be possible without your leadership, wisdom and guidance," Biehl said.

And Pratt agreed.

"This battalion is like no other in the United States Army; not to mention the largest, and I'm proud to have been selected to serve as command sergeant major," he said. "The Army got it right when they selected Colonel Biehl and me."

Pentagram staff writer Guv Callahan can be reached at wcallahan@ dcmilitary.com.

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years in the Marine Corps, Headquarters and Service Battalion, Henderson Hall, Headquarters Marine Corps Commanding Officer Col. Anthony S. Barnes will relinquish command during a change of command ceremony at the battalion July 10. Barnes will also retire from the Marine Corps during the ceremony. Acquired by the U.S. Government in 1954, Henderson Hall is named after the fifth Commandant of the Marine Corps, Brevet Brig. Gen. Archibald Henderson. Henderson served some 38 years as commandant, longer than any other commandant of the Marine Corps to date. H&S Battalion provides administrative, operational and logistical support to more than 2,000 Marines and civilians stationed throughout the National Capital Region. 3. Army Ten-Miler Team qualifier. The last day to try out for the 2015 JBM-HH Army Ten Miler Team is July 10. Registration and participation is free. The June 26 qualifier begins at 6:45 a.m. at the Fort Myer Fitness Center, Bldg. 414. To be eligible for a space on this year's JBM-HH ATM Team, runners must be active duty. If selected for the JBM-HH team, Family and Morale, Welfare and Recreation pays your entry into the 2015 Army Ten-Miler. The team will be formed based on results of all three races. Register online at www. jbmhhmwr.com or register the morning of each qualifier from 5:30 to 6:30 a.m. at the Fort Myer Fitness Center, Bldg. 414. For more information contact Todd Hopkins at 703-696-0594 or todd.a.hopkins. civ@mail.mil.



counseling. These supplies and services will be retroactively covered as of Dec. 19, 2014. American Academy of Pediatrics recommends exclusive breastfeeding for the first six months and continued breastfeeding for at least the first year as foods are introduced. TRICARE's breastfeeding support benefit is considered to be preventive care. Therefore, the equipment, supplies, and services covered under this benefit are exempt from cost-shares and copays. To be covered, the breast pump and supplies must be obtained from a TRICARE authorized provider, supplier or vendor. A separate DoD memorandum announced an increase to TRICARE enrollment fees, which begins Oct. 1. Enrollment for individuals will increase to \$282.60 annually and \$565.20 for a family 8. Medical prep course open to enlisted Marines. Enlisted Marines can now apply for a program offered through the Uniformed Services University of the Health Sciences (USU). The Enlisted to Medical Degree Preparatory Program (EMDP2), is now accepting applications from enlisted Marines for its 2016 class. The Secretary of the Navy has authorized five slots for Marine applicants in the 2016 EMDP2 class. The application deadline for the 2016 class is Nov. 1, 2015. Additionally, any Marine who feels he or she meets the requirements in Marine Administrative Message 277/15 (MARADMIN), and would like to apply for EMDP2's 2015 class, must do so by June 30.

NEWS NOTES

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and Department of Defense civilians. Patrons can get up to five coupons per family. Call 703-696-3469 for more details.

Giant Voice mass notification system testing

The Giant Voice Mass Notification system on all three portions of JBM-HH will undergo a series of tests throughout the day through June 30. Maintenance teams will repair the system and will need to make periodic sound tests at various times of the duty day. At the beginning of each test a voice will announce "This is a test." In case of a real emergency the sound system will announce specific instructions and the Directorate of Plans, Training, Mobilization and Security will use by phone, computer and text message the AdHoc System to notify personnel. For more information contact DPTMS at usarmy.jbmhh. asa.mbx.dptms-ioc@mail.mil or 703-696-0573.

Army Ten-Miler 10K qualifier

The next Army Ten-Miler 10K qualifier for the JBM-HH 2015 Army Ten-Miler Team is June 26. Registration and participation are free. This qualifier begins at 6:45 a.m. at the Myer Fitness Center, Bldg. 414 on the Fort Myer portion of the joint base. To be eligible for a space on this year's JBM-HH ATM team, runners must be active duty; Family and Morale, Welfare and Recreation pays entry fees for team members into the 2015 Army Ten-Miler. Last date to try out for the team is July 10. Register online at www.jbmhhmwr.com or register the morning of each qualifier from 5:30 to 6:30 a.m. at the fitness center. For further information, contact Todd Hopkins at 703-696-0594 or via email at todd.a.hopkins.civ@mail.mil.

NDU organization day set for June 26

Faculty, staff, students and invited guests of National Defense University will participate in organization day festivities June 26 from 7:30 a.m. to 2:30 p.m. on the picnic grounds of the Officers' Club on the Fort McNair portion of JBM-HH. Traffic will be blocked from 1 to 2 p.m., 4th and 5th Avenues for this event; otherwise, be prepared to slow for pedestrians going and coming from the NDU Summer Fest. For more information, call 703-696-5657.

EFMP family fun day at Indian Head

Marine families enrolled in the Exceptional Family Member Program are welcome to attend the EFMP family fun day June 30 from 3:30 to 6:30 p.m. at the Indian Head USO, 14 Strauss Avenue, Indian Head, Md. Activities include games and a bounce house; free pizza and popcorn will be served. This event is part of the program's meet and greet series, during which families can learn more about resources, meet their family case worker and network with other EFMP families. Register by June 26 by calling 703-693-5353 or by emailing efmphh@usmc-mccs.org.

Changes to DPW work orders

The Directorate of Public Works will cease to accept FY15 reimbursable (customer funded) job orders (UOs, DA 4283s) after June 30. The only exceptions will be for life, health or safety issues; signs; keys; or those approved by the DPW director. Contact Richard P. LaFreniere, acting chief, Base Operations Integration Division, at 703-696-8055 with any questions.

Incapacitated adult dependency brief

The Marine Corps Community Services Henderson Hall Exceptional Family Member Program will hold a brief on the topic of incapacitated adult dependency July 1 from noon to 1 p.m. in Bldg. 12's conference room on the Henderson Hall portion of the joint base. Register by June 30 by calling 703-693-5353.

Air Force Lt. Col. Antonio Eppolito, Joint Base Myer-Henderson Hall's running team, nears the finish line during the 30th anniversary Army Ten-Miler in Arlington, Oct. 12, 2014. The last chance to gualify for this year's JBM-HH Army Ten-Miler Team is July 10.

4. Moral leadership. The next moral leadership luncheon takes place at the Memorial Chapel Fellowship Hall on the Fort Myer portion of the joint base July 7 from 11:30 a.m. to 1 p.m. Army Lt. Gen. James C. McConville, deputy chief of staff, G1, at the Pentagon will be the guest speaker. All active duty military, DoD civilians, contractors and retirees are invited to attend. Lunch will be served at no cost. RSVPs are due no later than July 2. The leadership luncheon series provides learning opportunities for attendees from the experiences of key leaders in the area of moral leadership. Questions are welcome concerning the topic presented following the presentation. For more information, contact Chap. (Maj.) Fred Wendel at 703-696-5688 or via email at alfred.w.wendel. mil@mail.mil.

5. A Salute to the Nation. A 50-gun salute to the nation will take place at noon on July 4 at JBM-HH's Whipple Field by Soldiers of the 3d U.S. Infantry Regiment (The Old Guard) Presidential Salute Battery. According to Army regulation, "in commemoration of the Declaration of Independence, a salute to the Union (50 guns) will be fired at 1200 hours on Independence Day at all Army installations provided with the necessary equipment for firing salutes." In 1810, the "National Salute" was defined by the War Department as equal to the number of states in the Union. The Presidential Salute Battery is the only unit of its kind in the Army and its schedule includes more than 300 ceremonies each year. For more information, see www.oldguard. mdw.army.mil/specialtyplatoon.psb.

6. ACS 50th anniversary. Army Community Service celebrates its 50th anniversary in July. ACS Centers are operated at Army installations where 500 or more military members are assigned. The mission of ACS is to facilitate the commander's ability to provide comprehensive, coordinated and responsive services that support readiness of Soldiers and their families. Pentagram coverage of anniversary events will be featured in July issues.

TRICARE coverage 7. expands for new mothers. **TRICARE's Breast Pump** policy now includes coverage of breast pumps, supplies and breastfeeding

9. **Combat engineer** MOS now open to women. Military Occupational Specialty, or MOS 12B, Combat Engineer is now open to all female enlisted Soldiers of all compo-

see TEN THINGS page 5

nents, according to Army

Myer Fitness Center hours change

The Fort Myer Fitness Center will begin new weekend operating hours effective July 1. The new hours will be 8 a.m. to 4 p.m.

Red, white and BBQ

Enjoy the Family and Morale, Welfare and Recreation's all-American barbecue at the Officer's Club on the Fort McNair portion of the joint base July 4. Gates open at 4 p.m. and barbecue will be served at 5 p.m. Watch the fireworks from a great setting at dusk. Enjoy family fun, good food and a waterfront view. Price is \$24 per person before July 3; \$26 per person at the gate. For more information and to sign up, call 202-484-5800.

Red, white and pool

Spend the Independence Day poolside at the Officers Club on the Fort Myer portion of the joint base. Your favorite summer foods will be served at the buffet, plus the family will have a great time with planned events and the live disc jockey. Open to members and non-members alike. Cost is \$10 per person at the gate for federal employees and their family members. For more information. Call 703-524-0200.

VA claims assistance

Veterans Administration claims assistance is available by appointment July 9 and 23 from 7:30 a.m. to 1 p.m. in Bldg. 29 on the Henderson Hall portion of the joint base. An AMVETS representative will be there to review service member medical records and provide assistance with the VA's disability compensation claims process. For an appointment, please call 703-614-6828.

Interviewing 101

Interviewing 101: The secret to becoming the candidate will be offered July 9 from 9 to 11 a.m. in Bldg. 29, Rm. 105 on the Henderson Hall portion of the joint base. This workshop is designed to assist individuals in understanding the interview process. Participants learn how to communicate effectively and confidently during a job interview and special emphasis will focus on how to successfully respond to challenging

JBM-HH Independence Day Operations and services holiday hours

Almost all activities on Joint Base Myer-Henderson Hall will be closed Friday, July 3. The following facilities and places of business have reported open or closed hours for July 3. Unless otherwise noted, this list applies to July. This list is not all encompassing; please check with the facility you wish to visit for more details.

American Clipper Barber Shop	Open July 3 and July 4, 11 a.m. – 3 p.m. For more information, call 703-271-8177.	
MCCS Car Wash	Open 24 hours a day, seven days a week.	
Commissary	Open July 3 regular hours, 8:30 a.m. – 7:30 p.m., early bird 7 a.m – 8:30 a.m. Open July 4, 8:30 a.m. – 4:30 p.m.	
Marine Corps Exchange, Vineyard Wine & Spirits and NEX Uniform Center	Open July 3 and July 4, 10 a.m. – 6 p.m. For more information, call 703-979-8420.	
Fort Myer AAFES Exchange	Open 9 a.m. – 4 p.m. For more information, call 703-522-4575.	
Fort Myer Express	Open 7:30 a.m. – 9:30 p.m. For more information, call 703-696-9241/44.	
Fort Myer Subway, Flower Shop, Barber Shop, Cleaners, GNC, Optical Shop	Open 10 a.m. – 4 p.m.	
Fort Myer Fitness Center	Open 8 a.m. – 4 p.m. For more information, call 703-696-7867.	
Fort McNair Fitness Center	Closed. For more information, call 202-685-3117.	
Cpl. Terry L. Smith Gymnasium	Open 7:30 a.m. – 3 p.m. For more information, call 703-614-7214.	
Headquarters Command Battalion, Fort Myer portion of JBM-HH	Closed. For more information, call 703-696-8163.	
Military Police Station	Open 24 hours a day, seven days a week. For more information, call 703-696-3525.	
Rader Health Clinic	Closed July 1, 3 and 6. For more information, call 703-696-2977.	
Rader Dental Clinic	Closed Friday, July 3 and Monday, July 6. Fort Belvoir, Logan Dental Clinic will have a provider to cover sick-calls July 6, 7 a.m. – 9 a.m.	
Java Café	Open July 3 and July 4, 10 a.m. – 4 p.m. For more information, call 571-483-1962.	
Fort Myer Pool Complex	Open 11 a.m. – 8 p.m.	
Zembiec Pool	Open 10 a.m. – 4 p.m.	

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Transition Assistance Program seminars and workshops

SFL-TAP is located at 232 McNair Rd., Bldg. 404, on the Fort Myer portion of Joint Base Myer-Henderson Hall, Va. Reservations are required. Spouses are encouraged to register and attend. Call the Soldier for Life-Transition Assistance Program office, 703-696-0973 or log-in at www.acap.army.mil. Available to all registered clients who have completed DD2648/2648-1 and initial counseling. Location of seminars and workshops are in the SFL-TAP Bldg. 404 on Fort Myer unless notated.

Retiring transition Accessing higher Debt free assistance program education 10 a.m. to noon 8 a.m. to 4 p.m. 8 a.m. to 4 p.m. • Aug. 10 through 14 • Aug. 26 - 27* **ETS TAP Career technical** 8 a.m. to 4 p.m. training depth 8 a.m. to 4 p.m. • July 6 through 10 • Aug. 18 through 19 Aug. 3 through 7 • July 23 • Aug. 20 **Entrepreneur track Career resources** boots to business 8 a.m. to 3:30 p.m. 8:30 a.m. to 3:30 p.m. Aug. 17 • Sept. 8 through 9 **Smart investments Business franchise** 1 to 3 p.m. opportunities • July 24 1 to 3 p.m. • Aug. 26 • Aug. 24 **Credit scores from** good to excellent Finding and applying for federal jobs 1 to 3 p.m. 9:30 a.m. to noon • July 30 • July 29 • Aug. 27 • July 28 • Aug. 26 • Aug. 25 Home buying **Federal resume** 10 a.m. to noon 12:30 to 3:30 p.m. • July 28 • July 23 • Aug. 25 • Aug. 20



10 a.m. to noon

Capstone (Fridays) 10 a.m. to noon

July 10, 17, 24 or 31 • Aug. 7, 14, 21 or 28

Express TAP 8 a.m. to 4 p.m.

• Aug. 10-11*

Marketing yourself for a second career 1 to 3 p.m.

*Located in Education Center Bldg. 417, room 108



U.S. DEPARTMENT OF VETERANS AFFAIRS Maura C. Sullivan, currently the assistant secretary for the Office of Public and **Intergovernmental Affairs** at the U.S. Department of Veterans Affairs, will be named the new assistant to the secretary of defense for public affairs, **Defense Secretary Ash** Carter announced.



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TEN THINGS from page 4

Directive 2015-27. The June 16 directive from Army Secretary John M. McHugh makes available 20,563 additional positions for women and opens the last of the 16 engineer MOSs, previously closed to women. Soldiers in MOS 12B are expected to be proficient at a wide-variety of tasks, including demolitions, route and mine clearing, constructing fighting positions, erecting fixed and floating bridges and operating heavy equipment.

10. New DoD spokesperson, Public Affairs chief. Maura C. Sullivan, the current assistant secretary of public and intergovernmental affairs at the U.S. Department of Veterans Affairs, will be named the new assistant to the secretary of defense for public affairs, Defense Secretary Ash Carter announced in a DoD news release issued June 22. Sullivan will take over the position from Brent Colburn, who will step down in July, according to the release. In a separate release, Carter announced that former Bloomberg TV's chief Washington correspondent, Peter Cook, will serve as the new Pentagon press secretary and primary spokesperson.



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CHALLENGE from page 1

challenge was the tire flip. "We had a plan for our team and it worked out good," he said.

Winning units in the open category of events included the Army's Honor Guard Company for basketball and volleyball; Hotel Company for tug-of-war and Delta Company for dodge ball and ultimate Frisbee.

"Without a doubt, this has been an extraordinary event," said Marine Master Sgt. Jeremy Owens, who served as master of ceremonies at the competition's awards ceremony.

Coming in third place in the overall competition with 13 points was Headquarters and Headquarters Company (The Old Guard); in second place with a total of 16 points was Charlie Company, 1st Battalion 3d Infantry Regiment (The Old Guard); and finishing in first place and recognized as the top unit on installation was Henderson Hall's Headquarters Marine Corps' Headquarters & Service Battalion Team 1 with 19 points.

"It's all about the joint base," said Marine Sgt. Joseph Patero, who was a member of the winning team. "It's nice to work with and intermingle with the Army."

"I love Soldiers, I love Marines and really love it when you work together. From my heart I really appreciate watching you and having a good time and being out here today," said Headquarters and Service Battalion, Headquarters Marine Corps, Henderson Hall Commanding Officer Col. Anthony S. Barnes in remarks at the end of the competition.

Activities for family members included Caisson hay rides and an inflatable bounce house. Marine Corps Family Team Building representatives hosted a LINKS (Lifestyle, Insight, Networking, Knowledge and Skills) session and more than 20 corporate sponsors set up informational booths and displays.

"I just want to say to each and every one of you, job well done," said Col. Johnny Davis, 3d U.S. Infantry Regiment (The Old Guard) commander, to participants and organizers at the end of the event.

The event was organized by Marine Corps Community Services Henderson Hall and Army Family and Morale, Welfare and Recreation.

Pentagram staff writer Julia LeDoux can be reached at jledoux@dcmilitary.com.

JOINT BASE MYER-HENDERSON HALL URBAN WARRIOR CHALLENGE



Lance Cpl. Cameron Stanley competes in a relay race at the Second Annual Joint Base Myer-Henderson Hall/3d U.S. Infantry Regiment (The Old Guard) Urban Warrior Challenge and Organization Day June 18 on the Fort Myer portion of the joint base.



Marines and Soldiers race while carrying 30 pound ammo containers during the Second Annual Joint Base Myer-Henderson Hall/3d U.S. Infantry Regiment (The Old Guard) Urban Warrior Challenge and Organization Day June 18 on the Fort Myer portion of the joint base.



Guard) Urban Warrior Challenge and Organization Day June 18 on the Fort Myer portion of the joint base. For more photos from this event, visit us online at: www.flickr.com/photos/jbm-hh.



LEFT - Marines and Soldiers compete in a final tug-of-war during the **Second Annual Joint Base** Myer-Henderson Hall/3d **U.S. Infantry Regiment** (The Old Guard) Urban Warrior Challenge and **Organization Day June** 18 on the Fort Myer portion of the joint base. Although the Soldiers won the best-out-of-three competition, the Marines ultimately won the trophy by scoring more overall points during the dav's multiple challenges. For more photos from this event, visit us online at: www.flickr.com/photos/ jbm-hh.



From center left, Joint Base Myer-Henderson Hall Commander Col. Michael D. Henderson and Headquarters & Service Battalion, Henderson Hall, Headquarters Marine Corps Commander Col. Anthony S. Barnes present the winners of the Second Annual Joint Base Myer-Henderson Hall/3d U.S. Infantry Regiment (The Old Guard) Urban Warrior Challenge and Organization Day with a trophy June 18 at the Fort Myer portion of the joint base.

Base Myer-Henderson Hall/3d U.S. Infantry Regiment (The Old Guard) Urban Warrior Challenge and Organization Day June 18 on the Fort Myer portion of the joint base.

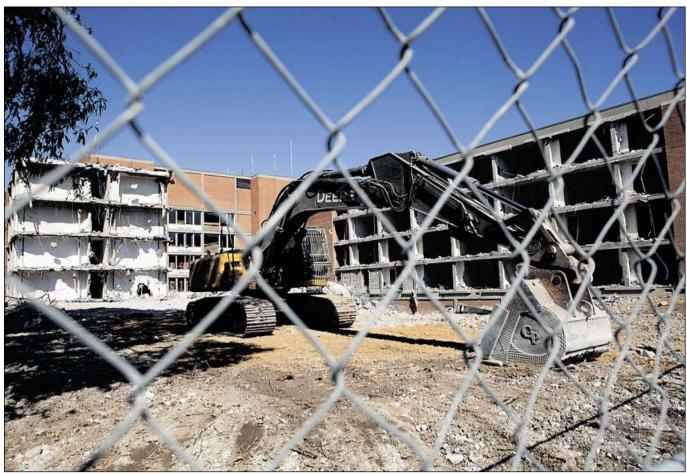


PHOTO BY RACHEL LARUE

Bldg. 406 on the Fort Myer portion of Joint Base Myer-Henderson Hall, right off McNair Road, was demolished last summer, as pictured here July 27, 2014. Joint base officials are now looking at other facility reduction measures across all three portions of JBM-HH, as mandated by an U.S. Army Installation Management Command order across all Army garrisons.

REDUCTION

from page 1

base. DPW will determine whether the space is being used effectively, then update plans to rearrange and consolidate according to Army standards. The second phase will then be to implement that plan from Fiscal Year 2016 to Fiscal Year 2021.

Analysis began in mid-May and is scheduled to be completed by June 30, Escobar said.

"Over the years, facilities remain static, while activities and population vary and fluctuate," he said. "When you review the amount of spaces occupied, what you'll see is the situation in which either the tenants are occupying just the right amount of space, using space in excess of their authorized

allotments, or sometimes they're in facilities smaller than what they're allotted." In an email to the Pentagram, Escobar wrote that he estimates about

20 buildings will be considered for the space utilization survey. Such a survey would focus on "general administrative" facilities, he said.

"If spaces are identified to be excess, our next task is to see if we can reutilize the space for activities that currently don't have enough square footage," he said. "The objective is not to wantonly go out and reduce or demolish facilities. The objective is to achieve efficient utilization of existing spaces."

According to Escobar, the joint base has about a dozen acres or less of buildable land.

"As everyone knows, we don't have much real estate here," he wrote in an email. But he also said the joint base does not have many unused buildings or spaces.

"We don't have very many excess buildings between Fort McNair, Fort Myer and Henderson Hall," he said, adding that his observation would be verified through detailed, specific analysis.

Escobar stressed that there were no quotas or numerical targets required to be met under the executive order.

"Everyone can be assured that we will use a rational and objective methods to evaluate the current utilization of spaces, and we will try not to inconvenience people any more than we have to," he said.

Editor's note: Confirmed facility renovation or demolition plans will be published in future editions.

Pentagram staff writer Guv Callahan can be reached at wcallahan@ dcmilitary.com.

Odierno thanks Army Arlington Ladies for their dedication



PHOTO BY STAFF SGT. STEVE CORTEZ

Army Chief of Staff Gen. Ray Odierno and wife, Linda (right), greet several of the Army Arlington Ladies at a reception they hosted at Quarters One June 19 on the Fort Myer portion of Joint Base Myer-Henderson Hall.

By J.D. Leipold Army News Service

Through bitter cold - snow, wind, the slickness of sleet - and stifling humidity, heat and soaking rain, the burials and inurnments at Arlington National Cemetery always press forward so families can move through grieving to utter their last goodbyes to those they love being laid to rest.

Usually the services have gatherings of family, extended kin, comrades and close friends.

Occasionally, though, there's the Soldier, Sailor, Marine, Airman or Coast Guardsman who has passed alone. The Old Guard pallbearers are there to do their dignified jobs as is the chaplain to read scripture, but there is no immediate family.

Off to the side stands a woman in conservative dress, her hand clasping the crooked arm of a generally much taller Old Guard Soldier. In this case, they are the sole Army Family of this fallen Soldier.

She is one of about 60 Army Arlington Ladies and she offers the personal condolences of the Army chief of staff - if only to be passed to the Soldier's spirit. Where there are loved ones, she

see LADIES, page 10



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NEWS NOTES from page 4

interview questions and situations. Learn techniques that will help you prepare confidently to meet your future employer. Register by calling 703-614-6828.

Take a patriotic party cruise

Bring friends or hop aboard solo for a Family and Morale, Welfare and Recreation patriotic partv cruise along the Potomac River July 4 from 7 to 11 p.m. Boarding begins at 6:45 p.m., setting sail from National Harbor at 7 p.m. Ticket price includes buffet dinner, premium open bar and a one-of-a-kind view of the national fireworks. Ticket price for E-1 through E-4 is \$75 per person; all others pay \$125 per person. and register for intra-

Must be 21 or older. Call 703-696-3469 for more information and to sign up.

Second (Indianhead) Division Association seeking those who served

The Second (Indianhead) Division Association is searching for anyone who served in the Army's 2nd Infantry Division at any time. For information about the association and its 94th annual reunion in San Antonio, Texas, from Sept. 22 to 26, contact Secretarytreasurer Bob Haynes at 2idahq@comcast.net or by calling 224-225-1202.

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mural softball league play. Games are played on the JBM-HH softball field from 11 a.m. to 1 p.m. beginning July 26. Team size is 20 players plus a coach. Registration forms are at the Semper Fit office, Bldg. 29 and at the Cpl. Terry L. Smith Gymnasium on the Henderson Hall portion of the joint base and will be online at www.mccsHH. com. Call 703-697-2706

AIE system upgrades ongoing

for more information.

The automated installation entry (AIE) system that helps monitor access to Joint Base Myer-Henderson Hall is being upgraded on the Fort Myer portion of the joint base through July 1.

During this period, visitor control center staff in Bldg. 415 on the Fort Myer portion of the joint base will issue temporary AIE passes for non-Department of Defense affiliated personnel. The temporary passes will expire July 1.

Non-DoD affiliated visitors who have already submitted a packet requesting an AIE ID card and were notified of their eligibility for an AIE pass can pick up a temporary

IMMEDIATE OPENINGS:

experience preferable.

reimbursement and uniforms.

pass at the visitor control center. To do so, call 703-696-8968 or 703-588-2803.

Prevent West Nile Virus

JBM-HH officials will be testing for possible West Nile Virus-positive pools of mosquitos throughout the joint base in an effort to determine if the virus is present locally. Officials have also asked that everyone help prevent potential contraction of this virus through prevention by eliminating potential breeding areas for mosquitos around work areas and homes. This means emptying areas that can collect water, such as bird baths or other objects that collect rain water. Additionally, the use of insect repellent containing the smallest percentage of DEET also helps deter mosquito bites. Look for more details on testing dates and prevention methods in next week's Pentagram.

Get to know the Joint Personal **Property Shipping Office Mid-Atlantic** Moving? Establishing constant communication between the Transportation Service Provider (TSP) and you, the customer, is impera-

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tive to achieving a successful move. The TSP will contact you prior to pick-up for those shipments moving through the Defense Property System (DPS/move.mil). For further information, rad the Defense Travel Regulation - Part IV, Chapter 401/J-4C (http:// go.usa.gov/3vqch) or visit your nearest Personal Property Processing Office (http://go.usa.gov/3vqxk).

Death notice

Anyone with debts owed to or by the estate of 1st Sgt. Kristie L. Thompkins, Battle Co., Warrior Transition Brigade, Bethesda's Walter Reed National Military Medical Center, must contact 1st Lt. Daniel Brewer, the summary court martial officer for the Soldier. Thompkins died May 22. Call Brewer at 301-400-0271.

News Notes submissions

Please send your submissions for the July 9 edition of the Pentagram via email at pentagramjbmhh@yahoo.com no later than noon, July 1. All submissions must be less than 100 words. Please note that submission of a news note does not guarantee publication.

LADIES from page 8

offers the chief's condolences and her card should they wish to talk with her.

About 40 of the Army Arlington Ladies gathered, June 19, on the front porch of "Quarters One" on the Fort Myer portion of Joint Base Myer-Henderson Hall for a reception in their honor. Along with Linda Odierno, the women awaited the arrival of her husband, Army Chief of Staff Gen. Ray Odierno, and Sgt. Maj. of the Army Daniel A. Dailev.

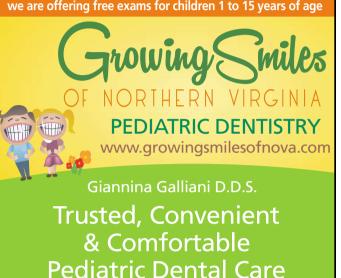
As soon as the Soldiers arrived, the ladies greeted them with wide smiles, handshakes and hugs, then gathered round for a group photo on the steps and wrap-around porch of the historic house on Joint Base Myer-Henderson Hall, which has been home for 107 years to all 38 chiefs of staff and their Families.

Following the photo session, the chief and wife, Linda, invited the ladies into their home where he relayed a few stories about the history of the house, saying it was a real honor to share the "Army's house" with friends and guests "and especially with this group of ladies... it means a lot," he said.

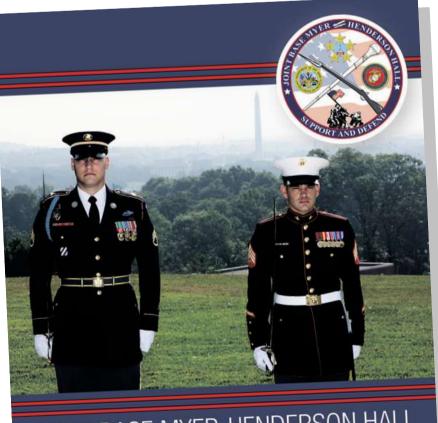
"I would say that you ladies are clearly Army volunteers for life," Odierno said. "Many of you have done this for a very long time and you continue to give back to the Army and in my mind, you represent what's best: a willingness to continue giving back to the Army you love... and we truly, truly appreciate that."

Editor's note: For the full version of this article, please visit http://go.usa.gov/3vqyh.

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