

Amanda Kim Stairrett | 1st Inf. Div. Soldiers from the 1st Battalion, 16th Infantry Regiment, 1st Armored Brigade Combat Team, 1st Infantry Division celebrate after being awarded the 2015 Victory Cup, during the Victory Week awards ceremony June 12 at Fort Riley's Custer Hill Parade Field. The "Iron Rangers" accumulated the most points from sporting events. See additional coverage of Victory Week events throughout this edition of the 1st Infantry Division Post.

Leaders, guests remember fallen at Victory Park in 2015

Gratitude expressed as Soldiers return safely despite deployments

By Amanda Kim Stairrett 1ST INF. DTV. PAO

For more than 10 years, the bell in Fort Riley's Victory Park rang for each man and women who didn't come home the previous year. These were Soldiers who died in combat while serving with or attached to the 1st Infantry Division. Friends, families and fellow service members gathered every year to honor their sacrifices in poignant ceremonies during Victory Week. Stones lining the walkway in the memorial park were unveiled at these events bearing the names of those most recently fallen.

The Victory Week 2015 ceremony was different.

"Ladies and gentlemen," Brig. Gen. Eric J. Wesley, 1st Infantry Division senior mission commander and deputy commander for support, said June 9, "this year, there are no stones to be laid. I am certain that all of you know - and I am certain Maj. Gen. Funk would affirm

this - that the knowledge of this unburdens, in part, the heart of any commander."

Maj. Gen. Paul E. Funk II, the division's commanding general, is currently deployed to Iraq with Soldiers from the "Big Red One's" headquarters. They and troops from the 1st Armored Brigade Combat Team spent the better part of last year deployed to Southwest Asia."

I am personally grateful to our God for the safety of our Soldiers this past year in spite of being deployed in harm's way," Wesley went on to say.

Though no engraved bricks were dedicated at this year's Victory Park ceremony, leaders and guests still took the time to honor and remember the names of those memorialized in the past.

"Yet we are also here to remember Soldiers who have gone before us in other years, in other moments of sacrifice that, again, none of us truly know," Wesley said.

Also at the center of the June 9 ceremony were Big Red One monuments from other installations that were relocated to Fort A DISCUSSION BETWEEN KEY LEADERS



Photo by Sgt. 1st Class Christopher Adell, U.S. Army From left to right, Brig. Gen. Michael Turello, deputy commander of 1st Special Forces Command; Gen. Lloyd Austin, commander of Combined Joint Task Force-Operation Inherent Resolve; and Maj. Gen. Paul E. Funk II, commander of Combined Joint Forces Land Component Command-Iraq and the 1st Infantry Division, participate June 11 in a meeting with key leaders in Baghdad, Iraq, to discuss efforts to weaken and destroy ISIL operations.

See PARK, page 2

SAFETY HOLIDAY

discretion.

As of Thursday, June 18

days have passed since the last

vehicular fatality at Fort Riley.

Sixty six more and the post will

celebrate with a safety holiday to take place at each unit's



HIGHLIGHTS



1ST INF. DIV. HONORS DWIGHT D. **EISENHOWER** AT WREATH-LAYING CEREMONY **JUNE 14**. SEE PAGE 9.

ALSO IN THIS ISSUE



SOLDIER SCORES **THREE GOALS TO HELP HIS UNIT** TAKE THE **VICTORY WEEK** SOCCER TITLE **SEE PAGE 13**



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PARK Continued from page 1



Photos by Staff Sgt. Daniel Stoutamire | 1ST INF. DIV.

Photo left: Brig. Gen. Eric J. Wesley, 1st Inf. Div. acting senior mission commander and deputy commander for support, Command Sgt. Maj. Maurice Jackson, acting division senior noncommissioned officer, render a salute June 9 in Victory Park during a memorial rededication ceremony. The ceremony, the centerpiece of 2015 Victory Week, honored troops assigned or attached to the 1st Inf. Div. who died in Iraq and Afghanistan. **Photo right:** Jennifer Yllescas Winterbauer, sister of Capt. Robert Yllescas, makes a rubbing of her brother's name June 9 in Victory Park after a memorial rededication ceremony. Capt. Yllescas led Troop B, 6th Sqdn., 4th Cav. Regt., 3rd IBCT, 1st Inf. Div., when he was hit by a roadside bomb explosion in late 2008 near Combat Outpost Keating in Afghanistan. Yllescas succumbed to his wounds a month later at Bethesda Naval Medical Center.

Riley following those units' inactivations. The memorials will eventually find permanent homes near the 1st Inf. Div. and Fort Riley museums on post.

Regardless of the timeline or logistics, this year's ceremony had one objective.

"But all of this, whether it be to lay a stone or to re-commemorate memorials that were engraved and etched years ago," Wesley said, "all of this is about remembering, honoring those who have fallen on behalf of the nation and the division."

The division memorializes its dead in such a reverent way because its Soldiers believe in the notion of legacy, Wesley said.

"And we do this because we believe in the notion that legacy has an immeasurable impact on who we are and who we become," Wesley said. "That legacy, although intangible, has very tangible effects that we cannot overlook."

A Soldier's legacy matters, he continued.

Soldiers like Capt. Robert Yllescas, who led Troop B, 6th Squadron, 4th Cavalry Regiment, 3rd Infantry Brigade Combat Team, 1st Inf. Div., when he was hit by a roadside bomb explosion in late 2008 near Combat Outpost Keating in Afghanistan. Yllescas succumbed to his wounds a month later at Bethesda Naval Medical Center.

Members of Yllescas' family, including his sister, Jennifer Yllescas Winterbauer, attended the ceremony with a handful of other families who lost loved ones in combat.

"I think it's very important for the families to know that people are not going to forget," Yllescas Winterbauer

said. "That was my biggest fear, that people would forget him.

"And so this memorial is very nice and we're really appreciative and thankful to Fort Riley and everyone who was involved in this."

The Big Red One has a great history, Wesley said, but all of it was sustained by the work, toil, bloodshed and Soldiers who – yes – even fought to their death in foreign lands, on distant soil, under conditions we would not choose."

The great history of the division was sustained and enabled by those Soldiers, he added.

"They are eternal servants," Wesley said. You see, that's what legacy is. They have provided an empowerment of us as Big Red One Soldiers long after they are gone."

'Black Knights' return from month-long deployment to NTC

By Capt. Robert Cairns 3RD BN., 66TH ARMOR REGT.

FORT IRWIN, California – Soldiers from the 3rd Battalion, 66th Armor Regiment, 1st Armored Brigade Combat Team, 1st Infantry Division, returned to Fort Riley May 16 from a 29-day deployment to the National Training Center.

The "Black Knights" mobilized more than 440 Soldiers to Support the 3rd Brigade, 1st Cavalry Division's, NTC rotation.

"We exceeded all reasonable expectations despite only having 50 percent of our mission table organization and equipment," said Lt. Col. Jorge Cordeiro, commander, 3rd Bn., 66th Armor Regt., 1st ABCT, 1st Inf. Div. "We were assigned a specialized group of observer controllers to assist us in overcoming these hurdles." unit's global readiness and combat lethality. "The training exercises fo-

cused on decisive action and force-on-force maneuvers," said Capt. Matt Ervin, commander, Company C, 3rd Bn., 66th Armor Regt., 1st ABCT, 1st Inf. Div. "We played a key role each time the 1st Cav. Div. 'Greywolf brigade defeated the 11th Armored Cavalry Regiment."

The training included both day and night live-fire exercises. "NTC gave us the oppor-

tunity to really test our systems," said Sgt. Jarrod Smith, an intelligence analyst with 3rd Bn., 66th Armor Regt., 1st ABCT, 1st Inf. Div. "Being in a simulated combat zone gave our intelligence shop the best possible conditions to mentor our Soldiers on their core competencies." port, to Lt. Gen. Patrick Donahue, the U.S. Forces Command deputy commanding general.

While visiting the battalion, Donahue recognized Sgt. Jeressa Curry, a multichannel transmission system operatormaintainer specialist with 3rd Bn., 66th Armor Regt., 1st ABCT, 1st Inf. Div., with a four-star coin of excellence on behalf of the FORSCOM commander for her excellence as a satellite operator and for her expediency in information networking.

Command Sgt. Maj. Ryan



During the almost monthlong rotation, the Black Knights participated in a series of "high-stress" leader development exercises.

Cordeiro, a native of Providence, Rhode Island, said the leader development exercises were designed to improve the Smith, a native of Lawrence, Kansas, said Soldiers at all levels brought recognition to the organization.

Multiple general officers visited the Black Knights during their rotation, including Brig. Gen. Eric Wesley, the senior mission commander of the 1st Inf. Div. and deputy commander general for supAlfaro, armor task force training team senior noncommissioned officer, Operations Group, NTC, said for the 3rd Bn., 66th Armor Regt., to function at such a recognizable high level was a testament to the extraordinary leadership in the battalion at all levels.

"It made me so proud to be associated with the men and women of this battalion," Cordeiro said. "We performed well above everyone's expectations." Soldiers with Co. D, 3rd Bn., 66th Armor Regt., 1st ABCT, 1st Inf. Div., participate in a live-fire exercise April 29 at the National Training Center located at Fort Irwin, California. The live-fire exercise was used to hone the skills of the M1A1 Abrams tank crews during the rotation.

The final tally: Iron Rangers thrive on Victory Week



Amanda Kim Stairrett | 1ST INF. DIV.

Lt. Col Trent Upson, second from left, and Command Sgt. Maj. John Jones, third from left, 1st Battalion, 16th Infantry Regiment, 1st Armored Brigade Combat Team, 1st Infantry Division, command team, accept the Victory Cup trophy from Brig. Gen. Eric J. Wesley, 1st Inf. Div. acting senior mission commander, and Command Sgt. Maj. Maurice Jackson, the division's acting senior noncommissioned officer, during the Victory Week awards ceremony June 12 at Fort Riley's Custer Hill Parade Field. The "Iron Rangers" took the 2015 Victory Cup, accumulating the most points from sporting events.

VICTORY CUP EVENTS

5 on 5 Basketball: 601st ASB, 1st CAB Arm Wrestling: 1st Bn., 16th Inf. Regt., 1st ABCT

Biathlon: 2nd Bn., 34th Armor Regt., 1st ABCT

Color Guard: HHC, 4th MEB Combatives: 5th Eng. Bn., 4th MEB Danger's Dash: 101st BSB, 1st ABCT Fishing: 1st Bn., 63rd Armor Regt., 2nd

ABCT Flag Football: 1st Bn., 7th FA Regt., 2nd ABCT Mission Essential Fitness: MEDDAC Soccer: 601st ASB, 1st CAB Softball: 101st BSB, 1st ABCT Tug of War: 1st Bn., 16th Inf. Regt., 1st ABCT Victory 10 Miler: 1st Bn., 16th Inf. Regt., 1st ABCT

- Victory Warrior Competition: 1st Bn., 16th Inf. Regt., 1st ABCT
- Volleyball: 2nd Bn., 34th Armor Regt., 1st ABCT
- Water Polo: 1st Bn., 16th Inf. Regt., 1st ABCT

Weightlifting: 1st Bn., 63rd Armor Regt., 2nd ABCT

OTHER COMPETITIONS

. . .

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Archery: 2nd GSAB, 1st Avn. Regt., 1st CAB

Golf: 1st Bn., 16th Inf. Regt., 1st ABCT Skeet Shooting: 3rd Battalion, 66th Armor Regiment, 1st Armored Brigade Combat Team

Three Distinguished Troopers named at Victory Dinner





Staff Sgt. Daniel Stoutamire | 1ST INF. DIV.

Three individuals were named Distinguished Troopers during the Victory Week 2015 Victory Dinner June 11. Flanked in each photo by Command Sgt. Maj. Maurice Jackson, left, and Brig. Gen. Eric J. Wesley, right, are Brianna Goff, photo left; Pat Warren, photo center, and Daryl Youngman, photo right. Each were recognized for contributions and support to the 1st Infantry Division, Fort Riley and its Soldiers.

STAFF REPORT

Senior leaders and spouses gathered at Riley's Conference Center June 11 for the annual Victory Dinner, part of Victory Week. Retired Gen. Carter Ham, who served as commander of the 1st Infantry Division from 2006 to 2007, including its return to Fort Riley, was the guest speaker.

Also honored at the event were three members of the local community, who were named Distinguished Troopers for their support of the division and Fort Riley: Pat Warren, president of the Kansas Motor Speedway, Briana Goff of Kansas State University and Daryl Youngman, also of Kansas State University.

Youngman, an associate professor, served on the faculty of Kansas State University since 1995. Since 2005 he developed, led and participated in numerous endeavors which produced positive outcomes for many units, departments and commands at Fort Riley.

His ongoing professional and personal goal is to develop and present K-State assets in programs that benefit the 1st Inf. Div. and the Fort Riley community.

Goff is a professor and director of the Institute for the Health and Security of Military Families.

In the past decade, the demands on military members and their families have increased significantly, including multiple deployments for service mem-

bers to two different theaters. In response, the Institute for Health of Security of Military Families was launched in 2009. Under Goff's leadership and collaboration, the work of the institute directly addresses the complex effects of wartime service on the long-term health and well-being Soldiers and families.

For the past five years, Warren has remained a consistent

and constant advocate for the Army and the 1st Inf. Div. in the Kansas City area and across the states of Missouri and Kansas. During this time, he ensured thousands of service members stationed at Fort Leavenworth and Fort Riley were afforded the opportunity to attend professional racing events held at the speedway for little to no cost.

WWW.1DIVPOST.COM

Army celebrates 240th birthday at U.S. Capitol



Eboni L. Everson Myart | ARNEWS

Army Chief of Staff Gen. Ray Odierno, U.S. Sen. Jim Inhofe, Army Secretary John M. McHugh, U.S. Sen. Pat Roberts, Rep. "Dutch" Ruppersberger of Maryland, and Sgt. Maj. of the Army Daniel A. Dailey cut the ceremonial cake during the 240th Army Birthday Capitol Hill cake-cutting ceremony at the U.S. Capitol Visitors' Atrium in Washington, D.C., June 10, 2015.

By J.D. Leipold ARNEWS

WASHINGTON – Senior Army leaders gathered in the U.S. Capitol Visitor's Center, June 10 for the first of several cake-cuttings throughout the week in celebration of the Army's 240th birthday, which falls on June 14.

Army Chief of Staff Gen. Ray Odierno kicked off the cake-cutting, making several points to the audience of congressional and senior Army leaders and their staffs and guests. He emphasized that the Army was born before the country's independence had even been declared.

"I believe the Army is the one service that truly represents the diversity and strength of our nation," he said. "Our regular Soldiers, our citizen-Soldiers, our dedicated Army civilians ... represent what is best about our country ... our diversity and our ability to understand why our nation is different from any other nation in the world because of the freedoms and liberties we fight for." Odierno thanked Congress for its continuing support and dedication in ensuring the Army has the "right capabilities, equipment and manpower to do the jobs" the country calls upon it to do throughout the world, adding that presently the service represents the United States on all but one continent.

Army Secretary John M. McHugh also thanked Congress for continuing support and praised what he called the unbroken line of great Americans, who donned the cloth of the U.S. Army, which stretches back 240 years. He reflected on the chief's words about the steadfastness of those serving, the dedication of diversity of countrymen, scattered in some 40 nations at some 150 locations worldwide.

"... Doing as they've always done, protecting us, defending freedom and ensuring our way of life ... and that's why we're here ... that's not a surprise ... we're gathered to celebrate that history and that tradition and remember how unbreakable that long line has been."

Before the traditional champagne toast, Senators

Jim Inhofe of Oklahoma, Pat Roberts of Kansas and Rep. "Dutch" Ruppersberger of Maryland also spoke, recalling personal and professional relationships with Odierno and McHugh, who will both retire later this year.

Inhofe thanked the Army leaders for their candidness during their years of testimony on Capitol Hill. With a smile, he added "the Army's 241st birthday won't be as happy as the 240th."

Following the cake-cutting, Sgt. Maj. of the Army Daniel A. Dailey spoke about how the country received its "credentials" by the founding fathers as they were creating the U.S. Constitution and calling for a standing Army, an Army, which would protect the interests of the nation.

"Our credentials became the American Soldier," he said. "I remind Soldiers all the time that they are the nation's credentials - that they're one year older than the nation you serve and you must be here and forever endure because that's our job: to always endure."

TRAFFIC REPORT

ESTES ROAD

The work on Estes Road is complete.

DICKMAN AVENUE

Road repairs on Dickman Avenue have begun and will continue until July 1.

Dickman Avenue is closed at Pershing Avenue at the south end of the construction and just south of the AAFES gas station/Shoppette at Huebner and Dickman on the north end of the construction. Both entrances to the AAF-ES gas station/Shoppette will remain open.

The designated detour between Huebner Road and Dickman Avenue is Holbrook Avenue. Detour signage is posted. During the road closure, the GSA vehicle service facility, Bldg. 386, and the main post fuel point is only accessible via Carr Avenue from Pershing Avenue.

TROOPER - MCCORMICK

Phase 2 of work on Trooper-McCormick is now complete.

HAMPTON PLACE

A portion of Hampton Place, from Jackson Avenue north to Ashby Drive,

will be closed to thru traffic through September.

A pedestrian and bike detour is in place during this time. The closure is part of the demolition and construction project in the Warner Peterson Community.

Access to Custer Hill Elementary School will be available from Ashby Avenue.

For more information, contact Corvias Military Living at 785-717-2200.

ACP HOURS OF OPERATION

Access control point hours are: Four Corners/Trooper/Ogden: Open 24/7

Henry: Open 24/7

12th Street: Open from 4 a.m. to 7 p.m., Monday to Friday; closed on weekends and federal holidays.

Rifle Range: Close to all traffic. Grant: Open from 5 a.m. to 7 p.m., Monday to Friday; 8 a.m. to 5 p.m. Saturdays; closed Sundays and federal holidays.

Estes: Open from 5 a.m. to 7 p.m., Monday to Friday; closed weekends and federal holidays.

TUESDAY TRIVIA CONTEST WINNER



The June 16 question: "If I experience lost or damaged property, personal injury, death, disasters, and other costs arising from Army operations and want to consider a claim, who do I contact?"

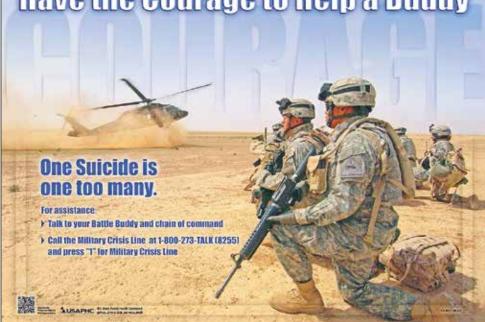
Answer: http://www.riley.army.mil/Units/Staff/StaffJudgeAdvocate/ ClaimsDivision.aspx

The winner is: Courtney Brandenburg whose husband serves with the 1st Combined Arms Battalion, 18th Infantry Regiment, 1st Infantry Division.

> In this photo: Courtney, her daughter Morgen and son Logan.

Every Tuesday, check out Fort Riley's Facebook page for the Fort Riley Tuesday Trivia question of the week at www.facebook.com/FortRiley. Every answer will be available somewhere on the official Fort Riley website at www.riley.army.mil.

Have the Courage to Help a Buddy



CONGRATULATIONS COURTNEY BRANDENBURG!

WWW.FACEBOOK.COM/ FORTRILEY

JUNE 19, 2015

RILEY ROUNDTABLE

In honor of Dad's make a Difference Month and Father's Day, what is your favorite memory of your father?



"When my dad would come home from deployments, he would always leave and I wouldn't know when he would be back."

PFC. BRIANNA DAVIS **BLUFFTON, SOUTH CAROLINA** 988th Military Police Company, 92nd Battalion 4th Maneuver Enhancement Brigade Fort Leonard Wood, Missouri



"Growing up as a child, my dad liked working on cars and drag racing together."

PFC. ALEXANDERUM ALLEN NORTH AUGUSTA, SOUTH CAROLINA Company B, 701st Brigade Support Battalion, 4th Infantry Brigade Combat Team, 1st Infantry Division



"He taught me so much...he taught me how to play pool and many other things."

FABRIENNE YOUNG GUAM

Military Spouse of Spc. Mike Lewis, Company A, 601st Aviation Support Battalion, 1st Combat Aviation Brigade, 1st Infantry Division



"When I was 7 years old, I jumped in a swimming pool and I couldn't swim. My step dad came out of nowhere and he pulled me out of the water. He saved my life."

PFC. DEQUAN PHILLIPS **RICHMOND. VIRGINIA**

Company B, 701st Brigade Support Battalion, 4th Infantry Brigade Combat Team, 1st Infantry Division



"He was my baseball coach. He was at every game and never missed a season."

Summer boating safety floats upward

By Dawn J. Douglas **USAG SAFETY**

ummer and boating go together like peanut butter and jelly, peas and carrots, bacon and eggs ... you get the point. They're pretty much soul mates. Recreational boating is popular in the U.S. More than 88 million U.S. adults participated in recreational boating in 2013, using a boat for sports activities such as fishing, water skiing or even travel.

Commentary

HOME OF THE BIG RED ONE

Happily, boaters are safer today as reflected in the latest accident statistics for 2014; one of lowest in history for safe boating. Congratulate yourself, because more frequent life jacket use, more sober skippers, a greater interest in education and other safe practices can be credited with creating a safer sport.

In 2014, the Coast Guard counted 4,064 accidents that involved 610 deaths, 2,678 injuries and about \$39 million dollars of damage to property as a result of recreational boating accidents. Alcohol use is the leading contributing factor in fatal boating accidents where the primary cause was known. It was listed as the leading factor in 21 percent of deaths.

Additional contributing factors in boating fatalities were excessive speed, improper operation, poor vision, faulty equipment, inadequate safety systems and devices, limited or inaccurate local knowledge, and ignorance of basic rules of the waterway. Here are some safety recommendations to follow before your boat departs the dock.

KNOW BOATING LAWS

◆Beginning and experienced boaters need to be familiar with boating safety rules. Kansas Law states, any person under the age of 21 who wishes to operate a vessel designed to be propelled by a motor or sail, such as a motorboat, personal watercraft, sailboat or sail board without being under direct and audible supervision must complete an approved boater education course.

◆There are two options to obtain your Kansas Boater Safety Education Certification, classroom and online. Classroom courses are offered throughout the year. Students interested in taking a class can contact Outdoor Recreation at 785-239-2363 for details.

◆There are three approved online courses available to get a Kansas Boater Education Certificate

(1)www.boat-ed.com/kansas/ (2)www.boaterexam.com/ usa/kansas/

(3)www.boatus.org/onlinecourse/Kansas.asp

◆In addition, Personal Watercraft i.e. Jet Ski, WaveRunner, or Sea-Doo, are Class A boats and must comply with boating laws, registration procedures, operation and equipment requirements in addition to the regulations specific to PWCs. Any person between the ages of 12 and 20 who operates a PWC without being under direct and audible supervision must complete an approved boater education course.

◆Avoid Alcohol - Although it is not illegal to have

legal to be under the influence of alcohol or drugs while operating a vessel on Kansas water. It is also illegal to water ski or tube while under the influence. Any person who operates or attempts to operate a vessel has given consent to an alcohol and/or drug test by KDWPT Law Enforcement Officers. Failure to submit to a test will result in loss of boating privileges for three months, and a conviction of boating under the influence is punishable by fine and/or imprisonment and the loss of boating privileges. Successful completion of an approved Boating Education Course may also be required.

WEAR PROPER EQUIPMENT

Always Wear a Personal Flotation Device or Life Jacket. According to the US Coast Guard, where cause of death was known, 78% of fatal boating accident victims drowned. Of those drowning victims, 84 percent were not wearing a life jacket.

Buy your own life jacket, and wear it. One size doesn't fit all. •Look at the label for size

and weight limitations.

 Try it on and check the fit. With straps and buckles secured, the life jacket should not slip over your head or cover vour eves.

 Make sure the life jacket is Coast Guard approved.

•Replace your life jacket if you find leakage, mildew or rot. •Never alter a life jacket. It

could lose its effectiveness. Check your life jackets

yearly for flotation and fit. •Wear a life jacket to set an or consume alcohol on a boat example for children while inin the State of Kansas, it is il- creasing your survival chances.

◆Have the right equipment on-board - Equipment Checklists are available at http://ksoutdoors.com/Boating/Required-Equipment-Checklist

KNOW THE RULES

Operate at a Safe Speed-Although there are no numerical speed limits on the water, citations may be issued for excessive speed or reckless operation.

◆Learn to Swim- If you're going to be in and around water, proper boating means knowing how to swim. Aquatics Classes are offered through Skies Unlimited and other agencies including the American Red for all ages. You can check the website, http://rileymwr. com/sports/?page_id=436, for dates, times and fees.

◆Designate an assistant Skipper- Make sure more than only one person on board is familiar with all the aspect of your boat's handling operations and other boat safety tips.

CHECK THE WEATHER

◆Be Weather-wise- Always check local weather conditions before departure. TV and radio forecast can be good source of information.

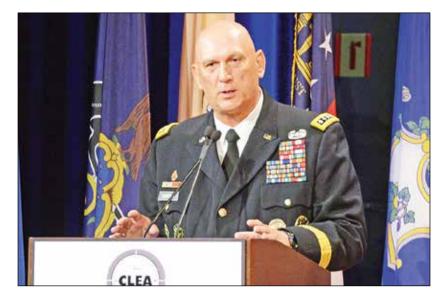
For more information contact Outdoor Recreation, at 785-239-2363 or visit http:// ksoutdoors.com/Boating, for information on how to register your boat, boating education, boating laws, water access and other vital boating information to make your recreational boating experience as safe as possible.

Odierno: Army tops at force sustainment

Story and photo by David Vergun ARNEWS

WASHINGTON - "One of the great advantages our Army has over every other army in the world is our ability to do strategic operational and tactical logistics," Army Chief of Staff Gen. Ray Odierno said.

"I watch other armies struggle to support themselves. They don't know how to do it. They don't understand how to do it. And, that provides us a capability that no other army in the world has," he added. Odierno spoke during the 11th Annual Chief of Staff of the Army's Combined Logistics Excellence Awards ceremony at the Pentagon, June 10. He presented awards in deployment excellence, supply excellence and maintenance excellence to 38 units and commands from across all components. The Army's logistical advantage allows it to sustain itself over long periods of time in remote areas worldwide, Odierno said. Maintainers keep helicopters flying hundreds of thousands of hours in the worst environments, he said. Logisticians provide combat formations everything they require in operations covering five continents.





SGT. CRAIG PAYNE WALDO, OHIO

1st Battalion, 7th Field Artillery Regiment, 2nd Armored Brigade Combat Team, 1st Infantry Division

THE 1ST INFANTRY DIVISION POST 💾

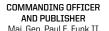
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'No one else can do that. That's what makes us an extraordinary force," Odierno said

In his 33 years of service, the chief admitted that he has "taken for granted the duct a single operation unless you have a

great work that is done by logisticians, whether it be deploying us, whether it be maintaining us, or whether it be providing us what we need: food, fuel, water, whatever it might be, anywhere in the world.

Odierno, who commanded forces in Iraq, from division to corps to multi-national force, said the successes, from the initial invasion to the surge to the retrograde, depended on the expertise of the logisticians. He added that their work has been critical to mission success in Afghanistan as well.

"I learned early on that you cannot con-

strong logistical capability to do it," he said. That is why, he said, he looks forward to presenting these awards every year.

Lt. Gen. Gustave F. Perna, deputy chief of staff for logistics, G-4, also spoke.

The Army's two priorities are a ready and modern Army and a globally-responsive, regionally-engaged service, Perna said.

"Your efforts are leading to the success of those priorities," he told the awardees. "You have led the way. You were good stewards of our property. You fixed vehicles more efficiently than any other unit, and your readiness rates attested to that."

Army Families receive funding for college

By Lora Strum ARNEWS

WASHINGTON - \$33,000. That is how much The Wall Street Journal reports average 2014 college graduates owe in student debt. As the cost of secondary education rises, the Army Emergency Relief program awarded 4,285 Army children and spouses more than \$9.3 million in scholarships.

Since 1976, the Army Emergency Relief program, or AER, - a private nonprofit organization dedicated to providing financial assistance to Soldiers, active and retired, and their Families - has selected an increasing number of Army dependents and spouses for tuition assistance from the Maj. Gen. James Ursano Scholarship and the Spouse Education Assistance Program.

About 3,201 children received the Ursano Scholarship, and 1,084 spouses assistance from SEAP for the 2015-2016 academic year.

We for AER's

required documentation, 84 percent received a scholarship award."

Children of retired and active-duty Soldiers received anywhere from the median scholarship of \$2,348, to the maximum award of \$3,300. Scholarships for spouses ranged from \$1,700 to \$2,200, and are applicable enrollment (12 credit hours per semester) or eight semesters for part-time students (six credits per semester). Dependents are eligible for aid through the semester preceding their 23rd birthday.

recipients are selected solely on financial need as determined the by tives. Free

C. Todd Lopez | ARNEWS

Appliship programs. "Of those cation for Student Aid, or who completed the applica- FAFSA. Using an applicant's tion process and provided the Student Aid Report, the AER analyzes its annual budget to determine the percentage of a student's total cost of attendance minus the estimated Family contribution, which it can award in scholarships. This year, 12 percent of the gap between cost and expected contribution was covered.

Funding for the scholarfor up to four years of full-time ships is derived from donations as well as interest from invested funds the organization earmarks each year. The awards are renewable as long as students maintain a 2.0 GPA and current financial need.

With average total costs per academic year reported by The College Board to be between \$10,000 and \$30,000, the AER's scholarships augment the price of room and board, tuition and books to better allow Army Families to pursue their education objec-

"These scholarships help a lot of our students to even be able to attend school," LaCroix said. "We get letters from students all the time telling us what a difference this has made for them.

Among those letters was one from Barbara Walker, whose three children all received the Ursano Scholarship.

'Both my daughters were able to graduate with their bachelor's degrees debt-free from the University of Louisville with the help of [the Ursano Scholarship]," Walker said.

Since its incorporation in 1942, AER has provided more than \$1.6 billion to over 3.6 million Soldiers, Families and retirees.

received total of 7,475 applications [this year]," said Tammy LaCroix, supervisor

scholar-

Victory Week 2015: A celebration



#1 - Brig. Gen. Eric J. Wesley, acting senior mission commander, 1st Infantry Division, and Command Sgt. Maj. Maurice Jackson, acting 1st Inf. Div. senior noncommissioned officer, cut a birthday cake at the Victory Dinner, part of Victory Week 2015. Photo by Sgt. Daniel Stoutamire, 1st Inf. Div.

#2 - Soldiers watch as another Soldier lifts weight June 10 at Craig Fitness Center. Soldiers of 1st Bn., 5th FA Regt., 1st ABCT, 1st Inf. Div., hosted a weightlifting competition. Photo by Staff Sgt. Noel Gerig, 1st ABCT.

#3 - Two Soldiers compete while two others take a breath June 10 during a game of water polo at Custer Pool. Photo by Staff Sgt. Bernhard Lashleyleidner, 1st ABCT.





of Army tradition, esprit de corps



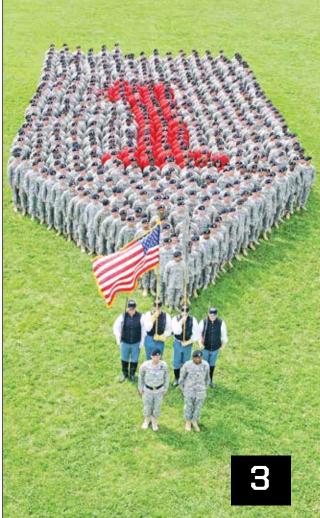
#1 - Two "Big Red One" Soldiers push themselves as their units members cheer during the arm wrestling event at Fort Riley's Warrior Zone. Photo by Sgt. Michael Leverton, 1st CAB.

#2 - One Soldier takes aim with a bow and arrow while another Soldier watches at the Fort Riley Archery Range. Photo by Capt. Ed Alvarado, 2nd ABCT.

#3 - Soldiers from units across the 1st Infantry Division gathered June 11 on Custer Hill Parade Field to form a "Big Red One" patch. Photo by Amanda Kim Stairrett, 1st Inf. Div..

#4 - A team of Soldiers pulls a rope in a tug-of-war outside Long Fitness Center. The 1st ABCT, 1st Inf. Div., hosted the tug-of-war tournament Photo by Staff Sgt. Bernhard Lashleyleidner, 1st ABCT.

#5 - A Soldier slides into home at the Sacco Field Complex. The 1st Sust. Bde., 1st Inf. Div., hosted a softball tournament. Photo by Sgt. Dana Moen, 1st Sust. Bde.





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JUNE 19, 2015 | 7



New company commander to continue care of Soldiers

Story and photos by Maria Childs 1ST INF. DIV. POST

The Soldiers of Headquarters and Headquarters Company of the Fort Riley United States Army Garrison wished their commander well during a change of command ceremony June 4.

Capt. David Grindle assumed command. The incumbent, Capt. Daniel Bell, will move on to a new assignment at the Command and General Staff Officer Course at Fort Leavenworth, Kansas.

Grindle is no stranger to Fort Riley, Kansas. He previously served as the commander of Apache Troop, 5th Squadron, 4th Cavalry Regiment, 2nd Armored Brigade Combat Team, 1st Infantry Division.

Fort Riley Garrison Commander Col. Andrew Cole, Jr. spoke during the ceremony and shared Bell's achievements within the unit.

"Today we honor Captain Daniel Bell who has served as the United States Army Garrison Headquarters Company Commander and the 1st Replacement Commander for the past 12 months," Cole said.

During his time in command, Bell incorporated a post-wide tour for all in-pro-

cessing Soldiers, developed and chaired quarterly sponsorship forums and made the division sponsorship program stronger by allowing the sharing of ideas

 $\mathbf{>>}$

Bell also developed a robust and inclusive high-risk Soldier tracking system to help identify Soldiers labeled as "high risk" to ensure they get and maintain the care they need.

'Captain Bell emphasized and promoted the historical impact the Big Red One and Fort Riley have on our Army and the Nation by attending community and on-post events," Cole said.

successor.

the Soldiers," Bell said. "I know you have a deep love and respect for the Soldiers and I know it will show through in your command."

Cole said there is always

'Remember...Soldiers,

and best practices, Cole said.

Although Bell will leave the Fort Riley community, he offered words of advice to his

"In this company, it's about

bitter sweetness associated with change of command ceremonies. He also offered advice to the incoming commander.

their Families and our Army civilians are our greatest assets in the garrison; care for them each and every day," Cole told Grindle.



By Daniela Vestal, **U.S ARMY HUMAN RESOURCES** COMMAND PUBLIC AFFAIRS

FORT KNOX, Ky. — The reenlistment opportunity window for Soldiers, which previously ran from 15 months to 90 days before their separation from the Army, has been temporarily suspended, but only for Soldiers with a separation date through Sept. 30.

A Soldier's window for reenlistment now runs from 15 months before their separation, up to the actual date they leave the Army. The reason - to retain quality Soldiers.

Before this suspension, a Soldier had to make the decision to re-enlist by the time they were 90 days away from completing their contract. If the Soldier changed their mind within this window, they were required to submit an exception to policy. Once the exception was submitted through the first colonel in the Soldier's chain of command, it would then go to U.S. Army Human Resources Command, or HRC, for adjudication, said Sgt. Maj. Vickie Rivera, retention and reclassification sergeant major for the Enlisted Personnel Management Directorate at HRC. The process often took several weeks, Rivera said. With this new 90-day window suspension, a Soldier will only need to speak with their commander and first sergeant to reverse a decision to leave activeduty service. The goal of retaining good Soldiers is the same as it always has been, Rivera said. This suspension does not change the requirements for Soldiers, who want to stay active duty and re-enlist. "They still need to be a quality Soldier," Rivera said. What we see at our level is all the paperwork and the documentation. This suspension streamlines the procedure to be faster."

Sgt. Maj. Mark Mayo has been in the recruiting and retention field for 25 years and is serving as the retention sergeant major for the XVIII Airborne Corps.

Mayo said the suspension, of the 90-day window, will likely not affect a large majority of Soldiers eligible for reenlistment. However, for the handful of Soldiers, who find themselves in an unexpected situation, where they want to reverse a decision to leave the Army, the change will benefit them.

"There are some good Soldiers out there whose plans do fall through - either with college, or jobs, or their spouse gets pregnant," Mayo said. "There's a lot of things that



Above right: New HHC USAG commander Capt. David Grindle stands with his new unit after a change of command ceremony June 4. Above left: Fort Riley Garrison Commander Col. Andrew Cole, Jr. speaks during the ceremony. "Remember," Cole said, "Soldiers, their Families and our Army civilians are our greatest assets in the garrison; care for them each and every day."

come up; so this change would give them the opportunity to move forward."

Accompanying this suspension, Soldiers within the 90-day window from their separation date will be offered the same options as Soldiers re-enlisting several months before they are due to leave active-duty service, Rivera said. Previously, a Soldier re-enlisting within this window was limited in choice for potential duty assignments, or locations, based on the needs of the Army.

One thing, which will remain the same, is the option for a Soldier, who has signed up for the Army Reserve or National Guard to change their mind and continue on in an active-duty capacity, Rivera said. They can change their mind any time before their separation date.

This is a temporary suspension, Rivera said. At this point, it is unknown when, or if, the suspension of the 90-day window will be lifted.

It is important for Soldiers to stay in contact with their career counselors, Rivera said. In addition to changes in procedure, like the suspension of this pre-separation window, reenlistment windows fluctuate.

Community Life

HOME OF THE BIG RED ONE

JUNE 19, 2015

IN BRIEF

FULL-SCALE EXERCISE **SCHEDULED FOR JUNE 24**

A full-scale exercise is scheduled for June 24, throughout the day at Fort Riley. The exercise is a way to test and train installation emergency preparedness.

Installation Management Command requires each Army installation to conduct an annual full-scale exercise to test, sync and evaluate all emergency response processes and procedures.

Residents, employees and community members should be aware there will be an increase in emergency response vehicles during the exercise.

Additionally, certain roads on Camp Funston may be closed to through traffic as part of the exercise. Drivers should be prepared for detours and allow extra time when traveling on post in any area marked with exercise signage.

TRAFFIC UPDATES

For traffic updates, see the Traffic Report on page 2 or visit www.riley.army.mil and click on "Advisories."

GENERAL INFORMATION

For general information about events and services at Fort Riley, visit www.facebook.com/FortRiley or follow @FortRiley on Twitter.

FORT RILEY SPOUSE CHOIR

The Fort Riley Spouse choir is accepting new members. If you love to sing and want to spend time with other Army spouses, then this group is definitely for you. Practices are at the band rehearsal hall at 8630 Sustainment Drive at 6:30 p.m. Thursday nights.

NO DOUGH DINNER

The USO Fort Riley is helping to bring families together with free dinners. The next USO No Dough Dinner is scheduled for 5 p.m. to 6:30 p.m. June 29 at Wyman Park. Be sure to bring your ID. For more information, call 785-240-5326 or email usofortriley@uso.org

AN IMPORTANT REMINDER

Visitors to Fort Riley are reminded that a temporary Fort Riley Access Badge or Pass is required for anyone without a Department of Defense ID card. If you know the exact date of your visit, it is highly recommend to get a temporary badge or pass early by stopping by the Visitor Control Center, calling (785) 239-2982 or emailing usarmy.riley.imcom-central.mbx.des-vcc@ mail.mil Please note there are longer wait times for passes during periods of higher traffic-especially weekday mornings and weekday afternoons-when Soldiers and civilian employees are traveling to work and physical fitness activities. If you're unable to get a pass early, make sure to allow extra time the day of your visit to get through processing at the Visitor Control Center. Please visit our website at http://www.riley.army.mil/ Units/GarrisonCommand/EmergencyServices/AccessInformation



Sgt. Eric Bujak, 97th Military Police Battalion, 42nd Military Police Brigade, dressed as Olaf, center, with his daughters, Zoey, who dressed as Anna, left, and Ellia, who dressed as crown from one Elsa when they en-Elsa, right, from Disney's "Frozen" at the "Frozen"-themed 7th Annual Strong Dad's Tea Party at the Warrior Transition Battalion Clamshell June 13.

Dads, daughters share tea and more

Strong Dad's Tea Party forging long-lasting bonds between fathers, daughters

Story and photos by Jakki Forester 1ST INF. DIV. POST

Hundreds of fathers and daughters lined up. The line went out the door of the Warrior Transition Battalion Clamshell. They were about to enter the kingdom of Arendelle, inspired by Disney's movie "Frozen," for the 7th annual Strong Dad's Tea Party June 13 at 10 a.m.

The daughters received a princess tered, then each dad and daughter took a photo with another Elsa and Anna. The photo was framed and handed to the new princesses before the end of the tea party.

"The purpose of this event is to increase father interaction, (daughters') self-esteem and build pro-social development"

KARIGA PRATT FAMILY ADVOCACY PROGRAM

The photo served as a souvenir of a memory made between daughters and fathers.

"The purpose of this event is to increase father interaction, increase (daughters') self-esteem and build pro-social development," said Kariga Pratt, Family Advocacy Program specialist for the Directorate of Family and Morale, Welfare and Recreation.

Capt. David Cooper, Division Headquarters and Headquarters Battalion, 1st Inf. Div., said this was the third year in a row him and his two daughters, Madelyn and Delaney, attended.

PAGE 9

"This is always a great event," Cooper said. "It is a great opportunity for dads to spend time with their children.

Cooper said he recently got back from deployment and used this event as more time to spend with his daughters. He said he recognizes the time and effort put into the event every year, which helps make it worth it to come.

Sgt. 1st Class Kevin Hunter, 1st Combined Arms Battalion, 63rd Armor Regiment, 2nd Armored Brigade Combat Team, 1st Inf. Div., said he brought his daughter, Alaya, to the event last year too.

See TEA PARTY, page 12

A WREATH FOR IKE



Chaplain (Capt.) Matthew L. Whitehead, 1st CAB, 1st Inf. Div., provides the invocation at the burial site of Presi-

SPOUSES' SIP AND CHAT

Spouses of active duty service members are welcome to join USO Fort Riley for coffee, snacks, friends and fellowship from 9:30 to 11 a.m. on the fourth Wednesday each month. USO Fort Riley is located at 6918 Trooper Drive. For more information, call 785-240-5326.

RILEY RIDE

Heading to Aggieville for drinks? Get home to Fort Riley safely with Riley Ride. The transportation service is open to all Department of Defense ID cardholders and runs Friday and Saturday evenings. For more information, call 785-239-5614.

COSMIC BINGO **MUSTACHE BASH**

Enjoy some cash prizes, drink specials, minute to win it games, and karaoke at Rally Point on June 20. Doors open at 6 p.m. event starts at 7 p.m. Admission is \$15, which includes a bingo package and mustache swag. The event is open to all DOD ID card holders and their guests ages 16 and older.

For more information, call 785-784-5733.

dent Dwight D. Eisenhower on June 14 in Abilene, Kansas. Whitehead was one of a handful of 1st Inf. Div. Soldiers who participated in the annual wreath-laying ceremony at the Eisenhower Presidential Library, Museum and Boyhood Home.

Honoring Eisenhower

Annual wreath-laying ceremony coincides with Armys 240th birthday

Story and photos by Capt. Keith E. Thayer **1ST CAB PUBLIC AFFAIRS**

ABILENE, Kansas — Leaders from the 1st Infantry Division's 1st Combat Aviation Brigade honored Dwight D. Eisenhower, former General of the Army and 34th President of the United States, during a wreath-laying ceremony June 14 at the Eisenhower Presidential Library, Museum and Boyhood Home.

Eisenhower was born Oct. 14, 1890, in Denison, Texas. His family returned to Abilene, Kansas, when he was a year and a half old, according to information from the museum.

See EISENHOWER, page 12

"Today, we pay tribute to Dwight D. Eisenhower and his leadership on this historic occasion – the Army's birthday. A tribute to humble leadership from humble beginnings"

COL. MATTHEW R. LEWIS COMMANDER, 1ST CAB, 1ST INF. DIV.



Visitors at the Eisenhower Presidential Library, Museum and Boyhood Home walk with Col. Matthew R. Lewis and Command Sgt. Maj. Stephen H. Helton, 1st CAB, 1st Inf. Div., command team on June 14.

No Dough Dinner helps launch Victory Week 2015

Fort Riley families enjoy barbecue feast, games for the kids at Moon Lake

Story and photos by Kalyn Curtis 1ST INF. DIV. POST

The USO Fort Riley's No Dough Dinner goals are to give Soldiers and families time to enjoy the food and volunteer opportunities.

"It means I feel important," said Dustin Finn, 10 year old son of Spc. Jeffrey Finn, 1st Combined Arms Battalion, 63rd Armor Regiment, "I've always wanted a job and to volunteer somewhere. It's taught me to have responsibility. I've spent quality time with my dad every day."

MORE ONLINE

• For more information on upcoming USO Fort Riley events, visit https://www. facebook.com/USOFtRiley.

The father and son duo has been volunteering together for a few weeks. Finn said it's a good way to bond with his son and to teach him valuable morals. For Finn's son, Dustin, it's a chance to spend time with his father, something not all military children are guaranteed.

"I like to go anywhere with him, as long as he is there with me," Dustin said.



Volunteers with the Fort Riley USO hand out ribs to the families participating in the USO No Dough Dinner on June 8 at Moon Lake. The USO Fort Riley staff and volunteers See NO DOUGH, page 11 expected to serve 1,500 people.

COMMUNITY CORNER

Father's Day means more than that crazy new tie

By Col. Andrew Cole GARRISON COMMANDER

Nather's day is important for several reasons none of them have to do with getting a crazy new tie from the kids, going fishing or lighting barbeques. Those are great traditions and yield fascinating family lore for future generations, but that isn't the only thing to thing worth thinking about this Father's Day.

We pay tribute to our fathers and those men in our lives who provided guidance and a positive influence. Not every fatherly influence comes from blood relatives. Sometimes in life we find we are



enter this service we meet men who share wisdom that helps us chose our Army career path. Then, once in a while you are blessed to be the guy with the right words and actions at the right time for someone else.

promise.

Every day you come into contact with Soldiers and teammates. And every day

presents an opportunity to make a positive impact. Maybe you aren't a dad. So what? Don't let this day go by and simply be another Sunday. Keep your eyes and ears open for the opportunity to be a positive impact to another person or to thank them for the positive impact someone has had on you.

If you don't have a mentor – find one. If you are willing and able, be one. Face it, we are not in this Army alone and we can't be successful without our team.

Now, while some of you will be doing the family folklore worthy events, do them safely. The water is abnormally high this season. Know your

waterway before you embark on a water-based adventure of boating, fishing, swimming or other aquatic sports. If you plan to light the grill – watch where you place it – keep it out from under trees or roofs. The potential for a bad story exists. Make sure you evaluate your activity and have a plan in place to mitigate any risks. I'd hate for your next family tale to be a sad one.

- To comment on this article or to suggest a topic for Community Corner, email usarmy.riley. imcom.mbx.post-newspaper@ mail.mil or visit my Facebook page at www.facebook.com/ fortrileygc.



Vet warns of parvo risk for puppies

Official advises safer to take animals to parks after fully vaccinated

K-STATE NEWS AND COMMUNICATION SERVICES

MANHATTAN - If planning a trip to the dog park or a walk around a crowded park with a new puppy, it might be prudent to wait a few weeks. A Kansas State University veterinarian says taking your puppy out before it has been fully vaccinated for parvovirus could be deadly, especially at this time of year.

"Parvovirus – parvo – is a highly contagious virus that is something we do see yearround because it is always in the environment, but the Veterinary Health Center has been seeing more cases recently," said Susan Nelson, clinical associate professor of clinical sciences.

The increased number of cases is because the weather is nicer, which is a better environment for the virus to survive, and owners are taking advantage of the warmer temperatures to take their pets outside and interact with other dogs. But owners may not realize their puppy is at risk of getting parvo until they are fully vaccinated, according to Nelson.

"We usually see cases

MORE INFORMATION

• If you do suspect your puppy has parvo, contact your veterinarian immediately. For more information, contact the Kansas State University Veterinary Health Center at 785-532-5690.

ian starting around 6 to 8 weeks of age for their first vaccine of what is commonly known as their 'puppy series.' Then they will need to get that vaccine every three to four weeks and receive their last booster around 14 to 16 weeks of age for the best chance of avoiding parvo and other diseases included in this vaccine series. They aren't considered fully protected until a few weeks after that final dose at 14 to 16 weeks of age."

Nelson says the number of shots may concern pet owners, but the protection is vital. A mother gives immunity to her pups through her milk. As long as this immunity is around, it will keep the puppy from responding to a vaccine.

While the mother's protection is good for the puppy, at some point it goes away. If it has already rendered a vaccine ineffective, it leaves the puppy at risk for infection until the next round of boosters. For some pups, mom's immunity disappears as early as 6 weeks of age, while for others, around 14 to 16 weeks of age. To protect as many puppies as possible, vaccines are started around 6 to 8 weeks of age and ended around 14 to 16 weeks. During this vaccination period, Nelson says to avoid city parks, dog parks, pet stores that allow animals inside, and any place with dogs of questionable vaccine status. One exception is puppy obedience classes. Nelson points out that socialization is critical at this time and the risk of parvovirus is much lower in these classes, which require all dogs to be vaccinated. A puppy can start the classes one week after receiving its first set of "puppy shots." Another way to socialize your puppy is to let it play with your friends' or family's dogs that you know are current on their vaccines.

While waiting until a little after 16 weeks of age to go to dog parks can be inconvenient, Nelson says it may save your dog's life.

'The first symptoms of parvo are typically a fever with severe lethargy and depression," Nelson said. "The dog then stops eating and begins vomiting, usually several times daily. Profuse diarrhea, which is often bloody, then develops. During the course of the disease, the dog becomes profoundly dehydrated. The virus destroys the lining of the intestinal tract, then bacteria move in and release toxins.

"The only treatment is pportive care and intensive

"Without any type of treatment, most infected dogs will die from the disease."

SUSAN NELSON KANSAS STATE UNIVERSITY

very costly to treat them. Your best bet is prevention and keeping up with the vaccine series."

Parvovirus is most prevalent in dogs 6 weeks to 6 months of age and can be picked up through contaminated feces, tracked in on shoes and through sharing harnesses, collars or food and water bowls. It is resistant to many common household cleaners other than bleach. It can survive outdoors for months up to years in the right conditions. It also can live in the house at room temperature for up to two months.

If you do suspect your puppy has parvo, contact your veterinarian immediately. For more information, contact the Kansas State University Veterinary Health Center at 785-532-5690.

young dogs, primarily puppies, that have had one vaccine as a puppy but didn't complete the series or had no vaccines at all," Nelson said. "This is definitely a preventable disease, so it's important when you have puppies to get them into your veterinar-

therapy. They are put in strict isolation because it is highly contagious to other dogs," she said. "Without any type of treatment, most infected dogs will die from the disease. And even with aggressive therapy, some dogs won't make it. It can be



JUNE 19, 2015 | 11

K-State preclinical cancer detection test platform gets patent

K-STATE NEWS AND COMMUNICATION SERVICES

MANHATTAN — A U.S. patent has been awarded for Kansas State University technology that quickly detects the early stages of cancer before physical symptoms ever appear.

Stefan H. Bossmann, professor of chemistry; Deryl L. Troyer, professor of anatomy and physiology; and Matthew Basel, postdoctoral fellow in anatomy and physiology, developed a nanoplatform technology to detect human cancer cells and tumors in the beginning stages.

"Early detection of cancer increases the chances of successful therapy," Troyer said. "This is because in most cases treatment can be initiated before metastases occur. Early detection also is advantageous because therapies that do not have devastating side effects are more likely to be successful." The technology was recently awarded U.S. Patent 8,969,027, titled "Fluorescence Assays for Serine Proteases." It was issued to the Kansas State University Research Foundation, a nonprofit corporation responsible for managing technology transfer activities at the university. Patents also have been awarded in Australia, Canada, France, Germany and the U.K.

The researchers' technology consists of iron/ironoxide core/shell nanoparticles coated with amino acids and a fluorescent dye. The amino acids and dye interact with enzymes in a blood sample and make it possible to diagnose a cancer type even if a patient is not showing physical symptoms associated with cancer.

A sample of a patient's blood is converted into a blood serum. The serum is used to perform tests with enzymes that are in the bloodstream and that are



K-STATE NEWS AND COMMUNICATION SERVICES Stefan H. Bossmann, professor of chemistry, left, and Deryl L. Troyer, professor of anatomy and physiology, developed a nanoplatform technology to detect human cancer cells and tumors in the beginning stages before physical symptoms ever appear.

expressed at different levels in cancer patients and healthy adults. Each enzyme is analyzed and compared to the enzyme pattern of different tumor types. Each type of cancer has a unique protease signature, similar to a genetic fingerprint registered in a database. Results are produced in about 30 minutes.

The technology has a 95 percent success rate at detecting cancer at stage 1 and beyond.

"Since we are able to detect virtually all solid tumors at stage 1 during routine blood testing, this cost-effective technology used together with the already established cancer technologies has the potential of saving half the lives of those diagnosed with cancer during the next decade," Bossmann said. "This test can be easily incorporated into clinical labs."

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Bossmann and Troyer are collaborating with China's First Affiliated Hospital of Kunming Medical University on conducting double-blind cancer detection tests. Double-blind tests are one of the most stringent testing procedures as neither the test participants nor the administrators know who is in the control group and who is in the experimental group. If the researchers' detection test achieves a high accuracy rate, it will likely become a viable medical test for physicians in the U.S. and across the world.

Protease measurements of more than 10,000 patients at Kunming Medical University have shown that bladder cancer, breast cancer, cervical cancer, colorectal cancer, endometrial cancer, fibroid cancer, gallbladder cancer, hepatoma, non-small lung cancer, ovarian cancer and prostate cancer all feature unique protease signatures, which permit their identification in early stages.

The patent is available to license through the Kansas State University Institute for Commercialization by contacting 785-532-3900 or ic@k-state. edu.

The researchers received support to develop the test through the National Science Foundation's Division of Chemical, Bioengineering, Environmental and Transport Systems; the National Institutes of Health phase II Small Business Innovation Research; the Johnson Cancer Research Center at Kansas State University; and the Kansas Department of Commerce.



Kalyn Curtis | POST

David Rogers (3) tosses a sandbag at the USO Fort Riley No Dough Dinner June 8 at Moon Lake. Corvias Military Housing provided the games and prizes for children.

NO DOUGH Continued from page 9

The USO Fort Riley staff and volunteers have put on No Dough Dinners since 2010, but partnered up with Victory Week for the first time last year.

"We were planning on 1,500 people this year," said Jill Iwen, Director of the USO Fort Riley. "Last year we planned on only 600 and ended up with 1,200 people. So we're just glad to do it." The dinner not only offered barbeque ribs, corn and watermelon, but the partnership with Corvias Military Living also offered games for children. "I think it just adds to the partnership we have with the Army," said Nicholas Imel, senior community manager. "It shows how the community supports the military and their efforts here at Fort Riley." The USO Fort Riley crew provided meals to 1,021 Fort Riley Soldiers and their family members.



NOW SHOWING

Barlow Theater is now in digital! Tickets cost \$5.50 for adults and \$3 for children

FRIDAY, JUNE 19 • The Avengers: Age Of Ultron (PG-13) 7 P.M.

> SATURDAY, JUNE 20 • Pitch Perfect 2 (PG-13) 2 P.M. • Mad Max Fury Road (R) 7 P.M.

SUNDAY, JUNE 21 • Pitch Perfect 2 (PG-13) 5 P.M.



For movie titles and showtimes, call

Membership Packages Custer Hill Golf Course **BASIC MEMBERSHIP Unlimited Golf** Sunflower Golf Trail Membership Member Bag Tag Monthly Payment Option 2 **BRO MEMBERSHIP Unlimited Golf** Sunflower Golf Trail Membership Member Bag Tag Locker or Member Shirt \$1 off Cart Fees 10% off Pro Shop Purchases **GHIN Handicap Service** \$5 Discount on all Custer Hill Golf Course Tournaments Monthly Payment Option ADD=ON OPTIONS 3

Driving Range Membership Unlimited Cart Rental Membership GHIN Handicap Service

For more information on upcoming USO Fort Riley events, visit https://www.facebook.com/USOFtRiley.



Cell phone use while driving is prohibited on post. Phone calls may be made only with a hands-free device. Texting is included in the ban. Failure to adhere to policy will result in a \$75 fine.





Col. Matthew R. Lewis and Command Sgt. Maj. Stephen H. Helton, 1st CAB, 1st Inf. Div., command team, prepare to place the wreath at the graveside of President Dwight D. Eisenhower on June 14 in Abilene, Kansas. The two were at the Eisenhower Presidential Library, Museum and Boyhood Home to participate in the annual wreath laying, a tradition for leaders at Fort Riley.

EISENHOWER Continued from page 9

Eisenhower achieved the rank of General of the Army on Dec. 20, 1944. As one of six Army officers to ever be promoted to the five-star rank, Eisenhower was selected to lead allied forces as the Supreme Allied Expeditionary Force Commander for the invasion of Europe at the height of World War II.

At 10 a.m., Col. Matthew R. Lewis, commander of the 1st CAB, 1st Inf. Div., and Command Sgt. Maj. Stephen H. Helton, senior noncommissioned officer of the brigade, emerged from the Eisenhower Presidential Library and proceeded toward the Place of Meditation, followed closely by visitors, who gathered nearby awaiting the start of the ceremony.

"Today we pay tribute to Dwight D. Eisenhower and his leadership on this historic occasion — the Army's birthday," Lewis said. "A tribute to humble leadership from humble beginnings, to have had such an impact on the world today and for many people in many places around the world." The traditional wreathlaying ceremony included Lewis and Helton, a drummer and bugler from the 1st Inf. Div. Band and Chaplain (Capt.) Matthew L. Whitehead, 1st CAB's spiritual leader, who served



Evan Boldt, grandson of retired Air Force Lt. Col. John R. Godby, shakes hands with Col. Matthew R. Lewis, commander, 1st CAB, 1st Inf. Div., after a wreath-laying ceremony June 14 at the Eisenhower Presidential Library, Museum and Boyhood Home in Abilene, Kansas. Evan and his grandparents traveled more than 240 miles to witness the ceremony, which honored the Army general and president on the Army's 240th birthday.

as the master of ceremonies. know that history here in The chaplain read the Army. He was also a aloud the president's in- great president." augural prayer, written by Eisenhower himself. Even though it was a context-specific prayer for Eisenhower's day and age on his inauguration, attendees could still pray in that same spirit with him, Whitehead said.

DID YOU KNOW?

• Karl H. Weissenbach, director of the Eisenhower **Presidential Library** and Museum, located in Abilene, Kansas, said the museum has received more than 205,000 visitors this year alone.

 For more information about the museum, visit www. eisenhower.archives. gov/

The museum has received more than 205,000 visitors this year alone. Weissenbach said the number was significant since the library is in a rural area. One of those visitors June 14 was retired Lt. Col. John R. Godby, a former Air Force missile launch officer. He traveled more than 240 miles with his wife Marilyn and grandson Evan to witness the wreath laying.

Spc. Christopher M. Arnold, bugler, 1st. Inf. Div. Band, performed taps, bringing the ceremony to a close.

"I think this is a good event. My kids are here, and that's all that matters." SGT. ERIC BUJAK | 42ND MILITARY POLICE BRIGADE



Photos by Jakki Forester | POST

John Albert, 4th Squadron, 4th Cavalry Regiment, 1st Armored Brigade Combat Team, 1st Inf. Division, posed with his daughter, Brianna, and Elsa and Anna from Disney's "Frozen" at the "Frozen"-themed 7th Annual Strong Dad's Tea Party at the Warrior Transition Battalion Clamshell June 13.

TEA PARTY Continued from page 9

"I knew the event was coming up and didn't want to miss it," Hunter said. "Alaya like the one last year, and this year was better than last year. For those who didn't attend missed out on a good event."

1st Lt. Ross Robinson, 10th Air Support Operations Squadron, said he brought his daughter because it was something special to do with her. He said for those who were unable to come missed out on a great event.

"Those who helped set it up did a lot of hard work to make it special for all of us," Robinson said.

Recently having returned from South Korea, Sgt. Eric Bujak, 97th Military Police Battalion, 42nd Military Police Brigade, said he had no idea what to expect for the event.

"I think this is a good event," Bujak said. "My kids are here, and that's all that matters."

Although most dads brought their own daughters, there were some who brought daughters of deployed soldiers. First Lt. Ryan Ley, 4th Squadron, 4th Cavalry Regiment, 1st Armored Brigade Combat Team, 1st Inf. Div., brought Anastasia, the daughter of a fellow soldier in the 1st Combat Aviation Brigade, 1st Inf. Div. who missed the event by about two weeks.



Alaya Hunter, daughter of Sgt. 1st Class Kevin Hunter, 1st Combined Arms Battalion, 63rd Armor Regiment, 2nd Armored Brigade Combat Team, 1st Inf. Div., dressed up as Elsa from Disney's "Frozen" and colored a picture of Elsa at the 7th Annual Strong Dad's Tea Party, which was "Frozen" themed, at the Warrior Transition Battalion Clamshell June 13.

and Anna was the pinnacle of excitement for her. It was like meeting Santa Clause right before Christmas."

Although Ley and his wife don't have children of their own, they babysit Anastasia. He said he didn't want Anastasia to miss the event just because her dad was deployed. "We have to look out for one another," Ley said.

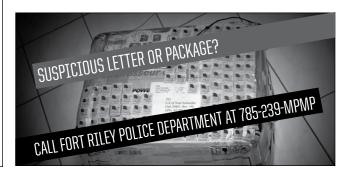
"It's a great honor to be selected to be a part of this ceremony this morning," he said. "President Eisenhower was a great general, we all

Karl H. Weissenbach, director of the Eisenhower Presidential Library and Museum, was present for the wreath-laying ceremony and spoke with attendees.

"As one of 16 presidential libraries in existence, the Eisenhower Presidential Library is unique in that it covers the largest amount of physical space at 23 acres," Weissenbach said.

"As a bugler, it is the most meaningful thing you can ever play," Arnold said. "Every note that you play, people hear it, they think about it and it means something different to everybody, but it means something honorable to everybody."

"I thought this was a great event," Ley said. "The fact that she could take a photo with Elsa



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Sports & Recreation

JUNE 19, 2015

IN BRIEF

BOWLING SPECIALS Monday to Friday: From 11 a.m. to 1 p.m., pizza and salad buffet, \$6.99

Monday to Friday afternoon specials: From 11 a.m. to 1:30 p.m., \$2 games and \$2 shoes.

Wednesday to Friday: From 1 to 6 p.m., \$2.50 games and \$2 shoes.

Saturdays: From 11 a.m. to 6 p.m., \$2.50 games and \$2 shoes.

Sundays: From noon to 6 p.m., family fun, \$35 per lane, which includes two hours of bowling, one large two-topping pizza, two pitchers of soda and shoes for up to six people.

Wednesday – Dollar Night: From 6 to 9 p.m., \$1 games and \$1 shoes.

Thursday – Quarter Mania: From 6 to 9 p.m., \$5 cover, which includes shoes and 50¢ games.

Friday – Red Pin: From 6 to 9 p.m., \$10 for 3 games with shoes and prizes

Extreme: From 9 p.m. to midnight. Cost is \$9, which includes shoes and up to three hours of bowling. Cost is \$7 for children.

Saturday – Extreme: From 6 p.m. to midnight. Cost is \$9, which includes shoes and up to three hours of bowling.

ANNUAL CAR SHOW

The Fort Riley annual car show is scheduled for 9 a.m. to 3:30 p.m. June 20 at McCormick Park. Registration takes place from 9 a.m. to noon. Registration is \$20 the day of the event.

Advance registration is \$15 and begins June 1 at Auto Skills. The event is free and open to all.For more information, call 785-239-9764.

10-5-2 PRAIRIE RUN

The 10-5-2 Prairie Run is scheduled to take place at 7 a.m. July 18 at King Field House. The 10-mile course is a qualifier for Fort Riley's Army 10-miler team. No pets, strollers or headsets are allowed.

Registration is online at https://register.chronotrack. com/r/14309.

For more information, call 785-239-3146.

By Jakki Forester 1ST INF. DIV. POST

As 222 registered and a handful of non-registered runners took the starting line outside of King Field House, Brig. Gen. Eric Wesley, acting senior commander and deputy commanding general - support of the 1st Inf. Div., fired a blank from a handgun atop a horse from the Commanding General's Mounted Color Guard, signaling the beginning of the Victory Week 10-Miler race June 10.

Sponsored by the 97th Military Police Battalion and Directorate of Family and Morale, Welfare and Recreation, the race served two purposes. First, participants earned points for their units toward the 1st Inf. Div. Victory Cup. Second, the Victory Week 10-Miler was the first of two runs held at Fort Riley to qualify installation runners from the for the Army 10-Miler hosted at the Pentagon in Arlington County, Virginia Oct. 11.

"I had two goals for this event," said Staff Sgt. Joshua Jordan, 977th Military Police Company, 97th MP Bn., 42nd Military Police Brigade. "My biggest priority was runner safety. Then, I also wanted to make sure the event ran as smoothly as possible and for the operation to go successfully."

Teams compete for points toward Victory Cup

Reed Scott, employee of DFMWR, said he thought this event was a great way to get runners of all skills levels together. He also said there were many teams, which would increase camaraderie among the participants.

"Participating in something like this helps bring up morale," said Staff Sgt. Gustavo Medrano, 3rd Battalion, 66th Armor Regiment, 1st Armored Brigade Combat Team, 1st Inf. Div. "It keeps me consistent as a leader to participate. As a platoon leader, I encouraged soldiers to come out and compete, too."

Medrano said he wanted to use the Victory Week 10-Miler race as a measuring tool for himself to see where he is at as a runner. He competed in the Army 10-Miler three years ago and wants to qualify to compete again.

Spc. Samuel Kosegi, Headquarters Support Company, Division Headquarters and Head-



Jakki Forester | 1ST INF. DIV. POST

Spc. Samuel Kosegi, Headquarters Support Company, Division Headquarters and Headquarters Battalion, was the first runner to cross the finish line for both men and women with a time of 55 minutes, 11 seconds at the Victory Week 10-Miler outside King Field See 10-MILER, page 14 House June 10 at 6:30 a.m.



Photos by Andy Massanet | 1ST INF. DIV. POST

SCORES THREF

SOLDIER 'Guardians' win Soccer title

Soldier strives for gold at DOD Warrior Games

By Shannon Collins DEFENSE MEDIA ACTIVITY

EL PASO, Texas - When fifth grader and Boy Scout Stefan Leroy watched the World Trade Center towers fall during the 9/11 terrorist attacks, he knew then he wanted to serve his country.

'We really saw the world change, and then thinking about service, commitment to yourself, your community and your country, the Army's kind of a natural place to go from there," said Sgt. Stefan Leroy, a cavalry scout, who now serves at Walter Reed National Military Medical Center, Maryland. Years later, Leroy found himself carrying a fellow Soldier to a medevac helicopter on June 7, 2012. That Soldier had stepped on an improvised explosive device, or IED. While helping to save his comrade, Leroy himself stepped on an IED. He lost his left leg above the knee and his right leg below the knee. Throughout his more than 40 surgeries, Leroy focused on maintaining his weight and fitness because he said amputees can have trouble keeping their weight in check. His sport of choice was hand cycling.

PT GOLF

PT Golf runs through Aug. 27 on Thursdays at 6:30 a.m. at Custer Hill Golf Course. PT Golf is open to platoon-level four-person teams. It is a ninehole alternate shot format and players run from shot to shot.

Teams get the following four clubs: driver, seven-iron, wedge and a putter. Teams may use their own clubs but must stick to those four.

For more information, call 785-784-6000.

YOUTH SPORTS OFFICIALS

Child, Youth and School Services is looking for officials for youth outdoor and indoor soccer, flag football, basketball, baseball and softball.

Volunteer and paid positions are available. Training provided and experience is not necessary. A background check is required.

For more information, call CYSS Sports at 785-239-9223 or 785-240-5207.

LOOKING FOR A WAY TO **SERVE VETERANS?**

Team Red, White and Blue is a national veterans outreach organization enriches lives of America's veterans by connecting them to their community through physical and social activity. For more information, visit www.teamrwb.org.

For Team RWB local chapter events, see "Team RWB Fort Riley" on Facebook.

SKEET AND TRAP

An introductory clinic is offered by appointment covering basics of sport of shooting. Gun rental, ammo and protective equipment are provided.

Cost is \$11.25 per round and \$6.25 for ammunition. For more information, call Outdoor Recreation at 785-239-2363.

The side from the 601st Aviation Support Battalion, 1st Combat Aviation Brigade, 1st Infantry Division took the Victory Week Soccer title with a 7-3 win over the squad from 1st Battalion, 16th Infantry Regiment, 1st Armored Bri-gade Combat team, 1st Infantry Division, "Iron Rangers" on June 11. The win was keyed by a three-goal performance by Spc. Edelson Noel, pictured at right. The hat-trick helped break up a tight match that featured a 2-2 deadlock midway through the first half. Though the Iron Rangers placed second in soccer, they did place first in overall points for Victory Week and garnered the Commander's Cup trophy.

Pictured above is the entire squad from the 601st Aviation Support Battalion, 1st Combat Aviation Brigade, 1st Infantry Division.



"It was a big one for me because it helped me maintain my weight," he said. "It took me awhile to get on my legs. I had my last surgery six or seven months ago and that really was when I was able to walk all the time from then on."

Leroy said adaptive reconditioning and adaptive sports through hand cycling and wheelchair basketball helped him maintain being an athlete until he gained confidence with his new running legs.

During the Army Trials, Leroy earned a bronze medal in the men's

See GAMES, page 14

Soldier considers Warrior Games 'chance for redemption'

By Shannon Collins DEFENSE MEDIA ACTIVITY

EL PASO, Texas - For Quintarious Almon, representing the Army team at the Department of Defense Warrior Games continues to be a chance at redemption.

Almon, a former Årmy Reserve truck driver with the 287th Transportation Company out of Aniston, Alabama, first attended the Warrior Games in 2011, but couldn't finish any of his events because of heat exhaustion.

He returned in 2013 and took the gold medal in the men's 100-meter wheelchair race. In 2014, he took the silver medal in the men's 100-meter wheelchair race.

This year he will compete in the 100-meter, 200-meter and 4x100 relay and also in sitting volleyball at the games, scheduled for June 19-28, at Marine Corps Base Quantico, Virginia.

"I had learned my lesson about training

and nutrition and what I had to do going forward," he said.

Almon received his traumatic brain injury in a car crash when he fell asleep behind the wheel while driving in 2010. He said he doesn't remember the incident. As he was recovering in the Warrior Transition Unit at Fort Benning, Georgia, he learned about adaptive sports.

"Adaptive sports are a great way for Soldiers to find another way to go about doing things and learn that there are still things out there that they can do," he said.

Active-duty, Guard and Reserve Soldiers, along with veterans, can participate in the DOD Warrior Games. Almon said events like the DOD Warrior Games helps veterans like him have a goal.

When veterans get out of the military, some go through a stage of depression. Most guys don't know what they're going to do outside the military," he said. "It gives veterans another outlet and a chance to become an elite athlete."

For Almon, who ran track in eighth grade and made it to state and played basketball and football in high school, it gave him a chance to feel like an athlete again.

"I enjoy working out and staying fit," he said. "It helps in my recovery. I still have longterm injuries, but my short-term injuries are not as noticeable anymore. They're still there, but I work really hard to overcome those and strive to continue to get better. I've done a lot of things since adaptive sports, and I wouldn't trade it for anything else.'

Throughout the games, wounded, ill and injured service members and veterans from the Army, Marine Corps, Air Force, Navy, and Coast Guard will compete in track and field, shooting, swimming, cycling, archery, wheelchair basketball, and sitting volleyball.

10-MILER Continued from page 13

quarters Battalion, was the first runner overall to cross the finish line. He completed the race in 55 minutes and 10 seconds.

"It felt really good because I was planning to come out to run anyway," Kosegi said. "I will use this as a workout to prepare for the Military World Games in South Korea later this year. I wanted to run 55:00 today, and I did."

Pfc. Tanui Susan, Dental Activity, was the first female and the fourth runner overall to cross the finish line. She said she wants to qualify for the Army 10-miler, which requires a 60-minute 10-miler for females. She ran a 63-minute race at this event.

"Overall, I think the race went well," Susan said. "I was grateful to come out and see people who came to run, and this was great support for the division."

Susan said it felt great to run with other soldiers, which enhanced her drive to push further. She said she plans to continue to try hard and be consistent with her training for the next Army 10-miler qualifying event.

Spc. Benjamin Williams, 4th Maneuver Enhancement Brigade out of Fort Leonard Wood, Missouri, said his team won the event last year and wanted to repeat that again this year.

"I am here for a lot of reasons," Williams said. "I want to represent my unit. I would have liked all of our team members to get in the Top 15. But I just want us to win as a team again."

Capt. Autumn Edwards, Dental Activity, ran individually rather than with a team.

"I like to participate in Victory Week and show pride for my unit," Edwards said. "I just like to get out here to see the hard work of everyone supporting our soldiers and Fort Riley. It is a good feeling."



Jakki Forester | IST INF. DIV. POST

Runners set their watches outside of King Field House before the beginning of the Victory Week 10-Miler June 10 at 6:30 a.m.

GAMES Continued from page 13



Courtesy Photo | ARNEWS

Army Sgt. Stefan Leroy runs a 1500-meter event during Army Trials on Fort Bliss in El Paso, Texas, April 1, 2015. Competing at the trials earned him a spot on the Army's team at the 2015 Department of Defense Warrior Games.

1,500 men's classified and a bronze medal in the men's hand cycle. He will represent the Army Team on Marine Corps Base Quantico, Virginia, June 19-28.

Throughout the games, wounded, ill and injured service members and veterans from the Army, Marine Corps, Air Force, Navy and Coast Guard will compete in track and field, shooting, swimming, cycling, archery, wheelchair basketball and sitting volleyball.

Leroy will compete in running, hand cycling, swimming, wheelchair basketball and sitting volleyball.

"I'm looking forward to representing the Army and having a great time," he said.

He said the Department of Defense Warrior Games is an important program.

'There are a good number of disabled athletes in the Paralympics, or who are training for the Paralympics, who started out at the Warrior Games or in adaptive programs in the military," Leroy said. "The military's offered them the programs to better themselves. They've gone from a debilitating injury or illness and done something fantastic with it."

Paralympics may be in his future down the road but with his first Warrior Games looming, Leroy said he just wants to focus on it for now and continue to be motivated by those around him.

DID YOU KNOW?

Three Fort Riley Soldiers are scheduled to compete at the 2015 Department of Defense Warrior Games.

Sgt. Colton Harms, Staff Sgt. Ashley Anderson, and Chief Warrant Officer 3 Timothy Sifuentes are part of the 40-member Team Army. The three Soldiers were selected for Team Army based on their performance at the Western Regional Trials Feb. 23 through March 6 at Nellis Air Force Base, Nevada, or the Army Trials March 20 through April 3 at Fort Bliss, Texas.

The games will take place June 19 through 28 at Marine Corps Base, Quantico, Virginia. The 2015 Department of Defense Warrior Games showcase the resiliency and fighting spirit of service members and veterans.

The 2015 Department of Defense Warrior Games



Courtesy Photo | ARNEWS

feature eight sporting events with approximately 200 athletes representing teams from the Army, Marine Corps, Navy, Air Force, U.S. Special Operations Command and British Armed Forces.

Army Sgt. Stefan Leroy prepares his hand cycle for the Army Trials on Fort Bliss in El Paso, Texas, April 1, 2015. The trials earned him a spot on the Army's team at the 2015 Department of Defense Warrior Games.

Soldier finds new ways to take flight

By Flavia Hulsey WESTERN REGIONAL MEDICAL COMMAND

FORT BELVOIR, Va. - Army Chief Warrant Officer 3 Timothy Sifuentes has flown more than 2,300 hours and completed nearly 1,000 combat missions in an OH-58D Kiowa Warrior helicopter.

Flying is a part of who he is. So when inhad to find a new way to soar. Sifuentes is preparing to compete in the Department of Defense Warrior Games at Marine Corps Base Quantico, Virginia, June 19 through 28.

"What do I think I'll get out of the Warrior Games experience? A new challenge -- a new me, if you will," said Sifuentes, a Glendive, Montana, native, and a former Fort Riley Warrior Transition Battalion Soldier, now with the 1st Combat Aviation Brigade, 1st Infantry Division.

"Yeah, I know I'll never be 100 percent where I was prior to my injuries," he added, "but I can establish a new baseline."

use cycling to recover from injuries, thanks to the adaptive reconditioning program offered through the Warrior Transition Battalion. He will compete in cycling, swimming and field events at the Warrior Games.

DIFFERENT, BUT THERAPEUTIC

"Once I couldn't compete in [running] juries to his back and knee and a tear in his any more and I started the recovery process, right glute forced him out of the cockpit, he I thought, 'Let me give cycling a chance," he said. "Although much different, still, there are a lot of similarities. It's very therapeutic for me. So you can go out and do a 10-mile run or you can go ride 30 miles. It's just an opportunity to go clear your head. That's the part I enjoy."

Sifuentes also said he enjoys hitting new benchmarks in his fitness. When he began cycling, he noted, 10 miles was hard. He recently completed 100 miles over two days and has his sights set on other longdistance cycling challenges.

He's also enjoyed adding sports to his workout routine. He started swimming af-



Courtesy Photo | Sgt. 1st Class Christophe Paul

Army Chief Warrant Officer 3 Timothy Sifuentes talks with Army Staff Sqt. Monica Martinez at Fort Belvoir, Virginia, before cycling training for the 2015 Department Of Defense Warrior Games, June 14, 2015. Sifuentes and Martinez are two of more than 40 active duty and veteran athletes training at Fort Belvoir.

Sifuentes, a former runner, was able to ter completing physical therapy in the pool sparked his interested in the sport. Swimming, combined with field events such as shot-put and discus provide therapeutic benefits to his recovery, Sifuentes said.

"The biggest thing when you get an injury is it's not only debilitating on your body, but also the mental aspect," he said. "It's very selfdefeating sometimes, and it's easy to sit on the couch and go, 'Hey, you know what, I don't want to do anything today.' But when I have something to strive for -- the Warrior Games, the Army Trials, things like that where I push myself – I can look at the big picture."

LOOKING TOWARD SECOND CAREER

In the bigger picture, Sifuentes is looking toward a second career. He will retire from the Army in April.

'When you've done a job for so long, it becomes a part of who you are and a part of your identity," he said. "And that was the most daunting task for me - to get back out there and look at a potential professional growth and where I could go in a new career. But I'll be 37 years old, well young enough to get another job and do something productive for society."

While Sifuentes was in the Warrior Transition Battalion, he worked with the staff to develop a transition plan in case he was unable to complete his time in the Army. He even completed job interviews that led to conditional offers. And though he chose to finish his Army career, the skills he learned will serve him well in his next phase, he said.

ADVICE FOR OTHERS

Sifuentes said he encourages all soldiers facing an injury or illness that could alter their military career to give the Warrior Transition Battalion a shot.

"At least give it a chance – give it a shot," he said. "Don't dwell on what you can't do. Think, 'What can I do?'"

It's a lesson he also hopes to teach his five children, Sifuentes added.

"There's ups and downs in life -- challenges -- but I think that makes us who we are," he said.

Travel & Fun in Kansas

JUNE 19, 2015

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HOME OF THE BIG RED ONE

PAGE 16

In Abilene - they still like Ike

"The proudest thing I can claim is that I am from Abilene!"

Dwight D. Eisenhower, June 22, 1945 Homecoming Speech

Story and photos by Collen McGee **USAG PUBLIC AFFAIRS**

elected by the Smithsonian Institute as one of the nations' 20 best small towns, Abilene, Kansas, is rich in history, arts, museums and turn-ofthe-century homes. Less than 30 miles from the gates of Fort Riley, the town is a short trip with enough to see to occupy several days of sight seeing.

Abilene started as a stage coach stop in 1857 but it wasn't until ten years later that the railroad pushed through and stockyards, hotel and a drover's cottage were built. The Kansas Pacific put a switch in the line at Abilene and the first twenty railcars loaded with cattle left in September 1867 for Chicago. From there Abilene became the first and most famous of the old west cow towns

With the cattle came cowboys and the town earned a reputation for being a rough kind of place. In 1870 law began to take root. Tom Smith was credited with the ini-

tial strides in cleaning up the town. in the form of "Wild" Bill Hickock. Hickock replaced marshal Tom Smith who was credited with the initial strides in cleaning up the town. Smith, who escaped two previous assassination attempts was beheaded by a couple of cowboys. Hickock; however, lost the job a few months later after a shoot out went awry and he accidentally shot his deputy.

From the wild west to World War II, Abilene again made headlines when a hometown son became the supreme commander of the Allied Forces in Europe. Eisenhower grew up in Abilene and the Eisenhower center encompasses his boyhood home, museum and presidential library.

Another feature of Abilene includes the Great Plains Theater. Though the building housing the organization burned in 2014, the show must and does go on at the Abilene High School Auditorium.

On Saturday mornings and Wednesday evenings, shop fresh produce at the Farmer's Market then test the

cuisine at the historic Brookville Hotel, Amanda's Bakery, Mr. K's Farmhouse or ny of the other local restaurants.

For more information on attractions and events, visit www.abilenekansas.org.

The Abilene and Smoky Valley Railroad has both a steam and a diesel engine. Passengers taking this 10-mile excursion trip should be at the station Saturdays from May to October at either 10 a.m. or 2 p.m. and Sundays at 2 p.m. Special steam rides and dinner train excursions are also available.

Below, the American Indian Art Center features artists from tribes across the country; however, each artist lives in Kansas. Art ranges from traditional to contemporary. The gallery also houses a section with books about various art and American Indian history.

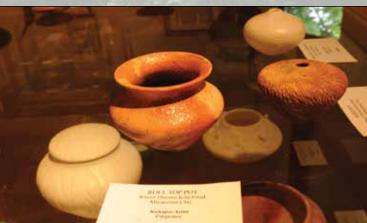


Abilene is the Greyhound capitol of the country and the Greyhound Hall of Fame contains a greyhound pair who greet all visitors. Exhibits tell the breed's history and the story of racing in America. Admission is free.

Greyhound



The Seeley Mansion is a 1904 Georgian style mansion. Within the home are light fixtures designed by Thomas Edison, original furniture from the Seely family and an early bowling alley. The Seely family often entertained troops from Fort Riley and local lore says the Eisenhower boys, including Dwight, used to deliver ice to the home.







at 11:30 a.m., 1:30 and 3:30 p.m. and Sundays at 1:30 and 3:30 p.m., the show waits for the excursion train's return so passengers can witness the shoot out. Stop in the Alamo Saloon for a sarsaparilla and a photo with the can-can dancers.

Right, The Eisenhower Center is open daily June thru July, 8 a.m. to 5:45 p.m. and August to May, 9 a.m. to 4:45 p.m. Admission for military and children under 5 is free. Visit Eisenhowerarchives.gov for more information and the special event calendar.

