



Happy 240th, U.S. Army!



The U.S. Army will celebrate 240 years of selfless service to the nation June 14. A list of birthday-related events at Joint Base Myer-Henderson Hall and around the National Capital Region can be found on page 8.

Compiled by
Jim Goodwin
Pentagram Editor

June 14 marks the 240th anniversary since the creation of what would become the United States Army. The oldest of the U.S. Armed Services,

the Army was established by the Continental Congress in 1775 and later became a military department of the U.S. federal government under the Constitution, enacted in 1789. That Army consisted of about 22,000 militia men from across the American colonies,

according to an Army.mil news article. The modern U.S. Army began to take shape at the turn of the 20th Century, according to the U.S. Army's website. A codified, professionalized officer corps was the first step taken toward development of today's

U.S. Army. Later, perceptions that professional soldiering was limited to officer ranks were shattered during the aftermath of the Vietnam War: professional development opportunities were extended to warrant officers, noncommissioned officers and

Army civilians in the post-Vietnam, all-volunteer Army, according to Army.mil. For more Army history, birthday graphics, messages and news, visit www.army.mil/birthday. For a listing of local Army birthday events, see related column page 8.

DoD: Hiring Heroes Career Fair generates 17 job offers, 143 interviews

By Guv Callahan
Pentagram Staff Writer

Employers from more than 70 organizations congregated in Spates Community Club on the Fort Myer portion of Joint Base Myer-Henderson Hall June 4 for the 71st Hiring Heroes Career Fair, a chance for transitioning service members, wounded warriors, retirees and family members to look for job opportunities.

Hosted by the Department of Defense in partnership with JBM-HH Soldier for Life-Transition Assistance Program and other organizations in the National Capital Region, the fair allowed job-seekers to hand out resumes, talk to employers and interview for jobs throughout the day. It was the second Hiring Heroes Career Fair hosted at JBM-HH in the past year.

The fair featured a wide variety of prospective employers,

including 18 DoD agencies, 13 other federal agencies and nearly 40 private sector companies. Representatives from the Army Corps of Engineers, Naval Air Systems Command, the National Security Agency, the Washington Area Metro Transit Authority and many more were present.

JBM-HH Commander Col. Mike Henderson thanked all of the employers for taking the time to attend the fair.

"It gives us yet another great opportunity to further provide support with the prospect of job opportunities to transitioning service members, wounded warriors, veterans and their families," Henderson said.

Joint Force Headquarters-National Capital Region and the U.S. Army Military District of Washington Commander Maj. Gen. Jeffrey S. Buchanan said hiring employees with military experience is a safe bet for any business.



Center, retired Air Force Senior Master Sgt. Rholondra Louis, and Air Force Master Sgt. Ericha Frazier (right) speak with a business representative during the June 4 Hiring Heroes Career Fair in the Spates Community Center on the Fort Myer portion of Joint Base Myer-Henderson Hall.

"It makes great business sense," he said, adding that former service members are disciplined, used to tough work and conditions and drug free.

According to Buchanan, any Soldier starting a new job will

come to the workplace with the Army values.

"The whole point of Soldiers for Life is that when you take the uniform off and transition

see CAREER, page 4

OPM deals with cybersecurity breach

Compiled by Guv Callahan
Pentagram Staff Writer

The U.S. Office of Personnel Management (OPM) is notifying approximately 4 million people whose personal information may have been compromised in a cybersecurity incident, OPM announced June 4.

"Within the last year, OPM has undertaken an aggressive effort to update its

cybersecurity posture, adding numerous tools and capabilities to its networks," reads an OPM news release published June 4. "As a result, in April 2015, OPM became aware of the incident affecting its information technology (IT) systems and data that predated the adoption of these security controls."

The office is currently working with the

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GRAPHIC BY HELEN KLEIN

JBM-HH police determined to curb traffic violations



GRAPHIC BY HELEN KLEIN

By Jim Dresbach
Pentagram Staff Writer

An increased amount of motor vehicle traffic infractions in residential neighborhoods on the Fort Myer portion of Joint Base Myer-Henderson Hall has the joint base police department working to curtail speeding, halt stop sign violations and catch vehicles passing school buses stopped to pick up or drop off passengers.

During an interview with the Pentagram June 8, Joint Base Myer-Henderson Hall Commander Col. Mike Henderson explained that a "full-press crackdown" is underway to patrol areas where speeding, unlawful passing and stop sign violations are occurring. According to the Joint Base Myer-Henderson Hall Police Department, the areas under high surveillance for traffic violations include Lee Avenue,

see TRAFFIC, page 4

News Notes

Bakers Creek commemoration slated

A ceremony is set for 11:30 a.m., June 12 to commemorate the 72nd anniversary of the 40 Soldiers who died when their B-17C aircraft crashed in Queensland, Australia, during World War II. The memorial service will take place at the Bakers Creek Memorial, located in front of the Selfridge Gate on the Fort Myer portion of Joint Base Myer-Henderson Hall. Joint Base Commander Col. Mike Henderson will speak at the event, which will also include a wreath-laying and other guest speakers. For more information, call 703-696-7572.

Update: JBM-HH access information for bicyclists, pedestrians

Joint Base Myer-Henderson Hall recognizes the enjoyment and health benefits of bicycling. As a community member, we want to ensure riders are safely traveling in and around base. See <https://e.afit.edu/700048X9ZIB> for details, and view and print a visitor's pass here: <https://e.afit.edu/700049X9OCH>.

Leave donations sought

A federal employee has been approved as a leave recipient under the Voluntary Leave

see NEWS NOTES, page 4

Rainy weather doesn't dampen Army spirit



Teenagers take a photo with a Twilight Tattoo performer and Soldier from the 3d U.S. Infantry Regiment (The Old Guard) June 3 ahead of a Twilight Tattoo performance at the Fort Myer portion of Joint Base Myer-Henderson Hall. Despite rainy weather, the show went on to a packed house.

By JFHQ-NCR/MDW Public Affairs

Thousands of audience members came out to see the U.S. Army Military District of Washington's Twilight Tattoo June 3, dual-hosted by Lt. Gen. William T. Grisoli, director of the Army Staff, and Lt. Gen. Mary A. Legere, deputy chief of staff, G2, on Summerall Field at the Fort Myer portion of Joint Base Myer-Henderson Hall. The DAS is responsible for integrating and synchronizing the work of the Office of the Secretary and the Army Staff so that they meet the goals and priorities of

the Secretary of the Army. ODCS G-2 is responsible for policy formulation, planning, programming, budgeting, management, staff supervision, evaluation and oversight for intelligence activities for the Department of the Army. ODCS has Army Staff responsibility for overall coordination of the five major intelligence disciplines: imagery intelligence, signals intelligence, human intelligence, measurement and signature intelligence and counterintelligence and security countermeasures. MDW's Twilight Tattoo, performed by Soldiers from the 3d U.S. Infantry Regiment (The Old

Guard) and The U.S. Army Band "Pershing's Own," can trace its own history back to the years before World War II. At that time, on the grounds of Fort Myer in Arlington, Va., the 3rd Cavalry Regiment held military shows during the winter months. MDW revived the traditional show in 1961 to showcase the talents of its ceremonial units. As Twilight Tattoo grew in popularity, the Army adapted the show, its location and the time of year it was performed to fit the growing needs of the American people. Settling on performances in Washington, D.C., throughout

see TATTOO, page 5

MDW family counselors discuss Intimate Partner Violence



David B. Wexler, a clinical psychologist specializing in the treatment of relationships in conflict, presents a workshop June 5 called Intimate Partner Violence Prevention Strategies 2015 for mental health and family counseling professionals from installations around the Military District of Washington in the Joint Base Myer-Henderson Hall Memorial Chapel. The day-long presentation covered a variety of topics surrounding intimate partner violence (IPV) including how to identify couples at risk of IPV and how IPV affects children.

By Damien Salas Pentagram Staff Writer

David B. Wexler, a clinical psychologist specializing in the treatment of relationships in conflict presented a workshop June 5, for mental health and family counseling professionals from installations around the Military District of Washington in the Joint Base Myer-Henderson Hall Memorial Chapel. The day-long presentation, called Intimate Partner Violence Prevention Strategies 2015, covered a variety of topics surrounding intimate partner violence (IPV), including how to identify couples at risk of IPV and how IPV affects children. Despite not working directly with children,

see VIOLENCE, page 8

Moment of silence



In a service hosted by Chap. (Maj.) Luis V. Kruger, members of the 3d U.S. Infantry Regiment (The Old Guard) share words and pay respects to Master Sgt. Pablo A. Ruiz III, at the dining facility on the Fort Myer portion of Joint Base Myer-Henderson Hall June 5. Ruiz, who died while serving in Afghanistan last month, was the senior food operations sergeant at the Fort Myer Dining Facility before deploying with the 3rd Special Forces Group to Afghanistan. Soldiers and civilians who spoke at the service recalled Ruiz as a "great Soldier, leader, husband and father."

Former World War II missing in action pilot buried



Family survivors of World War II Army Air Force pilot 2nd Lt. Alvin Beethe (seated, left) watch as a casket detail from the 3d U.S. Infantry Regiment (The Old Guard) folds the American flag during Beethe's burial service at Arlington National Cemetery June 8. In November 1944, Beethe, a P-38 Lightning pilot, failed to return from a bombing mission over Germany. Beethe's remains were recovered June 2013.

★ ★ ★ The United States Army Band ★ ★ ★

CALENDAR OF EVENTS

June 12	10 a.m.	The U.S. Army Band "Pershing's Own" will perform as part of the Army Birthday Celebration at "Military Island" in Times Square, New York City.
June 12	8 p.m.	Bring a lawn chair and enjoy the music of The U.S. Army Concert Band as they perform at the West Side of The U.S. Capitol in Washington, D.C.
June 17, 24, 25	7 p.m.	Twilight Tattoo is a military pageant at Summerall Field on the Fort Myer portion of JBM-HH. The tattoo features Soldiers of the 3d U.S. Infantry Regiment (The Old Guard), The Old Guard Fife and Drum Corps, The U.S. Army Drill Team, The U.S. Army Blues, a soloist from The U.S. Army Chorus and vocalists of The U.S. Army Band Downrange and The U.S. Army Voices. This event is free and open to the public. No tickets are required. Pre-ceremony live music begins at 6:30 p.m. NOTE: Beginning with the June 25 show, all tattoos will be held at Whipple Field on Fort Myer.
June 18	7:30 p.m.	The U.S. Army Concert Band will perform with the winner of the 2015 National Collegiate Solo Competition as part of Brucker Hall Summer Concert Series at Brucker Hall on the Fort Myer portion of Joint Base Myer-Henderson Hall.
June 19	8 p.m.	The U.S. Army Concert Band will perform with the winner of the 2015 National Collegiate Solo Competition as part of the Sunsets with a Soundtrack series at the West Side of The U.S. Capitol in Washington, D.C.
June 19	8 p.m.	Join The U.S. Army Blues at Lubber Run Amphitheatre in Arlington, Va., for a performance in the Music in the Park concert series.
June 25 & 26	7:30 p.m.	The U.S. Army Concert Band and The U.S. Army Chorus will perform as part of the Brucker Hall Summer Concert Series at Brucker Hall on the Fort Myer portion of Joint Base Myer-Henderson Hall.

Performances are free and open to the public, unless otherwise noted. All outdoor concerts are subject to cancellation or location change due to weather considerations. Call 703-696-3399 for up-to-date information on concert cancellations or location changes. For additional details and a full calendar of performances, visit www.usarmyband.com/event-calendar.html.



PHOTO BY DAMIEN SALAS

An Arlington, Va., school bus drops children off at the Fort Myer portion of Joint Base Myer-Henderson Hall June 4. JBM-HH leaders and law enforcement are working to curtail speeding, halt stop sign violations and catch vehicles passing school buses stopped to pick up or drop off passengers after a recent increase in violations of such traffic regulations.

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Sheridan Avenue and any area containing a school bus pick-up or drop-off point plus any four-way stop sign intersections. Henderson said he is distressed with all the moving violations but was very concerned with the reporting of vehicles allegedly passing stopped school buses which were picking up children on Sheridan Road near the Fort Myer Fitness Center.

“We have urged our traffic enforcement,” the JBM-HH commander said. “We’ve issued the most weekly citations since I’ve been here [as commander in May]. Until we get some indicators that [driving] behavior is changing, we are going to keep doing it [the patrols]. The safety of the kids is a major concern of mine.”

According to the official Commonwealth of Virginia Department of Motor Vehicles Driver’s Manual, a driver “must stop for stopped school buses with flashing red lights and an extended stop sign when approaching from any direction on a highway, private road or school driveway.” Those behind the wheel must also “stop and remain stopped until all persons are clear and the bus moves again.” A driver “must also stop if the bus is loading or unloading passengers and the signals are not on.”

From May 18 through 31, the joint base police department issued 12 citations for speeding and passed out one ticket for texting while driving

and another for reckless driving according to statistics issued to the Pentagon by JBM-HH PD. Department Deputy Chief Jennifer Ruggles stands in line with Henderson on the crack-down stating that rush hour and lunch time patrols will continue on residential avenues and at four-way stop signs like at the intersection of Lee Avenue and McNair Road - an intersection Henderson called “the most disregarded stop-sign intersection” on the base.

“We’re doing a speed enforcement program during high-traffic times, which would be the morning rush between 6:30 and 8:30 and lunch time and again after the evening rush,” Ruggles said.

While JBM-HH PD attempts to control driving behaviors on Joint Base Myer-Henderson Hall proper, both Henderson and JBM-HH Command Sgt. Maj. Randall Woods have received complaints about a trouble spot on Fort McNair.

“Residential areas, such as Lee Avenue on Fort Myer and 5th Avenue on Fort McNair, have a speed limit of 15 miles per hour, and too many drivers far exceed the posted speed limit,” Woods said in an email to the Pentagon. “The expectation is that everyone that lives, works or is visiting any part of JBM-HH needs to drive responsibly and obey the laws.”

Again, the posted speed limit on Lee Avenue on the Fort Myer portion of the joint base is 15 mph. The Sheridan Avenue

corridor is 25 mph, but the speed limit drops to 15 mph between 6 and 7:30 in the morning when passing service members who are conducting physical training.

Solutions to scale back speeding are planned for Fort Myer and Fort McNair streets. According to Henderson, additional rumble strips will be added to McNair’s 5th Avenue, while on Lee Avenue, a permanent speed monitoring apparatus will soon be installed informing drivers of their current speeds.

Ruggles said Lee Avenue contains “a lot of cut-through traffic,” and Henderson wants children, families and Caisson Platoon details which navigate the street kept safe.

“If the Caisson Platoon gets a license plate number of someone speeding or passing or tailgating a detail, the joint base police department will follow up on the information,” Henderson said. “I will tell you that if people are multiple offenders with multiple infractions, they risk losing their driving privileges on the base.”

The joint base police are also on the lookout for drivers who fail to yield to pedestrians on cross walks. JBM-HH PD Traffic Accident Investigator Patrick O’Mara additionally mentioned that it is illegal to text and drive and operate a non-hands-free cellular phone while driving on federal property.

Pentagram staff writer Jim Dresbach can be reached at jdresbach@dcmilitary.com.

Moms’ pleas:
Just obey the traffic laws

By Jim Dresbach
Pentagram Staff Writer

Two military spouses sat for an interview with the Pentagon to discuss their frustrations and issues with drivers who abuse the Joint Base Myer-Henderson Hall speed limits and the four-way stop signs at the intersection of Lee Avenue and McNair Road.

Military moms Beth Poppas and Morri Landes have a warning for unlawful drivers: Joint base residents are also monitoring the rash of erratic driving and reporting infractions to the JBM-HH Police Department and joint base leadership. Their goal is to return their avenue between the Old Post Chapel and the Fort Myer Officers’ Club into a safe haven where their children can play. Their combined pleas are to just obey the traffic laws for the sake of the children who live in the neighborhood.

“More often than not, cars slow-roll [through the intersection] or a car completely goes through the stop sign,” Poppas said about the Lee Avenue and McNair Road intersection. “Rarely do people stop. That’s extremely frustrating. The speed

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into civilian life, those values are never going to leave you,” he said. “It doesn’t matter what organization you’ll be a part of ... Those values will always be a part of you, and you can continue to contribute and make a difference.”

He also implored companies not to forget about military family members.

“While our Soldiers and Marines have been deploying overseas and doing great things, guess who’s been at home running the family, balancing the bills and being equally selfless in their service to our country,” he said.

Deputy Assistant Secretary of Defense for Civilian Personnel Policy Paige Hinkle-Bowles said transitioning service members were ready for work and to help their future employers.

“These are tremendous leaders who can provide immediate contributions to your organizations,” she said. “Our service members come from a wide variety of backgrounds and skillsets ... They often work in situations where the margin for error is zero and the success of the mission depends on their training, teamwork and intrinsic core values.”



PHOTO BY DAMIEN SALAS

Right, Deputy Assistant Secretary of Defense for Civilian Personnel Policy Paige Hinkle-Bowles speaks with Maj. Gen. Jeffrey S. Buchanan, commanding general, Joint Force Headquarters-National Capital Region and the U.S. Army Military District of Washington, during the June 4 Hiring Heroes Career Fair in the Spates Community Center on the Fort Myer portion of Joint Base Myer-Henderson Hall.

More than 220 jobseekers attended the fair. Prospective employers conducted 143 interviews and extended 17 job offers.

JBM-HH will host another career fair in November, details will be

announced in a future edition.

For a schedule of upcoming JBM-HH SFL-TAP events, see page 6.

Pentagram staff writer Guw Callahan can be reached at wcallahan@dcmilitary.com.

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Transfer Program (VLTP). This person has experienced a medical emergency that has required him to expend all of his sick and annual leave. Donations of annual leave under the VLTP are being accepted to help this individual through his health crisis. For more information or to make a donation, please contact Donna Belk-Stafford at donna.m.belk-stafford.civ@mail.mil.

Education Center seeks input

The Fort Myer Education Center staff will conduct an education needs assessment survey through June 15. The purpose of the survey is to find out if current education center programs are meeting the community’s needs. Individual responses are confidential. Only total group responses will be reported. The link to the survey questionnaire can be found at <http://go.usa.gov/3XmMe>. Respondents will need CAC access to complete the survey online. If you cannot access the link, a hard copy of the questionnaire is available at the education center, Bldg. 417, on the Fort Myer portion of the joint base. For more information, contact Reginald Battle at 703-696-1579 or via email at reginald.t.battle.civ@mail.mil.

Chesty’s 5K Race

Registration is now open through June 16 for the 6th Annual Chesty’s 5K Race honoring Lt. Gen. Lewis Burwell “Chesty” Puller. The race steps off from the Cpl. Terry L. Smith Gymnasium June 17 at 6:45 a.m. Late registration and check-in on site starts at 5:45 a.m. The first 100 registered participants receive an event T-shirt. The top three male and female finishers receive prizes. Register online through www.mccsHH.com/OohRahRunSeries. Semper Fit is committed to providing reasonable accommodations upon request. Please call 703-614-6332 at least one week in advance of the event.

Maxed out Wednesday

Marine Corps Community Services Henderson Hall Semper Fit will hold a Maxed Out Wednesday clapping push-ups challenge Wednesday, June 17 from 11:30 a.m. to 1 p.m. Department of Defense identification card holders and their family members age 18 and older may join this popular challenge by seeing how many clapping push-ups they can do in 30 seconds. Register online at www.mccsHH.com/SmithGym.html. See the website or call 703-614-8759 for more information. Semper Fit is committed to providing reasonable accommodations upon request. Please call 703-614-8759, preferably one week in advance of the event.

Get your warrior on!

The JBM-HH Organization Day and Urban Warrior Challenge is June 18 beginning at 7 a.m. outside Spates Community Club on the Fort Myer portion of the joint base. A barbecue will be held from 11 a.m. to 2 p.m., and family activities include the Washington Natmobile, an obstacle course, hay rides, games and contests. Fort Myer and Fort McNair personnel can contact their direct supervisors to sign up. Henderson Hall participants should call 703-614-8932 for sign up and additional information, while those within the 3d U.S. Infantry Regiment (The Old Guard) should call 703-696-1899. Additionally, information regarding this event is available online, to include ticket distribution information for non-active duty participants and family members, at www.mccsHH.com/uwcjbb2015.

Date change for Army Ten-Miler 10K qualifier

The JBM-HH June 19 Army Ten-Miler 10K qualifier for the JBM-HH 2015 Army Ten-Miler team has changed. The new date is June 26. Registration and participation is free. The June 26 qualifier begins at 6:45 a.m. at the Myer Fitness Center, Bldg. 414 on the Fort Myer portion of the joint base. To be eligible for a space on this year’s JBM-HH ATM team, runners must be active duty. If selected as a member of the 2015 JBM-HH ATM team, FMWR pays your entry into the 2015 Army Ten-Miler.

Last date to try out for the team will be July 10. Register online at www.jbmhhmwr.com or register the morning of each qualifier from 5:30 to 6:30 a.m. at the fitness center.

For further information, contact Todd Hopkins at 703-696-0594 or via email at todd.a.hopkins.civ@mail.mil.

Summerall Field parking closures

Several parking lots on the Fort Myer portion of Joint Base Myer-Henderson Hall will be closed beginning June 11 at 9 p.m. through June 12 at 9 a.m. The closed lots include Summerall Field, Caisson Platoon, 3d U.S. Infantry Regiment (The Old Guard), and the Fort Myer Officers’ Club. The lots will be closed in support of the U.S. Army Birthday Run. All vehicles must be removed from these lots no later than 9 p.m., June 11. All vehicles left in these lots will be towed off post to A-1 Towing and billed at the owner’s expense. For more information, call 703-588-2801.

Purple Heart golf classic

Chapter 353 Military Order of the Purple Heart will host their annual golf classic June 19 at the Fort Belvoir Golf Course starting at 7 a.m., tee times beginning at 9 a.m. The event is a four-person, captain’s choice scramble format. Registration includes green fees, golf cart, breakfast, lunch, photos and awards. For more information contact Jessica Shea at 703-254-4635, via email at mophgolf@sheainc.com or visit www.chpt353mophgolfclassic.com.

Dive-in Movie Nights are back

JBM-HH Family and Morale, Welfare and Recreation Dive-in Movie Nights are back again this year at the Fort Myer Officers’ Club pool complex. The first showing of the season is June

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the summer months, has allowed for thousands of audience members to experience the ceremony and pageantry of the United States Army.

The show runs through Aug. 19, every Wednesday, with the exception of July 1. The 3d U.S. Infantry Regiment (The Old Guard) and The U.S. Army Band “Pershing’s Own,” will be supporting Independence Day celebrations that week.

Twilight Tattoo will be performed on Summerall Field through June, and on Whipple Field from July through August.

Tattoo performances are free to attend and open to the public. For more information on group reservations, contact the U.S. Army Military District of Washington at 202-685-2888 or email the Military District of Washington at: usarmy.mcnair.mdw.mbx.jfhq-ncr-pao-web-events-omb@mail.mil.



PHOTO BY SPC. CODY W. TORKELSON

A Soldier from the U.S. Army Drill Team performs in front of a full crowd during a June 3 performance of Twilight Tattoo on the Fort Myer portion of Joint Base Myer-Henderson Hall. Despite rainy weather, the show went on to a packed house.



For more JBM-HH event photos from this issue, visit: www.flickr.com/photos/jbm-hh





PHOTO BY CORY HANCOCK

Maj. Gen. Bradley A. Becker (center) accepts command of the Joint Force Headquarters-National Capital Region and U.S. Army Military District of Washington during a change of command ceremony June 9 in Conmy Hall on the Fort Myer portion of Joint Base Myer-Henderson Hall. Becker took command from Maj. Gen. Jeffrey S. Buchanan, who served two years as the JFHQ-NCR/MDW commander.

New JFHQ-NCR/MDW
commander takes post
during Conmy Hall ceremony

By George Markfelder
JFHQ-NCR/MDW
Public Affairs

Maj. Gen. Bradley A. Becker took command of Joint Force Headquarters-National Capital Region and U.S. Army Military District of Washington from Maj. Gen. Jeffrey S. Buchanan during a change of command ceremony inside Conmy Hall on the Fort Myer portion of Joint Base Myer-Henderson Hall June 9.

Gen. Daniel B. Allyn, Army vice chief of staff, and Adm. William Evans “Bill” Gortney, commander of the North American Aerospace Defense Command and the United States Northern Command, hosted the ceremony.

“When I joined this

great team two years ago, I didn’t know much about MDW or the Joint Force Headquarters-National Capital Region, but I rapidly grew to admire, respect and even love each part of this diverse organization,” said Buchanan. “It’s been one of the greatest honors of my life to serve in your ranks, and to Brad Becker, hold on to your hat brother, you are in for quite a ride. But I guarantee that you’re going to have a blast.”

Prior to the change of command ceremony, Allyn presented Buchanan the Distinguished Service Medal at a private ceremony in the JBM-HH Town Hall building.

Buchanan has served as the JFHQ-NCR/MDW commanding general for the past two years, and is scheduled for an overseas assignment as his next

tour of duty.

Becker was commissioned as a second lieutenant in the field artillery upon graduating from the University of California at Davis in May 1986, with a bachelor of arts degree in political science. He also holds a master’s degree in political science from Auburn University, Montgomery, Ala.

Prior to taking command of JFHQ-NCR/MDW, Becker commanded the U.S. Army Training Center and Fort Jackson, S.C.

Commander of troops for the ceremony was 3d Infantry Regiment (The Old Guard) Commander Col. Johnny Davis; Soldiers from the 3d Infantry Regiment (The Old Guard) and The U.S. Army Band “Pershing’s Own” participated in the ceremony.

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20 and features “Mr. Peabody & Sherman.” Admission is free and open to Department of Defense ID card holders and their guests. Audience members must bring their own floatation devices, such as lounge rafts or inner tubes. IN the event of severe weather and/or high winds, the showing will be cancelled. For more information, call 703-939-1045.

NDU organization day
set for June 26

Faculty, staff, students and invited guests of National Defense University will participate in organization day festivities June 26 from 7:30 a.m. to 2:30 p.m. on the picnic grounds of the Officers’ Club on the Fort McNair portion of JBM-HH. During a game from 1 to 2 p.m., 4th and 5th Avenues will be blocked to traffic; otherwise, be prepared to slow for pedestrians going and coming from the NDU Summer Fest. For more information, call 703-696-5657.

Marines: Report fraud,
waste, abuse of authority
and mismanagement to the
MCICOM inspector general

The inspector general serves as the eyes and ears of the commander, Marine Corps Installations Command, ensuring the highest standards of ethical leadership, respect and quality of life for Marines, Sailors and civilian Marines. Contact information for filing a complaint: Hotline: 703-604-0061

Fax: 703-604-0004
Email: mcicom_ig@usmc.mil
Mailing address and location: Marine Corps Installations Command Command Inspector General 701 South Courthouse Rd. Arlington, VA 22204

Second (Indianhead)
Division Association
seeking those who served

The Second (Indianhead) Division Association is searching for anyone who served in the Army’s 2nd Infantry Division at any time. For information about the association and its 94th annual reunion in San Antonio, Texas, from Sept. 22 to 26, contact Secretary-treasurer Bob Haynes at 2idahq@comcast.net or by calling 224-225-1202.

AIE system
upgrades ongoing

The automated installation entry (AIE) system that helps monitor access to Joint Base Myer-Henderson Hall is being upgraded on the Fort Myer portion of the joint base through July 1.

During this period, visitor control center staff in Bldg. 415 on the Fort Myer portion of the joint base will issue temporary AIE passes for non-Department of Defense affiliated personnel. The temporary passes will expire July 1.

Non-DoD affiliated visitors who have already submitted a packet requesting an AIE ID card and were notified of their eligibility for an AIE pass can pick up a temporary pass at the visitor control center. To do so,

call 703-696-8968 or 703-588-2803.

For DoD ID card holders: With the upgrades to the new access system, pre-registration of DoD ID cards is no longer required; these cards will be automatically registered in the AIE system when DoD ID card holders use the upgraded AIE system for the first time. The transition to the upgraded access system will be transparent for those who access the joint base. Watch for updates to this schedule.

Death notice


U.S. Air Force Lt. Col. Jerry W. Bennett Jr., regretfully announces the death of Lt. Col. Brian J. Botkin. Anyone having claims against or indebtedness to the estate of Lt. Col. Brian J. Botkin should contact Bennett, the summary court officer, at 703-693-2744.

Death notice

Anyone with debts owed to or by the estate of 1st Sgt. Kristie L. Thompkins, Battle Co., Warrior Transition Brigade, Bethesda’s Walter Reed National Military Medical Center, must contact 1st Lt. Daniel Brewer, the summary court martial officer for the Soldier. Thompkins died May 22. Call Brewer at 301-400-0271.

News Notes submissions

Please send your submissions for the June 25 edition of the Pentagon via email at pentagramjbmhh@yahoo.com no later than noon, June 17. All submissions must be less than 100 words. Please note that submission of a news note does not guarantee publication.



SPECIAL RATES FOR MILITARY AND FEDERAL EMPLOYEES


Barcroft Apartments is now offering its garden apartments with 10% discount for military personnel & month to month leases available.

Efficiency.....	\$979-\$1005
One Bedroom.....	\$1070-\$1105
Two Bedrooms.....	\$1315-\$1400
Three Bedrooms Plus Electric.....	\$1500-\$1545
Townhome.....	\$1500

All prices subject to change. A month. All utilities paid.

- Park right at your door in this park-like setting.
- Walk to elementary and high school or Army National Guard Readiness Center.
- Take the express bus to the Pentagon, Ft. Myer, Henderson Hall or Ballston in 12 minutes.
- Cats welcome. No dogs.

PLEASE CALL (703) 521-3000
HOURS: MON. - FRI. 9-5 Call for Saturday hours



BARCROFT APARTMENTS
1130 South George Mason Drive • Arlington, VA 22204
At Columbia Pike and So. George Mason Drive
Some Restrictions Apply

OPM
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U.S. Department of Homeland Security and the Federal Bureau of Investigation to determine how the breach will impact federal employees. According to the release, OPM has implemented “additional security measures” to protect sensitive information.

“Protecting our Federal employee data from malicious cyber incidents is of the highest priority at OPM,” said OPM Director Katherine Archuleta in a statement. “We take very seriously our responsibility to secure the information stored in our systems, and in coordination with our agency partners, our experienced team is constantly identifying opportunities to further protect the data with which we are entrusted.”

From June 8-19, the office will notify via email those people whose information could have been compromised in the breach through email. Notifications will come from opmcio@csid.com and will contain information about credit monitoring and identity theft protection services being made available to federal employees affected by the incident, according to the release. Those individuals without an email address on file at OPM will receive a letter via the U.S. Postal Service.

“OPM is offering affected individuals credit-monitoring services and identity theft insurance with CSID, a company that specializes in identity theft protection and fraud resolution,” reads the release. “This comprehensive, 18-month membership includes credit report access, credit monitoring, identity theft insurance, and recovery services and is available immediately at no cost to affected individuals identified by OPM.”

More information about the incident can be obtained at www.csid.com/opm, and by calling toll-free 844-222-2743. International callers can call collect at 512-327-0700.

Pentagram staff writer Guv Callahan can be reached at wcallahan@dcmilitary.com.

OPM has detailed steps for
monitoring your identity and
financial information

- ✓ Monitor financial account statements and immediately report any suspicious or unusual activity to financial institutions.
- ✓ Request a free credit report at www.AnnualCreditReport.com or by calling 1-877-322-8228. Consumers are entitled by law to one free credit report per year from each of the three major credit bureaus – Equifax®, Experian®, and TransUnion® – for a total of three reports every year. Contact information for the credit bureaus can be found on the Federal Trade Commission (FTC) website, www.ftc.gov.
- ✓ Review resources provided on the FTC identity theft website, www.identitytheft.gov. The FTC maintains a variety of consumer publications providing comprehensive information on computer intrusions and identity theft.
- ✓ You may place a fraud alert on your credit file to let creditors know to contact you before opening a new account in your name. Simply call TransUnion® at 1-800-680-7289 to place this alert. TransUnion® will then notify the other two credit bureaus on your behalf.

Precautions to help avoid becoming a victim

- ✓ Be suspicious of unsolicited phone calls, visits or email messages from individuals asking about you, your employees, your colleagues or any other internal information. If an unknown individual claims to be from a legitimate organization, try to verify his or her identity directly with the company.
- ✓ Do not provide personal information or information about your organization, including its structure or networks, unless you are certain of a person’s authority to have the information.
- ✓ Do not reveal personal or financial information in email, and do not respond to email solicitations for this information. This includes following links sent in email.
- ✓ Do not send sensitive information over the Internet before checking a website’s security (for more information, see Protecting Your Privacy, www.us-cert.gov/ncas/tips/ST04-013 (external link)).
- ✓ Pay attention to the URL of a website. Malicious websites may look identical to a legitimate site, but the URL may use a variation in spelling or a different domain (e.g., .com versus .net).
- ✓ If you are unsure whether an email request is legitimate, try to verify it by contacting the company directly. Do not use contact information provided on a website connected to the request; instead, check previous statements for contact information. Information about known phishing attacks is also available online from groups such as the Anti-Phishing Working Group (www.antiphishing.org).
- ✓ Install and maintain anti-virus software, firewalls and email filters to reduce some of this traffic (for more information, see Understanding Firewalls, www.us-cert.gov/ncas/tips/ST04-004; Understanding Anti-Virus Software, www.us-cert.gov/ncas/tips/ST04-005; and Reducing Spam, www.us-cert.gov/ncas/tips/ST04-007).
- ✓ Take advantage of any anti-phishing features offered by your email client and web browser.
- ✓ Employees should take steps to monitor their personally identifiable information and report any suspected instances of identity theft to the FBI’s Internet Crime Complaint Center at www.ic3.gov.
- ✓ Additional information about preventative steps is available by consulting the Federal Trade Commission’s website, www.identitytheft.gov. The FTC also encourages those who discover that their information has been misused to file a complaint with the commission using the contact information listed below.



Identity Theft Clearinghouse
Federal Trade Commission
600 Pennsylvania Avenue, NW
Washington, DC 20580



www.identitytheft.gov
1-877-IDTHEFT (438-4338)
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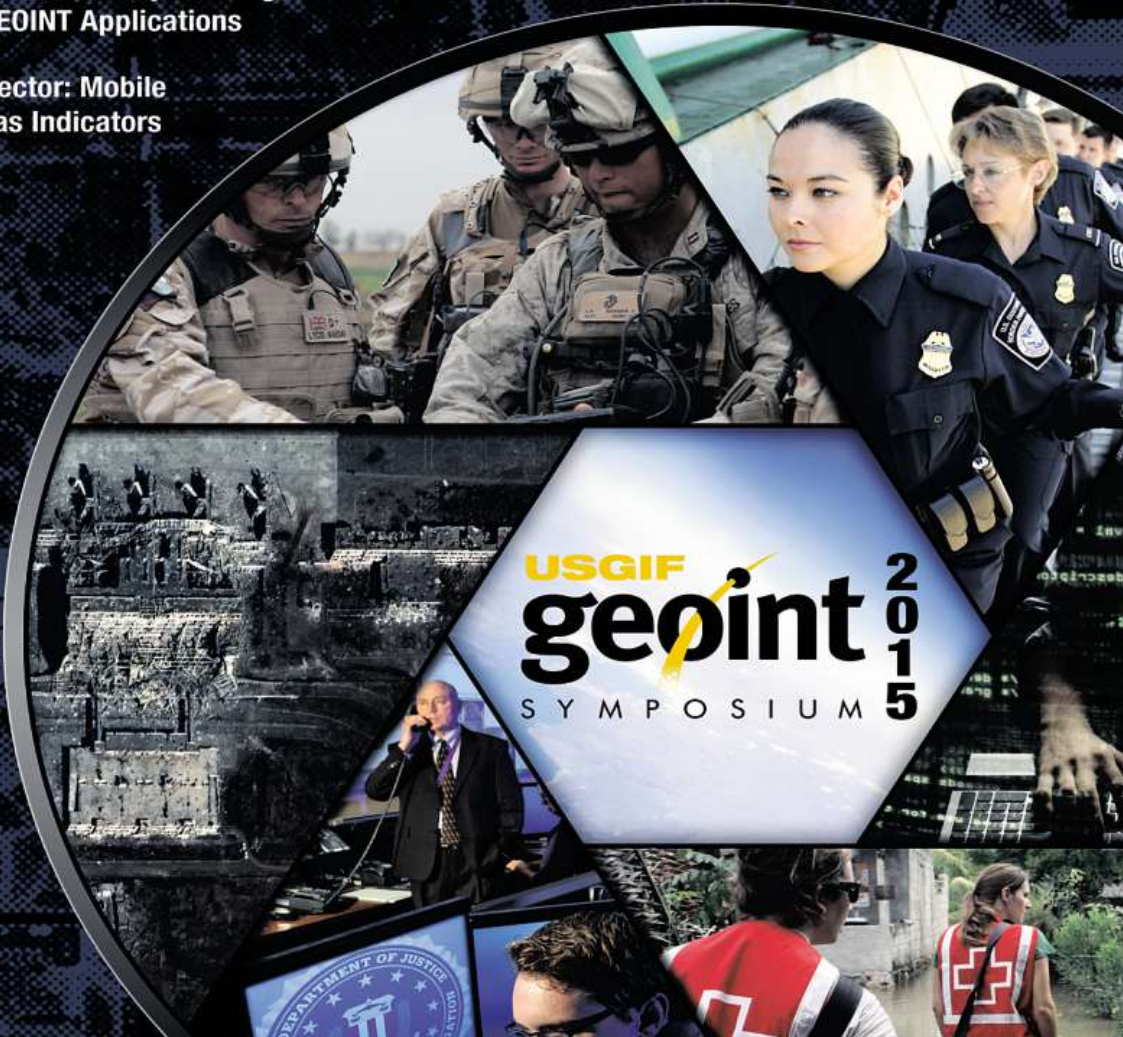
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Army birthday festivities and happenings



PHOTO BY RACHEL LARUE

Soldiers pass through Arlington National Cemetery during the Army Birthday Run that started and finished on Joint Base Myer-Henderson Hall June 20, 2014. This year’s run, which takes place June 12, will commemorate the Army’s 240th birthday.

Army Birthday Meal served June 12

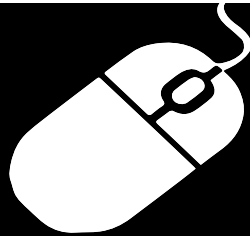
The dining facility on the Fort Myer portion of the joint base will host the annual Army Birthday cake cutting and birthday meal at the dining facility June 12 from 11:30 a.m. to 2 p.m. The cake cutting will be at 11 a.m. The military family is invited, including retirees and Department of Defense civilians. Lunch is \$9.05. A special discounted rate of \$6.80 is set for family members of enlisted personnel in pay grades E-1 through E-4. For more information, call 703-696-3671/3642.

Army Birthday Run June 12

The U.S. Army was founded June 14, 1775. As part of its 14-day birthday celebration, which began June 1, the Department of the Army is hosting a birthday run on the Fort Myer portion of the joint base at 7 a.m. on June 12. The run will begin at the Summerall Field parking lot. Military personnel, family members and Department of Defense civilians are invited to participate in the run, which is just over three miles. See www.army.mil/birthday for other activities. Test your knowledge about the U.S. Army at the site. For more information about the run, call Ian Wilson at 703-696-7572.

Wreath-laying ceremony June 14

Join Army leaders as they lay a wreath at the Tomb of the Unknown Soldier in recognition of the nation’s fallen in honor of the Army’s 240th Birthday. The event takes place June 14 at 9:30 a.m. at Arlington National Cemetery. This event is free and open to the public.



For more Army birthday events, go to: www.army.mil/birthday

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Harmful to environment, microplastic pollution is preventable



By **Tiffany J. Lee**
Environmental Management Division
Directorate of Public Works

In the last few years, you may have noticed the term “microplastics” in the news. Microplastics are tiny pieces of plastic from discarded plastic bottles, bags and containers that end up in rivers, lakes and oceans. Because they are so tiny and hard to see, researchers set sail to collect water samples and estimate the amount of plastic in the ocean. The 5 Gyres Institute, an organization aimed at reducing plastics pollution in our oceans, estimates that 296,000 tons of plastic are floating in the world’s oceans. But, if you think that oceans are the only waterbodies with a microplastics problem, think again—the problem is also reported in the Chesapeake Bay, in our own backyard.

In a partnership with the 5 Gyres Institute, Trash Free Maryland took to the Chesapeake Bay in November to study the presence of microplastics in the water. Setting out from Deale, Md., the research team collected seven samples by dragging a trawl for an hour at a time. The trawl was fitted with a cone-shaped net, whose holes measure 330 microns wide, about the width of 2-3 strands of human hair. Water flows through the main opening and the fine mesh of net ensures anything suspended in the water is trapped behind.

In seven samples, the net picked up algae, trash, foam and plastic. According to the 5 Gyres Institute representative, the first sample collected contained almost 10 times the amount of plastic than would be collected in a typical ocean sample. The plastic found in the Chesapeake Bay samples included bits of bags, tarps/ sheeting, fishing line and microbeads, which are small plastic scrubbers found in face wash, toothpaste and cleaning products.

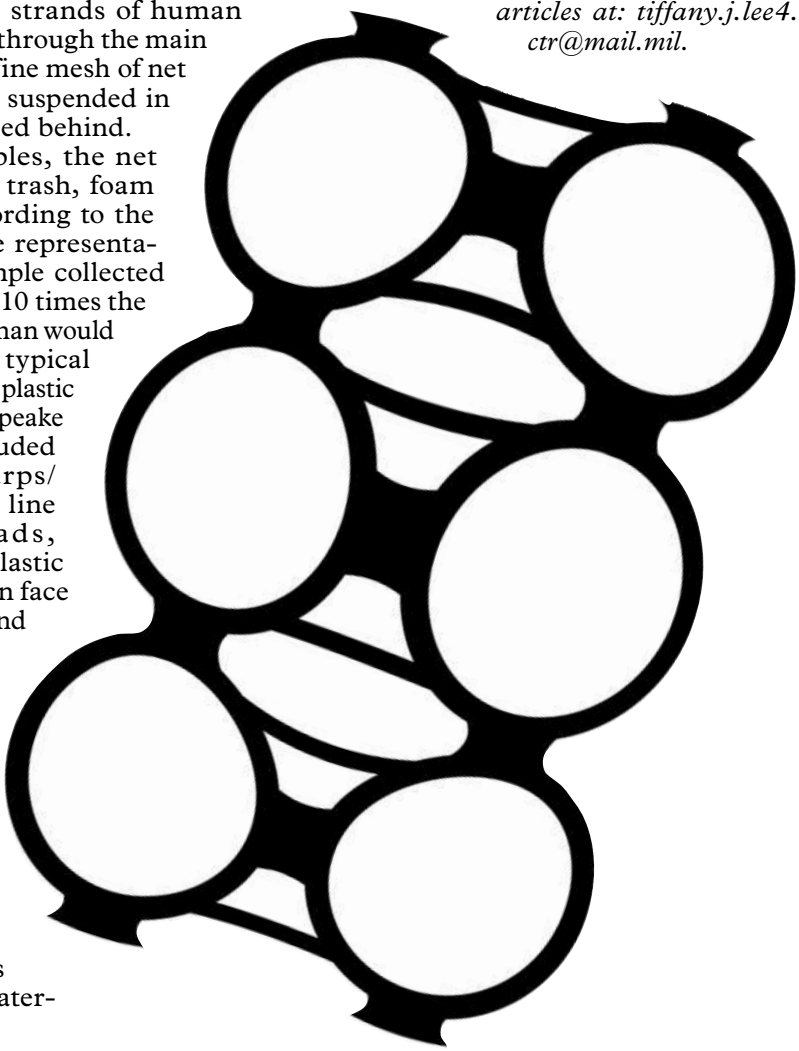
Microbeads in particular are a major source of microplastics pollution worldwide. Microbeads are small enough to bypass water treatment systems’ filters and end up in water-

ways. Scientists warn that chemicals and toxins absorbed by microbeads and other microplastics could be passed on to organisms who mistake them for food and eat them, and could then be passed up higher and higher on the food chain, eventually reaching humans. The threat posed by microbeads prompted legislative bans on their production in several states, including Maryland. A similar bill has been written by Virginia’s legislators for the current session.

Ending microplastic pollution starts at home. Take action to prevent further microplastic pollution:

- Recycle plastic. Make sure bins are not overfilled; windblown plastic ends up in waterways.
- Buy household products that do not contain microbeads. Read ingredient labels carefully: polypropylene and polyethylene are chemical names for plastic microbeads.
- Use reusable bags, cups, and utensils. Avoid using plastic straws.
- Learn more about HB 1697, which bans the manufacture or sale of microbeads starting in 2018, online at <http://1.usa.gov/1QlqRDl>.

Editor’s note: This article concludes a four-part series regarding the impact of storm water pollution, as well as how individual families and communities can prevent contributing to contamination to local waterways. The author, Tiffany Lee, will produce additional storm water articles for future issues of the Pentagonagram, but is interested in reader feedback. Readers may contact Ms. Lee with comments and suggestions for future articles at: tiffany.j.lee4.ctr@mail.mil.



GRAPHIC BY HELEN KLEIN

VIOLENCE from page 3

JBM-HH victim advocates and family counselors want to broaden their reach on the effects of IPV on children, according to JBM-HH Victim Advocate Coordinator Sara McCauley. Showing parents the effects of IPV on children is effective in resolving disputes before they become physically or verbally abusive.

“Military families face specific stressors—deployments, long hours, high risk positions— that the general population doesn’t necessarily face,” said McCauley. “Sometimes that causes tensions which lead to situational violence. This doesn’t necessarily mean they are in an abusive relationship, they just aren’t equipped with the tools to deal with the situational stressors.”

Emphasizing the effects of IPV on children helps motivate young adults to prevent abusive situations before they come up, according to McCauley.

“A lot of times it doesn’t register to parents how fighting effects kids,” she said. “We offer a class called ‘Children Who Witness’ which talks about the effects IPV has on kids and teaches ways to help them cope with the stress of IPV.”

Withdrawal is one of the most common side effects exhibited in children who experience IPV, according to McCauley.

“We work with parents to make them aware of the behaviors to expect from kids who witness IPV,” she said. “Understanding as a parent how kids absorb what they witness helps put into perspective the negative behaviors that may not have been there before.”

The name of the game is prevention, according to McCauley.

“The attendees were really excited about the screening tools that will assist in identifying risky behaviors seen in military couples to stop the problem at the source,” she said.

Pentagram staff writer Damien Salas can be reached at dsalas@dcmilitary.com.

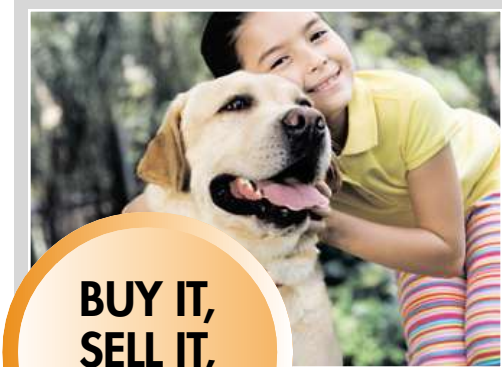
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