

Joint Base Journal

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May 8, 2015

News and information for and about
Joint Base Anacostia-Bolling

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JOINT BASE ANACOSTIA-BOLLING

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U.S. NAVY PHOTO BY MICHELLE L. GORDON

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Commandant's Corner: Sailing Directions

BY REAR ADM.
MARKHAM K. RICH
COMMANDANT, NAVAL DISTRICT
WASHINGTON



Greetings Team 88,
Like the Sailing Directions publication that assists mariners in planning long voyages by aiding navigation along the way, the chief of naval operations' "Sailing Directions" lay out a course for the Navy. The CNO Sailing Directions can be interpreted as a user's guide that outlines the Navy's mission and the CNO's vision, tenets, and principles.

In this column, I will discuss how Naval District Washington aligns with the key tenets of CNO's Sailing Directions: Warfighting First, Operate Forward, and Be Ready in supporting the Fleet, Fighter, and Family.

It is our job to ensure that we support the CNO and Navy's primary mission of warfighting by providing sustainable facilities and responsible quality of life programs so that our more than 200 mission-oriented tenet commands can focus on their operational missions.

Warfighting First

Two great examples of Warfighting First are the mission activities at Naval Air Station Patuxent River and Naval Support Activity (NSA) South Potomac. NAS Patux-

ent River is the Navy's premier-flight-test and evaluation center and remains one of the most vital Navy shore installations today. Every aircraft flown by the Navy is developed and tested at NAS Patuxent River first.

Key technological capabilities that will define the future fleet are being designed and developed today at NSA South Potomac. Scientists and engineers are lending their knowledge, expertise, and innovation so that our nation is never outflanked by adversaries. NSA South Potomac supports Warfighting First through research and development that anticipates the needs of the next generation's warfighter.

NSA South Potomac is the Navy's principal proving ground for proofing and testing every major

naval gun and all ammunitions supplied to the fleet. Dahlgren's Potomac River Test Range is the only over-water test range in the Navy and provides the perfect environment to test every gun that goes on a Navy ship.

Naval Support Activity Washington is home to some of the Navy's largest headquarters commands, including the Naval Sea Systems Command and the Naval Surface Warfare Center Carderock where testing is done for all new ships and submarines. In many ways, Navy warfighting begins at NDW.

Operate Forward

When the CNO says operate forward, he means that we have a global maritime mandate. We are at our best when we are out and about and able to provide off-shore options to the president. That's what we have been doing for more than 230 years and that's what we will continue to do in the future.

Did you know that there are operations abroad that are directly supported here in this region? The unmanned air system known as Broad Area Maritime Surveillance-Demonstrator, or BAMS-D, resides at NAS Patuxent River and supports the U.S. Fifth Fleet while concurrently completing maintenance and test operations at NAS

Patuxent River. Since arrival in theater in January 2009, BAMS-D has flown more than 15,000 hours in support of global operations.

The region's Afghanistan/Pakistan Hands program provides training and administrative support to over 100 "hands." Program personnel typically complete six to eight months of language, cultural, and combat training before a 10- to 12-month deployment - boots on ground in Afghanistan or Pakistan.

Be Ready

Readiness is the critical link that achieves the Navy's purpose and ensures that Navy meets its mandate. The Be Ready tenet is about building competency, proficiency and resiliency in our units, the weapons systems they use to carry out the mission, as well as the individual Sailors, Navy civilians and families that make up the finest Navy on Earth.

Great examples of this tenet can also be found at every NDW installation. NSA Bethesda facilitates excellence in patient care, training and education for current and future leaders in military medicine for all military services and critical research that charts the course of military medicine.

Being ready also means preparing the leaders of tomorrow, which is being done every day at NSA An-

napolis. By providing world-class services, a safe working environment, quality of life, emergency management, fire protection, air and port operations, human resources and advanced training facilities the U.S. Naval Academy leadership can focus on its mission of developing midshipmen morally, mentally and physically, and equipping them to become the Navy's future leaders.

At Joint Base Anacostia-Bolling all five military service branches are represented as well as a civilian workforce of nearly 1,400. The diversity of joint and interagency missions supported at JBAB and working together to achieve a common goal, exemplifies "Be Ready."

Whether you are an air traffic controller at NAS Patuxent River, a management analyst at NDW headquarters, or a child care worker at NSA Annapolis, the CNO's Sailing Directions are relevant for you and should be a guide in every decision you make and every action you take. As you do your job, try to think about how what you do fits into the bigger picture of the CNO tenets: Warfighting First, Operate Forward, and Be Ready. Our contributions to the fleet, family, fighter are how we achieve the CNO's vision.

Thank you for what you do and your professionalism. You are doing a great job, Team 88.

U.S. Air Force Band to commemorate VE Day

BY MASTER SGT.
ANDY AXELRAD
U.S. AIR FORCE BAND

On Friday, May 8 and Saturday, May 9, the Airmen of Note will perform two concerts in commemoration of the 70th Anniversary of Victory in Europe Day (VE Day).

On May 8, 1945, the Allied forces accepted Germany's unconditional surrender, thus ending the Second World War in Europe after five and a half years of devastating fighting. Fittingly, the Note will be donning "pinks and greens" uniforms for the performances and delving into the band's expansive library of Glenn Miller chestnuts to pay proper homage and celebrate "the greatest generation" with true authenticity. Friday's one-hour concert begins at 10:30 a.m. on the grounds of the beautiful WWII Memorial at the National Mall.

Saturday's concerts will be held at the Smithsonian's National Air and Space Museum's Steven F. Udvar-Hazy Center - often referred to as the Air and Space Museum Annex - in Chantilly, Virginia. Along with the Note's spectacular music, spectators can enjoy displays that chronicle the history of man's journey into the skies. Tying in with the theme of the concert, on May 8 formations of World War II aircraft will fly over Washington, D.C., as part of the Arsenal of Democracy World War II Victory Capitol Flyover. A



U.S. AIR FORCE PHOTO

Col. Larry H. Lang, commander and conductor, addresses an Honor Flight from the Dallas/Fort Worth area during a recent building tour followed by a concert by the Airmen of Note. The Note will participate in two events commemorating the 70th Anniversary of VE Day at the WWII Memorial on Friday, May 8, and on Saturday, May 9, at the Smithsonian's National Air and Space Museum's Steven F. Udvar-Hazy Center in Chantilly, Virginia, including a performance for another Honor Flight from the Dallas/Fort Worth area.

selection of the historic airplanes will be on display at the Udvar-Hazy Center from 10 a.m. until 2:30 p.m. on May 9.

The first museum concert begins at noon and will last approximately 45 minutes. The second show, beginning at 2 p.m., is the centerpiece and culmination of the Note's weekend performances. During this afternoon show, the Note's members will have the great honor and privilege of playing for the Dallas/Fort Worth Honor Flight.

The Honor Flight Network is a

non-profit organization created solely to honor America's veterans for all of their sacrifices. They transport war veterans to Washington, D.C., from all over the country. Top priority is given to senior veterans, mostly WWII survivors, along with other veterans who are terminally ill.

The Friday, May 8 concert is subject to cancellation due to weather. For up-to-the-minute information, call 202-767-5658, watch the band's Twitter feed and Facebook page, or visit their homepage, www.usafband.af.mil.

Spring heats up JBAB offices, or 'It's getting hot in here'

BY JEREMY K. JOHNSON
JOINT BASE ANACOSTIA-BOLLING
PUBLIC AFFAIRS

Every year, semi-annual seasonal changes start to affect office temperatures and the comfort level of the employees who occupy those spaces.

In the winter, those offices turn a bit chilly. In spring, they start to feel a bit too toasty.

In many buildings across Joint Base Anacostia-Bolling (JBAB), what may seem like a simple flip of a switch to make the environment consistently comfortable is actually a carefully calculated process driven by a combination of factors. Because of the perceived lag between outside temperatures and indoor adjustments, employees may wonder when the change from one temperature control to the other will take place.

According to Tim Min, Installation Energy Manager at JBAB Public Works Department, before air conditioning (A/C) can be turned on, the heat has to be turned off. The timing of this is dictated by outside temperatures. Policy set by Commander, Navy Installation Commands (CNIC), requires that outside

temperatures reach a daytime high of 60 degrees and an evening low above 50 degrees for five consecutive days.

After heating has been discontinued for the season, certain criteria have to be met before the A/C can be rolled out.

"First," he said, "we have to check the chill water system for leaks. It comes from Building 8 and still connects to many buildings on base. That period between heat and A/C is specifically set aside to give us time to make any necessary repairs."

"I'm happy to report that this year, we have zero repairs to make," he added.

He continued, "The system switch over [from no heat or A/C] to cooling takes place four weeks after the heat has been turned off, or when interior space temperatures are above 80 degrees for three consecutive days."

Min explained the other driving factor behind the deliberate process is financial.

"Doing it this way also saves the DOD money on energy costs," he said.

The change from heating to air conditioning at JBAB began in April and is scheduled to be complete by May 15.

For more news from other bases around the Washington, D.C. area,

visit www.dcmilitary.com.

Navy Gold Star Program is for those left behind

CONTRIBUTED BY
TAMARA CALANDRA

Anniversaries can celebrate special milestones and happy events in our lives, but they can also be times when we remember more somber occasions.

March was a tough month for Navy widow Monika Hagalid-Drag. This year would have marked the 15th wedding anniversary to her husband, Navy Cdr. Matthew Drag. She and her daughter, Isabella, both celebrated birthdays, and Isabella became a teen this year. March 2 is the anniversary of Matthew Drag's burial at sea.

October is another difficult month, marking Drag's birth and the month family and friends mourned his death. He would have turned 40 last year.

The Navy Gold Star Program is a new, comprehensive program designed for families of service members who die while on active duty. It provides a level of long-term assistance and support not previously available to these family members. The primary mission is to deliver services to survivors using a "holistic" approach.

The program offers 18 dedicated coordinators throughout the United States. Each coordinator helps ensure survivors know they are not forgotten, and that they continue to remain a part of the Navy family. Coordinators help survivors build resiliency and support through their grief journey and as they work to find a new "normal."

Part of that help includes connecting them with support groups and grief counseling as well as providing life-skills education. Gold Star serves as a resource for information and referrals from both government and nongovernmental organizations, including chaplain care, school liaison and assistance, and family member employment. The staff also connects survivors with financial counselors who are committed to helping them create a solid foundation for financial success, and can offer education on budgeting, investing, estate planning and tax issues.

Those eligible to receive support through the Gold Star Program include the service member's widow or widower, parents (including mother, father, stepparents, foster parents and those who stood 'in loco parentis' of the service member), and next of kin (defined as children, including stepchildren, brothers, sisters, half-brothers and half-sisters). The Navy Gold Star Program strives to ensure all family members receive the assistance they need and that the Navy's promise of lasting support is fulfilled.

Monika was introduced to Gold Star when material sent to her in Hawaii was



U.S. NAVY PHOTO BY MASS COMMUNICATION SPECIALIST 2ND CLASS KENNETH ABBATE

Gold Star Mothers bow their head during the invocation of the Gold Star Mother's Day ceremony at Naval Air Station Patuxent River, Sept. 27, 2013.

forwarded to her new home in Washington, D.C.

Patsy Jackson, Joint Base Anacostia-Bolling (JBAB) Navy Gold Star Coordinator, contacted Monika and assessed her needs and concerns. As a result, Patsy connected Monika to the Military and Family Support Center at JBAB, where she met with Patricia Botkins, the Family Employment and Volunteer Program (FERP) coordinator. Monika is the installation's first Gold Star Program family member.

"Patricia has been great," Monika said. "I learned so much at the spouse workshop she coordinated. It opened my eyes to returning to school, and how I can receive assistance through the process."

Monika, a native of Sweden, decided to make the District of Columbia her home - in large part due to the military friends who live in the area. She pointed out that returning to school for a second master's degree will help her become more employable, and is exploring what she wants to do in the future. She acknowledged that she needs flexibility while her daughter is in school.

"She needs me, and I'm it - 24/7," Monika pointed out. "I'm not a single mom who shares custody with a former husband. My family is in Sweden and most of my in-laws live in Michigan."

"She's a great kid, and very thoughtful person. She and her father were extremely

tight," Monika reminisced. "That's the hard part ... she's a lot like him."

Pamela Valliere is the regional Navy Gold Star Coordinator for Naval District Washington - and a Gold Star mom. She has been with the program since August of last year, and likens the development of the program to a paint project.

"It takes a lot of time and prep work," she explained. "Before the first coat, you must sand, tape, trim and prime."

She and Jackson are concentrating on reaching out to Gold Star family members, and educating the military community on the program. They work closely with all the family service centers in providing financial information, life skills assistance and employment opportunities among other things.

"Leadership has been incredibly supportive," Valliere said. "We have had such a positive response from the military community."

Valliere pointed out that this is especially great since the program has very little to do with the Sailor, but everything to do with his or her family. Valliere knows firsthand what it's like to be such a family member. She lost her son Tony, who was a Midshipman at the United States Naval Academy, to a motorcycle accident in 2008.

"As the wife of a naval aviator, you prepare yourself for the possibility of a chaplain

knocking on your door. I was a Navy wife, and ready for anything," she reflected. "I wasn't in that frame of mind in regards to my son, who was a student preparing to be a Marine officer, when that knock on the door occurred." From that experience "I do have an understanding of what Gold Star families are going through," she said, "but every survivor's experience is unique."

Valliere said that after Tony's death, she needed support and wanted to remain connected to the military. She began volunteering for the Navy-Marine Corp Relief Society. From there she worked in family readiness, both in the active and reserve Navy, and built her skills in program management that she utilizes with the Gold Star Program.

Valliere and Jackson have found that it's very helpful for these families to get together, and noted that it's fortunate that people in this region are in close proximity with each other compared to other parts of the country. They have initiated monthly "Dining Out" events, rotating locations throughout Naval District Washington.

"A deep connection happens at those meetings," Jackson said. "Stories are told and pictures are shared. This is about survivors assisting survivors, and we're here to support them. The families love it, and they are excited we are here."

The program is required to reach out to all who are identified at least once a year. Valliere said that they come when they have the need, and that Gold Star can serve as a good liaison between families, Veterans Affairs and other government agencies in assisting with paperwork.

A Casualty Assistance Calls Officer (CACO) is assigned to work with a service member's family immediately upon his or her death. It becomes that person's full time job.

"We can relieve the casualty officer to return to his regular job with the military once their job as CACO is done," Jackson explained. "We're here for a lifetime, until that family member no longer needs us."

"Do we want to do more? You bet," she said. "The primer coat is on and we're excited to see what the first coat of paint will look like!"

To learn more about the Gold Star Program visit the Navy Gold Star Program website: www.goldstar.com. For Naval District Washington information and events contact the regional coordinator at 202-433-3171 or the installation coordinator at 202-433-3055.

Joint Base Journal

JOINT BASE ANACOSTIA-BOLLING

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JBAB Quarterly Award Winners: 2nd Quarter

BY JOINT BASE ANACOSTIA-BOLLING
PUBLIC AFFAIRS

Military Family Support Center, Team of the Quarter

Joint Base Anacostia-Bolling (JBAB) commander, Navy Capt. Frank Mays, presented awards April 27 to service members and civilian personnel who exemplified exceptional service, as well as demonstrated both professional and personal growth during the second quarter. (Not pictured: Kimo Stanford, Non-Appropriated Funds Non-Supervisor of the Quarter.)

**Peter Samuelson, Non-Appropriated Funds
Supervisor of the Quarter**



U.S. NAVY PHOTOS BY MICHELLE L. GORDON

**Eileen Seeley, Appropriated Funds
Supervisor of the Quarter**



**Staff Sgt. De'Angelo Amos,
NCO of the Quarter**



**Homer William, Appropriated Funds
Non-Supervisor of the Quarter**



**Chief Petty Officer Timothy Freeman,
Senior NCO of the Quarter**



**Airman 1st Class Keturah Colds, Junior
Enlisted Service Member of the Quarter**



**Capt. Kraig Smith, Company Grade
Officer of the Quarter**



Arsenal of Democracy Flyover to bring history, excitement to Washington, D.C.

FROM WW2FLYOVER.ORG

The skies of the nation's capital will be filled with 56 World War II vintage military aircraft to help celebrate and commemorate the 70th anniversary of Victory in Europe Day on Friday, May 8.

The Arsenal of Democracy: World War II Victory Capitol Flyover will feature 15 historically sequenced formations representing the war's major battles and ending with a Missing Man formation. The event will honor the heroes who fought in the war and those on the home front who produced the tanks, ships, and aircraft that enabled the United States and its allies to achieve victory.

The first plane should be visible along the National Mall around 12:10 p.m. With roughly 90 seconds between formations, the flyover will conclude by 1 p.m. Reagan National Airport will be closed to commercial traffic from 12 noon to 1 p.m. to accommodate the flyover.

The flyover, and the commemorative wreath-laying ceremony held at the National World War II Memorial beforehand, will be streamed live at <http://www.usvets.tv/Events/ArsenalofDemocracy2015.aspx> beginning at 10:30 a.m. The live webcast will feature narration that includes key facts about the airplanes and their role in the battles. Details on the webcast satellite feed can be found at the end of this release.



IMAGE BY MARK SHERWOOD, U.S. NAVY

A U.S. Army Air Force North American B-2C Mitchell bomber in flight near Inglewood, California in October 1942. Source: Smithsonian Institute.

Users can download high or low-resolution video and audio, or an audio-only feed from the site. Audio-only is highly recommended for those watching the flyover live from virtually anywhere in Washington, D.C. Organizers of the event are making the webcast available to provide better access and additional value to this historic event.

Airplanes featured in the fly-

over include the P-38 Lightning, the FG-1D Corsair, the P-51 Mustang, the B-25 Mitchell, and the only flying B-29 Superfortress, FIFI. Profiles of the airplanes and "spotter cards," which will allow observers to track the aircraft in the flyover, are featured in the May issue of Air & Space magazine, on newsstands now.

Guests at the National World War II Memorial ceremony, which

will take place from 10:30 a.m. to 11:45 a.m., are scheduled to include hundreds of World War II veterans, former Secretary of State Madeleine Albright, and high-ranking representatives from many of the allied nations.

While the World War II Memorial ceremony will take place rain or shine, the airplanes in the flyover must have a minimum 2,000-foot ceiling and 5-mile vis-

ibility for the event to take place. They will fly at an altitude of 1,000 feet. During the events, the use of unmanned aerial systems or quadcopter devices is strictly prohibited within the Washington, D.C. area. The rain date for the flyover is Saturday, May 9.

The flyover has been months in the planning, and event organizers have worked closely with the Federal Aviation Administration (FAA), the Transportation Security Administration, the National Park Service, the U.S. Capitol Police, and the U.S. Secret Service. On March 18, the flyover completed a successful practice flight with a single plane. Also in March, the FAA granted the necessary approvals for the flyover to take place, noting "the educational and historic value of this single signature event in commemorating this significant milestone in history."

On Saturday, May 9, many of the planes featured in the flyover will be on display at the National Air and Space Museum's Steven F. Udvar-Hazy in Chantilly, Virginia. During a Fly-In to Victory Family Day, from 10 a.m. to 3 p.m., visitors can talk with the pilots and enjoy educational and World War II-era activities that include hearing a performance by the United States Air Force Band Airmen of Note, planting a Victory Garden, and learning to swing dance.

For more information, please visit the Arsenal of Democracy Flyover website at ww2flyover.org.



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JBAB Month of the Military Child culminates with a celebration

STORY AND PHOTOS BY MICHELLE L. GORDON
JOINT BASE ANACOSTIA-BOLLING PUBLIC AFFAIRS

Hot dogs and face painting and animals ... Oh, my!
Joint Base Anacostia-Bolling's (JBAB) Month of the Military Child Celebration held May 1 at the Slip Inn was a huge success, according to JBAB Child and Youth Programs (CYP) Director Darrilyn Young.

"We started hosting this extravaganza three years ago," said Young. "Before that, we only celebrated the Month of the Military Child within the child development centers on base. I felt we needed to expand it to a community-wide event because we have children who don't use our programs, and it's important to celebrate all of our military kids."

Young estimates attendance at the celebration was approximately 1,000, adding that the most popular attractions included the petting zoo and face painting.

The event was organized by the JBAB Community Planning Committee, a collaborative effort between JBAB CYP, base housing, JBAB Library, and the Warfighter and Family Readiness Marketing Department. The next event will be a 'Daddy-Daughter Dance' scheduled for June 20.



Warfighter & Family Readiness Programs & Events

Warfighter & Family Readiness Programs & Events View all event information at www.MyWFR.com or www.Facebook.com/My-WFR

Special Events

Sports Day

May 8 | 7 a.m.-4 p.m. | Giesboro Park
Challenge other commands and fight for the title of the 2015 Sports Day Champions! Register at Fitness Center I, Bldg. 15. 202-767-5895

Military Spouse Appreciation Day

May 8 | 4 p.m. | Slip Inn, Bldg. 2482
Celebrate our military spouses! Spouses assigned to Joint Base Anacostia-Bolling will receive a free meal starting at 4 p.m. (while supplies last). Live music from 5-7 p.m.

Movie Under the Stars

May 8 | 8:45 p.m. | Marina Parking Lot
Enjoy a FREE, family-friendly movie outdoors! This week's movie will be How to Train Your Dragon 2. Vote for your favorite movie each week on the Warfighter & Family Readiness Facebook page, www.facebook.com/mywfr.

Asian Pacific Heritage Month Luau

May 15 | 6:30-8:30 p.m. | Slip Inn
Enjoy two Polynesian greets, hula lesson, hula dancers and a fire dancer!

Bolling Club

Theisen St., Bldg. 50 | 202-767-6794

Play Bingo Three times a week!

Sundays at 12:30 p.m. | Tuesdays at noon | Thursdays at 5:30 p.m.
Win cash prizes!

Mother's Day Brunch

May 10 | 11 a.m. & 1 p.m. | Bolling Club, Washington Dining Room
Let the Bolling Club help make your Mother's Day a true celebration! Call 202-767-6794 today to make your reservation. Club Members: \$26.95; Non-Members: \$29.95. View the full menu online at My-WFR.com.

Club Member Birthday Lunch

May 13 | 11 a.m.-1:30 p.m. | Bolling Club, Washington Dining Room
If you're a club member with a birthday in May, come in for a free lunch buffet and a slice of birthday cake. Must present your club card and proof of birthday.

Paint Night

May 14 | 6 p.m. | Wing Bar & Grill
Sip cocktails with friends and unleash your inner Picasso during Paint Nite. You'll be treated to complimentary hors d'oeuvres and all supplies needed! Cost is \$40 per person.

Third Friday

May 15 | 6-11 p.m. | Bolling Club, Wings Bar and Grill
Featuring the live music by Thunder Empire as well as music by DJ Chris!

Slip Inn

Arnold Ave., Bldg. 2482 | 202-767-5840

Cinco de Mayo Food Special

May 8 | 4 p.m. | Slip Inn
Carne' asada with two flour tortillas and one smoked chorizo sausage served with cilantro rice, barracho beans, chips & salsa, and choice of water or soda. \$9.95 per plate, starts at 4 p.m.

Potomac Lanes Bowling Center

McChord St, Bldg. 1310 | 202-563-1701/1702

Rock & Bowl

May 9 | 8 p.m.-midnight | Potomac Lanes Bowling Center
DJ Chris lights up the night with great music and unlimited bowling for only \$15; \$12 for active military personnel and their families. Shoe rental included.

Greek Turkey Burger - \$7.95
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tions for an incredibly low price. Week long resort stays from \$369! Available to all DOD ID card holders. Units sleep 2-8 people. Start your search today, you've earned it. Go to AFVClub.com/Search and enter base code (051).

Liberty Center

Enterprise Hall, Bldg. 72 | 202-685-1802
Eligibility: E1-E6 single, unaccompanied active duty military

Bowling Party/Tournament

May 16 | 5 p.m. | Potomac Lanes Bowling Center Bowl for the highest score at the single elimination tournament, bowl for fun or bowl for a prize! Come out and enjoy some good food and fun with Liberty. Let the strikes roll!

Health Shakes

May 12 | 4 p.m. | Liberty Center
What's your favorite smoothie? Liberty has a free smoothie bar with fresh fruits and vegetables for your enjoyment. Mix up your favorite or try something new and fresh.

Child and Youth Programs

Youth Center | Langley Way, Bldg. 4485 | 202-767-4003

America's Kids Run

May 16 | 9-11 a.m. | JBAB Track
This FREE program is designed to introduce running as a fun and healthy activity for children! Youth ages 5-6 will run a half mile, youth ages 7-8 will run one mile and youth ages 9-13 will run 2 miles. Register online by May 15 at www.americaskidsrun.org/

Professional Services
Call **301-670-7106**

Clinical Research

Volunteers needed

Completed prior to starting the study, a small number of individuals are needed to complete the study. The study is for a new drug and will be conducted in a clinical setting.

- Ages 18-65
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For more information, contact our Clinical Research Office by email or call our physician. Both locations are open daily by appointment and walk-in.

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For more information, contact our Clinical Research Office:
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