



# Joint Base Journal

Vol. 6, No. 16

April 24, 2015

News and information for and about  
Joint Base Anacostia-Bolling

[www.facebook.com/JBABdc](http://www.facebook.com/JBABdc)

JOINT BASE ANACOSTIA-BOLLING

[www.cnic.navy.mil/jbab](http://www.cnic.navy.mil/jbab)

## CELEBRATING



## THE MILITARY CHILD

U.S. NAVY PHOTO BY MICHELLE L. GORDON

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# JBAB celebrates Month of the Military Child

STORY AND PHOTOS BY  
MICHELLE L. GORDON

JOINT BASE ANACOSTIA-BOLLING  
PUBLIC AFFAIRS

Joint Base Anacostia-Bolling (JBAB) will celebrate military kids with a Month of the Military Child Celebration scheduled for April 24.

The event takes place from 3-6 p.m., at Bolling Green Park, pavilions seven and eight. Families are invited to enjoy free

games, face painting, and a petting zoo.

In addition to the celebration, JBAB has hosted various other activities throughout April to celebrate military children, such as a preteen lock-in at the Youth Center held April 11-12, which included nine hours of food, fun, crafts, games and staying up past bed times. Military kids bowled for free April 19 at Potomac Lanes, and all JBAB Child and Youth Program (CYP) facilities participated in Purple Up! Day, April 15.

The Defense Department (DOD) ob-

serves April as the Month of the Military Child.

Established by then-Defense Secretary Caspar Weinberger in 1986, the month recognizes some 1.9 million U.S. military children ranging in age from infants to 18 years old who have one or both parents serving in the armed forces, said Barbara Thompson, the director of DOD's Office of Family Readiness Policy.

"We want to highlight their sacrifices [and] support of the military member in

their families, so it behooves us to take time from the busy calendar of our events and recognize military children," she said.

Permanent-change-of-station moves, deployments and training activities, among other facets of military life, can present unique challenges to children who must constantly adjust to distance, unfamiliarity and uncertain schedules, Thompson explained.

"It is hard to be a military child," she said. "And they're doing it super well."

## USNCG participates in Nats Opening Day ceremony



U.S. NAVY PHOTO BY MASS COMMUNICATION SPECIALIST 2ND CLASS BRANDON PARKER

Sailors assigned to the U.S. Navy Ceremonial Guard participate in the opening ceremony for the Washington Nationals 2015 season home opening game against the New York Mets in Nationals Park, April 6. The U.S. Navy Ceremonial Guard is based out of Joint Base Anacostia-Bolling in Washington D.C. and supports all ceremonies in Naval District Washington as well as anywhere directed by the Chief of Naval Operations.

## Summer camp scholarship program open to JBAB teens

BY MICHELLE L. GORDON  
JOINT BASE ANACOSTIA-BOLLING  
PUBLIC AFFAIRS

The 2015 Navy Teen Summer Camp Scholarship Program (SCSP) application deadline is May 3, and although it is a Navy program, all qualified applicants with a parent stationed at Joint Base Anacostia-Bolling (JBAB) are eligible, regardless of military service branch.

Launched in 2001, the SCSP provides opportunities for Navy teens to attend one of six all-expenses paid summer camps.

Camps offered this summer include: Hike Hawaii, Passport to Europe, Sail Annapolis, Scuba Dive Florida, OAC Euro Camp, and Explore Japan. All of the opportunities are supervised by trained and experienced Navy Child and Youth Programs (CYP) professionals.

"It's a scholarship program for teens to attend specialty camps that are completely outside of the regular norm of what our installation-based camps typically do," said Brent Edwards, Commander, Navy Installation Command (CNIC) youth programs coordinator. "Overall, the SCSP is intended to provide our teens with an extraordinary program and experience that they wouldn't necessarily find on base."

Program participants must be 13-17 years old, have a 3.0 cumulative GPA, and be a de-

pendent of an active-duty Navy or active-duty Navy Reserve service member. Dependents of Air Force, Army, Coast Guard, and Marine Corps personnel are eligible if stationed at a Navy-operated joint base, such as JBAB.

"The program is open for 13 to 17 year olds, but a lot of the opportunities are only available for the 15-17 year olds," said Edwards. "We have found that that age group is typically a little more mature and resilient."

Every application will be reviewed by a panel of CNIC judges and individually scored.

"We have some specific criteria that we're looking for in our teens," said Edwards. "We're looking at GPA, community service hours, and extracurricular activities. We're also looking at their answers to the narratives. We have two specific questions that we ask our teens to answer and a good weight of the application score is based on their response."

Edwards said 150 scholarships are available this year. The application is available at [www.cnic-n9portal.com/elibrary](http://www.cnic-n9portal.com/elibrary).

"A lot of teens are busy with end of year finals, SATs, PSATs, employment, girlfriends and boyfriends - we know their plate is full," said Edwards.

"However, if they're willing to put forth the effort and complete a very simple application, they could potentially have the summer of a lifetime. It's not too good to be true," he added.



# Warfighter & Family Readiness Programs & Events

Warfighter & Family Readiness Programs & Events View all event information at [www.MyWFR.com](http://www.MyWFR.com) or [www.Facebook.com/MyWFR](http://www.Facebook.com/MyWFR)

## April is Month of the Military Child

### Month of the Military Child Celebration

April 24 | 3-6 p.m. | Bolling Green Park, Pavilions 7 & 8  
Join Child & Youth Programs for festivities as we celebrate YOU – the Military Child! Enjoy free games, face painting and petting zoo! Rain date is May 1.

### Operation Megaphone Worldwide Lock-in

April 24-25 | 10:30 p.m.-7:30 a.m. | Joint Base Andrews Youth Center  
Connect with military youth across the world! Open to ages 13-18 with current youth memberships and signed permission slips. Cost is \$10 per youth. Youth can bring one guest between the ages of 13-18 with a signed permission slip and \$10 fee.

### MLB Pitch Hit and Run

May 1 | 6 p.m. | Geisboro Park, Baseball Field #9  
Open to current Members of the JBAB Baseball Program and Youth Club members. Register by April 27 at the Youth Center, Bldg. 4485.

### Barracuda Swim Team

Register online at [www.MyWFR.com](http://www.MyWFR.com) by May 1.  
Season: May 26-July 25  
Cost: \$50, includes a swim team t-shirt. Swimmers are required to purchase their own swimsuits suitable for competition.

## Special Events

### Earth Day Fun Day

April 25 | 9 a.m. | Slip Inn, Bldg. 2482  
Help clean up the Joint Base Anacostia-Bolling waterfront! The cleanup will be followed by an Earth Day Celebration at the Slip Inn featuring Chili Cook-off, blessing of the Marina Fleet and prizes!

### Can I Kiss You?

April 30 | Noon-2:30 p.m. | Stewart Theater  
Laugh ‘til you cry in this revealing look at dating & intimacy.” Win T-Shirts! No registration required. For more information call 202-404-5465.

### Burst of Color 5K

May 9 | 10 a.m. | Giesboro Park

Register online by April 30 to run or to volunteer: [MyWFR.com](http://MyWFR.com). \$15 per person. Free for active duty and children under age 5.

### Sports Day

May 8 | 7 a.m.-4 p.m. | Gieseboro Park | 202-767-5895  
Challenge other commands and fight for the title of the 2015 Sports Day Champions! Compete in the 5K run, basketball, volleyball, kickball, tug-of-war and more during the full day competition. Open to all active duty, dependents, DOD civilians, retirees and contractors attached to joint Base Anacostia-Bolling. Register today at Fitness Center I, Bldg. 15.

### Bolling Club

Theisen St., Bldg. 50 | 202-767-6794

### Play Bingo Three times a week!

Sundays at 12:30 p.m. | Tuesdays at 12 p.m. | Thursdays at 5:30 p.m. | Win cash prizes!

### Hop on the Bingo Bus!

Every Tuesday | 10:45 a.m.-2 p.m.  
Every Tuesday a free shuttle bus will pick up patrons from DIA, Navy Engineering Logistics Office and White House Communications to take them to and from the Bolling Club to play bingo!

### Mother’s Day Brunch

May 10 | 11 a.m. & 1 p.m. | Bolling Club, Washington Dining Room  
Let the Bolling Club help make your Mother’s Day a true celebration! Call 202-767-6794 today to make your reservation. Club members: \$26.95; Non-members: \$29.95

### Champagne Sunday Brunch

April 26 | 10:30 a.m.-2 p.m. | Bolling Club, Washington Dining Room  
Enjoy the BEST Champagne Brunch in the Capital Region featuring a carving station, omelet station, bacon, sausage and grits as well as seafood newberg, eggs benedict and made to order waffles with assorted desserts. Club members: \$17.95; Non-members: \$22.95

### Boss & Buddy

April 30 | 3:30-5:30 p.m. | Bolling Club  
Follow up that monthly promotion ceremony by taking your boss to the Club for Boss and Buddy Night. Club members enjoy a FREE buffet (cost for non-members is \$5).

### All-You-Can-Eat Buffet

Tuesday-Friday: 11 a.m.-1:30 p.m.

### Social Hour

Wednesdays & Fridays | 5 p.m. | Bolling Club

### 2-for-1 Steak Night

Every Thursday | 5-8:30 p.m.  
Choose from a juicy 12oz rib eye or New York strip steak! Club members: \$24.95 for two people; Non-members: \$24.95 per person

### Slip Inn

Arnold Ave., Bldg. 2482 | 202-767-5840

### Slip Inn Tiki Bar Grand Opening

May 1 | 4 p.m. | Slip Inn  
Kick off the grand opening of the Tiki Bar and the 2015 Sounds of Summer Concert Series with DJ Chris and the band “Gonzo’s Nose.” DJ Chris: 4 p.m.; Gonzo’s Nose: 6 p.m.

### Potomac Lanes Bowling Center

McChord St, Bldg. 1310 | 202-563-1701/1702

### Summer Bowling Leagues

Summer leagues are now forming. Bowling leagues start in May and June. Call Potomac Lanes at 202-563-1701 to register or for more details.

### Play Bingo at Potomac Lanes

Win up to \$8,000 per game and daily prizes! Sign up for you VIP Bingo Payer’s Card today at Potomac Lanes!

### Cosmic Saturday

Every Saturday | 8 p.m.-midnight | Potomac Lanes Bowling Center  
Unlimited bowling and shoe rental for only \$15; \$12 for active military personnel and their families.

### Arts & Crafts Center

Arnold Ave, Bldg. 4472 | 202-767-6997/8560

### Magdalene’s Custom Framing Classes

1st & 3rd Saturday of each month | 9:30 a.m. | Arts & Crafts Center  
Cost: \$50 plus supplies. Learn to turn glass, mats and moulding into a beautiful frame that keeps memories for a lifetime. Mother’s Day Special: 10 percent off one Mother’s Day Gift

### Wood Shop

The Wood Shop is open to all DOD ID Card Holders. Membership is not required.

Cost is \$5 per hour.

Hours of Operation: Tuesday & Thursday: 2-8 p.m. and Saturday: 9 a.m.-5 p.m.

## Information, Tickets & Travel (ITT) Office

4570 Chappie James Blvd. | 202-404-6576  
Inside the Commissary.

### New York City Day Trip

April 25 | 7 a.m.-11 p.m. | ITT Office  
Spend the day in the Big Apple! ITT is offering motor coach transportation to New York City for \$55 per person (ages 2 & older). The bus departs from Fitness Center II, Bldg. 419 at 7 a.m. and arrives at Macy’s by noon. Enjoy six hours of shopping, sightseeing or even watching Broadway shows!

### Auto Hobby Shop

Brookley Ave., Bldg. P9 | 202-767-4571

### Auto Hobby April Specials

1. Receive a free spring inspection with the purchase of an oil change, starting at \$13.50.  
2. Air Conditioning Service only \$75 (not including freon).  
3. Tire rotation: \$20.  
4. Coolant flush including one gallon of coolant: \$75.

### Library

Tinker St, Bldg. 4439 | 202-767-5578

### Box Tops 4 Education

Now until Aug. 31 | JBAB Library  
Drop off box tops to the JBAB Library to enter for a chance to win a weekly Prize Pack filled with MWR goodies!  
How Box Tops 4 Education works:  
1. Find box tops on hundreds of products. A full list is available at the Library or online at [MyWFR.com](http://MyWFR.com)  
2. Clip box tops from each package.  
3. Bring in or send your box tops to the JBAB Library, Bldg. 4439, Tinker St.  
Each box top is worth 10 cents and will be donated to our community partner, Leckie Elementary School!

### Capital Cove Marina

Giovannoli Way, Bldg. 90 | 202-767-5424

### Blessing of the Marina Fleet

April 25 | 12:30 p.m. | Capital Cove Marina Pier  
All Marina Slip Holders and guests are invited to take part and enjoy the festivities during this annual event. The USCG Auxiliary will be on hand to conduct Vessel Safety Checks. Avoid a wait and reserve an appointment by visiting or calling the Capital Cove Marina, 202-767-5424.

# Joint Base Journal

JOINT BASE ANACOSTIA-BOLLING

WASHINGTON, D.C.

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The editorial content of Joint Base Journal is edited and approved by the Joint Base Anacostia-Bolling Public Affairs Office. Tenant commands and others are encouraged to submit news, high-quality photos and informational items for publication. All submitted content must be received by noon Friday, at least two weeks prior to publication. E-mail submissions to [michelle.gordon@navy.mil](mailto:michelle.gordon@navy.mil).

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# Joint Service Chamber Recital to stream live April 28

BY MASTER SGT.  
BROOKE EMERY  
U.S. AIR FORCE BAND

Fans of Washington-area military service bands will get a rare opportunity April 28. Members of ensembles from all five premier service bands will present a live streaming joint service chamber recital hosted by the U.S. Army Band as part of the “Pershing’s Own” Concert Series.

The project is the brainchild of U.S. Army Staff Sgt. Troy Paolantonio, fife instrumentalist and assistant drum major of The U.S. Army Old Guard Drum and Fife Corps.

“I knew the great talent we had in each of these ensembles; I always thought it would be a fun project to organize a concert to feature some of these performers on the same show,” he said. “We share so many similarities in our jobs, but don’t get the chance to actually perform together. I thought this concert would help promote some camaraderie and creativity among the service bands.”

When it came to selecting musicians, Paolantonio said, diversi-



U.S. AIR FORCE PHOTO

**Tech. Sgt. Brian Wahrlich, clarinetist, is among five of the Band’s Airman musicians who will participate in a joint service chamber recital on April 28 at Brucker Hall on Joint Base Myer-Henderson Hall in Arlington, Virginia.**

ty was key. “The [group] is a little heavy with Army folks, but it was really important to me that we have each branch of service rep-

resented. We even have a member of the Coast Guard Band driving south from Connecticut.”

The concert will feature Airmen musicians Tech. Sgt. Brian Wahrlich on clarinet, Tech. Sgt. Mandi Harper on voice, Master Sgt. Bryce Bunner on viola, and Senior Master Sgt. Vivian Podgainsky and Tech. Sgt. Christine Lightner on cello. The concert, which will run approximately one hour, will highlight works by Haydn, Martinu and George Crumb, as well as a traditional fife and drum song set and a closing number by Henry Mancini entitled “Pie in the Face Polka.”

The Joint Service Chamber Ensemble concert begins at 7:30 p.m. at Brucker Hall on Joint Base Myer-Henderson Hall in Arlington, Virginia. Visitors should enter through the Hatfield Gate, located at Second Street South and Washington Boulevard and will need to present a valid driver’s license or Department of Defense identification to enter. For those wishing to view the concert via the internet, the event will be live-streamed and archived at [www.usarmyband.com](http://www.usarmyband.com).

## Navy athletes selected to participate in the 2015 Department of Defense Warrior Games

BY PATTY BABB  
NAVY INSTALLATIONS COMMAND  
PUBLIC AFFAIRS

Forty seriously wounded, ill and injured athletes have been selected to represent the Navy during the 2015 Department of Defense (DOD) Warrior Games June 19-28 in Quantico, Virginia.

Navy Wounded Warrior (NWW) - Safe Harbor is the Navy and Coast Guard’s wounded warrior support program. Each of the Team Navy athletes is enrolled in the program, which has provided them with non-medical care and connected their families and caregivers to resources and support. NWW also links enrollees to adaptive sports opportunities, including the annual DOD Warrior Games.

“This year’s Team Navy roster includes wounded warrior athletes in various stages of recovery, who face a wide range of life-altering medical conditions,” said NWW Director Capt. Brent Breining. “Although each has a different situation, they are united by a common purpose: to honor their military family, as well as their own families and friends, by competing to the very best of their abilities.”

The athletes’ skills were evaluated last month during the

Wounded Warrior Pacific Trials, which brought together nearly 70 wounded warriors at Joint Base Pearl Harbor-Hickam in Hawaii. The roster was assembled after careful consultation with Team Navy’s experienced coaching staff.

Team Navy brings together active duty and retired Sailors and Coast Guardsmen from around the country, both from enlisted and officer communities. During the DOD Warrior Games they will compete in archery, cycling, shooting, sitting volleyball, swimming, track and field, and wheelchair basketball. This year also brings a new exhibition sport, wheelchair rugby. Team Navy will compete against teams from the other services and from U.S. Special Operations Command and Great Britain. The athletes will come together for the first time as a team at a training camp in May at Naval Base Ventura County, California.

NWW is one of more than 50 quality of life programs for which the Navy’s shore enterprise is responsible. Supporting the Fleet, Fighter and Family, Navy Installations Command is comprised of more than 50,000 Sailors and civilian employees located at 70 installations under 11 regions worldwide.

# Veterans Crisis Line



## 1-800-273-8255

**PRESS 1**

## Chapel Schedule

CATHOLIC SERVICES	PROTESTANT SERVICES
<b>Reconciliation</b> Sunday 9 a.m. Chapel Center	<b>Sunday Worship</b> Gospel 11:30 a.m. Chapel Center
<b>Rosary</b> Sunday 9:10 a.m. Chapel Center	<b>General Protestant</b> 11 a.m. Chapel 2
<b>Mass (Chapel Center)</b> Tuesday 11:30 a.m. Wednesday 11:30 a.m. Thursday 11:30 a.m. Friday 7 a.m. Saturday 5 p.m. Sunday 9:30 a.m.	<b>Sunday School</b> September - May 9:30-10:30 a.m. Questions about these services or other religious needs can be directed to 202-767-5900.

## Chaplain’s Religious Enrichment Development Operations

The Chaplain’s Religious Enrichment Development Operations (CREDO) offers a variety of programs aimed at improving communication, adding resiliency, and training service members in valuable life skills.

**Marriage Enrichment Retreat (MER)** - Couples enjoy a free weekend at the Hilton Hotel in Crystal City, Virginia, where they learn and apply marriage skills such as communication and problem solving in a fun, small group atmosphere. Using personality inventories, participants learn that differences in marriages can be ways to enhance and complete one another in the marriage journey. The next MER is scheduled for May 8.

**Personal Resiliency Retreat (PRR)** - The PRR highlights the essential components of hindsight, insight, and foresight in order to equip military personnel to accomplish the mission. Overall, the goal of a PRR is to give participants an opportunity to grow and mature as individuals by reflecting on their lives.

For more information, or to register for a retreat, contact the CREDO office, 202-767-5901/5900, send an email to: [credo.ndw.fcm@navy.mil](mailto:credo.ndw.fcm@navy.mil), or stop by the Joint Base Anacostia-Bolling (JBAB) Chapel and inquire within.



# Bolling Commissary celebrates Month of the Military Child



PHOTOS BY JEREMY K. JOHNSON  
JOINT BASE ANACOSTIA-BOLLING  
PUBLIC AFFAIRS

Children from Child Development Center 1 visited Bolling Commissary's produce department April 16 as part of the facility's efforts to promote healthy eating habits during the Month of the Military Child. The children were given a tour of the department and bags filled with an assortment of items ranging from fresh fruit to age-appropriate literature on good nutrition.



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# Enjoy outdoor cooking without injury: Tips for grilling safely

FROM THE NATIONAL  
FIRE PROTECTION  
ASSOCIATION

Fire in the grill, under hot dogs and burgers, is a welcome sight at the family cookout. But fire anywhere else can make your summer kick-off barbecue memorable for all the wrong reasons.

- Propane and charcoal BBQ grills should only be used outdoors.

- The grill should be placed well away from the home, deck railings and out from under eaves and overhanging branches.

- Keep children and pets away from the grill area.

- Keep your grill clean by removing grease or fat buildup from the grills and in trays below the grill.

- Never leave your grill unattended.

## Charcoal grills

- There are several ways to get the charcoal ready to use. Charcoal chimney starters allow you to start the charcoal using newspaper as a fuel.



U.S. AIR FORCE PHOTO BY STAFF SGT. KATHERINE TERYAMA

- If you use a starter fluid, use only charcoal starter fluid. Never add charcoal fluid or any other flammable liquids to the fire.

- Keep charcoal fluid out of the reach of children and away from heat sources.

- There are also electric charcoal starters, which do not use fire. Be sure to use an extension cord for outdoor use.

- When you are finished grilling, let the coals completely cool before disposing in a metal container.

## Propane grills

- Check the gas tank hose

for leaks before using it for the first time each year. Apply a light soap and water solution to the hose. A propane leak will release bubbles. If your grill has a gas leak, by smell or the soapy bubble test, and there is no flame, turn off the gas tank and grill. If the leak stops, get the grill serviced by a professional before using it again. If the leak does not stop, call the fire department. If you smell gas while cooking, immediately get away from the grill and call the fire department. Do not move the grill.

## Bolling vets reunite at JBAB after 36 years



PHOTO BY JEREMY K. JOHNSON

Twenty-two veterans of the defunct Bolling Air Force Base 1100th Security Police Squadron (SPS) reunited at Bolling Club, April 21. The group gathered for lunch, where they were greeted by members of Joint Base Anacostia-Bolling's command staff, and Brig. Gen. Allen J. Jamerson (pictured above), Director of Security Forces, Deputy Chief of Staff for Logistics, Installations and Mission Support, Headquarters U.S. Air Force. Member Mike Berryhill, an event organizer, said the group - made up of unit members who served from 1977-1979 - came together through an effort to reconnect that began in April of 2014 on Facebook. "We were eventually able to get around 33 members into that group," he said, "and today we have 22 members who were able to make the trip with their spouses and grandkids."

# Professional Services

Call **301-670-7106**

## Clinical Research



## Volunteers needed

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