

Hawaii MARINE

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3/3 gets taste of desert heat

Sgt. Monroe F. Seigle
Combat Correspondent

MARINE CORPS BASE TWENTYNINE PALMS, Calif. — Marines from Weapons Company, 3rd Battalion, 3rd Marine Regiment, stationed aboard Marine Corps Base Hawaii, Kaneohe Bay, can tell you a lot about desert heat, deployments, sacrifices and combat.

These Marines recently returned to Hawaii from Afghanistan after completing a deployment during which they supported Operation Enduring Freedom. Currently, they are training in Marine Corps Base Twentynine Palms, Calif., to

prepare for another deployment — this time to Iraq where they will support Operation Iraqi Freedom.

The warriors from "America's Battalion" came to Twentynine Palms on Nov. 22. OEF veterans are getting reacquainted with the desert heat and Marines who have never been to the desert are getting an idea of what the deserts of Iraq have in store for them.

"This training is important and the Marines know it," said Sgt. Andy Darnell, 25, and a team leader with Weapons Company, 3/3. "The Marines know that when we get out to Iraq, we are not training then. We are doing real-world

missions," said the Wellsville, Kan. native, "And by them coming to the desert and experiencing desert terrain, they get a chance to see what they are going to be up against when we get out there."

While the Marines from Weapons Company, adjust to the desert heat, they will be kicking up some desert sand as they practice patrolling in desert a climate and participate in combined-arms exercises that incorporate the use of mortars, fixed- and rotary-wing air support, and tanks.

The Marines are not only preparing themselves for Operations Iraqi



Sgt. Monroe F. Seigle

Marines From Weapons Company, 3/3, utilize the wide open desert in Twentynine Palms to conduct patrolling exercises, just like they will in Iraq for Operation Iraqi Freedom.

See 3/3, A-6

Remembering the 'Day of Infamy'



Lance Cpl. Roger L. Nelson

Brig. Gen. Steven A. Hummer, commanding general, Marine Corps Base Hawaii, Kaneohe Bay, and Navy Capt. Robert Adrion, Commander, Patrol and Reconnaissance Wing 2, return a salute from representatives of the Navy and Marine Corps during a Wreath-Laying Ceremony, Wednesday. The Kaneohe Klipper Association provided the wreath that was presented during the memorial ceremony that followed morning colors. The joint Navy and Marine Corps ceremony commemorated events that occurred on this base 64 years ago when Japanese Imperial Navy aircraft attacked the Island of Oahu, killing 18 Sailors and one civilian contractor at what was then Naval Air Station, Kaneohe Bay. Chief Petty Officer John W. Finn, an ordnanceman assigned to Patrol Squadron 14, was awarded the Medal of Honor for his actions on Dec. 7, 1941. The Kaneohe Klipper Association includes service members who have served at Kaneohe Bay, and their extended family members.

MITT to train Iraqi soldiers

Sgt. Monroe F. Seigle
Combat Correspondent

MARINE CORPS BASE TWENTYNINE PALMS, Calif. — Marines from the Military Iraqi Transition Team with the 3rd Battalion, 3rd Marine Regiment, based at Marine Corps Base Hawaii, Kaneohe Bay, are scheduled to deploy to Iraq in support of Operation Iraqi Freedom. While deployed, 3/3 will teach Iraqi Infantry Battalions skills necessary to conduct military operations on their own.

Currently, 3/3 Marines are readying themselves for the deployment to Iraq by honing their infantry skills in the desert at Marine Corps Base Twentynine Palms, Calif.

MITT, which consists of 11 Marines from various military occupational specialties, will be teaching Iraqi forces techniques similar to those the Marines use.

According to Capt. Quinten Jones, 32, from Memphis, Tenn., and an assistant team chief with MITT, 3/3, their goal is to train the Iraqi soldiers the skills required for them to be able to conduct operations in their country, without the assistance of the Marines.

When the Marines from MITT deploy to Iraq, they will be living, eating and sleeping with the Iraqi soldiers, while teaching them as many infantry skills as they can during the seven-month deployment.

Jones said one of the most difficult hurdles to overcome is the fact that they must teach the soldiers fighting skills as well as overcome language barriers and cultural differences.

"Iraqi civilians are our primary translators while in Iraq," said Jones. "They have no problems translating what we tell the troops, but the precise instructions can still get lost in translation."

According to Jones, more than 75 percent of the Iraqi troops are new recruits. Additionally, the MITT team's first conquest when they initially arrive in Iraq is to assess the skill level of the Iraqi troops and build upon their current skills.

"Some of the soldiers from the old regime are still serving, but there is very little concern about them wanting to support Saddam," said Jones. "They were just serving to make a living and have little or no loyalty to Saddam and his regime."

As the deployment date nears, the Marines from MITT are being challenged with the desert heat as they practice calling for artillery support and air strikes, while sharpening marksmanship skills and

1/3 gets together to celebrate family

Sgt. Joe Lindsay
Combat Correspondent

MARINE CORPS TRAINING AREA BELLOWS, WAIMANALO, Hawaii — The Lava Dogs of 1st Battalion, 3rd Marine Regiment, did their best Sister Sledge impression, Friday, during a gathering at Marine Corps Training Area Bellows in Waimanalo. But this was no "American Idol" tryout or karaoke contest with off-key renditions of the 1970s hit song, "We are family."

Instead, the battalion maintained that spirit of togetherness by holding a "Family Day" get-together at the beach, where 1/3 Marines, spouses and children spent an afternoon just enjoying one another's company.

"This was one last chance for the 1/3 family to get together before the Marines go on block leave and then deploy for Afghanistan," said one of the event's organizers, Capt. Anthony Fiocco, a forward air controller with 1/3 and native of Grafton, Mass. "Events like this tighten the already strong bonds we all feel for one another as part of the Lava Dog family."

"It's nice for the whole battalion to get together with their families and reconnect or make new connections," added Navy Lt. Brian Shearer, 1/3 battalion chaplain and a native of Pittsburgh, Pa., who brought his wife Sheryl along with daughters Hannah, 8, Deborah, 6, and Hadassah, 1, to the event. "The families of 1/3 know they can count on one another for support," said Shearer, a former Marine rifleman who served in the Corps from 1982 to 1986.

Throughout the day, children were treated to

visits from Santa Claus, entertained by balloon makers who created hats and animals out of balloons, witnessed a sand castle-building contest, took turns in a "bouncy house," and numerous other activities. For the adults, it was a chance to get together and sample all the hamburgers, hot dogs, ribs, potato salad, coleslaw and chicken they could eat. There was also a static display that served the purpose of showing 1/3 family members some of the equipment the Marines use.

"We brought a Mark 19, a 240 Golf, a .50 cal and an 81 mike mike (81 millimeter mortar) weapons system out," said Lance Cpl. Blake Campbell, a 1/3 mortarman assigned to Weapons Company. "The families really enjoyed getting a chance to see all the different weapons we use," admitted the Lynchburg, Va., native.

According to 1/3 Commanding Officer Lt. Col. James Bierman, the strong sense of family inclusion in 1/3 is made possible through events such as this and through the efforts of Key Volunteers.

"A big factor behind the level of participation and enthusiasm of our families has been the efforts of the Key Volunteers," remarked Bierman, a Virginia native. "We have 30 wives who volunteer their time and spare no effort to support the families of 1/3. They've really taken the lead and do an outstanding job. Today was a perfect example of that."

That sentiment seemed to be confirmed by Kianna Myers, 6, the daughter of Staff Sgt. Philip Myers, 1/3's administrative chief and a native of Ewa Beach, Hawaii.



Photo Courtesy of Sheryl Shearer

A family member of a 1st Battalion, 3rd Marine Regiment, Marine contemplates what he wants for Christmas as he sits on Santa's lap.

See FAMILY, A-6

See MITT, A-5

NEWS BRIEFS

Liberty Bus Cancellation

There will be no Waikiki Liberty Bus shuttle service during the weekend of Dec. 23 and 24. Shuttle service will resume on the weekend of Dec. 30.

For questions regarding the Liberty Bus, or the schedule, contact Lee Yamamoto, Base Facilities, at 257-2171, ext. 222.

Injured Marines invited to Christmas Dinner

New Hope Christian Fellowship would like to thank service members for serving their country in time of war and thank them for their great sacrifices. New Hope invites service members who are recovering from injuries and those who have been discharged due to their injuries from combat in Iraq and Afghanistan, to a full Christmas dinner on Dec. 19 at New Hope Christian Fellowship at 290 Sand Island Access Road. The dinner begins at 6 p.m. and will feature live music, a famous piano soloist, hula dancing, raffle and a Christmas dinner.

This invitation is open to the first 200 people who R.S.V.P. 988-2733, Formal invitations and maps will be sent.

Drive Safe Reminder from PMO

Marine Corps Base Hawaii, Kaneohe Bay, has experienced a large number of motor vehicle accidents involving drivers who are backing out of their spaces and driveways. The root cause for these accidents is inattention to driving.

The Military Police Department is asking drivers to make an extra effort to check behind their vehicle for vehicles and pedestrians before backing up. As per the regulations, when driving government vehicles, sound the horn before backing to warn any nearby vehicles.

Try to use all the available driveway space at your quarters before parking along the roadway. If you must park in the roadway, park so that vehicles backing from adjacent driveways cannot hit your vehicle. Drive safely during the holiday season.

Construction Project Continues

Construction on the Marine Mart parking lot entrance and exit from G Street and the H-3 outbound exit began Monday and should be completed by Friday, depending on the weather.

For the duration of this construction project, the speed limit will be reduced and one lane will be closed to provide a buffer zone between vehicular traffic and the construction workers. Drive safely, and slow down at all construction zones.

Post Office Extends Hours

The Base Post Office will have extended hours through Dec. 23 for the holiday season. The Base Post Office will be open from 8 a.m. to 6:30 p.m. Monday through Friday and 8 a.m. to 5 p.m. on Saturdays.

The Base Post Office will be open Dec. 24 for parcel pickup only.

For more information, contact the Base Post Office at 257-2008.

MMEA Returns in December

The Manpower Management Enlisted Assignments Branch from U.S. Marine Corps Headquarters, Quantico, Va., will conduct briefings at Marine Corps Base Hawaii, Kaneohe Bay, Monday at the Base Theater and at Camp H.M. Smith on Tuesday.

About 25 monitors representing more than 100 military occupational specialties will be available. Appointments are on a first-come basis and will be kept to 10 to 15 minutes to allow for maximum participation.

Marines should contact their unit Career Retention Specialist for additional information.

Important Phone Numbers

On-Base Emergencies	911
Military Police	257-7114
Child Protective Service	832-5300
Fraud, Waste, Abuse & EEO	257-8852
Business Management Hotline	257-3188
Pothole & Streetlight Repair	257-2380

HAWAII MARINE

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New traumatic injury insurance available

Press Release

United States Department of Defense

The Department of Defense announced, Nov. 30, the implementation of traumatic injury protection insurance under the Servicemembers' Group Life Insurance program as enacted by section 1032 of Public Law 109-13.

The program, which will be known as TSGLI, is designed to provide financial assistance to service members during their recovery period from a serious traumatic injury.

On Dec. 1, all members eligible for SGLI will become insured for traumatic injury protection of up to \$100,000 unless they decline SGLI coverage. A flat monthly premium of \$1 will be added to the monthly SGLI deduction, regardless of the amount of SGLI coverage that the member has elected, effective as of Dec. 1.

TSGLI is not disability compensation and has no effect on entitlement for compensation and pension benefits provided by the Department of Veterans Affairs or disability benefits provided by the Department of Defense. It is an insurance product similar to commercial dismemberment policies.

TSGLI provides money for a loss due to a specific traumatic event while disability compensation is intended to provide ongoing financial support to make up for the loss in income-earning potential due to service-connected injuries.

The retroactive provision of PL 109-13 provides that any service member, who suffers a qualifying loss between Oct. 7, 2001, and Dec. 1, will receive a benefit under the TSGLI program if the loss was a direct result of injuries incurred in Operation Enduring Freedom or Operation Iraqi Freedom.

The Department of Defense developed

this program in close coordination with the Department of Veteran's Affairs. The Office of the Under Secretary of Defense for Personnel and Readiness will closely monitor implementation with the services and make necessary adjustments if required.

For more information, service members should contact their individual service.

Points of contact for service members are: Jeanette Mendy at (800) 237-1336 or tsgli@hoffman.army.mil for Army; Thomas Perry at (210) 565-3310 or 2410 or thomas.perry@randolph.af.mil for Air Force; MCPO Ralph Gallagher at (800) 368-3202 or ralph.gallagher@navy.mil for Navy; Lt. Col. Will Goldschmidt at (703) 432-9277 or t-sgli@usmc.mil for Marine Corps; Lt. Terrence Walsh at (202) 267-1648 or twalsh@comdt.uscg.mil for Coast Guard; and Lt. Cdr. Tiffany Edmonds at (301) 594-2963 or tedmonds@psc.gov for the U.S. Public Health Service.

Postal rates to increase

Press Release

United States Postal Service

WASHINGTON —

The Governors of the U.S. Postal Service voted to accept the Postal Rate Commission's recommendations to increase most postal rates and fees by approximately 5.4 percent across-the-board to take effect Jan. 8, 2006.

This rate increase — the first since 2002 — is needed to fulfill the requirement of a federal law passed in 2003. That law requires the Postal Service to establish a \$3.1 billion escrow account, with use of the funds to be determined by Congress at a later date. Without this federal mandate, it would not have been necessary to raise rates in 2006.

Among the rate adjustments, the single-piece rate for first-class mail will increase from 37 cents to 39 cents, and the postcard rate will increase by one cent to 24 cents.

"The governors take this

New Postal Rates, Effective Jan. 8, 2006

Item/Service Changed	New	Old
First-Class Letter (1 oz.)	39¢	37¢
First-Class Letter (2 oz.)	63¢	60¢
Postcard	24¢	23¢
Priority Mail (1 lb.)	\$4.05	\$3.85
Express Mail (1/2 lb)	\$14.40	\$13.65
Express Mail (2 lb)	\$18.80	\$17.75
Certified Mail	\$2.40	\$2.30
Delivery Confirmation (Priority)	50¢	45¢
Delivery Confirmation (First Class Parcels)	60¢	55¢
Return Receipt (Original Signature)	\$1.85	\$1.75
Return Receipt (Electronic)	\$1.35	\$1.30
Money Orders (up to \$500)	95¢	90¢

action mindful of our obligation to assure the financial integrity of the nation's postal system," said Jim Miller, chairman of the Postal Service's Board of Governors. "These increases will allow the Postal Service to meet the obligation established by Congress to place funds in escrow in 2006."

The commission's recommended decision came after a proceeding in which most of the participants signed a settlement agreement adopting the

Postal Service's uniform, across-the-board increase proposals. The settlement shortened to six months the commission's administrative review, which normally takes 10 months.

International rates, which are determined separately from domestic prices, will be adjusted to coincide with the domestic rate changes. International rates have not been adjusted since January 2001.

See POSTAL, A-5

Toys for Tots ride to go off Saturday

Compiled by Public Affairs Staff

Marine Corps Base Hawaii, Kaneohe Bay

The Toys for Tots motorcycle run will start at 10 a.m., Saturday, aboard Marine Corps Base Hawaii, Kaneohe Bay, at the parking lot near Building 6468.

During the run, Marines will be collecting new, unwrapped toys. Those wanting to donate toys can come to the road as the procession goes by or drop off a toy at one of several locations.

The riders and runners will exit the parking lot and continue on Mokapu Road, take a left onto Reed Road and head around Nimitz Road, where the first toy drop-off point will be in the parking lot.

The group will turn left onto Reeves Road then onto Manning Street, passing by the Staff NCO Club. This will be the second toy drop-off point. Runners and riders will proceed to Lawrence Street and turn left onto Bancroft Street.


The third toy drop-off point will be on Pond Road at North Beach. Then, the group will turn right onto Daly Road and continue to Middaugh Street.

The fourth and final toy drop-off will be at Fort Hase Beach. Then riders and runners will take a right at Harris Avenue, a left onto Maclachlan Street, another left onto Cushman, and end the ride near the Child Development Center in the Marine Corps Exchange parking lot.

Those who wish may continue the ride to 4th Force Reconnaissance to drop off toys at Hale Koa Beach, then continue on to the Iwo Jima memorial where pictures will be taken.

For residents who are not on the main run route but wish to donate toys, there will be four toy drop-off points. Drop-off points are: The Officers' Club parking lot, The Staff NCO Club, North Beach off Pond Road and the Fort Hase Beach recreation area.

For details, contact Master Gunnery Sgt. Ted Allen at 257-5494 Staff Sgt. Terrace Diaz at 257-2786.




BROUGHTON

HMH-363 Change of Command


Lt. Col. Allen D. Broughton will relieve Lt. Col. Paul A. Fortunato as commanding officer, Marine Heavy Helicopter Squadron 363, in a ceremony to be held Friday at 1 p.m. between hangars 101 and 102.

Fortunato will stay aboard Marine Corps Base Hawaii for his next assignment with Marine Aircraft Group 24.

Broughton came to K-Bay from an assignment at Headquarters Marine Corps, Quantico, Va.



FORTUNATO




CAMACHO

MAG-24 Post and Relief

Sgt. Maj. Juan G. Camacho Jr. will be replacing Sgt. Maj. Emmanuel Magos as sergeant major for Marine Aircraft Group 24 in a post and relief ceremony today at 2 p.m. on the flight line between hangars 101 and 102.




Magos is retiring after 26 years of service in the Corps and will be residing in Murrieta, Calif.

Camacho a native of Santa Rita, Guam, is coming from Marine Heavy Helicopter 363, one of MAG-24's squadrons.



MAGOS

Weekend weather outlook

Today	Saturday	Sunday
 <p>Day — partly cloudy conditions with a few rain showers throughout day; easterly winds at 10 to 12 mph</p> <p>Night — partly cloudy skies throughout the night; rain showers overnight and into the early morning; easterly winds at 8 to 12 mph</p> <p>High — 81 Low — 75</p>	 <p>Day — partly cloudy skies with few rain showers; easterly winds at 12 to 14 mph</p> <p>Night — partly cloudy skies; easterly winds at 8 to 12 mph</p> <p>High — 81 Low — 75</p>	 <p>Day — partly cloudy skies; easterly winds at 10 to 12 mph</p> <p>Night — partly cloudy skies throughout the night with a few rain; easterly winds at 8 to 12 mph</p> <p>High — 82 Low — 75</p>

Search



and rescue

HSL-37 Sailors evacuate injured personnel during training exercise

**Story and Photos By
Pfc. Edward C. deBree**
Combat Correspondent

Imagine flying around in a helicopter to conduct operations, then having it come under enemy fire and being shot down. After checking the condition of your crew, you tend to the injured only to discover that some need to be evacuated to a hospital where they can get needed medical attention. Who will be there to evacuate personnel and save their lives?

To better prepare them to respond to this type of a scenario, squadron members assigned to Helicopter Anti-submarine Squadron Light 37 conducted a Search and Rescue exercise, Monday, on Marine Corps Base Hawaii, Kaneohe Bay.

"We're practicing over-land Search and Rescue training today," said Chief Petty Officer James M. Rogers, tactics leading chief petty officer, Search and Rescue, HSL-37. "Primarily we're practicing procedures for injured personnel for a search and rescue evaluation this week."

The search and rescue evaluation began Tuesday, and tested the Sailors on their knowledge of procedures, training, and physical strength.

"First, there is a 40-question closed-book test, then they will evaluate our training records, and then test our physical fitness," said Rogers. "Then they will make a mock scenario, which we will conduct over land and water."

During the exercise, HSL-37 squadron helicopters landed in a field and squadron members located the downed personnel, who were role played by two Sailors. After locating the personnel, the two Search and Rescue squadron members checked the injured Sailors' vital signs.

After determining that one of the victims had died, they concentrated on the injured Sailor and proceeded to perform first aid on him. After performing first aid, the Sailors strapped the wounded onto a stretcher and carried him to the pickup zone. There, a SH-60B Seahawk helicopter airlifted the injured Sailor to safety.

"The first time we did it, we made a few mistakes but, overall, we did great," said Rogers. "One thing we really noticed was how hard communication between the Sailors on the ground and the ones in the helicopter was. It was harder because

of the noise from the helicopter overhead and all the debris flying around. We had to kind of rely on hand signals."

The 41-year-old Baytown, Texas native said that the unit is prepared for their evaluation but there still will be difficult parts to it.

"I think the more difficult things about these evaluations is knowing the exact procedures, step by step, because they are constantly changing Search and Rescue procedures," said Rogers. "In fact, they just changed the primary instructions and procedures last month, and now we're getting tested on them, but I still have confidence that we'll do fine."

Another portion of the evaluation is physical fitness. During this part, squadron members will run with all their equipment on, do pull-ups, carry 50-pound dumbbells for 100 yards, hike one mile with all their gear, and swim 500 meters with all equipment — then grab a survivor from the water and swim an additional 400 meters.

"The squadron gets few opportunities to do things like this," said Rogers. "But it only better prepares us, in case an emergency should come up."



Petty Officers Michael Todd (left) and Timothy Yaukey carry a simulated injured Sailor to the spot where he is to be airlifted to safety. Helicopter Anti-submarine Squadron Light 37 squadron members were going through a Search and Rescue scenario, Monday, on Marine Corps Base Hawaii, Kaneohe Bay. Squadron members conducted the training in order to prepare them for an upcoming evaluation.



A Sailor assigned to Helicopter Anti-submarine Squadron Light 37 ties down a simulated injured victim to a stretcher during a Search and Rescue training exercise.



Petty Officer 2nd Class Timothy Yaukey, Search and Rescue swimmer for Helicopter Anti-submarine Squadron Light 37, calls in the status of a victim during a Search and Rescue training exercise, Monday, aboard K-Bay.



During a Search and Rescue training exercise, members from Helicopter Anti-submarine Squadron Light 37 await the arrival of a SH-60B Seahawk helicopter that will take an injured Sailor to a hospital.

On the skyline ... with 1/3

by Sgt. Joe Lindsay

On the Skyline is a weekly column written by Marine Corps Base Hawaii, Kaneohe Bay, Combat Correspondent Sgt. Joe Lindsay. Lindsay has recently returned to K-Bay with 1st Battalion, 3rd Marine

Regiment, from California, where they trained to prepare them for their upcoming deployment to Afghanistan in support of Operation Enduring Freedom.

College football player hangs up helmet for stethoscope



It is often said that nothing is given to a Marine — it is figuratively beat into the psyche of every young man and woman who steps on the yellow footprints at the recruit depots in San Diego or Parris Island, S.C., that they are going to have to earn the title “Marine.”

The eagle, globe and anchor symbol is the most coveted emblem signifying the transformation from civilian to Marine. It doesn't come easy. Only individuals who have survived the trial by fire in boot camp or Officer Candidates School rate to wear this symbol of the Corps on their uniform.

But there is also a group of Sailors considered so vital to the Marine Corps mission, and so ingrained in Marine Corps history on the battlefield, that they too are authorized to don the eagle, globe and anchor.

These Sailors are called corpsmen, and they are very often the only difference between life and death for a Marine wounded on the battlefield.

“Corpsmen take care of Marines,” said Lance Cpl. Tyler Weed, a 1st Battalion, 3rd Marine Regiment, administrative clerk and Iraq veteran who witnessed the bravery of hospital corpsmen firsthand in the battle for Fallujah. “They are out there on the front lines with the Marines, putting their lives on the line to save us, if we get shot up. You'd be hard pressed to find a Marine who has served in battle who doesn't have the highest respect for corpsmen.”

Weed, a Tacoma, Wash., native, said he has the utmost respect for all corpsmen, but noted that Petty Officer 1st Class Tim Gorman stands out above the rest — literally.

Gorman was recently promoted to his present rank through the Navy's Combat Meritorious Advancement Program as a result of his exemplary service with 1/3 on their last combat deployment.

He also stands 6 feet 4 inches tall and weighs in the neighborhood of 250 pounds, but carries the weight more like a gladiator than the defensive lineman he was during an All-American high school football career that led to a scholarship to the University of Arizona in Tucson, where Gorman played from 1988 to '91.

Today, Gorman said he has no regrets about joining the Navy or the long road that led him there, even though many of his teammates at Arizona and players he knew from other teams went on to play in the NFL.

“We moved 11 different times throughout the country, when I was a kid — as a result of my father's job at IBM,” explained Gorman, who was born in Queens, N.Y., and attended high school for three years in Southern California before moving once again, this time to New Jersey.

“The hardest move was just before my senior year in high school. In California, I was starting to get recruited by some big name schools. We finished the year undefeated, got a lot of media attention, and played all our games on Friday nights in front of 1,300 screaming fans. In New Jersey, we played on Saturday mornings in front of a couple hundred people, mostly just family and friends.”

Despite the change in scenery, Gorman didn't fall off the radar with the college football scouts and received a visit from Nebraska's legendary football coach, Tom Osborne, in addition to being courted by other big-name programs such as Oklahoma, USC, Florida and Florida State.

In the end, Gorman signed a letter of intent to play foot-



Petty Officer 1st Class Tim Gorman, a 1st Battalion, 3rd Marine Regiment, hospital corpsman from Tucson, Ariz., takes the blood pressure of a fellow Sailor aboard Marine Corps Base Hawaii, Kaneohe Bay. Gorman was recently promoted to his present rank through the Navy's Combat Meritorious Advancement Program as a result of his exemplary service with 1/3 on their last combat deployment.

ball at Arizona on a full-ride athletic scholarship. During his collegiate career, Gorman played in the Copper Bowl and the Aloha Bowl. A photograph of him raising his helmet in jubilation after he and his fellow Wildcats won a

game has become part of Arizona football lore. The photo hangs in the lobby of Tucson's Embassy Suites Hotel, flanked on both sides by two other illustrious University of Arizona athletes, former NBA All-Star Sean Elliott and for-

mer MLB All-Star and gold-glove winner Kenny Lofton.

“It's crazy, but I really can't remember what game that photo was taken at,” admitted Gorman. “It was just one of those surreal moments that got captured in time.”

Gorman's football career ended before he had a chance to test the NFL's waters, when he was involved in a car accident that nearly took his and the lives of three of his friends.

“It was a miracle none of us got killed,” said Gorman, reflecting on that summer night nearly 15 years ago. “After the crash, I kind of had an epiphany of sorts, and decided I needed to find other things in my life besides football.”

Shortly thereafter, Gorman left school just a few credits shy of his degree in exercise and sports science and embarked on an entrepreneurial career that saw him buy, manage and sell nightclubs all over the country.

“I started moving around a lot, again,” commented Gorman, who mentioned that he still considers Tucson his adopted home, but now subscribes more to the philosophy that home is wherever you hang your hat.

“I got married to Patti — we've been married almost 12 years now, and we have a son, Zakkary, 11. We just started investing in and managing all these different clubs, first in Tucson, then in Georgia, then Texas and finally Virginia. After six or seven years of that, I just decided that I'd had enough of the business. I'd always sort of talked about joining the military, and one day I had some Navy brochures laying around that I was looking through. Patti just

See GORMAN, A-6

Lava Dogs stay sharp before deployment

Sgt. Joe Lindsay
Combat Correspondent

After spending six weeks conducting pre-deployment training exercises at the Marine Corps Mountain Warfare Training Center in Bridgeport, Calif., and the Marine Corps Air Ground Combat Center in Twentynine Palms, Calif., the Lava Dogs of 1st Battalion, 3rd Marine Regiment, didn't waste any time building on the skills they learned in California upon their return in late October to Marine Corps Base Hawaii, Kaneohe Bay.

The same was true for 1/3's Distributed Operations Platoon, which arrived back in K-Bay at approximately the same time as their fellow Lava Dogs, after having spent the better part of four months training at Fort Hunter Liggett in Jolon, Calif., in preparation for 1/3's upcoming deployment to Afghanistan in support of Operation Enduring Freedom.

"The Distributed Operations Platoon, along with the entire battalion, hit the ground running as soon as we got back from California, and it's been nonstop sustainment training ever since," said Staff Sgt. Robert Lytle, infantry platoon sergeant, Distributed Operations Platoon, 1/3. "We PT (physical training) the Marines at least two hours a day; we push them to their limits on humps (forced marches); we remediate, sustain and improve on anything you can possibly imagine that has to do with being a grunt (infantry Marine), and then we do it all over again."

That training regiment didn't slack off any on Tuesday, as 1/3 completed a 20-mile hump aboard the base, its third such grueling hump since returning to Hawaii from California.

"Fifteen miles, 17 miles, 20 miles — it doesn't matter," said Pfc. John Beckley, a 1/3 assaultman with Weapons Company and a native of San Antonio, when discussing the hiking portion of 1/3's sustainment package. "We have to be in the best physical shape possible for Afghanistan. All of us understand why the colonel (1/3 Commanding Officer Lt. Col. James Bierman) has been pushing us so hard. We know it's for our own good. We're going to war, and we have



Lance Cpl. Smith, #rd Platoon, 1st Battalion, 3rd Marine Regiment, takes part in a sustainment training evolution Nov. 29 to Dec. 1 at Kahuku Training Area on the northern part of Oahu.

Photo Courtesy of Pfc. Emmanuel Dominguez

prepared ourselves through our training — both physically and mentally. Morale is high. We are strong. We are sharp and we are ready."

In addition to 1/3's arduous physical training regime and hike program, the battalion has also been conducting training exercises aboard Marine Corps Training Area Bellows near Waimanalo, as well as the Kahuku Training Area on the northern part of Oahu.

"Training in the Kahukus was miserable," said Lance Cpl Brady Phelps, a 1/3 rifleman and native of Portland, Ore., who serves as the designated marksman for Charlie Company, 1st Platoon, 3rd Squad. "By miserable, I mean it was good training. You have to understand that when we are training out there, we aren't really

sleeping. We're wet; we're muddy; we're tired. The mosquitoes are eating us alive and, basically, any grunt will tell you — it sucks. But the more it sucks the tougher we become. If you train to be miserable, then when you go to combat and you're really miserable, then you'll be able to deal with it that much better. That's why when we train, the more miserable it is, the better."

Phelps is speaking from experience. Afghanistan will mark his second combat deployment. This time last year, he was in Fallujah, Iraq, in one of the fiercest battles of the war. Other 1/3 Marines who were also there spoke in a similar vein regarding the recent training evolution in the Kahukus, which took

place from Nov. 29 to Dec. 1.

"Kahukus was good sustainment training," said Lance Cpl. Matthew Ehrmann, a 1/3 rifleman and Iraq veteran from Racine, Wis., currently serving as a squad leader in Charlie Company's Headquarters Company. "We have a responsibility not to neglect the skills we worked so hard to obtain in California."

According to Lance Cpl. Daniel Timmons, a 1/3 rifleman with Charlie Company's 3rd Platoon, that responsibility is one the Lava Dogs do not take lightly.

"We're going to a very dangerous part of the world," explained the Acworth, Ga., native. "We don't know if all of us are going to make it back. You don't like to say stuff like that — but that's the reality. I truly believe that all this training and hard work is going to save lives in the long run."

Which is exactly why the Marines worked on such a wide range of skills throughout the sustainment-training package, and specifically during the recent three-day Kahukus evolution, noted Lytle.

"You name it, and we probably did it — helicopter operations; securing LZs (landing zones); day and night patrols; day and night land nav (navigation); IA (immediate action) drills; claymores; call for fire; tactics; maneuvers; defensive positions; ambushes — I could go on and on," remarked Lytle, an Iraq veteran from Asheville, N.C. "Infantry skills are perishable skills. If you don't use it, you lose it. That's why all this constant training has been so important. Lives are riding on how hard we work during sustainment training. My mission is to make sure these Marines understand that."

It seems clear that Lytle has accomplished his mission.

"Nobody backed off the intensity level during sustainment training," said Cpl. Jacob Newman, a 1/3 rifleman and squad leader for Distributed Operations Platoon's 3rd Squad. "Sustainment training is not punishment. It's about keeping everything sharp," admitted the Lakeview, Mich., native.

See 1/3, A-6

MITT, From A-1

practice providing emergency medical care.

"This is going to be the United State's bid for success — by using these advisor teams," said Staff Sgt. Freddy Williams, 30, from Crestview, Fla., and a communications chief for MITT. "The most rewarding aspect of these missions will be when we can withdraw our troops from Iraqi knowing the Iraqi Army can handle doing operations in their own country."

POSTAL, From A-2

Since 1775, the Postal Service and its predecessor, the Post Office Department, has connected friends, families, neighbors and businesses by mail. It is an independent federal agency that visits 143 million homes and businesses every day, six days a week and is the only service provider delivering to every address in the nation.

The Postal Service receives no taxpayer dollars for routine operations, but derives its operating revenues solely from the sale of postage, products and services. With annual revenues of more than \$69 billion, it is the world's leading provider of mailing and delivery services, offering some of the most affordable postage rates in the world.

The Postal Service delivers more than 46 percent of the world's mail volume — some 206 billion letters, advertisements, periodicals and packages a year — and serves seven and a half million customers each day at its 37,000 retail locations nationwide. Its Web site, usps.com, attracts more than 21 million visitors each month.

3/3, From A-1

Freedom, they are also preparing their families for another deployment.

Lance Cpl. Daniel Petrone, 20, a forward observer with Weapons Company, and a native of Burrillville, R.I., missed the birth of his son, Christian, May 1, while he was in Afghanistan.

"Missing my son's birth was one of the toughest things I had to go through," said Petrone. "My wife knows this is not a 9 to 5 job, and someone has to do it. I want to be with them, but I am ultimately protecting them, and all the other mothers and fathers out there, from terrorist operations."

Many of the Marines thought about their families during Thanksgiving, but it did not dampen their spirits to eat Meals, Ready to Eat, instead of the traditional Thanksgiving turkey. Instead, the Marines focused on bettering themselves before they deploy to Iraq.

"I have to keep it fresh in the Marines' minds that they have to take care of one another and be able to rely on one another," said Lance Cpl. Phillip Shockley, 22, gunner, Weapons Company, and a native of Salisbury, Md. "There are times when we can't be with our families and those times often fall on birthdays and holidays. We rely on each other during those times, and we have to trust and communicate with each other — that is what is going to bring us back home to our families, and that is our ultimate goal."

GORMAN, From A-4

came up to me and said, 'Either do it, or don't do it. Just go down and join right now, or put that stuff away forever.' So, I went down and joined."

Nearly 30 at the time, Gorman was one of the oldest recruits at basic training, but was unfazed.

"I've always been one to look ahead, not behind," commented Gorman. "I never got caught up in that, 'If I'd only joined 10 years earlier, I'd be so much further along in my career right now,' type mindset that a lot of older Sailors get trapped in. I just said to myself, 'This is where I'm at now, so make the best of it.'"

And make the best of it he did.

Just five years into his career, Gorman is now holding a rank that often takes longer for the average Sailor to attain.

"I served with HM1 (petty officer first class, hospital corpsman) Gorman in Iraq," said Navy Lt. Aric Aghayan, 1/3 battalion surgeon and a native of Overland Park, Kan. "His experience, leadership and maturity was a great asset to us over there and con-

FAMILY, From A-1

"I had the best, best time," said Kianna, as her mother, Sandra, sat close by, smiling. "I took a picture with Santa. I played in the jumpy house and went down the water-slide. I played with my friends. I almost ate all my food. It was so much fun."



Photo Courtesy of Sheryl Shearer

A balloon artist poses with a 1st Battalion, 3rd Marine Regiment, family member during the Lava Dog's family picnic, Friday, at Marine Corps Training Area Bellows in Waimanalo.

According to Sandra, events such as 1/3's Family Day are extremely important.

"When I first came to Hawaii I didn't know anyone," said the native of Maputo, Mozambique. "1/3 has been the best command I've ever been associated with. We've been a lot of places throughout my hus-

band's Marine Corps career, but nobody looks out for the families like 1/3. I'm so thankful to be a part of the Lava Dog family."

Patti Gorman, wife of Petty Officer 1st Class Tim Gorman, a 1/3 hospital corpsman from Tucson, Ariz., said she completely agreed.

"1/3, the Key Volunteers, the command, everyone in the battalion — they let you know that when your husband is in 1/3, that you, as a wife, are also in 1/3 — that you matter, too," remarked Patti, a native of Williamsburg, Va. "When my husband deployed to Iraq last year, I can't tell you how much all that support meant to me. You're never alone in 1/3. Everyone looks out for each other. There is a great support network in 1/3, and it means the world to the families."

tinues to be here. He's an excellent corpsman. You don't need to look any farther than his promotion through the Combat Meritorious Advancement Program to see that."

"Plus, he's one big dude," added Aghayan, jokingly. "So nobody messes with us."

According to Petty Officer 3rd Class Darian "Doc" Holiday, a 1/3 hospital corpsman and Iraq veteran, Gorman is one of the most reliable and hardworking corpsmen he has ever seen.

"If he's not the person to go to, I wouldn't know who else would be," admitted the Chinle, Ariz. native. "HM1 Gorman is extremely dependable and can be counted on to be there for the Marines. But he's also there for the other corpsmen, too, when we need advice."

According to Gorman, when it comes to giving advice, nobody gives it better than his wife, Patti.

"She's got that 'tough love' thing going on," chuckled Gorman. "I'm glad for it though. She has supported me throughout our marriage and never more so than during

the constant deployments I seem to make."

Indeed, after receiving orders to Marine Corps Base Hawaii, Kaneohe Bay, from his previous duty station at the Naval Medical Center in Bethesda, Md., Gorman has spent most of his time deployed either aboard ship in Okinawa, Japan, as part of the Unit Deployment Program, or to Iraq. He is currently slated to deploy with 1/3 again on their upcoming combat deployment — this time to Afghanistan in support of Operation Enduring Freedom.

"I volunteered to go to Afghanistan, because taking care of these guys is what I love to do," said Gorman. "The Marines in 1/3 are amazing. I saw guys get shot in Iraq and then just laugh about it afterwards. I'm talking, these Marines are crazy brave. I saw other Marines not let anyone know of their wounds for days so that they could stay with their men. And of course, I saw some Marines die. The level of courage all these Marines possess is hard to fathom sometimes. These men in 1/3 are the bravest of our generation, and wherever they go, I'm gonna go. I'm a corpsman by trade and a Lava Dog by heart."

1/3, From A-5

Lance Cpl. Robert Holder, a 1/3 Distributed Operations Platoon squad automatic weapons gunner from Oroville, Wash., said he couldn't agree more.

"Sustainment training is probably the most important thing when it comes to training, because it would be a true waste to not build on all the great training and hard work we put in while in California," explained Holder. "I can vouch for the fact that we didn't let any of our skills get rusty. We're better prepared now than we've ever been."

"I think we worked as hard as was humanly possible during the sustainment training," added Pfc. Christopher Meyers, a 1/3 SAW gunner with Charlie Company, 1st Platoon, 3rd Squad. "Afghanistan will be my first time going to war, but you could see how serious all the guys with combat experience were taking the sustainment training, and that made all the younger Marines out of SOI (school of infantry) realize how important this was. I think we're all extremely motivated right now."

Those words, and others like it, are exactly what 1/3 sergeant major, Sgt. Maj. Michael Berg, said he was hoping to hear.

"Morale and motivation are as high as I've ever seen it right now," said the Plymouth, N.H., native. "We have used our time wisely since returning to Hawaii and have capitalized on what we learned in California and re-emphasized the things we worked on. I am very proud of the Marines. They are ready to go help the people of Afghanistan and kick some (insurgent) butt over there."

Salutes

Corporals Course

Honor Graduate

Cpl Charles W. Lawson, Marine Corps Air Facility Class commander and highest PFT score

2nd Place

Cpl Joseph E. Hallars, MCAF

3rd Place

Cpl Thomas M. Tress, Marine Heavy Helicopter Squadron 363

Gung Ho Award

Cpl Giovanni Dominguez, Headquarters Battalion

Units wanting to submit information for "Salutes" should send an e-mail to editor@hawaiimarine.com or call 257-8836.

LIFESTYLES

HAWAII MARINE B SECTION

DECEMBER 9, 2005

A wrinkle in time



This statue of Saint Michael the archangel overcoming the forces of evil, stands on display at the Honolulu Academy of Arts' recently renovated Western Gallery. Note the demon that Saint Michael is standing on.

Museum completes its two-year, \$2 million renovation with the opening of the Western Gallery

Story and Photos By
Pfc. Edward C. deBree

Combat Correspondent

Since the beginning of human existence, art has been an influential aspect of life. From the time cavemen drew on the walls of their caves to the story-telling art of ancient Egypt and Greece and the picture-perfect talent of the Renaissance artists, art has been a part of life. Today, art that is reflective of different periods in time is on display at the Honolulu Academy of Arts in downtown Honolulu.

The arts museum was renovated, at the cost of more than \$2 million with the Western Gallery being the last section of the museum to be completed.

"It's such a relief that it's finally done," said Jennifer Saville, curator of Western art at the Honolulu Academy of Arts museum. "This section of the museum was under construction for the past two years, and the closer it got to the time that we were going to hold the open house, the more intense it got — making sure that everything looked good."

Part of the renovation for the Western Gallery, said Saville, was the installation of new floors, ceilings, walls, case displays, lighting systems, climate control and security.

"It looked like a war zone two weeks ago, with all the construction," said Saville. "But it's a lot better than it used to be. Before the renovations, there was no air conditioning. It looked really old fashioned, and there was no casing for the exhibits."

"Now it has a home-like feeling to it,



This painting from the Italian Renaissance period depicts two saints of the Catholic Church.

because we made it more of a theme. Before, it was just exhibits on displays. Now we put them in order according to what time period they are from. So the paintings are now mixed among the furniture. It makes it feel a lot more comfortable."

On display in the Western Gallery are art pieces from the Renaissance, Roman, Greek and Ancient Egyptian

time periods.

The first room of the Western Gallery contains ancient Egyptian, Roman and Greek artifacts and statues. In the center of the room is a statue of the body of the Roman god, Mars.

During Roman times, warriors commissioned artists to make marble statues of Mars' body with their head in the place of the god's. Doing this showed strength, said Saville. Women did the same thing with their statues, but instead, they would place their marble heads on the body of Venus, goddess of love and beauty.

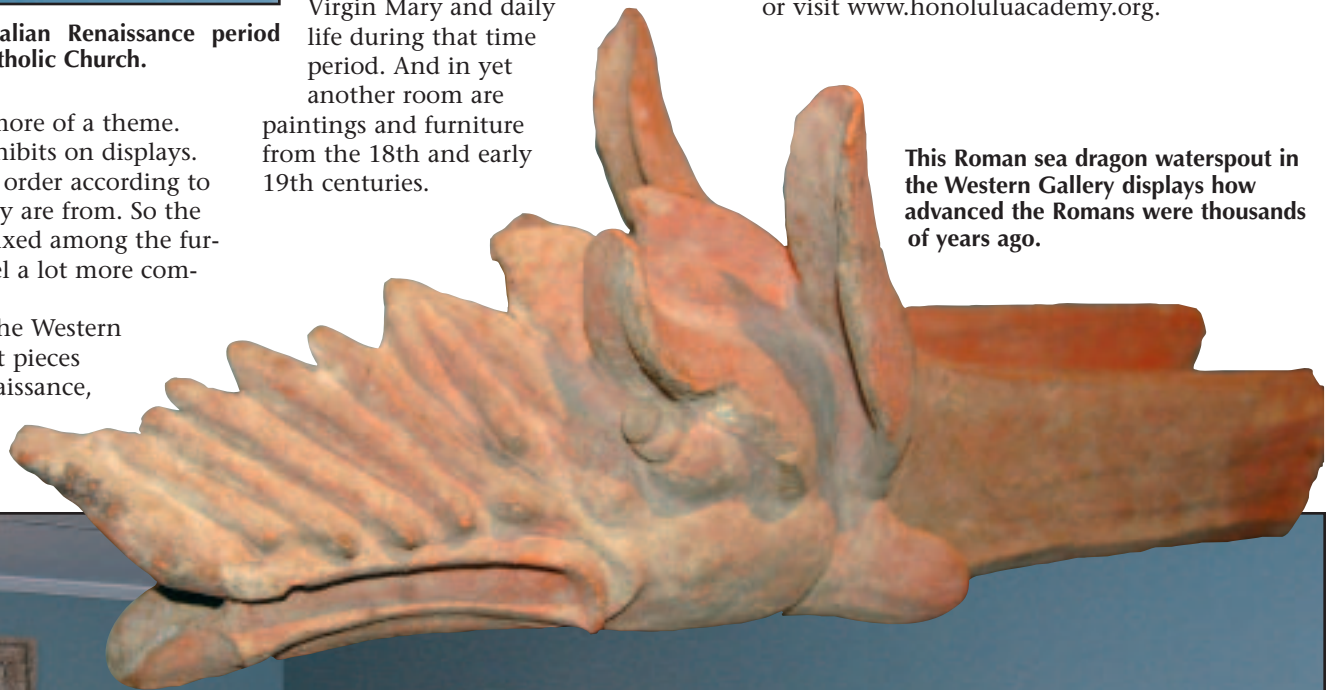
Hanging in another room of the gallery are pictures from the Italian Renaissance that depict religious art and portraits of the prominent people of different time periods. Also displayed in the same room is Italian furniture that shows off the skillful craftsmanship of the Italians.

The next room holds English Renaissance art, which consists of religious paintings of the Virgin Mary and daily life during that time period. And in yet another room are paintings and furniture from the 18th and early 19th centuries.

The museum is free to the public every third Sunday of each month from 11 a.m. to 5 p.m. Admission is also free to all military personnel, active duty and retired, every first Sunday of the month and every first Wednesday. Service members need only to show their military identification card in order to gain free admittance, said Charlie Aldinger, director of Public Relations, Honolulu Academy of Arts.

"Letting the military members in for free is the museum's way of saying 'Thank you for serving,'" said Aldinger. "We hope that more service members come and check us out."

For more information on the Honolulu Academy of Arts, call 532-8700 or visit www.honoluluacademy.org.



This Roman sea dragon waterspout in the Western Gallery displays how advanced the Romans were thousands of years ago.



The first room of the Western Gallery contains ancient Egyptian, Roman and Greek artifacts and statues. Service members are offered free entry to the museum every first Sunday and Wednesday of the month.

MCCS offers array of festivities

Yibeli Galindo-Baird

Marine Corps Community Services Marketing

Although it probably won't snow, there will still be a blizzard of exciting events, awesome activities and holiday programs this winter. Put on your gloves and get ready to handle the holiday fun with Marine Corps Community Services.

Children love Santa, but they adore Lori Zuttermeister, best known as "Auntie Lori," and her Storytime sessions at the Base Library. Join her Dec. 17 at 1 p.m. for the Crafty Christmas Program.

"First we'll share wonderful wintry stories. Then we will make a holiday ornament craft and get suggestions for holiday decorating and gift making. We will have a book display, which will include decorating tips, gift ideas, ornament ideas and cookbooks for those special holiday meals and treats. It will be fun. Join us!" said Zuttermeister.

For a creative alternative when Storytime is not in session, the K-Bay Base Library is hosting their annual Trim-A-Tree through Dec. 23. Children are invited to pick up ornament materials at the library, or make their own, and hang them on the tree at the library.

The biggest event MCCS hosts for the youth of Marine Corps Base Hawaii is Santa's Village. Swing by the Child Development Center Saturday from 9 a.m. to 1 p.m. for a special Santa sneak preview.

There will be crafts and games as part of the 12 Days of Christmas countdown, including ornament



Ed Hanlon V

Parents help their children color and make holiday decorations, during last year's Santa's Village at the Child Development Center. Activities such as these will take place again this year on Saturday, and Santa will be on site for photos and one-on-one lap time.

making, face painting and even pin-the-tail-on-the-reindeer. Early arrival may get a photo with Santa free of charge, while supplies last.

Special Needs family members who require a little extra time to adjust to the increased visual and auditory stimulation of the village's setting are welcome to enter at 8:30 a.m. for a little adaptation time.

Volunteers are still needed. To help out, or for more information about this event, call 254-7610.

Get the young ones involved in the Youth Activities Winter Youth

Program Dec. 19 through Jan. 6, 2006. From 6:30 a.m. to 5:30 p.m. Children will be immersed in activities and programs that include going on field trips, attending sports clinics, making arts and crafts.

Another event worth checking out is the Holiday Bash at Kahuna's Sports Bar & Grill.

Taking place Friday, the bash is a venue for E-1s to E-5s. The club will be decorated to the gills with seasonal ornaments, bringing the spirit of the season to the club.

For those into building, customiz-

ing, riding, or just plain appreciate the beauty of motorcycles, take special note of the "Kustom Krome at Kahuna's" event. From 8 to 10 p.m., bikers and other chrome and two-wheel enthusiasts can check out four custom bikes that will be on display at the bar. Be sure to bring your autograph books, as well-known bike builders Danny "The Count" Koker from Las Vegas' Kounts Customs and José De Miguel from Custom Cycles in Puerto Rico will be present to answer questions and sign autographs.

The publishers of the Hawaiian Chopper magazine will host this event. "This is something new that we've never done before, that we thought would attract a new crowd," Alexis Swenson, Kahuna's general manager.

This event gives service members a small, but exclusive taste of the Great Hawaiian Biker Build-Off where there will be entertainment and more bikes at Kapiolani Community College Saturday from 10 a.m. to 4 p.m.

Single Marines and Sailors, E-1 through E-5, are invited to celebrate on the eve of Christmas Eve at the Recreation Center when the Second Anniversary Party for the Rec Center will kick off at 6 p.m.

Enjoy the cake-cutting ceremony followed by some cake and punch — of course! Then, take advantage of all the amenities that this top-notch facility has offered for the last two years.

Being the season for shopping, be sure to stop by the Marine Corps Exchange and MCX Annex for all of

your holiday shopping needs. With holiday savings throughout the season, you'll be sure to find a deal.

Make a date to go to the MCX Ladies' Night on Wednesday from 6 to 10 p.m. This is a shopping evening exclusively for your secret shopping desires ... and to buy gifts for your loved ones.

Once your shopping needs are fulfilled, fill your belly with The Officers' Club's Holiday Buffet, held Fridays and Saturdays this month only, beginning at 5:30 p.m. Among the items to be savored are snow crab legs, chicken à la Chinatown and more. Of course, members will enjoy deeply discounted pricing, making it easy to invite more friends and family.

The Officers' Club will also host their annual children's favorite, Breakfast with Santa — Dec. 18 from 10 a.m. to 1 p.m. Member and non-member pricing will be charged.

If the little ones have not met old Saint Nick yet and are hoping for some one-on-one time, this is their chance for a private meeting. Not only will he meet and greet patrons, he will pose with those who want a free photograph, which will be available on a limited basis.

Don't delay, and remember to chew, chat, and then say "cheese" for the camera.

For information on New Year's Eve events, look in this section for a listing of on-base celebrations.

For details on the aforementioned events, call MCCS Marketing at 254-7679 or the facility hosting the event. Season's greetings!

Chosin Few continues to collect toys for tots

Cpl. Michelle M. Dickson

Combat Correspondent

With what had originally begun as a few Marine reservists donating toys to the needy more than 50 years ago has since developed into a program that has brightened the holiday season for more than 150 million needy children.

The U.S. Marine Corps Reserve Toys for Tots Program remains strong this Christmas holiday as toys are being collected at different events and locations on and off Marine Corps Base Hawaii, Kaneohe Bay.

Saturday evening was one of these events when members of the Chosin Few held their 11th Annual Toys for Tots Christmas party at The Officers' Club.

"The dedication of the United States Marine Corps Reserves, and the fact that they have stuck with the Toys for Tots for so many years, is great," said Robert E. Talmadge, president, The Chosin Few, Aloha Chapter. "I'm also so thankful to the corporate sponsors that help pay expenses every year to hold events like this."

The Sioux City, Iowa native attended the very first Toys for Tots event as a Marine private. The event was held in Los Angeles, Calif., in 1947, and having been there, gives Talmadge a special appreciation of the program.

"It's more than just the gifts that are donated each year," said Talmadge. "It's the time that is dedicated by families and friends. People take so much out of their schedules to deliver gifts and take part in events like this."



Brig. General Steven A. Hummer, commanding general, Marine Corps Base Hawaii, Kaneohe Bay, holds up one of the tricycles donated to the Toys for Tots program at the Chosin Few's 11th Annual Toys for Tots Christmas Party at The Officers' Club, Saturday evening.

Cpl. Michelle M. Dickson

MARINE CORPS COMMUNITY SERVICES

WWW.MCCSHAWAII.COM

Possibilities in Paradise

Kahuna's Sports Bar & Grill

254-7660/7661

Live Entertainment — Fridays just aren't Fridays without a little live music. The alternative sounds of Free Zound kicks off the weekend tonight.

Their live performance begins at 10 p.m., but be sure to arrive early to reserve a front-row seat.

Monday Night Football — Get ready to cheer on your favorite team at Kahuna's Monday Night Football.

A special menu, which will be offered on Saturday, will be available at 6 p.m. National Trivia Network QB1 will also be available for those of you who are psychic enough to call the next play.

Catch this week's game when the New Orleans Saints match might with the Atlanta Falcons.

Hot Country Nights — Real country music fans appreciate a pair of jeans, a comfortably worn-in pair of boots and a Western hat. Show off all three this Wednesday at Kahuna's Hot Country Night.

This week Dita Holifield & Red Handed make a return appearance to get you in a boot-scootin' frame of mind.

whole quarter. Ask the staff for details.

This week's game features the New Orleans Saints against the Atlanta Falcons.

NCO Appreciation Night — Let your noncommissioned officers know this Thursday that you sure wouldn't want to be without them.

NCO Appreciation Night is the ideal opportunity to bring out those special co-workers to the club from 4:30 to 6:30 p.m. for some food and refreshments. Uniform of the day is required.

All Hands

Honolulu Marathon Hospitality Tent — Gather a little energy and support before you hit the road running — literally — by visiting the Honolulu Marathon Joint Services Hospitality Tent on Sunday.

At the tent, marathon participants can find fruits and beverages to invigorate and replenish the body in preparation for or during the race.

For more information on the tent location and time, call 254-7590.

Prevention and Relationship Enhancement Program — PREP is a communication and problem-solving skills workshop for married or engaged couples where they are

taught constructive arguing, problem-solving skills, positive steps for preventing divorce, and preserving a lasting love.

The course will be held at the new Base Chapel from 9 a.m. to 4 p.m. on Saturday. Materials and lunch are provided at no charge.

If interested, contact Chaplain (Lt. Cmdr.) Nestor Nazario at 257-3552, ext. 23.

Auto Auction — A silent auction will begin Monday at the Auto Skills Center, Building 3097, Marine Corps Base Hawaii, Kaneohe Bay, for bids on the vehicles listed below.

Bids should be dropped off in the box at the Auto Skills Center. Bidding will close at the close of business Dec. 19.

Persons with the highest bids will be notified.

Year Make/Model	Min. Bid
2000 Pontiac Sunfire GT	\$2,500
Excellent condition	
2000 Chevy Malibu	\$2,000
Excellent condition	
1997 VW Jetta	\$500
Runs, needs electrical work/inter	
1997 Dodge Caravan	\$100
Bad motor, body damage	
1996 Mazda Miata	\$100
Parts only, undercarriage damaged	
1994 Ford Thunderbird	\$300
Runs, need repairs	
1994 Toyota Tercel	\$200
Runs, needs TLC	

1994 Ford Mustang	\$100
Bad motor, body damage	
1994 Ford Mustang	\$100
Parts only	
1993 Chevy Blazer	\$100
Not running, blown head gaskets, seats missing	
1992 BMW 3 series	\$100
Runs, needs electrical work/inter	
1991 Mitsubishi Eclipse	\$300
Runs well, needs TLC	
1991 Honda Accord	\$200
Runs well, needs clutch work	
1990 Cadillac Sedan	\$100
Runs, possibly needs head gaskets	
1988 BMW 750IL	\$100
Runs, needs repairs, small body damage	
1986 Ford Ranger	\$100
Not running, blown head gaskets	
For more details, call 254-7674 or e-mail carl.cabrera@usmc-mccs.org.	

PCS Move Workshop — This program, scheduled for Wednesday from 8 a.m. to 12 p.m., is designed to give single and married service members and their families information, resources, and the tools needed to plan their permanent change of station move.

Presentations will include information from Transportation Management Office, Housing, Temporary Lodging Assistance, Finance Office, Personal Financial Counselor, Exceptional Family Member Program and Tricare. The workshop also includes Relocation

and Anti-terrorism, Level 1, briefs.

Service members do not need to have orders in hand to attend, but registration is necessary. Attendance is mandatory for active duty Marine Corps personnel per Marine Corps Order 1320.11E.

For more details, call 257-7790.

From Combat to Home Life — This class was especially designed for all spouses of Marines and Sailors returning from Operation Iraqi Freedom or Operation Enduring Freedom. Although the class applies to family members of any unit or individual augments on a space available basis, families of 2nd Battalion, 3rd Regiment, are specifically asked to attend.

Information presented will focus on combat stress, return and reunion, Navy medicine, child psychology and alcohol use. The event will take place on Thursday in Building 267, Room 5, from 6 to 9 p.m. On-site child care will be provided.

For more details, call 257-7777.

Winter Adventure Registration — The Youth Activities program is currently accepting registrations for its Winter Adventure Program, which runs from Dec. 19 to Jan. 6, 2006. There will be no session on Dec. 26 and Jan. 2.

For more info on this and other programs, call 254-7610.

Staff NCO Club

254-5481

Monday Night Football — This is the place to be to get into the football state of mind.

Special menus will be available at the Rocker Room with half-price specials for members from 6 to 8:30 p.m. or at the end of the halftime.

In addition to Sticky Man races, you can compete to become the King or Queen of the Quarter for the opportunity to sit in the best seat of the house — a plush recliner — for a

MOVIE TIME

Prices: For Friday and Saturday shows at 7:15, prices are \$3 for adults, 12 and older; \$1.50 for children 6 to 11. Matinee prices are \$2 for adults, \$1 for children. Parents must purchase tickets for R-rated movies in person at the box office for children 16-years-old and younger. Prices for Sunday, Wednesday shows at 6:30 and Friday and Saturday shows at 9:45 are \$2 for adults and \$1.50 for children. Show your ID card when purchasing tickets. Entry is free for children 5 and younger.

Sneak Preview Policy: One hour and 45 minutes prior to the movie, tickets will be issued to first priority patrons waiting in line, then second and third priority patrons.

In an effort to prevent piracy, the following security measures will be enforced on base for sneak preview screenings: bag checks, confiscation of cameras or cell phones with picture taking capability (items will be returned after screening), magnetometer wand, audience scanning with night vision goggles during screening.

The Base Theater and film companies thank you in advance for your cooperation and hope you will enjoy the show. For recorded information, call the Base Theater at 254-7642.

Wallace and Gromit in
The Curse of the Were-Rabbit (G)
A History of Violence (R)
In Her Shoes (PG-13)
Domino (R)
Wallace and Gromit in
The Curse of the Were-Rabbit (G)
A History of Violence (R)
In Her Shoes (PG-13)
The Gospel (PG)
Waiting (R)

Today at 7:15 p.m.
Today at 9:45 p.m.
Saturday at 7:15 p.m.
Saturday at 9:45 p.m.
Sunday at 1 p.m.
Sunday at 7:15 p.m.
Wednesday at 6:30 p.m.
Friday at 7:15 p.m.
Friday at 9:45 p.m.

Personality Features

Chance to travel lures recruit

Pfc. Edward C. deBree
Combat Correspondent

Instead of just standing around watching Marines from Headquarters Battery, 1st Battalion, 12th Marine Regiment, set up antennas for a field-training exercise, Petty Officer 3rd Class Jan Michael V. Miramon decides to help out by pulling stakes out of the ground.

"I think it's nice to help out people," said the 21-year-old Vallejo, Calif. native. "That's why I chose this job."

Miramon is a hospital corpsman for 1/12 and has been in the Navy since August 2002.

After graduating Pinole Valley High School, Miramon began college but realized that he did not want to live the life that had surrounded him in his neighborhood.

"I joined the Navy to get away from home," he said. "I wanted to get away from the gangs and dead-end jobs that surrounded me."

After talking with the recruiter, there was no doubt in his mind which job he wanted to do. Miramon chose to be a hospital corpsman because of his love for the medical field.

"When I was going to college, I was taking the pre-elective classes for nursing, because I like to help people," he said. "I plan on continuing college while I'm in the Navy and as of right now, I plan on staying in the Navy as a career."

Miramon said another factor that helped him decide to join was the many travel opportunities in the Navy. So far, he has only been on a deployment to Thailand with an artillery battery, but he hopes that more opportunities to travel will come soon.

"When I was in Thailand I was basically on standby for artillery," said Miramon. "I put a lot of my money into the Thai community when I was over there. But I want to travel a lot, and it was exciting for me when I got my orders to come to Marine Corps Base Hawaii, Kaneohe Bay."

Miramon reported to this base approximately six months ago. Since



Pfc. Edward C. deBree

Petty Officer 3rd Class Jan Michael Miramon is a hospital corpsman for 1st Battalion, 12th Marine Regiment, on Marine Corps Base Hawaii, Kaneohe Bay. When he is not at work, Miramon enjoys surfing, swimming, riding ATVs and clubbing around the island.

then he has picked up surfing, swimming and riding all-terrain vehicles as hobbies during his time off. He also enjoys going to the clubs around the island.

"I love the atmosphere here when I go out," he said. "This place is a very beautiful place. I have been here before when I was like 10 years old, but I was too young to remember anything. Now that I'm older, I enjoy the things there are to do here a lot more. I didn't get to do any of those things when I was younger, and since I am stationed here I decided to take advantage of them."

This is Miramon's second duty station since joining the Navy. He was previously stationed at Bethesda Naval Hospital before coming to Hawaii.

"There's not really that much to complain about here," he said. "I mean it's Hawaii. There are many things that people can do out there on the island. And another plus to being stationed here is that it's really beautiful here. How can anyone complain?"

Possibilities spur clerk to strive for even more

Lance Cpl. Roger L. Nelson
Combat Correspondent

There are some people in the world who always go the distance and strive to do more with their lives than the average Joe.

Lance Cpl. Sean M. Denson, base adjutant clerk, Headquarters Battalion, Marine Corps Base Hawaii, Kaneohe Bay, decided to leave the civilian world and take the biggest step of his life and join the United States Marine Corps.

"I played football and soccer all through high school, and my football team made it to the State Championship my senior year," said the South Terrebonne High School graduate. "I lived with my two brothers and my parents. Our family was really close."

The young Marine said he was thankful that his two brothers were around when he grew up, because they all helped make each other strong by brotherly bouts and sharing lessons learned.

Denson described his father as the type of man who wanted the best for his children and, at the same time, expected them to learn responsibility.

"My parents were always there for me but made me work for pretty much anything and everything I had," said Denson. "The first car I actually ever had, I had to buy from my father. I guess he didn't want me to take things for granted."

"I wouldn't have changed a thing about my family or how I was raised."

Denson started college one year after he graduated high school and worked as a radiation technician on an offshore oil rig.

"I tried the whole college thing right after high school and wasn't very successful, so I knew something had to change," said the Houma, La. native. "I had thought about joining the Marines ever since I graduated high school in 2002 but thought I would give college a try. Then college didn't work out, so I decided the Marine Corps was a better choice. None of the other branches were appealing to me, and the Marine Corps seemed like it would offer me more of a challenge."

Denson left for Marine Corps Recruit Depot, Parris Island, S.C., Sept. 14, 2003, where he was assigned to Lima Company, 3rd Battalion, as a legal administrator. When he arrived at Camp Johnson, N.C., his military occupational specialty was changed to personnel administration.

"The legal administrator job seemed to be for me, because I was interested in studying law," said the 21-year-old. "But I was just happy to be a Marine, so I didn't mind them changing my job."

After MOS school, Denson received orders to Marine Corps Base Hawaii, Kaneohe Bay, and reported here on April 8, 2004.

"When I realized I was going to Hawaii, I looked at my situation like I was in the best station in the world and wouldn't ask to be anywhere else," said Denson. "I haven't gone home at all since I arrived on island, which was almost two years ago."

Denson said his duties in the Marine Corps consist of coordinating and processing awards given to those aboard K-Bay, processing administrative paperwork for funerals for the base and responding to the Freedom of Information Act requests that his office receives.

"When I first joined, my education was my top priority, but once I hit the fleet, so many more opportunities opened up for me," said Denson. "I mean, I am currently going to college at Hawaii Pacific University and I'm four classes away from getting an associate's degree in Justice Administration, so my education is still a big deal to me."

In October, Denson went to Marine Corps Recruit Depot, San Diego, Calif., to play in the West Coast Regionals on K-Bay's soccer team. He ended up scoring several goals for the team.

"I think this was probably the highlight of my Marine Corps career so far," said Denson. "It was hilarious, because when we arrived in the middle of the night in civilian clothes, a drill instructor jumped on the bus and thought we were recruits, and we all laughed ... that was cool."

Denson said now that he has been in the Marine

See DENSON, B-6



Photo Courtesy of Lance Cpl. Sean M. Denson

Lance Cpl. Sean M. Denson strikes a pose before leaving for the 2005 Headquarters Battalion Marine Corps Birthday Ball. Denson has been in the Marine Corps for almost two years and said he hopes to put in an officer's package soon.

MOVIE REVIEWS

Editor's Note: In response to readers' requests, we present "Movie Reviews."

This week, sitting in for Cpl. Megan L. Stiner,

who is on leave, is acting Press Chief Cpl. Michelle M. Dickson, along with Lance Cpl. Roger L. Nelson.

NOW PLAYING

Ice Harvest



Thieves steal approval of audiences

Holiday flick is R-rated, good

Lance Cpl. Roger L. Nelson

Combat Correspondent

It seems every year that more and more Christmas movies are becoming increasingly anti-Christmas, showing things that really have no relevance to Christmas but still use the plot and scheme of Christmas time. It seems like this is becoming a holiday tradition, with more and more negative or R-rated Christmas movies being produced every year. Take "Bad Santa." Could a movie get any more vulgar? It is a hilarious movie, but why does it have to be considered a Christmas or holiday movie?

Director Harold Ramis, who also directed "Bedazzled" and "Analyze This," has directed some pretty poor movies in the past, but he keeps this one at a good pace.

In this movie, nervous wreck Charlie Arglist, played by John Cusack, a mob lawyer in Wichita, Kan., is afraid he's going to be murdered every time he turns a corner, having stolen \$2 million and some change from his gangster boss. All the while, his partner in crime Vic Cavanaugh, played by Billy Bob Thornton, assures Arglist that all they have to do is lay low for the evening and leave town with their hard-earned stolen money in the morning, because they are snowed in for the night.

The snowstorm leaves a thick layer of snow and ice on the ground that all of the characters in the movie seem to have problems on, because they all are sliding and slipping all over the place.

The audience then follows the scared Arglist around town and to a strip club where he meets the object of desire, smoky-voiced Renata, played by Connie Nielsen. From there, he travels to a watering hole where he encounters fellow attorney Pete Van Heuten, played by Oliver Platt. Pete greets Charlie like they're best friends from high school and haven't seen each other in year.

This is where my type of comedy comes into play with vulgar behavior and a decent amount of bloodshed, not to mention about a million snowballs thrown about.

Other than the fact that this is considered a "holiday movie," I think it was a pretty clever flick that pursues humor in a different way. The way it tries to create humor through lust, alcohol, and gruesome, yet complicated, ways of murder seemed to work for the movie and gave it an edge that a lot of action/comedy movies don't have.

Although I would like to see some Christmas movies that people younger than 17 can watch, this is a good holiday movie that I would totally recommend to adults.

So get your friends who are of age and have heard all of the potty-mouth words before, and go out and see this comical flick. Just make sure you leave the children at

home with "How the Grinch Stole Christmas" or the classic Christmas movie that was made with clay figures of Rudolph, even though we all know as soon as you walk out the door to the movies they'll put it on a late-night HBO channel and keep "Frosty" on the "last channel" button on the remote, just in case you arrive home early.



Dark comedy captures essence of season

Cpl. Michelle M. Dickson

Press Chief

With the holidays at hand and movie posters such as "King Kong," "The Lion, the Witch and the

Wardrobe," and "Harry Potter," decking the halls of movie theaters for the viewing pleasure of children, it sometimes leaves little available for the adult audience who look for something a little darker in a film, while still capturing the essence of the season, with a few laughs included.

This year, director Harold Ramis, who also directed "Analyze This," and

"Groundhog Day," created a film that combines both wickedness and humor to create good holiday entertainment for adults to enjoy.

In this film, Charlie Arglist, played by John Cusack, is a mob lawyer in Wichita, Kan., who comes up with a plan with his partner in crime, Vic Cavanaugh, played by Billy Bob Thornton, to steal \$2.2 million on Christmas Eve from their boss Bill Guerrard, played by Randy Quaid.

The plan is simple. They agree to meet up a few hours after the deed is done, split the money, and take off to enjoy the rest of their lives. Seems simple enough right?

Well, it wouldn't be a movie if nothing went wrong, so there's a whole slew of events that unfold, starting with the two thieves being snowed in the

See ICE, B-6



Santa's run

Santa waves to a passing motorcyclist during his annual appearance at the Street Bikers United's Toy Run Sunday. Santa, really Sonny C. Awai Jr. in disguise, works as telephone control officer at Base Telephone aboard Marine Corps Base Hawaii, Kaneohe Bay. Awai has been participating in the SBU Toy Runs as Santa for more than 15 years. His ride consists of a 1930s BMW motorcycle, sidecar and a sleigh he designed and built. An estimated 4,000-plus toy-bearing motorcyclists gathered for the 2005 Street Bikers United Toy Run at Magic Island at Ala Moana Beach Park in Honolulu. The procession, made up of mini choppers, sport bikes, cruisers, choppers, and even a few mo-peds, made its way from Ala Moana Beach Park, through Waikiki and onward to Kapiolani Community College where Marines awaited to collect toys brought by the two-wheeling community.

Photo Courtesy of Dana Aton

Mo-ped riders need to wear safety gear

Cpl. Michelle M. Dickson
Combat Correspondent

Although there are a vast variety of off-base activities available to participate in while stationed aboard Marine Corps Base Hawaii, Kaneohe Bay, not all may be completely safe. Service members are reminded to take all safety precautions, at all times, no matter how safe the activity may appear to be.

When in doubt about the proper safety procedures, refer to Marine Corps and local base orders that dictate what procedures must be followed when engaging in an activity that may be potentially unsafe.

When out in town, service members can rent mo-peds and motorcycles to drive around town. However, wearing safety gear is not only safe; it's a base order.

MCB Hawaii Motorcycle Regulations, Base Order 5100.22, dated Sept. 16, 2002, states that it is mandatory for DoD personnel who are operating or riding as a passenger on a motorcycle, on or off Marine Corps Base Hawaii, in uniform or in civilian clothes, to wear a properly fastened

(under the chin) protective helmet; impact, shatter-resistant goggles or a full-face shield attached to the helmet; sturdy footwear that cover the ankles; long-sleeved shirt or jacket; full-length trousers; and full-fingered leather gloves that are designed for use while riding a motorcycle.

According to Enclosure (1) of this order, these safety regulations also pertain to motor scooters and mo-peds. Therefore, if DoD personnel are riding any of these motor vehicles, they need to familiarize themselves with the base order.

These regulations are not to discourage anyone from riding motorcycles, motor scooters or mo-peds, they are designed to keep riders safe so that they can enjoy their recreational time off.

ON THE MENU AT ANDERSON HALL

Today

Lunch
Beef Ball Stroganoff
Baked Fish Filets
Macaroni and Cheese
Garlic Potato Wedges
Mixed Vegetables
Lyonnaise Carrots
Raisin Drop Cookies
Fruit Pies

Dinner

Tacos
Chicken Enchiladas
Chili Conquistador
Burritos
Refried Beans
Mexican Rice
Mexican Corn
Green Beans Creole
Raisin Drop Cookies
Fruit Pies

Saturday

Dinner
Roast Turkey
Chicken Cordon Bleu
Mashed Potatoes
Egg Noodles

Simmered Broccoli
Simmered Succotash
Spice Cake
Sugar Cookies
Fruit Pies

Sunday

Dinner
Swiss Steak
Glazed Rock
Cornish Hens
Rice Pilaf
Corn Bread Dressing
Mashed Potatoes
Southern Style
Green Beans
Simmered Corn
Fruit Pies
Yellow Cake

Monday

Lunch
Beef Stew
Baked Fish Fillets
Baked Macaroni and
Cheese
Steamed Rice
French Fried Okra

Buttered Corn
Oatmeal Cookies
Fruit Pies

Dinner

Italian Veal Steaks
Braised Pork Chops
O'Brien Potatoes
Peas w/Onions
Steamed Rice
Mixed Vegetables
Oatmeal Cookies
Fruit Pies

Tuesday

Lunch
Chicken Parmesan
Cajun Fish Fillet
Steamed Rice
Boiled Egg Noodles
Simmered Corn
Simmered Asparagus
Oatmeal Raisin
Cookies
Fruit Pies

Dinner

Southern Fried
Chicken

Beef Ball Stroganoff
Parsley Buttered
Potatoes
Boiled Egg Noodles
Simmered Pinto Beans
Club Spinach
Oatmeal Raisin
Cookies
Fruit Pies

Wednesday

Lunch
Chili Macaroni
Roast Turkey
Grilled Cheese
Sandwich
Mashed Potatoes
Glazed Carrots
Simmered Succotash
Brownies
Fruit Pies

Dinner

Meat Loaf
Pork Ham Roast
Mashed Potatoes
Tossed Green Rice
Cauliflower Combo
Broccoli w/Cheese

Brownies
Fruit Pies

Thursday

Lunch
Salisbury Steak
Barbecued Chicken
Rice Pilaf
Oven Browned
Potatoes
Corn on the Cob
Simmered Peas and
Carrots
White Cake
Apple Cobbler
Fruit Pies

Dinner

Beef Yakisoba
Orange Chicken
Fried Rice
Steamed Rice
Simmered Broccoli
Fried Cabbage
w/Bacon
White Cake
Apple Cobbler
Fruit Pies

DENSON, From B-3

Corps for awhile, he enjoys being a role model to younger Marines and telling them about the ups and downs that he has already experienced.

"I just want them to know that I've made a difference and lead the younger Marines in the right direction," said the HPU student.

"I enjoy doing anything challenging that will give me an adrenaline rush, really. I guess that's one reason why I joined the Marines. Like in my free time, I love to go surfing, spear fishing, cliff diving, and just hanging out with my friends, but water sports are definitely my favorite thing to do."

Denson said he isn't sure what the future holds for him, but he plans to continue his college education and eventually get an associate's degree.

"I'm thinking about putting in an officer's package and also thought about doing Marine Security Guard duty, because I'd like to tour the rest of the world," said the motivated Marine.

"Who knows? I just think anything is possible, if you're dedicated to the mission."

ICE, From B-4

evening they are supposed to hit the road.

Then, let's not forget that the mobster boss they just robbed is hunting them down, so Charlie begins to panic — not knowing who he can really trust.

One thing he does know is that he has fallen for the beautiful Renata, played by Connie Nielsen, manager of the Sweet Cage strip club, but he can't exactly reveal to her the predicament he's in.

She, in turn, has her own complications as she must provide incriminating pictures of councilmen in "compromising" positions to a senator, so she can save the club and her job. I'll say no more about that.

Although Cusack played a decidedly shady man, it's hard not to like his character since Cusack, in a number of previous films, portrays innocent protagonists. Thornton is charming, yet it's difficult to trust his character.

As the 88-minute flick comes to an end, I thought I had spent my \$6.25 well. The movie provided excitement, bloodshed, but still had a dark comedic value to it.

I recommend this film to those who want something different this year and don't very much feel like searching for a "Goblet of Fire" ... or doing whatever it is that Harry Potter does. Leave that for the children to watch.

=WORD TO PASS=

CI/HUMINT Looking for Marines

The Marine Corps needs intelligent, motivated, multi-talented and ambitious corporals, sergeants, and staff sergeants for lateral move into the Counterintelligence/Human Intelligence Specialist MOS (0211).

For information call CI/HUMINT Branch, G2, U.S. Marine Corps Forces Pacific at 477-8956.

Volunteers Needed for Marathon Aid Station

Compadres Bar & Grill in Ward Centre is sponsoring its annual aid station to give out refreshments to runners in the Honolulu Marathon on Sunday, and the call has gone out for community volunteers to participate.

The water station is on Ala Moana Boulevard, fronting the Ilikai Hotel, and requires hundreds of volunteers to assist with set up, cleanup and distribution of water to the marathon participants.

Volunteers are asked to assemble at 2:30 a.m. After handing out water and seeing the front-runners go by, volunteers will be invited back to Compadres in Ward Centre for a fiesta breakfast and celebration with restaurant owner Rick Enos in attendance.

For more information, or to sign up, call Compadres at 591-8307.

Academy Presents a Childrens' Christmas Celebration

Ho, ho, ho! Christmas at the Academy means holiday entertainment and a visit with Santa Claus.

On Dec. 18, enjoy live performances that include young talented dancers from The Movement Center and Suzuki Method Violin students. Children can enjoy Parasol Puppets' presentation of The Animals' Christmas. The Oahu Civic Orchestra will also return to the Academy for a Christmas concert. In addition, children can craft a jingle bell necklace or Christmas decoration for their home.

Take a break from the mall and share the holiday spirit with art lovers of all ages. Mark your calendar for other upcoming Bank of Hawaii Sundays, happening every third Sunday of the month, when admission is free and includes entrance to the museum, a gallery hunt related to the theme, live entertainment, a children's art activity, and light refreshments.

Toys for Tots Collection Sites in Place

This year, in addition to striving to reach millions of needy children nationwide, Marines will strive to bring the joy of Christmas to the thousands of children whose families lost everything due to the hurricanes this year.

Toys for Tots collection barrels are situated at various sites throughout Oahu. Those who wish to donate can place new, unwrapped toys in these barrels.

These toys will be collected, examined, sorted and sent to the appropriate agencies — including local government agencies and charitable groups — that distribute the toys to disadvantaged children.

New, unwrapped toys can be dropped off at: AIG Hawaii offices, Army Hawaii Family Housing, Bank of Hawaii, Elements Spa & Salon, Hawaii Telcom, Hickam Community Housing offices, JN Chevrolet/Mazda, KB Toys, KMart, Longs Drugs, MCB Hawaii Self-Help, Marine Corps Exchange Annex, Navy Federal Credit Union, Price Busters, Subway shops, Toys R Us, UPS stores and the Windward Community Federal Credit Union.

Abby offers advice to cope with holidays

Abigail Van Buren

LIFELines Staff

While the holidays can be filled with parties, presents and all-around good cheer, they can also be very stressful. Those who are widowed, divorced or otherwise unattached can experience loneliness. Financial problems, unmet expectations, disruptive family members, winter-time (and no sun) and illness can also produce the “holiday blues.”

“I get many letters from people who are dreading the holidays, and I want to offer some help during this difficult time,” said America’s foremost advice columnist, Dear Abby (Abigail Van Buren).

According to an article from the Queens Tribune last year, approximately 17.6 million Americans are afflicted with holiday depression each year. And while not everyone suffers from this affliction, 34 percent of men report getting “the blues,” and 44 percent of women experience it too, according to a study from Pacific Health Laboratories. There are also those who may not suffer from depression during the holidays but are afflicted with sadness after the celebrations are over, and they may need help as well.

Fortunately, Dear Abby has several suggestions on how to cope with the holidays, before, during and after:

Practice moderation in all things — that includes eating, drinking and spending.

Lower your expectations. Everyone else is not part of a warm and functional family, a happy marriage or partying up a storm. Lose the fantasy and you’ll feel better.

If you’re bored and lonely, volunteer some time at a rest home or shelter.

If your “blues” last longer than two weeks, discuss it with your physician. You may be clinically depressed and need medication to snap out of it.

Dear Abby is the most widely syndicated columnist in the world, reaching more than 110 million people daily.

Abby is also recognized for launching OperationDearAbby.net, in partnership with the U.S. Navy, to send messages of support to American troops in all branches of the military, worldwide, via the Internet. Since launching the program in December 2001, Americans have sent almost 30 million messages, which have been delivered to the servicemen and women stationed in the Middle East and around the world.

Hawaii MARINE SPORTS

HAWAII MARINE C SECTION

DECEMBER 9, 2005



Lance Cpl. Ryan Trevino

Warriors' quarterback Brock Goss gives a defender a stiff arm on his way to a first down early in the Intramural Football championship game, Nov. 30 at Pop Warner Field aboard Marine Corps Base Hawaii, Kaneohe Bay. The Warriors shutout the Outlaws, 12-0.

Warriors defeat Outlaws, 12-0, take home first-place trophies

Lance Cpl. Ryan Trevino
Sports Editor

their record changing after this game.

"This was our goal that we set for ourselves at the beginning of the season," said Warriors Defensive Coach Kenneth Etheridge. "I'm not surprised we're here."

"This is all we played for," stated Warrior Head Coach Avis Tolliver.

The Warriors wanted to take full advantage of the rain-soaked field and slippery ball early in the game with an onside kick attempt, hoping they could recover the ball and strike first with their explosive offense, led by quarterback Brock Goss. However, their attempt failed and the Outlaws started off with good field position at the 50-yard line.

The Outlaws offense decided to take to the air early with quarterback Antonio "L. Boogie" Lunsford calling the shots. Lunsford's first pass was completed to half back Carlos Porter for a quick first down. Lunsford second pass wouldn't find its mark and was picked off by Warrior's cornerback, Shama Hernandez.

The Warriors took possession of the ball on their own 20 yard, and went with a different plan of attack than their opponents — the run.

The undefeated Headquarters Battalion Warriors defeated the Combat Service Support Group 3 Outlaws, 12-0, Nov. 30, in the championship game of the Intramural Football League at Pop Warner Field aboard Marine Corps Base Hawaii, Kaneohe Bay. This game was originally supposed to determine who would face the winner of the Camp Smith, 3rd Marine Regiment, Headquarters Company semi-finals game but was chosen to be the final game after Camp Smith and the Dirty Third were disqualified from the playoffs.

Fans filled the stands, even with the steady downpour that soaked their clothes, to support their teams. Both coaches were pumped for a chance to take home the first-place trophy and to call themselves the best in the league.

"We're ready to go," said Outlaws Coach Wayne Murray. "We're the underdogs, so all we can do is come out here and have some fun."

The Warriors' coaches knew they had the advantage and weren't at all surprised they made it this far. They were undefeated during the regular season and didn't see

See CHAMPIONS, C-7



Lance Cpl. Ryan Trevino

Warriors' receiver Gearold Provence catches a pass in the end zone to score the first touchdown of the game in the fourth quarter. This was the only offensive touchdown for both teams during the game.



Lance Cpl. Ryan Trevino

Ryann "Sparkles" Sartor, Roadkill, nails a pitch. Sartor had three hits for four RBIs during Wednesday's playoff game against the Steel Reign.

Roadkill flattens Reign

Lance Cpl. Ryan Trevino
Sports Editor

Combat Service Support Group 3, Maintenance Company's Roadkill stomped the 1st Battalion, 12th Marines' Steel Reign, 17-2, Wednesday in Winter Intramural Softball playoff action at Annex Field aboard Marine Corps Base Hawaii, Kaneohe Bay. This first-round playoff game was to determine who would play Patrol Squadron 9 in the second-round game the next day.

Players from both teams knew the importance of this game.

"It's a win or go home situation," said Kevin Enlow, Steel Reign pitcher, speaking of the single-elimination format of the playoffs.

In the top of the first inning, the Roadkill had already started to take control of the game. Ryann "Sparkles" Sartor smacked a double to center off of pitcher Kevin Enlow to get things started.

Curtis Ralyea drove Sartor home with a line drive past the shortstop to take the lead early for the Roadkill, 1-0.

The Reign tried to answer in the bottom of the first with a string of singles; however, none of the base runners would cross the plate. The score remained 1-0, going into the top of the second.

Roadkill coach Franky Ortega came out swinging, on his second up to bat and ripped a deep fly ball over right fielder Wesley Ferguson's head for a triple. Jake Brivette brought Ortega home off a sacrifice fly to center, which strengthened the Roadkill's lead, 3-0.

The Steel Reign finally got on the board when Ferguson slapped the ball to center for a double, which scored one run. The score was 3-1, Roadkill, up in the bottom of the second.

Roadkill felt the Reign nipping at their heels and turned it up a notch. Adam Romnek nailed a shot up the middle

for a single and put a runner in scoring position on third base. Adam Miklos brought a run across the plate when he hit a ball through the shortstop's fingertips. A couple more runs were scored for the Roadkill before the side was retired. The Roadkill lead the ball game, 5-1.

Roadkill second baseman Danielle Hoffmeister robbed the Steel Reign of scoring hopes in the bottom of the third when she snagged a hard hit line drive to end the inning with runners in scoring position.

Sartor added another RBI to his total when he crushed a ball for single. This made the score 6-1 with the Roadkill still setting the pace for the game.

Roadkill continued to crush every pitch Enlow threw to them in the top of the fifth. Dwayne Hightower doubled off a blooper to shallow field. Sartor kept them the runs

See ROADKILL, C-6



Pool offers active party option

Tent, grill and tables included in package

Edward Hanlon V

Marine Corps Community Services Marketing

If you're looking to throw a memorable birthday party, graduation party, or a party for a special occasion, according to Harry Sprague IV, Marine Corps Community Services aquatics manager, MCCS has just the solution.

With that invitation, keep in mind that one of

the high points about K-Bay is that you can swim year-round. What's even better, you can throw an MCCS Aquatics Pool Party year-round.

MCCS Aquatics hosts private pool parties at the Kaneohe Bay Main Pool, the Camp Smith Pool and the Manana Housing Pool, Tuesdays through Fridays and on weekends and holidays.

"We've accommodated everything from youth teams ceremonies to fun family get-together," added Sprague.

Each party package includes a 20 foot by 20 foot tented area, picnic tables, and a barbecue grill.

The Kaneohe Base Pool offers a water slide, diving boards, and a children's pool for a peewee

party.

"The pricing is very affordable, and the locations are all convenient," furthered Sprague, "Give us a call or stop by any of the pools."

Costs for the parties vary by duration and amount of people attending. During daytime hours, costs are \$25 for four hours for up to 50 people, or \$50 for four hours for up to 100 people. During evening hours, 6 to 10 p.m., the cost is \$35 per hour with a minimum of two hours for up to 50 people. There is an additional fee of \$10 if your party goes beyond 10 p.m., Tuesday through Sunday.

To set up a date for your pool party, call MCCS Aquatics at 254-7655.

BASE SPORTS

Dec. 11

Military Pricing for Honolulu Marathon — All active duty service members who are interested in participating in the Honolulu Marathon, Dec. 11, take note: If you enter by Dec. 10, entry fee is \$15. Entry forms are available from at the Kaneohe Bay Semper Fit Center or at the MCCS Athletics Office, Building 219.

Need transportation? Not a problem. MCCS will provide free bus transportation the day of the event, leaving the Semper Fit Center at 3:45 a.m. and returning to Kaneohe Bay at 3 p.m. There will be a joint-service hospitality tent with MCCS on site at the event to give away fruit, water, soda and Gatorade.

For more information, call Stacy Barkdull, MCCS Athletic Sports coordinator, at 254-7590.

Ongoing

Youth Basketball Now Registering for 2006 League — Register youths 6 through 17 for MCCS' Youth Basketball, coming in February 2006. Since practice begins in January 2006, YA is now accepting registrations.

The cost is \$50 for YA members and \$60 for nonmembers. The league is open to all authorized patrons, including active duty and DoD civilian family members (a photocopy of a military identification card is required at registration).

Volunteer coaches are needed for this league, so if your child is participating, join in on the fun. Or, if you've been looking for that perfect volunteer opportunity, here's your chance.

To register, or for more information, call 254-7611.

Semper Fit Seeks Applications for Armed Forces Bowling — The Armed Forces Bowling Championships will be held Jan. 6, through Jan. 14, 2006, in Reno, Nev., so get your game face on and get ready to hit the lanes.

Service members interested can submit applications to the Semper Fit office located in Building 219, by Dec. 15. Applications must contain written proof of your current bowling average, which, for men, must be at least 215 and at least 160 for women.

Applications are available online at www.usmc-mccs.org/sports or at the Semper Fit office. Think you can cut it?

For more information, call Stacy Barkdull at 254-7590.

Semper Fit Seeks Applications for All-Marine Boxing Trials — All-Marine Boxing trials will be held at Camp Lejeune, Jacksonville, N.C., Jan. 7, to Feb. 5, 2006. The Armed Forces Boxing Championship will be held Feb. 6, to Feb. 11, at Naval Base Ventura, Calif.

Marines who are interested in competing need to submit an application no later than Dec. 10 at their local Semper Fit office. Applications are available online at www.usmc-mccs.org/sports and must include information on past boxing experience, numbers of bouts, and the results from the past two years.

For more information, call Stacy Barkdull at 254-7590.

Semper Fit Seeks Applications for All-Marine Wrestling Trials — The All-Marine Wrestling trials will be held Feb. 1 through March 16, 2006, at Marine Corps Base, Quantico, Va. The championship will be held March 16 through March 19 at Camp Lejeune, Jacksonville, N.C.

Marines interested in competing must submit applications by Jan. 13. Applications must contain information on past wrestling experience, weight class, numbers of matches, and results from the past two years of competition.

Applications are available online at www.usmc-mccs.org/sports or at the local Semper Fit office. Marines must send their applications through the Semper Fit Athletics office.

For more information, call Stacy Barkdull at 254-7590.

Semper Fit Center Offers it All — The Semper Fit Center has an aerobics class for anyone and everyone who is trying to meet that New Year's resolution.

Check out as many of the following programs as you would like; yoga, cycling, tai chi, cardio kick, gut cut, step challenge, water aerobics, pilates, marathon training, and much, much more.

For more information, call the Semper Fit Center at 254-7597.

Okinawa Kenpo Karate — Every Tuesday and Thursday, join MCCS Youth Activities' contractor for

Kenpo Karate Kobudo classes, held from 6 to 7:30 p.m. in Building 1391, located Family Housing Office.

Adults and children are welcome. Costs for classes are \$35 for adults, \$25 for children, and \$20 for additional family members. For information, call MCCS Youth Activities at 254-7610.

Massage Therapy — Massage therapy, by certified massage therapists, is available at Kaneohe Bay and Camp Smith.

Massage therapy will help relieve your mental and physical fatigue and improve overall circulation and body tone. Choose from Shiatsu, Swedish, Lomi, deep-tissue and even hot-rock therapy.

For appointments, call the K-Bay Semper Fit Center at 254-7597 or Camp Smith at 477-5197 during regular business hours, Monday through Friday.

Paintball Hawaii — Nestled behind the Lemon Lot, stands Paintball Hawaii. Shoot over for the great deals and have a blast with your friends.

Cost is \$25 per person and includes one air refill, equipment and the field fee. The field is open on weekends from 9 a.m. to 5 p.m.

Call 265-4283, for Friday appointments.

WEEK 13 NFL PICKS WINNER



Sgt. Marty Mooney

G-3, Headquarters Battalion

"It's too easy to win on the base."

Monday night total score: **38**

"My picks for week 14 are ..."

Chicago @ Pittsburgh

Cleveland @ **Cincinnati**

Houston @ **Tennessee**

Indianapolis @ Jacksonville

New England @ Buffalo

Oakland @ N.Y. Jets

St. Louis @ **Minnesota**

Tampa Bay @ **Carolina**

N.Y. Giants @ Philadelphia

San Francisco @ **Seattle**

Washington @ Arizona

Baltimore @ **Denver**

Kansas City @ Dallas

Miami @ **San Diego**

Detroit @ **Green Bay**

New Orleans @ **Atlanta**

COMMUNITY SPORTS

HTMC Plans Weekend Hikes

Join the Hawaiian Trail and Mountain Club on hikes Saturday and Dec. 18.

Saturday, adventure-seekers can tackle a four-mile novice hike along Kaena Point. Although, kaena means oven, at this time of year Kaena Point can be a very mellow, windy, wild coastline hike that takes you past the famed jumping-off rock of the spirits into the netherworld, finishing at the northernmost point with a lone automated lighted beacon beneath Peacock Flats.

For more information, contact coordinator Phil Booth at 488-1161.

The Dec. 18 jaunt will take hikers on a six-mile intermediate journey through Waimalu Valley. The trail winds along an abandoned water ditch to Waimalu Stream. Hikers can check out the numerous swimming holes or explore upstream.

For more information, contact coordinator Stuart Ball at 247-5380.

Adventure seekers should meet at 8 a.m. on the mountain side of Iolnai Palace.

A \$2 donation is requested for each non-member 18 or older. A responsible adult must accompany children younger than 18. Bring lunch and water on all hikes and wear sturdy shoes and appropriate clothing. Firearms, pets and radios, or other audio devices, are prohibited on hikes.

For more information, check out the HTMC Web site at www.geocities.com/Yosemite/Trails/3660

State Offers Outdoor Education

The Hawaii Department of Land and Natural Resources is offering education classes to the public. Subjects covered include firearms and archery safety; survival and first aid; wildlife identification; and conservation, regu-

lations, game care and outdoor responsibility.

Attendance at two sessions is required for certification. Classes are open to anyone 10 and older who enjoy the outdoors. The sessions are ideal for hunters, campers, hikers, and other outdoor enthusiasts.

The next two-day session is Friday from 5:45 to 10 p.m. and Dec. 17 from 7:45 a.m. to 4 p.m. in Classroom A-212A at the Nimitz Business Center, 1130 North Nimitz Highway. Drive up the ramp to the classroom, which is the first room on the right. A picture ID is required for entry to the sessions.

For more information about outdoor education, or to sign up for this course, call 587-0200 or visit www.hawaii.gov/dlnr/welcome.html.

Half Marathon Runs on Maui

The 2nd Maui Surf and Sand Half Marathon will take place on the Valley Isle, Jan. 15, 2006.

The 13-mile course runs from Kapalua to Lahaina along the coast on Honoapiilani Highway.

Cost for the race is \$60 and includes a T-shirt and finisher's medal. First-, second- and third-place finishers will receive \$500, \$250 and \$100, respectively.

Athletes wishing to participate can register by printing a form from www.mauiSURFSandHalf.com/indexMain.html or by visiting www.active.com.

Run to the Sun Heads up Haleakala

Run to the Sun is a 36-mile ultra marathon starting at sea level and climbing to the 10,023-foot summit of Haleakala, legendary "Home of the Sun," and will take place March 25, 2006. This challenging course is not for the novice marathoner. Entrants must be 18 or older and rigorously prepared to meet the challenge of the strict 10-

hour time limit.

Detailed course and event information will be sent to each entrant upon receipt of application form and fee. Relay teams of three persons may also enter Run to the Sun. There will be no race-day registration.

Entry fee is \$95 for individuals and \$150 for relay teams if registered by March 17, 2006.

Runners wanting to participate can enter by mailing in a form available at www.virr.com/run_2_sun.html or by registering online at www.actice.com.

Bellows Offers Adventure Programs

Whether you are spending a few weeks or just visiting for the day, check out any of the following weekly Bellows Outdoor Adventures programs on their Web site: www.bellowsafs.com.

For information, call the Turtle Cove office at 259-4112 from 8 a.m. to 8 p.m.

•**Saturdays at 8 a.m., Morning Paddle:** Take the guided kayak tour to the Mokulua Islands, which offers the opportunity to see birds up close in their natural habitat. Cost is \$14. Advanced skill level is required.

•**Sundays at 8:30 a.m., History Tours by Bike:** Ride mountain bikes for an extensive seven-mile, three-hour, guided tour of Bellows Air Force Station. Wear closed-toe shoes. Cost is \$15 for bike and helmet rental.

•**Mondays at 8:30 a.m., Hike to Makapuu:** Take a moderate 2 1/2-mile round-trip hike to the Makapuu Lighthouse. Hikers will be rewarded with awesome views of Koko Crater, Diamond Head and Waimanalo Bay. Wear closed-toe shoes.

Cost is \$8 for adults and \$5 for children 12 and younger.

•**Wednesdays and Fridays at 8:30 a.m.,**

Snorkeling Tour: Discover the magnificent underwater world of the ocean at a nearby undisturbed reef. Transportation, instruction, and snorkeling equipment are included. Cost is \$15 for adults and \$8 for children 12 and younger.

•**Wednesdays and Thursdays at 1 p.m., Kayaking Lessons:** Master ocean-kayaking skills, including water safety and efficient paddling techniques in this two-hour class. The class is free with a day kayak rental.

•**Thursdays at 9 a.m., Beach 101:** See fascinating natural phenomena as you wade across seaweed-covered reef flats and rock tide pools.

This is an educational experience for the whole family. Be sure to wear comfortable footwear, a hat, swimsuit, sunscreen, and bring water. Cost is \$8 for adults and \$5 for children 12 and younger.

•**Thursdays at 8 a.m., Free Aloha Breakfast in the Recreation Center Lanai:** Find out about all the exciting programs and specials happening at Bellows. Enjoy a free continental breakfast and sign up to win door prizes.

•**Fridays at 1 p.m., Bodyboarding Lessons:** Learn how to catch and ride the waves. Free day rental of boogie board is included in the \$5 fee.

Miniature Golf: One of the miniature golf courses on the island is the Bellows Mini-Golf Course. It is lighted and open for night play.

Driving Range: Next to our mini-golf course is a driving range. Clubs and buckets of golf balls are available for rent.

For more information, log on to www.bellowsafs.com.

Hawaii Marine Accepts Briefs

To post sports and recreational briefs of interest to the Marine Corps Base Hawaii, Kaneohe Bay, community to the Hawaii Marine, e-mail requests to editor@hawaii.marine.com or call 257-8835.



THE BOTTOM LINE

(Editor's Note: "The Bottom Line" is the Hawaii Marine's weekly sports commentary from two sports aficionados who rarely see eye-to-eye when it comes to America's one true obsession — sports. Chances are you'll either agree with one of their takes or disagree with both. The Hawaii Marine welcomes your e-mails of no more than 250 words. We will print the top comment of the week from our readers. Send "Readers Strike Back" comments to editor@hawaiimarine.com. Remember, "If you don't speak up, you won't be heard.")

Who's winning, losing the trade wars?

Kristin Herrick
The Cheese

There're more deals being made in baseball right now than on the blackjack tables at the MGM Grand. Unlike Vegas, where the house always wins, some MLB players are actually getting their fair share.

As of the writing of this week's Bottom Line, Trevor Hoffman's future is still up in the air. The Indians have been courting Hoffman, one of the best relief pitchers in the league ever since his own team offered him a junk deal. Cleveland enticed Hoffman enough to come over for a physical, a sure sign of a long, satisfying — yet expensive — relationship ahead.

The Cheese can't quite decide who won out in the Jay's signing of pitchers A.J. Burnett and B.J. Ryan. The Cheese had decided; however, that it's incredibly cute that they both use their initials instead of their names. In a league of three-year deals and two-year extensions, these two slingers received five-

year contracts, at \$55 and \$47 million respectively. That's bank for the Canadian team, but The Cheese thinks it will pay off — for all involved.

The Chicago White Sox had lady luck behind them and President Franklin on the table when they resigned first baseman Paul Konerko. The \$60 million deal will keep Konerko in the Windy City for five more seasons and will hopefully help lead the Sox to a couple more World Series wins.

Bottom Line: One team has lost more than any other this trading season. The Marlins lost Josh Beckett, Carlos Delgado, Mike Lowell, Guillermo Mota, Luis Castillo and Paul Lo Duca — all because they can't get a contract for a new stadium. Figure that one out. The Mets are reaping the benefits of the penny pinching Florida team, though signing Delgado and Lo Duca. The only way the Marlins will come out with a winning 2006 season is if the two minor leaguers they got in return for Lo Duca turn out to be aces up the sleeve.

Lance Cpl. Ryan Trevino
The Texan

The World Series is over, and it's now time for teams to make the necessary moves during the off-season to boost their team's advantage over the competition for next season. So, with that said, let the trades begin!

Lets start with the Blue Jays and their move to secure pitcher A.J. Burnett from free agency with a five-year, \$55 million contract. This marks the longest contract for a free-agent starting pitcher since Chan Ho Park's five-year deal with the Rangers in 2001. The Texan believes this is a crucial pickup for the Jays and will bring much-needed life into the their bullpen. However, they also acquired closer B.J. Ryan, who pitched for the Orioles last season with a \$47 million, five-year contract. This means the Blue Jays have invested \$102 million for just two pitchers. The Texan thinks one or the other would have been enough, but not both. They should have used the other \$50 million on maybe, I don't know, a hitter.

The Marlins are making big moves this off-season by trading pitcher Josh Beckett, along with third baseman Mike Lowell and pitcher Guillermo Mota, to Boston for three minor leaguers. This

move appears to be a continuation of a complete revamping of the Marlins roster to lighten the weight of their salary load. The Red Sox easily come out on top, picking up the 25-year-old ace, Beckett, for practically nothing. Now all the Red Sox have to do is figure out what they want to do with Manny Ramirez, who repeatedly requests to be traded.

The Red Sox are not the only team benefiting from the Marlins salary dump. The Mets get in on some of the action by trading a minor league player for two-time All Star catcher Paul Lo Duca. The Mets also got Carlos Delgado from the Marlins in an earlier trade. This is the second time for the Marlins have tried to dismantle their entire lineup in the past eight years. The Texan believes the Marlins will regret these seemingly hasty decisions to trade away quality players such as Beckett and Lo Duca for players who have yet to prove themselves in the big leagues.

Bottom Line: The Jays grab two hot pitchers to strengthen their lineup, but should have used some of the \$102 million spent to strengthen their bats. The Mets and the Red Sox reap the benefits of a Florida salary dump, and pick up some big names for nothing.

Cheese

Chicago @ Pittsburgh
Cleveland @ **Cincinnati**
Houston @ Tennessee
Indianapolis @ Jacksonville
New England @ Buffalo
Oakland @ **N.Y. Jets**
St. Louis @ **Minnesota**
Tampa Bay @ **Carolina**
N.Y. Giants @ Philadelphia
San Francisco @ **Seattle**
Washington @ **Arizona**
Baltimore @ **Denver**
Kansas City @ **Dallas**
Miami @ **San Diego**
Detroit @ **Green Bay**
New Orleans @ **Atlanta**

We're getting down to the wire and teams are fighting for playoff spots. San Diego, Dallas and Tampa Bay need to come up with wins, and I think they will. I just hope the teams who are out of the running make it a good game. Monday night total score: **30**

Week 14 Picks

To play, clearly circle the teams you think are going to win. Drop your picks off under the door of Room 19 in Building 216 or e-mail your picks to kristin@hawaiimarine.com by Saturday at midnight. The person who has the most correct picks will get to boast in the Hawaii Marine and fill us all in on their following week's predictions. The closest to the total score for Monday Night's game, without going over, will determine the winner in the event of a tie.

Chicago @ Pittsburgh	N.Y. Giants @ Philadelphia
Cleveland @ Cincinnati	San Francisco @ Seattle
Houston @ Tennessee	Washington @ Arizona
Indianapolis @ Jacksonville	Baltimore @ Denver
New England @ Buffalo	Kansas City @ Dallas
Oakland @ N.Y. Jets	Miami @ San Diego
St. Louis @ Minnesota	Detroit @ Green Bay
Tampa Bay @ Carolina	New Orleans @ Atlanta

Monday Night Tiebreaker (New Orleans @ Atlanta): _____ points.

NAME: _____ PHONE: _____

Texan

Chicago @ Pittsburgh
Cleveland @ **Cincinnati**
Houston @ **Tennessee**
Indianapolis @ **Jacksonville**
New England @ **Buffalo**
Oakland @ **N.Y. Jets**
St. Louis @ **Minnesota**
Tampa Bay @ **Carolina**
N.Y. Giants @ Philadelphia
San Francisco @ **Seattle**
Washington @ Arizona
Baltimore @ **Denver**
Kansas City @ **Dallas**
Miami @ **San Diego**
Detroit @ Green Bay
New Orleans @ Atlanta

I'll be watching the Colts, Jaguars game. It's about time a team crushes the Colts undefeated hopes, and I think Jacksonville has what it take to do it. I'm picking the Titans over the Texans because they once were my beloved Oilers. Monday night total score: **38**



Cpl. Rich Mattingly

Athletes competing in basketball during the Special Olympics Hawaii's "Holiday Classic" state games battle for control of the ball at the Semper Fit Center gymnasium, Friday. Athletes and teams from across the state of Hawaii came together for the competition which boasted almost 2,000 participants.

Special athletes compete at K-Bay

Cpl. Rich Mattingly

Community Relations Chief

"Let me win. But if I cannot win, let me be brave in the attempt."

The Special Olympics athlete's oath, derived from a pledge spoken by gladiators in Roman times, epitomized the nature of the competitions that took place aboard Marine Corps Base, Kaneohe Bay, last weekend.

"The oath is symbolic of the bravery the athletes show by training to compete out here with everything they have," said Dan Epstein, Special Olympics Hawaii sports coordinator. "It's our goal, every year, to work with Marine Corps Base Hawaii to provide the athletes with an environment where they can experience the best local competition while pushing themselves to excel."

And with the oath clearly in mind, 2,000 athletes, coaches, volunteers and family members from across the state joined together for the Special Olympics Hawaii "Holiday Classic" state games last weekend. The annual event is one of the two largest Special Olympics events held in Hawaii and features a multi-division, three-day Basketball Tournament; Singles, Doubles and Unified Team Bowling competitions, and Traditional and Unified Doubles Bocce Tournaments.

It was the eighth year MCB Hawaii has hosted the event, jointly with Hickam Air Force Base, and the number of Marine and Navy volunteers was even greater this year than in the past. From the basketball courts of the Semper Fit Center to the K-Bay Bowling Lanes, Marines and Sailors were standing by to lend a hand.

Quentin Redmon, base drug demand reduction coordinator and retired Marine, said it was his 13th year of volunteering for Special Olympics. His volunteer efforts with the Special Olympics date back to his active duty tour in Okinawa, Japan. Redmon lent his skills to the games this year, volunteering as a basketball referee for the hardwood contests at the Semper Fit Center gymnasium. He said the joy he derived from seeing the athletes compete was second only to how good he felt when they exhibited basketball skills they have been practicing all year.

"You'd be surprised. Some of these kids can really play ball. It's fun to watch, and you look and see the expressions on their faces—they are here enjoying themselves playing these sports.

Some pro athletes could learn a lot from these kids."

Besides Redmon, several volunteers from the Navy were also on hand and actively involved with the sporting events.

"It's a wonderful bunch of volunteers we have here," said Chief Petty Officer Ray DeMarco, avionics electronics technician with Command, Patrol and Reconnaissance Squadron 2. "All of the teams are super happy, and we just have a great spirit out here. The athletes make it all worthwhile.

"It's good, hard competition," he continued, "but with a great friendship and loyalty behind it."

Teams competed in bowling at K-Bay Bowling Lanes as well. Here, Deborah Bruns, K-Bay Bowling Lanes manger, explained how friendships that are formed at the Holiday Classic last year-round.

"One of the coaches from Maui came in and said 'Hey, how are you doing?' as if we were best friends," said Bruns. "We only know each other from the first week of December every year, but we have that kind of connection and that's just one reason Special Olympics events here are so special."

Other Marines who had volunteered to drive the athletes and coaches were also on hand, cheering the participants on, while they had a break from their six-hour shifts.

"All the kids that are here today — it gives them an opportunity to meet new people and get out and see how many people really do care for them," said Sgt. Curtis Lee, a motor transport operator with 1st Battalion, 12th Marine Regiment.

Perhaps the highlight of the weekend, for many participants, was the victory dance celebration that was held aboard K-Bay Saturday night in Kahuna's Ballroom of the enlisted club.

Athletes who had spent the day fiercely competing against one another, relaxed and enjoyed each other's company long after the music stopped playing. After awards were presented to the athletes, the buses loaded its passengers to take them home. One young man from Maui hugged a fellow competitor from Hilo, Hawaii, and said, "See you next year," before waving good-bye.

To learn more about the Special Olympics and volunteer opportunities, on and off base, visit www.specialolympichawaii.com.

Hawaii
MARINE
MVP

#7 – Kevin Martin

Position: Cornerback

Unit / Team: HQBN Warriors

Game Statistics: 1 interception; 1 TD; 3 deflected passes; 2 tackles

Branch of Service: U.S. Marine Corps

Hometown: Pheonix, Ariz.

Quote: "They had something to prove."



Hammerheads bite Ducks, 4-2

Lance Cpl. Ryan Trevino

Sports Editor

The Kaneohe Bay Hammerheads defeated the East Oahu Ducks Saturday, 4-2, at the Inline Skating Rink aboard Marine Corps Base Hawaii, Kaneohe Bay. The teams are in the Oahu Inline Hockey League's Squirts Division, which consists of players of the ages 10 and younger.

This was the final game for both teams for the regular season. The playoffs started Sunday and will continue next weekend. The Hammerheads finish off the season with a record of 4-4-2 and the Ducks fall to 4-4-1. The teams face each other in the first round of the playoffs Sunday held at K-Bay.

The day was hot, and sweat poured off the player's faces even before the game started. However, the heat would not affect the Hammerheads ability to play. The players took to the court with their sticks and helmets, forgetting about the heat for an hour while they played a little hockey.

The Hammerheads came out strong on offense with some precision passing and puck movement. Forward Garret Rentz dished the puck to teammate Aleks Stroud, who took a shot that looked like it was going to score early in the game. Stroud's scoring hopes were quickly denied by Ducks' goalie Alyssa Liem, who made the save.

Hammerheads goalie Christian Ramsey would not be outdone in front of the net and denied a solid slap shot from Ducks player, Natalie Liem.

The Hammerheads got on the board early in the game off a put-back shot from Aleks Stroud, after teammate Kylie Kaiahu's shot was deflected in front off the net. The Hammerheads took the lead, 1-0.

Stroud's offensive flurry did not stop there. He scored again off a breakaway drive to the net. Teammate Niko Hatzigeorgian contributed to the score with the assist.

This score brought an end to the first half of play. The Hammerheads commanded the game, 2-0.

The Hammerheads coach was not convinced the game was in the bag after the first half of play.

"Defensively, we played well," said the coach. "But, down at the end, we got a little lazy, though."

The Ducks, down by two points, hit the rink in the second half with only one objective — to score.

Natalie Liem pulled back her stick and pounded the puck with unexpected force from mid court that slipped through the goalie's grasp for a quick score.

However, this was all the Ducks could muster and the control of the game was snatched back by the Hammerheads when forward Garret Rentz scored a goal off a breakaway dash toward the net. Later in the half, he scored again off a pass from Stroud, which made the final score 4-2, Hammerheads.

Catch Oahu Inline Hockey League playoff action this weekend at the Inline Skating Rink aboard K-Bay.



Lance Cpl. Ryan Trevino

Hammerheads forward Garret Rentz (right) drives to the net, while a defender tries to trip him up. The Hammerheads won the game.

ROADKILL, from C-1

coming home off a single. A missed fly ball by Rob Adams brought two more runs in, which brought the score to 9-1, Roadkill.

Errors were killing the Reign all night. Julian Goodman missed a catch at second and allowed another run to score in the top of the fifth. Four more runs would score off of errors before the side was retired. The Roadkill dominated the game, 17-1. The Reign went to the dugout knowing they only had one more chance to bat to catch up and stay in the playoffs.

However, the Reign could only score one run and were eliminated from the playoffs. The final score was 17-2, with the Roadkill advancing to the next round.



Lance Cpl. Ryan Trevino

Roadkill pitcher Larry Clark tosses a ball to first for the easy out. Clark held the Reign to only two runs in Wednesday's game at Annex Field aboard K-Bay.



Lance Cpl. Ryan Trevino

Kevin Enlow, Steel Reign, catches a pop-up on the mound. The Reign lost the game 17-2.



Lance Cpl. Ryan Trevino

The Warriors show off their first-place trophies after winning the championship game against the Outlaws. The Warriors ended the season with an undefeated record.

CHAMPIONS, from C-1

This was the Outlaws defense's time to shine. Defensive lineman Shawn Thaller sacked Goss in the backfield for a loss. This is when the fumble mania started — a total of nine for the game. Goss fumbled the slippery pigskin off the snap and Thaller was there to recover the ball for the Outlaws.

The Outlaws got the ball back on the 20-yard line and kept the ball on the ground this time, handing off to full-back Lee "Doc" Bowman for a short gain. This approach also proved not effective, after the Outlaws turned the ball over on downs at the end of the first quarter.

With the Warriors back in possession of the ball, Goss found receiver John Washington open for a 10-yard pickup. After a defensive stand by the Outlaws defense, the Warriors were forced to punt.

Later in the second quarter, Harold Wallace, Warriors, broke free from three tackles and returned a punt for 30 yards and gave his team excellent field position. Thaller added another sack to his count, after hitting Goss hard in the backfield for a 12-yard loss.

The Warriors tried passing on fourth and seven with 2:12 left in the half, but cornerback Zac "Oz" Azevedo broke up the play and returned the ball to his offense with little time left to score.

After two Lunsford fumbles, the half ended with the score at 0-0. Coach Wayne Murray knew what his team had to do to win this ball game.

"QBs; backs; receivers, get ready," said Murray. "We got to move the ball up the field."

At the start of the second half, the defense on both sides still controlled the pace of the game. Outlaws' linebacker Rob Janosta sacked Goss and forced a fumble.

With kicker Paul Miller out, the Outlaws had no kicking game and were forced to go for the first down on most of their fourth down attempts. Their attempt was denied by the Warriors defense, and they turned the ball over with 11 minutes left in the third.

Warriors' running back Maurice Cork ran for a short gain on fourth down but did not pick up the first, which forced the Warriors to give the ball right back.

The score still was 0-0, when the Warriors recovered another fumble. Goss scrambled out of the pocket on first down and rushed for 20 yards. Goss had more than 50 yards rushing for the game. The Warriors first touchdown came from a pass to Gearold Provence on third and goal, which made the score 6-0, with 12:54 left in the game.

The Outlaws knew they had to score quickly, if they wanted to stay in the game. Lunsford took to the air with only three minutes left in the game and lobbed a pass that was easily picked off by Kevin Martin, who returned the pick 70 yards for a touchdown. This sealed the deal for the Warriors, and the game ended with the score 12-0, Warriors over the Outlaws for the championship.

During the awards ceremony that followed the game, first- and second-place trophies and plaques were handed out to the teams. Joe Au, Marine Corps Community Services Athletic Director had a few things to say about everybody who participated in this year's events.

"You guys did a great job this year," said Au to both teams huddled together on the 50-yard line.



Lance Cpl. Ryan Trevino

Warriors half back Maurice Cork holds up his trophy during the ceremony after the game. The Warriors beat the Outlaws, 12-0.



Lance Cpl. Ryan Trevino

Grace under fire

Alexis Miller, 11, practices her floor routine at K-Bay Gymnastics aboard Marine Corps Base Hawaii, Kaneohe Bay. Miller competed in the Junior Artistic Olympics at Kona Aerials Gymnastics, Saturday.