

Hawaii Marine

REMINDER: Power outage east side of base • Saturday from 6:30 a.m. to 9 p.m.

Hawaii Job Corps pushes students toward summit

Lance Cpl. Harley Thomas
Marine Corps Base Hawaii

WAIMANALO, Hawaii — Members of the Hawaii Job Corps staff met with Col. Eric W. Schaefer, the commanding officer for Marine Corps Base Hawaii, and other base representatives to discuss the Job Corps and it's effects on the local population and community Tuesday at the Hawaii Job Corps Center in Waimanalo.

The Job Corps is a no-cost education and vocational training program administered by the U.S. Department of Labor that helps young people ages 16 through 24 improve the quality of their lives through vocational and academic training. Funded by Congress, Job Corps has been training young adults since 1964 and is committed to offering all students a safe, drug-free environment where they may take advantage of the resources provided to them.

"It all began with President Lyndon B. Johnson's 'War on Poverty,'" said Julie Dugan, the business community outreach manager with the Hawaii Job Corps Center. "We're set up for low-income youth who are in need of academic or career training. We consider ourselves lucky – there aren't many programs around that are able to celebrate going strong for 50 years. It's because there is still a need for us. It's a program that works."

Dugan said the staff spends a good amount of their energy making sure the students meet the requirements and are ready to work, and they find the students

See JOB CORPS, A-7



Lance Cpl. Harley Thomas | Marine Corps Base Hawaii

Julie Dugan, the business community outreach manager with the Hawaii Job Corps Center, provides a tour to Col. Eric W. Schaefer, the commanding officer for Marine Corps Base Hawaii, along with other Job Corps staff and base representatives Tuesday at the Job Corps Center in Waimanalo. Since 1964, the Job Corps is committed to offering students a safe, drug-free learning and training environment.

Sailors set out to WESTPAC

Lance Cpl. Brittney Vella
Marine Corps Base Hawaii

Helicopter Maritime Strike Squadron 37, otherwise known as the "Easyriders," sent off Detachment 5 to embark on a seven-month deployment to the Western Pacific aboard the guided-missile destroyer USS Preble, Tuesday. While deployed, the detachment of 28, including pilots and air crew, will join more than 300 sailors aboard the vessel to be a vital role in theater security cooperation and maritime presence operations with partner nations.

The "Easyriders" have been a part of Marine Corps Air Station Kaneohe Bay since 1999 and as of last year, began primarily flying the MH-60R Seahawk, the Navy's submarine hunter and anti-surface warfare helicopter. Its mission is anti-submarine warfare, anti-surface warfare, surveillance, communications relay, combat search and rescue, Naval gunfire support and logistics support.

This deployment is a huge part in the development of the junior pilots and a chance for the more senior Sailors to pass on their experiences.

"We are constantly sending detachments out on deployments," said Lt. Cmdr. Kenneth Scheffield, the officer in charge of Det. 5. "This is a vital part of our training pipeline. For our junior and senior pilots, our goal is to have each pilot do two deployments: one as a more junior pilot and one as an aircraft commander."

The detachment has prepared for more than a year for this deployment and the junior pilots spent the last two years learning how to properly fly an MH-60R.

"I am looking forward to detaching from the day-

See EASYRIDERS, A-7



Lance Cpl. Brittney Vella | Marine Corps Base Hawaii

Lt. j.g. Austin Wood, a co-pilot with Detachment 5 for Helicopter Maritime Strike Squadron 37, looks out of a MH-60R Seahawk before takeoff from Marine Corps Air Station Kaneohe Bay, Tuesday.



Lance Cpl. Adam O. Korolev | Marine Corps Base Hawaii

The M16A4 service rifle, donning the web sling, lies next to an M4 carbine rifle, donning the vigorous combat application sling, at Pu'uloa Range Training Facility on Monday during annual rifle training. All units are expected to transition from the web sling to either the VCAS sling, or the three-point sling by July 1.

Slings no more: MCB Hawaii to replace obsolete web sling

Lance Cpl. Adam O. Korolev
Marine Corps Base Hawaii

Since first qualifying with their rifles at boot camp and constantly marching around the parade deck, Marines become familiar with the web sling, or parade sling. Even in the fleet, some units only have the web sling available for annual rifle training; however, the web sling's days are numbered.

By July 1, all Marine Corps Base Hawaii subordinate and tenant commands will be required to possess either the three-point sling or the vigorous combat application sling, otherwise known as the VCAS, or "Vickers" sling.

MCB Hawaii is the last geographical location within the Marine Corps to transition from the web sling, and although other bases, such as MCB Quantico have done so in December, the three-month grace period allows for units to decide which sling to adopt.

"(The extra time) is going to allow the 17 tenant commands aboard MCB Hawaii to acquire the neces-

sary slings to equip their Marines properly," said Chief Warrant Officer 2 Jordan Kramp, the Pu'uloa Range Training Facility officer in charge. "I can't enforce the use of the three-point and the VCAS slings if I know the units have not been provided an ample amount of time to acquire the necessary equipment."

According to Kramp, since the introduction of the three-point and Vickers slings, the web sling has become more of a nuisance to shooters due to its impracticality, as well as the natural progression of equipment and technology.

"We don't train or fight with web slings, so the (sense) of having the web slings in addition to the three-point slings is pointless," Kramp said. "There's no reason to maintain three pieces of sling when you can have one (sling) that all of the things web slings can do, and most importantly, (the web slings aren't combat effective)."

Because of their designs, the VCAS and three-point

See SLING, A-7



Happy Birthday!
'Golden Eagles' celebrate 64th birthday, B-1



Battling the Beast
Marines, Sailors, civilians take on The Beast 10K, B-4



WORDS FROM THE BASE INSPECTOR

From the desk of the Command Inspector: Representing the Marine Corps

Recent events have drawn attention to a persistent complaint from our civilian neighbors; namely speeding and reckless driving by service members.

Service members are frequently observed driving well in excess of the posted and legal speed limits, and changing lanes erratically on H-3 and Pali Highway. Not all reckless drivers on H-3 are military service members, but there are some commonly identifying characteristics; wearing a military uniform, base registration sticker on the vehicle or service-related stickers on the vehicle.

We (all service members and family members) need to remember that we

represent our service and our nation. Service members specifically are held to a higher standard than the civilian population. We are expected to stop and render aid if we witness an accident; not be the cause of an accident due to excessive speed and reckless driving.

Please be aware of the message you send as a member of the military service to the local community when you are off base.

If you have questions, contact the Base Inspector’s Office at KBAZ_HQBN_INSP@usmc.mil.

Semper Fidelis.
Lt. Col. D. H. Bohn
Base Inspector
Command inspector hotline: 257-8852
KBAZ_HQBN_INSP@usmc.mil



Hawaii Marine

www.mcbhawaii.marines.mil
www.hawaiimarine.com

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ICE COMMENTS

COMMENT: <Name omitted> was extremely polite and professional. She was able to answer all my questions and ease all the concerns I had about my upcoming travel in a very short time span. She was knowledgeable and confident in her responses. She is a sterling representative of Marine Corps Base Hawaii Distribution Management Office and a testament to the leadership in place with her work center. The Marine Corps would do well with more Marines such as herself.

FOLLOW-UP NOTES: Thank you for investing a few moments to complete the ICE comment for DMO at Kaneohe Bay Passenger Travel Office. As the DMO officer in charge aboard MCB Hawaii, I read every single comment (as does my supply officer and deputy director). On behalf of my Marines, Sailors and civilians, I extend a hearty thank you for being an appreciative customer. More importantly, we at DMO Hawaii take great pride in treating others not according to rank or stature, but as an extended family member. I will be sure to recognize <name omitted> for her professional, efficient and overall superb service in regards to your travel. Best wishes to you.

*Note: ICE comments may have been edited for space and anonymity

Interactive Customer Evaluation is:

- A web-based tool for collecting feedback about the services provided by various organizations throughout the Department of Defense.
- Allows customers to submit online comment cards to rate the service providers that they have encountered at military bases and related facilities around the world.
- Allows service providers to collect customer satisfaction data in a standardized format which is stored in the ICE database.
- Provides customers with a convenient and efficient method to express their opinions to service providers and receive feedback.

ICE is NOT:

- To be used as a sole source to report safety concerns. **Base Safety should be contacted directly at 257-1830.**
- Intended for use to submit complaints regarding fellow employees or management, to spread rumors, to threaten or to make public announcements.

Visit the ICE site at <http://ice.disa.mil>. For ICE FAQs, visit mcbhawaii.marines.mil, then click Departments, Business Performance, then ICE FAQs.

This week in Corps history: March 25, 1945: After 35 days of bitter fighting, the amphibious assault on the rocky fortress of Iwo Jima finally appeared over. On the night of March 25, however, a 300-man Japanese force launched a vicious final counterattack in the vicinity of Airfield Number 2. Army pilots, Seabees and Marines of the 5th Pioneer Battalion and 28th Marines fought the fanatical Japanese force till morning but suffered heavy casualties — more than 100 killed and another 200 American wounded. Nearly all of the Japanese force was killed in the battle.

- U.S. Marine Corps History Division

GUNNER’S CORNER

When conducting unit marches or conditioning runs on Marine Corps Base Hawaii the following regulations must be adhered to:

A unit conditioning run is defined as an organized physical training run involving units of squad size (approximately nine or more) or larger in formation under control of the unit leader. Hikes and runs company/battery

sized or larger will be scheduled with Operations and Training Directorate via the Range Facility Management Support System. Unit conditioning runs and hikes shall be conducted so as to have minimum interference with traffic.

Unit formation runs are not permitted along Mokapu Road during peak traffic times from 6 to 8 a.m. or

3 to 6 p.m. on workdays. Personnel in charge of troop formations (e.g., running, marching, and hiking) will ensure they:

a. Follow designated bike lanes where available. Formations will travel as close as possible to the right edge of the roadway and shall always move in the direction of traffic. Unit leaders shall not impede traffic by running

in the traffic lane. For safety vehicles, unit must utilize “leap frog” method of safety vehicle usage. Following in trace of the formation is prohibited.

Units must also adhere to the “noise control” policy. Chanting is prohibited in housing and on the “ponds” running/hiking trail. Please consult Base Order 1500.9B for more information.

MARINE CORPS BASE HAWAII EVENTS

FUTURE EVENTS

The Music In the Park event is scheduled April 7 from 4 to 6 p.m. at Riseley Field. There is a different theme each Tuesday in April from 4 to 6 p.m. The “In the Park” series was created to bring awareness to Autism, Child Abuse Prevention and the Month of the Military Child.

The events are open to all active duty, family members and Department of Defense civilians. For more information, call Marine & Family Programs at 257-0372.

Register now for the Commander’s Cup, scheduled April 10 from noon to 5 p.m. at the Kaneohe Klipper Golf Course. All ranks are welcome in this four-player scramble tournament. Registration prices are \$50 for E-1 to E-5, \$55 for E-6 to O-3, \$60 for O-4 and above as well as Department of Defense civilians. Civilian guests, who must participate with an authorized patron, pay \$69. Team registrations will be accepted at the Klipper Pro Shop until close of business, April 1. For details, call 254-1745.

K-Bay’s Front Porch Event is scheduled April 15 from 2 to 6 p.m. at Dewey Square. The event caters to all ages with demos, music, displays, volunteer opportunities and activities. Meet your neighbors and learn about opportunities available at K-Bay.

Semper Fit is seeking applications for the 2015 All-Marine Triathlon Team.

The team will compete at the Armed Forces Triathlon Championship June 4 through 8 in Hammond, Ind. Interested Marines must submit an application to the athletic director no later than April 16. This team is open to Marines only. For details, call 254-7590.

TODAY

Help out the Navy-Marine Corps Relief Society and save money at the same time. The Marine Corps Exchange is offering coupons for use at the exchange and annex for donating \$5 to the society. Benefit coupons are available now through Sunday, and coupons may be redeemed today through Sunday.

SATURDAY

There is a power outage scheduled Saturday from 6:30 a.m. to 9 p.m. All buildings and structures east of the Nu’upia Stream, including the Mokapu Gate, 3rd Marine Regiment, Combat Logistics Battalion 3, 3rd Radio Battalion, Operations and Training Directorate, Marine Corps Community Services, and east-side housing.

Facilities Department, Marine Corps Base Hawaii, along with the Resident In Charge of Construction, are in the process of upgrading the main electrical power service to the base. This extremely important work is required in order to adequately support both existing and new facilities on base by installing additional electrical service cables into the base power grid. Additionally, major

work will be accomplished across the base to support myriad projects and contracts involving maintenance, repair and surveys.

For more information, call the duty officer or the MCB Hawaii Operations Center at 330-9636/257-8457.

SATURDAY THROUGH MONDAY

From March 29 through April 5, the Easter Bunny will be available for photos at the Marine Corps Exchange Monday through Thursday from 2 to 6 p.m. and Friday through Sunday from noon to 6 p.m. Call MCX Customer Service at 254-3890 with questions.

TUESDAY

Sign up by Tuesday to volunteer with the Single Marine & Sailor Program at the Institute for Human Services. Assist with organization of donation pantry at the soup kitchen. Call Karley Peterson at 254-7593 for more information.

WEDNESDAY

Semper Fit will be screening active-duty Marines to potentially become an All-Marine Wrestler. Come to the K-Bay Marine Corps Martial Arts Program room in building 223, April 1 through 3 from 6 to 8 p.m. to participate. Call Krista Shipes at 254-7590 for more information.

The next Baby Boot Camp is scheduled for Wednesday from 8:30 a.m. to 4 p.m. in room 63 of building 216. This class

prepares expectant parents for labor and delivery, newborn care, postpartum changes, and breast-feeding basics.

The class is open to all active duty and eligible dependents. Reservations are required. For more information, call the New Parent Support Program at 257-8803.

THURSDAY

The National Library Week Bookmark Contest starts Thursday and ends April 18. Stop by the library to pick up a template. The top drawing in each age category will be printed on bookmarks and distributed at the library. The contest is open to all ages. For more information, call the base library at 254-7624.

The next New Arrivals Orientation is scheduled for Thursday from 7:30 to 11:30 a.m. in Kahuna’s Community Ballroom. The orientation provides important information about Marine Corps Base Hawaii policies, services and programs.

Service members and family are welcome to wear appropriate civilian attire. Open seating — reservations are not required.

The “Light It Up Blue” event is scheduled for Thursday from 5 to 7 p.m. at the Waikulu Community Center. The Exceptional Family Member Program will be hosting the free event with food, kid-friendly activities and parent networking. Call 257-0290 for more information.

AROUND THE CORPS

Your weekly guide to what’s happening around the Corps

East Coast



Cpl. Tyler Andersen

MARINE CORPS BASE CAMP LEJEUNE, N.C. — Marines with 2nd Reconnaissance Battalion, 2nd Marine Division, II Marine Expeditionary Force, conducted an amphibious beach training operation at Onslow Beach aboard Camp Lejeune, North Carolina, March 18-20, 2015. The training started with basic boat manipulations, teaching Marines how to operate the Zodiac F470 Combat Rubber Raiding Craft in various formations and went over emergency procedures, such as man overboard drills. They also practiced basic land navigational techniques, which played a large role in the over-all training exercise.

See https://www.dvidshub.net/news/157900/swift-silent-deadly-2nd-recon-bn-conducts-beach-operations#.VRNxiTvF_dI for full story

LAKE ELSINORE, Calif. — Marines with Bridge Company, 7th Engineer Support Battalion, 1st Marine Logistics Group assembled a continuous span improved ribbon bridge, and a medium-girder bridge in Lake Elsinore, Calif., March 24 through 25. Approximately 100 Marines constructed the two bridges across a narrow channel on the lake, a feat that hasn’t been done in more than a decade.

See https://www.dvidshub.net/news/157508/marines-conduct-land-and-water-bridging-exercise-lake-elsinore#.VRDArzvF_dI for full story

Overseas



Lance Cpl. Ryan C. Mains

USS BONHOMME RICHARD — The 31st Marine Expeditionary Unit is participating in certification exercises at sea, March 16 through 24. CERTEX is designed to evaluate the 31st MEU on several missions the unit may be tasked to execute as the Marine Corps’ crisis response force for the Asia-Pacific region.

See https://www.dvidshub.net/news/157595/forward-flexible-ready-us-marines-participate-certification-exercise#.VRC_MjvF_dI for full story

West Coast



Cpl. Keenan Zelazoski

SM&SP volunteers with Habitat for Humanity



Lance Cpl. Brittney Vella | Marine Corps Base Hawaii

Lance Cpl. Zachary Miller, a volunteer with the Single Marine & Sailor Program, transports building materials to a new storage space at Habitat for Humanity's ReStore in Honolulu, Saturday.

Kristen Wong
Hawaii Marine

HONOLULU — Marines and Sailors volunteered in Habitat for Humanity's Honolulu ReStore through the Marine Corps Community Services Hawaii Single Marine & Sailor Program, Saturday.

During this visit, 10 service members moved building equipment within the organization's store, which collects and sells donations of new or gently used home items such as furniture and building materials. The funds generated from the store support Habitat for Humanity in several ways, according to Krajewski, from buying building materials to providing food for volunteers.

The volunteers helped relocate equipment used at the organization's building sites, including goggles, hard hats, paint supplies and gloves from one storage space to another within the store. The Marines and sailors also dismantled a rake and shovel caddy and remounted it on the wall of the new space.

Anthony Krajewski, the ReStore volunteer coordinator for Habitat for Humanity said without the volunteers, the staff would have taken longer to move the equipment, because they needed to take care of store operations.

"Realistically, there are three of us here who work (in the store) full time," said Krajewski, who has been with the ReStore since June 2014. "It was pretty busy customer-wise too, so (the Marines and Sailors) were a big help."

Habitat for Humanity is just one of the numerous organizations with which SM&SP has coordinated volunteer activities.

"We're always looking to get involved with other organizations within the community," said Karley Peterson, the SM&SP coordinator. "Habitat for Humanity is a really good organization for us."

Peterson explained that Habitat for Humanity's volunteer opportunities are flexible enough so different people can sign up each time. Given the nature of military training schedules, she said it is not feasible to have individual service members commit to volun-

teering for long periods of time. "We hope to continue working with Habitat for Humanity on a monthly basis," Peterson said.

Marines and Sailors who are looking for a variety of volunteer opportunities can find a calendar online at the SM&SP website. Lance Cpl. Zachary Miller, a cyber network specialist from Marine Unmanned Aerial Vehicle Squadron 3, said it was fun to help Habitat for Humanity.

Miller, of Flagstaff, Ariz., has volunteered on several occasions with SM&SP. He's run with the dogs at Hawaiian Humane Society, cleared algae with the Waikiki Aquarium, supported Special Olympics Hawaii athletes and prepared food for the homeless with the Institute for Human Services. He said the day at ReStore was the most "physically demanding" of all his volunteer work with SM&SP.

"It was good to see us making an impact on the store," Miller said. "(We could) look back (at) the end of our day and see how much we had accomplished."

The Habitat for Humanity staff is always looking for volunteers. The ReStore will be gutted, April 25 through 27. Those interested can call 538-7070 or 380-8617. Upcoming SM&SP volunteer opportunities are posted at mccshawaii.com/smsp. All single or unaccompanied Marines and Sailors are eligible to participate in SM&SP events. For more information, call Peterson at 254-7593.



Photo courtesy of Habitat for Humanity

Volunteers with the SM&SP pose for a photo at the ReStore. The ReStore is scheduled for a renovation in April.

3rd Radio Bn. honored at blood donor ceremony

Kristen Wong
Hawaii Marine

JOINT BASE PEARL HARBOR-HICKAM — The Tripler Army Medical Center and the Armed Services Blood Program recognized volunteers and blood donors, including Marine Corps Base Hawaii's 3rd Radio Battalion, at the 11th Annual Donor Appreciation Luncheon at the Hickam Officers' Club, March 18.

From May 2014 through February, 3rd Radio Bn. held four blood drives at the battalion aid station, collecting a total of 304 pints of blood.

Chief Petty Officer Luis Martinez, hospital corpsman, 3rd Radio Bn., was one of the unit blood drive coordinators who accepted the award on the unit's behalf. Martinez, of Eloy, Ariz., made sure emails were sent out to the Marines and sent a corpsman to different offices to get people to sign up for a time to donate.

"The credit should go to the Marines of 3rd Radio Battalion," Martinez said. "It's the Marines (who) say yes, I'll sign up. They are the ones (who) filled

up the slots."

While the Tripler Army Medical Center staff brought incentives from snacks to T-shirts during each blood drive, Martinez said with the help of the unit chaplain, the unit also made waffles with banana slices and whipped cream for donors.

"We had such good participation with our Marines (that) we kept on contacting them to scheduled future blood drives," said Navy Lt. Nicole Meunier, the medical officer for 3rd Radio Bn. "We're just excited that we're able to support Tripler and we're proud that our Marines really value the importance of donating blood."

Meunier, of Orlando, Fla., is the blood drive site coordinator for 3rd Radio Bn. She worked with the battalion operations section to determine the best dates most Marines from the unit could potentially be available to donate blood.

Meunier added that the unit encourages spouses to donate blood as well. In addition to future blood drives, she said the unit will also be recruiting bone marrow donors.



Photo courtesy of Soraya Robello

Chief Petty Officer Luis Martinez, a hospital corpsman with 3rd Radio Battalion, and Navy Lt. Nicole Meunier, the medical officer for 3rd Radio Bn., pose with Army Col. David K. Dunning, the commanding officer of Tripler Army Medical Center, during the 11th Annual Donor Appreciation Luncheon at the Hickam Officers' Club, March 18. The unit received a top unit award for collecting 304 pints of blood.



Kristen Wong | Marine Corps Base Hawaii

Jonathan Barkley (left), the alcohol abuse prevention specialist for MCB Hawaii, chats with Amber Snelson, her husband and son during the Keiki Aloha Expo with his wife and son, at the Fairways Ballroom, April 12, 2013.

MCB Hawaii supports April community observances

Lance Cpl. Adam O. Korolev

Marine Corps Base Hawaii

April is dedicated to and recognizes several issues that permeate, not only in America, but also throughout the military community. Alcohol abuse, child abuse, sexual assault and autism are all issues that various Marine Corps Base Hawaii organizations will be focusing on starting next month.

Beginning on April 1, service members and their families can take the time to support these matters by attending counseling or events that pertain to a specific community issue.

Since 1983, April has been dedicated to the prevention of child abuse and neglect through the observation of National Child Abuse Prevention Month, according to militaryonesource.mil. The observance serves to educate parents and the community about warning signs and helpful resources.

Military families are less likely than civilian families to be impacted by unemployment and poverty, drug abuse and limited access to healthcare due to the financial security the military provides, according to militaryonesource.mil.

However, the likelihood of intermittent single parenting is higher due to deployments, permanent changes in duty stations and separation from families. Absence related to military operations, or exposure to hazardous material is directly correlated to child neglect, and is the highest percent of a specific type of abuse in the military.

The Marine Corps birthplace may be Tun Tavern, but alcohol should be consumed responsibly. If a service member has an issue with alcohol, there are several programs available to themselves and their families. For service members on Marine Corps Base Hawaii looking for more information, visit mccshawaii.com/substanceabuse or call 257-3900.

Alcohol consumption contributes to more than 4,300 deaths among underage drinkers every year, and more than half of active duty service members report binge drinking monthly, according to alcohol consumption statistics from the Centers of Disease Control's website.

Also stated on cdc.gov is the fact that "young adult service members exposed to combat are at a significantly greater risk of binge drinking than older service members."

American Red Cross' history celebrated this month

Lance Cpl. Harley Thomas

Marine Corps Base Hawaii

For more than 130 years, the men and women of the American Red Cross have responded to challenges both at home and abroad, but when was March recognized as Red Cross Month, and why?

For those who were unaware of the Red Cross' long-standing relationship with the White House, it dates back to the presidency of Woodrow Wilson. In 1913, President Wilson agreed to serve as the ceremonial president of the Red Cross leadership, forming a tradition that is continued even today, where the standing president of the United States serves as honorary chairman of the American Red Cross.

"During Red Cross Month, the American Red Cross (recognizes) the country's everyday heroes - (those) who reach out to help people in need," according to the American Red Cross website. "These are people who help disaster victims on the road to recovery, (donate) blood to hospital patients and take classes to assist someone having a heart attack or drowning."

Responding to nearly 70,000 disasters every year, the Red Cross also provides 24-hour support to members of the military, veterans and their families around the world. The Red Cross also collects and distributes nearly 40 percent of the nation's blood supply and trains millions of people in first aid, water safety and many other life-saving skills and techniques.

"In times of conflict and great tragedy, they deliver humanitarian relief, save lives and offer hope for a brighter tomorrow," President Barack Obama said in his proclamation regarding American Red Cross Month.



National Archives and Records Administration

This 1940s war poster is recruiting nurse's aides in Hawaii. The organization helps with disaster relief and more. The American Red Cross celebrates more than 130 years of service this March.

"Their service has meant so much to so many, and it reflects a fundamental American truth: We look out for one another and we do not leave anyone behind. This month, we renew our sense of common purpose and honor all those whose sacrifices have made our society more prepared, resilient and united."

The Red Cross is always seeking volunteers, CPR instructors and office workers. For those interested in volunteering, donating or signing up for a class, visit redcross.org/Hawaii for more information.

Patrol Squadron 9 celebrates 64th birthday

Petty Officer 3rd Class Amber Porter
Patrol Squadron 9

Sailors assigned to the “Golden Eagles” of Patrol Squadron 9 celebrated the squadron’s 64th birthday and their recent accomplishment of winning the 2014 Battle “E” and Golden Wrench award with a cake-cutting ceremony at Marine Corps Base Hawaii on March 20.

In keeping with tradition, the oldest and youngest Sailors in attendance were called forward to make the first cut together. Navy Lt. Thomas Madera, from Severn, Md., and Seaman Apprentice Cecilia Clifford, an aviation ordnanceman with VP-9, from Davenport, Iowa were happy to play a part in the ceremony.

“It was an honor to participate,” said Clifford. “I think that naval tradition is important to recognize and instills pride in what we do every day.”

VP-9 was commissioned on March 15, 1951 at Naval Air Station Whidbey Island, Wash. The Golden Eagles provide Anti-Submarine Warfare, Anti-Surface Warfare, Maritime Domain Awareness, and Intelligence, Surveillance and Reconnaissance capabilities to support United States combatant commander initiatives worldwide.

VP-9 has been involved in historical missions since 1958, when the squadron conducted polar scouting for the USS Nautilus’ important first voyage under the polar ice cap. VP-9 has played a key role in multiple operations throughout history, notably Operation Enduring Freedom-Afghanistan and Operation Iraqi Freedom.

The squadron has been recognized several times for its influence on the rich history of Maritime Patrol and Reconnaissance Aviation. VP-9 has earned 10 Battle Efficiency Awards, four Meritorious Unit Commendations, three Captain Arnold J. Isbell Trophies for ASW Excellence, two Golden Wrench awards for aviation maintenance excellence, and the Golden Anchor. In 2014, VP-9 surpassed a milestone 36 years and 205,000 hours of mishap-free flying.

To learn more about the squadron, visit www.vp9.navy.mil.



Petty Officer 3rd Class Amber Porter | Patrol Squadron 9

Cmdr. Gonzalo Partida, executive officer of Patrol Squadron 9, Aviation Ordnanceman Airman Apprentice Cecilia Clifford, youngest sailor in attendance, Navy Lt. Thomas Madera, Cmdr. Katrina Hill, commanding officer of VP-9, and Master Chief Petty Officer Robert Tyo, command master chief, VP-9 celebrate the command’s 64th birthday during a cake-cutting ceremony at Marine Corps Base Hawaii. VP-9 provides anti-submarine warfare, anti-surface warfare, maritime domain awareness, and intelligence, surveillance and reconnaissance capabilities to support United States combatant commander initiatives worldwide.

MCB Hawaii ‘Lights It Up Blue’ for autism

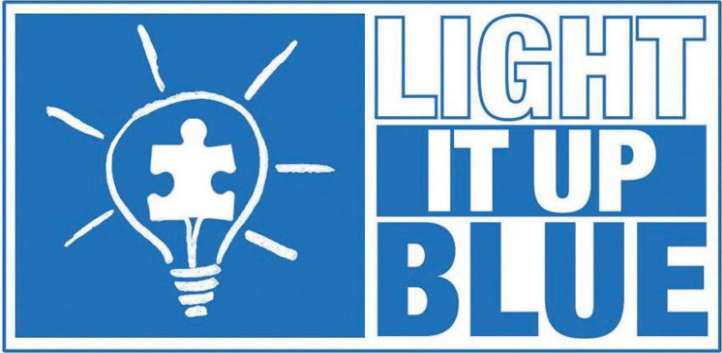
Christine Cabalo
Hawaii Marine

A campaign to bring autism into the spotlight is coming to Marine Corps Base Hawaii and coloring everything blue.

The base’s Exceptional Family Member Program staff is hosting “Light It Up Blue,” to coincide with World Autism Awareness Day, April 2 at Waikulu Community Center from 5 to 7 p.m. The EFMP staff will be on hand to describe their services, answer questions about the disorder and offer family friendly activities. Attendees will receive blue glow sticks in observation of the base’s second year of the campaign.

“The Exceptional Family Member Program would like to encourage awareness of autism and understanding of what families may be experiencing,” said Heather Jessip, a training, education & outreach specialist at the EFMP.

Landmarks worldwide, including the Empire State Building in New York City and



Tokyo Tower in Japan, will be lit with blue lights in observance of autism, according to the “Light It Up Blue” website.

One in 68 children have been diagnosed with the disease in the U.S., according to a 2014 surveillance summary on the prevalence of autism spectrum disorder from the Centers of Disease Control. The report notes children may be diagnosed as early as 2 years old, but most children are diagnosed after 4. Those with autism have challenges changing routines and have different ways of learning or reacting to events.

“The condition is the result

of a neurological disorder that has an effect on brain function, affecting development of the person’s communication and social interaction skills,” Jessip said. “It’s important for people to know that autism is a neurological disorder that is not always presented physically.”

Although there is no cure for autism, Jessip said those with the disorder and their families can find help dealing with the symptoms. The EFMP office provides active-duty service members and their family members resources for managing care. Jessip said she and her staff work to reduce medical costs, match families with any

services they may need and assist with other challenges service members face when they or a loved one require specialized care.

During the upcoming event, the EFMP staff will also share locally available resources for autistic people. Families are connected to the office’s caseworkers who oversee finding resources for them and being their advocate when dealing with on-base and off-base organizations.

“Every child is different,” said Zandrea Glenn, a family caseworker with the base’s EFMP office. “Every child has abilities. We’re focused not (on) their disability, but what they can do.”


Both Jessip and Glenn said their office provides information about resources aimed for the military community and sponsored by various government organizations. Locally, families have access to many recreational organizations offering support including the Hawaii Adaptive Paddling Association, Special Olympics,

AccesSurf and the “Dance for Focus” class offered by the K-Bay Dance Movement Academy. They can also connect families to others in the community going through similar challenges through the Learning Disabilities Association of Hawaii and Special Parent Information Network.

Having a reliable office for finding those resources can be an invaluable service for families impacted by the disorder.

“There is never a predictable day with my autistic child,” said Adrienne Webb, a spouse of an MCB Hawaii Marine who utilizes the EFMP office. “There are great days, and not so great days. But one thing that never changes is the unconditional love she gives us. Every night I go to sleep knowing I’ve done my best to raise her with love and understanding.”

For more information about the event or resources on autism, call the EFMP office at 257-0290 or visit www.mccshawaii.com/efmp. The office is in building 219 near the base library.



ENVIRONMENTAL CORNER

Distinct Privilege

Marine Corps Base Hawaii has the distinct privilege of having one of only three landfills on the island of Oahu (other two landfills are the City and County of Honolulu’s Waimanalo Gulch Sanitary Landfill and Nanakuli

Landfill permitted for construction and demolition waste). This privilege provides us with a convenient resource for our Marines and Sailors. Reusing and recycling our waste rather than trashing it will maximize the life of the MCB Hawaii landfill as well as prevent pollution of our island. The base has established procedures for units and activities to assure compliance with federal and state regulations on managing the landfill. (Base housing residents should refer to their housing manual for proper disposal procedures

of their household waste). Base Orders P5233.1 and 4500.2 require all units and activities to participate in the base Qualified Recycling Program. Recyclables collected at each unit must be brought to the Base Recycling Center building 132, 257-4300.

Recyclables such as:

- computer and white paper
- newspaper
- cardboard (corrugated)
- aluminum cans
- glass and plastic bottles
- metals

There are also reuse options available on MCB Hawaii. The base thrift store located in building 212 has new and gently used clothing and

home goods. The base Reuse Room in building 6407 accepts and gives away free unwanted yet usable household hazardous materials such as paint and propane tanks. The base Recycling Center gives away free packing boxes and spare wood. Off base there are numerous charities and organizations that will accept your donation of reusable items.

Visit the City and County of Honolulu’s website, www.opala.org for a list of community resources where items may be donated. It is always better to keep items out of our waste stream by reusing or recycling them rather than throwing them away. Let’s choose the better way.

JOB CORPS, from A-1

employment based on their newfound skill sets.

“We don’t only focus on their first job placement,” Dugan said. “We also focus on equipping them with the skills for job retention and promotional opportunities. We’re responsible for tracking their progress, formally, for up to a year after they get their first job.”

The program’s success rate is pretty good, as roughly 90 percent of its graduates hold their first job for a full year, Dugan said. Bob Starkman, the deputy director at the Hawaii Job Corps Center, said this is important because the biggest challenge the program is facing is their retention of learned skills and ideals.

“While the unemployment rate in Hawaii is very low, the unemployment rate for the age group we deal with is almost 25 percent,” Starkman said. “We deal with the least educated or trained group of young people, so our goal is to give them that education and train them to become more engaged in the workforce.”

Starkman said the program is actually quite large, with 128 centers nationwide, serving approximately 40,000 youth a year. He said at this location, they offer nine career technical training programs, all aligned to national training and certification standards, ranging from a culinary arts program to nursing assistance or business trade programs.

“We align our career opportunities to the demand in Hawaii,” Starkman said. “We have the largest geographical recruiting area of any center, recruiting from not only all the Hawaiian Islands, but from places such as American-Samoa, Guam and the Marshall Islands. I’d say about 70 percent of our students are recruited locally and about 30 percent are from those various islands.”

Raymond Suda-Lanoz, a student in the Job Corps program, said that while being away from home is hard, it has been a very beneficial year and two months.

“Being away from my family is hard, but I’ve learned how to strive and do the best I can – not only to make myself proud, but to make my family proud as well,” said Suda-Lanoz, a Maui resident. “This is going to make the future that much brighter for my future family and myself. (The Job Corps) has helped me develop and grow stronger, and it’s made me realize how I could (function) independently. The greatest aspect of this program is the training we receive. It doesn’t matter what trade you are in, you never stop learning.”

Suda-Lanoz said the program helps develop a wide variety of skills, as well as providing the tools to discipline and, ultimately, better one’s self. He said after his time in the program, he hopes to go home to Maui and find a job, or go back to school to study horticulture.

“We’ve always been told to ‘kulia i ka nu’u,’ or ‘strive for the summit,’” Suda-Lanoz said. “We’ve been taught that we should never settle for less than our best in anything we do and we should strive to reach the top, as only we can determine (our) future. It’s important to live at your fullest potential to accomplish whatever you set your mind to and to know that if you have the heart and the hunger to learn, you can do anything.”



Lance Cpl. Brittney Vella | Marine Corps Base Hawaii

Lt. j.g. Austin Wood (left), a co-pilot, and Lt. Cmdr. Kenneth Scheffield, the officer in charge of Detachment 5, Helicopter Maritime Strike Squadron 37 conduct a flight check to prepare their helicopter for takeoff, Tuesday.

EASYRIDERS, from A-1

to-day life here and focus(ing) on the mission,” said Lt. j.g. Austin Wood, a co-pilot for Det. 5. “There are a lot of distractions here; life simplifies when you get out to sea. Plus, it’s fantastic because we are deploying as a detachment, so we will become very close and tight knit.”

The detachment is an essential component of the ship, and the deployment is paramount for the sailors to get the necessary training and experience they need to be successful.

“We need to become part of the ship and integrate, Scheffield said. “The goal is to integrate seamlessly into the ship. We improve what (the Sailors aboard USS Preble are

able to do, and they improve what we are able to do.”

Scheffield said this deployment is the reason the unit is based in Hawaii; This is their purpose. Not only does this deployment train and better prepare the junior Sailors, it also helps maintain good relationships with partner nations such as Japan, South Korea, Australia, the Philippines and Taiwan.

SLING, from A-1

slings are not only more practical for combat environments, but also for annual rifle qualification.

“The three-point sling is designed to be compatible with any service rifle, like the M4, A4 and A2,” Kramp said. “What the marksmanship community recommends (for units) is to transition to the VCAS sling because the sling is more customizable to individual shooters, especially for annual rifle training. In addition to that, it is the preferred sling for close quarters combat training. (The sling) is easy to adjust and easy to customize. It’s a superior piece of equipment.”

Infantry units have not only long banished the web sling, but have also done away with the three-point sling, and have replaced it with the VCAS due to its operational capabilities in close quarters. The three-point sling, although preferred over the web-sling, is not as admired as the VCAS sling because of its precarious nature. The VCAS sling has been designed to fit securely over a Marine’s body and can be easily adjusted and personalized.

“The Vickers sling is a lot more adaptable than the web sling and three-point sling,” said Lance Cpl. Renaldo Cantu Jr., a Marine with Fox Company, 2nd Battalion, 3rd Marine Regiment and a Driscoll, Texas, native. “If you go into a

(military operations on urban terrain) town and try to maneuver in close quarters, it’s really hard to do with the parade sling (because you’re restricted in movement.) If you’re a lefty and you’re trying to go around a right corner, you couldn’t just take off your web sling and put it on the other arm in a sufficient manner. (However), with the Vickers sling, if you need to switch sides, you (loosen it) and throw (it to your other side). It takes less than a second.”

Recruits at Marine Corps Recruit Depots Parris Island and San Diego will still train with the web sling. However, for those who have already graduated, the web sling may just be a relic of the past.

Sports & Lifestyle



Photos by Lance Cpl. Khalil Ross 1 Marine Corps Base Hawaii

Participants use up the last of any energy they had to finish “The Beast 10K” race at Marine Corps Base Hawaii Saturday. There were more than 200 individual participants and seven teams.

Lance Cpl. Khalil Ross
Marine Corps Base Hawaii

Marine Corps Community Services Hawaii and 3rd Marine Regiment hosted “The Beast 10K” race Saturday morning.

The race was 6.213 miles of vicious trails and up-hill course all through Marine Corps Base Hawaii.

Overall first place winner Jesus Deniz has participated in all of the races in the Commanding Officer’s Fitness Series.

Krista Shipes, the athletic director and race coordinator for MCCS MCB Hawaii said the goal of this race is to provide a fun and challenging 10k for participants.

Shipes said “The race is called ‘The Beast’ because that is what the runners are who can finish it.”

The race was a great success and the runners enjoyed the trail portion of the race around the ponds and the hill portion up Radar Road, she added.

Third place overall placer Dalton Webb finished with his arms up and a huge grin on his face.

“I really liked the whole route but the trail was really cool,” Webb said. “The hill was pretty challenging but I still had a lot of fun.”

The Seattle native came to the race with a few friends who convinced him to participate.

“For anyone on the fence about running these races just give it a try,” Shipes said. “The races are suited for everyone and all ages. You can walk or run the races, all that matters is you coming out.”

Webb said running is a great way for people to get out and enjoy the scenery and allow people to meet and mingle with others.

“I ran with a couple buddies of mine who got me into it and I had a great time,” he said.



“(These races) are a great way to get people up and running. It’s also a great stress reliever and lets you take a step away from everything.”

This particular race was the third in the Commanding Officer’s Fitness Series program.

Last year’s race had 156 individual runners and six 10-person teams competing. This year we had 221 individual runners and seven 10-person teams who participated.

The next race is the Keiki Koa Kai Sprint Triathlon held May 2 at the base pool and May 3 at Hangar 103. To register for the races visit mccshawaii.com and follow the links.

The Beast Winners

Male 1-14

- 1. Gabriel Tom.....42:56
- 2. J.R. Suehisa47:19
- 3. Daniel Corcoran.....47:28

Male 15-19

- 1. Ryan Dills40:41
- 2. James Stein1:01:07
- 3. Austin-Chri LeSueur.....1:03:39

Male 20-24

- 1. Dalton Webb37:49
- 2. Kreighton Long.....40:50
- 3. Houston Breshears.....41:21

Male 25-29

- 1. Gregory Pack40:44
- 2. Sebastian Coates41:40
- 3. Thomas Hurtado42:26

Male 30-34

- 1. Chad Herner.....42:44
- 2. Dustin Ruiz44:09
- 3. Dylan Beyer.....46:00

Male 35-39

- 1. **(First Place Overall)**
Jesus Deniz 36:54
- 2. Gregory Su41:27
- 3. Jeremiah Lavieri46:58

Male 40-44

- 1. Kengo Yoshimoto.....37:40
- 2. Sean Haight39:56
- 3. Taewon Kim.....44:21

Male 45-49

- 1. Mark Woommavovah42:39
- 2. Steven Fall49:05
- 3. Calvin Diggs50:23

Male 50-54

- 1. Eric Oshiro46:24
- 2. Elbert Pama 47:56
- 3. Louis Tomsic 50:06

Male 55-98

- 1. Jim Murray51:17
- 2. Lawrence Reinish.....57:15
- 3. Rik Allen.....57:34

Female 20-24

- 1. Rose Matthews49:50
- 2. Ericka Yiu51:43
- 3. Arceli Corona55:49

Female 25-29

- 1. Gabrielle Kohler47:35
- 2. Heid Will50:28
- 3. Alyssa Serchia.....57:50

Female 30-34

- 1. Laura Darrow43:56
- 2. Claudia Smallman.....47:28
- 3. Ann Stuhlmacher50:02

Female 35-39

- 1. Stacy Cobb47:07
- 2. Christine Reiter.....51:49
- 3. Tulsa Kinl.....53:04

Female 40-44

- 1. Kristy Cortner54:15
- 2. Portia Resnick.....58:47
- 3. Yvette Soto1:00:05

Female 45-49

- 1. Cara Iversen50:37
- 2. Cheryl Miram54:33
- 3. Arlene Howard1:03:07

Female 50-54

- 1. Yoshiko Matsuda49:48
- 2. Kathy Baker59:40
- 3. Christine Isham.....1:00:55

Female 55-98

- 1. Linda Okita.....1:04:52
- 2. Kimberly Krueger.....1:18:33
- 3. Crystal Gowler1:23:46



Participants finish “The Beast 10K” and take a much-needed breather at the finish line on Marine Corps Base Hawaii Saturday. The 10-kilometer race went around the Nu’upia Ponds and up Radar Road.



WONG



VELLA

Versus is a recurring column tackling debatable issues in the news, sports and entertainment world. Hawaii Marine readers can submit a subject for future columns by emailing their ideas to HawaiiMarineEditor@gmail.com. If there’s a topic you would like to debate about with one of our fellow correspondents, please call us at 257-8837 or email hawaiimarineeditor@gmail.com. Suit up ladies and gentlemen ... it’s game time.

Should all military branches adopt the same uniform?

Kristen Wong VS. Lance Cpl. Brittney Vella

WONG: The National Defense Authorization Act for Fiscal 2014 reported that “the house bill contained a provision (sec. 351) that would establish, as national policy, a requirement for all the U.S. military services to use a joint combat camouflage uniform by Oct. 1, 2018, with certain exceptions.” In other words, every branch of service will be wearing the same type of cammies. Before you give me flack for being an ignorant civilian, at least hear me out. I’ve worked on the base alongside the Marines for nearly seven years. The Marines are very proud of their history, and their culture, and giving up their uniform would seem like sacrilege. But in the past few years, the nation has had to pay hefty bills, and the armed forces is not immune to budget cuts. Department of Defense civilians lost wages due to sequestration. Tuition assistance was revamped. Marine Corps Base Hawaii itself knows the effects well as its Marines are being smushed into century-old barracks with no hope of the new one being completed in their lifetime and no promises from the commandant. Maybe a universal uniform will ease the burden on the wallet. In addition, congress is not forcing Marines to wear their cammies off-base. They can still keep their dignity knowing that they won’t have to wear those uniforms once they leave the installation.

VELLA: Regardless of your past experiences working alongside service members, you’ll never truly understand why we take so much pride in having the title of United States Marine. Many civilians who know little to nothing about their military already group us with soldiers and having the same uniform will do exactly that — make

us all just soldiers to them. I understand there are budgets and the United States isn’t doing well financially, but the Corps spent roughly \$319,000 on our uniforms versus the Air Force and Army spending more than \$3 million. The other branches could use a more financially and tactically efficient uniform similar to, but not, ours. I’m not a soldier, I am a Marine and I never want to be mistaken for anything else.

WONG: I don’t know what it’s like to be a Marine, but I know what it’s like to have pride. I feel it being crushed every time my friends criticize the media for the world’s problems or when I hear how stupid other countries think America is. What I learned from the commandant and the sergeant major of the Marine Corps’ visit last week is there’s a point where you need to pick your battles. Sgt. Maj. Ronald L. Green said it best when he said what’s more important to you: using the limited budget you have to bring everyone home alive or tuition assistance? It’s not just about looking at which service spent more money on uniforms. If that money can be better spent on replacing antiquated equipment or even getting Marines into newer barracks, isn’t that worth sacrificing the color of your uniform? You are still a Marine regardless of what color your uniform is. In addition, it is my understanding that it is only the common combat uniform that will change. It does not appear that they are changing the dress uniforms. You will still have your iconic dress blues. They will keep the uniforms for Marines who work in specialized fields. According to the Navy Times, there is even word that they will still allow for unique insignias for each branch. Regardless of what uniform you wear, civilians

will always be ignorant of the military in one form or another. Fox News wished the Marine Corps “Happy Birthday” on its 237th year, with a blatantly erroneous accompanying photo of a soldier on national television. A broadcast news reporter ended his interview with our former colleague Sgt. (Cpl.) Matthew Callahan with an Army “Hooah!”

VELLA: Yes, unfortunately Americans are ignorant when it comes to knowing anything about their military. Yes, Green’s quote is understandable, but there’s more than one way to skin a cat. Therefore, we can work with the budget and all have distinctive yet comparable uniforms. According to an online article by “The Economist,” the Army chose their pattern essentially on looks. It’s not the Marines’ fault that the other service made poor decisions more than a decade ago. My main argument with this subject is completely selfish and I have too much pride to wear the same uniform as the other branches. There’s a reason Marines have the reputation they do — we earn it. We are the best, and regardless if a civilian is oblivious to the fact we have different uniforms it will be even worse if we have the same uniform. They won’t have any chance of telling us apart. I can see having the same uniforms while in a combat environment but in a non-combatant environment we should keep our individuality. Ultimately, the Marine Corps alone made an all-around efficient uniform at an efficient cost. Now we will spend more money for a uniform that’s just as expensive or even more instead of putting that money toward equipment and bettering the quality of life for our Marines.

Created by: GySgt Charles Wolf (USMC, retired)

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SUDOKU

						4	6	9
9	3	6	4	5				2
	1			7		8		
1	2		9					
				2	7		9	1
	7	9		6		2		
	9							
3					4	6		7
5	6		7	1		9	4	

Level: Beginner

Fun By The Numbers

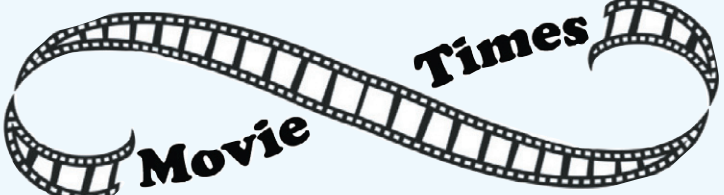
Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

8	6	4	9	3	7	1	3	6	5
3	8	1	5	9	4	2	7	6	8
4	6	7	2	8	6	5	1	3	8
8	7	6	3	6	1	2	5	4	9
4	5	8	2	7	3	6	1	9	8
1	2	3	6	4	5	7	8	6	9
2	1	4	6	7	9	8	5	3	6
6	3	8	5	8	1	7	2	9	4
7	5	8	1	3	2	4	6	9	8

ANSWER:



“The DUFF” PG-13 Today | 6:30 p.m.
“Kingsman: The Secret Service” R Today | 9:15 p.m.
“The Lazarus Effect” PG-13 Saturday | 6:30 p.m.
“Kingsman: The Secret Service” R Saturday | 9:15 p.m.
“McFarland, USA” PG Sunday | 2 p.m.
“Hot Tub Time Machine 2” R (Final Showing) Sunday | 6:30 p.m.
“The Lazarus Effect” PG-13 Wednesday | 6:30 p.m.

Prices: All shows are \$5 for adults and \$3.25 for children. All 3-D shows are \$8 for adults and \$6 for children. For ticket pricing, the base theater box office defines an adult as a patron 12 years and older and defines a child as a patron from 6 to 11 years old. Children 5 and younger are admitted free of charge. Parents must purchase tickets for R-rated movies in person at the box office for children 16 and younger. Patrons must present their military identification card when purchasing tickets.

K-Bay players try out for All-Marine soccer

Christine Cabalo
Hawaii Marine

Marine Corps Base Hawaii soccer players are taking their shot for a spot on the All-Marine men’s soccer team.

Today is the final day Headquarters Marine Corps is taking applications for the team. Chosen players will join a training camp at Marine Corps Air Station Miramar, Calif. from April 27 through May 12. Among them are MCB Hawaii applicants Cpl. Nixon Keago and Cpl. Bryant Payan.

Both players hail from Texas, are players on the Armed Forces Hawaii Fútbol Club and have played the sport as children with support from their families.

Keago, a Houston native, picked up the sport when he was 4 with initial encouragement from his mother.

“My mom was a big fan and she thought it would give me something (good) to do,” said Keago, a noncommissioned officer with the manpower section of 3rd Marine Regiment. “I loved it, and I just got better and better at it.”

He’s kept up with the game and played with the Armed Forces Hawaii F.C. when the team took second place in the 2014 Defender’s Cup in San Antonio.

He trains an average of 10 hours a week. During solo practice time he works on improving his skills for free kicks, speed, sprinting and drills for keeping control over the ball.

Keago also switches practice time between doing individual training and team play with the Armed Forces Hawaii F.C. Keago said playing for a highly competitive group is very important to him as he trains for a spot on the All-Marine soccer team.

“(The club gets) into serious real-game situations,” he said. “We run practice as hard as any professional team.”

He continues spreading the love of the game by coaching peewee soccer at Kaneohe Bay. Despite his mother’s early passing when he was 6, she continues to be his inspiration to keep practicing and playing the sport.

“I keep doing it and I think it would make her proud knowing I’ve continued with it,” he said. “She really would have loved it.”



Photos by Christine Cabalo | Hawaii Marine

Cpl. Nixon Keago is one of several players trying out for the All-Marine soccer team. Keago, of Houston, started playing the game at age 4. Since then, he’s gone on to coach peewee soccer and playing on the second place team for the 2014 Defender’s Cup held in San Antonio. Keago is a noncommissioned officer with the manpower section of 3rd Marine Regiment.



Cpl. Bryant Payan has played soccer with his family growing up in Amarillo, Texas. He’s played while on deployment in Australia with the country’s military league and is also a member of the Armed Forces Hawaii Fútbol Club. Payan is a motor transportation operator with Combat Logistics Battalion 3.

Family gathering together for a soccer game made it an instant favored sport for Payan, of Amarillo, Texas. Payan’s father, uncles, brother and cousins all played the sport, sparking an interest in soccer for him. Payan recalls how his

father kept a video of him as a 3-year-old, running onto the soccer field to play during an official game his older brother was playing in.

Now Payan plays on the Armed Forces Hawaii F.C. and takes advantage of the recently

renovated Pop Warner field’s soccer markers to practice running smoother and faster with the ball.

He also specifically trains at the gym to build up his strength and endurance. Payan said his strategy of blocking

other players with his strong upper body has been a key to his continued success.

“Soccer is a very physically demanding sport,” Payan said. “Players get shoulder to shoulder with each other. You can maintain possession of the ball with a strong developed upper body, making it harder for players to try to get around you.”

Although he said it’s hard to find time for soccer training while working at MCB Hawaii, he said it’s worth the struggle to play at a high level.

“When you’re out in the field you forget everything troubling you,” said Payan, who is a motor transportation operator with Combat Logistics Battalion 3. “You don’t have any troubles, there’s just the passion and love for the game. I’m lucky to be doing something I’ve built a passion for.”

His skills landed him the opportunity to play in Australia while CLB-3 deployed with 1st Battalion, 5th Marine Regiment. He and several other soccer players in CLB-3 played weekly in the Australian military’s soccer league. Payan said he loves how soccer turns individual players into a unified team and how passion for the pastime crosses borders.

“It’s a beautiful sport,” Payan said. “Soccer is played all over the world and a game here is the same as a game in Australia or Europe.”

Payan and Keago join a pool of Marine players eager to join the team, especially since the All-Marine soccer team could not play in 2014 due to budgetary constraints.

Although Payan and Keago both said it’d be an amazing opportunity to join the All-Marine team, they still have busy schedules if they don’t make the team.

The Armed Forces Hawaii F.C. is in training for the 2015 Defender’s Cup scheduled for September, looking to push into first place after their second place win last year. However, the Marine soccer players said they’re determined to play hard in whatever event they’re able to play in.

“It’s all in your mind,” Payan said. “If you want it, you’ll find a way to get it.”

The All-Marine team competes in the Armed Forces Men’s Soccer Championship scheduled for May 13 through 21 at MCAS Miramar.

‘Front Porch’ offers fun time for all

Press Release

Marine Corps Community Services Hawaii

Marines, Sailors and families are invited to Dewey Square, April 15 from 2 to 6 p.m. for K-Bay’s “Front Porch” event.

This free event will introduce the Marine Corps Base Hawaii community to the multitude of volunteer opportunities available, as well as to share a variety of Marine Corps Community Services programs. “Front Porch” is an opportunity for neighbors to meet and network in a fun, social environment.

More than 25 organizations will be featured for an afternoon of fun and information. Enjoy unit contests and other fun events for all. For those interested in learning or trying something new, there will be demonstrations and resource tables. Informational booths from community groups and MCCS, will showcase volunteer opportunities.

Some of the activities on site include learning to properly prepare authentic sushi and how to make a traditional Hawaiian lei. Each demo is approximately

20 to 30 minutes long. There will also be prize drawings given away throughout the event.

Families with children are encouraged to take part in the day’s fun. Moms and dads can bring the kids by the keiki corner to take part in various activities. Tots interested in the arts can have their own caricatures drawn, or get tatted-up with fashionable airbrush tattoos. The “Bird Man” will also be making a surprise visit to the corner for photos with the kids.

Active duty Marines and Sailors are encouraged to participate in unit contests, register for volunteer opportunities, join in a “selfie-centered scavenger hunt” and other activities.

Adding to the fun events will be live entertainment. Keeping guests entertained, the U.S. Marine Corps Forces Pacific Show Band will be stopping by for a special live performance. Hula, karate and dance and gymnastics groups will also be gracing the event stage.

Join the fun at K-Bay’s “Front Porch” event. For more information, contact Estella Euclide at Marine and Family Programs, 257-0372.

COMMUNITY, VOLUNTEER BRIEFS

Free meditation class offered to military

Active-duty service members, veterans and spouses are eligible for a free evening instruction in meditation and talk that runs every Wednesday through April 22 from 7 to 8:30 p.m. at the Kailua Shambhala Meditation Center. The center is located at Aikahi Shopping Center, near Mokapu Gate, on the second floor stairs by the Navy Federal Credit Union. Mindfulness Meditation has been adopted by the U.S. Army, and soon by the Navy, for resiliency training. It has been shown to be beneficial for situational awareness, and treating post-traumatic stress disorder, anxiety, depression, stress and lowering blood pressure, among other health benefits. Participants are welcome to attend one class or all. For more information, visit kailua.shambhala.org.

Prince Kuhio Parade happening in Waikiki

The City and County of Honolulu is scheduled to host the Prince Kuhio Parade Saturday from 10 a.m. to noon from Saratoga Avenue to Kapiolani Park. The parade honors the accomplishments of Prince Jonah Kuhio Kalanianaʻole, founder of the Hawaiian Civic Club movement and proponent of the Hawaiian Home-land Act of 1920. The parade is followed by a Hoʻolauleʻa and Hoʻikeʻike at Kapiolani Park, from 11 a.m. to 3 p.m., which features native Hawaiian arts and crafts, exhibits, food and music. For more information, visit princekuhiofestival.org.

Bellows AFS offering free movies

Bellows Air Force Station is offering free movies and popcorn, Mondays and Wednesdays, at 4 p.m. at Turtle Cove. Schedule is subject to change, contact Turtle Cove for details at 259-4136. The schedule is as follows: Monday “If I Stay” (PG-13) Wednesday “Penguins of Madagascar” (PG)

Volunteer for tournament

P.A.R.E.N.T.S. Inc. is recruiting volunteers for its fourth annual Kickball Tournament. The tournament is slated for April 11 at Kaneohe District Park. Shifts start at 6 a.m., with the last shift ending at 6 p.m. Volunteers can help with as many shifts as they’d like. The tournament supports the nonprofit, which is working to end child abuse and neglect in Hawaii. Shifts are in four-hour period, with volunteers needed:

- 6 to 10 a.m.
- 10 a.m. to 2 p.m.
- 2 to 6 p.m.

All volunteers will be provided with light snacks and refreshments throughout the day. Volunteers who are signed up for the 10 a.m. to 2 p.m. shift will receive lunch. Volunteers will also be provided with a T-shirt. For more information or to download a registration form, visit www.hawaii-parents.org/2015-kickball-tournament. E-mail or fax completed forms to Tara Buckley, Oahu program director, at tara@hawaii-parents.org or 247-0447.

Kapolei Commons to host egg hunt

The fifth annual Easter Egg Hunt is slated for April 4 from 9:30 a.m. to 12:30 p.m. on the lawn near Kapolei Commons, located at 4450 Kapolei Parkway. This free event is for children ages 2 to 10, and includes a photo booth with the Easter Bunny and Miss Kitty. Registration for the hunt starts at 9:30 a.m. and is limited to 200 kids per age group. Colored wristbands will be assigned to children in each group. Chil-

dren must be able to hunt for eggs on their own. Adults will not be allowed in the egg hunt area, except for children with special needs.

- 10 a.m. - 2 year olds
- 10:30 a.m. - 3 to 4 year olds
- 11 a.m. - 5 to 6 year olds
- 11:30 a.m. - 7 to 8 year olds
- noon - 9 to 10 year olds

Visit www.thekapoleicommons.com for more information.

Mark your calendar for “I Love Kailua” Town Party

The “I Love Kailua” Town Party, now in its 23rd year, is scheduled to take place April 26 from 11 a.m. to 4 p.m. on Kailua Road. Organizers are encouraging Kailua residents to walk or bicycle to the pedestrian-friendly event. More than 50 Windward artists and hand-crafters will have their work on sale. There will be displays and sales of plants and orchids. Kamaʻaina Kids will sponsor a keiki fun zone with rides and activities. Castle Medical Center will have a mini health fair with free screenings; and a variety of community groups will have information to share. Party-goers will hear live stage entertainment by Puamana, Halau Mohala Ilima, the U.S. Marine Corps Forces, Pacific Band, Hooligan’s Harp, Pattye’s Hula Studio and the Sounds of Aloha Chorus. For more information, visit www.LaniKailuaOutdoorCircle.org or call Amy Hammond at 234-0404.

Register for lei making workshops

The Department of Parks and Recreation will hold free lei making workshops before the 88th annual Lei Day Celebration at Queen Kapiolani Regional Park and Bandstand. There are categories for all ages and skill levels, so everyone is encouraged to enter. For more information, visit www.honolulu.gov/parks, access the “Programs and Classes” link on the left hand side, then the “Lei Day Celebration” link.

Habitat for Humanity seeks supporters for projects

Volunteers do not need construction experience. Honolulu Habitat for Humanity brings volunteers from the local community and communities all over the globe to build homes with low-income families in Oahu. The need for affordable housing remains high on Oahu, and Honolulu Habitat is attempting to increase its building rate in order to help as many families as possible. In order to volunteer, register at volunteerup.com/Login.asp?w=i&o=227. Volunteerup.com provides a calendar that shows all the ongoing projects, scheduled dates.

Pacific Aviation Museum to host Open Cockpit Day

The Pacific Aviation Museum is scheduled to host Open Cockpit Day May 16 from 9:30 a.m. to 4 p.m. in Hangar 79. Climb into the cockpit of one of several of our historic aircraft and talk story with pilots. Bring your camera. The event is free with museum admission and to museum members. For more information, visit pacificaviationmuseum.org.

Volunteer for conference

Volunteers are needed as greeters, ushers and for several other positions during the Pacific Rim International Conference on Disability and Diversity. The conference is scheduled May 18 and 19 at the Hawaii Convention Center in Honolulu. Keynote speakers will discuss a wide variety of topics on diversity and disability including mental health

concerns and disability access. For more information call 956-7539 or email prininfo@hawaii.edu.

Public invited to inaugural Windward Art Festival

The inaugural Windward Art Festival is scheduled July 4 from noon to 4 p.m. in the Kailua Elementary School cafeteria and lawn. Thirty of Oahu’s local artists and crafters will showcase hand-crafted pieces. There will also be entertainment and demonstrations. For more information, contact Sherree McKellar at sherreemckellar@hawaii.rr.com, or visit the website: hawaiiwag.com.

Celebrate ukuleles at festival

Admission is free to the 45th annual Ukulele Festival, July 19 from 10:30 a.m. to 5 p.m. at Kapiolani Park. Ukulele musicians from Hawaii and around the world will perform. There will be food booths, ukulele displays and ukulele lessons. Free parking and shuttle service will be available at Kapiolani Community College. For more information, email info@ukulelefestivalhawaii.org or visit www.ukulelefestivalhawaii.org/en/.

Oahu SPCA recruiting volunteers

The Oahu Society for the Prevention of Cruelty to Animals is looking for volunteers. Tasks may include cleaning, grooming, socialization, exercising, outreach, special events, office administration and data entry. All children under 15 years old must be accompanied by a parent or guardian the entire time while volunteering. Volunteers must be older than 18 to work in the dog kennels. Oahu SPCA volunteers will receive a short orientation and on-the-job training when they start volunteering. Volunteers are welcome to work any time from 7:30 a.m. to 1 p.m. seven days

a week, times subject to change on holidays. Complete the form at oahuspca.com/volunteer/.

Arts and crafts volunteers needed at TAMC

The American Red Cross is seeking volunteers interested in improving the quality of stay for patients and their families at Tripler Army Medical Center through arts and humanities. Those interested can contact Yolanda Gainwell at 433-6631 or yolanda.m.gainwell.vol@mail.mil.