

Hawaii Marine



Hangin' loose with Lima

Cpl. Nathan Knapke | Marine Corps Base Hawaii

Marines with Lima Company, 3rd Battalion, 3rd Marine Regiment, rappel out of a CH-53E Super Stallion at Marine Corps Training Area Bellows' Military Operations on Urban Terrain facility during Exercise Island Viper, Wednesday.

Marines fast-rope into urban terrain at MCTAB

Cpl. Nathan Knapke
Marine Corps Base Hawaii

MARINE CORPS TRAINING AREA BELLOWS — Marines with Lima Company, 3rd Battalion, 3rd Marine Regiment, demonstrated their ability to fast-rope out of a CH-53E Super Stallion at Marine Corps Training Area Bellows,

Hawaii during Exercise Island Viper, Wednesday.

Lima Company completed participation in the exercises' "round robin" with the rest of the battalion's companies today. The round robin consisted of three main sections of training, which included amphibious, live fire and urban training throughout

the 15 training days of Exercise Island Viper.

Marines learned how to properly plan, rig and execute helicopter rope suspension techniques during the exercise.

"No one has ever fast-roped directly into the MOUT town before today," said 1st Sgt. Chad Coston, Lima Company first sergeant with 3rd Bn., 3rd Marines.

"People told us several times that it couldn't be done, but when you're with 3rd Battalion, 3rd Marines long enough, it becomes obvious that we complete objectives that no one else can or wants to."

Lima Company Marines loaded into

See LIMA, A-4



Kristen Wong | Hawaii Marine

Chief Warrant Officer 3 Joseph Banks, installation postal officer and official mail manager at the Marine Corps Base Hawaii post office, applies signs to the new parcel drop box outside of Mokapu Mall, Wednesday.

MCB Hawaii modernizes postal operations

Kristen Wong
Hawaii Marine

From October 2013 through mid-March 2014, the Marine Corps Base Hawaii military post office, the base Business Performance Office, United States Postal Service and additional subject matter experts worked to improve postal operations aboard the installation.

Recent changes include the very first two parcel drop boxes to be installed on a military installation, direct mail delivery to the base and the relocation of mail collection boxes on base. Other installations, including Joint Base Pearl Harbor-Hickam and Marine Corps Recruit Depot San Diego, are following suit.

The group utilized a method called Lean Six Sigma, or continuous process improvement. This series of assessment and improvement tools have been used by many organizations, including the Department of the Navy. Personnel are LSS certified using a belt-color

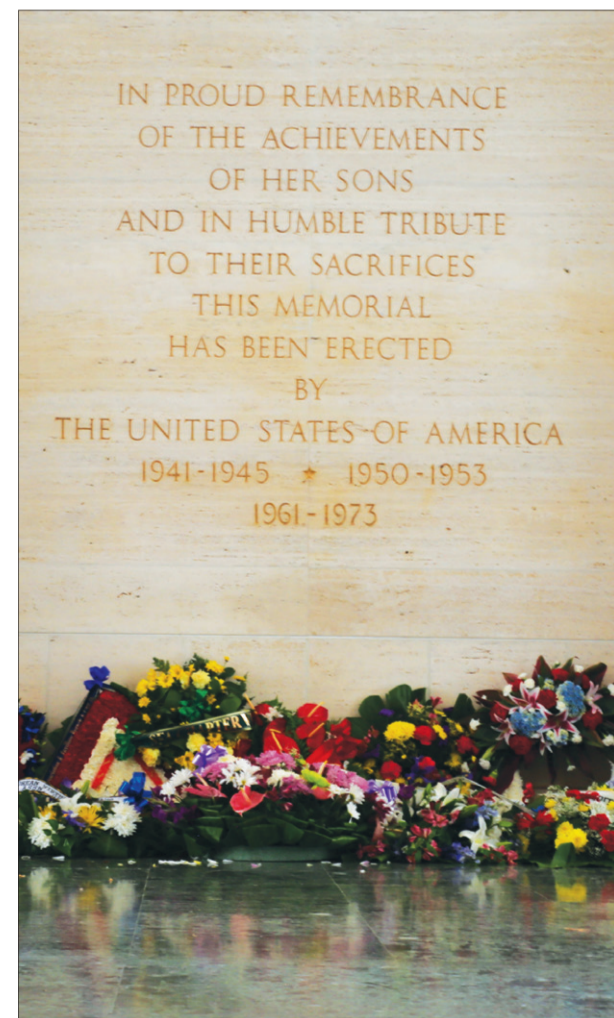
system.

"(Lean Six Sigma is) a systematic way to look at a process and come up with ways to (improve on that process)," said Kevin Emery, the West Team lead for Enterprise Performance Support for Plans and Resources out of Headquarters Marine Corps. "It's 'Business 101.'"

The endeavor resumed direct mail delivery from local post offices to the base. Chief Warrant Officer 3 Joseph Banks, the MCB Hawaii installation postal officer and official mail manager, noticed the postal Marines were driving to Kailua Post Office and the Honolulu Processing and Distribution Center to pick up mail for Kaneohe Bay and Camp H.M. Smith. The local post office had not delivered mail directly to the base since 2010 for various reasons. Now that direct delivery has resumed, the base is annually saving

See POSTAL, A-4

SPECIAL HONOR ON MEMORIAL DAY



Lance Cpl. Suzanna Knotts | Marine Corps Base Hawaii

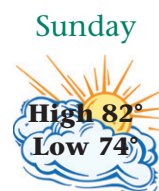
Visitors of the National Memorial Cemetery of the Pacific observe Memorial Day by placing flowers and leis throughout the memorial building, Monday. They also placed small American flags and leis on each gravesite of the service members buried there. The cemetery, which is open daily, contains a memorial pathway that is lined with a variety of memorials that honor America's veterans from various organizations.



Safety for the summer
MAG-24 conducts its safety stand-down at Hale Koa beach, A-3



Down and dirty
Marines, sailors join community in Makahiki celebration, B-1



NEWS BRIEFS

Tricare offers 24-hour nurse advice line

Starting May 30, Hawaii TRICARE beneficiaries can call the nurse advice line 24 hours a day, seven days a week for professional medical advice from registered nurses. Call 1-800-tricare (874-2273); option 1.

HQMC hosting sports, fitness, recreation survey

Through May 31, Headquarters Marine Corps is conducting a brief online survey for feedback on sports, recreation and fitness programs, and events at www.surveymonkey.com/s/semperfitandrecreation.

Camp Smith Education Center hosting open house

Meet with representatives from 15 colleges offering undergraduate and graduate degrees at Camp H.M. Smith's U.S. Marine Corps Forces, Pacific building from 11 a.m. to 1 p.m., June 2. Learn about education, library, and personal finance management benefits and services, degrees and certificate programs available on base and online. Visit the open house and receive credit for the mandatory College 101 Tuition Assistance brief. Representatives from Hawaii Pacific University, Embry Riddle Aeronautical University, Chaminade University of Honolulu, Heald College and more will be available for questions. For more information, call 257-2158.

Naval Health Clinic Hawaii closed June 6

All Naval Health Clinic Hawaii operations will be closed June 6. This includes all medical and dental facilities at the clinics aboard Makalapa, Camp H.M. Smith, Wahiawa, Kaneohe Bay, Naval Shipyard and Pacific Missile Range Facility Barking Sands.

Providers will be attending required training to ensure delivery of the best and most current patient care. Beneficiaries are asked to take this into consideration when scheduling care. All routine care should be planned prior to or after June 6. This includes appointment scheduling, prescription refills, laboratory draws, etc.

All clinics will re-open for regular business hours June 9. For NHCH hours of operation, visit www.med.navy.mil/sites/nhch. Beneficiaries can speak to a health care provider at any time the clinics are closed by calling the toll-free "Nurse Advice Line" at 874-2273, ext. 1. For emergencies, dial 911 or go to Tripler Army Medical Center. For active-duty dental emergencies, dial 864-4705.

Blue Star Museums offering limited free admission

Blue Star Museums is a collaboration among the National Endowment for the Arts, Blue Star Families, the Department of Defense, and more than 2,000 museums across America. The program runs now through Labor Day, Sept. 1. The free admission program is available to any bearer of a valid military identification card, which includes active duty Army, Navy, Air Force, Marines, Coast Guard, as well as members of the National Guard and Reserve, U.S. Public Health Service Commissioned Corps, NOAA Commissioned Corps and up to five family members. Some exhibits may not be included in this free admission program. For more information, visit arts.gov/national/blue-star-museums.

LZ 216 and Lemon Lot closures for RIMPAC

Landing Zone 216 will not be available from June 23 through Aug. 8 during the 2014 Rim of the Pacific Exercise. The Provost Marshal's Office will also clear out the Lemon Lot next to LZ 216 at the end of May for RIMPAC.

Important phone numbers

On-base emergencies	911
Child Protective Services	832-5300
Fraud, Waste, Abuse & EEO	257-8852
Base information	449-7110
MCB Hawaii chaplain	257-3552
DEERS	257-2077

Hawaii Marine

www.mcbhawaii.marines.mil

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Photos by Master Sgt. Chad McMeen | U.S. Marine Corps Forces Europe and Africa

The commandant of the Marine Corps, Gen. James F. Amos and other American and French dignitaries make their official arrival into the parade grounds of the Aisne-Marne American Cemetery to begin the Belleau Wood Ceremony. United States Marines and their French counterparts gathered at cemetery Sunday to celebrate Memorial Day, and to mark the 96th anniversary of the historic Battle of Belleau Wood.

U.S., French commemorate 96th anniversary of Belleau Wood

Maj. Lauren Schulz

U.S. Marine Corps Forces Europe and Africa

BELLEAU, France — Ninety-six years ago marks the anniversary of the historic Battle of Belleau Wood. To commemorate the battle and celebrate Memorial Day, hundreds of men and women came together at Aisne-Marne Cemetery in the small town of Belleau, France.

"It is a moral duty, but also an immense honor, to pay homage to the memory of all those who fell for a just cause," said French Army Gen. Bertrand Ract-Madoux, chief of staff of the French Army. "This year, once again, the United States and France commemorate the anniversary of the Battle of Belleau Wood, which took place, here between the 1st and 26th of June, 1918."

The morning began with a wreath laying ceremony on the historic grounds of Belleau Wood where the commandant of the Marine Corps, Gen. James F. Amos and Ract-Madoux addressed the United States Marines and French soldiers that traveled from around the world to be part of the ceremony.

"There is perhaps no more hallowed ground than Belleau Wood where we stand today. In the history of the United States Marine Corps the battle of Belleau Wood was an epic fight that defined the Marine Corps forever," Amos said.

Amos, on behalf of the President of the United States, also presented Ract-Madoux with a Legion of Merit, for his superior service and strengthening the relationship and interoperability between the United States and France. During the award presentation, Amos spoke about the ongoing friendship between the two nations and the training partnership between 2nd Marine Division and the 6th Armored Brigade of the French Army.

"We will train together in the future and we will deploy together in the future," he said.

Following the more intimate ceremony, the Marines, soldiers and family members walked through the woods down to the Aisne-Marne Cemetery to join the crowds for the main event.

The main event included welcome remarks from the cemetery's superintendent, David Atkinson, the mayor of Belleau, Nadia Crapart, a reading of poems from local students and memorial addresses from Amos and Ract-Madoux.

Following the addresses, officers and representatives from both nations laid wreaths. Firing of volleys took place, followed by taps, the raising of the United States and French colors and a concert by the French and American military band units.



A Marine bugler with the 2nd Marine Division Band in period uniform stands waiting for his cue to begin playing taps during the Belleau Wood Ceremony.

CDET STUDENTS GRADUATE AT 16TH ANNUAL CEREMONY



Kristen Wong | Hawaii Marine

Capt. Shane R. Ward, a Marine currently attached to the Operations and Training Directorate at Marine Corps Base Hawaii and a distinguished graduate of the Expeditionary Warfare School Distance Education Program, poses for a photo with Maj. Gen. Richard L. Simcock, deputy commanding general of U.S. Marine Corps Forces, Pacific, during the 16th annual graduation ceremony at the base theater for two College of Distance Education and Training programs, May 22. The ceremony recognized more than 100 graduating service members of EWSDEP or the Command and Staff College Distance Education Program. Simcock was the guest of honor and made remarks at the ceremony.

Hands-on safety prepares service members for summer

Rochelle Smolinski

Hawaii Marine

Marine Aircraft Group 24 conducted a safety stand-down at Hale Koa Beach for firsthand safety information sessions, May 22.

Unit members rotated through several 25-minute stations highlighting topics such as the proper use of seafaring equipment, hiking safety measures and the dangers of driving while impaired.

Gunnery Sgt. Jeremy Miller, ground safety officer at MAG-24, said this is the second year MAG-24 has hosted their 101 Critical Days of Summer Safety Stand-down outdoors. Last year's was held at Marine Corps Base Hawaii's marina.

"A safety stand-down like this is important to have in an engaging setting instead of 'death by PowerPoint,'" Miller said. "It really helps the Marines with information safety and prevention as a whole."

This year, Miller and Maj. Chad Bignell, director of safety and standardization at MAG-24, ran nationwide statistics on drunk driving and every minute asked



Honolulu Fire Department rescue workers remove the sheared roof from a junked sedan during a Jaws of Life demonstration at the Marine Aircraft Group 24's safety stand-down at Hale Koa Beach, May 22.

Photos by Rochelle Smolinski | Hawaii Marine

one attendee to wear an "Injured in an alcohol-related vehicle incident" sticker. Every 50 minutes, an attendee was chosen to wear a white T-shirt that read "DUI Fatality."

The physical representations made visual just how many lives are affected by drivers operating vehicles while under the influence of alcohol.

Capt. Greg Hartfelder, Marine Unmanned Aerial Vehicle Squadron 3 liaison to MAG-24, was the first participant in the stand-down to wear the "DUI Fatality" shirt.

"I think it reinforces the reality of things," Hartfelder said. "We lose too many to completely-preventable scenarios."

Marines also got to experience a simulated drunk-driving course by pedaling bikes while their vision was jumbled by "beer" goggles. Marines were also briefed on water sport equipment, weather and ocean awareness, safety laws, and best practice instruction for stand-up paddleboarding and kayaking.

Pfc. Henry Rivera, aviation operations

specialist with MAG-24, said he has never been kayaking before now.

"This is my first stand-down in Hawaii and I think it was really informative," Rivera said. "They taught us what to do because if I didn't know beforehand I could hurt someone."

The unit reconvened before lunch for an information session with the Honolulu Fire Department which cautioned appropriate dress and packing adequate provisions while hiking Hawaii's jungles. They also demonstrated rescue procedures they have performed for stranded and injured hikers.

Maj. Gerard Fontenot, Headquarters Company commander, volunteered for the helicopter rescue diaper demonstration.

"If I was in a rescue situation, I wouldn't mind (the rescue diaper) at all," Fontenot said. "I really appreciate what these guys do. I have a lot of respect for them, for their craft and their training."

Fontenot became a "DUI fatality" toward the end of the stand-down.

The unit also gathered for the Mothers Against Drunk Driving organization's Hawaii chapter executive director, Toni Muranaka, and guest speaker Traci Jacob, a trauma surgery amputee, to hear a recount of Jacob's unhappy vehicular collision with a drunk driver.

Jacob suffered spine and head injuries and had to have her right arm surgically removed just below the elbow in a crash that occurred 30 years ago. She said she hopes the Marines make wise choices through prevention.

The stand-down went out with a Jaws of Life demonstration on a junked sedan. Rescuers took roughly 20 minutes to remove Rescue Randy, the Honolulu Fire Department's rescue dummy, from the vehicle.

"With this event we are giving the Marines and sailors the tools required to manage risks typically associated with summer activities," Bignell said. "We aim to arm them with the tools necessary to make good decisions in an effort to preserve our most precious assets — our Marines and sailors."



Maj. Gerard Fontenot, Headquarters Company commander at Marine Aircraft Group 24, gets strapped in to a rescue diaper by rescue specialist Chris Nolan, Honolulu Fire Department, May 22.



PMO Corner

PMO Corner is a recurring series provided by the Provost Marshal's Office, providing crime prevention and safety information to Marine Corps Base Hawaii.

PMO contacts

To report suspicious activity/behavior or for non-emergency calls, contact the desk sergeant:

257-1018/2123 (building 1096)

Check in/out, fingerprinting or weapon registration:

257-6994 (building 1095)

Pet registration, fishing regulations or lost/found animals, contact the PMO game warden:

257-1821 (building 3099)

Vehicle decals, base passes and vehicle registration:
257-2047/0183 (building 1637/1095 for MCB Hawaii)
477-8734/8735 (building 601 for Camp H.M. Smith)

Traffic regulations, citations or traffic court, contact the Traffic Court bailiff:

257-6991/6992 (building 1095)

For all other numbers not listed, contact base information: **449-7110**

For more information, visit the PMO website:

<http://www.mcbhawaii.marines.mil/Departments/ProvostMarshalsOffice.aspx>

DEFY Summer Leadership Camp 2014

The Drug Education For Youth Summer Leadership Camp is scheduled from July 14 through 28 aboard Marine Corps Base Hawaii. The nationwide DEFY program, sponsored by the Department of Defense, teaches leadership and teamwork skills, builds self-esteem, goal-setting, drug awareness and prevention, and deglamorization of "gang mentality" for children ages 9 through 12 years old.

Although military children are given preference, civilian children are allowed to participate if there is enough space. Applicants are received on a first-come, first-served basis.

During the non-residential, eight-day program, participants meet each morning at the

Provost Marshal's Office in building 1095. Parents will pick up their children at the same location at 4 p.m. The program is free, and includes transportation for field trips, admissions, snacks and lunch.

The program is also accepting applications for volunteers 18 years and older to assist in the two-phase program. The volunteers assist during an eight-day summer camp and one Saturday a month for nine months in a youth-mentoring program. The application deadline for the program is June 6. Volunteer positions include mentors, healthcare supervisor and camp photographer.

For more information or to pick up volunteer and participant applications, email molly.pope@usmc.mil or jessica.burns@usmc.mil.

Lost and Found

Lost and Found is located at the Provost Marshal's Office in the Physical Security section of building 1095. If you are attempting to claim property, please provide any proof of ownership you may have available. A person claiming ownership of any item(s) will be required to provide a detailed description of the article prior to release. Call Sgt. Steven Mitre at 257-8557, for more information.



Cpl. Nathan Knapke | Marine Corps Base Hawaii

A Marine anchors the rappelling rope to allow safe landing for his squad as they rappel out of a CH-53E Super Stallion on the Military Operations on Urban Terrain facility at Marine Corps Training Area Bellows, during Exercise Island Viper, Wednesday.

LIMA, from A-1

the Super Stallions one platoon at a time. The extraction point was on the opposite side of MCTAB, where the Super Stallions picked up the Marines and then flew them over to the MOUT insertion point. A ramp in the Super Stallion's belly opened up for Marines to drop the rope

and rappel to the ground.

The first Marine to hit the ground held the rope still to allow the rest of the platoon safe travel down the rope. The rest of the platoon set up security around the perimeter of the landing zone until the entire platoon was on the ground and ready to advance through the MOUT town.

Marines then formed up into their fire teams and advanced through all MOUT town objectives. Opposing force role-players were dispersed throughout MOUT town to provide Marines a realistic urban warfare scenario.

After they completed their missions of clearing the MOUT town, the squads rallied on the opposite side of the MOUT

town for extraction.

"This exercise is just another example of how we show our capabilities to complete any mission that comes our way," Coston said. "After Exercise Island Viper, Rim of the Pacific Exercise and the Talon Exercise there is no doubt our battalion will be ready for any of our nation's conflicts."

POSTAL, from A-1

approximately \$7,000 annually in fuel and vehicle maintenance costs and about 1,500 labor hours.

"It gives our Marines (more time) to be Marines, and to focus on other important aspects of the post office and service both Camp Smith and Kaneohe Bay," Banks said.

By November of last year, the postal Marines had received formal training, revised standard operating procedures and created step-by-step visual aids for mail scanning. Since then, scanning performance scores, which reflect timeliness and accuracy of mail delivery, improved. The Camp Smith post office achieved a 100 percent score three times and Kaneohe Bay has scored as high as 98.62 percent, beyond USPS's 96 percent standard.

"There are a lot of improvement opportunities if you just get the right people in the room together at least once or twice a week," said Leo Green, a BPO management analyst and event team lead.

Green said he was impressed with the dedication of the team members, support from base leadership and the outstanding level of teamwork within the BPO.

"I think it's good that they took the initiative to improve the mail collection process," said Toni Hoy, a BPO management analyst. "It's going to be a very successful project."

Hoy, a green belt-level in LSS, mentored other LSS-certified hopefuls as they worked on CPI events.

Banks said the postal Marines reported several of the base's mailboxes were only collecting two to 10 mail pieces daily, largely due to their current locations, a far cry from the required USPS minimal average per collection box of 25 mail pieces per day.

The Wiki Wiki Market mailbox will be moved to the front of Mokapu Mall; the Anderson Hall Satellite Facility mailbox will be moved to the flightline Marine Mart; and the mailbox at the H-3 gate Marine Mart will move to the gas station side of the mart. The Anderson Hall Dining Facility and the base post office mailboxes will remain.

The USPS also gave MCB Hawaii two free parcel drop boxes, installed near the Camp Smith post office and on the Harris Avenue-side of Mokapu Mall. Banks said the boxes are beneficial because of their convenient location and 24-hour, seven-day a-week accessibility outside of normal USPS or military post office customer hours.

"The Marine Corps should focus more energy attention and money on CPI," said Gunnery Sgt. Gilbert, instrument repair technician at the U.S. Marine Corps Forces, Pacific Band, who worked toward becoming green belt-certified in LSS while assisting the base post office. "This is definitely getting outside of your comfort zone and doing something not the way we've always done it."



Chief Warrant Officer 3 Joseph Banks | Courtesy photo

Stanley Aricayos (left), Jason Tenn (center) and Jesse Machado (right), carpenters with the base Facilities Department's emergency and service shop, install the new parcel drop box outside of Mokapu Mall, Wednesday.

Sports & Lifestyle



Marines, sailors volunteer, participate in Makahiki Challenge

ABOVE: Participants attempt to cross the monkey bars in the Makahiki Challenge at Kualoa Ranch in Kaneohe, Hawaii, Saturday.

Photos by Lance Cpl. Matthew Bragg | Marine Corps Base Hawaii

Lance Cpl. Matthew Bragg

Marine Corps Base Hawaii

KANEOHE, Hawaii — Approximately 30 Marines and sailors from Marine Corps Air Station Kaneohe Bay volunteered their Saturday to help set up tents, park cars, host obstacles and participate in the Makahiki Challenge at Kualoa Ranch in Kaneohe, Hawaii.

The Kona Brewing Company endorsed the Makahiki Challenge, which is Hawaii's first obstacle

course and mud run. The event takes runners through a five-kilometer obstacle journey through tiresome hills, rough terrain and mud pits designed to test physical endurance and mental toughness, according to its website.

The majority of the volunteers were a part of Aircraft Rescue and Firefighting aboard MCAS Kaneohe Bay.

The volunteers arrived at Kualoa Ranch at 6 a.m. and, despite the pouring rain, began setting up tents

and directing parking.

"I like to volunteer a lot, so I do anything I can to get out of the barracks," said Cpl. Jorge Garay, an air traffic controller communications technician with MCAS Kaneohe Bay. "I just really enjoy being able to help everyone out, and I think just being here shows that we care a lot about the community."

Volunteers were also stationed at different obstacles around the course. There were 11 obstacles spread throughout the course to challenge competitors along the way.

"This was a good opportunity for us to come out and help the community volunteers this weekend," said Sgt. Jesse Ash, a career planner with MCAS Kaneohe Bay.

"We're out here in the rain, but the Army or the Air Force aren't here, so I guess it's Marines leading the way once again," he jokingly added.

Competitors finished the race covered in mud from head to toe, and after receiving a completion medal they rinsed off with sprinklers. They enjoyed food, games and entertainment to celebrate their completion of the Makahiki Challenge.

Once all of the participants finished the race, the Marines and sailors were able to run the course. It rained the entire morning, which left the course completely covered in mud.

The service members endured a giant water slide, low crawling through mud pits and climbing over a 15-foot wall, racing against each other to see who would finish first.

"The rain made the course pretty muddy, so it was hard to keep ourselves from sliding," Ash said. "It was a challenging course, but we also



A runner makes his way through the mud pits, Saturday.

had a lot of fun participating in the event."

Garay also added, "There were a lot of hills and they made me tired, but overall it was a lot of fun and an awesome experience," he said.

After the Marines and sailors finished the course, the event started coming to a close.

As the service members prepared to head back to Marine Corps Base Hawaii, the staff thanked the volunteers for the hard work.

"I think it's always a step forward in improving community relations when we do events like this" Garay said.



Participants in the Makahiki Challenge event do five pull-ups before moving to the next obstacle.



LEFT: Cpl. Robert Youngblood, a turret operator with Aircraft Rescue and Firefighting, Marine Corps Air Station Kaneohe Bay, low crawls through the mud at the mud pits.



Runners cling to their ropes as they climb over a 15-foot wall. Approximately 30 Marines and sailors volunteered to help set up tents, register participants, direct parking and oversee obstacles throughout the event. The Kona Brewing Company endorsed the Makahiki Challenge, which is Hawaii's first obstacle mud run. The event takes runners through a five-kilometer 11-obstacle journey through tireless hills, rough terrain and mud pits designed to test physical endurance and mental toughness.

PASS *IN* REVIEW

Your weekly guide to the best aspects of entertainment

Welcome to the Pass In Review, your No. 1 source for cinema, music, video game, book and product reviews. The Pass In Review crew consists of more than 10 critics, each with their own idea of what makes a movie, album, game, product or book great. Be sure to take advantage of the Better Know A Critic section, which spotlights this week's critics to better help you choose the critic with opinions most like your own. Using our breakthrough four-point scale system, you can quickly decipher what is worth your time and what isn't, or read the full review for an in-depth analysis and explanation of the rating. The rating system uses ammunition and range terminology, so if you're not familiar, here's a quick breakdown of the ratings ...

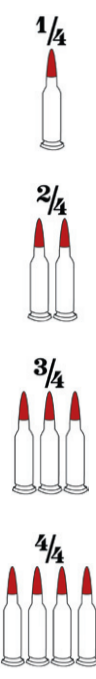
1/4 — No Impact, No Idea
Horrendous. Among the worst of the worst in its genre. Dedicating time to this is not only wasteful, but unforgivable. Avoid at all costs.

2/4 — High And To The Right
Mediocrity at its best. Lacks a few things that might have made it really good. A decent time waster, partake only if there's nothing better to do.

3/4 — On Target
Praiseworthy. A great endeavor, not quite an instant classic but still very entertaining. This is a sound investment of your time.

4/4 — Confirmed Kill
Genius. In the top 10 percent of its genre. This is the stuff legends are made of. Missing out on it would be a disservice to yourself.

So, there you have it and we hope you enjoy our weekly reviews. Don't forget, the Hawaii Marine accepts submissions from its readers so if you consider yourself a film buff, music aficionado, gaming geek or bookworm, feel free to submit your own reviews.



Better Know A Critic



Cpl. Sarah Dietz recently began dabbling into the gaming world, and is starting to gain interest in the new games being released. She chooses to play via XBOX 360 but will try other gaming devices when available. Due to her piqued interest in gaming, she welcomes suggestions from readers who need a critic for games. Suggest video games by emailing hawaiimarineeditor@gmail.com.

'Diablo III' is a devilishly good time

Cpl. Sarah Dietz
Marine Corps Base Hawaii

When it comes to the gaming world, I will be the first to admit that I am a newbie. I recently started using my Xbox 360, and I started out with "Diablo III: Reaper of Souls."

When the game was released for Xbox 360 and PlayStation 3 in September 2013, it sold roughly 3.5 million copies in 24 hours. After playing the game, I'm not surprised.

The hack and slash game places the competitor in action role-playing scenarios, with the choice of one of several characters to control. A player can choose to play as a wizard, barbarian, witch doctor or monk. I beat the game with the wizard but have dabbled in some of the other characters scenarios.

Each character you choose to play has his or her own backstory, which surrounds the main storyline of the game.

The game is set in Sanctuary, a dark fantasy world, where Leah Cane and her uncle, Deckard Cane, study ancient prophecies of a coming evil. A star falls from the sky and sets the story on its way.

In the eternal battle, angels and demons have fought over humanity and ultimately the destruction of either heaven or hell. Your character seeks to destroy evil once and for all by ultimately facing Diablo.

Along the journey, your player levels up, improves equipment, changes appearances and weapons. You also have companions who level up as well and provide much

needed assistance (speaking from a newbie perspective). "Diablo III" can be a two player game as well, allowing others to join in on your quest.

The game's graphics are done very well, and I was amazed at the detail and quality of the cut-scene footage between levels. Also, the imaginative thinking the creators had astounded me, in particular, the angels. I have never seen angels depicted the way they were in Diablo — as mighty warriors, in ridiculously cool armor and amazing electric/magical wings.

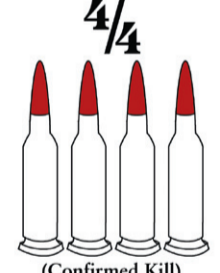
The demons, a variety of gruesome and hellish creatures, left me happy I had the privilege of destroying them all.

The game will take you from various lands on earth to the pit of hell and into the high heavens, chasing evil with intent to destroy it.

I would recommend this game to appropriate audiences, there are multiple gruesome innuendos and scenes which can only be described as ... "that's messed up."

I personally loved how the game was set up and particularly liked seeing my wizard character evolve over time.

If it has been a little while since you have tried your hand at the fantasy world, "Diablo III" is a good place to start.




EXPANSION SET

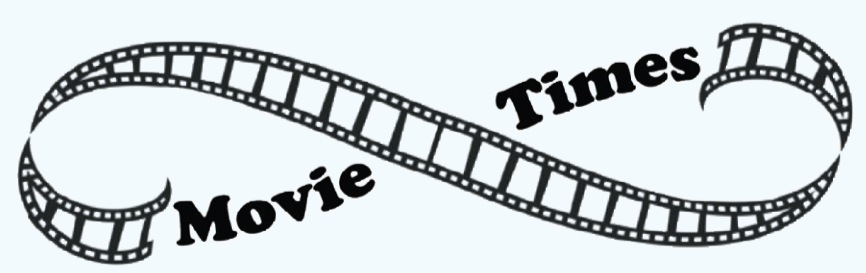
DIABLO

REAPER OF SOULS

MATURE 17+
M
CONTENT RATED BY
ESRB

INTERNET CONNECTION REQUIRED. PLAYER IS RESPONSIBLE FOR ALL APPLICABLE INTERNET FEES. BATTLE.NET REGISTRATION REQUIRED.

BLIZZARD ENTERTAINMENT



- "Brick Mansions" PG-13 Today | 6:30 p.m.
- "Transcendence" PG-13 Today | 9:15 p.m.
- "The Amazing Spider Man" (in 3-D) PG-13 Saturday | 6:30 p.m.
- "The Quiet Ones" PG-13 Saturday | 9:15 p.m.
- "Rio 2 (Final Showing)" G Sunday | 2 p.m.
- "The Other Woman" PG-13 Sunday | 6:30 p.m.
- "Heaven is for Real" PG Wednesday | 6:30 p.m.

Prices: All shows are \$4.25 for adults and \$3.25 for children. All 3-D shows are \$8 for adults and \$6 for children. For ticket pricing, the base theater box office defines an adult as a patron 12 and older and defines a child as a patron from 6 to 11. Children 5 and younger are admitted free of charge. Parents must purchase tickets for R-rated movies in person at the box office for children 16 and younger. Patrons must present their military identification card when purchasing tickets.

Summer safety

Tips to keep family, pets safe this season

Cpl. Janelle Y. Villa

Marine Corps Base Hawaii

Hawaii has a steady temperature between the mid-70s and high-80s, depending on the season. In the summer, the weather gets warmer and drier and the ocean becomes calmer and warmer, making it more welcoming for families. However, there are precautions families must take to be safe.

With the temperatures rising, both in the ocean and on land, more people head to the beach in their spare time.

Water and sun safety must be a number-one priority for families venturing out.

Children should never be left unattended near any body of water, whether a pool, lake or ocean. Swimmers should attempt to swim at beaches with lifeguards nearby.

"Everyone should always stop by the lifeguard tower with the lifeguards

on the beach," Sam Mench, beach supervisor, said. "We can recommend the best spots for them. The tide and water is always changing so it's best to check in with us and we can inform you."

Swimmers 15 years old and younger, need an adult present and within arms reach while in the base pool unless they have passed the required swim test.

There are swim lessons available for ages 2 through 7 at the base pool. For more information, call 254-7655.

"One mistake I see is parents put sunscreen on their children when they get to the pool," said Dino Leonard, assistant manager at the base pool. "They should be putting sunscreen on 20 minutes before leaving their home. When they

put the sunscreen on as soon as they get to the pool the children usually go right into the water and the

sunscreen washes off."

Use sunscreen with at least 30 SPF for best protection.

Apply sunscreen before entering the sun and every half hour to hour to avoid the damaging effects of the sun. Have an umbrella to hide from the steady glare of the Earth's nearest star. Hats and sunglasses are also good ideas to keep eyes and the very sensitive skin of the face safe from harmful rays, Mench explained.

"It is important to know if you are susceptible to heat stroke or exhaustion," Mench said. "People in bad health as well as older individuals and younger children are more susceptible to heat stroke. It is important to avoid alcohol and working out in the middle of the day."

Someone should check on the elderly during warm days as well as ensuring that children are receiving enough liquids and staying hydrated.

Symptoms of heat stroke include confusion, high body temperature, throbbing headache and hot, dry skin or profuse sweating, according to www.charleston.af.mil.

"People suffering from heat exhaustion should be taken to a shaded area and given small amounts of water at a time," Mench said. "However, if someone is having a heat stroke they should not be given any water but placed in a shaded area with a cool wet towel compress and they should contact a medical professional immediately."

Pets are just as susceptible to heat stroke as humans, according to

Sun safety

- * Wear sunscreen even when cloudy
- * Use sunscreen with at least 30 SPF
- * Re-apply sunscreen every 30 minutes
- * Wear a hat and sunglasses for extra protection
- * Drink plenty of water

humansociety.org. It is important to always have cool water available and shade when outside. Never leave children or pets in a parked car. A car's temperature can rise within minutes, even with the windows cracked.

Signs of heat stroke in pets include heavy panting, glazed eyes, difficulty breathing and lethargy according to humansociety.org. Very young and very old pets are at a high risk as well as animals with short muzzles.

To treat heat stroke apply ice packs or cool towels to the animals head, neck and chest and give small amounts of cool water or ice cubes. It is important to bring the animal to the closest vet.

Summer can be fun for the whole family but only when safety comes first. For more information, visit wakehealth.edu.

Base pool hours

Monday: Closed
 Tuesday through Friday:
 11 a.m. to 1 p.m.
 Lap swim and training
 1 to 6 p.m. Lap and open swim
 Saturday, Sunday, holidays: noon to
 5 p.m. Lap and open swim

Pet summer safety

- NEVER leave pets in a parked car
- Limit exercise on hot days
- Provide shade and plenty of cool water when outside
- Add ice to water on hot days

Watch for signs of heat stroke

- Heavy panting, glazed eyes, difficulty breathing, lethargy
- Very young, very old pets and pets with short muzzles are at a higher risk of heat stroke

To treat apply ice packs to the head, neck and chest. Give small amounts of cool water and ice cubes. Take to the closest veterinarian.

www.humansociety.org

Beach Lifeguard Hours

Monday to Friday: 11 a.m. to 6 p.m.
 Saturday, Sunday and federal
 holidays: 8 a.m. to 6 p.m.

Naval Health Clinic Hawaii realigns medical home port teams

Susan Schultz

Naval Health Clinic Hawaii

JOINT BASE PEARL HARBOR-HICKAM — Effective Sunday, Naval Health Clinic Hawaii's Makalapa Clinic will transition from four to three medical home port teams.

As the operational tempo continues to wind down following more than 11 years of war and multiple deployments, NHCH is now slightly overstaffed given its current enrollment. Accordingly, certain contracts for primary care

providers will not be renewed which will then facilitate full and efficient utilization of permanent Navy active-duty and federal civil service providers. The clinic's reputation for providing world-class patient-centered care to Joint Base Pearl Harbor-Hickam and Marine Corps Base Hawaii will continue as the command reshapes and realigns its resources.

In addition to transitioning from four to three medical home port teams at the Makalapa Clinic, pediatrics will merge with family practice to form

blended teams. Some military and civilian providers are rotating out of the command and some will move to different medical home port teams within the command.

The clinics strive to provide family-centered care and are working to minimize the impact of these changes and keep families together in the same medical home port teams. The clinic will maximize resources to maintain mission readiness, provide value and continue quality patient-centered healthcare to all patients.

Beneficiaries enrolled with a provider leaving NHCH will be assigned a new primary care manager and notified by a letter. Beneficiaries also have the option of changing a provider by contacting the TRICARE Service Center at www.tricare.mil or calling UnitedHealthCare's toll-free call center at 1-877-988-9378. As part of the "Your Health, Your Choice" initiative, non-active duty TRICARE beneficiaries may opt to enroll at any open military treatment facility regardless of service affiliation.

COMMUNITY, SPORTS, VOLUNTEER OPPORTUNITIES

Education Track scheduled in June

The two-day Education Track seminar prepares Marines and their spouses for a successful college career and is open to all active duty and their spouses. The class is scheduled June 5 and 6 from 8 a.m. to 4 p.m. in classroom B of building 220. For more information, call the Transition Readiness Program at 257-7796.

Summer Reading Program to kick off

Join the Summer Reading Program at the base library June 7 in building 219 at 10 a.m. Active duty, retirees, Department of Defense civilian, and dependents can participate. For more information, call 254-7621.

Make a recycled book journal at the library

Family members ages 10 and older can make a journal out of a recycled book at the base library in building 219, June 10 at 2 p.m. For more information, call 254-7420.

HQMC hosting video contest

The Devil Dogs of Comedy video contest runs through June 27 and is open to all Marines and sailors. Create and submit an original 10 to 30-second video to leatherneck.com to try to win a prize. For more information, visit www.leatherneck.com.

Semper Fit seeking All-Marines applicants

Applications are due by Aug. 12 for All-Marine Men's and Women's Softball Team tryouts. The camp is scheduled from Sept. 3 through 12 at Marine Corps Base Camp Lejeune. For more information, call 254-7590 or www.usmc-mccs.org/sports.

Boy scouts seeking volunteers

The local windward units for Boy Scouts of America are looking for unit commissioners and assistant scoutmasters. Boy Scout experience is not necessary. For more information, contact Richard Galluzzi at 380-5433 or richard.galluzzi@scouting.org.

Hawaii Red Cross offers free swim program

The Hawaii Red Cross is offering free swimming lessons for children and adults June 7, 14, 21 and 28 from 9 to 10 a.m. at Ala Moana Beach Park. To register, visit redcross.org/takeaclass or call 1-800-733-2767. The course fee is \$40 but for free registration, enter coupon code p298hilts0714 on the website. Enrollment is limited. Volunteer adults and teens, ages 14 to 18, are also needed for the program. To volunteer call 739-8179 or sign up at redcross.org/hawaii.

Semper Fit hosting KidFit

The Semper Fit Center is offering its KidFit program from June 2 through July 25 at the center, from 8:30 to 11 a.m. KidFit allows children to learn all aspects of physical wellbeing. The class is for children ages 6 through 12 and is held Monday, Wednesday and Friday. For more information call Semper Fit at 254-7597.

Project Hawaii, Inc seeks volunteers

Project Hawaii, Inc., is a nonprofit organization run entirely by volunteers, providing year-round services to the homeless children and help to end their cycle of poverty. The agency runs a teen mentoring summer camp that allows teens to grow their own leadership qualities and work alongside the homeless children throughout the summer. The organization is seeking one or two workshop leaders to implement a two-hour workshop with four female teens. These workshops can be a variety of topics that relate to teens, individual growth, self exploration, leadership and mentoring. They do not have to be a professionally-taught workshop, just something that the teens can grow from.

The workshops will be at the Trump Towers in Waikiki on July 1 and 2, between 10 a.m. and noon. To apply, email ProjectHawaiiInc@gmail.com with name, email, cellphone, mailing address and a workshop proposal. For more information, call Magin Patrick at 987-6018.