

THE 1ST INFANTRY DIVISION POST



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FORT RILEY, KAN.

TOW AWAY



Capt. Keith E. Thayer | 4TH IBCT

Sgt. 1st Class Joshua Nuss, first sergeant, Troop A (left) and Sgt. 1st Class Jason King, assistant operations NCO (right), both with 1st Sqdn., 4th Cav. Regt., take safe positions and observe as the gunner fires a tube-launched, optically tracked, wire-guided TOW anti-tank missile during a "top gun" competition Dec. 11 at Fort Riley.

'Quarterhorse' IDs top gun in TOW competition

By 2nd Lt. Seamus McMullen
and Amanda Kim Stairrett
1ST INF. DIV. PUBLIC AFFAIRS

Pfc. Devon Moreno, unable to clear the smile from his face, described firing an anti-tank missile.

"At first, when you fire it, it's going to click," the 20-year-old cavalry scout said. "Then, there's a brief pause, and then it's like, I guess, a volcano. It just erupts and just bangs, and then the vehicle shakes, and then it gets really hot. It gets really hot."

Moreno and five other troopers with the 1st Squadron, 4th Cavalry Regiment, 4th Infantry Brigade Combat Team, 1st Infantry Division were at a Fort Riley range Dec. 11 – the final step in a three-day competition to see who was the "Quarterhorse" squadron's top tube-launched, optically tracked, wire-guided missile shot.

TOW missiles serve as the primary long-range, anti-armor "punch" of a light cavalry squadron, according to



Capt. Keith E. Thayer | 4TH IBCT

Spc. Dawonta Henderson, cavalry scout, Troop A, 1st Sqdn., 4th Cav. Regt., trains on the TOW anti-tank missile system simulator Dec. 10 at Fort Riley. "Quarterhorse" squadron TOW gunners and crews trained extensively on virtual training systems prior to a competition to determine who was the best.

information from the unit. They are capable of knocking out the heaviest and most modern tanks at ranges of almost two miles.

What was it like to watch downrange as live missiles he fired blew up targets?

"Speechless," said Moreno, a Lakeside, California, native. "It's definitely exciting." In early December, brigade leaders learned 30 live TOW missiles in the division's stock were nearing the end of their shelf life. The

squadron's Soldiers conducted a TOW live-fire qualification in July, and Quarterhorse leaders jumped at the opportunity use the missiles to further develop their

See TOP GUN, page 8

Army Covenant now Total Army Strong

By J.D. Leipold
ANS

Editor's note: Kalyn Curtis, a reporter with the 1st Inf. Div. Post, contributed to this story.

What was once known as the Army Family Covenant is now referred to as Total Army Strong – a rebranding in effort to reaffirm senior Army leadership's commitment to Soldiers, families and civilians, and to build trust between the Army and its people.

Rather than having a prescribed list of what programs stay and go, Total Army Strong gives installation commanders the authority to determine what Soldier and family quality-of-life programs work best in their particular geographic communities.

"There is no change to our commitment to the Soldiers and families of the 'Big Red One,'" said Bill Bryant, Fort Riley's Directorate of Family and Morale, Welfare and Recreation. "We will continue to provide them with the high-quality services and programs they deserve and have come to expect at this installation. Actually, this will enhance our ability to provide the programs and services our patrons want and need, since it will empower our senior commander to determine the balance that works best for us here at Fort Riley."

In 2007, under the Army Family Covenant, Army leaders undertook a long-term

See ARMY STRONG, page 8



COURTESY PHOTO

Soldiers with Co. C, 2nd GSAB, 1st Avn. Regt., 1st CAB conduct rescue hoist training Jan. 16, 2014, at Kandahar Airfield, Kandahar, Afghanistan. The crews of Dustoff 66 and Dustoff 54 will be recognized by the Army Aviation Association of America Feb. 4 at Fort Rucker, Ala., as the Air and Sea Rescue of the Year award recipients for rescue and recovery operations Dec. 17, 2013, when a UH-60 Blackhawk was shot down in Zabul Province, Afghanistan.

Soldiers to be recognized by aviation association

By Sgt. Michael Leverton
1ST CAB PUBLIC AFFAIRS

Representatives from the Army Aviation Association of America are set to recognize two flight crews and a company with the 1st Combat Aviation Brigade, 1st Infantry Division for their efforts during a rescue operation in late 2013 in Afghanistan.

Nine members of Company C, 2nd General Support Aviation Battalion, 1st Aviation Regiment, 1st CAB are set to receive the Air and Sea Rescue Award for their roles after a UH-60 Black Hawk helicopter assigned to the 1st CAB was attacked Dec. 17, 2013, in Zabul Province, Afghanistan.

Six Soldiers – Chief Warrant Officer 2 Randy Billings, Chief Warrant Officer 2 Josh Silverman, Sgt. Chris Bohler,

Spc. Terry Gordon, Sgt. 1st Class Omar Forde and Staff Sgt. Jesse Williams – lost their lives in the attack. Billings, Silverman, Bohler, Gordon and Forde served with the 1st CAB and Williams served with the 2nd Cavalry Regiment, based in Vilsek, Germany.

Two MEDEVAC crews with Co. C – nicknamed Dustoff 66 and Dustoff 54 – were the first to arrive at the site and transported the crash's six casualties and one survivor. The crews later returned to provide treatment and evacuate seven Soldiers who suffered from cold-weather injuries.

"Dustoff Soldiers are passionate about the MEDEVAC mission," said Capt. John Henry Price, 2nd GSAB, 1st Avn. Regt., 1st CAB, 1st Inf. Div.

See RECOGNITION, page 8

Fatality-Free Day: More than just number

By Maria Betzold
1ST INF. DIV. POST

Soldiers were recently awarded with a day off for hitting the milestone of 222 days without a personally-owned vehicle accident.

"The factors in which a Soldier can be involved in a POV accident are numerous," said Dawn Douglas, safety and occupational health specialist, Garrison Safety Office. "Weather, fatigue, not wearing seat belts, excessive speed, distracted driving, road surfacing, road rage, alcohol, et cetera ... all of these risk factors exist."

Around 2009, POV ac-

cidents were the number one non-combat cause of death for Soldiers, according to Douglas.

"Each year, the Army's loss of Soldiers from off-duty POV accidents is greater than the on-duty accidents, which is why there is an emphasis on the reduction of off-duty POV accidents," Douglas said.

The POV Fatality-Free Day count increases as each day passes by. The only vehicle fatalities included in the count are POV fatalities, whether they happen on or off duty, and any Soldiers assigned to the 1st Infantry Division at Fort Riley on or off duty are subject to reset the POV Fatality-Free Day

count. This includes accidents involving cars, trucks, SUVs and motorcycles.

Every 111 days, Soldiers are rewarded with a day off at the discretion of their commanding officers. The use of increments of "1" correlates with the starting of the 111 days of Summer Safety Campaign, which starts every year before Memorial Day weekend and ends after Labor Day weekend.

"The highest number of days we have ever achieved was 500 days – Dec. 10, 2008, to April 24, 2010," Douglas said.

On April 25, 2010, Fort Riley lost a Soldier in a car accident.

Douglas said Soldiers could apply the principles of risk management by mitigating risks in multiple ways, like refraining from drinking alcohol while driving, wearing seat belts and not texting while driving.

"POV accidents are for the most part preventable," Douglas said.

One program that offers Soldiers a safe ride home and encourages them not to drink and drive is the Riley Ride program, which is offered on weekends. Soldiers can choose a \$5 or \$10 card at Leisure Travel Center and use it to ride from Fort Riley to Aggieville or back on a Friday or Saturday nights.

SAFETY HOLIDAY

As of Thursday, Jan. 8



days have passed since the last vehicular fatality at Fort Riley. One hundred and eight more and the post will celebrate with a safety holiday to take place at each unit's discretion.

HIGHLIGHTS



WARRIOR ZONE TO HAVE SLINGIN' INK TATTOO AND ART COMPETITION. FOR INFO, SEE PAGE 9.

ALSO IN THIS ISSUE



WOUNDED WARRIORS DIVE IN TO SCUBA LESSONS, SEE PAGE 13.

The next USAG Resilience Day Off is

JAN.

16

Obama, Hagel mark end of OEF

DOD NEWS

WASHINGTON – President Barack Obama and Defense Secretary Chuck Hagel each issued statements recently marking the end of the combat mission in Afghanistan.

After 13 years of combat operations, Operation Enduring Freedom drew to a close Dec. 28 in a ceremony at the International Security and Assistance Force headquarters in Kabul, Afghanistan.

“Today’s ceremony in Kabul marks a milestone for our country,” Obama said. “For more than 13 years, ever since nearly 3,000 innocent lives were taken from us on 9/11, our nation has been at war in Afghanistan. Now, thanks to the extraordinary sacrifices of our men and women in uniform, our combat mission in Afghanistan is ending, and the longest war in American history is coming to a responsible conclusion.”

“At the end of this year,” Hagel said, “as our Afghan partners assume responsibility for the security of their country, the U.S. officially concludes Operation Enduring Freedom ... In 2015, we begin our follow-on mission – Operation Freedom’s Sentinel – to help secure and build upon the hard-fought gains of the last 13 years.”

Today, though, “we give thanks to our troops and intelligence personnel who have been relentless against the terrorists responsible for 9/11 – devastating the core al-Qaida leadership, delivering justice to Osama bin Laden, disrupting terrorist plots and saving countless American lives,” the president said.

“We are safer, and our nation is more secure because of their service,” he said. “At the same time, our courageous military and diplomatic personnel in Afghanistan – along with our NATO allies and coalition partners – have helped the Afghan people reclaim their communi-



ISAF

Command Sgt. Maj. Delbert D. Byers salutes during the presentation of the Resolute Support Colors at a change of mission ceremony in Kabul. The NATO change of mission ceremony from ISAF to Resolute Support Mission was Dec. 28 in Kabul, Afghanistan.

ties, take the lead for their own security, hold historic elections and complete the first democratic transfer of power in their country’s history.”

“I want to express my deep gratitude to all U.S. personnel, both military and civilian, who have served in Afghanistan since 2001, many on multiple deployments,” Hagel said. “I also thank the thousands more who were a part of the mission at home and around the world. In fighting America’s longest war, our people and their families have borne a heavy burden, and some paid the ultimate price.”

“We honor the profound sacrifices that have made this progress possible,” the president said. “We salute every American – military and civilian, including our dedicated diplomats and development workers – who have served in Afghanistan, many on multiple tours, just as their families have sacrificed at home.

“We pledge to give our many wounded warriors, with wounds seen and unseen, the world-class

care and treatment they have earned. Most of all, we remember the more than 2,200 American patriots who made the ultimate sacrifice in Afghanistan, and we pledge to stand with their Gold Star families who need the everlasting love and support of a grateful nation.”

“Afghanistan remains a dangerous place, and the Afghan people and their security forces continue to make tremendous sacrifices in defense of their country,” Obama said. “At the invitation of the Afghan government and to preserve the gains we have made together, the U.S., along with our allies and partners, will maintain a limited military presence in Afghanistan.”

The U.S. will pursue two missions in Operation Freedom’s Sentinel, Hagel said.

“We will work with our allies and partners as part of NATO’s Resolute Support mission to continue training, advising and assisting Afghan security forces,” he said. “And, we will continue our counterterrorism mission against the

remnants of Al-Qaeda to ensure that Afghanistan is never again used to stage attacks against our homeland.”

“Our personnel will continue to face risks, but this reflects the enduring commitment of the U.S. to the Afghan people and to a united, secure and sovereign Afghanistan that is never again used as a source of attacks against our nation,” Obama said. “These past 13 years have tested our nation and our military. But compared to the nearly 180,000 American troops in Iraq and Afghanistan when I took office, we now have fewer than 15,000 in those countries. Some 90 percent of our troops are home.

“Our military remains the finest in the world, and we will remain vigilant against terrorist attacks and in defense of the freedoms and values we hold dear. And, with growing prosperity here at home, we enter a new year with new confidence, indebted to our fellow Americans in uniform who keep us safe and free.”

TRAFFIC REPORT >>>

NOTICES

Reveille and retreat signal the official start and end of the duty day. In an effort to pay respects during reveille at 6:30 a.m. and retreat at 5 p.m. Monday to Thursday and at 3 p.m. Fridays, military personnel in uniform, but not in formation will face the flag and render a hand salute. The salute should begin at the first note of reveille and end on the last note. This also will be done during retreat, ending after the sounding of “To the Colors.”

Family members, civilian contractors and retirees are highly encouraged to participate in this tradition by standing firm and upright with their hands over their hearts and removing their headgear, if applicable. While driving during reveille and retreat on the installation, drivers are required to bring their vehicles safely to a complete stop, as they would if an emergency vehicle were approaching, and place their vehicles in park. Personnel in civilian clothing are to remain seated in their vehicles pulled off to the side of the road for the duration of the bugle call. Fort Riley’s guidance is that personnel turn off any music playing in their vehicles during this time.

If a group is in a military vehicle or bus, only the senior occupant is to exit the vehicle and render

honors.

HAMPTON PLACE

A portion of Hampton Place, from Jackson Avenue north to Ashby Drive, will be closed to thru traffic through May 2015. A pedestrian and bike detour will also be in place during this time. The closure is part of the demolition and construction project in the Warner Peterson Community. Detour signs will be in place. Access to Custer Hill Elementary School will be available from Ashby Avenue. For more information or questions regarding the partial street closure, contact Corvias Military Living at 785-717-2200.

ACP HOURS OF OPERATION

The Directorate of Emergency Services would like to bring attention to the available access control points for normal and federal holiday hours.

Four Corners/Trooper/Ogden: 24/7.

Henry: 24/7.

12th Street: Open from 4 a.m. to 7 p.m., Monday to Friday. Closed on weekends and federal holidays.

Rifle Range: Open for construction vehicles only.

Grant: Open from 5 a.m. to 7 p.m., Monday to Friday; 8 a.m. to 5 p.m. Saturdays; closed on Sundays and federal holidays.

Estes: Open from 5 a.m. to 7 p.m., Monday to Friday; closed weekends and federal holidays.

DOD civilians can donate unused leave

By Kalyn Curtis
1ST INF. DIV. POST

On Jan. 9, the opportunity for Department of Defense civilians to donate leave for fiscal year 2014 will end with more than 3,000 hours donated, taking a good chunk of hours out of the 2,080 hours that are in a typical work year.

Under the Leave Donor Program, a covered employee may donate annual leave directly to another employee who has a personal or family medical emergency or who has exhausted

his or her available paid leave. At this time, only annual leave can be donated, not sick leave.

For those who have “use or lose” leave left at the end of the year, if it is not used, it is automatically forfeited. So instead of letting the leave be forfeited, some employees choose to donate the leave to others.

“Being able to use donated leave relieves some of the financial burdens placed on an employee and their family members due to medical issues,” said Raymona McMurray, human resources specialist,

Civilian Personnel Advisory Center. “The donated leave can help offset any leave without pay they may have due to exhausting their own annual sick leave.”

A leave donor cannot donate more than one-half of the amount of annual leave they would accrue during the leave year. However, there is no limit to how many hours a recipient can receive.

There are some requirements for those who plan to receive donated leave, including the reason the transferred

leave is needed, as well as acquiring certification regarding the medical emergency from the physician.

The Leave Donor Program also states in the case that not all of the donated leave is used, the remainder of the leave will be given back to the donor.

For more information about the Leave Donor Program at Fort Riley, contact McMurray at 785-240-1788 or stop by CPAC at Building 319 Marshall Avenue on Main Post.

The new calendar leave year begins Jan. 11.

Retirees receive honors in December ceremony

STAFF REPORT

The following Soldiers and civilians were honored during a Dec. 3 retirement ceremony:

- Chief Warrant Officer 3 Robert Storen, Headquarters and Headquarters Company, 541st Combat Sustainment Support Battalion, 1st Sustainment Brigade
- Chief Warrant Officer 2 Derek Barnes, 1st Support Maintenance Company, 541st

CSSB, 1st Sust. Bde.

- 1st Sgt. Jason Elwood, HHC, 1st Brigade Engineer Battalion, 1st Armored Brigade Combat Team
- Master Sgt. Curtis Swarts, Army Field Support Battalion, Fort Riley
- Master Sgt. Christopher Whitehurst, Operations Company, Division Headquarters and Headquarters Battalion, 1st Infantry Division
- Sgt. 1st Class Maria

Judge, Headquarters Support Company, 601st Aviation Brigade Support Battalion, 1st Combat Aviation Brigade

- Staff Sgt. Josef Jordan, HHC, 1st Battalion, 28th Infantry Regiment, 4th Infantry Brigade Combat Team
- Sgt. Dean Richards, Troop E, 1st Squadron, 6th Cavalry Regiment, 1st CAB
- Sgt. Donald Moser, Co. E, 1st Bn., 28th Inf. Regt., 4th IBCT

- Dana M. Sodamann, Education Services officer, Directorate of Human Resources
- Standford G. Tilley, Mission Support Element
- Leanne R. Mills-Vigil, Civilian Human Resources Agency-SW
- Easter E. Mayfield, Education Services specialist, Directorate of Human Resources
- Teresa Mayes, Directorate of Family and Morale, Welfare and Recreation

HAVE A STORY IDEA?

Send it to usarmy.riley.imcom.mbx.post-newspaper@mail.mil or call 785-239-8854/8135.



WWW.TWITTER.
COM/FORTRILEY

Temp employees now eligible for health care

By Kalyn Curtis
1ST INF. DIV. POST

Temporary employees at Fort Riley now have the option to enroll in health care.

As of Nov. 14, 2014, the Office of Personnel Management expanded opportunities for the Federal Employee Health Benefits Plan, which also includes Federal Long-Term Insurance and Flexible Spending Accounts.

“Certain temporary federal employees will be eligible for employer contribution health care benefits, instead of obtaining them on their own,” said Chris Moon, human resource specialist, Civilian Personal Advisory Center. “(This means) the employer will pay a portion of the benefits cost as with permanent civil service employees.”

In order for temporary employees to be eligible for health care benefits, the duration of employment must be at least 90 days in length, and the employee must work full time, working at least 130 hours per month.

Now that temporary employees can enroll in health care, they are eligible for

health insurance, long-term care insurance and flexible spending accounts.

“Health insurance is self-explanatory,” Moon said. “Long-term care insurance is for when you have a family member (who) either cannot take care of themselves or you need outside assistance to help take care of (them). Flexible spending accounts are a form of saving money to pay deductibles on health-care and some health care related items.”

Moon said the decision came about when the Affordable Care Act was implemented, which prompted the Office of Personnel Management to take another look at the regulation and issue a revision so certain temporary employees could also opt to enroll if they choose.

Although temporary part-time employees are not awarded the same benefits as temporary full-time employees, the employees that have qualified for the benefits have 60 days from notification to enroll, if they choose to do so.

For more information, call Moon at 785-239-6080.

'Dauntless' trains for worst during Sudden Response

By Staff Sgt. Mark Patton
4TH MEB PUBLIC AFFAIRS

FORT BENNING, Ga. – It's a nightmare scenario: a nuclear detonation occurs in a major American city that overwhelms local and regional capabilities.

The Fort Leonard Wood, Missouri-based 4th Maneuver Enhancement Brigade, 1st Infantry Division trains for just such an event on a regular basis. A majority of the brigade headquarters recently returned from Fort Benning, Georgia, and other locations in Virginia, where its Soldiers participated in the exercise, Sudden Response.

The 4th MEB troops worked around the clock during the weeklong exercise, which concluded Dec. 12, honing their skills as part of the Defense Chemical, Biological, Radiological and Nuclear Response Force, or DCRF.

The exercise was designed to test the 4th MEB's lead as Task Force Operations for the Joint Task Force-Civil Support's mission to save lives and mitigate human suffering in a homeland chemical, biological, radiological or nuclear environment in support of the local, state and federal agencies that would respond in an actual disaster.

Civilian agencies and units from around the U.S. gathered for Sudden Response to augment and fall under the Task



Staff Sgt. Mark Patton | 4TH MEB

Task Force Operations Soldiers work to hone their skills during mock casualty decontamination operations Dec. 6 at the Sudden Response exercise at Fort Benning, Ga. The exercise was designed to test the 4th MEB's lead as Task Force Operations for the Joint Task Force-Civil Support's mission to respond to a disaster on the homefront.

Force Operations umbrella.

During Sudden Response, units were given an opportunity to train in a realistic environment. Fires, emergency vehicles, civilian role players, media interviews, obstacles for engineers and alerting units to transport personnel and equipment in a timely manner were just some of the challenges participants faced.

B.K. Cooper, a manager for Federal emergency Management Agency 3, Heavy Equipment Rigging Specialists, out of Marion County, California, said the hands-on experience and adjusting to the chaos that replicates what would happen

in a real-world situation made the exercise a valuable tool for the participating Soldiers.

"In an emergency, you do fall to the level of your training," Cooper said. "Get really scared, and you're going to fall to what you practiced because you don't have time to think."

As Task Force Operations personnel on the ground worked urban search and rescue missions, casualty decontamination operations, wellness checks and more, troops with the 4th MEB headquarters worked to plan missions, allocate resources and stay abreast of the latest information coming in.



Staff Sgt. Mark Patton | 4TH MEB

Members of the Fort Benning Fire Department work to put out a fire so engineers can begin to clear the rubble for mock urban search and rescue operations Dec. 6 at Fort Benning, Ga. Civilian agencies and units from around the U.S. gathered in Georgia and other locations to augment and fall under the Task Force Operations umbrella during the exercise, Sudden Response. The 4th MEB headed Task Force Operations as part of the unit's ongoing DCRF mission.

Capt. Jason Adams, a battle captain at Sudden Response, said his crew used a variety of methods to keep in contact with units on the ground to take the information provided and compile it, so they could enable the commander to make decisions about his forces.

"It definitely tests your ability to communicate through multiple mediums," Adams said.

For some Soldiers, the exercise served as a reminder of their mission's importance.

"It's good to know we can save lives, get in there and do what we need to do, and help out the nation if something happens," said Sgt. Andrew Hollobaugh, 11th Engineer Battalion, Fort Benning, Ga.

Pfc. Steven Lopez, CBRN specialist, 59th Chemical Company, Fort Drum, N.Y., said being

on the DCRF mission gave him pride in his chosen career field.

Lopez said even though his was not a job that was glorified like the infantry, it was an important and vital function in the Army.

"The time we do get that call, they're going to be glad we're here to take it," Lopez said.

Staff Sgt. Kelly S. Malone, 4th MEB Public Affairs, contributed to this story.

Army sensor technology research helps enable future capabilities

By David McNally
ROECOM PUBLIC AFFAIRS

ABERDEEN PROVING GROUND, Md. – Army scientists and engineers are advancing sensors research in hopes of giving future Soldiers enhanced situational awareness.

Sensor technology has broad application across the Army. Medical researchers are investigating how physiological sensors may help Soldiers achieve superior performance on battlefields of the future. Soldiers of 2025 and beyond may wear sensors to help detect and prevent threats such as dehydration, elevated blood pressure and cognitive delays from lack of sleep.

"I think that Army (Science & Technology) is looking at a broad number of approaches for what sensor capabilities we will need to meet future challenges," said Deputy Assistant Secretary of the Army for Research and Technology Mary J. Miller in an interview with Army Technology Magazine. "We're looking to improve situational awareness, mobility, lethality, and even improve the maintainability and effectiveness of our systems."

Miller is the featured interview for the January – February 2015 issue of the publication, which focuses on the future of Army sensors.

"Sensors and situational awareness are the keys to our Soldiers being effective," Miller said. "I think we've all seen the reports that have come out of Afghanistan, where unfortunately a majority of the engagements our Soldiers (at the squad and team level) had with the enemy is because they were



U.S. ARMY ILLUSTRATION

Army researchers are working on flexible plastic sensors that could be attached to individuals, gear or vehicles. With this technology, Soldiers will gather information on the chemical-biological environment, troop movements and signal intelligence.

surprised. That is a situation in which we do not want to put any of our Soldiers. Holistically, the work we have been doing in our sensor technology areas is to help ensure that never happens."

As the Army looks to the future, sensors will become smarter, smaller and cheaper.

"Our real goal will be to build in multi-functionality," said Karen O'Connor, Command, Control, Communications, and Intelligence portfolio director, Deputy Assistant Secretary of the Army for Research and Technology, Office of the Assistant Secretary of the Army for Acquisition, Logistics and Technology. "There are sensors in imaging, motion detection, radar, chemical-biological detection and more. At the end of the day, sensors are all about collecting data."

One critical area of research is enhancing air operations in degraded visual environments, known as DVE. At the Aviation and Missile Research, Develop-

ment and Engineering Center at Redstone Arsenal, Alabama, Army engineers are advancing and implementing new technologies. One research program fuses images of multiple sensor technologies such as radar, infrared, and laser detection and ranging, also known as lidar. Each of these sensor technologies provide unique advantages for operating in various types of DVE conditions.

"Successfully fusing the images of radar, IR and lidar provides the pilot a more accurate, high-resolution picture of the operational environment in all DVE conditions by exploiting the advantages of each sensor technology and compensating for its weaknesses," said Maj. Joe Davis, experimental test pilot, Aviation and Missile Research, Development and Engineering Center, or AMRDEC, Aviation Applied Technology Directorate.

See RESEARCH, page 8

NOVEMBER GARRISON EMPLOYEE OF THE MONTH



Dena O'Dell | POST

Sheri Buono, Education Services specialist, Fort Riley Education Services, Directorate of Human Resources, was named the November Employee of the Month during a Dec. 11 Employee of the Month ceremony on Main Post. Standing in for Buono was Easter Mayfield, Education Services specialist, DHR, center. Buono conducted an academic search seeking proposals from in-state schools willing to establish and teach medical programs at Fort Riley. She established a committee, and after careful review of all proposals, she finalized the selection of Hutchinson Community College to deliver the programs. She also determined what the Kansas State Board of Nursing required in classrooms, laboratory facilities and equipment prior to the board receiving and reviewing any new requests for medical instruction programs. She quickly identified the requirements and proceeded to justify funding for laboratory equipment and facility needs. Pictured with Mayfield are, from left to right, Garrison Command Sgt. Maj. Jason Schmidt, Garrison Commander Col. Andrew Cole, Ken Steggeman, director, DHR, and Tim Livsey, deputy garrison commander.

**You can't smell it,
but everyone else can.**
If you smoke, you must be 50 feet away
from building entrances on post.

Cervical cancer easily detectable

By Dr. [Maj.] Daniel Sessions
IACH OBSTETRICS GYNECOLOGY

Within the female reproductive organs is the cervix. It is a thick, funnel-shaped organ at the lower end of the uterus. The cervix serves as the gateway between the vagina and uterus. Stated another way, it separates the internal and external sex organs.

Like most organs of the body, the cervix is not immune to the risk of cancer. Cervical cancer accounts for about 3 percent of all cancer in women in the U.S.

It is the most common female genital malignancy worldwide. However, cervical cancer rates have declined steadily in the U.S. since the 1950s.

Invasive cancer of the cervix is now considered by many to be a preventable cancer because it has a long

pre-invasive state, screening programs are available and treatment for so-called “pre-invasive” lesions is effective.

Despite this, 12,710 new cases of invasive cervical cancer and about 4,290 deaths were recorded in the U.S. in 2011.

Every woman is at risk for cervical cancer; however, some people are clearly at higher risk than others.

The development of cervical cancer is directly related to a virus called human Papilloma virus, or HPV. This virus, of which there are many subtypes, works by silently invading the replication center of cervical cells and changes the way the cells mature. HPV is the most common sexually transmitted virus in the U.S.

At least 50 percent of sexually active people will have genital HPV at some time in their lives. Most people who have genital

HPV don't know they have it. There are seldom symptoms, and it frequently goes away on its own without causing serious health problems. It is passed on through genital contact. Getting three doses of an HPV vaccine and regular screening can prevent cervical cancer.

Vaginal bleeding is the most common symptom. Most often, this is seen after intercourse, but it may occur as irregular, excessively heavy, prolonged or post-menopausal bleeding. Patients with an advanced disease may have an abnormal discharge, weight loss, leg pain and swelling or difficulty voiding.

The Pap test is a quick and simple way to detect the presence of abnormal cells. Current national guidelines are to have your first Pap smear after you turn 21, then every three years until 30 years. Then, until 65 years, women should have a Pap

smear every three years or every five years with HPV co-testing; either is acceptable.

If your Pap smear is abnormal, you will either have a repeat test in 12 months or undergo a colposcopy exam, similar to the procedure for the Pap smear, but involving a powerful microscope and small biopsies of the cervix.

An annual exam by a primary care provider is still recommended, whether a Pap smear will be done or not.

There are conditions that mandate more frequent cervical screening such as pre-invasive lesions or immune system problems.

This will be determined individually by a primary care physician or an OB-GYN physician as needed.

To schedule a Pap smear, call TRICARE at 785-239-DOCS (239-3627).

IRWINFORMATION

Why do I receive a survey in the mail following my appointment?

The Army Provider Level Satisfaction Survey, or APLSS, is a survey program administered by the Office of the U.S. Army Surgeon General. Patients are randomly selected within 48 hours after their visit with their provider.

Survey data is processed and trended to provide immediate feedback to Irwin Army Community Hospital leadership.

Patient information is not included so your identity remains confidential.

If you have a question for IrwinInformation, send it to IACHInformation@amedd.army.mil or call 785-239-8414.

Why respond?

IACH leadership cares about your feedback. Your responses are also tied to funds the hospital can use to improve services for you and your family.

Returned surveys are tied to funds we can use to improve services for you.

To complete the APLSS, log into the website with the username and password that were provided, call the toll-free number printed in your letter or fill out the form included in your letter.

If you chose to complete the paper form, mail it back in the pre-addressed envelope provided.

WWW.FACEBOOK.COM/FORTRILEY

IACH uses secure messaging for patient communication

By Tywana Sparks
IACH PUBLIC AFFAIRS

Patients at Irwin Army Community Hospital medical homes, nutrition, obstetrician and gynecology, physical therapy and occupational therapy clinics have a new way to communicate with their providers through Army Medicine's Secure Messaging System powered by RelayHealth.

The new system brings members of the health care team to patients, wherever they

are, any time of day, allowing them to securely send a message to their doctor or nurse from the comfort and privacy of their own home. The program allows for communication even when away from home.

"It is another measure in which we can communicate with our patients," said Maj. Andrea Fuller, chief, IACH Department of Primary Care and Community Medicine. "This will enable us to answer routine questions regarding test results, medication refills and appoint-

ments without having missed calls and long hold times. It's also an avenue for providers to reach out to patients that are registered in the system with important information such as special events or preventive medicine reminders."

RelayHealth is a commercial, web-based, secure messaging platform that provides a robust set of services designed to allow patients and their health care team to communicate securely at times and locations that are convenient to providers and patients.

The secure platform works very much like many online secure banking websites.

With secure messaging, patients can contact their provider to request prescription renewals, receive test and laboratory results, request appointments and referrals, get guidance from their medical teams by email, consult with medical teams regarding non-urgent health matters, and avoid unnecessary office visits and telephone calls. Additionally, patients will have access

to a fully integrated electronic personal health record and a robust set of multi-media educational content through the system.

RelayHealth is a secure portal and is compliant with the Federal Health Insurance Portability and Accountability Act, or HIPAA. Encryption technology and a stringent privacy policy protect patient personal information more securely than either the telephone or regular email.

Patient information is

only accessible by the patients and members of their health care team.

Army Medicine's Secure Messaging System is intended to supplement services provided by TRICARE Online.

The system offers many similar services provided by TOL, but provides some distinctly different services that are advantageous to the patient.

To register for online services, visit with a medical team administrator. Sign up today and start making life easier.

DOD scientists work globally to improve disease diagnostics

By Cheryl Pellerin
DOD NEWS,
DEFENSE MEDIA ACTIVITY

FORT DETRICK, Md. – At the U.S. Army Medical Research Institute of Infectious Diseases, scientists who develop and refine diagnostics do more than lab work. Some take their disease-identifying tools to the field, a virus's home turf.

Virologist Dr. Randal J. Schoepp was doing so in Sierra Leone in 2006 as part of a collaboration to develop and refine diagnostic tests for Lassa fever, a hemorrhagic virus endemic to Sierra Leone, Liberia and Guinea.

Schoepp is chief of the Applied Diagnostics Department in the Diagnostics Systems Division at USAMRIID. Since March 2014, he's spent 12 weeks in West Africa supporting U.S. Ebola response.

"What's better than to have an opportunity to take diagnostics that we develop in the laboratory out and look at a real-world situation?" he asked. "Because a lot of these things work just fine in the lab, but ... they might not work well with African serum or at 80 degrees."

The Sierra Leone project, funded by the Armed Forces Health Surveillance Center's Global Emerging Infections Surveillance and Response System began looking for Lassa fever but found other viruses, including Ebola.

The research team found evidence of dengue fever, West Nile, yellow fever, Rift Valley fever, chikungunya, Marburg and Ebola viruses in patient samples collected in Sierra Leone, Liberia and Guinea between 2006 and 2008.

The Ebola finding was surprising in a region reporting only one case of Ebola, the Tai Forest strain, in Cote d'Ivoire in 1994. And the strain found in Sierra Leone turned out to be Zaire, the most virulent Ebola strain and the one causing West Africa's recent outbreak.

In a research paper, published in the Centers for Disease Control and Prevention's Emerging Infectious Diseases journal in July, Schoepp said the research shows Ebola has circulated in the region since 2006, nine years before the current outbreak.

"We're trying not only to improve the (diagnostics) capacity of a host country, but to understand what diseases we'll find there," he said.

USAMRIID has worked in the region since 2006. In addition to providing lab testing and training support for the current Ebola outbreak, USAMRIID

provided more than 10,000 Ebola assays to support lab capability in Sierra Leone and Liberia.

The USAMRIID Applied Diagnostics Department, Schoepp said, works primarily on immunodiagnostics development, test and evaluation. Immunodiagnostics use antibodies to detect a virus or virus products, or antibodies that result from infections with a virus.

One of GEIS's funded laboratories is the Naval Medical Research Unit-3 the largest DOD overseas lab. Scientists there conduct research on a range of diseases and perform infectious disease surveillance to support military personnel deployed to Africa, the Middle East and Southwest Asia.

NAMRU-3 has a Ghana Detachment in Accra that is part of the Noguchi Memorial Institute for Medical Research, with a lab and administrative spaces.

"We work with the Ghana Detachment out of NAMRU-3," Schoepp said. "I have a colleague there from NAMRU-3 that has just been sent to the Ghana Detachment because it's closer to Liberia, and NAMRU-3 wants to build capabilities in Liberia."

The Ghana Detachment was set up to build a partnership between the U.S. Navy and Ghana for lab- and field-based infectious disease research and to perform clinical and field trials of drugs and vaccines against malaria, according to the State Department.

In Ghana, research collaboration among NAMRU-3, the Ghana Ministry of Health and the Noguchi Institute began in 1995 and recently was formalized.

Efforts there created a West African military collaboration for disease surveillance for flu, sexually transmitted infections and acute febrile, or fever-causing, illnesses. Future efforts include research collaborations with GEIS, one involving malaria resistance and another involving immunology, or how the body protects itself from disease.

Another GEIS-funded lab is NAMRU-6, hosted by the Peru-

vian navy is collocated at a hospital in Lima. This lab does research and surveillance on infectious diseases that threaten military operations, including malaria, dengue and yellow fevers.

"We do a lot of work with USAMRU-K in Nairobi," Schoepp said, referring to t86Unit-Kenya.

USAMRU-K, another collaborative effort, is in Nairobi, Kenya, on the Kenya Medical Research Institute. Primary sites in Kenya include Nairobi, Kericho Field Station and Kisumu Field Station.

"My program in GEIS is to help with and provide immunodiagnostics to the overseas labs," Schoepp said. "I try to do this collaboratively. I don't want to be 'Diagnostics R Us' and just hand out diagnostics, because diagnostics interpretation is as important as the test you're using. If you don't understand the test, your interpretation can be completely wrong."

The virologist said he works with scientists in Mongolia, "because one of the hemorrhagic fevers I have an interest in and the DoD has an interest in is Crimean Congo hemorrhagic fever."

CCHF is caused by a tick-borne virus with a fatality rate of 10 to 40 percent. It is endemic in Africa, the Balkans, the Middle East and Asian countries in the geographical limit of the carrier.

"CCHF is a very plastic virus, meaning it has a lot of variability among strains, and we don't even understand how plastic it is," Schoepp said. "We know what strains are in Russia but we have very little idea what strains are in China, and Mongolia sits right between them."

Schoepp and a colleague, went to Mongolia, got to know scientists there and began working with them.

"We're looking at over 2,000 human samples from five different regions in Mongolia for antibodies to CCHF, and corresponding to that we have ticks from livestock from the same villages where we're working with the virology folks to attempt to isolate the virus out of those ticks and identify it," Schoepp said.

Scientists hope to find CCHF, and will look for other tick-derived diseases, he said.

These and other collaborations in the United States and around the world allow USAMRIID to protect troops worldwide, respond to international public health emergencies, identify undiagnosed febrile illnesses that are circulat-

ing in host countries, build the country's capacity to identify diseases, and test their medical diagnostics in settings where diseases naturally occur.

After spending 12 weeks in West Africa between since March, Schoepp said, he wants to go back there to continue his search for undiagnosed febrile diseases.

RILEY ROUNDTABLE

What are you looking forward to in 2015?



"Trying to study for the board, so I can win the Soldier of the Month."

PFC. GERALDT PEREZ
DOMINICAN REPUBLIC
Chemical specialist- Headquarters and Headquarters Company, 82nd battalion, 2nd Armoured Brigade Combat Team



"To get in better shape."

SGT. JERRY WILHITE
PARIS, ARKANSAS
Petroleum supplier - Company E, 2nd General Support Aviation Battalion, 1st Aviation Regiment, 1st Combat Aviation Brigade



"Better NBA basketball teams."

ETHAN WILLHITE
CLARKSVILLE, ARKANSAS
13 years old



"Pretty much go to as many schools as I can."

SGT. JOSHUA NEWBERRY
COLUMBUS, GEORGIA
Snapper Company - 1st Brigade Engineer Battalion, 1st Armored Brigade Combat Team



"Getting promoted and going to airborne school."

SPC. MATTHEW O'BRYAN
RUSSELLVILLE, ARKANSAS
Battery D - 1st Battalion, 5th Field Artillery Regiment, 1st Armored Brigade Combat Team

THE 1ST INFANTRY DIVISION POST

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Carbon monoxide can be silent killer

By Alex Bender
GARRISON SAFETY OFFICE

Team Riley, carbon monoxide is an odorless, tasteless, colorless and highly toxic gas that causes sudden illness and death.

Carbon monoxide is found in combustion fumes, like those produced by automobiles, small gasoline engines, gas ranges, kerosene or when wood or charcoal is burned.

If appliances that burn fuel are maintained and used properly, the amount of carbon monoxide produced is usually not hazardous; however, if appliances are not working properly or are used incorrectly, dangerous levels of carbon monoxide can result.

Carbon monoxide gas can build up in enclosed spaces, including garages, sheds or porches. People and animals in these spaces can be poisoned by breathing it.

DID YOU KNOW?

More than 150 people in the U.S. die every year from accidental non-fire related

carbon monoxide poisoning associated with consumer products, including generators. Other products include faulty, improperly-used or incorrectly-vented fuel-burning appliances, like furnaces, stoves, water heaters and fireplaces.

One of the most tragic incidents was as recently as March 2014. A couple was found dead in their home, and two of their daughters were sickened because of carbon monoxide poisoning from a faulty furnace.

The most common symptoms of carbon monoxide poisoning are headache, dizziness, weakness, nausea, vomiting, chest pain and confusion. At high levels, it can cause loss of consciousness and death. Since symptoms mimic other illnesses, it can be difficult to diagnose. People who are sleeping can die from carbon monoxide poisoning before ever experiencing symptoms.

If you suspect you are experiencing carbon monoxide poisoning, get fresh air immediately. Leave the home and

call for help from a neighbor's home. You could lose consciousness and die from carbon monoxide poisoning if you stay in the home.

Get medical attention immediately and inform medical staff that carbon monoxide poisoning is suspected. Call the Fire Department to determine when it is safe to re-enter the home.

Often, carbon monoxide is being released when family members are asleep, therefore a carbon monoxide detector can be a lifesaving piece of equipment.

The following are preventive measures to prevent carbon monoxide poisoning:

- Make sure your home has a carbon monoxide alarm. As with smoke alarms, install a carbon monoxide alarm on every level of your home, especially near sleeping areas and keep them at least 15 feet away from fuel-burning appliances.
- Carbon monoxide alarms are not substitutes for smoke alarms and vice versa. Combination smoke and carbon

monoxide alarms are available.

- Have your heating system, water heater and any other gas, oil or coal-burning appliance serviced by a qualified technician every year.
- Test your detector regularly. Plan what your family will do if the detector sounds. If the alarm ever sounds, leave your home and then call 911.
- Seek prompt medical attention if you suspect carbon monoxide poisoning and are feeling dizzy, light-headed or nauseated.
- Keep flues open when fireplaces are in use. Never use an unvented stove or fireplace.
- Do not heat your home with a gas range or oven.
- Generators, charcoal grills and gas camp stoves should not be used inside your home or building.
- Never run a car or truck inside an attached garage, even if you leave the garage door open.

Knowledge and awareness are the keys to protecting your family. For more information, contact the Garrison Safety Office at 785-240-0647.

CSF2 reveals real goal attainment secret

By David Vergun
ANS

Goals, especially New Year's resolutions are great to have; losing weight, stopping smoking, earning a college degree, eating healthy, paying off credit cards and so on.

Problem is, it's one thing to have a goal and another to complete it.

A popular New Year's resolution is getting a gym membership to get in shape, said Arlene Bauer, a master resilience trainer performance expert at the Comprehensive Soldier and Family Fitness Training Center at Fort Hood, Texas.

However, it seems the gym is usually crowded at the beginning of January and attendance tapers off by the end of the month, she said.

So what happened? Are those people who failed just plain lazy and undisciplined or is there something else going on?

Bauer thinks the latter and she has the recipe for increasing chances that goals will be met.

INTERNAL MOTIVATION

"People come up to me and say 'I need to get motivated, can you help me get motivated?'" Bauer said.

The reason many can't stay committed to goals is because their source of the motivation is coming from the wrong place, she said. Most likely, people are focusing on external motivation sources.

External sources could be things like rewards, avoiding punishment or shame – as in the case of being overweight. Therein lies the problem, she said.

"Really, what keeps people committed to their goals are internal sources of motivation," said Bauer. "If you align your goals with internal sources, you'll be more committed in the long term because it's a source coming from within you that's there all the time."

The most important internal sources of motivation are personal values, Bauer said.

A common personal value is putting family first, she said. For others, it's personal excellence or setting a good example as a leader at work. For some, it's spiritual. These are things that really matter and people live their lives for them. It represents who they are.

So the first thing to do, after identifying goals – or even before that – is identifying personal values. Once the values are identified, the goals can be tied directly to them, she said.

IDENTIFY OBSTACLES

Some of the people Bauer sees have already failed at a goal and are at wits end. For them, it's often easy to identify the obstacles. A common one is not having enough time. That's particularly true for Soldiers on duty 24/7.

For others who are on a first-time quest for a goal, they may not yet realize what obstacles lie ahead, she said.

An example of an obstacle to fitness for a parent might be the desire to spend more time with the kids, conflicting with having enough time to devote to a personal goal. A trip to the gym would decrease that quality time.

So Bauer and the parent or parents – and sometimes the



COURTESY, CSF2

Arlene Bauer, master resilience trainer performance expert, Comprehensive Soldier and Family Fitness Training Center, Fort Hood, Texas, works to help Soldiers set goals. She also does individual and family counseling.

whole family – will sit down and find ways to overcome the obstacle. It could be as simple as time management or getting a jogging stroller.

The stroller would enable the parent to be with the infant and get exercise at the same time. For an older child, the child might ride a bicycle alongside a jogging parent.

There are obstacles, each with many possible solutions, she explained.

After goal setting, tying that in with personal values and identifying obstacles and solutions, people execute their plans, but later encounter unanticipated obstacles like loss of job, change of marital status and so on, she said. Some then come back to see her and they discuss overcoming these new obstacles and take it from there.

BRACE FOR FAILURES

For goals that are especially challenging, there will likely be some failures and mistakes, she said. "That's just part of it. The important thing is picking yourself up and bouncing back."

Goal setting and overcoming obstacles isn't easy but it's doable, she said,

especially when personal values are linked. People enjoy watching professional athletes on TV but what they don't see are the training and challenges that got them there.

"We define the skill goal setting as: Identify a personally meaningful goal and develop a concrete plan to ensure achievement," said Bauer. "Understand how personal values help form self-directed motivation. Develop commitment strategies to support goal attainment. Create techniques to regularly monitor goal progress."

LOCAL HELP

Master resilience trainer performance experts are at Comprehensive Soldier and Family Fitness, training centers across the Army.

The CSF2 training center on Fort Riley is on Custer Hill. For more information, call (785) 239-8835.

There's also an official CSF2 goal-setting iPad app downloadable from the iTunes App Store: <https://itunes.apple.com/us/app/csf2-goals/id68829038?mt=8> or <http://csf2.army.mil/downloads-apps.html>.

Protect your identity online, review social network security settings

CID PUBLIC AFFAIRS

Due to world events and in an effort to protect the force, special agents with the Army Criminal Investigation Command's Computer Crime Investigative Unit are recommending anyone affiliated with the military, review their social media accounts and use the best security settings.

Social media platforms like Facebook, Twitter and LinkedIn are powerful tools that bring communities together.

However, an individual's online profile can give criminals a pool of personal information and potential targets. As such, it is vital individuals stay alert and protect themselves, their loved ones and the Army.

THINGS TO KNOW

- The Internet does not forget. Once it's posted, you can't delete it.

Do not post anything you would be embarrassed to see on the evening news.

- You are not anonymous. Cyber criminals have the capability to gather and exploit both individuals and organizations if the information is out there.

- More isn't always better. Participating in multiple social networking sites significantly increases a person's risk and affords cyber criminal alternate avenues to strike and gather information.

PROTECT YOURSELF

- Facebook, Twitter, LinkedIn and others frequently change privacy and user policies. Some default to everyone. This means anyone can view your profile. Securely configuring an account will minimize who gets your information.
- Never disclose private information on social networking sites.

Be very selective who you invite or accept because criminals can use false or spoofed profiles to gain personal information, like birthdates, marital status and photos. Posts that contain personal information, digital photos with metadata – information written into the digital photo file such as who owns it, contact information, location and Internet search terms can be used against you and your family.

- Use caution when clicking links in posts, even from those you know. Reports of personal accounts being hacked have increased. Clicking on a link that appears to be benign in nature may in fact contain embedded malware that can compromise your device.
- Hide your profile from search engines by going to the site's account settings and unchecking the "Public Search Results" box. This will remove your public preview from Google, Bing and Yahoo search results.
- Don't use check-ins or post

your specific location on social media. Prevent people from tagging you in imagery.

- Don't use your social networking site to login to other sites. Don't use the save password, remember me and keep me logged in options on a public or shared device. Use strong, unique passwords and don't use the same password for all online accounts.

- Antivirus and firewall software is a must to safely navigate online. Keep your security software up-to-date to provide complete protection from malicious programs. Thousands of new viruses are detected yearly. Ensure your antivirus software updates automatically and scans on a recurring schedule.

The Computer Crime Investigative Unit produced how-to guides to safely configure an individual's Facebook and Twitter accounts. Configuration guides for other social networking platforms will be available in the near future.

To download the guide, visit www.cid.army.mil/documents/CCIU/2can/SocialNetworkingSafetyTips.pdf and select the respective guide at the bottom of page one.

Additional information about computer safety and cyber related crimes can be found on the U.S. Army Criminal Investigation Command's CCIU webpage at www.cid.army.mil/cciu.html. Simply select the Cyber Crimes Advisories on the left side of the page to review previous cyber crime alert notices and prevention flyers.

CID strongly recommends that Soldiers, civilians and family members who have information of any known crime committed by a Soldier, a crime that occurred on their respective post, camp or station, or is a victim of a crime to contact their local CID office, dial 1-844-ARMY-CID (844-276-9243) or email CID at Army.CID.Crime.Tips@mail.mil.

CSA, SMA answer questions during virtual town hall

By Lisa Ferdinando
ANS

WASHINGTON — Chief of Staff of the Army Gen. Ray Odierno and Sgt. Maj. of the Army Raymond F. Chandler III participated in a virtual town hall Jan. 6, answering questions from Soldiers on a variety of topics.

The town hall at Google's Washington headquarters started off with a question about U.S. military involvement in the fight against the Islamic State in Iraq and Syria, or ISIS.

About 3,000 U.S. forces are training and advising Kurdish and Iraqi forces. The Iraqi and Kurdish forces will "take the fight to ISIS," Odierno said.

"We're starting to see some progress, but it's going to take a long time. I think this is a two- or three-year process at least that's going to take us to have some success," he said.

"Ultimately, it's their nation and they need to be the ones who fight for it," Odierno said.

He added there are "no plans to put U.S. forces on the ground other than to do

training and advising."

Additionally, the U.S. is working on a training program expected to begin this year for the Free Syrian Army. The military is "still determining" how many U.S. forces will be used to train the Syrians, Odierno said.

"We'll have to continue to assess that and play it by ear," he said. "I'm not going to ever take off the table that we might not have to put some of our own Soldiers on the ground fighting, but right now, that in fact is not the plan."

Chandler stressed the importance of Soldiers maintaining their readiness for any mission the Army may need. Soldiers must be prepared to operate in a "vague and ambiguous environment," he said.

"I would ask that you ensure, based off the resources that you have available, that your Soldiers are as trained as they possibly can to execute the missions that we're going to ask you to do," he said.

"We'll be successful in whatever it is that we ask you to do" if Soldiers maintain readiness and focus on decisive action," Chandler said.



Staff Sgt. Mikki L. Sprengle | ANS
Sgt. Maj. of the Army Raymond F. Chandler III (right) listens to U.S. Army Chief of Staff Gen. Ray Odierno answer a question during a virtual town hall Jan. 6 at Google Headquarters in Washington, D.C.

SOLDIERS INTERACT WITH LEADERS

The Soldiers who participated in the town hall were from various Army locations throughout the United States and abroad. They asked about promotions, uniforms and other policy items.

Addressing the topic of sexual assault, Odierno said a cul-

ture needs to exist where such abuses are unacceptable.

"It's about not only sexual harassment, but it's about our profession, that as Soldiers we should be taking care of each other and watching out for each other," Odierno said.

"We should not have another Soldier attack another Soldier. That simply to me is

unacceptable, incomprehensible actually," he said.

Chandler underscored the importance of Soldiers watching out for each other — "We are our brother's keeper," he said, adding that upholding Army professionalism includes preventing sexual abuse.

"Our duty is to one another, that's who we fight for," he said.

"I believe this challenge can be greatly resolved or reduced if Soldiers recognize their true professional responsibility, their duty to their fellow Soldier," he said.

BUDGET CHALLENGES

The Army is facing the challenge of reducing the size of the force, while balancing readiness and modernization, Odierno said.

"We'll continue to downsize until '18, and until we get to 450,000 in the active component, 335,000 in the National Guard and 195,000 in U.S. Army Reserve," he said.

The Army will continue to have the best officers and non-commissioned officers, Odierno said.

"We want to promote the

right people so we maintain a strong Army," he said.

The Army's non-commissioned officer corps, Odierno said, sets the force apart from every other army in the world.

"We want to maintain high standards in our non-commissioned officer corps," he said. "We want to make sure we're promoting those who are trained, who are experienced and who continue to lead in the future."

But as the Army downsizes, it will seek to cut where it can to best reduce its numbers. There will continue to be officer separation boards over the next few years, Odierno said.

Chandler said the Army will retain the best Soldiers as it reduces in size amid these fiscal challenges.

Soldiers participating in the town hall were from the 173rd Airborne Brigade Combat Team, 1st Corps, the 82nd Airborne Division, the Maneuver Center of Excellence, U.S. Army Special Operations Command, the Sustainment Center of Excellence, and the 2nd Infantry Division.

Winter Weather Communications

- **Make sure you have at least one of the following in case there is a power failure:**
 - Battery-powered radio (for listening to local emergency instructions).
 - National Oceanic and Atmospheric Administration (NOAA) weather radio receiver (for listening to National Weather Service broadcasts).
- **Find out how your community warns the public about severe weather.**
 - **Fort Riley AtHoc Text Messaging / Fort Riley Facebook**
- **Radio**
 - KJCK-AM / 1420
 - KMAN-AM / 1350
 - KCLY-FM / 100.9
 - KQLA-FM / 103.5
 - KXBE-FM / 104.7
 - KBLS-FM / 102.5
- **Television**
 - Fort Riley Command Channel / Channel 2
 - WIBW / Channel 13
 - KSNV / Channel 27
 - KTRK / Channel 49
- **Know the Winter Storm Warning Terms**
 - **Winter Weather Advisory:** Expect winter weather conditions to cause inconvenience and hazards.
 - **Frost/Freeze Warning:** Expect below-freezing temperatures.
 - **Winter Storm Watch:** A winter storm is likely.
 - **Winter Storm Warning:** The storm is in or entering the area.
 - **Blizzard Warning:** Snow and strong winds, near-zero visibility, deep snow drifts, and life-threatening wind chill.

Fort Riley Emergency Management Office
(785) 243-0400

SANTA'S HELPERS

Lt. Col. Sean Ryan | 1ST INF. DIV. Chaplain (Lt. Col.) Lou Deltufo, 1st Infantry Division spiritual leader; Lt. Col. Mario Caycedo, 1st Inf. Div. surgeon; and Sgt. 1st Class Robert Pollard, part of the division's training and sustainment section, unpack holiday packages sent by Americans to support Soldiers deployed to Southwest Asia. With the help from other troops of the "Big Red One," more than 200 boxes were unpacked and were part of larger stocking stuffers for Big Red One Soldiers.

WWW.1DIVPOST.COM

2014 year of drawdown, transition for US forces in Afghanistan

BY USFOR-A PUBLIC AFFAIRS

BAGRAM AIRFIELD, Afghanistan – With the start of Resolute Support, and the continuing drawdown of U.S. troops in Afghanistan, 2015 will be a period of accelerating change for U.S. Forces Afghanistan. This year will be challenging, but the transition has been relatively smooth due to the already successful retrograde operations accomplished in 2014.

“Over the last 12 months, U.S. forces have responsibly drawn down equipment built up over 13 years of war, while simultaneously supporting operational requirements here in Afghanistan,” said Col. John Chadbourne, J-4 director, U.S. Forces Afghanistan. “We are now postured for the Resolute Support mission, and will continue to transition conscientiously as the mission dictates.”

Headquartered at the busiest aerial port in the Department of Defense, with more than 38 million pounds of aerial cargo moved this year, the Service members of U.S. Forces Afghanistan are confident about the mission in front of them. Troop numbers are down from a high of 34,000 in February, to approximately 10,600 on the ground today. Personnel numbers will fluctuate over the next few months with troops

moving in and out of country. We expect additional troop commitments from NATO and partner nations to arrive between January and March, reducing the need for the additional 1,000 U.S. service members recently approved by the president.

A mission of this magnitude is only possible with the direct support of many units and agencies coming together. This effort kicked off in June of 2013.

“I am motivated and inspired by the mission that lies ahead,” said Maj. Gen. Mike Murray, Deputy Commander U.S. Forces Afghanistan – Support. “The progress made by the Afghan National Security Forces, or ANSF, during the past two years allowed us to remain on our 2014 schedule with respect to retrograde and redeployment operations as we completed the International Security Assistance Force mission.

“2015 will bring changes as Resolute Support begins a new chapter in our relationship with the ANSF, and there appears to be a new spirit of cooperation between Afghanistan and Pakistan. These changes provide unique opportunities, and I am optimistic in our combined ability to successfully accomplish our challenging retrograde and support activities for U.S. forces throughout 2015.”

Ebola workshop highlights collaborations to develop, test vaccines in Maryland

By Ellen Crown
USAMRMC PUBLIC AFFAIRS

ROCKVILLE, Md. – Experts from the Department of Defense and Health and Human Services, or HHS, jointly sponsored an Ebola vaccine workshop, Dec. 12, in Rockville, Maryland.

The goal of the workshop, Immunology of Protection from Ebola Virus Infection, was for participants to discuss aspects of Ebola virus and vaccine immunology critical to guide future clinical, scientific and regulatory decision-making for Ebola vaccine development. HHS attendees represented the Food and Drug Administration, the National Institutes of Allergy and Infectious Diseases, and the Centers for Disease Control and Prevention.

Col. Stephen Thomas, deputy commander of operations at the Walter Reed Army Insti-

tute of Research, and team lead of the Ebola Response Management Team for the U.S. Army Medical Research and Materiel Command, said the event brought together all of the key players in the current Ebola Virus Disease response effort.

“We are in the midst of an Ebola virus outbreak with global significance and national security relevance,” said Thomas. “The outbreak provides an opportunity to assess the potential for effective preventive vaccine and drug therapies to efficiently proceed to licensure and deployment in an impactful way for global health.”

Thomas also said, putting the current Ebola relief effort into context, “This pace of rapid vaccine development and testing was not thought to be feasible based on past outbreaks, which were somewhat limited in scope and duration.”

While experts want to

move quickly, Thomas explained that they also agree that they must move guided by safety considerations and in true partnership with the governments and communities of the affected nations.

Currently, there are no FDA-approved vaccines for Ebola. The Walter Reed Army Institute of Research, located in Silver Spring, Maryland, began testing an experimental Ebola vaccine, called rVSV-ZEBOV (BPSC1001), on healthy human volunteers in October 2014, and NIH published promising initial results of another candidate vaccine in the New England Journal of Medicine in late November. The DOD and HHS are also evaluating other vaccine candidates.

“We are moving from a data-limited to data-rich period of time, not only with regards to vaccines, but also

the virology and pathogenesis and treatment of Ebola,” explained Col. Nelson Michael, director of the U.S. Military HIV Research Program, whose program performed the first clinical study of an Ebola vaccine candidate in Africa in 2009 and is about to test two newer Ebola vaccine there in early 2015.

“This is critically important information to inform the way ahead for Ebola vaccine development,” Michael added. “Government agencies, the World Health Organization, pharmaceutical companies, academia, philanthropic organizations, non-governmental organizations and nations are engaged in an unprecedented collaborative effort to develop vaccines that will be critical to the long-term control of this threat to global health and security.”

TUESDAY TRIVIA RULES, QUESTIONS AND ANSWERS

Every Tuesday beginning Jan. 13, check out Fort Riley's Facebook page for the Fort Riley Tuesday Trivia question of the week at www.facebook.com/FortRiley. Every answer will be available somewhere on the official Fort Riley website at www.riley.army.mil.

Be the first to post the link from the official page in the comments section of the question. The one who answers the question with the link – and only the link – will get a congratulations salute in that Friday's issue of the 1st Infantry Division Newspaper.



TOP GUN Continued from page 1

young troopers.

Leaders designed a competition with brackets to see who in the squadron would get the opportunity to fire multiple live TOW missiles and prove they were the Quarterhorse's best.

Sgt. 1st Class James Price, the squadron's master gunner, led a virtual training session to narrow the field. Tables and chairs in one of the squadron's conference rooms were pushed aside and Soldiers' skills were tested using a device – a launcher connected to a computer filled with training simulations. It's the same system leaders use to prepare Soldiers to fire missiles in the field.

The idea behind the simulations is simple: Train Soldiers how to safely operate the equipment and engage targets before they fire live missiles, Price said.

Firing a TOW missile in a combat environment is a difficult task and relies on the skill of the gunner and the two other crew members – a driver and truck commander.

"It's not like slapping a magazine in a rifle and blazing away," Price said. "The entire crew is involved in acquiring a target, firing the missile,

"Following this training, several of our gunners will have fired over six live missiles in addition to the countless numbers fired in virtual simulations, making them some of the most experienced and highly trained TOW gunners in the U.S. Army."

MAJ. JEREM SWENDDAL | OPERATIONS OFFICER - 1ST SQDN., 4TH CAV. REGT., 4TH IBCT

tracking the missile to the target over the time of flight and then going through the crew drill of loading another 50-pound missile and positioning the scout truck."

For the Quarterhorse troopers, the train up and competition kept their basic skills sharp and, for those new to the unit, it taught them how to safely fire the missiles without expending thousands and thousands of dollars of the Army's money, Price added. Live TOW missiles cost about \$20,000 each, according to information from the squadron.

The opportunity to shoot multiple live TOW missiles in a single training session was a rare one.

In the Army's current operating environment, a TOW

gunner is lucky to shoot even a single missile outside of combat, said Maj. Jerem Swenddal, the squadron's operations officer.

"And even that is rare these days," he added.

Moreno, who is assigned to Troop A, was well aware of his unique position. Soon after the last competitor fired his last missile, the scores were tallied and Moreno's title as the squadron's top gun was sealed, he processed the significance of the event.

"It was crazy," Moreno said. "Most people get to shoot one or two in their lifetime, and I got to shoot six right there."

Aside from the competition and camaraderie the shoot created, leaders looked to the future.



Capt. Keith E. Thayer | 4TH IBCT
Pfc. Devon Moreno, trooper, 1st Sqdn., 4th Cav. Regt., fires a TOW anti-tank missile during a "top gun" competition Dec. 11 at Fort Riley.

"Following this training, several of our gunners will have fired over six live missiles in addition to the countless numbers fired in virtual simulations," Swenddal said, "making them some of the most experienced and highly trained TOW gunners in the U.S. Army."

That means even as the Soldiers move to different units at Fort Riley or across the world, they'll carry with them Quarterhorse training that will set them apart from their peers.

"We are extraordinarily proud of all these troopers," said Lt. Col. Fred Dente, squadron commander, about the competitors. "They gained confidence in this critical weapon system, and, just as importantly, they gained confidence in themselves and their teams. I know they will carry this experience with them for the rest of their careers."

Moreno said he was competitive and getting the top gun honor was not only exciting, but provided him with a once-in-a-lifetime opportunity.

"I feel honored," he said. "Training paid off, so it feels good and I feel accomplished."

ARMY STRONG Continued from page 1

commitment to resource and standardize critical support programs for Soldiers, their families and civilians. While the covenant was focused on specific programs commanders couldn't control, Total Army Strong will be a tailorable platform, and commanders will decide what programs best suit their communities.

"Total Army Strong is our continued commitment to Soldiers, families and civilians," said Lt. Gen. David D. Halverson, assistant chief of staff for installation management and commanding general, Installation Management Command. "Through Total Army Strong, we will sustain a system of programs and services to mitigate the unique demands of military life, foster life skills, strengthen resilience and promote a strong and ready Army."

During fiscal years 2007 through 2010, the Army doubled its investment in funding for Soldier and family programs and improved the quality-of-life portfolio by building

new youth and child development centers and creating Survivor Outreach Services to help families of fallen Soldiers. The covenant also built upon Family Assistance Centers for the National Guard and Army Reserve, improved Army housing and increased the accessibility to health care.

"Throughout that period, there was a lot of building and growing of programs, but then we hit 2010, 2011, and we started going to the sustain mode, the improvement mode a bit, and that really helped us standardize and get things in order for the Army," said Robert E. Hansgen, Soldier and Family Readiness Division, IMCOM.

In 2013, with the Department of Defense facing sequestration and major slashes in the budget, Army Chief of Staff Gen. Ray Odierno reached out to IMCOM to explore how to be more efficient with Soldier and family quality-of-life programs, while keeping the Army's commitment to its force.

Hansgen said IMCOM,

the Army staff and a variety of commands collectively put together a bucket list of programs, which were categorized from high, medium to low risk based on how the loss or diminishment of a particular program would affect families and Soldier readiness.

"The reason we did that was because it's difficult from a headquarters level to say which program is more important than another, which is why commanders will now be able to determine what is best and then do some rebalancing," he said.

The Army will continue to refine programs to ensure they efficiently serve the most critical needs of its Soldiers, families and communities.

Total Army Strong promises to not only maintain the trust between leaders and their Soldiers, families and civilians, but to foster an environment that promotes adaptability and self-reliance, as well as promote physical, emotional, social, family and spiritual strengths.

RECOGNITION Continued from page 1

"We get called to rescue somebody who is having the absolute worst day of their life."

Price, a Miami native, was a Dustoff 66 pilot.

"However, not everyone gets rescued, and not everyone gets a second chance," he said. "Families lose brothers, sisters, mothers (and) fathers, and friends are left with (the) memory of someone whom they confided in, whom they loved and who they may have even called family. There is no award when there is loss; rather, humble recognition for our efforts."

Soldiers from the "Fighting Eagles" battalion weren't just recognized by the aviation association for their rescue effort, but also for their control over the skies while in southern Afghanistan.

Crews from Co. F are set to also be recognized with the Air Traffic Control Unit of the Year award.

The honor goes to the unit that best demonstrates command of tactical air traffic and air traffic control directly contributing to the safety and

efficiency of air operations, according to information from the association.

"Anything that quantifies what your team did is a pat on everybody's back," said 1st Sgt. David Green, Co. F's senior noncommissioned officer. "This is a great recognition of Soldiers doing their job."

Green, a native of Houston, is set to be on hand Feb. 4 during the awards presentation at the Senior Aviation Leaders Conference at Fort Rucker, Alabama.

RESEARCH Continued from page 3

In the future, sensors will be everywhere.

"Army researchers are working on flexible plastic sensors that could be attached to individuals, gear or vehicles. With this technology, Soldiers will gather information on the chemical-biological environment, troop movements and signal intelligence," said Jyuji Hewitt, executive deputy to the commanding general, U.S. Army Research, Development and Engineering Command. "The Army of 2025 and beyond calls for advanced sensors that can locate and identify threats, enable protection systems to counter those threats and make it less likely an enemy will detect our vehicles."

Sensors are redefining our world and how research and development community supports Soldiers.

"Sensors are no longer considered simple, separate sensing elements that are just compo-

nents in a standalone weapon system," said Dr. Donald A. Reago Jr., director of Communications-Electronics Research, Development and Engineering Center's Night Vision and Electronic Sensors Directorate, at Fort Belvoir, Virginia. "(Sensors) are becoming holistic cross-domain solutions unto themselves that provide capabilities greater than the sum of their parts."

As networking and communication technologies become decentralized and integrated into dynamically aware sensors, sensors have emerged as a focal point where Soldiers are connected into the digital battle space at both the individual and global level, Reago said.

The Army is really relying on its scientists and engineers, Miller said.

"We are being asked to stand up and deliver, and I fully expect that we will," she said. "I have yet to see us fail at being able to solve a problem."

ARMY TECHNOLOGY MAGAZINE

Army Technology Magazine is available as an electronic download, or print publication. The magazine is an authorized, unofficial publication published under Army Regulation 360-1, for all members of the Department of Defense and the general public.

ABOUT RDECOM

RDECOM is a major subordinate command of the U.S. Army Materiel Command. AMC is the Army's premier provider of materiel readiness – technology, acquisition support, materiel development, logistics power projection, and sustainment – to the total force, across the spectrum of joint military operations. If a Soldier shoots it, drives it, flies it, wears it, eats it or communicates with it, AMC provides it.



Cell phone use while driving is prohibited on post. Phone calls may be made only with a hands-free device. Texting is included in the ban. Failure to adhere to policy will result in a \$75 fine.

Community Life

IN BRIEF

- TRAFFIC UPDATES**

For traffic updates, please see the Traffic Report on page 2 or visit www.riley.army.mil and click on "Advisories."
- GENERAL INFORMATION**

For general information about events and services at Fort Riley, visit www.facebook.com/FortRiley or follow @FortRiley on Twitter.
- CEREMONIES**

For U.S. Army Garrison Fort Riley ceremony information, visit twitter.com/usagceremonies.
- CIF CLOSING**

The Central Issue Facility will be closed at noon Jan. 14 and will reopen at 7:30 a.m. Jan. 20.
- RILEY'S RENOVATIONS**

Riley's Conference Center will be closed for renovations now through Jan. 14.
- WINNIE THE POOH DAY**

Winnie the Pooh Day is scheduled from 1 to 3 p.m. Jan. 17 at the Fort Riley Post Library. Celebrate the birthday of the famed "Silly Old Bear" with stories, birthday cake, games and crafts. Admission is free. For more information, call 785-239-5305.
- FAMILY BINGO**

Family Bingo is scheduled at 2 p.m. Jan. 18 at Rally Point. Cost is \$5 per child and \$10 per adult. Adults win cash and children win prizes, including electronics, toys and other items. For more information, call 785-784-5733 or 785-239-3467.
- WINTER BASH**

Olaf's Frozen Winter Bash is scheduled from 7 to 9 p.m. Jan. 24 at Eyster Pool. Patrons can enjoy popsicles, hot chocolate and Sven's carrots with ranch. Admission is \$5 per individual or \$10 per family. Pool passes do not cover the event. The first 200 children will receive a blue ice wand that glows. For more information, call 785-239-4854.
- COSMIC BINGO**

Cosmic Bingo is scheduled for 7 p.m. Jan. 24 at Rally Point. It's 70s Night at Cosmic Bingo. Enjoy a glow-in-the-dark bingo experience, complete with dancing, games and fun. Cost is \$15 per person and includes a bingo package and glow novelties. The event is open to those 16 years and older. For more information, call 785-784-5733 or 785-239-3467.
- MOVIE NIGHT**

Movie Night: Snow Queen is scheduled for 6: 30 p.m. Jan. 31 at the Fort Riley Post Library. Enjoy family fun and a free movie. Popcorn is included. For more information, call 785-239-5305.
- ARMY LISTENING SESSION**

Fort Riley's Army Listening Session is scheduled for 3:30 p.m. Feb. 9 at the Geary County Convention Center, Courtyard by Marriott, 310 Hammons Drive, Junction City. The forum is an opportunity for the community to provide input to representatives of the Department of the Army headquarters as they consider force structure and stationing decisions. The event is open to the public.
- COMMISSARY SCHOLARSHIPS**

Applications for scholarships for military children are now open. Applications will be available at the Fort Riley Commissary. The application deadline is Feb. 13. For more information, visit www.militaryscholar.org.
- CORVIAS SCHOLARSHIPS**

Corvias Foundation is offering scholarships and grants for family members of active-duty Soldiers. Applications are available and more information can be found on the Foundation website at www.corviasfoundation.org. Interested individuals may also call or email for more information at 1-401-228-2836 or info@corviasfoundation.org. Scholarship applications are due Feb. 12.
- HASFR SCHOLARSHIPS**

The Historical and Archaeological Society of Fort Riley is offering scholarships for students who reside in or attend school in Geary or Riley counties. Three students will be awarded the scholarships for \$1,000, \$500 and \$250, respectively. Application packets are available at www.fortrileyhistoricalsociety.org. Deadline for applications is Feb. 15.

Fort Riley to offer nursing program

Hutchinson Community College LPN program open to Soldiers, spouses

By Maria Betzold
1ST INF. DIV. POST

Soldiers and military spouses have the opportunity to apply for Hutchinson Community College's nursing program at Fort Riley.

A needs assessment was completed in June 2013 that identified one of the demands at Fort Riley was to offer a nursing program that worked with military schedules, according to Sheri Buono, education service specialist,

Education Services Office, Directorate of Human Resources.

Other nursing programs only had so many spots, and active-duty Soldiers and spouses were not allowed to enter those programs, she added.

"(Hutchinson Community College) was able to bring to us a full 20 slots for the LPN (program)," Buono said. "Other schools were going to share their spots with us."

The next step was searching for a school that wanted to come onto the military installation and offer the classes. Hutchinson Community College was selected in March 2014.

According to Buono, Fort Riley Education Services representatives asked Hutchinson Community Col-

lege not to fill all of the slots initially because it is an 18-month program. Each year, Education Services will take more applications, which will allow for more people to be accepted.

"With all those approvals in place, we are ready to start in January," she said.

Eighteen out of 35 applicants were selected to begin the program Jan. 12, with six of those slots going to active-duty Soldiers, Buono said. Spc. Lauren Platt, Headquarters and Headquarters Company, 1st Battalion, 28th Infantry Regiment, 4th Infantry Brigade Combat Team, was one of the Soldiers accepted into a slot.

See NURSING, page 12



Maria Betzold | POST
Hutchinson Community College is offering an LPN program to Fort Riley Soldiers and military spouses, as well as classes for CNAs, CMAs and Phlebotomy, which are short-term certifications that can be completed in a single term. In March, the college will offer a course in pharmacy technology.



Staff Sgt. Daniel Stoutamire | 1ST INF. DIV.
Sgt. 1st Class Kathleen Sipes, sexual assault response coordinator, 1st ABCT (left) places a ring on the finger of husband, Sgt. 1st Class Kevin Sipes, senior NCO, Co. B, 2nd Bn., 34th Armor Regt. (right) during a renewal-of-vows ceremony Dec. 22 at Camp Buehring, Kuwait, as Chap. (Maj.) Michael McDonald, 1st ABCT chaplain (center) officiates. The Sipes' have been married for six years and first met while deployed to Iraq.

Twice as nice

From first glance to vow renewal:
Love blooms again at Camp Buehring for 'BRO' couple

By Staff Sgt. Daniel Stoutamire
1ST INF. DIV. PUBLIC AFFAIRS

CAMP BUEHRING, Kuwait – Sgt. 1st Class Kevin Sipes first saw her briefly at the old dining facility at the overseas military base as he was preparing to enter Iraq for a combat deployment.

More than eight years later, Kevin, senior noncommissioned officer, Company B, 2nd Battalion, 34th Armor Regiment, 1st Armored Brigade Combat Team, 1st Infantry Division, found himself back at Camp Buehring, renewing his vows with that same woman, Sgt. 1st Class Kathleen Sipes, sexual assault response coordinator, 1st ABCT.

"It's definitely interesting to be here again," Kevin said. "It made me think of how everything changes."

"I knew she was an amazing individual, and I really wanted to be a part of her life."

SGT. 1ST CLASS
KEVIN SIPES
1ST ABCT, 1ST INF. DIV.

"He also treated me with respect and would open the door for me. He still does that to this day."

SGT. 1ST CLASS
KATHLEEN SIPES
1ST ABCT, 1ST INF. DIV.

See RENEWAL, page 12

MORE ONLINE

For more information or to get an application for the **Historical and Archaeological Society of Fort Riley scholarships** to high school seniors who have a passion for history, visit www.fortrileyhistoricalsociety.org or www.facebook.com/fortrileyhistory or email hasfrpresident@hotmail.com.

Students with love of history are in luck

HASFR scholarships open to high school seniors in Geary, Riley counties

By Kalynd Curtis
1ST INF. DIV. POST

The Historical and Archaeological Society of Fort Riley is offering scholarships to high school seniors who have a passion for history.

Seniors who apply for the scholarship have the opportunity to receive scholarships in the amount of \$1,000, \$500 and \$250.

"We are thrilled to give back to our Fort Riley and surrounding communities," said Julie Martin, HASFR president. "These communities support HASFR year after year with donations, and this is a small way to give back and say thank you for your continued support."

HASFR has done more than just donate scholarships this year, it also has purchased new historic reenactment wear for men and is in the process of working with Fort Riley Museums representatives to fund another diorama and possible audio visual effects for the museum portion of the Custer House. Additionally, HASFR is working on publishing its fourth ghost book, detailing stories collected from residents about recent encounters.

JULIE MARTIN
PRESIDENT, HASFR

See SCHOLARSHIPS, page 12

Slingin' Ink tattoo competition set for Jan. 15

Second-annual event to include drawing contest, 'fake skin' trial

Heather Wilburn
DFMWR MARKETING

For the second year, Fort Riley's Warrior Zone will offer tattoo enthusiasts the opportunity to show off their body art for a chance to win prizes during the Slingin' Ink tattoo and art competition.

Set for 6 to 9 p.m. Jan. 15, this year's Slingin' Ink also offers a chance for artists to take part in the fun. In addition to the tattoo contest, this year's event will feature a drawing contest and a "fake skin" trial.

"Last year's event was a great success, and our guests really enjoyed themselves," said Cate Kendrick, business manager, Warrior Zone. "The addition of the drawing contest and fake skin trial will allow us to be even more inclusive of our community. You don't have to have a tattoo to participate; you can come because you love to draw and still take part in the event, instead of just standing on the sidelines. Of course, spectators are also welcome."

The tattoo competition features nine categories: Sleeve, wording, Asian-inspired, black and white, full color, pin-up, portrait, most regrettable and crowd favorite.

"We have expanded from the categories we offered last year," Kendrick



Julie Fiedler | POST
A tattoo of skin tearing with words underneath is on display as Megan Rutledge, marketing assistant, DFMWR (left) and Chris Dumler, senior graphics designer, DFMWR (right) inspect it during the 2014 Kung Fu Ink at the Warrior Zone.

See TATTOO, page 12



COURTESY PHOTO

For one Army officer the choice to give back to his country by serving in the military brought the chance to meet the mother he never met and another mother that he had always wanted.

Overseas adoption

An Army officer's lifelong journey to finding family

Editor's note: Taylor is assigned to Battery C, 35th Air Defense Artillery Brigade stationed at Osan Air Base.

By Staff Sgt. Heather A. Denby
35TH ADA PUBLIC AFFAIRS

OSAN, South Korea – Sometimes the questions people ask lead them to answers they least expect.

For one Army officer, the choice to give back to his country by serving in the military brought the chance to meet the mother he never met and another who he always wanted.

Second Lt. Jonathan Taylor joined the military in May 2013, after serving in the Reserve Officer's Training Corps at the University of Hawaii, where he earned a degree in Business Management.

His parents, both upper class and educated, were proud of the son they had adopted, and Taylor was grateful for all they had done while caring for him over the past 15 years.

Barry and Cathy Taylor were unable to conceive a child of their own and decided to apply for an overseas adoption.

They were approved by a Korean adoption agency, and 5-year-old Jonathan left his orphanage in Pyeongtaek, South Korea, to start a new life in Lowell, Massachusetts.

"My dad greeted me at the airport with a big hug," Jonathan said. "He gave me a banana and a stuffed animal. Mr. Bunny, I think. I still have that old thing."

Despite having a loving new family, Jonathan's mind would often drift to the few memories he still had of his birth mother and his short time living in Korea.

"One of my earliest memories of my birth mother was when she would place me on her back while walking around town selling bubble gum," Jonathan said.

"We were poor. There were seven of us that would sleep on the floor of a small shack. Sometimes I would pick wild berries to help with the hunger pains in my stomach. On the day I went to the orphanage, I remember my grandmother crying as she waved goodbye to my mother and I on the bus. My mother placed me on the corner of a road and said she'd be right back ... she never came back."

"We went and saw the nursery room full of little babies all waiting to be adopted. And then, (my birth mother) walked in. I couldn't remember her face, but when we shared our first hug, it was like she had never left."

SECOND LT. JONATHAN TAYLOR
BATTERY C, 35TH AIR DEFENSE ARTILLERY BRIGADE

Jonathan kept a small photograph of his mother hidden in the bunk-bed at the orphanage until one day it, too, disappeared.

And although he could no longer remember her face as he grew older, Jonathan spoke of his mother and life before America with his friends.

Jonathan's story spread through word of mouth ultimately reaching a woman in Korea.

Minhae Kim, a Korean mother of two and a New York State University graduate, felt the need to help Jonathan reunite with his birth mother and decided to retrace the administrative process of his adoption.

While researching his early childhood, she invited him to spend time with her family in Seoul, and Jonathan agreed to pay the Kims a visit.

"I was so impressed with him," Kim recalled. "I asked my son to email him and see what kind of things he would like to do during his visit to South Korea. Jonathan said he only wanted one thing: to try and find his birth mother. I told him that if you cannot find your mother, I'll be your mother – your Korean mother."

Jonathan and the Kim family continued to visit each other, and finally, Minhae found who she was looking for.

She coordinated to meet Jonathan at the orphanage he was sent to as a child in Korea to share the special news he had been hoping for.

"We went and saw the nursery room full of little babies all waiting to be adopted," Jonathan said. "And then (my birth mother) walked in. I couldn't remember her face, but when we shared our first hug, it was like she had never left."

Jonathan's birth mother cried and apologized for leaving him years ago.

The two spent the day visiting tourist sites around Seoul and then said their goodbyes.

After commissioning as an air defense artillery officer, Jonathan said he knew exactly what duty station he wanted: South Korea.

But it wasn't to spend more time with his birth mother.

Jonathan's visit with his mother was exciting, but the excitement wore off and memories of abandonment still lingered.

Conversely, Jonathan's relationship with the Kim family blossomed, and he said he felt more at home in the Kim's modest middle class apartment than he had with his birth mother or in his own apartment out in the Korean district of Songtan.

"We were so grateful for the chance to have met him," Kim said. "He kind of enlightened my life, too. You know, we never appreciate our parents. Going through this experience with him made me realize how my own parents were just trying to do their best even in the worst kind of situation."

Jonathan's introduction to Minhae, his reunion with his birth mother, and his military assignment to the city where he was born were much more than he could have ever expected.

"There were so many questions I had growing up and answers I thought I had already figured out, but I wasn't ready for any of it," Jonathan said.

"The lessons I learned from my adopted parents, from my educators, from the military, it all prepared me to embrace both the good and bad things that happen in life," he said. "The truth is: sometimes the answers we get, just aren't what we expect."

COMMUNITY CORNER

Tax center can ease stress of season, prepare free returns

By Col. Andrew Cole
GARRISON COMMANDER

Tax season. For some, those two words can sound like fingernails

on a chalkboard, especially if you know you will owe money to Uncle Sam. For others, it may bring a sigh of relief – a time to catch up on some bills, car maintenance, college tuition, save money, or maybe, even, purchase a new vehicle. However you feel about tax season, the Fort Riley Tax Center can help ease your mind.

If you are an active-duty service member, activated Army Reservist on orders for more than 30 days, a retiree or eligible military dependent, the tax center can save you hundreds of dollars in tax-preparation services by preparing your tax returns for free.

Tax center representatives have been preparing for the upcoming tax season for months and have trained and qualified tax preparers who can assist you with even your toughest tax-filing questions.

Trained tax preparers can prepare 2012, 2013 and 2014 federal tax returns, in addition to state returns. State returns, however, will only be prepared in conjunction with federal returns.

If you are thinking of forgoing the tax center in favor of quick cash from a refund-anticipation loan, don't. The tax center can electronically file your refund. Electronic filing and direct deposits drastically reduce the time it takes to get your refund. On average, filers see their refunds in less than

a week. And, instant rebates offered by most commercial tax services are nothing more than loans with incredibly high interest rates.

If you prepare your taxes on your own, bring them into the tax center. One of the certified tax preparers will check over your state and federal returns to make sure you've got it correct. If the IRS questions your taxes, the tax center can provide help.

The tax center will be open for business Jan. 21 in Building 7034, on the corner of Normandy and Bullard streets.

For those filing tax returns at the tax center, please be sure to bring the following items – if applicable – with you:

- All W-2 forms
- Social Security Card required for everyone in family, including children
- Power of attorney
- All 1099-R Forms – Pension and Retirement
- All 1099-INT Forms – Interest Income Statement
- All 1099-DIV Forms – Dividend Income Statement
- Form 1098 – Mortgage Interest Statement
- Form 1098-E – Student Loan Interest Statement
- Bank routing and account numbers
- Receipts for deductible expenses
- 2012 or 2013 Tax returns
- Form 8332 signed by custodial parent if a non-custodial parent is claiming a child exemption.

For more information, call 785-239-1040.

If you would like to comment on this article or suggest a topic for Community Corner, email usarmy.riley.imcom.mbx:post-news@army.mil or visit my Facebook page at www.facebook.com/fortrileygc.

Beprepared.

Prepare an emergency vehicle kit this winter.
www.ready.army.mil

Exchange pushes paperless

New sweepstakes makes it pay to get electronic statements

AAFS PUBLIC AFFAIRS

DALLAS – The Army and Air Force Exchange Service is making it pay to go paperless for 100 military shoppers who sign up to receive electronic statements from the Exchange Credit Program.

During the "Going Paperless Pays" sweepstakes, cardholders who switch from traditional paper statements to electronic versions now to Jan. 31 will be automatically entered to win a \$50 credit on their bill.

Eligible lines of credit include the Military Star Gold card, Military Clothing plan and Take It Home Today. Throughout the sweepstakes period, 100 account holders

MORE ONLINE

Cardholders can register for electronic statements by logging into their account at www.myeecp.com and selecting "Yes, please email" under "Update Contact Information" located on the tools menu.

will receive the credit. Only one sweepstakes entry per account is allowed.

"Accessing statements online reduces clutter and conserves paper while decreasing the risk of having account information lost or stolen in the mail," said Air Force Chief Master Sgt. Sean Applegate, Exchange senior enlisted adviser.

Cardholders can register by logging into their account at www.myeecp.com and selecting "Yes, please email" under "Update Contact Information" in the tools menu.

Researchers receive patent

Team hopes to pave way for treatments of heart, lung disease

K-STATE MEDIA RELATIONS

MANHATTAN – A Kansas State University research team has received a patent for its use of a peptide that has been shown to prevent or reduce damage to intestinal tissue.

The team's ongoing work may have far-reaching implications, including new ways to treat tissue damaged during a heart attack or stroke, and even a possible cure for cancer.

U.S. Patent No. 8,895,502, "B2-Glycoprotein I Peptide Inhibitors," was issued recently to the K-State Research Foundation, a nonprofit corporation responsible for managing technology transfer activities at the university.

Sherry Fleming, associate professor of biology, said therapeutic peptides – or chains of amino acids – developed at K-State can reduce or prevent the damage caused to intestinal tissue when blood and oxygen are restricted, called ischemia.

The peptides also are proving useful when blood flow returns to the affected tissue, called reperfusion, which usually is more damaging than ischemia.

"When cells are ischemic, they put out a novel molecular marker on their surface," Fleming said.

The markers, in effect, are

the cell's way of telling the body's immune system that it has a problem, she said.

However, during reperfusion – return of blood and oxygen flow to the affected area – the immune system "acts like a drama queen – it overreacts," according to Fleming. The immune system, trying to repair the area, clears out an entire region of tissue. Antibodies bind to large areas of affected tissue, activating the immune system and sending inflamed cells to the heart, lungs, liver and kidney.

In the human intestine, the risk is especially high because bacteria are present in high levels.

"That damage during reperfusion is caused by antibodies binding to that molecular marker," Fleming said. "The body can't stop the antibodies from being produced. We want to find a way to keep the antibody from binding to the marker. We designed peptides that prevent that binding. We have changed it so that it won't bind arbitrarily, but binds very specifically to the ischemic area."

Currently, no drugs are available for treating reperfusion following ischemia, called mesenteric IR, which has a mortality rate of 65 to 70 percent.

"The peptide recognized by this patent has demonstrated a reduction to tissue damage, which lowers the mortality rate in animals," Fleming said.

Compared to other potential therapeutics for mesenteric IR, the peptide developed at

K-State is considered to be safer because it does not compromise the patient's immune system. It also is more effective and less expensive to manufacture.

Fleming's work on the project includes receiving about \$2.1 million over nine years from the National Institutes of Health, although she has studied the effects of ischemia and reperfusion for the past 15 years.

The peptides were designed by John Tomich, a K-State molecular biologist who also is named on the patent. Fleming, Tomich and graduate students are continuing trials that are showing additional promise for heart, lung and kidney health.

If proven effective, the peptide will reduce tissue damage caused by heart attack, stroke or trauma injuries in humans and animals. In surgery, the peptide could be added to an intravenous solution to aid in recovery during reperfusion.

The peptide also is a potential defense against cancer tumors, which Fleming said are capable of recruiting blood vessels to attack healthy tissue.

"Our peptide seems to stop recruitment of blood vessels, which ultimately means the cancerous tumor can't grow," she said.

Fleming said the technology is not yet licensed by a company, but receiving the patent is another step toward expanding the research and increasing opportunities for human trials.

The K-State Research Foundation has been awarded 13 U.S. patents in 2014.

Is your kitchen up to code?

K-State University food safety expert offers cleaning tips

K-STATE MEDIA RELATIONS

MANHATTAN – A Kansas State University food safety expert has cleaning tips on how your home kitchen could pass a restaurant inspection.

When it comes to inspecting a kitchen, Bryan Severns, food programs and services director, K-State Olathe, said he looks at cleanliness, sanitation, food preparation and storage.

One cleaning mechanism that causes confusion: soapy sponges. They may clean dirt off your dishes, but they won't keep away the bacteria.

"Soap is a surfactant, which means it loosens dirt," Severns said. "A soapy sponge and water help pick up the dirt and carry it away, but the sponge does not kill anything. Unless you are replacing your sponge constantly or sanitizing it, it is an incubator for bacteria and dirt."

You can sanitize a sponge by boiling it, microwaving it or

"A soapy sponge and water help pick up dirt and carry it away, but the sponge does not kill anything."

BRYAN SEVERNS
K-STATE OLATHE

sanitizing it in the dishwasher on the sanitize setting. Instead of using a sponge, Severns suggests using dishtowels, which need to be changed daily.

Another important tip: wipe down all counters, handles and surfaces with a disinfectant, even the cutting board.

"Cutting boards often have cracks and grooves that will hold bacteria," Severns said. "The board needs to be disinfected after every use and let it air dry so the sanitizer sets in."

As for storing your food, where you place your raw meats could be a critical violation. Raw meats need to thaw on the bottom shelf to avoid dripping meat juice onto other foods and potentially contaminating ready-to-eat food.

When it comes to putting leftovers from a meal in the fridge, allow time for them to cool first.

"A lot of people will take their spaghetti, for example, put it in the container, put the lid on and pop it in the fridge," Severns said. "That lid and plastic container acts as an insulator, and the food will stay warm longer than it should and start to get bacterial growth. Cooling the food off as fast as possible is safer and will improve the shelf life of the food. If the food is above room temperature, put the leftovers in the fridge without the lid then cover when cool."

Meat and poultry products typically have a shelf life of about four days, while fruits and vegetables last longer. Leftovers should be eaten in three to four days to avoid bacteria growth and always label leftovers with the date it was made and the date it needs to be thrown out.

"We have to build that culture of food safety where everyone is thinking about taking care of each other and their food," Severns said.

K-State band receives Sudler Trophy, rates among best

Four hundred-plus member ensemble gets Sudler Trophy

K-STATE MEDIA RELATIONS

MANHATTAN – The Pride of Wildcat Land, the Kansas State University Marching Band, has reached national prestige.

The band has received the Sudler Trophy, which is given every two years to recognize the top marching band in the U.S. Frank Tracz, professor of music and the university's director of bands, received the award Jan. 2 at the McCormick Place Convention Center in Chicago.

"We are so proud of Dr. Tracz, our students, our staff and all members who make up the Pride of Wildcat Land," said Kirk Schulz, K-State president. "This prestigious award shows that both our marching band and music program are recognized across the country as leaders in excellence and innovation. Such national recognition is a crucial part of our goal to be recognized as a Top 50 public research university by 2025."

The more than 400-member band includes musicians, twirlers, a color guard and the Classy Cats dance team. Assistant director of the band is Don Linn, instructor of music. K-State Bands are student-musician centered programs in the College of Arts and Science's School of Music, Theatre and Dance. The Pride of Wildcat Land and athletic bands are the spirit of Wildcat Nation and involve students from every college at the university.

Director of the marching band since joining the university in 1993, Tracz has been recognized as one of the

MORE ONLINE

Among its many halftime performances this season was a tribute to the military at the Fort Riley Day football game. A video of the performance is available at www.k-state.edu/band/downloads/videos/fortrileyday.html.

For more information on the **Pride of Wildcat Land**, visit www.k-state.edu/band.

best band directors and music educators in the nation. Tracz was elected to the elite American Bandmasters Association in 2012, and he received the Tau Beta Sigma National Band Honorary Sorority's Paula Crider Award in 2011.

"Frank has been working toward this goal throughout his nearly 22 years at K-State, and I am so pleased this has come to pass," said Gary Mortenson, director, School of Music, Theatre, and Dance, K-State. "I could not be happier for Frank, Don Linn and the more than 400 people who make the K-State Pride the fantastic representative of this institution it has been for the past two-plus decades."

The Sudler Trophy is awarded biannually to a college or university marching band that has demonstrated the highest musical standards and innovative marching routines and ideas, and has made important contributions to the advancement of the performance standards of college marching bands for a number of years.

"This award is unbelievably special for the band," Tracz said. "Over the last 20-plus years, I have watched other

band programs being recognized with the Sudler and have always thought that we could do this here at K-State. There are literally thousands of students, staff, directors and administrators who share in this honor. This is simply recognition and validation for the 'K-State Way,' and I could not be any more proud of these kids and what they stand for than I am right now."

The Sudler Trophy is made possible by a grant from Louis and Virginia Sudler, Chicago. The John Philip Sousa Foundation administers and implements the award.


"Our marching band is a point of pride for all of the K-State Nation," said John Currie, K-State athletics director. "Dr. Tracz, his staff and the Pride work so hard every day and every year to provide a world-class experience for our student-athletes and fans. They are an integral part of the success of not only our athletics program but also the entire university community, and I am so proud of them for this extraordinary accomplishment."

The band performs at all home K-State football games and represents the university at many other events, like bowl games and pep rallies, as well as administrative, alumni and other university functions.

Among its many creative halftime performances this season was a tribute to the military at the Fort Riley Day football game. A video of the performance is available at www.k-state.edu/band/downloads/videos/fortrileyday.html.

The band's last major performance was when K-State took on UCLA in the Alamo Bowl Jan. 2 at San Antonio.

For more information on the Pride of Wildcat Land, visit www.k-state.edu/band.




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INFORMATION: 785-239-2363



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RENEWAL Continued from page 9

Kathleen said she didn't remember seeing Kevin until a few months later, in late 2006, while they were both in Iraq.

"Spc. Sipes and I had a lot in common from the start," Kathleen said.

The pair shared an interest in Frank Sinatra and Marilyn Monroe, and she liked his tattoos, which included portraits of both Sinatra and Monroe.

"I knew she was an amazing individual, and I really wanted to be a part of her life," Kevin said, recalling their first meeting. "I didn't make that known at the time because I thought she was dating someone."

She wasn't, and when they met again upon his redeployment from Iraq, they made arrangements for a first date.

"He did the old-fashioned slow yawn and placed his arm around my shoulder. I thought that was so adorable," Kathleen said. "He also treated me with respect and would open the door for me. He still does that to this day."

They've been married for six years, with all the ups and downs that come with being a dual-military family. They have two children – one son, Sean, and one daughter, Roxanne. Kathleen said they've had some experiences together that most couples, especially non-dual-military couples, might never have.

"One time, we were walk-



Staff Sgt. Bernhard Lashleyleidner | 1ST ABCT Sgt. 1st Class Kevin and Sgt. 1st Class Kathleen Sipes, senior NCO, 2nd Bn., 34th Armor Regt., and sexual assault response coordinator, 1st ABCT, respectively, embark on a 12-mile road march after renewing their vows Dec. 22 at Camp Buehring, Kuwait. The couple, together for more than seven years and married for six, initially met on a 2006 deployment to Iraq.

ing back from dinner in Iraq and a rocket went over our heads and hit very close to us," she said. "I can remember feeling much safer having him near me."

Another time while deployed, Kathleen could hear over the radio that Kevin's unit had come into contact with the enemy and was taking fire.

"I trusted that he knew what he was doing, but I was

still scared," she said. "Those are moments that truly brought us closer and more appreciative of each other."

Partly to mark their six-year anniversary and also because they were back in the place where Kevin first saw Kathleen, they decided to renew their wedding vows while deployed as part of the "Devil" brigade.

Chap. (Maj.) Michael Mc-

Donald, 1st ABCT chaplain, officiated the event Dec. 22.

"I think any time you get the opportunity to do the renewal of vows, it's just a wonderful proclamation of peoples' faith and belief in the institution of marriage," McDonald said. "To have a married couple that wants to do that is just a tremendous affirmation of the beauty of marriage and peoples' commitment to the

fundamental relationship in all of humanity."

Just as in a traditional ceremony, Kevin and Kathleen had a best man and maid of honor, Capt. James Cerrone and Sgt. Jennifer Afuelo-Robinson. Cerrone is assigned to Headquarters and Headquarters Company, 2nd Bn., 34th Armor Regt., and Afuelo-Robinson serves with 4th Squadron, 4th Cavalry Regiment, 1st ABCT.

"I met Sgt. 1st Class (Kathleen) Sipes through preparing for Ranger school, and Sgt. 1st Class (Kevin) Sipes was also my instructor to help me get ready for the program," Afuelo-Robinson said. "They are definitely a power couple. They are so motivating and inspirational for me, and it's really great for me to see this and to be a part of it as well."

Daughter Roxanne was able to watch the ceremony via the Internet, something for which the Sipes' were grateful.

"Being away from our awesome kids is the hardest thing about us both being here," Kevin said. "They are growing up so fast, and I miss them more than anything in the world."

Immediately following their renewal of vows, which included an exchange of rings, the couple went on a 12-mile road march, their rucksacks emblazoned with the words "Just Married."

MORE INFORMATION

Those interested in learning more about the **HCC nursing program** and how to apply can call Fort Riley Education Services at 785-239-6481.

NURSING

Continued from page 9

"I have wanted to apply for the program since I found out about it in October," Platt said. "It means so much to me that this program is being (conducted at) Fort Riley, and that it is catered to the Soldiers. I can't say that I know of any other post that offers something like this."

Hutchinson Community College is also offering classes for CNAs, CMAs and Phlebotomy, which are short-term certifications that can be completed in a single term. In March, the college will offer a course in pharmacy technology.

"All of these programs will be able to be completed at Fort Riley," said Dave Mullins, director, Business and Industry Institute, Hutchinson Community College. "We also are looking forward to the future for opportunities to be responsive to other educational needs at Fort Riley."

Buono said the need for the program was identified through military spouses, and the program being offered at Fort Riley is targeted to active-duty Soldiers.

Mullins said Hutchinson Community College is excited to be delivering educational opportunities to Fort Riley.

"Providing access to health care career training to Soldiers, their families and the Fort Riley community is an exciting opportunity for Hutchinson Community College," he said.

Those interested in learning more about the program and how to apply can call Fort Riley Education Services at 785-239-6481.

TATTOO Continued from page 9

said. "And, we decided to have a little fun and let our contestants poke fun at themselves with the 'most regrettable' category. Bad tattoos are out there, so why not include them, too?"

The tattoo competition is open to Department of Defense ID cardholders only. Additional events, including the drawing contest, fake skin trial and combatives demonstrations are open to all guests.

In the drawing contest, participants will be supplied with a sheet of cardstock on the night of the event or can submit any drawing they do on-site during the event.

Warrior Zone staff must witness the artist start and finish the drawing, which will be scored by a panel of judges. The winner will earn a Warrior Zone gift certificate, and the artwork will remain on display at the Warrior Zone for one month.

During the fake skin trial, participants will get a print they must copy onto a piece of fake skin, using the supplied pen.

"This is a type of skin that tattoo artists train on before beginning on their first client," Kendrick said. "Drawing on skin is very different than drawing on paper, and our participants will get the chance to experience just how difficult it can be."

Started in 2014, the event

aims to educate Soldiers about the Army regulations governing tattoos, as well as give tattoo enthusiasts a place to showcase their art and express their individuality.

Admission to the event is free and open to the public, 18 years and older. No guests under 18 are allowed inside the Warrior Zone.

For more information, visit www.rileymwr.com or call the Warrior Zone at 785-240-6618.

IF YOU GO

Slingin' Ink tattoo and art competition
» 6 to 9 p.m. Jan. 15
» Warrior Zone
7867 Normandy Drive, Fort Riley
» Admission is free and open to public, 18 years and older
For more information about the contest, visit www.rileymwr.com or call 785-240-6618.

SCHOLARSHIPS Continued from page 9

Unlike some scholarships, Martin said, the scholarship HASFR offers is open to any high school senior who resides or goes to school in Geary or Riley counties.

There is a short list of requirements to qualify for the scholarship, including applicants must have a minimum GPA of 3.0 based on a 4.0 scale, include a

MORE INFORMATION

Deadline for **HASFR scholarship** submissions is Feb. 15.

copy of ACT or SAT scores, have at least two letters of recommendation and write an essay about Fort Riley history.

Deadline for submission is Feb. 15. The winners will be notified of the judges' decisions in March.

The scholarship must be used within one year of the date the scholarship was awarded, or it is forfeited.

For more information or to get an application, visit www.fortrileyhistoricalsociety.org.

FORT RILEY CYSS AFC DISCOUNTS

All children with a deployed parent are eligible to receive the following free discounts (deployment orders required)

Free Annual CYSS registration. This is a pre-requisite to use other services.

Free respite child care up to 16 hours per month per child. This free care may be obtained through the following programs:

- Free Saturday Deployment Care, one four hour session monthly in the Child Development and School Age Services Centers.
- Free Hourly Care in the Child Development Center, School Age Services, or Family Child Care. Reservations must be made in advance at the center or the FCC office.
- Hourly care beyond the 16 hours free respite will be charged at \$2.00 per hour.

20% monthly discount is available for children of deployed Soldiers for full-time and part-day fees.

\$100 in FREE sports registrations per child per Family per deployment. This includes soccer, baseball, basketball, flag football, and volleyball programs.

\$300 in FREE instructional (SKIES) classes per child per Family per deployment.

Access to child care services and discounts may be coordinated directly with the CDC or SAS centers for those already registered with CYSS.

Sports and Instructional Program registrations can be made at the Parent Central office.

Those not registered with CYSS are strongly encouraged to register by calling 239-9885 or visiting bldg. 6620 Normandy Drive.

Discounts are not retroactive. Refunds will not be issued for fees already paid.

Please join our CYSS Facebook page - <http://www.facebook.com/RileyCYSS/>

K-State's comeback effort falls short

Wide receiver Tyler Lockett sets Alamo Bowl record

K-STATE ATHLETICS

SAN ANTONIO, Texas – Quarterback Brett Hundley led No. 14 UCLA to a 31-6 half-time lead and the Bruins held off No. 11 Kansas State University, 40-35, during the Alamo Bowl Jan. 2 in San Antonio. K-State (9-4) scored 22 of the first 25 points in the second half, cutting it to 34-28 on quarterback Jake Waters' 1-yard run with 4:54 left. Paul Perkins countered for UCLA (10-3) with a 67-yard run with 2:20 to go. Waters threw a 29-yard touchdown pass to Tyler Lockett with 1:21 left, but UCLA recovered the onside kick and ran out the clock. Perkins ran for 194 yards on 20 carries. Lockett had 13 catches for 164 yards for K-State. Waters was 31 of 48 for 338 yards, but was sacked seven times – twice by Butkus Award



K-STATE ATHLETICS

K-State running back Demarcus Robinson (right) attempts to get a first down during the K-State versus UCLA Alamo Bowl Jan. 2 in San Antonio. winner Eric Kendricks – and threw two interceptions and lost a fumble. Hundley ran for 96 yards and two touchdowns on 11 carries and passed for 136 yards. UCLA coach Jim Mora has said Hundley is forgoing his senior season to enter the NFL draft. UCLA raced to a 17-0 lead in the first quarter, with Hundley scoring on runs of 10 and 28 yards. The Bruins outgained K-State 218-4 and had a 9-1 edge in first downs in the quarter. In the second quarter, Perkins had a 32-yard touchdown run and Hundley threw a 7-yard scoring pass to Dave Lucien. The Bruins sacked Waters five times in the half. The Wildcats opened the second half with a 17-play drive, capped by Waters' 3-yard

touchdown pass to Lockett and a successful 2-point conversion – also from Waters to Lockett. After forcing a fumble by Perkins, K-State took over at UCLA's 21 and scored on Demarcus Robinson's 2-yard run. Hundley had a 40-yard run on a third-and-11 play to set up Ka'imi Fairbairn's 44-yard field goal that gave UCLA a 34-21 lead late in the third quarter.

4 Wildcats cap careers with top marks

By Kelly McHugh
K-STATE ATHLETICS

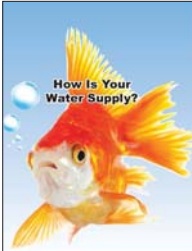
It might not have ended the way they planned, but in Jan. 2's Alamo Bowl, history was made for Kansas State University. While the night marked the ending of a chapter for four special Wildcat seniors, their names will stay forever etched into the K-State football record book. After catching 13 passes for 164 yards and two touchdowns in the Wildcats' nail-biting 40-35 loss, Tyler Lockett finished his career as the most decorated wide receiver in K-State history. He finished No. 1 in receptions (249), receiving yards (3,710) and touchdowns (29), while he also held the record for most 100-yard receiving games (17) and became only the second player in school history to catch 100-plus receptions in a single season. A four-year All-Big 12 and All-American player, Lockett's impact during the past four years as both a player and a person is one Wildcat fans won't forget. "I think I went out the best way you could go out," responded a teary-eyed Lockett when asked his thoughts of his career. "I've been through it all. I've dropped wide-open passes, caught a lot of hard passes, some crazy passes. I've seen myself grow, develop and mature not only on the field but also off the field. I just tried to be somebody that can set an ex-



Scott D. Weaver | K-STATE ATHLETICS

ample, show how to live a godly life, play football, have fun and be good at the same time." But Lockett wasn't the only K-State wide receiver making history. Senior Curry Sexton caught 10 passes for 104 yards in last night's game, putting him past the 1,000-yard mark on the season with 1,059. It marked the first time in K-State history where two players topped the 1,000-yard receiving mark in a single season. It was also the first time in Alamo Bowl history two receivers from one team caught 10 or more passes for 100 or more yards. "It's something that's very special," said Sexton after the game. "Obviously, K-State Football has been around for a long time. There's been a lot of really, really good receivers come through here, so to be in a category of our own with him, that's really special to me." Of course, a large part of Lockett and Sexton's successful seasons comes from Wildcat quarterback Jake Waters. Finishing this year passing for 3,501 yards, Waters broke former Wildcat quarterback Josh Freeman's record for most passing yards in a single season. In his two-year career, Waters completed 421 passes for 5,970 yards and 40 touchdowns, while he ran for 796 yards and 15 touchdowns. He also finished first in school history in both season and career completion percentage at 66.0-percent and 64.1-percent, respectively. Finally, senior center B.J. Finney recorded his 52nd career start Jan. 2 – the most by any player since Snyder took over as the Wildcats' coach in 1989 – as he has started every game since his redshirt freshman season of 2010. A former walk-on from

Andale, Kansas, Finney also became the first offensive lineman to be voted as team captain three consecutive years. After the Jan. 2 game, as he stood in the tunnel just outside of the K-State locker room in the Alamodome, Finney was asked what he would miss the most about playing at K-State. "The environment, the fans, the lifelong relationships you develop with these guys," he said. "I've been very blessed, very humbled with my tenure here. It's second to none, and I wouldn't trade it for the world." During the Alamo Bowl, although the game ended in a loss, this year's senior squad didn't go out without a fight. Scoring 29 second-half points, the Wildcats came back from a 31-6 deficit to nearly win the game. And, this year's squad credits that second-half momentum to its consistently passionate fans. "Our fans, we fed off of them," Sexton said. "They're very similar to us: they never give up, and they never stop believing in us. The way we played in the first half, I honestly expected half of our fans to be gone just because of how pitiful we played. But they were all still in their seats and loud as can be. "That just really makes you feel like all this is worth it. To play for those people, this university and everything that goes a long with it, you can't put that into words."



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ALL-AMERICAN Continued from page 13

band and athletes alike, then forge themselves into well-oiled machines with a singular purpose; success.

"This is a great opportunity for these kids," said Ultimate Fighting Championship Hall of Famer, Forrest Griffin. "These guys are used to being the biggest and the best on the field, but now they are surrounded by players on their own level. This is how they get better. How they get prepared for college."

Even with their incredible skill and poise, however, the participants don't do it all alone. On the first day of their arrival, all participants are introduced to a handpicked group of dedicated, disciplined and professional Soldier-Mentors, whose words and actions display each of the seven Army Values: Loyalty, discipline, respect, selfless service, honor, integrity and personal courage.

"Our respect for the Army has only grown," said John Gustin, father of West team

linebacker Porter Gustin. "It is inspiring to see their dedication and professionalism."

As the title suggests, the Soldier-Mentors acted as guides and role models to the young athletes and band members throughout their 2015 Army Bowl experience. Wherever the participants went, whatever they did, whether it was practices, skills competitions or seminars, the Soldier-Mentors were working, learning and playing along with them every step of the way.

"My favorite part was getting hands on with everyone and really getting to see their personalities," Croslin said. "You just don't get to see that at dinners and seminars. Once I was able to get in there with them and really get to know them, it was cool because I got to see that football really does breed the values that we, as Soldiers in the Army, seek out."

Much of the wisdom imparted by the Soldier-Mentors was intentional, like the im-

portance of the Army Values and how important it is to be a good role model for those who look up to you. Some, however, was not. As the old adage goes, the Soldier-Mentors led by example.

"I was able to see for myself just how important training really is," said Derrius Guice, West team wide receiver and 2015 Army Bowl MVP. "Being able to do something over and over, exactly the same way, is an important skill, and it's something everybody in the Army can do."

The Army All-American Bowl is the nation's premier high school football event. It makes it possible for the most extraordinary players and band members from across the country to be recognized and awarded for their achievements on a national scale. It also gives the participants the opportunity to showcase their skills against other players of their own caliber, which prepares them for what they will experi-

ence in the next phase of their careers – college.

"I just hope the Army keeps doing this for these kids," said Coach Greg Davis, Ennis High School, Ennis, Texas. "I never knew that the Army cared so much about football and about these kids. This is an honor, it's humbling, and it's a huge boost for these kids."

The All-American Bowl is also an opportunity for those involved to see the individual Soldiers of the Army from a new perspective. This game and the events surrounding it, provide the kind of one-on-one contact, experiences and conversation with Soldiers that is unrivaled almost anywhere else.

"I came here expecting to find big, strong, mean Army guys just trying to recruit me," said All-American Band alto sax player PJ Scott. "What I found, though, were great, caring, just beautiful people who came here to help. They showed us the true meaning of respect and honor."



Pvt. Travis Terreo | ANS
Gen. Daniel B. Allyn, Vice Chief of Staff of the Army (left) speaks with Derrius Guice, 2015 Army All-American Bowl MVP (right) just before presenting him the Pete Dawkins Trophy for his performance in the game Jan. 2 The All-American bowl is a chance for the nation's greatest high school football players to come together and showcase their skill.

WINTER CLASSIC Continued from page 13

2015 rooting for the Washington Capitals or the Chicago Blackhawks.

"Regardless of what service you're in ... I don't think anything can quite make you feel better than when your fellow citizens are out there cheering for you and saying 'Thank you for your service,'" said Maj. Thomas Mehl, Army National Guard Bureau.

SERVICE TO NATION

Gen. Mark A. Milley, commander, U.S. Army Forces Command, escorted two Soldiers to the game – Master Sgt. John R. Stricklett, 20th Chemical, Biological, Radiological, Nuclear and high-yield Explosives, and Staff Sgt. Brandon J. Mahoney, 55th Explosive Ordnance Disposal. The Soldiers were recognized during the second period as the "Geico Heroes of the Game."

Stricklett was awarded the Bronze Star with Valor in 2007 for defending and rendering aid to wounded service members during a complex insurgent attack in southern Baghdad.

He was awarded a Purple Heart in 2005 for wounds

sustained when an improvised explosive device detonated while he was evacuating fellow service members in Taji, Iraq, and was awarded the Army Commendation Medal with Valor in 2003 for deactivating one of the first IEDs identified in Iraq.

Mahoney was awarded the Army Commendation Medal with Valor for actions taken in 2010 during a complex insurgent attack on a forward operating base in Gardez, Afghanistan.

Responding to the sound of gunfire and the detonation of a large IED that damaged the compound's outer wall, Mahoney ran to a guard tower while under sustained enemy fire and engaged insurgent forces with a light machine gun from the tower, preventing the enemy from entering further into the base.

STANDING WATCH 24/7

It was a privilege and an honor to participate in the NHL Winter Classic that honored all military branches, said Coast Guard Rear Adm. Stephen P. Metruck, commander of the Fifth Coast Guard District.

The event was a great way to interact with the American people, he said. It was also an opportunity to pay tribute to those who are serving the nation around the clock, at home and abroad.

"We just have to keep in mind all those who are standing the watch around the world, and all the military services that are deployed around the world, putting their life on the line every day to protect everyone else in the nation," he said.

HOME TEAM WINS

The sun was shining, but it was still cold in Washington for this year's Winter Classic. Fans bunched up for the annual event, which is held on or around New Year's Day at a stadium on a specially built rink.

During the sold-out game that saw more than 42,000 people in attendance, the home team Caps scored a goal with seconds left in the game to emerge victorious, 3-2, over the Blackhawks.

Claudette Roulo, Department of Defense News, contributed to this report.

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SCUBA Continued from page 13

was relaxing. You really have to focus on your breathing, and it slows everything down."

According to Wright, the first scuba diving class was successful because under water, everything is quiet and calming.

Discover Scuba is scheduled for 3 p.m. Jan. 9 and 29. Kayaking is scheduled for 3 p.m. Jan. 22. Other WTBs have offered similar leisure activities to scuba and kayaking, but Wright said it's still unique to

Fort Riley.

"It's unique in that it's taking some of their recovery and pulling it out of a clinical," Wright said. "It's all a part of their recovery. It's getting them out and getting them social."

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