

# WING

*Tips*

OCTOBER 2014





## Be On Time. Do Your Job. Take Responsibility.

By Lt. Col. Charles W. Howard IV, 150th Special Operations Squadron commander

"Do your duty in all things. You can never do more. You should never wish to do less!" Gen Robert E Lee.

I memorized this quote as an 18 year old recruit, sweating profusely, bald, hungry and nearly hypoxic "7,250 feet above sea level – far, far above that of West Point or Annapolis!" I understand this quote very differently after 25+ years serving all over the globe as a Special Operations aviator. Each of us share similar and very different duties that reflect greatly on the world today. Regardless, as members of the NJ Air National Guard we excel when called to task as our state and country requires.

What are the specific duties demanded of us today? A recent speaker at the Commanders development course simplifies it this way: "Be on time - Do your job – Take responsibility!" This encapsulates a million quotes on servant leadership. We see around us the malaise of society today. Nobody wants to take responsibility. This is a cancer eating at the fabric of our greatest institutions right down to individual families. It is also where the US military and the NJANG are different and why we stand out in society. Poll after poll, show the public's perception of the military as the most trusted public institution. Why is this? Simply put – we take responsibility for our actions and results. It is our duty.

Individual character is something that takes a lifetime to



build. My hope is that you were fortunate enough to see character modeled by your parents. My pledge to you is that character will guide the decisions I make. Treating others with courtesy, respect and professionalism is commonsensical to people of character. Sexual harassment and assault have no place in any workplace let alone in the ANG family. Unfortunately no family is perfect. Be the person who stops and says "something!" Take it even further. Look for chances to prove to yourself, when no one is watching, the character you wish to instill in your troops and your children. It is our duty.

As technology advances, it allows for systems to develop that take more of our time. More digital-automation creates greater capability to audit. Errors of omission or detail now have ramifications that hint at character. Soldiers and Airmen are burdened with DEAMS, MICT, AROWS, GDSS,

VPC-gr, CBTs, etc.....etc..... A seemingly never ending list of programs drain the hours of each work day often times before we even get to our primary mission. I feel your pain but for everything there is a season. You can do anything you want in life but not everything. Prioritize your time and get to it when conditions permit. Maintaining rigorous training requirements and standards keep us ready to meet our commitments to defend our country's sovereignty and interests. Equally important, it assures the public

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### Not Just Another UTA

**Tech. Sgt. Shareef O. Lewis charges across an open field as the 108th Security Forces Squadron team attacks opposing forces at the military operations in urban terrain facility at Joint Base McGuire-Dix-Lakehurst, N.J., Sept. 14, 2014. The 108th Wing, New Jersey Air National Guard, Security Forces Airmen practiced land navigation, weapons proficiency and squad maneuvering tactics during the training. (U.S. Air National Guard photo by Master Sgt. Mark C. Olsen, Graphic Illustration by Tech. Sgt. Carl Clegg/Released)**



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# Bravo Aircrew Stands Down After 10 Years

Story by Tech. Sgt. Armando Vasquez, 108th Wing Public Affairs



Photo by Lt. Col. Timothy Burke

After 10 years of providing a refueling bridge for contingency aircrafts flying over the North Atlantic Ocean en route to support Operations Enduring and Iraqi Freedom, aircrew and maintenance personnel from the 108th Wing's Bravo Alert Mission flew their last air refueling mission July 28 in support of the North East Tanker Task Force.

Ethyl 55, the call sign for one of the alert aircrafts, provided more than 60,000 pounds of fuel to a deploying RC-135 on that final refueling mission.

The Bravo Alert Mission crew had been flying alert missions as part of the NETTF since July 2004, said Lt. Col. Timothy Burke, operations officer. The 108th Wing was one of four Air Guard units from four states that made up NETTF. The other units were the 101st Air Refueling Wing, Maine; 157th Air Refueling Wing, New Hampshire; and 171st Air Refueling Wing, Pennsylvania.

The alert mission involved having an aircrew and maintenance personnel in an "on call" status, ready to show and fly 24 hours a day. Furthermore, the crews rotated every two to three days and took turns sitting alert over the holidays.

"It was very challenging to juggle schedules and cover the mission as people came on and off orders," said Burke. "Being a part of the mission meant having to plan everything around when I wouldn't be on alert, as I always had to plan to fly when on alert. This applied to everyone. We all fulfilled our responsibility to the unit by participating in unit deployments and TDY's, so often a break from the alert mission meant you were on the road away

from your family."

Although the mission required stringent commitments from the crew, such as completing unit missions qualifications and training requirements during their days off, the alert mission had its rewarding moments. "One special mission required a short-notice refueling that was evacuating a burnt patient from Germany to Brooks in San Antonio," said Burke. "The 108th had the only tanker available so we launched, got them their fuel and they were able to continue on without stopping for fuel."

The 108th Wing's Bravo alert supported primarily OEF and OIF but also was utilized for Operations Noble Eagle, New Dawn and Unified Protector. The Alert team refueled almost every AR-capable aircraft in the U.S. Air Forces' inventory, from AC-130's at 10,000 feet over the middle of the Atlantic, to the USAF Thunderbirds.

Over the 10 years of sup-  
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Photo by Tech. Sgt. Ken Stoddard





# Not Just Another UTA

Story by Staff Sgt. Brian Carson, photos by Master Sgt. Mark C. Olsen, 108th Wing Public Affairs

When members of the 108th Security Forces Squadron come in on drill weekend, they never really know what to expect. Not always is the weekend filled with CBT's and annual training requirements that usually keep everyone tied to their desks. During the September drill, members from the 108th SFS found themselves out in the field conducting an exercise called Sadler Cup, which was designed to work and focus on real world skills and scenarios, mainly air-base ground defense.

"One of the main goals of this exercise is to focus on air base ground defense while building comradery and bringing leadership experience to different individuals within our unit," said Capt. Alvin Mallette, 108th Security Forces executive officer.

In addition to working on morale and leadership training, there were other reasons for this training to take place as well.

"The teams will be working on land navigation, squad maneuvering tactics and weapons proficiency while working within the scenarios put forth in this exercise," said Senior Master Sgt. Michael Rackaukas, a 108th Security Forces member. "These skills are needed for when we deploy and these scenarios aim to reinforce that fact."

There were two teams working two different scenarios encompassing all of the above skills. The first scenario dealt with rebel forces that have moved into Chango village and were attempting to take it over. Recent intelligence indicated that they had in their possession a surface to air missile (SAM) and that they planned to shoot down an aircraft with it. The challenge for the team was to quickly respond to the village, tactically locate the rebels with the SAM and secure the village.

"The goal of this first scenario is to get the team working on communication, tactical deployment of the team itself and ultimately, mission success," said Rackaukas.

The overall success of the mission was defined by the learning opportunities and refresher training that the exercise provided, given that the majority of the skills being put on display are not regularly used by some of the junior members.

"This is my first exercise with the unit and I'm looking forward to the challenge," said Airman 1st Class Jonathon Bustios, a 108th Security Forces member. "This is giving me a great opportunity to work on my land navigation and rear security skills."

While the first team was navigating through the village scenario, the second team was negotiating another challenge of its own.

The second scenario dealt with the rescue of a downed pilot who was located in a hostile area. The mission was to deter, detect, and neutralize the rebel forces in the area and locate the downed pilot before he was captured. To add to the real world urgency, the pilot had vital recon data on him that needed to be collected.

"Communication between team members is paramount, especially when working in these types of high stress environments," stated Mallette. "Along with practicing these necessary skills or tools of the trade, the experience gained from a training exercise such as this will only serve to benefit our unit when we deploy, which is really the ultimate goal."







# Come Say Hello

By Andrea LoPresti, LCSW, 108th Wing Director of Psychological Health

It has been eight months since I have been the 108th Wing's Director of Psychological Health and I wanted to take this opportunity to thank everyone for their professionalism and all of the hard work you do. As the holidays approach I wanted to reach out and reintroduce myself and remind you of the services the National Guard Psychological Health Program offers.

Each Wing throughout the U.S. has a DPH to assist service members and leadership with wellness, resiliency and mental health related workshops and briefings. Also, as you're Wing's DPH, I am here to offer CONFIDENTIAL, VOLUNTARY and FREE information, referral and/or assessments for any issue a service member may be struggling with. Whether you have an aging parent, difficult teen, interpersonal stress, marital conflict, are transitioning in or out of the Guard, I am here to listen and help you figure out the best possible solutions. As a licensed clinical social worker, I have over 25 years of experience counseling individuals and families with a myriad of family and health related problems.

I know it can be hard to talk to a stranger about private matters, but I thought as the holiday season approaches I would reinforce the fact that I am here to be helpful in any way I can. Please feel free to call me at 609-754-2159 during business hours or UTA weekends, you can also stop by just to say hello, have a cup of coffee and fill me in on what your Unit is working on. I am located near Mission Support in Wing Headquarters; 3327 Charles Blvd., the side entrance offers additional privacy. Please remember you do not have to be in crisis to talk to me, if anyone is worried about confidentiality call me and we can figure out a plan that works for you.



Again, thank you all for your continued support and I look forward to learning more about each operation's mission and ways I can be helpful.

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## Calling All Chiefs...And Promotable Senior Master Sergeants



**Vacancy Announcement:** The 108th Operations Group will be holding interviews in December to select a group superintendent.

**Area of Consideration:** All chief master sergeants and promotable senior master sergeants who are members of the 108th Wing and hold an AFSC within the Operations Group are eligible to apply. This is a deployable, drill status Guardsman position. An AGR or Technician, if selected, will be required to resign from his/her full time position. The Group superintendent will be a tenured, experienced and well broadened individual with a good working knowledge of the Group.

**Position description:** The superintendent is a member of the commander's staff and performs duties at the operational level. The superintendent provides leadership and management in organizing, training and equipping of assigned personnel. Additional responsibilities are detailed in ANG Instruction 36-2109.

**Application procedures:** Interested persons should submit a letter of intent, military resume, current record review RIP, letter of recommendation from unit Commander (SQ/CC or above), letter

of recommendation from a 108th Wing chief master sergeant, and a current passing fitness assessment. Submit applications to Master Sgt. Rodney Harris at [rodney.harris.1@ang.af.mil](mailto:rodney.harris.1@ang.af.mil), no later than close of business Dec. 12. Qualified applicants will be contacted to schedule an interview over December's drill.







Col. Robert A. Meyer, Jr., far right, 108th Wing commander, administered the oath of enlistment to ten 108th Wing Airmen at Joint Base McGuire-Dix-Lakehurst, N.J., Sept. 13, 2014. From left to right, Tech. Sgt. George F. Brown, Master Sgts. Michael J. Ping and Courtney M. Wisdom, Staff Sgt.

Ryan W. Lawton, Senior Master Sgt. Stephen Caroleo, Master Sgt. Michael J. George, Staff Sgt. Dean C. Schwaner, Senior Master Sgt. Marie M. Sheehan, Master Sgt. Walter K. Clayton and Tech. Sgt. Barbara E. Brown. (U.S. Air National Guard Photo by Master Sgt. Mark C. Olsen/Released)

## Be On Time... Continued from Page 2

that somebody is on watch and above reproach. Besides – it is our duty.

Isn't it amazing how fast things change? World politics, national politics, budget constraints, technology – all directly affect our lives and mission in the NJANG. What doesn't change is the need for men and women of character to answer the call of service. I am confident the NJANG will continue to excel and thankful for the leadership I see in the 108th. Whether it is projecting global power with the KC-135R tanker, C-32B, CRG, Intelligence, Security Forces or any of the myriad support units, the NJANG is ready. I'm thankful you are taking the opportunity to do something extraordinary and serve. I'm thankful that you set the standard our countrymen still honor and respect above all other public institutions. We should all be so lucky to experience the camaraderie and pride that comes from being part of something bigger than ourselves, the NJANG family. Why are we the fortunate few? Because we made a choice - to do our duty. For this I will always say, "thank you."



Gen. Frank J. Grass, Chief, right, National Guard Bureau, speaks with the leadership of the 108th Wing, New Jersey Air National Guard, left to right, Wing Commander Col. Robert A. Meyer Jr., Command Chief Master Sgt. Daryl K. Fortner and Vice Commander Col. Andrew P. Keane at New Jersey Joint Force Headquarters, Joint Base McGuire-Dix-Lakehurst, N.J., Oct. 18, 2014. Grass was in New Jersey for the retirement ceremony of chaplain Brig. Gen. Alphonse J. Stephenson, left, Director of the National Guard Bureau Joint Chaplains' Office. (U.S. Air National Guard photo by Master Sgt. Mark C. Olsen/Released)





# Around The Wing



## 108th MDG Cares for the Needy

*2nd Lt. Sara Kucharski, 108th Medical Group, New Jersey Air National Guard, takes the blood pressure of a homeless veteran during the North Jersey Stand Down at the John F. Kennedy Pool & Recreation Center in Newark, N.J., on Oct. 11, 2014. (Army National Guard photo by Spc. Patrick Nogan/Released)*



## Pass in Review

*Members of the 108th Wing, New Jersey Air National Guard, parade past the reviewing stand during the annual Military Review at the National Guard Training Center in Sea Girt, N.J. Sept. 28, 2014. Prior to the ceremony, Christie signed a proclamation naming Sept. 28, 2014, as Parents of Fallen Military Sons and Daughter Day. (U.S. Air National Guard photo by Master Sgt. Mark C. Olsen/Released)*



## A Chief, 37 Years in the Making

*Senior Master Sgt. Michael Balas is promoted to Chief Master Sgt. by 108th Wing Commander, Col. Robert Meyer during a ceremony held in a packed 108th Wing conference room with his wife, retired Senior Master Sgt. Phyllis Balas, friends, family and well-wishers spanning his 37 year career. (U.S. Air National Guard Photo by Tech. Sgt. Carl Clegg/Released)*



## A Hockey Rink at First Glance?

*Master Sgt. Anthony Steele, 108th Maintenance Squadron, 108th Wing, New Jersey Air National Guard, walks across a freshly covered floor in one of the wing's two maintenance hangars at Joint Base McGuire-Dix-Lakehurst, NJ. The 20,000 square foot surface area is re-covered with a non-silp epoxy that resist fuel, oil and hydraulic fluid spills. (U.S. Air National Guard Photo by Tech. Sgt. Carl Clegg/Released)*



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knowledge





**By Tech. Sgt. Steve Grever, Air Force Public Affairs Agency**

Social media is a great resource for Airmen and their families to share information and stay connected to relatives at home and abroad.

Although many depend on these wonderful tools, recent events have encouraged us to re-evaluate our digital footprint to ensure our personal and professional information is protected from online predators and individuals who want to do us harm.

While social media use can be entertaining and informative, it poses potential operations security weaknesses, and Air Force Instruction 1-1, Air Force Standards, provides guidance on appropriate social media use by Airmen.

OPSEC and personal privacy concerns should be paramount when using social media. Military members have recently been threatened on social media by terrorist organizations looking for information they can use to harm military families and disrupt Air Force operations.

The following tips will make it more difficult for unwanted users to acquire your data through social media:

- Be cautious when accepting friend requests and interacting with people online. You should never accept a friend request from someone you do not know, even if they know a friend of yours.
- Don't share information you don't want to become public. Remember, once you put something out there, you can't control where it goes.

trol where it goes.

- Disable location-based social networking, or geotagging, on all social media platforms. Geotagging is the process of adding geographical identification to photographs, video, websites and text messages.

- Avoid posting work or personal schedules and travel itineraries, especially deployment information and return dates for yourself, a loved one or a unit.

- If you ever hesitate before clicking 'post', reconsider the content you are about to share. Our team follows the motto: When in doubt, throw it out!

- Adjust your privacy settings to ensure your posts and profile information is secured and seen only by approved audiences. This last tip applies to any social media platforms you may use, but since Facebook is the most widely used, we want to share this detailed how-to guide on how to secure your profile. Check out this guide for more details.

Practicing good OPSEC and helping family members follow these security measures is essential to protecting personal and mission-critical information on social media. If you ever feel you are being threatened or you notice vulnerable information online, be sure to alert the social media platform's help center and your local OPSEC manager for assistance.

### **Bravo Aircrew... Continued from Page 3**

porting NETTF, the 108th Wing's Bravo Alert team's accomplishments were: 3,681 days of alert, flying 3,538 hours and offloading more than 63 million pounds of fuel. They were assigned 1,818 missions and flew 1,040 of them, compiling 580 days of temporary duty assignments.

Unfortunately, a combination of decreased funding and operations tempo forced the 108th Wing's Bravo alert to stand down after more than

3,600 days of continuous support.

"I have been privileged, and I think I can say that for all involved, to have been part of this mission," said Burke. "This mission was the perfect model for the Air National Guard to demonstrate to Air Mobility Command that separate units working in close cooperation, can give AMC the equivalent of an active duty KC-135 wing for just a fraction of the active duty cost."



*Photo by Tech. Sgt. Ken Stoddard*



# New Jersey Alimony Reform Creates New Law

108th Wing Legal Office

New Jersey Gov. Chris Christie signed legislation Sept. 10, which significantly changes alimony law in the state. Bill A845 does not create specific guidelines for alimony, but rather, restricts the duration of alimony, and provides factors for when alimony should be reduced or terminated. The most significant changes to the statute are as follow:

-The alimony law rejects "permanent" alimony and instead replaces it with the term "open durational." This is a significant change because the statute now acknowledges that while there is no specific date terminating alimony; alimony may not go on forever.

-For any marriage that has lasted less than 20 years, the length of alimony may not exceed the length of the marriage. For example, if a couple were married for 15 years, alimony could not be ordered for longer than 15 years. There is an exception to this provision in the event there are "exceptional circumstances."

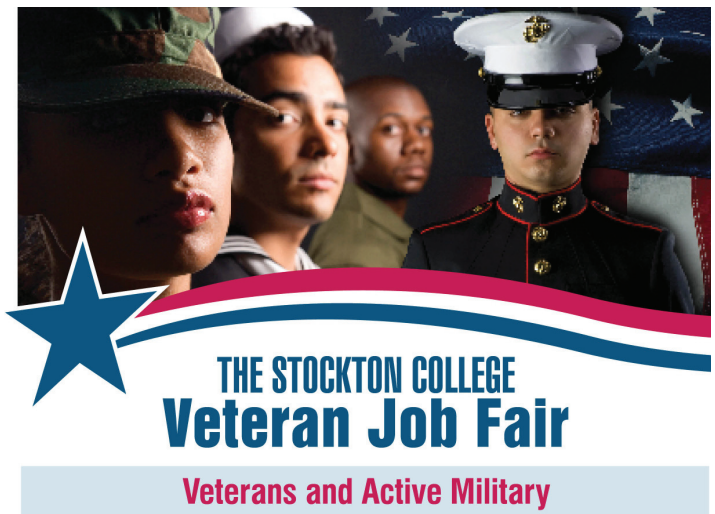
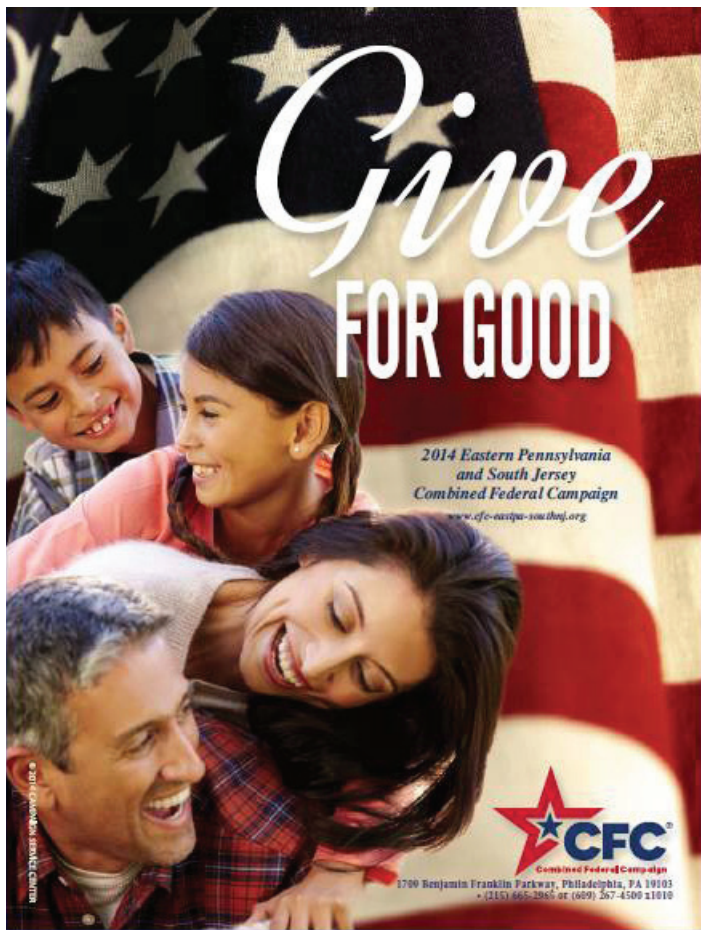
-The new law creates a rebuttable presumption that once the paying spouse reaches retirement age, currently 67 years old, alimony is terminated. This is a rebuttable presumption, meaning the spouse receiving alimony must show "good cause" for the paying spouse to continue to pay alimony beyond the retirement age.

-The alimony bill also addresses what happens when the pay-

ing spouse becomes unemployed or when his/her income is decreased. Under the new law, the paying spouse must wait 90 days from the date of unemployment or decreased income before filing an application with the Court to modify or terminate the alimony obligation.

-Lastly, there are now stricter rules for spouses who receive alimony and financially benefit from a new partner. The old law required that the receiving spouse "cohabitate" with their new partner before the court could modify alimony. Under the new law, where the receiving spouse financially benefits, but does not live with their new partner, the court may find that they in fact are cohabitating under the law. This could result in the modification, or termination of the alimony obligation.

Most of the changes, however, apply to future divorces and will not affect the Final Judgment of Divorce for those who are already divorced. Every divorce situation is unique. You can contact the legal office at 609- 650-5049 to schedule an appointment to discuss your circumstances if you are not presently being represented by an attorney. Should you want to read the entire bill it can be found at <http://www.njleg.state.nj.us/bills/BillView.asp?BillNumber=A845>



★ November 14, 2014 • 9 a.m. - 12:30 p.m. ★  
Campus Center Event Room

Here are just some of the careers/job fields that will be represented at the Stockton Veteran Fair:

Law Enforcement • Security • Banks • Insurance • Car Rental Agencies • Hotel/Casinos • Energy •  
Home Improvement • Military • Investment Securities • Manufacturers • Retail & many more.....

★ Register by emailing ★  
[Patrick.Shields@stockton.edu](mailto:Patrick.Shields@stockton.edu) ★  
(Please provide contact information and branch of service.)

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Stockton College is an AA/EQ institution.

**IF IT'S INTERESTING, WE'RE INTERESTED. CALL PA AT 754-4173**





## STAFF SERGEANT CAMERON TRICHE

**Time in service:** 14 Years

**Job with 108th Wing:** Airfield Management 108th CRG

**Civilian job:** Full-Time Student

**Favorite food:** Pizza

**Favorite movie/movie last seen:** Pulp Fiction

**Favorite actor/actress:** Samuel L. Jackson

**Favorite TV show:** Breaking Bad

**Favorite music genre/artist:** Hip Hop

**Favorite sport:** Basketball

**What I do in my spare time/hobbies:** Play with my kids, Ride my motorcycle

**My hero:** My Mom

**Dream vacation:** Athens, Greece

**Dream car:** Range Rover

**Goals for the future:** Finish Bachelors & Masters Degrees

**What I like most about the 108th:** The People I work with

**If I was CC for a day:** Give everyone the day off



Photo by Staff Sgt. Jacquelyn E. Vasvari-Toke

## CIVIL ENGINEERING OFFICER OPENING

**The following are mandatory for CE Officers:**

Education. The following education is required for entry into AFSCs 32E1X as indicated:

Undergraduate or graduate academic degree is mandatory in architecture or civil, electrical, environmental, construction, architectural, industrial, or mechanical engineering in a school whose respective program is accredited by a nationally recognized body in engineering; or in architecture in a school that is accredited by a nationally recognized body in architecture. Architects may fill A or G suffixes. (Currently, the national accrediting bodies are the Accreditation Board for Engineering and Technology and the National Architectural Accreditation Board.)

Additional Requirements:

- 1) Normal Color Vision

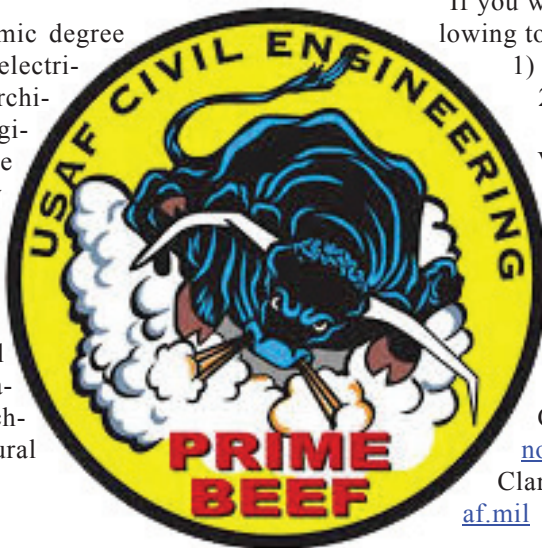
- 2) Minimum Height 5'2", maximum height 6'8"
- 3) No Record of Claustrophobia

If you would like to apply please submit the following to Lt. Col. Paul Novello

- 1) Professional Resume
- 2) College Transcripts
- 3) AF Personal Data Printout from VMPF
- 4) AF PT Test (must be passing)
- 5) Letter of Recommendation from Unit Commander
- 6) AFOQT

**Packages are due by close of business Dec. 14.**

Any questions can be addressed to Lt. Col. Paul Novello at 609-754-6090 /[paul.novello@ang.af.mil](mailto:paul.novello@ang.af.mil) or Master Sgt. Shane Clark at 609-754-4587/[shane.clark.3@ang.af.mil](mailto:shane.clark.3@ang.af.mil)







## ***“What are you doing for Halloween”***



***“I am taking my six, four and two-year old children out in our neighborhood for Halloween.”***

Master Sgt. Ashley Shatkus,  
108th Force Support Squadron



***“I am taking my two-year old son around my neighborhood trick or treating.”***

Staff Sgt. Latisha Parker, 108th  
Force Support Squadron



***“I’m throwing Halloween party for my three-year old son and our family members.”***

Master Sgt. Malakatu Saleem-Maing,  
108th Force Support Squadron



***“I’m looking for a Halloween party for adults to go to.”***

Staff Sgt. Isiah Thomas, 108th  
Force Support Squadron



***“I’m going to Fright Night at Six Flags!”***

Airman 1st Class Rahima Wil-  
liams, 108th Force Support  
Squadron



***“I will be going to a follow-up Lasik eye surgery appointment and I can’t wait!”***

Senior Airman Latisha Spencer,  
108th Force Support Squadron