

# Hawaii Marine

## SNIFFING OUT TROUBLE ON PATROL

### 3/3 MARINES SECURE SAFETY IN AFGHAN BAZAAR

GARMSIR DISTRICT, Afghanistan — Cpl. Kyle Click, a 22-year-old improvised explosive device detection dog handler with 3rd Platoon, Kilo Company, 3rd Battalion, 3rd Marine Regiment, and native of Grand Rapids, Mich., walks past a produce vendor with his dog Windy during a security patrol, Feb. 27. On the patrol, the 3rd Platoon Marines partnered with Afghan National Police to search for insurgent activity in Safar Bazaar, Garmsir district's busiest commercial center. They mentor the ANP in a partnered combat operations center at PB Bury, and patrol with them throughout Safar. The partnership is a vital part of preparing the Afghan National Security Forces to assume lead security responsibility in Garmsir.



Cpl. Reece Lodder | Regimental Combat Team 5

## Rainy days swamp K-Bay

**Lance Cpl. Jacob D. Barber**  
*Combat Correspondent*

Hawaii weather is known for its surprises. It's not uncommon to hear someone say, "Just wait five minutes and the weather will change."

But this was not the case this past week when Marine Corps Base Hawaii recorded more than eight inches of rain. Some areas, such as the Klipper Golf Course, reported 10 inches.

Oahu has not witnessed a shower like this so far this year. While many seemed to question the "whys" and "hows" of the storm, Marines from the Meteorology and Oceanography department at Marine Corps Air Station, Kaneohe Bay already had the answers.

"Here in Hawaii our weather is usually influenced by the northeast tradewinds," said Sgt. Justin Grantham, METOC analyst forecaster. "These showers are a result of an unordinary, low-pressure weather system that stalled over the Hawaiian Islands for a few days."

The Marine's mission from the METOC Department at MCAS is to give the alarm to all units on base when destructive weather is on its way.

"The main part of our job is force safety," Grantham said. "Whether



Christine Cabalo | Hawaii Marine

A driver carefully navigates B Street despite heavy rain at Marine Corps Base Hawaii, Tuesday. More than eight inches of rain fell in the Kaneohe Bay area from Sunday through Wednesday as flash flooding occurred around MCB Hawaii and other areas of Oahu during recent thunderstorms.

this be destructive weather [alerts] or briefing pilots before they go on a run, everybody should know the forecast

and what to expect. This is how we provide safety for the personnel and equipment on base."

When asked how the Marines at METOC keep track of storms that could cause flooding, Grantham said, "Our flood warnings come from the National Oceanic Atmosphere Association.

"We pass on their flood advisories to everyone on our email list. For storms, we set the warnings ourselves and categorize them based on the time and distance [the storm] is from the base."

After METOC categorizes the storm, they then give the advisory or warning to all units on base.

Grantham said all units have a standard operating procedure for what they should do or how they should react based on the storm condition.

Though these Marines are not responsible for cleaning or maintenance after a storm, they continue to effectively do their job by making sure military members receive information about what to expect when destructive weather is around the corner.

Promoting safety and awareness against Mother Nature is a vital role for the "weather watchers." To help prepare for severe weather there are many sites to visit, including <http://www.weather.gov>, or <http://www.prh.noaa.gov/hnl/>.

## MARCH IS WOMEN'S HISTORY MONTH

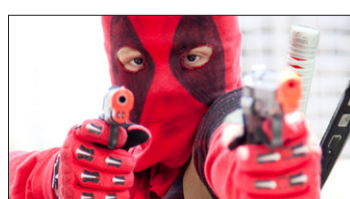


Photos by Kristen Wong | Hawaii Marine

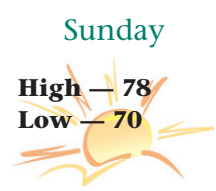
Marine Corps Base Hawaii celebrates Women's History Month by featuring just a handful of the many female leaders on base like Sgt. Maj. Angela Maness and Lt. Col. Carolyn Bird (pictured above, front and center) who shape the lives of those service members in their charge. Look for the article about Maness on C-3.



**Trailblazers**  
SMSP restores Manoa Falls trail with local community, A-2



**Kawaii-Kon**  
Anime lovers invited to join fellow "otaku" at convention, C-1



## NEWS BRIEFS

### Free tax preparation service

The Base Tax Center is open through April 17. The center's hours are Monday, Wednesday and Friday, 8:30 a.m. to 5 p.m., and Tuesday and Thursday, 7:30 a.m. to 5 p.m.

Please bring all W-2s (including spouse's), bank account and routing numbers, copy of last year's tax return, all other tax forms (1099s, etc.) and Social Security cards for all family members.

The tax center is located at Bldg. 455 on the first deck. Bldg. 455 is across the street from Forest City and adjacent to the Youth Activities Center. **NOTE:** To schedule an appointment call 257-1564.

### 2012 MCBH Career and Education Fair

The 2012 MCB Hawaii Career and Education Fair is scheduled for Friday, March 16, from 9 a.m.-1 p.m. at Kahuna's Enlisted Club Ballroom hosted by the Marine and Family Services' Personal and Professional Development division.

Visit with the Education Center, 15 on-base colleges and universities, the National Test Center and the Defense Activity for Non-Traditional Education Support. Approximately 50 companies and government agencies from within the state and the mainland, as well as MCCS will be on hand. Be prepared and bring multiple copies of your resume. A list of participating employers will be available at <http://www.jemsjobs.com> in early March. Call the Education Center, 257-2158 or the Family Member Employment Assistance Program at 257-7787/90 for more information.

### Marine A-4 Skyhawk Reunion

An all Marine A-4 Skyhawk Reunion, in conjunction with the MCAA Symposium and Centennial Celebrations, will be held May 16-19, at the Gaylord National Hotel, Oxon Hill, Md. All drivers, maintainers and aficionados are welcome to attend! Please contact Mark Williams at [roger.wilco@comcast.net](mailto:roger.wilco@comcast.net) for details.

### HPD looking for volunteers

The Honolulu Police Department is hosting a Clean-Up and Graffiti Paint-Out at the Kailua District and Beach Park. The event is scheduled for Saturday, March 10 from 8-11 a.m.

### Online learning opportunities for military dependent students

The Hawaii Virtual Learning Network will be providing online learning opportunities to middle and high school military dependant students through a Department of Defense Education Agency grant.

Students interested in becoming online learners can access instruction from anywhere in the world via an internet-capable computer. Military dependent students will have priority registration to enroll in 28 new online courses for school year 2012-2013.

Registration dates for military dependent students is open until March 31. For more information please visit <http://hawaii.vln.k12.hi.us/dodea> or [http://www.mcbh.usmc.mil/g1/school\\_liaison.htm](http://www.mcbh.usmc.mil/g1/school_liaison.htm).

You may also contact the School Liaison Office for more specific details at 257-8826 or 8897.

### Important phone numbers

On-Base Emergencies	911
Child Protective Service	832-5300
Fraud, Waste, Abuse & EEO	257-8852
Pothole & Streetlight Repair	257-2380
Base Information	449-7110
MCB Hawaii Chaplain	257-3552
DEERS	257-2077

## Hawaii Marine

[www.mcbh.usmc.mil](http://www.mcbh.usmc.mil)

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## Sgt. Maj. Kimble visits MCBH, talks with enlisted Marines



Christine Cabalo | Hawaii Marine

Sgt. Maj. Patrick L. Kimble, Marine Corps Installations Pacific sergeant major, talks with enlisted Marines stationed at Marine Corps Base Hawaii about numerous subjects, including the current and future layout of MCIPAC, alcohol issues and hazing, during professional military education sessions at the base theater here, Monday. "The Marine Corps is downsizing to about 182,000 Marines," Kimble said. "Enlistments are harder and competing for reenlistments are harder. You all should be building a resume while you're here in Hawaii. Stay motivated and take care of yourselves because you're the future of the Marine Corps."

## 1/3 WELCOMES NEW COMMANDING OFFICER



[Top] Aurora O'Connor, wife of Lt. Col. Christopher P. O'Connor, commanding officer, 1st Battalion, 3rd Marine Regiment, is presented with a lei during the change of command ceremony. [Left] Lt. Col. Michel W. Monbouquette, outgoing commanding officer, 1st Battalion, 3rd Marine Regiment, hands the battalion battle colors to O'Connor, incoming commanding officer, during the battalion's change of command ceremony at Dewey Square, Thursday. The passing of the battle colors signifies the change of command and responsibility from the outgoing commanding officer to the incoming.

Lance Cpl. Jacob Barber | Hawaii Marine

## SMSP aids in restoring Manoa Falls Trail

Christine Cabalo

Photojournalist

Marine Corps Base Hawaii volunteers are blazing a path for easy access to Manoa Falls Trail by helping to restore it.

Active duty volunteers with the Single Marine and Sailor Program are working alongside community volunteers to fight ongoing erosion of the trail. It's one of several SMSP's service projects available for sign up.

"It's not your typical volunteer work," said Sgt. Cody Pattison, SMSP representative, Headquarters Battalion. "I can't imagine any place else where you can go to help restore a trail to a waterfall."

The trail is nestled in the rainforest of the Honolulu Watershed Forest Reserve and prone to flooding. In January 2002, a landslide occurred at the end of the trail next to Manoa Falls, closing it down for several months. During the closure, state workers made several safety improvements and added seating by the falls.

The ongoing restoration project relies on volunteers from the Sierra Club Hawaii Chapter and SMSP to keep the path in good shape.

During their workdays, volunteers level the path as well as prepare it for gravelling. Once the hard gravel is added, the trail will be easier for hikers to move through.

Pattison said although the Manoa Falls Trail is short, only an .8-mile hike, it offers great scenery and connects to another trail.

"[Hikers] all enjoy crossing the trail easily," Pattison said. "If you take away the trail, you take away some of the luster of Hawaii."

Approximately 20 percent of regular volunteers are SMSP volunteers from Kaneohe Bay, said Janice Marsters, Manoa Falls Trail Restoration project manager. Marsters said she appreciates having a strong, dependable group to consistently help out with the ongoing project.

"The Marines have a great work ethic, working really hard," she said. "They're right there for the messy jobs at the end."



Courtesy Photo of Cody Pattison

Single Marine and Sailor Program volunteers assist the community for the Manoa Falls Trail Restoration project in a session earlier this year. Working with the Sierra Club Hawaii Chapter, the volunteers prevent erosion by leveling the trail for easy hiking access. Both transportation to the trail and lunch is provided for volunteers. The next trail workday is March 17.

# AROUND THE CORPS



Lance Cpl. Sarah Wolff | Camp Pendleton Public Affairs

**Lance Cpl. Sarah Wolff**  
Camp Pendleton Public Affairs

## 60 years later Korean veteran receives Navy Marine Corps Medal

Michael L. Lawrence, commanding officer Marine Corps Air Station, Camp Pendleton pins the Navy and Marine Corps Medal on Charles P. Barrett Jr., at Marine Corps Air Station, Camp Pendleton, Calif., Feb. 24.

vice," according to the Navy and Marine Corps Medal citation signed by Honorable Ray Mabus, Secretary of the Navy.

Sixty years later, Barrett's prompt action and courage is recognized because of his son's diligence.

"Three years ago, I found his service records in his shed, and saw that he had all these medals and awards," said Charles P. Barrett III, Barrett's son. "I finally said, 'Dad, you have to tell me what you went through.'"

Among other stories, Barrett told his son that paperwork had been completed saying he rated the Navy and Marine Corps Medal, but it was missing from his service record.

His son began writing to Headquarters Marine Corps

and military historians to track down a copy of a citation found in a storage box indicating he did rate it.

"By his prompt action and courage, he avoided the disaster which would undoubtedly have resulted from the subsequent explosion of the truck's cargo of gasoline which, due to his foresight, occurred without injury to aircraft or personnel," according to the citation. Closing the award ceremony, Barrett passed on words of wisdom to the attending Marines.

"We had a good tight group of people that knew the seriousness of our mission and lived it safely," said Barrett. "I have it in my mind that the Marine Corps is that way today. I see it and nobody's going to tell me any different."

## 'Toward the Sounds of Chaos' to showcase Marines

**Lance Cpl. David Flynn**  
Marine Corps Base Quantico

said.

"Toward the Sounds of Chaos" is a multi-faceted campaign featuring 30 and 60 second television spots, web videos, print ads, online banner and display ads and a social media presence via Marines.com.

The campaign's premiere on ESPN will feature a television spot. The commercial portrays the way Marines operate in a chaotic environment; Marines running towards blinding black smoke, Marines conducting an amphibious assault and Marines disembarking an MV-22 Osprey as they fearlessly move to complete any mission at hand. As seen in many past Marine Corps commercials, the spot ends with a challenge to the viewer.

"The commercial ends with a challenge to the viewer, 'Which way would you run?'" said Christine Reilly, account executive, JWT. "This question is designed to make the viewer ask him or herself what kind of person am I and what kind of person are the Marines."

"It challenges the best and brightest qualified prospects to challenge themselves and earn the title United States Marine," Osterman said.

No one can tell the Marine Corps story better than the people who live it every day. Marines played a key role in the campaign's production, appearing as themselves in the "Sounds of Chaos" television commercial and providing video footage for the three part web series developed for the campaign.

The web series is intended to show the flexibility of Marines in accomplishing both combat and humanitarian missions.

"Marines are more than the 'first to fight,'" Osterman said. "They are smart, courageous and compassionate citizens."

Two of the three videos in the web series offer real life examples of the public service and compassion of Marines responding to two natural disasters; the Haiti



Photo illustration courtesy of Lance Cpl. David Flynn

Marine Corps Recruiting Command is scheduled to release its latest advertising campaign, "Toward the Sound of Chaos," during the Big 12 Championship game on ESPN, Mar. 10.

earthquake disaster in 2010 and the 2011 earthquake and tsunami in Japan.

In the video documenting Operation Unified

See *CHAOS*, A-6

## The story of Stevie Beatz: Marines record album when deployed

**Lance Cpl. Sean Dennison**  
Marine Corps Air Station Yuma



Lance Cpl. Sean Dennison | Marine Corps Air Station Yuma

Cpls. Jose Moreira and Christopher Dominguez recorded an album while deployed to Afghanistan.

**YUMA, Ariz.** — There are different ways Marines can combat boredom on deployment. They can go to the gym, study up on their job, write letters home, the list goes on. In the case of Cpls. Jose Moreira, a Marine Attack Squadron 513 administration clerk and a native of West Palm Beach, Fla., and Christopher Dominguez, a Marine Aircraft Group 13 armorer and a native of Phoenix, they recorded an album.

Both Marines deployed with VMA-513 during their six-month tour in Kandahar Airfield, Afghanistan, from May to November in 2011. Despite never having met each other, they shared an interest in music.

"I overheard him (Moreira) talking about music and I was like 'You're a rapper?'" said Dominguez.

Dominguez had a guitar and Moreira freestyled. They'd create songs on the spot to pass some of the slower moments of deployment. When the base got hit by rockets and the Marines were ordered to take shelter in the bunkers, they'd simply practice there until the all-clear signal had been given.

"We realized during our freestyles we had good rhythm and good chemistry," said Moriera. "The whole idea was to record an album, like 'oh yah, we should.' Like a bucket list sort of thing."

What began as something of a joke snowballed into a serious musical effort, due in part to Dominguez' guitar.

"We had an instrument," said Moreira. "It gave me the motivation to bring this to life."

The Marines christened the project Stevie Beatz, a play on the name of rock musician Stevie Nicks. Moreira started shipping in recording equipment while Dominguez helped turn their room in a makeshift recording studio. Working with

limited equipment, the two began fashioning a musical style they call "acoustic hip-hop."

"We didn't have the ability to go through a professional studio, so we just used what we had," said Dominguez. "We were spending more time worrying about the instruments and I said, 'let's just make it acoustic.'"

The two began practicing afterhours midway through deployment, sometimes ending sessions only a few hours before they had to return to work. However, it would be a month before the deployment ended before they began recording in earnest, partly because of issues getting a microphone.

"It was always the microphone," said Moreira, laughing. "It almost didn't get done out there."

"It would've sucked because it just would've been that much cooler to complete it out there,"

added Dominguez.

The album was successfully recorded days before Moreira redeployed with the squadron's advance party. The album, titled "Survivor's Guilt," is currently in the process of being mastered.

Both Marines have musical backgrounds. Dominguez began playing the guitar in high school, as well as being able to play the piano, drums and bass guitar.

"I was influenced by a lot of acoustic artists," he said. "So my style is relaxed, chill." Moreira began taking music seriously since he was a kid, and released his first record when he was 15.

"At first it was just me, then I got my friends into it, and we tried expanding our fanbase," he said.

The album covers topics such as love, hate and the struggles that go with everyday life. Moriera's even flow is backed up by Dominguez' fluid guitar playing, creating a sound that's apt for the oncoming summer.

Marines and artistry don't always go hand in hand, but Moreira and Dominguez join the ranks of Marines who have contributed to the musical world.



Cpl. Mickey Shaw, a 23-year-old squad leader with 3rd Platoon, Kilo Company, 3rd Battalion, 3rd Marine Regiment, and native of Louisville, Ky., cooks chicken for lunch in the combat kitchen at Patrol Base Bury, Feb. 26.



Lance Cpl. Tom Morton, a 23-year-old team leader with 3rd Platoon, Kilo Company, 3rd Battalion, 3rd Marine Regiment, and native of Nashville, Tenn., cooks eggs for breakfast before beginning his duties, Feb. 25.

# THERE'S NO PLACE LIKE A PATROL BASE

Story and photos by Cpl. Reece Lodder

Regimental Combat Team 5

**PATROL BASE BURY, Afghanistan** — Their humble home is exceptionally primitive, but it's all the deployed infantrymen need.

Patrol Base Bury, a tiny base contained by concertina wire and giant Hesco barriers, is the humble home of Marines with 3rd Platoon, Kilo Company, 3rd Battalion, 3rd Marine Regiment during their seven-month deployment to Helmand province's Garmsir district.

This deployment has brought them far from home in both distance and circumstance.

At Bury, the 3rd Platoon Marines live and work with the Afghan National Police. They mentor the ANP in a partnered combat operations center and patrol with them in and around the nearby Safar Bazaar, Garmsir's busiest commercial center.

Every moment of every day, Marines protect the base by standing security posts. Their duties are challenging, repetitive and tedious. When they complete a day's work, they can't return home to their families, a home-cooked meal or a hot shower. They return to Bury.

"When our work is done, we look forward to coming back here and enjoying each other's company," said Lance Cpl. Jeremy Landers, a 21-year-old rifleman with 3rd Platoon, and native of Tucson, Ariz. "We've been here for a while ... it's home now."

Safe within their slice of heaven, the grunts unwind. "Things get repetitive at this point in the deployment, but we find things to kill time and stay levelheaded," Landers said. "Refreshing helps us stay concentrated and focused on getting everyone home safely."

Several Marines filter into a ragtag gym, pumping iron to the sounds of a fast-paced melody which they claim as rock music. A group of four stands in the makeshift kitchen, joking and reminiscing about their last deployment.

"We spend a lot of our down time just standing around talking," said Lance Cpl. Tom Morton, a 23-year-old team leader with 3rd Platoon, and native of Nashville, Tenn. "You think we'd run out of things to talk about after spending four months with the same people, but somehow we always find something new."

Though Bury's combat kitchen is a popular place for the Kilo Company Marines to converse, it's also the grounds for one of their favorite down time activities. Here they concoct creative cuisine using items they've drawn from Meals, Ready to Eat and care packages.

"I grew up having only a little; a lot of us did," said Lance Cpl. Michael Hogan, a 20-year-old rifleman with 3rd Platoon, and native of Columbus, Ohio. "We're used to doing the best with what we've been given."

Seated on his green fold-up cot in an unheated tent, Hogan relaxes by disappearing into his sketchpad, penciling down an idea for his next tattoo. Three of his friends huddle around a glowing laptop on a cot behind him, chuckling at a cheesy comedy show.

Even though they don't have the comforts of showers, internet, phones or even a port-a-potty, the Marines are happy. They don't whine about what they don't have and they take pride in their humble circumstances.

"Life may be simple here, but it's fulfilling," Morton said. "We learn to adapt and solve problems and to use whatever we've got to make the best life we can."

They are seemingly masters in contentment, cleaning themselves with only water bottles and baby wipes, handwriting letters to their loved ones and using the rare opportunity to call home from a nearby combat outpost.



Lance Cpl. Devin Deweerdt, a 20-year-old mortarman with 3rd Platoon, Kilo Company, 3rd Battalion, 3rd Marine Regiment, and native of Riverton, Utah, writes his wife a letter in his sleeping area after a day of work, Feb. 26. Patrol Base Bury, a tiny base contained by concertina wire and giant Hesco barriers, is the humble home of 3rd Platoon Marines during their seven-month deployment to Helmand province's Garmsir district. When they finish long days of patrolling and standing post, the Marines don't return to the comforts of showers, internet, phones or even a port-a-potty. They happily return to the simplicity of PB Bury, where they spend their down time forging friendships, working out, watching movies, cooking and reading.

"Things like not being able to take a real shower become of a part of life here," Hogan said. "I don't take things like this for granted any more."

The 3rd Platoon Marines may have little in tangible form, but they are rich in shared experience. Without fail, they have the men to their left and right.

"I've got the best friends I've ever had with me here at Bury," Hogan said. "Living like this sometimes sucks, but at the same time, it makes us smile. We're building memories."

At night, they lay their heads to rest in their dusty tents. They sleep, rise and repeat the grind of an infantryman—together.

"The kind of bond you develop on deployment is hard to express to someone who hasn't experienced something like this ... nothing can compare to the camaraderie we build here," Morton said. "We spend so much time together on a consecutive basis that we learn each other's tendencies, habits and preferences to the degree. No matter what situation I'm in, I know my fellow Marines have my back."

In this challenging cycle, the Marines of PB Bury — a mishmash of races, cultures, experiences and personalities — have formed an unbreakable bond.

"When we move on, we're going to scatter to the wind all over the country and many of us will lose contact ... but we'll still remember the times we had here," Morton said.

Read more: <http://www.dvidshub.net/news/84525/theres-no-place-like-patrol-base#.T1akLhzUo1A#ixzz1oNsx4aCf>



Sgt. Jeremy Scott (left), 25, from Canton, Ohio, and Lance Cpl. Tyler Dickinson, 21, from St. Peters, Mo., a squad leader and assaultman with 3rd Platoon, Kilo Company, 3rd Battalion, 3rd Marine Regiment, play a game of chess after a day of work, Feb. 26.



Lance Cpl. Leonardo Espitiorables, a 19-year-old rifleman with 3rd Platoon, Kilo Company, 3rd Battalion, 3rd Marine Regiment, and native of Anaheim, Calif., performs weighted crunches during a workout in the makeshift gym, Feb. 25.



Petty Officer 3rd Class Andrew Short, a 24-year-old corpsman with 3rd Platoon, Kilo Company, 3rd Battalion, 3rd Marine Regiment, and native of Aurora, Colo., tends to Afghan National Police patrolman Mir Wali's head wound, Feb. 26.



Lance Cpl. Evan Frickey, a 21-year-old machine gunner with 3rd Platoon, Kilo Company, 3rd Battalion, 3rd Marine Regiment, and native of Idaho Falls, Idaho, performs pull-ups during a workout in the makeshift gym, Feb. 24.

# Children find way into retired Marine's heart, home

**Cpl. Isis M. Ramirez**

*U.S. Marine Corps Forces, Pacific*



Cpl. Isis M. Ramirez | U.S. Marine Corps Forces, Pacific

**Jeannette E. Powell-Campbell, assistant adjutant, Headquarters and Service Battalion, U.S. Marine Corps Forces, Pacific, is a retired master gunnery sergeant and adopted mother of three Cambodian children.**

**CAMP H.M. SMITH, Hawaii** — Sitting in the waiting area of the administration office of Headquarters and Service Battalion, U.S. Marine Corps Forces, Pacific, you often hear someone laughing. Not just any laugh, a strong laugh, and it's a clear reflection of the small curly-haired Jamaican woman who wields it.

"So many times you are judged for your exterior and don't get a chance to really show people what you can do," said Jeannette E. Powell-Campbell, assistant adjutant, HqSvcBn, MarForPac, and retired master gunnery sergeant.

As a young woman, she may have surprised friends and family when she enlisted in the Marine Corps in 1974. The recruiters pitched the usual: an exciting job with steady pay and travel.

Powell-Campbell went to boot camp at Parris Island like every woman who has embarked on the journey to become an enlisted Marine. During the next 29 years, she was stationed in Spain, Japan and, on multiple tours, Hawaii, where she met her husband, Ian, and eventually finished her active-duty career.

But before she retired, she and her husband embarked on a different journey, one of parenthood.

"I thought there were children in the world who needed help," Powell-Campbell said.

So they began the process involved in adopting a child from Cambodia.

After all the required paperwork was filled out and background checks were completed, it was time to decide who would be their son. They received the pictures of two children, but could only choose one.

"I'm sitting at my computer waiting for this file to

open, and it opens very slowly from the top down and just scrolls down very slowly," Powell-Campbell said. "I see this little boy with these huge eyes. [He] looked like he was just about to cry or just stopped crying."

She had fallen in love with the little boy in the first picture she saw. After adopting her first son, Sovann, in 2000, she decided to return to Cambodia in 2001 to adopt another child, this time her daughter, Leah. It was during this visit when another pair of big eyes captured her heart.

"He was in my daughter's room and he was just standing there in his crib, staring out at the world with big sad eyes," she said.

Powell-Campbell decided she was going to do whatever it took to return to Cambodia to bring her third child to the United States.

"Even when they closed adoptions from Cambodia, we fought to get that child here," she said. "We wrote to Congress ... did things on the Web, until they said we could get him."

By the time she was able to bring her newest son, Khean, from Cambodia in 2002, he was old enough to have adjusted to his surroundings and learn the Cambodian language. She said they were able to persevere and help Khean adjust to his new family and home with love and patience.

At work, Powell-Campbell sits surrounded by photos and crafts that reflect her motherhood. Homemade drawings and colored cutouts hang on the walls, all continuously reminding her of the three jewels she brought to the U.S.

Her experiences as a Jamaican immigrant help influence the values she teaches her children. Growing up, people made judgments based on her accent and appearance, so she tries to teach her children

to accept everyone for who they are.

She and her husband continue to stay in touch with their children's families in Cambodia. They help them with donations and financial support when they can. They also spent this past Christmas in Cambodia in order for the children to get to know their birth families.

Powell-Campbell realizes the impact she has had on her three children, but she also understands the impact they have had on her life.

"They have given so much to me," Powell-Campbell said. "No matter what, there are three people in this world who love me and accept me for who and what I am."



Christine Cabalo | Hawaii Marine

## GUNNING FORWARD

**Sgt. Maj. Ansil E. Lewis, (right) prepares to relinquish his sword of office as sergeant major of 1st Battalion, 12th Marine Regiment to Sgt. Maj. Paul T. Davis, (left) former Weapons Company first sergeant, 1st Battalion, 3rd Marine Regiment. Lewis will take over as Headquarters Battalion sergeant major later this month.**

## CHAOS, from A-3

Response in Haiti, chaos unfolds before the viewer's eyes as they witness images of buildings in ruins, fires raging, injured people being carried out of the rubble and mobs of people turning violent in the streets as their situation becomes more desperate.

To help those in need, Marines from the 22nd Marine Expeditionary Unit enter Haiti, providing medical assistance, food and clean water and restore order where chaos once reigned.

Similarly, the video documenting Operation Tomodachi in response to the Japanese earthquake and tsunami shows Marines performing a humanitarian mission by providing aid and beginning the clean-up.

On the other end of the spectrum, the third video in the series shows Marines as elite warriors, liberating the city of Marjah, Afghanistan, from Taliban control during Operation Moshtarak in 2010. As of Mar. 8, the web series can be viewed on Marines.com and viewers can easily share links via social media platforms such as Facebook.

"Social media is how young people are communicating," Osterman said. "The new Marines.com has really enhanced our presence on social media."

The commercial, web series and other forms of media involved in the campaign all combine to show the American people that their Marines are not just the world's finest war fighters; they are also some of the world's greatest humanitarians.

# Funding Fisher House

Spouses from Patrol Squadron Nine present Theresa Johnson, (right) Fisher House Manager, Tripler Army Medical Center, Hawaii, with a donation on behalf of the VP-9 Officer's Spouses' Club. The presentation took place during the OSC's annual board appreciation luncheon held Sunday. The Fisher House Foundation provides military families "a home away from home" when loved ones are hospitalized at major military and VA hospitals.

Abby Braman | Courtesy Photo



# Service members donate blood for good cause

Cpl. Jose Gonzalez, radio operator, Combat Logistics Battalion 3, squeezes a ball while donating blood of his arm during a blood drive at the base chapel here, Monday. "I saw the (announcement) about the blood drive when I passed the advertisement board, when I was driving on base," Cpl. Ronnie Brito, radio operator, CLB-3. "I've never done it before and since my blood is O negative, anyone can use it." The Armed Services Blood Program operates out of Tripler Army Medical Center for military bases on Oahu. For more information about the Armed Services Blood Program, visit <http://www.militaryblood.dod.mil>.

Lance Cpl. James A. Sauter | Hawaii Marine



# ADMIRAL AWARDS BATTLE 'E'



Vice Adm. Allen G. Myers, commander, Naval Air Forces, U.S. Pacific Fleet, talks to a group of sailors from Patrol Squadron 4 and Helicopter Anti-Submarine Squadron Light 37 after awarding the squadrons with the Battle Effectiveness Unit Award at Hangar 4, Monday. To win the award, units or ships must demonstrate the highest level of combat readiness and effectiveness. The award is based on a year-long evaluation and the competition for the award is always fierce among Naval units and ships.

Lance Cpl. Jacob Barber | Hawaii Marine

# Sports & Health

## DAN THE MAN

Health Promotion Office Coordinator retires after nearly 40 years of service to military

Kristen Wong  
Photojournalist



Kristen Wong | Hawaii Marine

Dan Dufrene holds up an earlier article written about him in the Hawaii Marine newspaper in 1976. Dufrene, who has worked in many vocations for three military branches throughout his career, is retiring after nearly 40 years of service aboard Marine Corps Base Hawaii. His most recent vocation has been as the Health Promotions coordinator at MCB Hawaii.

Looking back on one of the earliest Hawaii Marine articles written about his work, Dan Dufrene smiles brightly, as if reminiscing his days as athletic director at then-Marine Corps Air Station Kaneohe Bay in 1976, just four years after he first worked on the base.

He still remembers playing a little league game once on base, as a 12-year-old.

"I've always thought [the base] was a neat place," Dufrene said. "I thought [playing on the base] was really something."

To date, he has worked as a civilian for the Marine Corps, the Navy and the Army. Although he retired Tuesday, he hasn't been the only Dufrene to work for the base.

From 1959 to 1974, Jo Dufrene preceded her son working at MCB Hawaii as an administrative clerk for the Public

Works Office, now called the Facilities Department.

"There won't be a Dufrene on base [anymore]," Dan Dufrene noted.

Family and friends joined Dufrene, 61, for a special retirement luncheon in his honor at Samuel Adams Sports Grill here, Tuesday.

"I'm sure a lot of Marines and sailors who enjoy recreations will miss him," said Bruce Arai, facilities manager, The Lodge at Kaneohe Bay. "He's done so much in announcing events for football, runs around the ponds and other

See DAN, B-4

## VP-9 flies over 3rd Radio

Story and photos  
Lance Cpl. James A. Sauter  
Combat Correspondent

Patrol Squadron 9 "Golden Eagles" stole a victory from 3rd Radio Battalion, 37-30, during an intramural basketball game at the Semper Fit Center basketball court here, Tuesday.

After the pre-game warm up and tip off, both teams had a slow start as they focused on identifying their strengths and improving on their weaknesses. With the playoffs just around the corner in April, VP-9 and 3rd Radio went head-to-head to keep the other further away from the championship title.

Even though VP-9 won, Doug Scott, VP-9 guard, said, "the team was a little rusty because we can't get enough players to show up for the games and everyone needs more gym time. We were off to a rocky start and the teammates needed to be more involved in the offense and defense."

Minutes into the first half, the teams played a seemingly mirrored image of each other — an offense that could rack up points but a defense that couldn't stop the offensive momentum. Neither team could gain an advantage and foul shots made up the slim point gap. With four minutes left in the half, Kevin Witte, VP-9 guard, scored several three-pointers that tipped the lead in favor of the Golden Eagles. The first half ended 23-14.

"After a bad start, the team pulled together [with solid offense and defense]," Witte said. "When the team started doing that, the

See VP-9, B-4



Eric Hamilton, Patrol Squadron 9 wingman, leaps for a basket during an intramural basketball game against 3rd Radio Battalion at the Semper Fit Center basketball court here, Tuesday. VP-9 defeated 3rd Radio 37-30. "My teammates pushed me to be more involved with the [strategy of the game]," said Kevin Witte, VP-9 guard. "I was surprised that they kept up with us but if we keep playing this way then we might have a good chance getting into the playoffs."



## BATTLING BOWLERS KNOCK 'EM DOWN

After weeks of tryouts, the Marine Corps Base Hawaii team for the upcoming 2012 Hawaii All-Military Bowling Tournament has been selected. The group will compete in singles, doubles and mixed doubles matches. From left to right: Blake Fracassi, from Marine Aviation Logistics Squadron 24; Brad Rehrg from U.S. Marine Corps Forces, Pacific Band; Joseph Brown from MarForPac; Mark Gleason from MarForPac Band; Deborah Brown; Rebecca Gaglio; and Jill Chenoweth, military spouses. Team players not pictured: Dan Kalvatis; Anthony Mannino from Wounded Warrior Battalion West — Detachment Hawaii; Misty Ortiz; Kathy Moore; and Al Orth.

Christine Cabalo | Hawaii Marine

# “A Lin-dication of things to come”

**Gunnery Sgt. Shawn Forde**  
Network Operations Chief, CISD

“Lin-Sanity” — the sudden and spectacular rise to stardom of Jeremy Lin, starting point guard for the New York Knicks.

It welcomes back an era of basketball where athletes, who aspired to be great at the art and craft of the sport, are committed to the mastery of the fundamentals that include passing, ball handling, defense, the pick and roll and teamwork.

The Jeremy Lin affect is profound and pivotal on many levels. When people think of his game, everyone discusses points scored, assists distributed and unfortunately the dreaded turnovers. Ater beware. Magic Johnson was the greatest point guard of all time and he averaged 18 points per game, 7.3 assists with four turnovers in his rookie year. Lin averages 14.8 ppg, six assists and 3.4 turnovers. You do the math.

Don't say he isn't reminiscent of the historic point guard whose traditional purpose has been heralded for decades. Unlike the “shoot first, pass maybe” mentality fans endorse today with point guards like MVP Derrick Rose, a true “floor general” combines perimeter shooting, penetrating and consistent passing — attributes associated with the greatest names in basketball. Names like Magic, Isiah Thomas, Bob Cousy, John Stockton and others. They were consistently high free throw shooters which moved them into the “quadruple threat” category.

They were dangerous and they made everyone else just as dangerous. They controlled the pace of the game and facilitated the flow for their team but most importantly they lead by example. From offense to defense, Lin is committed to give his best effort, which resonates with his fans from Madison Square Garden and beyond.

Lin has single-handedly accelerated the resurrection of one of the most prominent franchises in NBA history. With the additions of Amare Stoudemire, Tyson Chandler and Carmelo Anthony, New York was on the upswing. What they lacked, ironically, was exactly what New York is famous for developing: the point guard. He has brought more attention to a city that already has an abundance of it. He has brought another feel good, “resilient underdog” story for the NBA to salivate over and milk to no end. He increased the franchise's and the NBA's marketability internationally. He made New York forget about the king's ransom paid for Anthony. But he has also got the fans abuzz about the imminent title contention for the first time since the mid '90s. He brought back aspiring dreams started by Yao Ming for all Asian or Asian-American fans that you do not have to be of Caucasian or African American descent to realize an NBA dream, or to dominate on the professional level.

He's done all this on the grandest stage of all, the “Mecca” of basketball, Madison Square Garden. His influence far transcends his affect on the court, however.

What has captivated me most about the young star is his humility, in the midst of his overnight celebrity status. In the time of the rise of humble and spiritual star athletes like Tim Tebow, he becomes yet another equitable, relevant role model. And not just for B-ball. He also represents the example of fulfilling a lifelong dream of playing basketball after solidifying and validating his future by completing his academic responsibilities at Harvard University. This makes him the first “quintuple threat” ever to play his sport. But I pray he isn't the last.

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## Lin-Sanity: Truth or Fiction?

VS is a recurring column tackling debatable issues in the sports and entertainment world. Hawaii Marine readers can submit a subject for future columns by e-mailing their ideas to HawaiiMarineEditor@Gmail.com.

If there's a topic you would like to discuss/defend or if you think we missed the mark, let us know and you could see your “opinion,” regardless of how wrong it is, featured below. Suit up, ladies ... it's game time.



FORDE



BARBER

opinion, but these are the two most vital skill areas for point guards: taking care of the ball and making easy buckets. Lin severely lacks talent in both.

I don't think Lin would get as much praise anywhere else but New York City where they seem to care about tourism and media more than Knicks basketball. So I ask before you compare Jeremy Lin to the best point guards in the NBA, let the man play at least a season and think about the team he has behind him. It seems like New York fans are forgetting their backbone in Anthony and Stoudemire.

I don't have a problem with Lin as a basketball player, I have a problem with our perception of him. Folks, he's nothing special. While you salivate over a Jeremy Lin layup, I'm going to continue watching Derrick Rose embarrass the NBA's best defenses en route to winning the Eastern Conference.

Jeremy Lin is nothing more than a passing fad, he's the 2012 equivalent of boy bands. Trust me, you may think it's cool now, but you'll be ashamed of that Backstreet Boys t-shirt a few years down the road ... trust me.

# Don't get “Linfected”

**Lance Cpl. Jacob D. Barber**  
Combat Correspondent

Jeremy Lin is a man of many names: Linsanity, Mr. Linccredible, Super Lintendo, Linsperational! But my favorite Jeremy Lin nickname is “Garbage.”

This season Jeremy Lin is recording career highs in both points and assists. His points per game average is 14, so I guess he's not a true scorer and his assists per game average is six, so I guess he's not a true point guard either.

However, if you ever watch ESPN you'll think he is the second coming of Michael Jordan. For some reason, America (thanks largely to ESPN) has crowned Lin this season's MVP before he has proven himself ... sounds a little Tim Tebow-ish to me. The only difference between the two is that Tim Tebow is a better basketball player.

America is the land of opportunity, rags-to-riches stories are found across the U.S., so what makes Lin's story so special?

Not too long ago Jeremy Lin was a free agent who was cut by the Houston Rockets. Now, he is the starting Knicks point guard who led his team to seven straight victories. Understand that five of his first seven victories were against teams the Knicks would've beaten easily with a pick up player. However, since Lin got the starting job, these victories are labeled as tremendous feats.

Lets break down his winning streak. The New Jersey Nets, 9-23, are tied for last place in their division and the Knicks were clearly the better team, especially with Knicks' forward Carmelo Anthony and center Amare Stoudemire playing healthy. The Washington Wizards, 7-24, are a horrible team and this win was nothing special. The Minnesota Timberwolves, 15-16, are tied for last place in their division and the Knicks only won because of a missed three-point shot at the buzzer by Wolves forward Kevin Love. The Toronto Raptors, 9-23, are another horrible team that the Knicks should have beaten easily but it came down to a last second shot. The Sacramento Kings, 10-20, are tied for the worst record in the league. Despite what ESPN says, these victories are nothing more than what they should have been to begin with — simple wins for the Knicks.

Knicks fans should also recognize that Lin lacks the basic skills to succeed long-term in the NBA. In eight games Lin has committed more than 45 turnovers and he shoots free throws like Shaquille O'Neal shoots. It could just be my

opinion, but these are the two most vital skill areas for point guards: taking care of the ball and making easy buckets. Lin severely lacks talent in both.

I don't think Lin would get as much praise anywhere else but New York City where they seem to care about tourism and media more than Knicks basketball. So I ask before you compare Jeremy Lin to the best point guards in the NBA, let the man play at least a season and think about the team he has behind him. It seems like New York fans are forgetting their backbone in Anthony and Stoudemire.

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**In eight games Lin has committed more than 45 turnovers and he shoots free throws like Shaquille O'Neal.”**

## SPOTLIGHT ON SPORTS

### High Intensity Tactical Training Center Hours

Work out with TRX trainers, kettle bell weights, tethered medicine balls and more at the High Intensity Tactical Training Center at Bldg. 1034.

Marine units or groups may use the center weekdays from 6 a.m. to 9 p.m. Anyone who wishes to use the facility must request the key from the Satellite Fitness Center at Bldg. 1033 next door. A noncommissioned officer must be responsible for returning the key and cleanup of the center after use. For details, call 254-7594.

### Semper Fit Juniors Program

The Semper Fit Juniors Program will be held every second Thursday of each month. The program is open to 14 and 15-year-olds who, upon the completion of a Fitness Basics Class, will be issued an individualized pass to use the center without an adult present.

For more information about the Semper Fit Juniors Program, call the Semper Fit Center at 254-7597 or visit <http://www.mccshawaii.com>.

### Kuau Rockin' Surf Competition

Surf's up at the Kuau Rockin' Surf Competition at Pyramid Rock Beach on Saturday and Sunday at 7 a.m. Known for

winter swells rivaling those on the North Shore, Kuau is predicted to bring awesome conditions to the table for competitors. The pristine area is a favorite among surfers, bodyboarders and bodysurfers due to the consistency of the waves.

Categories are available for both men and women with 8 foot 9-inch boards or under, and open for those with 9-foot boards and over. Holding period extends through March 25.

Registration fees are vary for military and civilians. A late fee will be assessed for registration after Monday, at 4 p.m. Register at the Base Pool or at <http://www.mccshawaii.com>. For more information, call 254-7655.

### The Beast 10K Run

Release your inner beast in this 10K run starting at Pop Warner Field, continuing up toward the Officers' Club and down by the Kaneohe Klipper Golf Course; then through base housing and out toward the backgate, finishing back at Pop Warner Field. Open to the public.

Packet pick up will be held at the front gate on March 15 from 10 a.m. to 5 p.m. and Friday, March 16 from 9 a.m. to 4 p.m. at the Semper Fit Center.

You may also pick up your packet on the day of the race. Online Registration closes on March 14 at 4:30 p.m. Visit <http://www.mccshawaii.com> for information about fees.

# Semper Fit Try-Athlon Results

Of more than 50 participants, 24 successfully completed Semper Fit Center Try-Athlon Challenge. The center is encouraged gym users and others at Marine Corps Base Hawaii to spend the entire month of February running, biking and swimming the distance of the annual Ironman Triathlon. Everyone who takes the challenge swam 2.4 miles, biked 112 miles and ran 26.2 miles. Participants and the date they completed the challenge are listed. Congratulations!

Monica Delfin	2/12	Helen Shaw	2/27
Paul Wright	2/16	Michael Garza	2/28
Sharon Cacurak	2/17	Eddie Diaz	2/29
Jenna Goecke	2/24	Andrew Eckenfels	2/29
Leidy Marroquin	2/24	Lindsey Hartzell	2/29
Todd Yorimoto	2/24	David Kohnke	2/29
Juan Alonso	2/25	Teresa Lewis	2/29
Angie Blaisdell	2/26	Staina Marroquin	2/29
Raven Lemont	2/26	Monica Pinion	2/29
Robert Lemont III	2/26	Jason Raymond	2/29
Brittney Bulla	2/27	Lori Raymond	2/29
Matthew Bulla	2/27	Rachel Soloman	2/29

## 2012 INTRAMURAL SPORTS CALENDAR

**April 20 Men's softball starts (Annex Field)**

**May 21 Soccer league starts (Pop Warner Field)**

**May 19 Men's/Women's volleyball starts (SFC)**

**June 11 Men's/Women's 2nd bowling session starts**

**July 18 Men's basketball starts at SFC 2nd session**

**Aug. 1 Tackle football practice starts**

**Sept. 4 Tackle football season starts (Pop Warner Field)**

**Sept. 17 Intramural softball tournament (Annex Field)**

**Oct. 22 Intramural softball tournament (Annex Field)**

**Nov. 19 Intramural softball tournament (Annex Field)**

For more information about intramural sports on base, call 254-7590

# Klipper Golf Course maintenance team battles flooding

**Lance Cpl. Jacob D. Barber**

*Combat Correspondent*

Rainy season in underway and Marine Corps Base Hawaii has already seen its fair share of rain in the past week. Flood prevention is critical in keeping the base running, especially when more rain is expected. Due to a few low area holes, The Klipper Golf Course is a major victim of the consistent rain showers, as majority of the greens get flooded and the rain has formed pools throughout the course.

To keep the golf complex running, the Klipper Golf Course maintenance team set up suction hoses in the flooded parts of the course in attempt to protect from flood damage, keeping the business flowing, and keep golfers happy.

Ryan Wood, golf course superintendent, said Klipper workers constantly check the radars when expecting heavy rain. Since Sunday evening the course has had more than 10 inches of rain, a serious issue that could lead to serious flood damage.

"When we do get flooded we have proper procedures we follow," Wood said. "We have four holes that sit lower than the rest and they collect



majority of the water. We run the pumps in these holes and it transfers the all the flood water to the storm drain."

If this method isn't used, then the water will sit until it eventually dries out. This could take several days or even weeks.

"Every year the University of Hawaii women's golf team comes up here to participate in a tournament," Wood said. "And every year it rains all week prior to the tournament. We can mark the date because it happens every year, so we do know how to react well in these situations."

The pumps drain 24/7 to compete with the habitual rain showers.

"This is a nice course and it is our responsibility to keep it running," Wood said. "Rain is expected here in Hawaii but flooding only happens this time each year. We want to get these holes drained so that our golfers can tee-off again and enjoy this course without huge pools for holes."

**Suction hoses drain water from flooded areas on the Klipper Golf Course to after several days of showers at Marine Corps Base Hawaii. The pumps drain 24/7 to compete with the habitual rain showers.**

Lance Cpl. Jacob D. Barber | Hawaii Marine

## Restful, relaxing, rigorous

**Kristen Wong**

*Photojournalist*

Tired of cardio? Done with weights? Pilates and Yoga can be an alternative exercise for those weary of the day, who need to relax, but also need to keep their bodies healthy. Both are offered at the Semper Fit Center throughout the week.

Pilates is a form of exercise using mats and equipment to improve strength in the body's muscles among other benefits. The form was invented by German nurse Joseph Pilates during World War I, according to <http://kidshealth.org>.

Patricia Salvani is one of the group instructors of Pilates and has been teaching the exercise for 12 years.

"[Pilates promotes] better posture, strengthens the core, [focuses] on upper body strength, balance, control and body alignment," Salvani said.

For those preparing for a Pilates class, Salvani recommends bringing a sticky mat and wearing workout clothes. For those who have never seen Pilates before, Salvani encourages people to see for themselves. Even if Pilates may look challenging, she gives people optional modification to the moves.

"Beginners shouldn't feel like they are behind," Salvani said.

Exercise caution, however, when trying to practice some Pilates moves at home. Some techniques may need instructor supervision, such as inversion exercises.

"Overall, Pilates makes you strong from the inside-out," Salvani said. "I would encourage everybody to come out and practice."

Base resident May Porter has been practicing Pilates since December both for her health and to shed excess weight after having her baby. Porter reported that Power Pilates has helped improve her flexibility and strengthened her core and abdomen.

"Michelle's great," Porter said of her instructor, Michelle Schiff. "She'll stop if you need her to stop. She is always very welcoming. She will always show modified poses."

Ruth Carlson has been coming to Schiff's Power Pilates class since the class was introduced in October of last year.

"I feel so tough doing this class," Carlson said. "At this age balance gets funky. [Pilates] is good for your core ... [encourages us] to keep our posture, keep balance."

For those who want a change from Pilates, Semper Fit also offers Yoga classes. Yoga is an exercise that has been practiced for more than 5,000 years, according

to the American Yoga Association's website. Students of yoga go through a series of breathing techniques and physical poses. There are also different types of yoga that students can learn.

Lynn Liarbrich, a group instructor at Semper Fit, is a certified in yoga instruction, and teaches her students Hatha-style yoga, with some influences from Iyengar-style.

She has been practicing yoga for almost five years. She has had anywhere from 15 to 30 attendees at her weekday classes.

There are a number of benefits students can achieve from practicing yoga. Liarbrich said practicing yoga can result in better flexibility and better posture.

"A lot of us don't realize we work all day in front of computers and [if we're] on our feet all day we don't realize how we're standing," Liarbrich said.

As an example, Liarbrich said yoga can help correct posture if it has become uneven from carrying a heavy bag on one shoulder more often than the other.

Liarbrich said some Marines attending her Yoga classes for the first time have commented that they've 'really felt those stretches,' and 'this is really challenging.'

To prepare for the class, Liarbrich recommends that students either not eat or eat something light an hour before class. Yoga poses do involve bending over, which can cause heartburn.

Because people vary in height, she recommends attendees bring their own mat when attending yoga, although there are some mats available at the center. Semper Fit also provides blocks and straps that are used in yoga. The block, according to Liarbrich, helps beginning students with their stability.

Semper Fit Center also offers Power Yoga. Lowe, a group instructor for a Power Yoga class in the morning, also teaches a regular Yoga class in the evening. Lowe said the morning Power Yoga class is faster than Yoga, which helps boost the day's energy. During her evening Yoga class, Lowe has her students hold poses for a longer period of time, and the atmosphere is more relaxing and helps get students get "ready for bed."

"Both [Power Yoga and Yoga are] good workouts," Lowe said. "Both can be equally hard. It depends on what modification you take. Yoga will challenge them to do poses that they will not think they can."

Kailua resident Kaori Tanahara attends Krista Lowe's Power Yoga class. She's hoping to improve upon a Yoga move, which is a headstand.

Although the headstand is challenging, she said it was beautiful.



Kristen Wong | Hawaii Marine

**Renee Dobzyniak exercises with a rubber ball during Michelle Schiff's Pilates class on March 1 in the aerobics room at the Semper Fit Center.**

Tanahara enjoys the last portion of Yoga, where she feels calm but at the same time gives her energy.

"I hope more people do it," Tanahara said.

Salvani teaches Pilates on Monday, Wednesday and Friday, from 5:45 to 6:45 p.m. Schiff teaches Pilates Plus from 9 to 10 a.m. on Thursday; and Power Yoga from 10:15 to 11:15 a.m. on Tuesday. Lowe teaches Power Yoga from 10:15 to 11:15 a.m. on Thursday and Saturday; and Yoga from 7:30 to 8:30 p.m. Liarbrich teaches Sunrise Yoga on Saturday from 7:30 to 8:30 a.m. and Yoga from 7:30 to 8:30 p.m.

There is a \$2 general admission fee for Pilates and Yoga classes are \$2. It's free for active duty service members. Tickets for classes may be purchased at the front desk. For more information about Pilates and Yoga, call Semper Fit at 254-7597.

## The Fast Track: Mokapu students compete in district meet

**Christine Cabalo**

*Photojournalist*

**HONOLULU** — Mokapu Elementary School students put their best to the test at Windward District Physical Fitness Meet held Thursday at Kaiser High School.

More than 40 Mokapu students competed against teams from 23 nearby elementary schools. Hundreds of participants from third grade to sixth grade took the athletic challenge in fitness events such as the 400-meter long distance run and standing long jump.

"Part of [the fun] is meeting other kids and competing, but the main thing is working on student fitness and getting healthy," said Greg Sagers, physical education teacher, Mokapu Elementary School.

Since January, Sagers and volunteers have worked with the group in hourlong practices twice a week.

Among the volunteers is Rodney Wyss, whose 9-year-old son Nolan is part of the Mokapu team. Rodney Wyss said he appreciates spending time with his son and helping other students develop their abilities.

"It's very important for them to practice because they can track themselves and set a goal," the elder Wyss said. "They learn how to



Christine Cabalo | Hawaii Marine

**CC Pollard, a sixth-grader at Mokapu Elementary School, lands at 7.75 feet in the standing long jump event at the Windward District Physical Fitness Meet held Thursday at Kaiser High School. She was one of more than 40 Mokapu Elementary School students who competed.**

achieve those goals and see how far they progress."

Students could practice for all of the offered events, but could compete for awards in two. Nolan competed in both the standing long jump and the sprint. The Mokapu student said he's enjoyed his first year participating and has made running fast a part of his routine.

"I run home after every wrestling practice," Nolan said. "I just try to run a lot with my friends, and sometimes we play tag."

For 11-year-old Errict Seals, he chose to compete in events to better develop his overall fitness. Although he is a fast runner and competed in the 400-meter long distance run, Seals also chose to compete in a category for

his least developed skill: pushups. He and his father, a Marine stationed at Marine Corps Base Hawaii, regularly train together.

"I feel like I'm in a different dimension when I'm running," said Seals, who is in 6th grade. "You're focusing on one thing, like your breathing, and you don't realize how fast you're really going."

Both Seals and sixth-grader teammate CC Pollard said they enjoy being on a team together, cheering their schoolmates. Seals rallied for Pollard at an earlier meet in Kainalu Elementary School, when she landed at 8 feet for the standing long jump. At the district meet, Pollard easily cleared 7.75 feet. The two often help the rest of their team in practice and remind them why it's important to practice to do well.

"It's so much fun going to different places to compete," she said. "If you do well, you earn a lot of respect from people you may not even know."

Although the district meet is the last fitness event of the school year, Sagers said he tries to encourage students to remain physically active all year.

"I think those skills benefit them in the long run," Sagers said. "Anyone can start to jog or do other activities. Once they get the habit, they'll have that skill for life."

**VP-9, from B-1**

team started to do better.”

During the halftime break, the 3rd Radio players talked quietly about how to improve their performance while VP-9 laughed and congratulated Witte before loosening up by shooting around.

“I expected us to have a greater lead than this,” Scott said, preferring to remain focused on the game. “I told the team that in the huddle but we should have done more [in the first half].”

Several of the same problems in the first half followed the teams into the second. However, the intensity of the offenses increased as 3rd Radio tried to regain the lead but VP-9 held strong. Halfway into the final half, the score gap narrowed to 29 to 24.

Sacrificing their defense for a more aggressive offense, 3rd Radio tried to charge harder for easy baskets. But determined to hold on, the Golden Eagles’ defense blocked passes and prevented layups. Unable to secure the points needed to tie the game, the clock ended with VP-9 defeating 3rd Radio, 37-30.

“My teammates pushed me to be more involved with the [strategy of the game],” Witte said. “I was surprised that they kept up with us but if we keep playing this way then we might have a good chance getting into the playoffs.”

For more information about intramural sports, contact Joe Au, Semper Fit Center intramural sports specialist, at 254-7591.



**Patrol Squadron 9 “Golden Eagles” and 3rd Radio Battalion basketball teams square off during an intramural basketball game at the Semper Fit Center basketball court here, Tuesday. VP-9 defeated 3rd Radio 37-30. Even though VP-9 won, Doug Scott, VP-9 guard, said, “the team was a little rusty because we can’t get enough players to show up for the games and everyone needs more gym time. We were off to a rocky start and the teammates needed to be more involved in the offense and defense.”**



Christine Cabalo | Hawaii Marine

**Dan Dufrene displays the many leis, favors and an inflatable toy he received from friends and colleagues during his retirement celebration Tuesday. Dufrene has worked for three military branches in his career. At least 33 of those years were spent at Marine Corps Base Hawaii.**

**DAN, from B-1**

intramural sports. We wish him a relaxed retirement. He can enjoy the best [things in life], like relaxing and watching sports.”

He’s the leader of the safety commission and leads monthly meetings. He works on communication, safety policies and helping all the departments in achieving their safety goals.

Now that Dufrene is retired, his daughter Damara

Bouchet, who attended the luncheon, is looking forward to spending more time with her father when he visits her in Oregon. Bouchet said her father made it a priority to involve his children in the community and maintain a calm atmosphere in life.

“He’s been so much of an influence in my life,” she said. “I always played sports and strived for good health and physical fitness. I think what he’s done that shaped me the most is forming a good work ethic.

I remember he’d get up early in the mornings to ensure the football field was watered, doing it on his own time. He’s offered tremendous support for programs to ensure they’re successful. He’s honestly an icon of the base. I couldn’t go anywhere without anyone asking if I’m his daughter.”

A native of Kailua, Dufrene grew up with two brothers and two sisters. After graduating from Kailua High School in 1968, Dufrene attended Santa Ana College in southern California, and graduated with a degree in recreation administration from California State University of Chico.

Dufrene first worked on a summer fun program aboard the base and a Fourth of July picnic in 1972. He became Family Activities director until 1974, and moved to Sub Base Pearl Harbor to work with the Intramural Sports Program there.

Dufrene returned to MCB Hawaii once more from 1976 to 1981, as the athletic director on base. At the time, the Semper Fit Center did not exist. The sports facility was only a one-quarter space of Hangar 103, which included a basketball court, boxing ring, showers and equipment.

“Sometimes during a basketball game, [service members would be] working on the F-4’s, [and you] couldn’t hear the whistle,” Dufrene recalled.

In 1981, Dufrene found an opportunity to work for several Army bases in Seoul, Korea, where his services were needed in many places, from running gymnasiums to fitness centers and swimming pools. During that time, he was able to sample Korean culture, such as the food, and even his young children at the time were able to learn to speak some Korean.

Returning to Hawaii from Korea, Dufrene took on several more positions in what would be his remaining 17 years working on Marine Corps Base Hawaii. He has held his most recent position as the coordinator for the Health Promotion Office since 2001.

Wayne Yamada, the director of the Semper Fit Center, has known Dufrene for nearly 30 years, having met him in 1984. At the time, Yamada was the recreation director at Camp H.M. Smith, and Dufrene was the outdoor recreation supervisor aboard MCB Hawaii Kaneohe Bay. Yamada describes Dufrene as a “sociable employee.”

He also complimented Dufrene on his ability to fulfill all necessary requirements to become a health promotions coordinator though he knew little about the job when he started. He said in addition to his normal duties, Dufrene also served on a separate committee for the Health Promotion Office.

“He’ll take on any task,” Yamada said. “He’s dedicated, [and] he’s always been a team player.”

As the coordinator of the Health Promotion Office, Dufrene was responsible for scheduling classes, health fairs and demonstrations each year. Through these events, the office works to promote health, wellness and prevention of health issues that arise from stress and tobacco usage, just to name a few.

Neil Morgan, wellness counselor, Health Promotion Office, has known Dufrene for more than 20 years, and has worked directly under his supervision for almost two. He described Dufrene as someone who is passionate about health and wellness.

“He could stop and talk to anyone about being healthy [on a regular basis],” Morgan said.

More recently, Dufrene has been Morgan’s supervisor. He said that Dufrene gives primary direction on projects but also gives his staff the freedom to take charge of their own projects.

Dufrene’s involvement in sports is not limited to his work on the various military bases. Currently, in addition to golf, he surfs, snorkels, swims, sails, bikes and hikes.

He has even played intramural softball with the Marines on the Fleet Marine Force Pacific Men’s Softball Team, and in 1976, he traveled with them as their administrative “officer in charge,” as the team competed on other bases. His team eventually won a tournament at Marine Corps Base Camp Lejeune through All-Marine Slow-Pitch Softball Men’s Program.

Dufrene also coached a little league program in Kainalu and youth basketball in Kailua. As a volunteer coach, Dufrene said he found it most rewarding to see a child progress in their skill in a matter of weeks.

Soon after retiring, Dufrene and his wife plan to take an Alaskan cruise and explore several countries in Europe.

“He’s very patriotic,” said his wife of four years, Charlotte Dufrene. “Watching him get up at four in the morning for a fun run or some event that enriches the lives of the young men and women and their families that serve [shows] his dedication ... I think he took great pride with what he did because he was providing something of value to the members of the military and the families who have given everybody else in the country so much. He enjoyed [working at MCB Hawaii] immensely.”

As for Dufrene himself?

“I will miss the people I worked with and the people I worked for,” Dufrene said.

But retirement does not mean goodbye to MCB Hawaii. He plans to continue visiting the base.

“It’s going to be like long weekends or being on vacation,” Dufrene said.

# Hawaii Marine Lifestyles

## ANIME FANS PREPARE TO ASSEMBLE!!!



Anime fans arrive at the Hawaii Convention Center for 2011 Kawaii-Kon.

Yoji Eguchi courtesy photos

**Story by  
Garrett Cole**  
*Photojournalist*

Kawaii-Kon is the first and only anime convention of its kind in Hawaii and has been going strong annually for the past seven years. Its foundation and purpose is to rally those passionate about anime in one place for an exchange of interests and ideas. The next convention will be held March 16-18 at the Hawaii Convention Center and will be the only time this year where anime fans of all ages can meet at this type of event in Hawaii.

"Kawaii-Kon is a three-day celebration of Japanese anime here in Hawaii," said Roy "Buma" Bann, Senior Administrator of Kawaii-Kon. "Every year we invite lots of guests from both the mainland and Japan. Not only just voice actors, we have people who are in the industry, bands as well as a large contingence of local artists."

The purpose of the convention is not just to showcase anime and vendors, it serves as a haven for local "otaku" or fans.

"Kawaii-Kon is like a safe venue for people who are considered 'outsiders' to the rest of society," Bann said.

"It's a place where geeks can gather and not be considered different. It's a gathering place for like-minded individuals. Nobody is judged dressing funny in costumes, liking dolls, liking a particular anime, if they like to do performance type of things, or even if they like to sow. It's a safe place for people to express themselves in a group of people like them.

We're very open."

Due to the constant relocation of service members, rooting into the community is difficult. That being said, Bann believes that Kawaii-Kon's family-like environment will welcome those willing to attend.

"Because of our nature, we have a whole family type of atmosphere where everyone is part of your extended family," said Bann. "We try to promote that. We're all one big family regardless of what you like, who you are, and where you came from."

This year's convention will showcase a number of well-known personalities and contributors to the anime

community. For fans of "Vampire Hunter D" and "Final Fantasy," character designer and world renowned artist, Yoshitaka Amano, will be attending. Celebrated voice actor and former Power Ranger, Johnny Yong Bosch will also be attending along with his band Eyeshine.

"I think the great part of Kawaii-Kon and a lot of our sister conventions is its push that these are conventions put on by fans, for fans," Bann added. "It's really true, there's no one in this organization that gets paid a dime for anything that we do here. This is all put on by the love of anime and putting on a show for the fans. We're putting on things that we'd like to see and making sure all the details are worked out. We're here to put on the best show that we can. It's like being a car guy and rebuilding an engine, because it's for you. You take the time and do it correctly. That's how we approach Kawaii-Kon as well."

For the schedule of events and registration go to <http://www.kawaii-kon.org>.



Anime fans of all ages meet at the Hawaii Convention Center for 2011 Kawaii-Kon.

# PASS *IN* REVIEW

Your weekly guide to the best aspects of entertainment

Welcome to the Pass In Review, your number one source for cinema, music, videogame, book and product reviews. The Pass In Review crew consists of more than 10 critics, each with their own idea of what makes a movie, album, game, product or book great. So be sure to take advantage of the Better Know A Critic section, which spotlights this week's critics to better help you choose the critic with opinions most like your own. Using our breakthrough four-point scale system, you can quickly decipher what is worth your time and what isn't, or read the full review for an in-depth analysis and explanation of the rating. The rating system uses ammunition and range terminology, so if you're not familiar, here's a quick breakdown of the ratings ...

**1/4 — No Impact, No Idea**

Horrendous. Among the worst of the worst in its genre. Dedicating time to this is not only wasteful, but unforgivable. Avoid at all costs.



**2/4 — High And To The Right**

Mediocrity at its best. Lacks a few things that might have made it really good. A decent time waster, partake only if you have nothing better to do.



**3/4 — On Target**

Praiseworthy. A great endeavor, not quite an instant classic but still very entertaining. This is a sound investment of your time.



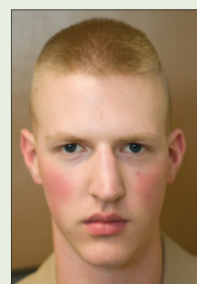
**4/4 — Confirmed Kill**

Genius. In the top 10 percent of its genre. This is the stuff legends are made of. Missing out on it would be a disservice to yourself.



So, there you have it and we hope you enjoy our weekly reviews. Don't forget, The Hawaii Marine accepts submissions from its readers so if you consider yourself a film buff, music aficionado, gaming geek or bookworm feel free to submit your own reviews.

## Better Know A Critic



SAUTER

**Lance Cpl. James A. Sauter** is a heavy metal, head banging, bass pounding, big hair, rock 'n' roll addict. He's a fanatic when it comes to smashing guitars and setting stages on fire with pyrotechnics. Paying homage to those who are about to rock, if thee can hear the cops scream, then the distortion is not loud enough.



WHITTINGTON

**Sgt. Scott Whittington** is an action movie junkie. As a kid he would sneak on roller coasters he was too short for, rode dirt bikes without his mom's permission and occasionally smacked bullies in the face with schoolbooks. He loves the rush.

## Van Halen rocks 'A Different Kind of Truth'

**Lance Cpl. James A. Sauter**

*Combat Correspondent*

For more than half of the 20th century, rock bands delivered fans to the coveted escapism of rock and roll through psychedelic lights and gut-busting power cords. The majority of these great bands reigned from their heavy metal thrones throughout the 60s up to the 90s. But as time went on, old age, drugs, alcohol and poor band camaraderie took their toll and the Age of Rock came to an end, only to be supplanted by market-driven gangster rap and teenyboppers.

For those who can remember Van Halen during the 70s and 80s, few had hopes that the original lineup would ever reunite against the inner turmoil between Eddie Van Halen (guitarist) and David Lee Roth (lead singer). After several lineup changes and a hiatus from the public, Van Halen returned with Roth for a reunion tour in 2006. With three of the original members, in addition to Eddie's son, Wolfgang (bass guitarist), Van Halen showed that they could still win



the favor of the head-banging gods of rock with last month's album, "A Different Kind of Truth."

First off, Van Halen has not produced an album in more than 14 years, and not one with Roth in 30, due to the band's conflicts. However, Van Halen is among few rock giants, including AC/DC, Kiss and Rolling Stones, who in recent years have produced original work and then toured briefly. The resurgence of classic rock music within the past decade helped prompt these old bands to show their fans that they still had what it takes to rock.

Universally acclaimed by critics, "A Different Kind of Truth," shows that Van Halen can still hold down the fundamentals of song writing. Fans should bear in mind that the band is more concerned about reaching the bar that defines them as Van Halen, than claiming number one on the Billboard Charts. It turns out that "A Different Kind of Truth," ranked number two and is clearly Van Halen's best album in a long time.

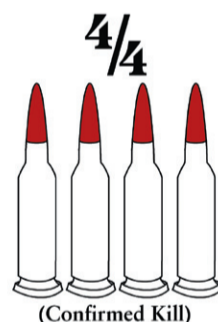
The opening song, "Tattoo," was a clear choice to start the album. As being the only single on the album, "Tattoo," is the meat and potatoes of the Van

Halen chemistry — wide vocal range from Roth, guitar shredding from Eddie and a bass/drum beat that can't be recreated by anyone else.

Interesting enough, the album's seventh track, "As Is," opens with a heavy drum solo by Alex Van Halen (drummer), then morphs into one of Eddie's heaviest guitar solos on the album. This is not a terrible thing but a rather interesting change in style because Eddie is known to use effect pedals, such as synthesizers, instead of heavy distortion.

However, critics and fans noticed that the majority of the songs use riffs that sound similar to songs on Van Halen's first few albums, such as "Van Halen I, II and 1984." This was done intentionally for the same reason that Van Halen is returning to their roots and not reinventing themselves.

Overall, the album is a significant milestone for Van Halen. The band was probably afraid that if the album didn't receive any attention, then it would show how irrelevant vintage rock is to the young culture of today. But it's a long way to the top if you want to rock and roll and "A Different Kind of Truth," is a shining beacon on the face-melting empire that Van Halen built.



## A 'shot' above all the rest

**Sgt. Scott Whittington**

*Managing Editor*

The History Channel's reality show "Top Shot" entered its fourth season last month and airs every Tuesday night and thankfully after another great show, Comedy Central's "Tosh.O." Just like the previous three seasons, "Top Shot" aims higher to keep an audience than any other reality show.

Reality television seems to be ruling late night airways but some have gone over-the-top to create interesting "real life." Just about every reality show is scripted and add the fact that these are not professionally trained actors, what the audience is left with is fake situations and acting reminiscent of a third grade play.

"Top Shot" differs from all the rest. They're not competing for fishing gear and flint, buying storage lockers with planted treasures or cooking for a foul-mouth English guy. These 16 contestants including a handful of "former Marines," a high school



janitor and a federal police officer fire a variety of weapons in impossible situations. There's nothing cooler than firing an MP-5 at water balloons while spinning upside down 50 feet in the air or shooting a .50-caliber sniper rifle at an explosive target a mile away. Well there are a few things better ... "Twins, Basil."

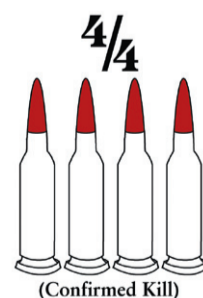
Like other competition reality shows with multiple "cast members," Top Shot splits its people into two teams. They compete in exciting marksmanship and physical challenges. Some tests are timed and others are head-to-head. The losing team nominates two people, not always the day's worst performers, to compete in an elimination round. The loser goes home and the winner stays and receives a \$2,000 gift card from Bass Pro Shop. The final winner gets a \$100,000 payday and the title of "Top Shot."

The season added another incentive this time around.

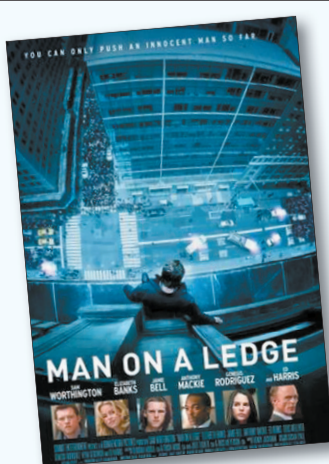
The top shooter wins a professional shooting contract sponsored by Bass Pro Shop.

The reality part of the show comes out when the shooters return to their house. Of course, it's set up like most reality houses. Cameras are everywhere, no television watching and personalities clash. The shooters' personalities show through in their attitude toward sportsmanship and the fact they're competing for a big chunk of money. There are good guys and jerks. So far no jerk has won "Top Shot," but one, an Air Force special forces sniper, came close in the second season. I was very happy to see the Marine win that season and since the Marines are always the majority armed service represented each season, there are plenty of competitors to root for. There's at least four Marines this season, two National Guardsmen and one Air Force shooter.

I totally recommend this series. It's a great way to "cap" off a Tuesday night and cause wonderful dreams of Thompson submachine guns and angry jars of colorful gum balls.



**Prices:** All shows are \$3.25 for adults and \$2.25 for children. For ticket pricing, the Base Theater Box Office defines an adult as a patron 12 and older and defines a child as a patron from 6 to 11. Children 5 and younger are admitted free of charge. Parents must purchase tickets for R-rated movies in person at the box office for children 16 and younger. Patrons must present their military identification card when purchasing tickets. Call 254-7642 for recorded information.



"Man on a Ledge" PG13 Today | 7:15 p.m.

"Underworld: Awakening" R Today | 9:45 p.m.

"Haywire" R Saturday | 7:15 p.m.

"The Grey" R Saturday | 9:45 p.m.

"Red Tails" PG13 Sunday | 2 p.m.

"Joyful Noise" PG13 Sunday | 6:30 p.m.

"Extremely Loud and Incredibly Close" PG13 Wednesday | 6:30 p.m.

# Hawaii Marine inspires many, heads to new station

**Kristen Wong**

Photojournalist

When Sgt. Maj. Angela Maness first enlisted in the Marine Corps, her staff sergeant at the time thought she had the potential to be on the color guard. She immediately went to the gunnery sergeant in charge to apply.

"He said to me 'you're a girl, you can't be on my color guard,'" Maness, 48, said. "From that moment on I knew it was going to be an uphill battle."

Maness later approached the gunnery sergeant again, asking for a chance to prove herself worthy of the Color Guard. After participating in 50 ceremonies, he still considered her on a "trial basis."

"[He was] trying to make me [work] harder and I appreciate that now," Maness said. "Never take 'no' as a final answer to anything, because it's really not."

She would later move from being the first female on Marine Corps Base Quantico's Color Guard to becoming the first female on the base's Ceremonial Platoon.

"[Ceremonial Platoon was] very honorable," Maness said. "[I thought] I finally get a chance to give back. But again I was the only girl out there."

Maness, now the sergeant major of Combat Logistics Battalion 3, is wrapping up her tour aboard Marine Corps Base Hawaii and heading off to Marine Corps Air Station Cherry Point to become the installation sergeant major.

"I'm humbled," Maness said about her upcoming position. "Happy to have been selected."

A Pearl City native, Maness grew up in a military environment. Her father was a retired Marine master sergeant, and her mother served in the Navy. One of her earliest memories was watching her father's promotion to master sergeant when she was 10.

"I remember everyone standing so rigid," Maness said. "It was the first time I heard my dad say 'sir' as an enlisted Marine, first time I heard the oath of enlistment. I was just so proud, Dad was my superhero."

Out of the five children in her family, Maness' sister was a Marine and her brother was in the Army. Like Maness today, her father has also been stationed at Marine Corps Base Hawaii.

After graduating from Camp Lejeune High School in North Carolina. She enlisted in the Marine Corps in 1987, offered a contract as reservist with a military occupational specialty of motor vehicle operator. She credits her father for helping her prepare for boot camp.

"Mom helped mold me for [who] I am, but [with] Dad, I got to see the Marine Corps through his eyes," Maness said. "That's why I'm so successful now."

Maness graduated from Marine Corps Recruit Depot as the platoon honor graduate, and as a result moved from reservist to regular Marine. She was promoted to lance corporal straight out of boot camp with an administrative MOS, and stationed at Marine Corps Base Quantico.

From there, she has moved to several bases, deployed four times and held various billets. In some cases, she fulfilled an immediate need. She became a drill instructor at Officer Candidate School when the school was looking for more females to fill the role.

Maness' mother, Mary Werner, described her daughter as strong, and keeps her appearance well maintained.

"She always seems to want 25 words or less, [to] get to the point, otherwise you get locked down in all the details, you lose the importance of it," Werner said. "So I think she's strong in that way."

The Marines of CLB-3 are currently rehearsing in preparation for Maness' relief and appointment ceremony. All of the Marines participating in the ceremony were handpicked, recommended by 1st Sgt. Ernest Rose, CLB-3, and approved by Maness.

One such Marine was Sgt. Ebony Bird, who stood in the rain Thursday morning with her comrades, practicing with ceremonial swords. Bird is the training noncommissioned officer of Headquarters and Service Company, CLB-3. The 27-year-old has known Maness for two years.



Kristen Wong | Hawaii Marine

**Sgt. Maj. Angela Maness, sergeant major, Combat Logistics Battalion 3, stands by her unit's logo. Maness, a native of Pearl City, will soon become the installation sergeant major of Marine Corps Air Station Cherry Point.**

Bird described Maness as outgoing and outspoken. "She knows exactly what she wants ... she's very strong-willed and wise," Bird said. "Every time I encounter Sergeant Major she always brings something new to the table. It's always a pleasure talking with Sergeant Major."

"I'm sad to see her go but excited that she's going to be starting on her future plans," Bird said. "I know that this is what she wants to do and I wish her well."

Also practicing outside was Sgt. Phillip Sever, a platoon sergeant for Support Company, CLB-3. He has known Maness since February of 2009. He said the first time one meets Maness, she will be strict and ask for 100 percent perfection.

"[However,] she will look out for you if you're in a rut," Sever said. "She advises me on how to further my career."

"She's definitely inspired a lot of younger Marines," said 1st Sgt. Valerie DeLeon, first sergeant, Motor T Company, CLB-3. "They say she's very inspirational [and] they are very thankful that she let us know a little bit about her."

DeLeon, who has also been stationed with Maness in Marine Corps Recruit Depot Parris Island, said it is touching and rare to learn of the different personal experiences a sergeant major has gone through in their career. She described Maness as "very personable as well as firm and fair." Though being a sergeant major can take up a fair amount of the day, Maness makes time for her family. She is now a mother of three with one grandson.

Maness even inspired her younger sister, Audrea, to enlist in the Marine Corps. Audrea said seeing her sister being named the honor graduate at boot camp made her proud, and she followed suit, enlisting in 1988. Maness and her sister had seen each other from time to time while being stationed at the same base. Audrea said sometimes people would mistake her for her sister.

Audrea, now a retired gunnery sergeant, called her sister the "leader of the family," maintaining her composure through tough times. When their father died, Maness took charge of the military funeral arrangements, directing her Marines.

She also escorted her own father's casket during the ceremony. Audrea said Maness also asked for two American flags — one to present to their mother, and the other to present to their father's second wife. She said Maness displayed such strength and confidence throughout the funeral.

As the time comes for Maness' relief and appointment ceremony later on this month, Audrea expressed that she was very proud of her sister.

"I know he'll be watching as the ceremony takes place," Audrea said of their father. "He was very proud of her success."

Sometimes the Corps overlapped with family, as Maness found that both she and her middle son, then a sergeant in the Marine Corps Reserve, were deployed simultaneously in Iraq in 2008. During Christmas, Maness was able to spend little more than an hour with her son, who was in Haditha at the time.

"It was the proudest moment of my career," Maness said.

Maness is also involved in her daughter's sports, coaching the termite division team called the "Little Wahines" with Renee. Overall, she has been a volunteer coach for three years, including her time at Camp Lejeune.

"Personally I would say it's rewarding for me to get to experience seeing what works, how to challenge the girls," Maness said.

Maness has not only been a volunteer coach, but has been active in sports as well. She has played on the All-Marine Volleyball and Racquetball Teams. She has long been involved in sports, such as basketball and volleyball. Warner said she was proud of her daughter's athletic skill and her subsequent rise to the All-Marine teams.

"There were no challenges for my sister," Audrea said of Maness. "Every sporting event she tried she was the top star."

Not only physical in sports, Maness also takes time to hike every weekend. She has hiked in Olomana, Kokohead and Lanikai. Maness said she enjoys hiking for the reward of reaching the top.

Within the next five years, Maness plans to finish her degree in business management, and hopes to be stationed at MCRD Parris Island.

"I love the training environment [of Parris Island] and [my other priority is] taking care of my family," Maness said.

But for Maness, Hawaii will always be home. Marine Corps Base Hawaii was the only duty station she ever requested.

"I promise you, there will be a Swamp Romp in the future," Renee said. "She's going to take what's best in the world and keep it going."

## 2/3 FAMILIES GET TOGETHER FOR QUALITY FUN



Lance Cpl. James A. Sauter | Hawaii Marine

Marines of 2nd Battalion, 3rd Marine Regiment, and their families interact and enjoy each other's company during a family day at Riseley Field here, March 2. "This is our big opportunity to bring the families together before the battalion's deployments to Australia and Okinawa," said Ed Hanlon, 3rd Marine Regiment family readiness officer. "Today we're hosting a big event for our families to hang out, get a free meal and just have some fun."