

Hawaii Marine

Base resources aid in motorcycle safety, education

Lance Cpl. Reece E. Lodder
Combat Correspondent

Whether a service member, dependent, or Department of Defense civilian, motorcycle safety is imperative for all riders and passengers on or off post.

"You not only owe it to yourself, but to your family and friends also, to ride the best that they think you can," said Mario Diprete, a safety specialist and Motorcycle Safety Foundation rider, coach, and trainer with Base Safety.

On base, there are numerous motorcycle safety and education resources available, whether through Base Order 5100.22A, Motorcycle Regulations, or Base Safety. These resources can aid current and prospective riders complete the steps to ride on base, and to stay safe once certified.

According to the base order, an operator must possess a valid motorcycle operator's license, vehicle registration, safety inspection, insurance and proof of completion of the DoD-approved MSF rider education course to operate a motorcycle here. Once these requirements are met, the motorcycle may be registered on base.

The state-approved MSF Basic Rider Course curriculum, taught by MSF certified or state qualified instructors, pairs hands-on training with performance- and knowledge-based evaluation. Service members and DoD civilian personnel may take the course through Base Safety. Students are not charged leave for attending the course, which is offered at no cost.

"Our mission at the Base Safety Center is to serve active duty Marines and sailors," Diprete said. "If there is space available in the MSF classes, we'll also work in dependents and DoD personnel."

Recent classes have been busy but not filled to capacity, Diprete said. Class seats not filled by service members are available to their dependents, DoD civilians and retired military personnel. Dependents of DoD civilians are not authorized to take these courses, each of which is specialized toward different types of riders.

"BRC is geared toward the person who has never touched a motorcycle before," said avid rider Sgt. William Patnode, chemical, biological, radiological, and nuclear defense training officer, Headquarters Battalion.

“You not only owe it to yourself, but to your family and friends also, to ride the best that they think you can,**”**

- Mario Diprete, safety specialist
Motorcycle Safety Foundation rider, coach, and trainer with Base Safety.

As soon as practical after completing BRC, Marines and sailors who own and operate a sportbike must attend the Military Sportbike Rider Course. All other riders must attend the Experienced Rider Course. MSRC focuses on higher, real-world speeds, while ERC is built around more challenging testing parameters, said Patnode, of Peru, N.Y.

See SAFETY, A-7



Christine Cabalo | Hawaii Marine

Cpl. Eric Williams, mortarman, Weapons Company, 2nd Battalion, 3rd Marine Regiment, says goodbye to his wife and child before deploying to Afghanistan Nov. 12. The battalion is relieving 3rd Battalion, 3rd Marine Regiment.

ISLAND WARRIORS DEPLOY TO AFGHANISTAN

Christine Cabalo
Photojournalist

Stopping only to say goodbye to loved ones, 2nd Battalion, 3rd Marine Regiment, began the more than 7,900 mile-journey to Afghanistan last Thursday, Friday and Sunday.

Lance Cpl. Eron Clarke, rifleman, Weapons Company, and the rest of the "Island Warriors" savored the last moments spent with their families.

"We're not really scared to go to Afghanistan," said Clarke, 19, of Houston. "But going away from our families wears on us."

Clarke's family met with his squad leader as well as other members of his unit in the days before their departure. His parents said the time together

was invaluable, and then learned more about what to expect during deployment.

"We realize he has a job to do," Clarke's mother said.

It's a job that Marines of 2/3, including Sgt. Joe Solberg, rifleman, Weapons Co., have physically trained for and will spend the next seven months focused on. Solberg, a 23-year-old native of Fargo, N.D., said he'll miss having the freedom of driving around lush Oahu, but is determined to carry out the mission.

"I hope to meet the local Afghan people and see how they live," Solberg said. "We've been learning how they live in classes. But living with them and helping them as much as I can, that's what I'd like to try to do."

It's the first deployment for

some, like Lance Cpl. Ian Moon, mortarman, Weapons Co.

Moon, a 20-year-old from Port Charlotte, Fla., said the unit readied for deployment in many ways: training at Pohakuloa Training Area, Enhanced Mojave Viper exercises in California and in simulators at Marine Corps Base Hawaii.

Support for the Island Warriors has come from loved ones as well as help from civilian organizations. A group from the University of Texas will be writing letters and sending care packages to several Marines in the battalion to boost morale. Students from St. Anthony Catholic School in Kailua also packed snacks for the "Island Warriors," since many in the unit volunteer their time to mentor at the school.

See DEPLOY, A-7



Sgt. Mark Fayloga | Regimental Combat Team 1

Cpl. Michael Lyons, the 3rd Battalion, 3rd Marine Regiment, air non commissioned officer, monitors the inbound descent of a UH-1 Huey onto the Forward Operating Base Geronimo landing zone in Afghanistan, Nov. 7. The helicopter transported Marine Light Attack Helicopter Squadron 369's senior leadership to FOB Geronimo to attend a plaque dedication ceremony in honor of Lt. Col. Mario D. Carazo and Maj. James M. Weis, two pilots from HMLA-369 who were killed in action while supporting 3/3 combat operations in July.

Fallen pilots honored

Memorial plaque placed on Forward Operating Base Geronimo's wall of the fallen

Sgt. Mark Fayloga
Regimental Combat Team 1

FORWARD OPERATING BASE GERONIMO, Afghanistan — Marines at Forward Operating Base Geronimo, Afghanistan, honored the sacrifice of two pilots from Marine Light Attack Helicopter Squadron 369 during a plaque dedication ceremony Nov. 7.

The pilot team of Lt. Col. Mario D. Carazo and Maj. James M. Weis, known by their crew call sign of "Dealer 54," were killed in action while supporting combat operations for 3rd Battalion, 3rd Marine Regiment, in July.

Senior leadership from HMLA-369 flew to FOB Geronimo to attend the dedication ceremony where the pilots were

remembered for their selfless support to the battalion before their memorial plaque was placed on FOB Geronimo's wall of the fallen.

"They repeatedly went above and beyond to support their brethren Marines who were in contact with enemy forces," Capt. Patrick Kelly, the 3/3 air officer, said. "Regardless of the conditions, regardless of the risk, Lt. Col. Carazo and Maj. Weis marched to the sound of the guns. Their sacrifice will not be forgotten."

Dealer 54 had provided air support for 3/3 on several occasions, to include the recovery mission of one of 3/3's fallen Marines.

See PILOTS, A-7

Inside today's Hawaii Marine



To the Championship. Headquarters and Service Battalion Warriors head to the Championship, **B-1**



Have an Adventure at Kualoa Ranch Explore Hawaiian jungles on ATV's or horseback, a fun time awaits, **C-1**

Weekend Forecast

<p>Saturday</p> <p>High — 83 Low — 69</p> <p>Flash Flood Warning today</p>	<p>Sunday</p> <p>High — 83 Low — 70</p>
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NEWS BRIEFS

Free 'Wild Hawaiian Experience' show

Compliments of entertainer Henry Kaponu, to honor the military and their families, those with a military ID will admitted for free to the Wild Hawaiian Experience at Hilton Hawaiian Village tomorrow at 7:30 p.m. The show includes hula, fire knife dancing, music and more.

Waimanalo Makahiki

The first Waimanalo Makahiki is scheduled tomorrow at Bellows Beach Park starting at 10 a.m. The harvest festival includes ceremonial practices and competition games. The Hawaiian Civic Clubs, Royal Order of Kamehameha, U.S. Air Force, U.S. Marine Corps, and the local community are providing support the event.

Road Closures

G Street closed tomorrow

In-bound lanes of G Street will be closed after the Pass Office from 6 a.m. to 4 p.m. H-3 gate will remain open for in-bound traffic, but will be diverted to out-bound lanes set up for contraflow. Motorists are encouraged to enter the base via Mokapu Gate.

Harris Avenue closed until Nov. 30

Harris Avenue will be completely closed from Selden Street intersection to Bldg. 4088, detour will be available to access Harris Ave. from Selden Street, north driveway to Bldg. 4088 will remain accessible.

Closures are required to perform final repavement over newly installed waterlines.

For information about this construction, call Philip Lum at 257-6900.

Extended closure of Nu'upia Ponds Running Trail until Dec. 31

The entire trail will remain closed to all civilian and military use, whether you enter from the Mokapu (back gate) side or the pedestrian footbridge side near the H-3 (front) Static Display Park. Access is totally prohibited.

The closures are due to extended time frame needed by contractor to complete all work on the wastewater effluent pipeline replacement project and associated safety concerns.

For information about the project, call Philip Lum at 257-6900. For information about the trail, call Dr. Diane Drigot at 257-3694.

Fire Alarm Outages

There will be a four-hour power outage which will affect the fire alarm connection to the emergency dispatch center aboard MCB Hawaii Kaneohe Bay and Camp Smith on Monday, Nov. 22 from 8 a.m. to 12 p.m.

Please be advised, even though the fire alarms if pulled will sound the alarm at the building, the dispatch center will not receive the alarm and will not dispatch first responders. You must also call 911.

Post Office Closed Thanksgiving

The Base Post Office will be closed Nov. 25-26 and will reopen Nov. 27 at 9 a.m.

For mailing deadlines, see <http://www.usps.com/holiday/shippingcalendar.htm>.

Important Phone Numbers:

On-Base Emergencies	911
Military Police	257-7114
Child Protective Service	832-5300
Fraud, Waste, Abuse & EEO	257-8852
Pothole & Streetlight Repair	257-2380
Base Information	449-7110
MCB Hawaii Chaplain	257-3552
DEERS	257-2077

Hawaii Marine

www.mcbh.usmc.mil

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Hawaii Marine, Box 63062, Building 216,
MCB Hawaii, Kaneohe Bay, Hawaii 96863
E-Mail: HMeditor@hawaiimarine.com
Fax: 257-2511, Phone: 257-8837

Tradition, heritage and ethos

Sgt. Maj. James R. Futrell

Sergeant Major, U.S. Marine Corps Forces, Pacific

Marines,

Recently, I was in the airport waiting for my flight and I observed an individual wearing gray sweatpants, running shoes and a plain olive green short-sleeve undershirt. He also had on earphones and was wearing a backpack.

Although he was in need of a haircut, my senses alerted me that he was a Marine. I called him over and confirmed that he, in fact, was a Marine. I identified myself and asked him why he was wearing just an undershirt. He began explaining to me that he thought it was OK to wear an undershirt on liberty. I'm sure he received the same class that all Marines received while in boot camp as far as what articles of Marine Corps issue are authorized for wear during liberty and what is considered appropriate civilian attire. I reiterated to this Marine the basic regulations on appropriate civilian attire and the facts of life on being a Marine.

Marines set the example in and out of uniform, whether on or off duty. When civilian clothing is worn, Marines will ensure that their dress and personal appearances are conservative and commensurate with the high standards traditionally associated with the Marine Corps and per the Marine Corps Uniform Regulations, MCO P1020.34G. Commanders are charged with determining and publishing the local civilian clothing policy. No eccentricities of dress will be permitted.

Throughout my travels, I have encountered incidents where Marines were not upholding Marine Corps policies and standards. I need all Marines to be aware that in any clime and place they can and will be tested. The Corps is small in number and we stand out in a crowd. Remind your Marines what is expected from them in and out of uniform. Duty



United States Marine Corps photo

station location should have no bearing on what's right or wrong, what's authorized or not authorized. When in doubt, ask someone. Ensure Marines look the part and are playing the key roles that America expects from its Marine Corps.

We hope you enjoyed our 235th birthday. As we head into the holidays, continue to represent the Corps with pride. While giving thanks for the many blessings bestowed upon us, reflect back on what got us to where we are today — tradition, heritage and ethos. We are the keepers of the legacy.

Semper Fidelis.

RED LIONS WELCOME NEW COMMANDER



Lance Cpl. Reece E. Lodder | Hawaii Marine

Lt. Col. Mark Revor, incoming commanding officer, Marine Heavy Helicopter Squadron 363, and Lt. Col. James Dobes, outgoing commanding officer, HMH-363, standby as Sgt. Maj. Mitchell Green, sergeant major, HMH-363, delivers the squadron battle colors during a change of command ceremony at Marine Corps Air Station Kaneohe Bay, Hawaii, Wednesday. After performing duties as HMH-363's commanding officer since March 2009, Dobes relinquished command to Revor, who was previously assigned to the headquarters of Marine Aircraft Group 24. Prior to filling several duties at MAG-24, Revor served as the operations officer and executive officer for HMH-363.

CLB-3 celebrates USMC birthday in Afghanistan

Cpl. Danny Woodall

1st Marine Logistics Group (Forward)

CAMP DWYER, Afghanistan — Marines and sailors of Combat Logistics Battalion 3, 1st Marine Logistics Group (Forward), gathered together Nov. 10 to celebrate 235 years of Marine Corps history and tradition.

Six weeks after arriving here to conduct operations in support of the NATO International Security Assistance Force, CLB-3 personnel temporarily paused to celebrate the 235th Marine Corps birthday with a traditional cake cutting ceremony.

The ceremony brought together hundreds of CLB-3 personnel composing the battalion's five companies.

During the ceremony, as is custom, the first piece of the cake was presented to the guest of honor, CLB-3's commanding officer, Lt. Col. Henry W. Lutz III. The next two pieces of the cake went to the youngest and oldest Marines present, symbolizing the passing of the Marine Corps' illustrious history from one generation to the next.

Following the ceremony, CLB-3's personnel continued to carry on the legacy of those who went before them by supporting operations here in Afghanistan's Helmand province.



Cpl. Danny Woodall | 1st Marine Logistics Group (Forward)

Sgt. Arthur F. Rodriguez, intelligence analyst, Combat Logistics Battalion 3, 1st Marine Logistics Group (Forward), reads Lt. Gen. John A. Lejeune's birthday message during a ceremony aboard Camp Dwyer, Afghanistan celebrating the 235th Marine Corps birthday, Nov. 10.

AROUND THE CORPS

Your weekly guide to what's happening around the Corps

This week's top story

East Coast



Sgt. Kuande Hall | Headquarters Marine Corps

Commandant, sergeant major lead run

ARLINGTON, Va. — More than 400 Marines celebrated the Marine Corps' 235th birthday by participating in the Headquarters Marine Corps annual birthday run through Arlington, Va., Nov. 10.

Gen. James F. Amos, commandant of the Marine Corps and Sgt. Maj. Carlton W. Kent, sergeant major of the Marine Corps, led the honorary formation run to the Marine Corps War Memorial where Amos spoke to the Marines.

The commandant enlightened the Marines with tales of heroism during the Korean War and explained how, even in war, Marines will always remember their heritage.

See <http://www.marines.mil>

West Coast



Lance Cpl. Michael Nerl | Marine Corps Air Ground Combat Center, Twentynine Palms

Triathlon team trains in open desert

MARINE CORPS AIR GROUND COMBAT CENTER, TWENTYNINE PALMS, CALIF. — The Combat Center's triathlon team trains hard to meet their goals in their difficult sports of choice, to include weekly 25-mile rides on Wednesdays, and further training when their units' schedules allow — including time in the desert.

The club and others still in the works, will hopefully provide more Marines with the chance to participate in marathons, triathlons and other grueling sports, said Don Tolbert, the co-captain of the team and a native of Canton, Ohio.

See <http://www.dvidshub.net>

Overseas



Cpl. Alicia R. Giron | Special-Purpose Marine Air-Ground Task Force Continuing Promise

Continuing Promise sails home

ATLANTIC OCEAN, USS Iwo Jima — After four months of providing humanitarian assistance to eight countries in the Caribbean, Central and South America, Marines and sailors with Special-Purpose Marine Air-Ground Task Force Continuing Promise 2010 steamed through the Atlantic waters making way home, Nov. 13.

Marines and sailors stepped foot on Haiti, Colombia, Costa Rica, Guatemala, Nicaragua, Panama, Guyana and Suriname assisting Navy, Army and Air Force personnel at medical, dental, veterinary, engineering and community relations sites throughout the entirety of the four-month deployment.

See <http://www.marines.mil>



Staff Sgt. James McCrohan | 2nd Marine Division

Members of the Afghan Uniformed Police, who comprise the Musa Qal'eh commando police unit, stand in formation as Commander Abdul Koka, the Musa Qal'eh District chief of police, looks on, at the AUP compound in Musa Qal'eh, Oct. 31.

Afghan Uniformed Police stand up commando unit

Lance Cpl. Joshua Hines

Regimental Combat Team 2

MUSA QAL'EH, Helmand province, Afghanistan — There is a new force emerging in the Afghan Uniformed Police ready to take the fight to the enemy in a brand new way: The Musa Qal'eh Commando Police. This elite unit is trained to deal with high-priority targets and act as a quick-reaction force here in Musa Qal'eh.

The recently established 14-man unit is the first of its kind; trained in special weapons and tactics, used to raid compounds and detain targets. The unit is in its beginning stages and still undergoing training with the help of the Police Advisory Team provided

by 1st Battalion, 8th Marines, Regimental Combat Team 2.

"We're teaching the commandos tactics used for close-quarter battles in an urban setting, clearing rooms in two and four-man teams, as well as breaching and entering techniques specifically for raids," said Sgt. Jared R. Damaske, team chief of Police Advisory Team 1.

The commando's 14 members were each hand picked by the Musa Qal'eh district chief of police, Cmdr. Abdul Wali Koka, regarding them as his best men.

"We've been very impressed with the unit's members' ability to learn and use the tactics we've shown them. They're all very experienced and have been fighting the Taliban for a long time. Koka definitely chose the right men for the job," said Capt. Marc Bullock, officer in charge of PAT 2.

See <http://www.dvidshub.net>

Top story from the front



Sgt. Dean Davis | Regimental Combat Team 2

Maj. Alexander Tugushi, commanding officer of the Georgian Army's 31st Battalion, transfers the Georgian flag to Maj. Phridoni Tereladze, commanding officer of the 32nd Battalion. The handing over symbolizes the mission the 32nd Battalion will now take on.

Georgian soldiers hand over mission, help secure Afghanistan

Sgt. Dean Davis

Regimental Combat Team 2

FORWARD OPERATING BASE DELARAM II, Afghanistan — For the last six months, Georgian soldiers of the 31st Battalion have worked alongside Afghan National Army soldiers and U.S. Marines in southern Afghanistan to eliminate the Taliban and bring security to the Afghan people.

During a ceremony Nov. 10, Marines and Afghan soldiers said farewell to the 31st, who helped bring about the changes Nimruz and Helmand provinces have seen, and welcomed Georgia's 32nd Battalion to continue that mission.

"Throughout their areas of operation, the 31st

made measureable progress in all lines of operation, improving security, shaping local populace perception, and furthering the development of Afghan National Security Forces and local governance," said U.S. Marine Maj. Craig Wolfenbarger, officer in charge of the Georgian Liaison Team, partnered with the 31st Georgian Bn.

Over the course of their six months here, the 31st Bn., successfully integrated with Regimental Combat Team 2, and were employed in the same manner as a U.S. Marine battalion. They not only protected locals from the Taliban, but also worked to set the conditions for transferring their areas of operation to Afghan forces, explained Maj. Alexander Tugushi, commanding officer of the 31st.

"The Afghan National Army proved that their skills will be a foundation for providing peace to the Afghan people," Tugushi said.

See <http://www.marines.mil>



Kristen Wong | Hawaii Marine

Marines stand at attention with the traditional Marine Corps birthday cake Nov. 10. Sgt. Maj. James Sutton, base sergeant major, the oldest Marine present this year, was presented a piece of cake during the ceremony. Pfc. Blanquivett Cuz, food service specialist, Headquarters Battalion, was the youngest present Marine this year and by tradition also received a piece of cake.



Christine Cabalo | Hawaii Marine

Dressed in World War II uniforms, participants recreate the Marine Corps flag planting photograph at the Battle of Iwo Jima during the birthday pageant Nov. 10. Marines from several historical periods were represented, with many participants carrying antique weapons. The uniforms are from each major conflict America has been in. The weapons used were donated by the local community.

Happy 235th

Birthday USMC

“For 235 years, at sea and ashore, Marines have succeeded in every clime and place ... where hardship and adversity have often been the common thread. Today, in the rugged mountains and valleys of Afghanistan — and recently in earthquake-damaged Haiti ... in flood-ravaged Pakistan ... or off the coast of Africa — we continue to protect our Nation, just as we did 60 years ago in Korea.”



Sgt. Brian A. Tutthill | Hawaii Marine

Sgt. Tien Vo, supply clerk, Headquarters and Service Battalion, Camp H.M. Smith, prepares to fire a black powder cap from a period rifle during the birthday pageant Nov. 10. The pageant was held to celebrate the Marine Corps' 235th birthday, and featured more than 30 Marine and Navy actors in uniforms from different time periods.



Sgt. Brian A. Tutthill | Hawaii Marine

A Marine stands next to a birthday cake used for the traditional cutting of and passing from oldest to youngest Marines present. This event concluded a Marine Corps uniform pageant, Nov. 10.

“So it's true, freedom is not free but the United States Marine Corps will pay most of your share.”

- Barack Obama, president of the United States



Lance Cpl. Reece E. Lodder | Hawaii Marine

Aboard the Battleship Missouri Memorial in Pearl Harbor, Capt. Andrew Duncan, adjutant, 3rd Marine Regiment, recites Lt. Gen. John A. Lejeune's birthday message during 3rd Marines' birthday ball Nov. 12. The infantry regiment, one of the U.S. military's most deployed units in recent conflicts, celebrated the Marine Corps' 235th birthday aboard the storied battleship.

- Gen. James Amos, commandant, United States Marine Corps

Heavy equipment mechanics repair, return vehicles to warfighters in Afghanistan

Cpl. Danny Woodall

1st Marine Logistics Group

CAMP DWYER, Afghanistan

— Whether they're plowing roads, transporting cargo or towing gear, heavy equipment vehicles serve a variety of purposes in Afghanistan. However, given the austere conditions and frequency of use, these vehicles require a lot of maintenance. Because of this seemingly endless workload, military and civilian mechanics serving in deployed environments have a high operational tempo.

The 10 heavy equipment mechanics with Support Company, Combat Logistics Battalion 3, 1st Marine Logistics Group (Forward), provide maintenance support to their battalion as well as several units within Regimental Combat Team 1, located throughout Afghanistan's Helmand province. Since arriving here last month, the Marines of CLB-3's heavy equipment section have already repaired nearly 20 heavy equipment vehicles.



Staff Sgt. Tony Robinson (left), 30, engineer maintenance chief, Support Company, CLB-3, 1st MLG (Forward), removes a tire Nov. 5.

According to Staff Sgt. Tony Robinson, 30, engineer maintenance chief, Support Company, CLB-3, their mission is to provide maintenance support to all vehicles classified as "heavy equipment." These vehicles include cranes, forklifts and terrain-altering vehicles.

"Basically, it's the operator's job to work with the gear and the mechanic's job to repair it and send it back out," said the Jacksonville, Fla., native. "Every day is different because the work always changes. We work the gear, not the clock — meaning we don't have an established, day-to-day work schedule. [Heavy equipment mechanics] troubleshoot a piece of gear until the mission gets accomplished."

In order to accommodate their demanding schedule, Support Company mechanics provide and receive assistance from other sections within their battalion.

When a logistics vehicle requires maintenance, the mechanics will often offer the operator guidance to reduce mechanical problems in addition to making the required repairs. Likewise, mechanics may

on occasion receive assistance in the form of replacement parts fabricated by Marine machinists.

According to Sgt. Sean M. Smith, 24, floor chief, Support Company, Combat Logistics Regiment 15 (Forward), 1st MLG (FWD), the maintenance element often works with CLB-3's Engineer and Motor Transport companies to expedite and improve the maintenance process.

"[Vehicle] operators and the mechanic community work together to get the gear back to the fight as fast as possible,"

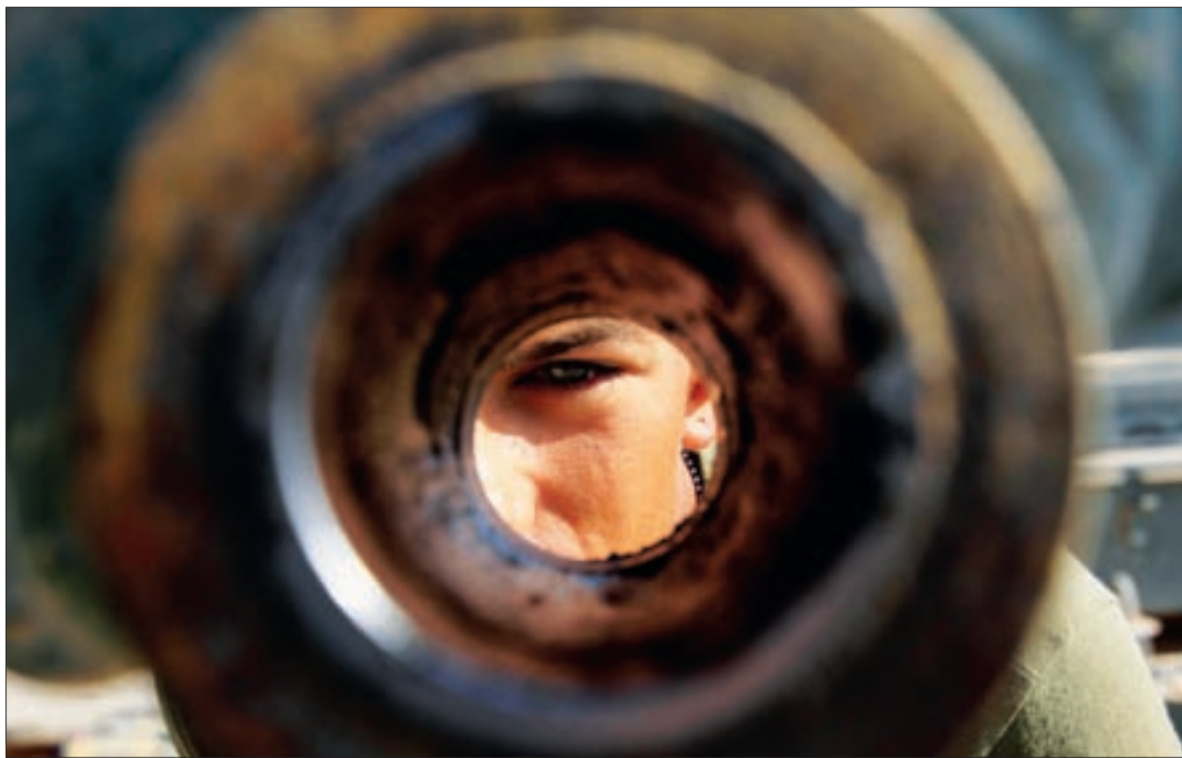
said the Wichita, Kan., native. "We work long hours to ensure this battalion has [functioning] gear.

"The Marines of [the heavy equipment section] who are here almost straight from [their military occupational schools] have the confidence of someone who has been doing this for years," Smith continued. "Their ability to absorb knowledge and eagerness to learn blows me away."

Despite varying levels of experience, the heavy equipment mechanics always find a way to accomplish

their mission due to their leadership and their ability to adapt to different missions. Serving on his first combat deployment, Lance Cpl. Steven Stolz, 19, engineer equipment mechanic, Support Company, CLB-3, believes his job is both necessary and fulfilling.

"[Receiving], repairing and sending back the vehicles is a great feeling," said the Ottawa, Ill. native. "We not only fix current problems on the vehicles, but also prevent future issues. We work long hours [to get the job done], and I love working here."



Cpl. Danny Woodall | 1st Marine Logistics Group (Forward)

Lance Cpl. Steven Stolz, 19, engineer equipment mechanic, Support Company, Combat Logistics Battalion 3, 1st Marine Logistics Group (Forward), inspects a piece of equipment for cleanliness on a heavy equipment vehicle known as a Backhoe Loader Nov. 5.

PILOTS, from A-1

When Dealer 54's final flight ended in tragedy, the Marines they were providing close-air support for ceased their operation and ran nearly four miles in the desert's summer heat to recover the downed pilots.

"What truly humbles me is how the roles shifted from a supporting role, to now these fallen Marines are the supported," said Lt. Col. Michael A. Moore, the commanding officer of HMLA-369, to the Marines in attendance, many of whom were there the day of the crash. "To help secure our fallen warriors and get them back home to the states - to their loved ones. I can't tell you how much that means to me personally and to their families."



Photos by Sgt. Mark Fayloga | Regimental Combat Team 1

Lt. Col. Jeffrey C. Holt, commanding officer of 3rd Battalion, 3rd Marine Regiment, and Lt. Col. Michael A. Moore, commanding officer of Marine Light Attack Helicopter Squadron 369, place the memorial plaque for pilots Lt. Col. Mario D. Carazo and Maj. James M. Weis, on Forward Operating Base Geronimo's wall of the fallen Nov. 7.



Moore and Sgt. Maj. Douglas E. Berry, sergeant major of HMLA-369, honor Carazo and Weis, during a plaque dedication ceremony Nov. 7.

SAFETY, from A-1

The Motorcycle Regulations intend for all riders to be trained in the appropriate follow-on safety course within 120 days after completing BRC. As refresher training, riders must complete one of the MSF courses every three years.

The knowledge gained in these courses goes hand-in-hand with the wearing of personal protective equipment. Base Order 5100.22A states proper PPE is required for all motorcycle riders and passengers on base. Additionally, military personnel must wear PPE when operating or riding a motorcycle off base, on and off road, in both uniform and civilian attire.

While specific standards are outlined in the order, PPE includes a protective helmet, goggles or full face shield, hard-soled footwear, long-sleeved shirt or jacket, long-legged trousers, and motorcycle gloves. In addition to required safety classes and PPE, Track Day classes can set riders up for success on the road. According to the course description, the controlled, risk-mitigated track event allows riders to develop or refine motorcycle-handling skills by pushing themselves and their motorcycles to physical and mechanical limits not possible under any other current on-base training conditions.

"Track Days help riders learn all the facets of handling a motorcycle," Patnode said. "The classes show riders their flaws and give them the training to revert back to. They pay huge dividends in rider safety."

The next Track Day classes will be held on base, Jan. 19 and 20. Morning and afternoon sessions will be offered both days, with spaces available on a first-come, first-served basis. Participants may register with Base Safety in Building 279, or by calling 257-1830.

DEPLOY, from A-1

The group will be relieving 3rd Battalion, 3rd Marines, who are stationed in Afghanistan's Helmand province. The two battalions will be together long enough to turn over jobs before the rest of 3/3 returns to K-Bay. The Island Warriors deploy just one year after holding a memorial to the battalion's nine Marines and one Navy corpsman killed in action in 2009.

The risks of combat and the length of separation weigh in the minds of family members, including Lance Cpl. Lanny Dobbs, rifleman, Weapons Co., and his wife. The two are middle-school sweethearts, who met in woodshop. It will be the couple's first deployment and the longest time they've been apart, said Dobbs, from Lake Stevens, Wa. But the two have handled storms together, including the February 2010 tsunami scare in Hawaii.

"We were married on 'Tsunami Saturday,'" he said. "We even have matching tattoos that say, 'Never Forget.'"

Dobbs' wife said she was proud of her husband and plans to stay connected through web chats. Dobbs looks forward to helping the Afghan police and soldiers become self-sufficient before coming back to K-Bay safely.

Others leave behind their spouses and children, including Weapons Co. Cpls. Dustin Lee, Tube-launched Optically-tracked Wire-guided gunner, and Eric Williams, mortarman. While each have deployed before, both say it's always difficult leaving behind family. The two leave behind infant sons, but focus on the tasks ahead of them.

"I want to do my mission and come home safe," said Williams, from Mullins, S.C. "I want to keep my Marines safe."

Sports & Health



Cpl. Colby W. Brown | Hawaii Marine

Joshua Prescott, Marine Aviation Group 24 Bandits running back points to a Headquarters and Service Battalion Warriors defender who needs to be blocked at an Intramural Tackle Football League playoff game at Pop Warner field Tuesday. The Bandits lost 12-6.

Warriors win, set to play championship

Cpl. Colby W. Brown
Combat Correspondent

Headquarters and Service Battalion Warriors eliminated Marine Aviation Group 24 Bandits, 12-6, in an Intramural Tackle Football League playoff game at Pop Warner field Tuesday.

The Warriors churned the field, pounding the Bandits' defense with running plays and moving on to championship game. The Bandits ended their season with a record of 5-5.

"Our game plan tonight was just to play as a team and keep our composure," said Steven Swaby, Warriors running back. "Running the ball and gaining yardage every play gave our team the motivation that we

needed. The line played great, they did their job well."

Playing the ground game from the start, the Warriors received first kick-off and moved the ball the length of the field. The first touchdown was scored eight minutes in to first quarter. The Warriors failed the two-point conversion and to the Bandits.

Having a different strategy with a spread formation on offense, the Bandits took flight with the ball. They completed back-to-back passes and mixed it up with quarterback sneaks. The strategy proved successful as they scored with three minutes left in the first. The two-point conversion was incomplete and left the score tied, 6-6.

See FOOTBALL, B-2

Firefighters hike upcoming Marathon, benefits wounded warriors

Lance Cpl.
Reece E. Lodder
Combat Correspondent

At last December's Honolulu Marathon, a group of five Marines stood out among the throng of T-shirt and running shorts-clad competitors. Wearing boots, woodland utility trousers, and weighed down by flak jackets and 60 pound packs, these five Marines from Aircraft Rescue Firefighting, Marine Corps Air Station Kaneohe Bay, were not there to simply complete the 26.3-mile course.

Their uniforms and a green donation box signified a mission greater than themselves — honoring and raising money for their brothers- and sisters-in-arms at Wounded Warrior Battalion West, Detachment Hawaii. It's a mission they'll take up again next month.

"We wanted to stand out among the other runners so everyone watching would know we were running for the wounded Marines and sailors," said Sgt. Fernando Camacho, assistant section leader, ARFF. "Being that we're here and they're serving overseas, we're doing our part to raise some money and make sure they're taken care of."

After raising \$4,700 for the detachment last year, they are hoping to more than double their donation to \$10,000 for this year's race Dec. 12, said Cpl. Nathan Whitaker, rescue man, ARFF, of Burlington, Iowa.

Many of the ARFF Marines have friends or members of their home communities who have been injured during combat operations, so participating in the race and raising money

for the wounded warriors carries a deeper, more personal significance.

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for the wounded warriors carries a deeper, more personal significance.

"Marines take care of their own, and that's what we're doing by running the marathon,"

- Cpl. Brandon Cox,
Aircraft Rescue Firefighter crew chief

for the wounded warriors carries a deeper, more personal significance.

"Marines take care of

The account is under the name "Wounded Warrior Fund," and 100 percent of the funds will be donated to WWD, HI. Funds may also be dropped off at ARFF, Building 1168, near the flight line.

To schedule a unit brief or for more information, contact Whitaker or Camacho at 257-3212.

So long, smoke, kiss my ash

Tobacco cessation resources available on and off base

Kristen Wong
Photojournalist

Gunnery Sgt. Kevin McCormick is quitting.

After three years of chewing tobacco, the engineer maintenance chief for Combat Logistics Battalion 3 has given himself until Dec. 1 to quit. To do that, the 33-year-old has been attending tobacco cessation classes since Nov. 2.

"It's going to be a tough road," McCormick said. "I think it'll be worth it in the long run."

McCormick joins many others across the nation

the first day of their smoke free life. Even though the day has passed, quitting tobacco can be a year-round opportunity.

According to 2008 Department of Defense's Survey of Health-Related Behavior Among Active Duty Military Personnel, Marines rank highest in tobacco use, with 37.4 percent smoking and 21.5 percent using smokeless tobacco products.

This week, Health Promotions coordinator Dan Dufrene reached out to service members with educational materials at Anderson Hall Dining Facility promoting the campaign.

For people trying to quit, service members, retirees and dependents are eligible to take tobacco cessation courses through Naval Health Clinic Hawaii.

Classes are held on Tuesday here from 10 a.m. to noon, and Wednesday at the Makalapa clinic from 10 a.m. to noon.

Participants attend four sessions, starting at the beginning of each month.

There, McCormick said participants can find a support group, meeting other people who are going through the same experience.

"A lot of people do want to quit," Dufrene said. "[For] many people it takes several times."

Dufrene said stress could potentially lead people to take up smoking again after they've quit.

Valerie Smalley, a tobacco quit coach supervisor for the Hawaii Tobacco Quitline, adds that the physical addiction also contributes to people taking up smoking or chewing again.

"It's important to know that quitting is a process," Smalley



Stock Photo

Tobacco Quitline has offered support for people who are trying to quit smoking. To date, the program, operated by Free and Clear, Inc., has had approximately 15,000 callers, and a quit rate of 30 percent. Smalley said the largest volume of calls comes during the month of January.

"New Year's is definitely the most popular [time to call the quitline]," said Pedro Haro, Hawaii Tobacco Quitline spokesperson.

Callers are paired with a quit coach. Smalley said each quit coach is required to have a bachelor's degree in counseling and undergo two months of training prior to working with the quitline.

said. "As quit coaches we can look at what they have tried in the past to prepare them for this next quit attempt."

Since 2005, the Hawaii

See SMOKE, B-4

The Playoffs

FOOTBALL, from B-1

"Honestly, we came out strong on offense and the defense held their ground. It was easy, but the Warriors played a good game," said Sterling Ransom, Bandits quarterback. "In the second half, they made some good adjustments and, unfortunately, penalties walked them down the field for their score."

The Warriors returned the kick to the 30-yard line and played out the rest of the quarter with possession. Starting the second quarter with a third down and long, the Warriors failed to convert and gave up the ball with a punt.

The Bandits' offense entered the gridiron with all guns firing, marching down the field. With a lofted pass to the right corner of the end zone, the Bandits scored again. But a penalty call brought the point back to the 37-yard line. The Warriors' defense made up for lost ground, stopping the Bandits and getting the ball back.

Continuing the ground and pound offensive strategy the Warriors failed to gain a first down. They punted the ball with a little more than four minutes left in the half.

Starting at their 20-yard line, the Bandits took to the air again, but with less success than previous outings. Rushed and scrambling Ransom, the Bandits quarterback, was stopped short of a first down on a quarterback sneak. The Warriors gained possession with a turnover on downs.

"We're a tight unit, we play together and push ourselves in practice, but it just wasn't in our favor tonight," Ransom said.

With one minute left in the half, the Bandits intercepted one of the few passes the Warriors let fly. It was caught in the end zone and the Bandits started at their 20. The Warriors' defense proved to be tough again, intercepting the ball with 10 seconds left in the half.

A Warriors' timeout stopped the clock with five seconds left. They came out of the huddle with a plan, passing to the tightend who immediately looked behind for the lateral. The sneak play failed and ended the first half.

The Warriors started the second half by kicking the ball to the Bandits and containing them to three plays and a punt. The Warriors' receiver muffed the punt and they started at

their 10-yard line.

Going three and out, the Warriors lined up to punt the ball back to the Bandits. The punter fumbled the snap and ran for the first. He came up short, but a helmet-to-helmet contact penalty helped him get the needed yardage.

With a fresh set of downs the Warriors shot themselves in the foot with consecutive penalties making it a third and long scenario. Their run play was stuffed, giving them a fourth and long. They went for it trying a pass play, but instead of passing the quarterback scrambled gaining another first down.

"The Bandits are a lights out team. Nobody can beat the Bandits except for the Bandits, and the showed evidently tonight," Ransom said.

Another Bandits' penalty gained positive yardage for the Warriors setting them up outside the red zone with a first down. The Warriors went to the air again and completed a 20-yard pass putting them at a first and goal. The pigskin flew again and the Warriors scored. The two-point conversion was failed leaving the score 12-6.

"The scoreboard doesn't reflect how the game went tonight," Ransom said.

An onside kick with one minute and thirty seconds left in the third quarter set the Bandits up with good field position. The Bandits retained possession through the quarter. They started with a fourth down and short, sending the quarterback again with a sneak. He gained the first but the Bandits turned the ball over on downs after failing to gain any more yardage.

Possession of the ball exchanged several times, widdling the fourth quarter down to a couple minutes. The Bandits gained their last possession with a minute left in the game. They began at the Warriors 13-yard line starting with a run and then going to the air. A holding penalty was called and the Bandits were sent back to the 20. They went to the air and failed to complete, turning over the ball on downs.

The Warriors took possession. With a kneel, the Bandits' season ended and the Warriors' spot in the Championship game was secured.

"We are going to work on our unity as a team during practice and just practice, practice, practice," Swaby said. "We're winning the championship this year. We are going to take the ship."



Steven Swaby, Warriors running back, attempts to catch a pass Tuesday.



Jason Gates, Warriors tight end, hands the ball to a referee after scoring a touchdown Tuesday.



Sterling Ransom, Bandits quarterback, laterals the ball to a fellow Bandit Tuesday.



Photos by Cpl. Colby W. Brown | Hawaii Marine

Sterling Ransom, Marine Aviation Group 24 Bandits quarterback, sneaks through a gap in the line at an Intramural Tackle Football League playoff game at Pop Warner field Tuesday. The Bandits lost to the Headquarters and Service Battalion Warriors, 12-6.

SPOTLIGHT ON SPORTS

Sports and Health Events

Commander's Fitness Series Event: Turkey Trot

Get ready for the holidays by going on a little run tomorrow. This 10K race takes place on scenic K-Bay starting at 7 a.m. at Pop Warner field.

To register for events in the Commander's Fitness Series visit the Semper Fit Center or go to the MCCS website at <http://www.mccshawaii.com/cgfit.htm>.

For more information about the events, call Tina Lui at 254-7590.

Pro Bowl Ticket Sale Kick-Off

Information, Tickets & Tours will open early for the sale of Pro Bowl 2011 tickets tomorrow at 8 a.m. Sideline and endzone seats will be available. There is a limit of four tickets per customer.

For more information, call ITT at 254-7563.

Single Marine and Sailor Program Surf Lessons

Hit the waves Sunday at White Plains Beach from 9:30 a.m. to 3 p.m. Fee includes board rental, transportation from Kahuna's and barbecue. This is open to single or unaccompanied E5 and below.

For more information, call Neil Morgan or Karley Peterson at 254-7593.

Turkey Burnoff Aerobathon

Drop by the Semper Fit Center on Nov. 26 from 8:30 to 12:30 p.m. Bring in a new toy for Toys for Tots and join in on a four-hour series of aerobics classes. The more classes you participate in, the more entries you receive into prize drawings.

For more information, call Jon Shiota or Beckie Page at 254-7597.

Intramural Turkey Shoot Golf Tournament

Get into the swing at the Klipper Golf Course Nov. 29. This tourney is open to active duty, Department of Defense civilians, retirees and

dependents. Check in is 10:15 a.m. First tee time is at 11:03 a.m. Fees apply.

For more information, call Joe Au, 254-7591.

Nutrition Class Focusing on Weight Control

On Dec. 2, Tripler Army Medical Center dietician Capt. Joy Metevier will conduct a nutrition class providing nutrition basics and weight loss techniques. The free class will be held in the base chapel conference room from 11:30 a.m. to 12:30 p.m.

It will clear up faulty ideas about weight loss and supplements and make sure that people are using the safest and most effective techniques for weight loss.

It's open to Marines and sailors in the Body Composition Program, and anyone else interested in weight control. Additional date is Dec. 9.

For more information, contact Neil Morgan or Dan Dufrene at 254-7636.

Nutrition Class Focusing on Performance and Supplements

On Dec. 16, Tripler Army Medical Center dietician Capt. Joy Metevier will conduct a class providing information on performance and supplements. The free class will be held in the base chapel conference room from 11:30 a.m. to 12:30 p.m.

It will clear up faulty ideas about weight loss and supplements, and ensure people are using the safest and most effective techniques for performance training. It's open to all active duty, retirees, family members and Department of Defense employees. Another class is Dec. 16.

For more information, contact Neil Morgan or Dan Dufrene at 254-7636.

Satellite Fitness Centers

Satellite Fitness Centers are located in Building 1033 and the Flightline Mini Gym, Building 301. Free weights and weight machines are available for use at these locations.

Hours vary due to operational commitments. Call 254-7594 for more information.

Semper Fit Group Classes

Step

This is a tried and true classic. Fads come and go, but step endures all. This fundamental class focuses on getting a great workout on the steps with basic choreography — nothing fancy — just hard work and a ton of sweat.

Step Challenge

To step it up even more. This class is for the seasoned stepper or for those just looking for a challenge. This class is a full hour of fun and challenging choreography.

TRX Training

Are you up for the challenge? The TRX Suspension Trainer helps build power, strength, core stability and flexibility all at the intensity you choose. Perform hundreds of exercises using this "powerhouse" piece of equipment. Come give it a try.

Water Aerobics

This non-impact workout is excellent for cardiovascular conditioning, flexibility and strengthening. Aqua training is a terrific way to gain fitness without the stresses of gravity experienced in land-based training.

Zumba

This is a Latin inspired, dance-fitness class incorporating international music and dance movements. It includes a combination of fast and slow rhythms, that tone and sculpt. The class integrates aerobic, interval and resistance training. Dancers and non-dancers will have a blast while getting an incredible workout!

Zumba Gold

Designed for the "active adult population, true beginner (deconditioned)" participant. Class rhythms includes belly dancing, hora, tango and all Latin moves. Great preparation for a Zumba basic class.

Boot Camp

This class is an extremely intense cardio workout with a tough strengthening portion that is sometimes held in the basketball court for a more intense workout.

Cardio Kick

If you're trying to get rid of pent up frustration or just looking for an awesome workout, this is the class for you! This high-energy class incorporates punches and kick combos to improve endurance, speed and agility, while burning calories and increasing muscle tone.

Normal hours of operation:

Monday-Friday, 4:30 a.m. - 10:30 p.m.

Saturday, 7 a.m. - 10 p.m.

Sunday and holidays, 7 a.m. - 6 p.m.

For more information on Marine Corps Base Hawaii sports and fitness programs, visit <http://www.mccshawaii.com/semper.htm>

Children of deployed service members more likely to seek mental health care

Elaine Wilson

American Forces Press Service

Young children from military families are more likely to seek mental and behavioral health care when a parent is deployed than when a parent is at home, a military study has concluded.

Findings also show that children of married couples — with the father as the service member — are more likely to seek care than children with a married military mother or with a single service member parent, said lead researcher Cmdr. Gregory H. Gorman, a staff pediatrician with the Uniformed Services University of the Health Sciences.

The study, which included more than a half million children from active duty families, will be published in the December issue of the journal “Pediatrics” and was posted on the journal’s website Nov. 8.

From fiscal year 2006 to 2007, a team of researchers examined the records of more than 642,000 military beneficiaries ages 3 to 8. They looked at all outpatient visits — whether to military or civilian facilities — billed to Tricare, the military’s health care system. They then matched those records up with parents’ deployment records.

Compared to a baseline of care established prior to deployment, researchers found that military children are 11 percent more likely to seek care for behavioral and mental health issues during deployments than when the

parent is at home, Gorman said.

Gorman said he broke issues down into three categories: anxiety disorders; pediatric behavioral disorders, such as attention deficit disorder; and stress disorders, which include post-traumatic stress disorder and other types of stress reactions. The study indicated an overall rate increase of 15 to 19 percent within these categories, with rates of anxiety and stress disorders showing the highest increases.

The findings substantiate what the military community has anecdotally known for a long time: deployments affect children. However, Gorman said, “It’s the first time ... we’ve quantified how it really affects children and how it affects the military community as a whole.”

The findings are particularly significant when set against the backdrop of an overall decrease in medical visits for issues such as colds or routine care, Gorman said. The study indicated a 10 to 11 percent drop in visits for physical ailments while a parent was deployed, he explained.

The drop in medical treatment makes sense, Gorman said, since the spouse is acting as a single parent.

“They’re juggling a lot more responsibility, so perhaps the threshold for bringing a child in for a doctor’s visit may change,” he said. They may defer on routine visits, for example, until the parent returns from deployment, he said.

Researchers also found distinctions based on a child’s age and a parent’s gender, and they noted a gradual

increase in care-seeking rates as children increased in age.

Gorman attributes this to older children’s wider array of emotional and behavioral responses. However, children’s gender didn’t seem to play a significant role, he said, with girls and boys experiencing the same impacts.

However, gender did play a role among parents. Researchers found that when the caregiver back home was the mother, the mental health visit rates increased. However, if the caregiver was the father, less of an increase was seen, Gorman said. He also noted an increase in care for children of married service members, as opposed to those of single service members.

Gorman chalked up these distinctions to recognition. Mothers typically are the primary caregivers, and may be more in tune with a child’s behavioral and mental health needs than the father, he explained. And, during a deployment, a child of a single service member may go to live with an extended family member or close family friend, who may not be as aware of the child’s behavioral norms, so is less likely to recognize variations, he added.

“We probably underestimated [the increase] in those populations,” Gorman said.

Gorman said he hopes the study will go a long way in helping to identify issues among military children and how to better address them, particularly among civilian providers.

The study examined 6.5 million outpatient visits, of which two-thirds

were with civilian doctors, he said. Many civilian providers may not be aware of the unique stressors military children face or the resources available to help them, he added.

“Hopefully, this will help to inform civilian pediatric providers,” he said. “They also need to be aware of the resources that they can call on for these families.”

Gorman also said he sees a positive application among military providers. While the military has made great progress in addressing military children’s issues with deployment-cycle training and resources such as Military OneSource, the study can help in targeting training efforts for providers, specifically in the areas of recognition and prevention efforts for children, he said.

He’d also like to see targeted interventions in the future, such as for children of female service members, he said, as well as studies specifically aimed at children of the Guard and Reserve and teenagers. He also called for a closer look at individual diagnoses, such as attention deficit disorder.

Overall, studies like this one add to the discussion of how the nation wages war, Gorman said.

“It’s very important to take care of military beneficiaries,” he said. “It adds as much to preserving the fighting force as providing bullets and beans to the front lines.”

It’s also the right thing to do, he said.

“These are people we are sworn to take care of,” he said, “and we need to find exactly what they need.”

SMOKE, from B-1

Quit coaches only make three follow-up calls, but participants can call in as many times as desired, and can request the quit coach they’ve previously worked with.

If the quit coach determines that nicotine gum and patches are right for the caller, the quitline provides them at no cost. Callers who enroll with the quitline also gain access to an online web coach

with additional tools.

Haro said friends, family and healthcare providers are welcome to call the quitline as well if they want to learn tips to help someone they know.

For more information about the tobacco quitline, visit <http://www.clearthesmoke.org>. Call the tobacco quitline at 1-800-QUIT-NOW (1-800-784-8669), which is available from 3 a.m. to 9 p.m. To enroll in a tobacco cessation class, call 473-1880, ext. 2282.

It's A Good Time

Sgt. Scott Whittington

Combat Correspondent

I came to terms a long time ago that I'd never be a National Football League player. In my yard, however, I'm the king. Why, just the other day I threw nine touchdown passes and zero interceptions against a section that will remain nameless. They only scored once and that was on the last kickoff.

I can't play at the professional level, but the next best thing is watching it on television. Fantasy Football is just another way a regular football fan can enjoy the games and follow other teams and players other than just their favorites. Yes, they are just looking at their players' stats, but who really cares. Before, they didn't even care how the New York Jet's defense held up or how many yards Clinton Portis achieved.

I think the word "fantasy" should be replaced. It's not make-believe; it's another way of saying "this is my dream team – the best players I could put together." It's not that I'm fantasizing that I'm a NFL head coach. I know I'm not. I haven't lost touch with reality, but I enjoy a good time.

I once heard a comedian say fantasy football is Dungeons and Dragons for jocks. That's an accurate statement. There's some thought that goes into which player you select to play this week depending on the opponent, the weather, the turf and last week's injuries. It's interactive and it forces the "player" to follow the week-to-week action. It's avenue for people to connect in a sports-loving environment. People who play fantasy football love football. Why are we picking on them? I think we've grown past all that. Really, if you're saying mean things about them, maybe you're feeling sad about your own accomplishments. Play some more "Madden" and make those repressed memories fade away.

There are haters out there who believe fantasy football is for losers. To those people who really believe that, I would like to say something that can't be printed here. I seriously doubt they could tell you which team scored 55 points in a Super Bowl or what team won the first two Super Bowls. So honestly do I care what they think ... nope.

But if you've really got something to say, I'm all ears, but I seriously doubt you'd respond with something intelligible. Maybe if you take a break from "World of Warcraft" and realize there's a real world outside. I'm guessing though if you play WOW, you're probably not reading this and your father didn't teach you how to throw a ball. It's O.K. I'm not making fun of your wasted life in fantasy land. Just don't knock ours.

There's an estimated 18 million people who play fantasy football and I'm proud to say I'm one of them. My "team" even played for the championship last year. It's just a dumb little trophy, but it signifies the end of the football season and a group of people who just had fun watching.



Fantasy Football

VS is a recurring column tackling debatable issues in the sports world. Hawaii Marine readers can submit a subject for future columns by e-mailing their ideas to hmeditor@hawaiimarine.com. If there's a topic you would like to discuss/defend or if you think we missed the mark, let us know and you could see your "opinion," regardless of how wrong it is featured below. Suit up, ladies ... it's game time.



WHITTINGTON



LODDER

Before you make your decision, have some personal pride and ask yourself if you want this. If you choose to join one of these leagues, let the degradation begin.

Fantasy FAILball

Lance Cpl. Reece E. Lodder

Combat Correspondent

Warriors of the gridiron, beware. The gross insurgence of fantasy football is weakening America's love for one of its greatest pastimes.

The NFL's hard-nosed, sultans of the soil get bruised and bloodied on the field every week, but their hard work is being reduced to mere numbers. And by nerds in denial — men-children finding satisfaction in surpassing their obnoxious co-workers in an online game.

Fantasy football is a poor excuse for grown men to revert to their childhood. It is a geeky game played on the computer that does not even rate to be called football. The label failball is more appropriate.

It makes a die-hard Indianapolis Colts fan root for the New England Patriots because his fantasy quarterback, Tom Brady, is starting this week. Or, Kansas City Chiefs fans bleed orange because he claimed the Denver Broncos' Kyle Orton off waivers.

Most of these fantasy footballers, or failballers, are so immersed in their leagues that their attention and loyalties are divided between fantasy league players and the ones on actual NFL teams. There's nothing like being able to play a computer game when you can watch the real thing!

Instead of enjoying the true American football experience, fantasy failballers watch games nervously and on edge. They look out for their fantasy players and pray they score big, both at the expense of supporting their real-life players and teams. Fail.

Failball is a plague, and the nerds sick with its disease are infecting America. Even among the young players, the sick are characterized by gnawed-down fingernails, graying hair and a rapid rise in blood pressure. The lame game creates more stress and anxiety on the user than a computer game ever should. We can only hope the kids do not get their hands on this.

Incredible sportsmanship and great plays are ruined because failballers pick apart and scrutinize athleticism into statistics. They are solely in it to win it, but this isn't how football should be. Their greed for winning is adulterating the enjoyment of football. It is sucking the life out of the true game faster than you can say Sookie Stackhouse.

Nonetheless, some failballers need their lame game. It is a way for those who could never succeed at playing football to live vicariously through the fantasy world. For others, it allows them to relive a failed childhood sports career. No matter which way you cut it, failballers are using the game to make up for a lack of ability.

Join a fantasy football league and you may become a social dimwit, the slave to a dark room illuminated by monitors buzzing with ESPN Game Cast. Watching the football game with your buddies will become less of a memory than the minefield of spicy Cheetos surrounding your gaming area.

The other birthday ball

Christine Cabalo

Photojournalist

For many sports fans, the birthday “ball” last week wasn’t just be a formal affair — it’s also a pigskin pageant.

This year intramural football players battled in the playoffs during the week of Marine Corps’ 235th birthday. Football and the Marine birthday is a long tradition. In 1953, Kaneohe Bay and Pearl Harbor Marines faced off in a special birthday game. K-Bay was the favorite.

“Kaneohe’s air and ground machine will give the Pearl Harbor eleven a rough time,” wrote staffers of “Windward Marine,” the base newspaper in October 1953. “It will probably be one game that will be remembered for a long time throughout Oahu.”

The game was part of the University-Armed Forces Conference. It included several military branches and University of Hawaii’s football team, then called the “Honolulu Rainbow 49ers.”

Before the showdown, K-Bay leathernecks won three games in the conference while Pearl Harbor won two. Predictors were already calling it in K-Bay’s favor, since the team beat the Army footballers in an earlier game, 19-13. In another previous match-up, Pearl Harbor and the Army were tied, 7-7.

Then newspaper sports writer Cpl. Tom Creachbaum reported. In the game’s first six minutes a costly fumble let Pearl Harbor Marines break ahead to score six points. Still, K-Bay’s team rallied together to score.

“Johnny Renshaw’s, Joe Connor’s and Jack Adams’ tremendous line play was outstanding despite the score,” Creachbaum wrote. “Conors leaped high in the air more than once to snag [Ed Billinovic, wearing No. 39]’s sharp aerials for big gains.”

Despite a final rush for more goals, Creachbaum noted K-Bay couldn’t slip past the first play and lost, 19-7. However, K-Bay did impress with their athletic skills.

“The Windward Leathernecks made a total of 81 yards on ground, while the winners ground out 198,” he wrote.



File photo

One of Kaneohe Bay’s star football players was Fleet Bobby Radford in the 1950s.

“In the air, there was a big difference as Kaneohe led in this bracket 240 yards to Pearl Harbor’s 6. The overall yardage saw Kaneohe way in front 321 yards, to the winner’s 202.”

With Marine Corps help, proceeds from the games funded youth activities coordinated by Police Activities League of Honolulu. The conference played in front of 3,000 spectators at Honolulu Stadium, the athletics field in use before the larger Aloha Stadium was built in 1975. During the game’s half-time, musicians from the Marine Barracks Band and the Pearl Harbor Drum and Bugle Corps performed.

Football was only one of several sports service members have been playing since Marines took command of the base in 1952. Retired Master Sgt. Bob Porter, who was the first sergeant major of Marine Corps Air Station Kaneohe Bay that year, also helped develop K-Bay’s Special Services department. It’s now known as Marine Corps Community Services Hawaii and continues to coordinate the base’s intramural sports.

“We worked hard,” Porter said. “And we played hard.”

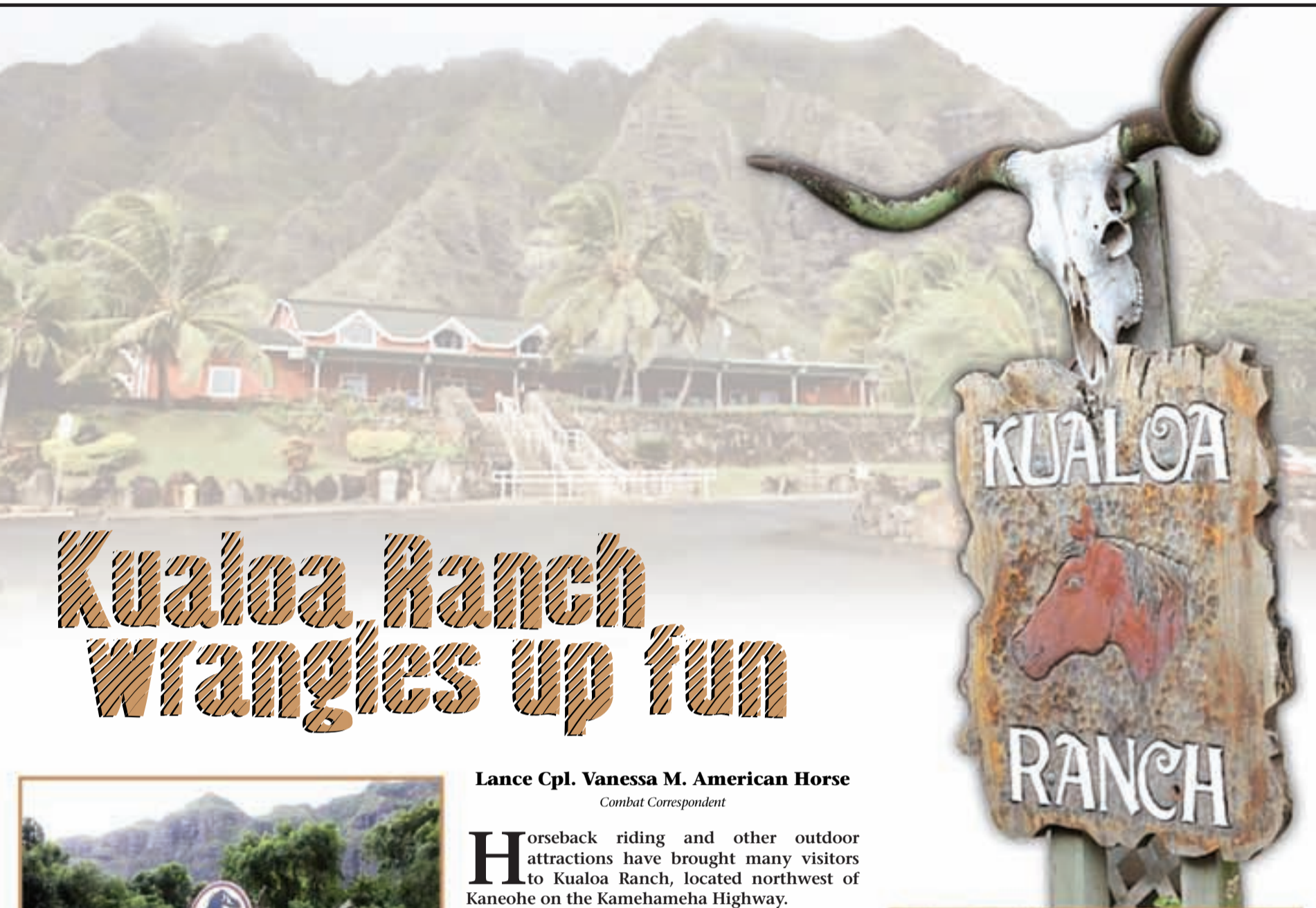
Marathon Man



Photo courtesy of MarathonFoto

Staff Sgt. Jason Rodden, a wounded warrior from Marine Corps Base Hawaii, crosses the finish line of the Marine Corps Marathon in Quantico, Va. on a hand cycle Oct. 31. Rodden was injured in an accident on Feb. 26 when the humvee he was riding in rolled twice outside the H-3 freeway gate here. He had a near amputation of his left leg, broken ribs, a punctured artery in his stomach, and a minor fracture of his spine. Rodden progress has exceeded expectations and he hopes to continue on active duty upon full recovery.

Hawaii Marine Lifestyles



Kualoa Ranch Wrangles up fun

Lance Cpl. Vanessa M. American Horse

Combat Correspondent

Horseback riding and other outdoor attractions have brought many visitors to Kualoa Ranch, located northwest of Kaneohe on the Kamehameha Highway.

This 4,000-acre working cattle ranch is full of exciting and educational activities to engage the whole family all day long. Explore a jungle expedition, an ocean voyage, a Hawaiian fishpond and garden tour, a movie site tour and more.

"We're big 'Lost' fans so we had to come out and see the film tour showing all the show's landmarks," said Miranda Cavanaugh, a tourist from Vancouver, British Columbia. "It's great to be able to feel like a part of your favorite films while enjoying how beautiful Hawaii is at the same time."

"Lost" fans can walk out on the Dharma Initiative pier seen in the show. Ranch owners also recently purchased the iconic submarine seen in several episodes from an auction to display.

Movies filmed at the ranch include "Windtalkers", "Pearl Harbor", "Godzilla", "Jurassic Park", "50 First Dates" and "Journey to the Center of the Earth," among others.

Rain or shine the tours continue, giving guests a natural feel of the island as they travel further into the broad Kaaawa Valley, which contains most of the movie locations sites, and the Hakipuu Valley that hosts a trail that winds visitors through dense rainforest.

"My friends and I started with the jungle expedition," said Queenstown, New Zealand, visitor Kieran Buckham. "It was wicked-exciting to go barreling through the jungle, and with the rain we had, the truck we were in slid around all wild. It was a blast."

When visiting the ranch, plan on dressing casually, with closed-toed tennis shoes or boots because of the possibly of getting muddy.

Transportation can be arranged. The ranch is about 20 miles north of Marine Corps Base Hawaii, Kaneohe Bay with free parking.

Food and snacks are available for purchase at various locations on the ranch. Plan on spending the day to check out the petting zoo and history museum but still allow time to stop for all the photo opportunities scattered around the ranch.

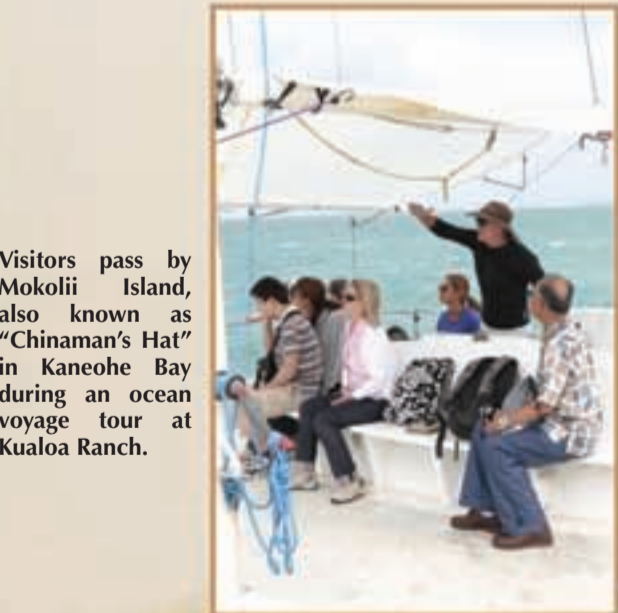
For more information contact Information, Tickets and Tours at 254-7563.



A 'Jurassic Park' sign marks the area where a part of this famous movie was filmed on Kualoa Ranch.



A jungle expedition tour prepares to enter the jungle in the Hakipuu Valley on Kualoa Ranch.



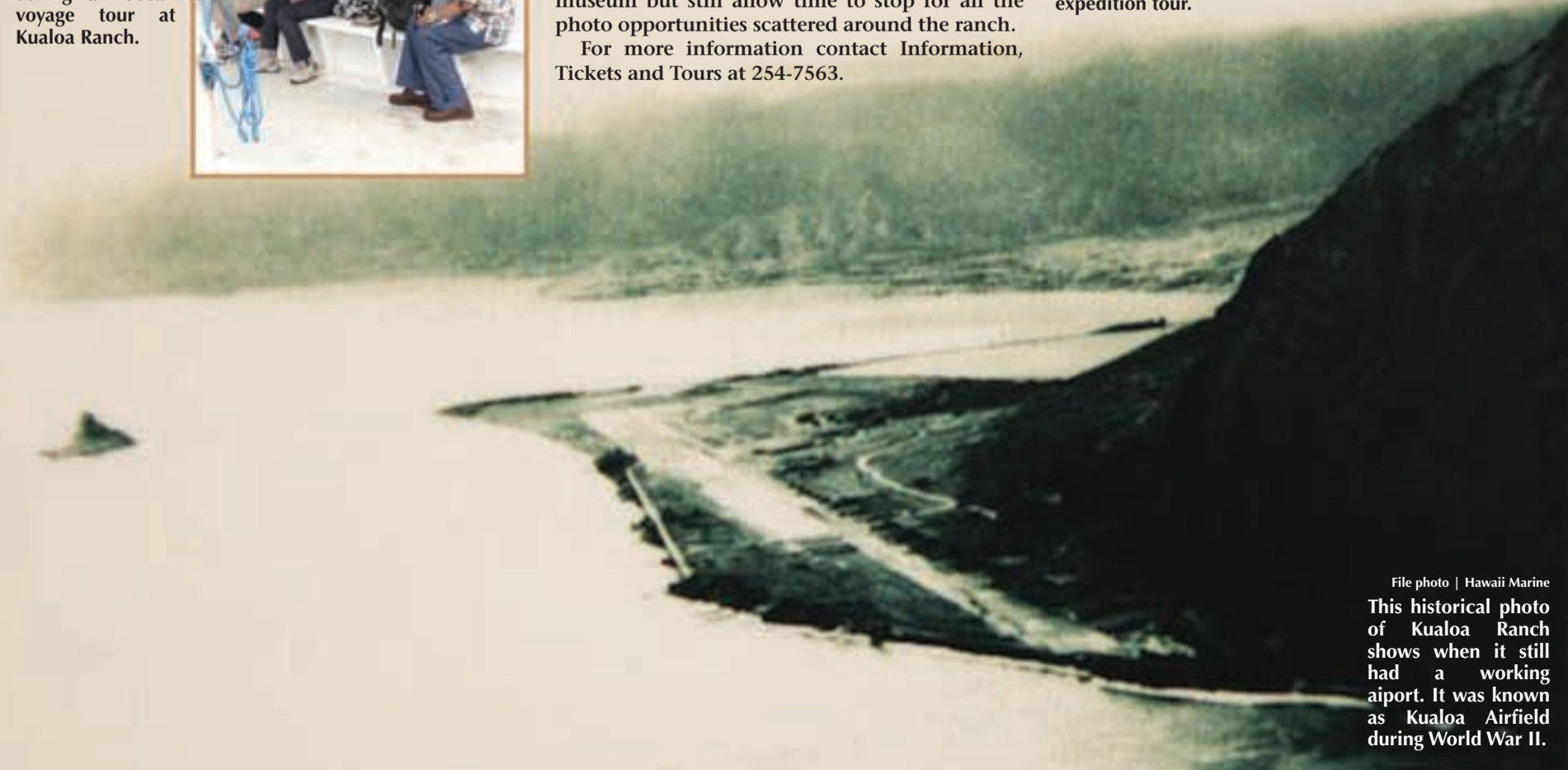
Visitors pass by Mokolii Island, also known as "Chinaman's Hat" in Kaneohe Bay during an ocean voyage tour at Kualoa Ranch.



A Kualoa Ranch horseback ride instructor explains the safety precautions and rider commands to a Japanese tour group.



Photos by Lance Cpl. Vanessa M. American Horse | Hawaii Marine
Kualoa Ranch tour guides teach visitors about the many uses of native plants on a pit stop during a jungle expedition tour.



File photo | Hawaii Marine

This historical photo of Kualoa Ranch shows when it still had a working airport. It was known as Kualoa Airfield during World War II.

PASS IN REVIEW

Your weekly guide to all aspects of entertainment

Welcome to the Pass In Review, your number one source for cinema, music, videogame, book and product reviews. The Pass In Review crew consists of more than 10 critics, each with their own idea of what makes a movie, album, game, product or book great. So be sure to take advantage of the Better Know A Critic section, which spotlights this week's critics to better help you choose the critic with opinions most like your own. Using our breakthrough four-point scale system you can quickly decipher what is worth your time and what isn't, or read the full review for an in-depth analysis and explanation of the rating. The rating system uses ammunition and range terminology, so if you're not familiar, here's a quick breakdown of the ratings ...



'Unstoppable' thrills with dramatic frills

Christine Cabalo
Photojournalist

Denzel Washington and director Tony Scott team up for another thriller about a runaway train in, "Unstoppable," this time taking Chris Pine along for the ride. Scott and Washington's last movie, "Taking Pelham 123," was about a gunman taking a speeding train hostage. This time an out-of-control train takes Pennsylvania's railroads hostage. A careless conductor hops off train number 777 to flip a track switch only to see the train speed away. Washington plays a conductor who's been on the job for 28 years, training with Pine, a new operator. The two are practicing on the main track when train 777 begins to pick up lighting-fast speed, gunning for a head-on collision.



a train full of school children in the locomotive's path, and greedy corporate executives who are more interested in saving profits rather than lives. One over-the-top rescue solution calls for another conductor, a Marine back from Afghanistan, to be harnessed by helicopter and land on the speeding locomotive. Although Marines work miracles, there was no devil dog conductor involved in the real-life "Crazy Eights" incident. Rescuing the movie from worn out plot-lines is seeing how Washington and Pine react to each other. Pine is brazen to Washington's reserved yet confident manner. Their characters are not much more than stereotypes, but the two bring as much humanity to their characters as they can. Seeing a friendship develop under the crisis is believable, as they both try to stop the speeding train. "Unstoppable" mostly relies on big stunts and even bigger explosions to entertain. Much of the movie is genuinely suspenseful, as attempt after attempt fails to stop the train from crashing toward a nearby city.

However with Scott at the controls, the drama gets cranked up for an exaggerated fast-paced action movie. Instead of an unmanned train going 47 mph, the runaway locomotive goes a whopping 70 mph. It demolishes empty horse trailers on the tracks and narrowly misses protagonists trying to slow it down. The movie almost gets sidetracked into several Hollywood clichés. There's

More facts from the incident or better characterization would have made "Unstoppable" an undeniable hit. Relying too much on clichés, Scott almost careens into B-movie territory with predictable storylines. It's a good thing Washington and Pine prevent the film from becoming a total wreck. But if movie fans want a PG-13 thrill ride that doesn't involve wizards or super villains, buy a ticket.

1/4 — No Impact, No Idea

Horrendous. Among the worst of the worst in its genre. Dedicating time to this is not only wasteful, but unforgivable. Avoid at all costs.



2/4 — High And To The Right

Mediocrity at its best. Lacks a few things that might have made it really good. A decent time waster, partake only if you have nothing better to do.



3/4 — On Target

Praiseworthy. A great endeavor, not quite an instant classic but still very entertaining. This is a sound investment of your time.



4/4 — Confirmed Kill

Genius. In the top 10 percent of its genre. This is the stuff legends are made of. Missing out on it would be a disservice to yourself.



So, there you have it and we hope you enjoy our weekly reviews. Don't forget, The Hawaii Marine accepts submissions from its readers so if you consider yourself a film buff, music aficionado, gaming geek or bookworm feel free to submit your own reviews. Or, if you disagree with a review published and want fellow readers to know the real scoop, send in a condensed review and we'll run it as a second opinion.



'Skyline' takes horrible to a higher level

Cpl. Colby W. Brown
Combat Correspondent

Every so often, I find myself in the theater watching a film that is so horrible, it appears to be a spoof, but it isn't. "Skyline" isn't funny, and the audience was left in disbelief they just paid money to view cinematic rubbish.

Poorly directed by Colin and Greg Strause, this is a movie that doesn't deserve a seat at the local theaters. It left me frustrated and confused at the world as to why a movie like this could make it past the chopping block. And I exited the theater listening to upset grumblings of fellow viewers saying, "Did we seriously just watch that whole movie?" and "What a f---ing joke!"

The premise is Earth being invaded by an alien race from the sky. The aliens use a tractor-beam like light to pull humans in toward their ship. Then the aliens eat them and use their brains as batteries. This is pretty generic, if you ask me.

But what made this movie so disturbing wasn't when an alien decapitated a man and took his brain for use as a battery or when a skinless alien ravaged the supporting actress Scottie Thompson who played Elaine. No, the most disturbing thing about this movie was the acting. Just imagine Keanu Reeves giving a seminar on acting and the

whole cast of "Skyline" attended. Not a single emotion was acted out the entire movie. The cast was united in the absence or personality in their roles.

The story seemed fitting for a video game, not a full-length film. One thing about this movie that was pleasurable was the graphics. Huge explosions, gross disgusting alien-monsters and the complete destruction of Los Angeles entertained me. But it still didn't make up for how horrible the acting was. It felt like the special effects company made a commercial and thought it was a great idea to make a feature length movie out of it.

For the actors and actresses involved, being cast in this movie was a huge step backward for their career. The acting is the only thing you will think about as you leave the theater. It's as if the directors stopped everyone midsentence during the screening and said, "Let's do that again, but this time, with a little less emotion."

It isn't worth your money or your time to watch this movie. It will leave you angry, depressed and vulnerable. If you do go, I commend your ignorance of warnings but you will be disappointed. This movie includes disturbing images not fit for younger audiences and acting that shouldn't be viewed by anyone.



Better Know A Critic



BROWN

Cpl. Colby W. Brown thinks a good movie is one that isn't just a story but an adventure you can lose yourself in, something that stirs your imagination and then puts it on the screen for you. He likes all different types of genres but his favorite is drama.



CABALO

Christine Cabalo believes every person goes to the movies hungry. "Audiences feed on movies that astound and amaze. Whether short or long, movies should tell people a story through vivid imagery." Her favorite genres include action, adventure and fun epics.



- "You Again" PG
 - "My Soul to Take" R
 - "Easy A" PG-13
 - "The Town" R
 - "Legend ...Guardians" PG-13
 - "Alpha and Omega" PG
 - "Life As We Know It" PG-13
- Today | 7:15 p.m.
Today | 9:45 p.m.
Saturday | 7:15 p.m.
Saturday | 9:45 p.m.
Sunday | 2 p.m.
Sunday | 6:30 p.m.
Wednesday | 6:30 p.m.

Prices: All shows are \$3.25 for adults and \$2.25 for children. For ticket pricing, the Base Theater Box Office defines an adult as a patron 12 and older and defines a child as a patron from 6 to 11. Children 5 and younger are admitted free of charge. Parents must purchase tickets for R-rated movies in person at the box office for children 16 and younger. Patrons must present their military identification card when purchasing tickets. Call 254-7642 for recorded information.

Wounded warriors write winter wishlists

Kristen Wong

Photojournalist

KANE OHE — All Lance Cpl. Joshua Kelly wants for Christmas is a cane.

When deployed in Afghanistan, the 23-year-old broke 12 bones in his feet after encountering an improvised explosive device. Since then, this Purple Heart recipient has had at least 14 surgeries and is undergoing physical therapy.

Through the United Services Organization of Hawaii's second annual Holiday Gifts for Wounded Warriors, the patient from Wounded Warrior Battalion West – Detachment Hawaii can replace his slightly bent cane.

"It's a very amazing and highly supportive program," Kelly said. "It shows that there are people out there that care."

Shoppers at Windward Mall on Nov. 13 donated a total of 12 large bags full of gifts for the wounded warriors of every military branch in Hawaii.

"This is a great community endeavor that shows our continuing support for those that give so much to our country, and expect so little," said Eva Laird Smith, director of USO Hawaii.

Kelly, along with Lance Cpls. Joseph Leon and Matthew Shepherd, patients at the detachment on base, supported the drive at the mall and thanked

donors. Leon and Shepherd are both Dallas Cowboys fans and wish for any team memorabilia.

"Not everybody has time to go and buy gifts ... it helps the Marines' morale," said Leon, of Houston.

Shepherd said the drive is especially great not every wounded warrior can go home for the holidays.

"It's nice to see people show their appreciation for what we do," the native of Fresno, Calif., said.

Wounded warriors from here and Schofield Barracks asked for simple gifts, including guitar strings, gift cards and DVDs.

"They love it," said Barbara Troegner, program manager, USO Hawaii, of the warrior's response to the gifts. "It boosts their morale."

Comedian Frank DeLima, Salem Media of Hawaii disc jockeys, and four current and former Miss Chinatown pageant winners made appearances in support of the drive.

The Red Hot Flashes of Hawaii, a local chapter of the internationally known Red Hat Society, volunteered by handing out fliers and collecting gifts.

"The military is very close and dear to our hearts," said Milly Chun, the vice chair of the Red Hot Flashes of Hawaii. "[We] do everything we can to support our veterans and wounded warriors."

Betsy Pierce, of Laguna, N.M.,

contributed Barbie toys and toy cars at the drive. Pierce's father was a Marine, and a wounded warrior, having lost his leg in the Vietnam War.

"It's very near and dear to my heart," Pierce said. "I like to [shop] and donate my time."

Fellow service members like Staff Sgt. Shiloh Linden, airframes mechanic, for Marine Heavy Helicopter Squadron 463, supported the drive.

"It might be me one day, you never know," Linden said. "It's Christmas time. You've got to give."

Petty Officer 1st Class Alvaro Munoz, machinery repairman, Marine Aviation Logistics Squadron 24, and his wife, a personnel specialist at Combat Logistics Battalion 3, handed out fliers and wish lists. Munoz, of Dallas, said spouses of wounded warriors may be very busy taking care of them and not have a lot of time to go shopping for their children's holiday gifts.

Wounded Warrior Battalion West – Detachment Hawaii has transitioned at least 70 wounded warriors to civilian life or full duty.

For those unable to attend the Windward Mall event, donations will be accepted at the USO Airport Center or the USO Center at Joint Base Pearl Harbor-Hickam. For more information about the USO, visit <http://www.uso.org/hawaii>.



Kristen Wong | Hawaii Marine

Jennifer Hong of Honolulu donates a travel mug, toys and books for the Holiday Gifts for Wounded Warriors drive at Windward Mall Nov. 13.

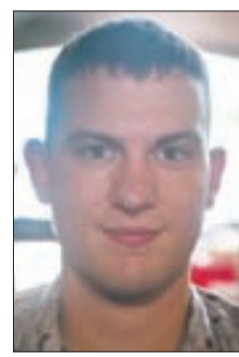
TALK* STORY

How does the Single Marine and Sailor Program benefit you?



"I've gone a couple of the tours. It has just given me and opportunity to meet other single marines and friends."

– Cpl. Chris Bias



"They have a lot of services and help you figure out more about the island and what you can do."

– Cpl. Ray Eades

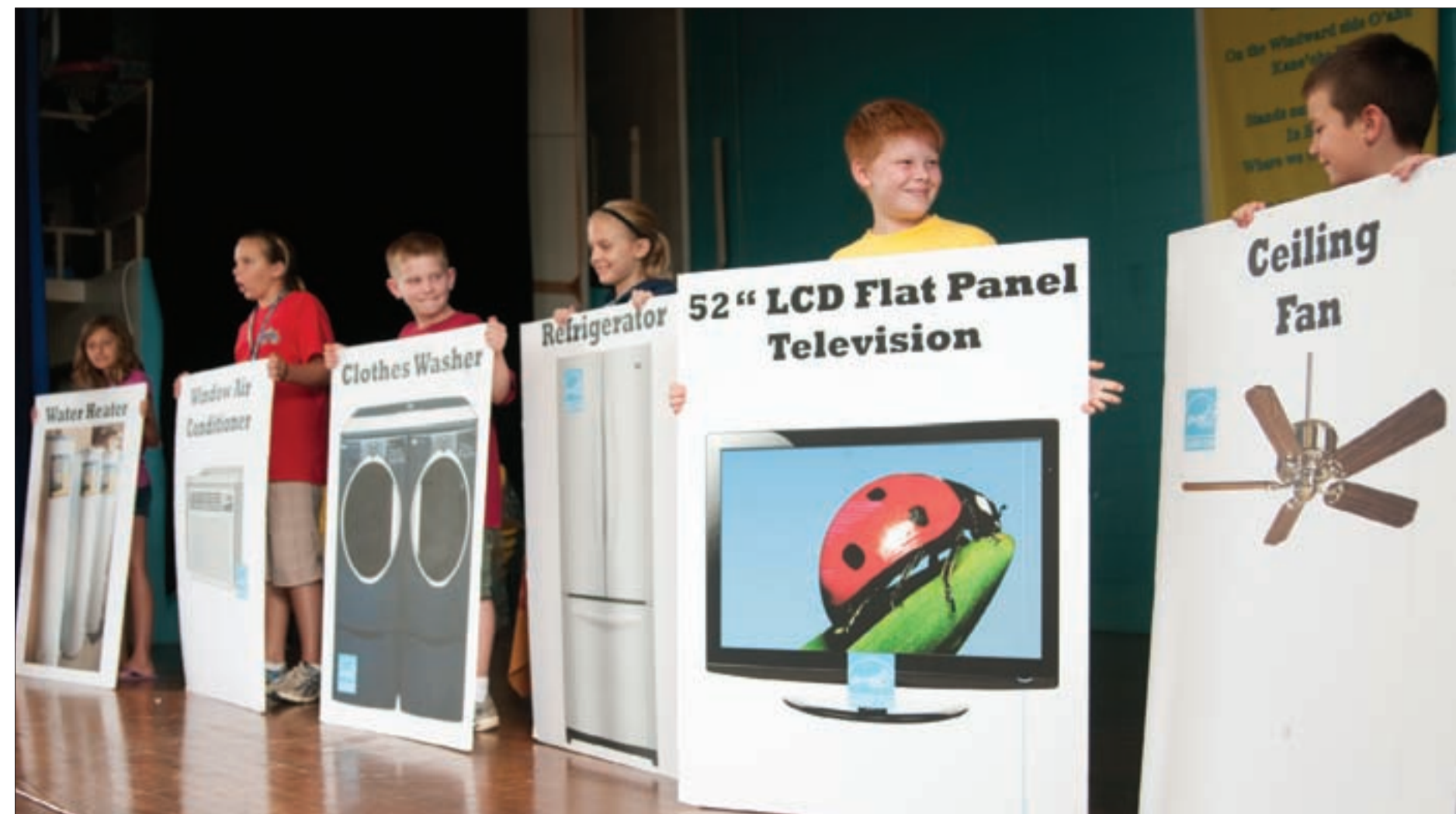


"We're just starting to take advantage of the program, like the golf tournament coming up. We have fun, it's definitely a morale booster."

– Seaman Brad Parkenson

*[tòk stòreì] Hawaiian slang for an informal, lengthy conversation. Often used as a method to bond, or a good way to kill time.

POWERING DOWN



Kristen Wong | Hawaii Marine

Students at Mokapu Elementary School assist during a Hawaiian Electric Company presentation Nov. 5. Through interactive games, Sam Nichols, administrator, Education and Consumer Affairs, HECO, educated the children about energy conservation. During one game, pictures of household items were arranged from the most power consuming to the least.

Cook turkeys, not your homes

Press Release

Base Safety Center

According to the U.S. Fire Administration, there are more than 4,000 fires that occur in homes across the country on Thanksgiving Day.

This is more than double the fires that occur on an average day.

The following fire safety tips will help keep you safe and prevent a home fire on Thanksgiving and throughout the year.

- The safest clothing to wear while cooking should fit well and have short sleeves.
- Keep food storage wraps and containers, pot holders and kitchen towels at least three feet away from stove burners and other sources of heat while cooking.
- Keep pot handles turned inward when they are on the stove to avoid the possibility of spills causing flash fires or burns.
- Never leave the stove unattended while cooking.
- Keep children away from the stove while you are cooking.
- Never put water on a stove top fire. Use a lid or cutting board to smother the fire.
- Never leave candles burning unattended and away from materials that are combustible. Make sure candles are extinguished before going out or to bed.

Also, if you're using a turkey fryer, check the guide so that you don't overfill the cooking oil in

the pot. This oversight has caused many injuries and fires.

- Place turkey in pot.
- Fill with water until the turkey is covered by about 1/2 inch of water.
- Remove and dry turkey.
- Mark water level. Dump water, dry the pot, and fill oil to the marked level.
- Thoroughly thaw and dry ALL meats before cooking in oil.
- Keep fryer in FULL VIEW while burner is on.

- Place fryer in an open area AWAY from all walls, fences or other structures.
- Never use them in, on, or under a garage, breezeway, carport or porch.
- Raise and lower food slowly to reduce splatter and avoid burns.
- Cover bare skin when adding or removing food.
- Check the oil temperature frequently.
- If oil begins to smoke, immediately turn gas supply off.
- If a fire occurs, immediately call 911. Do not attempt to extinguish a fire with water.

4th Force gets books into student hands

Christine Cabalo

Photojournalist

Marines from Kaneohe Bay's 4th Force Reconnaissance Company donated hundreds of new books to Enchanted Lake Elementary School in Kailua.

The reserve Marines volunteer at the school as part of the Adopt-A-School program and run the Toys for Tots drive in Hawaii.

"Borders is one of our big partners and we get a lot of books from them," said Staff Sgt. Rafael Arriaga Jr., Toys for Tots coordinator, 4th Force. "We donated about 750 books that were from last year's Toys for Tots drive to Enchanted Lakes."

They met with the school's junior police officers to coordinate a Toys for Tots drive and noticed the school's need for new books. The donated collection includes a wide variety of picture books, hardcover novels and paperbacks.

"It was wonderful to receive the books," said Barbara Huonker, the school's Parent Community Networking Center coordinator. "Our librarian had the first choice and picked out several books."

Teachers also had a crack at the collection, taking multiple copies of some titles to use in classroom libraries. The remaining copies, which include activity books with crafts for children, will be given away to students at several school events to encourage reading.

Several students have already taken home a few of the books as rewards,

including 9-year-old Victoria Riddick. The fourth-grader said it feels great to have new books at home and in her school's library.

"I usually come to the library to find new books I might like," Riddick said. "I haven't read the 'N.E.R.D.S.' books, but my friends say they're good. So I'll check it out."

The donation means a lot, said Riddick, whose father is a Marine stationed at K-Bay.

"It's nice to get new books," she said. "You see and read new books, then you can learn new things."

Usually the school will fundraise to cover the expenses for new library books, Huonker said.

"We are so appreciative of this windfall of books," the PCNC coordinator said. "Teachers have been able to fill up their classroom libraries with brand new books."

The company's donation to the school is just one of several ways they've assisted students. The reserve Marines have served as math tutors for fourth-grade classes and assisted with campus beautification projects. When the opportunity to donate came up, Arriaga said his company was eager to give the extra books that would have otherwise been unused in the Toys for Tots warehouse in Honolulu.

Victoria Riddick, 9, reads one of the more than 700 new books donated to Enchanted Lakes Elementary School by Kaneohe Bay's 4th Force Reconnaissance Company. The collection includes picture books, hardcover novels and paperbacks the company received when they coordinated last year's Toys for Tots drive.



Christine Cabalo | Hawaii Marine

"We don't want books to just get wasted or get damaged in storage or movement," Arriaga said. "We try to make sure they reach a child by any means necessary and support our literacy program."

For more information about Toys for Tots drop-off locations or upcoming events, see: <http://kaneohe-bay-hi.toysfortots.org/>.

Upcoming Toys for Tots events include:

- Toys for Tots Race — Nov. 21 starts at 6 a.m., Kahuku Motocross Park, Hosted by the Hawaii Motorsports Association, motocross riders may register and donate items.

- Waikiki Christmas Parade — Nov. 26 at 7 p.m., Fort DeRussy Park at Kalia Road. Marine volunteers will stand on the Toys

for Tots float to collect donations.

- Hawaii Kai Parade — Nov. 27 at 10 a.m., Koko Marina Center. Volunteers are collecting Toys for Tots donations during the parade.

- 36th Annual Oahu Car Clubs Cruise and Car Show — Nov. 27 from 11 a.m. to 3 p.m. at Hangar 101. Classic cars will be on display while volunteers accept donations. Mike Corrado and the U.S. Marine Corps Forces Pacific Show Band will be performing.

- Street Biker United Annual Toy Run — Dec. 5, at 9 a.m., Ala Moana Beach Park, Bike clubs will ride together down Kalakaua Avenue to Kapiolani Community College. Marine Corps vehicles and a Honolulu Police Department Solo Bike Detail escort will also ride.

GO NATIVES



Kristen Wong | Hawaii Marine

Amaris Matos, 4, glues a design to the front of her headdress at the base library Nov. 4. honor of National Native American Heritage Month, the library held story time and a craft for children. The children listened to "Ten Little Rabbits," and "Coyote in Love," and decorated totem poles and paper feather headdresses. In addition to this event, the base will be observing Native American Heritage Month today at Anderson Hall Dining Facility from 11:30 a.m. to 1 p.m. The celebration will include Native American dancers and a guest speaker.

WORD TO PASS

On Base

Operation Harvest Food Drive

Through today

Help provide a holiday meal for both service members and food shelters. You can drop of donated nonperishable food items at K-Bay Commissary; base chapel; MCCS Executive, Marketing Department; Olina CDC; Kupulau CDC; K-Bay Youth Activities; Semper Fit Center; K-Bay Bowling Lanes; ITT and Manana Youth Activities.

For more information, contact Chaplain Mathis at 257-2734. To volunteer to help pack the food baskets for the Armed Services YMCA, call Terri Nelson at 254-4719.

Native American Heritage Month luncheon

Today

Celebrate Native American Heritage Month with traditional food served at 11:30 a.m. at Anderson Hall Dining Facility.

For more information, call 257-1312.

36th Annual Oahu Car Clubs Cruise and Car Show for Toys for Tots

Nov. 27

The car show is scheduled from 11 a.m. to 2 p.m. at the end of the annual Toy Run aboard the base. More than 500 cars participated last year. More than 1,000 toys and cash donations benefitted the collection effort to make the holidays brighter for our less fortunate keiki.

The rally point for this year's event is the tarmac by Hanger 101.

In the Community

USO Just Jazz Event benefits Hawaii's military

Tomorrow

Proceeds from this USO-sponsored event directly support Hawaii's military troops. It will showcase the talent of several contestants, along with special appearances by some famous professional jazz artists.

For more information, see <http://affiliates.uso.org/hawaii> or call USO Hawaii at 422-1213.

Volunteer in the Community

Feed the homeless through Base Chapel outreach

Program volunteers are needed to help feed the homeless.

The Base Chapel is looking for volunteers to serve and prepare hot meals through the Institute of Human Services in Honolulu. Volunteers do not need to be attendees of chapel services. For more information call 257-5138.

Special Olympics seeks help for Holiday Classic

Volunteers are the backbone of Special Olympics. The Holiday Classic is scheduled Dec. 4-5 here and at Joint Base Pearl Harbor-Hickam.

For more information, call Cindy Ujimori at 943-8808, ext. 27.