



Family Night  
A-8

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Serving Marine Corps Base Hawaii

September 2, 1999



Criterium  
B-1

# Hawaii Marine

## K-Bay K-9s bring competition to heel

**Sgt. M.V. Trindade**  
Community Relations Chief

Kaneohe Bay's Military Police Department Working Dog Section swept the 13th Annual Hawaiian Islands K-9 Competition Saturday aboard MCB Hawaii, K-Bay.

It was the 12th time K-Bay's Working Dogs won top kennel with top K-9 honors going to Sgt. Kirt John and his dog Roeska, who beat out 28 other contestants.

The event, held Aug. 25-28, also included kennels from Schofield Barracks, Hickam AFB, Pearl Harbor, the Federal Aviation Administration, and the Honolulu Police and Sheriff's Departments. The competition was open to the public Saturday.

The teams competed in explosives and narcotics detection, scouting, obedience, and controlled aggression.

The Marines' K-9 training shined throughout the week, which was evident by their standing at the competition's end. The victories themselves continue to be a major triumph especially because K-Bay's working dog section is severely undermanned, said Sgt. Jon Jerome, the kennel master for the working dog section here.

"We're only able to put seven dogs in the

competition," Jerome explained. "Our handlers are training two dogs at the same time so they have to split their training."

He further explained by saying even though only one of the handler's two dogs was to enter the competition, the remaining dog couldn't be neglected, so the dog handlers couldn't spend their full time just preparing for the competition.

Despite having a crew half the size of the one that competed last year, Kaneohe Bay's working dogs still came out above everyone else's. "What gives us the edge year after year is teamwork. It doesn't matter who takes home the trophies because we all work for the good of the team," Jerome said. "If one handler has a better way of training his dog he won't keep it from the other guys. We're all brothers here."

Even though the event was a competition, pitting K-9 teams against each other was a learning experience, as well as a gauge to measure individual kennels by, said Army Sgt. Scott Anderson, narcotics dog handler with the Military Police Working Dog Section, Schofield Barracks.

"This gives you the chance to see how your dogs compare to other agencies," explained Anderson. "It allows you to see how your training compares to everyone else's. So if

you're getting smoked out there, then maybe you should reevaluate your training."

Allowing the public to watch the dogs in action Saturday was a benefit that increased public knowledge.

"It's good for the community to see us," said Kevin Metcalfe, chief judge for the competition, who's also kennel master for the Federal Aviation Administration. "There are always questions about how we train the dogs. When they come here and see us they get a better understanding for what we do."

For some of the spectators, seeing the dogs live showed they weren't ravenous monsters; anxious to attack, as some would believe. "It's good for people to see that," said Army Sgt. 1st Class Mark Sanders, the operations sergeant with the Military Police Department, Ft. Shafter.

"This shows the dogs can be controlled and that they can be aggressive as well as playful," said Cpl. Patrick Townsend, who enjoyed the show from the sideline with his own puppy.

Although the MCB Hawaii's Working Dog Section Marines have a new notch to wear on their belt, they aren't ones to rest on their laurels until next year.

"We came in today and it's business as usual for us," Jerome said.



Photo by Sgt. M.V. Trindade

Sergeant Doug Ralph, of the MCB Hawaii Working Dog section, walks beside Ari as he completes one of several obstacles during the competition.

## DON'T MOVE A HAIR



Photo by Cpl. Trent Lowry

Corporal Claybear Aitkens, a team leader with K Co, 3rd Battalion, 3rd Marine Regiment, searches 2nd Lt. Earl Richardson, who was portraying a non-combatant clergyman seeking to pray at the site the Marines were guarding. For more on K Co., 3/3's exploits at the urban training center, see page A-4.

## K-Bay barbers lauded by CG for kind gesture

**Cpl. Barry Melton**  
Combat Correspondent

Every now and again, a person may perform a random act of kindness like holding a door for someone or offering money to charity during an annual fund drive.

Many of these acts are taken for granted by the person who commits them — he or she might shrug them off and humbly comment, "It was nothing." For the recipients, on the other hand, these acts are sometimes more than just a kind gesture. It might be something they will never forget.

In the case of Cpl. Christopher Williams, the Supply Co. clerk with Combat Service Support Group 3, on July 3 he experienced an act of kindness he may never forget.

He had just heard the news his father passed away and he was preparing to fly to Indianapolis. While his wife prepared to make flight arrangements, he went to get a last-minute haircut.

"The only thing nice I had to wear (to the funeral) was my dress blues," said Williams, recalling the day. "I wanted to get a fresh haircut."

When he arrived at the Kaneohe Bay main barber shop in the Mokapu Mall, like any other Saturday, it was crowded. Not knowing when his flight time would be, he asked one of the barbers if he could get a haircut right away. He explained his situation to her.

Nhanh Pham was the barber Williams spoke to, and after she finished with her customer, she motioned to Williams to come sit in her chair. While Williams was receiving his haircut, the other barbers in the shop came to Williams to offer their condolences.

Pham finished the haircut, and Williams prepared to pay her. As he was pulling out his cash, Pham refused payment. She told him his haircut was free, and she shook his hand and gave him some money the barbers in the shop had collected. They wanted to make sure Williams would have some money to buy his father flowers for the funeral.



Photo by Cpl. Barry Melton

Lieutenant Col. Bill Tourek, right, the assistant chief of staff of Marine Corps Community Services, MCB Hawaii, presents the barbers; from left, Nguyen Nga, Nhanh Pham, Rosalie Le and Nu Ngo, with a certificate of commendation from Brig. Gen. R.E. Parker Jr., the commanding general of MCB Hawaii.

Because of kind gesture, the barbers were presented with a certificate of commendation Monday from CSSG-3 Commanding Officer Col. Richard M. Nixon and Brig. Gen. R. E. Parker, Jr., the MCB Hawaii commanding general.

"They didn't have to do that," Williams graciously commented. "They did something that was above and beyond their duties."

Williams used the money for what it was intended for, too. He bought his father a dozen roses in a bouquet. Williams said, the money really did come in handy.

"The way I feel is that it was no big deal," said Rosalie Le, one of the barbers who contributed to the collection. "We are all human and we help each other."

As for the woman who initiated the day's kindness, Pham, she said she simply felt sympathy for Williams and wanted to do something nice.

Using as few words necessary, the soft-spoken Pham summed up her kindness by simply stating, "I felt sorry for him."

## U.S. / Korean exercise Ulchi Focus Lens '99 ends

**Capt. Chris Hughes**  
MarForPac Public Affairs

**PALAN, Korea** — The 25th annual combined and joint command post exercise, Ulchi Focus Lens '99, drew to a close here Friday amidst victory celebrations, farewell ceremonies and heavy lifting.

"It's great to have the opportunity to train with our (Republic of Korea) Marine brothers each year. It's tough to say goodbye to our friends and allies here in the Republic of Korea after two short weeks of training," said Lt. Col. Steven L. Merrill, Marine Forces Pacific, G-3, Current Operations, a veteran of five Ulchi Focus Lens exercises, three with Marine Forces Pacific and two with the 4th Air, Naval Gunfire Liaison Company. "We really look forward to the training and renewal of friendships that take place each year. I'm already looking forward to next year."

Sergeant Il Kwon Jung, Republic of Korea Marine

Corps, echoed the sentiments. "It was really nice working with the U.S. Marines during this UFL exercise. I look forward to working with them next year."

According to exercise gaming personnel from the Center for Naval Analysis, the team that assesses the command post exercise, Ulchi Focus Lens '99 was a huge success.

"Each year we examine a different aspect of the exercise," said Adebayo Adedeji. "For UFL '99, we looked at the integration of the two staffs — U.S. and R.O.K. — that come together to form the Combined Marine Forces Command. While language and organizational issues continue to pose challenges, overall, the exercise was a definitive success."

With the battle over and victory secured, the primary focus of Ulchi Focus Lens '99 now shifts from the electronic world of command post exercises to more tangible matters.

***'It's tough to say  
goodbye to our friends  
and allies ... after two  
short weeks of  
training.'***

***Lt. Col. Steven L. Merrill  
MarForPac G-3  
Current Operations***

### Index

#### A Section

Sergeant Major's Corner	2
Every Clime and Place	3
Evacuation Operation Training	4
Navy/Marine Team Hazmat	6
Storytime	7
Messhall, Chef of the Quarter, Menu	8
Fuel Tank	9
Word to Pass	10
Paralegal Degree at Education Center	11

#### B Section

Bike Criterium	1
SM/SP, Aerobathon, Fitness Fair	2
Football Column, Intramural Standings	4
Sports Supplements	5
Ticket to Fun, Religion, Space A	6



### Charity Run

Corporal Jason H. Royer of Communications Platoon, Headquarters Co., 3rd Marines will run the 110-mile perimeter of Oahu to raise money for the deaf and blind children of Hawaii. To donate, call 384-4984 or show up at Kapiolani Park before 6 p.m. Friday to see him off.

### Pre-deployment Fair

Combat Service Support Group 3 will hold a pre-deployment fair today at the K-Bay base theater from 6:30 to 8 p.m. The fair is being held to inform families of resources available to help them out during deployments. Call Chaplain's Assistant T.L. Taylor at 257-1849 for more information.

### Commissary Holiday Hours

The Kaneohe Bay base Commissary will be closed Tuesday in observance of Labor Day. The store will re-open for business Wednesday.

### New Tricare Hours

The Pearl Harbor Makalapa Clinic Tricare Office will be open Saturdays from 8 a.m. to 6 p.m. beginning Saturday. For information about services available, contact Donna Gatewood at 473-4410, ext. 320.

### SACC Reps Sought

The MCB Hawaii Substance Abuse Counseling Center is seeking a Marine to fill an upcoming counselor vacancy. If interested, contact Roger O'Guin or Gunnery Sgt. Luanne Seykora at 257-3900 or 257-7120.

### Marines on TV

A television miniseries depicting Marines in the Korean War is scheduled to air on the History Channel. "The Korean War: Fire and Ice" will air Sept. 20-23.

### Academy Seeking Applicants

The Coast Guard Academy is accepting and processing applications for the class of 2004. Applications must be submitted to the director of admissions prior to Dec. 15. To obtain an application or further information, write: Director of Admissions, U.S. Coast Guard Academy, 31 Mohegan Ave. New London, Conn. 06320; or call (800) 883-8724.

### Baywatch on Board

Lifeguards from television's "Baywatch" will be assisting Base Safety personnel today as a part of a pre-holiday safety brief from 10 a.m. to noon. Water safety, fire prevention and alcohol awareness briefs will be presented.

Military Shelter	533-7125
MPD	257-7114
Crisis Hotline	521-4555
Child Protective Services	832-5282
Fraud, Waste and Abuse, Sexual Harassment and EEO	257-8852

## SERGEANT MAJOR'S CORNER

# Symposium is forum for Corps' concerns

**Sgt. Maj. Robert W. Holub**  
MarForPac Sergeant Major

I attended the 1999 Sergeants Major Symposium held in Washington, D.C., a few weeks ago and I wanted to give you all a report on what transpired. For those of you who do not know what the symposium is all about, let me briefly explain.

Each year, the sergeant major of the Marine Corps takes to Headquarters Marine Corps about 50 or so sergeants major who represent all the major commands of the Corps. While we were in our nation's capital, we were brought up to speed on the latest developments and the state of the Corps. We also had an opportunity to present and discuss agenda items from our respective commands to be discussed for possible submission to the commandant for action.

Some topics discussed dealt with uniform regulations, pay, and leave and liberty; while others dealt with how to improve the quality of life for our Marines. The symposium is — for sergeants major — the top level of education and a real honor to attend.

I have been attending these symposiums for the last four years, and believe me, each and every time I go, I learn something new about our Marine Corps and how it operates.

This year was pretty special because the symposium began with a welcome from our new sergeant major of the Marine Corps, Sgt. Maj. Alford L. McMichael.

Sergeant Maj. McMichael gave us an overview of what would be happening over the next several days and also some insight as to the direction he saw the Marine Corps going in the next four years. After his welcome, he introduced the 32nd commandant of the Marine Corps, Gen. James Jones.

General Jones spoke to us about where he wanted to take the Marine Corps during the next four years. He spoke to us for about an hour and a half about the Commandant's Guidance and answered questions so that we all understood clearly what his intent was. If there was one thing I took away from that meeting, it was the commandant wanted the word "trust" to be included in every Marine's vocabulary.

After the commandant set the tone for the conference, we returned to the classroom and began in earnest what would be a very long, but productive, week.

The briefings began with Maj. Gen. Gary Parks from the Marine Corps Recruiting Command informing us on the state of the

recruiting efforts past, present, and future; and what we, the Fleet Marine Forces, could do to assist our Marines in the recruiting service.

The Recruiting Command was followed by Sgt. Maj. Jim Brown from Headquarters Marine Corps, who gave us a brief on how the new fitness report was coming along in the Corps. He told us that while there were some "bumps" in the new report, by and large, the word from the fleet was that it was generally well-received, and aside from some small tweaks here and there, it was being implemented with no major problems.

On the second day, the sergeant major of the Marine Corps spoke to us about some specific concerns he had about the Corps and threw out some topics he wanted us to discuss while we were in Washington. He also asked us to provide him with some feedback at the conclusion of the symposium for him to discuss with the commandant.

As I said, these were special topics that Sgt. Maj. McMichael had us discuss, but they were not to be confused with the vast majority of the agenda items we brought with us from Marines and Sailors just like you who submitted your ideas and suggestions up the sergeant major chain until they reached Headquarters, Marine Corps.

Once your ideas reached headquarters, all agenda items were discussed with all the sergeants major in attendance. Some of those having significant merit for the Corps were forwarded to the commandant for consideration. Some agenda items were sent directly to the branch at Headquarters that has direct control over the topic being discussed. They, in turn, responded to the question/suggestion directly back to the sergeant major of the Marine Corps. All agenda topics that were submitted to the symposium were discussed.

The remainder of the second day was spent receiving briefings by Lt. Gen. Jack W. Klump and his Marines from Manpower. No matter how many times I get this brief from Manpower at HQMC, I always learn something new. Those Marines who juggle the manpower numbers there at Headquarters earn their pay each and every day. The brief was broken down into several parts that included status of the force, first term alignment plan overview, promotion boards, reserve affairs overview and unit cohesion. We also received a brief on a fleet assistance program reapplication.

Thursday, we went to the Naval Annex and received a welcome by Lt. Gen. Raymond Ayres from Plans, Policies and Operations, then spent the rest of the morning receiving an Operations and Intelligence briefing from the

general and his staff. The afternoon was spent with Lt. Gen. Michael Williams and Brig. Gen. Harold Mashburn, getting a budget overview and then an Installation and Logistics brief.

Friday started with a brief on Aviation from Lt. Gen. Fred McCorkle, followed by a Public Affairs brief from Brig. Gen. William Whitlow. That evening all the sergeants major and our wives were guests of the sergeant major of the Marine Corps at the evening parade at the Marine Barracks, 8th & I, Washington, D.C.

Attending the parade was particularly special for Sgt. Maj. Joseph L. Houle, Marine Forces Atlantic, and me, because Sgt. Maj. McMichael asked us to be the reviewing officers for the parade and represent all the Marines who make up the combat power of the Marine Corps. The MarForLant sergeant major and I may not have looked like 8th & I Marines; our medals were not adorned and we were not wearing white trousers, but between us, we have close to 60 years of service to our Corps, two wars and several shooting contests that we and our Marines have participated in. To stand together and represent you, the Marines and Sailors of the FMF, and receive the review was an honor we won't soon forget.

Saturday, we all attended the annual sergeants major picnic held at Quantico, Va., where many of the true legends of our Corps who are no longer on active duty came to meet with us and pass along some wisdom and a few sea stories over a beer or two.

Monday, it was back to work where we received a brief from Sgt. Maj. Stanley Hillery, of the 1st Force Service Support Group, concerning an initiative to enhance sustainment in the Marine Corps. The day finished with briefings by the Marine Corps Institute, the Warfighting Lab and the chaplain of the Marine Corps.

The final day of the symposium dealt with the agenda items that were submitted from the fleet. Because we only made recommendations, I am not going to discuss those topics until the sergeant major of the Marine Corps gives us the green light to do so. When he does, I will be writing about them in a future column. All in all, the eight days I spent in Washington were very productive, and I think when the agenda items that we submitted to the commandant for consideration are cleared, you will be pleased with our work. After all, there was not one Marine in that room who only represented himself. Together we were representing 174,000 Marines who make up our beloved Corps. We took our work very seriously.

Semper Par.



Holub

## Hawaii MARINE

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## EVERY CLIME AND PLACE

# Marines answer '911 calls' around the world

**Cpl. Jimmie Perkins**  
26th MEU (SOC) Public Affairs

**USS KEARSARGE, Mediterranean Sea** — They strike with tremendous force, leaving a path of destruction in their wake. Their victims are helpless, frequently caught off guard with little or no defenses. These modern day juggernauts are more powerful than any army, capable of rearranging the landscape and threatening the lives of thousands of people, they are nature's disasters.

When earthquakes, hurricanes, typhoons, or other like disasters occur, the impact on the local populace is intense and survivability measured in how fast emergency assistance arrives on scene.

More and more in recent years, Marines have been there to help.

"As a 911 force you must be prepared to execute when our nation calls, no matter what the mission," said Col. Kenneth Glueck, the Commanding Officer of the 26th Marine Expeditionary Unit (Special Operations Capable).

For the 26th MEU (SOC) the current mission is work with the Turkish government to coordinate U.S. relief assistance and determine what is needed. Currently, the Marines are providing helicopter support to move supplies and will help construct tent cities for those recovering from this disaster.

"Our rapid response capability enables us to arrive quickly at a disaster

site with more capabilities and sustainment, organize and execute faster than anyone else," said Glueck, a native of Palatine, Ill.

Still, the Marine Corps is not just experienced in responding to earthquakes, they have also been focal in other natural disaster assistance. For example, in the 1990s Marines came to the aid of Bangladesh flood victims, hurricane Andrew and hurricane Mitch victims in both Florida and Central America, and victims of wildfires that spread throughout the Western United States.

In May 1991, the 5th Marine Expeditionary Brigade, returning home from Operation Desert Storm, was diverted to Bangladesh after a cyclone hit the country, killing 140,000 people.



Photo by Cpl. Jimmie Perkins  
*Lance Cpl. Duncan M. McDonnold, a landing support specialist assigned to the 26th Marine Expeditionary Unit (Special Operations Capable), looks up at a Marine CH-53E Super Stallion helicopter carrying relief supplies into the airfield at Topel, Turkey, Thursday. Marines are in Turkey conducting Operation Avid Response, the Humanitarian Assistance mission to help the victims of the last month's earthquake.*

Termed Operation Sea Angel, Marines, operating in a Joint Task Force, were immediately able to deliver food and medical supplies to the coastal towns and villages hit hardest by the storm. Using the air assets of the MEB, helicopters were dispatched to carry relief

supplies to those further inland or cut off, due to heavy flooding. Within just three weeks, the situation had stabilized.

In August 1992, Hurricane Andrew caused massive damage to the South Florida. The II Marine Expeditionary Force, based at Camp Lejeune, N.C., provided assistance by distributing relief supplies, restoring power, and building a tent city for the thousands of civilians left homeless due to the hurricane's wake.

Six years later, Marines from II MEF were called once more to assist hurricane victims. This time they deployed to Central America after Hurricane Mitch left citizens of Honduras, El Salvador and neighboring countries without the infrastructure and supplies needed to

recover. The Marines arrived in November 1998 and over the course of six months restored power, provided supplies and medical assistance, and rebuilt bridges and schools. Again Marines demonstrated their capabilities, only this time fighting a battle against the destructive force of "Mother Nature."

In 1952 Congress established, that the United States Marine Corps stand as "the nation's force in readiness ... for whatever tasks the President deems necessary."

According to Glueck, with the flexibility and capabilities of Marine Corps units forward deployed and at home, these tasks can, and have, ranged from conventional combat operations, to peacekeeping, to humanitarian assistance; like those currently being conducted in Turkey.

"The unique Marine Air/Ground Task Force concept enables us to task-organize rapidly and adapt to whatever the mission requires," said Glueck. "We provide our nation the effective and efficient force it deserves."

Extensive training, planning and rapid response capabilities for any contingency, have made the Marine Corps able to live up to the mandate Congress made some 47 years ago. Units such as the 26th MEU (SOC) stand ready to answer the call as not just "America's 911 Force," but the world's.

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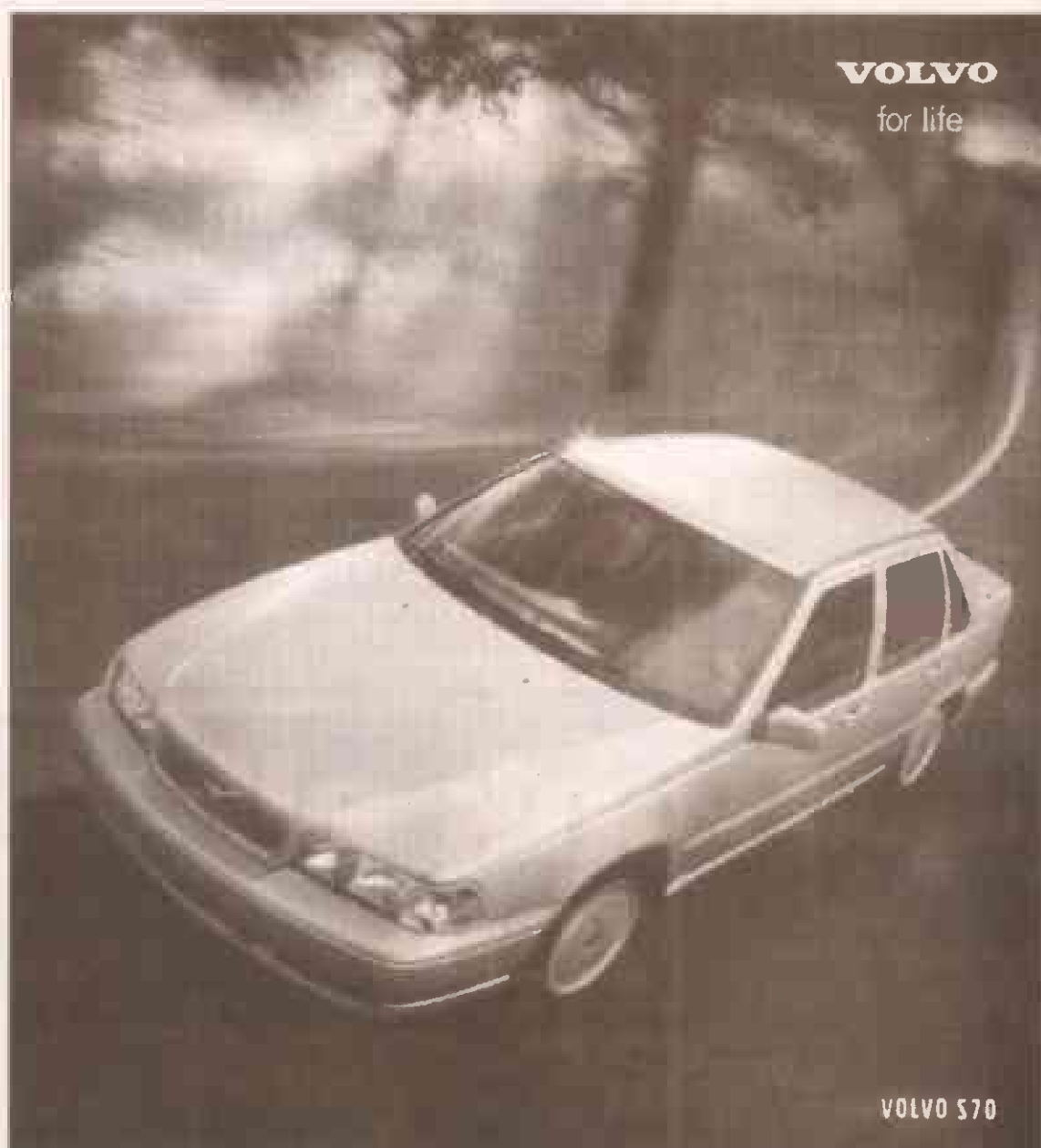
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Photo by Cpl. Trent Lowry  
Lance Cpl. Todd Ferguson, rifleman, patrols the fenceline of the NEO training site, providing security for the compound.

## 3/3 Marines practice for non-combatant evacuation

**Cpl. Trent Lowry**  
Combat Correspondent

A company of Marine infantrymen kept security around a radar compound Aug. 25, to protect it not only from hostile enemy armies, but also guard it against non-combatant civilians.

That was the scenario at a site across the flightline aboard MCB Hawaii, Kaneohe Bay, when K Co., 3rd Battalion, 3rd Marine Regiment trained in a non-combatant evacuation operations exercise.

"The training gets the Marines to understand difficulties in urban environments," said 2nd Lt. Jabarr Bean, a platoon commander with K Co. "There's a

lot to take into account to prepare to fight, regardless of setting. The big thing is to prepare as much as possible for the uncertainties."

The company trained with two platoons providing security while one platoon role-played as non-combatants. The platoons rotated their roles in the training so each Marine could experience both sides of the operation.

"Doing NEO training gives us an idea of what to expect," said Cpl. Autie Robbins, a team leader with the company. "Marines will do a lot more to you than what normal people would, so it's good to have Marines role-playing."

"Basically, we just react to what (the

role-players) do," said Lance Cpl. Daniel Russo, a rifleman with K Co. "If they're aggressive, then we react with similar force."

"You can use this training for any mission," said 1st Lt. Michael Bennett, Weapons platoon commander. "Marines can be called for disaster relief, peace-keeping and non-combatant operations. Every Marine can use this training."

While there were wrinkles in the execution of the training that needed to be ironed out, the Marines of K Co. practiced their skills in non-combatant training to be as prepared as possible for anything they may face, in war or in peace.



Photo by Cpl. Trent Lowry  
Corporal Claybear Aitkens checks the "dead" body of Lance Cpl. Dustin Moon, who was portraying an aggressive, armed civilian.

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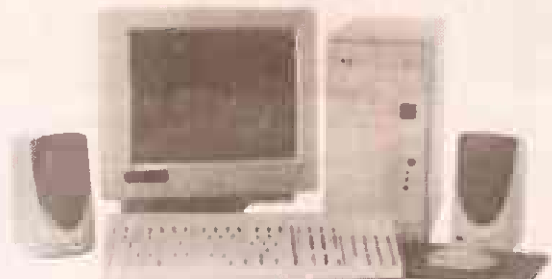
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# Navy-Marine team centralizes hazmat

Lance Cpl. Otto C. Ploil-Muete  
Combat Correspondent

Kaneohe Bay's green sea of Marines has turned a shade of blue from the increase in Sailors from Naval Air Station Barbers Point, and now they're working together to prepare for the next millennium.

Sailors from the Navy-Marine Corps team at Marine Aviation Logistics Support Element, Kaneohe, initiated a time-effective and cost-reducing method of handling hazardous materials Aug. 9 by combining all the MALSEK hazardous materials sections as the Consolidated Hazardous Resource Information Management Program.

Hazardous materials included are items such as sealants, cleaning supplies, paint, hydraulic fluid, engine cleaning agents and corrosion prevention compounds, said Smith.

Petty Officer 1st Class Perla Smith, the assistant manager for MALSEK's hazardous materials and waste, said she and Petty Officer 2nd Class James Ashcraft, the MALSEK Hazardous Materials and Waste manager, set up a program similar to the one they had at Barbers Point to manage and control the use of hazardous materials.

"It's going to make it easier to control hazardous materials and save money in the long run," said 2nd Lt. Anthony Frost, the Air Frames Division officer for MALSEK.

Instead of having each division in MALSEK collect, turn in, and take inventory on all their hazardous materials, there is now one place where

they all have their hazardous materials necessities taken care of.

Oftentimes, one section had hazardous materials that another section needed, and another section had materials they never used; the new centralized work section, however, eliminates this type of waste.

"We're constantly tracking the incoming and outgoing hazardous materials," confirmed Smith. "Having 'hazmat' consolidated into one central site will minimize the amount of money being spent on supplies (that are not being used) and maximize efficiency for production."

"It's been an ongoing effort to get this started," said Smith. "Consolidating everything to one point will save MALSEK money and work hours."

As a result of the Consolidated Hazardous Resource Information Management Program, each division of the support element — avionics, air frames and hydraulics, support equipment, power plant, cryogenics, and flight equipment — can get a daily issue of hazardous material from the consolidated office.

And with possible Environmental Protection Agency reduction policies for hazardous materials in the upcoming year, this program will help to reduce hazardous materials and waste, said Smith.

"The work centers won't have to be concentrating on the inventory of hazardous materials," explained Smith. "Instead, they can concentrate on production efforts to meet the mission of the command."

## Fast rope



Photo by Pfc. Roman Yurek

Marines from I Co., 3rd Battalion, 3rd Marine Regiment, fast rope from a Marine Heavy Helicopter Squadron 463 CH-53D Sea Stallion as a part of a live-fire raid demonstration exercise aboard Kaneohe Bay Friday. The demo was presented to Congressional staff delegates who were visiting Hawaii to study military concerns.

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# Storytime gives children, parents time to read books

Pfc. Roman Yurek  
Combar Correspondent

No longer will pre-school children have to wait until their bedtimes to have a story read to them. A program has started where these children can listen to a Marine or other volunteer read to them.

The Kaneohe Bay Library started its Storytime Program Aug. 19 and will continue throughout the school year, where children can learn and parents can relax.

This program kicked-off Aug. 12 when Linda Parker, wife of the base commanding general, Brig. Gen. R.E. Parker Jr., and Kai-Lee Kurlychek, director of the Childhood Development Center, read stories to children in attendance.

Every Thursday at 10 a.m., parents can take their children to the Base Library, where the children can listen to any number of volunteers read stories, explained Jane Olson, special events coordinator for the library. "The kids enjoy the Marine volunteers."

**Storytime is  
10 a.m. Thursdays  
at the K-Bay  
Base Library.**

For more information about Storytime and other library programs, call 254-7624.

Adding that some of the kids' fathers are deployed and the "green" uniform gives them something to identify with.

"They give the kids good role models and influences," she added.

Volunteers like Maj. John R. Armour, director of Personal Services, Marine Corps Community Services, read to the children on special occasions, said Olson. A new volun-

teer, Linda Parker, will also make reading appearances.

Another volunteer, who started his volunteer work during the 1998-1999 Storytime Program, is Cpl. Blanton Jackson Austin II, a military postal clerk with Headquarters and Service Company, Headquarters Battalion.

"The enthusiasm the kids show motivates me to continue volunteering," Austin said.

Parents who take their children to the library may be experiencing their first visit to the facility, Olson said.

Olson also said that the first couple weeks are slow, because of the permanent change of station personnel coming or going and the start of the school year. Word of mouth, be it from one child to another or one parent to another, is what builds up the program.

The "mission" of the program is to get children to enjoy books, said Olson. Children in school tend to lose interest in reading. Hopefully this program will help prevent that from happening.

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Photo by Cpl. Trent Lowry

# Families chow down with their Marines at family night

Combat Correspondent

Menu items for the family night read like a four-star seafood restaurant: king crab legs, southern-fried catfish, New England clam chowder and

In all, the Marines, Sailors and their families were given a good chance to bond and eat good food with a rather large extended family.

## CHEF OF THE QUARTER



Photo by Cpl. Trent Lowry

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Oven browned potatoes	Various salads		Dinner	Peas with mushrooms
Brussels sprout	Apple pie	Sunday	Roast beef	Southern style green beans
Peas and carrots	Chocolate chip cookies	Dinner	Pork adobo	
Various salads		Beef pot pie	Steamed rice	Wednesday
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Apple cobbler	Sauerbraten	Steamed rice	Green beans	Chili macaroni
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Vanilla cream pudding	Boiled egg noodles	Cauliflower au gratin		Sweet potatoes
Assorted gelatin	Cottage fried potatoes	Various salads	Tuesday	Cauliflower au gratin
	Green beans	Peanut butter cookies	Lunch	French fried okra
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Boiled egg noodles	Pork chops Mexicana	Lunch	Cauliflower	Dinner
Broccoli	Spanish rice	Salisbury steak	Asparagus	Turkey pot pie
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<b>4 #</b> Will I lose any of my property?	<b>9 #</b> How will my co-signers be affected?
<b>5 #</b> Can filing stop repossession of my car, or furniture?	<b>10 #</b> How does Bankruptcy affect my credit rating?
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A black and white portrait of a man, Dr. Charles Dean, wearing a suit and tie. He is looking slightly to the right of the camera. The photo is framed within a rectangular border.


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<b>HUM 1000</b> <i>Introduction to Humanities</i>	Saturday	0800 · 1210
<b>LIT 2510</b> <i>Introduction to Literature I</i>	Monday	1730 · 2140
<b>MATH 1105</b> <i>Intermediate Algebra</i>	Monday/Wednesday	1950 · 2155
<b>MATH 2130</b> <i>Pre-Calculus I</i>	Monday/Wednesday	1730 · 1935
<b>MGMT 3400</b> <i>Human Resource Management</i>	Saturday	0800 · 1210
<b>PHYS 1000</b> <i>Physical Science</i>	Thursday	1730 · 2140
<b>WRI 1100</b> <i>Writing and Critical Analysis</i>	Friday	1730 · 2140
<b>WRI 1200</b> <i>Argument, Research and Writing</i>	Friday	1730 · 2140

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Photo by Sgt. M.V. Trindade

The tank rests on cross-hatched timbers.



Photo by Sgt. M.V. Trindade

Robbins points out a corroded area.



Photo by Sgt. M.V. Trindade

Vincent Flores, a worker with Oceanic Companies, Inc., cleans the underside of the tank with a high pressure washer so inspectors can see which areas are corroded.

## Fuel tank gets face lift

**Sgt. M.V. Trindade**  
Community Relations Chief

For the second time in less than six months, Fletcher Pacific Construction Company raised an 84-ton fuel tank, helping MCB Hawaii, Kaneohe Bay, lead the way in innovative and money-saving fuel tank repairs.

The tank raising, which took place Aug. 18 at the intersection of C and 6th streets, used the Watson Air Lift Method to elevate the tank to a height of seven feet, enabling a 100 percent inspection of the structure surface.

The Watson Air Lift Method has been used in New Zealand since 1983 and employs kevlar bags, which are 36 inches square, to lift the empty tank six inches at a time while bracing the structure on cross-hatched timber until elevated to a height of seven feet.

The pressure required to hoist the tank is more or less the same as

that of a truck tire, about 60 pounds per square inch, said Alan Watson, the founder of the method and president of A.R. Watson Corporation.

"Traditionally, repairing fuel tank corrosion involved adding another floor within the tank; above the old corroded floor," said Dave Robbins, construction management engineer with K-Bay's Resident Officer-In-Charge of Construction.

The older method actually reduced the amount of internal storage space and could trap moisture between the old and new floors, causing accelerated corrosion of the new tank bottom and potentially speeding up the process by four times, Robbins said.

"Essentially, the old way was just a temporary fix — a band-aid really," he said. But with the method currently being used, workers can repair only what

needs to be repaired and subsequently save money, because the tank, which stores up to 1.2 million gallons of JP-5 jet fuel, is actually above ground.

"Why repair the whole tank when you may only have a small leak or very little corrosion," Watson said. "That's the benefit of lifting the tanks."

In some cases, Watson explained, cleaning a tank out just so it's safe for workers to enter, and adding a floor above the existing, corroded one could easily amount to a million dollars — nearly as much as the total cost of the current project with the tanks. Originally, the Watson method wasn't an option for the government, but when Fletcher Pacific won the contract, they exercised an option to change it and offered the Watson method, which was subcontracted to A.R. Watson for a total savings of \$116,000.

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**THE RED VIOLIN** (R)  
**TRICK** (R)

**UNIVERSAL SOLDIER: THE RETURN** (R)  
**TEACHING MRS. TINGLE** (PG13)  
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**TRICARE Hawaii**

## Health Events Calendar

**September Highlights**

**September is Substance Abuse Awareness Month**

**Can Alcohol Steal Your Dreams?**  
Presenter: Lovell Harris  
Schofield Barracks, Bldg. T-695A, ADAPCP Classroom  
Friday, 10 September 99  
8:00 a.m. - 10:00 a.m.  
Please call 433-8700 to register

**Alcohol and Drug Abuse: Disease, Diagnosis & Treatment**  
Tripler Army Medical Center  
Class allows self-diagnosis and understanding of alcohol and drug dependence. Class held one Wednesday a month.  
Please call 655-5183 for more information.

**Relationships and Family: The Alcoholic Family**  
Schofield Barracks  
Class teaches understanding relationship issues, self, others and spiritual. Class is held one Wednesday a month. Please call Lovell D. Harris at 655-5180 for more information.

**Alcohol Awareness Training**  
US Coast Guard Work/Life Center  
Training to increase knowledge and awareness of excessive alcohol use.  
Please call Vicki Brannan at 541-1583

**Programs and Services**

**Tri-Services Addiction Recovery Program (TRISARE)**  
Tripler Army Medical Center  
Drug and alcohol assessment and referral. Provides primarily partial hospitalization and residential services. Provides group/individual therapy, family therapy, and includes a multi-disciplinary staff. All TRICARE beneficiaries are eligible for services with priority to AD, then to TRICARE Prime beneficiaries. Please call 433-6098 for more information.

**Drug Demand Reduction**  
Hickam Air Force Base  
Provides education, training, workplace drug testing, alcohol and drug abuse counseling services. Please call 449-5892

**Alcohol and Drug Abuse Prevention Control Program (ADAPCP)**  
Schofield Barracks, Bldg. 695A  
Provides alcohol screening and referral. Screening done on a walk-in basis. Services available to all TRICARE beneficiaries in a prioritized manner. Please call 433-8700

**Substance Abuse Counseling Center (SACC)**  
Marine Corps Base Kaneohe Clinic  
Provides screening, assessment, referrals made to appropriate level of services. Services are available to all TRICARE beneficiaries in a prioritized manner. Please call Joe Washington at 257-3900.

**Community Resources**

Adult Children of Alcoholics - Oahu  
4 weekly support group meetings for adult children from alcoholic families.  
528-6868

Al-Anon  
Support groups for individuals who are affected by another person's drinking problem.  
948-2666

ALATEEN  
Support groups for teenagers whose lives are affected by someone else's drinking — usually a parent. Teens who are alcoholics attend Alcoholics Anonymous meetings.  
524-2822

Alcoholics Anonymous  
Support group for persons who have a desire to quit drinking. 310 meetings a week on Oahu.  
946-1438

Narcotics Anonymous  
Support groups for people with drug problems and their families or friends.  
734-4357

**Community Resources**

American Cancer Society 595-7544  
Reach to Recovery (breast cancer patients) 595-7544  
Queen's Medical Center - Breast Cancer Support Group 537-7117  
Windward Cancer Support Group 263-3705  
Women of Spirit Support Group (breast cancer) 547-4243

**Ongoing Programs**

**Holopono ("Success")**  
Exciting news for people with diabetes  
Holopono is a Diabetes Tele-Medicine Research Project designed to advance diabetes detection, care and treatment. To qualify for this innovative program, you must:  
• be 18 years or older  
• be diagnosed with diabetes  
• qualify for care at TAMC or the VA

For more details, please call:  
Endocrinology Service/Dept. of Medicine, TAMC at 433-9278

**Patient Education Center**

Searching for reliable answers to health-related questions? Check out the Patient Education Center. The Center is available to all eligible beneficiaries and provides access to:  
• computers with Internet capability  
• databases  
• reference materials  
• a registered nurse and licensed practical nurse

Located on the 1st floor of the Tripler Army Medical Center  
Hours: M-F, 9:00a.m.-5:00pm.  
Saturdays, 9:00a.m. - noon  
Please call 433-2175 or 433-2565 for more information.

**Naval Branch Medical Clinics**

Please call the following locations for information and classes on nutrition, fitness, cholesterol, smoking cessation and other health-related issues:  
• Barbers Point: 684-6201  
• Ford Island: 472-8555  
• Makalapa: 473-0247  
• Kaneohe MCBH: 257-2131

**October Highlights**

**October is Breast Cancer Abuse Awareness Month**

Breast Cancer Support Group  
Tripler Army Medical Center, Radiation Therapy (G1D)  
Support group for patients and family who have experienced breast cancer  
Meets 1st and 3rd Thursday at 9:00 a.m.  
Please call 433-6601 (self-referral)

This calendar is intended to provide information on health education events. Please contact your Primary Care Manager to get a referral for any medical services. Class dates and times may change. To confirm, please call the listed contact under each topic. The TRICARE Hawaii program is supported by the Queen's Health Care Plan. For more information about the TRICARE program, please call 1-800-242-6788.



## WORD TO PASS

## Transition Assistance

## Management Program

**The Family Member Employment Assistance Program** provides resume assistance, job referrals, federal job assistance and one-on-one counseling. **The Joint Employment Management System Job Fair '99** will be held Sept. 21 from 9:30 a.m. to 2 p.m. at the Banyans on Pearl Harbor. The job fair is open to military ID card holders only. Hawaii business, mainland companies and government agencies will all be recruiting for jobs.

For more information or to register for TAMP programs, call 257-7790.

## LINKS

Those who are newly married and would like to be linked with spouses who are successfully meeting the challenges of Marine Corps living should give LINKS a try. The program focuses on providing lifestyle insights to spouses new to the Marine Corps. Free transportation and free on-site child care is provided. Reservations are necessary. Call 257-2368 for more information.

## Events

**Dress for Success** is a special presentation in which a professional fashion consultant from the largest local retailer in Hawaii will enhance participants' professional and personal image and be ready for the job fair or that first interview. Tuesday, 9-10:30 a.m. at the Air Force Hawaii Family Support Center, building 1105. To register, call 449-2494.

**Continental Airlines** is recruiting technicians at the Hickam AFB Chapel Annex, building 500, Sept. 20 at 10-11:30 a.m. or 2-3:30 p.m. For more information, call 449-2494 or 449-6475. **A Hispanic Festival** will be presented at Ala Moana Center Stage Sept. 16 from 10:45 a.m. to 8:30 p.m. For more information, call Anamaria Melo at 942-4602.

**Castle Medical Center** offers a first aid certification course Sunday from 12:30-4:30 p.m. The course covers how to stop bleeding, how to treat burns, bites, cuts, fractures, and other first aid techniques. The fee is \$20. Call 263-5400 to register.

**Memory Walk '99** will be held Sept. 18 at 7 a.m. in front of Ward Warehouse on Ala Moana Boulevard. Proceeds from the run benefit the Alzheimer's Association. Registration for the walk is \$20 if paid by Sept. 11, \$25 if paid between Sept. 12-18. For more information call 591-9071.

**Walk 4 Education** will be held Oct. 2 at 7 a.m. in Kapiolani Park. The 5.6-mile walk is presented by the World Youth

Network and Ho'olana. For more information, call 625-2815.

**The Arizona Memorial Visitor Center** is open 7:30 a.m. to 5 p.m. every day except Thanksgiving, Christmas and New Year's Day, with tours beginning every 15 minutes.

**The Dance Movement Academy** teaches all levels of ballet, jazz, tap and gymnastics in building 267. For more information, call Di Rodin at 261-0538. To register, call Youth Activities at 254-7610.

**Waikiki Aquarium** will hold an evening beach walk Sept. 18, 5:30-7 p.m. Participants will learn about the history of waves, beaches and Waikiki on their evening stroll. Class size is limited to 16 students. Youngsters must be accompanied by an adult. Registration is \$6 for adults or \$5 for children. To register, call 923-9741.

**Waikiki Aquarium** presents "Aquarium After Dark Oct. 6 and Dec. 29 from 7-9 p.m. The flashlight tour of the aquarium will answer such compelling questions as "Do fish snooze?" and "Do lobsters sleep?" Call 923-9741 to register.

**Home-schooled teens and preteens** are getting together on a routine basis for fun classes such as swimming. Call 254-5420 for more information.

**Mustang Muster** will be held Sept. 29 to Oct. 3 in Colorado Springs, Colo. For more information call Retired Maj. Bill Max at 800-321-USMC.

**Honolulu Theatre for Youth** will hold auditions for TheatreFest '99 Friday from 5-8 p.m. and Saturday from noon to 5 p.m. at University Lab School. Appointments are required. Call 839-9885 for more information or to schedule an appointment.

**Boutiki gift shop** at Pearl Harbor is open every Monday and Friday, plus the first and third Saturday of each month, from 9 a.m. to 1 p.m. For monthly specials, call 422-6662.

**K-Bay Lanes presents King K-Bay.** The next qualification round is Sept. 13. The \$30 scratch tournament will culminate in the King of MCB Hawaii Tournament bowl-off July 19. For more information, call K-Bay lanes at 254-7693.

**Tropical Plant Nature Walk** is held at 10 a.m. Saturday and 1 p.m. Sunday at Ho-onaluhia Botanical Garden. Participants should wear walking shoes, and insect repellent. Rain gear is recommended; free. Call 233-7323.

**The Hale Koa Hotel's Oktoberfest celebration** will run Sept. 29 through Oct. 3. Ticket sales begin Monday at the hotel's activities desk and military ticket outlets.



"I'm German on my father's side and Norwegian on my mother's side."

**Safe Boating Course** will be held Sept. 18 & 25 from 1-5 p.m. at the training center of the State Hospital, room 1. The cost is \$15 for the text and related materials. Call 254-2601 for more information.

**Earn pilots wings** from an FAA-certified flight instructor at Pearl Harbor. Classes start Tuesday, and meet every Tuesday and Thursday from 5 to 7 p.m. in building 679, classroom 10. The \$215 fee covers tuition, textbook, flight computer and flight plotter. The first class is free. For more information, call 829-2644.

**Okinawa Kenpo Karate classes** are held Tuesday and Thursday from 5:30-7 p.m. at building 1583. For more information on classes, call Youth Activities at 254-7610.

**Hawaii Marine Wrestling classes** are open to everyone ages 8 and older. Classes are held at 5 p.m. for children and 6:30 p.m. for adults at building 1035. For more information, call the Athletics Office at 254-7591.

**The Sound of Music** will be presented through Sept. 18 at Ft. Shafter's Richardson Theatre. Tickets are \$12 for adults and \$6 for children who are military ID card holders. For more information, call Vanita Rae Smith at 438-1980 or fax 438-1287.

**An Afternoon of Elegance** by the Kaneohe Officers' Wives' Club will feature a luncheon and fashion show with fashions for the upcoming Navy and Marine Corps' Balls Sept. 23, 11:30 a.m., at the O'Club Lanai Room. Cost is \$8.95. Make reservations by dropping payment in the KOWC Box at 1743 Lawrence Rd. by Sept. 20.

**The Hale Koa Hotel** presents Back to School Magic Shows Tuesday, and Sept. 14. Tickets are \$19.95 for adults and \$8.50 for children under 12 years old. Charge by phone at 955-0555 ext. 546. **Kaneohe Officers' Wives' Club** annual

Aloha Coffee will be held Tuesday from 7-9 p.m. at the O'Club's Lanai Room. There will be local vendors, door prizes and lots of food. Call Shannon Anderson at 254-0076.

**The Society of Military Widows** cordially invites all military widows and widowers to join. Must have a valid URW ID card. The society meets the third Saturday of every month. Call 262-7953 for more information.

**K-Bay Rod and Gun Club** is for those who are interested in hunting, fishing, shooting and archery. Meetings are at 7 p.m. on the first and third Tuesdays of each month in the BOQ conference room. For more information, call Wally Heyer at 254-5739.

## Navy/Marine Corps

## Relief Society

**The Navy/ Marine Corps Relief Society** is looking for volunteer case workers and receptionists. Professional training is provided and reimbursement for child care is available. Gain valuable work experience while helping K-Bay's servicemembers. For more information, call 254-1327.

## Marine Corps Community

## Services

**A Marriage Skills Workshop** will be held Sept. 21-22, from 8 a.m. to 4 p.m. This 14-hour course is for newlyweds and anyone anticipating marriage. The class will be held at the Joint Education Center, building 218, classroom 2. **Stress Management Workshop** will be held Sept. 21 from 3:30-5 p.m. The class will help participants gain more effective skills to get in control. Call 257-7787 for reservations and location for any of the above programs.

## CREDO

**Personal Growth Retreat**, Sept. 23-26. Explore and discover who you are apart from what you do. Experience unconditional acceptance in a supportive community.

**Intimacy in Marriage**, Sept. 17-19. Learn how to develop a greater love and appreciation for your spouse. CREDO seeks to provide couples with quality time together in a beautiful, stress-free environment. For more information, call 257-1941/0408.

## ITT

**ITT** offers a variety of discounted tickets for activities island-wide, including cruises, luaus, movies and more. The ITT hours of operation are Mondays through Saturdays from 9 a.m. to 7 p.m.

and Sundays and holidays from 9 a.m. to 5 p.m. For more information on ITT call 254-7563.

## Kokua

**Waikiki Aquarium** wants adult volunteers for its Edge of Reef exhibit. A free nine-session training course begins Sept. 15. Classes meet Tuesdays and Thursdays, 7-9:30 p.m., and Saturday from 9 a.m. to noon. Two on-the-job training sessions with attention by the staff are included. To register, call the Aquarium's Volunteer Office or Dr. Carol Hopper at 923-9741.

**Boutiki gift shop** needs volunteers. Those interested may call 422-6662. **The Disabled American Veterans** offers free van rides for any veteran having difficulty getting to or from medical appointments at the Veterans Administration or Tripler Army Medical Center. Certain restrictions apply. Call at least three days in advance for an appointment. For more information, call 433-2477.

**The Muscular Dystrophy Association** is seeking volunteers for its annual telethon. For more information or to volunteer, call the local MDA office in Aiea at 486-2697 or the national headquarters at 800-572-1717.

**Young Marines Program** needs volunteers. Former drill instructors are preferred, but all are welcome. Call Miyuki Watts at the Honolulu Police Department for more information at 951-5484.

## Education

**English as a second language** will be conducted from 9-11:30 a.m. Tuesdays and Thursdays, Sept. 14 through Dec. 17. **Earn free college credits at lunch.** Noon CLEP classes are free for all. Exams are free for active duty military. Others pay \$44 per exam. For more information on classes, call the Joint Education Center at 257-1232.

## The Armed Services YMCA

**Hourly childcare** for keiki ages 6 weeks to 5 years old runs weekdays from 8 a.m. to 2:30 p.m. Call after 10 a.m. for reservations.

**"Parents' Night Out"** childcare for infants six-weeks through 12 years old coming Oct. 1. Call for reservations. **Food for Families** is designed to help families of servicemembers pay grades E-1 through E-5 stretch food budgets. **Playmornings** provide preschoolers with an opportunity to interact with children their own ages. Call for time and location.

Call 254-4719 to register for ASYMCA programs.

**Editor's note: unless otherwise specified, all military activities take place aboard MCB Hawaii, Kaneohe Bay.**

## Ed Magauran, Attorney

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## Paralegal course offered at K-Bay

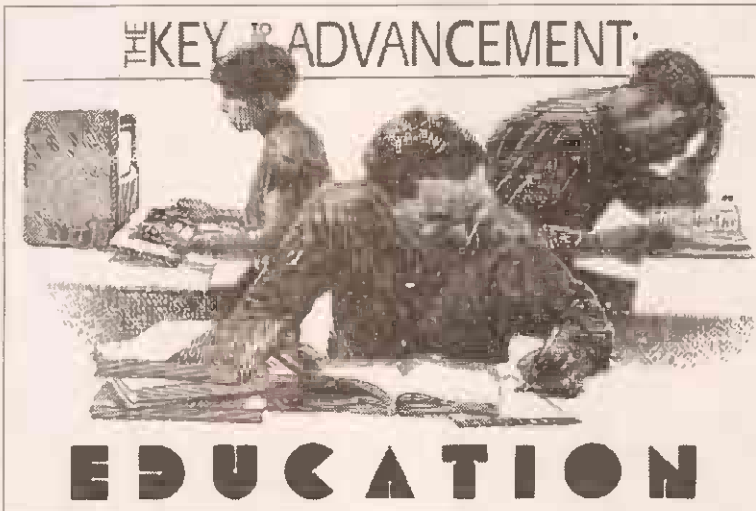
**Pfc. Roman Yurek**  
Combat Correspondent

The Legal Assistant/Paralegal Degree program is scheduled to start classes aboard MCB Hawaii, Kaneohe Bay, Sept. 11 for the 1999 fall semester for active duty servicemembers, family members and civilians.

The program, which counts for 30 semester hours, can be completed in 18 months and is taught by Coastline Community College faculty via satellite.

Developed at Headquarters, Marine Corps Legal Department, the program is geared toward increasing the skills of servicemembers in the legal field, said Loretta Huff, director of the Joint Education Center.

For 18 months, Headquarters, Marine Corps, has been looking for a program that is approved by the American Bar Association and will benefit Marines when they leave the Marine Corps, explained Gunnery Sgt. Salvador Tinajero, military justice chief with K-Bay Legal Services.



members can apply for tuition assistance or use the Montgomery G.I. Bill. Tuition assistance will bring the cost down to \$140.25.

After taking the course, chances of employment increase tremendously, said Huff.

"Whether you are in the infantry or an administrative clerk, without the proper credentials, the civilian world won't recognize you," said Tinajero. "Now, with the paralegal degree, not only can we call ourselves paralegalists, but we will also be recognized in the civilian world."

Mentors (instructors) and law libraries will also be made available to the students. The first two classes scheduled are Introduction to Legal Assistance and Legal Analysis and Briefing.

For information about Coastline Community College, check their web page at: <http://marine.ccc.cccd.edu>.

Applications for the course are available at the Joint Education Center. Call 257-1232 for questions.

Classes are scheduled for Friday afternoons and Saturday evenings, for four hours each. The reason for this, explained Huff, is because the class is not only broadcast to K-Bay, but also to military bases in Japan.

Marine bases will offer the course and anyone can register for the class, said Huff. Priority is given to Marines in legal, then extra seats are filled by anyone else that is interested.

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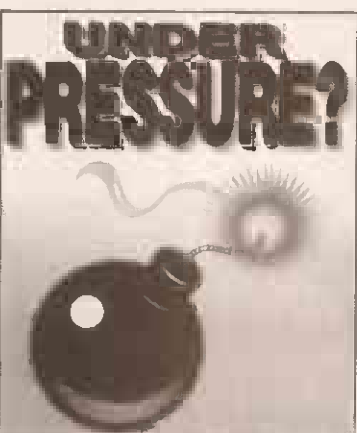
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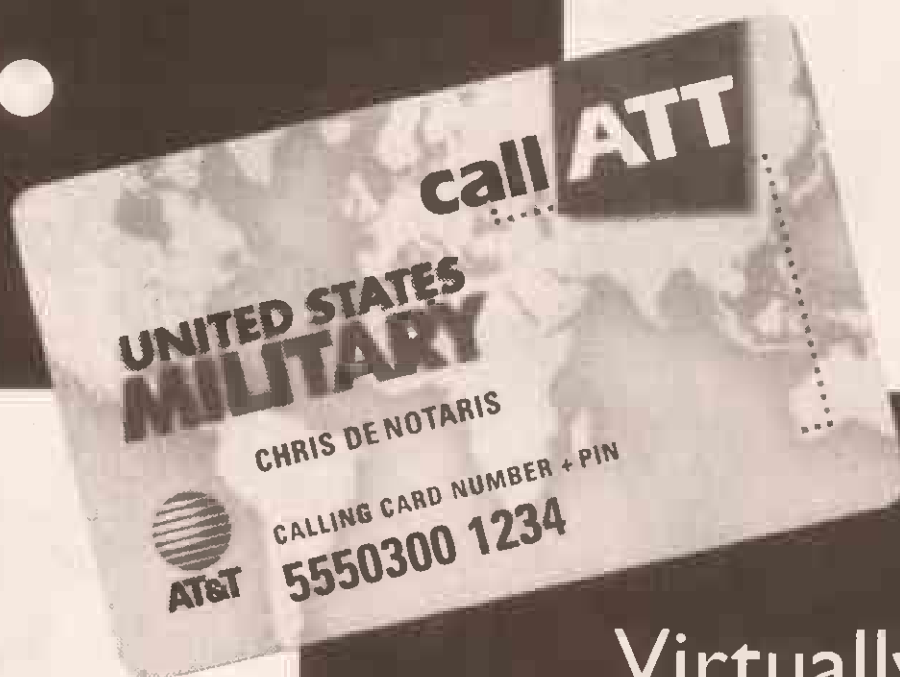
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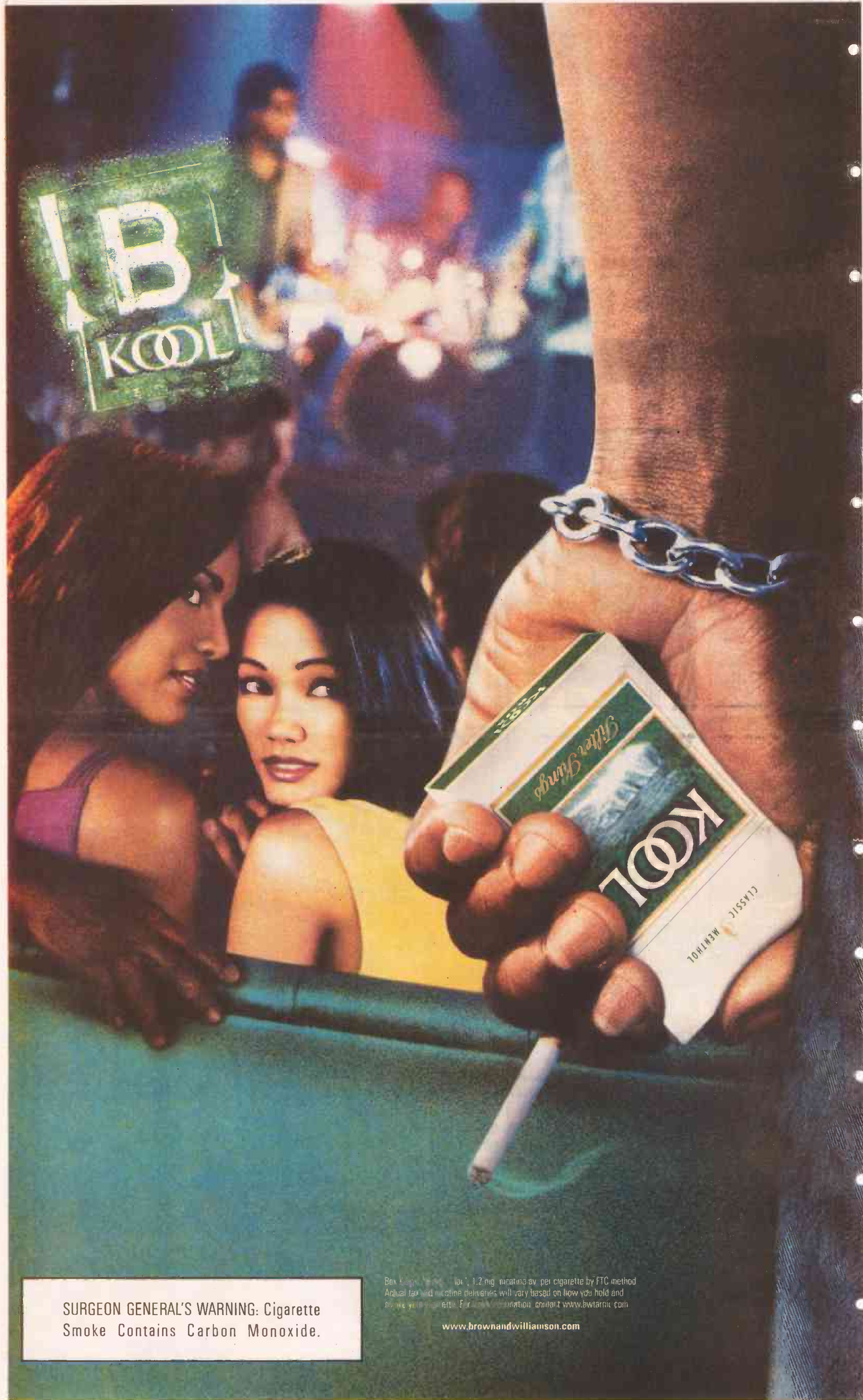
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# Hawaii Lifestyles

Hawaii Marine B Section

September 2, 1999



Cyclists in the senior men's category 1,2,3 and 4 bullet toward Dewey Square and the start/finish line.

Photo by Cpl. Trent Lowry

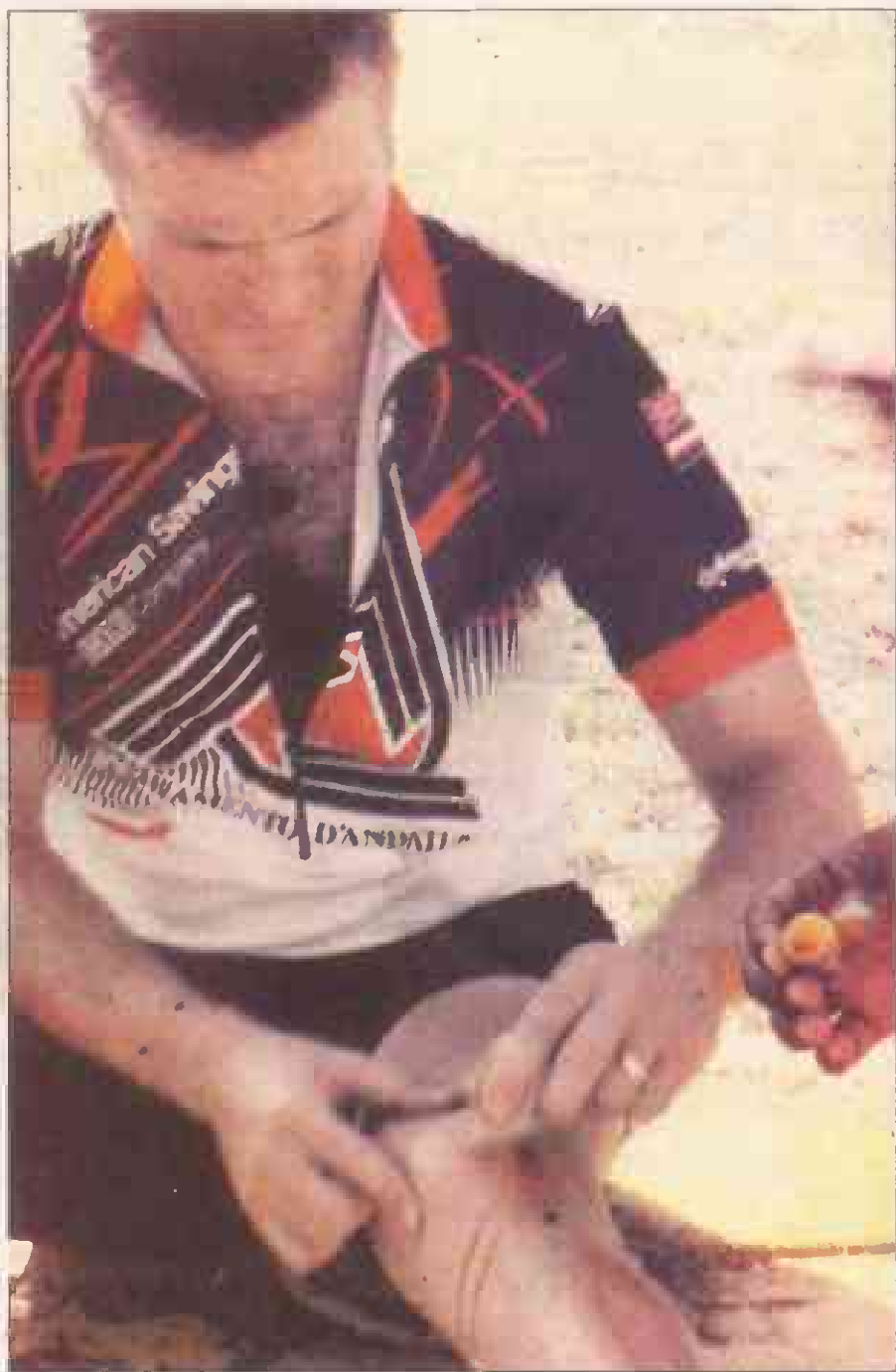


Photo by Cpl. Trent Lowry

John Boyd gets first aid for scrapes on his hand and knee after spilling off his bike during the first race of the MCAF Criterium Saturday.



Photo by Cpl. Trent Lowry

Michelle Smith, a cyclist visiting Hawaii from Boston, keeps a consistent pace through the early part of the women's seniors division race. Smith conserved her energy for a big boost of speed in the last lap to finish second.

## Criterium a hit with hard core pedalers

**Cpl. Trent Lowry**  
Combat Correspondent

The Marine Corps Air Facility must have been charmed when they selected Saturday as the day for the MCAF Criterium bike race because weather and road conditions were ideal for the high-speed event.

More than 30 participants each put pedal to pavement on a circuit that covered nearly a mile circumference in front of Dewey Square aboard MCB Hawaii, Kaneohe Bay.

Racers were separated into groups categorized by experience and ability levels, pitting the cyclists against similar competitors. Most military members competed in the two military-only races, for mountain and road bikes, but a few put their skills to the test riding in the more competitive levels.

"This was one of the best races I've seen on the island," said John Boyd, an Air Force captain stationed at Hickam Air Force Base. "The course was well-prepared, and it was really fun to compete."

The criterium, as opposed to a road race, is run on a short track and stresses speed, drafting and strategy for success. The racers pedal hard for 40 minutes; then, at the sound of a bell, they have one lap to see who crosses the finish line first.

"The race was really, really fast," said Michele Smith, who placed second in the closely contested women's seniors division race. She and her teammate, third-place finisher Patricia Choo, had competed in the Hickam Triathlon earlier Saturday morning, so they were already primed for the MCAF race, though perhaps a little winded.

"A lot of criterium courses tend to be flat, but this one had a lot of good turns. It was a really exciting course," Smith said.

"I prefer this type of race," said Boyd,

who placed fourth in the senior men's category five race, after suffering a spill and a skinned knee in the second-to-last turn on the course. "I consider myself a better sprinter than climber or road racer, so the criterium suits my strengths."

"This course has good size and location," said Jerry Ford, chief referee of the races and member of United States Cycling Federation, the official sanctioning body behind the criterium. "It's important to make sure the course is safe, that it's closed to traffic and relatively flat."

Ford said that even though there were buildings which obscured the sight of part of the track from the finish line, parts of the "back stretches" could still be seen from that vantage point, which made the course ideal for spectators.

As this was the first year for the criterium, race organizers from MCAF were excited about offering a new competition.

"We wanted to bring something new to the base, and to get more interaction with the community," said Sgt. Bradley

Adams, a crash crewman with MCAF Aircraft, Rescue and Firefighting, and unit representative and organizer for the criterium.

Many of the competitors belong to Pacific Velo, a local bicycle racing club and team, and a co-sponsor of the criterium with MCAF and Marine Corps Community Services athletic department.

"This was a great learning experience and went well with the assistance of the USCF. All things considered we had a pretty good showing," said Maj. Christopher Edwards, a logistics officer with 1st Radio Battalion, technical advisor for the race and member of Pacific Velo. Edwards is an avid cyclist who placed second in the senior men category 1-4 race and first in the military road race.

Members of all the parties involved said they were pleased with the outcome and saw the race as being a good opportunity for fitness and camaraderie between Marines and the community in years to come.

## Criterium Results

### Men

#### Senior 1, 2, 3, 4

1. Ray Brust
2. Chris Edwards
3. Thomas Novikoff

#### Senior 5

1. John Greene
2. Bob Boone
3. Chris Coleman

#### Masters 35+

1. Ray Brust

2. Tony Hill
3. Greg Jochem

#### Master 55+

1. Sandie Brodie
2. Doug Schramel

#### Military road bike

1. Chris Edwards
2. Tony Hill
3. John Stevens

#### Military mountain bike

1. Derek Perry
2. Bruce Baginski

#### Juniors

1. Alex Boyd
2. Peter Boyd

### Women

#### Senior 1, 2, 3, 4

1. Becky Conselman
2. Michele Smith
3. Patricia Choo



Photo by Cpl. Trent Lowry

John Boyd is consoled by two of his children, daughter Christine and son Alex, after getting injured from a bike accident. Despite the wreck, Boyd finished fourth in the men's senior category five event, while Alex took first in the juniors division race. Boyd's other son, Peter, finished second in the junior event.



# SM/SP

## SINGLE MARINE AND SAILOR PROGRAM

A note from MCB Hawaii Sergeant Major, Sgt. Maj. Stephen H. Mellinger —

"This is your program. We need your ideas! Please let your unit representative know what's on your mind so he or she may address your idea to the Single Marine Committee. This program is only limited by your imagination."

A Water Adventure Training day at the K-Bay Marina is scheduled for Sept. 17 from noon to 4:30 p.m. Spaces are free, but limited.

A beach clean-up day is scheduled for Sept. 18. Barbecue and refreshments included.

Xtreme bowling nights for the SMP are Aug. 30, and Sept. 13 and 27. The cost is \$1.75 per game. Food specials and free shoe rentals are also available.

Golf tee times for the SMP are available for the weekends. Call the SMP coordinator by 5 p.m. Thursday for Saturdays and by 5 p.m. Friday for Sundays.

Unlimited free golf balls at the Kaneohe Klipper driving range. Fees for playing are only \$8 for 18 holes and \$5 for 9 holes. Club rentals are only \$5.

See the second movie showing at the Kaneohe Bay base theater free on Friday and Saturday nights.

Free horseback trail rides at the Camp Smith Stables every Sunday at 1:30 and 3 p.m. Call at least three days in advance to make reservations.

Bowling for only \$1.50 a game Monday through Thursday at the K-Bay Lanes.

Committees are being formed for a Beach BBQ Sports Day, Haunted House/Halloween Party, Turkey Shoot, Holiday Golf Tourney, Polynesian Center Trip.

The next SM/SP meeting will be Sept. 15 at the Kaneohe Bay Marina outdoor pavilion at 9 a.m. Show up or give your input to your unit representative.

### SM/SP Officers are:

**President**  
Cpl. A.M. Fontana  
**Vice President**  
Sgt. A.F. Rodriguez  
**Scribe**  
Lance Cpl. O.L. Justice

## SM/SP representatives

<b>SMP Coordinator</b> Dawn Williams, 254-7593 E-mail: WilliamsDA@usmc- mwr.com	<b>COMPATRECONFOR- PAC</b> Petty Officer 1st Class C.T. St.Germain, 257-0509, ext. 8013
<b>Camp Smith</b> Lance Cpl. D. Dodd, 477-8355	<b>CSSG-3</b> Sgt. C. Henning, 257-5125
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Sgt. J. Riglesberger, 257-7020	Cpl. C. Rice, 257-3222
<b>MCAF</b> Lance Cpl. B. Griffiths, 257-3212	<b>1st Radio Bn.</b> Cpl. L. Goss, 257-1799
<b>3rd Marines</b> Sgt. D. Williams, 257-1151	Lance Cpl. J.R. Williams, 257-0091
Cpl. M. Borton, 257-3370	<b>MALSEK</b> Cpl. Anthony M. Fontana 257-5287

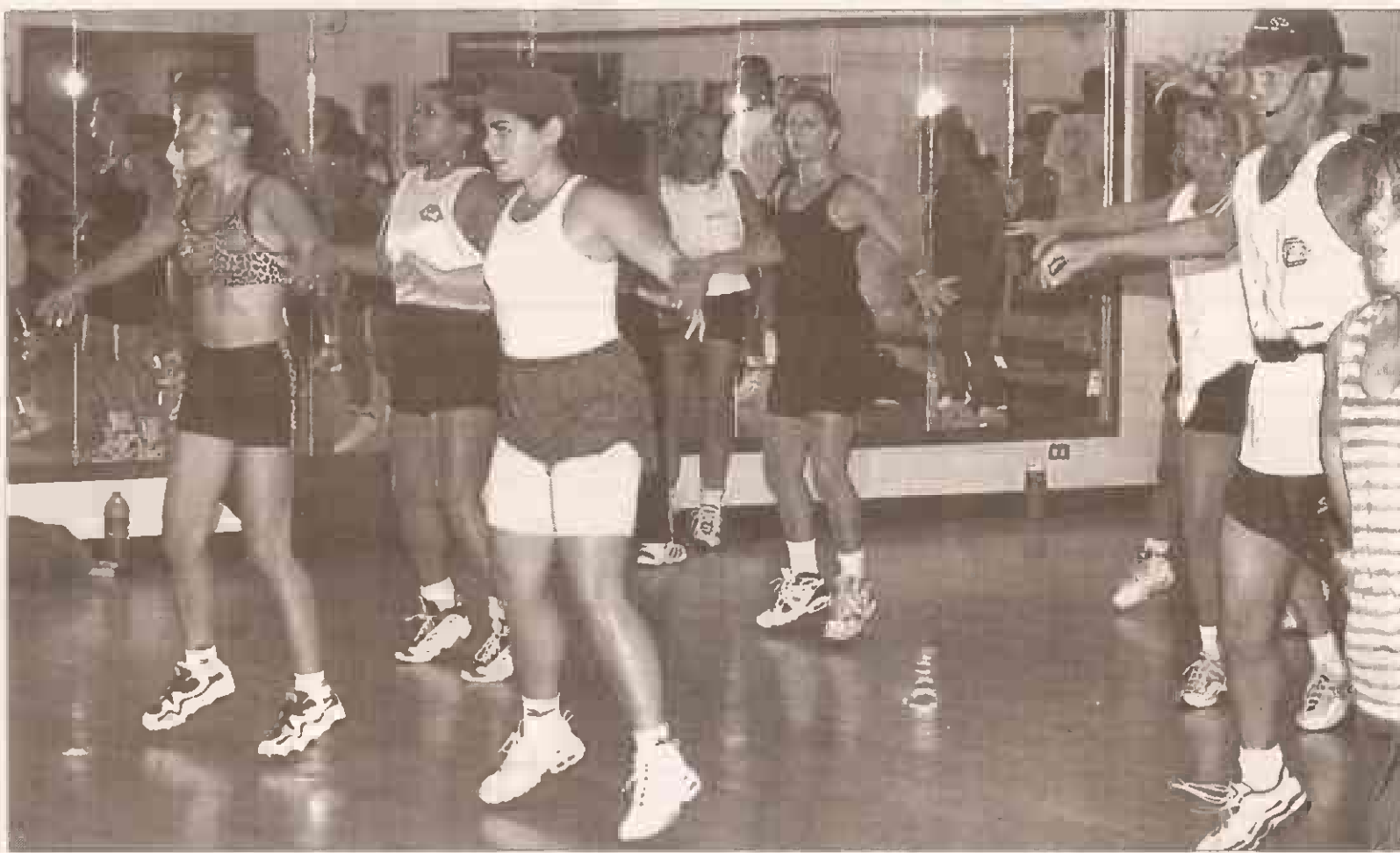


Photo by Pfc. Roman Yurek

Participants do jumping jacks during one of the Aerobathon sessions at the Semper Fit Center.

## Fitness fair raises health awareness

Pfc. Roman Yurek  
Combat Correspondent

Staff at the Semper Fit Center and Kaneohe Bay Branch Medical Clinic helped raise health awareness for residents of MCB Hawaii, Kaneohe Bay, during the Fitness Fair and Aerobathon Saturday morning.

The Fitness Fair, an annual event, offered stations to inform people about health risks, while the Aerobathon offered samples of different aerobic programs available on base.

As part of the Fitness Fair, people were able to have their blood pressure measured, cholesterol screened and body composition taken, and even get a massage — all for free.

For the Aerobathon, six different aerobic programs were demonstrated; from step climb-

ing to kickboxing.

"We do this to present health awareness," said Cyndi Malinen, fitness coordinator at the Semper Fit Center.

The Aerobathon required a \$5 fee for two and a half hours of aerobics. During this time, people stepped side to side, clapped and shouted their motivation.

"This is an awesome opportunity for instructors and students to work together, network and share information," said David Height, an aerobics instructor at the Semper Fit Center. "I think this is a great idea and should be done quarterly."

As instructors demonstrated different exercises, the body was being affected. To motivate students' participation, the instructors periodically

asked how they were doing. Students replied with clapping or shouting.

"This event lets people on base know that we are here," said Cherrie Castro, lead aerobics instructor for the Semper Fit Center. "It also lets people work out, without feeling intimidated."

Besides a workout, prizes were also offered. Cruises, snorkeling equipment and free towels were just a few of the many prizes that were given to attendees.

At the end of a long workout, the patrons left with smiles on their faces and sweat stains on their clothes. Conversations that included "I feel great," and "that was an awesome workout," were common as people exited the Semper Fit Center.



## Boy Scouts visit K-Bay

Sergeant Daniel Devlin, left, 1st squad leader for Tube Launched Optically Tracked Wire Guided Missile Weapon System section, 3rd Battalion, 3rd Marine Regiment, shows Michael L. Aalseth, senior patrol leader for Boy Scout Troop 634, how the TOW operates.

Photo by Pfc. Roman Yurek

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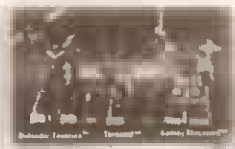
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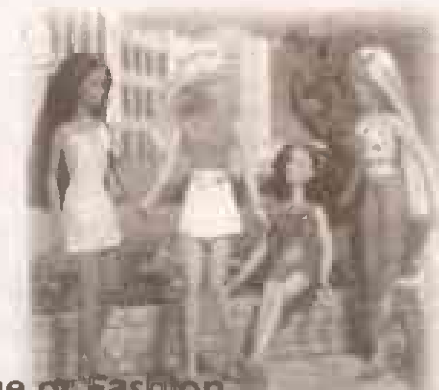


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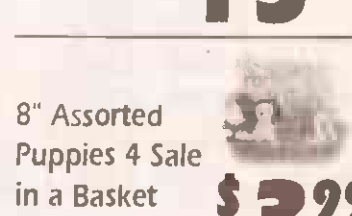
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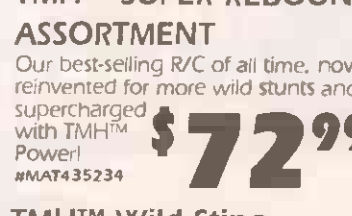
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# Football preseason just a teaser

Staff Sgt. Luis P. Valdespino Jr.  
Press Chief

Make no mistake about it: the National Football League's preseason is nothing but a teaser — unless your team is one of the those playing the quarterback or head coach shuffle.

As we prepare to revive the *Hawaii Marine* Football Pool, here are a few factors to take note of:

At least eight teams will start the season with new head coaches; one being the expansion Browns, who will take live regular-season NFL action to Cleveland for the first time since Dec. 17, 1995.

The starting quarterback spots are as open as they've been in years; most notably with defending Superbowl champions, the Denver Broncos.

As Denver sports fans were shown Sunday, the Broncos will begin their decline with the absence of John Elway, unless Brian Griese can prove himself as capable — Brister doesn't hold a chance.

Another notable change is the head coaching job at Green Bay, new home for former Eagles coach, Ray Rhodes. Packer fans can expect their team to

fall apart the way Philly did after Rhodes' arrival as the Eagles head coach.

Atlanta comes back with pretty much the same team. But reality will set in for the team, coming off the second consecutive National Football Conference loss to American Football Conference champions, the Denver Broncos. Don't worry Atlanta, you'll still make the play-offs.

Cowboy fans, however, will be treated to a record 9th Super Bowl appearance — more on that to follow over the next few months.

For now, stand by. Following are the rules for the *Hawaii Marine* Football Pool:

- Weekly picks must be faxed to 257-2511 or e-mailed to valdespinolp@exmh1.mcbh.usmc.mil by 4 p.m. Friday.

- Submissions must include a total score for the Monday Night game; a sum of both teams' points for the game.

- Thursday games will not be counted, unless submissions are turned in by noon Thursday.

- The Monday Night game will be used as a

tie-breaker, with the score being a final tie-breaker.

- Pool participants who fail to submit all or part of their picks for any particular week will be credited for losses on any picks not submitted.

- Rankings for pool participants will be by win/loss percentage.

- For the football pool, the season will be divided into first and second halves. A mid-season champion will be named after week eight. The second half of the season will begin with Nov. 7 games: all pool participants will again start with an even slate. The second-half champion will be named after the final regular season game.

- The first and second half champions will pick a Superbowl winner and submit a total score prediction. The winner of the Superbowl pick will have his or her named inscribed in the *Hawaii Marine* Football Pool plaque (to be kept at the MCB Hawaii, Kaneohe Bay, Public Affairs Office).

Games will be listed weekly in the *Hawaii Marine*. The first picks will be posted next week.

## Intramural Standings

### 1999 Summer League Basketball Standings as of Aug. 30

Team	Won	Lost
MALSEK	7	1
3/3 Big Ballers	6	1
Supply Co.	6	2
HQ 3rd Mar	6	3
1st Rad Bn.	3	3
VP-9	4	5
HQBN	3	4
CSSG-3 Rascals	3	5
Camp Smith	2	4
VP-4 AFU	1	6
VP-4 VDN	1	7

### 1999 Intramural Golf League Standings as of Aug. 30

Gold Division	Points
Teams	27
1st Rad Bn	24
Pinseekers	21
MCAF	10
B 1/12	0
CSSG-3	0
Easy Riders	0
CSSG-3 LSC	0
Camp Smith	0

Red Division	Points
Teams	47
PMO	40
HMT-301	38
1st Rad Bn	27
HQBN	22
Mulligans	12
Supply Co.	10
VP-4 "C"	0
Sub Par	0
3/3	0
FASO	0

### 1999 Intramural Soccer Standings as of Aug. 30

Team	Wins	Losses	Ties
Points	6	1	0
HQBN	3	3	2
MCAF	2	1	4
CSSG-3	3	0	2
Redlegs	2	1	2
1st Rad Bn	2	4	2
ASE 1	1	3	3
Navy	1	2	2
VP-9	0	2	2
ASE 2	0	2	2



MCBH CAMP SMITH  
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Steve Kinder	M - F 0830 - 1630	487 - 1182
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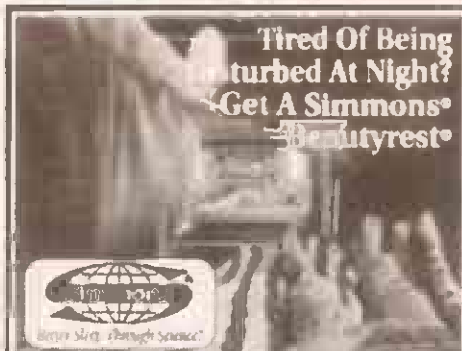
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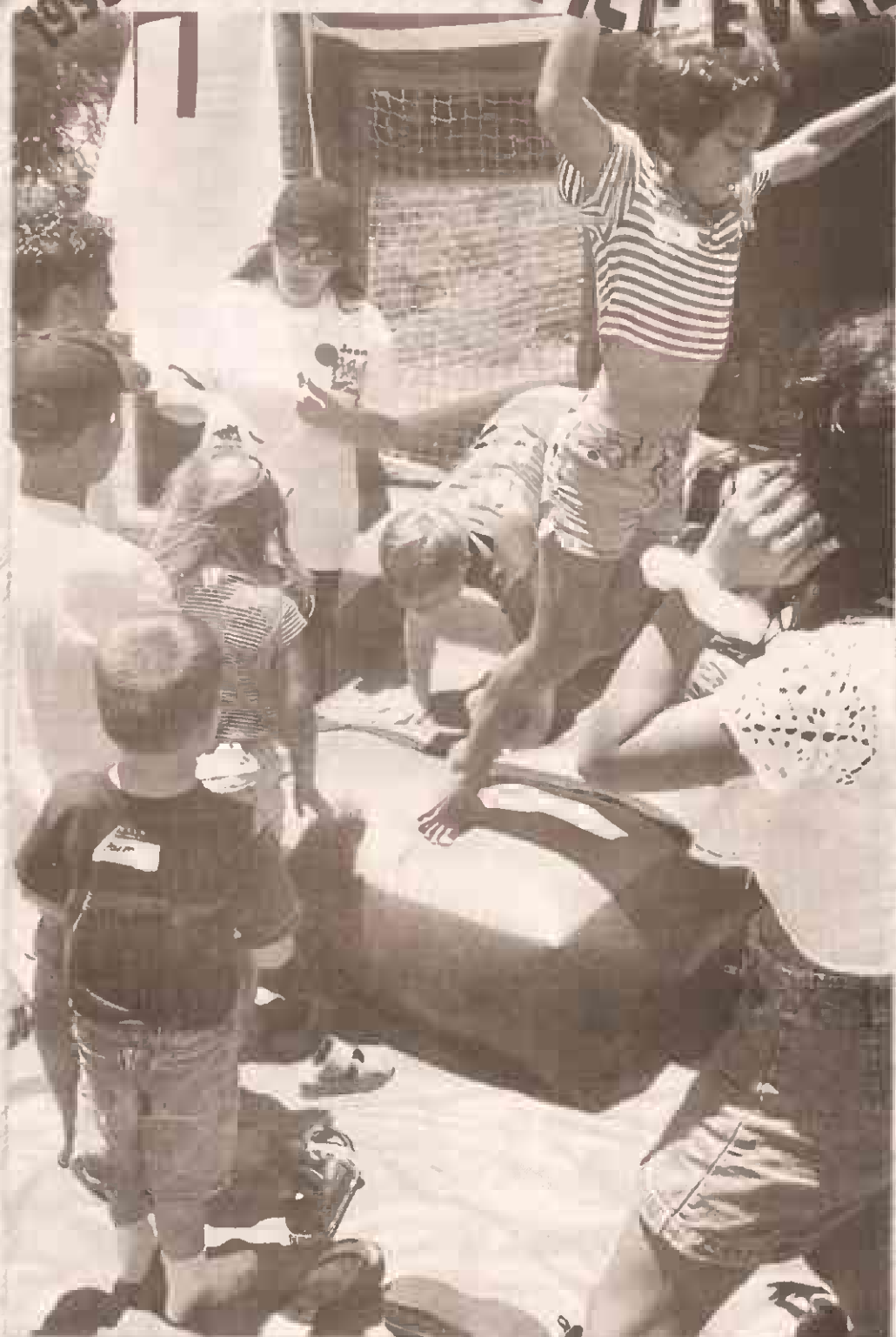
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## Hawaii Marine 1999 SUN PRESS Carrier Event



Carriers having fun waiting outside of the inflated jumping castle during the Sun Press carrier event held at Richardson Field on Saturday, August 21. Lucas Wooten (who was unable to attend the event) received Carrier of the Year recognition.



# Ephedra in sports supplements can be counterproductive

Sgt. M.V. Trindade  
Community Relations Chief

His feet were pounding to the rhythm of his heart as he soared above cloud nine. Fueled by an adrenaline and endorphin induced high, he raced past runner after runner. What his fellow Marines didn't know was that his performance on the last leg of the physical fitness test was the result of a special little pill.

But no matter, his eyes were set on getting through the finish line first ... that was the last thing he remembered after waking up in a hospital bed.

That scenario could happen aboard MCB Hawaii if the wrong Marine and the wrong dosage of ephedra mix as he attempts to reach a personal pinnacle of physical excellence.

Derived from an herb, ephedra, or ephedrine, is a common ingredient found in various sports supplements and can induce a feeling of euphoria, coupled with excitement and boosted levels of energy, according to Petty Officer 3rd Class Terry Lubio, general duty corpsman for the Aviation Support Element, Kaneohe.

Also known as ma huang, ephedra isn't really a drug at all, said Navy Lt. Michelle Willoby, department head for military medicine at Kaneohe Bay's Branch Medical Clinic. "It's (derived from) an herb and therefore classified as a food." This makes taking supplements containing ephedra a potential hazard, she said.

Supplements that are considered herbal are not regulated under federal drug laws; safety and effectiveness do not have to be demonstrated before these products are marketed, according to an article published in the American Family Physician, a publication released by the American Academy of Family Physicians. Many consumers may believe herbal products are inherently safe — simply because they're natural. In fact, however, they can cause adverse effects on the body.

Some of the documented problems include kidney stones, insomnia, nervousness, seizures, heart attacks, and in some cases death, reported the American Family Physician.

The common dosage for these sports supplement

Supplement Facts	
Serving Size: 1 Capsule	
Servings Per Container: 60	
Ma Huang 8% Standardized Extract	300mg
Guarana Seed 10% Standardized Extract	150mg
Caffeine USP	80mg
Purple Willow Bark	75mg
Cayenne Pepper	60mg
Ginger Root	40mg
Daily Value Not Established	
Other Ingredients: Magnesium Stearate	
Manufactured for distribution by:	

Photo by Sgt. M.V. Trindade

The ingredients' list of many supplement bottles also labels ephedra as Ma Huang.

pill is 300 milligrams of ma huang, which is broken down to 8 percent, 24 milligrams, of ephedra. However, consumers may find themselves confused if they aren't aware ma huang is another name for ephedra.

Although the FDA can't regulate these products, they can issue guidelines, said Willoby. As it stands, the FDA has declared that a healthy adult should take no more than 24 milligrams of ephedra per day, which "even in those amounts could cause health problems."

For some of the stronger supplements, 24 milligrams is actually what each individual pill delivers into a person's body. Most of these performance-enhancing sports supplements, which can often even be found in military

exchanges, instruct a user that proper intake includes no more than two pills per day: two days on and one day off. That's actually 48 milligrams in one day — twice what the FDA recommends.

Some Marines have ignored the caution labels and have been known to abuse such ephedra-containing supplements. At higher doses, the ephedra can affect the body in a way similar to the way amphetamines do.

"I had two Marines drop out of formation when I was with (a Marine Expeditionary Unit)," said Sgt. Michael Lyons, watch commander with MCB Hawaii's Military Police Department. After a battery of tests, Lyons said he was told the Marines were ill from the supplements and one of them had a heart in bad shape as a result of excessive use of the pills.

Some Marines tend to use the pills before a run, "but most people don't realize that they're horrible for aerobic exercises," said Lubio, who has been a certified trainer at a nationwide gym chain for three years. "You already speed up your heart when you do those types of exercises, and ephedra will speed it up too: putting additional strain on your heart."

Ultimately, the option to use sports supplements is the choice of the individual. There aren't any long term studies devoted to ephedra-containing products, according to The American Family Physician. So these products should be used with caution.

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Soft, deep cushioning flows from headrest to footrest in these recliners from La-Z-Boy. Sizable proportioned for man-sized reclining, features include expansive backs, thickly cushioned seat and arms. Just in time for the football season!

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Ticket to Fun

By Julie LeRoy  
MCCS Marketing

Community Aloha Fair

The Fall Community Aloha Fair is set for 5:30 p.m., Sept. 16, at the Windward Enlisted Club Ballroom. Dozens of businesses and services will be on hand to provide information on everything from education and recreation opportunities to retail, personal services and safety. The Aloha Fair is your one stop shop for the entire family. Refreshments, door prizes and live entertainment will make it a fun evening for all. For more information call MCCS Marketing at 254-KBAY (5229).

5K Camp Smith Grueler

The public is invited to participate in the 3rd Annual Camp H.M. Smith 5K Grueler Sept. 18, at 8 a.m. Runners can expect both physical challenges and awesome vistas as they traverse the installation, set in scenic Halawa Heights. The course includes some uphill terrain, and runners are rewarded by breath-taking ocean views and a panorama that sweeps from Waikiki to the Leeward Side. The race is a component of the Commanding General's Semper Fit Series. It awards prizes to the top three overall finishers, as well as top finishers in each of four age categories: 18-29, 30-39, 40-49, and 50 and above. Entry fees are \$12. Packets are available for pick up at the Camp Smith Fitness Center Sept. 16 and 17, from 8 a.m. to 4 p.m. To register, or for more information, call 477-0498 or 477-5197

Fiesta Fun

Two special fiestas promise double delight for celebrants of Hispanic Heritage Month at the Base Library, building 219. The first party coincides with Storytime, a weekly event for children during the school year. It is slated for Sept. 23 at 10 a.m. A second fiesta will be held Sept. 29, at 9 p.m., and will feature a vibrant performance by MCB Hawaii Hispanic Heritage Committee dancers. A pinata will be a highlight of both events. Party-goers may line up, from shortest to tallest, to take a crack at the pinata until it yields treats for all. Hispanic influenced stories will round out both celebrations, and attendees may peruse a display highlighting prominent Hispanics who have made significant contributions to society. Call 254-7624 for more information.

Battle at the Bay

Get ready for a rumble at the E' Club Saturday from 1-3 p.m., when Pro Wrestling Hawaii presents an electrifying exhibition by a host of bruising battlers. Groans and grimaces are all part of the fun as these outrageously entertaining musclemen compete with each other for the attention of the crowd. Fees are \$7 for adults and \$5 for children ages 12 and under. All active duty, DoD civilians and guests are welcome. Call 254-7660 for more information.



MOTORCYCLE SAFETY



Photo by Cpl. Trent Lowry  
Corporal David Eastman, right, instructs students in the Motorcycle Safety Course aboard MCB Hawaii Kaneohe Bay. The three-day course is offered weekly by base safety, and is open to all Department of Defense personnel. For more information, call Eastman at 257-1831.



Space Available Information

To fly Space "A" from MCB Hawaii, Kaneohe Bay, call the Marine Corps Air Facility Flight Clearance Section at 257-0777 for dates and times.

For flights leaving from Hickam Air Force Base, call 449-6833/1515, or visit their website at [www.hickam.af.mil/spacea/spacea.htm](http://www.hickam.af.mil/spacea/spacea.htm).

Religion

MCB Hawaii Kaneohe Bay Chapel

**Catholic**  
Daily Mass 11:45 a.m. Monday-Friday  
Saturday 6 p.m.  
Sunday 7:30 a.m. and 9:30 a.m.  
Holy days of Obligation 11:45 a.m. and 7 p.m.  
**Protestant**  
Sunday School 9:30 a.m., building 579  
Sunday Worship 8:30 and 11 a.m.  
**Gospel of Holiness Fellowship**  
Sunday School 10:45 a.m. building 579  
Sunday Worship 1 p.m.  
Bible Study 7 p.m. Tuesday  
Unless otherwise stated, all worship is at the K-Bay Base Chapel.

Camp H.M. Smith Chapel

Catholic Mass 11:30 a.m. daily and 8 a.m. Sun.  
For more information on any of the above services, call 257-3552.

Aloha Jewish Chapel at Naval Base Pearl Harbor

Shabbat Service 7:30 p.m. Friday  
For more information, call 471-3971.

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Hotel Room Expense For 2 Nights & Car Rental



Enter our Quick Study contest. To be eligible for free drawing, just check the appropriate answers below and send this with your name and address to:  
QUICK STUDY, C/O RFD Publications, 45-525 Luluku Rd., Kaneohe, HI 96744

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

1. Are you male or female?

\_\_\_\_ Male  
\_\_\_\_ Female

2. What is your current marital status?

\_\_\_\_ Divorced or separated  
\_\_\_\_ Widowed  
\_\_\_\_ Married

3. Which of the following categories best describes your current employment (You may check one or more.)

\_\_\_\_ Employed full time outside the home  
\_\_\_\_ Employed part time outside the home  
\_\_\_\_ Work at home for pay  
\_\_\_\_ Housewife or househusband  
\_\_\_\_ Retired  
\_\_\_\_ Unemployed  
\_\_\_\_ Student

4. Including yourself, how many people live in this household?

\_\_\_\_ 6 or more people  
\_\_\_\_ 4 or 5 people  
\_\_\_\_ 3 people  
\_\_\_\_ 2 people  
\_\_\_\_ 1 person

5. Which of the following best describes the highest level of education that you completed?

\_\_\_\_ Some high school  
\_\_\_\_ High school Graduate  
\_\_\_\_ Some College  
\_\_\_\_ College Graduate  
\_\_\_\_ Post Graduate

8. Which of the following categories includes your age?

\_\_\_\_ Less than 15  
\_\_\_\_ Between 15 and 24  
\_\_\_\_ Between 25 and 34  
\_\_\_\_ Between 35 and 44  
\_\_\_\_ Between 45 and 54  
\_\_\_\_ Between 55 and 64  
\_\_\_\_ 65 and Older

9. In which Military community do you live?

\_\_\_\_ Kancuhe  
\_\_\_\_ Kailua  
\_\_\_\_ Hawaii Kai  
\_\_\_\_ Other: \_\_\_\_\_

10. How many hours do you spend reading newspapers each week?

At home I spend: \_\_\_\_\_ hours a week.  
At work I spend: \_\_\_\_\_ hours a week.

11. How many times have you read this newspaper in the last six (6) months?

\_\_\_\_ 1-4 times  
\_\_\_\_ 4-8 times  
\_\_\_\_ 8-12 times  
\_\_\_\_ 12 or more times  
\_\_\_\_ None

12. When reading this newspaper, what do you usually do when you see an ad?

\_\_\_\_ Notice there is an ad  
\_\_\_\_ Browse over the ad  
\_\_\_\_ Casually read the ad  
\_\_\_\_ Thoroughly read the ad

13. In the past six months have you purchased any services or products advertised in this newspaper?

\_\_\_\_ Yes  
\_\_\_\_ No

14. Have you searched for a new job in our classified advertising section?

\_\_\_\_ Yes  
\_\_\_\_ No

15. Have you ever bought anything featured in the classified section of this newspaper?

\_\_\_\_ Yes  
\_\_\_\_ No

16. Where do you look MAINLY for local news?

\_\_\_\_  
\_\_\_\_  
\_\_\_\_

17. What parts of a newspaper do you find most useful? List in order of importance to you.

\_\_\_\_  
\_\_\_\_  
\_\_\_\_  
\_\_\_\_

18. What is missing from your military newspapers that would make it useful for you or that you would like to see?

\_\_\_\_  
\_\_\_\_  
\_\_\_\_  
\_\_\_\_  
\_\_\_\_  
\_\_\_\_

19. Overall, how do you think we're doing as your military newspaper?

\_\_\_\_  
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**Mall the completed survey to:**  
**QUICK STUDY**  
**C/O RFD Publications**  
**45-525 Luluku Rd.**  
**Kaneohe, HI 96744**  
**Deadline for entries is**  
**Sept. 30, 1999**



## Free Ads

### Lost and Found

Found ring at Pyramid Rock Beach on Aug. 24. Call to describe at 261-2846.

### Housing

Vacation rental cottage. Lanikai, one bedroom, one bathroom, near beach. Three-night minimum, \$95 a night. Page Mike at 598-7217.  
Lovely one bedroom apartment at Kailua's Windward Passage, 15th floor. Call 262-2627.

### Transport

'92 Saturn SL2, white, 4-door, 76,000 miles, moon roof, cruise control, great condition. \$4,250. Call 256-7845.  
'95 Honda Passport 4x4, runs and looks great, A/C, cruise and more. \$15,000/OBO. Call 254-0535.  
'98 Plymouth Neon, auto, A/C, AM/FM stereo, P/S, P/B, very clean, like new, only

19,000 miles, blue book is \$11,725, asking \$9,500/OBO. Call 254-6134.  
'95 Toyota T100, 5 speed, 4x4 pickup truck, AM/FM/Cassette, extended cab. Asking \$18,500/OBO. Call 383-9634 or 262-3532.  
'93 Geo Metro convertible, low mileage, cool island car, A/C, good condition, available Oct. 1. Call 254-9292 after 6 p.m.

### Miscellaneous

Garage sale, 2681-F Daly Rd., Saturday, 8 a.m. to noon. Car speaker, couch, lazy boy, uniforms video games, videos, rug, suit, clothes and more. Call 254-2007.  
AKC cocker spaniel female puppy, black, nine weeks old. \$600/OBO. Ready for a home and kids. Call 254-4638.  
Nordic Trak \$100/OBO, king size oak waterbed headboard, \$100/OBO. Both in excellent condition. Call 239-3580. Ten x 20 foot canopy with side wall, \$100. Call 256-7845.  
Lazy Boy recliner, barely used, brown/multicolor, per-

fect condition. Paid \$400, asking \$200. Call 256-7845.  
Free to a good home, two 8-month-old kittens, brother and sister, must go as a pair. Very friendly, all shots and both fixed. With food, litter box, toys, etc. Call 254-6134.  
White metal twin full bunkbed with mattresses. Needs touch up paint. \$100. Call 254-2485 anytime.  
RCA TV, 32-inch, remote control, stereo, color, picture in picture, \$599; like new "extra wide" skateboard deck, \$30. Call 671-8358.  
Men's left handed golf clubs \$60; lawnmower, \$50; tan sleeper/sofa, \$100; men's bike, \$20. Call 254-4724.  
Piano lessons, enhance your child's math, reading, spatial skills. Affordable rates. Ages five to adult. Call Alyson at 254-1308.  
To submit an ad to the Hawaii Marine, fax 257-2511 or come by our office on the ground floor of building 216. Ads must be 20 words or less. Ads must be in our office by noon Thursday to appear in the following week's publication. All ads will run for two weeks unless extended or cancelled.

## Movies



### American Pie

Friday, 7:15 p.m.  
Starring Jason Biggs, Jennifer Coolidge, and Shannon Elizabeth.  
At the end of their senior year of high school, a group of friends make a pact to lose their virginity by prom night. Their attempts bring out some surprising realizations about themselves and their relationships. *Adult comedy, rated R, 95 minutes.*

### Wild, Wild West

Friday, 9:45 p.m.  
Starring Will Smith, Kevin Kline, Kenneth Branagh and Salma Hayek.  
Two government agents are sent to stop a brilliant and diabolical scientist who plans to assassinate President Grant. The agents pool their talents even though they're not completely sure they can trust each other. *Action comedy, rated PG-13, 107 minutes.*

### Arlington Road

Saturday, 9:45 p.m.  
Starring Jeff Bridges, Tim Robbins and Joan Cusack.  
Jeff Bridges stars as an antiterrorism expert who grows extremely suspicious of the all-too-normal family who has just moved into his suburban neighborhood. The more he finds reason to fear his neighbors, the more his friends and



colleagues grow convinced that he is simply battling his own personal demons. *Suspense, rated R, 118 minutes.*

### Big Daddy

Saturday, 10:30 p.m./Monday, 7:15 p.m.  
Starring Adam Sandler, Joey Lauren Adams and Jon Stewart.  
Sonny Koufax is a law school graduate avoiding the increasing pressures of adult responsibilities. In a misguided attempt to impress his girlfriend and prove he is ready for responsibility, Sonny accepts custody of five-year-old Julian under the pretense of being his biological father. *Comedy, rated PG-13, 94 minutes.*

### Eyes Wide Shut

Saturday and Wednesday, 7:15 p.m.  
Starring Tom Cruise and Nicole Kidman.  
Cruise and Kidman star as a married couple who explore their own sexual identities. *Psychological thriller, rated R, 159 minutes.*

### Inspector Gadget

Sunday, 3:30 p.m.  
Starring Matthew Broderick, Rupert Everett.  
The adventures of a mild mannered security officer who, after a tragic accident, is remade into a resourceful detective. Fourteen thousand useful devices are stored all over Gadget's body. *Comedy, rated PG, 80 minutes.*

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EDP 101	Introduction to Computers	8:15 am - Noon
EDP 203	Intermediate Computer Applications	8:15 am - Noon
KEY 101	Keyboarding	8:15 am - Noon
MCH 101	Business Machines	8:15 am - Noon
MTH 100	Basic Math Review	8:15 am - Noon
MTH 101	Business Mathematics	8:15 am - Noon

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DUE BY 12 Noon-Monday

**Telephone Service**  
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**Counter Service**  
45-525 Luluku Rd., • Kaneohe  
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<b>'96 DODGE NEON HIGHLINE</b> AUTO, AIR, P/S, TEL. CRUISE, AM/FM, CASS., PREM. SOUND #00791/4024 <b>NOW \$8,499</b> WAS \$10,999	<b>'97 MERCURY MYSTIQUE GS</b> AUTO, AIR, P/W, P/L, CASS., DUAL AIR BAGS #00089/4033 <b>NOW \$10,999</b> WAS \$13,999	<b>'98 PLYMOUTH VOYAGER</b> V4, AUTO, DUAL DOORS, 7 PASS., AIR, AM/FM #00039/4074 <b>NOW \$16,999</b> WAS \$19,999
<b>'95 DODGE DAKOTA PICK-UP</b> AIR, AM/FM, SHELL, PREM. WHEELS #00791/4109 <b>NOW \$8,999</b> WAS \$11,999	<b>'97 CHEVY LUMINA</b> V4, AUTO, AIR, P/W, P/L, CASS., DUAL AIR BAGS #00084/4071 <b>NOW \$11,499</b> WAS \$14,999	<b>'96 JEEP GRAND CHEROKEE LAREDO</b> 6 CYL., AUTO, AIR, P/W, P/L, CASS., ALCOYS #00094/4071 <b>NOW \$18,999</b> WAS \$20,999
<b>'97 DODGE NEON HIGHLINE</b> AUTO, AIR, P/S, AM/FM, DUAL AIR BAGS #00091/4071 <b>NOW \$8,999</b> WAS \$10,999	<b>'95 FORD WINDSTAR GL</b> V4, AUTO, 7 PASS., AIR, P/S, AM/FM, LOADED #00041/4114 <b>NOW \$11,999</b> WAS \$14,999	<b>'98 DODGE DURANGO 4x4</b> V4, AUTO, ST. AIR, P/W, P/L, ALCOYS, LOADED #00054/4010 <b>NOW \$27,999</b> WAS \$34,999

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<b>120 Health/Fitness</b> LOSE UP TO DIET 30 LBS. 30 DAYS Programs start at \$38 MAGIC *Free gift with order! Order on-line @ www.evitallity.net/herb A PILL TO LOSE WEIGHT? For a FREE 3-day trial pack of Thermolift call 1-800-762-1749. FREE WEIGHT-LOSS SAMPLES! 1-888-764-5776 GOOD LOOKS, GREAT HEALTH. A better now, a great future. Herbalife. Call 595-6202 NATURAL Weight loss. Lose like crazy! Doctor approved, no hunger. Carrie 1-888-264-3672 TAE BO, Tae Kwon Do, Kick boxing. Pw. lessons by certified trainer. Flex hrs. 924-8003. FIND IT fast! Call 235-5881	<b>130 Home Furnishings</b> BEAUTIFUL CURLY KOA dining room set & KOA ROCKERS!! MUST GO!! SAVE BIG \$\$\$!! CALL 293-8234. SIMMONS BEAUTYREST Queen size. Purchased 1994. \$200 Call 254-1987. 175 Musical Instruments ABLE PIANO WAREHOUSE 382-7889 Many upright & baby grands. Used/Rebuilt. 847-6588 COMPLETE PIANO SERVICE Tuning, repairing, rebuilding 282-0833 COMPLETE PIANO SVC. Cpt. technician & tuner. Used pianos \$500/up. 40 yrs. exp. 293-1682 PREMO'S PIANO SHOP Sell-Buy-Service Call 531-3848 CALL NOW to sell it fast! The Classifieds 235-5881 185 Pets-Everything AKC SILKY TERRIER PUPS No shed health guar. vet checked. \$500-\$800/Pymt OK. Paradise Kennel. 638-5383. AKC TOY POODLES 6 wks., beige, 2 (M), 1 (F), shots, \$350. 521-7738 or 247-1163.	<b>185 Pets-Everything</b> CFA PERSIAN kittens. Healthy & affectionate. assorted colors. PKD neg.; fr. \$225. 261-4354 KITTY BED & BREAKFAST Boarding cats only. Lots of TLC! 262-4291 LOVE ANIMALS? Donate your running vehicle to Sylvester Foundation. Largest NO-KILL animal sanctuary on Oahu. Use as tax deduction! Call 841-5493, 554-2444 MINI SCHNAUZER PUPPIES CHIHUAHUA/TERRIER PUPS Dalmatian/Terrier. 780-PETS UKC CHOCOLATE Red nose pit bull pups, papers, \$225 ea. Call 262-6244 eves WANTED: young female Lufino Peach-Faced Love Bird. Call Bernard, 623-1695 230 Water Sports Equipment '96 SEADOO SP Jet Ski w/ Cautious trailer, only 12 hrs. run time. \$5000.00. 676-5183. 2000 Auto Announce LOVE ANIMALS? Donate your running vehicle to Sylvester Foundation. Largest NO-KILL animal sanctuary on Oahu. Tax deductible! Call 841-5493, 554-2444.
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**CALL 682-2858 For Information**

Registration Fees: \$35 per auction plus \$100 security deposit or \$175 per year!  
 No one under 21 allowed. Auctioneer Lic. #0030405

• Repossessions	• Trucks	• Jeeps	• Cheap Cars
• Motorcycles	• 4x4s	• Foreign	• Parts Cars

Terms: Cash, Traveler's Checks, Money Orders. Everything sold as is.  
 Donate Any Vehicle 521-GIFT RUNNING, BROKEN, DAMAGED OR HIGH MILEAGE

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# Home & Apartment Guide

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Donate your vehicles.  
Reduce your taxes.  
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the Classifieds and get  
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3.23 Ratio Differential Carrier  
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Camaro. \$450.00. 422-1321.  
PIPE RACK for newer Dodge  
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\$350.00. 236-0612.

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CAR, VAN, TRUCK,  
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Running, broken,  
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MAX. TAX DEDUCTION.  
FREE FAST PICKUP.  
CHRISTIAN  
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**USED DOUBLE HOTEL BED**  
2-PC. SETS **\$79<sup>95</sup>**

**USED BED SETS**  
Call for availability

TWIN	\$39 <sup>95</sup>	QUEEN	\$59 <sup>95</sup>
DOUBLE	\$59 <sup>95</sup>	KING	\$99 <sup>95</sup>

**New! Quilted Bed Sets**

TWIN	\$189 <sup>95</sup>
QUEEN	\$229 <sup>95</sup>
KING	\$279 <sup>95</sup>

**UNFINISHED CHESTS**  
4 Drawer Reg. 63" **\$49<sup>95</sup>**  
5 Drawer Reg. 75" **\$59<sup>95</sup>**  
20" Wide

**New Twin Rollaway Bed**  
reg. \$320 **\$245**

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CHARGE INCLUDES FREE PICK-UP OF OLD BED

## 2025 Motorcycles/ Scooters

**'94 SECCA II**  
\$2,995 + \$75 doc. tax & lic.  
831-2600

**'96 H-D FXST (#6647)**  
\$12,995 + fees  
South Seas Honda 836-1144

**'97 YAMAHA BANSHÉE**  
(#3633), \$3,995 + fees  
South Seas Honda 836-1144

## 2025 Motorcycles/ Scooters

**'97 600 SHADOW (#23), 1344**  
mi. 2-tone. \$4,550 + fees  
South Seas  
Waipahu 671-6711

ADS really sell! Call 235-5881

**'97 VIRAGO 750 (#78)**  
6,400 mi., \$4,699 + fees

South Seas  
Waipahu 671-6711

## 2025 Motorcycles/ Scooters

**'98 BUELL \$1-LIGHTENING**  
(#08), 2478 mi. \$8,995 + fees  
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Waipahu 671-6711

Need Help? Call 235-5881

**'99 1500 DRIFTER**  
\$9,999 + \$75 doc. tax & lic.

South Seas  
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## LABOR DAY WEEKEND SALE

<b>'88 Cadillac DeVille</b> GZU857/#218 Was \$5995	<b>'94 VW Jetta</b> FR026/#2046 Was \$8995
<b>'91 Honda Civic H/B</b> EDR607/#2833 Was \$6995	<b>'96 Chevrolet Cavalier</b> GRG730/#2726 Was \$9195
<b>'91 VW Passat S/W</b> EGV758/#2709 Was \$7995	<b>'91 Cadillac DeVille</b> GFX046/#2886 Was \$9995
<b>'91 Ford Aerostar</b> GZU842/#2830 Was \$6995	<b>'93 Buick LeSabre</b> FBJ401/#2774 Was \$10,995
<b>'90 Honda Prelude</b> FCN889/#2892 Was \$7995	<b>'96 Buick Century</b> MBN378/#1563 Was \$13,595
<b>'93 Pontiac Grand Am</b> N125/#2885 Was \$7995	<b>'93 Isuzu Trooper</b> FE214/#2885 Was \$12,795
<b>'93 Mazda MX-6</b> GBR025/#2661 Was \$9495	<b>'95 Ford T-Bird</b> FXF322/#2734 Was \$11,995
<b>'88 Jeep Cherokee</b> ENZ168/#2776 Was \$8995	<b>'92 Cadillac Eldorado</b> EZR908/#2805 Was \$13,995
<b>'95 Oldsmobile Cutlass</b> GPR039/#2782 Was \$10,995	<b>'97 Nissan Maxima</b> GBV775/#2765 Was \$17,995

**Schuman Subaru Waipahu 671-5115**  
Vehicles subject to prior sale.  
All prices are plus tax, Lic., & Doc Fees. Offer ends: 9/8/99

## RIDGE WAY MOTORS

**FINANCING AVAILABLE**  
\$\$\$

**'92 CROWN VICTORIA** \$5,995  
V6, LOADED, RUNS GREAT, EGV637

**'93 CHEVY BLAZER** \$6,700  
4 DR. AUTO, A/C, V6, EGV637

## 60 CARS UNDER \$5000

<b>'84 TOYOTA SR5</b> 5 SPD, GOOD RUNNER (SAD491)	<b>\$650</b>	<b>'86 FORD CROWN VICTORIA</b> AUTO, CASSETTE (QF5008)	<b>\$1,900</b>
<b>'85 TOYOTA COROLLA</b> 4 DR. AUTO, A/C, CLEAN (EV7794)	<b>\$1,750</b>	<b>'86 CHEV. ASTRO VAN</b> 4 DR. AUTO, A/C, ONE OWNER (FFR852)	<b>\$2,950</b>
<b>'89 MAZDA 323</b> 4 DR. AUTO, 65K, CLEAN (EV7794)	<b>\$1,950</b>	<b>'89 BUICK CENTURY</b> 4 DR. AUTO, A/C, PWR, 60K (GPY354)	<b>\$3,500</b>
<b>'88 NISSAN SENTRA</b> 4 DR. AUTO, 65K, CLEAN (FRP557)	<b>\$2,600</b>	<b>'93 CHEVROLET CAVALIER RS</b> SPORTS COUPE, A/C (GJB241)	<b>\$4,450</b>
<b>'85 VOLVO</b> 4 DR. AUTO, A/C, RUNS, LOOKS GREAT (QF8903)	<b>\$2,950</b>	<b>'90 DODGE CARGO VAN</b> LOW, LOW MILES (GWW367)	<b>\$4,500</b>
<b>'87 ISUZU PKUP</b> AUTO, LOW MILES, (FEW458)	<b>\$3,400</b>	<b>'92 ISUZU PKUP</b> A/C, CASS., CAMPER SHELL (UNIO54)	<b>\$4,950</b>
<b>'88 MONTE CARLO SS</b> EXTRA CLEAN, V6, ARTIC WHITE (FSR655)	<b>\$6,795</b>	<b>'90 FORD TAURUS "SHO"</b> V6, 5 SPD., A/C (FYN148)	<b>\$5,500</b>
<b>'93 MERCURY COUGAR</b> V-8, AUTO, A/C, SHARP (FBG119)	<b>\$6,900</b>	<b>'92 FORD AEROSTAR VAN</b> AUTO, DUAL A/C, CLEAN (ED6111)	<b>\$5,950</b>

## WE BUY CARS FOR CASH

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## Making You Happy Island Style

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## GMC SONOMAS!

**\$2000 + \$400 + ZERO = \$275 a month**  
MANUFACTURER'S REBATE! MILITARY REBATE! DOWN!



**'99 GMC Sonoma** AUTO, A/C, P/S, P/B, AM/FM STEREO!

**\$195<sup>00</sup> per month** \*Financing OAC and subject to lender's guidelines. Payment based on zero down for 72 months at 9.0% APR. Prices plus tax, lic. doc. and dest. fees due on delivery. \$400 military rebate available to active/retired military and military reserves stationed in Hawaii. \$7,000 Sonoma rebate and \$400 military rebate applied to sale price. Sale prices not available to special finance clients. Vehicles not necessarily as shown and subject to prior sale. Sale ends 9/5/99

Pre-Qualify For an Auto Loan By Phone!  
Special E1,E2,E3 Financing Available! **1-800-566-CARS**

<b>'94 OLDSMOBILE CIERA</b> ..... Was \$6,995...NOW <b>\$4,995</b> Auto, A/C, P/B, Cass.	<b>'96 FORD EDDIE BAUER F150 4X4</b> ..... Was \$16,995...NOW <b>\$12,995</b> Auto, A/C, P/W, P/L, P/S, LOADED!
<b>'95 CHEVY LUMINA VAN</b> ..... Was \$10,995...NOW <b>\$8,995</b> Auto, Dual A/C, P/W, P/L, Cassette	<b>'97 ACURA INTEGRA</b> ..... Was \$17,995...NOW <b>\$15,995</b> A/C, P/W, CD, LOW MILES!
<b>'93 JEEP GRAND CHEROKEE</b> ..... Was \$13,995...NOW <b>\$10,995</b> Auto, P/W, P/L, Laredo Pkg., LOADED!	<b>'99 FORD RANGER SUPER CAB</b> ..... Was \$18,995...NOW <b>\$16,995</b> V-6, Auto, A/C, ABS, Alloy, CDI

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Sept. 18, 1999  
Noon-4pm

- ★ New Year 2000 Harleys
- ★ Door Prizes
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- ★ Free Hot Dogs
- ★ Live Music by Tommy Miller Band

**Drop In To See New '99 CUSTOM H-D FATBOY**

- Factory Painted
- 5 Gal. Tank
- Heritage Fender
- Gangster White Walls
- Classic Blue & White
- Emblem

**New '99 DRIFTER**  
Authentic 40s Style w/High-Tech Features:  
90cc inch Engine, Fuel Injection, Liquid Cooling, Shaft Drive, Disc Brakes.  
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**New '99 H-D FXR2**  
#950626 **\$19,999**

**Parts 671-6781** **Sales & Service 671-6711**

**South Seas Waipahu**  
94-896 Moaloa Street

All prices are plus tax, lic. & OH fees. Offer good through September 8, 1999.

## Business &amp; Employment Guide

<p><b>35 Business Income Opportunities</b></p> <p><b>1 CIGARETTES!</b> \$11.95 a carton + shipping &amp; handling. Save Money! Make Money! Call 593-3596 iv. msg.</p> <p><b>SAVINGS: Travel Pkgs.</b> Tax reduction by experts. Not MLM. 1-800-345-9688 ext. 8770.</p> <p><b>ALOHA! IMMEDIATE HELP NEEDED.</b> Positive people only. Flex. Schedule. Training. Call 488-1905.</p> <p><b>ACHIEVE FINANCIAL GOAL</b> Let pros do the work for you! 1-800-811-2141 code 95104</p> <p><b>OPENING SOON!</b> Need positive individuals to help run a new office. Will train. <b>485-1661</b></p> <p><b>13 MAGIC WORDS...</b> Are you in the mood to make some serious \$\$\$? Yes or no? If yes, call 1-918-222-7201 X 384 NOW for info then call 422-9338</p> <p><b>A FREE GIFT &amp; Earn up to 50% with AVON.</b> Call today, Asst. Mgr. 685-4345, 284-4661</p> <p><b>AMBITIOUS?</b> Earn extra income. Drive free car. Free info. 488-5667. www.nli.net/74268</p> <p><b>ARE YOU BILINGUAL?</b> We need you. \$25-\$75/hr. P/T-F/T. Will train. 523-3073.</p> <p><b>CALL NOW to sell it fast!</b> The Classifieds. 235-5881</p> <p><b>CALL TODAY!!</b> ✓ Openings Available now. ✓ Good attitude/work ethic. ✓ Rapid advancement. <b>Will train.</b> <b>486-2579</b></p> <p><b>Need Team to Demonstrate New Beauty &amp; Personal Care Line P/T Training Provided</b> <b>668-4208</b></p> <p><b>Looking for Financial Freedom?</b> Or Freedom from a Boring, Dead-End Job? If You Have the Desire, I Can Help. Call My Office Now! <b>591-3542</b></p>	<p><b>35 Business Income Opportunities</b></p> <p><b>Attention All</b> Equinox leaders and distributors: There is Hope! Call this toll-free 24-hr. number and listen to world-renowned expert - Robert Allen. Accept our Free Gift, then decide. It's that simple. We'll welcome you into the top rated network marketing company in America so you can still fulfill your lifelong dreams. Join us now as we enter Hong Kong <b>1-877-363-7210</b></p> <p><b>ATTENTION!</b> Work smarter not harder. Call for free information. Dawn: 676-3500 or 226-4453. Gina: 685-4287 or 388-2214.</p> <p><b>AVON, FREE GIFT &amp; Earn up to 50% as an Ind. Sales Rep.</b> Call 623-9027, 222-8846.</p> <p><b>BEAUTY CONSULTANTS</b> needed. Int'l Cosmetic Co. seeks key people for COLOUR LAUNCH. Will train 422-8515.</p> <p><b>BUY THE Ultimate Vending!</b> No Soda-Snacks! No Selling! Local sites \$150K potential. 1-800-900-3470, 24 hours</p> <p><b>EVERYONE READS</b> The Classifieds. 235-5881</p> <p><b>CALL THIS TOLL-FREE NUMBER TODAY</b> for free info. on a ground-floor opportunity in Hawaii. Rated #1 company in the industry. Publicly traded, well-respected. Call today! Looking for 4 people who want financial freedom &amp; have fun doing it. Toll-free: 1-877-201-3509.</p> <p><b>CASH TODAY!!</b> EARN WHILE YOU LEARN! Call 671-0832</p> <p><b>CHRISTMAS AROUND THE WORLD</b> Hiring sales reps. Earn XMAS \$\$\$! 396-8448.</p> <p><b>Diamond Head Beauty Salon</b> seeking rentiers w/candidate. Stylists \$700/mo. 1 manicurist's station avail., \$400. Call 739-1588 or 739-1828.</p> <p><b>STOP CHASING your friends &amp; family.</b> 150-1050 pre-qualified MLM leads. Free info 423-0102. www.cyberhomebiz.com/mlm</p> <p><b>JOB FAIR!</b> Come join our team! Attend our job fair! Apply for jobs, learn about free computer training &amp; start earning money immediately! Clip this information and put it on your calendar. DATE: Wed. Sept. 8, 1999 TIME: 10am-2pm PLACE: 737 Bishop St. #1880 DIRECTIONS? 524-3630</p> <p><b>MANPOWER</b> EOE</p>	<p><b>35 Business Income Opportunities</b></p> <p><b>EXECUTIVE SEARCH</b> Seeking 3-5 individuals to lead, train, and motivate sales teams. Call 485-1177 Health/Mgmt.</p> <p><b>FREEDOM-Make your time/line</b> own your own not controlled by others. 924-1817 FREE info.</p> <p><b>GET PAID to surf the WEB!</b> For more information, visit www.webmoneylink.com</p> <p><b>IMMED. NEED for 3 ambitious,</b> motivated individuals to help run my bus. 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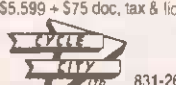
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# JACKSON AUTO GROUP

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**\$1,000,000 Pre-Owned Inventory Sale**  
**Easy Financing • Low Payments**

'91 PONTIAC GRAND AM SE COUPE, AUTO, STEREO, EXCL. (#20951A)	'90 DODGE CARAVAN FULL POWER, TAIL GATE SPECIAL, EXCL. (#7623A)	'96 NISSAN SENTRA SE 4 DR. AUTO, A/C, FULL POWER, EXCL. (#2111A)	'95 ISUZU 4X4 PKUP STEREO, 1 OWNER EXCL. (#4983A)
<b>\$106 MO</b>	<b>\$130 MO</b>	<b>\$149 MO</b>	<b>\$150 MO</b>
'95 CHEVY CORSIKA AUTO, A/C, RELIABLE TRANSPORTATION (#21295)	'98 CHEVY CAVALIER FACTORY WARRANTY, AUTO, A/C, QUICK SALE! (#21256)	'95 GEO TRACKER 4X4 AUTO, A/C, GO TOPLESS! (#7684A)	'96 CHEVY CAVALIER CONV'T AUTO, A/C, LOW MILES, EXCL! (#21189)
<b>\$170 MO</b>	<b>\$194 MO</b>	<b>\$199 MO</b>	<b>\$225 MO</b>
'96 OLDS DELTA 88 33K MILES, FULL POWER, IMMAC, MUST SEE! (#21190)	'98 FORD TAURUS FULL POWER, FACTORY WARRANTY, EXCL., SAVE! (#21235)	'96 MERCURY COUGAR XR7 V8, LEATHER, 25K MI, TRIK WHEELS, IMMAC. (#21226)	'96 FORD WINDSTAR FULL POWER, STEREO, LOW MILES, EXCL. (#21140)
<b>\$237 MO</b>	<b>\$270 MO</b>	<b>\$283 MO</b>	<b>\$293 MO</b>
'98 MAZDA B3000 EX-CAB V6, 5K MI., AUTO, A/C FACTORY WARRANTY, TRIK WHEELS! (#21224)	'95 CADILLAC DeVILLE SEDAN LEATHER, FULL POWER, EXCL., MUST SEE (#4856A)	'98 NISSAN ALTIMA GXE FULL POWER, LOW MILES, FACTORY WARRANTY (#21244)	'98 CHEVY ASTRO VAN DUTCH DOORS, FULL POWER, FACTORY WARRANTY (#21268)
<b>\$304 MO</b>	<b>\$304 MO</b>	<b>\$281 MO</b>	<b>\$309 MO</b>
'95 CADILLAC DEVILLE LEATHER, PRICED FOR QUICK SALE (#4856A)	'97 MERCURY MOUNTAINEER V-8, FULL POWER, LOW MILES, EXCL. (#21243)	'97 FORD EXPLORER XLT FULL POWER, TRIK WHEELS, EXCL. (#5043A)	'95 CHEVY GLADIATOR CONVERSION VAN TAIL GATE SPECIAL! GO BOWS! (#2589B)
<b>\$311 MO</b>	<b>\$349 MO</b>	<b>\$350 MO</b>	<b>\$387 MO</b>

All vehicles subject to prior sale. Not comparable with other incentives. All prices plus tax. \$135 Doc Fee \$197 plus cash down & cash price on monthly terms. Financing O.A.C. '96 Ford Windstar \$293 mo/\$4 mos. \$5500.00, cash price \$13,900. '96 Nissan Sentra \$149 mo/\$6 mos. \$2000.00, cash price \$7,995. '96 Olds Delta 88 \$237 mo/\$6 mos. \$3000.00, cash price \$12,900. '95 Isuzu Pickup \$150 mo/\$6 mos. \$2000.00, cash price \$7,995. '96 Chevy Cavalier \$225 mo/\$6 mos. \$2000.00, cash price \$10,900. '95 Cadillac Deville \$304 mo/\$6 mos. \$3000.00, cash price \$15,900. '90 Dodge Caravan \$130 mo/\$24 mos. \$1000.00, cash price \$2,995. '96 Ford Taurus \$270 mo/\$6 mos. \$2500.00, cash price \$13,900. '97 Ford Explorer \$199 mo/\$6 mos. \$5000.00, cash price \$19,900. '91 Pontiac Grand Am \$106 mo/\$18 mos. \$1000.00, cash price \$1,995. '95 Cadillac Deville \$311 mo/\$48 mos. \$4000.00, cash price \$14,900. '95 Chevy Cavalier \$281 mo/\$6 mos. \$3000.00, cash price \$15,900. '98 Mazda B3000 \$293 mo/\$6 mos. \$3000.00, cash price \$17,900. '95 Geo Tracker \$270 mo/\$24 mos. \$2000.00, cash price \$7,995. '98 Chevy Astro Van \$309 mo/\$6 mos. \$4000.00, cash price \$17,900. '96 Mercury Cougar XR7 \$283 mo/\$6 mos. \$3000.00, cash price \$12,900. '98 Nissan Altima GXE \$281 mo/\$6 mos. \$2000.00, cash price \$13,900. All vehicles have a Mechanical Certification. Sale ends 9/9/99.

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**Only \$11,999**  
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\*Prices include all applicable rebates/incentives. Prices plus \$450 Destination Fee, \$495 PRO PAC, 1.95 DOC FEE, tax & license. Cars not exactly as shown and subject to prior sale. Trade-in car must be running have current registration and safety check.

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# MILITARY APPRECIATION SALE!

**E-1 • E-2 • E-3 RANKS AND ABOVE**  
**WE SAY Yes!!**  
**NO CREDIT REQUIRED • NO DOWN PAYMENT**  
**CREDIT PROBLEMS? LET US HELP YOU RE-ESTABLISH!**  
**A WHOLE NEW WAY TO BUY A USED CAR!**

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- GENEROUS 30 DAY/ 1,000 MILE TRIAL EXCHANGE! **Yes!**
- INSURANCE PLACEMENT ASSISTANCE PROGRAMS! **Yes!**
- HUGE SELECTION OF CARS, TRUCKS AND SUV'S AVAILABLE... **Right Now!**

**CLIP**

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Use this coupon toward any purchase of a new vehicle as a discount or addition down payment. Not combinable with any other or discount. Not applicable to advertised specials. Must be presented prior to purchase. One coupon per person. Not redeemable for cash. EXPIRES: September 6, 1999. Must present with current Military I.D. card.

**105 ONEAWA STREET • IN KAILUA**  
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# Cutter FORD Waipahu

## LABOR DAY Model Clearance

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trade in values military financing



**'99 escorts** **\$2900** **'99 ZX2s**  
 Rebates or **0.9% APR**  
 Financing Available

Due to limited supply of vehicles, special offer is limited to one vehicle per family.

**'99 contours** **\$2150** **'99 explorers** **\$1150**  
 Rebates & Financing as low as **0.9% APR**  
 Rebates & Financing as low as **0.9% APR**

**'99 rangers** **\$1650**  
 Rebates & Financing as low as **0.9% APR**

Due to limited supply of vehicles, special offer is limited to one vehicle per family.

**Waipahu 678-9870**  
**94-081 Farrington Highway**

\*0.9% APR is up to 48 mos on select models and with Ford Motor Credit. Finance rate varies depending on credit worthiness of customer as determined by Ford Credit. Some customers will NOT qualify. Residency restrictions apply. See dealer for details. Prices/symbols are after all factory incentives & rebates (incl. up to \$400 Recent College Grad, \$250 Recent College Grad, & \$300 Commercial Rebate). Vehicles not exactly as shown. Subject to prior sale. OAC. Prices/symbols plus tax, lic, & \$195 doc fee, \$169 VTR & dir. installed access. Sale ends 9/6/99.

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 Set your sights on a 1999 Buick at Schuman Carriage Motors and you're right on target for one of the last great deals of the century! All 1999 Buick Regals, Park Avenues and Centurys will be moving fast!

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All prices plus tax, license and \$189 doc. fee. Cars subject to prior sale. Offer Ends August 31, 1999.

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<b>SPECIAL PURCHASES!</b>  '98 DODGE & PLYMOUTH NEONS 4 DOOR, AUTO, A/C, P/S, P/B, DUAL AIRBAGS, MUCH MUCH MORE! #2360, 2319, UC1342, 990400 <b>STARTING AT \$8,488*</b>	<b>NEW 2000 PLYMOUTH NEON</b> AM/FM CASS. P/S, P/B, A/C, AUTO, 2.0L ENGINE, DUAL AIRBAGS & MUCH MUCH MORE! (Q2258, Q3279, P950007, P950002) <b>From 1.9% Financing</b> <b>OR</b> <b>NEW 2000 DODGE NEON</b> <b>STARTING AT \$12,488*</b>	<b>EXECUTIVE DEMO!</b>  '99 JEEP GRAND CHEROKEE LIMITED 4X4, LEATHER, A/C, AUTO, P/W, P/L, P/S, P/B & MUCH MUCH MORE! #930074, J0485 <b>\$30,988*</b>
<b>NEW '99 DODGE AVENGER</b>  AUTO, A/C, P/W, P/S, P/L, DUAL AIRBAGS & MUCH MUCH MORE! #910451, 910462, 9904131 <b>STARTING AT \$15,988</b>	<b>NEW '99 PLYMOUTH BREEZE</b>  AUTO, A/C, P/S, P/B, DUAL AIRBAGS, AND MUCH MUCH MORE! #P950001, P950008, C0680 <b>From 1.9% Financing</b> <b>OR</b> <b>STARTING AT \$13,988*</b>	<b>NEW '99 PLYMOUTH VOYAGER</b> <b>OR</b> <b>NEW '99 DODGE CARAVAN</b>  7 PASS, A/C, DUAL AIRBAGS, P/S, P/B, DUAL SLIDING DRs, CLOTH HI-BACK BUCKETS, AUTO, AM/FM, CONV. GRP. II, P/L, SPD. CONTROL, TILT #910452, 910457, 920241 <b>From 1.9% Financing</b> <b>OR</b> <b>STARTING AT \$17,988*</b>

Dillingham	Waipahu	Pearl City
 '92 MERCURY COUGAR COME DOWN! (GX8795/#980756) <b>\$4,988</b>	 '95 MITSUBISHI MIRAGE PRICED TO MOVE NOW! (GDJ401/#UD1094) <b>\$6588</b>	 '90 JEEP GRAND WAGON AUTO, CASS, A/C, P/L, P/S, P/W, TLT, 6000 WOOD PANEL (EBJ684/#2472) <b>\$6,988</b>
 '95 DODGE NEON A GIVEAWAY AT THIS PRICE! MUST SEE! (GSG505/#980429) <b>\$5,688</b>	 '95 FORD TAURUS ALL THE EXTRAS! (MBC209/#UC1414) <b>\$6988</b>	 '96 CHEVROLET GRAND PRIX SE AUTO, AM/FM, A/C, P/L, P/S, P/W, TLT, CRUISE (JREB53/#2272) <b>\$9,488</b>
 '96 PLYMOUTH NEON AUTO, P/S, A/C (GRV443/#980861) <b>\$5,988</b>	 '97 DODGE NEON AUTO, A/C, & LOW LOW MILES! (GRR106/#UC1406) <b>\$7988</b>	 '97 SATURN SC2 AUTO, AM/FM CASS, A/C, P/L, P/S, P/W, TLT (GPAB54/#2285) <b>\$9,988</b>
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	 '97 FORD RANGER AWESOME DEAL! (MCX479/#UC1043) <b>\$9988</b>	
	 '98 PONTIAC SUNFIRE AUTO, A/C & MORE (GVU314/#UC1402) <b>\$9988</b>	
	 '97 FORD RANGER XLT STEPSIDE, CD PLAYER & MORE! (MDB692/#UC920) <b>\$10,588</b>	
	 '97 FORD TAURUS CHERRY RIDE!! (GRC160/#UC1137) <b>\$10,988</b>	
	 '95 DODGE INTREPID ES, LOADED! (GEB655/#UC1133) <b>\$10,988</b>	
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	 '98 NISSAN ALTIMA GXE BELOW BLUE BOOK! (MDN658/#UC973) <b>\$13,688</b>	
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	 '98 FORD WINDSTAR LOADED! LOADED! LOADED! (MDB314/#UC981) <b>\$16,988</b>	
	 '96 FORD EXPLORER XLT 4X4 AND MUCH MORE!! (HXE848/#UC1014) <b>\$17,988</b>	
	 '99 SUZUKI GRAND VITARA 4X4, SUPER LOADED! (MEN324/#UC1114) <b>\$17,988</b>	
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**\$195 DOC FEE**