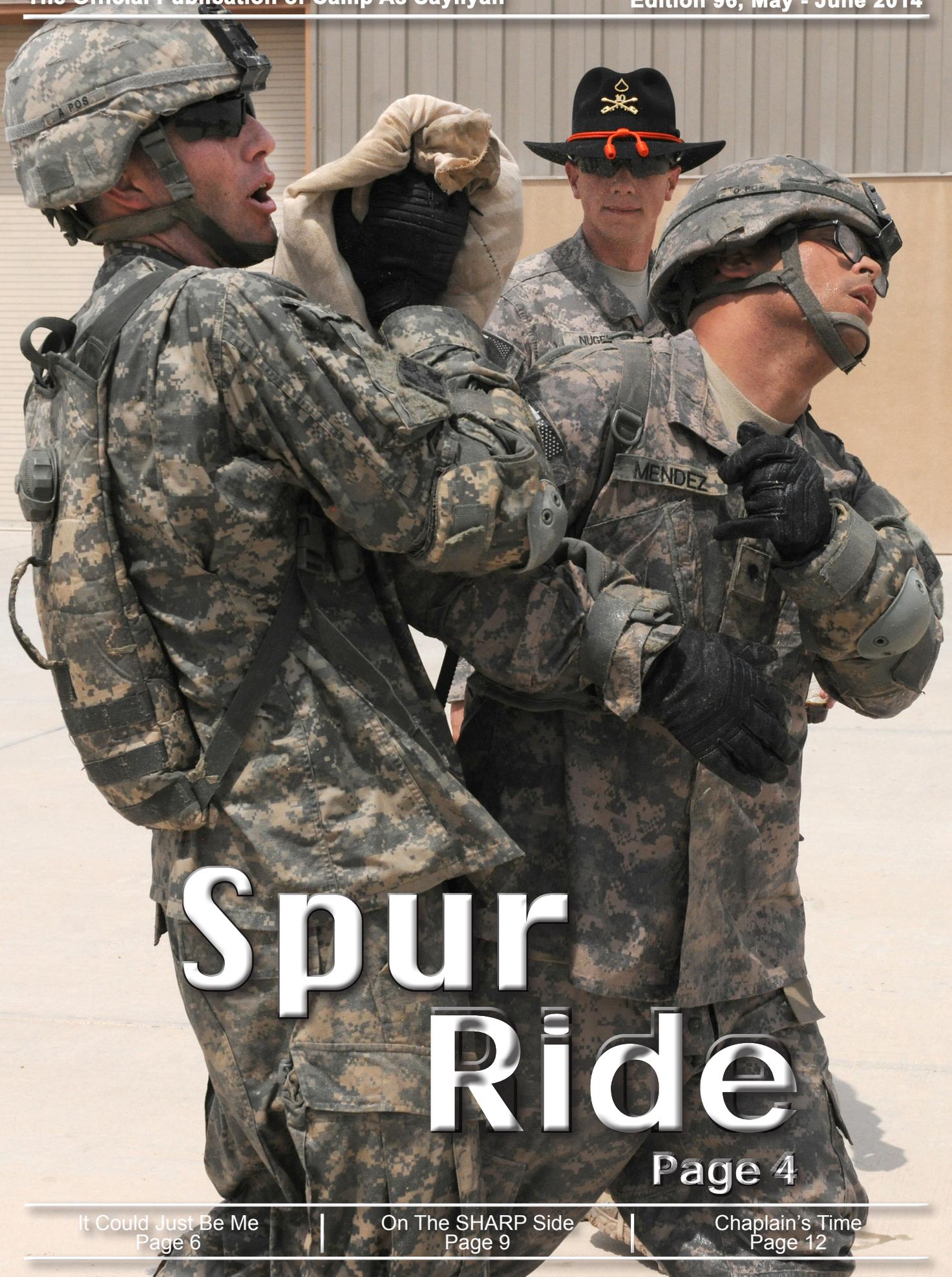


The Desert Mesh

The Official Publication of Camp As Sayliyah

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COMMANDER
U.S. Army Col. William S. Wozniak

COMMAND SERGEANT MAJOR
U.S. Army Command Sgt. Maj.
Earla L. Reddock

PUBLIC AFFAIRS COORDINATOR,
EDITOR
PHOTOJOURNALIST
Mr. Alfred Tripolone III

We would like your feedback!

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COMMAND CORNER



 **William S. Wozniak**
Commander
Area Support Group - Qatar

Once again I would simply like to express my sincere appreciation for all your hard work. We had a tremendous SHARP Awareness Month in April, and I encourage all of you to continue to place the emphasis where needed and to encourage timely reporting/intervention. With that said, our new SARC has submitted for my signature, which I have endorsed, our yearlong monthly emphasis on SHARP. Our training plan includes the required tasks from our higher headquarters as well as other interactive and engaging dialogue to break down the barriers as well as efforts to defeat the perpetrator, protect the victim, and deny future victims – Our focus is on prevention. Thank you all in advance for your support of this installation initiative.

May was the month of Military Appreciation. The men have been playing softball and are finishing up their basketball games with the Qatari military. The ladies had their games rescheduled. Thank you all for supporting the men and a job well done by all that played. Not interested in softball or basketball -- If you are looking for something to do – visit Mr. Tony and his team down at MWR in the big gym or see if you can start a new initiative to beat the heat or give them an idea of what might be of interest on CAS.

Maybe you have a special talent or skill to teach others?

Having just completed my PT test, I would like to spend a little time talking about my experience and my conversations with fellow Soldiers. Just as if we are preparing for a mission or critical deployment we have to do our best to replicate the environment we will be operating in. Many focus on push-ups to increase the number of repetitions on the APFT. The same can be said about sit-ups. As many of you realize, the best way to improve on these events is to actually test your abilities on both events for two minutes. With the high temperatures (and this part comes from my conversations with Soldiers who also just completed the APFT) running on the treadmill inside the gym does not replicate the task at hand of running down the lollipop at 0700. It will not be long until at 0700 we may already reach red flag or black flag where all cardiovascular activity is suspended outside. Nevertheless, there will be days where you can run outside at 0700 or 1700 when it is not red or black flag, but those days may not coincide with your training regiment. I would encourage you to do your best during the hours of darkness and run along the lollipop or running trail in an attempt to replicate the run for the APFT. I strongly encourage you to do this, do this with your battle buddy, and if you really want to test yourself --- throw in a few push-ups and sit-ups before hand.

Lastly, I recently read a book where one of the main take-a-ways included staying active into your 90's by making exercise a part of your routine, six days a week. Military service has essentially set us up for this. While some of you may dread taking that "test" twice a year, try making it a part of your monthly workout schedule so when the "test" does come around again– it simply is just that – part of your routine workout schedule.

Have CAS-tastic day and please be safe as we roll into summer.



Earla L. Reddock
Command Sergeant Major
Area Support Group - Qatar

Character Vs. Competence

The Challenge:

How does one go about building stronger leaders of high moral character with the ability to have the moral courage to not only do the right thing but to ensure others around them, peers, subordinates, and superiors are doing the same? I submit that senior leaders should first identify leaders of character as early as possible, without using the aid of the Officer/NCO evaluation report. Evaluation reports by its very name suggest an evaluation on work accomplished. Which speaks directly to one's competence, this is done because The Army's education Model calls for promotion boards to use the "Select, Train, Promote Model." A model that relies heavily on the Evaluation Reporting System.

Second, fix the recruitment phase of a Soldier's life, which may be more problematic than it implies, since the prime age group for recruitment (17 to 24 years old), 7 in 10 are ineligible for military service, according to Army officials. More than half the members of this demographic are disqualified for moral, mental, or medical reasons: They have had too many run-ins with the law, or they have gang-related or extremist tattoos; they have had psychiatric treatment for

severe mental problems or antisocial behavior; or they have been diagnosed with one or more of a staggering list of medical conditions, from heart murmurs to obesity. Other potential recruits have too many dependents, scored too low on the Army aptitude test, or lack high-school or general-equivalency diplomas. Take out those already serving or joining other branches, and those who are smart and healthy but have no intention of ever entering the military, and the pool shrinks further. Even today if one was look at the last 30 years and the percentage of civilians with a need to serve vice during the last three years there is a marked decrease in our prime population, factually, young people have greater opportunities to excel doing other things and choosing other careers. Therefore insisting on recruits of demonstrated high moral character as an additional standard to the recruitment process may disqualify many of the pool who were previously qualified.

Strategy:

Leaders, especially Platoon Sergeants and Platoon Leaders are the key to developing their subordinate's character. These mid level leaders are closest to the Soldiers and they exert the most influence on Junior Enlisted Soldiers. This will take commitment by these leaders to get involved in the lives of their Soldiers and more importantly lead by example. Additionally, these leaders must have the personal courage to let Soldiers know when their behavior is not keeping with the seven Army Values both on and off duty. Leaders must also consistently engage their subordinates in moral critical thinking and allow their subordinates leaders to know how important character is to the long term success of both the mission and in resiliency. Moreover, leaders must continue to use the Army's Multi-Source Assessment and Feedback, commonly called the "360" and implement Peer Assessment during

quarterly senior leader counseling. Lastly, commanders and Directors should ensure every junior leader is assigned a senior mentor within the organization (Co, Bn, Bde etc.). This ensures that each junior leader has someone he/she can talk with and discuss issues without judgment; one who is somewhat familiar with the problems and concerns of the junior leader. This initiative is not meant to replace the mentor that the Soldier chooses on their own. However, it becomes a forcing function that can work both ways; the Mentor is invested in the life, success, and moral character of his Soldier and the Mentee has a senior member of the organization to give them an honest perspective, feedback and advice on how to succeed at their current level, and environment.

The Result:

These few strategies mentioned above will create an environment where Junior leaders can understand the character of the organization and most especially their own character. Senior leader mentors will serve to inspire junior leaders especially in times of perceive crisis when young leaders make mistakes that often involve collateral misconduct and faced with tough choices remain silent and somewhat detached. It will also lead to collaboration between older and junior leaders, as Sr. Leaders define the values, and mission of the organization from a senior leader perspective.

I remain committed to making CAS better tomorrow...today.



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It's Time For a Spur Ride

Story by Alfred Tripolone III

Photojournalist

Area Support Group - Qatar

As dawn broke over Doha, Soldiers from the 1-10 CAV prepared for a timed five mile run, the first in a series of tests that would encompass their entire existence for the next 48-hours. From soldiering skills to sheer guts, the participants would be tried and challenged constantly during their right of passage.

That evening, the soldiers formed up on the multi-purpose field to gain instructions and be broken into teams. As the Squadron Commander stepped in front of the formation, a sense of palpable anticipation crept among the ranks.

"Spur candidates, look at me!" bellowed Lt. Col. David J. Guthrie, Squadron Commander 1-10 CAV. "This is your spur ride. We've been doing these, since the dawn of the cavalry. When you were a new cavalry trooper you didn't go to basic training, you

went straight to your unit, and it was up to the squadron to train you. Once you were given your horse, you had to prove yourself as a cavalry trooper before you could earn your spurs."

"Never quit, we're cavalry troopers. We go out in front of the enemy, as long as it takes to do our mission," he continued. "Good luck."

"SQUADRON, ATTENTION!"

"About face!"

"Your Spur Ride begins now!"

At that moment, all hell broke loose. Music started blaring and the spur holders swarmed among the candidates.

Spur holders are typically senior members of the squadron who act as cadre for the spur ride. The following 24 hours were a constant onslaught of pressure and fatigue. During which, many

of the candidates may have questioned what brought them to this point in their careers. In order to even participate the candidates had to pass a number of prerequisites, from a 270 or better score on their APFT to completing the 5 mile run in under 45 minutes.

"A spur ride is not an official army program, so the prerequisites are up to the commander of the unit and the Senior Spur Committee, which consists of senior officers and NCOs who already have their silver spurs," Guthrie said. "They decide what criteria the troopers must meet before the spur ride, and what the actual event will entail. To participate, you need to be assigned to the cavalry squadron and/or sponsored, not just a cavalry scout by MOS, because in a cavalry unit we have a vast array of MOSs and branches. So everyone assigned to the squadron is a cavalry trooper and a Buffalo

INSIDE THE WIRE

Soldier, because of our history and lineage.”

Seen as a right of passage into squadron, the spur candidates are required to be prepared and ready to deal with any number of soldiering problems.

“So you do land nav and arrive at a point on your map,” Guthrie continued. “That point is a station where you encounter some kind of knowledge test; whether it be call for fire or weapons or a battle drill. It’s some sort of skill level task that they have to do. I’ve seen them include obstacle courses and ruck marching.”

Every spur ride is different, tailored to the unique missions and terrains the squadron is encountering at the time.

“In some, the tasks weren’t important, it was designed to try to make it physically demanding, just as hard as it possibly could be,” said Guthrie. “One thing that Command Sgt. Maj. Vogl and I have talked about is making sure that it’s a professional, first class event that we’re both proud to put our names on,” Guthrie said. “From the two we did at our home station in Fort Carson, to the one we’re doing here, that has always been our number one priority.”



The spur candidates found out very quickly that professional and first class do not mean easy.

“To me, the whole point of it is pushing candidates to their very limits, making them look inside themselves and then say ‘how much further can I go, just on heart?’” Guthrie continued. “Really, that’s what all these candidates found out. That they could push themselves further than they think they’ve ever been pushed before, physically and mentally.”

The tasks that these candidates are tested on need to be second nature, regardless of the weather or the physical ache they feel, the must be able to drive on.

“We don’t fight wars between 0900 and 1700, we don’t fight wars where it’s 72 degrees outside with nice cool breezes,” Guthrie mused. “We fight wars in very, very dramatic climates and at very dramatic times. It is physically demanding.”

By mirroring the sleep deprivation and physical exhaustion that prolonged missions can cause, the spur ride tries those involved in ways they previously may not have been.

“This is a kind of gut check along the way, for leaders to see themselves and say, ‘Ok, I can keep going, I can keep pushing myself,’” he continued. “Not only myself, but I have to push my Soldiers passed what they may perceive as their limits, but I know they’ve got a lot more in them.”

While the cadre seem to enjoy putting the candidates through the ringer, they can also remember



what it was like to go through it themselves.

“The spur ride is a huge source of pride. Every candidate out there had a sponsor,” Guthrie said. “For the sponsors it’s almost like seeing one of your kids succeed. Seeing your Soldier put on that ruck, and knowing that candidate is so physically and emotionally drained, yet they just keep pushing themselves. It’s a great source of pride.” Every Buffalo Soldier has the opportunity to earn their spurs, and make their place in the squadron.

“We’re such an integrated unit, it isn’t just a cavalry scout thing. I have 88M’s (motor transport operators) out there, I have medical service, mortar men and MI officers, everyone is out there and we’re all one team,” continued Guthrie. “I think that is what really brings the team together. You earn your spurs and its immediate recognition that you are an accomplished cavalry trooper. I like that. The fact that it’s open to everybody, that everybody can get that recognition.”

It Could Just Be Me...

*Story by Sgt. 1st Class Reginald L. Douglass
Equal Opportunity Advisor
Area Support Group - Qatar*

Just a thought, could you imagine an action movie without the hero or villain being very well versed in martial arts, not just an above average street brawler? Or perhaps you can imagine growing up without play-doh or working without a USB; I can't. The things I just mentioned are contributions from the Asian Americans in our culture, how's that for a," did you know?"

Think about the way you picture some of your favorite comic book heroes, the X-Men, Superman, Batman, Punisher, and Fantastic Four; now try to imagine if they did not exist as you currently know them. Jim Lee is currently one of the artists responsible for the images of these superheroes and more in today's pop culture and one of the most recognizable names in comic books.

Chinese railroad builders in America were some of the first contributors to our modern society, they are the unsung heroes and pioneers who built the Transcontinental Railroads between 1865 and 1869 that connected America, and changed the ways Americans lived and traveled. The first Chinese were hired

in 1865 and paid about \$28 per month to do the blasting and laying of ties through the high Sierras. Without the efforts of the Chinese workers in the building of America's railroads, our development and progress as a nation would have been delayed by years. Their toil in severe weather, cruel working conditions and for meager wages cannot be under appreciated.

When looking at the multitudes of people we lump into the group we call Asian American and Pacific Islander I am simply overwhelmed by the diverse cultures and vast contributions throughout the world. Polynesians were noted craftspeople who built boats without nails. They had no system of writing. Instead, history and traditions were relayed through songs, dance, poems, and stories. For centuries, Pacific Islanders believed that gods controlled their lives. The phrase, "It takes a village to raise a child" is not a cliché for Pacific Islanders. Children raised in Fiji, Tonga, and Tahiti are taught they are part of an extended family, one that works together for the good of the community. Tongans call this nofo a'kainga, which



Sgt. 1st Class Reginald L. Douglass
CAS Equal Opportunity Advisor

means everyone counts on one another. Cooperation starts in the home, continues at the village level and on through to the country. Children are taught to respect everyone, especially their elders.

Depending on where you look and to who you look, you can find wonder and inspiration. When I was young I found mine in Bruce Lee not because he could beat people up but because he didn't want to. Bruce Lee was an immigrant who found a way to change not only his fortune but eventually defined how people would look at an entire group, who had originally been disregarded, stereotyped and type casted. Bruce Lee's influence can still be found in a multitude of things ranging from films to fashions, and philosophies today. Then again it could just be me.



Asian American and Pacific Islander Heritage Celebration

*Story by Maj. Rochelle S. Ruiz
Battalion Executive Officer
Army Field Support Battalion - Qatar*

The AFSBn-Qatar hosted the ASG-Qatar's AAPI Heritage Celebration on 15 May 2014. The battalion welcomed over 300 members of Camp As Sayliyah (CAS) to the post theater for a special program honoring AAPI heritage.

With the help of fellow Soldiers, family members, and DA civilians, the battalion personnel presented a celebratory program that featured the presidential proclamation and AAPI performances such as Hawaiian Hula Dancing, Tae Kwon Do, and the Filipino Tinikling Dance.

Lt. Col. Roy D. Banzon was

the guest speaker and delivered a message that highlighted the importance of AAPI military personnel in U.S. history. The cornerstone of his speech was that all U.S. citizens share a fundamental privilege regardless of their ethnic background: The right to pursue "the American Dream". Banzon reminded the audience that while there over 50 Other Country Nationals (OCN) within the State of Qatar, unlike immigrants to the U.S. who may achieve U.S. citizenship, these OCNs will never earn the right to be a Qatari Citizen.

Lt. Col. Banzon said it best when he quoted Franklin D. Roosevelt, "The principle on which this country was founded and by which it has always been governed is that Americanism is a matter of the mind and heart. Americanism is not, and never was, a matter of race or ancestry." Members of the audience particularly enjoyed the performances by the Banzon Family. The performances continued throughout lunch in the CAS DFAC, while the 1,000 plus members of CAS enjoyed the special AAPI heritage meal that the DFAC staff had cooked in honor of this celebration.



CAV Corner

*Story by Lt. Col. David J. Guthrie
Squadron Commander
1-10 CAV*

One of the more unique aspects of a cavalry squadron is the integration of organic mortars (11C) and joint forward observers (13F) at the Troop level. This force structure is critical to the success of the cavalry mission – reconnaissance units are small, agile forces operating far forward of the main line of troops. In order to be effective, we employ combat “enablers” such as air support to fight bigger than we are. These “enablers” are often generically referred to as “fires” and they are a core component of the scout’s tools on the battlefield.

When engaging the enemy, the best tools a scout can have are a map with graphics and a radio- stealth and concealment are the cornerstones of our operations. Fires help us engage much larger and often heavily armored forces without ever giving away our positions – we only engage the enemy with direct fire weapons as a last resort. Once involved in direct contact, the scout ceases to be an effective reconnaissance asset and must work to re-establish concealment after completion of the engagement. Effective fires force the enemy to act in a fashion that supports the execution of our plan and simultaneously attrits their combat power – they shape the battlefield in our favor.

From the outset of mission planning, our fires team integrates their special skills and assets into the reconnaissance concept and help support the Commander’s vision of defeating the enemy. JFOs coordinate, de-conflict, and understand all layers of manned and unmanned aerial assets on the battlefield in order to synchronize effects and shape the execution of the overall battle. In order to maintain



proficiency in this critical skillset, our fires personnel continually conduct refresher training to communicate effectively with multiple indirect and aerial assets from across the military services.

Throughout April and May, our fires teams attended Brigade fires refresher and hands on training in Kuwait and revalidated their skills using a number of communications systems and employing a variety of assets. Prior to the training, they spent nearly a week reviewing their core competencies here in Qatar to ensure they hit the ground running. The training began with a Call for Fire Trainer (CFFT) simulator where they conducted basic grid and polar missions using only maps and protractors to determine target coordinates. The simulator allowed them to execute illumination missions that coordinated the effects of multiple types of artillery rounds. With the basics refreshed, Troopers moved to the range where they received training from Air Force Joint Terminal Attack Controllers (JTAC). These classes included Close Combat Attack (CCA) 5-Line requests, Close Air Support (CAS) management, and JFO responsibilities on the battlefield.

This was also an opportunity for our Troopers to get hands-on training with radios and Target Location Equipment.

The remaining blocks of training focused on dry night runs with AH-64Ds and Predator unmanned aerial vehicles. Our JFOs controlled the aircraft and worked with Predators to execute sensor/shooter engagements in a simulated town. Troopers were also able to take a guided tour of the Apache that included a brief on the capabilities of the aircraft. The final day of training culminated with a Joint Air Attack Training (JAAT) exercise. Our FOs took control of two MH60s special operations helicopters and two AH-64Ds and coordinated engagements of targets with 7.62mm, .50 cal, 30mm, rockets, and Hellfires.

This rapid and intense training provided our fires teams invaluable experience in employing a variety of systems in a combat training environment. They returned better trained and able to effectively communicate both with our own mortars and field artillery assets as well as with multiple joint service enablers, keeping us, as always, Ready and Forward!

On the SHARP Side

*Story by Maj. Alisa M. Englert
Installation Sexual Assault Response Coordinator
Area Support Group - Qatar*

I want to take this opportunity to introduce myself. I am MAJ Alisa M. Englert and I am the Installation Sexual Assault Response Coordinator here at CAS. I bring with me more than 20 years of military service and more than 5 years of experience working with victims of sexual assault. I am originally from South Dakota. I have taught more than 450 classes on the prevention of sexual harassment and sexual assault and trained more than 600 victim advocates.

When I was offered the JFHQ-SARC position in 2008, I had my doubts about if I was the right person for the job. I am not a counselor nor am I a therapist. So what did I have to offer victims of sexual assault? After taking the job and attending training, I figured out exactly what I had to offer victims of sexual assault, support. I can provide a confidential and safe place for them to come and make a report. I can provide them with a highly trained victim advocate. I can provide them the opportunity to seek counseling and medical services without notifying their commander or law enforcement.

I could even provide support through an investigation and legal proceedings if they chose to file an unrestricted report. To me the most important thing I could be for a victim of sexual assault is to be present and understanding when they finally make the



Maj. Alisa M. Englert
Installation SARC

extremely difficult decision to report to a total stranger what happened.

Since my arrival to CAS, I have been impressed with the level of support for the Sexual Harassment/Assault Response and Prevention (SHARP) program from the top down. Prevention is the key to eradicating this crime from our military. My office will be offering training and/or events on a monthly basis in support of Colonel Wozniak's vision and goal to remove sexual violence here at CAS and the Military as a whole.

As I have been walking around CAS over the last 4 weeks, I am excited to see so many people wearing their SHARP T-shirts. I see them in the gym, DFAC, Top Off etc. You may not realize it, but you are a walking billboard for prevention. We need to keep the prevention of sexual violence in the forefront of our minds to prevent our fellow Service members, Family members, DOD Civilians and Contractors from falling victim to the crime of sexual assault.

As the Installation SARC, I have an open door policy. And, that means open. You do not

need to go through your Chain of Command or anyone else prior to contacting me. In fact, don't talk to anyone except a victim advocate, SHARP or me. We will discuss your reporting options and support you in making the decision that is best for you, restricted/unrestricted for sexual assault reports or formal/informal for sexual harassment complaints. I or a victim advocate will be available 24/7 no appointment is needed.

The Installation SARC Office is located in Building 100B, Room 5 and can be reached on the following numbers:

DSN: 432-2678

Cell: 3381-2735

24/7 SHARP Helpline: 6600-6338

I look forward to meeting each and every one of you and please never hesitate to call or stop by, I am here to provide guidance and take care of you. Remember: You are not alone.

All personnel assigned to ASG-QA Intelligence component, regardless of MOS or job series, are required to be familiar with AR 381-10.

Intelligence Oversight

AREA SUPPORT GROUP - QATAR Camp As Sayliyah Security Manager Patton's Own



YOU MUST be familiar with:

- PROCEDURE 1. Applies to all DA personnel, to include Soldiers, Civilians, and Contractors engaged in collection, production, or dissemination of foreign intelligence or CI.
- PROCEDURE 2. Collection – What, when, and how information may be collected.
- PROCEDURE 3. Retention – US Persons information, when authorized.
- PROCEDURE 4. Dissemination – US Persons information disseminated when authorized.
- PROCEDURE 10. Undisclosed Participation in Organizations.
- PROCEDURE 11. Contracting for Goods and Services.
- PROCEDURE 12. Assistance to Civilian Law Enforcement Authorities.
- PROCEDURE 13. Experimentation on Human Subjects for Intelligence Purposes.
- PROCEDURE 14. Employee conduct guidelines; your responsibilities.
- PROCEDURE 15. Questionable intelligence activities, and how to deal with them.
- CHAPTER 16. Reporting certain Federal Crimes (i.e. espionage, tampering with information systems, sabotage, sedition.)
- CHAPTER 17. Support to Force Protection, Multinational Intelligence Activities, Joint Intelligence Activities, and other DoD Investigative Agencies.

Report Questionable Intelligence Activities to:

- The Inspector General, the Deputy Chief of Staff, G-2, the Army General Counsel.
- ASG-QA S-2 Intelligence Oversight Officers:
MAJ Veleka L. Henderson: DSN: 318-432-2252 / Cell: 974-6642-1384
Mr. Kavin J. Edwards: DSN: 318-432-2253 / Cell: 974-5518-8497
- Incident Reporting Tool: veleka.l.henderson.mil@mail.mil or kavin.j.edwards.mil@mail.mil.

Initial and Annual IO Training:

- ASG-QA S-2: MAJ Henderson DSN 432-2252 or veleka.l.henderson.mil@mail.mil
- Field Office: Mr. Edwards DSN 432-2253 or kavin.j.edwards.mil@mail.mil

OVERSIGHT AWARENESS IS EVERYONE'S RESPONSIBILITY

As of:
18 Apr 14

The Gnarly Barley

*Story by Mr. James Hobbs
Beer Connoisseur
Area Support Group - Qatar*



Stella Artois

Den Hoorn (The Horn) brewery opened in Leuven, Belgium in 1366. A several centuries later in 1717, their lead brewer Sebastian Artois purchased the brewery and added his last name, but kept the original Den Hoorn crest that sits atop their label to this day. One autumn another few centuries later, they tweaked their most popular beer recipe to create a special Christmas beer giving it the Latin name “Stella” after the famous Bethlehem star. This star adorns all of their glassware, and the gold rim represents the ‘special gift’ heritage of the beer’s creation.

Today, Stella Artois is one of the flagship beers of the global giant InBev who bought Anheuser-Busch in 2008 and widely opened sales of Stella throughout the US. You’ve likely seen the previously hard-to-find Stella come to your home town since then, and in several areas it has grown quite popular.

Stella Artois is considered either a Pilsner or a European Pale Lager depending on whom you ask but, honestly, there’s very little difference between the two styles. Both styles are supposed to be clear, crisp, and slightly bitter with hardly any residual sweetness and Stella fits that description perfectly. Pilsners are often described as ‘lawnmower beers’ due to their fantastic ability to quench a thirst, especially one

caused by heat and exercise. With the desert summer about to get rolling, it’s a perfect season to try a glass (or three!) of Stella.

Appearance - Clear pale yellow, straw-colored, with a voluminous white head. If you’re ever at a bar with trained professionals that can properly perform all nine steps of “The Ritual,” the beer is famously “beheaded” with a knife to exactly three centimeters of head.

Aroma - Light aroma of toast or biscuits with some herbal, grainy, and even grassy notes.

Flavor - It starts with a sweet grainy taste, but ends with a pronounced bitterness. The aftertaste is a lingering bitterness typical of pilsners, and one that I particularly enjoy.

Mouthfeel - Smooth, clean, and crisp. Despite the large amount of head, Stella isn’t overly carbonated which really adds to the smoothness.

Drinkability - Very high, especially on a hot desert afternoon. The bitterness can have a cumulative effect on your tongue, so the first glass might seem a little easier to drink than your final one.

Until next month, celebrate diversity in your drinks, and always drink responsibly!

CAS Housing Contact Information:

**Camp As Sayliyah
Base Operator:
4460-9869 + 7 Digit Ext**

**Building 418 Front Desk:
432-2663**

**Building 106A Front Desk:
432-2351**

**Director of Public Works:
432-2391**

**Housing Director:
432-2392**

**Fire:
432-2758 or 5588-2801**

**Police:
432-3534 Or 432-2337**

**Troop Medical Clinic:
432-2255 or 432-3506**

Housing Staff:

**DA Civilian:
Tonie Pangco
432-2341**

**Supervisor:
Margarita Rasool
432-2700**

**Asst. Housing Supervisor:
Sharyn Adams
432-2351**

**Off Post Housing Specialist:
Samantha Navo
432-2700**

**On Post Housing Specialist:
Jesusita Flores
432-2663**

INSIDE THE WIRE

Chaplain's Time

*Story by Chaplain (Lt. Col.) Timothy H. Atkinson
Command Chaplain
Area Support Group - Qatar*

As the chaplain for Area Support Group Qatar I'm excited to meet so many fine Soldiers and leaders serving so proudly. We have a wonderful chapel staff that can assist you. Come out to the Protestant Service at 1030 on Sunday morning, or the Catholic Service at 1100 on Friday, or the Gospel Service at 1800 on Sunday evening. All of our offices are located at the Community Activity Center (Bldg 124), which also functions as the chapel on post. Whatever your religious needs we will provide or perform in order to support you in your free exercise of religion. We are here to serve you.

Maybe I have met you at a duty assignment already during my time in the Army or while taking an Army course, if so I would like to get to know you better. If not there is no reason that we cannot get to know each other while stationed here at ASG - Qatar. Please come and see me or talk with me when you have some time available, I would like to do the same with you in your locations.

My motto is "building a heavenly community" and I pray that the love and peace of God would make the difference for you and your Family members while you serve our great nation. Stop by the chapel to just say hello, or for pastoral counseling/coaching. I look forward to getting to know so many of the proud men and women in uniform as well as all of the civilians who serve so faithfully.

My 25 years of serving as a chaplain on active duty have passed so quickly, so I cherish each day serving in uniform and caring for Soldiers.



Lt. Col. Timothy H. Atkinson
Command Chaplain

My previous assignments have led me by God's providence to this assignment in the sunset of my Army career. I come here leaving my wife and our two sons, back in the Fort Bragg area, where I plan to return, and then retire. We have a lakeside home north of Fort Bragg, and I plan to do short term mission work and pastor a church as God opens the door.

Having been raised in North Carolina, I also met my lovely wife of 28 years there. I married my best friend there in the Tar Heel State. After a year of marriage we went to Tulsa, Oklahoma so that I could finish my Masters in Divinity Degree at Oral Roberts University. Soon after graduating and going to chaplain basic, I was assessed on active duty to Fort Leonard Wood, Missouri in December 1989. Our two sons were born there in my first assignment, far far away from wife's home in North Carolina. We made the best of weekends by spending quality time together while I served in an Engineer Training Brigade. In my next assignment while our kids were still too young for school we were in South Korea together for about a year at Camp Long, then Fort Monmouth, New Jersey, Fort

Benning, Georgia with 3rd BDE, 3rd Infantry Division, Oakland Army Base, Presidio of San Francisco, and then finally back home to Fort Bragg where I served in the 525th Battlefield Surveillance Battalion, the 82nd Airborne Division, the 82nd Combat Aviation Brigade, the 108th Air Defense Artillery Brigade, and the Garrison Chaplain's Office.

Also, after getting back to Bragg, I have had several duty assignments again to South Korea, Afghanistan, Operation Katrina, twice to Iraq, and Germany but always returning to the Fort Bragg area. My wife teaches English as a second language on Bragg.

The Memorial Day 5 K run and then the Ceremony was a good opportunity to meet several of you. My goal while here is to help make CAS a better place by serving you and our great country; thank you for helping me to be a value added part of the CAS team, with God's help it is a winning team, making a difference. I end with this verse of inspiration, "I am persuaded that nothing can separate us from the love of God in Christ..." See Romans 8:38-39.



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Don't Be Afraid To Fail

*Story by Master Sgt. Montgomery Miller
Installation Master Fitness Instructor
Area Support Group - Qatar*



Every since I was a little kid I always wanted to be an athlete. I truly believe everyone is an athlete even if they are not blessed with natural ability. Hard work, consistency, and a strong support system and you will be surprised at what you can achieve. The number one reason in my opinion why some people never achieve their goal is they lack the confidence to keep going when they have a setback.

Failure is a part of life and I've learned more from my failures than I've learned from my accomplishments. Someone that can shrug off failure and have the attitude that they will reinvent themselves to become even better is a sign of a winner no matter what their goal is. It amazes me every month when I train people how they think. What do I mean by that? I will have someone come and see me and

they will say they either want to lose weight or score 300 on the PT test. When it comes time to achieving it they start to sabotage their own goal by doubting their ability to achieve it. Some don't believe they can achieve their goal because since they never did it before they don't think they can do it now. As a trainer my biggest hurdle is getting the person I am training to believe in what they are trying to do.

Once they start to buy into the belief that is 90 percent of the battle. Sometimes all it takes is that one person to say "I know you can do it" and this makes all the difference in the world. Changing your mental outlook on everything you do can make a big difference in winning and losing. Are you the type of person that is afraid to take the game winning shot with 2 seconds left to play? Is it because you doubt your ability or you don't want the attention

you will receive by missing the shot.

One thing my parents always instilled in me as a kid was as long as you know you did your best you have nothing to be ashamed of. You will always be a winner because you gave it your best shot but you just happen to come up short. Deep down inside we all know when we gave it our best and when we didn't. Who do you want to be?





MWR Hours

- **Main and Small Gyms**
Open all day, every day
- **Cyber Cafe, Phone Ctr.**
Open all day, every day
- **Video Hut**
9 a.m. to 10 p.m.
- **Swimming Pool**
5:30 a.m. to midnight, closed for cleaning 9 to 10:30 a.m.
- **Mini Golf Course**
Open all day, every day
- **Driving Range**
Open all day, every day
- **Batting Cage**
Open all day, every day

MWR events and more!

Gina Gutzy:
Spinning class -
6:00 p.m.
Monday and Wednesday.

Aerobics
6:00 p.m.
Monday & Wednesday

Chester De Guzman:
Tae Bo -
6:00 a.m.
Saturday, Monday and Wednesday.

Spinning class -
11:30 a.m.
Saturday, Monday and Wednesday.

4:30 p.m.
Sunday, Tuesday and Thursday.

6:00 p.m.
Sunday, Tuesday and Thursday.

To register for these events or any MWR sponsored trip, stop by the MWR office, in building 109, Monday-Sunday, 9 a.m.-5 p.m., or call DSN: 432-3049.

You can register for trips up to three days prior to the trip departure date. Payment is required at the time you register for any trip.

MWR Key Staff

MWR Director
Mr. Antoine T. Randall
DSN: 432-3033

MWR NCOIC
U.S. Army Master Sgt.
Montgomery Miller
DSN: 432-3755

Program Manager
Staff Sgt. Jeffery Gleason
DSN: 432-3497

Community Services Manager
Gina Gutzy
DSN: 432-3758

Recreation Specialist
Cpl. Cody Stehlik
DSN: 432-3497

CAS Fitness Instructor
Chester De Guzman
DSN: 432-3760

MWR



Memorial Day 5K (26 May 2014)

Men's Run		
1st Place:	Chris Terry	18:50
2nd Place:	Jason Wolcott	18:52
3rd Place:	Oniel Bogues	19:17

Men's Walk		
1st Place:	Kafi Manakdan	36:27
2nd Place:	Aaron Yankosky	36:31
3rd Place:	William Eberle	44:03

Women's Run		
1st Place:	Jessica Crots	22:45
2nd Place:	Marlyn Banzon	23:16
3rd Place:	Lauren Teemer	25:25

Women's Walk		
1st Place:	Melena Harris	49:20
2nd Place:	Wendy Wozniak	49:21
3rd Place:	Dominique Moore	49:25

Number of Participants: 232

Commander's Summer Safety Message

If you have not yet noticed, the long days and hot temperatures of the desert summer are finally upon us in Qatar. As leaders, it should never be far from our minds that this time of year is historically the most risky for our personnel both on and off-duty. Army statistics indicate that off-duty fatalities rise approximately 20% in the months of April-September. This is a trend we can curb with your help.

Accidents in Privately Owned Vehicles, Non-Tactical Vehicles, Motorcycles, and Personal Watercraft pose the greatest risk to our personnel, and we must all remain vigilant for ourselves and each other. Additionally, especially in the desert of Qatar, it is imperative that we remember all the hot-weather training the Army has spent so many hours teaching us and watch ourselves and our battle buddies for signs of heat injury. No individual is immune from heat injuries. A single lapse in judgment, such as not buckling a seat belt on a "short trip", or not enforcing hydration standards, can potentially have as deadly an impact. It is imperative that Soldiers understand the consequences of these poor decisions.

The annual "Army Safe Summer Campaign" is underway, and a variety of resources can be found on the Army Safety website at <https://safety.army.mil>. I want to add my reminders, and place command emphasis on the following issues as well. First, remember to stay hydrated. It will be necessary to increase consumption of water as the temperatures rise. Second, I want to remind everyone that it is Installation policy that no PT will be conducted outdoors when we are in red or black flag heat category. Third, for those exposed to direct sunlight, such as gate guards and maintenance workers, ensure that sunscreen and protective clothing are being properly used. Finally, more residents will be using the swimming pool or visiting the beaches, so please ensure that water/pool safety is stressed and no one attempts to swim beyond their ability. In addition to Army Safety, National Safety Month began 1 June.

Visit http://www.nsc.org/nsc_events/Nat_Safe_Month/Pages/home.aspx to take advantage of the tools and information available to ensure our Service Members stay out of harms way.

Thank you again for all you do every day for our Army and our Nation. Even though we are beginning the critical days of summer, remember that risk doesn't keep a schedule, every day is critical in our fight against preventable accidents. Enjoy your summer, and always play it safe!



E. L. Reddock
Command Sergeant Major,
USA



William S. Wozniak
Colonel, US Army
Commanding