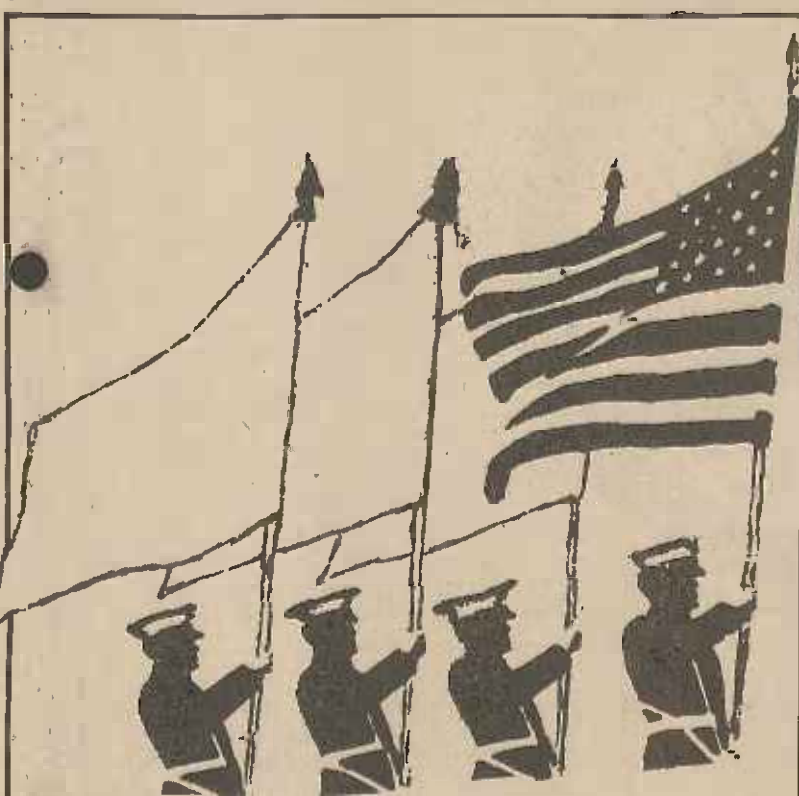


Hawaii Marine

Vol. 14, No. 47

MCAS Kaneohe Bay, Hawaii

November 21, 1985



SgtMaj Trawick to retire

A post and relief and retirement ceremony for Air Station Sergeant Major Willie F. Trawick is scheduled for 3 p.m., Wednesday, at Dewey Square. The uniform for spectators is Summer Service "C."

Sergeant Major Francisco Alvarado will assume the Air Station's senior enlisted post from SgtMaj. Trawick, who is retiring after 30 years of Marine Corps service.

The Trawick family will return to their hometown of Eastman, Ga.

Uniform regulations updated; possession, wear-out dates set

Washington, D.C. — Some of the most frequently asked questions concerning "wear-out" dates for obsolete uniform items, and the mandatory possession dates for new ones, are answered in a recent change to the Marine Corps Uniform Regulations Manual, MCO 1020.341.

The green crewneck undershirt became the only undershirt authorized on July 1 for wear with the utility uniform. Effective July 1, 1986, the V-neck white undershirt will be a mandatory item for all male Marines, and will take the place of the white crew neck.

Those who do not have the service sweater will be required to purchase it by Oct. 1, 1986. The sweater may now be purchased from the Marine Corps Exchange or an approved commercial source. The "wooly bully" should become available through cash sales outlets in February or March 1986.

Marines have until Dec. 1, 1986, to purchase the all-

weather coat. Until then, the green overcoat and raincoat may be worn. A green wool scarf to be worn with these coats has been a required item since Oct. 1, 1984.

Women Marine officers and SNCOs are now required to purchase the new ruffled-front blouse with black necktab to be worn with the evening and mess dress uniforms. Although black leather gloves are now being issued to women, cloth gloves are still authorized for wear.

One item no longer authorized for wear is the nylon khaki belt. According to the latest uniform changes, the cotton khaki belt is the only belt authorized.

The Marine Corps Uniform Board sometimes allows uniform items to be worn as long as they are serviceable, even though new designs or different fabrics become available. Such is the case with the poplin camouflage

utilities, which can be used to satisfy minimum uniform requirements until the poplins wear out.

The white dress and green service uniform coats may be worn until they become unserviceable. The old-style white and green uniform coats, without the back vent,

can be worn in lieu of the new longer length coats. No "wear-out" dates have been set for any of these items.

Dates for uniform changes are published in marine Corps bulletins in the 1020 series and are incorporated into the uniform regulations manual.

Mail order service

Washington, D.C. — Marines throughout the U.S. can now order uniforms and accessories by telephone.

By dialing 1-800-POC-USMC, a Marine can place an order with the uniform shop at Quantico, Va. The number can be dialed from anywhere in the U.S., except Virginia.

Items ordered by telephone will be shipped COD and usually arrive within 10 days. If the items requested are not in stock, customers will be notified by mail and given an estimated delivery date. There is no minimum order requirement.

Uniform shop catalogs have been distributed to the field, and commands may order additional copies by calling AUTOVON 278-2916 or (703) 640-2916.

The uniform mail order service operates Monday through Friday, 9 a.m. to 5:30 p.m. (EST).

Safety on the road

Moped riders urged to obey local, military laws

by SSgt. Greg Berry

Moped riders here took on a new look this year when a joint Air Station/Brigade message required them to wear helmets and eye protection, both on- and off-Station.

The policy took effect Jan. 1, and has since been incorporated in Air Station and MAB directives.

At least one Marine here is grateful for wearing his helmet. "If I hadn't been wearing a helmet, I'd be dead," claims MSgt. William Wentworth, Motor Transportation chief for 1st Radio Bn.

Wentworth swerved to avoid an automobile that crossed into his lane, and landed in a ditch. He suffered more than a half dozen broken bones, but survived hitting a steel post thanks to his helmet. "I broke the helmet, but I'm still here," he



said He was released from Tripler Army Medical Center four days after the accident, but will continue therapy for six months.

Moped and motorcycle riders here are governed by laws and regulations from

both the state of Hawaii and the military. Motorcyclists must pass a state driver's test and attend a local military motorcycle class, even if they've had a similar class at another military installation.

"Motorcyclists who

already have a Motorcycle Safety Foundation Card are still required to take the classroom portion of our course here," explained SSgt. Edward Coombes, Defensive Driving Instructor.

This training should make motorcyclists well-versed in the laws, but moped riders aren't required to attend any special classes. This may change in the future, as safety experts here are encouraging mandatory moped safety classes.

Most of the laws for both on- and off-Station moped operation are the same. A valid driver's license is required, but Hawaii state driver's license holders can operate a moped at age 15, while those with out of state licenses must be at least 18.

Mopeds must be driven in a single file, close to the right side of the road, and may not exceed 35 mph unless a slower limit is posted.

Passengers are not allowed

on mopeds, and operators must ride on a permanently attached seat and must keep at least one hand on the handlebars at all times.

Off-Station, mopeds must use bicycle lanes where provided, unless otherwise posted. On Station, however, mopeds are not allowed to use bicycle lanes at all.

Mopeds must also be registered annually with the City and County of Honolulu. Unregistered mopeds can be seized by city officials.

Perhaps the most flagrant violations by moped riders fall under Sections 15-18.3 of Honolulu's Traffic Code — "Obedience to Traffic Controls." Mopeds must obey all the traffic regulations applicable to other vehicles, and must stop at stop signs, use turn signals, obey speed limits, stay off sidewalks and yield the right of way to pedestrians in crosswalks.

In addition to laws

governing the operation of mopeds, they must also be equipped with headlights, visible 500 feet to the front; a horn audible for 200 feet; and brake and tail lights.

Mopeds are prohibited from using the H-3 pedestrian access, or H-3 itself. Mopeds are further restricted from Fort Hase and other beaches used for sunbathing or swimming, and the Lawrence Road access path through the golf course to North Beach.

Even with all the safety equipment and protection gear, mopeds are still only as safe as the operator.

Road hazards can cause an inattentive operator to lose control, but there's something not on the road that causes more problems than even the biggest hazard — alcohol.

Driving under the influence of alcohol is a serious offense, and on Station a DUI on a moped is just that — a DUI.

'Toys for Tots' drive begins

by Cpl. Leah Gonzalez

As the holidays near, many good programs go into action to help the needy. One is "Toys for Tots," run by Marine Reserves.

"Toys for Tots" gives Christmas joy to needy

children through collection of new, unwrapped toys. They are new so children have the benefit of receiving unused gifts.

The program founded in 1947 by Marine Colonel Bill Hendricks, has grown from an annual Los Angeles area

project to a nation-wide campaign.

Through contacts as a Warner Brothers executive and member of the Advertising Club of Los Angeles, Hendricks was able to initiate a publicity campaign that over the years featured John Wayne, Bob Hope, Glenn Ford, Charlton Heston, Johnny Carson and Bruce Jenner.

Throughout the '70s and '80s proven methods continued to make the program a success. Overall collection was 5.5 million new toys last year.

A local activity to benefit the program will be the Christmas Tree Lighting Ceremony, Dec. 6, at Aikahi Park, in Kailua, where there will be collection barrels. "Most others are parties held by companies for their employees where toys will be collected," said Sgt. Jeffrey Dmochowski, active duty coordinator for Toys for Tots in Hawaii. Dmochowski with

the Inspector-Instructor Staff, 4th Force Recon Co., 4th Marine Division.

Drop-off points are at the Navy/Marine Corps Reserve Training Center off Nimitz Highway, American Airlines ticket agencies, Shoe Biz and Connoisse Antiques in Kailua. There will be a home pick up service offered Nov. 29.

"We pick up the toys and the Volunteer Information Service will handle any money donated for the program," said Dmochowski.

When asked how many toys can be expected this year, Dmochowski said, "it's hard to say, but there will be enough toys locally collected for 1,500 children. Last year we had enough for 1,800 children, so we sent some to Kauai." The toys will be distributed to the children Dec. 18 and 19.

For more information or to arrange for home pick-up call 471-0202.



3d Marines' sergeant major retires

Sergeant Major Fredrick Puliafico speaks to Marines, sailors and guests during his retirement ceremony at Platt Field, here, Nov. 12. Puliafico was awarded the Navy Commendation Medal during the ceremony for outstanding service as the sergeant major for the 3d Marine Regiment.



News, features . . .

CFC update A-3

Great American Smokeout A-4

Marine bodybuilder B-1

Hawaii rugby B-2

Chaplain Corps anniversary B-3

For your info . . .

Salutes A-8
At a glance A-10
Ticket info B-4
Island Happenings B-4
Special Services B-6
What's cooking B-6

Hawaii Marine

The Hawaii Marine is an unofficial newspaper published every Thursday by RFD Publications, Inc., 46-016 Alaloa St., Kaneohe, HI 96744, a private firm in no way connected with the Department of the Navy or the United States Marine Corps. All advertising is provided by the publisher, RFD Publications Inc., by calling 235-5881 or by visiting their office. Circulation is 8,000.

The editorial content is edited, prepared and provided by the Joint Public Affairs Office, Marine Corps Air Station/1st Marine Amphibious Brigade, Kaneohe Bay, Hawaii, 96863-5001, telephone 257-2178/2179. Opinions expressed by the publisher and journalists are their own, and are not to be considered an official expression of the Department of the Navy or the United States Marine Corps.

Articles for publication must be submitted to the Joint Public Affairs Office by 4:30 p.m. on Thursday for the following week's publication. The Hawaii Marine staff solicits articles and photographs from all Marine Corps, Navy and civilian organizations sanctioned by the Commanding Officer, MCAS Kaneohe Bay; however, the Joint Public Affairs Officer, or his designated representative, reserves the right to edit or rewrite materials submitted for publication. Submission does not constitute publication. All photographs published are Official Marine Corps photographs unless otherwise noted. The Hawaii Marine subscribes to the Armed Forces Information Service (AFIS), and Navy Editor Service (NES), which articles are published on a regular basis.

Items advertised in the Hawaii Marine must be made available for purchase, use, or patronage to everyone without regard to race, creed, color, national origin, religion, age or sex of the purchaser, user or patron. A confirmed violation, or rejection, of this policy of equal opportunity by any advertiser will result in the refusal to print advertising from that source. The appearance of all advertisements in the Hawaii Marine, to include inserts and/or flyers, does not constitute endorsement by the Department of Defense, the Department of the Navy or the United States Marine Corps, of the firms products or services advertised.

A voluntary monthly contribution of \$1 from residents of government housing at the Marine Corps Air Station, Kaneohe Bay, may be requested by Sun Press carriers delivering the Hawaii Marine. This contribution is strictly voluntary and residents will receive the Hawaii Marine whether they contribute or not.

Army club held responsible in drunk-driving accident

EDITOR'S NOTE: The following article was published in the September edition of "Countermeasure," an Army Ground Safety magazine produced at Fort Rucker, Alabama.

A federal judge recently ordered the Army Club System to pay almost \$1 million to the guardian of a young woman who was left physically and mentally incapacitated in a 1981 automobile accident in Virginia caused by an intoxicated Army soldier.

On the night of the accident, the 19-year-old soldier drank hard liquor at an Army NCO club, even though Army regulations and Virginia law established 21 as the age for drinking hard liquor. The soldier left the club shortly after midnight and caused an accident that left the driver of the other car dead and the passenger in a coma from which she has not recovered.

The soldier's blood alcohol level at the time of his arrest was .26, more than twice the amount considered to be legally intoxicated in

Virginia. He was convicted of involuntary manslaughter and sentenced to a year in jail. The victims sued the Army.

This case was the first successful "dram shop" claim ever brought in Virginia. The state has no "dram shop" statute that holds liquor establishments liable for drunk-driving accidents resulting from their

serving underage or intoxicated patrons.

In holding the club liable, the court recognized a common-law negligence action, inferring the required standard of care from a Virginia criminal statute that makes it a misdemeanor for a tavern owner to sell alcoholic beverages to underage or intoxicated persons.

Alcohol is involved in more



than half of the nation's 45,000 annual highway deaths. Holding the provider of the alcohol liable is one method used in attempting to reduce this number. Increasing the penalty for drunk driving and raising the drinking age are other approaches to the problem.

Army clubs may be held liable under the Federal Tort Claims Act for the negligent or wrongful acts of their employees who serve alcohol "in the same manner and to the same extent as a private individual under like circumstances." Thirty-eight states and the District of Columbia have some form of "dram shop" liability.

Profits from the sale of alcoholic beverages fund morale, welfare, and recreation activities. Large dollar judgments in lawsuits have a serious impact on the money available for such purposes.

Strict compliance with policies governing alcoholic beverages will go a long way toward preventing future accidents involving drunk driving and the litigation which is sure to follow.

New developments in MCIs

The Fundamentals of Refrigeration Course (11.61) includes air conditioning theories along with what refrigerants and lubricants are used in various systems.

The Communication Plans and Orders Course (25.4) offers instruction to prepare those parts of plans and orders applicable to the operational communications field. This course is designed for corporals and gunnery sergeants.

Sharpen your edge in any of the following fields: The Landmine and Demolitions

Course (03.4), the Cold Weather Course (3.49), the Tactics of the Marine Rifle Squad Course (03.7), the Desert Operations Course (03.54), the Fundamentals of Map Reading (03.43), the Antiarmor Operations Course (03.65), and the Marine Squad Leader: Combat Planning and Orders Course (03.46).

The Radio telephone, Telegraph, and Visual Communication Proce-

dures Course (25.3k) is a 16 hour course that is designed to provide Marines in OF 25 with instruction in radio procedures and covers communication fundamentals, messages, radio-telephone and radio-telegraph procedures, visual and sound communication, and communication security.

The PM and Operating Techniques of Light Vehicles Course (35.29) will teach you how to operate and

perform organizational maintenance on an M151 jeep, M274 mule, and M880, CUCV, and M416 trailer.

The Quality Assurance Supervisor Course (60.6) provides instruction for quality assurance supervisors and prospective quality assurance supervisors in the concept of quality assurance and the requirements of the supervisor within the Quality Assurance Program.

NEVER LOOKED BETTER

2
FOR
1

2 YEARS OR
2 PEOPLE FOR
THE PRICE
OF ONE* OR
50% OFF*

*SPECIAL TERM MEMBERSHIP

YOU'LL NEVER HAVE
A BETTER TIME TO
LOOK BETTER — NOW
IS THE TIME . . . THIS
IS THE PLACE!

Join in the excitement now and get 2 years for the price of 1. We've got everything you need to become everything you want . . . the most modern exercise equipment to trim, tone and tighten, energizing aerobics to reduce pounds, inches and the most luxurious facilities including heated pool, whirlpool, steam & sauna — to pamper and indulge yourself. You get all this in an atmosphere of high energy fun by trained counselors committed to your better health and fitness. Join Mademoiselle today because it works!

CALL NOW! 235-3511



Mademoiselle
Spa Lady

HAWAII'S ONLY LUXURY SPA EXCLUSIVELY FOR WOMEN!
HOURS: 8 a.m.-9 p.m. Mon.-Fri. 9 a.m.-6 p.m. Sat. 12-6 p.m. Sun.
Babysitting • Ample Free Parking
Windward City Shopping Center

Save on KODAK Color Film



At Your Marine Exchange

Stop by your Exchange today for special savings on KODAK Color Films and multipacks of KODAK Color Film.

Plus, stop by the Kodak film display for a valuable mail-in coupon worth up to \$3 in rebates from Kodak. That's an additional savings of up to \$3.*



Score on
NFL huddles too.

The coupon also entitles you to save big on your favorite NFL Huddles™ figure . . . a \$15 value for only \$9.95 plus tax.

Visit your Exchange today for your money-saving coupon and complete details. Hurry. Supplies are limited.

*With \$2 mail-in rebate coupon valid until December 31, 1985, and \$1 future purchase coupon valid until December 31, 1986. See coupon for qualifying films.



This advertisement was neither paid for, nor sponsored in whole or in part, by the Exchange Service.

Kodak . . . Serving the Military Worldwide

© Eastman Kodak Company, 1985

Kodak is a trademark.

Marine Corps leads services in CFC

So far, the Marine Corps has surpassed the other military services in the Combined Federal Campaign by collecting \$321,679, attaining almost 74 percent of its goal, according to a

second week report of the annual fund drive.

The federal military drive has totaled, so far, \$1,168,608 or 45.64 percent of the projected goal for the six-

week campaign. The annual drive centers on one-time, work-place solicitations from the almost 90,000 government employees and military personnel assigned to Oahu. Last year's drive netted \$2,469,126.

YOUR SHARE HELPS

COMBINED
FEDERAL
CAMPAIGN



HAWAII-PACIFIC AREA

The Army has reported \$292,408 for the first two weeks, attaining 56 percent of its goal; the Navy has collected \$321,679, about 30 percent of its goal; the Air Force has raised \$190,390, 63 percent of its goal; and the Coast Guard hit 61 percent with \$34,393 in donations.

A number of federal offices here have already accomplished their goals. Among them are the IRS, the Social Security Administration, the Bureau of Alcohol, Tobacco and Firearms, the FCC and the U.S. Marshals.

The 1985 Combined Federal Campaign fun drive will run through Dec. 6.



Lieutenant General D'Wayne Gray, commanding general, FMF Pac, fills out his pledge card as he donates his fair share to the 1985 Combined Federal Campaign at Camp H.M. Smith.

Exchange Happenings

The Marine Corps Exchange here is conducting special holiday events now through the end of the year.

One of the events is "MCX Santa Bucks." For every \$10 purchase the patron will receive one Santa Buck which can be redeemed for \$1 off any purchases made from Dec. 2-24.

Free gift wrapping will also be available Nov. 29-Dec. 24 for purchase of single items of \$30 or more. Gift wrapping is done next to the ice cream parlor.

If you see an item advertised in any local newspaper, and the price is less than at the Exchange, take the ad to the Exchange and you'll be able to buy the same item at the price

advertised. It must be identical in brand, model, size and style.

A plant-selling concession is now open adjacent to the Self-Service Activity, building 1090. Hours of operation are Tuesdays-Thursdays from 10 a.m. to 5 p.m. It's closed on Mondays, except paydays.

The Exchange Laundry, building 1090, will be open Nov. 27, Dec. 24 and Dec. 31 from 7 a.m. to 3 p.m., and will be closed Thanksgiving, Christmas and New Year's.

Other events and promotions during the holiday season are:

A "Moonlight Sale" will be held Nov. 29 from 7 to 10 p.m. Gift wrapping

will be available starting at 11 a.m. On this day, Santa will "arrive" at the Exchange, and the traditional picture-taking will be available.

"Doe Night" will be held Dec. 2 from 6 to 9 p.m., and holiday extended hours will begin on this day. The Exchange will be open, through Dec. 23, from 10 a.m. to 9 p.m., Mondays through Fridays; 10 a.m. to 5 p.m., on Saturdays; and noon to 5 p.m., on Sundays. Self-Service will be open until 9 p.m.

Another "Moonlight Sale" will be held on Dec. 13; a "Stag Night" on Dec. 17; and the Exchange will close at 5 p.m. on Christmas Eve, and all day on Christmas Day.

SOFT CONTACT LENSES

Extended Wear and Tinted Soft

From \$129

Daily Wear \$79

Includes: Lenses, Care Kit, Follow-up Care, and 90-Day TRIAL PERIOD. Expires Nov. 30, 1985

FAMILY EYE EXAMINATION PLAN \$39

Announcing! CHAMPUS Coverage For Dependent Eye Exams

COMPLETE PROFESSIONAL VISION SERVICES DEDICATED TO QUALITY AND SERVICE IN VISION CARE

Dr. Charles Dean Optometrist

KAILUA 139 Hekili St. 261-9735





MILITARY PERSONNEL... \$28

Visit neighbor islands at special hotel rates...

Here's a great way to visit other islands at budget hotel rates. Use Hawaii's top hotel value... comfortable rooms in attractive and convenient locations.

MILITARY OR KAMAALINA RATES	Standard rooms	from \$28-39
	Superior rooms	from \$32-44
	Deluxe rooms	from \$38-48



KONA LAGOON
Kona at Keauhou/From \$28



HILO HAWAIIAN
Hilo/From \$32



MAUI BEACH
Kahului, Maui/From \$37



MAUI PALMS
Kahului, Maui/From \$28



KAUAI RESORT
Waimea, Kauai/From \$36



QUEEN KAPIOLANI
Waikiki/From \$33

For reservations and information, see your travel agent or call



Hawaiian Pacific Resorts

531-5235 From neighbor islands, toll-free 1-800-272-5275

Executive offices: 1150 S. King St., Honolulu, HI 96814

Need a car? Ask us about our "Room & Vroom," a super value hotel and car package with cars provided by DOLLAR RENT A CAR. Reservations may also be made through ALOHA AIRLINES, phone 836-1111.

MICROWAVE OVEN CONTAINER SALE!

FREE COOK BOOK with any microwave purchase

A CONTAINER OF NEW MICROWAVE OVENS HAVE ARRIVED FOR IMMEDIATE LIQUIDATION. ALL ARE REDUCED AT PRACTICALLY WHOLESALE COST!

HURRY QUANTITIES LIMITED SALE ENDS 11/24/5 p.m.

AMANA

O'KEEFE

MAGIC CHEF

NEW

MIDSIZE

118

TAPPAN

Values to \$398

\$198

Limit 2 per customer

EA.

LITTON

PANASONIC

TAPPAN

MICRO/BROWNER

NEW

298

SUG. RETAIL \$598

DEMO

If you find your microwave at a lower price within 30 days of purchase - we'll refund the difference - in cash!

PACIFIC SURPLUS & DISTRIBUTORS

262-8131

1247-F KAILUA RD.

KAILUA

IN THE 7-11 COMPLEX

NEW HOURS:

MON.-FRI. 9:30-6:00 p.m.

SATURDAY 9:30-5:00 p.m.

SUNDAY 11:00-5:00 p.m.

WEDNESDAY CLOSED

455-9010

98-593 KAM HWY.

PEARL CITY

BY DOMINOS PIZZA

PLAY WORLD

THE PLACE FOR TOYS & GAMES

KANEOHE BAY SHOPPING CENTER

7 BIG DAYS

THURSDAY THRU WEDNESDAY

NOVEMBER 21 THRU 27

20% OFF

Our Entire Inventory of TOYS and GAMES

SALE PRICES LIMITED TO STOCK ON HAND NO RAINCHECKS - NO SPECIAL ORDERS

CHARGE IT! MasterCard/VISA

PLAY WORLD

THE PLACE FOR TOYS & GAMES

KANEOHE BAY SHOPPING CENTER



the Great American SMOKEOUT

Today many servicemen and civilian smokers will call it quits for the day as part of the Great American Smokeout. Dr. William Mayer, assistant Secretary of Defense for Health Affairs, hopes that day off will be the beginning of a lifetime vacation from cigarettes.

While less than one-third of the adult U.S. population smokes, the comparable rate for the military is slightly more than half.

Cigarettes were once an integral part of military life. In World War II newsreels,

Yanks could be seen sharing chocolate and chewing gum with children and cigarettes with adults. Uncle Sam smiled on these acts of generosity. But no more.

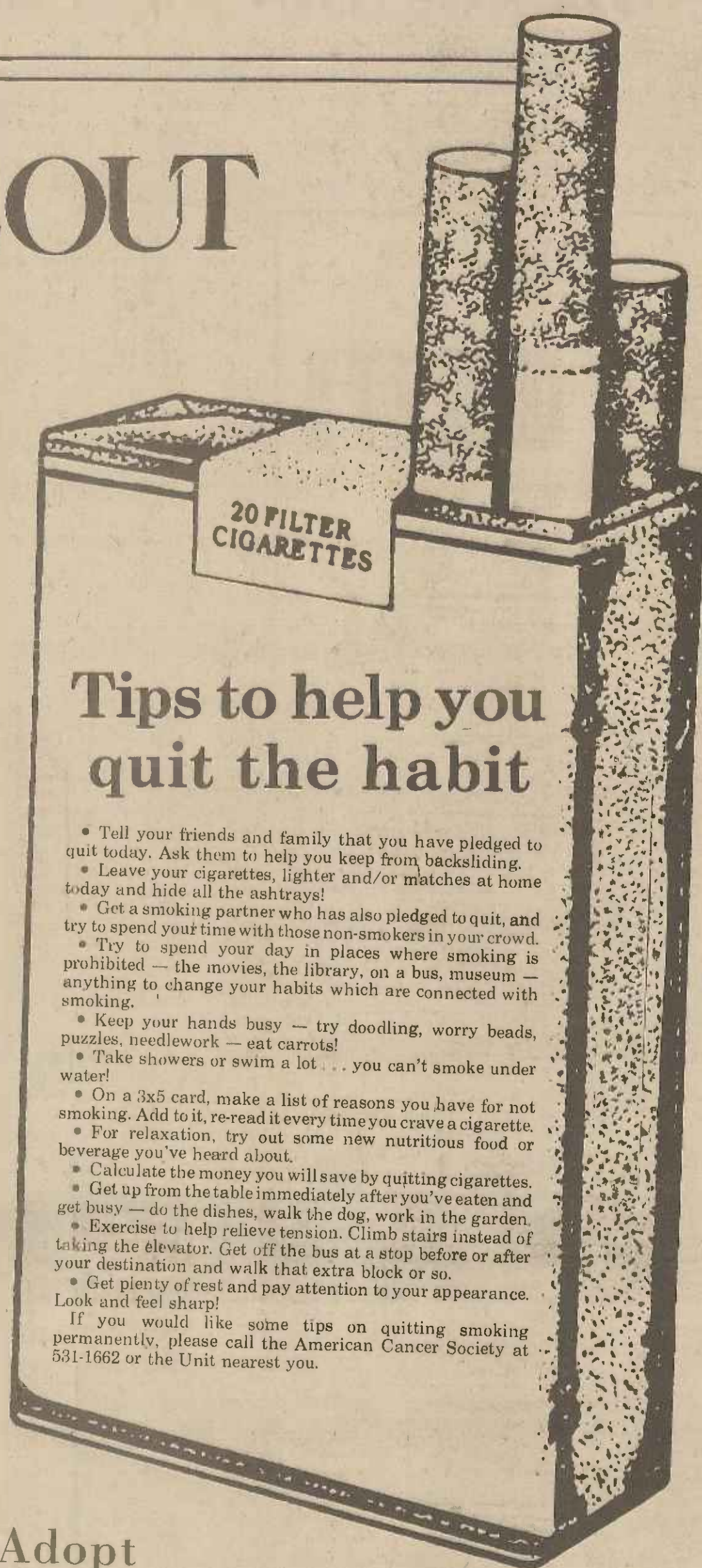
The American Medical Association agrees. Until 1954, they accepted cigarette advertisements for their professional journal. One ad, which appealed to patriotism as well as professional pride, showed a young man as a soldier and later as a doctor — both times smoking the brand “preferred by men in the medical service and the

other services.”

More than 20 years and numerous studies later, doctors have the lowest incidence of smoking of any professional group. But the military has one of the highest.

Although some of this can be explained by the fact that it has a large number of 18- to 25-year-olds — a group that smokes more than the general population — the rate is still a cause for concern, since it affects health, and poor health affects readiness.

American Forces Information Service



The evils of tobacco

The American Medical Association recently republished its historic 1950 article linking smoking to lung cancer that led to its own ban on tobacco ads. Alongside that historical piece were summaries of other significant studies on smoking.

What researchers have been learning about smoking since 1950 may help you get ready for the Great American Smokeout this year.

Women and smoking

Women who smoke heavily — more than 35 cigarettes a day — are seven times as likely to suffer “myocardial infarctions,” heart attacks, as non-smokers.

Light smokers — fewer than 15 cigarettes a day — are almost 1.5 times as likely to suffer heart attacks as non-smokers. When combined with other risk factors such as high cholesterol, high blood pressure and oral contraceptive use, the risks become higher.

One unexpected side effect of smoking for women is lowered fertility. A study involving 678 women who wanted to become pregnant found that women who smoke are only 72 percent as fertile as non-smokers; heavy smokers are only 57 percent as fertile. The study did not find a link between low

fertility and husbands’ smoking.

Pregnant women who smoke expose their unborn children to a greater risk of spontaneous abortion and low birth weight.

Finally, smoking women really have come “a long way.” In 1985, for the first time, lung cancer surpassed breast cancer as a cause of death for them.

Passive smoking

“Passive smoking,” smoke inhaled from the cigarettes of others, is dangerous as well. One study of 2,100 non-smoking adults who worked for at least 20

Stop smoking
before it's
too late!



years in offices where smoking was permitted showed lung damage equivalent to that in persons who had smoked 10 cigarettes a day for 20 years.

In another study, carbon monoxide levels in the blood of non-smokers as well as smokers doubled in one hour and doubled again in another hour when exposed to the level created by smoking 10 cigarettes in a car. The same was true for a non-smoker seated next to a smoker in a well-ventilated room.

A women’s risk of lung cancer goes up as much as 3.4 percent if her husband is a heavy smoker, and infants and children are more likely to suffer from bronchitis, pneumonia and other respiratory ailments if their parents smoke.

After you quit

But there is good news of people who quit after smoking for many years. Even people in their 60s and 70s who have smoked as long as 40 years show a significant increase in blood flow to the brain within less than a year after quitting, reports Dr. Robert L. Rogers of the Baylor College of Medicine in Houston, Texas.

American Forces Information Service

Tips to help you quit the habit

- Tell your friends and family that you have pledged to quit today. Ask them to help you keep from backsliding.
 - Leave your cigarettes, lighter and/or matches at home today and hide all the ashtrays!
 - Get a smoking partner who has also pledged to quit, and try to spend your time with those non-smokers in your crowd.
 - Try to spend your day in places where smoking is prohibited — the movies, the library, on a bus, museum — anything to change your habits which are connected with smoking.
 - Keep your hands busy — try doodling, worry beads, puzzles, needlework — eat carrots!
 - Take showers or swim a lot... you can’t smoke under water!
 - On a 3x5 card, make a list of reasons you have for not smoking. Add to it, re-read it every time you crave a cigarette.
 - For relaxation, try out some new nutritious food or beverage you’ve heard about.
 - Calculate the money you will save by quitting cigarettes.
 - Get up from the table immediately after you’ve eaten and get busy — do the dishes, walk the dog, work in the garden.
 - Exercise to help relieve tension. Climb stairs instead of taking the elevator. Get off the bus at a stop before or after your destination and walk that extra block or so.
 - Get plenty of rest and pay attention to your appearance. Look and feel sharp!
- If you would like some tips on quitting smoking permanently, please call the American Cancer Society at 531-1662 or the Unit nearest you.

Adopt
a smoker

Some smoking facts you should know

The risk of developing lung cancer is 10 times greater for smokers than for non-smokers. Those who smoke two or more packs of cigarettes a day are 15 to 25 times more likely to die of lung cancer than non-smokers.

Lung cancer is largely a preventable disease. It is estimated that 75 percent of the deaths from lung cancer could be avoided if individuals never took up smoking.

Compared with many other cancers, the survival rate for lung cancer is low. About nine percent of lung cancer patients live five or more years after diagnosis. Lung cancer is very difficult to detect early — only 20 percent of lung cancers are discovered in a localized stage.

A male between the ages of 35 and 44 who smokes more than two packs a day, will incur cigarette-related medical bills and lost work time adding up to an average cost of \$58,987 over his lifetime.

Cigarette smokers, who represent less than one-third of the adult population, account for about 82 percent of all cases of lung cancer.

Lung cancer is the number cause of cancer death among men. But in the last 30 years, there has been more than 300 percent increase in women’s lung cancer death rates.

Who smokes? In general, men with college educations, white-collar persons and high-income levels are less likely to smoke

than high school graduates, blue collar workers, and men with low incomes. However, women who work are more likely to smoke than housewives and women in households with low family incomes.

Black smokers smoke less than white smokers. Eighty percent of blacks who smoke go through no more than a pack a day, compared to only 66 percent of whites. At the same time, 34 percent of white smokers consume more than one pack of cigarettes per day, compared to 18 percent of all black smokers.

Fires caused by cigarettes kill more than 2,300 men, women and children each year in the United States. And each year, an additional 5,000 victims are burned in cigarette-induced fires.

The trend to non-smokers’ discounts on life insurance — more than 325 companies today offer reduced rates on annual premiums — has extended to other forms of insurance. Non-smokers often can expect to pay less for disability insurance, automobile accident policies, and homeowners’ policies.

An airline serving the Southwest, Muse Airlines, and one in New England, Air North, are the first to prohibit smoking on all flights. In addition, Muse Airlines has linked up with a car rental agency which, upon request, guarantees cars untainted by tobacco smoke.

Increasingly, hotels and motels around the country are setting aside rooms, wings and floors for non-smokers. The first motel for non-smokers opened in Dallas, Texas. Guests checking into the Non-Smokers Inn must sign an agreement not to smoke or to permit others to smoke. Violators are penalized with a \$100 cleaning charge and immediate eviction.

In 1981 there were 65,000 fires caused by cigarettes, resulting in \$300 million in property damage. Local, state and national fire data all list cigarette-caused fires as the leading cause of fire fatalities.

Smokers of low-tar/low-nicotine brands of cigarettes have a lower lung cancer risk compared to smokers of non-filtered, high-tar cigarettes. However, the risk for these smokers is still much higher than that for non-smokers.

More men than women smoke but the percentage of adult U.S. smokers has dropped from more than 40 percent in the mid-1960s to about 29 percent today. The percentage of adult female smokers rose to a peak of 33.7 percent in 1966, since then it has fallen to about 28 percent.

Nicotine, a psychoactive drug found in cigarette smoke, reaches the brain of a smoker within six seconds of inhalation — twice as fast as mainlined heroin.

Teachers, doctors, dentists and pharmacists are groups that have had high rates of success in kicking the smoking habit.

Smokers who have quit are less likely to backslide if surrounded by spouses and friends who don’t smoke.

Only one-third of smokers gain weight when they give up cigarettes. One-third actually lose weight as a result of combining a general fitness program with their efforts to quit.

Nearly 18 percent of the fires that occur in one- and two-family dwellings are related to smoking.

Liberty's centennial countdown begins

Of all symbols of U.S. freedom and independence throughout the world, she undoubtedly ranks second only to the American flag.

Presented to the United States in 1884 as a gift from the people of France, the 151-foot-tall "Liberty Enlightening the World," better known as the Statue of Liberty, celebrated her 99th birthday recently.

A year-long celebration in honor of "Miss Liberty's" centennial in 1986 will begin with the world premiere at Washington, D.C.'s John F. Kennedy Center for the Performing Arts of a major symphonic work composed in

her honor. "The Lady Remembers," a seven-movement orchestral suite by American composer Richard Adler, will be performed by the Detroit Symphony.

Work continues on the statue itself in preparation for the centennial celebrations. Sometime before July 4, 1986, the 300-ton scaffolding that has surrounded the monument will be dismantled, revealing a fully restored statue with new stainless steel interior supports; a new torch; a glasswalled hydraulic elevator; improved access for visitors, including the disabled; and improvements to the island on which she stands to accommodate some

2 million visitors every year. The restored Statue of Liberty will be unveiled and her torch relighted at major centennial celebrations during the week of July 4, 1986. The largest fireworks display in history and an international salute by the tall sailing ships and the world's navies are scheduled. Another ceremony, on Oct. 28, 1986, will celebrate the centennial of the statue's original dedication.

On Ellis Island, where some 17-million immigrants were processed from 1892 until the station closed in 1954, restoration work is centering on the main building. Some of its rooms,

including the huge Great Hall where immigrants received initial medical and legal inspections, are being restored to their 1918-1924 appearance.

Restoration of the main building is expected to be completed a year after the Statue of Liberty's centennial.

The remainder of the work on Ellis Island is scheduled to be finished in time for the station's centennial in 1992.

The Statue of Liberty-Ellis Island Centennial Commission hopes to raise some \$230 million from private sources for the preservation, future maintenance, celebra-

tions and educational programs.

To date \$170 million in cash and pledges had been raised, bringing the foundation to within \$60 million of its campaign goal. Of that amount American corporations and their employees have accounted for some \$93 million.

Fraternal, ethnic, civic and labor organizations have pledged some \$25 million, and foundations account for another \$10 million. The balance came from individuals, including more than \$3 million from school children.

by Tom Joyce
American Forces
Information Service

Vital statistics

Steps in statue from base to torch — 171.

Height from base of foundation to torch — 305 ft. 1 in.

Height of torch — 21 ft.

Length of hand — 16 ft. 5 in.

Size of fingernail — 13 in. x 10 in.

Length of right arm — 42 ft.

Width of mouth — 3 ft.

Windows in crown — 25.

Rays in diadem (representing the seven seas and seven countries) — 7.

THE MARSH CO.'S . . .

6-HOUR

6 PERCENT

SALE!

SPECIAL FINANCING

SHOP HAWAII'S LARGEST NAME BRAND SELECTION!

SATURDAY . . .
NOON
'TIL 6 P.M.

We're jumpin' with savings for 6 Big Hours on Saturday! Come, and you'll discover 20-60% savings on Hawaii's largest selection of name-brand furniture. Make your selection, then ask one of our helpful salespeople to compute your low monthly payments at our special low 6% interest rate. We think you'll jump for joy!

It's only happening for 6 hours. So, plan now . . . and don't miss it!

HURRY!
YOU CAN'T AFFORD TO MISS OUT!

HUGE 20-60%

SAVINGS

EVERYTHING STOREWIDE!

TOP NAME BRAND FURNITURE . . . FOR LESS . . . THAN THE DEPT. STORES

TERMS OF SALE

6% A.P.R. 12 equal monthly payments. Min. financed amount . . . \$299. No down payment necessary. On approved credit.

ATKINSON STORE

1743 Kapiolani Blvd.
Corner of Kapiolani
And Atkinson
Reg. Hours: Mon.-Fri. 9-9
Sat. 9-6

942-8194

The **Marsh** Company

DILLINGHAM STORE

1805 Dillingham Blvd.
Between Pay 'n Save & Enjoy's
Reg. Hours: Mon.-Fri. 9-9
Sat. 9-6 Closed Sun.

847-5382

WAIPAHU STORE

94-300 Farrington Hwy.
Between Pay 'n Save & Enjoy's
Reg. Hours: Mon.-Fri. 9-9
Sat. 9-6 Closed Sun.

671-3995

MAUI STORE

326 Hanomay St.
Hours: Mon.-Wed. 9-6
Reg. Hours: Thurs. & Fri. 9-8
Sat. 9-6 Closed Sun.

871-6236



USSR boasts strong strategic defense

Washington, D.C. — The world's only operational antiballistic missile and anti-satellite systems.

Extensive research into advanced ballistic missile defense technology, including laser, particle beam and kinetic energy weapons.

Ballistic missile detection and tracking radar.

These may sound like plans for the U.S. Strategic Defense Initiative, the research program the Soviet Union is trying to halt through arms negotiation.

But these are strategic defense initiatives already working or in the works by the Soviet Union.

A newly released report shows that Soviet efforts in most phases of strategic defense have long been far more extensive than those of the United States.

The USSR has major passive defense programs designed to protect important assets from attack, according to the joint DoD-State Department report. The Soviet Union also has extensive active defense systems, which use weapon systems to protect national territory, military forces or key assets.

Soviet developments in the area of active defenses fall into three major categories: air defense; ballistic missile defense based on current technologies; and research and development on advanced defenses against ballistic missiles.

According to a joint memorandum signed by Secretary of Defense Caspar W. Weinberger and Secretary of State George P. Schultz, these Soviet offensive and defensive force developments show that the United States must act in three main areas to maintain security and stability both in near term and in the future.

They recommend that the United States:

Modernize its offensive nuclear forces to ensure a military balance and to provide incentives for the Soviet Union to join the United States in negotiating nuclear arms reductions.

Act now to begin constructing a more reliable long-term strategic posture, including continuation of Strategic Defense Initiative research.

Continue negotiating with the Soviet Union for

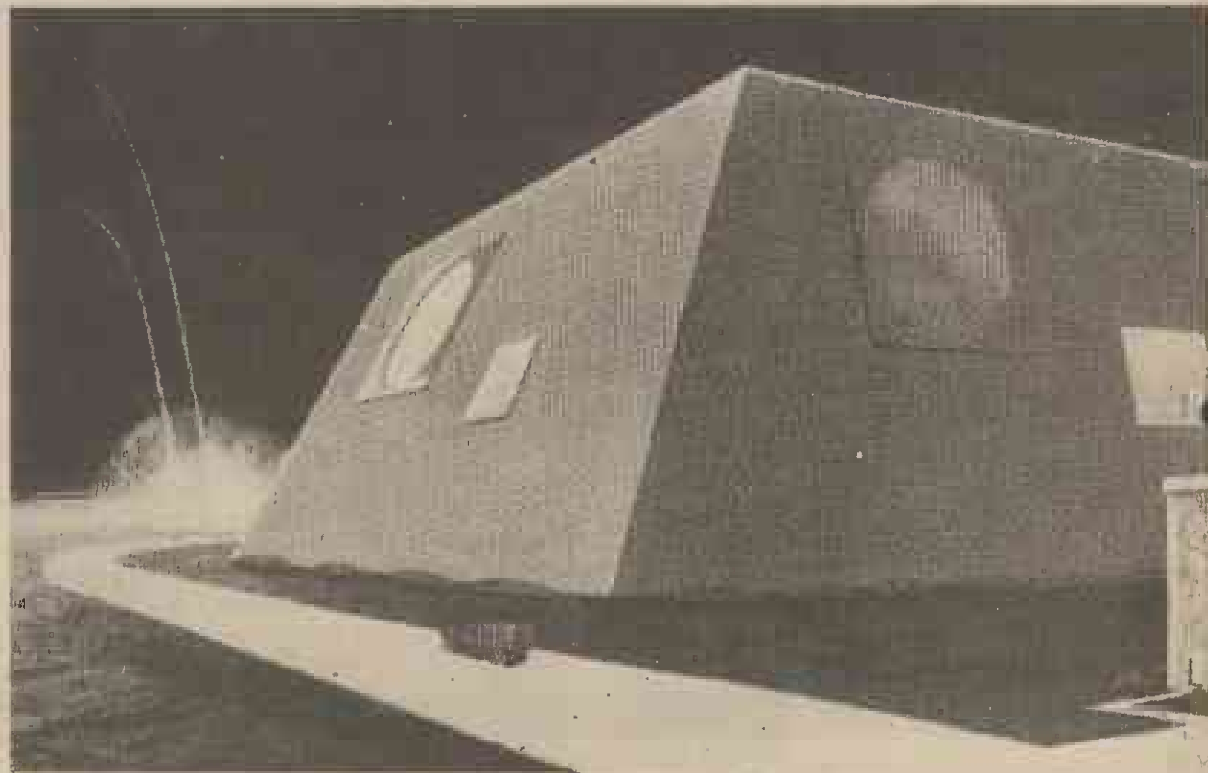
significant, equitable and verifiable reductions in existing nuclear arsenals, and to discuss the relationship between offensive and defensive forces and the possibility of a future transition to a more defense-reliant deterrence.

Soviet offensive and defensive force developments pose a serious challenge to the West, according to the report. "If left unchecked and unanswered, they would undermine our ability to retaliate effectively in case of Soviet attack."

"The situation would be even more severe if the Soviet Union were to have a monopoly on advanced defenses against ballistic missiles in addition to its sizable offensive and defensive forces."

Weinberger and Schultz call the Strategic Defense Initiative "a prudent and necessary response to the ongoing extensive Soviet antiballistic missile effort, including the existing and powerful deterrent to any near-term Soviet decision to expand rapidly its ABM capability beyond that permitted by the ABM Treaty."

"The overriding importance of the Strategic Defense Initiative, however, is the promise it offers of moving to a better, more stable basis for deterrence in the future and



Moscow's ballistic missile defenses include the Pushkino ABM radar, shown in this artist's concept.

BE AWARE



HAWAII'S DRUNK DRIVING LAW

FIRST OFFENSE

If no convictions within the past 5 years

- 14 hour minimum alcohol abuse education & counseling program
- 30 day absolute license suspension and a 60 day restricted, provisional or conditional license to be ordered by the court

Plus 1 or more of the following:

- 1. 72 hours of community service work
- 2. 48 hours in jail
- 3. \$150 to \$1,000 fine.

Line Effective May 29, 1984

Effective December 1984 in 2nd

The court may require retesting

SECOND OFFENSE

Within 5 years of a prior conviction:

- 1 year absolute license suspension.
- \$500 to \$1,000 fine.
- Plus one of the following:

- 1. Not less than 80 hours of community service work
- 2. Not less than 48 hours in jail.

THIRD OFFENSE

Within 5 years of 2 prior convictions, all 3 penalties:

- 1. \$500 to \$1,000 fine.
- 2. License revoked for 1 to 5 years.
- 3. 10 to 180 days in jail.

For more information call: DIVISION OF DRIVER EDUCATION Oahu: 548-2553 Maui: 244-2266 Hawaii: 931-1320 Kauai: 245-4464

Subsequent offenses the court shall require that the offenders alcohol dependence be assessed

WHOLESALE TO THE PUBLIC • WHOLESALE TO THE PUBLIC •

Wholesale Electronics

TV • RADIO • VIDEOS • JEWELRY • TOYS • WATCHES

"WHY PAY RETAIL WHEN YOU CAN BUY WHOLESALE"

70% OFF ALL

Hand-Made 14K Cubic Zirconia Rings

WE WON'T TELL, IF YOU DON'T TELL

Chains, Charms, Watches, Pearls

43-6 Oneawa St., Kailua 263-6600

WHOLESALE TO THE PUBLIC • WHOLESALE TO THE PUBLIC •

MAKE THIS THANKSGIVING

ALL YOU CAN EAT NOV. 28

A FEAST TO REMEMBER...

Roast Tom Turkey with Oyster Dressing, Whole Steamed Dungeness Crab, Abalone, Shrimp, Scallop Saute, Baked Salmon with Fresh Tarragon Sauce, Baked Ham with Guava Glaze, Cranberry Sauce, Mashed Potatoes and Giblet Gravy, Summer Squash, Fresh Mushrooms, Garlic Pasta, Ice Cream or Sherbet, Pumpkin Pie \$10.95

Hungry!

Royal Hawaiian Ctr., 3rd floor, Ewa end. Reservations 926-2599

Final Days

Ribbon Sale thru Nov. 30

Personalize your holiday packages... velvets, plaids, lacy... a ribbon 'lovers' dream! Plus — ornaments galore stop by & browse.

The Rainbow Tree retail/wholesale

621-9112
707 Kihuna Ave., Wailuku

HAWAIIAN HEIRLOOM JEWELRY

ONE WEEK DELIVERY or 90 DAY LAYAWAY

Designs: Old English Maile Vine Kalakini Maile Wreath

RAISED LETTERS & RAISED DESIGNS

ISLAND PRINCESS

HAWAIIAN HEIRLOOM

1750 KALAKAUA • CENTURY CENTER • SUITE 2108 949-1446

Holiday Carpet Sale

NAVY exchange HAWAII

SUPER CARPET SAVINGS!

Get your home ready for the holidays with beautiful new wall to wall carpet. With our fantastic selection of carpets to choose from, you're sure to find the carpet you're looking for at a price to fit your budget! This super Holiday Carpet Sale is happening at Pearl Harbor and Barbers Point Navy Exchanges now. Hurry to take advantage of these huge holiday savings!

SOLID, LINT-FREE SAXONY
Made of 100% nylon for longer wear and easy cleaning. Specially priced now to fit your budget!
Sug. Retail \$12.95 **\$6.95** per sq. yd. SAVE \$6.00

100% NYLON FULL-BODIED PLUSH
Add color, beauty and warmth to your floors this holiday season with this gorgeous plush!
Sug. Retail \$17.95 **\$9.50** per sq. yd. SAVE \$8.45

RICH, ELEGANT SAXONY
Enjoy the rich, soft hand of this plush with its elegant line of today's most popular colors.
Sug. Retail \$21.95 **\$10.75** per sq. yd. SAVE \$11.20

BOLD MULTICOLOR SCULPTURE
Great for the active areas of your home. Available in a variety of beautiful soil-hiding colors.
Sug. Retail \$15.95 **\$8.95** per sq. yd. SAVE \$7.00

SOFT MULTICOLOR SCULPTURE
This Wear-Dated carpet of Ultron® nylon features a pile that resists soiling and stains!
Sug. Retail \$19.95 **\$9.75** per sq. yd. SAVE \$10.20

THICK, LUXURIOUS SCULPTURE
A super thick sculpture pile to add elegance to any room in your home. A great value!
Sug. Retail \$27.95 **\$14.50** per sq. yd. SAVE \$13.45

MULTI-TONE SAXONY PLUSH
Versatile and easy to care for, made of 100% continuous filament nylon with Scotchgard® protection.
Sug. Retail \$15.95 **\$8.95** per sq. yd. SAVE \$7.00

STYLISH, TONE ON TONE SCULPTURE
Comfort and quality at an affordable price! The sculptured texture makes it great for active areas!
Sug. Retail \$19.95 **\$9.75** per sq. yd. SAVE \$10.20

Shop Early For The Best Selection!
Carpet only prices. Pad and professional installation is available.

Pearl Harbor Navy Exchange Interiors Plus
Phone: 422-2767
Regular Store Hours: Mon-Sat 9:30am to 7:00pm Sunday 9:30am to 5:30pm

Barbers Point Navy Exchange Rainbow Annex Furniture Store Bldg 1141
Phone: 682-5525
Regular Store Hours: Mon-Sat 9:30am to 5:00pm Sunday closed

SALE STARTS NOVEMBER 21, 1985
SALE ENDS DECEMBER 1, 1985

Visa and Mastercard accepted

Sorry no layaways

NAVY exchange HAWAII

PEARL HARBOR * BARBERS POINT

Whale-watching season begins

The Pacific Whale Foundation, an international organization that conducts research, conservation and educational programs to

protect endangered humpback whales and other marine mammals, will officially open Hawaii's whale-watching season Nov. 30, with a cruise.

In late November between 600 and 700 humpback whales migrate to Hawaii from the Bering Sea between Siberia and Alaska. Some come to find mates while others give birth to calves conceived the year before.

The humpback is Hawaii's official state mammal, and may be seen off the west coast of Maui from Maalaea Bay to Lahaina and between the islands of Lanai and Molokai.

With only 3,500 to 3,600 humpback whales left in existence, and only 1,500 living in the Pacific, PWF considers their protection vitally important to Hawaii. In an effort to protect the

humpback, there are laws which limit how close aircraft, vessels, swimmers and divers may get to the whales.

When not harassed, whales don't mind being watched. Well planned whale-watching cruises are an excellent way to learn more about them.

For more information write to: Pacific Whale Foundation, P.O. Box 1038, Kihei, Maui, Hawaii 96753.

Flight testing award presented

St. Louis, Mo. — McDonnell Douglas test pilot, William W. Lowe, won the Iven C. Kincheloe Award for outstanding professional accomplishment in flight testing.

The award, named after the Air Force captain killed in 1958 during a test flight, is given annually to a pilot or group of pilots by the Society of Experimental Test Pilots.

Lowe, who recently spent 14 months at Edwards AFB, Calif. testing McDonnell Aircraft's AV-8B Harrier II is the fourth McDonnell Douglas pilot to receive the award.

His objective in his most recent test flights was to define the performance and handling limits of the AV-8B so that other pilots would know how far the plane can be pushed.

While testing the Harrier, Lowe forced the aircraft out of control and into a spin by increasing the plane's angle of attack, pitching the nose upward during forward flight which often causes the engine to stall. In addition to regaining control, Lowe had to restart the engine to avoid making an unpowered landing.

"A maneuver like that is a lot of hard work," he said. "It requires complete concentration and is very demanding. In over 200 flights, the AV-8B proved to be easily recoverable and the engine never failed to restart."

The McDonnell Douglas AV-8B Harrier II is derived from the AV-8A Harrier made by British Aerospace. Three Marine Corps squadrons fly the AV-8B for close air support. Eight AV-8B squadrons are planned by the Marine Corps.

According to Lowe, who has logged over 2,000 flight hours as a test pilot, depth of experience is a prerequisite for this type of testing. Since joining McDonnell Aircraft Company in 1972, he has also test flown the F-4 Phantom II, F-15 Eagle, F/A-18 Hornet.

Three years ago he made a vertical landing in the AV-8B after taking his hands off the controls while hovering 40 feet above the ground to demonstrate how well the aircraft's autopilot works.

McDonnell Douglas's prior winners are Don McCracken, for test piloting the F-4 during its spin program; Irv Burrows, who was the first pilot to test the F-15; and Jack Krings, who flew the F-15 during its spin program.

THE WAY UNLIMITED
We arrange national and international travel!
FLY/DRIVE MOLOKAI\$64
FLY/DRIVE/HOTEL for 2\$132
FLY/DRIVE/SAFARI\$77
FLY/DRIVE MAUI\$76
FLY/DRIVE MULE RIDE\$112
PHONE 531-1875

DR. F. BROCK HOPKINS
(formerly of Enchanted Lake Animal Clinic)
ANNOUNCES
His relocation to:
AIKAHI PARK ANIMAL CLINIC
AIKAHI PARK SHOPPING CENTER
(Behind Firestone, Kailua)
HOURS:
MON., TUES., THUR., FRI.
8:00 AM-5:30 PM
WED., SAT.
8:00 AM-NOON
Dr. Hours by Appt.
254-1548

OPENING SOON!

Kailua Health Club

Charter Membership Sale
Now In Progress!

\$98 for **ONE YEAR UNLIMITED MEMBERSHIP**
This \$20 registration fee

We've arrived and we're in the mood to celebrate. Join now during our pre-grand opening special and take advantage of this limited offer.
A full year of exercise and dance aerobic classes, personalized instruction, featuring Stairmaster — The Workout of Your Life, Eagle by Cybex, Hawaii Gym Equipment, Olympic Free Weights, Dry and Wet Saunas and Jacuzzis. Open 7 days a week. For men, women and students and all for only \$98 plus a \$20 registration fee.
It's our way of saying Aloha, so stop by and welcome the new club on the block. It could be the start of a very healthy relationship.

KAILUA Health Club

1490 Kaula Drive, Kailua, Hawaii 96741
(Kaula Shopping Village. Located near 7-11, in back of Safeway)

CALL NOW!
263-6678

Call for information
Hours:
Mon.-Sat.
10 a.m.-6 p.m.

NOVEMBER SPECIAL

Large Combination Pizza with 1 pitcher of soft drink.

\$7.95



BIRTHDAY PARTY SPECIAL
\$4.95 per person Now \$3.50 per person!
Call for more details 488-8487. Good Mon thru Thurs.

Coupon must be redeemed at time of purchase and may not be used w/any other offer, coupon or birthday package. Only one (1) coupon per family. Offer good thru Nov. 1985. Hrs. 12-10M-Thurs; 11-11 Fri; 10-11 Sat; 10-10 Sun.

COUPON



Have You Planned For The Future When You Are No Longer Here?

When you die you must leave behind everything for which you have worked and saved. The question is "TO WHOM?" If you have a will, you have already instructed the state, attorneys and judges to act according to YOUR wishes.

But if you don't have a will, the state will simply distribute your estate according to law. Without a will you let the state determine the disposition of your assets, the welfare of your spouse and the guardianship of your children. Probate costs, taxes and fees increase. What's worse, you rob yourself of the privilege of continuing stewardship through designated gifts.

By including The Salvation Army in your will, you can reach out with love and help to victims of drug or alcohol abuse or natural disasters, to children who are hungry, people in prison and senior citizens in search of dignity.

If you want your money to work far into the future... for your loved ones and people who need your help... send for our FREE informative booklet on wills. Write:

THE SALVATION ARMY Hawaiian Islands Division
(P.O. Box 620) 2950 Manoa Rd. Honolulu, HI 96809
☐ I want to take the first step toward controlling the distribution of my estate. Please send me without cost or obligation your booklet on wills.

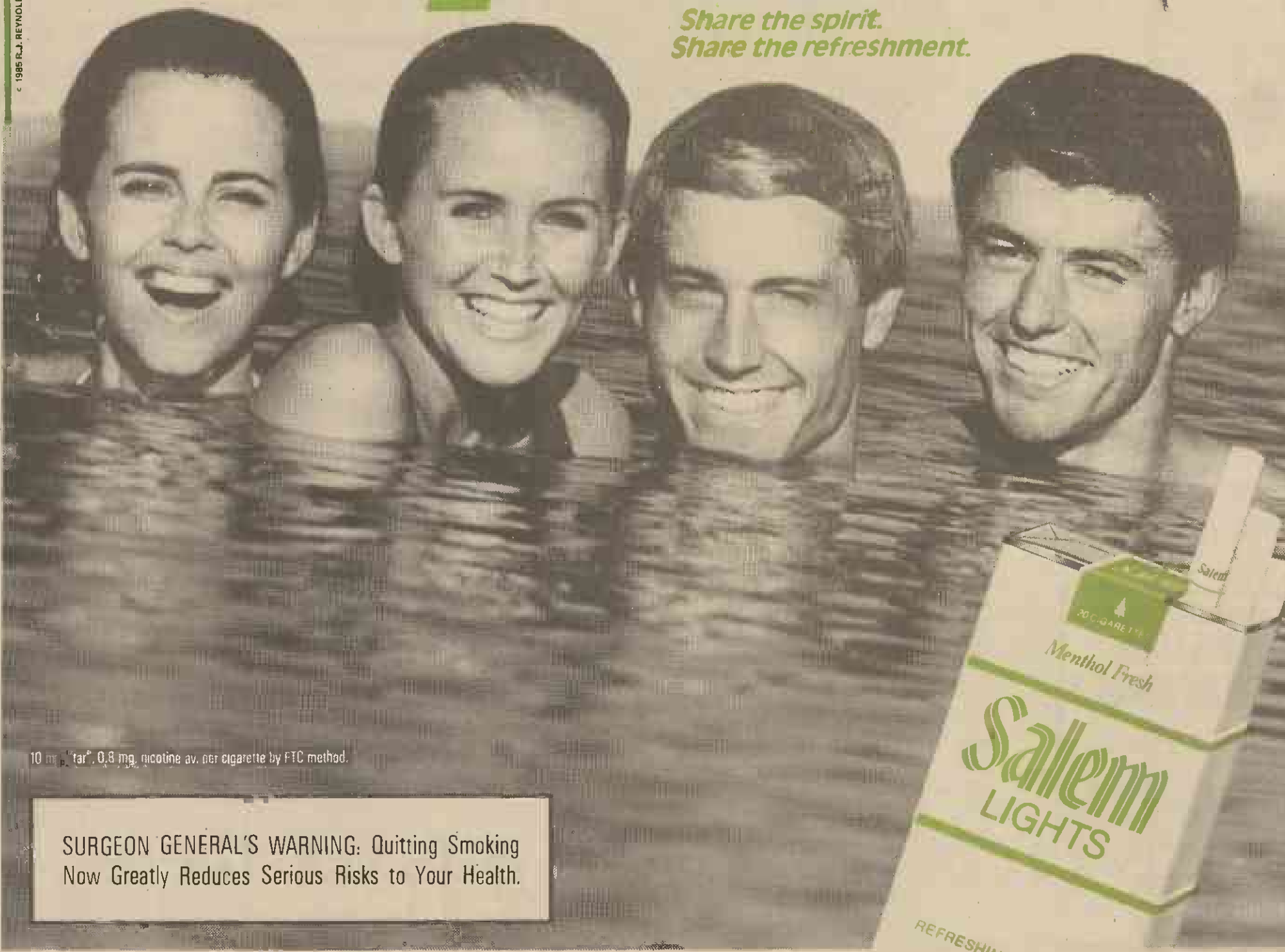
Name _____
Address _____
City _____ State _____ Zip _____
Phone # _____ Birth Date _____

SP-a

You've got what it takes.

Salem Spirit

*Share the spirit.
Share the refreshment.*



10 mg. "tar", 0.9 mg. nicotine av. per cigarette by FTC method.

**SURGEON GENERAL'S WARNING: Quitting Smoking
Now Greatly Reduces Serious Risks to Your Health.**

Salutes

SOMS

Welcome Aboard

LCpl. J.A. Pietrzyk
Promotions
 LCpl. M.E. Diggs
 LCpl. M.O. Prandsen
 Good Conduct Medal
 LCpl. M.R. Hindley
 Meritorious Mast
 Cpl. C. Esponzoza
 Sgt. D. Mayer

H&HS

Welcome Aboard

LCpl. W.J. Gannon
 LCpl. D.G. Turcotte
 Sgt. M.K. Miller
Promotions
 LCpl. C.M. Escobar
 Cpl. E.L. Pollis
 Cpl. S.M. Frank
 Sgt. S.B. Tabor
 Navy Commendation Medal
 1st Lt. C.S. Reynolds
 Navy Achievement Medal
 GySgt. J.J. Martinez
 Good Conduct Medals
 LCpl. J.A. Burns
 Cpl. D.E. McIntyre
 Cpl. S.M. Thomas
 Letters of Appreciation
 LCpl. M.C. Emmons
 LCpl. M.A. Fox
 LCpl. K.M. Parks
 Cpl. W.H. Camara
 SSgt. J.H. Dominhuez
 SSgt. D.E. George
 GySgt. J.W. McCormick Jr.
 MSgt. R.A. Revilla
 Meritorious Mast
 Cpl. J.M. Nielewicz
 Reenlistment
 Cpl. S.M. Thomas
HMH-463
 Meritorious Promotion
 Sgt. R.E. Kirksey

Promotions

LCpl. J.A. Aquilato
 Cpl. A.V. Crews
 Cpl. T.C. Gibson
 GySgt. D.E. Stickland
Meritorious Masts
 LCpl. E.P. Edwards
 LCpl. D.A. Sommerfeld
 Cpl. T.L. Pounds
 SSgt. W.T. Presley
Certificates of Commendation
 LCpl. R.F. Jackson
 LCpl. F.P. Tabladillo
 Cpl. A.B. Ruhatt
 Sgt. C.A. Hughes
 Sgt. W.A. Melton
 GySgt. D.E. Strickland

1st Radio Bn.

Welcome Aboard

LCpl. C.S. Gobrecht
 Cpl. J.J. Hale
 Sgt. M. Lozano
Meritorious Promotion
 Sgt. E.W. Moyes
Promotions
 Cpl. K.J. Kurandt
 Cpl. M.L. Smith
 Sgt. N.L. Heatherly
 Sgt. D.F. Seelye
Meritorious Mast
 Cpl. M.L. Smith

BSSG

Welcome Aboard
 LCpl. L.M. Alonzo
 Cpl. B.A. Hill
 Cpl. V. Lopez Jr.
Meritorious Promotion

Sgt. S.T. Williams

Promotions
 PFC D.H. Williams
 LCpl. S.P. Clemmons
 LCpl. S.K. Johnson
 LCpl. J.R. Schneider Jr.
 LCpl. P.R. Vilchez
 LCpl. B.W. Wright
 Cpl. E.P. Arredondo

Cpl. B.E. Elmer

Cpl. P.S. Holmes
 Cpl. J.S. McClenahan
 Cpl. B.D. Waisanen
Good Conduct Medals
 LCpl. S.F. Turocy
 Cpl. R.E. Thompson
Letters of Appreciation
 LCpl. R.A. Itchon Jr.

LCpl. G.P. Mulock

Cpl. K.C. Green
Meritorious Masts
 LCpl. W.S. Costen
 LCpl. S.M. Doppler
 LCpl. Z.M. Riddick
 Cpl. S. Beeks
 Cpl. B.A. Turner

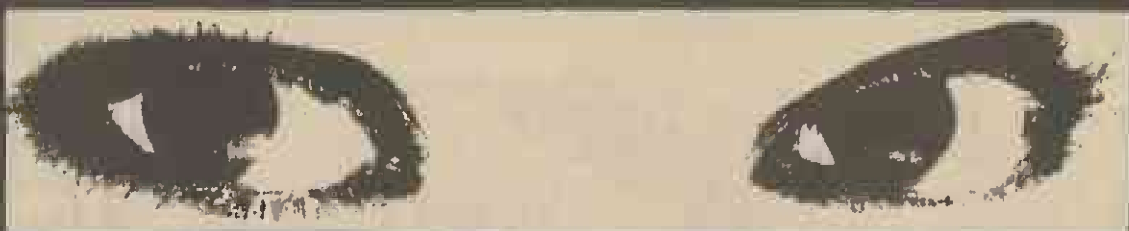
Continued A-9



Sergeant promoted

Sergeant Jerry L. Hughs has his newly acquired chevrons pinned on by his NCOIC, Master Gunnery Sergeant Wilfred Cordice (I) and his OIC, Captain Gary Wentz. Hughs is the regimental logistics clerk for 3d Marines.

GRAND OPENING SPECIAL!



CONTACT LENSES AS LOW AS

\$49.95

DAILY WEAR

\$79.95

EXTENDED WEAR

THIS WEEK ONLY! 263-4433
CONTACT LENS CENTER



FAMILY & URGENT MEDICAL CARE

Located at:

660 KAILUA RD.-KAILUA, HI 96734
 NEXT TO CITY BANK

Religious services

MCAS

Kaneohe Bay
 257-3552/3506

Weekdays

11:45 a.m. — Catholic Mass

Saturdays

6 p.m. — Catholic Mass
 7 p.m. — Catholic Confession/Reconciliation

Sunday

7:30 a.m. — Catholic Mass
 8:30 a.m. — Protestant Liturgical Communion
 9:30 a.m. — Protestant Sunday School
 9:30 a.m. — Catholic Mass
 10:45 a.m. — Catholic CCD Classes
 11 a.m. — Protestant Worship
 1 p.m. — Samoan Congregation
 6 p.m. — Protestant Gospel Worship service

The Station Chapel is located in the right rear corner of the Marine Corps Exchange, building 1090. Sunday School and CCD are held in the pre-school area, building 1391.

Camp H.M. Smith

477-5098

Sunday

8 a.m. — Catholic Mass
 9:30 a.m. — Protestant Worship
 9:30 a.m. — Protestant Sunday School

Monday

11:30 a.m. — Bible Study

Tuesday

11:30 a.m. — Catholic Mass

Wednesday

6:45 a.m. — Prayer breakfast

Friday

11:30 a.m. — Catholic Mass

Naval Station

Pearl Harbor

471-3971

11:30 a.m. — Daily Catholic Mass

Saturday

6 p.m. — Catholic Mass

Sunday

7:30 and 9:30 a.m. — Catholic Mass
 8:30 a.m. — Protestant Communion Service

Holidays

11:30 a.m. and 5 p.m. — Catholic Mass

Aloha Jewish Chapel

Pearl Harbor

471-0050

8 p.m. — Shabat

Saturday

9:30 a.m. — Shabat and Torah Study

Sunday

9 a.m. to noon — Religious School

9:30 a.m. — Protestant Sunday School

11 a.m. — Protestant Worship Service

7 p.m. — Protestant Gospel Service

ARRESTED FOR DRUNK DRIVING?

CALL **NOAH D. FIDLER**

Attorney at Law

Free Consultation

545-7400

820 Mililani St.

HK Bldg. Ste. #612

261-3233

415 A. Uluniu St.

Kailua

© 1985 Delta Air Lines, Inc.

Delta gets you there.®

Over 100 major cities, the easy way.



Fly Delta nonstop to Dallas/Ft. Worth, nonstop to Atlanta or straight through to Houston. Make fast connections for dozens of other cities.

Fly nonstop to Dallas/Ft. Worth any evening for arrival the next morning. Or we'll fly you right on through to Houston's Intercontinental Airport.

Our new nonstop to Atlanta leaves every evening except Monday and Friday. Arrive in Atlanta the next morning.

Save with Delta's discount fares. Be sure to ask about our big discounts off regular Day Tourist Fares. Discount fare seats are limited and there are special requirements, so make your reservations early. We also have Military Fares that save you 25%. There are no restrictions—leave on any flight that has available space.

Check your on-base SATO (Scheduled Airline Ticket Office). See your professional Travel Agent. Or call Delta. Schedules are from Honolulu and subject to change without notice.

Delta gets you there®

Salutes



Cpl. L.A. Flammard photo

New 3d Marines' Color Sergeant

Sergeant Ernesto Toppin, the new Color Sergeant for 3d Marines, received the Regimental colors during a ceremony, Nov. 8. Toppin is a legal clerk for HqsCo., 3d Marines.



Celebrate Thanksgiving At Our House

We are planning a traditional Thanksgiving dinner here at the Crouching Lion and nothing would give us more pleasure than to welcome you to our table. Please come.

THANKSGIVING DINNER 10.95
(Children under 10) 6.25

Roast Turkey with Special Dressing, Giblet Gravy, Cranberry Sauce, Whipped or Sweet Potatoes, Corn-on-the-Cob and Fresh Baked Rolls. Dinner includes the Soup of the Day, Crouching Lion Salad, Pumpkin Pie or Ice Cream and your choice of beverage.

Reservations: 237-8511

Served 4 pm to 9:30 pm
Thursday, November 28, 1985

Oceanside between Kaaawa and Kahana Bay

PANASONIC COLOR TV TECHNICAL NEWS

See brighter colors.
Sharper focus.
Higher resolution.
And feel the excitement!

COMPUFOCUS VIDEO SYSTEM



Some TV pictures look better than others. One leaves them all far behind. The Panasonic CompuFocus Video System brings you greater detail and definition. Higher contrast. And it helps minimize interference between adjacent channels to give you a clear, precise picture. The CompuFocus picture tube uses a special lens

which concentrates the electron beam, and Comb and/or Saw filters further refine and improve the quality of the television image. Feel the excitement of CompuFocus, available on Omni Series Component Monitor-Receiver, Digital TV, and other Panasonic Color TV

Panasonic
just slightly ahead of our time

Available at your military exchange.

The best phone sale in town is right under your nose.

For the past few years, Hawaiian Telephone has offered to sell you that single-line residential or business phone you've been renting. And now, the prices are lower than ever before!

If you want to buy the phone in your home or office, there are three ways to pay. We can bill the total purchase price to your telephone account. You can pay in four monthly installments with no finance charge. Or, purchases can be charged to your Master-

Card or VISA account.

Ordering is simple. Just complete the form and mail it with your phone bill. You can also bring it in to any Phone Mart. Once we receive your order, the monthly rental fees you've been paying will be automatically stopped. And that means your phone bill will take a real nose-dive.

HAWAIIAN TELEPHONE
GTE



Detach and mail with your phone bill, or bring in to any Phone Mart. Or, mail to Hawaiian Telephone, P.O. Box 2200, Honolulu, Hawaii 96841.

	You rent this phone.	for this much monthly.	Now you can buy it for this much.	Number of phones to be purchased.
	Standard Desk (Dial)	\$1.85	\$13.95	
	Standard Desk (Touch Call)	2.40	29.95	
	Starlite Desk (Dial)	2.10	19.95	
	Starlite Desk (Touch Call)	2.65	29.95	
	Starlite Wall (Dial)	2.10	19.95	
	Starlite Wall (Touch Call)	2.65	29.95	
	Styleline (Dial)	3.35	32.95	
	Styleline (Touch Call)	3.95	44.95	
	Styleline Wall (Dial)	3.35	32.95	
	Styleline Wall (Touch Call)	3.95	44.95	

I currently rent Hawaiian Telephone provided telephone(s) in my home or business which I wish to buy.

Name _____

Address _____

City _____

Zip Code _____

Phone _____

☐ Residential ☐ Business

☐ Bill to my telephone bill as one payment

☐ Bill to my telephone bill in four monthly installments

☐ Charge to VISA ☐ Charge to MasterCard

Card Number _____

Expiration Date _____

Signature of Charge Card Account Holder _____

Do not mail any payment until you are billed.

I would like to credit the following Hawaiian Telephone employee with a referral for this order:

Name of Employee _____

Telephones are offered for purchase under the terms and conditions stated in the company's PUC tariffs. 9/85

Offer valid only on phones currently being rented.

At a glance



SATO info

Personnel planning to travel by commercial airlines during the upcoming holiday season should contact SATO as soon as possible at 257-3208/3506.

Due to a large increase in airline passengers during this time of the year, reservations should be made early to ensure seating.

Teenager drug abuse

A free seminar on teenagers, drugs and alcohol is being sponsored by Pearl Harbor Personal Assistance

Center today, from 6:30 to 8:30 p.m., in the Personal Assistance Center.

The topics will be How to spot drug and alcohol abuse in teenagers; what to do; community resources available; and how to deal with your teenager on a daily basis.

For more information call 474-1256.

Commissary closes

The Air Station Commissary Store will be closed on Thanksgiving Day.

Blood drive

Donors are needed for a joint MCAS/1st MAB blood drive to be held Monday, from 8-11 a.m., at the Branch Medical Clinic.

For more information, contact HMC Duncan at 257-3457.

NCOA Job Fair

The Noncommissioned Officers Association will sponsor a "Job Fair" Friday, at the Ala Moana Hotel, in Honolulu, from 9:30 a.m. to 4 p.m.

For more information call 254-5802.

MCAA meeting set Friday

The Marine Corps Aviation Association will hold a meeting Friday at 3 p.m. in the lower lanai of the Air Station Officers' Club.

Guest speaker will be Tim Moe, of Hughes Aircraft Corporation, who will speak on weapon systems provided to the military by his corporation. The presentation is open to all active duty and retired aviation or ground officers, their wives and friends.

For more information, contact LtCol. M. Johnson at 257-3222, or LtCol. W. Frizell at 257-2378.

Power outage

There will be a power outage here Nov. 25 and 26, when contractors make electrical connections to the Station's primary electrical distribution system.

On Nov. 25, from 7:45 a.m. to 3:30 p.m.: Buildings 116, 1020, 1056-1064, 1080, 1082-1084, 1087, 1090, 1189-1190, 1284, 1296, 1404, 1565, 1677, 3001, 3013-3019 and 3095 will

be without power. No emergency power will be provided to these facilities.

On Nov. 26 from 7:45 a.m. to 3:30 p.m.: Buildings 1035, 1037, 1043-1044, 1070-1071, 1074, 1089, 1262, 1655-1656 and 1675 will be without power. Generator power will be provided to Building 1089.

For more information, contact Mr. C. Hasegawa, Maintenance General Foreman, Facilities Division

U.S. Space Command created

Washington, D.C. — For the Air Force, there have always been the skies to protect. The Army has defended the land; and the Navy the sea. The Marine Corps, true to its anthem, has stood ready to protect all three.

However, in an age when ballistic missiles can strike U.S. targets with pinpoint accuracy in as little as eight minutes, space has become the newest military frontier.

Protecting the United States from war in space has become the concern of all branches of the service.

DoD recently activated a unified space command to provide an organization to oversee all military programs in space. U.S. Space Command is composed of the Air Force and Naval Space Commands and a new Army element.

The activation represents the first joint service command responsible solely for the military use of space.

Space systems are critical for national defense. They monitor compliance with treaties; watch for hostile acts by other nations; provide instant communications and navigational support worldwide; and conduct a host of other important tasks.

Just before his retirement as chairman of the Joint

Chiefs of Staff, General John W. Vessey, Jr., commented on the role of the U.S. Space Command:

"There are several things the command will not become," he said. "It is not a force built to escalate the arms race. It is not a force built to achieve dominance for the United States. The command will make its contribution to that fundamental element of United States strategy, the prevention of war."

"The U.S. military use of space is just as is the use of land, sea and air — nonaggressive. It threatens no one," he said. "It is important for the world to remember the United States strategy. Our strategy is one of deterrence."

"U.S. Space Command will be an important part of that strategy. Its mission is defense. Our nation has no intent to attack anyone. By the maintenance of strong, ready, deterrent forces, we want to prevent war."

"The command is a signal to everyone concerned — friends and possible foes — that the United States has a great interest in maintaining the peace, that we stand ready to defend those interests and to help promote peace and stability in cooperation with our friends. The command will be a force

for peace by being ready for war," he said.

Air Force General Robert T. Herres, who is the commander in chief of the North American Aerospace Defense

Command and commander of the U.S. Air Force Space Command, heads the U.S. Space Command.

American Forces Information Services



NEW FASHION BARGAINS
WHOLESALE TO YOU OUTLET

TOP QUALITY, SUPER VALUES IN MUUS, SUNDRESSES, CAFTANS, CHILDRENS, IMPORTED BLOUSES & HIGH FASHION KNITS, FOR OFFICE, EVENING & RESORT. FEATURING SUNSHINE LADY & OTHERS.

TOWN & RESORT BOUTIQUE
904 KOHOU ST. • #206 • HONOLULU • 845-2756

FREE PARKING
HOLIDAY HOURS
MON.-THURS.
9 a.m.-3 p.m.
FRI. 9 a.m.-8 p.m.
SAT.-SUN.
9 a.m.-5 p.m.

N. KING	HCC	DILLINGHAM
CANAL	KOHOU	GEN
X	KANRAKU	



Cisco's Cantina

AFTER-SIESTA SPECIALS
3-6 PM

Choice of:
• 2 TACOS OR
• 2 ENCHILADAS OR
• 1 LUNCHEON TOSTADO OR
• 3 TAQUITOS

\$2.95

WITH YOUR CHOICE OF BEANS OR RICE

NEW! Sautéed Shrimp CISCO

8 Succulent, Savory, Sautéed Shrimp on a bed of Rice, Cascading From A Crisp Flour Tortilla Shell, Surrounded By Mexican Corn, Mushrooms & Salad.

Introductory Special

\$9.95

123 HEKILI STREET • KAILUA, HAWAII 96734 • PHONE 262-7337

Family Dental Care at Kaneohe Bay

Sickcall: Monday-Friday (except holidays) 4 to 6 p.m.
Care: Monday-Friday (except holidays) 6 to 9 p.m., by appointment only.
Screening exams, preventive dentistry lectures, and fluoride treatments will still be conducted on the second Saturday of each month by appointment. Preschool children will be seen at this time.
All questions concerning dental care will be answered Monday-Friday, except holidays, 2 to 9 p.m. by calling 257-3226/2290.

RATES REDUCED!

\$30 A Room and Car For Two

FROM

KONA HUKILAU	\$30	KAUAI SANDS	\$33
KONA SEASIDE	\$35	MAUI HUKILAU	\$44
HILO HUKILAU	\$35	MAUI SEASIDE	\$49

Includes standard room for two.
1985 Budget automatic compact with free mileage.

ROOMS ONLY from: \$22 single, \$25 double.

See your travel agent or call:
Sand & Seaside Hukilau Hotels **922-1228**

Local Flavor Favorites Available Also:
Mango, POHA & Lychee

\$1.00 OFF BUY 1 GIANT WAFFLE CONE \$1.00 OFF
At the reg. price \$1.65

dave's ice cream
made in hawaii

Get 2nd for Just 65¢
KAILUA ONLY!

EXPIRES 12/5/85

155 Hekili St.
Across From Holiday Mart Theatre
261-7646

COUPON

ATTENTION: Federal and Postal Service Employees

Don't miss your important appointment with **POSTMASTERS BENEFIT PLAN!**

Reserve time now to consider the new improved Postmasters Benefit Plan. Both High Option and Standard Option plans provides a wide range of benefits at competitive rates.

POSTMASTERS OFFERS TWO IMPROVED HEALTH BENEFIT PLANS WHICH YOU SHOULD CONSIDER —

Standard Option Plan

- ✓ \$225 per day hospital room & board
- ✓ 80% of charges for other hospital inpatient services
- ✓ 100% of surgical charges up to amounts in Schedule of Surgical Procedures — 10% increase in allowances in 1986!
- ✓ Supplemental plan deductible lowered to \$250 per individual per calendar year. Then 80% coverage for a wide range of covered charges.
- ✓ Catastrophic protection improved for you and your family in 1986.
- ✓ Dental benefits in full up to the amount listed in the Schedule of Dental Allowances for periodic oral exams, X-rays, fillings and extractions.

High Option Plan

- ✓ 100% hospital semiprivate room and board charges after you pay the 1st day's room and board charge
- ✓ 80% of charges for other hospital inpatient services for 30 days, then 100% of such charges
- ✓ Surgery at 100% on an outpatient basis. 100% for inpatient surgery after \$50 per operative session deductible.

After a \$200 per individual calendar year deductible, the plan pays 80% for a wide range of covered charges.

Catastrophic protection which limits your out-of-pocket cost per year for eligible charges to \$2,000 per individual, \$2,500 per family.

Major dental services (crowns, bridges, dentures) now covered in addition to preventive, basic and orthodontic care.

Choose the plan that's best for you and enroll NOW during Open Season. Consult the chart below for correct plan codes and costs for the option you choose.

Postmasters Plan No.		BI-Weekly Rates *		Monthly
		Postal	Federal	
361	Self Only High Option	\$23.59	\$29.19	\$ 63.25
362	Self/Family High Option	\$48.96	\$61.44	\$133.12
364	Self Only Standard Option	\$ 1.76	\$ 7.05	\$ 15.27
365	Self/Family Standard Option	\$ 6.35	\$18.83	\$ 40.80

POSTMASTERS HOTLINE 1-800-544-7111

(WASHINGTON, D.C. AREA 703-549-7034)

You must be a member of the National League of Postmasters to enroll in the Postmasters Benefit Plan. If you are not a Postmaster, you may join as an Associate Member. Your membership will begin when you enroll in the health plan and you will be billed automatically for the \$25.00 annual dues.

A full description of the Plan including its definitions, limitations and exclusions is available from your agency or the National League of Postmasters.



The Prudential

HAPPY HOLIDAYS

**6 MONTHS
SAME AS
CASH! NO
PAYMENT 'TIL
Jan. 1986**

**12% DISCOUNT
TO ALL
REPEAT
CUSTOMERS**

**10% DISCOUNT
TO THE
1ST 50
CUSTOMERS
& ALL MILITARY**

FREE!

30 1" thick Filet Mignons
to the first 25 customers
calling in to reserve cutting
time

FREE

20 New York strip steaks to
anyone making a purchase
of 200 lbs. or more

FREE

40 Rib Eye steaks to the 1st
50 customers calling in to
place an order

All free items
with purchase
only.
3 oz. STKS.

**NAME BRAND
FREEZER, GAS
OR ELECT. GRILLS
& SMOKERS AT
WHOLESALE
PRICES.
WITH PURCHASE.**

**FREE STEAKS
BASED ON 3-OZ.
PORTIONS. ALL
FREE ITEMS
WITH PURCHASE.**

**#1 USDA CHOICE SPECIAL
200 LBS. ONLY \$58¹³** per month
for 3 months

- USDA CHOICE**
- SIRLOIN STEAKS
 - PORTERHOUSE STEAKS
 - T-BONE STEAKS
 - RIB STEAKS
 - CLUB STEAKS
 - PLATE BEEF
 - SIRLOIN TIP ROAST
 - PRIME RIB ROAST
 - RIB EYE STEAK
 - BBQ RIBS
 - GROUND BEEF & MORE

You receive
this & this
Example: 160 lbs. loin,
rib, plates and flanks at
\$1.09 lb. is \$174.40 plus
40-lb. Bonus no charge.
Avg. wts. 160-350 lbs.
Sections 1B, 1C, 3F, & 3G

**FREE!
40 LB.
BONUS
WITH ORDER
#1**

40-LBS. BONUS PACK
20 LBS. Grade A Fryers
5 LBS. Lean Pork Chops
5 LBS. Sliced Bacon
10 LBS. Sausage
ABSOLUTELY NO CHARGE
40 lbs. Bonus with USDA
Choice Special #1

ALL BEEF CUT, ON OUR
PREMISES BY APPOINT-
MENT ONLY. DUE TO BEEF
NOT BEING A MANUFACT-
URED ITEM, WTS WILL
VARY AND SO WILL TRIM
DUE TO CUSTOMER'S
CUTTING PREFERENCE
ALL BEEF SOLD BY WTS
AVAILABLE HANGING WTS.

AMERICAN
EXPRESS

MasterCard

Discover

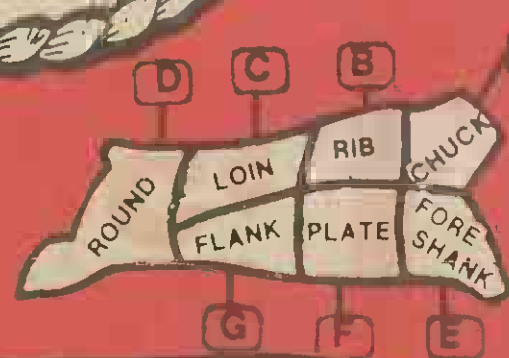
Visa

**#3
USDA CHOICE SPECIAL**
165 lbs. ONLY \$46²⁰ per month
for 3 months

- CLUB STEAK
- RIB STEAK
- RIB ROAST
- CHUCK STEAK
- SWISS STEAK
- CHUCK ROAST
- BAR-B-Q STEAK
- POT ROAST
- SHORT RIBS
- PLATE BEEF
- BBQ RIBS
- GROUND BEEF

Example: 140 lbs. Beef order, at .99 lbs. is
\$138.60 plus 25-lb. Bonus no charge, wts. 140-
300 lbs. Section 1A, 1B, 3F, 3G.

**PLUS THIS
25 LB. BONUS**
10 LBS. CHICKEN
10 LBS. BACON
5 LBS. PORK CHOPS
NO CHARGE WITH
SPECIAL #3



**Keep
Calling
If The Lines
Are Busy
833-0020**

**All meat cut
by
appointment only**

**SPECIAL #2
300 LBS. BEEF
PLUS NEW FREEZER**

As Low As \$27.04
Per Week OR **108¹⁶** Per Mo.
For 24 Weeks OR For 6 Months
EXAMPLE: 300 lbs. USDA CHOICE BEEF AT .98 lb. \$294
Now 10 Cubic Foot Westinghouse Freezer \$355
Total \$649

6 Months same as cash or take up to 18 months to pay on larger. Beef
orders include all Sections on Chart 1-A, 1-B, 1-C, 1-D, 4-F, 4-G

PLUS THIS 80 LB. BONUS PACK

• 10 lbs. Picnic Ham • 30 lbs. Grade A Fryers • 10 lbs. Cut Corn
• 10 lbs. Pork Chops • 10 lbs. Pork Roast • 10 lbs. Green Beans

FREE FREEZER DELIVERY

300 to 450 lbs. Beef avg. wts.

All rights reserved

GUARANTEE 100%
IF YOU ARE NOT COM-
PLETELY SATISFIED, YOUR
WILL BE REPLACED PACK-
AGE FOR PACKAGE. NO
TIME LIMIT.

BEEF CENTER

3131 NO. NIMITZ HWY.

833-0020

CALL TODAY
HOURS MON.-FRI. 10 a.m.-8 p.m.
SAT. 10 a.m.-6 p.m. SUN. CLOSED

**SPECIALIZING IN PACKER
TRIM STEAK & ROAST
ORDERS 2.59-5.69 LB.
CUT FROM TRIM RIBS,
LOINS, ROUNDS & CHUCK
50 LBS. & UP.**

FOOD STAMPS WELCOME



DoD keeps watch on security program

Washington, D.C. — You can control access to classified information by installing the most comprehensive and sophisticated physical and information security controls imaginable.

But unless you have trustworthy people, you don't have much of a security program. Even the most advanced security systems and procedures won't prevent a cleared employee who chooses to do so from compromising military secrets.

That's why the Department of Defense puts so much emphasis on its personnel security program.

According to officials, the Department of Defense personnel security program is by far the largest in the federal government. More than 90 percent of the sensitive positions in the federal government are held by defense personnel.

Before Secretary of Defense Caspar W. Weinberger's 10 percent reduction in the number of DoD security clearances had gone into effect, there were:

- 2.5 million cleared DoD military/civilian employees;
- 1.4 million cleared industrial employees; and
- about 400,000 cleared members of the Reserve components.

These figures include individuals cleared for 105 special access programs involving information of the highest national security sensitivity.

To prevent classified information from getting into

the wrong hands, investigations of DoD employees and potential employees help evaluate whether they can be entrusted with classified defense information. These investigations are:

National Agency Check — This includes a check of the FBI Main File and Criminal Identification Division File and the Defense Central Index of Investigations. Other federal agencies may be contacted if appropriate.

If adverse or questionable information is uncovered, the investigation is expanded to develop pertinent details. This check is used to clear military and contractor personnel for access to confidential and secret information.

Standard Background Investigation — This includes a national agency

check and involves field coverage of such things as employment, education references, developed references and credit and local criminal justice records in the areas where the individual has lived, worked or attended school. It covers the last five years of the person's life and is the basis for granting top secret clearances to DoD civilian personnel.

Interview-Oriented Background Investigation — Following a national agency check and local agency, credit, employment and developed reference checks that cover the past five-year period, the person is personally interviewed. This investigation is the basis for granting top secret clearances to military and industrial contractor personnel.

Special Background Investigation — This is similar to the standard background investigation, except that it covers the most recent 15 years instead of the most recent five. This investigation is a requirement for sensitive compartmented information access.

Periodic Reinvestigation — This investigation is conducted every five years to

reaffirm whether an individual can continue working with top secret or sensitive compartmented information. It includes a national agency check, local agency checks, credit check, employment record and employment reference checks, developed character reference checks and personal interview.

One or more of these investigations is conducted

before a new employee is permitted access to classified or sensitive defense information, before an employee can move into a new position requiring a higher-level clearance; and on a recurring basis to ensure, to the maximum extent possible, the continued security to government programs.

American Forces Information Service




1938 Buick Model 81
"Convertible Phaeton"

Schuman Carriage offers 25% Off on all parts to all military personnel*

SCHUMAN CARRIAGE CO.
1234 S. Beretania St.
Call Richard, Conrad, Herman or Danny 524-8571

*Must have valid military I.D. Offer good at parts dept. only. 25% disc. applies to cash purchases only. Credit card purchases receive a 20% discount.

We are searching for classic automobiles to sponsor. Call 235-5881



FABULOUS THANKSGIVING DINNERS!

Cream of Corn Soup or Manoa Lettuce & Bay Shrimp Salad

CHOICE OF:

\$11.50 (8th KEIKIS UNDER 10)

I. Tender, moist ROAST TURKEY with Pork Sausage & Apple Dressing; our special whole Cranberry Sauce; lots of Gravy & Real Mash Potatoes.

II. Delicious Country Baked HAM with Pineapple-Raisin glaze & Fresh Baked Yams Basted in Cinnamon & Butter.

III. SPECIAL COMBO — Both TURKEY & HAM with ALL THE "TRIMMINGS."

Fresh Green Beans, Mushrooms & Onions Sautéed to Perfection.
Dinner Roll & Butter
Homemade Fresh Baked, REAL (not canned) PUMPKIN PIE — Simple The Greatest!

*Beverages not included
*Dinner served from 3 p.m. - 9 p.m. THANKSGIVING DAY
*Reservations Please!

Cinnamon's RESTAURANT
KAILUA SQUARE BUILDING
315 ULUNI ST. • 261-8724

Shoplifting really stealing?

Yes, it is. Sometimes kids do it because they think it's fun, or try it on a dare when they're with a group of kids who start talking and fooling around. Has that ever happened to you? If it did, what would you do?

Shoplifting is taking something without paying for it — but you really do pay for it eventually.

Storekeepers have to pay for what they sell, and they have to add in the costs of anything that's stolen. Since we all have to buy things from stores, we all pay the extra cost of stolen items.

So, what can you do? Well, if you're with some kids who want to try shoplifting, you can tell them that you don't want to and that it's not really getting something for nothing. If you ever see anybody in a store not pay for something, you can quietly tell a salesperson or cashier and they will see if there's a problem.

You might have to think about this a while, but what you pay because of shoplifting can be much more than a nickel on a candy bar. If you wanted to buy a radio, for instance, the storekeeper might have to charge \$5 or \$10 more if he had been the victim of a lot of shoplifting.

Shoplifting is stealing, and you can help stop it and keep prices down — and that's really a good deal!

HERE'S THE KEY... WALK WHEN YOU CAN.



MILITARY TV AND STEREO

Offers Instant financing to Everyone in Hawaii. You can float like a Butterfly and Sting Like a Bee, for THE BEST DEALS IN TOWN SHOP AT MTV.

\$50 OFF
ANY 13" or 19" color TV by **RCM** and **SHARP**

\$100 OFF
ANY **PIONEER** Rack System in Stock

REGISTER TO WIN DINNER FOR TWO WITH THE CHAMP!

See Your Store Manager for Details

Call Our Credit Hotline

177 S. KAMEHAMEHA HWY.
(WAIHANA)
(808) 622-3995

25 KANEOME BAY DRIVE
(AIKAI PARK SHOPP CTR.)
(808) 254-5851

848 ALA LILIKOI ST.
(SALT LAKE SHOPP. CTR.)
(808) 834-1496



mtv

WITH CREDIT APPROVAL

AMERICA'S BEST IN AUDIO...TV/VCR & APPLIANCES



Corporal Ellison works his shoulder muscles by doing military press on a Nautilus machine.

Bodybuilding

A Marine finds
his niche

in the growing sport of

Muscle vs steel

Story and photos
by Sgt. L.C. Brooks

When the public first became aware of the sport, many thought the participants were vain and egotistical. Since it's become more popular in the last few years, it has gained respect from competitors and spectators alike.

Bodybuilding is a rapidly evolving sport for men and women. Cpl. Robert Ellison, H&HS, is the latest bodybuilder on the Air Station to demonstrate this by placing second in the heavy weight division of the "Mr. Hawaii" contest recently.

"I'd been lifting for two years before I started building three years ago," said Ellison. "The reason I went from just lifting to building is that I became fascinated by the way the human body could be developed and defined through the use of weights."

Another reason Ellison started building was because his three older brothers are bodybuilders. "They were getting into such good shape, I thought,

'why not go for it,' " said Ellison.

With that frame of mind and a determination to succeed, the Detroit native entered the world of bodybuilding.

"Before I got into building I didn't realize that it was much more difficult to master than powerlifting. There are more exercises to perform that require more sets and more repetitions," said Ellison. "A powerlifter basically concentrates on three exercises; bench press, deadlift and squats."

Ellison works two body parts a day — shoulder and chest, back and triceps or legs and biceps — six days a week, two and a half hours a day.

During precontest preparation, the workouts become longer and more intense and his daily caloric intake drops drastically.

"I work out seven days a week beginning eight weeks before a contest," said the 22-year-old. "I drop from 3,000 to 1,200 calories a day," he commented.

During this period, Ellison's diet consists of vegetables, fruit, fish, baked chicken, and sometimes potatoes.

While Ellison usually

maintains a body weight of 230 pounds, his competition weight is 210.

Mr. Hawaii was Ellison's first major competition. "I really wasn't sure I was ready to compete at that level, but I'd reached a point where I had to prove something to myself," said Ellison.

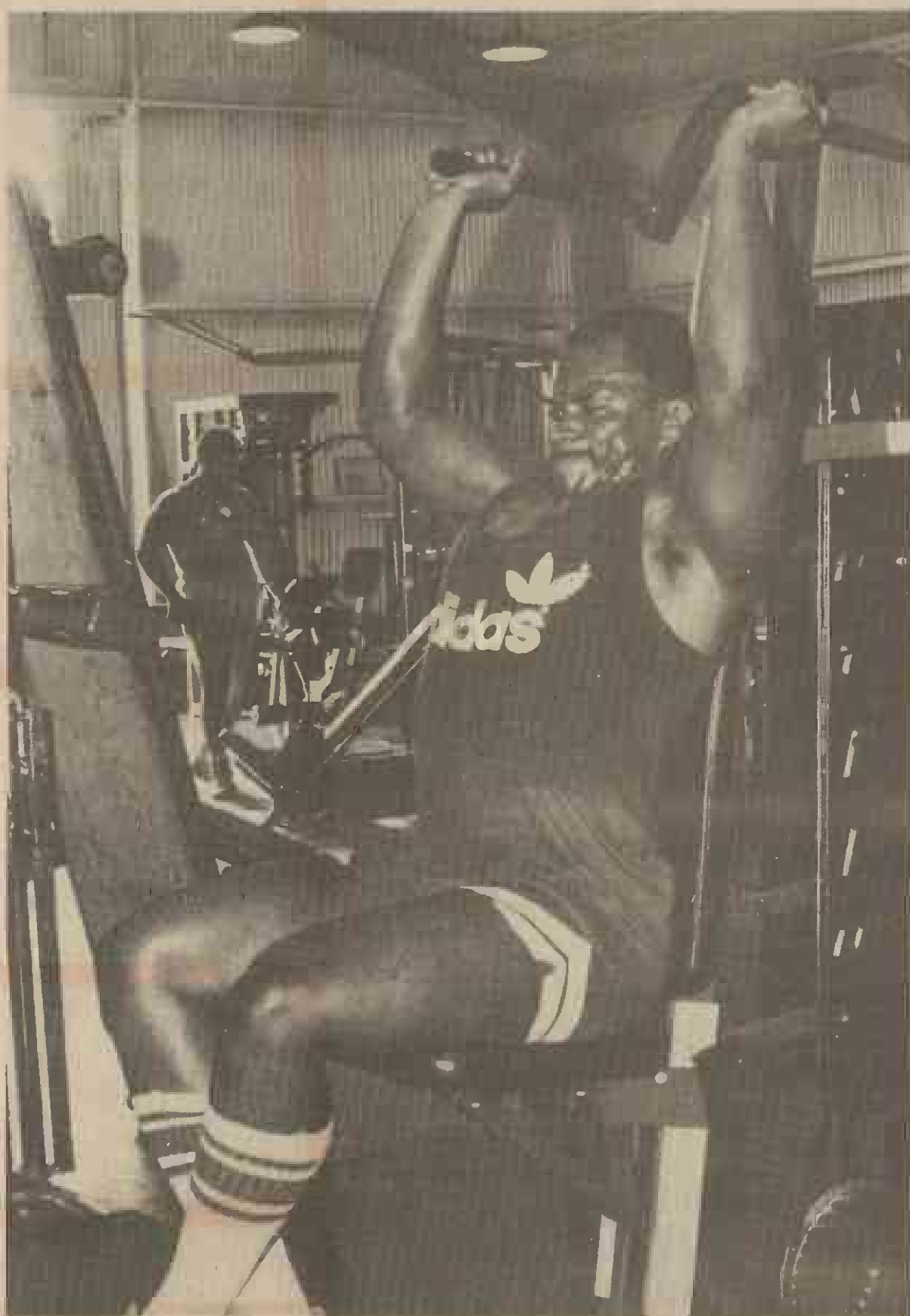
Ellison captured second place while competing against eight other heavy weights.

"When we were backstage getting ready, I was checking out the competition and felt I had a good chance of placing in the top three," said Ellison.

With his second place, the four-year Marine veteran now moves into open division competition. He can only compete against bodybuilders who have placed in the top three in previous contest.

"I'd like to compete on a regular basis and break into the professional arena one day," said Ellison.

While bodybuilding is not for everyone, Ellison thinks its popularity will continue to grow and he wants to meet the challenge of its growth.



Corporal Robert Ellison, H&HS, works on his chest muscles while doing crossovers.

Rugby

Hawaii Marines team up for the 'gentleman's game'



Camp H.M. Smith, Hawaii — Five months ago, First Lieutenant Andy Holzheimer, Camp Smith maintenance officer, had an idea. If Marines here couldn't play tackle football, why not rugby? "The only thing you need is a field, a ball, and 30 athletes willing to donate their bodies to physical demands not seen since boot camp," he said.

Soon thereafter, the Hawaii Marine Rugby Football Club was born. "About 60 percent of the 30-man club are from Camp Smith," said Holzheimer. "The rest are from Marine Barracks Hawaii and Marine Corps Air Station, Kaneohe Bay."

From a spectators viewpoint, they all may seem to be a little different, but according to the players, who play two 40-minute halves with few substitutions, they thrive on a reputation like that.

The HMRFC was recently accepted into the Hawaii Rugby Football Union, and had their first official games. They participated in the recent Hawaii World Invitational Rugby Football Tournament held at Kapiolani Beach Park to which 10 teams from

around the world were invited.

"We lost all our games," said Coach Chuck Rivers, a former all-New Zealand rugger and volunteer coach, "but, that's acceptable. I'm extremely impressed by the enthusiasm and guts these Marines displayed. I don't think I've ever seen as good a first-year team as these Marines. The only thing they lack is technique, and

that just takes time and experience."

According to Holzheimer, the club is constantly looking for new players, and says the club has big plans for the future. "Because of the huge turn-out, I feel we may be able to travel off-island for rugby matches," said Holzheimer.

"We're shooting for the All-Military Rugby Tourna-

See RUGBY/B-3



First Lieutenant Andy Holzheimer, Camp Smith, reaches for an Australian rugger during the match.

Ruggers from the Australian ship, HMS Hobart (in black) and Hawaii Marine Rugby Football Club, stretch for the ball during a line-out recently at Pearl Harbor. The Australians beat the Marines 20-6.

WAIKIKI 1
Seaside or Kalakaua
923-2394

Today: 12:45—2:45—4:45—6:45—8:45—10:45
Moves over to Pearlridge #3 Tomorrow
No One Under 18 Admitted
ALSO SHOWING AT KAM D.I. #2

HERBERT WEST HAS A VERY GOOD HEAD ON HIS SHOULDERS—AND ANOTHER ONE IN A DISH ON HIS DESK

RE-ANIMATOR
H.P. LOVECRAFT'S CLASSIC TERROR
DEATH IS JUST THE BEGINNING

WARNING: This motion picture contains scenes of horror that may be considered too intense for anyone under the age of 18.

THE HALE KOA HOTEL PROUDLY PRESENTS
LOYAL GARNER



Loyal Garner is known throughout Hawaii as the "Lady of Love", because no one else can give a song the special, loving treatment Loyal does. She holds her audiences spellbound with her beautiful voice. She can bring a tear to the eye with her tender ballads or have everyone clapping their hands in time to her energetic paniolo tunes. Don't miss Loyal in a special return engagement at the Hale Koa's spectacular Saturday Dinner & Show. She'll be joined by one of Oahu's best hula troupes. Together, they'll create a special Hawaiian-style magic that you'll love.

- Every Saturday in November in the beautiful Banyan Tree Show-room.
- Fabulous dinner buffet featuring Roast Baron of Beef served from 6 to 7:30 p.m. Show at 8 p.m.
- Just \$18.95 for adults and \$12.95 for children under 12; price includes buffet, show and gratuity.
- Tickets on sale two weeks in advance at the Hotel Activities Desk or any Military Ticket Outlet.

HALE KOA HOTEL

2055 Kalua Road • Honolulu, Hawaii 96815-1998 • Phone: (808) 955-0555

We Keep You Revvin'

CARTON CIGARETTES

ALL DOMESTIC BRANDS AND SIZES

Check Our Line-up of Imported Brands

959

WARNING: THE SURGEON GENERAL HAS DETERMINED THAT SMOKING IS DANGEROUS TO YOUR HEALTH

12-PACK BEER 12 oz. Cans

• Budweiser • Miller Lite
• Bud Light • Coors
• Michelob • Coors Light
• Michelob Light • Stroh's
• Natural Light • Stroh Light

699

ICE COLD AND PRICED TO GO

Every Day of the Week

CASE COKE

MIX N' MATCH ANY COMBINATION YOU DESIRE

• COKE • CHERRY COKE • TAB
• DIET COKE • CLASSIC COKE • SPRITE
• CAFFEINE FREE COKE • CF DIET COKE • CF TAB • SUGAR FREE SPRITE

799

24, 12 OZ. CANS

GALLO PREMIUM TABLE WINES

ALL VARIETIES

399

1.5 LITRE

NOW ACCEPTING

No One Keeps You Revvin' Like

OPEN 24 HOURS EVERYDAY
PLUS TAX - WHILE SUPPLY LASTS ON OAHU ONLY!

THE SOUTHLAND CORPORATION

Chaplain Corps celebrates 210 years

Washington, D.C. Those who go to sea witness some of the most formidable displays of nature. The nearness of the nature often brings seafaring souls nearer to their gods.

When early Latin mariners went to sea, they took with them images of their gods, called pupi. The elevated altar built on the afterdeck to hold these idols led to the term "poop deck." When Sir Francis Drake started his journey around the world in 1578, Chaplain Francis Fletcher sailed with

him. Fletcher conducted the first Protestant service in English on American soil. Two centuries later, on Oct. 13, 1775, the Continental Navy was established. In the first set of Navy regulations adopted Nov. 28, 1775, the second article addressed the need for divine guidance at sea:

"The commanders of the ships of the 13 United Colonies, are to take care that divine service be performed twice a day on board, and a sermon preached on Sundays, unless bad weather or other extraordinary accidents prevent."

The Reverend Benjamin Balch is believed to be the first chaplain to serve in the Continental Navy. A Harvard graduate and Congregational minister, Balch fought as one of the Minutemen in the Battle of Lexington and served as an Army chaplain in the Siege of Boston. He reported aboard the frigate Boston Oct. 28, 1778.

In 1780, Balch reported aboard Alliance. One of only seven Continental Navy vessels. Alliance saw more than its share of action. When its crew captured two British vessels off Halifax, it was reported that Balch, "armed cap-a-pie, was seen in the midst of the fray," earning him the nickname of the fighting parson.

Benjamin Balch was the son of a chaplain who had served King George. One of Benjamin's sons, William, continued the family tradition.

William Balch, reporting aboard Congress on Oct. 30, 1799, was believed to be the first chaplain commissioned after the Navy Department's establishment in 1798.

Records show only two Continental Navy chaplains served during the Revolutionary War: Benjamin Balch and James Geagen, a Navy surgeon who served as a chaplain. From 1798 to 1800 the Chaplain Corps had a transient roster of seven.

Until 1830, chaplains wore civilian clothes while on duty, and their Navy status was ill-defined until 1863. At that time, chaplains were designated staff officers and given relative rank with officers of the line.

The following year, naval uniforms were changed in accordance with the secretary of the Navy's desire for "republican simplicity," and chaplains received their distinctive

corps device — an embroidered Latin cross. Over the next 30 years, the Navy was still a bit unsteady. Chaplains lost and regained their relative rank status, their corps device and the authorization to wear a uniform.

By 1898, however, the Chaplain Corps' status stabilized, and the next uniform change was not until 1917, when the first Jewish chaplain was authorized to wear an embroidered shepherd's crook in lieu of the Latin cross. In 1941, Jewish chaplains were authorized to wear "the Star of David above and attached to the center of the Tablets of Law" as their corps device.

Today's Chaplain Corps serves sailors, Marines,

Coast Guardsmen and Merchant mariners around the world and has more than 1,000 chaplains who represent nearly 100 faith groups.

In the introduction of "The History of the Chaplain Corps, U.S. Navy," published in 1949, then Chief of Chaplains Rear Admiral William N. Thomas wrote: "Nowhere outside of the armed services of the United States is it possible to find so many clergymen of so many different faiths working together in such close harmony for the spiritual welfare of so many."

Lieutenant Commander Arnold Resnicoff, present at the destruction scene when the Marine headquarters in Beirut was bombed by

See CHAPLAIN/B-4



Sergeant Todd Carpenter, Camp Smith, hooks onto an Australian sailor.

RUGBY/from B-2 ment coming up in May and a tournament in Monterey, Calif., also that month," Holzheimer said. "We should do quite well. The regular season in Hawaii starts in January and goes through April; by that time we will be competitive."

It has been written that the game was invented so men would have an excuse to throw a party. This seems to be no exception to the play on Hawaii. "We consider rugby a 'gentlemen's game,'" added Holzheimer. "We get out there, regardless of the weather, and play hard. People do get hurt, but

broken bones are rare." When the game is over, the other team's players, who you would rather have ripped the other players apart during the match, become great friends. "That's the spirit of rugby," Holzheimer said.

by Sgt. Chuck Jenks
FMFPac, PAO

The HMRFC practices at Camp Smith's Bordelon Field on Tuesdays and Thursdays at 5:30 p.m., with pick-up matches against local clubs on Saturdays and Sundays. For more information call 1stLt. Andy Holzheimer at 477-6274.



Chaplain Herb Bergsma, 1st MAB chaplain, delivers a sermon at the Air Station Chapel, Nov. 10, during a service dedicated to the Corps' 210th Birthday. Chaplain Bergsma's sermon was appropriately titled "Soldering."

SPA Fitness Center

Fabulous Fitness from

SPA fitness center

13 VISITS \$6⁵⁰

AT HAWAII'S FINEST & LARGEST HEALTH CLUBS

Facilities & Services For Men & Women

• Hydra Whirlpool • Swimming Pool • Nutritional Guidance • Life Cycles

• Steam Room • World Wide Affiliation • SPAerobics Classes • Exercise Classes

• Soothing Sauna • Private Showers • \$100,000.00 in Modern Exercise Equipment

(Facilities may vary with location)

Introducing our new health equipment

STATE OF THE ART POLARIS BODY MASTER CAM STAR

Take advantage of our unbelievable offer & our unbelievable equipment

Act Now!

SPA fitness center

NEW ADULT PATRONS ONLY 18 years or older

Offer thru Nov. 30

KANELOHE 46-162 KAHUHA PT. ACROSS FROM KANELOHE GATSON 235-6461

NIU VALLEY NIU VALLEY SHOPPING CTR. 373-9836

SPA Fitness Center

HONSPORT...we make sure you're the winner!™

Marcy "Brawny" Dual-Action Bench
• 4 position incline, leg lift/leg flexion. #302 Reg. 99.99
79⁹⁷

Halley's Comet™
Just in time for Nov. 27th viewing of Halley's comet. Features an 8-32 x 200 mm, adaptors for both straight through and 45° inclined viewing, all glass optics, camera adaptor, tripod, manual, lifetime warranty.
189⁹⁹ Reg. 239.99

Weider Aristocrat Barbell/Dumbbell Set
110 lb. weight set includes cast iron plates, steel bars, revolving sleeve, collars. Reg. 99.00
79⁹⁷

Sleeping Bag 3 lb. Hollofil® bag for lightweight comfort. Reg. 29.99 **24⁹⁹**

Coleman Double-Mantle Lantern
#288-700 Reg. 34.99
27⁹⁷ Net cost after mfg. 5.00 rebate **22⁹⁷**

Coleman Camp Stove
#425 Reg. 44.99
35⁹⁷ Net cost after mfg. 5.00 rebate **30⁹⁷**

Coleman Fuel
For gasoline camping appliances
4³⁷ Reg. 5.49

Igloo® Playmate Ice Chest
Reg. 19.99
Net cost after mfg. 4.00 rebate direct to you.
11⁹⁷

Bassett Walker Sweat Pants/Shirts **10⁹⁹** ea.

Bike® Coach's Shorts Sizes S-XL Reg. 18.00 **15⁹⁹**

•Ala Moana 949-5591 •Pearlridge 487-1517 •Windward Mall 247-8733 •Kallua 261-9751 •Maui 877-3954 •Hilo 959-5816 •Team Sales 833-3026

We honor VISA • MasterCard • American Express Prices good through November 26th

Military families

Service life can be made easier

Local psychologists say that commitment is the key to a healthy family life for military couples.

According to George Bussey, a psychiatrist and director of adult services at Brown School Psychiatric Hospital, commitment includes a couple's ability to make agreements and to come to terms about their relationship.

"The spouse, generally the wife, must understand what she's getting into when she marries a military man," Bussey said. "She needs to recognize that hours and assignments aren't flexible and can't be juggled like in some civilian occupations."

According to Bussey also it's equally important for the husband to recognize his wife's competence in running the family while he's away. "When the military husband returns home, she remains competent at handling the family budget, scheduling and taking care of family disputes," he said.

He trusted her decision-making ability while he was gone. He should continue that trust after he returns," Bussey said.

"The active duty parent should also remember that children are not subordinates of 'little soldiers,'" Bussey advises. "Interpersonal communication is different with children. It needs to be

two-way." He suggested observing the spouse's way of communicating with the children.

While military fathers are away, their families should keep up their contact with him through telephone calls and letters. Preparations and plans for the fathers' return can be a family project.

Mike Len, a psychologist and the Family Services coordinator and counselor at NAS Barbers Point agrees on the importance of good family communication, along with

well-established generational boundaries. "Healthy military and families make special efforts to communicate to their children the unique demands on the active duty family member," said Len.

"These families involve the children in planning, which makes the family run smoother. Families don't do well when children are in the dark about the situations that are part of the military lifestyle," Len continued.

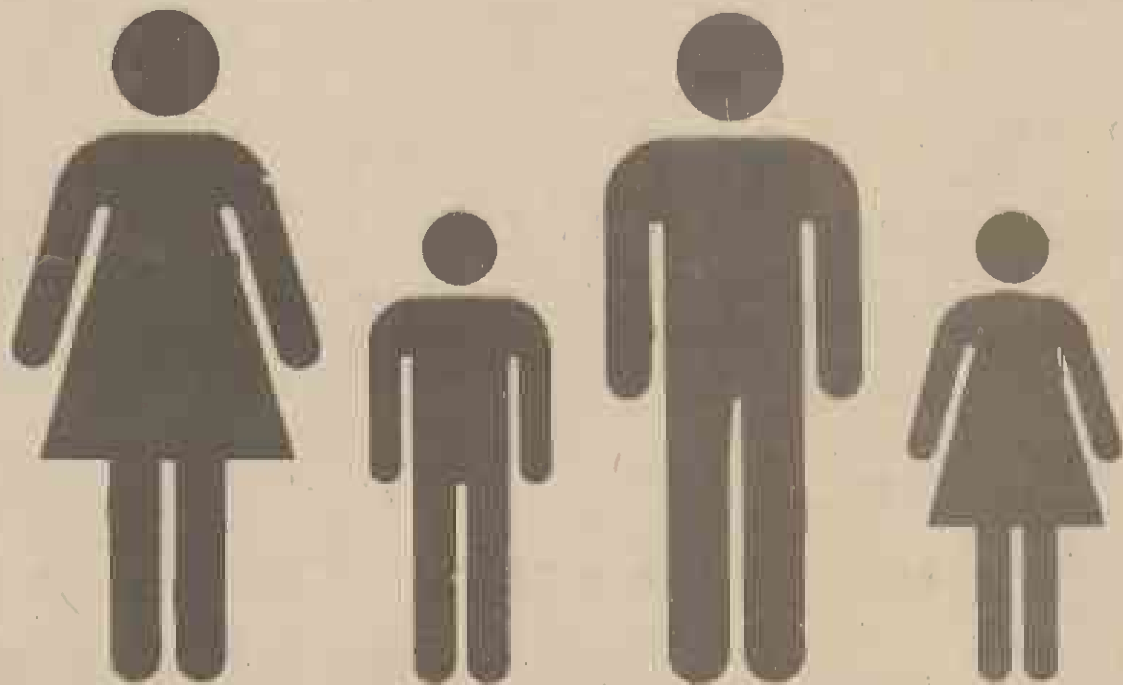
"Sometimes moms slip into being a pal when dad is gone, and quickly refocus when dad comes back, which can be confusing,"

said Mark Stitham, a child psychiatrist.

Problems are compounded periods of separation, late shifts and security-mindedness. The active duty partner can't come home and discuss what's going on in the office.

"Probably the most difficult job in the world is rearing a family. Parents must realize as they nurture their families they will have problems and they need to be creative problem-solvers," said Dr. Bussey.

"With the essential ingredients of commitment, communication and flexibility, families can learn to be healthy and happy," he concluded.



Arthritis Answers



myths vs facts

Q. There is so much folklore about arthritis, it's hard to know what to believe. What are the facts about arthritis?

A. Arthritis is the most common health problem in the United States, affecting one in every seven Americans. Just as common are the myths and misconceptions about it, reports the Arthritis Foundation.

"Many people believe that comes with old age, like gray hair and wrinkles," says Dr. Frederic C. McDuffie, the Arthritis Foundation's medical director. "In fact, about half the people with arthritis are under age 60."

According to the Foundation, arthritis folklore can actually be dangerous because many people put their faith in these myths about arthritis.

"They do not seek proper medical treatment and therefore increase their chances of permanent damage," said McDuffie. "Knowledge is your most important defense against arthritis."

Myth: Arthritis is one disease.

Fact: The term "arthritis" refers to more than 100 related diseases of the

joints, muscles and connective tissues. The most common are rheumatoid arthritis, osteoarthritis, gout, lupus, spinal arthritis, juvenile arthritis and scleroderma.

Myth: Arthritis consists of minor aches and pains.

Fact: Arthritis is our country's number one cause of disability. While some people with arthritis have relatively minor problems, many have severe pain, disability and changes in lifestyles.

Myth: Arthritis comes primarily with old age.

Fact: People of all ages can get arthritis. In fact, the prime working and child-bearing ages are when people are most susceptible to many forms of arthritis. Thousands of children have arthritis. Osteoarthritis, the disease typically associated with old age, can develop earlier in life from injury or from wear and tear.

Myth: Arthritis will usually disappear, making treatment unnecessary.

Fact: The symptoms of arthritis usually become progressively worse without proper treatment. Some forms of arthritis will disappear, or go into remission, on their own occasionally, particularly in the early stages, but this does not mean the disease is "cured." In fact, during remission a person must be especially careful to continue medication and therapy.

Ticket info

Paul Horn, Grammy Award Artist: St. Andrew's Cathedral: Dec. 7 at 8 p.m.: tickets are \$10.70.

Huey Lewis — NBC arena: Dec. 15 and 16 at 8 p.m.: tickets are \$16.70. Aloha Bowl: Aloha Stadium: Dec. 28: tickets are \$15.40- and 50-yard line, Orange Section.

Hula Bowl: Aloha Stadium, Jan. 11: tickets available for 40- and 50-yard line, Orange and Blue Section. Pro Bowl — Aloha Stadium: Feb. 2: tickets are \$12.50 for the 20- and 30-

yard line, Yellow Section.

Magic Kingdom discount cards for Disneyland, Walt Disney World and Tokyo Disneyland are now available.

Spend Thanksgiving or Christmas on the "Rella Mae": traditional menus and holiday decor: cost \$27. New Year's Eve party from 11 p.m. to 2 a.m., includes favors, special menu: \$45 per person.

For more information call 254-3304 or stop by building 219.

Sports Short

Youth basketball

Youth basketball registration is being held now. Coaches are needed. If you

have experience in basketball and enjoy working with children, resume forms are available at Dependent Recreation, building 1391, or call at 254-2963.

CHAPLAIN

from B-3

terrorists, echoed those thoughts. He and Lieutenant Commander George Pucciarelli were administering to the wounded when Rabbi Resnicoff realized his kippa (yarmulka) was lost.

"The last I remember it, I had used it to wipe someone's brow," said Resnicoff. "Father Pucciarelli, the Catholic chaplain, cut a circle of camouflage cloth out of his only cap, a piece of material which would become my temporary head covering. . . . We both wanted to shout. . . in a land where people were killing, at least partially based on differences in

religious, that we — we Americans — still believed we could be proud of our particular religions, and yet work side by side when the time came to help others, to comfort, to ease pain."

The members of this unique corps also perform the demanding role of confessor, counselor, arbiter and friend to a large and varied congregation under all situations.

In the words of Chief of Naval Operations Admiral James D. Watkins, "The

military chaplains see our people at their best — at the altar to get married, at christening ceremonies and bar mitzvahs for their young children. They also see our people during the worst times — administering to battlefield casualties or counseling the drug addict."

Serving alongside their congregations, Navy chaplains have gone down with their ships or planes and performed acts of bravery which earned them many awards, including Medals of Honor.

Almost 40 years ago, Fleet Admiral Chester W. Nimitz said of these special people:

"By his sympathetic labors with the men, day in, day out, and though the night, every chaplain . . . contributed immeasurably to the moral courage of our fighting men. None of that effort appears in the statistics. Most of it was Navy secret between the chaplain and his confidant. It is for that toil in the cause of God and country I honor the chaplains most."

By Liz Nolan
Navy Editor Service

\$5 OFF **RAGGEDY'S PARTY ENTERTAINERS** **\$5.00 OFF**
Singing Telegrams & Characters for Children's Birthday Parties
Reserve Now
SANTA & HIS ELF
Will come to your home and bring your child a special gift they've been waiting for. The elf has a musical sing along and an animated version of "Twas the Night Before Christmas."
\$5.00 OFF **CALL NOW 235-5620** **\$5.00 OFF**
WITH COUPON

Thanksgiving Special
ROAST TURKEY
served with Dressing, Cranberry Sauce and Candied Yam. Includes Soup or Salad, choice of Rice or Potato, Corn-on-the-Cob, Cornbread & Honey-Butter, Coffee & Pumpkin Pie!
8.25

WARD CENTRE • 523-9333
KAHALA MALL • 737-7938
PALI PALMS PLAZA • 254-5861
Served from 11 AM. Also Open for Breakfast and Lunch.
Ample Free Parking

CONTAINER FAN SALE!

SALE ENDS 11/24/5 p.m.
HUNTER-CASABLANCA
on display for comparison only.
42" 4 Blade \$25.00
•w/5 speed wall control Sug. Retail \$69.95
52" Flush Mount \$45.00
•4 Blade •Full size housing Sug. Retail \$99.00
52" 5 Blade \$65.00
•Decorator use •3 speed w/Reverse Air Sug. Retail \$149.99
5 Blade Electronic \$148.00
•Hang true •10 year warranty •Whisper quiet Sug. Retail \$299.00
FREE \$20 Light Kit w/purchase of 2 or more fans!
PACIFIC SURPLUS & DISTRIBUTORS
262-8131 455-9010
1247-F KAILUA RD. NEW HOURS: 9:30-5:00 p.m.
KAILUA IN THE 7-11 MON-FRI. SATURDAY 11:00-3:00 p.m.
COMPLEX SUNDAY WEDNESDAY CLOSED **98-593 KAM HWY. PEARL CITY BY DOMINOS PIZZA**

San Miguel Beer
Now Available in 6/packs
Now you can reminisce the most wonderful times you had while you were there.
For further information Call
Paradise Beverages
(808) 833-3044
2950 Paa St., Honolulu

Painted Label

Island Happenings

Dyslexics class

The ASSETS School conducts a night school at Pearl Harbor for the remediation of adult dyslexics.

The program is intended for the adult with average to above average intelligence who possesses good general information and who is reasonably proficient in math computation, but is deficient in decoding, spelling and written expression.

The age requirement is 18 years and older. Testing will

be conducted to screen the applicant.

The next module begins Jan. 7, from 7 to 10 p.m., Tuesdays and Thursdays for 10 weeks. Cost is \$250 per module.

Contact ASSETS School at 423-1720/422-5256 for more information.

Hale Koa Thanksgiving

The Hale Koa Hotel will be holding its annual Thanksgiving Buffet Nov. 28, which will include roast Tom

Turkey, baked Virginia ham, pumpkin pie and salads and all the trimmings. Adults are \$10.95 and children under 12 are \$6.95.

Reservations are recommended. The buffet will stay open from 10:30 a.m., until 8 p.m.

Crafts fair

Hawaii Performing Arts Company will host a crafts fair on Dec. 14 and 15 from 9 a.m. to 4 p.m. on the Manoa Valley Theatre grounds.

HPAC presents 'Noel and Gertie'

Hawaii Performing Arts Company will presents "Noel and Gertie," Nov. 29-Dec. 1, Dec. 4-8 and 11-15, at the Manoa Valley Theatre, 2833 East Manoa Rd.

Performance times are 8 p.m., Wednesday through Saturday, and 6:30 p.m., on Sunday. Tickets are \$8 (\$5 is tax-deductible) and will go on sale beginning Nov. 4 at the HPAC Box Office, 2833 East Manoa Rd., Monday through Friday, 10 a.m., to 6 p.m., or by calling 988-6131 or 988-7388.

Dance fair

Dances We Dance Inc. will hold its 4th Annual Christmas Dance and Crafts Fair, Nov. 23, from 10 a.m. to 5 p.m. at the Jones-Ludin Dance Center, 930 McCully.

Different cultural dances will be performed every hour beginning at 10:30 a.m. T-shirts, hats, Christmas ornaments and baked goods will be sold. Admission is free.

For more information call Karen Miyake at 949-3389.

Bishop holds new exhibition

A new Bishop Museum exhibition opened Oct. 19, titled Playthings and Pastimes: Historical Images of Childhood in Hawaii, which pays homage to ethnic variations on amusement of childhood.

There are late 19th and early 20th century photographs of children and their activities displayed with a selection of playthings. It is at the Jabulka Entrance Gallery through 1986, there is no admission fee.

Other exhibitions are: Celebrating The Maori, an exhibition of items from the museum's Maori collections complimented by an exhibi-

tion of Maori carvings by a New Zealand photographer Brian Brake, which commemorates the upcoming anniversary of Sir Peter H. Buck's directorship of Bishop Museum; in the Kahili Rom and Vestibule Gallery through June 1986, with no admission fee.

The Centennial Celebration, an Early Record of government contract Japanese Immigrants in Hawaii, is an exhibition of photographs and artifacts of the arrival and life of the "Kanyaku Imin," Japanese government contract laborers; in the Hawaii Immigrant Heritage Preservation Center, through

summer 1986, with no admission fee.

Baker's Botanical Prints, is a selection of black and white photographs by island photographer Ray Jerome Baker. It is displayed in the Photograph Collection, Tuesday through Thursday, 1 p.m. to 4 p.m.; Saturday, 9 a.m. to noon through this year, and it's free.

The museum is open Monday through Saturday and the first Sunday of each month 9 a.m. to 5 p.m. For exhibits requiring admission, it is \$4.75 for adults, \$2.50 for youths (6-17) and free to children under six.

Call 847-3511, ext. 187, for information.



'Nutcracker' Ballet

The Hawaii Ballet Theatre for Youth will present Oahu's only full-length "Nutcracker" in Kaneohe, beginning Nov. 29, at 8 p.m.

Performances will continue with 1 p.m., matinees on Nov. 30 and Dec. 1 and 8, and an evening performance at 8 p.m., Dec. 7.

Tickets are \$10 for adults and \$7 for children and senior citizens. They are available at the House of Music,

Kahala Music, Pearlridge Music, Floyd's Kailua and at the door. Military family members receive a \$1 discount.

The production features over 140 costumes, a dancing bed, and a magical "growing" Christmas tree. Its cast has more than 100 includes popular local dancers.

For ticket information call 524-3192 or 537-2556.

KHAI-TV OCEANIC CHANNEL 21
McCAW CHANNEL 7

THE ASSASSINATORS
[Shinsengumi]

Saturday Night 8pm
FIRST-RUN TELEVISION PRESENTATION

COUPON

A-1 VACUUM & SEWING CENTERS

SEWING MACHINE TUNE-UP

\$9.95
(Reg. 29.95)

•Clean •Oil •Adjust Tension

10% OFF FULL SERVICE

w/this ad good thru Nov. 27th

VACUUM CLEANER TUNE-UP

\$19.95
(Reg. 39.95)

•Clean •Check Bag •Brush
Belt & Roller Parts if needed, extra

w/this ad good thru Nov. 27th

2 LOCATIONS TO SERVE YOU!

1. Leeward Location
98-450 Kam Hwy.
(Next to Zippy's and Joblot, Waiolu)
PHONE 487-1090

2. Windward Location
46-033 Alaloa St.
(Across from Windward Dodge, Next to Nankō)
PHONE 235-0222

Neck Pain? Backache?
Don't Suffer Needlessly!

Pacific Chiropractic

DR. JEANNE MICHAELS
R.N. DC.

DR. RICHARD SEROLA
DC.

TRAINED IN 5 RECOGNIZED TECHNIQUES INCLUDING "LOW FORCE"

COMPLETE PHYSICAL EXAM

X-RAY FACILITIES

COMMON SYMPTOMS:
•BACK PAIN •HEADACHES •NECK PAIN •ARM & LEG PAIN

SPECIALIZING IN:
•JOINT PAIN •MUSCLE SPASMS •NUMBNESS •PINCHED NERVES

ON THE JOB INJURIES •AUTO ACCIDENTS •SPORTS INJURIES •PERSONALIZED CARE

CHRONIC & DIFFICULT CASES •GENERAL PRACTICE •FAMILY CARE PLAN

602 KAILUA RD. NO. 207, KAILUA
(between Cornet & Hardware Hawaii-2nd floor rear)
NO CHARGE FOR BRIEF SPINAL ANALYSIS

261-0831

CHICKEN



Get a grand chicken sandwich without buying the farm.

Forget everything you thought you knew about a restaurant. Once you get your chicken it's your chance to find out what makes us so famously sensational. Stroll over to our grocery store of "fresh fixin's" and toppings and create your own sandwich to your own taste sensation. Help yourself (we won't tell). We know how to keep a secret!

FLAKEY JAKE'S
SANDWICHES, SALADS AND BEVERAGES

Sensational Bonus
Complimentary with above purchase of a chicken sandwich.

ADD your choice of any two:

- Grilled onions
- Hot chili topping
- Crisp bacon
- Jalapeno peppers
- Guacamole

Expires **12/15/85**

FLAKEY JAKE'S
SANDWICHES, SALADS AND BEVERAGES

Windward City Shopping Center
45-480 Kaneohe Bay Dr., Kaneohe, HI
235-7585

SOMETHINGS SPECIAL.

American Airlines

Our no-stop check-in means you can select your seat and get all your boarding passes before you begin your trip.

It's simple, convenient, and a real time-saver.

Now with non-stop flights to four gateway cities.

With the addition of our daily service to Chicago, we can now offer you more ways to the Main-

land. Including our direct flights from Maui to Los Angeles and Dallas/Fort Worth.

Connecting flights throughout the Mainland. And the world.

Take a non-stop flight to one of our four gateway cities, then connect to any of over 80 cities in the U.S. (including seven new additions in the Carolinas).

Or go on to business and vacation destinations like Canada, Mexico,

the Caribbean, London. Even Paris and Frankfurt.

Something Extra Special.

Our People. They're the reason American Airlines was voted the most preferred airline for the fifth consecutive time by the members of the International Airline Passengers Association.

Over 200 employees in Hawaii are ready to show you what "something special in the air" is all about.

SAN FRANCISCO
LOS ANGELES
DALLAS/FORT WORTH
CHICAGO

For reservations and information, call your nearest SATO or American Airlines. On Oahu, 526-0044. Neighbor Islands, 1-800-232-0980.

American Airlines
Something special in the air.

Special Services



Marina

An evening basic sailing class will be offered in December to receive marina certification, held Monday through Friday from 3:30 to 6 p.m., Dec. 2, 3, 4, 5 and 6. For more information call 257-2219.

Outdoor recreation

The Outdoor Recreation Equipment Center has surfboards, boogie boards, soft skis and wet suits. If you're into water sports you could save some money by checking with the Outdoor Rec Center before purchasing equipment. For more information call 257-2548.

Child care

The Child Care Center offers professional care at reasonable prices for monthly contracts. The center's staff uses the learning center approach to developmental child care.

What's cooking

Today
Lunch
Roast veal sandwich, burritos, pastrami sandwich, soup, salad bar, dessert
Dinner
Roast turkey, bread dressing, salmon cakes, mashed potatoes, soup, salad bar, dessert
Friday
Breakfast
Hot cakes, grilled ham slices, hash browns, eggs any style, cereal
Lunch
Hot roast beef sandwich, fishwich, french fries, soup, salad bar, dessert
Dinner
Grilled pork slices, tuna and noodle casserole, mashed potatoes, soup, salad bar, dessert
Saturday
Breakfast/brunch
French toast, apple coffee cake, ham slices, hash browns, eggs any style, cereal
Dinner
Beef sauerbraten, Cornish hens, rice, plaf, vegetables, salad bar, dessert
Sunday
Breakfast/brunch
Hot cakes, quick coffee cake, hash browns, ham slices, sausage patties, eggs any style, cereal
Dinner
Oven roast beef, veal cutlets, French baked potatoes, vegetables, soup, salad bar, dessert
Monday
Breakfast
French toast, hot cross buns, hash browns, eggs any style, cereal
Lunch
Newport fried chicken, knoch-wurst, barbeque and hoagie sandwiches, french fries, soup, salad bar, dessert
Dinner
Roast pork ham, braised beef and noodles, rissole potatoes, soup, salad bar, dessert
Tuesday
Breakfast
Hot cakes, doughnuts, hash browns, eggs any style, cereal
Lunch
Hot roast pork sandwich, fishwich, french fries, soup, salad bar, dessert
Dinner
Baked rainbow trout, meatloaf, lyonnaise potatoes, soup, salad bar, dessert
Wednesday
Breakfast
French toast, ham, hash browns, sausage patties, eggs any style, cereal
Lunch
Hot veal sandwich, burritos, french fries, soup, salad bar, dessert
Dinner
Chili macaroni, ground beef liver with onions, baked potatoes, soup, salad bar, dessert
Last minute substitutions may become necessary. Check with the dining facility for more information.

For more information/reservation call Sherri at 257-2608.

English smocking

Make a unique Christmas tree ornament and learn the art of English Smocking. Classes will be held Nov. 26 and 29, from 9 to 11 a.m. at Dependent Recreation. An evening class will be offered if there is enough interest. Cost is \$15 and all materials are supplied. Deadline to register is Nov. 22.

Drop-In center

The Drop-In Center provides professional short term child care at reasonable rates. The center personnel use new child care techniques. Call Roxanne at 254-3249 for information and reservations.

Recreational housing

There are 14 beach cottages available for rent for \$18 a day, which have two

bedrooms, living, dining areas, kitchen and bathroom and are completely furnished.

There are also 24 studios available for rent for \$20 a day, which have a living/

dining area, kitchen and bathrooms and are completely furnished.

Office hours are from 7 a.m. to 10 p.m., Monday through Sunday. Call 257-3520 for more information or reservations.

Station Library

The Station Library has the novel Texas, by James Michener. It covers 450 years of Texas history. For more information call 257-3583.

COUPON
FREE
BRAKE INSPECTION
(WITH THIS AD EXPIRES NOV. 30, 1985)

COMPLETE AUTO REPAIR

- LUBE & OIL CHANGE
- TUNE UP
- BRAKES
- FRONT END
- RADIATORS
- ELECTRICAL
- MAJOR MECHANICAL
- ENGINE REPLACEMENT
(USED Engines at 1/2 - 1/3 Cost of Overhaul)

PH. 261-2612

337 ULUNI ST.
(ACROSS ALOHA RENTALS)

LARRY BILLSON & DANNY CARREIRO
(FORMERLY OF SAM'S KAILUA CHEVRON)

After a Trying Day of Shopping & Multiple Duties ...
RELAX IN A QUIET ATMOSPHERE
Complete Dinners From \$4.75
WE SERVE TIL 10 PM

Florence's Restaurant
A KAILUA TRADITION
CLOSED TUESDAY
20 Kaneohe St. Kailua

RESERVATIONS APPRECIATED
261-1987

"It's good to be back in training."

There aren't many part-time jobs that give you a chance to get interesting training, learn new skills and jobs and even give you benefits like retirement and discount shopping. Those

are good reasons in themselves to join the Marine Reserve. But perhaps the strongest reason is the opportunity to get back with fellow Marines. Men you have something in common with. People you can count on. And part of one of the world's most elite fighting forces.

If you've left active duty or are about to, consider all you can get in the Marine Reserve. It's a smart move. Call 800-423-2600, toll-free. In California, 800-252-0241.

MARINE RESERVE

Reserve your place on the team. The few. The proud. The Marines.



People are dying for your help. Give blood.



*No more waiting in line
— with Direct Deposit.*

"It is the Soviet Union alone that has mobile missiles with multiple

The Soviet Union is continuing to develop new

"If the United States and Soviet Union are to come an arms reduction agreement, the Soviet Union will have to end its artificial linkage between reductions in offensive forces and its

**American Forces
Information Service**

[illegible]

Aikahi Hardware

AIKAHI PARK SHOPPING CENTER

WESTERN CABINETS
Kitchen and Bath

50% OFF

INTRODUCTORY OFFER

- EUROPEAN DESIGN
- LIGHT OAK
- DANISH OAK

SALE ENDS 11/30/85



CLOSEOUT

VALENTIA, PECAN
VANITIES & CABINETS

63% OFF

WHILE SUPPLY LASTS!

**LARGE SELECTION OF CERAMIC TILE & FORMICA
CUSTOM COUNTER TOPS
CUSTOM CABINETS — OAK, TEAK, KOA**

FREE ESTIMATES and PLANS for your KITCHEN & BATH

HOURS

MON-SAT. 7:30 a.m.-7:00 p.m.
SUNDAY 8:30 a.m.-5:00 p.m.

CALL JAY

254-3510

25 KANEHOE BAY DR.
KAILUA, HI

the
clock collection

PRE HOLIDAY SALE
SAVE 25% to 35%

ENTIRE STOCK OF QUALITY
GRANDFATHER CLOCKS.

"10% OFF ALL REPAIRS THIS MONTH."

FREE ESTIMATE ON REPAIR
HOUSE CALLS AVAILABLE

404 PIHKOI ST. 531-2256
(across from SEARS Ala Moana)



**TIRED OF TILE STORIES
ABOUT LOW! PRICES?**

There's only ONE warehouse
of tile bargains—

**Discount Tile,
International**

Our prices are LOWER
every day, but wait 'til you
see what's on sale!*

Prices good through November 30, 1985.

4 1/4" x 4 1/4" Great Bathroom Wall Tile
Reg. \$1.85 sq. ft.
NOW **85¢** sq. ft.

1" x 1" Glazed Floor Tile
Reg. \$1.95 sq. ft.
NOW **\$1.45** sq. ft.

8" x 8" Italian Floor Tile
Reg. \$2.25 sq. ft.
NOW **\$1.50** sq. ft.

12" x 12" Italian Floor Tile
Reg. \$3.20 sq. ft.
NOW **\$1.80** sq. ft.

Come check out our Warehouse for tile.
... the low prices will floor you!

**Discount Tile,
International**

1823 Kahai Street / Phone 847-5955
Hours: Sat. 9 a.m. - 3 p.m., Weekdays 8 a.m. - 4:30 p.m.

*All purchases of close-out items are final. Sale items limited to stock on hand.



Alliance Delivers Again!

Two proven health care plans plus a new, money-saving mail-order prescription drug program*

'Good things do get better.'

In addition to versatile, multi-benefit health care plans, your National Alliance of Postal and Federal Employees helps save you money in new ways:

Depending on the plan you select, you pay only \$2.00 or \$3.00 per mail order prescription. No matter what the total, the Alliance Health Benefit Plan pays the rest!

Two Health Care Plans To Serve You And Your Family

The Alliance **Standard Option Plan** includes built-in cost containment features and higher deductibles.

The Alliance **High Option Plan** offers **maximum** comprehensive hospital, major medical and catastrophic protection, increased dental benefits and a bonus that pays you to stay healthy.

Both plans include inpatient and outpatient, hospital and surgical benefits, dental benefits and catastrophic protection.

Both plans include benefits for maternity care, hospice care, home health care and private and skilled nursing care.

Look At Our Rates

(Biweekly Premiums)

HIGH OPTION	Self Only	Self and Family	STANDARD OPTION	Self Only	Self and Family
Government Employee	\$9.53	\$35.18	Government Employee	\$5.97	\$16.07
Postal Employee	\$3.93	\$22.70	Postal Employee	\$1.49	\$ 4.02

Read Our Brochure, Then Pick Your Plan

For full details about benefits, rates, limitations and exclusions, contact your personnel office or pick up a copy of the Alliance Health Benefit Plan brochure. For more information immediately, call:

424-0630 in District of Columbia
1-301-424-0630 in Maryland
1-800-841-6991 elsewhere

Underwritten by

Mutual of Omaha 
People you can count on...
Group Operation

Education

USC masters program

The University of Southern California's Graduate

Program is offering a Master of Science in Systems Management at Hickam and Wheeler Air Force Bases. The MSSM program was created to provide educational preparation for the

systems approach to management for the developing of managers for the military. Emphasis in the program is placed on using a multidisciplinary curriculum. This program consists of 36 credits, taught in six, eight-week terms per year. Classes are held Monday and Wednesday or Tuesday and Thursday from 6 to 9 p.m., at Hickam or Wheeler.

Courses offered Jan. 6-Feb. 27, 1986, are SSM 513, Systems Management and Organization Theory; SSM 525, Probabilistic Models in Decision Making; SSM 665, Systems Analysis; and SSM 531, Man-Machine Factors in Systems Management. For more information call Dot Ferjo at 624-2440 or Beverly Marubbio at 449-9702.

Movie schedule

Nightly movie at 7:15 p.m.
257-3668

Today and Tomorrow

Pale Rider (R). Clint Eastwood. Western drama. A stranger rides into a corrupt California gold rush town where the townspeople are praying for a miracle to end violence in their community.

Saturday and Sunday

The Main With One Red Shoe (PG). Tom Hanks. Comedy. A romantic undercover comedy about a hapless musician caught in the

crossfire between rival intelligence factions.

Monday

"Flying Tigers" (PG). War classic. There is plenty of action as John Wayne and his flying tigers patrol the Burma Road.

Tuesday and Wednesday

"A Case Of Possession" (PG). Karlene Crockett. Mystery. Diana Stoving has always been troubled by the secrecy shrouding the death of her grandfather, when she meets a young man who can take on his identity through hypnosis.

ASTROLOGICAL

Profiles

15 Years of Accurate and Confidential Forecasting

Silver Star Astrological Service

Helping you create the future

239-4206

THANKSGIVING DEADLINES

MONDAY 25TH 12:00 NOON

For Nov. 28th Publication

OFFICE CLOSED NOV. 28TH

U.S. Department of Transportation

Ad Council

DRINKING AND DRIVING CAN KILL A FRIENDSHIP

MASSAGE PROFESSIONALS

Kailua's First and Only Therapeutic Massage Clinic

Announces the opening of its office

Services include:

Corrective Bodywork Sports Training & Massage

Lymphatic Massage Personalized Diet & Exercise Programs

Kailua Med Arts Bldg. Elizabeth Reveley

407 Uluniu St. Registered Massage Therapist

Hawaii License #1352 Member, American Massage Therapy Association

By appt. please Member, AMTA National Sports Massage Team

(808) 262-6961

Classified Advertising Rates & Regulations

Your classified ad reaches over 107,420 homes each Thursday. Read Classifieds for profit, use Classifieds for results.

Classified Line Ads

Deadline Tuesday Noon

3.18 per line — 2 line minimum

Ad will appear in the Sun Press Newspapers, Hawaii Navy News, Sun-Flyer & Hawaii Marine

Classified Display

Deadline Friday 4 p.m.

Call 235-5881 or 622-3966 for information on open & contract rates

Corrections & cancellations

deadline Monday - 12:00 noon

Report errors at once

RFD Publications will not be responsible for more than one incorrect insertion of any Classified advertisement and is responsible only for that line or portion of the ad that appeared incorrectly.

For quick, experienced help in placing your ad

Ph. 235-5881 or 622-3966

Classified Index

Classification categories are listed alphabetically

Aircraft for Sale.....13

Announcements.....15

Antiques/Collector's Items.....130

Apts. Unfurn.....74

Apts. Part. Furn.....75

Apts. Fully Furn.....73

Appliances.....127

Auto Announcements.....173

Autos for Lease.....172

Autos for Sale.....178

Auto Parts/Serv.....156

Autos Wanted.....151

Baby Furnishings.....124

Boats Supplies & Serv.....146

Building Supplies.....141

Business Directory.....40

Business Opportunity.....50

Business Prop. Sale/Rent.....108

Cards For Thanks.....8

Cemetery Plots.....10

Computers.....119

Condos/Townhouse Unfurn.....87

Condos/Townhouse Part.....85

Condos/Townhouse Furn.....86

Free Bees.....0

Furniture.....120

Furniture For Rent.....121

Garage/Lanal Sale.....68

Hardware/Equipment.....152

Housecleaning.....184

Hot Rods.....172

Help Wanted Domestic.....62

Help Wanted M/F.....60

Help Wanted Sales.....61

Hobby & Craft Supplies.....65

Houses Furn.....81

Houses Part. Furn.....83

Houses Unfurn.....82

Income Tax Serv.....30

Income Property.....113

Jewelry & Clothing.....118

Lawn And Gardening.....148

Legal Notices.....1

Livestock.....150

Loans/Loans Wanted.....55

Lost & Found.....20

Machinery & Equipment.....153

Miscellaneous.....126

Misc. Wanted.....136

Mopeds Sales & Serv.....170

Motorcycles Sales & Serv.....171

Music Sales & Serv.....144

Office For Rent.....103

Personals.....25

Personal Services.....35

Pet Supplies Sales & Service.....151

Photo Supplies.....140

Real Estate Announcements.....115

Real Estate For Sale.....114

Real Estate Management.....112

Real Estate Trade.....117

Real Estate Wanted.....116

Rentals.....123

Rent A Car.....174

Rentals To Share.....75

Rentals Wanted.....98

Resumes.....36

Rooms To Rent.....88

Schools & Training.....45

Situations Wanted M/F.....63

Sporting Goods.....147

Stereos & TV.....129

Swaps.....128

Travel.....122

Trucks & Pickups.....168

Vacation Rentals.....83

Vans, Campers & Jeeps.....175

SURGEON GENERAL'S WARNING: Smoking Causes Lung Cancer, Heart Disease, Emphysema, And May Complicate Pregnancy.

16 mg. "tar", 1.1 mg. nicotine av. per cig.rette, FTC Report Feb. '85

COME UP TO NEW KOOL BOX

KOOL Filters MENTHOL

Advertising Standards

Advertising published in the Sun Press Hawaii Navy News, Hawaii Marine and the Sun-Flyer is accepted on the premise that the merchandise and services offered are accurately described and willingly sold to customers at the advertised price. Advertisers are aware of these conditions. Advertising that does not conform to these standards or that is deceptive or misleading is never knowingly accepted. If any reader encounters non-compliance with these standards, we ask that you inform:

Sun Press Newspapers

at 235-5881

Better Business Bureau

at 531-8131

677 Ala Moana Blvd., 96813

0 FREE BEES

Your ad is FREE if you're giving away something! Just call 235-5881 (except Mondays).

FREE: Abandoned kitten, has become super cat, but needs home. 254-2840

FREE: adorable, healthy Tabby kittens, box trained. 261-4937

FREE: White mixed female Pit Bull, all shots, good with children. 422-7336

FREE: neutered male cat, excl. pet 247-1012

FREE: female dog, 1 year old, spayed, to a good home. Call 624-2561

FREE: 2 female black kittens, 8 weeks old. Adorable Ph. 239-5791

FREE: loveable cat. We found him, gave him shots, neutered, interested? Ph. 839-6045

FREE: 3 kittens, shades of gray, 9 weeks old. Call 689-5896

FREE: med. size dog to good home. Also neutered cat 2 yrs. old 833-7818

FREE: mini Collie/Shepherd spayed; Gray/whit. Tabby male cat; gray cats/Tiger cats. 247-8417

FREE: Shepherd/Golden Lab male; Dachshund/Basset Hound male; Tiger cats/kittens 621-2588

10 CEMETERY PLOTS

3 LOTS Haw'n Memorial Park, Valley View section \$900 ea Ph 395-2288

15 ANNOUNCEMENTS

MR. Lynn (Lynn Pyle) would like to notify his many faithful customers he is alive and well and taking appointments as usual. Please call for an appointment at 261-8035

ALOHA PAWN

Buy, Sell, Loan, Trade

\$ QUICK CASH \$

We buy gold and anything else of value

540 California Ave.

Ph. 622-2898

20 LOST & FOUND

LOST FEMALE GOLDEN Retriever pup. Needs Meds. Reward \$200. Days 546-8333

FOUND: Female tan dog, old, lump on stomach on Mokapu Blvd. 11/9. Call 235-6405

25 PERSONALS

IF you want to drink, that's your business. If you want to stop, that's ours. Alcoholics Anonymous. Ph. 946-1438

25 PERSONALS

ST. JUDE

On Holy St. Jude Apostle and Martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ faithful intercessor of all who invoke your special patronage in time of need, to you I have recourse from the depth of my heart and humbly beg to whom God has given such great power to come to my assistance. Help me in my present urgent petition. In return, I promise to make your name known and cause you to be invoked.

Say three Our Fathers, three Hail Marys and Glories. Publication must be promised St. Jude, pray for us all who invoke your aid. Amen. This Novena has never been known to fail. This Novena must be said for 9 consecutive days.

L.J. M.G.

31 HOME IMPROVEMENT

Save Money on Roof Repairs!

Your Men Do The Work . . . We Supply The Equipment And Know-How FREE!

Save up to 75% on cost of a new roof with PACE SEAMLESS, ONE-COAT INSTANT SEALANT. Seals leaks, waterpools, insulates. Black or aluminum.

CALL FOR FREE ESTIMATE 488-7540

Schools & Churches 120 Day Terms

35 PERSONAL SERVICES

HANDYMAN, screens, floors, glass painting, carpentry. Doug 239-7130

STEVE & Roxann's Yard Service Husband & wife team We care . . . It shows! Phone 422-9777

SUNDAY'S OPEN HOMES

SAVE THIS SECTION AND CARRY IT WITH YOU! ALL HOMES IN THIS SECTION ARE OPEN SUN. 2-5 P.M. (UNLESS OTHERWISE STATED.)
THE HOMES MARKED WITH A (W) ARE ALSO OPEN WED. 9:30-11:30 A.M. THOSE MARKED WITH A (T) OPEN THURS. 9:30-11:30 A.M.

HOUSES FOR SALE

3) HAWAII KAI

HAWAII LOA RIDGE, 512 PUU IKENA, 4 bdrm/4 bath/4 car garage, new home of some 4600 sq. ft. \$795,000. FS. BETTY WILSON, INC. 735-2808

3) KAHALA

KAHALA 948 Paea Street, Turkey trot on over to see this 3 bedroom, 3 bath home waiting to be turned into a Christmas angel. Level, corner lot in super location; handy to schools, mail and beach! MLS14336 NOW \$348,500. FS. See Deb Wirkus (RA) 262-0122 HELEN PRICE INC., REALTORS 735-5533

4690 KOLOHALA, Better than new! Beautifully remodeled 4 bdrm/3 bath/2 lanals and pool FS! \$688,000. BETTY WILSON, INC. 735-2808

4) KAILUA BAY

KAILUA 392 Dune Circle, Christmas shopping stops here. Imagine a package of OCEANFRONT glamour that will keep on giving — a 3-bedroom, 3-bath home with den! Beautifully furnished, superbly appointed. There's a gourmet kitchen, inviting, tropical spa, a sit-by fireplace and an enclosed garage. MLS72321. New Price! \$595,000. L See Tony Price (RA) 735-3980 HELEN PRICE, INC., REALTORS 735-5533

HOUSES FOR SALE

4) KANE OHE

45-236 & 238 KOKOKAHI PL. 5-bdrm/3 1/2-bath, two homes on 1/4 acre. Breathtaking view! Fireplace, solar, "Parade" winner. Buy now! \$600,000. MLS59494/96 FS!! Kathy Burl (RA) 261-0077. LUKE & JONES, INC. 941-2222

9) AIEA

2423 KOMO MAI DRIVE. Beautifully maintained home, 5-bdrm/2 1/2-bath, perfect for kids. Spectacular view, solar, assum. VA mgt. Great for growing family. MLS70824 FS Nita Nepo (RA) 536-5752. LUKE & JONES, INC. 941-2222

9) MILILANI TOWN

OPEN 1-5. 95-791 Palikauale St. 3 bdrm/2 bath home in new neighborhood of Mililani. Yard completely walled w/wrought iron gates in driveway. A must to see! MLS75311. FS. Anne T. Park (RA) 621-2190. LUKE & JONES, INC. 941-2222

TOWNHOUSES FOR SALE

4) KANE OHE

OPEN 1-41 47-712 Hul Kulu St. #2. Club View Gardens. Fee, \$115,000. Rodney Kawamoto (RA) 595-7295/247-6681. MIKE MCCORMACK, RLTRS.

TOWNHOUSES FOR SALE

3) HAWAII KAI

HAWAII KAI 209-4 Kawaihae Street Never on market before, this original owner has done so much to enhance the already prime 3-bedroom, 2 1/2 bath townhouse. Views! Waterfront! Great recreation and pool area! Wonderful neighbors! See it all today! MLS14523 \$199,000. LH Helen Price, CRS 735-3980 HELEN PRICE INC., REALTORS 735-5533

9) PEARL CITY

96-216 WAI'AWA ROAD #73. Excellent purchase/investment. Low down assumable mgt. No qualifying. 2-bdrm/2-bath, 2 pkg. Upgraded unit. Priced to sell, \$110,000. MLS14578 LH Pat Kam (R/GR) 528-3598. LUKE & JONES, INC. 941-2222

9) MILILANI TOWN

94-1480 LANIKUHANA, Nob Hill, 2 bdrm, 1 1/2 bath. Fee, \$102,000. Earl Elswick (RA) 422-8681/488-1991. MIKE MCCORMACK, RLTRS.



CONDOS & APTS. FOR SALE

2) KAPOLANI

2575 LAU ST. #102, Iolani Banyan, 2 bdrm 1 bath. Lease, \$69,000. Sharon Hoffman (RA) 734-5487/944-1888. MIKE MCCORMACK, RLTRS.

PUNAHOU REGENCY #7-B, 1114 Punahou St. Fee Simple, gracious, upgraded, cool 3-bdrm/2-bath, 2 parking. Buyer's gain & seller's loss! Only \$172,000. MLS71073 Ruth Nishimura (RA) 948-4630. LUKE & JONES, INC. 941-2222

OPEN 1:30-4:30. 60 N. BERETANIA #1207 HON. TOWER. Price reduced! \$129,000. Fee simple, spacious 1-bdrm w/many upgrades. Come & see it today! Prestigious bldg. MLS60888 Jenny Parker (RA) 521-3161. LUKE & JONES, INC. 941-2222

2) WAIKIKI

400 HOBSON LN. #1115, Villa on Eaton Square. Price reduced to \$90,000, making this the best buy in the bldg. Make this yours before the holidays! MLS68017 LH Elsie Bevil (RA) 942-2278. LUKE & JONES, INC. 941-2222

1717 ALA WAI #1107. 2-bdrm/2-bath, upgraded luxury condo w/great views! All new appls. & furn. In much-sought-after position in prestige bldg. A real value at \$143,900. Immed. possession. MLS New LH Herb Blachke (R) 922-1133. LUKE & JONES, INC. 941-2222

2) WAIKIKI

ALOHA TOWERS - 2215 Aloha Drive, #18K It's the cranberries! A beautifully furnished, meticulously kept 2-bedroom, 2-bath apt. on the cool side of this secure building with many amenities. Never rented; seldom used by foreign owner — a rare opportunity. MLS14599 \$129,000. LH See Ken Kelly (RA) 373-2425 HELEN PRICE, INC., REALTORS 735-5533

3) KAHALA

"THE REGENCY AT KAHALA" 4340 Pahaia "3-C". Finest bldg. perfect location, central air, doorman, 2 bdrms. over 1800 sq. ft. \$275,000 LH. BETTY WILSON, INC. 735-2808

4) KAILUA BAY

POINCIANA MANOR 1015 Aloha Place, #261 Fresh paint, fresh carpet; come see this newly polished 2-bedroom jewel. Just right for some Buyer. Spacious and cool with a leafy lanai to enjoy. MLS69541 \$32,500 LH Better see Shirley Ann Lipman (RA) 734-0824 HELEN PRICE, INC., REALTORS 735-5533

8) MAKAHA

MAKAHA VALLEY TOWERS 84-740 Kili Drive, Apt. 1536 Furnished, high floor 1-bedroom apt., close to elevator and laundry room. Superb ocean view. Drive out and see resort home-lifestyle at its finest! MLS62785 \$63,500. LH See our in-house expert, Rosemary Kane, CRS 695-9149 HELEN PRICE, INC., REALTORS 735-5533

75 APTS. PARTLY FURNISHED

PEARL Super 1 bdrm, \$325 or 2 bdrm, \$420 Many others. 943-0092 Open till 8

PEARL Regency 2 bdrm., ocean/mountain view \$800 or negotiable. 671-0917 eves.

KAILUA Poinciana 2 bdrm., 2 bath, \$750 mo., washer/dryer, pool. Avail. 1 Dec. 377-5649

KANE OHE cozy apt. \$345 or 1 bdrm, \$495 or 3 bdrm, \$650. 943-0092 Rent Mart Fee

BRAND-NEW large studio, separate bath, full kitchen, easy parking, 1 block from Kailua Beach, \$550 + deposit. No dogs please. Avail. Dec. 1. Call Rick 521-8080 days or 235-8136 eves.

LANIKAI Beach large private studio, kitchen, bath, \$450. 262-2752

76 RENTALS TO SHARE

MILILANI townhouse, 3 bdrm., incl. utils. \$300/mo. + deposit. 623-6565, 624-9581

KAILUA near beach, female to share same, 4 bdrm., 2 bath, full privileges, \$250 + deposit. 261-8344 or 247-5684

KANE OHE mtn. view home close to Windward Shopping mall & KMCS. Open rm in 3 bdrm house + full share of facilities. \$250 mo. + deposit. Single male, female okay others considered 235-5478 lv msg.

KAILUA Beach rm. in lge. home, pool, Jacuzzi, nr. bus & stores. 262-0864

KANE OHE prefer female share lge. 3 bdrm. house \$300 incl. util. 523-0256 days

CONGENIAL home at Waimanalo beach, furn., private room, \$350 incl. utils. 259-8628

2 BDRM apt/hse to share in Lanikai, \$325 incl. utils. Avail. Dec. 1. 261-8450

WAIKIKI share 2 bdrm., 2 bath, lge. kitchen, washer/dryer, new carpet, drapes, paint. Mtn. view, 2 block to bus \$375/mo. + 1/2 util. 1st & last. Steve 926-3168 after 6

81 HOUSES FURNISHED

KAAAWA 3 bdrm., 1 1/2 bath, water & yard maint. incl. \$900. No pets. 261-4332

WAILUALA 1 bdrm cottage, furn., water, no pets. \$475 mp. Ph. 637-4597

KAAAWA studio cottage nice yard, nr. beach, \$495 incl. utils. + deposit. 237-8492

82 HOUSES UNFURNISHED

WAIANAE excl. house for rent, nr. beach, 3 bdrm., 2 bath, carport, 10 minutes to Barbours Point, 15 minutes from Schofield, \$750 mo., 1 year lease. Ph. 261-9887

HOUSES! Townhouses! Rent Mart has one for you. 943-0092 till 8 p.m., 7 days. Small Fee

LAIE 55-056 Kam Hwy., lovely A-frame across from beach \$800 a mo. Call 623-8944

KANE OHE nice house, 3 bdrm., 1 1/2 bath, ocean view, \$925 a mo. Call 235-0551

ENCHANTED Lake 3 bdrm., 2 bath \$1100 mo. More info see "AAA" in class 114. 263-4240

KANE OHE 2 bdrm. cottage. Call 247-1365 afternoon & eves.

PEARL super 1 bdrm., \$450 or 3 bdrm, \$650 Others. 943-0092 Rent Mart Fee

KAILUA 614-A Wailepo St., partly furn., 3 bdrm., 1 bath \$650 mo. Call 235-0551

ALIAMANU brand-new 2 bdrm, \$600 plus electricity. No pets. Call 422-0424

KANE OHE cottage \$525 or 3 bdrm, \$650 Others. 943-0092 Rent Mart Fee

84 HOUSESITTING

PROFESSIONAL responsible woman seeking housesitting opportunity. Excl. care of your home. Call 262-5592 refs. ences.

HOUSESITTING, animal, plant care. Refs. Lanikai-Hawaii Kai. 261-3574

85 CONDOS/TWNHSE PART. FURN.

KANE OHE Haiku spacious deluxe 2 bdrm., 2 bath, all appls. & pkg. \$850. A rent to own possible. Sherrock Homes Realty. Call 254-1100 or 254-2770

AIEA Pearl Regency deluxe 2 bdrm., immed. occupancy \$650. Rent to own possible. Sherrock Homes Realty 254-1100, 254-2770

KANE OHE Ahulmanu Garden 3 bdrm., 2 car stalls. Avail. 11/15, \$700 per mo. Call 247-5213 after 5 p.m.

MILILANI beautiful 4 bdrm., 2 1/2 bath, pkg., new carpet, solar, all appls. Long term lease ok \$1100. Ph. 623-6766 (Niki)

JETTAWA 1 bdrm., ocean view, pool & drive, Jeff Pacific Properties. 247-6621, 235-6496

KANE OHE 2 bdrm., washer & dryer, \$675. Call 239-7958 or 254-2410

85 CONDOS/TWNHSE PART. FURN.

NOW available 1 bdrm., 1 bath duplex in Wahiawa. call eves. 621-8108

86 CONDOS/TOWNHOUSES FURN.

PUNALUU complete furnished 1 bdrm corner unit on beach, \$525 w/all utilities including phone. 283-8452

87 CONDOS/TOWNHOUSES UNFURN.

AIEA-WAILUNA 3 bdrm., 2 1/2 bath, lanai, 1 car garage, tennis, pool, Jacuzzi, no pets. \$1250, avail. Dec. 1. Call 456-3172 after 5 p.m.

88 ROOMS FOR RENT

KANE OHE furnished room, utils. incl. prefer non-smoker female \$215. 235-2494

93 VACATION RENTALS

KAILUA/Kane Ohe Bay at water's edge, new 1 bdrm., nicely furn. Washer/dryer, private. 254-5311

HOLIDAY rental lovely 3 bdrm home, Kailua owner traveling Dec.-Jan. \$250 wk. 261-7641

MOLOKAI Wave Crest, sleeps 4, beach, pool, \$30 day \$190 per wk. Ph. 235-8699

KAILUA Beach, 1 bdrm., cottage, immac. priv, tropical setting \$40 day, 261-2834

HAUULA oceanfront, daily, weekly or monthly. Call 732-3470, 841-8438

KAILUA beachfront studio, sleeps 4, phone, TV, week/month. 261-6971

KAILUA lovely bdrm. & bath, nr. beach, private entrance. Call 262-8073

LANIKAI (Kailua) nr. beach, esp. nice 1 bdrm., garden apt. TV, private. 30k 262-5445

LANIKAI 2 bdrm., fully furn., quiet area, ldr. area. \$55 a day. Call 262-7018

ATTRACTIVE Lanikai studio avail. Dec. 1, \$475 per mo. Call 261-5051 Saturdays

LAKEFRONT home with pool Dec. 18 thru Dec 31, \$400 a week Kailua 262-2598

93 RENTALS WANTED

SUBLET or share space in an approved Commercial kitchen for a small baking operation. Call 261-2391

3 BDRM. house on beach w/view, wheelchair access, for Jan/Feb./Mar. 247-3771 5-7 p.m.

COLLEGE prof. on Sabbatical from Mainland will house sit or rent from Jan. 17-May 1. Call 261-5616

113 INCOME PROPERTY

SO. CALIFORNIA 8 units, \$32,000 annual income. Asking \$198,000. 262-2752

114 REAL ESTATE FOR SALE

MINNESOTA WOODED PARADISE NO DOWN PAYMENT

5 forested acres. Assume \$75 monthly. Fantastic hunting, fishing, boating & farming. FREE maps & photos. PHONE 988-5115

WAI'PAHU Village Park, 3 bdrm., 2 bath on large corner lot with Diamond Head view, solar, covered lanai, much more. Call 677-3394 eves. for immediate sales.

KAILUA Coconut Grove for sale by owner fee simple, 4 bdrm., 1 1/2 bath & family room, remodeled home, \$139,500. By appt. only. Call eves. 261-8348 Courtesy to brokers

MILILANI OPEN SUN. 2 to 6 95-310 Alo Pl., 3 bdrm. on 6183 sq. ft.,. Fee, hot tub, loft, neatly landscaped, \$159,000. By Owner. Call 623-3005

WAI'AWA Serene 2 bdrm., unit excl. starter or investment \$89,500 ML568335. Call NOE PEREA PROPERTIES 487-5040, 487-5266

AAA — \$4000 dn. transferred Enchanted Lake sale by owner, 3 bdrm., 2 1/2 bath, w/et bar in family rm, all appl., BBQ, patio, stucco dbl wall constr. \$165,500 (VA). Open house 2-5 every Sun. In Nov. 1189 Laulaua St. Also for rent, \$1100 per mo. 263-4240

ASSUMABLE VA/FHA

Home loans. Low Cash Down. Take over payments. No qualifying. Call today for details on available properties.

SHERLOCK HOMES REALTY

254-1100 or 254-2770

KALIHI 3 bdrm, house & lot, nr. bus, school & shopping. \$155,000 or offer. By owner. Call 845-4758

524 OPIHIKAO PL. 3 bdrm, 2 bath, Lease. \$199,000. Doreen Arano (RA) 395-9221/395-4486. MIKE MCCORMACK, RLTRS.

94-075 AAAHI PL. 3 bdrm 1.5 bath. Fee. \$157,000. Siay Beckett (RA) 623-2550/671-4511. MIKE MCCORMACK, RLTRS.

WAIKIKI GRAND #719, 134 Kapahulu, lge. studio w/kitchenette \$41,000, 672-9556

114 REAL ESTATE FOR SALE

CANTERBURY PLACE #27-C. 2-bdrm., tastefully furn. Enjoys view of ocean over Hilton Haw'n. VII. & Ft. DeRussy. Priced at \$295,000 for quick sale! MLS64245 LH Herb Blachke (R) 922-1133. LUKE & JONES, INC. 941-2222

ILIKAI MARINA #992, Harbor front, ocean view, fee simple, 1-bdrm fully furn. & ready for you to enjoy ocean breezes & sandy beaches of Waikiki. Modestly priced at \$170,000. MLS71308 Herb Blachke (R) 922-1133. LUKE & JONES, INC. 941-2222

CANTERBURY PLACE #26-C. Luxuriously furn. 2-bdrm w/marble flrs., area rugs & much more. Huge lanai to enjoy great views. For those who can afford that "Something Better" at only \$429,000. MLS60282 LH Herb Blachke (R) 922-1133. LUKE & JONES, INC. 941-2222

KUAPA ISLE, 459 Ophihiko Pl. Your own dock! Wide marina frontage w/access to ocean from luxury 3-bdrm/2-bath home ready for immed. occupancy for the small price of \$179,000. MLS71047 LH Herb Blachke (R) 922-1133. LUKE & JONES, INC. 941-2222

MAUI, Lahaina 1 bdrm. condo, wall mirrors, pool, Jacuzzi, sauna, \$88K or trade \$35K equity as down payment for 2 or 3 bdrm. fixer upper house near Pali Hwy. By Owner Zable, 941-2777 p.m. or 235-5881 days.

KAILUA-KONA PROPERTY Raw land zoned/multi-family dwellings, over 10,000 sq. ft. Ester Sandborn (R) 1-329-3545 or 322-2042. Asking \$85,000/offer.

EWA BEACH Townhouse 2 bdrm/1, perfect first home! Neolani Klingberg (RA) 395-7176 CADMUS PROP. CORP. 988-5414

PEARL CITY VA assumable mortgage on this attractive 3 bdrm., 1 1/2 bath in hse. \$95,000. Lease MLS62608. Call NOE PEREA PROPERTIES 488-5040 or 487-5266

WAI'AWA 2 bdrm., view of lake, furn., excl. investment. Seller will pay closing cost. Fee Simple MLS7893 NOE PEREA PROPERTIES 488-4050 or 487-5266

KAILUA-KONA PROPERTY Raw land zoned/multi-family dwellings, over 10,000 sq. ft. Ester Sandborn (R) 1-329-3545 or 322-2042. Asking \$85,000/offer.

MAUI, Lahaina 1 bdrm. condo, wall mirrors, pool, Jacuzzi, sauna, \$88K or trade \$35K equity as down payment for 2 or 3 bdrm. fixer-upper house near Pali Hwy. By Owner Zable, 941-2777 p.m. or 235-5881 days

115 REAL ESTATE ANNOUNCEMENTS

VA FORECLOSURES Low or No down payment. Investors & non-veterans can purchase. Contact Jim Watson (R) for further info. Call 623-4426 or 487-0000 Hawkins & Assoc., Inc. Equal Housing Opportunity

118 JEWELRY & CLOTHING

LADIES' 4 Season's gold bracelet from Laos. Beautiful craft. 18K \$3450. 373-4622

MAINLAND Estate Sale: Women's coats, furs & dresses. Fri. & Sat. 11/29 & 11/30 9-2 p.m. By Appointment Only 396-9843

119 COMPUTERS

COMPUTER Xerox 820 Pick-up lease \$100 monthly. Call 262-7749

WORDSTAR "Wordprocessors." \$149. Info-star Mkt. agent. \$99. Both - newest versions w/manuals. Limited Quantity. For info. 647-0261

COMPUTER Rentals Daily, weekly, monthly IBM, Zenith, Apple, Printers Hi-Tech Leasing. 521-4098

120 FURNITURE

FREE PICKUP \$ CASH \$ for good used furniture. Rattan, wicker & beds. 261-8492

WATERBED w/headboard, mattress, heater, new, \$199. 696-5788

CASH for waterbeds, any size. Dead or alive. 696-5788

BROWN Jordan Top Quality Lanai Sets. Lowest Prices on the Island. Large selection 36" & 42" rd. 4 chair sets, recd. 6 chair sets, umbrella sets, & matching lounges. All 30% below mainland list price. Mindward Interiors 46-158 Malina Pl. behind Windward Nissan 235-4554

ANTIQUE French bed frame, sofa bed, lanai set, rosewood furniture, teak office desk, chest of drawers, microwave oven, rattan living-room set, beds, wall unit, glass top dining set, china cabinet, Victorian secretary, Oriental & Chinese rugs, more! CONSIGNMENT CENTER. 521-3634

120 FURNITURE

OAK WATERBED w/oak 6-drawer pedestal. New. \$500. 696-5788

ANOTHER carton load of Quality Mainland Furniture just arrived at Model Home Interiors. Great new designs for bedroom, living room & dining room. Many styles scaled for condo living. Includes great looks in rattan & wicker. All prices FAR BELOW the local retail stores. Shop where the realtors & decorators shop. Model Home Interiors 46-158 Malina Pl. 235-4554

SOFA! Full sized, brown vinyl, great cond., \$150; bar stools - solid maple \$35 ea. or \$100 takes all. 395-8665

RATTAN — Beautiful 5 pc. living rm set \$495; rattan dining set \$275 All New. Call 734-1554

126 MISCELLANEOUS

MARY Kay Free Facials. Classes. Readers Islandwide. Call 261-2956

PINATAS — Big Bird, Batman, Superman, Spiderman, etc. Candy & toy filled. 624-6016

VACUUM cleaners, like new, \$24.95 & up with guarantee. Call 735-6452

**Before Destroying
Any Trees Call
538-7115 Ext. 3
For FREE Removal**

ARTS & crafts kits make fine gifts, encourage budding artists, or indulge your secret desires. See wide selection at FRAMES HAWAII NEI, 46-144 Kahuhipa St., Kaneohe 235-6408

ASSORTED video games for sale. Ph. 943-0071

INTERESTED in having a Tupperware party and receive free gift? For details call Debbie Webb. Phone 624-5438

SPECIAL Pre-Christmas discount 20% on fine custom framing Nov 18 to Dec. 7. Frame your gifts or redecorate for Holiday parties FRAMES HAWAII NEI, 46-144 Kahuhipa St., Kaneohe 235-6408

TICKET to Baltimore for sale, one way \$225 or best offer. World Airways. Expires Dec. 5, 1985. Call 239-5848 after 5 p.m.

TOP of the line Whirlpool washer/dryer \$375/best offer. Call 499-2656

COUCH like new \$500 best quality, beige tweed, treat yourself this holiday season. 622-4507

MEN'S 26" 10-sp. bike, Scandia Inversion "A" frame, V10 computer. Call 422-2659

BUNK bed w/chest & bookcase \$200 excl. cond. Papasan chair, \$25, couch hide-a-bed, \$100. 836-6910 after 5

TRS-80 model 4 printer 50 program tapes, catalogs. \$800. 423-2459 after 4 p.m.

CB, 40-channel \$95 waterbed, king size, \$225; refrigerator, \$150. Call Dave or Damien at 235-0599

CARPET 12x22 choc. brn., plush \$200, lawn mower, Suprbagger, \$75, 15" color TV, \$200. 623-5720

PAPER kullrinner table 33"x24" Gestetner mimeograph offer 395-1651

AMANA air conditioner 18,000 Btu, new motor and fans \$200. 254-2779

CORNET, king 6 mo. ideal for band student cost over \$300 sell for \$200/offer. 247-0702 eves/wknds

FOR Sale: scuba equipment, full outfit less tank, mask & fins \$600. Contact Kevin at 684-4131 or 924-8992

STRAWBERRY Shortcake bicycle for 4 to 6 year old, excl. cond. \$40. Call 262-8775

OAK veneer 5 1/2" table top without legs. \$150; exercise bike. \$50. 499-2366

BODY Tone 300 Versatile Exc. machine \$75. Ph. 261-3802 or 261-8706

BUNK beds, like new, \$250 or offer. Call 261-4973

WATER heater heat pump saves money gives off cool air, like new. 8 mo. old. \$275/offer. 623-7720

MEN'S 3-speed bike, \$25; boys' 16-inch BMX sidewalk bike, \$10. 422-7289

SMITH/Corona elec. typewriter \$50. Sealy queen mattress, box spring w/frame, best offer, high chair \$20. 623-0104

REFRIGERATOR 17 cu. ft. GE. \$100. Call 262-8723

CRAWL space \$25, feeding table \$20, convertible bassinet \$15. 247-3643

TYPING, Legal, Resumes, MS, etc. Fast, Reliable, Reasonable Rets. Avail. Accurate Confidential. Fast Job. 263-4666

6" STAINLESS Pan rack, restaurant or home use. Complete Oster food processor or kitchen center, like new \$100. 261-1451

XMAS arts & crafts & misc. items, Sun. 9-3, 2442P Cochran St., KMCAS

23 SPD bikes, very good cond. \$40 ea. \$70 for the pair. 395-4122 eves only

SMALL formal dining table 4 chairs. \$50, bookcase, \$50, dresser, \$60 queen size Posturepedic bed, \$150, double long bed, \$30, twin bed, \$35, older corner sectional & love seat, lamps & end tables, \$100. All good condition. Call 261-5567 from 8:30 a.m. to 10 p.m.

BAVARIA bone fine china, 8 pc. setting & accessories. Offer Call 261-4713

32 PC. crystal stoneware (new). Call 833-1518

BALLET, Tap, Jazz, Gymnastics Combo Classes 3 yrs. & up. Special Offer Xmas Gift Certificates. 622-9233 or 247-2853

SLEEPER sofa, queen size mattress, excl. cond., plaid green & cream \$150 422-5692

BED full size Sealy Perfect Rest w/base, \$75; crib/mattress, \$50, good cond. 623-6329

NEW Picnic table, \$85; porch swing, \$75. Call 293-8392

SEQUIN material, ice blue, 4 yards 36" wide \$75. 947-4027 or lv. message.

SANSUI sound system, 65 watts per channel, must sell, \$630 623-9472

TWO top line Ektelon racquetball racquets, \$70; surfboard \$70 261-4731

WASHER/dryer, \$200; carpet, 12x20, 12x11 and 12x12, \$40 ea. 247-4135

LOUVERED windows for sale \$150/best offer, stereo \$25, good for teenager. Call eves. 263-4547 ask for Victoria.

WANTED: KOTO "Japanese music instruments." Good cond. 548-6832

ENCYCLOPEDIA Britannica, \$75; trundle beds w/drawers, \$200; 24" & 28" bikes, \$25 & \$70; charcoal lighters, \$3. 262-8195

STROLLEE car seat, \$15; stroller, \$15; baby items. Call 622-2248 days

SILK flower arrangements for loving occasions & bridal bouquets. 261-7177

CANNON AE-1 3 years old, good cond. to excl. \$175 or offer. 623-1385

GIRLS' 3 speed \$55; Magnus electric chord organ \$40; worktable 4'x6'x3' \$50; black vinyl rocker \$30. 239-9094

GLASS door, rattan chairs, chain link gate, girls' French Prov. bed frame, dresser, drawer, bed w/drawers, stereo speakers, reel to reel recorder. 262-9186 or 262-5415

FOR SALE: Large playpen, excellent condition \$45. Call 239-7105

126 MISCELLANEOUS

BUTCHER Block 5 pc. bedroom set \$500; Rainbow Vacuum cleaner \$300; 4 pc. Samsonite luggage \$150, gd cond. 734-5747

SURPLUS Elec. Water Heater Sale, \$30 ea. 40, 60 & 80 gal. 836-7850

NEXXUS Hair & Body products sold at The Gentry Barber & Hair Styling, Outrigger East Hotel, 150 Kaliauini Ave. 923-3565

NORITAKE SAVANNAH service for 4. Make offer. 262-0357

CANDLE Sale: Xmas candles, everyday candles, candles when electricity fails! Bargains galore also in Hawn, garments & Aloha shirts. Aloha Candle Co.'s Factory Outlet, 46-178 Kahuhipa, (mauka of Goodwill), Kaneohe, Ph. 247-4402 Open 10 a.m. to 4 p.m. Mon.-Sat.

AMWAY Products delivered, money back guarantee. Call 487-5241

SENSUALLY Yours, Inc. elegantly presents sales parties in your home. Lingerie, lotions, novelty gifts. Shelley Rose 523-3048

ELECTROLUX Vacuum, Cost \$1000, Must sell \$350. Call 455-9374

COMMODORE SX 64, \$325, Hitachi portable 6500 A VHS deck tuner w/VCA color video camera, \$850. After 6 254-4959

CONCRETE utility sink, \$25. Call 239-9172

RAINBOW vacuum, like new, Cost \$900, Must sell \$275. Call 923-7943, 735-2055

POOL table, 1 year old 4'x8' \$550 or best offer. Call 455-1302

XMAS Sale: Famous maker shirts; local manufacturer, all 28 sizes and colors, also Xmas wreaths, baskets & Protea arrangements. Sat. 11/23, 8 a.m. to 1 p.m. 660 Mliokai Street, Kailua

85 FILTER Queen vacuum cleaner, Cost \$850, Must sell \$275. 735-3652, 922-5213

CRIB, cabinet door pulls, old hardcover books, elec. typewriter. 254-3706, 262-8510

ANN'S CLEANING SERVICE Home, Office, Condos Licensed Low Rates. 239-4154

COMPLETE Hot Tub, 4x7, First \$1500 carries it away. Or offer. 235-3331

3 AIR HAMMERS New, Never used Excellent cond. Call 261-8289

FREE Moving Cartons!! For Our Moving, Storage & Shipping Customers THE PACKING PEOPLE. 538-7111

2 ONE-WAY AA Honolulu-Chicago-Dayton, Dec. 11, \$225 ea. 624-9235

NEED at least 50 overweight people to participate in Herbal nutritional weight loss program. 100% satisfaction guaranteed. Call 261-3795 or 261-8279

NEW product in Hawaii! Wearcare skin care. Try a free facial. Direct sales opportunity 262-2473

ANTIQUE oak table and 4 chairs, \$375, camper shell with carpet kit fits S-10 S-15 longbed, \$400. Call 623-1101 eves

150 LB. weight set with bench, good condition. Call 488-7063

2 1928 DENTIST chairs, good condition. Make offer. 247-8668 or 247-6706

WORLD Airways, 1 way Newark \$250. Call Catherine 254-2071

HAND-THROWN pottery, call for appi or come Nov 23 a.m. 395-6448, 258 Poipu

127 APPLIANCES

SINGER, Automatic, does everything! Cost \$450 Sacrifice \$99 847-4279

MUST Sell - washer, good cond., \$125 or offer. 523-0256 days, 247-4297 nights

SEARS upright freezer 20cc regular \$850, sacrificing \$500, 3 mos. new 263-4136

9 CU. ft. Kenmore upright freezer, like new \$275. 947-4027 or lv. message

FOR sale Whirlpool refrig., \$100; Kenmore dryer, \$100; Kenmore dishwasher, \$50; car seat, \$20 262-4693

SEARS Frostless refrigerator, white, excl. cond. \$250, Phone 625-1866

SHARP microwave oven \$50; Sears Best double self cleaning oven \$100. 254-2045

KENMORE heavy duty washer/dryer both in excl. cond. \$225 set or \$150 ea. 235-1135

SURPLUS ELEC. water heater sale, \$30 ea. 40, 60 & 80 gal. 836-7850

GIBSON frost free energy saver refrigerator 4 years old \$230. Call 261-4713

FULL size refrigerator \$130 & up Ranges, washers, dryers from \$115 Guaranteed Call 621-9003

WASHER, G.E. Heavy Duty, mini condition, \$200. Call 488-1624

129 STEREO & TVS

RCA proj. 45" color TV, w/dig. com. ctr. MODPJR800SR, 5 yr. warranty. 533-2074

130 ANTIQUES

LALIQUE pcs. antique spode custom king spread - Antique chairs, Victorian bag cases etc By appi 524-6969

136 MISCELLANEOUS WANTED

WANTED baby food jars 5c each. Call 259-5617 for information

WANTED - aviary or large bird cage or bird house. Call 262-7968

WANTED air conditioner, sliding glass door & encyclopedia set. 488-2049 eves.

WANTED: unserviceable washer & electric ranges. Call 622-4697

144 MUSIC SALES & SERVICE

EXPERT PIANO MOVING, Crating, shipping, 833-1859 S&S Delivery 395-7825

VIOLIN with Bow & Case, Excellent condition, \$1250. Ph. 988-4335

PIANO Moving Specialist, Hawaii Piano and Organ Moving Service. 523-3786

PIANO for sale Mehlin upright, Must sell, Excellent condition \$800 254-4177

PIANO referral service buy/sell/repair. Call S&S Delivery 833-1857, 395-7295

ORGAN or piano instruction in your home, on your instrument, using your kind of music. 941-0306

ARTLEY flute, excl. cond., \$135. Phone 235-6266

PERFECT for the beginner new guitar \$70, acc. \$15, case, velvet, \$50 247-6181 eves.

D.J. SYSTEM, speakers, basic amp, equalizer, mixer, \$1500/offer. Pat 638-7126

146 BOAT SUPPLIES & SERVICE

WINDWARD Inflatables and Outboards. Lowest prices in Hawaii. 263-6030

CAL-20 good shape, call Linda at 261-7005 or 536-7256 33800/offer

SURF's Up & Ship's In! Check out the revolutionary manufacturing improvements in the Famous Shane Wave Skis. Tri-In Universal models now avail. In many sizes & colors. Call Dukes Pool Service & Supply for a free demonstration & more info. 533-4501

146 BOAT SUPPLIES & SERVICE

17' BOSTON Whaler, customized, '84, 90hp Evinrude, trailer, all for \$7500, like new. Call 235-5711

EL TORO sailboat, excl. cond. \$350. Call 235-6266

22' SEA-RAY, Cuddy cabin, 228 Mercruiser, extras, excl. cond. \$12,000/offer. 235-8996

14' SKI boat, 115 HP merc. o/b, custom trailer & cover, All accessories, Excl. cond. \$3000/offer. 261-3098, leave message

18 ft. SKI boat, V-drive + trailer, less motor. \$850/offer. 292-8272 after 5

18' BOAT trailer, good cond., \$525 best offer. 395-0828

1977 16' HOBBIE Cat & trailer, Fully equipped, like new condition, \$1100. Frank 235-6804 h.m., 257-3603 wk.

CUSTOM-MADE trailers, repairs, mod. welding, sandblasting. 671-4104

12' CATAMARAN, trailer, sails & long shaft motor, 6hp. Call 259-9149

16' HOBBIE Cat w/racing sails & 22' Sailing/motoring canoe, Great for fishing \$900 each. Call 969-9659, 261-7443

19' FIBERFORM yellow, new built-in stain steel 45 gal fuel tank w/new deck, 77 85hp Johnson motor, new controls, pole holders & drive on trailer \$8300/offer Please call 668-2819, 668-7610

147 SPORTING GOODS

RC-10 ELEC. CAR \$225 Fast attack veh. \$60 R/C Camaro Z-28 \$100. 839-0674

YOUR favorite athlete deserves this Christmas special! A complete in home Soloflex Gym system, includes VHS video brochure can be delivered free no shipping or handling charge, saves you \$5 Only \$450 retails \$650! Call 456-2513 after 6 p.m. Ask for George

151 PET SUPPLIES SALES & SERVICE

BLACK & tan Dobie, 17 months old, good w/children \$200 Call 833-8863

COCKATIELS hand fed, excl. young birds, all varieties, \$50-\$75. Call 672-4101

GENTLE intelligent 2yr spayed "tennis ball" Golden Retriever only to right family with children. \$25 261-7641

PURE white Spitz, 2 months old, female \$125 Call 247-3978 evenings only

GERMAN Shepherd females, 2 pure white, AKC, 6 mos. & 2 yrs. \$225/offer ea. 487-5363

ABYSSINIAN Kitten CFA, 2 males, 12 weeks old Beautiful house pet for good home. \$230 each Phone 263-6452

152 HARDWARE/EQUIPMENT

PROFESSIONAL Ornamental Iron Gate fence railings & window guards Guaranteed Free Estimates 841-0577 841-8461

156 AUTO PARTS/SERVICES

"BATTERY FACTORY" New and Reconditioned Auto Batteries \$19⁹⁵ + trade & up

New Motorcycle Batteries

747 Kapiolani 533-3312

IF you don't have a friend who is a mechanic, meet your new friend. Ron's Auto & Truck Mechanics Trust & quality. Very Reas. 262-2577

'78 HONDA Civic runs good for parts, new tires water pump more 734-0371 eves.

GLASS tinting special: \$60 and up. Call 536-6469

OFFROAD HAWAII Truck-Jeep-ATV accessories 46-159 Malina Pl. Kaneohe, HI 235-1153

69 BMW 2002, engine & body parts for sale. Call 262-5589

PORSCHE auto parts - new & used. Call for low prices 836-8876

BRITISH AUTO

EXPERT SERVICE AND PARTS FOR BRITISH SPORTS CARS

TRANSMISSION, CARBURETOR AND ELECTRICAL SPECIALISTS.

NO CHARGE FOR DIAGNOSIS OF PROBLEMS

ALL WORK GUARANTEED FOR 90 DAYS

MONDAY-SATURDAY 9-5

235-1818

46-024 ALAOLA STREET, KANEHOE, HI.

166 TRUCKS & PICK-UPS

'84 FULL size red & black Ford Bronco, new cond., 19,500 mi., has extras, \$11,195/best offer. Must sell. Call John after 6 p.m. 254-3680

'83 DATSUN pickup truck, std., good cond. \$2995. Call 671-1774 (8 to 4) wkdays.

'78 DATSUN PICKUP, 1800 eng. 2 trans. to be put in. \$400. 671-7929

OFFROAD HAWAII Truck-Jeep-ATV accessories 46-159 Malina Pl. Kaneohe, HI 235-1153

'80 TOYOTA pickup, std. w/piperacks, best offer. New tires, clean, low mi. 261-5241

'85 NISSAN King Cab, 4x4, p/s, p/b, 5 spd., many extras. \$11,000. 834-6689

'84 EL CAMINO low mi SS trim, like new, 1 owner, see to appreciate. \$9900/offer Call 524-1227

SACRIFICE '85 Ford F150, 4x4, 6 cyl., slick p.s. red & silver, 5100 mi. \$10,750. Ph. 625-2270 after 6 p.m. Mike

'67 CHEVY truck, \$750/offer. Call 239-9315

'84 NISSAN king-cab, 4x4, 5-sp., fully loaded, new tires. \$8700/offer. 521-9555

'70 TOYOTA pickup truck, \$1300/best offer. Good cond. Ph. 239-9229 or 941-0895

LEER aluminum camper shell for longbed Nissan p-up, new, offer. 262-2969 eves.

'83 DODGE Pickup 4x

NISSAN OF WAHIAWA

CHRISTMAS BONUS DAYS!

BUY ANY NEW 1985 or 1986 NISSAN
AND CHOOSE ONE OF THE
FOLLOWING:

- 1) SONY VCR HI-FI
- 2) 7.9% ANNUAL PERCENTAGE RATE*
- OR
- 3) REBATES:

\$400	\$500	\$600	\$700
•SENTRAS & PULSARS	•2x2 TRUCKS	•STANZA & 200SX	•4x4 TRUCKS MAXIMAS & 300ZX



LIMITED
TIME ONLY

*7.9% 48 mos. max. term

621-0761

Across from Schofield Barracks

FREE WITH COMPLETE PAINT JOB

CAR STEREO & WALKMANS*
FURNISHED BY
AUTO STEREO CONNECTION
(*not exactly as shown)

WITH ACRYLIC
ENAMEL
Model #J703
CRAIG
w/Auto Reverse

WITH ANY RUSTPROOFING
& UNDER
COATING
WALKMAN Model #J701A

WITH ENAMEL
PAINT
Model #J701A
CRAIG

WITH ACRYLIC PLUS
AUDIO VOX
AM/FM
CASSETTE
w/Auto Reverse
Model #AVX3050

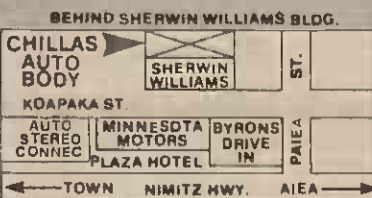
•Warranties Available
•Bodywork Extra

ALL PAINTS USED ARE SHERWIN WILLIAMS
*BODY REPAIR
*RUSTPROOFING
*PAINTING
*BODY MOULDING
*INSURANCE WORK

*LOANER CARS
*UNDERCOATING
*FRAME STRAIGHTENING
*GLASS REPLACEMENT
*FREE ESTIMATES

Chilla's Auto Body & Paint

3209 Koapaka St. #2
Honolulu, HI 96819
Ph. 839-6055



CUTTER FORD

MILITARY FINANCING AVAILABLE

'72 CHEVELLE (Parts only)	\$195	'78 ZEPHYR #6565	\$995
'77 ASPEN #7065	\$295	'79 MONARCH #6776	\$995
'73 PINTO WAGON #7035	\$295	'74 MARK IV #6904	\$1395
'73 LTD #7048	\$395	'79 SUNBIRD #7086	\$1495
'73 MONTEGO #7078	\$595	'78 MUSTANG #6880	\$1595
'73 CHEVY WAGON #6986	\$595	'80 CHEVETTE #7085	\$1695
'74 CHEVY VAN #6971	\$695	'76 RANCHERO #6535	\$1995
'78 FAIRMONT #6747	\$995	'77 E100 VAN #7079	\$2295

98-015 Kam Hwy., Aiea ★ Ph. 487-3811 NOV. 21, 22 & 23

DATSUN

'73 DATSUN 240Z, good condition, good tires, \$2700. Call 239-6879

'77 DATSUN B210, Liftback, 5 spd., excl. cond., \$925/offer. Call 293-1454

'72 DATSUN 1200, 2 dr. sedans, 4 spd., good cond., \$800/best offer. 622-1586

'72 DATSUN station wagon, runs well, asking \$400 or offer. 239-9361 after 5:30

'68 DATSUN wagon, good work car. \$550/offer. 239-9315

'76 DATSUN 2802 2+2, auto., air, alarm \$3998/offer. Bont 422-8017 (p.m.)

'78 280Z 5 spd., air, excl. cond., loaded! \$6300/make offer. 735-1674

'76 F10 SURFMOBILE! Wagon, roomy, some rust. Unique features. \$400/offer. 254-1814

DODGE

'78 ASPEN p/s, p/b, station wagon, reliable 6 cyl. Asking \$2200. 732-6053

'69 DODGE Dart, excl. cond., 2 dr. hardtop, auto., \$1100/offer. 486-0440 eves.

'78 DODGE Monaco 29,000 orig. mi., excl. cond., \$3000/offer. 239-9315

'78 ASPEN, 6 cyl., 4 dr., new battery, brakes, tires, good cond., \$1200. 259-9149

FIAT

'80 SPIDER 2000 Conv't., excl. cond., 36k mi. \$3950 Sacrifice! 536-6621 & 536-8908

'79 FIAT Spider, immac. cond., low mi. Must sell \$5000 or best offer. Call 235-8207 or 257-2423. Randy

'78 SPIDER Conv't., Red hot, runs great, looks fine, new paint. \$3400/offer. Call Lance 623-1891

'71 SPIDER Conv't., cute, new clutch, top & paint. Recent head job. \$1500. 262-9092

FORD

'68 MUSTANG V6, 289, auto., excl. cond., runs great. Must sell - moving soon. \$2500/offer. 488-8112

'78 T-BIRD, V6, 302, air, p/s, p/b, new tires, leather interior, extras, immaculate cond., runs great. \$3500/offer. 488-8112

'73 MUSTANG Mach-1, auto., good cond., \$1200/offer. Call 262-0737

'79 GRANADA Landau, 2 dr., AM/FM cass. stereo, low mi., very nice cond., blue w/whl. top \$1850/offer. Call 239-9501

'81 THUNDERBIRD auto., air, new tires, radiator. \$3000/offer. Call eves. 623-3136 or days 488-1223

FORD

'72 FORD station wagon, excl. cond. Sacrifice! Call George 521-3044

'75 FORD Torino wagon, good cond., \$700 or best offer. Call 456-9435 eves

'66 MUSTANG as is great restoration opportunity \$600/offer Ian 254-1088

'66 MUSTANG, 3 spd., 289, all original, runs good \$2250. Ph. 623-0933

'76 FORD LTD 2 dr., a/c, auto., radials, p/s, p/b, AM/FM, \$600. 261-2720

'69 MUSTANG, auto., excl. cond., \$1100 or offer. '76 Torino Cheap. 821-5526

HONDA

'78 HONDA Civic 1200, rebuilt eng., new radiator, gd. cond., \$950/best offer. 622-1586

'85 CRX Si red, stereo, sunroof, undercoated 3600 mi. Better than new \$8,400. 239-7977

'85 CRX, 5 spd., 1.5, white, tinted AM/FM cass. stereo, 6 speakers, equalizer, alarm, extras, no air, spotless. 537-9786 days 395-0691 eves

'78 HONDA Accord, excl. mechanical cond., in good shape \$2300. Call 261-8707 eves. or 526-0444 days

'74 CIVIC Hatchback, excl. cond., care-fully maintained, \$1095. Peter 988-5037

MAZDA

'84 RX7, GSL, 5-spd., tinted, air, 4-spkr., stereo, silver. Stan 839-7989 or 433-5069

'80 RX7, 5 spd., air, AM/FM cassette, 58,000 miles. 623-1802

'84 RX7 GSI, auto., loaded AM/FM a/c, \$11,000/offer. Ext. warranty. Call 395-8218

MERCEDES

'70 MERCEDES 220, great cond., standard, with extras. \$4500/offer. 735-1885

'73 220D DEPENDABLE Good paint, Rst. Perf. Excl. In & out \$4200. 838-8257/638-7895

'79 450 SL, gorgeous red, custom stereo, 67,000 mi., mint cond. \$28,000. Call 545-1180 or 735-3913.

MERCEDES, 230, 56,000 original miles 1967, 4 door, air, AM/FM a very clean classic, silver. \$5000. Ph 734-8972

MERCUY

'76 MONARCH, air conditioned, p/s, p/b, \$495/best offer. Call 623-4912

'80 CAPRI, new paint, auto., AM/FM, V6, good cond. Must sell \$3200/offer 732-5626

'78 CAPRI, red, \$2500. Call 261-8708

NOT HIGH PRICES! NOT EVEN REGULAR PRICES!



SPECIAL VOLUME-DISCOUNTED PRICES

1986 PONTIAC
FIERO (#21815)

\$8695

1986 PONTIAC
GRAND AM (#518324)

\$8195

1986 PONTIAC
GRAND PRIX (#221056)

\$9995

1986 ISUZU
PICKUP (#708045)

\$5495

1985 ISUZU
I-MARK (#108940)

\$7195

1985 PONTIAC
SUNBIRD (#558926)

\$7995

PLUS 86 SPECIALLY-PRICED USED CARS

All vehicles subject to prior sale;
all prices plus tax, license and documentary fee,
and valid thru 11/30/85.



MIKE SALTA
PONTIAC-ISUZU
2945 N. NIMITZ HIGHWAY
Ph. 836-2441

VOLUME
DEALER

MERCURY

'80 CAPRI, excellent condition, auto., V-6, AM/FM cassette, a/c. \$2500. 235-8408

'79 MONARCH, Cheap! 4-dr., runs good. \$750. Firm. 737-3706

MG

'73 MGB low mileage, good cond., new top. \$1400. 262-9357

'77 MG, excl. cond., 2 tops, stereo. \$2800. Ph. 261-5407

'66 MGB runs well, needs work. \$800. 395-2810

'67 MGB, classic, good condition, brown. \$1100/offer. 735-6924

'75 MG Midget Special, excl. cond., custom in/out. \$2500/offer. Charles 946-0937

'80 MGB 26,000 mi., new top, new paint, rebuilt eng. AM/FM cass \$5795/offer. 926-2637

'69 MGB new red paint, good cond., new top. 523-4270 or 263-6121 \$1595

NISSAN

'84 NISSAN Pulsar NX, 5 spd., air, sun roof, AM/FM cassette, p/s, p/b, very nice, best offer. Steve 833-4585 or 947-4491

'83 NISSAN Maxima, Fully loaded!! Sunroof, low miles, silver. AM/FM \$9500/offer. 926-5937 or 955-5132

'84 SENTRA, 5 spd., AM/FM stereo, rust-proofed, sell for pay-off. Phone 254-5294

OLDSMOBILE

'78 OLDS, good cond. \$1500; '80 Pontiac \$2200. Sporty. Owner elderly. 262-8379

'82 L4 OMEGA, air, excl. cond., 4 dr., p/s, p/b, low mileage, 422-8748

PLYMOUTH

'76 PLYMOUTH Valiant, auto., a/c, 4 dr. sch. V-8 eng low mi. \$600/offer. 734-6954

'70 PLYMOUTH race car, 383 V8, 4 spd., 456, harness, roll bar. 668-2822/487-2129

PONTIAC

'80 PONTIAC Le Mans, very good condition 2 door, a/c. Call 538-1097

'84 FIERO White Cpe., air, AM/FM radio, 13,800 mi. Like new. \$8975. Call 924-8228

'83 FIREBIRD, 6 cyl., auto., air, low mileage, excellent condition, \$2600 & take over payments or \$6600. 737-1424

'75 PONTIAC Ventura 2 dr., asking \$1795. New transmission, recent paint job. 395-4909 eves. or 536-5839

RENAULT

'83 ALLIANCE, good condition, air. \$3600 or make offer. 528-4241

SUBARU

'85 SUBARU Wagon, Loaded. Must sell. Sell for balance of payments. 624-4763

'77 SUBARU, 2 dr. coupe, 4 spd., sunroof, stereo, good cond. \$795. Ph. 621-1496

'82 STA. won., tilt steering, tinted windows. 5 spd. Call 696-6447, 474-1291 after 5

TOYOTA

'84 CAMRY LE 4 dr., 4 spd., auto., air, stereo, limited p/w, very clean. \$9300/offer. 247-3283

'74 CORDILLA Wagon, runs good, \$500. Less than rentals! 623-6117

TOYOTA

'71 CELICA 4 spd dual 40 Webers, AM/FM cass 50W Eqizr. Good cond. \$1800/offer 645-5697

'72 CORONA Mark II Wgn. 4 spd. Looks & Runs Great! \$450/offer. 734-0773

'77 COROLLA 4 dr., 4 spd., new brakes excl. running cond. \$700/offer. Ph. 262-9887

'84 CELICA GT coupe gold, loaded, excl. cond. \$8200/best offer. 544-8625 days 923-3491 eves

'74 TOYOTA Celica, looks & runs excl. \$1275 or best offer. 924-7277

'83 LE CAMRY wht/beige, clean, loaded. \$8100/offer 247-0220

'81 TOYOTA Corolla, 4 dr., auto., air, AM/FM stereo, from the Mainland. \$3995. 521-4250 or 521-7837

TRIUMPH

'79 SPITFIRE, Red! Stereo, excl. cond., new tires. \$3500/make offer. 735-1674

'78 VW Dasher, needs engine work. best offer. 239-9250 h., 531-5188 w., Julie

'67 BUG, cherry, just overhauled, new upholstery, blue. \$1500. 696-2297

'81 SCIROCCO, auto., a/c, AM/FM cass., Silver! \$4250/offer. 395-8218

'87 GHIA California car! All original excl. cond., new paint. \$4500/offer. a.m 847-0119, p.m 847-7627

'71 VW Bug, runs great, excl. tires, 4 spd., good radio, \$1200. Call 262-8320 or 536-4995 Now!!

'89 KARMANN Ghia conv't., AM/FM cass., \$3000 or offer days 474-8189/eves. 734-8482

'73 VW Van, original owner, new engine, sunroof \$2800. Firm. 261-9533

Order from OREGON
any
NEW CAR or PICKUP
—contact—

ROBERTS and REDFIELD

Portland

Write for price lists
and full information

ANY MAKE — ANY MODEL
DELIVERED ANYWHERE

Including HAWAII

ROBERTS and REDFIELD

1313 W Burnside
P.O. Box 10507

Portland, OR 97210
(503) 295-5556

VOLKSWAGEN

'80 DASHER 28,000 mi., 4 dr. Hatchback, air, AM/FM cassette \$3300. Ph. 395-2810

'66 VW Fastback, not running, intact, no body damage, fine for restoration or parts \$300/offer. 262-2279 after 6 p.m.

'73 VW VAN rebuilt trans. 4-spd., excl. mechanical cond. AM/FM cass., some rust. \$1500/offer. 259-8916. days 546-8333

'70 VW Squareback, radial tires, new brakes, needs eng. work. 422-9748

'75 RABBIT 4 dr., perfect running condition, body too. \$1500 or offer. 621-0584

'68 VW Squareback for sale, whole or for parts. Call Abe 261-8233

'85 VW Jetta, 8500 mi., gray, air, sun roof. 5 spd., \$7500. Call 247-1864

'72 VW Bug, light blue, brand-new engine & brakes. Call 261-8707 eves. or 528-0444 days