

# HAWAII MARINE

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VOL. 9 NO. 29

KANEOHE BAY, HAWAII, JULY 23, 1980

TWENTY-FOUR PAGES

## Pass in Review

### Big Brother/Big Sister Day

With hopes of finding more military members and dependents who care, the 1st Marine Brigade and Marine Corps Air Station, Kaneohe Bay will host the Second Annual Big Brother/Big Sister Day at 1 p.m. July 28 in the Windward Enlisted Club.

Little brothers and sisters will receive a tour of the command, plus the opportunity to see and hear Jean King, Lieutenant Governor of Hawaii, and Linda Goble, KGMB TV-9 anchorwoman and active big sister in the club.

Membership and awards ceremony will be held as well as an ongoing search for prospective big brothers and sisters to join and come to the aid of needy children on Oahu.

There are currently 15 active big brothers and sisters from the 1st Marine Brigade and MCAS Kaneohe Bay.

### Advanced Degree Program

Seven Marine officers have been selected to participate in the Fiscal Year-80 Advanced Degree Program.

The program provides opportunities for graduate study at civilian schools to qualified officers. Selectees receive full pay and allowances during their participation in the program but must pay their own education costs.

Upon completion of the advanced degree, officers are normally assigned a tour of duty that will fully utilize their acquired degree.

As was announced in ALMAR 103/80 the following Marines were selected:

Maj R.C. McDonough, Georgia Institute of Technology;  
Maj J.R. Voneida, Wharton School;  
Capt R.E. Burton, University of Maryland;  
Capt W.L. Dryer, University of Arkansas;  
Capt E.A. O'Donnell, Louisiana State University;  
1stLt R.S. Moore, Duke University;  
1stLt R.D. Morgan, Purdue University;  
Maj J.J. Munn and 1stLt K.J. McGrath were selected as alternates.

For more information on the Advanced Degree Program, consult Marine Corps Order 1560.19B or contact the Joint Education Center aboard MCAS Kaneohe Bay at 257-2061.

### SNCO selection boards

The convention dates for the 1981 staff noncommissioned officer selection boards have been announced by officials from Headquarters Marine Corps.

The staff sergeant selection board will meet from January 20 to March 20.

The gunnery sergeant board runs from October 6 to December 4.

The staff sergeant through sergeant major USMCR board will commence April 21 and last approximately six weeks.

### "Space available" seats

Once again summer is here, and along with it, a perennial shortage of "space available" seats on Military Airlift Command flights.

The "Space A" crunch has hit earlier than expected this year in Europe and east coast terminals, MAC officials report. It is expected the same will occur at Pacific airports in the near future.

MAC officials stress they are not trying to discourage service members from attempting "Space A" travel, but travelers are being advised to expect long delays, crowded airport conditions and increased personal expense.

### Naval Academy applications

Applications are now being accepted for the Naval Academy Preparatory School and the U.S. Naval Academy. Enlisted Marines can apply for either NAPS or the Naval Academy, but must be 22 years old or younger as of July 1 of the calendar year in which they would enter the Naval Academy.

The Naval Academy Preparatory School is a nine-month school concentrating on English, mathematics and science courses in preparation for an appointment to the Naval Academy. Although attendance at NAPS is not mandatory, most enlisted Marines appointed to the Naval Academy have been graduates of NAPS. Marines can also apply directly to the Naval Academy for nomination. Upon graduation from the academy, Marines will receive a commission as an ensign or second lieutenant.

More information on NAPS and the Naval Academy is presented in Marine Corps Order 1531.11D or can be obtained by writing: Director, Candidate Guidance, U.S. Naval Academy, Annapolis, Md. 21402.

### CHAMPUS health care

As part of an experimental program, CHAMPUS beneficiaries may obtain health care directly from specialized nurses, "nurse practitioners," through Sept. 30 without referral or supervision of a physician.

The temporary exemption from CHAMPUS regulations is part of a study directed by Congress to determine the cost-effectiveness of direct reimbursement to nurse practitioners and the quality of this type of care being provided without doctor referral or supervision.

CHAMPUS officials point out that they will not cost-share a service provided by a nurse practitioner unless that service is an authorized CHAMPUS benefit. For example, under current regulations, well-baby care is not a CHAMPUS benefit, whether provided by a physician or a pediatric nurse.

Claims for services provided by nurse practitioners may be filed directly with the appropriate CHAMPUS fiscal intermediary, by nurse practitioners or CHAMPUS beneficiaries. During the test period no proof of referral or supervision by a physician is required.

Certified nurse midwives are not included in the study since they are already CHAMPUS-authorized independent providers.

## FMFPac receives new deputy CG

CAMP H.M. SMITH — BrigGen Thomas Morgan assumed duties last week as Deputy Commanding General, Fleet Marine Force, Pacific.

Morgan, born Jan. 6, 1930 in Allentown, Pa., graduated with a bachelor's degree in history and political science from Colgate University in 1952. He was commissioned a second lieutenant June 6, 1952, and following completion of The Basic School in Quantico, Va., he was ordered to flight training at Naval Air Station, Pensacola, Fla.

FOLLOWING FLIGHT training in August 1954, he reported to El Toro, Calif. where he served as assistant maintenance officer with Marine Night Fighter Squadron-542, Marine Aircraft Group-15, 3d Marine Aircraft Wing.

In July 1955 he reported for duty with the 1st MAW in the western Pacific and served as the personnel officer for Marine Night Fighter Squadron-513, MAG 11, and subsequently as aide-de-camp to the commanding general, 1st MAW.

He was promoted to capt. in August 1955, and reported to Hawaii the following year to serve as the aide to the deputy commander, FMFPac until July 1957. He was then assigned as assistant operations officer of

Marine Attack Squadron-214, MAG-13, at MCAS Kaneohe Bay.

MORGAN SERVED as a flight instructor in the Navy's Jet Transitional Training Unit at NAS Olathe, Kan. in January 1959 until it was deactivated in October the same year. Morgan then reported to MAG-32 at MCAS Beaufort, S.C. where he served as personnel officer and aircraft maintenance officer for Marine Fighter Squadron-333 until he was ordered to the western Pacific in November 1961.

He completed his tour as executive officer, Headquarters and Maintenance Squadron-11, MAG-11, NAS Atsugi, Japan in January 1962. Returning to the United States, he reported to MCAS Yuma, Ariz. as the fleet liaison officer, responsible for coordinating aviation weapons training.

IN JULY 1963 he was promoted to major and reassigned to Quantico, Va. where he attended the Command and Staff College.

Morgan completed the school in June 1966 and was ordered to report to MAG-32, 2nd MAW, MCAS Beaufort, S.C. the following month. There he served as group operations and later commanding officer, VMFA-312. He was promoted to lieutenant colonel the next year.

In August 1968 he reported to MAG-13 in Chu Lai, Republic of Vietnam and served as the group operations officer, and later as officer in charge of the Da Nang Direct Air Support Center there.

RETURNING TO the United States in September 1969, he was assigned as executive officer of MCAS Quantico, Va. and later as the G-3, operations officer, Marine Corps Base, Quantico, Va.

From July 1971 to July 1973, Morgan served as the executive officer of the Naval Reserve Officer Training Corps unit at the University of Virginia. During this period he earned a master's degree in Counselor Education.

PROMOTED TO COLONEL in July 1973, he was ordered to the U.S. European Command Headquarters in Stuttgart, Germany, where he served as the Chief of War Plans Branch, J-5. He returned to Washington to serve as the Deputy Chief of Staff for Requirements and Programs, Headquarters, U.S. Marine Corps.

He was promoted to his present rank in March 1977, and assumed duty as Assistant Division Commander, 3d Marine Division on Okinawa, Japan from April 1977 to April 1978. The general returned to Washington from Okinawa to serve as the special assistant to the Chief of Staff,

Headquarters U.S. Marine Corps. Morgan has served as the Assistant Chief of Staff C-5 of the Combined Forces Command, Seoul, Korea, since June 17, 1978.

THE GENERAL'S personal awards and decorations include the Legion of Merit, Bronze Star Medal, Meritorious Service Medal, Air Medal and the Navy Commendation Medal.



BrigGen Thomas Morgan

## Draft registration Selective Service System registers young American males

As directed by the Military Selective Service Act and the proclamation signed by President Carter July 2, all male citizens born during 1960-61 are required to register for the draft. This includes male military dependents born during that period.

AN ESTIMATED 14,600 men in Hawaii born during 1960-61 will be registering at post offices throughout the state over the 11 day period July 21 through July 31. The small counter-type stations operated in stores through private contract with the Postal Service will not register anyone.

Under the plan recently approved by Congress, the Selective Service System will register approximately four-million American males in the initial sign-up period. Starting in January 1981, males reaching the age of 18 will be required to register during a 60 day period beginning 30 days prior to their birthdate. This means that two million men will be registering annually.

POST OFFICES around Oahu are preparing for the large turnouts expected. Registration dates are broken down in the following manner:

Year and month of birth	1960 Jan Feb Mar	1960 Apr May Jun	1960 Jul Aug Sep	1960 Oct Nov Dec	1961 Jan Feb Mar	1961 Apr May Jun	1961 Jul Aug Sep	1961 Oct Nov Dec
Date of Registration	July 21	July 22	July 23	July 24	July 28	July 29	July 30	July 31

Post offices around Oahu are open from 8 a.m. to 4:30 p.m. weekdays and some of the larger facilities are open on Saturday from 9 a.m. to noon.

The following individuals are not required to register:  
—Persons on active duty in the armed forces at the time their age group is to register are exempt from registration for as long as they remain on active duty.

—Members of reserve components on full-time active duty are not required to register.

—Midshipmen at the U.S. Naval Academy.  
—Midshipmen, U.S. Naval Reserve at the U.S. Merchant Marine Academy.

—Students enrolled in an officer procurement program at The Citadel or Virginia Military Institute.

PERSONS WITHIN the specified age groups leaving active duty are required to register within 30 days of separation.

## President proclaims POW/MIA day

MCAS Kaneohe Bay and the 1st Marine Brigade will conduct a combined observance of POW/MIA Recognition Day Friday at 8 a.m.

THE CEREMONY will take place in front of brigade/station headquarters and will include remarks by the commanding general, 1st Marine Brigade and the commanding officer, MCAS Kaneohe Bay, CWO-4 Bill Thomas, an ex-POW, will attend the observance and music will be provided by the Fleet Marine Force Pacific Band.

A recent message from the Secretary of the Navy offers the following information on the proclamation signed July 2 by President Carter establishing July 18 as National POW/MIA Recognition Day.

The proclamation reads as follows:

"IN EACH OF AMERICA'S wars our prisoners of war have

been called upon to make uncommon sacrifices. Upon them has fallen the arduous responsibility of defending American ideals under the absolute control of the enemy. Extremely difficult at best, this responsibility becomes magnified beyond comprehension when men and women are treated inhumanely, in violation of ordinary human compassion, fundamental moral standards and basic international obligations. The Congress has by joint resolution designated July 18, 1980 as 'National POW/MIA Recognition Day.'

"ALL AMERICANS should recognize the special debt we owe our fellow citizens who, as prisoners during wartime, sacrificed their freedom that we might enjoy the blessings of peace and liberty. Likewise, we must remember the unresolved questions of our soldiers and sailors who, in the pursuit

bitterness of war endures for their families, relatives and friends.

"Our nation will continue to seek answers to the many questions that remain about their fate."

NOW, THEREFORE, I, Jimmy Carter, President of the United States of America, do hereby designate Friday, July 18 as National POW/MIA Recognition Day, a day dedicated to all former American prisoners of war, to those still missing and their families. I call on all Americans, to join in honoring those who made the uncommon sacrifice of being held captive in war, and their loved ones and I call on state and local officials and private organizations to observe this day with appropriate ceremonies and activities. In witness thereof, I have hereunto set my hand this second day of July in the year of Our Lord nineteen hundred and eighty and of the independence of the United States of America the

two hundred and fourth. Signed, Jimmy Carter."

ACCORDING TO statistics released in a recent message from Headquarters, U.S. Marine Corps, 142,227 American servicemen have been captured and interred as prisoners of war since World War I. Of these, 2,274 were Marines and 3,848 were sailors. A total of 17,034 Americans have died while imprisoned. Of this number, 518 were Marines and 901 were Navy personnel. There is only one American currently classified as a POW.

While not included in POW statistics, 92,758 servicemen have been lost in combat and never recovered since the World War I. At present a program to elicit information on MIAs is being conducted at various refugee centers in places including the Philippines, Indonesia, Malaysia, Singapore, Thailand, Hong Kong and Macao.





**AND I DO SOLEMNLY SWEAR**—Ensign Charles Updegrave receives the oath of office from Capt Edward Wilt, commanding officer, Company K, 3d Battalion, 3d Marines during commissioning ceremonies held July 10 at the Naval Regional Medical Clinic, Kaneohe Branch. Updegrave, a former Navy Hospital Corpsman First Class, gained his commission through the Medical Service Corps Examination Program. He was the only sailor serving

with the 1st Marine Brigade accepted for the highly competitive program and one of only 17 sailors selected Navy-wide. He is scheduled to report to Naval Education and Training Center, Newport, R.I. to attend Officer Indoctrination School. At the completion of his commissioning ceremony, the new ensign happily handed out thirty-two new silver dollars to the enlisted personnel present who rendered the first salute to him in unison.

Photo by Sgt. Chris Taylor

## At a glance

### Goods & Transport

New hours went into effect Monday, July 21, for the Passenger/Household Goods Transportation Branch, Supply Department. Their hours now are between 7:30 a.m. and 4:30 p.m. Mondays through Fridays.

### Family Services

MCAS Kaneohe Bay will sponsor an old fashioned "Family Day" August 30 at Coleman Field, from 8 a.m. till 5 p.m. The date will change to the 31st in case of rain.

A day of fun for military families and their guests aboard the air station is forecast. Continuous games, booths, entertainment and picnic areas will be provided.

More sponsors are needed to operate booths and the station is also looking for entertainers such as on base bands, magicians and puppeteers to get in on the fun.

Persons wishing to donate cakes, food, sodas, or for more information, contact GySgt Terry Stewart or SSgt Vance Dunlap at 257-2103.

### Inventory

The Retail Clothing Store will be closed for monthly inventory between July 24-29. The store will reopen for normal business at 8 a.m., July 30.

### Dependent's Brief

Family Services is offering a Dependent's Information Program August 4-15 from 9 to

11:30 a.m. daily. The class will be held in classroom 2 of building 455 aboard MCAS Kaneohe Bay. Free transportation and child care are offered. The program is designed to inform

dependents of their rights, places to go for assistance and services available to them. The varied program includes presentations from Station Housing, Provost Marshal's Office, Special Services,

commissary exchange, Navy Relief Society, Red Cross, disbursing, medical department and others. For further information and registration, call Family Services at 257-3606/3601.

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# PUBLIC AUCTION

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**➔ ACTION AUCTION ➔**

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PLUS MANY MORE ITEMS TOO NUMEROUS TO LIST

**➔ ACTION AUCTION ➔**

**Public Inspection: Wednesday, Thursday & Friday — July 23rd, 24th & 25th  
10 a.m. - 6 p.m. or by appointment  
For more information phone 254-3198 or 254-1588**

# EDITORIAL / OPINION

## Street Scoop

Do you plan to exercise your right to vote in the 1980 presidential election?



LCpl Roger Kuehn, Weapons Company, 3d Battalion, 3d Marine: "Yeah. If we want anything changed in the military then we have to stand up and vote. Otherwise nothing will change."



1stLt Jan Closson, Marine Air Control Squadron-2: "Yes, I will. It's my opinion that this will be the most crucial election for the military."



LCpl William Duque, Brigade Service Support Group, 1st Marine Brigade: "Yes, I'll vote to help select the best man for the job, someone who will do something."



Juanita Moore, civilian: "Yes I am! It's my right to vote and I'm going to vote."



Capt. Gary Taylor, Marine: "I'm going to vote I want a change and I think there will be a change."

## Wealthy doesn't mean happy

At no time in the history of the Nation have Americans had it so good, but at the same time, never has there been such personal discontent. It is a paradox that material wealth does not bring happiness. Sweden and Australia, for example, are two nations with high standards of living, yet they are also the nations with the highest suicide rates—followed closely by the United States.

Alexander Solzhenitsyn, the Russian political dissident and internationally respected writer, has said, "After the sufferings of decades of violence and oppression, the human soul longs for things higher, warmer and purer than those offered by today's mass living habits, introduced by the revolting invasion of publicity, by TV stupor and intolerable music."

This was among the opinions expressed by Solzhenitsyn in his recent address at Harvard University. Yet critics point out that, not being used to freedom and isolated in Vermont, he has no right to speak out, or is wrong, or both.

He is backed up, however, by a well-known military leader.

Adm. H.G. Rickover said recently, "The question of what we can do to give purpose or meaning to our lives has been debated for thousands of years by philosophers and common men. Yet today we seem, if anything, further from the answer than before. Despite our great material wealth and high standard of living people are groping for something that money cannot buy. As Walter Lippman said: 'Our life, though it is full of

things, is empty of the kind of purpose and effort that gives to life its flavor and meaning.'"

This situation is reflected in the fact that Americans have been asked to cut back on their use of gasoline in order to conserve the dwindling supplies of fossil fuels, yet gasoline consumption continues to increase. And a general consensus holds that the average American is paid more today for doing less.

Rickover points out, "The unwillingness to act and accept responsibility is a symptom of America's growing self-satisfaction with the status quo. The result is a paralysis of the spirit, entirely uncharacteristic of Americans during the previous stages of our history." Scholars have pointed out that more

empires in the history of the world have toppled because of inner rot than from external threats. Solzhenitsyn underscores his fear of this being the case with western democracies by pointing out that the Soviet Union has no intention of going to war at the present time because it has gained everything that it wanted during the last 30 years through mostly peaceful means.

America was built and preserved by sacrifice. Yet, the human spirit that faces to meet the challenge of sacrifice is often debased during periods of affluence. It is the latter condition that thinkers and leaders such as Alexander Solzhenitsyn and Rickover fear, urging a return to the individual and national responsibility that characterized this Nation during its founding.

## What is the meaning of love?

by Father John Newton

One of the strongest drives implanted in man by God is love. It is also one of the most misunderstood, abused and confused passions of man. How often has lust paraded in the sheepskin of love?

Because the word "love" has been used so much, its meaning has been greatly abused. "I love baseball. I love dancing. I love her ring. I love you." And, of course, the most debasing use of the word takes place when a fellow influences his date to

commit a sin of impurity with the selfish, devilish trap: "If you love me you'll do this for me."

Love, a beautiful, exquisite force, is used brutally, like a doctor's scalpel to open a can of beer. Can one find a better description of love than the words: "Greater love than this no man has, that a man give up his life for his friend?"

Note the disinterestedness of true love. Love is not a conquest, not a surrender. True love, whether on the physical, intellectual or spiritual level, demands a forgetfulness of self, a wishing for the good

of the beloved, a protection from harm. In love, the chord of self is struck to make music for others.

All of us have at least two basic love hungers. As human beings we have the need to be loved. As creatures made in the image and likeness of God, we have a need to give love. When we were children we were possessed with a terrible urge to be loved, to be wanted. How hurt we were when our parents would neglect us, would show no signs of affection or our playmates would not accept us.

As we mature we are supposed to be

characterized by the mark of being able to love, of being willing to pay the price of love which is self-surrender. Too many adults still focus their attention on the first need of being loved and neglect the art of giving love.

If only we could master the art of loving, in the true and beautiful meaning of that word, if we could give and not count the cost, what peace, what joy, what serenity of life we could possess.

Such a selfless love, alone, can truly satisfy the "love hunger" in man.

## My Turn

### Child Labor

Regarding Sgt Williams' letter "Child Labor" on page A-6 of the July 9 issue of the *Hawaii Marine*, I wholeheartedly concur. Newspaper carriers should be paid for home delivery of all newspapers.

The situation exists in other military housing areas on the island. Like it or not, the carrier has been duped; he/she does not "rate" pay.

I personally find the monthly collection to be close to begging. Viable alternatives include charging for the paper and paying the carriers accordingly or having the printer pay the carriers from advertising revenue.

And yes, I pay my carrier every month. What now, editor?

Major Donald Koppenhaver  
Camp H.M. Smith

### Child Labor

In regards to Sgt P. Williams' letter in the July 9, 1980 issue of the *Hawaii Marine* regarding the paper carriers. Sgt Williams said it was a shame that these young people delivered the *Hawaii Marine* to houses and then the residents refused the voluntary payment for delivery.

Well—since "home delivery" was started, we have received the *Hawaii Marine* all of one time! Obviously, we now pick up a paper at the PX or the 7-Day Store. True, no one has ever tried to collect from us for the non-delivered papers but perhaps if the papers were delivered on a regular basis some (I can't speak for everyone on the street, obviously) but I'm certain some of us would be led to pay the voluntary payment.

Resident, MCAS Kaneohe Bay  
Name withheld by request

### Patriotism Embarrassing?

It's become popular in some circles to put down anything that appears to be patriotic in nature. It has actually gotten to the point where people offer apologies before they do speak of what their country means to them.

Stop and think of how absurd this is. Have we reached the point where we are afraid to speak out on the way we feel about this country? What is wrong with being proud of what you are?

People take a lot of stock in trying to find out who they are or where their roots lie. Isn't this country, for the most part, what our roots are all about? Even with all our past errors and mistakes we do have a lot more going for us than any other country. So what in heavens name are we embarrassed about?

When I think of people who do feel this

way I feel pity for them and I like to remind myself of the words written by Marine MSGT Percy Webb back in 1933 as part of his poem entitled "I Am Old Glory." It says in part:

"So long as men love liberty more than life itself; so long as they treasure the priceless privileges bought with the blood of our forefathers; so long as the principles of truth, justice and charity for all remain deeply rooted in our human hearts, I shall continue to be the enduring banner of the United States of America."

Sure we've had our share of errors. But truth, justice and charity are tangible principles we all seek. They are definitely not ideas to be self-conscious about.

Name withheld by request



comes first."

# MABS-24 changes commander

Change of command ceremonies for Marine Air Base Squadron-24 were held July 10. LtCol Thomas Metzger released the reins of his command to LtCol Gerald Boston. Metzger will report to the Defense Personnel Support Center in Philadelphia.

Boston, a native of Knoxville, Tenn., began his career in 1959 when he was commissioned a second lieutenant following graduation from the University of Tennessee.

After completing The Basic School, he was assigned to Company D, 1st Battalion, 7th

Marine Regiment at Camp Pendleton, Calif. That unit was involved in the Unit Transplacement Program, moved to Okinawa in 1961 and assumed the designation of 1st Battalion, 3d Marines.

Following his overseas tour, Boston served as a series commander, company commander and aide to the commanding general at Marine Corps Recruit Depot, Parris Island.

He was later ordered to Camp Smedley D. Butler, Okinawa as officer-in-charge of schools detachment in the Northern Training Area of the island.

After a tour with the 9th Marines in Vietnam, Boston headed for his next assignment at Marine Barracks, Rota, Spain.

He returned to the United States in 1971 and attended the Marine Corps Command and Staff College. He made a return trip to Vietnam in 1972 as battalion advisor, with the Marine Advisory Group. When the role was phased out, he was reassigned to the 2nd Battalion, 4th Marine Regiment as the S-3 officer, and later as executive officer.

Upon returning stateside Boston was assigned to Headquarters Marine Corps

as head, Enlisted Promotion Section. He was promoted to his present rank in 1976 and assumed charge of the Promotion Branch.

The following year the lieutenant colonel accepted a second tour of recruiting duty in New Orleans. He was responsible for officer and enlisted procurement for the 8th Marine Corps District.

Boston reported to the 1st Marine Brigade in July 1979. He is married to the former Marilyn Haws, also of Knoxville. They have two children: Andy, a sophomore at the University of New Mexico, and Karen, a high school junior.



LtCol Gerald Boston

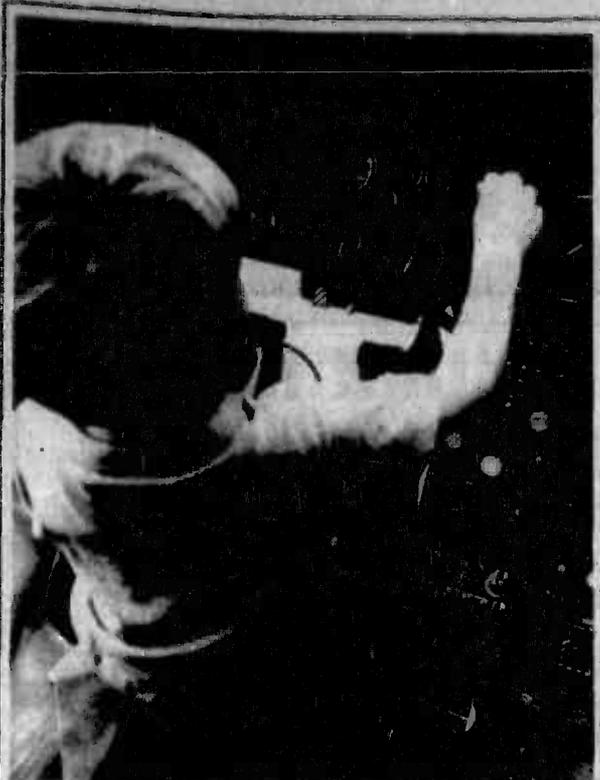


Photo by Sgt Chris Taylor

**CURIOSITY CONTROL**—Christopher George, Menehune pre-school student, takes control of the cockpit in a CH-46 Sea Knight helicopter belonging to Marine Medium Helicopter Squadron-165. George was one of nine children in Mrs. Dawn Kocurek's pre-school class who participated in a static equipment display July 11 as part of 1980 Summer Fun activity.

## Woman Marine achieves first sergeant position

Not many women Marines have had the distinction of being first sergeant in a Brigade unit. 1stSgt Doris Denton, however, holds such a title.

As the first sergeant of Headquarters Company, 1st Marine Brigade, Denton dispatches all responsibilities inherent in the job.

**BECAUSE THE** Navy's waiting list was too long in December 1961, she decided to enlist in the Marine Corps. She soon saw tours of duty at Cherry Point, N.C., and at Parris Island, S.C., where she served as a drill instructor. Denton next served a 13-month assignment in Vietnam working with the Military Assistance Command Vietnam-Headquarters unit.

Following her Vietnam tour, she was sent to Marine Barracks, Eighth and I, to work

with the Marine Corps Institute, and to Headquarters Marine Corps to work as a monitor for women Marines.

**THEN IT WAS** overseas again, this time to work with the Allied Forces Unit in Naples, Italy. Denton also spent a tour with the 4th Marine Air Wing in New Orleans before being assigned to Hawaii.

Almost everyone has a goal in life and this brown-eyed, brown-haired Marine is no different. "When I first came into the Marine Corps, I decided to make it a career. My goal was to become a first sergeant."

Since that goal is now a reality, the sports-minded Marine now looks forward to a future in the world of golf. With the help of Hall of Fame golfer Carol Mann, the avid golfer is presently working on obtaining her Ladies' Profes-

sional Golf Association touring card. She has also participated in several local tournaments, including the Staff Noncommissioned Officers' Golf Tournament. Being a highly competitive athlete, she was selected last year for the All-Marine Golf Team.

**REFLECTING** back on personal achievements, the seasoned Marine has this to say about the Corps. "It helped me gain more confidence in myself from the time I was 18 years old until now. It forces you to become a leader; to either cut the mustard or get out."

It is apparent in the squared-away attitude she possesses that the first sergeant has what it takes to cut the mustard. From her impeccable appearance, to her unquestionable demeanor, Denton is the epitome of the first sergeant.



**PERFORMING HER DUTIES** — 1stSgt Doris Denton, Headquarters Company, 1st Marine Brigade, checks over correspondence concerning non-judicial punishment as part of her daily duties. The 18-year veteran holds the distinction of being one of seven women Marine first sergeants on active duty.

Photo by Sgt Chris Taylor

## Energy

Almost everywhere you go, people complain about the high cost of gasoline. Oil companies receive vehement accusations that they manipulate prices for corporate gain.

**ALTHOUGH** it seems the battle between oil companies and consumers is never-ending, consumers can ease the pain of the price crunch by driving wisely.

There are more than 100 million registered automobiles in the United States. It is estimated that a typical car, with an average fuel economy of less than 15 miles per gallon, travels about 10,000 miles each year and uses more than 650 gallons of gasoline.

**PRIVATE** automobiles consume approximately 70 billion gallons of gasoline each year. That aver-

ages about 4.5 million barrels a day. By reducing daily trips, practicing better driving habits and with proper vehicle maintenance, the nation's use of petroleum would decrease by nearly two-thirds of a million barrels per day.

Here are some ways we can improve our fuel conservation efforts:

**JOIN A carpool** or a vanpool. One third of all private automobile mileage is accumulated commuting to and from work.

**Eliminate unnecessary trips.** You can probably think of at least one driving trip per week that could be handled by telephone, or combined with another trip.

**Avoid stop-and-go traffic.** Adjust your driving to avoid unnecessary and wasteful acceleration and deceleration. Observing

the 55 mph speed limit also saves fuel.

**Energy-efficient drivers** plan trips carefully, minimize braking, use public transportation, motorcycles, mopeds, bicycles or walk.

**MAINTAINING** your car properly will also help conserve fuel. Regular tune-ups can save 10 percent or more on gas consumption. Air filters should be kept clean. Too little air getting to the engine makes gas burn inefficiently. Check tire pressure regularly. Low pressure decreases mileage.

If just one gallon of gasoline were saved each week for every automobile in the country, we'd save more than 5.6 million gallons of gasoline each year. Good driving habits and good car maintenance can mean extra fuel and dollars.



### AIKAHI WORLD TRAVEL, INC.

INTRODUCING

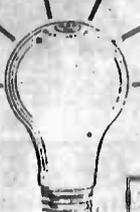
## APOLLO

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By Phone or In Person

**254-3514**      Mon.-Fri. 9-5, Sat. 9-1



### POWER ON

Learn the Power Idea Process the proven method for

**SUCCESSFUL DECISION MAKING  
CREATIVE PROBLEM SOLVING  
FUN TO LEARN & LASTING RESULTS**

FRIDAY, JULY 25TH 7-10 PM  
OR  
THURSDAY, JULY 31ST 7-10 PM

American Savings Community Room (Above Holiday Theatre) \$15 includes workbook

Call Paula Green or Carolyn Jones for reservations and more info. 262-5251 —Hurry, Limited Seats— Presented by BCI, Inc., a non-profit organization

### Breakfast - Lunch - Dinner

- Hotcakes
- French Toast
- Omelettes
- Plate Lunches
- Hamburgers
- Mahimahi
- Chicken
- Seafood
- Teriyaki

NOW OPEN 24 Hours

andy's drive-in

CALL For Late Evening Take-Out Orders 262-4920

142 Oneawa St.

Now at Pearl Ridge!



## La Paloma Pearlridge

"the Newest & Most Beautiful Mexican Restaurant"

in Hawaii is Now Open for Lunch and Dinner. In an authentic Mexican atmosphere, you can now enjoy such popular dishes like: Tacos, Quesadillas, Tostadas, Tamales, Burritos, to mouth-watering specialties like: Pollo Con Mole, Carne Asada, Huachinango Veracruzano, Albondiga or Menudo Soup, and many other scrumptious dishes.



DISCOVER

**La Paloma Pearlridge**

98-151 PALI MOMI ST. (next to Uncle John's Pizzeria & Bakery)

OPEN DAILY from 11 AM Ph. 488-4888



## HUNTER FAN SALE!

CHECK THESE FEATURES:

- ★ TWO SPEED 25-275 R.P.M.
- ★ ALL METAL MOTOR HOUSING
- ★ SOLID STEEL DRIVE SHAFT
- ★ DIRECT DRIVE MOTOR, TESTED, APPROVED, LISTED
- ★ 5 YEAR WARRANTY
- ★ WIDE VARIETY OF LIGHT KITS AVAILABLE

**PACIFIC SURPLUS & DISTRIBUTORS**  
35 KAINEHE ST. PHONE 262-8131  
MON.-SAT. 10:00 AM-6 PM, WED. & FRI. 11:11 AM

Buy A Fan Today And Have A Cool, Comfortable Summer



—HURRY, QUANTITIES LIMITED—  
FINAL WEEK OF OUR SALE



NOT EXACTLY AS ILLUSTRATED

NEWSPAPER  
...IT  
PAYS  
YOU

RECYCLE

HAWAII  
RECYCLING  
SERVICES  
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### GET OUT OF DEBT

through Chapter 13

A federal law which helps to pay off your debts without borrowing and in payments you can afford, stops creditor harassment and law suits, protects your job, co-signers and property. Initial consultation or info packet are without obligation.

Please call:

**HOWARD Y. TANAKA**  
Attorney versed in Chapter 13 filings  
Suite 466, Alexander Young Building  
Telephone: 531-5943

# SAFEWAY

For the finest MEATS

**PORK BUTTS**  
From Lean Tender Porkers  
(Ground Pork lb. \$1.29)



**85¢** LB.

Fresh Salmon Silvers,  
Air Flown, Fri.  
Afternoon lb. \$2.98

**STRIP LOIN STEAKS**  
Boneless USDA Choice  
Beef Extra Tender



Reg. \$6.98 **\$6.59** LB.

**CROSSRIB ROASTS**  
Boneless USDA Choice  
Pot or Oven Roasts



Reg. \$3.75 **\$2.98** LB.

**LEG OF LAMB**  
Whole or Half New Zealand Frozen  
(Rib Chops lb. \$3.29) (Racks lb. \$2.98)  
(Shoulder Roast lb. \$1.29)  
(Shoulder Chops lb. \$1.69)



Reg. \$2.09 **\$1.89** LB.

**POULTRY BEST VALUES!**

**WHOLE FRYERS** Patti Jean Frozen Government Inspected LB. **69¢**

**TURKEY HINDS** Langmont Brand LB. **69¢**

**TURKEY TAILS** Jennie-O LB. **69¢**

**2# FRYER THIGHS** Mar-jak Brand EA. **\$1.59**

**SLICED BACON**  
Smok-A-Roma



LB. **\$1.49**

**OXTAILS**  
Meaty Cut Up For Stews or Soups  
(Bulk Pack 89¢ lb.)



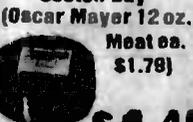
LB. **\$1.29**

**SPARERIBS**  
Small Lean Sides 2 to 3 lb. (Meaty Country Style)



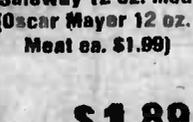
lb. **\$1.69**

**SLICED BOLOGNA**  
Scotch Buy  
(Oscar Mayer 12 oz. Meat ea. \$1.78)



LB. **\$1.49**

**VARIETY PACK**  
Safeway 12 oz. Meat  
(Oscar Mayer 12 oz. Meat ea. \$1.99)



EA. **\$1.89**

**5# CANNED HAMS**  
Armour Star Lean Tender Eating



EA. **\$7.59**

**ROUND STEAKS**  
Boneless Full Cut From USDA Choice Beef



LB. **\$2.49**

**TURKEY HAM**  
Manor House Brand or Louis Rich



LB. **\$1.99**

**SAFEWAY FISH BUYS!**

**COOKED SHRIMP**  
Sea Brand 6 oz. Pkg. Sweet Meat EA. **\$1.59**

**MAHIMAH**  
Bulk Pack Ice Glazed LB. **\$1.98**

**KING CRAB LEGS AND CLAWS**  
Alaskan Cut Up For Serving LB. **\$4.79**

**COOKED CRABS**  
Dungeness LB. **\$1.29**

EVERY DAY IS FAMILY DAY . . .

# SAVE AT

**CHUCK ROASTS**  
Blade Cut USDA Choice Pot Roast  
(Boneless Chuck Roast lb. \$1.98)



**USDA CHOICE**

**MEATY 7-BONE ROASTS** LB. **\$1.79**

**\$1.49** LB.

## GREAT SAVINGS IN OUR

**Cheerios**  
Cereal 15 oz.



**\$1.39** SUPER SPECIAL

**American Cheese Food**  
Single Wrap Sliced Lucerne 8 oz.



**\$1.15** SUPER SPECIAL

**Orange Juice**  
Minute Maid Frozen 12 oz.



**99¢** SUPER SPECIAL

**Cob Corn**  
Bel Air Short 8 Ears



**95¢** SUPER SPECIAL

**Large Eggs**  
Lucerne



**89¢** SAFEWAY Low Price

**Dog Food**  
Safeway 26 oz.



**37¢** SUPER SPECIAL

**Coral Tuna**  
Chunk 6.5 oz.



**79¢** SUPER SPECIAL

## VARIETY SAVINGS

**Baby Powder**  
J & J 14 oz. **\$1.65** SUPER SPECIAL

**Pepsodent Toothpaste**  
30c Off 6.5 oz. **95¢** SUPER SPECIAL

**Ban Roll On**  
20c Off Reg. Quick Dry Unscented **\$1.27** SUPER SPECIAL

**Sine Off Tabs**  
24 Ct. **\$1.49** SUPER SPECIAL

**Tampax**  
Reg. Super Plus 40 Ct. **\$2.09** SUPER SPECIAL

**Mouthwash**  
Listerine 32 oz. **\$1.99** SUPER SPECIAL

**Kodak**  
C135-24 PC Prints Roll Kodacolor 400 **\$2.69** SUPER SPECIAL

**Coppertone**  
Suntan Oil or Lotion 8 oz. **\$2.69** SUPER SPECIAL

**Aqua Velva**  
After Shave Medium 4 oz. **\$1.33** SUPER SPECIAL

**Instant Shave**  
Reg. Lime 11 oz. **79¢** SUPER SPECIAL

**Instant Shave**  
Reg. Lime 11 oz. **79¢** SUPER SPECIAL

**Instant Shave**  
Reg. Lime 11 oz. **79¢** SUPER SPECIAL

Items and prices in this ad are available July 23 thru July 26, 1980 at all Safeway Stores listed below:

**8 SAFEWAY STORES TO SERVE YOU**

848 Ala Lili St., Honolulu  
1121 S. Beretava St., Honolulu  
2865 E. Mahele Dr., Honolulu  
1300 Pele Highway, Honolulu

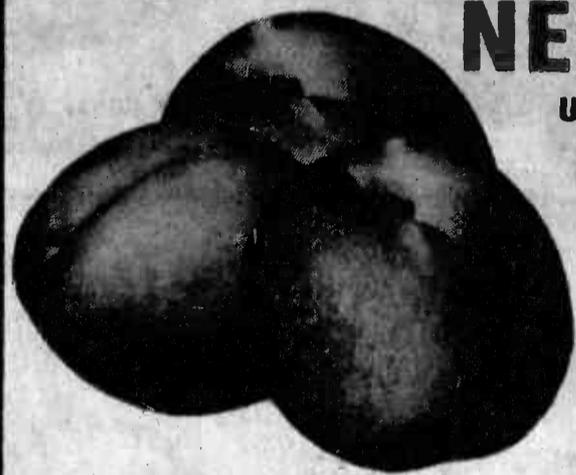
8:30 a.m. to 9:30 p.m. Mon thru Sat—Sun. 9:00 a.m. to 9:00 p.m.  
8:30 a.m. to 12:00 midnight Mon thru Sat—Sun. 9:30 a.m. to 10:00 p.m.  
8:30 a.m. to 10:00 p.m. Mon thru Sat—Sun. 9:00 a.m. to 9:00 p.m.  
9:00 a.m. to 10:00 p.m. Mon thru Sat—Sun. 9:30 a.m. to 9:00 p.m.

98-1871 Kalia Highway, Honolulu  
1040 Kalia Drive, Honolulu  
46000 Kalia Highway, Honolulu  
25 Kalia Drive, Honolulu

8:00 a.m. to 10:00 p.m. Mon thru Sat—Sun. 9:00 a.m. to 9:00 p.m.  
8:30 a.m. to 10:00 p.m. Mon thru Sat—Sun. 9:00 a.m. to 9:00 p.m.  
8:30 a.m. to 10:00 p.m. Mon thru Sat—Sun. 9:00 a.m. to 9:00 p.m.  
8:30 a.m. to 10:00 p.m. Mon thru Sat—Sun. 9:00 a.m. to 9:00 p.m.

TREAT THEM TO A HOME COOKED MEAL!

# SAFEWAY



## NECTARINES

U.S. NO. 1 CRISP, CRUNCHY

PEAK  
SEASON  
FLAVOR!

**45¢**  
LB.

# SAFEWAY

For the finest Produce

## CHINESE CABBAGE



HAWAII  
GRADE A

**5 \$1**  
LBS.

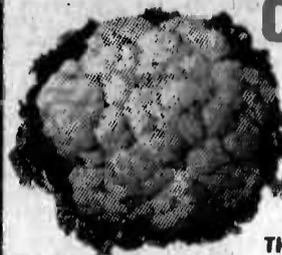
## HEAD CABBAGE



HAWAII  
GRADE A

**5 \$1**  
LBS.

## CAULIFLOWER



U.S. NO. 1  
JUMBO  
SIZE

AVAIL.  
THUR. A.M.

**45¢**  
LB.

## ITALIAN SQUASH

U.S. NO. 1 ZUCCHINI



AVAIL.  
THUR.  
A.M.

**3 \$1**  
LBS.

## SWEET ONIONS

U.S. NO. 1  
WALLA WALLA



**3 \$1**  
LBS.

# GROCERY DEPARTMENT

## Ice Cream

Lucerne Vanilla  
½ Gallon



**\$1.79**  
SUPER SPECIAL

## Tomato Sauce



Del Monte  
15 oz.

SAFEWAY SPECIAL

**39¢**

## Corn

Del Monte  
8.75 oz.



Cream Style  
& Whole  
Kernel  
3.75 oz.

SAFEWAY SPECIAL

**3/89¢**

## MUSHROOMS

8 OZ. PKG.  
U.S. NO. 1  
PREMIUM  
QUALITY



AVAIL. THUR.

PKG.

**69¢**

## Peas

Early Garden Sugar  
8.5 oz.



SAFEWAY SPECIAL

**3/89¢**

## Green Beans

Unseasoned  
Del Monte  
French Style  
18 oz.  
& Cut



SAFEWAY SPECIAL

**45¢**

## Spinach

Del Monte



15 oz.

SAFEWAY SPECIAL

**49¢**

## Fruit Cocktail

Del Monte  
17 oz.



SAFEWAY SPECIAL

**59¢**

## SALAD TOMATOES

U.S. NO. 1 RED RIPE



**2 \$1**  
LBS.

## RED OR GREEN LETTUCE

U.S. NO. 1  
LEAF  
AVAIL. THUR.



**3 \$1**  
BU. FOR

## LIQUOR SAVINGS

Olympia Beer 6/\$2.19  
12 oz. Cans  
Regular Price \$2.65

Almaden Wine \$3.89  
Mountain 1.5 L.  
Regular Price \$5.89

Pabst Blue Ribbon Beer 6/\$1.89  
12 oz. Cans  
Regular Price \$2.39

Jacare White Rose or Crystal Blanc \$2.39  
750 ML.

Spanada or Tyrolia Wine \$2.49  
1.5 L.  
Regular Price \$3.59

Early Times Whiskey \$10.59  
1.75 L.  
Regular Price \$15.09

## ORIENTAL SAVINGS

Water Chestnuts 2/79¢  
Mum's 5 oz. SUPER SPECIAL

Mushrooms 53¢  
Pieces & Stems  
Mum's 4 oz. SUPER SPECIAL

Lychee \$1.03  
Mum's 20 oz. SUPER SPECIAL

Mandarin Oranges 59¢  
Mum's 11 oz. SUPER SPECIAL

Smoked Oysters \$1.01  
Mum's 3.75 oz. SUPER SPECIAL

Sukiyaki 61¢  
W/Mushrooms  
Dalrin 8.75 oz. SUPER SPECIAL

## CANTALOUPE

U.S. NO. RIPE, SWEET



PEAK  
SEASON  
FLAVOR

**43¢**  
LB.

### Another Mystery Special

Clip the coupon below and bring it with you on your next shopping trip. Effective Wed., July 23 thru July 26, 1980. Search and Save!

90 — Effective July 23 thru July 26, 1980 — 90

### MYSTERY COUPON

Come in and redeem this coupon for a surprising hot special! ??

LIMIT ONE PER COUPON — ONE COUPON PER FAMILY  
Wed. July 23 1980 Sat. July 26 — Cash Value 1/20 Cent at Safeway



Everything you want from a store  
...and a little bit more!



# SAFEWAY

# Preschool

## Little people reap benefits of learning

The "little people" of MCAS Kaneohe Bay can be found at the Menehune Rainbow Preschool developing their early learning skills through play, experience and discovery.

The Menehune Rainbow Preschool is mandated by Marine Corps Order 1710.30 to provide "educational services to children. Emphasis is placed in such areas as sharing, group response, arts and crafts, social aspects of education and exposure to letters, numbers and simple words." The preschool is operated as a nonappropriated fund activity by the Special Services Division, MCAS Kaneohe Bay.

**CHILDREN** between the ages of three and five who are dependents of active duty and retired personnel or dependents of civilians employed by Special Services are eligible to attend classes at the preschool.

The social-emotional aspect of development is emphasized with exposure to language, cognitive, large motor and small motor areas

of early childhood development. Activities promoting the following behaviors are provided by the individualized teaching styles: following directions, respecting property, respecting the rights of others, functioning in a large group situation, working independently, taking turns, and progressing in basic skills areas of pencil manipulation, color and shape recognition, numeral concepts, listening skills, language development, role playing, music and large muscle development to mention only a few.

**ALL ASPECTS** of the preschool are geared to helping the child learn behavior patterns necessary for school and life. The daily schedule is extremely important in establishing the routine of doing things. Learning centers such as art, housekeeping, blocks, puzzles, math or science enable your child to choose an activity, complete a task, follow instructions and work independently. Some of the special themes included during the

year are family, self, holidays, foods/nutrition, health, fire prevention and dental health. Field trips are considered an integral part of the education of young children and are included in the preschool program.

The preschool has three half-day programs with classes beginning and ending at 11:30 a.m. The first is a two-day program with classes on Tuesdays and Thursdays. Second is a three-day program on Mondays, Wednesdays and Fridays. The third is a five-day program, Mondays through Fridays.

**TUITION FEES** vary according to the type of program selected. A yearly registration fee and an annual equipment fee are also charged. The tuition is used to pay the salaries of the administrative and teaching staff and are non-refundable.

A child care center is also available at the preschool. The hours of operation are from 7 a.m. to 6 p.m. A child may also be enrolled in a combination preschool/day care program where the child would attend morning

preschool and be in the child care center until the end of the day.

The staff-child ratio, determined by Marine Corps Order 1710.30, is one teacher for each 12 students. At the present time there is a teacher and an assistant in each of the five classes.

**THE ORDER** also provides for the establishment of a Parent Advisory Council for the preschool. The council's concern is to provide recommendations for improvement in services and operations including operating hours and enrollment fees.

Parental participation in various activities conducted by the preschool is highly encouraged and the preschool accepts all suggestions from parents for new areas of interest.

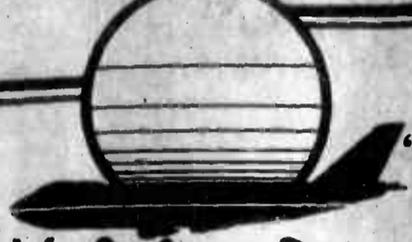
**THE PRESCHOOL** operates on the same schedule as Mokapu School with the 1980-81 school year beginning on September 3 and ending June 4. Children must be three years of age on or before Sept. 1, 1980 to attend the preschool this year. Registration can be made at any time at the preschool.



**DO IT JUST THIS WAY** — Mary Whittman (facing), Lynn Randolph, Kevin Middleton, Christopher Tahan and Albert Bill (his back to the camera) experiment with art materials during classes at the Menehune Rainbow Preschool aboard MCAS Kaneohe Bay. Photo by Sgt Chris Taylor



**"WHERE THE ... IS TWENTYNINE PALMS?"** — Bob Hope entertains an audience of 10,000 Marines, sailors, their families and local residents at Marine Corps Combined Arms Command, Twentynine Palms, Calif. June 18. Hope's appearance was an expression of the gratitude felt by the people of the desert communities to the Marines of Twentynine Palms for contributing 7,000 units to the area blood bank over a 10 year period.



## Holiday Inn<sup>®</sup> HONOLULU AIRPORT

**Additional Conveniences:**  
**LEIMAKER'S RESTAURANT**  
**KALAMA COCKTAIL LOUNGE** (with entertainment nightly)  
**POOL**  
**Kennels**  
**FREE Airport Shuttle**  
**Special TLA Rate On Room Only \$33 Per Day.**

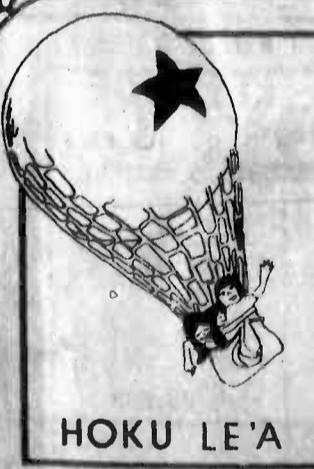
### TLA SPECIAL "ROOM & CAR PACKAGE"

**Includes:**

- RENTAL CAR by *Times-lease Hawaii Rent-A-Car*
- DELUXE, Spacious Room at the HOLIDAY INN AIRPORT with:
  - Air Conditioning
  - FREE Color Television
  - Room Service Available
  - FREE Parking, Babysitter Referral, WASHERS & DRYERS
  - 24-Hour Telephone Switchboard Service
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  - LOCATION convenient to A.I.I. Military Installations, Waikiki and Major Island Attractions

ONLY  
**\$46<sup>95</sup>**  
per day

**For Reservations & Information Call:**  
**Holiday Inn AIRPORT**  
**836-0661**



## HOKU LE'A SCHOOLS

**PRESCHOOLS AND DAY CARE CENTERS**

**Ages 2 thru 5 years**

**"LEARNING BY DISCOVERY"**

- SMALL CLASSES —
- QUALIFIED TEACHERS —
- MONTHLY EXCURSIONS —
- BREAKFAST — HOT LUNCH — SNACKS —
- PARENT INVOLVEMENT WELCOME —
- After School Care At HOKU LE'A III & IV —

**FOR APPLICATIONS CALL:**  
262-6931

<p><b>HOKU LE'A I</b> 41-568 Huanaloa Street Waimanalo, Hawaii 96795 Ph: 259-5611</p> <p><b>HOKU LE'A II</b> 45-227 Iole Street Kaneohe, Hawaii 96714 Ph: 235-1171</p> <p><b>HOKU LE'A III</b> 47-071 Lihikai Drive Kaneohe, Hawaii 96714 Ph: 239-7359</p>	<ul style="list-style-type: none"> <li>● LANGUAGE ARTS</li> <li>● SCIENCE</li> <li>● MATH SKILLS</li> <li>● COOKING</li> <li>● ART</li> <li>● MUSIC</li> <li>● MOVEMENT &amp; DRAMA</li> </ul>
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**NOW OPEN: HOKU LE'A IV** 1333 Mokulua Drive  
Kailua, Hawaii 96731  
Ph: 262-6931

Across from Lanikai Beach  
Daily Swimming and Beach Activities  
Full and Part-Time Care

**'THE STORE'** AUTO SERVICE **GOOD YEAR SERVICE STORES**

# GOOD YEAR

## TIEMPO RADIAL SALE!

**Hurry! Sale Ends Saturday**

TIEMPO...The Original All-Season Radial

- 10,000 BITING EDGES for year-round traction
- GAS SAVING steel-belted radially construction
- ONE RADIAL you don't change when the weather does
- THE ORIGINAL...only from Goodyear

<p><b>'6450</b></p> <p>P18P/R14 WHITETALL plus \$2.75 FET. NO TRADE NEEDED.</p> <p>Fits some models of: Century, Regal, Skylark, Malibu, Nova, Volare, Cutlass, Lemans.</p>	<p><b>'6850</b></p> <p>P18T/R14 WHITETALL plus \$2.75 FET. NO TRADE NEEDED.</p> <p>Fits some models of: LTD, Century, Regal, Fury, Coronet, Charger, Marquis, Chevelle</p>	<p><b>'6950</b></p> <p>P21P/R16 WHITETALL plus \$2.93 FET. NO TRADE NEEDED.</p> <p>Fits some models of: Century, Regal, Chevelle, Newpark, Charger, T Bird, Catalina, LeSabre</p>	<p><b>'7750</b></p> <p>P23P/R18 WHITETALL plus \$3.11 FET. NO TRADE NEEDED.</p> <p>Fits some models of: Estate Wagon, Eldorado, Fleetwood, DeVille, Chevy Wagon, Corporate Wagon, Pontiac Wagon, Mercury Wagon.</p>
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## Buy Now And SAVE!

<p><b>PROTECT MOVING PARTS Lube &amp; Oil Change</b></p> <p><b>'788</b></p> <p>Includes up to five quarts major brand 10W/20 oil &amp; chassis lubrication, Oil filter extra if needed.</p> <p><b>INCLUDING Our 8-point maintenance check:</b></p> <ul style="list-style-type: none"> <li>• Transmission fluid</li> <li>• Power steering fluid</li> <li>• Brake fluid</li> <li>• Battery water level</li> <li>• Battery cable</li> <li>• Air Filter</li> <li>• Belts and hoses</li> <li>• Differential level</li> <li>• Tire pressure</li> </ul> <p>Includes many imports and light trucks. Please call for appointment.</p>	<p><b>Front-End Alignment</b></p> <p><b>'1988</b></p> <p>WARRANTED 90 DAYS, OR 5000 MILES, WHICHEVER COMES FIRST</p> <p>Most U.S. cars Foreign cars at our option. Front wheel drive on Chevettes extra. Parts and additional services extra if needed.</p>	<p><b>MAINTAIN STOPPING DISTANCE Brake Service—Your Choice</b></p> <p><b>'7988</b></p> <p>Additional parts and services extra if needed.</p> <p>3-WHEEL FRONT DISC: In stall new front brake pads and brake shoes • Repair front wheel bearings • Inspect calipers and hydraulic system • Add fluid (does not include rear wheels)</p> <p>4-WHEEL DRIVE: Metal new brake lining all 4 wheels • New front brake pads • Repair front drums • Realign front bearings • Inspect hydraulic system • Add fluid</p> <p>Most U.S. cars, most Nissan, Toyota, VW. Warranted 18 months or 12,000 miles, whichever comes first.</p>
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# Footwear can deter enthusiasm

Injuries are the scourge of runners, novices in particular. Nothing dampens the enthusiasm of a new runner more quickly than niggling hip, knee, or foot ailments.

The simplest, most efficient common-sense way to prevent problems before they begin

is to invest in a decent pair of running shoes.

**THIS ISN'T** to say that by buying a pair of shoes you can eliminate the chance of injury. What it will do, however, is greatly reduce the possibility. When gambling with physical well-being it makes sense to have

the odds in your favor. In attempting to select a good shoe, new runners often discover they've opened a Pandora's box. There are literally hundreds of different running shoes on the U.S. market. They range in quality from outstanding to outright rip-off. The road to the proper choice is littered with disgruntled, disill-

lusioned men and women. The purpose of this article is to offer some ways to avoid unnecessary pitfalls in choosing a shoe. What we will discuss in particular are training flats.

**TO BEGIN WITH,** the following qualities are essential in a good running shoe. The sole of a good

running shoe must provide traction, protection, cushioning and flexibility. If the shoe is lacking in any of these areas it should be avoided.

In training shoes the heel should be elevated to reduce leg strain. Heel width may vary, but the heel must provide stability for the user. Heel wedges, the

inside layer of the sole, should end at the point where the foot flexes to provide freedom of movement and proper flexion.

**INNER MATERIAL** should be non-irritating but durable. Pay close attention to seams and other protrusions inside the shoe that could cause rubbing and blistering.

The shoe should also have a heel counter, a solid piece of rubber or similar material around the rear of the shoe to aid stability. A good running shoe should have padding at the ankle, achilles and tongue. It should be lightweight and properly balanced to avoid any feeling of bulkiness.

cont. on B-6

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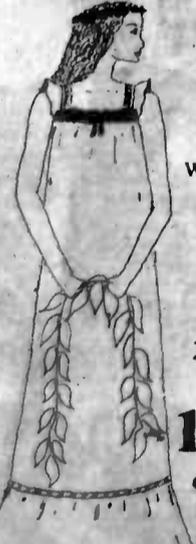
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# Leatherneck dons theatrical guise

by Sgt Lamar Johnson

Twenty-three years of near evangelistic type movement geared toward a better teaching environment for the students on the windward side, has resulted in a dream come true for the staff and faculty at Castle High School. It has also helped a Kaneohe based Marine return to a life's love.

Cpl Ron Campbell, noncommissioned officer-in-charge of float supply unit at Brigade Service Support Group's Supported Activity Supply Systems Management unit, Marine Corps Air Station, Kaneohe Bay, has been cast in the Castle Theater Group

production of the Broadway musical "West Side Story."

**THE CASTLE** High Auditorium, a three and one-half million dollar, computer-controlled, concrete dimensional construction, completed in late May will mark the reunion of Castle graduates from as far back as 1963. Campbell will perform with alumni and students at Castle High, in this premier production in their new auditorium.

Members of the Castle Theater Group will open the new and only theater-oriented

auditorium on the windward side with an opening of the Broadway hit.

The play will be performed August 1 through 3 and 8 through 10. The three hour extravaganza will begin at 8 p.m. on each of the scheduled nights. Tickets are \$5 for adults and \$4 for students 18 years or younger. Tickets can be purchased at Sears in Kaneohe or from members of the cast only.

**AN AUDITION** held at the auditorium earlier in the month of June drew more than 50 persons vying for one of 46 dance or vocal

parts in the play.

The cast was at first intended to consist only of Castle High alumni, but through the professional opinion of English and theatrical arts teacher Ron Bright

and members of the Castle Theater Group, there was room for an exception.

Campbell is the first Marine ever to perform in this auditorium. Bright stated, "It's

obvious Ron Campbell has had a lot to do with theater. We chose him because he is very good. I hope this will be the start of bigger and better things," he concluded.

**AS A RESULT** of Campbell's abilities in theatrical arts, Ron Bright, play director, and the faculty of Castle High have offered the air station

permission to utilize the auditorium when necessary. They view the gesture as a way of building stronger relations between windward and military communities.

"I've been in theater and acting since I was fourth grader," Campbell stated. "My whole family is involved with acting. I have a brother who is an actor in the cont. on A-11



Photo by Sgt Chris Taylor

**STAY IN STEP**—Cpl Ron Campbell, of Brigade Service Support Group's Supported Activity Supply Systems Management unit, MCAS Kaneohe Bay, instructs David Harris, student and member of the Castle Theater Group at Castle High School in the proper motions of a dance routine to be performed in the theater group's production of "West Side Story." Campbell was selected for a role in the play because of his prior experience in theater arts and his ability to perform on stage.

## Pyramids . . .

cont. from A-2.

In terms of who would have jurisdiction of military personnel in off-base activities, Miller stated, "Even if such an incident occurred off-base the military would in most cases have jurisdiction."

**THE PROBLEMS** for pyramid participants do not end there, however. In an interview with the Honolulu Advertiser July 18, Internal Revenue Service District Director John Johnson said, "These schemes have attempts at tax avoidance built into them, and the pyramid entities have no economic realities except to make money for the promoter." He also added, "If you make anything it's taxable; if you lose it, you lose it."

So the IRS, while not attempting to make a ruling on the legality of pyramid schemes, says that any money made is taxable income. This is in direct conflict with claims being made by promoters according to the Honolulu Advertiser which said, "Promoters of these cash pyramids have been claiming the money won is a non-taxable gift." On the other side of the coin, those who invest in a pyramid and lose their investment cannot deduct the money.

**THE IRS ALSO** warns that by participating in some of the pyramid schemes presently operating in Hawaii, people increase their chances of being audited by the IRS because of the noted existence of these operations.

Persons who fail to report income from pyramid schemes also run the risk of getting caught with a false tax return. Penalties for this form of tax deception are extremely severe.

The Office of Consumer Protection's chief investigator

Mitsuo Takayama in an interview with the Star-Bulletin on June 15 noted that numerous persons had been making telephone inquiries on the pyramid scheme and that his organization has been warning those people the pyramid scheme is against the law.

**REPORTEDLY ONE** of the major areas of confusion among people on the legality of the scheme comes from the pyramid promoters themselves. They attempt to refute the ongoing chain concept by setting up what are known as "end dates" meaning the pyramid will supposedly conclude on a certain date. The date most commonly used is December 31, 1980. This claim fails to point out that no matter when the pyramid ends, a lot of people can lose out.

Among some of the unfavorable information on pyramid schemes is an article in the July 17 Honolulu Advertiser titled "12 pyramid losers plan suit for damages." The story referred to twelve Honolulu residents who are threatening to bring suit against pyramid promoters under Hawaii's statute prohibiting chain schemes. The law permits any injured party to sue for treble damages or \$1,000 whichever is greater. So far promoters are attempting to settle with the disgruntled losers out of court.

**ALL AUTHORITIES** questioned consider the pyramid scheme illegal and a bad risk. It appears according to state officials that it is a "mathematical certainty" the big pyramid push will end soon. Finally, when the scheme doesn't work people run the risk of losing not only their money but friends, relatives or acquaintances they brought into the pyramid with them.

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# Marines revive toddler

Three Marines of the Crash and Rescue Crew MCAS Kaneohe Bay never suspected courses they once took in emergency medical techniques would come in handy, but on the night of July 2, they did. The course enabled them to save the life of a two-year-old boy who had fallen into a swimming pool.

Lance Corporals Steve Yaroma, Bryan

by Sgt Pepper Davis

McDonnell and Mike O'Reilly graphically recall that Kailua incident.

"WE WERE ON duty but got relieved to take a final scuba examination at a diving shop," begins Yaroma. "Afterwards we went to the home of the shop's owner to pick up our diplomas. "When we walked into the house we heard

a woman's scream, then a splashing noise." O'Reilly interjects, "We didn't think much of it since other members of our class were there having a graduation party. We thought it was all in fun." The seriousness of the commotion struck the Marines moments later when a man rushed into the house carrying a young child, who appeared un-

conscious. The trio quickly went to work in an attempt to revive the toddler.

**YAROMA CHECK-**ed the child's breathing while O'Reilly checked for a pulse and heartbeat. McDonnell scanned the limp body for injuries. "The boy's heart was beating, so we decided CPR (cardiopulmonary resuscitation) wouldn't be necessary,"

says McDonnell. Yaroma began administering mouth-to-mouth resuscitation as O'Reilly monitored the child's progress. Meanwhile, McDonnell hurried outside to their automobile to retrieve a medical kit.

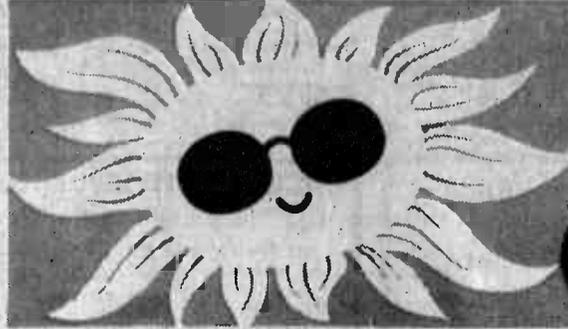
**THE MARINES** worked feverishly. According to O'Reilly, "It seemed like forever to bring the child around."

Minutes later the boy started showing signs of recovery. A doctor arrived, examined the tyke, then made arrangements to transport him to a hospital for observation.

All three Marines agreed it was their training in first aid that enabled them to react quickly. They revealed they're constantly brushing up on the subject, even when not on duty.

"We never thought we would have to use first aid off station, but we're glad we were able to help someone," says Yaroma, echoing the feelings of McDonnell and O'Reilly.

**FOR THEIR** heroic actions the Marines were presented Citizen of the Week awards by Kailua's Honorary Mayor, Maureen McDonough, at a ceremony July 11.



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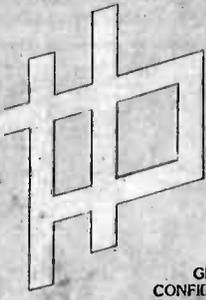
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# Marathon: A passing fancy turns into a harsh reality as leatherneck completes 26-mile distance

by Sgt Dennis Litalien

July 6, 5:00 a.m. The desk clerk rings my room. "It's five o'clock," he chirps. Groggily, I mumble my thanks and sit up on the edge of the bed. As I attempt to loosen the cobwebs from my head, a twinge of eagerness hits me. Today is the day I've waited seven months for. I'm about to embark on what will become for me a very significant event.

Today I will run my first marathon. A flood of memories hits me.

**THE IDEA** to run a marathon first occurred to me about eighteen months ago. It was originally little more than a whimsical passing thought. Slowly I began to think of it more until, in December of 1979, I missed the annual Honolulu Marathon. I felt disturbed that I'd let the opportunity pass. I was determined not to let it happen again in 1980.

The first three months of training were difficult. I gave up tobacco in January, replacing my smoking habit with the more healthful pastime of running. My shortness of breath made the adjustment to physical activity very difficult. I wonder now how I managed to pass the physical fitness test before I stopped smoking.

**ANYWAY**, what kept me motivated was the fear that if I curtailed my running I might start smoking.

again. I found that prospect much more terrifying than having a few sore muscles.

In March I joined the Windward Marathon and Jogging Clinic held Sunday mornings at Kailua Beach Park. Joining gave me the opportunity to run with and enjoy the company of more experienced runners and served to greatly increase my determination to run a marathon.

**I EVENTUALLY** discovered that December is a long time to wait for a marathon. My rapidly expanding endurance and confidence led me to search for an earlier race. After talking to a few friends I decided to set my sights on the Big Island Marathon in Hilo. The race would be ideal as it coincided with the long Fourth of July holiday weekend and my wife Laurie and I could spend a few days relaxing and sightseeing before the big race.

**5:45 A.M.** The 500 or so entrants begin gathering in front of the string of hotels along Banyan Drive. Most of the participants seem to know each other and are busily shaking hands, slapping each other on the back and engaging in assorted forms of greeting.

I feel a bit like a stranger at a family reunion until I spot a few runners from Windward Oahu and the marathon clinic.

Laurie is waiting with me. She alternates between offering words of encouragement and yawning. Once the race begins she will head back to the hotel for a few additional hours of shut-eye.

As I nervously await the start I wonder to myself if it might not be a good idea to go with her and forget all this nonsense. Obviously, I stayed where I was.

**5:59 A.M.** There's a growing anticipation and electricity surging through the runners as they begin final stretching exercises before the great moment. I feel an odd combination of building excitement and dread of the unknown. I really don't know quite what to expect from this race. My thoughts drift back to the night before when I chose to have dinner at a Japanese restaurant instead of loading up on spaghetti and other high carbohydrate foods. I silently ponder whether or not you can carb-load by eating sashimi. No matter. I'll find out soon enough.

**6:00 A.M.** The gun sounds and we're off! The crowd of runners streams forward happily buzzing with conversation and good wishes for each other. I try to concentrate on shaking pre-race jitters that have been plaguing me all morning. The butterflies dissipate just as I begin to settle into a comfortable stride.

Before we've even reached the half-mile

mark the field has spread apart. This gives each of us plenty of elbow and breathing room. By the time I reach the first mile I've begun to carefully maintain a steady, even pace. I end up running alongside an outgoing man in his middle forties who introduces himself as George. Between the two of us we're averag-

ing about ten minutes per mile. A slow, but energy-saving pace.

**AS WE** breeze along the streets of downtown Hilo, George and I get to know each other. It turns out he is a professor at the University of Hawaii. As we pass the municipal airport he proudly points out the small prop plane he flew from

Oahu along with five other marathoners.

After a while he good naturedly berates me for running so slowly, saying I might be too conservative for my own good. I quietly accept his advice and continue on at about the same pace. I just don't want to take any chances. I've established an easy, steady

rhythm and the early miles seem little more than a blur.

**7:00 A.M.** I'm amazed at how smoothly I'm running. My breathing is relaxed and I feel endurance and strength flowing through me. My confidence is increasing greatly as George and I approach the nine mile marker. He continues to pester me in his friendly manner to increase my pace. His argument begins to sound more appealing.

**7:30 A.M.** We've passed the Hilo business district and are headed down a long stretch of road on the outskirts of town. A string of lovely beaches greet us as we continue. Some runners who started out too fast are beginning to fall back. One is a former heart patient. An hour and a half later I spied him again, still hanging in there. I don't know if he finished but I'd like to think so.

**8:30 A.M.** I've increased my pace to about eight minutes per mile. George decides to continue at a steady ten minutes per mile. While not actually going very fast, I feel as though I'm flying. As I pass the Suisen fish market a man alongside the road holds up a small sign that says 15 miles. My mind is soaring. With only eleven miles to go I feel as though I'm just warming up. I've made the error of letting the thrill of the marathon carry me away. It's a mistake I will pay for dearly before the race is over.

**9:30 A.M.** Twenty miles. With a little more than six miles between me and the finish I'm on the verge of being cocky. Suddenly my legs are gone. I have met the wall. I struggle painfully alternating between walking and an embarrassing hobble. I curse myself for averaging only 30 miles a week in June. I'm paying for my impertinence now. Other older, slower, but better conditioned runners are passing by in an endless stream.

**PEOPLE ALONG** the course route are extremely supportive and are heartily cheering us along. One enthusiastic group of ladies hung twin banners on the roadside one saying "Go for it" the other, "We love you."

The aid stations are manned by smiling volunteers offering water, defizzed cokes and ice-cold sponges. I avoid mistaking coke for water being careful not to pour it over my head. I read somewhere that one runner did that and was pursued by flies and bees the rest of the race.

The warm hospitality I found during the race seemed to be a common trait among the people of the Big Island. During our visit Laurie and I met many courteous, thoughtful people.

**MY SOGGY** running shoes are turning into a breeding ground for half-dollar sized blisters. My friend George passes and

concernedly asks if I'm okay. I've sort of broken down, I answer, trying to hide my excruciating pain.

The only power I have left now is my desire to finish the race. The final six miles last for nearly two of the longest hours of my life. The awkward jogging hobble makes my legs numb and my brain is rapidly following suit.

**FINALLY** I reach Banyan Drive for the last time. From somewhere I manage to squeeze another quarter mile of what resembles running from my tortured, lactic acid-laden legs. Even my arms ache from being held in the same position for so long.

I cross the finish line in 5:26:26. Despite the pain I feel a great sense of joy and accomplishment.

As Laurie rushes over to give me a congratulatory hug and kiss I am nearly in tears. I manage to suppress it as she helps me to the cooling spray of an outdoor shower.

**I DON'T** really know why I chose to run a marathon. But if I had never tried I would probably continue to question whether I could do it. I also learned what a humbling experience 26 miles can be. I'll never take conditioning for granted again. And after the stiffness wears off... well, December and the Honolulu Marathon are just around the corner.



## Unit hosts half-marathon

Explosive Ordnance Group One will sponsor their second annual EOD Half-Marathon Sunday, August 24 at Naval Air Station, Barbers Point.

Registration for the race will be held Saturday, August 23 from 10 a.m. until 2 p.m. at Nimitz Beach aboard Barbers Point. Runners will be required to check in and pick up race packets that include: race numbers, pins, course maps, brochure, t-shirts and general instructions. There will be no registrations the morning of the race.

**THE RACE** will begin at 6 a.m. To ensure parking and a prompt start, participants should plan on arriving at Nimitz Beach around 5:15, especially civilians who will be required to obtain a visitor's pass at the gate.

**ENTRY FEES** for the race will be \$6 per runner. Additional t-shirts may be purchased at \$5 each. Personal checks will be accepted and should be made payable to the EOD Memorial Scholarship Fund.

**MILITARY** and civilian runners are invited to compete. Awards will be presented to the first three finishers in five different categories.

**THE COURSE** is 13.1 miles long and will start and end at Nimitz Beach. It's a relatively flat course and is sanctioned and certified by the Athletic Congress and the Amateur Athletic Union.

### Second Annual EOD Half Marathon Registration Form

Name: \_\_\_\_\_ Date: \_\_\_\_\_  
 Address: \_\_\_\_\_ Phone: \_\_\_\_\_  
 Amount enclosed: \$ \_\_\_\_\_  
 Male/Female (circle one) Age: \_\_\_\_\_ Predicted Time: \_\_\_\_\_  
 Command: \_\_\_\_\_  
 Military/Civilian (circle one)  
 T-shirt size: S M L XL (circle one)

I hereby for myself, my heirs, executors, administrators waive and release any and all rights and claims for damages I may have against Explosive Ordnance Disposal Group One and Naval Air Station, Barbers Point, Hawaii and the United States Government for any injuries suffered me during or as a result of this race. I attest and verify that I am physically fit to complete the 13.1 miles.

Signature: \_\_\_\_\_  
 Signature: \_\_\_\_\_  
 (parent or legal guardian if under age 18)

This form must be received on or before August 10, 1980.

## Sportnotes

The Hawaiian State Skeet Shooter's Association held its 1980 state championships at MCAS Kaneohe Bay July 4-6.

The overall champion was Don Kaneshiro with a total score of 388 out of a possible 400 points. Linda Kikuta scored 98 points from a possible 100 to claim to honors as the lady champion. Shep Fitzgerald was high scorer in the senior division with a total score of 98 points accumulated from a possible 100.

In the 12-gauge competition, high scorer for the event was Don Kaneshiro with a total score of 99 points. Winners of the 12-gauge five-man team were Paul Seo, Greg Duda, Eddie Ching, Ray Enomoto and Don Kaneshiro. Champions of the class I two-man team were Seo and Duda, while Hub Ouchi and Frank Dorey took top honors in the class II two-man team.

Paul Seo was the high scorer in the 20-gauge competition with a score of 98 points. The 20-gauge two man team class I competition title went to Dean Akita and Ray Enomoto. Taking top honors in the class II event were Walter Morgan and Jim Dixon.

Don Kaneshiro also won the 28-gauge skeet

shooting competition with a score of 97 and took the .410 gauge shooting event with a high score of 97 points.

In the two-man team, class I 28-gauge competition, Akita and Enomoto were the high scorers and Ouchi and Dorey were awarded top honors in the class II two-man team division.

Winning the two-man team class I competition with the .410 gauge were Duda and Seo while Akita and Enomoto were winners in the class II event.

The Annual Kolekole Pass Relay Race happens Sunday, August 3. The race, which starts at Stoneham Field, Schofield Barracks, consists of 36 legs (approx 1 mile each) for a total of 37.9 miles, to be run by a 5 person team.

The course goes up over Kolekole Pass (very steep) down into the Navy Luaniuli Magazine Area and returns (even steeper) back over Kolekole to Stoneham Field.

Entry forms are available at most running stores and military sports offices. Contact the Tropic Lightning Striders at 655-4001 or Mid Pac Road Runners Club for further information.



**THE EVIL EYES** — Dick Ingvaldson, rated second nationally among flyweight arm-wrestlers, uses every muscle in his body, including his eye muscles, as he locks arms with Senior Chief Data Professor John Erickson, Camp Smith, at Pearlridge Mall July 5. Erickson, a heavy-weight, upset the favored Ingvaldson and went on to finish second in the finals, losing to the current world champion, Ed Arnold.

# Former POW

cont. from A-2  
carefully segregated from each other.

"The Plantation was once a French villa," he remembered. "It was set up with separate living quarters for the French and their Vietnamese servants. They weren't slaves but the villa's setup was quite similar to the plantations of the Old South. Prisoners were assigned to the old servant quarters and the NVA and the prison guards lived in the former French quarters. The rooms we stayed in had barred windows and the doors had small trap doors in them." Thomas and Mott spent their first month at the Plantation in a room by themselves.

**EVENTUALLY** they ended up in a room with eight other POWs. Their "home" was basically a large empty room. Beds consisted of wooden platforms set off the floor. They also had straw mats, blankets and mosquito nets.

"We were allowed 30 minutes a day to bathe," reminisced Thomas. "The NVA had certain rules. For example, a bath towel was to last for a year, a bar of soap was supposed to last 30 days as was a tube of toothpaste." POWs were allowed to spend half of

the day outdoors in the prison compound and also had a few Ping-Pong tables available to them.

"They gave us six cigarettes a day and the guards would light them for us at certain times, like after meals and before we went to sleep at night."

**THE POWS** weren't required to do work other than keep their own living areas clean. While it was a rule that the POWs couldn't speak to each other, they developed an elaborate system of communicating with each other.

"Messages were dropped off at special points. One method we used was to rig a wooden bucket we used as our toilet with a false bottom and pass messages when we emptied it. We used cigarette ashes as ink, a piece of straw as a pen and the heavy brown toilet paper they issued us each day served as writing paper. One of the great things about those messages was all you had to do to get rid of them in a hurry was to get them wet."

**ASKED ABOUT** the treatment he and his fellow POWs received from the North Vietnamese, he said, "We weren't treated badly as long as we

didn't get caught communicating with each other. If you got caught you paid the price. This was part of the rules. We were actually POWs of the Provincial Revolutionary Government in South Vietnam. They were part of North Vietnam but they controlled us. We weren't as valuable (as information sources) as the guys in prison camps up north. They were normally kept in worse conditions than we were.

"We were never forced to go see Jane Fonda and the rest of those peaceniks. POWs up north often refused to cooperate with the NVA and attend the propaganda meetings. Many of them were beaten and even killed because of that. One thing we did have to suffer through was listening to the propaganda constantly fed through the loudspeakers in the prison camp."

**THOSE BROADCASTS** often affected the morale of the POWs. Thomas explained ways they tried to overcome that problem.

"You could see a person's morale drop. Everybody tried to keep each other's spirits up. If we saw someone going down we'd talk to him and convince him

everything was going to be O.K. I always believed Uncle Sam wouldn't forget us. You know what you have to do and if you don't have the will to survive you won't. Sometimes you could even improve things. They (the NVA) would listen to us. They were slow but they would try. I tried to make the best of the situation and make any improvements possible."

**AFTER SEVERAL** months at the Plantation, Thomas and Mott were transferred to the infamous POW camp known as the Hanoi Hilton. They were to remain there until their release. The POWs followed one rule they had established.

"When I was taken in for interrogation and they asked about another POW it was our practice to say we knew nothing about each other. You might know the guy's life story but you kept your mouth shut. Another thing I practiced personally was to accept whatever they placed in front of me. I learned many years ago in jungle survival school that if you're captured you eat, whether you like the food or not. So no matter what I would always try to eat until I'd gag then I'd eat some more.

**IN JANUARY 1973** the Vietnamese peace agreement was signed. On March 27, 1973 Thomas and Mott boarded an Air Force KC-141 bound for Clark Air Force Base in the Philippines. From there Thomas was transferred to the naval hospital at Camp Pendleton. He was one of only 28 Marines to survive the North Vietnamese POW camps.

"Of those 28 Marines only five are still on active duty," the gunner added.

He was reunited with his family living in Hawaii. They had spent ten long and difficult months not knowing whether Thomas was dead or alive.

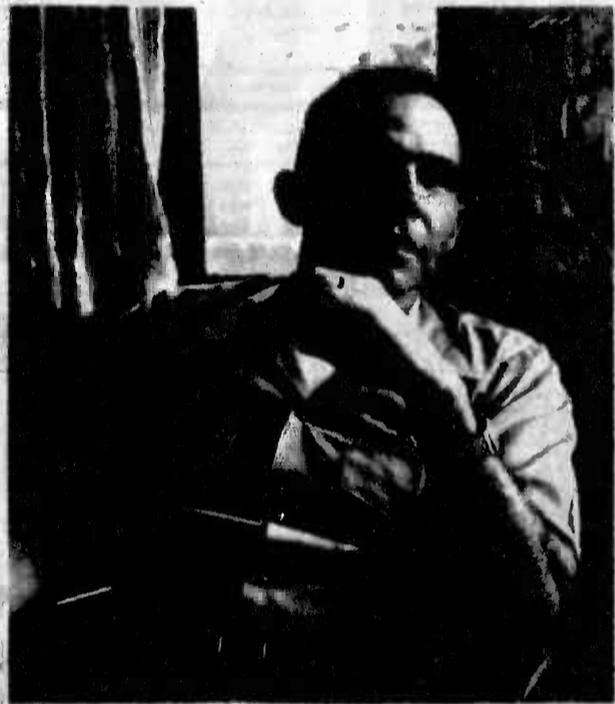
After being cleared for duty, Thomas was ordered to the 1st Marine Brigade for duty with H&MS-24. He was also one of President Nixon's guests at a special White House dinner for POWs. "My wife and I sat at the same table with John Wayne," he recalled fondly. A short time later he served as grand marshal at the parade. Thomas is on his fourth tour in Hawaii and has maintained a home just outside the Mokapu gate for the past 13 years. He plans to retire here at the end of his

present tour.

While he has lost contact with David Mott, Thomas still follows the activities of two former POW groups, the Red River Valley Fighter Pilot Association and the Nam POW Association. Once a year he travels to Pensacola for a physical. He will continue this ritual until 1983 at which time it will be ten years since he returned to the U.S.

**ASKED TO** explain what the experience of being a POW means to him he said, "It was an education. I can sit here talking all day and you would never understand the experience the way I do.

"I learned a great deal about communism. I was preparing to leave the POW camp after the treaty was signed when a guard who I hadn't gotten along with very well asked me what my plans were. I told him I'm going back to what I did before and continue to fight communism. I asked what he was going to do with the war over and he said, 'I'm going to get ready for the next war.' They had just signed a peace treaty and already they knew full well it wouldn't last. And we all know what happened to South Vietnam two years later."



"It was an education. I can sit here talking all day and you would never understand the experience the way I do."

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When Grandma was a girl, anyone who wanted crisp toast used a home-baked loafing fork to painstakingly turn the bread over and cook it until it was browned but not burnt. Now we have a choice of convenient automatic toasters like the Proctor-Kelly 4-slice toaster—just push a button, in choosing one, look for accurate thermos-

static control that measures the surface of the bread so toast pops up at the shade you select, time after time. Make sure the toaster lets you do all kinds of slices from corn toasties, to french bread, to frozen waffles, even homemade nut bread.

Try one of these tips for a quick hot breakfast: •Special hot apple sauce on buttered toast sprinkled with sweet and cinnamon.

•Toast is bread or pumpkin-riced, spread with deviled ham, top with your favorite morning eggs, scrambled, poached or fried. It's a meal-in-one that's a nutritious toast topper!

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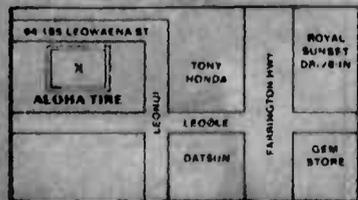
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Sprinkle dry from the packet on eggs, steaks, spaghetti, mashed potatoes, popcorn.

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# Dangerous ocean sports demand water safety

**EDITOR'S NOTE** — The hazards of ocean currents and tides being a constant problem in Hawaii and aboard MCAS Kaneohe Bay, this article is being reprinted from the January 26, 1979 issue of **Hawaii Marine** to inform military personnel and dependents of the dangers and preventive measures.

**BODYSURFING**, the art of riding ocean waves using the body as the planning surface, is a rapidly growing activity in Hawaii. Bodysurfing is fun, but according to the University of Hawaii, it is one of the most dangerous ocean sports.

Before entering the water there are many things which should be taken into consideration. The first question you should ask yourself is, "Am I physically fit?" Physical strength and swimming skills are basic requirements for bodysurfing. It must also be remembered that the calm waters

of a swimming pool are much different than the ocean, with its choppy surface, shifting currents and plunging breakers.

A second point to remember is Hawaii's surf conditions change drastically from day to day and even during the day. Before you jump into the water, study the surf conditions to make sure it's safe out there. Ask the lifeguard to explain the breaking patterns and to point out currents and rocks.

**A THIRD POINT** to remember is that bodysurfing takes quick, sharp reactions. If you've been drinking before you enter the water, you increased your chances of injury. Once you've entered

the water, build up your strength and get used to the forces you will encounter in bodysurfing by swimming in the sea and diving under the waves. Bodysurfing should be learned at the gentler breaks of Bellows Air Force Station, "The Wall" in Waikiki or the Haleiwa shorebreak.

The goal of bodysurfing is to choose a good wave and ride it as far as possible, covering as much area as possible, then cut out before it dumps on you.

Enter the water at a spot where you won't interfere with other surfers and wade in up to your knees or waist and slip your fins on. Fins are the only equipment needed, besides your body, to bodysurf.

**OBSERVE THE** waves to find out which direction they are breaking and travel in that direction. Wait for a wave with good form and size. When you find a wave to suit you, swim shoreward about five to 10 feet in front of the swell to build up speed. If the wave is breaking left to right, lean toward the right and drop your right shoulder into the water. Extend your right arm in line with your body and keep your left arm to your side. To travel

left, lead with your left arm and drop your left shoulder.

When riding the wave always stay just ahead of the curl or breaking section of the wave. This is the most critical section of the wave where it breaks the steepest and gives the best rides. Always travel right or left, never head straight into shore or you will go "over the falls."

To climb up the face of the wave and drop again (if the wave is long enough), angle

with your hands and arms. The most popular spot on the wave is "in the tube," the hollow space inside the curl, just under the lip. Staying in the tube, low on the wave, is the most thrilling and safest spot. Staying too high on the wave may result in your being pitched over the falls.

**THE MOST** important thing to remember in safe and successful bodysurfing is to "cut out." According to the

University of Hawaii, most accidents occur when the surfer doesn't cut out soon enough. To cut out, simply turn quickly and dive into the bottom of the wave. Your momentum will carry you back out to sea.

One hazard which happens quite often at popular beaches is collisions. Like any sport there are common courtesies which you must extend to other participants.

To prevent collisions, remember the surfer

closest to the curl has possession or right-of-way. To avoid collision with another surfer or an object, simply duck or dive deep under the water and let the obstacle pass overhead.

**OTHER DANGERS** are reefs, rocks and hitting the bottom.

Hawaii's shoreline is covered with razor-sharp coral reef and lava rocks, which can tear you up if you hit them. Coral and rock cuts are particularly dangerous because of the high infection risk.

When you go over the falls, the force of the

cont. on B-7

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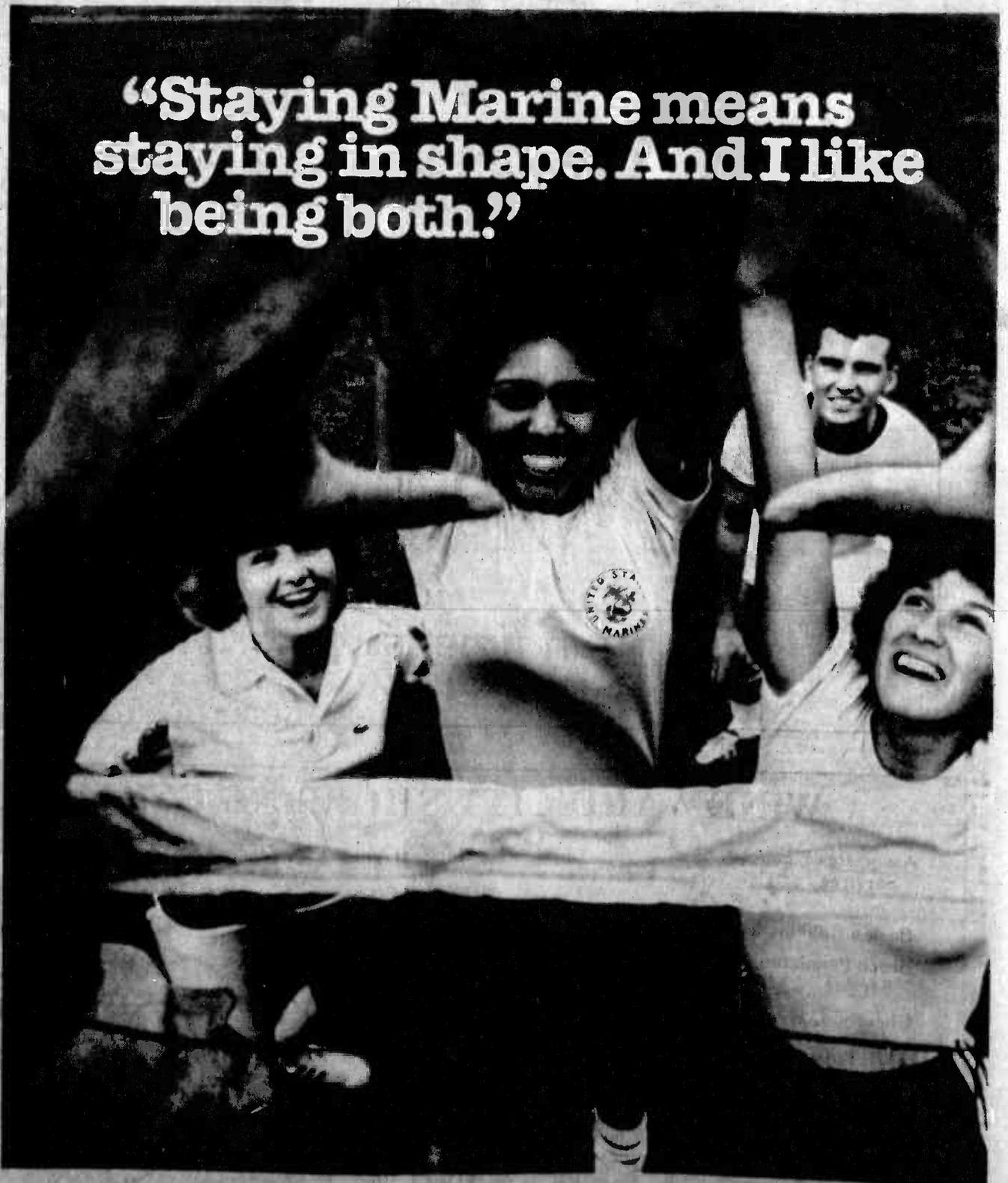
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# Footwear facts . . .

cont. from A-9  
The aforementioned qualities rule out tennis shoes and basketball shoes. Such foot-wear is inadequate for anyone seriously into running and can be hazardous.

**AT ALL COSTS,** avoid the department-store type shoes. These

basically cheap imitations of name brand running shoes are not only of poor construction, but are often sold at prices equal to or above that of a good shoe.

Keep in mind during your quest for a running shoe there is no one shoe can be worn comfortably by

all people. One runner's treasured shoe is another's shin splint. A good rule to follow is the heavier the runner, the heavier the shoe. A large person needs the added shock absorption of a well-cushioned heavy shoe.

**BEFORE BUYING**

shoes, a neophyte runner should gather as much information as possible. A good place to start is by talking to other more experienced runners. Another is by doing some research on the subject. There are several excellent running publications on the market and most

carry information about selecting shoes. Some even devote entire issues to rating running shoes. A quick check at the library may be especially beneficial and save you the cost of buying all those magazines.

**ONCE YOU'VE**

done all this, it's time to visit a running shop. Avoid regular shoe-stores and department stores. Most running stores are operated by reputable, sincere businessmen who also share your affinity for running. They usually know what they are talking about and carry

a large variety of quality shoes on hand.

A good pair of shoes can cost anywhere between 20 and 70 dollars. It makes sense to buy a less expensive shoe doesn't meet your particular needs by all means buy a more expensive shoe.

**SPEND THE** extra shoe if at all possible. In a quality shoe less expensive does not mean a cheaply made shoe. Then again, if you find a less expensive money. In running, protection and prevention go a long way toward making it the beneficial activity it is.

# restaurant guide

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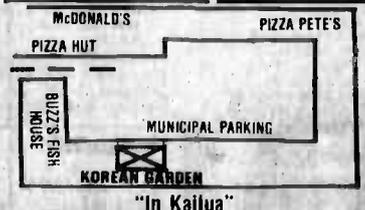
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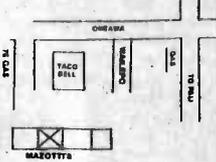
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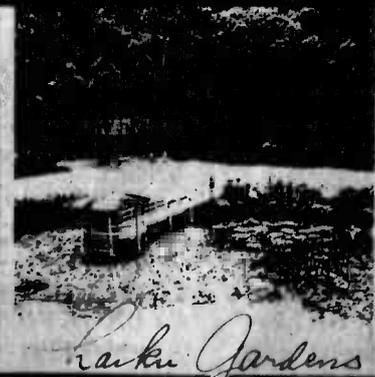


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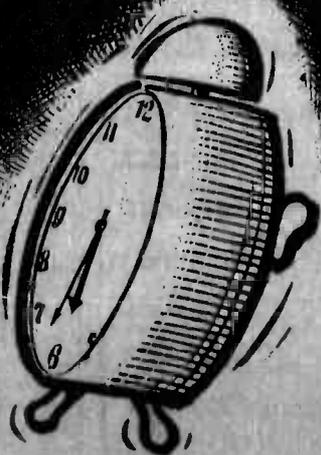
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# Water safety . . .

cont. from B-4

wave slamming you against the sand is enough to break bones. Common body-surfing accidents include dislocated shoulders, neck sprains, abrasions from sand, and fractured bones as well as the more serious broken neck or back and damage to your spinal cord. Once again, the most important thing to remember in safe and successful body-surfing is to cut out.

**CURRENTS ARE** always a hazard to be dealt with in the Hawaiian waters. Rip currents (undertow) carry back to the sea the water brought in by waves and shoreline currents. To find a rip, stand on shore and watch the body-surfers in the water. If they swim constantly in the same direction to stay in the same position, they are struggling against a rip. Along shore currents run parallel to shore, feeding into a rip current. If a rip current catches you, there are two ways to escape. One is to keep cool and ride it until it dissipates in deeper water, then swim into shore where there is no current. Another way is to swim at a 45 degree angle to the beach, across the current. Never swim against a rip current; it can exhaust the strongest swimmer.

Now that the dangerous side of body-surfing has been exposed, there are a few items that can enhance the fun of it.

**A MUST FOR** body-surfing is fins. Fins give you the power to catch a wave, cut out and swim out currents

and bad rips. The best type of fin for body-surfing has a heel strap, the shoe-type fins that cover the heel tend to get pulled off in the surf. Some surfers wear hand paddles made from plastic or wood and strapped over the wrist and fingers. Paddles help hold a surfer's position in the wave, but they are dangerous in collisions. Boogie boards, made from soft, flexible foam rubber, are fun to use and safe in wipe-outs and collisions. They are good flotation devices and can be pushed under the water to some extent. Inflatable canvas mats are excellent for riding waves, but are dangerous for beginners to use. Mats can't be pushed under water and tend to take you over the falls.

**WHEN YOU'RE** sitting on the beach, improving your tropic tan, and you get an urge to hit the water and do a little body-surfing, remember the do's and don'ts and how to's of safe body-surfing and have fun! (Information derived from Marine Advisory Program pamphlet.)

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**TRAFFIC CONTROL DEVICES**  
Traffic Schedule No. 80-7  
IN ACCORDANCE WITH THE PROVISIONS OF ORDINANCE NO. 79-44 AMENDING ARTICLE III, CHAPTER 15 (1978 TRAFFIC CODE) RELATING TO TRAFFIC ADMINISTRATION, THE DIRECTOR OF TRANSPORTATION SERVICES, CITY AND COUNTY OF HONOLULU, HEREBY ESTABLISHES TRAFFIC SCHEDULE NO. 80-7 TO AMEND SCHEDULE XXII OF SECTION 15-14.5(1) ESTABLISHING PROHIBITED PARKING CERTAIN AREAS.  
SECTION 1. Chapter 15 (1978 Traffic Code), City and County of Honolulu, as amended, is hereby further amended in the following particulars:  
"Hahaione Place (1) makeal side, for a distance 350' in the easterly direction from the kokohau curbline prolongation of Liliu Street; 2) makeal side, for a distance 250' in the easterly direction from the kokohau curbline prolongation of Liliu Street during the hours 7:30 a.m. to 5:30 p.m., except Saturdays, Sundays and holidays."  
SECTION 2. This Schedule is hereby attached to and made a part of Article VI hereof and shall take effect ten working days after its publication.  
AKIRA FUJITA, Acting Director  
Dept. of Transportation Services  
City and County of Honolulu  
Dated: 7/17/80  
Copies of the Schedule are on file at the City Clerk's office for use and examination by the public.  
(Sun Press, July 23, 1980)

**TRAFFIC CONTROL DEVICES**  
Traffic Schedule No. 80-7  
IN ACCORDANCE WITH THE PROVISIONS OF ORDINANCE NO. 79-44 AMENDING ARTICLE III, CHAPTER 15 (1978 TRAFFIC CODE) RELATING TO TRAFFIC ADMINISTRATION, THE DIRECTOR OF TRANSPORTATION SERVICES, CITY AND COUNTY OF HONOLULU, HEREBY ESTABLISHES TRAFFIC SCHEDULE NO. 80-7 TO AMEND SCHEDULE IV OF SECTION 15-7.2(1) (b) ESTABLISHING SPEED LIMIT ZONES—15 MILES PER HOUR; SCHEDULE XIV OF SECTION 15-11.3 ESTABLISHING STOP INTERSECTIONS; SCHEDULE XXII OF SECTION 15-13.10(1) (c) ESTABLISHING TOW ZONES—AFTERNOON PEAK PERIOD; SCHEDULE XXV OF SECTION 15-13.10(1) (g) ESTABLISHING TOW ZONES—24 HOUR; SCHEDULE XXII OF SECTION 15-14.5(1) ESTABLISHING PROHIBITED PARKING CERTAIN AREAS; SCHEDULE XXIV OF SECTION 15-14.5(1) ESTABLISHING CURB LOADING ZONES; SCHEDULE XXV OF SECTION 15-13.3(4) ESTABLISHING OFFICIAL BUS STOPS; SCHEDULE XXVI OF SECTION 15-13.10(1) (h) ESTABLISHING TIME LIMIT PARKING; SCHEDULE XXVII OF SECTION 15-17.2(3) RESTRICTING PEDESTRIANS CROSSING ROADWAYS; SCHEDULE XXX OF SECTION 15-22.1(1) ESTABLISHING PARKING METER ZONES; AND SCHEDULE XXII OF SECTION 15-6.7(0) ESTABLISHING TWO-WAY LEFT TURN LANES.  
SECTION 1. Chapter 15 (1978 Traffic Code), City and County of Honolulu, as amended, is hereby further amended in the following particulars:  
a. By amending Schedule IV of Sec. 15-7.2(1) (b) establishing speed limit zones—15 miles per hour by adding thereto the following:  
"Kalo Pt., from Varsity Pt. to its end."  
"By amending Schedule XIV of Sec. 15-11.3 establishing stop intersections by adding thereto the following:  
"Hydo St. Traffic on Hydo St. shall stop before entering Oahu Ave."  
"Kualoa Pt. Traffic on Kualoa Pt. shall stop before entering Kuliama St."  
"Liloa Rise Traffic on Liloa Rise shall stop before entering the intersection of Kanehahua Ave. and Liloa Rise."  
"Makela Pt. Traffic on Makela Pt. shall stop before entering Kuliama St."  
"Pihoa Pt. Traffic on Pihoa Pt. shall stop before entering Kuliama St."  
c. By amending Schedule XXII of Sec. 15-13.10(1) (c) establishing tow zones—afternoon peak period by amending the item relating to the ewa side of Alakea St., between Nimio Hwy. and Queen St. to read:  
"Alakea St., ewa side, for a distance 205' in the mauka direction from the mauka curbline prolongation of Nimio Hwy."  
d. By amending Schedule XXV of Sec. 15-13.3(4) establishing tow zones—24-hour by adding thereto the following:  
"Alakea St., ewa side, for a distance 145' in the mauka direction from the mauka curbline prolongation of Queen St., notwithstanding Sec. 15-13.3(4)."  
"Pacific St., makeal side, for a distance 160' in the kokohau direction from the kokohau curbline prolongation of Iwilei Rd."  
e. By amending Schedule XXII of Sec. 15-14.5(1) establishing prohibited parking certain areas in the following particulars:  
1. By adding thereto the following:  
"Kamehameha Hwy., both sides, from the Palu Hwy.-Kalaniana'ole Hwy. junction to Heale St."  
"Kuiuli Rd., waimanalo side, from a point 235' mauka of the mauka curbline prolongation of Kanehahua Ave. to Kanehahua Dr., a distance of approximately 420'."  
"Makela St., west side, for a distance 110' in the southerly direction from the north curbline prolongation of Mono St."  
"Punchbowl St., kokohau side, for a distance 90' in the mauka direction from a point 180' mauka of the mauka curbline prolongation of Beretania St."  
"Tualala St., mauka side, for a distance 115' in the kokohau direction from the kokohau curbline prolongation of Kaulani Ave."  
"Young St., mauka side, for a distance 55' in the kokohau direction from a point 420' east of the kokohau curbline prolongation of Victoria St."  
2. By amending the items listed below as follows:  
(a) By amending the item relating to the ewa side of Mott-Smith Dr. for a distance 245' mauka of the kokohau curbline prolongation of Liliu St. to read:  
"Mott-Smith Dr., ewa side, for a distance 340' in the mauka direction from the kokohau curbline prolongation of Liliu St."  
(b) By amending the item relating to the mauka side of Dole St. for a distance 310' in the kokohau direction from a point 180' east of the crosswalk fronting the University of Hawaii Faculty Apts. at 2640 Dole St. to read:  
"Dole St., mauka side, for a distance 480' in the kokohau direction from a point 48' kokohau of the kokohau end of the Meno Stream Bridge."  
(c) By amending the item relating to the kokohau side of Nihi St. for its entire length to read:  
"Nihi St., kokohau side, from Nobrega St. to the mauka property line of 3101 Nihi St. at the Heale St. intersection."  
3. By deleting the item relating to the item relating to Kamehameha Hwy. in Kaneohe at the following place:  
(a) from 445-1151, Honey's Cafe for a distance 80' to the kahuuku intersection at Liliuana St.  
(b) makeal side, between Kanehahua Rd. and Palaka Rd.  
(c) both sides, from Heale St. to a point 350' waimanalo of the intersection of Liliuana Rd. and Kaula Pt. Rd.  
(d) makeal side, between Halekulu Rd. and Waiakula Rd.  
f. By amending Schedule XXIV of Sec. 15-13.10(1) (g) establishing curb loading zones in the following particulars:  
1. By adding to subsection (1) thereof relating to passenger loading zones, the following:  
"Ewa Meno Rd., ewa side, for a distance 150' in the mauka direction from a point 85' mauka of the mauka curbline prolongation of Kanehahua Pt. in the kokohau direction from a point 230' p.m. on school days."  
"Young St., mauka side, for a distance 20' in the ewa direction from a point 25' ewa of the ewa curbline prolongation of Palm Dr. during the hours 3:30 p.m. to 5:30 p.m. on school days."  
2. By adding to subsection (1) thereof relating to freight loading zones, the following:  
"Alakea St., ewa side, for a distance 85' in the mauka direction from a point 240' mauka of the mauka curbline prolongation of Beretania St."  
"Kokea St., kokohau side, for a distance 40' in the mauka direction from a point 10' mauka of the mauka property line of 917 Kokea St."  
g. By amending Schedule XXV of Sec. 15-13.3(4) establishing official bus stops by adding thereto the following:  
"Dole St., mauka side, for a distance 45' in the kokohau direction from the kokohau end of the Meno Stream Bridge."  
h. By amending Schedule XXVI of Sec. 15-13.10(1) (h) establishing time limit parking in the following particulars:  
1. By adding thereto the following:  
"Kalaheua Ave., 2-hour makeal side, between Kapaeha Ave. and Poni Mui Rd."  
2. By deleting therefrom the item relating to Kamehameha Hwy., 2-hour both sides, between Liliuana Rd. and Waiakula Rd. i. By amending Schedule XXVII of Sec. 15-17.2(3) restricting pedestrians crossing roadways by adding thereto the following:  
"Beretania St., the unmarked crosswalk across Beretania St. on the mauka side of the intersection of Bishop St. and Beretania St."  
"Nuuanu Ave., the unmarked crosswalk across Nuuanu Ave. on the mauka side of the intersection of Nuuanu Ave. and School St."  
j. By amending Schedule XXIX of Sec. 15-22.1(1) establishing parking meter zones by amending the item relating to the mauka side of Kanehahua Ave. between Kapaeha and Monsarrat Aves. to read:  
"Kanehahua Ave., mauka side, between Kapaehua Ave. and Poni Mui Rd."  
k. By amending Schedule XXXII of Sec. 15-6.7(0) establishing two-way left turn lanes by amending the item relating to Kamehameha Hwy. between the Liliuana-Kaula Pt. and the Liliuana-Halekulu intersections to read:  
"Kamehameha Hwy. (Kaneohe), between the Liliuana Rd.-Kaula Pt. Rd. and the Waiakula Rd.-Palaka Rd. intersections."  
SECTION 2. This Schedule is hereby attached to and made a part of Article VI hereof and shall take effect ten (10) working days after its publication.  
AKIRA FUJITA, Acting Director  
Dept. of Transportation Services  
City and County of Honolulu  
Dated July 10, 1980  
Copies of the Schedule are on file at the City Clerk's office for use and examination by the public.  
(Sun Press, July 23, 1980)

**NOTICE OF PUBLIC HEARING**  
RE: INSTITUTION OF BUS SERVICE CHANGES IN THE BUS SYSTEM  
CITY AND COUNTY OF HONOLULU  
Notice is hereby given that a public hearing will be held by the Department of Transportation Services, City and County of Honolulu, at the Planning Commission Conference Room, City Hall Annex on King Street, on Wednesday, August 20, 1980, at 7:30 p.m. for the purpose of receiving testimony on the institution of bus service changes in the BUS SYSTEM in compliance with Section 516 (3) of the Urban Mass Transportation Act of 1964, as amended.  
1. BACKGROUND  
The Urban Mass Transportation Administration has issued final regulations implementing Section 516 (3) of the Urban Mass Transportation Act of 1964, as amended, which require recipients of Federal funds pursuant to Section 5 of the Act to hold public hearings or to provide an opportunity for public hearings prior to institution of a fare change or substantial changes in bus service.  
2. DESCRIPTION OF PROPOSED CHANGES  
a. Route 18 - University of Hawaii - Ala Moana Center  
A new experimental urban route between the University of Hawaii (Mann Campus) and the Ala Moana Shopping Center via Makiki. This service commenced on April 16, 1980.  
b. Route 83 - Wai'anae Coast Express  
A new experimental express route between the Wai'anae Coast on Leeward Oahu and the Honolulu Central Business District via the Interstate H-1 and Moanalua Freeways. Service was initiated on May 1, 1980 with two morning and two afternoon peak period trips.  
c. Route 88 - Kalaheua-Ahuhimanu Express  
A new experimental express route between Kalaheua (Ahuhimanu) and the Honolulu Central Business District via the Kanehahua and Liliuana Freeways. Service will commence on August 6, 1980 with two morning and two afternoon peak period trips.  
d. Route 86 - Windward-Pearl Harbor Express  
A new experimental express route between Kanehahua and the Pearl Harbor Shipyard via Liliuana Highway and Interstate H-1 Freeway. Service was initiated on July 16, 1980 with one morning and one afternoon trip per day.  
e. Route 84 - Milliani Express  
A new experimental express route between Milliani Town and the Honolulu Central Business District via the Interstate H-1, H-1 and Moanalua Freeways. Service will commence on August 6, 1980 with three morning and three afternoon peak period trips.  
f. Route 82 - Kalaheua Valley Express  
A new experimental express route between Kalaheua Valley (Hawaii Kai) and the Honolulu Central Business District via Kanehahua Highway and Interstate H-1 Freeway. Service will commence on August 6, 1980 with two morning and two afternoon peak period trips.  
g. Route 8 - Hickam-Waikiki  
An upgrading of the existing service by adding three buses to the Waikiki-Ala Moana Shuttle to provide a four-minute headway with a 48-minute round trip. The addition of one more bus to the Hickam leg of the route will improve the headway from 30 to 20 minutes. These improvements were instituted on an experimental basis in June 1980.  
h. Route 12 - Honolulu-Halt Lake  
An upgrading of the existing service by adding two morning and four afternoon peak period trips. This additional service commenced on an experimental basis in June 1980. Two more morning trips will be added in September 1980.  
i. Route 81 - Waipahu Express  
An upgrading of the existing express service by adding one morning and one afternoon peak period trip. This experimental service commenced on June 8, 1980.  
j. Route 85A - Windward Express (Kaneohe)  
An upgrading of the existing express service by adding one morning and one afternoon peak period trip. This experimental service commenced on June 8, 1980.  
k. Route 5 - Manua-Waikiki  
Commencing in September 1980, the Lower-Kalihi Street segment of this route will be discontinued. Additionally, every other trip into Paradise Park will be eliminated. (NOTE: With the exception of Route 5, all of the above proposed changes will be instituted for 180 days or less on an experimental basis. These service changes may become permanent at the end of the experimental period.)  
3. At the hearing, the Department of Transportation Services will afford an opportunity for interested persons or agencies to be heard, especially as it relates to the economic, environmental, and social impacts of the proposed changes. Interested persons may submit oral or written testimony with respect to such changes. The deadline for such written testimony is 4:30 p.m., August 27, 1980. All written comments should be legible and include your name, organization (if applicable), and address. It should be addressed to: Director, Department of Transportation Services, Honolulu Municipal Building, City and County of Honolulu, 450 K King Street, Honolulu, Hawaii 96813. For additional information on the proposed route changes, contact Mr. Joe Magaldi, Bus Systems Administrator at 523-4318.  
AKIRA FUJITA, Acting Director  
Department of Transportation Services  
City and County of Honolulu  
(Sun Press, July 23, 1980)

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Corrections & cancellations deadline Monday - 12:00 noon

For quick, experienced help in placing your ad Ph. 235-5881

# When you place a Classified ad, results are just a phone call away!

## TO PLACE YOUR AD—Dial 235-5881 Classified Advertising Department



### PROFESSIONAL SERVICES

**NEED Your house clean.** Call Lisa at 264-5302. I bring my own equipment.

**LAWN MOWER** Moped repairs & tune-ups at your home. Ruas. Ph. 395-6927.

**CABINETS & COUNTERS** Selling apart—need shelves or custom work? Free Estimates. 395-8336. Creative Woodwork & Design

**DOMINGO Dependable** Dry Service, house-cleaning & hauling, etc. 422-7428

### SCHOOLS & TRAINING

**REMEDIAL Speed Reading** August 4 to 16. Call 422-5268 after 5.

**STAPLES Swim School.** Private & small group classes for children & adults. To register call 281-1982

**SPELL WITH PHONICS IMPROVE READING** Easy Phonics Method. Beginning remedial reading, grammar, comprehension. Any level. Adult, individual tutoring. Guaranteed improvement. 262-7242

**PIANO Lessons** by experienced teacher. Openings for children & adults. Kailua 262-8697.

**PERSONALLY designed** lively exciting popular piano training for beg. adults. Sold by semester only. Anett 261-0027.

**Hawaii Waialeale MATHEMATICS INSTITUTE** Academy & Learning Clinic. By Appt. 261-8108

**PIANO Lessons** in Kaneohe by Jeri Evans. An associate of Ellen Masaki. 247-8437.

**WOODWIND Lessons.** 11 years teaching experience. 7 1/2 hr. \$12/hr. Ph. 237-8039. Wanda, B.M., M.A.

**BEGINNING Piano or Flute** lessons. Individual instruction. Phone 235-5098.

**PIANO Lessons.** Classical, Popular or Chord Method. Ph. 236-4432.

### MEDICAL CAREERS

**MEDICAL ASSISTANT**  
**CLINICAL ASSISTANT**  
**MEDICAL SECRETARY**

**MED-ASSIST SCHOOL OF HAWAII**

Now Open For Enrollment  
For information & interview  
Call 524-3363  
1184 Bishop St., Suite 405  
Licensed by DHE

### SCHOOLS & TRAINING

**PACIFIC Maritime Academy** Deck-Celestial-Radar August Classes 537-5716.

**BUSINESS OPPORTUNITIES**  
FULL or part time couple and individual for business of your own. Local Arway Distributor assists you for splendid opportunity. Phone 239-7550 leave name and phone number.  
PART-Time management positions in expanding firm. Call Greg, 823-3973

**WANTED:** People who are interested in food supplements diet program, herbs & dehydrated foods. Call 833-5708.

**LOSE Weight,** have opportunity to earn money at the same time. 423-2550 or Deana 847-5384 (Carpet Dept.)

**BORED?** Make money, make friends, make a future. Shaklee is more than a living... it's a lifestyle. For information Ph. Bob Briggs 262-8298 or 261-1670

FOR an investment of under \$30 you can be financially independent with your own Synthetic Lubricant business. For more information write BTH P.O. Box 1028 Wahiawa, HI 96786.

**FINALLY,** the way to beat inflation. With Shaklee, you can earn according to your needs and effort. Let us show you how. Ph. Bob Briggs 262-8298 or 261-1670

**CIRCLES** hold more money than pyramids. Ph. 254-4145.

**JANITRESS** part time. P.M. Kaneohe & Kailua. Ph. 247-2614.

**PART time work,** Beskin Robbins, non-student, advancement opportunity & cake decorating skills helpful. Ph. 254-4889.

**HAIR STYLIST** Part Time. 261-2575 days; 262-5284 eve

**LOVING Grandmother** type sitter to supervise 8 yr. old girl and 1 1/2 yr. old boy in my Kailua home. 8 to 5 weekdays. Ph. after 7 p.m. 282-6180.

**WANTED:** Gymnastic coach (Ass't). Experience necessary at rec. & pre team level. Call 624-4297 or 623-5666.

**SALES/Advertising** full & part time; work from home. Comm. plus bonus. Rapid advancement to mgmt. Call 422-8713 for appointment.

**NEEDLECRAFT** Demonstrators needed. Island wide. \$10 to \$12 an hr. 254-5052

**PART TIME OR FULL TIME** Superb natural cosmetics. Opportunity for extra income. Need sales reps. and branch dealers. Ph. 531-2623

### HELP WANTED MALE & FEMALE

**POSITION open** for auto body person first class & prep person. Salary commensurate w/exp. Apply in person 131-A Heikili St. Kailua or call 262-5060 from 8 to 4 p.m.

**KOKUA EMPLOYMENT WINDWARD OPENINGS:** Gen. Office, good pay. Lite Bookkeeping, \$700. Dental Receptionist Sec. (no SH) to \$750. Deliver Plants, \$700-up. Underwriter to \$1,000/mo. Mason. Good Pay. Many, many other jobs. Service wives welcome. Apply 767 Kailua Rd. Free parking in rear.

**WALDO'S Pizza** Aloha Park Shopping Ctr. Waitress Part Time. Ph. 254-5274

**NEED extra income?** Earn it in your spare time. Call 488-5667 for appt.

**CASHIERS** needed. Coin Power, must have drivers license. Various location shifts avail. Apply 1524 So. King St. 10 a.m. to 3 p.m. Mon. thru Fri.

**LOST Your Tri-Chem** Liquid embroidery instructor? FREE services, classes: 239-7812, 422-1919, 847-0997, 254-4508, 682-4253, 839-6402. Full/part time career opportunities.

**NEEDED teacher/assist.** exper. for Nani Muna Montessori School. 235-1485/395-7821

**EXPERIENCED DRY CLEANING PERSONNEL** Pressers, Marker checkers. Modern plant. Irregular benefits. Waikiki area. Call 941-7578 or 948-4284 Evenings

**BANK CLERK** Train in Visa Dept. \$630. Island Jobs. Ph. 523-5802.

**CASHIERS: \$805** New hotel gift shop! Island Jobs. Ph. 523-5802.

**ELEM. teacher** for private kdg. Kailua Children's Center. Ph. 261-9686.

**ROUND Trip transportation** for Muscular Dystrophy patient. Kahuiku to Hon. for doctor's visit once a wk. for approx. 3 mo. \$30/per trip. 533-4211.

**WANTED:** Gymnastic coach (Ass't). Experience necessary at rec. & pre team level. Call 624-4297 or 623-5666.

**SALES/Advertising** full & part time; work from home. Comm. plus bonus. Rapid advancement to mgmt. Call 422-8713 for appointment.

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**PART TIME OR FULL TIME** Superb natural cosmetics. Opportunity for extra income. Need sales reps. and branch dealers. Ph. 531-2623

### HELP WANTED MALE & FEMALE

**PART-time exper. sect'y** w/top skills. Must have excel. editorial & sten. abilities. Kailua area. Hrs. 8:30-12. Opportunity for advancement. \$425/mo. Please send resume inc. ref. to East/West P.O. Box 1207, Kailua, 96734. No ph. calls, please.

**OPINION interviewing.** Telephone work. Eves./Weekends. \$4/hr. No selling. Resume. P.O. Box 1207, Kailua.

**DO you enjoy meeting** new people. We need mature people to call on newcomers in Pearl Harbor area. Car & typewriter necessary. Call 624-9042 between 8 & 8 p.m.

**PROPERTY or casualty** underwriter, Kailua. 786 Bank W/Ins. 261-1765

**BANK TELLERS! \$870.** Train w/cashiers exper. Island Jobs. Ph. 523-5802.

**TELEPHONE PR** Part time even. Kaneohe. Good salary plus bonuses. No experience necessary. Mature persons. Military, Senior Citizens welcome. Call Aileen or Dabba. 235-0225

**DON'T be unemployed,** be self-employed. Ph. 239-5463.

**CASHIER exper.,** apply in person. Country Liquors. Waipahu. No phone calls.

**EXPER. Travel consultant,** minimum 1 yr. call after 7 p.m. Ph. 254-1151.

**COOKS & Waitresses.** Days or nights, part time. Waldo's Pizza. Milliani Shopping Center. Apply in person.

**PHLEBOTOMIST** Openings: Because at Alpha a little experience goes a long way. We are willing to train for a part time position which enable you to perform venipunctures, arm prep and return red blood cells back to donors. Most important is your desire to learn and succeed. To apply, please contact Colleen or Lori at 836-0647.

**GET DOWN TO ALPHA FOR EACH \$7 PLASMA DONATION** You can help close the gap in worldwide plasma shortage and aid victims of disease and injuries too. Supplement your income. Wouldn't you like to be part of it? Get down to Alpha today! Alpha Donor Center 3179 KOAPAKA ST. (behind Airport Ramada Inn) 836-0647 Open 6 days/ MON.-THURS. 8:00 am-6 pm TUE., WED., FRI., SAT. 11:00 am-4 pm STARTING JULY 7th

### HELP WANTED MALE & FEMALE

**PART TIME Plasma Technicians.** Will provide you with training at our expense. Should have a flair working with public & a desire to succeed. To apply please contact Colleen or Lori at 836-0647.

**EARN EXTRA MONEY** Military & Local Waikana Part Time \$3.10 p.m. Nation's largest discount shopping service outlet has sales & delivery positions avail. Distributors of shoes, electronics, groceries. Also the buying service for clothing, furniture, sporting goods, auto accessories, home appliances, etc. Part time, full time, evenings. Free beach, Barbara Point & KMCAS. Start at \$3.90/hr. or incentive pay plan varies. Call Central Personnel Office for interview. 833-4878 ask for Mary

**MILILANI—beds, toys,** desk, clothing, etc. July 28, 9 to 3. 94-525 Anania Ct. #142. Phone 623-1124.

**SUPER Garage Sale!** July 28 & 27, 9 to 6 p.m. 45-330 Nakualua St. Kaneohe.

**WASHER, \$95; double wall** oven, \$15, console stereo, coffee table, 3 woven fold up chairs, aluminum awnings, misc. Everything priced to go. 443-A Malulu Ave. Kailua. Ph. 262-6847.

**JULY 28, 10-3, 521-5** Popekaka St., Kailua. Sample dresses, swim wear and plants.

**EVERYTHING from wicker** furn. to tennis rackets to king size waterbed w/ frame. A whole garage full of goodies. Sat. Sun. 26 & 27, 9-4 p.m. 1355 Manu Mele St. Kailua.

**SAT.—SUN., 8 to 4, freezer,** household items, clothing. 5367 Papai St., Aiea. Haina.

**GARAGE Sale, 2092** Halekoa Dr., Waialae Nui Ridge. Art supplies; jewelry equip; bldg. material; toys; clothing; dishes; general household; Sat. & Sun. 7/28, 7/27, 9 A.M. to 6.

**Did you just buy something at a garage sale & can't get it home? We can — in our Van! YOU CALL WE HAUL No load too small 261-2881 No work weekends**

### SITUATIONS WANTED MALE & FEMALE

**RELIABLE Babysitter** to care for your child Mon.-Fri. Refs. available. 247-3743

**Will baby sit day or night** in my Schofield home. Ph. 624-4717.

**LOVING, patient,** quality child care. 18 mos. & up. Hawaii Kal. 395-8226.

**CHRISTIAN Lady** to clean your house weekly. Good price. References. Loving care. Bonnie, 259-8516.

**GARAGE & LANAI SALES**  
MILILANI—beds, toys, desk, clothing, etc. July 28, 9 to 3. 94-525 Anania Ct. #142. Phone 623-1124.

**SUPER Garage Sale!** July 28 & 27, 9 to 6 p.m. 45-330 Nakualua St. Kaneohe.

**WASHER, \$95; double wall** oven, \$15, console stereo, coffee table, 3 woven fold up chairs, aluminum awnings, misc. Everything priced to go. 443-A Malulu Ave. Kailua. Ph. 262-6847.

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### SITUATIONS WANTED MALE & FEMALE

**MOVING SALE:** baby clothes, high chair, dorm trunk, typewriter, much more. Fri. & Sat. July 26 & 27, 9 to 4. 88 Alkahi Ln.

**YARD SALE:** 677 Mokapu Rd. Kailua. Sat. July 26 starting at 10 a.m. Plants, quality clothing, etc.

**MOVING EVERYTHING MUST GO:** living room, dining room, bedroom furnishings. Misc. items incl. file cabinets, lanai chairs, garden tools, lamps etc. 44-113 Kealahou Pl. off Kaneohe Bay Dr. Sat. & Sun., 8 to 5. 247-4208.

**SOFAS, lamps, rattan table & chairs, TV & stereo equip.** Many misc. items. Sat. & Sun. July 28 & 27, 12-5 p.m. 3442 Ala Hapuu St. Salt Lake area.

**MOVING SALE:** Furniture, clothes, lawn mower & more. July 28 & 27, 9-5. 744 Fincher St. Come by any day for furniture.

**COUCHES, desks, dishes,** cabinets, bikes & much more. Fri. Sat. & Sun. 10-4. 45-124 Kahanuwa Cir. Kaneohe.

**MOVING:** 4 diversified vending machines, 10 mos. old, located in established area. Phone 261-0535.

**MOVING SALE:** July 23 thru 26 from 8 a.m. to 4 p.m. Everything must go! Household items, appliances, clothes, surfboard, swing set & much more. 1418 Lekeona St., Kailua. Ph. 261-8869.

**Did you just buy something at a garage sale & can't get it home? We can — in our Van! YOU CALL WE HAUL No load too small 261-2881 No work weekends**

### APTS. FURNISHED

**2 BDRM.** fully furnished. Ocean view. \$325. 373-2424

**PUNALUU—Studio,** Beach/pool, util. incl. 623-2133 or 293-1060.

**COMPLETELY furn.,** single, color TV, dishes, pool, sauna. Ph. 458-4100.

**KAILUA; Lg. carpeted** 1 bdrm., util./laundry privileges. \$400. Phone 262-7762 eves.

**PUNALUU on the beach.** Studio, pool, parking, util., \$275. Lease. 239-7263.

**STUDIO ON THE BEACH** Security, pool, on busline. Makaha, \$300. Ph. 488-8696

**WAIKIKI—luxury,** low, low price, 1 bdrm., sleeps 4, tennis, pool, view. Weekly. monthly. Timmy 262-6008/261-3389.

**KANEHOE Haku Hale,** 3 bdrm., 2 bath end unit, pool \$500 mo. Ph. 235-8196

### APTS. UNFURNISHED

**2 BDRM., fully carpeted,** storage area, washer & dryer, parking stalls. Call 235-3846 after 6 p.m.

**KAILUA WINDWARD** Passage—3 bdrm., 2 bath, 8th fl., never lived in. Avail. Aug. 1. \$700. Ph. 261-5710.

**PEARLRIDGE Collonnade** Diamond Head view. 2 bdrm., 2 bath, \$550. Ph. 524-7200. 8-5.

**KALIHI—2 bdrms., washer/** dryer, parking, near bus line, school, shopping center, \$400 & up. Hale Kekoa Inc. Ph. 423-1022.

**KANEHOE Haku Hale,** 3 bdrm., 2 bath end unit, pool \$500 mo. Ph. 235-8196

**WAIKIKI—luxury,** low, low price, 1 bdrm., sleeps 4, tennis, pool, view. Weekly. monthly. Timmy 262-6008/261-3389.

**KANEHOE Haku Hale,** 3 bdrm., 2 bath end unit, pool \$500 mo. Ph. 235-8196

## PRESSMAN

Immediate opening for Web Offset Pressman on a 6 unit Goss Urbanite. Experienced in process color very helpful. Salary commensurate with experience, medical and dental, profit sharing.

Call Sun Press, 235-5881, ask for Dennis Heupel.

## EXCELLENT OPPORTUNITY FOR ADVERTISING SALES

We have an opening for a capable salesperson to sell and service Classified Advertising accounts over the telephone and outside.

Typing required (40 wpm)

Experienced preferred, but will train.

5 Day Week  
8:00 to 5:00 P.M.  
Salary & Commission

For Appointment Call  
Ingrid Carvalho at 235-5881

## Sun Press NEWSPAPERS

46-016 ALALOA ST., KANEHOE

# BUSINESS & SERVICE DIRECTORY

### Appliance Repair

**HOME APPLIANCE SERVICE**  
Expert repair to all makes/models, reasonable Ph. 671-0445

**DAN'S Appliances,** repairs washers & dryers, stoves & refrig. Call 822-4679 (Repairs Guaranteed)

### General Contracting

**D. ODA CONST.**  
Additions, Complete Masonry New homes, plus designs no charge. Lic. #99892  
Ph. 395-5998

### Instruction

**STAR School of Music.** Instruction for all musical instruments. Piano, drums, guitar, etc. 621-0418

**PIANO Lessons** your home. Exp. teacher w/masters degree. 621-6138 eves.

### Maintenance

**B & B Maintenance, Inc.**  
Home Improvement Painting Plumbing, Repairs Lic. C-9083 Ph. 487-1244, 487-0923

### Massage

**Yakushi Therapeutic Shinkai Massage**  
Back problems or shiatsu therapy? 48-4048 Koa Hwy., Rm. 207 Ph. 597-2773 or 238-3218 By Appointment Only Hours: 9:00-6:00

### Painting

**KAMAIIA PAINTING** Free Estimates Lic. C-4767 Ph. 247-6621

**C & R PAINTING** Commercial & Res. our specialty. Free Estimates. Ph. 247-4807, C-9724

**NARIKAWA PAINTING** Free Estimates Lic. C-5495. Ph. 488-1080

**PAT'S PAINTING SERVICE** Commercial & Residential Free Est. (C)8523 254-1358

### Plumbing

**PLUMBING** repair service. Free estimate. Plumbing & drain cleaning. Ph. 247-0544

**Remodeling & Building Repair**

**PATIOS AND NEW ADDITIONS** Repair-garage Free Est. Clifford Iwano C-4477 Ph. 877-4695

### Remodeling & Building Repair

**ALOHA GLASS SALES & SERVICE**  
Commercial & Residential Glasswork (Lic. 7648) Ph. 235-1304

### Roofing

**STATE ROOFING** General Roofing Free Estimates. Ben Paical 37 years' Exp Lic C-2036 Ph. 247-2421

### Yard Service

**COMPLETE Lawn Service,** big job clean-up & dependable monthly maintenance Ph. 235-0543

**DEBORAH YARD SQUAD**  
All jobs large & small general cleaning, trimming & hosing lot cleaning, pruning & grass planting, local gravel & red chips. Monthly maintenance. Fast reliable service. Free estimate. Call 282-7671 Ask for Deborah

### Refrigeration & Air Conditioning

**RJ'S REFRIGERATION & Air Conditioning Services** Workmanship guaranteed. Call 533-3877 ext. 8404

**Carpet/Upstair Cleaning**

**LOWE'S CARPET CLEANING** Ph. 488-8888

### Masonry

**MULA NANI'S DANCE STUDIO**  
All Ages, Beginners Intermediate & Advanced  
**LEON'S AREA**

### Masonry

**WALTER KUMUENA MA'ONO**

### Moving

**RELOCATING???** Very Reasonable. No job too big or small Free Estimates Call Roy 822-8813 24 hr

### Painting

**LEB'S PAINTING** Residential Lic. C-3656 Ph. 847-1464

**S. LIMONG PAINTING** Free Est. Lic. C-9211 Ph. 621-6623, 621-4380

### Piano Tuning

**OLD RELIABLE** J. PAUL GILLINGER TUNER TECHNICIAN 261-0487

### Remodeling & Building Repair

**E.C. & L. Builders** Home Improvement. House painting, concrete work, carpentry & extension patios. Lic. S-884. Ph. 671-7008

**WINDWARD Builders Ltd.** expert repairs—additions B-639 Ph. 247-6621 or 261-1416

### Remodeling & Building Repair

**BURNER SPECIAL on all Not Asphalt & Bitingles** Servicing All Island Areas Repair, Free Estimates  
**ROBERT ROOFING CO.** 831-5036 Lic. 6254 No travel charge

### Remodeling & Building Repair

**WALLACE GARDEN SERVICE**  
General Yard Maintenance old lawns restored, new lawns planted, trim hedges & shrubs, remove rubbish Hawaii Kai to Kahala. Free estimate. Ph. 395-1929

### Remodeling & Building Repair

**Naniloa Gardens**  
Fresh cut flowers, leis, bouquets, wedding bouquets, spray, potter plants  
Ph. 247-4071

### Remodeling & Building Repair

**AKAMAI ROOFING** FREE ESTIMATES 281-6625, 636-1000, 841-4883 Any Time

### Remodeling & Building Repair

**CONCRETE & FLOW TILE SPECIALISTS**

### Remodeling & Building Repair

**Affordable LOW COST BUILDERS HOME IMPROVEMENT SPECIALISTS** PH. 262-9775

### Remodeling & Building Repair

**AKAMAI PAINTING & Waterproofing** Lic. 6254 No travel charge

### Remodeling & Building Repair

**OLD RELIABLE** J. PAUL GILLINGER TUNER TECHNICIAN 261-0487

### Remodeling & Building Repair

**Affordable LOW COST BUILDERS HOME IMPROVEMENT SPECIALISTS** PH. 262-9775

### Remodeling & Building Repair

**AKAMAI ROOFING</**

• 75 PARTIALLY FURNISHED
KAILUA 3 rooms & bath, block from beach. Furnished or unfurnished, \$50/mo. Ph. 261-0531.
TELEPHONO 2 bdrm, 1 bath, \$500. Ph. 487-3310.

• 76 REALTORS TO SHARE
KAILUA Gardens, own bdrm, own bath, washer/dryer, pool. 262-8640 after 6.

FURN/UNFURN. bdrm. & bath, utility, pool, refs. \$225/mo. 254-2472 awf.
KANEHOE Haiku Village 3 bdrm., 2 bath home. Own br. & bath. \$200/utills. incl. Phone 247-5007.

NEAR Castle Hosp. View, private entrance, bathroom. Non-smoker. 261-4069 or 533-2200 evens.
LANIKAI large 3 bdrm., 75 yards from beach, \$218 + utills. No deposit. 262-6840.

KAILUA View, quiet, secluded area, washer, dryer, cable TV. \$175 plus deposit. Call 261-6511 or 262-7281.
MAKAKILO \$250 per month all utilities included. Excel. view & swimming pool. 672-3468, 471-3410 dlyh.

• 81 HOUSES FURNISHED
BEACH Front Lanikai: Beautiful furnished house. Immediate occupancy, \$1,200/mo. Ph. 261-9677.
ROOM mate wanted. Professional single male or female to share townhouse in Hawaii Kai. Waterfront & all extras, \$250 plus utilities. 533-3463, 533-2484, 377-6809 evenings.

• 82 HOUSES, PARTIALLY FURNISHED
AIKAI PARK: 3 bdrm. 2 bath home w/lge. garden on no through street \$595. 262-9119. No pets.
ALI Shores: Beautiful lge. Immac. Exec. 3 bdrm. home w/lam. & dining rms. decks & gar. dr. Lovely mt. & bay views. Private & Quiet. Immo. \$775/offer. Incl. Gardener. No pets. Ph. 262-9119.

KAILUA: 3 bdrm., 1 bath, yard, no pets, child over 12. \$485. 247-1488.
LOVELY KANEHOE, newer 3 bdrm. 2 bath, enclosed 2 car elec. garage, pool & rec. rm. everything. \$590. 261-6661/262-8502.
MILILANI—2 bdrm. home. Yard w/privacy, upgraded carpeting, custom drapes, no pets. Refs. \$500. Phone 623-9977.

MAKAKILO Mini 4 bdrm., 2 bath, extra lge. panel living rm., dining rm., carpeted, new drapes, encl. workshop & double car port. High view corner lot. Ph. 672-9503 or 531-6113.
KANEHOE—Extra lge. 1 bdrm. duplex w/covered lanai, comfortable sitting w/privacy, \$360 incl. util. Ph. 235-3213 or 531-5248.
LATE 3 bdrm., new paint/carpet, near beach, \$375. Phone 247-2402.

TOWN HOUSES PART. FURN.
KAUHALE Beach Cove. 2 bdrm., 2 bath townhouse on Kaneohe Bay. Pool, partly furn. Call Sanja 524-7784 weekdays between 8-5.
HOKULOA-END UNIT: Lovely lge. carpeted 2 story 4 bdrm. 2 1/2 bath home w/lam. rm./view sundeck/ encl. gar./5 rec. area incl. Pool & Tennis. No pets. \$595 incl. Gardener/Water. Ph. 262-9119.

KANEHOE—new bdrm. 2 bath townhouse, super amenities \$650. Call 621-8633 or 373-3054.
SALT LAKE, 2 bdrm. 2 bath condo, all incl. in kitchen, parking \$590 incl. utills. Call 949-6300.

TOWN HOUSES PART. FURN.
KANEHOE Puu Ahi-3 bdrm., 2 bath, pool & tennis. \$800. Ph. 235-5767.
KANEHOE Puu Ahi, 2 bdrm. 2 bath. Spectacular view of the bay, pool, tennis. \$550 235-5767.

AIEA - Hillside terrace, 3 bdrm., 2-1/2 bath, end unit townhouse, all appl. No pets. 239-5487 evens.
KANEHOE AIKAHI Gardens—3 bdrm., 2 bath, pool, rec. area, parking. \$550. Realty Management. Phone 948-7966.
EWA BEACH 2 bdrm. townhouse. Adults, \$450. Phone 689-8662.

LANIKAI-BLUESTONE, model B, end unit, 3 bdrm., 3 bath, \$1,250/mo. Phone 254-5384 dwh.
3 BDRM. 1 1/2 bath, near Castle Hosp., washer, dryer, yard, kids & pets O.K. \$625/mo. Koba or Patti. Phone 261-1528.

• 88 CONDOS & TOWNHOUSES FURN.
RENT Kaawa—Furn. studio, rec. area, pool & pavilion, ocean view, beach across street. Walking distance to restaurant. Ph. 239-6688.
THREE bdrm., 1 1/2 bath townhouse, nicely furn. New paint. Complete w/washer & dryer. Pool, 2 park. Near Pearlridge. Available 8/15. \$825/mo. 488-0240/alt. 5, 537-2496.

• 89 ROOMS FOR RENT
ROOMS for rent—fully furnished house, \$225, \$175. Mountain view, own bath, family rm. 247-5120/evenings.
KAILUA rooms for rent. Prefer working single. Call 262-5834.
LARGE Private room working single, \$200 plus deposit. Call after 8 p.m. 235-0414.

LOVELY decorated studio bedroom, private entrance & bath for single working person. Ph. 262-4468.
KAPAHULU / KAIMUKI private room w/own entrance & bath. Quiet, employed non-smoking person, \$135. Call 247-1488.
LARGE furnished bdrm. Private bath & entrance. Day/week/month 261-6045.
KANEHOE: 2 rooms, bathroom, kitchen, priv. \$200 per mo. + util. 247-1976.

MAKAKILO room for rent, \$200 + util. After 5, 672-4094. Please leave message.
ROOM for rent in Kailua \$200. Ph. 261-7427.
ROOM For rent/share home. Incl. utills. \$190 mo. Parking & pool. Aikahi Gardens. 254-3815.
2 ROOMS for rent, \$225 ea. incl. utills. Beautiful view, Kaneohe bay, view, fireplace, semi-private location. Avail. Immo. 235-8380.

• 93 VACATION RENTALS
VACATION Rental, Kaawa. Magnificent view 2 bdrm. 1 1/2 bath + loft. Swimming pool, volleyball \$250 per wk. Mona Parker 261-4237.
KUILIMA: 1 bdrm., apt., sleeps 4, amenities. Daily/wkly./mo. 235-1481.
KUILIMA: 1 bdrm. fully furnished apt., no pets. Call 239-8539.
BEACHFRONT studio near Crouching Lion. Week. month, pool. 235-6198.

MILITARY & VETS
New with Hula Mae/VA Financing it is possible for you to own your own home in Hawaii. We have such homes on white sandy beaches with the ocean to your backyard. For free information on details & locations, call me personally.
Wally 239-0876
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262-5307

You: • Pay for your advertising • Show your home to prospective buyers • We take it from there
We are a part of the real estate pros. An additional fee is charged for MAPS/TAX 621/181/191, unless your contract is on.
YOU WILL WE TRAIN YOU HAVE!

• 98 RENTALS WANTED
MATURE married couple desires 3 bdrm. house to rent up to \$350 per month. Will sign lease. Must allow 1 well behaved dog. Fenced yard a must. Prefer 2 car garage. Ph. 235-1387 after 5 p.m.

RENTAL wanted: 1 or 2 car garage for storage. Kailua Area. Call 262-8360.
CONTRACTOR with wife & 2 well mannered children looking to lease 2 to 4 bdrm. home in Lanikai school district. No pet, good local references. Can make major or minor repairs for rent deduction. 235-4091 or 841-8041, 8 to 6 p.m.

WORKING Couple with 1 cat seeks 2-3 bdrm. house (or large 1 bdrm.) on Windward side, reasonable. Call 261-5065 evens.
NURSERY School needs to re-locate Windward Side. Need 1400 sq. ft. min for build. & 3500 sq. ft. outdoors. 239-8359 Bely.

• 103 OFFICES FOR RENT
OFFICE Space avail. Kaneohe area. Ph. 536-7011. Mon.-Fri., 8-4:30
• 108 BUSINESS PROPERTY FOR SALE OR RENT
OFFICE Retail & Warehouse space for lease. Call 845-3968.

• 114 REAL ESTATE FOR SALE
HAWAII KAI, Hahalona Valley, New on the market. Have a few lots for sale. New subdivision. See. Call Alyce for more info. 922-3377 B. 732-1130 R.
52-ACRE parcel Hamakua Coast Big Island. So. trees, ocean view, streams, waterfalls. Fee Simple. \$5,000/acre. 961-6772.

40 ACRES near Barstow Calif. \$400 per acre or will trade equity for clean late model Cadillac or 7 672-3922
1 1/2 ACRES Summer Glade subdivision. Johnson County Arkansas \$2200 cash \$3500 terms. 395-7707.

MOKULIEA SANDS: Great for HULA MAE financing. Lovely, large 1 bdrm., 1 bath unit located across from a white sandy beach. Conveniently located near Schofield Barracks. \$59,900. FEE TMK 1-8-8-11-26-32. Ph. Patty Yoat (RA) 254-1713.
KAILUA \$189,500 IMPRESS YOUR FRIENDS entertained by POOL and enjoy this FEE SIMPLE, 4 bdrm., 2 bath home in modern executive area. (mls 39601). Call Chu Lan Shubert (RA) 261-7885, J.M. Urner, Inc. 261-3389.

KAHULUUA \$165,000 CUSTOM home with OCEAN VIEW, tranquil country setting for this lovely 2 story, 3 bdrm., 2 bath home. FEE SIMPLE. (mls 35823). Just 3 years young. Call Flossie Bonnet (R) 262-5586. J.M. Urner, Inc. Phone 261-3389.

KAILUA \$126,500 JUST LISTED—Terms entered on this 3 bdrm., 2 bath home on quiet street. Excellent neighborhood. Family room, fenced yard. Lease. TMK 1-4-4-33-39. Call Betty Boxold (RA) 261-4418, J.M. Urner, Inc. Phone 261-3389. (Boyd).

KAILUA \$139,500 BRIGHT AIRY KITCHEN spacious family room, fenced yard w/fruit trees, 4 bdrm., 2 bath. Lease. Terms offered. TMK 1-4-4-33-97. Call Elizabeth McCarthy (RA) 261-5873, J.M. Urner, Inc. Phone 261-3389.

• 114 REAL ESTATE FOR SALE
3 1/2 bdrm., 2 1/2 bath, private garden. So. Calif. Garden Grove area. Call 533-7573.
KAILUA \$155,000 SPACIOUS, BREEZY LANAI with built-in planters and exposed wood beamed roof make this 3 bdrm., 2 bath FEE SIMPLE A must to see. (mls 39600). Call Suzy Ebbert (RA) 261-6634, J.M. Urner, Inc. Phone 261-3389.

PUNALUU \$168,000 OCEANFRONT - FEE SIMPLE - Double unit with 2 bdrm., 1 bath home on water plus large studio. Great investment. TMK 1-5-1-5-9-20. Call Jan Hlatt (R) 254-3124, J.M. Urner, Inc. Phone 261-3389.

KAILUA \$128,000 BEST BUY! New kitchen & bath—great area—well maintained 3 bdrm., 2 bath. Near shopping center & excellent schools. Lease. (mls 38410). Call Jan Hlatt (R) 254-3124, J.M. Urner, Inc. Ph. 261-3389.

LANIKAI \$998,000 & \$980,000—Three magnificent parcels of FEE SIMPLE vacant land zoned R-3 over 5 acres. Incredible ocean view! TMKs 1-4-3-1-5-9-10. Parcel 6 & 10 at \$980,000 and adjoining parcel 9 at \$985,000. For details call Iolana Gill Carr (R) 262-8904 or Nick Lawlor Inc. Ph. 261-3389.

KAILUA \$180,500 IMPRESS YOUR FRIENDS entertained by POOL and enjoy this FEE SIMPLE 4 bdrm., 2 bath home in modern executive area. (mls 39601). Call Chu Lan Shubert (RA) 261-7885, J.M. Urner, Inc. Ph. 261-3389.

KAILUA \$178,000 CHECK THIS OUT! Beachside of Kalaheo 3/4 bdrm., 2 bath charming roomy house. Lease. (mls 37804). Call Jeanne Easterling (R) 261-0186, J.M. Urner, Inc. Phone 261-3389.

KANEHOE \$175,300 SUPER CLEAN 4 bdrm., 2 bath townhouse (1965 sq. ft.) w/enclosed garage and many upgrades. Pool, tot. lot, club house. Lease. (mls 37820). Call Jim Brown (R) 235-3874, J.M. Urner, Inc. Phone 261-3389.

KAILUA \$129,500 KUKILAKIA—Professionally appointed 2 bdrm., 1.5 bath end unit—lovely tradewinds. Plus white carpeting—special lanai and kitchen carpeting. TMK 1-4-2-93-58. Lease. Call Lucky Francis (RA) 262-9067 for private showing. J.M. Urner, Inc. 261-3389.

KAILUA \$126,500 JUST LISTED—Terms entered on this 3 bdrm., 2 bath home on quiet street. Excellent neighborhood. Family room, fenced yard. Lease. TMK 1-4-4-33-39. Call Betty Boxold (RA) 261-4418, J.M. Urner, Inc. Phone 261-3389. (Boyd).

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• 120 REAL ESTATE FOR SALE
2 BDRM. ocean view, 1407 Windward Passage \$127,000 Call 261-1111.
KAILUA: \$179,900 Fee 10,017, 3 bdrm., 1 bath, living area 1582, lanai 500 On Pukoa St. near beach. Owner Don 262-8352

OPEN SUNDAYS: 2-5 P.M. WATERFRONT: Enjoy sailing & water skiing from your backyard dock 2,242 sq. ft. under roof—3 bdrm., 2 bath lake view from living room, dining area & lge. master bedroom. Excel. neighborhood, good schools, shopping close by, room for pool. PRICE \$195,000 mls 039313. David Chase (RA) 262-8006 Sam Daily Realty, Inc. 235-6666.

BY Owner, 5 bdrm., 2 story, electric garage door, pool \$179,000. 261-1111.
OPEN House Sun., 2 to 5, Haiku Village, 46-478 Makena St., Kaneohe, 3 bdrm., 2 bath, Lease. \$160,000. By owner. Call 263-8020 or 262-5403.

MILILANI Knob Hill III, 2 bdrm., 1 1/2 bath town home, good location. Ideal home for investment. FEE \$92,000. Shown by owner. 623-8340. M. Lockridge (R) 523-9688.

• 120 FURNITURE
RATTAN living room set w/coffee table, \$250. Phone 422-4552.
HEAVY Wrought Iron bookshelf, dresser, stereo console, telescope and other items. Ph. 247-5296.

LIKE New matching wicker couch & chair set, \$500. Wicker Indoor lounge chair, \$65. Phone 239-9307.
COMPLETE Living Room set, excellent condition. Phone 247-0321.

FOR SALE: 6' Ethan-Allan sofa, 1 recliner in excel. cond. Phone 839-4949.
SEARS Open Hearth furniture, like new, 1 yr. old, sofa, \$400; demi-sofa, \$300; coffee table, \$100; end table, \$90; table lamp, \$20. Call 261-7093.

1 POSTURE-PEDIC twin mattress, box spring & frame. Less than 1 yr. old. Best offer. 623-2207, evens.
UNIQUE furn. for sale. Antiques & contemporary, all excel. cond. Living & dining room plus many decorator pcs. Priced to sell. Phone 254-5376.

KING size bed set, \$100. Simmons Beauty Rest, ext. firm, Phone 261-8064.
RATTAN Chippendale chairs w/cushions & matching round table base, new & still wrapped, 50% discount from retail price. Phone 239-7285.

COUCH for sale. Recently reupholstered, \$300/best offer. Phone 261-8739.
MUST Sell furniture. Couch, \$120; love seat, \$100; end table, \$65; pool table w/8 chairs, \$150. Phone 261-2844.
KING size wall unit bedroom suite w/light bridge. \$3,000. 254-1447 evenings.

• 120 FURNITURE
RATTAN Chairs, \$39; tables, \$29; cane dressers, \$59; mirrors, \$19; nightstand, \$19; headboard, \$9; lamps, \$14 and up. Phone 833-3010.
DOUBLE bed or dresser, \$30; youth bed, \$20; Moving. Ph. 239-8380.

ROLLTOP teakwood desk Excel. cond., \$600. Call 499-2304.
MOVING SALE: Early American living room & dining room furniture, sofa, love seat & chair, \$400; 2 end tables & 1 coffee table, \$150, 2 lamps, \$50; dining room table w/extensions, 4 mate chairs, 2 captains chairs, \$400; home entertainment center, \$20. Call 456-2453.

HIDE-a-Bed, \$250; custom bunk beds, \$200; dresser-deck-shelf comb, \$200; complete queen size waterbed, \$300; washer/dryer, both \$150; mahogany credenza, \$100; Kallmar 35mm camera, new, \$100; oriental rugs, 4x6, \$50, 9x12, \$80; rotary mower, 1 mo., \$100. All excel. cond. ph. 671-3756 or 547-4269.

• 123 RENTALS
BACK Hoe & Bob Cat rental with operator by the week, day or month. Call 235-3228 or 538-3795.

• 126 MISCELLANEOUS
Reconditioned Air Conditioners
Repair with 30 day guarantee \$12,000 BTU 110V \$96 to \$194; 10 to 24,000 BTU 220V to \$147 to \$278. Call 838-3103

PIPE Rack made from 1 1/2 pipe unused \$200. Call 261-3962.
MARY KAY COSMETICS. For re-orders & free facials, call Yolanda, 259-9021.
3 PIECE sectional, love seat to match, brown, yellow, orange plaid \$175; 1 waker \$5 235-5098.

STEREO for sale: multiplex unit, phonograph 8 trac, AM/FM & 2 speakers. Well maintained. Yours for only \$95. Also brand-new Jensen car stereo speakers \$20. 5:00-9:00 p.m. only Chris 261-4923.
ARTEX Decorator Paints, Accepting orders. Party Plan. Call 833-4146.

CHINON Zoom Lens. 55-300mm F4.5. 623-5629 after 8 p.m.
SONY 26" TV, remote \$900; Sylvania 19" TV, \$300; Akai equip. cabinet, \$100; Altoc equip. cabinet, \$75; 2-Guadoni stereo cabinet, \$80/ea. maple coffee table, \$150/ea. Bill Neill 536-3571 Mon.-Fri.

24 KL. G.P. Malle Leaf Only \$800 955-1539 Sunbird 1481 S. King St. #412

• 126 MISCELLANEOUS
PANASONIC 19" color TV Excel. cond., \$250 Ph. 922-8058 after 10 a.m.
DINETTE & 6 chairs, drapes 100x84; baby items, bathroom set, photography books. All in very good cond. Call after 3 p.m., 254-2057.

Fan, dining room table w/4 chairs, good cond., 2 port. TV, blk. & wht., 1 record player w/speakers, lawn mower, barbecue grill, dresser, 2 end tables, 2 lamps, misc. Ph. 261-4598.
GE 40 channel base CB unit, CB unit model 3-5699A used very little, complete w/Skyduster antenna, 50 ft. Coax cable & tester, \$150. Call 261-1200.

25" COLOR TV Skyline council, \$125. Call 623-3891.
2 BUNK beds, \$100; chest of drawers, \$20; refrig., \$80; Misc. Ph. 262-8428.
CRIB & Mattress, \$30; Play pen, \$15. Call 261-5286 after 6 p.m.

LIGHT green carpet, \$25; sand color carpet, \$30; brown carpet, \$50. Pads also. Ph. 261-7800.
CAPIZ Shell lamps, many styles, color from \$40. Call 623-6688 after 8 p.m.

A SERTA Mattress Serene Deluxe; adjustable bed, perfect cond. Make offer. 261-6380 or 262-7239.
FOR SALE "Barnmaster" CHEAP Call 239-9155.

NIKKORMAT FTN \$250; 24/F2.8 Nikon, \$160; 105/F2.8 Nikon, \$150; 180/F2.8 Nikon, \$340 623-5629 after 8 p.m.
SHANE wave ski, 8' 6" Peddle & surf rack, \$300. Ph. 941-6987.

• BODY DYNAMICS EXERCISE STUDIO
Aerobic exercise for men and women, music app. free child care. NAUTILUS 235-5830

SKUTT Kiln & Accessories. Excel. cond., 17 x 18, \$450; kick wheel, \$90; Hotley carb 1650, \$50. 254-1043.
DOUBLE bed, \$75; 12 x 12 rug, \$30; contour fur chair, \$65; 2 end tables. 261-4551.

INSTANT lawn. Tig-dwarf grass 50' per sq. ft. You haul. Phone 262-5346.
REFRIG. 15 cu. ft. frostfree, white, \$75. Ph. 548-7803 days or 537-4664 evenings.

KIRBY'S \$99 Authorized distributor on the Windward side. Call 261-7941.

MISCELLANEOUS
PARADISE USED FURNITURE
Maple dining set, \$150; twin bed, \$75; 8 drawer all wood dressers, \$60; 5-dfr. metal chest, \$60; nightstand 10 ea.; rattan loveseat, \$40 & \$90; rattan desk, \$15; rattan desk, \$30; buffet, \$125; bookcase shelf, \$60; koa corner table, \$100; koa coffee table, \$100; rattan bar stools, \$15; rattan double & king headboard, \$50; captains chairs, \$15; 3-pc. rattan patio set, \$75; queen sofa bed, like new, \$400; carpet 9x12, \$75; Rattan Art Gallery arm chair, \$45/ea.; mirrors, \$10 & \$25; plus lamps, chairs & much, much more. 261-8492, 155 Hamakua Dr., Kailua, in rear on canal next to Top Dollar Realty.

VACUUM Cleaners rebuilt, \$19.95 & up with warranty. Windward Vacuum Cleaner Sales & Service. 239-8678.
1923 BRUNSWICK Professional pool table & accessories, \$1,465. Phone 262-7234.
5,000 BTU air cond., \$150; dishwasher, \$25; blk. ltr. Call 254-2112 AWH.

• WANTED
We pay cash for used air conditioners. Also Repair & Sell like new air makes & models with a 30 day warranty. AKAMAI AIR CONDITIONING & REFRIGERATION 331-3178 or 247-3272

HAIR styling chairs - hydraulic (7), excl. cond. \$150 ea.; 2 shampoo white modern velveteer sinks \$50 ea.; 4 dryer chairs \$75 ea.; 2 port. dryers \$75 ea.; 1 dual Conair heat lamp w/timer switch \$85. Ph. 395-7551.
DOUBLE sink in 1 1/2' counter, \$70; wooden Jalousie 27" 35" ea. Phone 254-2314.

WOMENS clothing, good cond. Entire lot for \$175. Cash only. Call 247-2286 evenings only.
FOOD Storage Arrowhead Mills organic, freeze dry, nitrogen packed, 9 mo. supply, 10 yr. minimum shelf life, \$600/ltrm. Call 261-6511 or 262-7261.

COUCH, dressers, chairs, coffee tables, dining room—antique table & buffet & various other items. Call 422-8163.
REDWOOD picnic table & 4 benches, 2 rear passenger seats (fits 3 comfortably) potted plants. 247-5098.
CARPETS w/pad—15 x 22 3-9 x 12. Call 623-8823.
SEARS air conditioner, 14,000 BTU. Best offer, \$100. Ph. 254-2338.

• SOFA bed, \$50; 2 oil painting, \$20/ea.; foot locker, \$10; glass book case, \$10 & misc. 373-4584.
BELT Messenger 1/8hp, \$50; bar refrigerator, \$100. Call 373-3230.
RCA 26" color console TV, 4 mos. old, must sell, \$630. Ph. 823-3248.
RIGHT handed starter set of golf clubs & bag. Great cond., \$50. Phone after 2 p.m., 422-0497.

Register NOW for DOG TRAINING CLASSES\*
•Aloa Ball Park July 28 and August 4, 7:00 p.m.
•Enchanted Lake Playground July 30 and August 6, 7:00 p.m.
•Crane Park July 31 and August 7, 7:00 p.m.
•Kaimuki High School August 2 and August 9, 9:30 a.m.
\*Do NOT bring your dog to registration
Call "Obedience Training Club of Hawaii, Inc." Ph. 235-8923 or 262-8470 for further information

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RECONDITIONED air conditioners. 1 deliver. Call after 5. 872-3425.
TEAK Buffet, \$200; china hutch, white, \$20; 50-pc. stainless tableware, \$25. Call 422-4226.
HOTEL dresser desk combo, \$69; china cabinet w/glass, \$79; bookcase w/glass, \$49; outdoor lanai chairs, \$25; rattan style bdrm set, \$119; student desk, \$29; large 6-drawer chest, \$69; fold away bed, \$39; twin bed set, \$29; double, \$59; queen, \$80; 4-drawer mahogany chest, \$49; large selections of mirrors, \$10 & up. 35 Oneawa St. 261-2852 next to Invader Wars.

CARPET DYEING & CLEANING Professional Service Free Estimate INSTANT CARPET COLOR 235-5263
FILTER Cleaned vacuum, cost \$599.95, must sell, \$150. Ph. 456-4213.

SOFA bed, \$50; 2 oil painting, \$20/ea.; foot locker, \$10; glass book case, \$10 & misc. 373-4584.
BELT Messenger 1/8hp, \$50; bar refrigerator, \$100. Call 373-3230.
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SEARS air conditioner, 14,000 BTU. Best offer, \$100. Ph. 254-2338.

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•Enchanted Lake Playground July 30 and August 6, 7:00 p.m.
•Crane Park July 31 and August 7,

• 125 MISCELLANEOUS

WIN AS soon as possible! Antique lead crystal chandelier, \$300; 4 pc. Mediterranean style hardwood master bdrm. set w/king size bed, excel. cond., \$650; teakwood fold away bar only month old w/inlaid marble top, \$400; stereo console in good cond., record player arm needs adjustment, \$75; wrought iron 5-pc. lanai set includes umbrella, \$90. Ph. 264-3494 or 261-8733.

MOPED '78 Honda Quick start, plus helmet, \$375. Phone 422-4855.

GREAT BUY! girls 28" 3 spd. Schwinn, just like new, \$100. 946-0637/days. Lee.

STEAM Carpet Cleaner, Rug Doctor, w/vibrating brush 845, 261-1111

HOME computer for sale. Apple II plus w/32k RAM. Call 499-2528.

J.C. Penney DIYER 4 yrs. old. Make offer. Ph. 623-6342

FOR SALE: AM/FM stereo w/cassette tape recorder & BSR record changer & 2 speakers, \$100; Sears Freedom maker under-counter dishwasher, Avocado, \$300. 261-9965.

CRYSLER air temp room air conditioner, 8,000 BTU, \$70. Phone 422-9004.

SEARS upright frost free freezer, lge. capacity w/lock, bronze tone. Excel. cond., \$225. Ph. 262-4272.

LARGE GE chest freezer, \$75. Call 254-4500.

**WE WILL BUY YOUR GOLD**  
Or Rework It Into New Jewels For You  
of the Pacific  
432-C Ewa Rd., Waiiki  
946-3822

FREE: Gravel. You haul. Call 261-6297

FOR SALE—7 ft. queen size sofa/bed, 6 mos. old. Excel. cond., \$700/new, asking \$550. Phone 261-7730.

FOR SALE: 1 Continental ticket, one way to Los Angeles. Reservations must be made 35 days in advance, \$100/offer. Ph. 254-4298.

**TOP \$\$ PAID FOR GOLD & SILVER**  
GUARANTEED HIGHEST PRICES  
PH. 923-1948

DON'T Want to be bothered with people coming into your home to buy your furniture? Give us a call. We pay cash! The Old But Now Shop 261-2852 or 538-7187

CHILD'S Japanese desk w/light & bookshelf, \$50; 8-drawer dresser, \$50. Phone 395-2277.

MEMBERSHIP to Health SPA & Fitness. Leaving for mainland 15 1/2 months left. \$235. Jackie, 531-6763.

SALE: Old koa set, \$50; old refrigerator, \$10. Both need repair. Wire mesh, \$50. Phone 262-4132.

MOPED for sale \$200 or best offer. Call 235-0488

SEARS 4 x 8 pool table, very good condition, \$400. Call 262-9086.

HOTPOINT air conditioner 18,000 BTU, 220 volt, \$200. Call 637-9034.

WHIRLPOOL refrigerator 6 yrs. old, 16 cu. ft. \$298. 262-4942

FURNITURE Sale: sofa, TV, stereo, many other household items. 395-4279.

1 MONTH old white rocker recliner, \$250; baby swing, \$15. Phone 833-6757.

KING size bed w/frame, good cond. Quick sale \$75 in Kaneohe. Ph. 946-7290.

LAMPS—Capiz shell, 3 tier hanging spiral w/2 globes. Orig. carton. Table lamp bases from basket, super low prices. Call 237-7285.

2 PHILHARMONIC air suspension speakers, \$10 ea. 261-8411 after 5 p.m.

19 cu. ft. REFRIGERATOR, 3 yrs. Brown house paint; floor tile, 12" white brick, 270 sq. ft. Ph. 264-3443

• 127 APPLIANCES

'79 PUCH moped, excel. cond., Magnum XK, 350 ml. Great gas mileage & many extras, \$650/offer. Phone 247-3738, Wes.

15" COLOR TV excel. cond., \$150. Beautiful plants. Ph. 623-3544.

SEARS Coldspot frost-free white refrigerator, \$300/ firm. Phone 671-2078.

NEW Black & white TV, \$60; 4 Porche nipples, \$55; 1 air chisel, \$40; 1 air drill, \$40. Phone 261-5191.

HAVING Trouble Making Decisions? Send \$5 check or money order today for the POWER IDEA PAK, guide to successful decision making & problem solving. BCI, P.O. Box 1133; Kailua, HI 98734.

FOR the first time in 125 years we will give a rebate of \$150 on a purchase of a 1980 30-volume Americana Ency. For more details call 833-1879. Ask for Mr. Frisco. Offer limited.

FOR SALE: Whirlpool washer/dryer, 2 yrs. old, \$450/offer. Ph. 672-9765.

COLDSPOT Frost-free Refrig. w/top freezer. White. \$75/offer. 261-3995.

REFRIGERATOR Freezer, General Elec. Good cond., frost free, \$95. 487-0184.

FREE: 6-month-old kitten, free supply of litter & food for a month. Ph. 621-7131.

FREE: To good home, male black kitten, housebroken. Phone 235-3916.

FREE: 8-month-old male cat, 1/2 Siamese, excel. cond. 239-6378.

FREE: Kittens 4 mos. old, 1 black, orange eyes & 2 tiger striped. Ph. 254-5427.

SOLAR Heater, 2 panels, 82-gal. never used. \$1,200; King mattress set, \$205; chest & mirror, \$250; maple table, 4 chr. & hutch, \$400. Phone 261-0584.

US Luggage Corp 4 pc. ladies tan soft side luggage—new, \$170. Ph. 732-0524.

SALE Sony TC-260 reel-to-reel, good cond., \$150; make offer; Stereo console, \$30. Ph. 458-3582.

BABY Crib w/mattress, Matching dresser, changing table. Ph. 254-2672.

CARPETING: Shag, gold, used, 78 yds., no padding, \$60. Phone 239-7900.

WASHER & dryer; almost new. New compressor 1/2 hp. Rugs. 531-1109 or 531-2353.

TURN SURPLUS CLOTHING INTO CASH! We need ladies clothing & accessories to sell on consignment. TWICE AS NICE FASHION BOUTIQUE Ph. 261-1929

STANLEY HOME PRODUCTS Ph. 262-5531

POWER lawn mowers—Rotary, \$65; Reel, \$95. Guaranteed. Ph. 259-5927.

NUDIST PARK Open House. Sat., Sun. Aug. 2nd & 3rd. Call Ms. Nuda Hawaii for info. Ph. 949-8818.

FRIGIDAIRE electric range, \$50; GE portable dishwasher, \$20. 735-4322.

PORTABLE dishwasher, GE pot scrubber, Avocado w/cutting board top. Like new. \$185. Ph. 422-2578.

FOR SALE Maytag gas dryer, white, like new, \$150. Ph. 488-0517 or 684-8272.

FOR SALE: 9 cu. ft. chest freezer, \$150/offer. Ph. 254-2693 after 3.

• 136 MISCELLANEOUS WANTED

WANTED: Unserviceable RCA, Zenith & Motorola Quasar, Color TVs. 823-2328

CASH for Lawn Mowers & Outdoor Motors. Any Condition. Ph. 259-5927

WE BUY used furniture. We pay cash and pickup. Call 261-8192 or 261-1406

AIR CONDITIONERS that are inoperable but not stripped. Call 836-3103.

CASH for good used records & tapes. Call Hungry Ear, 262-8938.

FOR SALE: Whirlpool washer/dryer, 2 yrs. old, \$450/offer. Ph. 672-9765.

COLDSPOT Frost-free Refrig. w/top freezer. White. \$75/offer. 261-3995.

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FREE: 6-month-old kitten, free supply of litter & food for a month. Ph. 621-7131.

FREE: To good home, male black kitten, housebroken. Phone 235-3916.

FREE: 8-month-old male cat, 1/2 Siamese, excel. cond. 239-6378.

FREE: Kittens 4 mos. old, 1 black, orange eyes & 2 tiger striped. Ph. 254-5427.

SOLAR Heater, 2 panels, 82-gal. never used. \$1,200; King mattress set, \$205; chest & mirror, \$250; maple table, 4 chr. & hutch, \$400. Phone 261-0584.

US Luggage Corp 4 pc. ladies tan soft side luggage—new, \$170. Ph. 732-0524.

SALE Sony TC-260 reel-to-reel, good cond., \$150; make offer; Stereo console, \$30. Ph. 458-3582.

BABY Crib w/mattress, Matching dresser, changing table. Ph. 254-2672.

CARPETING: Shag, gold, used, 78 yds., no padding, \$60. Phone 239-7900.

WASHER & dryer; almost new. New compressor 1/2 hp. Rugs. 531-1109 or 531-2353.

TURN SURPLUS CLOTHING INTO CASH! We need ladies clothing & accessories to sell on consignment. TWICE AS NICE FASHION BOUTIQUE Ph. 261-1929

STANLEY HOME PRODUCTS Ph. 262-5531

POWER lawn mowers—Rotary, \$65; Reel, \$95. Guaranteed. Ph. 259-5927.

NUDIST PARK Open House. Sat., Sun. Aug. 2nd & 3rd. Call Ms. Nuda Hawaii for info. Ph. 949-8818.

FRIGIDAIRE electric range, \$50; GE portable dishwasher, \$20. 735-4322.

PORTABLE dishwasher, GE pot scrubber, Avocado w/cutting board top. Like new. \$185. Ph. 422-2578.

FOR SALE Maytag gas dryer, white, like new, \$150. Ph. 488-0517 or 684-8272.

FOR SALE: 9 cu. ft. chest freezer, \$150/offer. Ph. 254-2693 after 3.

• 151 PETS, SUPPLIES & SERVICE

PUPPIES for sale, 2 litters. Akita Ridge back & Ridgeback Lab. \$25. Phone 247-3910.

AKC American Staffordshire Terrier, 5 month old Blue Fawn/Male. \$300/offer. 247-3743

9-WEEK-OLD Siamese kittens, \$5. Need good homes. Call 624-9378.

PUREBRED Boston Terrier Pups for Sale, \$125. Call 456-3357

WE BUY used furniture. We pay cash and pickup. Call 261-8192 or 261-1406

AIR CONDITIONERS that are inoperable but not stripped. Call 836-3103.

CASH for good used records & tapes. Call Hungry Ear, 262-8938.

FOR SALE: Whirlpool washer/dryer, 2 yrs. old, \$450/offer. Ph. 672-9765.

COLDSPOT Frost-free Refrig. w/top freezer. White. \$75/offer. 261-3995.

REFRIGERATOR Freezer, General Elec. Good cond., frost free, \$95. 487-0184.

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FOR SALE: 9 cu. ft. chest freezer, \$150/offer. Ph. 254-2693 after 3.

• 166 PICKUPS, TRUCKS

'89 GMC 4 wheel drive Truck for Sale Call anytime, 289-5095.

'55 CHEVY 3/4 ton pickup utility new engine 11 x 15 mags \$1,000. Ph. 261-5287.

WE BUY used furniture. We pay cash and pickup. Call 261-8192 or 261-1406

AIR CONDITIONERS that are inoperable but not stripped. Call 836-3103.

CASH for good used records & tapes. Call Hungry Ear, 262-8938.

FOR SALE: Whirlpool washer/dryer, 2 yrs. old, \$450/offer. Ph. 672-9765.

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FOR SALE Maytag gas dryer, white, like new, \$150. Ph. 488-0517 or 684-8272.

FOR SALE: 9 cu. ft. chest freezer, \$150/offer. Ph. 254-2693 after 3.

• 171 MOTORCYCLES, SALES & SERVICE

'77 BLAZER 454 with lots of accessories (10 1000) \$404.17 cash or trade in down 50% + tax/lic. with approved credit. Repossession price \$241.10. See Repossession Mt. of WHOLESALE MOTOR'S 2900 Kimitz Hwy. RD 1227

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FOR SALE Maytag gas dryer, white, like new, \$150. Ph. 488-0517 or 684-8272.

FOR SALE: 9 cu. ft. chest freezer, \$150/offer. Ph. 254-2693 after 3.

• 176 VAN, CAMPERS, JEEPS

'77 DODGE Van, 318 power steering, customized, fully carpeted, low mileage, \$4,500/negotiable. Phone 247-1363.

WE BUY used furniture. We pay cash and pickup. Call 261-8192 or 261-1406

AIR CONDITIONERS that are inoperable but not stripped. Call 836-3103.

CASH for good used records & tapes. Call Hungry Ear, 262-8938.

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FOR SALE Maytag gas dryer, white, like new, \$150. Ph. 488-0517 or 684-8272.

FOR SALE: 9 cu. ft. chest freezer, \$150/offer. Ph. 254-2693 after 3.

• 176 AUTOS FOR SALE

'74 AMC Matador—air, cassette, p/s. p/b, \$750/offer. Ph. 239-9216.

WE BUY used furniture. We pay cash and pickup. Call 261-8192 or 261-1406

AIR CONDITIONERS that are inoperable but not stripped. Call 836-3103.

CASH for good used records &

**AUDI**  
 '73 AUDI 100 LS, AM/FM, air, very good cond., \$2,050. Ph. 732-0483

**BMW**  
 '76 BMW 2002, high-gloss, blk. lacquer paint, tan interior, 4 spd., AM/FM cassette, excel. cond., \$7,400/offer. 247-2761.

'78 BMW 2002, air, sunroof, Michelin, rustproofed, AM/FM, excel. cond., \$7,750/offer. Ph. 395-8816

'78 BMW 530i, Very clean, very low mi. A practical 4 dr. with sporty lines and a responsive slick shift. This wonder car has air, sunroof, power windows, power door locks and a cassette layer. We can sell or lease with reasonable terms. (00368) dir. 704 Ala Moana Blvd. 531-5971.

**CHEVROLET**  
 '74 NOVA 8, custom, \$1,975; '76 Nova 6, air \$2,975; '73 Pinto \$975. Phone 623-4912.

CHEVROLET Station Wagon, roomy, A-T, p/s, 327 cu. in. Call Bruce at 456-9011.

**CHRYSLER**  
 '75 CORDOBA—excel. cond., low mileage, auto., air, p/b, p/s, p/w, AM/FM stereo. Ph. 239-7938.

**DODGE**  
**BANK REPOSESSION**  
 '77 ASPEN 2 dr. Special Edition Auto, power steering, radio air cond. in exc. cond. (24144) \$2400 cash down pymt. 12 mos. with approved credit. Repossession price \$2900.00 See Repossession Mgr. at WHOLESALE MOTORS 2999 Nimitz Hwy. 836-1222

**FIAT**  
 '78 FIAT 124 Spider, sharp \$5,000/offer. Call Rick 257-2179/DWH; 254-2649/AWH

**HONDA**  
 '78 ACCORD LX—air, power, AM/FM cassette, 5 spd., excel. cond., \$5,900. Phone 235-2552.

'77 SILVER Accord Superb cond., air, auto, rust-proofed, AM/FM radio, new paint, lambskin seat covers. \$4,900; 261-2691 or 477-6694.

'78 HONDA CVCC Wagon—blue, \$2,500/offer. Ph. 605, 50,000 mi., warranty, AM/FM cassette radio, radiats, \$3,650. 499-1942.

**MERCEDES BENZ**  
 '74 MERCEDES 280, 37,000 mi., 4 dr. sedan, sunroof, Excel. cond., \$9,500. Call 947-3174.

'73 450E FULLY loaded, sunroof \$10,500 even. & wkends. Ph. 623-8267.

'63 230SL—The classy sportscar from Mercedes-Benz is being offered by Davies Euromotors, Ltd. A coupe, convertible with 2 tops, auto. trans. This beauty will turn heads. You will appreciate our low price, (MU1242). Please call 531-5971. 704 Ala Moana Blvd.

**OLDSMOBILE**  
 '76 CUTLASS Supreme—Good cond., air, power, \$4,200/offer. Ph. 833-1955.

**PLYMOUTH**  
 '75 PLYMOUTH Van, auto, p/s, p/b, 4 new tires, \$2,100. Call 848-0064.

'67 PLYMOUTH, 2 dr., running condition, \$400/ or best offer. 235-8366.

'72 PLYMOUTH Duster, 6 cyl., standard shift, \$900/ offer. Ph. 261-9433 after 5.

'64 PLYMOUTH Valiant It runs, \$175. Ph. 947-2457.

**TOYOTA**  
 For Your BEST Deal. On a New or Used Car See EDDIE FREEMAN at WINDWARD TOYOTA 235-0068. 235-3888

'74 TOYOTA Corolla S5, 5 spd. Excel. cond., \$1,950/ offer. 422-2930 or 422-1787

'89 TOYOTA Corona, 4 dr. auto., needs some work. Call 624-5822.

'71 TOYOTA Corona, 2 dr., Good, dependable, \$700. Call 257-3500.

'75 CELICA—fully loaded, new radiats, 2 dr. standard. Moving must sell. 623-0529.

**VOLKSWAGEN**  
 '73 VW Super Beetle Convertible, excel. cond., 4 spd., \$3,975/offer. Ph. 477-6987/days.

'68 BUG—'72 engine, \$850/offer. Blue w/sea roof. Ph. Bob 845-9305/dwh or 941-8082/awh & weekends.

'88 VW BUG Auto. Best offer. Ph. 262-8641.

'73 VW Super Bug, Holly Weber rims, low mi., 57,000 mi., extra \$2,000/best offer. 247-4431/eves.

'64 VW Bug, needs engine work, asking \$500/offer. Ph. 823-4915 after 5.

**VOLKSWAGEN**  
 '66 GHIA, runs great. Recent tune-up, radiats, new muffler, needs paint, \$1,100/offer. Ph. 533-2335.

STREET Buggy V.V. powered, fiberglass w/rig top. \$2,500/offer. 499-1974.

'73 VW Thing—reliable, fun, inexpensive to run. \$1,100. Phone 637-6981.

**CHEVROLET**  
 '73 CHEVY Malibu—2 dr., light green, AM/FM 8-track stereo, good cond. & good mileage. \$500. 624-5583.

'68 CHEVELLE SS396—4 spd., 12 volt. \$1,200/offer. Phone. 455-1858.

'70 CHEVELLE SS 396—rebuilt engine, trans. & brakes. \$3,500/offer. Ph. 455-1858.

'73 CHEVY Malibu \$400 Call 254-2112 AWH

'72 CAMARO—Excel. cond. New paint, new tires. \$1,900. Phone 262-7467.

'69 CHEVY Nova, 4 dr., blue. 377-6545 or 846-3052. Ask for Soto or Madie.

'80 CHEVETTE 2 dr., auto., \$4,400. Call 247-3683.

'77 CHEVY Wagon, full size, loaded w/extras, 1 owner. Priced to sell, \$2,500. Leo 247-2075 aft. 5.

'73 CHEVELLE Wagon New tires & brakes, runs well. \$500. Ph. 251-5287.

'68 CHEVY Nova, good cond., \$500/offer. Must sell. Ph. 839-5763 before 8 p.m.

**DATSUN**  
 '77 280Z—black & gold \$5,000/offer. Ph. 247-4792.

'72 DATSUN 1200 2 dr. standard, \$350. Call 239-7263, eves.

'78 DATSUN 510 Wagon, AM/FM/CB Ziebart, low mi. \$3,995. Phone 262-7234.

'78 DATSUN B210, must sell. Leaving Island. 40,000 mi. Excel. cond. \$3,100/ best offer. Ph. 422-4890.

'75 PINTO Runabout. Standard. Good cond. in & out. Good tires. New cam this year. Runs very well. Economical. \$1,200/offer. 833-0930 eves.

'75 MAVERICK, excel. cond. Make offer. Ph. 239-8811 or 247-5213 after 5

'73 GRANADINA 4 dr., 6 cyl. \$2,200. Call 247-3683

'76 PINTO MPG Wagon—Clean, no rust, runs great. \$1,800/offer. Ph. 239-8380.

'75 TORINO Needs work. Call 254-2213.

FOR SALE '69 T-Bird, new tires, good cond., \$500/offer. 487-2506 after 4

'77 PINTO wagon, AM/FM stereo 8 track, air, 4 cyl., good tires, \$2,400. 257-3597 DWH; 254-1926 AWH.

**FORD**  
 '78 GHANADA, low mi., 2 dr., a/c. AM/FM radio, cruise control, \$2,500. Phone 487-0184.

'76 GRANADA 4 dr., 6 cyl. \$2,200. Call 247-3683

'76 PINTO MPG Wagon—Clean, no rust, runs great. \$1,800/offer. Ph. 239-8380.

'75 MAVERICK, excel. cond. Make offer. Ph. 239-8811 or 247-5213 after 5

'73 GRAN Torino, 4 dr., Excel. cond. \$900/best offer. Ph. 235-8366.

'75 MUSTANG II, Good cond., \$2,500/offer. Call after 5, 261-2559.

'70 TORINO Needs work. Call 254-2213.

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'77 PINTO wagon, AM/FM stereo 8 track, air, 4 cyl., good tires, \$2,400. 257-3597 DWH; 254-1926 AWH.

**MAZDA**  
 '79 MAZDA GLC, very good cond., 25,000 mi., 5 yr. 50,000 mi. warranty, AM/FM cassette radio, radiats, \$3,650. 499-1942.

**AAA BUYORLEASE AAAA 1980 MAZDAS RX7-626-GLC FROM \$3995**  
 Hawaii's Oldest Mazda Dealer WHOLESALE MOTORS 2999 N. Nimitz Hwy. 836-1222

**MERCEDES BENZ**  
 '73 450SE, Clean Mercedes 4 dr. with air, elec. windows, auto., AM/FM stereo. Financing avail. w/low monthly payments. (4F1452) Call Davies Euromotors 704 Ala Moana Blvd. Ph. 531-5971.

'61 220 SE coupe. A white 2 dr. cpe. with sunroof and slick shift. An ancient treasure and a rare buy at \$4,500. (6F7085) dir. 704 Ala Moana Blvd. 531-5971.

'79 240D. Mercedes-Benz. Quality production in a car everyone can afford. The economy of diesel. The fun of a sports shift in a roomy 4 dr. cond. This car has air cond. and AM/FM stereo and is still in factory warranty. (9F7224) dir. 704 Ala Moana Blvd. 531-5971.

**PONTIAC**  
 '78 MGB—good buy, must sell, leaving Island. Best offer. Phone 262-6489.

'78 MGB—4 brand-new tires, newly overhauled trans, just tuned, AM/FM cassette stereo w/4 speakers. Bright yellow w/black interior & black striping. \$5350. Call Liz at 235-5881 or 235-3588.

**TOYOTA**  
 '76 TOYOTA Corolla liftback, 4 spd., new battery, new starter, cassette player, \$2,500. Call Luanna, 259-8525 eves. or 235-5360, days.

**TRUMP**  
 '74 TRIUMPH TR6 Clean, \$4,200/offer. Ph. 845-1776 or 732-2496.

'79 TRIUMPH Spitfire, brown w/stripes, elec. overdrive, AM/FM cassette stereo. Exc. cond. 254-4218

**VOLKSWAGEN**  
 '73 VW (Thing)—perfect cond., AM/FM, gages, \$1,875/offer. Ph. 254-4512.

**CHEVROLET**  
 '73 CHEVY Malibu \$400 Call 254-2112 AWH

'72 CAMARO—Excel. cond. New paint, new tires. \$1,900. Phone 262-7467.

'69 CHEVY Nova, 4 dr., blue. 377-6545 or 846-3052. Ask for Soto or Madie.

'80 CHEVETTE 2 dr., auto., \$4,400. Call 247-3683.

'77 CHEVY Wagon, full size, loaded w/extras, 1 owner. Priced to sell, \$2,500. Leo 247-2075 aft. 5.

'73 CHEVELLE Wagon New tires & brakes, runs well. \$500. Ph. 251-5287.

'68 CHEVY Nova, good cond., \$500/offer. Must sell. Ph. 839-5763 before 8 p.m.

**DODGE**  
 '75 CORDOBA—excel. cond., low mileage, auto., air, p/b, p/s, p/w, AM/FM stereo. Ph. 239-7938.

**FORD**  
 '78 GHANADA, low mi., 2 dr., a/c. AM/FM radio, cruise control, \$2,500. Phone 487-0184.

'76 GRANADA 4 dr., 6 cyl. \$2,200. Call 247-3683

'76 PINTO MPG Wagon—Clean, no rust, runs great. \$1,800/offer. Ph. 239-8380.

'75 MAVERICK, excel. cond. Make offer. Ph. 239-8811 or 247-5213 after 5

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'77 PINTO wagon, AM/FM stereo 8 track, air, 4 cyl., good tires, \$2,400. 257-3597 DWH; 254-1926 AWH.

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 '79 MAZDA GLC, very good cond., 25,000 mi., 5 yr. 50,000 mi. warranty, AM/FM cassette radio, radiats, \$3,650. 499-1942.

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'61 220 SE coupe. A white 2 dr. cpe. with sunroof and slick shift. An ancient treasure and a rare buy at \$4,500. (6F7085) dir. 704 Ala Moana Blvd. 531-5971.

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'80 CHEVETTE 2 dr., auto., \$4,400. Call 247-3683.

'77 CHEVY Wagon, full size, loaded w/extras, 1 owner. Priced to sell, \$2,500. Leo 247-2075 aft. 5.

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 '78 GHANADA, low mi., 2 dr., a/c. AM/FM radio, cruise control, \$2,500. Phone 487-0184.

'76 GRANADA 4 dr., 6 cyl. \$2,200. Call 247-3683

'76 PINTO MPG Wagon—Clean, no rust, runs great. \$1,800/offer. Ph. 239-8380.

'75 MAVERICK, excel. cond. Make offer. Ph. 239-8811 or 247-5213 after 5

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'75 MUSTANG II, Good cond., \$2,500/offer. Call after 5, 261-2559.

'70 TORINO Needs work. Call 254-2213.

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 '79 MAZDA GLC, very good cond., 25,000 mi., 5 yr. 50,000 mi. warranty, AM/FM cassette radio, radiats, \$3,650. 499-1942.

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'75 AMC Pacer, auto., p/s, (8A8612) \$1933

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'75 VW RABBIT 4 dr., auto., (4C2538) \$2531

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