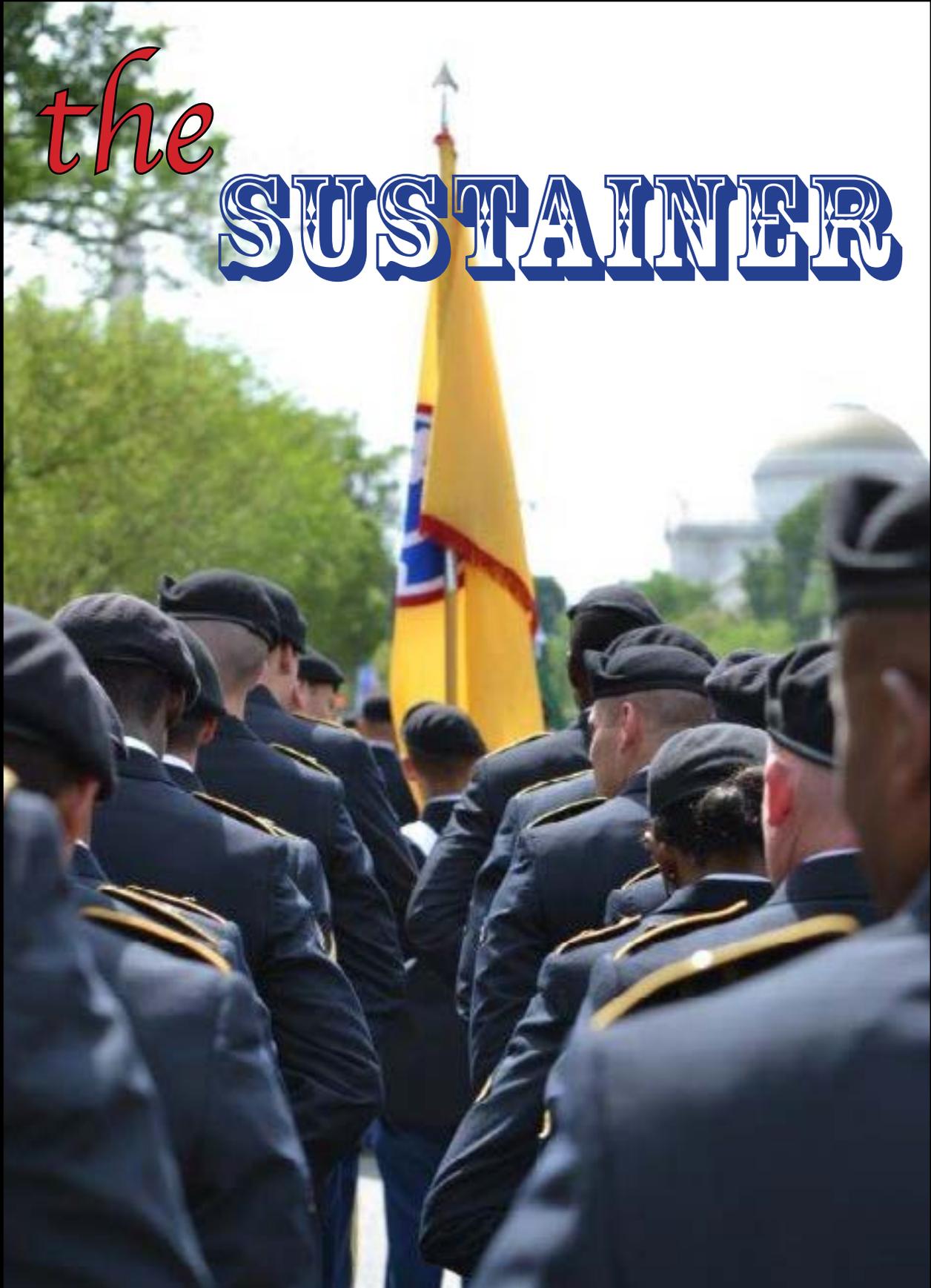


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the SUSTAINER



Page 7

310th Changes Responsibility



Army Reserve Soldier's Take on German Challenge



Page 8



Page 9

55th SB: Mission Complete



T-11 Advance Parachute System



Page 11



Page 15

A New Leader for HHC, 310th ESC



42 years of Service



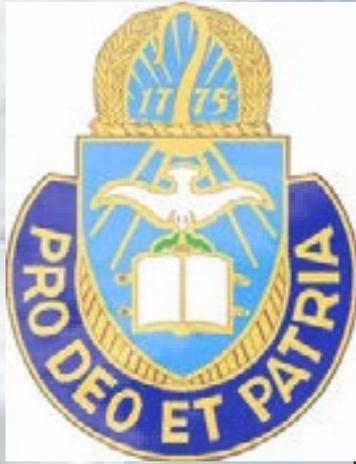
Page 16



Page 23

**165th Quartermaster Group
Inactivates**





Chaplain's Corner

The Greatest Price He Would Ever Pay

If you've ever flown through the Chicago O'Hare airport, there is a statue that commemorates the heroics of the war hero this airport is named after.

Butch O'Hare, was the Navy's first Ace of World War II, and the first Naval Aviator to win the Congressional Medal of Honor. What most

people don't know about Butch's life, is that his father was "Easy Eddie," the famous lawyer who was able to keep the mobster Al Capone out of jail for a long time. For his skill at legal maneuvering, Eddie got paid very well. His family occupied a fenced-in mansion covering the size of a Chicago city block.

Easy Eddie did have one soft spot. He had a son that he loved dearly. Eddie tried to teach his son to rise above his own sordid life. He wanted him to be a better man than he was. Yet, with all the wealth and influence, there was two things that Eddie couldn't give his son. Two things that Eddie sacrificed to the Capone mob that he could not pass on to his beloved son: a good name and a good example. One day, Easy Eddie reached a difficult decision. Offering his son a good name was

far more important than all the riches he could lavish on him. So Eddie decided to go to the police and tell the truth about Scar-face Al Capone. He made this decision because he wanted to be a good example for his son. So he testified. Within a year, Easy Eddie's life ended in a blaze of gunfire on a lonely Chicago street. He had given his son (i.e. Butch O'Hare - the future war hero), the greatest gift he had to offer, at the greatest price he would ever pay.

Sometimes we don't realize the amount of impact we can make in the lives of the people closest to us. Easy Eddie chose to make the ultimate sacrifice so he could set a good example for his son. You too have the opportunity to make an impact through how you live your life, because you never know if your impact might produce a future war hero like Butch O'Hare.

Chaplain (Major) Doug Hedrick
310th ESC Deputy Command Chaplain
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the
SUSTAINER

Capt. Shamika Hill
310th ESC PAO, Managing Editor

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The Public Affairs Office is located at 9704 Beaumont Road, Fort Benjamin Harrison, Indianapolis, IN 46216. Visit our web site at dvidshub.net/units/310ESC.



Command Lines

Brig. Gen. Michael Dillard

Commander, 310th ESC
Soldiers of the 310th ESC,

within the last few months, we have changed command for all of the 310th ESC Brigade Commanders and the 22nd Military Detachment Commander. We have also changed commands and responsibilities for our Battalion and Company Commanders and Command Sergeants Majors. In addition, our new 310th ESC Command Sergeant Major Levi Maynard has arrived from Afghanistan and is onboard. Welcome to all of our new leaders. As we transition to our new leaders, it is imperative that we level set and re-emphasize our top priorities for the US Army Reserve:

- .Sexual Assault Prevention & Response
- . Suicide Prevention & Care of our Wounded Warriors/Families
- . Recruitment of Mid-career NCO & Officer via AC to RC Transition

. FORSCOM Total Army Training in Partnership with 1st Army

In addition, the Chief of the Staff of the Army, General Raymond T. Odierno's five strategic priorities in moving the Army forward are:

- Adaptive Army Leaders for a Complex World
- A Globally Responsive and Regionally Engaged Army
- A Ready and Modern Army
- Soldiers Committed to Our Army Profession
- The Premier All-Volunteer Army

Leaders, our strength and attrition are critical to our priorities and we need to continue our focus on retaining and developing our Soldiers. My commander's intent continues to grow an organization with a positive and encouraging working environment for the 310th ESC. With the new leadership, I am confident that we will continue to excel and move in the correct direction to a culture of achievement, accomplishment, value, integrity, and respect for each other. Your participation in I.S.W.E.A.R. teleconferences has brought ideas, issues, and valuable feedback to the command of which we can only improve our performance, validity to mission accomplishment, and culture by which we continue to demonstrate that all of our Soldiers and civilians are valuable assets to the 310th ESC success.

Because of your esprit de corps, the 310th ESC has been selected for an involuntary mobilization mission that no other ESC has ever accomplished. This is a milestone for the 310th ESC as well as the United States Army Reserve. Please understand that our selection for this mission was only because of your continual mission achievements and accomplishments. Your actions clearly demonstrated our capability to exercise critical thinking in all appropriate situations and exceed in results of which others could only meet the requirements. For this, I thank you for all that you do each and every day. I also thank your Families, your support system, and friends for allowing you to serve with loyalty, duty, respect, selfless service, honor, integrity, personal courage, and loyalty. As a Soldier, you are a Professional and our Country and Allies are proud of you.

May God Bless You, Your Families, and this great democratic country, the United States of America.

- Brig. Gen. Dillard



The Warrant

Command Chief Warrant Officer 5

CCWO, 310th ESC

310th Warrant Officers,

Hello 310th!
First of all let me start by saying Chief Warrant 5 Kenneth Foster has left the building. After 40+ years of complete and outstanding

service to the Army Reserve, the AGR program and Warrants everywhere, he has started a new era in his life not wearing the uniform. The service he has provided has been outstanding and truly has touched many within the Army reserve.

With that being said he has left big shoes for me to fill. Lucky I have known Ken for many years in many different commands and share his passion for maintenance and the Warrant Officer professional development.

I am the Senior Warrant Logical Officer and the Command Chief Warrant Officer. I have two goals for this command, first to improve our maintenance program and increase the capability and experience level of our maintainers. If we are deployed our maintainers are going to be expected to perform sustainment level maintenance and support any units attached to us.

Currently we are too dependent on AMSA shops to maintain our equipment. Currently these shops are doing over 90% of the total maintenance work load. This needs to change.

If we continue along these lines, not only will we not have trained maintainers, but we will continue to lose positions off our MTOE's. All organizations including AMSA shops are facing force reductions. We have to work smarter and use all of our assets to meet mission needs. We also have to start being honest on our reports and report the true readiness of our equipment. We must remember that USARC HQ and

higher only know us (units) by the reports we send forward, very seldom do they come and actual visit units in person.

My second goal to develop quality Warrant Officers. I truly believe becoming a Warrant is one of the most challenging task for anyone to undertake. The only way to become a Warrant is to have been an NCO that proved he/she had leadership ability. A Warrant is a subject matter expert and should be proud of that and strive to maintain that status through training and experience.

I strongly discourage Warrants being Commanders in the junior ranks of WO1 and CW2. These are the years needed to hone your technical skills and dto become the SME expected as a Warrant. I strongly look at the Warrants within this command to be true professional in their actions and all dealings. Those Warrants not striving to complete their PME timely and just drawing a pay check need to know I will be finding you.

All Warrants in this command will meet all Soldier requirements, as any other Soldier in the Army or Army Reserve, that means PT, height and weight, and must be deployable. We all go through high and low points in our career that span 10, 20, 30 years or more, but as professional we deal with them as required. I meet these requirements and will hold all Warrants to the same standard.

This has a brief introduction, I'm glad I'm here, glad I followed someone like Chief Warrant Officer 5 Foster and hope to carry on everything he started.

I look forward to working with everyone to move our maintenance and logics forward. Warrants I hope to meet each of you and help you develop into a respected professional Warrant Officer.

- Chief Warrant Officer 5 Diehl

The signs are all around

it's up to **YOU** to recognize
and act on them



PLS DNT
TXT & DRV

Training, Discipline and Standards

Training, discipline and standards are the bedrock of our Army, and as Soldiers, you've been taught what right looks like. As leaders, you have a duty and a responsibility to maintain standards in your formation. You also have an obligation to your Soldiers and their families to manage risk and take action to correct problems. In our fight against accidental fatalities, knowledge is the weapon of choice.



KNOW WHAT'S RIGHT
know the
signs
DO WHAT'S RIGHT



U.S. ARMY
ARMY STRONG



U.S. ARMY COMBAT READINESS/SAFETY CENTER
<https://safety.army.mil>

310th Changes Responsibility

Story by:

Capt. Shamika Hill

310th Expeditionary Sustainment Command



Photo by Staff Sgt. Jeremiah Bard
Command Sgt. Maj. Connie Royal relinquishes responsibility of the 310th Expeditionary Sustainment Command during a change of responsibility ceremony at Fort Benjamin Harrison June 28.

FORT BENJAMIN HARRISON, Ind. - The 310th Sustainment Command (Expeditionary) Commander, Brig. Gen. Michael Dillard hosted a change of responsibility ceremony here June 28, where Command Sgt. Maj. Connie Royal relinquished

responsibility to Command Sgt. Maj. Levi Maynard. Royal not only relinquished command but she is hanging up her boots after thirty-eight years of dedicated service to country.

“Command Sgt. Maj. Royal, as you set to retire, you should be incredibly proud of what you accomplished in your thirty-eight years of service,” said Dillard. Royal reflected on when she first joined the military. “When I first joined the Army I had no clue where this

journey would lead me thirty-eight years later,” Royal said. “I’m honored to stand here today as the outgoing command sergeant major of the 310th ESC.”

In closing remarks Maynard, who recently returned from a nine-month deployment to Afghanistan, accepted the charge of responsibility with humility and humbleness.

“I stand before you today with humility and humbleness as I accept responsibility of this great organization,” said Maynard. “I commit to providing sound advice to my commander and care to all Soldiers, civilians and the families of this command.”

Dillard welcomed Maynard and thanked him for accepting the challenge as the third command sergeant major of the 310th ESC.

“We look forward to you building on the momentum established by the command and to bring your own personal flavor to the forefront,” said Dillard.



Photo by Staff Sgt. Jeremiah Bard
Command Sgt. Maj. Levi Maynard accepts responsibility of the 310th Expeditionary Sustainment Command from Brig. Gen. Michael Dillard during a change of responsibility ceremony at Fort Benjamin Harrison June 28.



Photo by Master Sgt. Christopher Carlson
310th Expeditionary Sustainment Command Soldier's stand in formation during a change of responsibility ceremony at Fort Benjamin Harrison June 28.



Photo by Staff Sgt. Jeremiah Bard
Command Sgt. Maj. Levi Maynard cuts his welcome cake after the change of responsibility ceremony at Fort Benjamin Harrison June 28.

ARMY RESERVE SOLDIERS TAKE ON GERMAN CHALLENGE

Story by:

Warrant Officer Carl Hignite

766th Transportation Battalion

TOLEDO, Ohio - Soldiers from the 855th Quartermaster Company, the 766th Transportation Battalion, of South Bend, Ind., and the 319th Quartermaster Battalion from Twinsburg, Ohio, took part in the German Armed Forces Badge for Military Proficiency competition located at the University of Toledo, March 22-23.

The GAFBMP is a decoration of the Bundeswehr, or German armed forces. It's a foreign award that's approved for permanent wear on the Army Service Uniform. The badge is a highly sought-after award by U.S. soldiers, and comes in three levels: gold, silver and



Photo courtesy of 766th Transportation Battalion
Staff Sgt. Mealy, Warrant Officer Carl Hignite, Staff Sgt. Gregory Rich and Spc. Matthew Pencil at the start of the road march, during the German Armed Forces Badge for Military Proficiency competition at the University of Toledo, Toledo, Ohio Mar. 23.

bronze.

Warrant Officer Carl Hignite, Staff Sgt. Gregory Rich, Staff Sgt. Darrel Mealy, and Spc. Matthew Pencil earned the right to wear the German Armed Forces Badge for Military Proficiency after completing two grueling days of physical fitness and military testing.

In January 2013 the GAFBMP was modified to no longer include track and field events, but to represent more military-specific tasks. The new events include an 11-by-10-meter sprint, a chin-up test, a 1,000-meter sprint, a 100-meter swim in uniform, firing a 9-milimeter pistol at a 30-meter target, chemical agent protection and first aid training.

To top it all off, competitors must complete a road march of between six and 12 kilometers with rucksack



Photo courtesy of 766th Transportation Battalion
Spc. Matthew Pencil, Command Sgt. Maj. from Germany, Staff Sgt. Gregory Rich and Warrant Officer Carl Hignite with their awards at the completion of the German Armed Forces Badge for Military Proficiency competition at the University of Toledo, Toledo, Ohio Mar. 23.

weighing at least 33 pounds.

Pencil, who finished first in the 12-kilometer road march, said, "This was a good way to learn about and interact with other militaries."

Rich said the swimming portion of the GAFBMP was a new experience.

"The water challenge was different," he said. "We really don't train to swim that far in uniform."

Another soldier taking part said pistol shooting was the hardest part of the competition.

"The most challenging part to the testing is firing the 9-millimeter," Hignite said. "You have to be perfect in order to qualify for the gold badge. It isn't as easy as it looks."

The event was hosted by the University of Toledo's Army ROTC detachment. Rocket Battalion personnel said the unit will continue to host the event annually, as participation has doubled since its inception.

"If you're looking for a tough challenge, I highly recommend participating in the German Armed Forces Badge for Military Proficiency," Hignite said.



Spc. Matthew Pencil competes in the Nuclear Biological Chemical event at the German Armed Forces Badge for Military Proficiency competition at the University of Toledo, Toledo, Ohio Mar. 23.

55TH SUSTAINMENT BRIGADE

MISSION COMPLETE

Story and photos by:
Capt. Shamika Hill

310th Expeditionary Sustainment Command



Wave three of the 55th Sustainment Command stands in formation in Fort Hood upon their return home to the states from a nine month deployment to Afghanistan, April 11.

FORT HOOD, Texas - The final group of the 55th Sustainment Brigade returned home from a successful nine-month deployment to Afghanistan, May 14. The brigade's first soldiers redeployed in November 2013.

While not a traditional mission for an Army sustainment brigade, the 55th was suited for the challenge. Bringing their logistics expertise, the unit's soldiers assisted NATO in developing a national logistics system for the Afghanistan National Security Forces. The 55th worked closely with other countries, such as Australia, France, Portugal, and Romania, one soldier said.

"It brought a lot of experience and training, a different skill set to make mission possible," said Capt. Wesley Rankins, the brigade's headquarters and headquarters company commander. In addition to logistics support, the engineer team managed more than 38 construction projects worth \$16 million, which further contributed to the successful transition to the ANSF.

"It was a very rewarding deployment.

The Afghanistan forces are ready to take on mission," said Lt. Col. Renie Bright, one of the brigade's support operations officers.



Staff Sgt. Antwone Murray is greeted with a warm hug from (?) in Fort Hood, Texas upon his return home to the states after a nine month deployment to Afghanistan May 14.

"It feels great to be home," said Staff Sgt. Angela Popelka. "It's great to come home with this group."

Another 55th SB soldier felt the same way.

"It feels great to be back," said Master Sgt. Larry Adams.

Popelka arrived home with wave three in

April, and Adams came home with wave four in May.

Maj. Gen. Peter S. Lennon, commanding general of the 377th Theater Sustainment Command, was on hand to welcome the final group home.

"I am very, very proud to welcome you home, very thankful to have you home and thankful to have you on my team," Lennon said.

Staff Sgt.'s Janice Choi, Staff Sgt. Charles Davis and Staff Sgt. Antwone Murray all received a coin from Lennon for a job well done. Choi and Davis are the unit's supply sergeants; Murray is the unit movement officer.



Staff Sgt. Janice Choi, Staff Sgt. Charles Davis and Staff Sgt. Antwone Murray received a coin from Maj. Gen. Peter Lennon, commander, 377th Theater Sustainment Command upon their return home from a nine month deployment to Afghanistan, May 14.

Young Professional Development At Its Best

Story and photos by:

Capt. Royce Braxton

350th Public Affairs Detachment

ANCHORAGE, Ala. - Young motivated Soldiers of the 417th Quartermaster Company, The 417th Quartermaster Company conducted petroleum pipeline and terminal operations in support of natural disaster efforts on Joint Base Elmendorf-Richardson.



Pfc. Robert Hailey, with 3rd Platoon, in the 417th QM Co., explains the In Land Petroleum Distribution System (IPDS), used for the Joint Logistics Over the Shore (JLOTS) training mission.

The unit conducted petroleum pipeline and terminal operations in support of natural disaster efforts on Joint Base Elmendorf-Richardson. Soldiers were tested in pipeline construction and the Inland Petroleum Distribution System (IPDS) functionality during the 15 day annual training event. The JLOTS training focus aligns with the objectives of the DoD Defense Support of Civil Authorities (DSCA) initiative.

The JLOTS training scenario simulates an earth-

quake from the Port of Anchorage.

“The JLOTS exercise has taught me how to strategize and work in a team environment,” said Pfc. Robert Hailey, of 3rd Platoon, with the 417th QM Co. He said,

“We have prepared for this mission for a long time and I have learned to depend on my fellow Soldiers to get the mission done. I understand teamwork and each component of the IPDS in a better way.”

The IPDS that the unit uses can divide and process more than 720,000 gallons of fuel. More than 100 massive light weight steel pipes were used to develop an effective “shore to main land” temporary module for the training event.

“It was truly a pleasure to help plan and coordinate the equipment movement for this mission

to Alaska,” said Cpl. Joshua Wade, with 2nd Platoon.” He said, “It enhanced my planning skills while working with my peers and leaders.”

More than 40 Soldiers from the 417th Quartermaster Company participated in the JLOTS event.

“This realistic training really helped me to understand the components of our IPDS system such as the contaminated fuel module bag and different pump systems. The components of the IPDS work together just as we do as a unit. I really enjoy hands on training” said Wade.

Great training exercises like JLOTS prove that at times the best training is hands on training.



Capt. Jonathan D. Parker, Commander for the 417th QM Co., prepares his Soldiers for a morning award ceremony during Joint Logistics Over the Shore (JLOTS) training exercise, April 3, 2014 in Anchorage, Ala.



Capt. Jonathan D. Parker, Commander 417th QM Co., addresses his Soldiers during Joint Logistics Over the Shore (JLOTS) training exercise.

quake in Alaska that has damaged power and energy sources in Anchorage. During training the 417th QM Co. is tasked to assist the Department of Conservation and the Federal Emergency Management Agency (FEMA) in provided petroleum to needed infrastruc-

T-11 Advance Parachute System

Story and photos by:

Spc. Amber Sanders

372nd Mobile Public Affairs Detachment

NASHVILLE, Tenn. - Parachute riggers of the 861st Quartermaster Company, a unit of the 310th Sustainment Command, began parachute-packing training here April 2 on the Army's new T-11 Advanced Tactical Parachute System at the Cpl. William F. Lyell Armed Forces Reserve Center.

The training is the result of the Army-wide integration of the new system replacing the old T-10 parachute system that has been in place since the 1950s. This Army fielding is part of the Force Modernization plan for improving the capabilities of the Army Airborne Soldiers and parachute riggers.

"Each [parachute rigger] will spend two weeks learning a total of three systems; the MC-6 Maneuverable Parachute System, the T-11R Reserve Parachute and the T-11 Advanced Tactical Parachute System," said Warrant Officer John M. Dean, 861st air drop system technician.

The T-11 system includes the main canopy and harness and the T-11R reserve parachute. It can carry a paratrooper with a total exit weight of 400 pounds.

According to Dean, the system also reduces the rate



Mr. Lonnie Ford III, new equipment instructor for Nu Century Incorporated, trains Soldiers of the 861st Quartermaster Company on the new T-11 Advanced Parachute System at the Cpl. William F. Lyell Armed Forces Reserve Center in Nashville, Tenn., June 4, 2014

of lower body injuries and descends at a slower rate in comparison to the T-10.

"The T-11 is a much larger parachute," Dean said. "The packing technique is different from any parachute system we have ever had."

The 861st is accompanied by privately contracted instructors of Nu Century Incorporated.

"It is very important to get this training," said Tracy Long, NCI new equipment instructor. "There are a lot more steps and components to

packing the T-11." A parachute rigger must be currently qualified and on jump status to be able to pack parachutes according to Army regulation. Approximately 56 Soldiers of the 861st are scheduled to complete this course. The two week training rotation ends July 27.



Sgt. 1st Class Jim W. Owens participates in training on the new T-11 Advanced Parachute System at the Cpl. William F. Lyell Armed Forces Reserve Center in Nashville, Tenn., June 4, 2014.



Spc. Zach H. Berry participates in training on the new T-11 Advanced Parachute System at the Cpl. William F. Lyell Armed Forces Reserve Center in Nashville, Tenn., June 4, 2014

EO BIZ

Mr. Thompson, Lt. Col. Anderson and
Master Sgt. Cooper

Hello everyone and welcome to the 100 days of summer. This quarter we celebrate Caribbean-American History Month and Pride month for our Lesbian Gay Bisexual and Transgender people. We would like to say thank you to all of our Caribbean-American men and women veterans and those still in uniform who make huge contributions to this great country. Mr. Clarence A. Johnson, Director of Office of Diversity Management and Equal Opportunity stated "We also recognize gay, lesbian and bisexual service members and LGBT civilians for their dedicated service to our country; the heroic contributions made by these Americans strengthen our national security. Whether officer, enlisted, civilian employee or family member, their inclusion gives us all greater promise and possibility."

Secretary of Defense Mr. Chuck Hagel: "Our nation has always benefited from the service of gay and lesbian Soldiers, Sailors, Airmen and Coast Guardsmen and Marines. Now they can serve openly with full honor, integrity and respect." Have a safe and enjoyable summer—whatever your endeavors are for this quarter— may it provide you with an opportunity for personal courage and cultural enlightenment. Peace and blessings!

Upcoming Ethnic Observances

Caribbean-American History Month:

1- 30 June

Pride Month: 1-30 Jun

First Day of Summer: 21 June

Independence Day: 4 Jul



Keith J. Thompson
EO Program Manager
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Dignity and Respect

One question we often ask in our training is this: What would it feel like to you if you knew, without a shadow of a doubt, that your co-workers, your supervisors, the people you supervised, the people who are paid to work with you – what would it feel like to know that in all these relationships you would always, ALWAYS, be treated with dignity and respect? What would that feel like? Most people say that it would be heavenly, or perfect, or awesome. Our commitment is to always treat people with dignity and respect. These words are in the mission statement and/or policies and procedures of most human service organizations. "The manner by which we treat people in our personal and occupational lives reflects or denies the truth of our commitment to human dignity and respect for individual worth." A quote from Dr. Haim Ginott (1956) what we do in our day to day relationships is more important than what we say we will do! Remember to always be considerate of others.



www.deomi.org: EO Advisor (EOA) Candidates: We still have a shortage of EOA/EOL positions throughout the command. If you are interested in becoming a part of the EO family and would like to become an EOA/EOL, please contact your commander or myself.

SHARP

Greetings from the 310th SHARP Office. I would first like to welcome two newly assigned BDE SARC's to our SHARP Team: 38th RSG's SFC Karen McWhorter and 55th SB's SFC Christina Simpson! As we prepare to jump into our last quarter for FY14, I would like to remind everyone that revised SHARP annual training requirements have been distributed throughout the command; all training is to be entered into DTMS.

Also, there are 80hr SHARP courses available to us once again – please be sure to contact your BDE SARC for further details.

There are several opportunities for SARC's and Victim Advocates to develop relationships with local partners in our quest to provide the most outstanding support when called upon. Working with local hospitals to network with information on Sexual Assault Nurse Examiners (SANE) and receiving training on Line of Duty (LOD) module are just a couple of examples we can utilize to improve our readiness.

ARTICLE: Director's Message

SYNOPSIS: Maj. Gen. Jeffrey J. Snow, U.S. Army, Director, DoD SAPRO discusses his assessment in the Annual Report to Congress on Sexual Harassment and Violence at the Military Service Academies for Academic Program Year 2012-2013 and details standards of behavior at the Service Academies.

LINK: <http://sapr.mil/public/saprsources201404.html#s1>

I. A.M. Strong and always open to suggestions and encourage each of you to make a concentrated effort to become part of the solution rather than part of the problem.

MSG Chris Carlson

SARC/SHARP Program Manager

310th Expeditionary Sustainment Command

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NIPR: christopher.w.carlson.mil@mail.mil

ARTICLE: I've got your back!

SYNOPSIS: Soldiers in Europe get an educational new look at sexual assault awareness program called SEX-SIGNALS is touring throughout bases in Europe to educate service members, civilians and family members about the importance of bystander intervention.

REPORTER: SGT MICHAEL REINSCH

LINK: http://www.army.mil/article/126446/I_ve_got_your_back/

There are several valuable resources for Leaders at our SharePoint "Information & Tools" page including: Commander's Guide Book, Credentialing, Fliers & Posters, Unit Training, and others:

<https://xtranet/sites/310esc/G1/Public/Forms/AllItems.aspx?RootFolder=%2Fsites%2F310esc%2FG1%2FPublic%2FSHARP%20Information%20and%20Tools>



Let's Move

Story and photos by:
Capt. Shamika Hill

310th Expeditionary Sustainment Command



Soldiers throughout the 310th Sustainment Command (Expeditionary) attended the Unit Movement Officer Course at Fort Knox, Ky. April 6- 18.

FORT KNOX, Ky. – More than 20 soldiers from the 310th Expeditionary Sustainment Command's eight-state footprint attended a unit movement officer course here April 6-18.

The 350th Public Affairs Detachment, 374th Finance Company, 673rd Quartermaster Company (Mortuary Affairs), 410th Signal Company, and the 398th Combat Sustainment Support Battalion all had soldiers attending the course.

The UMOC was a two-week course initiated by the G-4 and G-3 staff of the 310th ESC. It was designed to assist unit movement officers in performing their



Brig. Gen. Michael Dillard gives 1st Lt. Aaron Mcrorie of the 810th Quartermaster Company a commander's coin for being the top graduate of the course's 21 attendees at the Unit Movement Officer Course April 18 at Fort Knox, Ky.

Army Reserve units' pre-mobilization duties. "The UMO has become a priority across the board, and it's a readiness indicator that we need to be

equipped for," said Chief Warrant Officer 3 DeAngelo Grant, 310th ESC transportation chief. Students focused on truck loading, chain tie down, rail,



Students participate in a hands on training exercise during the Unit Movement Officer Course at Fort Knox, Ky. April 6-18.

air, ground, and water loading. Students had homework, class work, and on-hand training.

"Great training, realistic training, it covers all points of deployment, port to port and port to theater," Grant said.

"When you leave here, you will understand transportation," said Master Sgt. Craig Novinska, a mobile training team class instructor.

"You will see diversity in ranks and organizations so they can move their unit forward independently," said Grant.

1st Lt. Aaron Mcrorie of the 810th Quartermaster Company was given a commander's coin from Brig. Gen. Michael Dillard, commanding general of the 310th ESC, for being the top graduate of the course's 21 attendees.

"I am surprised to be an honor grad," McCrorie said. "We just got the job done; we all worked together."



Sgt. Laura Bonano of the 350th Public Affairs Detachment (Mobile), participates in a hands on training exercise during the Unit Movement Officer Course at Fort Knox, Ky. April 6-18.

A New Leader for HHC, 310th ESC

Story by:

Capt. Shamika Hill

310th Expeditionary Sustainment Command



Photo by Capt. Shamika Hill

310th Expeditionary Sustainment Command, Headquarters and Headquarters Company stand information during a change of command ceremony June 28 at Fort Benjamin Harrison.

FORT BENJAMIN HARRISON, Ind. - Family and friends were recognized, and Soldiers stood at attention to witness the change of command for the 31st Sustainment Command (Expeditionary) Headquarters and Headquarters Company.

On June 28, at Ft. Benjamin Harrison, Capt. Sanjiv Neal became the new HHC commander for the 310th ESC. Neal took command from Capt. Michael Marszalek.

“It’s been a wild and quick ride,” Marszalek said. “To be successful it takes a lot of good people behind you and Soldiers to support you.”

He thanked 1st Sgt. Michael Tarr, the Soldiers of the 310th ESC HHC and family for all of their support.



Photo by Staff Sgt. Jeremiah Bard

Capt. Michael Marszalek with wife Billie and daughter Hadley after the change of command ceremony June 28 at Fort Benjamin Harrison.

“I thank my mom and dad for being here today, my daughter Hadley and the most important person

of all, my wife. I am a failure without you behind me every day,” said Marszalek.

Marszalek departs with the HHC being number one in evaluations, medical and training as one of the direct reporting units.

Marszalek leaves with departing words and a challenge to Neal – “leave it better than how you found it.”

Neal accepted the challenge from Marszalek.

“I am humbled and honored to be your company commander,” said Neal. “I welcome the challenges that are ahead.”

Neal, who is an Indianapolis fire fighter, will be deploying a small contingent of the HHC to Ft. Hood, Texas soon.

“As we prepare for the mission at Ft. Hood, we have a lot of hard work to ahead,” said Neal. “I know we will continue to perform as logistic professionals as excel.”



Photo by Staff Sgt. Jeremiah Bard

Capt. Sanjiv Neal accepts the organizational colors from Brig. Gen. Michael Dillard signifying that he takes command of the 310th Expeditionary Sustainment Command Headquarters and Headquarters Company June 28, at Fort Benjamin Harrison.

42 Years of Service Complete

Story by:

Capt. Shamika Hill

310th Expeditionary Sustainment Command

COLUMBUS, Ohio- The year he enlisted in the United States Army, Richard Nixon was president. A gallon of gas cost 40 cents, and instant noodles were created. That was 1971.

Forty-two years, nine months, twelve days and several iterations of the U.S. Army uniform later, Chief Warrant Officer 5 Kenneth E. Foster, ordnance logistics officer and command chief warrant officer for the 310th Sustainment Command (Expeditionary) officially retired June 2, 2014.

Born in Florida, Foster enlisted August 1971 and entered the military as an infantryman. He could have easily been sent to Vietnam, but was redirected to Berlin.

Although infantry, Foster had an immense passion for the mechanics.

"I had worked on tracks (military tanks) more and knew more about tracks than the maintenance section down in the battalion maintenance motor pool," Foster said. "They told me, 'Hey you need to be a mechanic.'"

Become a mechanic is what he did. He stayed enlisted for the next few years, fast-tracking as a noncommissioned officer. He was ready for the master sergeant board in just nine years, but that was not his ultimate goal.

"I knew in the early '80's I was not going to be a mechanic for the rest of my life. I knew I had to get into a leadership role," he said.

He wanted to be in a leadership role where he could make a difference and affect change. This fire was



Chief Warrant Officer 5 (Ret.) and his family in Columbus, Ohio.

fueled by the respect and professionalism he received

while stationed at Fort Hood, Texas.

"I actually had a warrant officer treat me with more respect than what the NCO corps was treating me as an NCO," he said.

He thought, "I want to be like that warrant officer." And that is just what he did. Foster made warrant officer in 1983.

"He set the standard for me as a second lieutenant," said Capt. Shannon Bibbee, former headquarters and headquarters company commander, 310th ESC. "He helped me to understand, depend on and how to develop warrant officers."

"He is so neat when it comes to Soldiers in need," said Cheri, Foster's wife. "He would take them under his wing and walk them as far as he could and still give them direction. I admire that."

Cheri and Foster were married in 1981, and he was immediately stationed in Germany to the 1st Battalion, 11th Armored Cavalry Regiment.

"As a warrant officer, it was very rare to be stationed with a cavalry unit in that time frame, due to the lack of skills needed to handle such responsibility," he said. While in Germany, Foster served with General (Ret.)

John Abrams.

Abrams influenced Foster by allowing Foster to do his work as a warrant officer. He allowed him to learn what he needed to learn. Foster remembers being told, "I'll sign the check and you cash whatever you need. Just make sure we are successful."

"As a warrant officer, when someone empowers you like that, you realize the great deal of responsibility you have," he said.

The Fosters stayed in Germany for a few years, but then things took a turn for the worse. Their two-year-old daughter became very ill, with a fever that spiked



107.2.

“We almost lost her,” Cheri said. “They did not have a full-fledged medical facility.”

There wasn’t much that they could do for her over there. The hospitals could not determine what she had or why her fever was so high. They had to get out of Germany. With the help of Cheri’s parents, she and Foster scraped up enough money for her and the children to leave Germany. However, it was not so easy for Foster.

“It was easier to get out of the military than to get reassigned from Germany,” he said.

Foster was finally able to make it out of Germany, but he was not stationed in Ohio with his family. The closest the military put him was Fort Knox, Ky.

“The military at that time was not family friendly,” said Foster. “They had showed no compassion for me or my family, that is when family came second.”

Foster left the Army.

According to Cheri, being out of the Army took a toll on her husband.

“He got out and he was miserable. I was like, ‘I can’t do this, the Army is a part of him.’”

Because Foster loved his family but also enjoyed the military, he re-enlisted into the Ohio Army National Guard after a year and a half break. That way he could stay in Ohio where the resources were to help his daughter.

He spent six years in the guard. Not seeing a promotable future, he switched over to the Army Reserve in 1992.

He was stationed in Whitehall, Ohio with the 758th Maintenance Company. He made Chief Warrant Officer 3, but he still wanted to get in a position where he could make a difference. What he saw at the battalion and brigade levels, he did not like.

“I always focused myself to go to a position where I can make a difference,” he said.

Foster became an Active Guard Reservist (AGR) in 1998 and was stationed right next door to the 758th with the 643rd Regional Support Group.

While in position, the 643rd RSG won the Army Award for Excellence Award (AAME), the highest award a unit can win with the Department of the Army for maintenance.

“It wasn’t me,” he said. “Yeah I helped with the policy and that is how it starts. I was successful because everyone else was doing their thing.”

Foster always believed that being a good leader starts with respect and that your success is the success

of those that work for you.

“As a man he taught me one of the biggest foundations of leadership is respect,” said Sgt. DeAngelo Childress, 310th ESC maintenance noncommissioned officer. “Give respect to those and demand your own respect by standing your ground as it relates to the army regulation.”

“The thing about being a good leader and winning people over is respect,” Foster says. “Show respect to them and they will show respect to you... you are never a successful leader if the Soldiers below you are not doing their job.”

Foster accredits his entire career to God, especially his last promotion to Chief Warrant Officer 5. There was a point in time when it looked as if it was not going to happen.

“God preserves, that’s why I knew my purpose as a Chief Warrant Officer 5 was to do something,” he said.

And do something he did.

While he may have had few influences in his life such as Abrams, he amazed many throughout his

career.

“It’s very rare in one’s military career that you get an opportunity to work with a person that you look at in awe on a daily basis,” said Capt. Dassie Jones, 310th ESC maintenance officer. “Chief Foster is that rarity that I have been fortunate enough to work with over the past two years. He is the epitome of the word standard.”

Foster spent his 42 years spread out in all three components of the Army; active, guard, and reserve. One thing he noticed was when the active duty made

“He is the epitome of the word standard.”



Photo courtesy of Chief Warrant Officer 5 (Ret.) Kenneth Foster Sgt. Kenneth Foster receives his high school diploma in 1972.

changes (related to the warrant officer corps or maintenance) the information was slow to get to those in the

guard and reserve.

“The positions I held at Fort Lee, Va. and Aberdeen, Md. showed me how the active component was and that is what I needed to bring back to the Army Reserve,” he said.

Foster did not quit until he was able to make a contribution that would bring the reserve up to the same standards as the active duty. In fact, Foster assisted in writing the maintenance policy and Army Regulation 750-1.

“They brought me in due to my experience and the ability to communicate the changes in maintenance with the active duty and reserve,” he said. “I used my civilian experience at Caterpillar and was able to help them rewrite the army regulation to manage and direct two level maintenance.”

“He helped me understand what details to look at to adequately assess a unit’s maintenance program,” said Lt. Col. Matthew Lawrence, United States Army Reserve Command public affairs officer.

But it was more than just about the maintenance program. It was about the Soldier and getting them to understand maintenance, leadership and



Chief Warrant Officer 5 (Ret.) stands to accept his retirement award during the 310th Expeditionary Sustainment Command Ball in Indianapolis, Ind. May 3.

***“To be one of the very few who took and provided one of the biggest benefits to this country we have...freedom. It has been an honor.*”**

Foster said.

“I learned a lot from Chief Foster, he increased my knowledge in the maintenance field,” said Childress.

“He has always pushed me to do better, go above the goals I set.”

He would tell his soldiers and counterparts to set their sights just past where they are now, but not so high they could not be obtained.

Foster did not stay in 42 years for the longevity, but he stayed for the Soldiers. He wanted to ensure the level-two maintenance was not only fielded but working in the Army Reserve, working for the Soldiers.

“His military career was impressive,” said Cheri. “I loved watching him grow because he was finally in a field that was his expertise. He love tanks, he love getting dirty. He dreamed about it, it is in his blood.”

After 42 successful years in the Army, he is finally hanging up his boots.

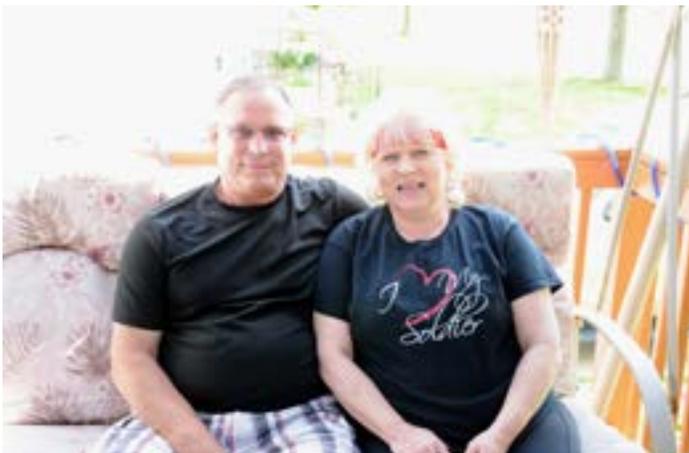
“I am so excited that he is retiring,” said Cheri. “I don’t have to share anymore.”

For Foster there will be no more drill weekends, no more possible deployments and no more living in different states. Chief and Cheri can now fully enjoy each other’s company and spend endless nights with the grandchildren.

“There are things I missed at home from being away,” Foster said. “But you know God’s taken care of that. He has given me my sweetheart.”

Foster enjoyed his time in the service. He would not have traded it for anything. He worked his passion, he enjoyed his career.

“To be one of the very few who took and provided one of the biggest benefits to this country we have... freedom. It has been an honor,” he said.



Chief Warrant Officer 5 (Ret.) Kenneth Foster and his wife Cheri at their home in Columbus, Ohio.

growth as a Soldier.

“It has only been about the Soldier, whether they are a warrant officer, enlisted or commissioned officer,”

Finance Soldiers Hone Their Skills

Story by:

2nd Lt. Didier Ngay

398th Financial Management Center



Photo courtesy of 2nd Lt. Didier Ngay

Soldiers from the 326th Financial Management Support Center count funds received from the exercise control cell during the Diamond Saber training exercise at Fort McCoy, WI. May 2014.

FORT MCCOY, WI. – On May 14, 2014, the Army Finance Corps completed one of its largest culminating military training exercise, known as Diamond Saber 2014 (DS14), with over 600 Financial Management (FM) Warriors on the ground at Fort McCoy, Wisconsin. With nearly 10% of the entire Finance Corp assembled at DS14, all levels within the Financial Management community came together to execute the wartime exercise.

For the past ten years, Diamond Saber was a stand-alone Financial Management exercise. However, this year marked the first time Diamond Saber was integrated into a larger Combat Support Training Exercise (CSTX) 86-14-02, which included over 5,900 Soldiers, Sailors, and Airmen. Designed to simulate deployment events, DS14 integrated successfully with CSTX 86-14-02 by establishing complete theater financial support, including funding over \$37M in US and Foreign training currencies. Funding was used to provide Soldiers simulated pay support, as well as provide exercise commanders the funds needed to execute humanitarian missions through CERP payments.

DS14 included the participation of key financial components, including the Defense Military Pay Office

(DMPO), which transferred part of its operations from Fort Sam Houston, TX to Fort McCoy. At Fort McCoy, the DMPO gave DS14 FM warriors the opportunity to process over 2,600 live military pay transactions, and notional combat entitlements for over ½ of all CSTX 86-14-02 participating Soldiers.

The US Army Financial Management Command (USAFMCOM) provided technical training and evaluation guidance to the Observer Controller/Trainers (OC/Ts). During the exercise, USAFMCOM provided hands on training for Fund the Force (FTF). FM warriors gained valuable experience using Commercial Accounts Payable System- Windows (CAPS-W) and General Fund Enterprise Business System (GFEBS). The Financial Management School (FMS) Commandant provided professional development briefs, and an outlook for the future of the Finance Corps.

This was the first year DS14 units had the opportunity to train under a Sustainment Brigade comparable to the reporting structure in Iraq and Afghanistan. The 374th Financial Management Support Unit (FMSU) was the first unit to fully integrate into the larger CSTX. The commander of the 374th FMSU praised the opportunity and gained valuable leadership experience from the exercise.

Overall, Diamond Saber 2014 proved to be a technical and tactical challenge for Soldiers to hone their knowledge, along with sharpening their skills in a realistic and complex operating environment. The overall assessments confirmed the readiness of participating Army units to deploy anywhere in the world.

Washington's Memorial Day Parade's Unseen Reflections and Sacrifice



Story by
Capt. Michael Merrill

372nd Mobile Public Affairs Detachment

Photo by Master Sgt. Dominica Christian

DISTRICT OF COLUMBIA— Soldiers of the 55th Sustainment Brigade, 398th Combat Support Sustainment Battalion, 1015th Quartermaster Company, 464th and 430th Transportation Companies, 313th, 199th and 200th Movement Control Teams represented the 310th Expeditionary Sustainment Command, a U.S. Army Reserve unit headquartered in Indianapolis, took part in the National Memorial Day Parade here May 26.

To thousands of onlookers along Constitution Avenue, the seemingly endless procession of marching bands, veterans groups, re-enactors, celebrities and military units looked little different than a Veterans Day or Independence Day parade.

A lone trumpet player performed a moving rendition of Taps while soldiers saluted; another group carried poster sized pictures of Medal of Honor recipients, and dozens of Gold Star family members marched to honor their fallen loved ones.



Photo by Master Sgt. Dominica Christian
Spc. Chandanie Chappell with the 1015th Quartermaster Detachment calls cadence during the National Memorial Day Parade in Washington, D.C., May 26.

Other groups, however, wouldn't display their intent so bluntly. Manned mostly by veterans and friends familiar with the sacrifices and losses suffered by the units they represented, these marchers carried themselves with an understated pride and solemnity. A group of Navy veterans towed large submarine models down the avenue, each model representing the life-changing experience of the Silent Service: months at sea, cramped quarters, untold hours of maintenance, and the deep bond of friendship that develops with one's comrades-in-arms. The groups marched for their friends, the ones who didn't return

home to enjoy the freedoms for which they fought.

Every U.S. service was represented in the parade, which was launched in 2005 by the American Veterans Center, a nonprofit organization based in Washington. Brig. Gen. Michael Dillard, commanding general of the 310th ESC, said it was important to take part in the parade.

"It's awesome to be here, to represent the fallen comrades that gave their lives for us, and show the families that we are here for them," Dillard said.

The marching units were a testament to the legacy prepared for them by previous generations. Those troops were also young and disciplined, reported early, practiced again and again, and then marched all day in the sun. This

year's tributes to our nation's lost heroes weren't limited to those marching along the parade route.

Those in attendance could have instead chosen to use the holiday to shop, fish, or barbeque's. Each forfeited a large part of their day to remember those we have lost in battle over the centuries.

It mattered not whether the parade watchers completely understood the depth of the veterans' service; the small sacrifice of time honored the greater sacrifices and showed reverence on the hallowed day of remembrance.



Mr. Ron White, Navy Veteran writes the names of 2,200 American service members who have died in Afghanistan on the Afghanistan traveling memorial wall during the National Memorial Day Parade in Washington, D.C., May 26.



Photo by Capt. Shamika Hill
Soldiers of the 55th Sustainment Brigade, 398th Combat Support Sustainment Battalion, 1015th Quartermaster Company, 464th and 430th Transportation Companies, 313th, 199th and 200th Movement Control Teams represented the 310th Expeditionary Sustainment Command, in the National Memorial Day Parade May 26.

310th Expeditionary Ball



38th Regional Support Group has New Leadership and New Commitments

Story and photos by:
Capt. Shamika Hill

310th Expeditionary Sustainment Command

CROSS LANES, W. Va. - Col. Robert Haste handed over the command of the 38th Regional Support Group to Col. Paul Fall in a change of command ceremony June 8 here. Brig. Gen. Michael Dillard, commanding general of the 310th Sustainment Command (Expeditionary), spoke at the ceremony reflecting on the success of the 38th over the past two years.

“The 38th placed first in the past two years for readiness,” said Dillard. “Even with doubling their mission command, they did not decline in their performance.” Being the commander for the past two years, Haste



Col. Paul Fall accepts the organizational colors from Brig. Gen. Michael Dillard signifying the acceptance of the 38th Regional Support Command in Cross Lanes, W. Va. June 8.



From left to right - Sgt. Timothy Maxey, Spc. Bradley Newcomer, Sgt. Elisha Westfall, Brig. Gen. Michael Dillard, Staff Sgt. John Fertig, Staff Sgt. Rreo Hobbs, and Staff Sgt. Larry Sali after they reenlisted in the Army Reserve in Cross Lanes, W. Va., June 8.

was incredibly proud of what he saw in his Soldiers throughout the 38th footprint.

“We have to be the operational reserve the Army needs. That means we have to train for those dark

dirty places in the world where the mission might call,” said Haste

“You stepped up and done that, and for that I am most proud!”

In closing remarks, Dillard welcomed Fall and his family to the 310th ESC family. Fall gladly accepted along with making a promise. “Thank you all for the warm welcome you embraced me with,” said Fall. “I promise I will always remember the honor of this day and the privilege that it represents for me. I look forward to serving with all of you.”

The change of command was not the only highlight of the day as six Soldier were sworn in for another term of service by Dillard. Spc. Bradley Newcomer, Sgt. Elisha Westfall, Sgt. Timothy Maxey, Staff Sgt. Rreo Hobbs, Staff Sgt. John Fertig and Staff Sgt. Larry Sali raised their right hands yet again recommitting to not only the 38th RSG but to their country as well.

For some of the Soldier’s it was an honor to say the oath once again.

“It was nice to say to be able to say the oath again,” said Westfall, a native of St. Albans, W. Va.

For others this was the first time they have ever been sworn in by a one star general.

“This is my fourth reenlistment,” said Fertig. “It was really cool being sworn in by a one star.”



Brig. Gen. Michael Dillard swears in six Soldiers who made the commitment to continued service to our country in Cross Lanes, W. Va., June 8.



Col. Paul Fall addresses his command for the first time during the 38th Regional Support Group change of command ceremony in Cross Lanes, W. Va. June 8.

The 165th Quartermaster Group Inactivates After 70 Years of Service

Story by:

Capt. Shamika Hill

310th Expeditionary Sustainment Command



Photo by Capt. Shamika Hill
Command Sgt. Maj. Orlando Santiago and Col. John W. Simma Jr., cases the 165th Quartermaster Group colors in front of the presiding officer, Brig. Gen. Michael Dillard during the 165th Quartermaster group inactivation ceremony June 7, at Ft. Belvoir, Va.

FORT BELVOIR, Va. - Soldiers, civilians and family members bid farewell to the 165th Quartermaster Group during an inactivation ceremony here June 7. The 165th QM GRP, which falls under the 310th Sustainment Command (expeditionary) (ESC), was originally constituted June 15, 1944 as Headquarters and Headquarters Detachment, 541st Quartermaster Group.

The 541st made its mark in history during World War II, earning two battle streamers, one in France and the other in Central Europe.

The unit was later re-designated May 11, 2004 as Headquarters and Headquarters Company, 165th Quartermaster Group and activated Sept. 16, 2006.

In keeping with tradition, the 165th continued to make their mark on history when they deployed in support of Operation Iraqi Freedom and Operation Enduring Freedom May 2008. The unit was responsible for synchronizing the receipt, storage, and



Photo by Capt. Shamika Hill
Command Sgt. Maj. Orlando Santiago and Staff Sgt. Derrick Argro marches off the field signaling the solemn and formal end of the command during the inactivation ceremony at Ft. Belvoir, Va. June 7.

surface distribution of bulk petroleum for joint and coalition forces through the U.S. Central Command area of responsibility.

Anytime you inactivate a unit, it is a gloomy day.

"I feel kind of sad," said Command Sgt. Maj. Orlando Santiago, command sergeant major of the 165th QM GRP. "We had some great people here, just one of those moments you don't want to say good-bye."

"Part of me is sad to know an Army unit is going away," said Col. John W. Simma Jr., 165th QM GRP commander. "I know the big picture is the restructuring of the Army Reserve."

Some Soldiers took this inactivation as an opportunity to change their military occupational specialty. A few are going to reclassify as military police, transferring to the 200th Military Police Company in Baltimore while others went to the 464th transportation company, at Fort Eustis to become watercraft specialist/operators. The rest of the troops have been transferred to the 55th Sustainment Brigade on Fort Belvoir.

"The Soldiers took it upon themselves given the opportunity to find homes," said Simma. "That's the positive for each Soldier."

The 165th will officially inactivate Sept. 16, sending the unit colors to Washington DC to be cased. Until then, the last few personnel will push forward to the very end, closing the door on the 165th Quartermaster Group.

"Just because you are going away doesn't mean you stop. We were given a mission and we will follow through to the very end," Simma said.



Photo by Master Sgt. Dominica Christian
The last service members of the 165th Quartermaster Group takes one last photo during the 165th inactivation ceremony at Ft. Belvoir, Va. June 7.

Terry Keene Promoted

Story and photos by:

Capt. Shamika Hill

310th Expeditionary Sustainment Command



Julie Keene promoted her husband Col. Terry Keene during a special promotion ceremony held for him June 28 at Fort Benjamin Harrison

FORT BENJAMIN HARRISON, Ind. - Brig. Gen. Michael Dillard, commander of the 310th Sustainment Command (Expeditionary), promoted Terry Keene, force development officer for the 310th ESC, to colonel and presented him with the Legit of Merit Medal in front of family, friends, and colleagues, during a special ceremony here June 28.

This promotion ceremony was a unique as the 310th ESC did not only say congratulations but goodbye. Keene has been battling stage four prostate cancer and is due to retire in a few months.

Keene was delighted when he learned he made the promotion list for colonel.

“Being promoted to colonel is outstanding,” said Keene. “It was my goal in the Army.”

Keene shared this bittersweet moment with his wife Julie, granddaughter, and a host of family and friends. “I’m just so happy for him,” Julie said. “It has been a long time coming.”

Keene thanked everyone he’s served with over the past years and in previous assignments. He expressed

the love he has for the United States Army Reserve, Soldier’s and more importantly his family.

“To the love my life, my better half, Julie, thank you. Without your love, strength, and support, I am not sure I could have done the last twelve years,” said Keene. “Thank you for being there and loving me.”

Keene plans to spend the time he has left by donating to those in need. He will also treat his wife with a trip to Hawaii and to the Caribbean’s.

“She’s never been, so I am going to take her.”



Julie Keene (left) Col. Terry Keene and Brig. Gen. Michael Dillard after Keene was promoted during a special ceremony June 28 at Fort Benjamin Harrison, Ind.



Brig. Gen. Michael Dillard presents the Legit of Merit Medal to Col. Terry Keene during a special ceremony June 28 at Fort Benjamin Harrison, Ind.

Soldiers Participate in Relationship Enrichment Training

Story and photos by:

Sgt. Marco Gutierrez

350th Mobile Public Affairs Detachment

FORT LEWIS, Wash. - The importance of growing personally as well as finding ways to relief stress is an important part of any well-balanced lifestyle. For service members it is no different. Especially for military reserve members that can experience stress while at annual training when they are away from home as well as stress at home. For Soldiers participating in the Quartermaster Liquid Logistic Exercise 2014 in Fort Lewis, Wash., relief of stress comes in the way of relationship enrichment training provided by Army Chaplain Maj. Sang Kim with the 380th Quarter Master Battalion out of Evansville, Ind.

Army Capt. Melisa Niles the administrator officer in charge for the 380th Quarter Master Battalion out of Evansville, Ind., explains that the training involved, watching a video that gave a fun aspect of males and females in relationships, utilized a workbook to assess ones-self and their partners to help build a stronger partnership.

Kim also explained that so many soldiers get married when they're not ready. They're young and rush into things. Often causing issues in a relationship leading a breakups and added stress. Kim ALSO said, "I want soldiers to have this training so they can get better understanding of what to expect during marriage, have better relationships, and build stronger ones as well."

The class training gave soldiers a chance to grow personally and better understand how they build relationships. Army Pfc. Chelsea Shaffer a heavy equipment operator specialist with the 383rd Quarter Master Company out of St. Charles, Mo., said, "What I took from the training, was how to understand another person in the relationship instead of how I just see things."

Army Pfc. Robin Linder a petroleum supply specialist with the 383rd Quarter Master Company out of St. Charles, Mo., said, "The relationship training gave a different insight of what we normally do, it truly help me understand how relationship are formed not only a romantic ones, but professional ones as well."

Soldiers who participated in the relationship training also got the chance to experience more that just the

classroom. Soldiers also got a chance to explore some of the natural beauty that the Pacific Northwest has to offer.

Kim said, "The fieldtrip is the second phase of the training, it gives the soldiers a chance to relax and be away from the field so they can think about what they learn in the classroom."

For many of the soldiers it was a once in a lifetime experience.

"I liked having the opportunity to do something, that I may never have a chance to do in my life," said Shaffer when asked about her experience of visiting Mount Rainier.

Niles said, "The field-trip experience was quite the moral booster, soldiers had a chance to build moral and experience a truly amazing experience.

Niles continued by saying, "Not only did we get a time to fellowship with each other and different units, it also gave us a good chance to experience part of the real world together, not just in the field setting."

The overall training was a success as soldiers learned to build better relationships while experiencing the incredible beauty that Mount Rainier had to offer.

When asked about what he enjoyed about the training Kim said, "It is a privilege and honor to serve God and soldiers." Kim added, "I have always enjoyed working with and talking to soldiers."

While others where simply glad to experience something, Niles explained that in her fourteen years of military service not once has she had the opportunity to experience something like Mount Rainier.

Niles said, "Mount Rainier was a one in a lifetime opportunity."

So soldiers who are participating in QLLEX 2014 inFort Lewis are training not just in their military occupation, but training their spiritual self as well.



Army Chaplain Maj. Sang Kim with the 380th Quarter Master Battalion out of Evansville, Ind. stands next to soldiers from the 380th Quarter Master Battalion Headquarter Headquarter Detachment and the 383rd Quarter Master Company out of St. Charles Mo. to pose for a group picture June 11, 2014, at Mount Rainier National Park in Ashford, Wash.

SUSTAINER Snapshots



SUSTAINER Snapshots

