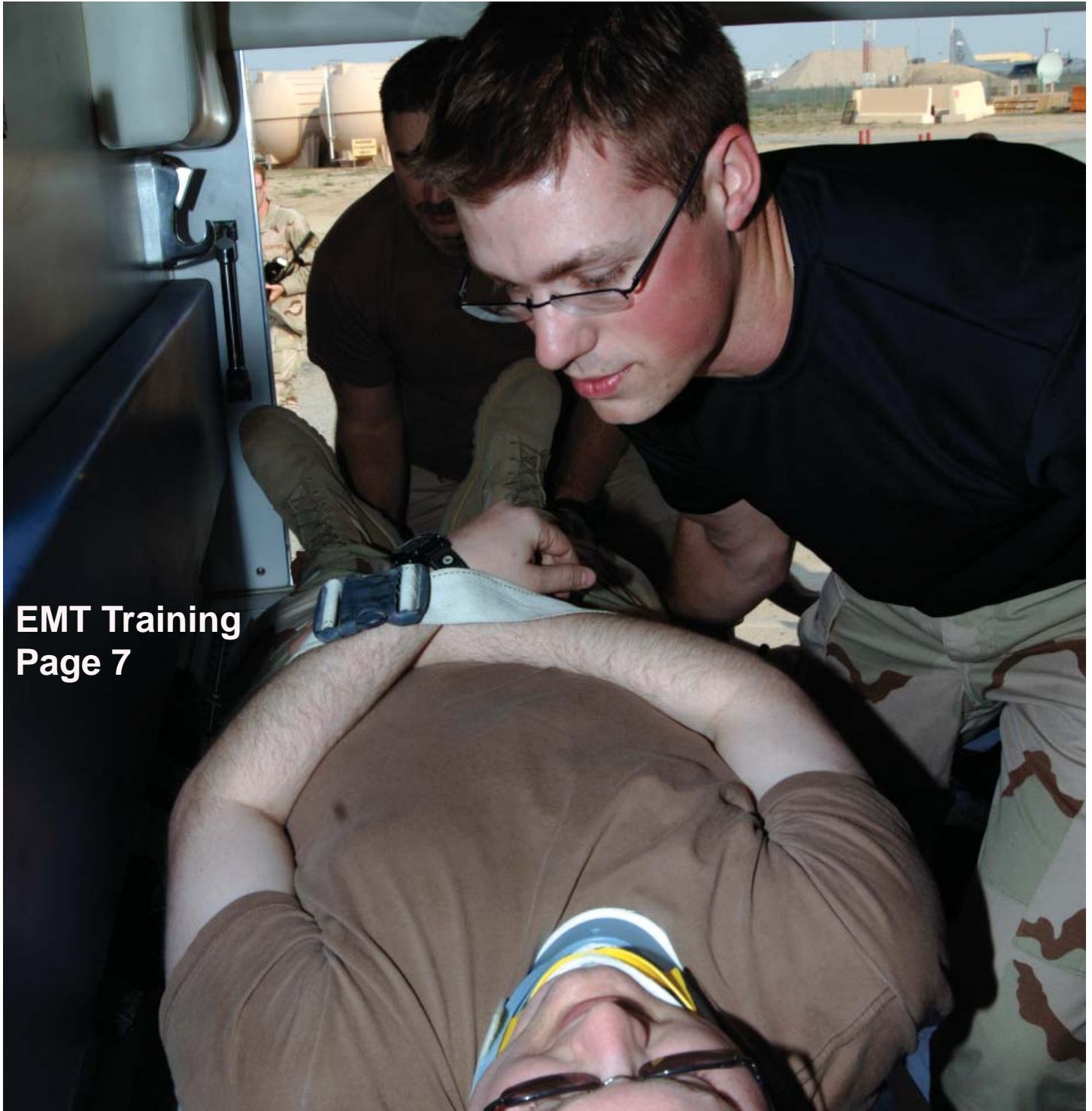


# ROCK SLATE

Volume 4, Number 9

386th Air Expeditionary Wing

March 2, 2007



EMT Training  
Page 7

# Needs of the Air Force

Maj. Thomas Kuhn  
386 ESVS Commander

We all joined the Air Force with the understanding that our service would be contingent upon the "needs of the Air Force." Our career specialties, our duty stations and our deployments are all driven by Air Force need.

To be an outstanding organization, the Air Force needs us to do the following: include our families in our career, balance our lives, be respectful to others, embrace change and trust our leaders.

The Air Force needs us, as Airmen, to ensure our families understand they too are a part of the Air Force team. We do that by including them in our successes and our day-to-day life. We let those at home know their support plays a crucial role in the Air Force winning the Global War on Terrorism.

Although we volunteered for this way of life, our families may not completely understand our calling—a calling that causes us to spend significant time away from them. And while most of us draw considerable strength and a sense of accomplishment from the contributions we make each and every day while deployed, our families back home aren't necessarily equally rewarded.

We're lucky here at the Rock because of our outstanding communication capability. Two 15-minute morale calls a week and virtually unlimited email can keep us connected—no excuses. Please make the Air Force a family affair.

The Air Force needs us, as Airmen, to spend some time away from the job to clear our mind, rejuvenate our body, and return to work with a fresh sense of purpose, perspective and attitude. The mission is improved with well-balanced Airmen. Find what you like to do. Maybe it's working out at the fitness center, watching a movie, billiards, cards, bingo, darts, chess, dominoes, music, learning a new language, church, running, reading, video games, television, or just lounging at the pool for a couple of hours. Whatever it is that balances your mind, body and spirit, find it and do it—it will improve your attitude and job performance.

The Air Force needs us, as Airmen, to be respectful and fair to all—no exceptions. The Air Force is a cross section of America

and, as we all know, a diverse organization. Several challenges occur as we deploy AEF rotations and build teams from units around the world. Communication is key. I highly recommend everyone move out of their comfort zone and take the time to sit and talk to someone new every day. A funny thing happens when you do—you'll realize people are more alike than different.

The Air Force needs us, as Airmen, to embrace change. The sooner we adapt, the sooner we optimize mission accomplishment. Change takes courage, patience and leadership.

The Air Force is 60 years old this year and has spent all 60 years in constant transformation. The last couple of years we've seen our Air Force mission statement change, our goals and core competencies change and our support to the joint environment change.

We're also seeing changes in our force structure. As you're probably aware, the size of the Air Force is decreasing as we modernize the Air Force. This will impact the way we do business. For example, where we once went to a customer service desk in finance or personnel, we now go to a web site. Where we once had blue-suiters, we now have contractors. The change is neither good nor bad, merely a transformation—one we, as Airmen, need to adopt.

The Air Force needs us, as Airmen, to trust our senior leaders. Sometimes Air Force decisions may seem short-sighted or misguided, but in hindsight the Air Force has made very few bad calls in its history. So, even as we experience a dynamic change in the coming years, we need to trust our leaders—the Air Force needs us to do that.

The Air Force needs us, Airmen, for mission success. Yes, it is hard. And, yes, it can be uncertain. However, putting others and the Air Force before ourselves is what we, as Airmen, do for our nation—we call it "service before self." We do it willfully, proudly, and without hesitation. If we all stay true to our core values and satisfy the needs of the Air Force, there are no limits to our organizational success.

It's an honor, privilege and pleasure to serve alongside the professional Airmen here at the Rock. Thank you for your daily, selfless service—our Air Force needs you.



386th Air Expeditionary Wing  
Editorial Staff

Col. Paul A. Curlett  
386th Air Expeditionary Wing  
Commander

Capt. Rickardo Bodden  
386th Air Expeditionary Wing  
Public Affairs Chief

Staff Sgt. Ian Carrier  
386th Air Expeditionary Wing  
Rock Slate Editor

This funded newspaper is an authorized publication for members of the U.S. military services overseas. Contents of the "Rock Slate" are not necessarily the official views, nor endorsed by, the U.S. Government, the Department of Defense or the Department of the Air Force.

The 386th Air Expeditionary Wing Public Affairs staff prepares all editorial content for the "Rock Slate." The editor will edit or re-write material for clarity, brevity or to conform with the Associated Press Style Guide, local policy and Air Force style as required by Air Force Instruction 35-101.

Unless otherwise noted, all photographs are U.S. Air Force photos. The "Rock Slate" may use news and information from the American Forces Information Service, Air Force Print News and other sources.

Contributions for the "Rock Slate" can be made directly to the 386th AEW Public Affairs Office or through e-mail to: 386AEW.pa@salem.af.mil.

The editor can be reached at 442-2312. Submit contributions by 4 p.m. Thursday, one week prior to publication.

The "Rock Slate" can be viewed electronically by clicking the "Rock Slate" link at <http://intranet.salem.af.mil>.





# MARCH: WOMEN'S HISTORY MONTH



S

M

T

W

T

F

S

				1 1973 - Robyn Smith becomes the first female jockey to win a major race (The Paumomok Handicap at Aqueduct).	2 1978 - Bette Davis becomes the first woman to win American Film Institute's Life Achievement award.	3 1962 - Track and field star Jackie Joyner-Kersey is born.
4 1933 - Frances Perkins becomes first female member of the U.S. President's Cabinet (Secretary of Labor).	5 1962 - Marilyn Monroe wins Golden Globe Award: World's Favorite Actress.	6 1806 - Elizabeth Barrett Browning is born	7 1992 - Nicole Stevenson swims short course world record for the 200-meter backstroke.	8 <b>National Women's Day</b>	9 1945 - Anne Frank dies.	10 1913 - Harriet Tubman dies.
11 1953 - First Woman Army doctor is commissioned	12 1912 - Girl Scouts of America is formed	13 1906 - Susan B. Anthony dies.	14 1991 - American Kristi Yamaguchi wins World Ladies Figure Skating Championship	15 1933 - U.S. Supreme Court Justice Ruth Bader Ginsburg is born.	16 1833 - Susan Hayhurst becomes the first female pharmacist.	17 1912 - Campfire Girls is created.
18 1964 - Olympic speed skater gold medalist Bonnie Blair is born.	19 1997 - Pamela Gordon is elected the first female prime minister of Bermuda.	20 1852 - Harriet Beecher Stowe publishes "Uncle Tom's cabin."	21 1994 - Anne P. Sidamon-Eristoff is named chairwoman of Museum of Natural History.	22 1972 - Congress sends Equal Rights Amendment to the states for ratification.	23 1950 - Olivia de Havilland wins best Actress for her role in <i>The Heiress</i>	24 1899 - Dorothy Constance Stratton, first director of Coast Guard Women's Reserve, is born.
25 1925 - Gloria Steinem is born.	26 1973 - The First women are admitted as members of the London Stock Exchange.	27 1912 - First Lady Helen Taft and the wife of the Japanese ambassador plant the first two Japanese cherry trees along the Patomac River.	28 1982 - Louisiana Tech defeats Cheney in the first NCAA Women's Basketball Championship tournament.	29 1918 - Pearl Bailey is born.	30 1832 - Amelia Earheart is the first woman to fly solo across the Atlantic.	31 "How important it is for us to recognize and celebrate our heroes and she-roes!" -Maya Angelou

# Leadership; it's all about the people

Capt. Rickardo Bodden  
386 AEW/PA

People discuss leadership but few really know about it. Leadership is an art, and being a leader can take many years for one to be a seasoned and skilled one. But what do your leaders think about leadership and what guides their actions? I had the distinct pleasure to ask the top officer and enlisted person on the "Rock" for their thoughts on leadership.

"Leadership is all about doing your duty" Colonel Paul Curlett, 386 Air Expeditionary Wing commander said. "As the wing commander I have to know and understand my mission requirements, but more importantly, I have to know and understand the people who are detailed to do it and enable them to take care of the mission."

Col. Curlett is a leader with over 30 years of military experience. He likes to know his people and practices a more personable leadership style. To accomplish the mission of putting boots on the ground, "You have to know and trust your people and you must make a thorough effort to tie yourself into individual lives to make sure everyone has the right site picture and that they are implementing the correct procedures to ensure the mission is accomplished."

"Leadership to me is all about being a servant," said Chief Thomas Narofsky, 386 AEW Command Chief Master Sgt. "Airmen don't serve me, I serve the Airmen." Chief Narofsky's view is refreshingly opposite from the way some people in positions of authority think about themselves in comparison to the people they lead.

"You take care of Airmen and they take care of the mission. John Maxwell says everything rises and falls on leadership and that's a true statement," Chief Narofsky said. "As long as I'm growing the next generation of Airmen, my replacements, the Air Force will continue because I'm growing the most valuable asset we have, the Airmen."

Some leaders only have their personal dreams and goals at the forefront of their minds but not the top leadership here. "When you take your eyes off the people and only focus on the mission that's when you make your first leadership mistake," Chief Narofsky said.

Col. Curlett said, "The people who think it is all about them instead of the people quickly derail. It doesn't take long for people to see if their leaders are just into themselves and do not care about the Air Force or the Airmen. I've seen leaders lose the respect of their people. Once you lose it the ability for that leader to meet the mission requirements become more challenging."

The Air Force shares core values all Airmen are supposed live by.

"First and foremost, I can't be a leader unless I have integrity. As far as excellence goes, I set and enforce the right standards so they are emulated wing-wide. I serve

the population from enhancing quality of life to making sure they are trained and equipped properly. I try to make sure I've provided everything I can to ensure Airmen will be successful on their jobs and successful in life," said Col. Curlett. "If you do those three core values you'll definitely be at an advantage to meeting the goals of your organization and the Air Force."

Chief Narofsky believes, "The foundation of everything we do as leaders is the core values. If we don't have that, nothing else really matters."

Since the leaders here emulate the Air Force core values, I wondered what other leadership practices the top to people do here.

"The commander and I practice front line leadership, walking and working shoulder to shoulder with Airmen. No matter what the mission: combat patrols in Iraq, walking the flightline and wing walks with maintenance, post check with Viper teams and more. You cannot be a leader if you don't know what the pulse of your people is," said Chief Narofsky.

"I am not going to ask an Airman to go do anything I would not be willing to do myself" Col Curlett said. Leaders who give orders to for tasks they would not do themselves are not esteemed in this colonel's mind.

Many leaders have regrets. Regrets for things they wish they had done or known before but did not. "I wish I understood earlier that it is not about me. When I first came in the service I was only concerned about what I wanted to do and how I could accomplish it. When I really learned to put emphasis on how do I contribute to the Air Force and fulfill its vision and goals and achieve them as opposed to nurturing myself to getting to the next level, is when I figured that out I was tremendously more successful in my career" said Col. Curlett.

Chief Narofsky wished he would have put more emphasis on Service Before Self earlier in his career. "When I was a master sergeant (10 years into his career) the light came on for me. I authored an award package for some of my troops and we won. To see the reaction on the troops who realized the potential they had was great and all I did was write the award package. Watching their dreams and aspirations come alive was more exciting for me then personally getting award or recognition."

The leaders here seek to impart the Servant Leadership Style. You lead by serving all. This style shows others the leader is there to help them accomplish the mission. Serving others is a way of life and is the hall mark of what the military is all about.

Leadership can be acted upon and directed in numerous ways. No matter how it is defined or dealt, leadership is all about the people you are leading, not about the leader. Col. Curlett said it so well, "If I do my duty the rest will take care of itself."



## National Prayer Breakfast

The National Prayer Breakfast is an opportunity for members of all religions to get together and celebrate not only their diversity, but also show solidarity under the banner of religious freedom our country flies.

This is not a worship service, but a national gathering steeped in tradition. This event will take place here at the Rock on Mar. 14th at 0700 at the Flex. The guest speaker will be Chief Master Sgt. Jose Guzman.

Everyone is invited to attend and partake of a continental breakfast and fellowship. The P.O.C. for this event is Chaplain Thompson, 442-2540.

## Rabbi to visit the Rock

Capt. Sarah Schechter, Chaplain  
will be available at the following times:

**March 5**

**LSA Chapel:** 1000-1200, Lunch

**Rock Chapel:** 1800-2100, Purim Service  
and meal

Transportation available upon request from  
the LSA chapel staff

P.O.C: TSgt. Benjamin Trevino 442-0159

## PILGRIM ENSEMBLE



**This Missionary music team has  
been playing music that is a grafted  
form of Classic and Pop**

**March 8 at 1230**  
**Base Theater**

**Live Entertainment from a Contemporary Christian Orchestra!**

**Poc: Capt Thompson, Daniel**  
**442-2655**



*Nonjudicial punishment provides commanders with an essential tool to maintain good order and discipline and promotes positive behavior in Airmen without the stigma of a court-martial conviction. Below are Airmen who received nonjudicial punishment in*

(a) A SrA from 386 ESFS received an Article 15 for violating General Order #1, by allowing a member of the opposite gender to visit her quarters and she also visited the quarters of a member of the opposite gender. Punishment: Reduction to airman first class, forfeiture of \$864 pay per month for two months, suspended for six months, 45 days extra duty, and a reprimand.

(b) A SSgt from 386 ESFS received an Article 15 for violating General Order #1, by allowing a member of the opposite gender to visit his quarters and he also visited the quarters of a member of the opposite gender. Punishment: Reduction to senior airman, forfeiture of \$1,031 pay per month for two months, suspended for six months, 45 days extra duty, and a reprimand.

(c) A SSgt from 386 ESFS received an Article 15 for violating General Order #1, by visiting the quarters of a member of the opposite gender. Punishment: Reduction to senior airman, forfeiture of \$1,031 pay per

month for two months, suspended for six months, 45 days extra duty, and a reprimand.

(d) An Amn from 386 ESFS received an Article 15 for violating General Order #1, by allowing a member of the opposite gender to visit his quarters and by visiting the quarters of a member of the opposite gender, and by committing adultery. Punishment: Reduction to airman basic and forfeiture of \$650 pay per month for two months, suspended for six months.

(e) An A1C from 386 ESFS received an Article 15 for violating General Order #1, by allowing a member of the opposite gender to visit her quarters and she also visited the quarters of a member of the opposite gender. Punishment: Reduction to airman, forfeiture of \$340 pay, 14 days extra duty, and a reprimand.

(f) A SrA from 386 ESFS received an Article 15 for sleeping on post. Punishment: Reduction to airman first class, forfeiture of \$403 pay, suspended for six months, and a reprimand.

(g) An Amn from 386 ESFS received an Article 15 for sleeping on post. Punishment: Reduction to airman basic, suspended for six months, forfeiture of \$303 pay, and a reprimand.

(h) An A1C from 386 ESFS received an Article 15 for failing to refrain from drawing or aiming his firearm and for taking pictures and videos when he was supposed to be performing his security patrol. Punishment: Reduction to airman basic, forfeiture of \$636 pay per month for two months, suspended for six months, 30 days extra duty, and a reprimand.

(i) An A1C from 386 ESFS received an Article 15 for failing to refrain from drawing or aiming his firearm and for taking pictures and videos when he was supposed to be performing his security patrol. Punishment: Reduction to airman basic, forfeiture of \$636 pay per month for two months, suspended for six months, 30 days extra duty, and a reprimand.

(j) A SrA from 386 ESFS received an Article 15 for failing to refrain from drawing or aiming his firearm and for taking pictures and videos when he was supposed to be performing his security patrol. Punishment: Reduction to airman basic, forfeiture of \$589 pay per month for two months, suspended for six months, 30 days extra duty, and a reprimand.

(k) A SSgt from 386 ESFS received an Article 15 for violating AFI 36-2618 when he did not report three Airmen who were drawing or aiming their weapons and taking pictures and videos when they were supposed to be performing security patrols. Punishment: Reduction to senior airman, forfeiture of \$967 pay per month for two months, suspended for six months, 30 days extra duty, and a reprimand.

(l) An A1C from 386 ESFS received an Article 15 for giving another member a medication that had been prescribed for her at her home station. When questioned about it the incident, the member lied. After being told by ESFS not to talk about the investigation, she spoke with the other member involved in an attempt to "get their stories straight." Punishment: Reduction to airman, forfeiture of \$340 pay, 14 days extra duty, and a reprimand.

(m) An A1C from 383 ESFS received an Article 15 for taking medication prescribed for another member and distributing some of the medication to another active duty member. This member and another member also found some "moonshine" and proceeded to drink it. Punishment: Reduction to airman, forfeiture of \$340 pay, 14 days extra duty.

(n) An AB from 386 ESFS received an Article 15 for taking medication prescribed for another member. This member and another member also found some "moonshine" and proceeded to drink it. Punishment: Forfeiture of \$303 pay and 14 days extra duty.



## WING PROMOTIONS

Amn Gregory Crane  
A1C John Gainey  
A1C James Barton  
A1C Landon Rauser  
SrA Adriano Costanzo  
SrA Ehab Dajani  
SrA Justin Grubbs  
SrA Ryan White  
SrA Patrick Beuligmann  
SSgt James Foster  
SSgt Kar Harris

SSgt Cyrus Eveland  
SSgt Ronald Cooper  
SSgt Timothy Thomas  
SSgt Elijah Washington  
TSgt Arleen Ledezma  
TSgt Edwin Hartman Jr.  
TSgt Kelly Lomber  
MSgt William Heck  
MSgt Harold Clifton  
MSgt Edward Shenck  
MSgt Warren Sabugo  
SMSgt Patrick Moore



## Top Doc visits Rock ...



Air Force/TSgt. Edward Holzapfel

Staff Sgt. Tommie Wyatt, 386th Expeditionary Medical Squadron, greets Lt. Gen. (Dr.) James Roudebush, Surgeon General of the Air Force, at the EMEDS building Feb. 23rd. The General visited EMEDS and the CASF during his tour of the CENTAF Area of Responsibility. "I like seeing where the iron is really getting hauled," said Gen. Roudebush.

## Crash Course ...



Air Force/SSgt. Ian Carrier

Tech. Sgt. Arik Wilson, 386th Expeditionary Medical Squadron, receives treatment for "injuries" sustained during an exercise at Fire Station 2, Feb 24th. The EMT refresher course consisted of a mass casualty vehicle accident, where emergency personnel from the Air Force and Navy were rated on their proficiency.



# 386th Air Expeditionary Wing Rock Solid Warriors



**Senior Airman  
Troy D. Hoskins**

424th Medium Truck Detachment  
2T151 Vehicle Operator/Dispatcher

**Home unit/base:** 366 LRS, Mountain Home AFB, Idaho

**How do you support the mission here?** Here at Arifjan, we do line haul convoys throughout Iraq and local missions as well throughout Kuwait. I'm the Lead Vehicle Commander (LVC, That's the lead truck in a convoy). It is my job to navigate, set convoy speed and warn the rest of the convoy of any dangers or other unmarked obstacles that may pose a threat to my convoy. It is my job to get the convoy from point A to point B as safely as possible.

**How many times have you deployed and what makes this one unique?** I have deployed twice now to the desert. The unique part about this deployment is the fact that we are driving M915 line haul tractors instead of gun trucks. M915 trucks fit more under our job description and it gives me a better idea how convoys actually work and you can see all the progress that is actually being done because you are part of it.

**How does your job differ in a deployed environment vs. home base?** Running convoys through Iraq is a completely different environment vs. back at my home station. Running lead truck is tough and extremely stressful job. I always have to know exactly what is going on in the back of the convoy. I am constantly communicating to everyone in the convoy so that everyone is on the same page as me. Where as back home, the pace is a lot slower and I pretty much work around my own schedule with pick up and delivery of all the distribution stops on the base.



**Senior Airman  
Jason A. Robelotto**

386th Expeditionary Security Forces Squadron  
Force Protection/ Medical Materials

**Home unit/base:** Stratton Air National Guard, N.Y.

**How do you support the mission here?** We are the first line of defense and are responsible for searching 330 + third country nationals (TCNs) daily. We ensure the safety and security for 3400 US and Coalition forces, and critical assets here at the Rock. My civilian police officer skills have helped me provide valuable input to enhancing entry and exit search procedures.

**How many times have you deployed and what makes this one unique?** This is my first deployment. Deploying as a Force Protection member outside of my Medical Materials Career Field, I get the opportunity to use a lot of the training I received from my civilian job as a Policeman.

**How does your job differ in a deployed environment vs. home base?** In my regular job as a Medical Materials Apprentice, I would never get the opportunity to participate in convoy missions, not to mention the operations tempo of a deployed base. I'm doing things I never thought I would do as a member of the Air National Guard. Bottom line, "I will never forget that I am an American."