

Two New Facilities Open at K-Bay Get Away From it All

K-BAY - Three beach cottages will open here for rental to Oahu Marines following dedication ceremonies next week.

The cottages, one for officers and a two-unit duplex for enlisted personnel, are located on Palikilo Rd. on the Pyramid Rock coastline, and are available to all Oahu Marines and their families on a first come-first serve basis.

Rent for the enlisted units are \$7 per day, Monday through Thursday,

and \$8 per day, Friday through Sunday; for the officers' cottage, the rate is \$9 and \$10 for the same days respectively. Check-in time is 5 p.m.; check-out by 2 p.m., with a seven-day maximum rental.

The cottages are fully furnished; all the renter need bring is clothing and food. Each cottage is designed for a family of four and feature a covered lanai and a patio with picnic table and barbecue grill.

For reservations, call the Hostess House at 527-2409.



A PLACE IN THE SUN - The enlisted men's two-unit duplex affords Oahu Marines the opportunity of "getting away from it all" without having to travel far or pay excessive rates. The cottage, on Palikilo Road, overlooks the Pyramid Rock coastline. More photos on page 2 (photo by SSgt. W.R. Snyder)

The 'Inn' Place to Go

by LCpl. Terry Kearns

K-BAY - Fireside Inn, a new restaurant located in the K-Bay Enlisted Men's Club, held its grand opening last week.

Brigadier General William L. Smith, Brigade commanding general, and Colonel William J. White, Station commanding officer, officiated at traditional ribbon cutting ceremonies at the entrance of the building March 1.

Construction of the facility began in January and, according to Robert Preston, manager, "The restaurant's beauty and atmosphere can compare with any on the island. Many ideas and suggestions from the club's employees were incorporated in the modern design of the new inn."

The Fireside's menu offers a wide variety of entrees to satisfy even the most discriminating gourmet. Tenderloin, New York, hamsteak and T-Bone cuts are offered for the beef-eaters, but if Hawaii's seafood or fresh water trout is your forte, make your selection from mahi-mahi, lobster, shrimp or the sea food platter.

If you prefer traditional mainland dishes, prime rib, chicken and pork chops are just a few of the many entrees. These are full course dinners that include a choice of salad and baked potatoes. A choice of white, pink, and rose wine is also served.

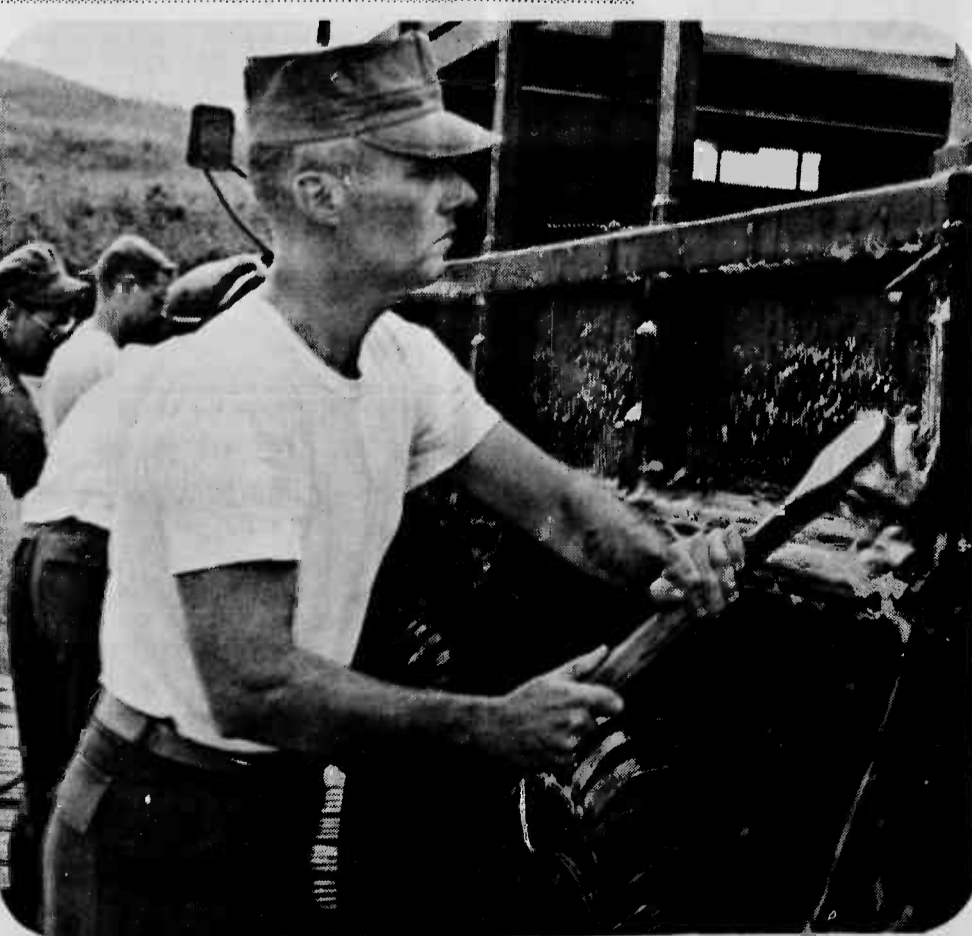
There's even something for the kids. It's called the "Kiddie Korner" and includes hamburger steaks, chicken and fillet of fish.

For convenience and satisfaction, dine at the Fireside Inn soon.



Believe It or Not

Gunnery Sergeant Jose Mejia (above) soaks his feet Wednesday as he checks his jogging shoes to see if they'll hold up for another thousand miles. Mejia completed the 1,000 miles in 28 days. Master Sergeant Carlos Mora (below) demonstrates his style during a 26-mile marathon Sunday. Carlos' took a little longer than Mejia to complete his 1,000 miles but 35 days is movin' down the road in anybody's book. Both Marines are based at K-Bay. See story on pg. 4.



WAIT A MINUTE - What's the commanding officer doing washing a truck? It's part of the new MOVE program requiring all hands to participate. Lieutenant Colonel John K. Hyatt pitches in every month on MOVE day. (photo by LCpl. Ed Buchanan)

Power Cut Off

K-BAY - Electrical power for the entire Station will be cut off Sunday, March 18, from 7 a.m. to 3:30 p.m.; power will remain off west of the runway from 7 a.m. to 5:30 p.m.

The shut down is for the installation of new primary lines for the Station and for the replacement of a defective cable in Bldg. 505, west of the runway.



THE ATMOSPHERE - at the new Fireside Inn can be compared to the finest restaurants on the island. More photos on page 2. (photo by Cpl. Mike Lane)

Vehicle Maintenance Improves

K-BAY - What happens when you have 289 trucks, trailers, and generators and only 171 Marines to take care of them? Many hours of preventive maintenance will be required to keep them in top operating condition.

The Marines of 1st Radio Battalion have been plagued with this situation and the word was out that "all the Radio Battalion does is PM trucks."

Thanks to a new program called Maintenance of Vehicular Equipment (MOVE) the Radio Battalion Marines are now performing the required maintenance in three hours a month compared to eight days in the past.

Here's how it's done. All hands—the commanding officer, sergeant major, on down the line, maintain the vehicles on a scheduled basis. This not only distributes the workload evenly among all ranks, but enormously increases the manpower available since the headquarters elements add to the total number of Marines.

The program calls for the vehicles to be processed along an assembly line with six stations designated, manned and equipped to perform single functions. But assembly lines are designated to accomplish all routine 1st echelon maintenance. Unexpected non-routine problems are performed off-line at a special station. The last and final station is for quality control inspections under the direction of the Battalion Motor Transport Officer whose decision would release a vehicle to the motor park or return it to a specified station for re-work.

On MOVE day all the activity is at the motor pool. The mail clerk is scrubbing a water buffalo, the top is checking tire pressures and the captain is filling batteries. When the work is finished there is plenty of time to relax, have a beer and admire 289 combat ready equipments lined up and ready to go.

Not only has the new MOVE program been a major improvement in the Radio Battalion's maintenance of vehicles, but it has raised morale among the lower ranks, instilled a spirit of camaraderie and competition among upper ranks and brought on a sense of pride and accomplishment among all hands.



UNDERNEATH - one of the Radio Battalions many vehicles is Corporal M.W. Hicks, a motor transport mechanic. (photo by LCpl. Ed Buchanan)

New Place to Dine

The Fireside Inn offers service and selection comparable to any restaurant on the island. Cinde Parham (right) of Kailua taps the wine keg while Chef Steve Thompson (below right) prepares a shrimp cocktail. Donna Kahue (below left) of Kailua serves Sergeant Mike Kennedy the shrimp cocktail fresh from the kitchen. (photos by Cpl. M.E. Lane)



New Hideaway

The Fred Johnson, Jr. family (above) admire the furnishings of the new beach cottage; the setting for this painting could have been taken from the scene less than 50 feet from the cottage door. The Henry Keyes' family (left) gets an inside look at the kitchen which is furnished with all the major appliances as well as dishes and cooking utensils. Below, the Keyes' family takes in the view from the beach in front of the new cottage. (photos by SSgt. W.R. Snyder)



SEA LIFE PARK—Malia, a rare Pacific Rough-tooth Porpoise at Ocean Science Theatre in Sea Life Park, leaps 15 feet in the air to go through a hoop. Sea Life Park, Hawaii's "Showcase of the Sea" at Makapuu Point, is offering special discount rates for Oahu Marines, their dependents, and civilian employees and their dependents of MCAS, Kaneohe. The special rate (\$1.25 for adults; children under 12 admitted free) will be in effect from March 17 through April 1. During this period there will be no cover charge for the Makapuu Rock held each Friday night. Military ID cards or civilian badges must be presented at the Sea Life Park gatehouse. (photo by Roger Coryell, Sea Life Park)

Survivor Benefit Plan Improves, Income Increases to 55 Per Cent

by SSgt. Jamie Jamison
CAMP SMITH — The Survivor Benefit Plan as it is called provides for the first time an automatic survivor income of up to 55 per cent of the retired pay of retirees to their widows or widowers and dependents. In the past, surviving members of retirees families often found themselves with little or no income following the retiree's death. The new SBP fills the gap in the area of service benefits. Members of the uniformed services who retire on or after the September, 1972 effective date can be enrolled in the plan if they have spouses or dependent children at the

retirement time. However, servicemen who retire after March 20, 1973 will be covered automatically by the SBP. However those personnel whose retirement is years away don't have to worry yet. A member who does not have a spouse or dependent children at retirement time can elect either (1) to join the plan at that time by naming another person as beneficiary or (2) to begin participation in the plan later if he or she acquires a spouse or child after retiring. To help those career Marines and those young first termers in all their benefits on staying in and getting this great retirement benefit.

Chaplain's Column

Joy Is God's Presence

by Chaplain P.F. Sweeney

Much is written today about joy, and much is being done about it in the way of broad smiles, warm handshakes and communal living. Joy seems to be bursting out all over, but how does one know when he sees the real thing?

True joy has its origin in the heart. It is not merely a passing mood, a backslapping hilarity, a frozen smile like that on the lips of a statue or a girl advertising hair shampoo on TV. It is not something that a person does, but something that a person is. It is a reflection of the inner man, the whole man, the one who is at peace with God and his fellow-man. It is, in truth, the shadow of a man's soul.

The big question is: How and where can one find true joy? The great saint, Augustine, in the 4th Century answered the question for us. He first tried to find joy through wine, women, learning and power. They all failed him. Finally, he found out that his heart could be at rest only in the possession of God. He then uttered his famous statement which is as true today as it was 1600 years ago, "My heart is restless, O God, and it will have no joy or peace until it rests in Thee."

Yes, Joy is the most infallible sign of God's presence.



K-BAY AND CAMP SMITH

FRIDAY

DINNER — Chili Con Carne w/beans, grilled ham & cheese sandwich, rice, French fried potatoes, okra, lima beans, strawberry shortcake.
SUPPER — Grilled pork slices, mashed potatoes, sweet potatoes, blackeye peas, carrots, applesauce, lemon meringue pie.

SATURDAY

SUPPER BRUNCH — Pot roast of beef, French baked potatoes, French fried onion rings, broccoli w/cheese sauce, butterscotch brownies.

SUNDAY

SUPPER BRUNCH — Charbroil steaks, barbecued chicken halves, French fried potatoes, sauteed mushrooms & onion, peas, peach pie.

MONDAY

DINNER — Stuffed meat loaf, mixed vegetables, club spinach, upside down cake.
SUPPER — Grilled ham steaks, baked potatoes, sweet potatoes, lima beans, carrot sticks, brownies.

TUESDAY

DINNER — Turkey Ala King, hot spiced beets, asparagus, chocolate cake.
SUPPER — Pan roast of beef, green beans, summer squash, rissole potatoes, jelly roll.

WEDNESDAY

DINNER — Beef & pork chop suey, chow mein noodles, fried rice, egg foo young, sweet & sour mustard greens, French fried eggplant, yellow cake.
SUPPER — "International Night" - Tacos, Chili Con Carne, Tamale pie, Spanish rice, refried beans, Mexican corn, pineapple cream pie.

THURSDAY

DINNER — Fried fish portions, fried scallops, vegetable medley, hot cornbread, lemon cake.
SUPPER — Swiss steak, rice, broccoli, butterscotch brownies.

MB, PEARL HARBOR

TODAY

SUPPER — Seafood Platter, baked potatoes, buttered corn, cornbread.
SATURDAY

SUNDAY

SUPPER — El Raneho stew, buttered potatoes, Brussel sprouts.
MONDAY

SUPPER — Chicken fried steak, baked potatoes, buttered broccoli.
TUESDAY

DINNER — Beef pot roast, mashed potatoes, buttered corn, greens.
SUPPER — Meat loaf, buttered potatoes, green beans.
WEDNESDAY

DINNER — Baked ham, mashed sweet potatoes, black-eyed peas.
SUPPER — Salisbury steak, mashed potatoes, cream style corn.
THURSDAY

DINNER — Assorted spareribs, buttered potatoes, mixed vegetables.
SUPPER — Pork & beef chop suey, fried rice, simmered Navy beans.
FRIDAY

DINNER — Teriyaki steak, French fried potatoes, lima beans.
SUPPER — Assorted chicken, cottage fried potatoes, cream style corn.
SPEEDLINE FOR ALL DAYS—Poor boys, hamburgers, cheeseburgers, assorted cold sandwiches, hot dogs.



HOME OF THE MONTH — Mrs. Hazel Esposito (left), Camp Smith housing officer, presents SSgt. and Mrs. Hubert C. Lose with notification that their quarters at 567-B Birch Circle, Marine Manana Family Housing have been selected as February's "Home of the Month." Also attending the informal ceremony was SSgt. Lose's son, Herby and his daughter, Michelle.

Qualified Officers May Apply For Naval Aviator Program

WASHINGTON, D.C. — If you're an unrestricted Marine officer, either regular or reserve, you may have less than four years of commissioned service.

Officers who successfully complete flight training in the Naval Air Training Command become either fixed-wing or rotary-wing pilots and will be assigned an MOS as such. Eligibility requirements are numerous, but essentially an officer must be physically qualified, aeronautically adapted, and cannot have failed or dropped out of a previous flight training program. He must also be less than 27½ years old on the date of application.

Warrant Officers, Limited Duty Officers, and Temporary Officers are not eligible. These officers were commissioned under programs established to select certain highly qualified enlisted personnel on the basis of their previously acquired technical skills and leadership ability. As a result, they are not eligible for nor authorized additional schooling for retraining purposes.

There are waivers, however. The maximum length of commissioned service may be waived for designated Naval Flight Officers — if they apply before having served three years as a Naval Flight Officer. They must serve

at least two years as an NFO — or they must have completed an unaccompanied tour as a designated NFO.

Detailed information and data that is required in the request may be found in MCO 1542.1B.

Officers' Barber Shop Moves to New Locale

K-BAY — The Officers' Barber Shop, located at the BOQ, will be relocated to the Main Store Barber Shop in Building 1090 Monday.

Tuna Eaters Beware

WASHINGTON, D.C. — The Food and Drug Administration has announced the recall of Star Kist chunk and solid tuna due to decomposition and "honey combing," which can produce nausea, stomach distress, diarrhea and blisters.

The following codes of Star Kist tuna are involved in this recall: 924G1/BD419, 924G2/BD419, 924G3/BD419, 924G4/BD419, 924G1/BD417, 924G2/BD417, 924G3/BD417, and 924G4/BD417. Tuna found bearing these codes should not be used and the vendor should be contacted for disposal instructions.

Hallucinogens: Most Common, Most Abused Drug

This is the third in a series of articles on drugs and their legal aspects written by Captain T.O. Tottenham who is assigned to the office of the Staff Judge Advocate, MCB, Quantico, Va.

The last and most common of the five major drug classifications are the hallucinogens. Included within this class are marihuana, LSD, and the miscellaneous hallucinogens such as mescaline, psilocybin, and DMT.

MARIHUANA

Perhaps the most popular of the hallucinogens is marihuana. Marihuana comes from the female Indian hemp plant (*Cannabis sativa*). Although in some medical use in other parts of the world, neither marihuana nor cannabis preparations currently have any accepted medical use in the United States, and there does not appear to be any significant research in the United States into the possible medical uses of cannabis.

Today, marihuana abuse has been well publicized and is well known. Its active ingredient, THC (tetrahydrocannabinol), stimulates the brain paths so that perceptions of sights, colors and sounds may be enhanced. This is often accompanied by a sense of relaxation and introspection, and a feeling of expanded time in which five minutes may seem like ten. Unlike alcohol abuse, a person who is high on marihuana can, with an effort of will, return to normal if the occasion arises. Use of marihuana does not lead to physical dependence, and there is no hard evidence that it causes either genetic or chromosome damage, or that it leads

to harder drugs. Moderate to strong psychic dependence can develop in accordance with the user's appreciation of the drug's effect. Today there is simply no definite knowledge concerning the psychological or behavioral effects of persistent, long-term use of marihuana.

LSD

LSD (d-lysergic acid diethylamide) was synthesized in 1938 from the lysergic acid present in ergot, a fungus that grows on rye. The most potent of the hallucinogens, LSD has no non-experimental medical use in the United States, although it has been used experimentally in the treatment of chronic alcoholism and other personality disorders.

The Food and Drug Administration now takes the position that LSD has insufficient clinical utility to warrant either prescription or non-prescription use. Consequently, LSD is now subject to controls similar to those for any unproven drug. The abuse of LSD exists because of its ability to induce a feeling of euphoria, followed by hallucinations. Perceptions are vividly enhanced and LSD can bring out latent psychosis. Prolonged use can alter the personality.

LSD EFFECTS

LSD primarily affects the central nervous system, producing changes in mood and behavior. The user may also exhibit dilated pupils, tremors, elevated temperatures and blood pressure, and hyperactive reflexes. Tolerance to the behavioral effects of LSD may develop with several days' continued use, but physical dependence does not occur. The so-called "flash-back syndrome" has been found to exist with use of LSD. Even after the drug has been completely

metabolized by the body, there have been reported incidences of continued psychological changes induced by the drug for indefinite periods.

For a time it was thought that individuals with reasonably well-established personalities would be less vulnerable to LSD "bad trips" than adolescents. But now it appears the drug respects no age group. A bad trip can crop up after one, twenty-five, or two hundred and ninety-nine good trips. A particular insidious effect of LSD can occur even after one use. If an individual has a subliminal psychosis that he is unaware of, the trip can cause it to surface, full-blown and grinning evilly.

MISCELLANEOUS HALLUCINOGENS

Three other drugs are generally classified as "miscellaneous hallucinogens." The first of these is mescaline, derived from the Mexican cactus, peyote. Medically, mescaline has no use although for centuries various Indian tribes used mescaline in religious ceremonies. Its popularity for abuse is generated by its propensity to induce hallucinations. Psilocybin, derived from certain mushrooms found in Mexico, had been used by Indians as far back as pre-Columbus times. Not nearly as potent as LSD, psilocybin can produce similar hallucinogenic effects. DMT (dimethyltryptamine) is a more recent addition to the list of presently abused hallucinogenic agents. DMT is not used medically in the United States, although it is still used by some Indian tribes of South America. DMT produces similar effects to those of LSD but much larger doses are required.

Although it appears fairly comprehensive, this discussion

of the five major classifications of abused drugs and their effects is very general. With the increasing abuse of drugs in the Marine Corps, it is incumbent upon the unit commander to familiarize himself with the general and specific characteristics of the drugs involved.

FACTORS TO DRUG ABUSE

Upon becoming fully educated in the basic pharmacological aspects of these drugs, the unit commander should next ask himself what factors lead a Marine to use drugs. Five main factors have been mentioned as possible influencing or motivational forces that lead a Marine down the fateful road to drug abuse. The first factor is peer pressure. Many Marines feel that they should try drugs because their contemporaries "force" them into it. Experimentation is a second factor. Marines read about drugs, they observe others who have used drugs and they begin to feel that they should try the drug. A third major reason for the use of drugs by Marines is the aesthetic pleasure that they produce. As discussed previously many of these drugs have an euphoric-inducing effect and thereby increase the Marine's sensual pleasure. A fourth factor that has been given for drug abuse is a defiance of authority. A Marine may feel that this is his way of rebelling against the "system."

Finally, Marines may turn to drugs to combat periods of depression, boredom or inactivity. This may occur after a particularly difficult task or after a severe emotional setback in the Marine's life. He may feel that a brief experience with drugs will help to raise him from his depressed state of mind and make him feel better.

What You Should Know About Dental Health

This is the fourth in a series of six articles on dental health published by the Hawaii Marine, in cooperation with the American Dental Association.

Jet Found; Crew Dead

K-BAY - The wreckage of an F-4 Phantom aircraft of Marine Fighter Attack Squadron-235, missing since Feb. 27, was found by a Marine Corps search helicopter Saturday afternoon.

Dead are the pilot, First Lieutenant Harry F. Perkins of Honolulu, and the radar intercept officer, First Lieutenant Jerry L. Provost of Kailua.

The aircraft crashed at the 3,500 ft. level on the slopes of Haleakala, 13 miles east of Kahului, Maui, while on a routine training mission. Radio contact with the plane was lost at 2:20 p.m., Feb. 27, during an instrument approach to Maui Airport. Due to adverse weather conditions, the bodies were not recovered and returned to K-Bay until Monday.

Memorial services were held at the Kaneohe Chapel Wednesday.

Although you emphasize that proper brushing of the teeth is very important in preventive dental care, you didn't suggest any type of toothpaste to use. Is it better to avoid any type of toothpaste altogether and just use water, or what?

Before the advent of fluoridated dentifrices—or toothpastes, if you will—it was often recommended that water mixed with a bit of bicarbonated soda was an effective brushing aid. However, since the dentist is most concerned with preventing dental disease before it starts, a fluoride dentifrice should be included in any home oral hygiene program.

About 98 per cent of the population is affected by decay. And dental scientists have incontrovertible evidence that fluoride—when added to the drinking water—will reduce the incidence of decay by as much as 60 per cent. Thus, a fluoridated dentifrice is an important aid in helping to prevent decay.

Fort Hase Beach Hours

K-BAY - Fort Hase Beach is now open from 10 a.m. to 5 p.m. daily, including Saturdays, Sundays and holidays.

been recognized by the American Dental Association as effective in preventing decay—Crest and Colgate with MFP. The Association recommends these products especially for decay-prone children and adults.

While the biochemical process is too complex to describe, we know that fluoride bonds to tooth enamel and strengthens it. Thus, enamel is better able to withstand acid attacks brought on by the combination of bacterial plaque and sugars. And helping the teeth resist acid attacks is a major part of decay-prevention.

Of course, almost any type of dentifrice, if used properly, will help the toothbrush remove bacterial

plaque. There may be a problem with the type of dentifrice you select, however.

For example, if you have some of the tooth root exposed because of gum disease, or if you have fillings made of softer, synthetic material, a harshly abrasive dentifrice might damage the tooth structure or the filling.

Therefore, it is very important that you consult your dentist about the best type of toothpaste to use. Since he knows your dental history, he can make the best decision about whether you should use a fluoride toothpaste or some other type of dentifrice.

Pepperdine Univ. Offers Business Admin. Degree

OAHU - Pepperdine University of Los Angeles will offer a program to obtain a master's degree in business administration for the first time here beginning in July.

Mrs. Barbara Brown, representing Pepperdine, will be available Monday in the K-Bay Joint Education Office to see people

interested in the program. An appointment can be made by calling the Joint Education Office at 257-2061 or Mrs. Brown at 254-3346.

A minimum of 25 students from K-Bay are required to locate the MBA-I program here. The applicant must have a bachelor's degree with an acceptable grade point average and acceptable scores on the Admissions Test for Graduate Study in Business.

The MBA-I program consists of seven five-unit courses requiring from 12 to 16 months to complete. Classes, which will be given on selected weekends, will include lectures by Pepperdine professors and the "group grope" method in which students relate new concepts to previous managerial experience.

Information, pamphlets, and all necessary application forms for VA benefits are available at the K-Bay Joint Education Office.

Deadline Date Changes for Two Degree Programs

WASHINGTON, D.C. - The Joint Selection Board will convene in May to consider applications for the Staff Non-Commissioned Officers Degree Completion Program and Marine Corps Associate Degree Completion Program, according to ALMAR 25.

This order changes a previous bulletin (MCBUL 1560 of Sept. 27, 1972) which announced that the Selection Board would convene this month.

Applications must be submitted in triplicate to the Commandant of the Marine Corps (Code DXD), to arrive no later than May 1. Two full-size and front-view photographs indicating weight and height must be enclosed with the application, along with official transcripts of all previous high school and college work. Schools normally charge a fee from \$1 to \$3 to prepare transcripts.

ACHO Moves

OAHU - The Armed Services Community Housing Office (ASCHO) has moved to a new location.

ASCHO is now located in Bldg. 275, Fort DeRussy. Bldg. 275 is on the corner of Ala Moana Blvd. and Kalakaua Ave. This is the same location as the R&R Reception Center and Maluhia Service Club; phone 543-2635.



TV PERSONALITY - Checkers of KGMB-TV's Checkers & Pogo Show entertains Marines, their families and guests at the MAG-24 Country Fair. An estimated 2,000 people attended the cook-out Saturday. (photo by Cpl. M.E. Lane)

MAG-24's Country Fair Draws a Crowd of 2,000

by Sgt. John Midgette

K-BAY - Marine Aircraft Group (MAG)-24 celebrated its 31st anniversary Saturday with a Country Fair featuring a cook-out, pony rides for the kids and Cajun music for the adults.

More than 2,000 Marines, their families and guests attended the all-day affair, including Brigadier General William L. Smith, Brigade Commanding General, who was presented a plaque by MAG-24 Commanding Officer, Colonel William G. Crocker.

Entertainment was provided by television personalities, Checkers and Pogo, and the comedy team, Banana Splits. Music was provided by the New Orleans Jazz Band.

According to Master Sergeant Harvey DeFrance, who co-ordinated the Fair, this was one of the largest cook-outs in the history of K-Bay.



THE SOUND OF NEW ORLEANS - Cajun music for the Fair was provided by the New Orleans Jazz Band. (photo by Cpl. M.E. Lane)

HAWAII MARINE

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OFFICER-IN-CHARGE CAPT R. BEAL
ASSISTANT EDITOR GYSGT L.L. SASKI (72142)
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MARINE BARRACKS, BARBERS POINT CORRESPONDENT CPL A. BERG (62203)

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at the flicks

G - ALL AGES ADMITTED - GENERAL AUDIENCE
PG - PARENTAL GUIDANCE SUGGESTED. SOME MATERIAL MAY NOT BE SUITABLE FOR PRE-TEENAGERS.
R - RESTRICTED - UNDER 17 REQUIRES ACCOMPANYING PARENT OR ADULT GUARDIAN
X - PERSONS UNDER 17 NOT ADMITTED
MOVIES SUBJECT TO CHANGE - EXTRA LONG RUNNING TIME. PHONE THEATER FOR STARTING TIME.

THEATER	SUNDAY 11 MARCH	MONDAY 12 MARCH	TUESDAY 13 MARCH	WEDNESDAY 14 MARCH	THURSDAY 15 MARCH	FRIDAY 16 MARCH	SATURDAY 17 MARCH
SUBASE 1900 1400 - SATURDAY SUNDAY	ADAM AT 6 A.M. MICHAEL DOUGLAS LEE PURCELL PG - DRAMA 100 min.	ONE IS A LONELY NUMBER TRISH VANEVERE MONTE MARKHAM PG - COMEDY 97 min.	THE TODD KILLINGS ROBERT F. LYONS RICHARD THOMAS R - DRAMA 91 min.	SOUNDER PAUL WINFIELD KEVIN HOOKS G - DRAMA 106 min.	THE JERUSALEM FILE NICOL WILLIAMS BRUCE DAVISON R - ADVENTURE 96 min.	THE NEW CENTURIONS GEORGE C. SCOTT STACY KEACH R - DRAMA 103 min.	THE PURSUIT OF HAPPINESS MICHAEL SARRAZIN BARBARA HERSHEY PG - DRAMA 93 min.
MCAS BOONDOCKER 1930 1930 - THURSDAY ONLY	HAMMER FRED WILLIAMSON BERNIE HAMILTON R - DRAMA 91 min.	ADAM AT 6 A.M. MICHAEL DOUGLAS LEE PURCELL PG - DRAMA 100 min.	ONE IS A LONELY NUMBER TRISH VANEVERE MONTE MARKHAM PG - COMEDY 97 min.	THE TODD KILLINGS ROBERT F. LYONS RICHARD THOMAS R - DRAMA 91 min.	SOUNDER PAUL WINFIELD KEVIN HOOKS G - DRAMA 106 min.	THE JERUSALEM FILE NICOL WILLIAMS BRUCE DAVISON R - ADVENTURE 96 min.	THE NEW CENTURIONS GEORGE C. SCOTT STACY KEACH R - DRAMA 103 min.
MCAS FAMILY THEATER 1915 2015 - THURSDAY ONLY	THE RED TENT SEAN CONNERY CLAUDIA CARDINALE G - DRAMA 121 min.	HAMMER FRED WILLIAMSON BERNIE HAMILTON R - DRAMA 91 min.	ADAM AT 6 A.M. MICHAEL DOUGLAS LEE PURCELL PG - DRAMA 100 min.	ONE IS A LONELY NUMBER TRISH VANEVERE MONTE MARKHAM PG - COMEDY 97 min.	THE TODD KILLINGS ROBERT F. LYONS RICHARD THOMAS R - DRAMA 91 min.	SOUNDER PAUL WINFIELD KEVIN HOOKS G - DRAMA 106 min.	THE JERUSALEM FILE NICOL WILLIAMS BRUCE DAVISON R - ADVENTURE 96 min.
FORD ISLAND 1930	FAT CITY STACY KEACH JEFF BRIDGES PG - DRAMA 97 min.	THE RED TENT SEAN CONNERY CLAUDIA CARDINALE G - DRAMA 121 min.	HAMMER FRED WILLIAMSON BERNIE HAMILTON R - DRAMA 91 min.	ADAM AT 6 A.M. MICHAEL DOUGLAS LEE PURCELL PG - DRAMA 100 min.	ONE IS A LONELY NUMBER TRISH VANEVERE MONTE MARKHAM PG - COMEDY 97 min.	THE TODD KILLINGS ROBERT F. LYONS RICHARD THOMAS R - DRAMA 91 min.	SOUNDER PAUL WINFIELD KEVIN HOOKS G - DRAMA 106 min.
BARBERS POINT (INDOOR) 1900	THEY MIGHT BE GIANTS JOANNE WOODWARD GEORGE C. SCOTT G - COMEDY SHORT - 92 min.	FAT CITY STACY KEACH JEFF BRIDGES PG - DRAMA 97 min.	THE RED TENT SEAN CONNERY CLAUDIA CARDINALE G - DRAMA 121 min.	HAMMER FRED WILLIAMSON BERNIE HAMILTON R - DRAMA 91 min.	ADAM AT 6 A.M. MICHAEL DOUGLAS LEE PURCELL PG - DRAMA 100 min.	ONE IS A LONELY NUMBER TRISH VANEVERE MONTE MARKHAM PG - COMEDY 97 min.	THE TODD KILLINGS ROBERT F. LYONS RICHARD THOMAS R - DRAMA 91 min.
CAMP M.M. SMITH 1900	STAND UP AND BE COUNTED JACQUELINE BISSETT GARY LOCKWOOD PG - COMEDY 99 min.	THEY MIGHT BE GIANTS JOANNE WOODWARD GEORGE C. SCOTT G - COMEDY SHORT - 92 min.	FAT CITY STACY KEACH JEFF BRIDGES PG - DRAMA 97 min.	THE RED TENT SEAN CONNERY CLAUDIA CARDINALE G - DRAMA 121 min.	HAMMER FRED WILLIAMSON BERNIE HAMILTON R - DRAMA 91 min.	ADAM AT 6 A.M. MICHAEL DOUGLAS LEE PURCELL PG - DRAMA 100 min.	ONE IS A LONELY NUMBER TRISH VANEVERE MONTE MARKHAM PG - COMEDY 97 min.
MARINE BARRACKS 1900 - 2015	HASH DONALD SUTHERLAND ELLIOT GOULD R - COMEDY 114 min.	STAND UP AND BE COUNTED JACQUELINE BISSETT GARY LOCKWOOD PG - COMEDY 99 min.	THEY MIGHT BE GIANTS JOANNE WOODWARD GEORGE C. SCOTT G - COMEDY SHORT - 92 min.	FAT CITY STACY KEACH JEFF BRIDGES PG - DRAMA 97 min.	THE RED TENT SEAN CONNERY CLAUDIA CARDINALE G - DRAMA 121 min.	HAMMER FRED WILLIAMSON BERNIE HAMILTON R - DRAMA 91 min.	ADAM AT 6 A.M. MICHAEL DOUGLAS LEE PURCELL PG - DRAMA 100 min.
NAVCONSTA WAHIAWA 1930	THE ASPHYX ROBERT STEPHENS ROBERT POWELL PG - SUSPENSE 99 min.	HASH DONALD SUTHERLAND ELLIOT GOULD R - COMEDY 114 min.	STAND UP AND BE COUNTED JACQUELINE BISSETT GARY LOCKWOOD PG - COMEDY SHORT - 92 min.	THEY MIGHT BE GIANTS JOANNE WOODWARD GEORGE C. SCOTT G - COMEDY SHORT - 92 min.	FAT CITY STACY KEACH JEFF BRIDGES PG - DRAMA 97 min.	THE RED TENT SEAN CONNERY CLAUDIA CARDINALE G - DRAMA 121 min.	HAMMER FRED WILLIAMSON BERNIE HAMILTON R - DRAMA 91 min.
RTF LUALUALEI 1930	*THE WIDOWS OF CHAILLOT KATHERINE HEPBURN CHARLES BOYER G - COMEDY 102 min.	THE ASPHYX ROBERT STEPHENS ROBERT POWELL PG - SUSPENSE 99 min.	STAND UP AND BE COUNTED JACQUELINE BISSETT GARY LOCKWOOD PG - COMEDY 99 min.	THEY MIGHT BE GIANTS JOANNE WOODWARD GEORGE C. SCOTT G - COMEDY SHORT - 92 min.	FAT CITY STACY KEACH JEFF BRIDGES PG - DRAMA 97 min.	THE RED TENT SEAN CONNERY CLAUDIA CARDINALE G - DRAMA 121 min.	HAMMER FRED WILLIAMSON BERNIE HAMILTON R - DRAMA 91 min.
NAD WAIKELE 1930	THE WRATH OF GOD ROBERT HITCHCOCK RITA HAYWORTH PG - WESTERN 111 min.	*THE WIDOWS OF CHAILLOT KATHERINE HEPBURN CHARLES BOYER G - COMEDY 102 min.	THE ASPHYX ROBERT STEPHENS ROBERT POWELL PG - SUSPENSE 99 min.	HASH DONALD SUTHERLAND ELLIOT GOULD R - COMEDY 114 min.	STAND UP AND BE COUNTED JACQUELINE BISSETT GARY LOCKWOOD PG - COMEDY 99 min.	THEY MIGHT BE GIANTS JOANNE WOODWARD GEORGE C. SCOTT G - COMEDY SHORT - 92 min.	FAT CITY STACY KEACH JEFF BRIDGES PG - DRAMA 97 min.
NAD WEST LOCH 1930	THE BOSTON STRANGLER TONY CURTIS HENRY FONDA R - DRAMA 116 min.	THE WRATH OF GOD ROBERT HITCHCOCK RITA HAYWORTH PG - WESTERN 111 min.	*THE WIDOWS OF CHAILLOT KATHERINE HEPBURN CHARLES BOYER G - COMEDY 102 min.	THE ASPHYX ROBERT STEPHENS ROBERT POWELL PG - SUSPENSE 99 min.	HASH DONALD SUTHERLAND ELLIOT GOULD R - COMEDY 114 min.	STAND UP AND BE COUNTED JACQUELINE BISSETT GARY LOCKWOOD PG - COMEDY 99 min.	THEY MIGHT BE GIANTS JOANNE WOODWARD GEORGE C. SCOTT G - COMEDY SHORT - 92 min.

As I See It

Greg's Sportline.....72142



by LCpl. Greg Gerding
K-BAY — A lot of people travel 35 miles or more a day but how many do it on foot?
 There aren't too many people who can, but there is one Marine here who did for the last 28 days in order to complete 1,000 miles. Who? Gunnery Sergeant Jose H. Mejia, NCOIC, Buildings and Grounds, Headquarters and Headquarters Squadron, who is 36 years old, finished the last 30 of his 1,000 mile stretch Wednesday.

That wasn't his first attempt to run 1,000 miles—the gunny has four 1,000 mile awards on record. Working up gradually, he ran his first in 90 days, second in 50 and his third in 45 days.

Before Gunny Mejia started to keep a record of his runs, he used to run an average of 10 to 20 miles a day. "I have run over 10,000 miles in the two and a half years I have been stationed here," he commented. That's a lot of running!

"I have two goals to accomplish now," he explained. "One is to receive my fifth 1,000 mile award before I leave the island in June and the other is to reach 10,000 miles at my next duty station. That's a good round number, don't you think?"

HawMar's Tie For First Place

OAHU — In the first match of a doubleheader at the Camp Smith Gym on March 1, the Hawaii Marine Volleyball Team crushed Air Force in two straight games (15-5 and 15-7). Later that evening the Marines beat Paki Park (15-5, 13-15, and 15-9). The two wins, coupled with a loss by Church College, put the Leathernecks in a first place tie with Church College in the State "B" League with an 8 and 2 record (14 and 4 overall). League standings are as follows:

	WON	LOST
Hawaii Marines	8	2
Church College	8	2
Central YMCA	7	3
Army	6	4
Air Force	6	4
Wahiawa	5	5
Outrigger Canoe Club	2	8
Paki Park	2	8
Navy	1	9

After that, Gunny Mejia thinks that 100 miles a week will be enough to keep him in shape.

There is also one other Marine here well on his way to match Gunny Mejia. Master Sergeant Carlos R. Mora, NCOIC, Crash Crew, Station Operations and Maintenance Squadron has been running regularly for the past ten years and averaging 1,000 miles a year.

MSgt. Mora, 44, started keeping his record in May, 1971. Since then, he has a total of 4,750 miles. While

MSgt. Mora has been here he has received two 1,000 mile awards.

His first award was a little bit harder to accomplish than he thought it would be. Top managed to break his toe, so it took him 120 days to finish it. Staying in good health, he received his second award in 35 days. He started on his third 1,000 miles Jan. 5 and has 750 miles completed so far.

MSgt. Mora likes to compete with other runners and is a familiar face in the marathons around the island. Last weekend he competed in a

26-mile run, placing tenth out of 62 starters with a time of three hours, 39 seconds. On his last PFT, heaced his three mile run in 17 minutes, 30 seconds.

"My goal is to reach 10,000 miles before my tour is up here," said Top Mora. At the pace he is setting now, it shouldn't be too hard.

Both GySgt. Mejia and MSgt. Mora agree that anybody could do what they are doing now. The runners said, "All it takes is a little sacrifice on your part."

Security Co. Wins Basketball Title

MARINE BARRACKS, PEARL HARBOR — The Marine Barracks Basketball League has come to a close, but during last week's play-offs, the action was such that this season will be one to remember.

The play-offs began with Barracks Company pitting their high scoring offense against the stingy defense of Security Company's No. 1 team.

Both teams came on to the court with excellent records of eight wins and no losses and the desire to meet Wahiawa for the Marine Barracks Championship.

As the game began, Barracks Company jumped into an early lead and held a commanding edge of 14 points as the half ended at 29-15.

Then as the second half got under way, Security Company came to life and began to chop away at Barracks Company's wide lead.

With just 50 seconds left in the game player/coach "Red" Stubblefield put Security Company in the lead for the first time at 44-42 and Security Company then went on to win the game with a score of 47-44.

Leading scorers for the winners were Joe Payne with 16 and "Sugar Bear" Brockman with eight points. Barracks Company placed three players in double figures. Val Frye led the losers with 14, and Russ Crouch and Al Skinner had 13 and 10 points respectively.

Having received the play-off with Wahiawa, Security Company took to court Wednesday in quest of victory. The search was nearly realization as Security Company built a 30-19 half time lead.

Wahiawa, however, was not out

of the game with Steve Pearson and John Jackson coming alive in the second half to score ten points each. Wahiawa went on to win 55-51.

Traveling to Wahiawa the next day for the second game, Security Company had their backs to the wall but they came out fighting. With neither team gaining more than a six-point lead throughout the contest, Security Company won a close game 71-70.

With the series tied up at one game apiece, the final game for the Marine Barracks Basketball Championship was played on the home court of Security Company.

The game opened up with

Intramural Bowling Begins

CAMP SMITH — The Spring/Summer Intramural Bowling League started Monday and J-5 got their revenge against last season's champs, the Keystone Five, by winning three games.

No J-5 kegger bowled outstanding, but with a team effort they were able to capture the second and third games plus total pins by one, after losing the first game by 117 pins. Bob Wehrle led the losers with a 517 series.

On top after the first week of bowling are the Wineos. The Wineos took four from the Funny Bunnies. T. Cooke was the big gun for the Wineos with a 507 series and T. Bailey led the losers with a 458.

A 40 handicapper, David Zamora, was the top kegger for the Abends when he rolled a 517 series to lead his team to a clean sweep over the

Security Company taking an early lead and they dominated in the first half of the game to lead by 21 points at the half as the half ended 41-20.

In the second half, play slowed down and Wahiawa was able to put some points on the board. At one time they pulled to within five points of the lead, but as the game came into the final eight minutes of play, Security Company started forcing Wahiawa to make costly turnovers and Security capitalized with the fast break to turn back the Wahiawa five.

The final score was 64-47 and gave Security Company the 3rd game and the Marine Barracks Basketball Championship.

J-8 Ballers. Gene Howard led the losers with a 488 series.

A 603 series by Stan Blackman was the highlight of the night when the Nads captured three from the Misfits. Also rolling the ball for the winners was B. Sibigroth who rolled a 554. Sue Staniszewski was high for the Misfits with a 524 series.

Mike "Lucky" Lock led his team, the Bar Bums, to a three game victory over the Money Makers when he rolled a 487 series. Only one Money Maker was able to crack 400, S. Cunningham, who rolled a 430.

Three keglers cracked 500 for the Bums, who split 2-2 with the PMO Tickets. Al Endicott led the trio with a 541 followed by Bruce Fischer with a 515 and Paul Everest with a 505. Rick Logan was high for the Tickets with a 485.

Eighty Riders 'Strut Their Stuff' in Horse Show

by LCpl. Greg Gerding

K-BAY—The first annual Spring Horse Show was held Sunday at the K-Bay Stables with more than 80 riders participating in the day's events.

The horse show was divided into English and Western divisions with three age categories: junior (12 and under), Intermediate (13-16) and senior (17 and over).

The eight events included English Equitation, Hunter Hack, Equitation over Fences, Western Obstacle Course, Stock Seat Equitation and the Costume Class. For the beginners, there was an English Walk-Trot and a Maiden Stock Seat Equitation class.

Ribbons were presented from the first to fifth place in each class and trophies went to the high point English and Western contestants.

In the junior English Equitation class the riders were judged on how well they walked, trotted and cantered their horses in both directions. Robin Jones ability and form won her first place honors in this class.

The intermediate category in the same class was also judged on the preceding skills with the added attraction of mounting and dismounting. Adrienne Roddy proved herself here and won first place.

Marianne Platt won first place honors in the senior category performing both the junior and intermediate qualifications plus a individual pattern in which she trotted and cantered in a figure eight.

The judge, Debbie Hluff had quite an ordeal in the next class. Since the English Walk-Trot was strictly for beginners she often had to dodge the horses from being knocked down. But Dawn Amiraault seemed to have the form as she took first place.

In the Hunter Hack class there was a combination of ring work and jumps over a stonewall and barrels. Adrienne Roddy also took first place in this event making it her second, first place position of the day.

The Equitation over Fences consisted of three different jumps up to two and one half feet. Here

again, form and ability counted as in the Equitation classes. Tracy Spoor took first place in the juniors, Adrienne Roddy made this her third, first place win in the intermediates and Marianne Platt won her second, first place in the senior category.

The high point English Trophy in the juniors went to Robin Jones. Adrienne Roddy won the intermediate trophy and Marianne Platt took it in the seniors.

The next event was the Western Obstacle Course in which many of the English riders also participated. The obstacle course consisted of a gate, bridge, logs to cross, barrels to back in to and a bucket to carry from one place to another.

Here the riders were judged on how quiet and steady the horses were as they went from obstacle to obstacle. The junior class had to attempt three obstacles, the intermediate class, four obstacles and the seniors, five obstacles.

Nannette Peterson took first place honors in the juniors, Adrienne Roddy in the intermediates, her fourth first place position and Judy Scoville in the seniors.

The Western Equitation classes consisted of walking, jogging and loping the horses in both directions.

In the juniors for the Stock Seat Equitation class, Christina



JUST A LITTLE BIT HIGHER — Cathy Johnson rides "Chief Joe" over the wall during the Hunter Hack Class. This was one of the harder classes of the day. (photo by LCpl. Allan LeMieux)

Maynard took first place, Adrienne Roddy won first place in the intermediates, her fifth first place win and Marianne Platt in the seniors, her third first place win.

For the beginners in the Maiden Stock Seat Equitation class, Kelley Platt won first place.

The high point Western Trophy in the juniors went to Christina Maynard, Adrienne Roddy won the intermediate



ON LINE — (l-r), Kathy Spindler, Gene Heath, Judy Scoville, Mary Scoville, Marianne Platt, Karen Neill are waiting their turn in the Senior English Equitation Class to perform individual workouts. (photo by LCpl. Allan LeMieux)



CROWD PLEASER — Joan Bailey discusses the different events of the horse show with three spectators that attended the day's activities. (photo by LCpl. Allan LeMieux)



GIDDY UP — This youngster sitting on the "Bucking Barrel" makes believe that he is also a participant in the day's horse show. (photo by LCpl. Allan LeMieux)

Hawaii Marines Take Six Golden Glove Trophies

by Cpl. Bill Harraman

CAMP SMITH - The Hawaii Marines walked out of the HIC Tuesday night with six trophies from the Hawaii Golden Gloves Boxing Championships. Only one of these, however, was a championship trophy. The other five were runner-up trophies.

William "Ski" Steankowski took the 178 pound decision from Fidel Cabrera of the Army in a bout that went all three rounds. The first two rounds were all Ski's, but Cabrera came on strong in the final round. "I kept hitting him in the stomach," Ski commented, "but he just wouldn't go down. I could hear the breath come whistling out from between his teeth every time I hit him." Holding up the trophy, the young Marine said, "I wish we could all have brought one home."

In the preliminaries Monday night, Edward Hogan of the Marines scored a TKO over Shaney Stone of Hawaii Youth 50 seconds into the second round. The 132 pound fighter later returned to fight another preliminary bout, going against Salvador Carvalho of H.Y.O., who was taller and had a longer reach than Hogan. This seemed to become a big factor as the fight went on. Hogan went the whole fight, but lost to an unanimous decision.

The semi-final fight in the 139 pound class pitted Daniel Sanchez of the Marines against John Sua of Waianae B.C. Sanchez, coming off of a TKO over his opponent Monday night, fought a good fight. But the officials awarded Sua the unanimous decision.

Sam Owen of the Marines walked away with the runner-up trophy in the 119 pound class after

taking a beating from Mark Stokes of Wahiawa Youth. The bout was Stokes' all the way.

Mike Falcon of the Marines came into the 147 pound finals riding high on a knock-out victory over his opponent in the preliminaries. That was not the story Tuesday night, however. Falcon carried himself well in the fight and was going good to the head all three rounds. He was staggered in the first, but came back and had his opponent, Ernest Carvalho of H.Y.O., bleeding in the second. The split decision went to Carvalho.

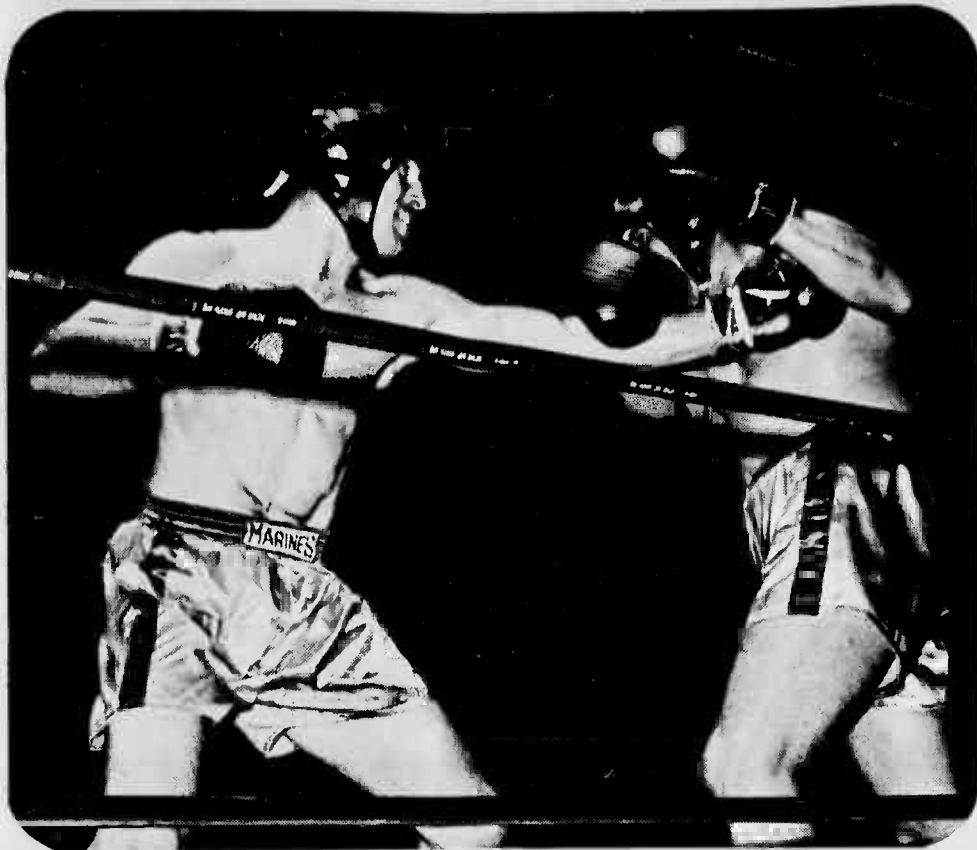
Fletcher Harris went against Dave Bruce of Kalihi Youth in the 156 pound bout. Harris looked real good in the first round, going well to the head and knocking Bruce down. Bruce scored in the second and cut Harris' mouth. Taking advantage of this, he came on and put Harris down for the count at 1:51 of the second round.

Anthony Price matched up

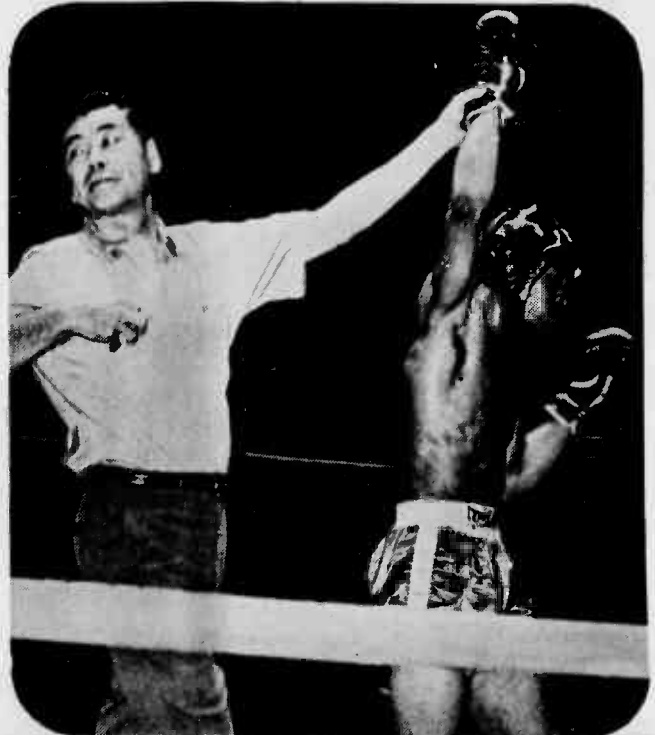
against Ed Saupo of Kalihi Youth in the 165 pound class. Dancing and jabbing, Price fought a tough fight, scoring enough to draw blood from his opponent in the second round. When it came to the judges decision, however, it was unanimous in favor of Saupo.

Last but not least for the Marines was Lewis Provo in the heavyweight class. He was pitted against Joe Ramos of Ricans A.C. Provo came out hard and was all over Ramos, scoring heavy to the head. Ramos came out of left field with a punch, and Provo went down. Provo was ruled unconscious. Ramos was awarded a knock-out.

Coach C.L. Carter was not unhappy with the way his men fought. "We're ready for the All-Marine Tournament," he stated. "I'm not making excuses for my boys, but I purposely had them fighting above their weight classes. We (the coaches) are happy with them."



SKI IN ACTION - Bill "Ski" Steankowski connects with Fidel Cabrera during the 178 pound championship bout. (photo by Sgt. Pat Schmolter)



THE WINNER - Edward Hogan of the Marines is designated the winner in the first of his preliminary bouts Monday night. He scored a TKO over Shaney Stone of Hawaii Youth 50 seconds into the second round. Hogan was defeated in his second preliminary bout. (photo by Sgt. Pat Schmolter)

1/3 Dominates Track and Field Meet

Photos by Corporal Mike Lane

K-BAY - The grunts put it all together Friday afternoon as they dominated the track and field events. First Battalion, Third Marines took 10 out of 14 events.

PLACE	UNIT	NAME	TIME
100 Yard Dash			
1st	1st Bn., 3rd Mar.	Horace Thomas	10.4
2nd	1st Bn., 3rd Mar.	Ernest Leggett	10.5
3rd	H&HS MCAS	Loyd Reed	10.6
4th	1st Bn., 3rd Mar.	Danny Boston	11.0



Broad Jump



Discus



Shot Put

120 Yard High Hurdles			
		Raymond Fitzhugh	19.3
		David Peterson	20.2
		Franklin Walsh	21.4
220 Yard Dash			
		Horace Thomas	23.9
		Ernest Leggett	25.0
		Hector Melendes	26.4
		Linden Sparrow	26.5
440 Yard Dash			
		Jim Burns	58.4
		William Haney	58.8
		Alan Jenkins	61.4
		John Boone	61.5
880 Yard Dash			
		David Peterson	2:14.6
		David Philio	2:17.5
		Jim Burns	2:18.6
		Jim Hughes	2:22.4
1 Mile Run			
		Gerald Patterson	5:46.6
		Dolores Gonzales	6:04.0
		Raymond Fitzhugh	6:13.0
3 Mile Run			
		David Peterson	16:46.9
		Gary Tracy	17:16.5
		Robert Therault	18:25.5
1 Mile Relay			
		Names	4:08
		not Available	4:26
		Available	4:34
		Available	4:41
440 Relay			
		Names	51.0
		not Available	51.6
		Available	51.7
		Available	52.9
Shot Put			
		James Martin	39.5
		Fonotele Neemia	37.6
		Mike Gamblin	37.2
		Max Graff	34.1
Discus			
		Allen Jenkins	116.4
		William Nieleis	97.7
		Mike Harris	96.7
		Mark Taylor	93.0
Javelin			
		Scott Rogers	158.11
		John Neubarth	148.11
		John Morgan	140.4
		Raymond Fitzhugh	128.5
Broad Jump			
		Loyd Reed	21.5%
		Joe Finley	19.9
		Timothy Hudson	19.6
		Herman Jeter	18.10%
High Jump			
		Raymond Fitzhugh	5.5
		Rick Johnson	5.5
		Orden Mollohan	5.4
		Robert Jackson	5.2
		Franklin Walsh	5.1

The final track and field meet of the season will be Friday.



High Jump

Marines Run in Marathon

CAMP SMITH - A couple of weeks ago, Hawaii Marines were given the opportunity to win a trip to Maui. All they had to do was go from one point to another point and back. Sounds simple, right?

Wrong. Like all good deals, this one had a catch to it. The points they had to travel between were Kapiolani Park and Hawaii Kai. The way they had to do it was by running. The distance they had to run was 26 miles-385 yards. Their time limit was four hours.

Well, thirteen Marines and a corpsman qualified. In fact, one of the Marines, PFC Alexander Zygaczenko of Camp Smith, placed third out of all the competitors with a time of 2 hours, 43 minutes and 19 seconds. He was right behind John Faerber, who finished about a minute and-a-half ahead of him. The first place winner was Royden Kolto, a University of Hawaii student and a member of the

Marine Corps Platoon Leaders Class program.

MSgt. Carlos Mora of K-Bay, a 44-year-old Marine was the second military finisher and tenth overall. He finished in 3 hours and 39 seconds. He is an excellent runner, a statement that is justified by the fact that he completed a total of 1,000 miles in the last 35 days.

The rest of the finishers and their times are as follows: Ben Medellin, 3:20:33; Thomas Miller, 3:22:29; Dave Schmidt, 3:26:13; Johann Haferkamp, 3:21:02; W.C. Dishman, 3:33:08; William Gardier, 3:38:01; Don Thurmond, 3:39:25; Larry Sebert, 3:42:55; Paul Everest, 3:48:45; Jim Brook (corpsman), 3:53:21; Gerald Bogan, 3:55:44 and Kim Morgan, 4:01:29.

The Hawaii Marines will be represented by some of these runners in the Maui Marathon April 8.



"COOL, CLEAR WATER" - PFC Alexander Zygaczenko of Camp Smith knows exactly what to do with the cup of water he received at the 10-mile watering point. (photo by Cpl. Bill Harraman)



COUNTRY AND WESTERN SINGER - La Wanda Lindsey will be singing at the K-Bay Enlisted Club 9-10 p.m. Monday. Providing the music for her one-hour performance will be "Midnight Cowboys."

Club Jottings

K-BAY ENLISTED CLUB
FRIDAY: Happy Hour - 4-6 p.m. Tonight, The Sweet Society perform from 8 p.m. to midnight.
SATURDAY: Tonight dance to the sounds of Kaono'i and the Brewery 8 p.m. to midnight.
MONDAY: The Le Wanda Lindsey Show tonight. Music from 7-11 p.m. Showtime is 9-10 p.m.
MANAGER'S NOTES: Our new club is growing quickly, yet it has no official name. A contest will be announced soon, giving the winner a prize worth vying for. Start dreaming up a name!

Our new dining room is now open. We invite you to join us in a completely relaxed and charming atmosphere for gourmet food at its finest. For reservations please call: 257-2611, or 257-2657.

STAFF CLUB
FRIDAY: To start this week off with lots of fun, step into the Club from 4-6 p.m. and enjoy Happy Hour. Tonight at 9 p.m. you can enjoy the music of Don Shane and the Country Aires. They will be entertaining in the ballroom until 1 a.m.

SATURDAY: The Club opens today at 11 a.m. and the Package Store from 11:30 until 9 p.m. Tonight in the ballroom you can enjoy a free floor show, the Glen Barber Show with music by The Country Classics. They will be entertaining in the ballroom from 9 p.m. to 1 a.m.

SUNDAY: Today and every Sunday from 3 to 5 p.m. is Family Day at our Club. There will be cartoons for the kiddies plus a movie, "Savage Sam" starring Brian Keith. Also, brunch is served every Sunday from 9 a.m. to 1 p.m.
MONDAY: No movie tonight. The carpets will be cleaned.
TUESDAY: Nothing special but pay us a visit anyway.

OFFICER'S CLUB
FRIDAY: Happy Hour on the Lanai from 4 to 6:30 p.m. Come try our Friday night menu - New York Steak, Shish-Ke-Bab or Mahi Mahi from 7 to 9:30 p.m. The Sunshine Society will be on stage from 9 p.m. to 1 a.m.
SATURDAY: Come in and try our gourmet food prepared by our Chef from 7-9 p.m. Reservations please.
SUNDAY: Brunch is served from 10:30 a.m. to 1 p.m. and it is excellent! Then from 6-9 p.m. the ever popular Crableg and Steak Buffet is served.



MONDAY THRU FRIDAY: Lunch is served from 11:30 a.m. to 1 p.m. with hot sandwiches, salad plates and a Special of the Day.
WEDNESDAY: Hamburger Night
THURSDAY: Bring the family for Poi Luck Dinner from 6 to 8 p.m. All you can eat; Adults, \$2.25; Teens, \$1.75 and children under 12, \$1. Reservations please.
MANAGER'S NOTE: Tickets are now on sale for St. Patrick's Day Dance and show, \$5.00 per couple.

CAMP SMITH ENLISTED CLUB
FRIDAY: Come and listen to the rock sounds of Salt and Pepper from 8 p.m. to midnight. Snack bar opens 8 a.m. to 10 p.m. Bar opens from 11 a.m. to 1 p.m. and 4:30 p.m. to 1 a.m.
SATURDAY: Snack bar opens from noon to 10 p.m. Bar opens from noon to 1 a.m.
SUNDAY: Snack bar opens from noon to 10 p.m. Bar opens from noon to midnight.

MONDAY THRU WEDNESDAY: Snack bar opens from 8 a.m. to 10 p.m. Bar opens from 11 a.m. to 1 p.m. and 4:30 p.m. to midnight.
THURSDAY: Western night with the Country Classics from 7-11 p.m. Snack bar opens from 8 a.m. to 10 p.m. Bar opens from 11 a.m. to 1 p.m. and 4:30 p.m. to midnight.

STAFF CLUB
FRIDAY: Happy Hour with pupu's for members. Main Ballroom-Private party, USS POGY SSN 647.
SATURDAY: No band tonight but we do have music by The Jukebox. We will provide the music for dancing and ladies drinks one-half price. Come on up and enjoy yourself.
SUNDAY: Private party 1 to 4:30 p.m. Let's hope that we can have a good turnout for the buffet from 5 to 8 p.m.
MONDAY: Happy Hour at the bar this evening.

TUESDAY: Game Night-Don't forget you can use that good old charge card.
WEDNESDAY: Nothing much today. Come on down and enjoy the fellowship of the other SNCO's.
THURSDAY: Have you tried some of our delicious meals?
NOTE FROM THE TREASURER: Come to the club for the St. Patty's Day Dance on March 17. Dance to the music of the terrific "Leal Bottom."

Little Leisure Lines

K-BAY MEETINGS
Aloha Chapter, Womens Marines Association, will hold a luncheon meeting at noon tomorrow in the Oceania Floating Restaurant, Honolulu.

All present and former Women Marines are invited to attend. For reservations and information, phone Shirley (Mrs. Allen F.) Ball at 623-4296 or Eleanor (Mrs. Charles N.) Warner at 262-9250.

Kailua Koin Klub invites anyone who wishes to join their club to attend one of the meetings held on the first and third Monday of each month. Next meeting will be March 19.

The meetings are held at the Kailua Library beginning at 7 p.m. For more information call 254-1194.

Enlisted Wives Club will hold its next business meeting at 7 p.m. Tuesday. This is election night for new club officers. There will be a guest speaker from the Provost Marshal's Office.

A social will be held in the ballroom of the K-Bay Enlisted Club at 10 a.m. March 27. Included in the coffee hour will be a guest speaker from Hawaiian Electric Co.

All wives of sergeants and below are welcome to join or attend any of the club activities. If you are in need of transportation or have any questions call Mrs. Croteau at 261-5654.

Staff Wives will hold their March social tonight at 8 p.m. at 2475 B Moses Street, Mrs. Elizabeth Goldsberry's house. It is a Fondue Party but you may bring fish and chips or wine.

Remember the sale at the Thrift Shop will continue through March 17.

NAVY RELIEF NEWS
A Navy Relief awards ceremony will be held at the home of Brigadier General and Mrs. William L. Smith at 2 p.m. today. Mrs. Smith, chairman of Navy Relief Volunteer Women of Kaneohe, will host the ceremony. All Navy Relief volunteers are

invited to attend. Please RSVP at the Navy Relief Office.

BAZAAR AT HICKAM
The Hickam Officers Wives Club (OWC) is sponsoring a bazaar to raise money for a scholarship fund to assist dependents of Air Force men reported Missing in Action (MIA) or who lost their lives in the Southeast Asian conflict.

A tour of Pearl Harbor will be hosted on Tuesday and Wednesday by Mrs. Bernard A. Clarey, wife of Admiral Clarey, CINCPAC.

All interested Navy Relief volunteers who are interested in attending should sign up at the Navy

Relief Office for your day of choice.

The bazaar will be held April 10 from 10 a.m. to 2 p.m. on the Officers Open Mess Lanai. An entry fee of \$1 will be charged and the opportunity to win any one of a number of door prizes. Lunch will be available.

Various booths and displays featuring arts and crafts will highlight the bazaar. All items are donated and are for sale at moderate prices.

Co-chairmen for the event, Mrs. Norma Beerman and Mrs. Joan Mulick, stated the bazaar is open to all military personnel, their dependents and guests.

Four MOS's 'Short'

K-BAY - The Marine Corps is presently "short" in the following Occupational Fields and is looking for a FLEW GOOD MEN to request lateral moves into these occupational fields: 1400, 7000, 2100 and 2800.

Under the 1400 field is 1444 - Photographer. This requires a 10-week formal school in photography and 24 months active service remaining to qualify for the MOS. You must also have a GT score of 95. (This score is derived from the GCT test)

On the aviation side is the 7000 field. Under this field is the MOS of 7051 - Aviation Crash Crewman. Four weeks of formal school, 24 months active duty service remaining, a GM score of 100 and a minimum vision of 20/20 is required before you are qualified for this MOS. (The GM score is derived from the GCT test).

One MOS under the 2100 field is 2141 - Tank Repairman. This requires 10 weeks of formal school, a 24 month active duty obligation and a MM score of 100. (This score is derived from the GCT test).

The 2800 field is short in MOS 2814 - Telephone and Teletype Repairman. Fifty-eight weeks of formal schooling is conducted in Basic Electronics. You must obligate

yourself for 48 months active service upon entry into the school. In addition you must have a GT score of 100 and an ETST score of 60. (Both of these scores are taken from the GCT test). A security clearance of Secret is also required. One last requirement: you cannot be color blind.

For more information on this and other possibilities for LATERAL MOVES, contact your unit career planner or the Brigade Career Planning Office at 73244 or 72403.

Vietnamese Advisors Plan Reunion May 12

WASHINGTON, D.C. - The third annual reunion of advisors to the Vietnamese Marine Corps is scheduled to be held at the Ramada Inn, Triangle, Quantico, Va., May 12.

A committee composed of former advisors is now in the process of formalizing a charter and by-laws for an organization which will be called the Vietnamese Marine Corps Advisor Association.

All former advisors are requested to send their current mailing address to the Vietnamese Marine Corps Advisor Association, Box 4128, 3532 Columbia Pike, Arlington, Va., 22204. Detailed information concerning the May reunion will be sent to those requesting it.



SEARCH CONTINUES for this painting, which was presented to the Station in 1943 by a Seabee attached to the 56th NCB. The CEC/Seabee Museum at Port Hueneme, Calif., is trying to locate the painting and correspond with its custodian for release and display in the museum's "Seabee Art Gallery." Anyone having any information concerning the painting are urged to contact CWO-3 Charles Snedeker at 527-2102 or 527-2607.

Classified Ads

For Sale

1960 VOLKSWAGEN, good condition, \$350. Call after 4 p.m., 254-3392. Car will be available after March 19.

1963 CHEVY II, 6-cylinder, new tires, good dependable transportation, 3-speed stand. trans., excellent engine, \$325. Call 235-1481 after 5 p.m.

1968 FORD XL, 390 cu. in., 2 bar carb., pwr. str., auto trans., w/alr, radio and gauges, new tires, shocks, battery, starter, muffler, tailpipe, brakes & new safety inspection, \$700. Call 254-2208 anytime.

CAMPER SHELL that fits an 8' truck bed, \$250; Magnavox 23" color TV (console model), works well, \$200; video accordion, \$200. Call 72629 DWH, 254-1075 AWH.

POWER TOOLS - Black and Decker jlg saw (3000 rpm), complete with 19 blades, \$15; Shopmate Circular 5/8 inch saw (3500 rpm) and two drills, make offer; also "Beer" refrigerator, about 4 cu., good condition, \$15. Call 254-3822 anytime.

KENMORE washer, good condition; G.E. dryer, 1 yr. old, must sell. Best offer. Call 254-2304 anytime.

AKAI X-300 stereo tape recorder, professional model, takes 10 1/2" reels, 50 watt output, 2 large speakers, 2 microphones, many accessories and tapes. Cost \$798 new, sell for \$275. Call 72722 DWH, 254-1723 AWH.

CHILDREN'S Swing Set, like new; crib; highchair; plastic pool; misc. toys. Call 247-5879 anytime.

DESK, white provincial chair; lamps; tables; wrought iron chandelier; bedspreads; and misc. items. Call 247-5879 anytime.

1972 YAMAHA 360cc RT-2 Enduro, 2500 miles, excellent condition, superb road/trail machine, 2 helmets, \$800. See on base. Call 254-2540 after 6 p.m.

1966 CORVAIR convertible, good transportation car, \$250/offer. Call 72102 DWH, 254-2489 AWH.

1964 PLYMOUTH FURY, 2 dr., V-8, auto. Call 262-8954 anytime.

1966 CHEVELLE, auto. trans., heater, radial tires, new paint job, \$550. Call 72285 DWH, 254-2897 AWH.

DRUM SET, complete double bass, double mounted toms, snare, cymbals, 1 or 2 floor toms, \$400. Contact Cpl. Ricky Killian, 72762 DWH, 257-3536 AWH.

UNIFORM, Field Grade Officer's Evening Dress, size 44. Call 521-7318 anytime.

SURFBOARD, 6'11", good condition, \$55. Call 254-2481 after 2 p.m.

KITCHEN TABLE, rectangle, with leaf, 4 chairs, good condition, \$25. Call 262-6018 anytime.

AIR CONDITIONER, 115 Volt Gibson; 12 volt auto air conditioner; 12 volt battery; '68 Buick Wildcat - Tops \$875 firm. Call 261-9847 after 4:30 p.m.

1963 RAMBLER, 6-cyl., R/H, SS, new

clutch, battery, volt reg. tires, no rust, safety inspection good until 11/73. Call 73267 DWH, 261-9638 AWH.

BEGINNING March 1st, there will be a sale at the Staff Wives Thrift Shop. All Thrift Shop items are on sale for 10 cents. Y'All Come!

1967 REBEL Rambler hardtop, good condition, \$700/\$650. Call 72220 DWH.

DISHWASHER, Kenmore, 2 and one half years old, bronze-tone simulated wood top, asking \$125. Call 254-3223 anytime.

Garage Sale

Household; Avon decanters; power tools; misc. 2367A Hawkins Place. Call 73228 DWH, 254-1630 AWH, 254-3822 anytime.

Services Offered

BABYSITTING in my home, Mon.-Fri. Call 239-9401 anytime.

Wanted

TOYS FOR TOTS may be left at 403B O'Neal near the Credit Union. Call 72821 DWH, 254-4538 anytime.

BOTTLES, empty 1/2 gallon wine. Green glass preferred. Needed for Flower Show. Call Shirley Shifferly, 72120 DWH, 261-0101 AWH.

DEADLINE: 12 p.m., Friday prior to publication (10 a.m. at Camp Smith).

All ads are typed early Friday afternoon and delivered to the publisher prior to 4 p.m. Ads received after the deadline will be run the following week.

All ads must be signed and none will be accepted over the telephone. Ads received via the U.S. Mail will be verified as to authenticity of the sponsor's relation to the military prior to publication.

All persons must be active duty or retired member of the Armed Forces, a dependent of same, or a civilian employee of a Department of Defense organization. Dependents will indicate their sponsor's name and rank.

NAME: _____ RANK: _____
(If dependent, write sponsor's name and rank)

TELEPHONE: _____
(During work hours After work hours Anytime)
(Your Hawaii Marine representative will spot check ads for accuracy, and, in case of ads received in the U. S. Mail, for authenticity)

DATE AND TIME: _____ [Remember, ads must be in prior to 12 p.m. at KMCAS and 10 a.m. at Camp Smith]

ADVERTISEMENT: (Keep it short and legible-if you can't read it, neither can we!)

Signature: _____
(ad submissions must be signed)

Island Spotlight

1st Bn., 3rd Mar.

Corporal Stephen C. Blas received a Letter of Accommodation. He is a native of Minneapolis, Minn., and is the battalion legal chief.

Cpl. S.C. Blas
1st Bn., 12th Mar.

1st Bn., 12th Mar.

Corporal Donald J. Henry, "B" Battery, was presented a High School Diploma.

Cpl. D.J. Henry
CommSuppCo.

1st Bn., 12th Mar.

Corporal Fred S. Pfeifer was selected as Marine of the Month. He is from Cedar Rapids, Iowa. He is a field wireman with the company.

Cpl. F.S. Pfeifer

Corporals Harry A. Stapskemper and Howard S. Cargle were promoted to their present rank.
Receiving lance corporal warrants were: Gary F. West, Steven E. Spanbauer and Scott M. Rogers.

BRIGADE SCHOOLS

Sergeant Michael H. Fitzsimmons was presented a Certificate of Commendation for his "superior performance of duty while serving as Instructor, Training Aids NCO and Supply NCO.

Sgt. M.H. Fitzsimmons

MABS-24

Six Marines were promoted to corporal. They were: Steve R. Hughes, Rafael Papa, Douglas A. Brown, Ronnie D. Massie, James E. Besse and David N. Musser.
Scott D. Nelson and Bruce P. Robertson were promoted to private first class.
GED High School Diplomas were presented to Lance Corporal Brian L. Teal and Sergeant Earl "N" Bradenburg.
Lance Corporal Eugene A. Dalung completed a MCI Course on "Introduction to Personnel Administration." Corporal finished a MCI Course on "Plumbing and Water Supply."

A Good Conduct Medal was presented to Corporal Thomas R. Moody.
HqCo., 3d MarRegt.

Lance Corporal William P. Archer was promoted to his present rank. He is from Ripley, Tenn. He is a field radio operator with the company.

VMFA-212

Sergeant Kenneth M. Renz Jr. was promoted to his present rank and presented a Good Conduct Medal. He is from Brick Town, N.J.
Captain S.A. Robbittie fired the top score at the rifle range with the .38 pistol with 379.

MACS-2

Corporal Leonard J. Eller Jr. re-enlisted for five years. He has been based here for a year and is presently serving as an aviation radio repairman. He is from Gloucester, N.J. and a 1970 graduate of Gloucester City High School.

H&HS

Gerald R. Morrison was promoted to gunnery sergeant. He arrived here a year ago and is the assistant mess chief at Pless Hall.

PSB

Cpl. R.E. Theriault
PFC C.A. Binkerd
Corporal R.E. Theriault and Private First Class C.A. Binkerd were presented Meritorious Mast.

Cpl. R.E. Theriault
PFC C.A. Binkerd

Major E.E. Collins

Major E.E. Collins was appointed to non-resident instructors honor list, Amphibious Warfare School Extension Center.

CAMP SMITH

Major J.E. Edwards and Captain M.E. McClung received 1,000 trophies. Edwards

is the protocol officer and McClung works in the Command Center.

Maj. J.E. Edwards
Capt. M.E. McClung

Corporal D.R. Olmstead was presented with a Meritorious Mast for being selected as Military Policeman of the Month.
A five-year veteran, Sergeant M.N. Moullet was high rifle shooter for the week when he fired a blazing 238. Moullet is the trouble desk NCO at Camp Maintenance and has been stationed here for about one year. He is married and his family resides at 930 Ross Court, Honolulu.

Cpl. D.R. Olmstead
Sgt. M.N. Moullet

MB, PEARL HARBOR

Promoted to Lance Corporal were: Michael J. Mattivi, Stephen D. Reese and Alan K. Goeriz.
Lance Corporal John W. Gauntt and Private First Class John P. Russo received "Defensive Driving Certificates" from the 14th Naval District, Pearl Harbor.

Cpl. D.R. Olmstead
Sgt. M.N. Moullet

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'Think Thin' Could Work

WASHINGTON, D.C. - Two Brooklyn VA doctors have found a spot in your brain that can keep you from getting fat.

The two on the Brooklyn, N.Y., VA hospital staff, Dr. Albert F. Debons and Dr. Isidore Krinsky, have figured how the brain's date processing center (that regulates appetite) operates to keep average people from over-eating.

The two scientists expect the finding to be applied eventually, to

prevent people from eating so much that they become obese, perhaps by developing a pill that will regulate this spot in the brain.

Writing in the May 1972 issue of the journal *Postgraduate Medicine*, the two doctors presented evidence that the satiety center participates in the mechanism for maintenance of a normal caloric balance by serving as a site where information on the status of glucose utilization is monitored and transmitted into the central nervous system.

To Better Serve You

Marine Corps Exchange Consolidates Oahu Stores

OAHU — The three main Marine Corps Exchanges on Oahu recently made a behind-the-scenes move designed to provide better service and maintain low prices for Marines and their families here.

The Oahu exchanges, located at Camp Smith, Pearl Harbor, and Kaneohe, were consolidated under one operation with headquarters at K-Bay. According to Exchange Officer, Captain Robert E. Jones, the consolidation will eliminate excess operating costs and thus help to keep prices as low as possible.

YOUR EXCHANGE: WHAT IS IT?

Marines exercise their exchange privileges regularly, yet few know how it operates, who runs it and why, or what happens to its earnings.

The Marine Corps Exchange belongs to you, its customers. It operates solely for the military. It stocks a variety of items, and its prices are as low as possible to cover operating costs, upkeep of facilities and equipment and to fund improvement and expansion programs.

According to Capt. Jones, "We sometimes hear that the exchanges make too much money. They do make money, but the exchanges are completely self-sustained, operating only on the self-generated, non-appropriated funds. Your tax dollars are not authorized in any area of operation of Marine Corps Exchanges."

As an indication of its size, the worldwide Marine Corps Exchange System's annual sales are approximately \$180 million. The combined Oahu exchanges alone average more than \$1 million in sales each month. Of that \$180 million, a substantial portion (over \$5 million in 1972) goes back to you in the military in contributions to support recreational activities, such as sports equipment, swimming pools, hobby shops, and libraries. Another large portion goes to pay the salaries of civilian employees. More than 400 civilians are employed in the Oahu exchanges alone.

A Marine Corps Exchange is a merchandise store, a gas station, a garden shop, a toyland, a cafeteria, a seven-day store, barber shops and beauty salons. The Marine Corps Exchanges on Oahu are all of that and more. In addition to day-to-day necessities, furniture, large appliances and other items may also be authorized by an overseas commander.

On Oahu, an exchange service station is operated at all three Marine locations as are various snack bars and eating facilities. For special convenience, the exchange operates two seven-day stores, one at the Manana Housing Area in Pearl Harbor and another here at K-Bay. Tailor shops and laundry and dry cleaning facilities are available at all locations.

QUALITY FIRST

Stock procurement in an exchange is similar to that of a large commercial department store chain. All exchange procurement is for first-quality merchandise with wide selection of brand names and proven products. Items

frequently referred to as "seconds" are not stocked. All exchange merchandise is guaranteed; if you are not satisfied, your purchase price will be refunded. If there isn't sufficient customer demand to stock a specific item, and it is authorized, special order clerks are available in all three exchanges for ordering such items.

PRICING POLICY

The exchange pricing policy is substantially uniform and compares favorably with commercial retail prices. A recent survey, according to Kaneohe Exchange Officer, Capt. Jones, indicates that overall CONUS exchange retail prices were approximately 23 per cent below commercial prices of the same items.

This doesn't mean that the Marine Corps Exchange will always sell every item cheaper than stores in the civilian community. Certain civilian firms, Capt. Jones points out, specialize in buying bankrupt stocks or finding wholesalers or retailers in desperate need of cash. They purchase large quantities of merchandise at prices much lower than the prevailing ones or than retail prices advertised by the manufacturers. Such bargains are often used by civilian stores as "loss leaders," a means of drawing customers into the store.

The Marine Corps Exchange is not authorized to sell in this manner. Any exchange customer who desires cost prices or other information about merchandise in the store may obtain such information from the Store Manager.

A HISTORY OF SERVICE

The history of military stores can be traced to the days of Caesar's Legions, but the concept of that age, when only items of common necessity were available, and that of today's modern exchange bare little resemblance.

Marine Corps Exchanges are authorized by Congress to provide military personnel and their dependents with articles and services necessary for their health, comfort and convenience at reasonable prices.

Congress, in 1776, authorized civilian sales concessions to be established in order for General Washington's ragged army to purchase such items as chewing tobacco, snuff, knives, and blankets. From this beginning, exchanges have continued to grow and improve. Their importance to the serviceman and his dependents has never been greater than it is today.

Those first attempts, spanning about 90 years in our history, proved that civilian concessions operating independently of each other could not be adequately controlled by the military.

In 1866, these concessions or "sutlers" as they were called, were abolished from the army and the "Post Traders" system was instituted, permitting merchants to sell non-issue items to servicemen aboard military installations.

With America's westward expansion, a new need arose and out of necessity, military personnel formed social clubs called "Canteens" and sold articles of ordinary use among themselves, without profit to anyone.

The War Department, with the approval of Congress, published rules and regulations for the operation of Post Canteens in 1899, thus replacing the "Post Traders."

The history of the Marine Corps Exchange dates back to the time when the Marine Corps was small and served primarily on Navy ships and the few Naval installations then in existence. At this time, the wants and needs of Marines were easily served by the Navy Exchange and the semi-official Marine "Post Traders" authorized at some Marine detachments. Beginning in the mid-1800's, all of this changed.

Navy stations were established in all major ports and Marines found themselves ashore, guarding these installations. As the Corps grew in size along with the United States expansion in the Pacific area, the need for a change became apparent.

Accordingly, the Acting Secretary of the Navy, Theodore Roosevelt, approved the establishment of the first Marine Corps Exchange at Marine Barracks, Boston, Mass., in September of 1897.

The first Marine Corps overseas exchanges were established in the Philippine Islands in early 1900. Since World War I and II, Korea and Vietnam, exchange services have continued to expand and improve.

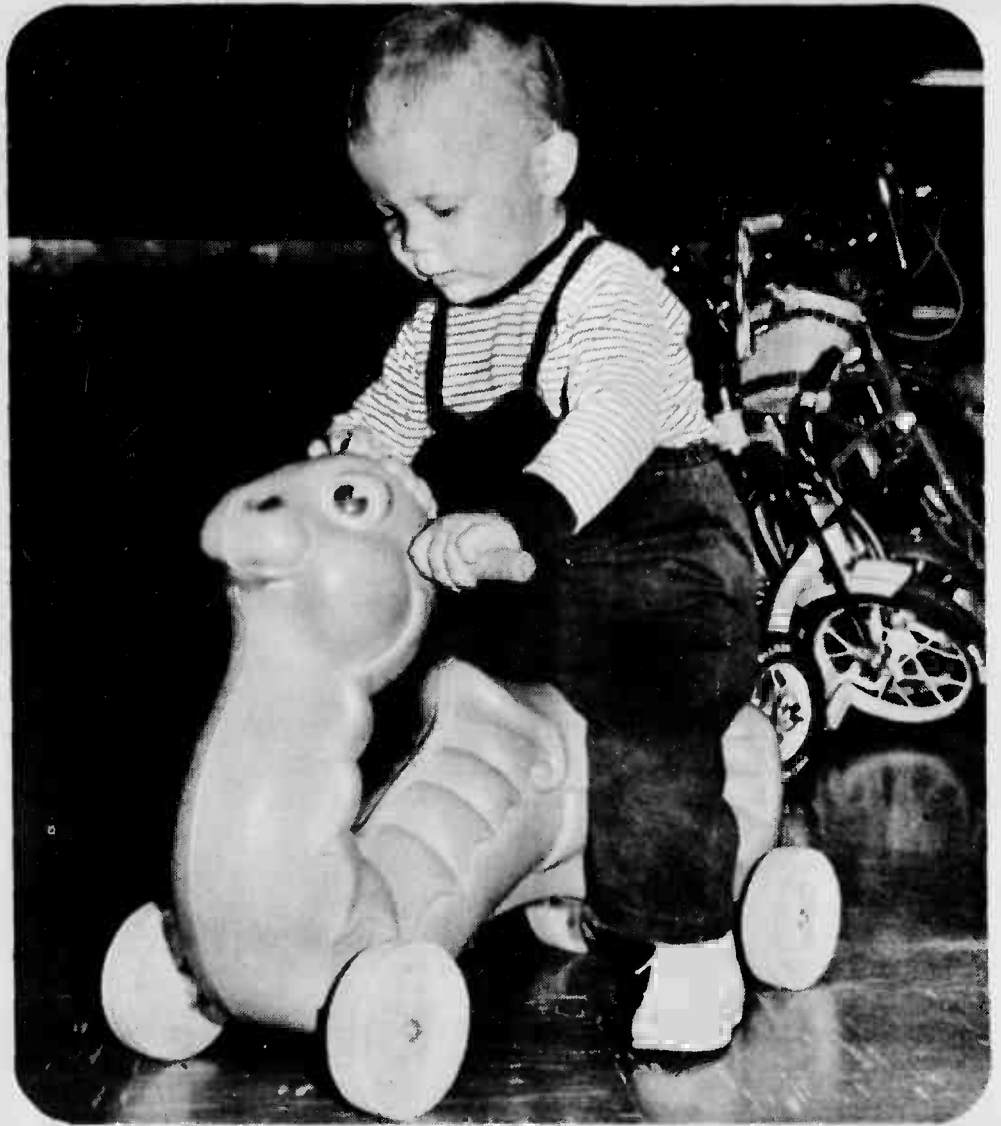
Today, there are 25 Marine Exchanges in operation serving Marines and their families on the mainland and overseas.

Story by

Lance Corporal Bob McManus

Photos by

Lance Corporal Ed Buchanan



YA' MEAN HE'S THE INDY-500 DONAHUE??? — No, at least not yet. He's Kenny Donahue, 16-month-old son of Gunnery Sergeant Bill Donahue of Marine Fighter Attack Squadron (VMFA)-122. While Mom shops, Kenny "worms" his way through the toy department of the Marine Corps Exchange. During the Christmas season, the Exchange operates a separate Toyland building, providing Santa more room to stock dreams 'n' things.



HOLD YOUR TONGUE! — Sometimes it takes a little something more than brute force when a car won't cooperate with its mechanic, but Jerry Cirigliano, K-Bay Service Station attendant, makes an effort to hold his tongue while applying mallet to muffler. For convenience of its customers, the Exchange recently installed a "self-service" lane at the K-Bay station.



ONE DAY AND A WAKE-UP? — Even if you're not shipping home soon, it doesn't hurt to be ready — that's the advice of Sergeant Joe Blackford of Shore Party. Whatever your baggage needs, everything from overnight cases to trunks can be found at the Marine Corps Exchange.



SPRING FASHIONS — Sherry Weathersby, daughter of Staff Sergeant and Mrs. John Maenche, Provost Marshal's Office, is pleased with her selection from the Women's Wear Department at the K-Bay Marine Corps Exchange.



BUG OFF FOR THE WEEKEND — Corporal Jim Branch (left) and Private First Class Mike Bridger, both reservists from Salem, Ore., and members of the 6th Engineers Bn., here for two-weeks training, check out the prospects of renting a VW Bug for a weekend of sightseeing on Oahu. The car rental office, located next to the seven-day Country Store, is another service provided by the Marine Corps Exchange.



SERVICE WITH A SMILE — Debby Freeman of the Men's Wear Department, is ready with helpful hints and a friendly smile, yet Sergeant J.P. Cox, D Company, 3d AMTRACS Bn., just can't seem to make up his mind; how come, Sarge?

You're Not the Only One

Even Jets Have to Stand Rigid Inspections



WIPING OUT FOD—Sergeant Fay A. Risinger, plane captain, checks for 'foreign object damage' during a pre-flight inspection of the massive intakes of this F-4J Phantom. (photo by LCpl. Ed Buchanan)

by L.Cpl. Greg Gerding

K-BAY — A plane captain? That must be the guy in the pilot's seat, right? Wrong.

A plane captain is one of a number of operational specialists, maintenance men and other technicians who play a major role in keeping the planes flying.

One of these men is Sergeant Fay A. Risinger Jr., one of 10 plane captains with Marine Fighter Attack Squadron (VMFA)-235.

TRAINING

Sgt. Risinger, of Albuquerque, N.M., enlisted in the Corps with an aviation guarantee three years ago. After completing boot camp he was sent to the Basic Aircraft Fundamentals School in Memphis, Tenn. There for seven months, he trained in the various occupational skills of a plane captain.

"The school's main purpose," according to Sgt. Risinger, "was to give the individual a basic understanding of all the working parts of jet aircraft, from the air frame to the cockpit."

Upon completing basic schooling, he was transferred to Marine Corps Air Station, El Toro (Santa Ana), Calif. After five months of on the job training there, he was ordered to K-Bay in November, 1970.

The plane captains of VMFA-235 are part of the ground crew responsible for keeping the "Death Angels" in the air, checking and re-checking conditions which might possibly ground the aircraft.

PRE-FLIGHT INSPECTION

Before every flight, plane captains conduct a thorough pre-flight inspection, checking hydraulic and air pressure systems for prior flight damage and insuring that cockpit equipment is in order. A visual check is given to the drag chute before final re-packing by the plane captain. Tires are also checked for excessive wear and proper air pressure.



TWO HEADS ARE BETTER THAN ONE — As part of the pre-flight inspection, which is required by both the pilot and plane captain, First Lieutenant Wayne A. Stanley and Sergeant Fay Risinger give the landing gear the "once over" prior to take-off. (photo by LCpl. Ed Buchanan)

Once the plane captain has strapped the pilot into the cockpit, he hooks up the auxiliary electrical systems and the air pressure to start the engines.

While the engines are running, the operational pre-flight check begins. In this stage, the flaps, stabilizer and speed breaks are checked. When all systems are go, the plane captain signals the pilot and the aircraft leaves the flight line and taxis down the runway for the take-off.

ONE MORE CHECK

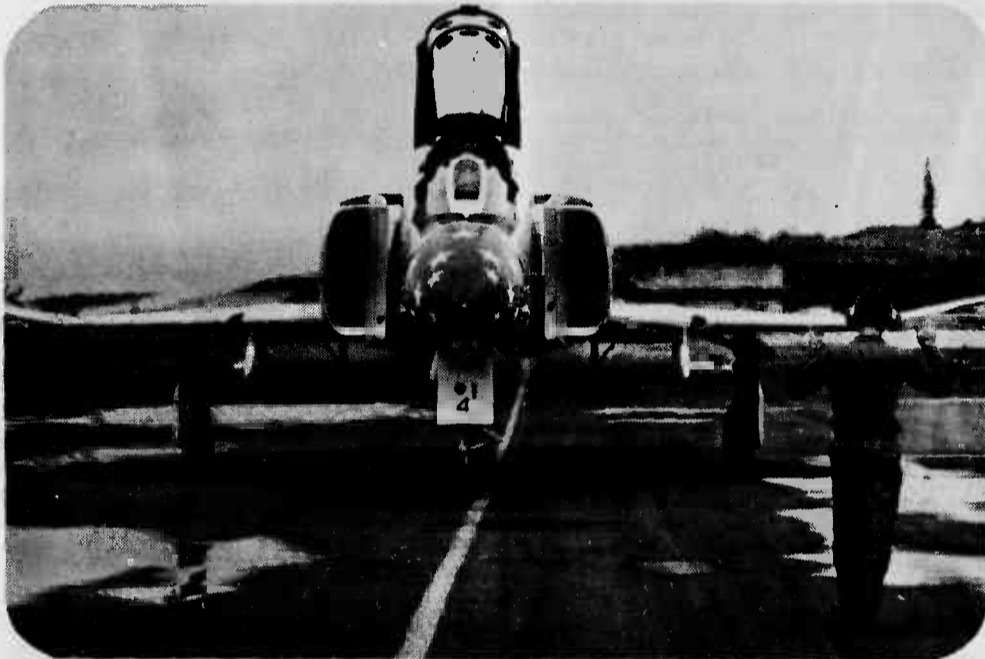
After completing its mission, the jet is met by the plane captain before it reaches the refueling pit. "Here we

check the tire temperatures and wrap the drag chute around the missile pylon under the wing," said Sgt. Risinger. Once checked out and refueled, the plane is returned to the flight line, ready for the next mission.

Now working five and a half days a week, the plane captains of 235 divide their work load into two shifts. "Whatever the flight schedule, that's our work schedule," said Sgt. Risinger. "Working the long hours doesn't bother me," he added. "You get something more rewarding than just knowing you have done your job. "Being a plane captain," according to Sgt. Risinger, "is a profession that continually teaches new things and it gets more interesting every day."



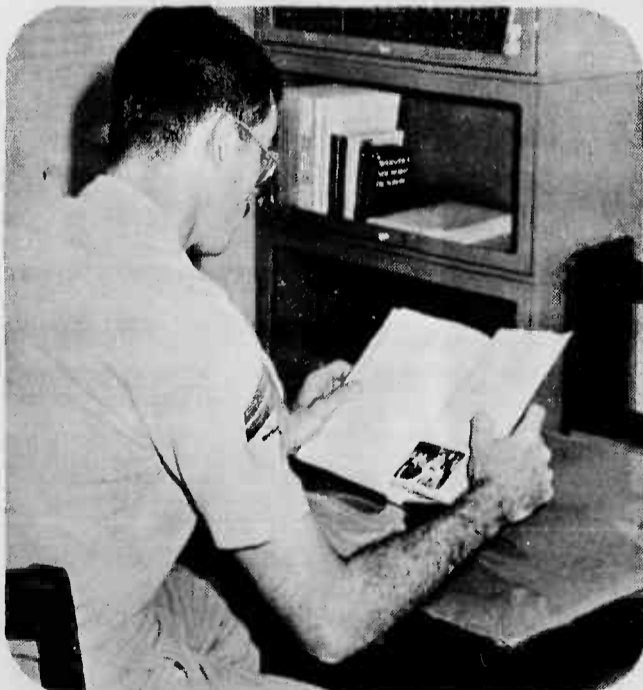
STRAPPING IN — After Sergeant Fay Risinger has checked the aircraft from nose to tail, it is then his responsibility to insure the pilot, First Lieutenant Leonard J. Bicko, is strapped in properly. (photo by Sgt. Rick Saylor)



INSPECTIONS CONTINUE — Once the pilot has completed his mission, the aircraft must go through one more inspection by the plane captain. Sgt. Fay Risinger checks for "hot" brakes on an F-4J Phantom. (photo by LCpl. Ed Buchanan)



PACKING — Sgt. Fay Risinger (inset) untangles the suspension lines of the drag chute and gives it a visual check for any damage before packing it. The chute is used to slow the aircraft down when landing. (photo by Sgt. Rick Saylor)



NEW LIBRARY — Corporal Gary D. Lockhart, a member of Headquarters and Service Company 2nd Battalion, 3d Marines, takes advantage of his unit's new library, which was established by Sergeant R.A. Hartman, unit education NCO, to provide educational information, and a place to relax and write letters for men in the company. To get the library started, Golier Interstate Incorporated, a book firm in Honolulu, donated a set of Encyclopedia Americana. Hartman said Golier also plans to donate several kinds of language books. Future plans also call for a tape recorder with study tapes. To expand the library, Hartman will accept any unneeded books. He can be contacted at 257-2439. (photo by Cpl. Mike Lane)

Officers Offered Chance To Attend Law School

WASHINGTON, D.C. — Marine officers desiring to attend law school on a full time basis may apply through the Corps' Excess Leave Program (LAW).

Upon successful completion of their studies and bar examination, the lawyers attend the Military Justice (Lawyer) Course at the U.S. Naval Justice School, Newport, R.I., for eight weeks. The graduates are then certified as Judge Advocates, MOS 4402, and assigned to legal duties.

The officers are authorized excess leave for about three years for a basic law degree, or four years for the combined law degree and master of business administration program.

During periods of scheduled classwork and examinations, they receive no pay and allowances, and must pay all tuition, fees, books, and other expenses.

Among basic requirements, applicants must possess a baccalaureate degree (BS or BA) from an accredited college or university, and have a minimum of two years but not more than eight years of commissioned service as of June 30 in the fiscal year they apply.

Only unrestricted officers in the Regular Marine Corps or Marine Corps Reserve, other than temporary officers, in the grade of first lieutenant or captain, may apply. A Reserve officer on inactive duty must have completed officers basic training.

Detailed information can be found in Marine Corps Order 1050.14B.

A student will be assigned to a permanent duty station either nearest to the law school which he will attend, or nearest to his anticipated home, at his option. The officer remains on active duty and is under the administrative control of his respective permanent duty station.

At any time during the school year, if a student has no scheduled examination or class for at least two days, his excess leave may be interrupted temporarily at his request, and he will be ordered to his permanent duty station with pay. This applies too during holiday vacations. At the student's request, and if his services may be of use at his permanent duty station, his commanding officer is authorized to issue "continuing orders to pay status assignments. This allows him to work at his duty station, with pay, on weekends.

During the law school summer vacation, the student must perform duties usually at his permanent duty station, or a major court martial (general) command.

Hawaii's Best Will Entertain At Benefit Show

OAHU — The best investment of your entertainment dollars could very well be a \$4 ticket to the 2nd Annual Evening with Hawaii's Best, a benefit show to be held in the Coral Ballroom of the Hilton Hawaiian Village from 6:30 to 11:30 p.m., March 19.

Proceeds from the event, sponsored by Hawaii Sportsmen's Club, will go to recreational programs for underprivileged children.

Entertainment includes: Don Ho, Al Harrington, Danny Kaleikini, Hui O Hana, Zulu, Tony Keliipio, The Surfers, Kent Bowman, Gabby Pahinui and Emma Veary.

Tickets are on sale at the Hale Makai Hotel in Honolulu, and for information call 947-3777.



HELPING HAND—Mrs. Jean Denno, president of the Camp Smith Staff NCO Wives Club, and Mr. Patrick Bruhn, Volunteer Service Coordinator of the Waiananai Training School and Hospital hold the check which bought this wheelchair for a little girl. The girl, who has been at the school for the past 10 years, has a congenital brain defect and has not had the opportunity to experience many things because of it. The wheelchair that the club donated was specifically built for the girl and will give her greater mobility and the opportunity to experience many of the things she has been unable to. (photo by Sgt. Roger Dotson)