



THE

official newsletter of the 124th Fighter Wing

BEACON

Desert Rats

CST-Refresher Course

124th Fighter Wing Flyers renew their combat survival skills

Joint Helo Training

Med Group hands on with Medivac

124th Medical Group specialists certified by Army Nat. Guard medical transporters

"Rucking Robie"

America's Toughest Half with a pack

124th Security Forces NCO carries a ruck to raise funds for wounded warriors

Outreach

Congressional Staffers visit

and join Idaho Air Guardsman in the field

Idaho Air National Guard hosts

General Mark Welsh III

The USAF Chief of Staff

Air National Guard photo by Master Sgt. Becky Vanshur

Gen. Mark A. Welsh, III, became the first Air Force Chief of Staff to visit Gowen Field.

Sweet—you might be in this Beacon!

Tech. Sgt. Sarah Pokorney, Editor,
124th Fighter Wing Public Affairs

You may notice that the Beacon publication is a bit larger than usual so there's a good chance you're featured somewhere in these pages because, let's face it, we've had a lot going on around here lately. You've probably also seen that the Beacon has changed a lot as we have gone to the digital-only version which means we aren't limited by all of those pesky printing limitations like the number of pages, print margins and many others. So now that we've been freed by the information age we are very excited to have people like you, with feet, eyes, and ears on the ground, where all of the exciting and newsworthy events are taking place.

We depend on you for news leads but more importantly, we want your articles, photos and even videos so that we can feature them in the *Beacon*, *Beacon Online*, *124th Fighter Wing web page*, and our social media outlets including *Facebook*, *Twitter*, and now *Instagram*. I encourage you to click on these links to see all of the up-to-date relevant information we blast out to cyberspace and you'll see that it's all about YOU and the things you do as a guardsman.

To submit your articles, photos and news tips, email us at Idaho.ang.mil@gmail.com.

The Beacon is designed and published the week prior to UTA weekend so we must receive your materials by the Monday prior to the UTA weekend. We'll feature your submissions we receive after that time in the following month's publications. Got questions? Call 208-422-5358

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Fighter Wing
2nd Place:
Outstanding Blog, The
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3rd place:
Best Home Page
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USAF 2013
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The Beacon—Idaho ANG

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Lt. Col. Gary A. Daniel
PUBLIC AFFAIRS NCOIC
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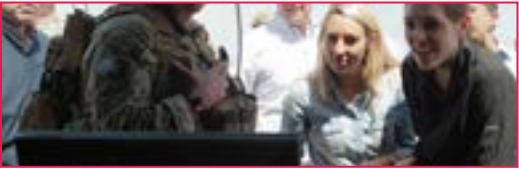
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THE BEACON
"First Class or Not at All"



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THE BEACON
Official Newsletter/Magazine of the Idaho Air National Guard

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Air Force Chief of Staff Visits Gowen

USAF Chief of Staff meets with Idaho ANG Airmen

Gen. Mark A. Welsh, III became the first Air Force Chief of Staff to visit Gowen Field. He discussed the future of the A-10 and of the Idaho Air National Guard.

By Senior Airman Cassie Morlock, 124th Fighter Wing Public Affairs

BOISE, Idaho--U.S. Air Force Chief of Staff Gen. Mark Welsh and his wife Betty touched down into the City of Trees Friday early afternoon to speak with nearly 900 Airmen of the 124th Fighter Wing, Gowen Field, Idaho. He arrived here after spending the past day and a half at Mountain Home AFB.

"We were pleased to welcome General Welsh to Gowen Field to visit with our Air National Guard personnel, tour our world-class facility and speak with elected leaders," said Maj. Gen. Gary L. Sayler, Idaho Adjutant General.

Airmen from the Idaho Air National Guard briefed Gen. Welsh on the current status of the Guard and how it accomplishes its current federal and state missions.

Gen. Welsh then took the stage in an aircraft hangar flanked by two of the unit's A-10 Thunderbolt II aircraft. He began by describing a few key components that help make the Air Force successful: pride, communication, and caring more. "Everybody in this room has a story. It's a remarkable story. Some of them are inspirational. Some of them are a little sad. But each one is unique. I would encourage you to learn the stories."

Air National Guard photo by Tech. Sgt. Joshua Allmaras

He addressed the fiscal constraints on future Air Force operations and on the airmen who perform them.

At the conclusion of his speech, he opened the floor to questions. Tech. Sgt. Michelle Thompson asked about the likelihood of members from the 124th Fighter Wing and the 366th Fighter Wing at Mountain Home Air Force Base ‘associating’ their units in efforts to assist budget cuts. Gen. Welsh believes that there is room for discussion, and now planners must look to the best way of doing it.

Gen. Welsh was born

“Let me say thank you, to you for no-kidding standing up to that image of the minuteman, which is probably the longest lived and proudest symbol of America, so thanks for what you do.” --General Mark A. Welsh III



Gen. Mark A. Welsh, III, discussed the future of the A-10 and his philosophy of leadership in early May 2014 with members of the Idaho Air National Guard.

“One of the cool things about walking into a guard unit is, you see people who have been proud of wearing this uniform for a long time.” --General Mark A. Welsh III

in San Antonio, Texas and is a graduate of the U.S. Air Force Academy and entered the Air Force in 1976. He currently serves as the Air Force’s Senior Uniformed Officer accountable for over 690,000 active duty, guard, reserve and civilian members that are currently serving both stateside and overseas. He has flown numerous aircraft; including the A-10—flown by the Idaho Air National Guard, with over 3,300 hours of flight.

Why did Gen. Welsh visit?

Air Force Chief of Staff Mark visited the 124th Fighter Wing at Gowen Field as part of a swing through some western states. After discussing the mission of the 366th Fighter Wing with active duty airmen at Mountain Air Force Base, Gen. Welsh traveled directly to Gowen Field via an Idaho National Guard Helicopter.



Air Force Chief of Staff Gen. Mark A. Welsh III, and 124th Wing Commander Col. Sherrie McCandless, discussed the missions and people who perform them with numerous Idaho Air Guardsmen who spoke about their specialties.

Air National Guard photo by Master Sgt. Becky Vanshur



Idaho Adjutant General Gary Saylor and Idaho Governor Butch Otter confer before the arrival of Gen. Welsh. All details of these photos included at <https://flic.kr/s/aHsjXo7c72>

official newsletter of the Idaho ANG



Air National Guard photo by Airman 1st Class Skyla Child

Congressional Staffers walk in the shoes of Guardsmen

By Lt. Col. Britt Vanshur
Commander, 212th Command and Control Squadron
Special to the Beacon

Staffers from all four of Idaho’s congressional delegations (Senator’s Crapo and Risch, Representatives Simpson and Labrador) visited Gowen Field in early May, to meet with airmen and soldiers of the Idaho National Guard to hear concerns from airmen and soldiers about the potential loss of A-10 and AH-64 aircraft.

The congressional aides first met with Idaho National Guard senior staff followed by a town-hall meeting with 40 airmen and soldiers. They toured Gowen Field and then rode aboard a UH-60 Blackhawk to the new Idaho Army National Guard facilities at the Orchard Combat Training Center where they witnessed a training city scenario and walked through the new barracks and dining facility. They continued on to the Saylor Creek complex to meet with the 124th Air Support Operations Squadron and view first-hand a four-ship A-10 Thunderbolt II strike on simulated enemy targets. Upon their return to Gowen Field, they received an in-depth debrief of the mission from the participating A-10 pilots of the 190th Fighter Squadron.

The staffers were equally concerned about all thoughts and opinions, from our senior Idaho National Guard leadership down to the lowest ranking airmen and soldiers, with the intent to share the information to our Idaho congressional delegation.



Master Sgt. Mark Andrews, Chief Weapons and Tactics, 124th Air Support Operations Squadron, briefs the Idaho congressional delegation on the capabilities of the 124th Air Support Operations Squadron and the role that the A-10 Thunderbolt II Warthogs play in providing close air support (CAS)

Air National Guard photos by Tech. Sgt. Joshua Allmaras



Senior Airman Luke W. Nelson, Radio Operator Maintainer and Driver, 124th Air Support Operations Squadron, prepares the radios in the High Mobility Multipurpose Wheeled Vehicle (HMMWV) prior to the arrival of the Idaho congressional delegation at the Saylor Creek Bombing Range in Idaho on May 3, 2014. The delegation was given a first-hand look at the role of the A-10 Thunderbolt II as a close air support (CAS) asset.



Members of the Idaho congressional delegation watch a CAS demonstration.



Master Sgt. Brendan Y. McDonald, Joint Terminal Attack Controller, and Senior Airman Luke W. Nelson, Radio Operator Maintainer and Driver, 124th Air Support Operations Squadron, direct A-10's to their targets.



The Idaho congressional delegation departs the Saylor Creek Bombing Range on a UH-60 Blackhawk from the Idaho Army National Guard.

SFS Flight Chief lifts crowd spirits at Robie

By Lt. Col. Gary A. Daniel
124th Fighter Wing Public Affairs

The most cheers before, during, and after the annual 13.1 mile Race to Robie Creek in Boise, Idaho may not have gone to the winner this year. They may have gone to Idaho Air Guardsman Master Sgt. James Lambrecht.

Lambrecht, a 124th Security Forces Squadron flight chief, ran the entire race carrying a 35-pound ruck sack while raising money for the Wounded Warriors Project, a nationally recognized organization that remembers and empowers wounded veterans.

"It was delightful to interact with people throughout that just wanted to say thank you for your service or tell me about family members or friends that have served that have been

injured," said Lambrecht. "I truly can't recall the last time I high fived, knuckle bumped and shook hands to so many strangers in a three hour period."

Despite minor injuries to his calf adjusting to the increased weight he carried, Lambrecht achieved his desired race time.

He credits his wife of 21 years, Jodi, for much of this, "she constantly wiped the sweat from eyes and would run ahead to get our water bottle filled while constantly giving words of encouragement."

They have run numerous races together--including marathons.

As he continues to raise funds for the Wounded Warrior Project, Lambrecht provided great perspective for everyone involved.

"In life we all will fall as individuals, but as a team the ones still standing will make us all rise," he said.



"In life we all will fall as individuals, but as a team the ones still standing will make us all rise."





“Shedding light on Idaho’s military history”

Idaho Military Museum
4692 W. Harvard St.,
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Idaho’s Military Museum is back in business!



Join us on Saturday, June 7
at 11 a.m. for a ribbon-cutting
ceremony to mark our official
reopening (We will be open to the
public from 10 a.m. to 4 p.m.).

Visit our displays of armored
vehicles, combat aircraft,
uniforms, weapons, equipment
and more from 160 years of
military history.

Mark C. Page is new IG Inspections Superintendent

The 124th Fighter Wing would like to introduce Master Sgt. Mark C. Page as the new Inspector General Wing Inspections Superintendent. Page is formerly the NCOIC of munitions storage. He comes to his new position with a strong accountability background. His expertise was critical in bring up the Combat Ammunition System (CAS) when it was new. He was the MICT manager for the munitions storage area. Along with being a member of the LCAP team for the ANG, he has participated in numerous TDY’s such as Green Flag, Jaded Thunder, Snowbird, and many more. He has participated in multiple deployments to location such as: Sheik Isa AB in Bahrain, Saudi Arabia, Al Jaber, Tra-pani and many more. He has the ability to work with wing members and strong desire to start the new Inspection Program from the ground up.



CHAPLAIN’S CHALLENGE TRIATHLON

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LUCKY PEAK SANDY POINT PARK
13 SEPTEMBER 2014



.43m SWIM
14m BIKE
3.1m RUN

COST:

Team Registration **\$90** (Early) or **\$100** (After 1 AUG 2014)
Individual Registration **\$35** (Early) or **\$45** (After 1 AUG 2014)

TEAM RWB (Red White and Blue) :

A National Organization whose mission is to
keep veterans connected to the
community through physical
activities.



CONTACT INFO: Matt Henman (208) 608-4825 • matt.henman@teamrwb.org • web: www.teamrwb.org

Idaho’s airman qualifies for the “Combatives” team

The Idaho National Guard completed a breakthrough performance in Mixed Marshall Arts at the Northwest Submission Challenge. Tech. Sgt. Mathew Quinlan, the only Idaho Air National Guard member to qualify for the “Combatives” team, took second place in his division.



Quinlan’s background

- Completed Adler & Associates International Instructor Course 21 May 2004.
- Graduated from Modern Army Combatives Program (MACP) Level I (40 hours) on 26 June 2013. Earned the class title of “Tournament Champion” as the lightest fighter in a non-weight-class competition.
- Completed MACP Level II (80 hours) on 20 December 2013. Again earned the class title of “Tournament Champion.”
- Marine Corps Martial Arts Program (MCMAP) Black Belt on 19 April 2014
- Trained and fought in Mixed Martial Arts since 2007 with Sidekicks MMA.
- Developed the first ever IDANG Defensive Tactics Program.
- Currently owns a business specializing in tactical weapons use and combatives training, True Tactics LLC. Formatted: Not Superscript/ Subscript LLC.” Within the scope of the business, he also instructs/coaches MMA fighters representing True Tactics.

By Senior Airman Cassidy Morlock
124th Fighter Wing Public Affairs

The Idaho National Guard completed a breakthrough performance in Mixed Marshall Arts at the Northwest Submission Challenge. Tech. Sgt. Mathew Quinlan, the only Idaho Air National Guard member to qualify for the “Combatives” team, took second place in his division.

Athletes traveled from surrounding states to compete in the “all out” submission tournament. Quinlan was personally invited onto the team after attending the Modern Army Combatives Program (MACP) Level I and Level II instructor courses. The



Quinlan also developed the IDANG’s very first combatives program. When the “dust settled,” TSgt Quinlan took second place in his division at the Northwest Submission Challenge, winning the silver medal. The team as a whole performed at an impressive level and earned 3 gold, 2 silver, and 2 bronze medals, proudly representing the Idaho National Guard!



One team, one fight

By Tech. Sgt. Joshua Allmaras
124th Fighter Wing Public Affairs
Air National Guard photos by Senior Airman David Anderson



124th Medical Group (MDG) specialists integrated their strengths with Army National Guard medical evacuation subject matter experts by training with Idaho Army National Guard Detachment 1, Company D, 1-112 Security and Support Battalion.

This ‘One team, one fight’ joint training venture (during the May 2014 unit training assembly) allowed members from both the Air and Army Guard to learn how operate effectively and efficiently together.

Detachment 1 operates the Eurocopter UH-72A Lakota. This airframe provides the state of Idaho with medical evacuation and hoisting capabilities. This is an essential function of the National Guard in supporting the state during a disaster. The Lakotas at Gowen Field are equipped with a hoist, room for two stretchers, and one Army medic. This allows them flexibility in conducting their medical evacuation mission.

All members from the MDG were able to participate in the training evolution according to Chief Master Sgt. Jerrod Taylor, 124th MDG Superintendent.

“The training was extremely valuable for all of our members. This isn’t doc/medic centric training. This training utilizes all of our personnel resources.

“The opportunity for a medical admin or dental tech to get out and participate in this type of training is what really helps them buy into our mission and lets them know that they are needed beyond just our routine clinical PHA

driven UTA,” Taylor said.

Working with other branches of the Guard can poise its own hazards. Each branch has its own rules and regulations. They also have their own language, which can be a barrier to any joint mission. By conducting the training in a controlled environment both the Air and Army Guard can iron out some of these issues.

Taylor said, “If a disaster hits Idaho or our region we will be working very closely with the Army. We each bring skill sets and especially personnel assets that support the response capability.”

Not only does this joint training allow for ironing out the communication aspect of a medical emergency response, it exposes members to the loud and nerve racking environment of working around a helicopter.

This realistic training will better prepare the Guardsmen for a medical emergency response. Staff Sgt. Vernon Mullins, 124th MDG Immunizations NCOIC, said, “This training provided opportunities to understand safe and proper patient loading techniques along with safety in approaching helos and proper hand signals/communication methods when approaching a loud operational aircraft.”

This isn’t the last time that this type of training will occur. “This is just the beginning, there are future exercises planned with our Army counterparts,” said Taylor. “Being a Guardsman, whether for the Army or Air Guard we are in this together. We can only accomplish our job if we embrace the concept of “one team, one fight.”

I am an American Airman: Wingman, leader, warrior

A sneak-peek into the new NCO Enrichment Course

Thirty noncommissioned officers, nominated by their commanders and chiefs, spent a week getting hands-on experience in effective leadership techniques, improving the communication process and conducting a self-assessment at the NCO Enrichment course at Gowen Field in Boise, Idaho May 12-16.

Airman's Creed

Each morning of class the students started their day by enthusiastically reciting the Airman's Creed:

I am an American Airman.
I am a warrior.
I have answered my nation's call.
I am an American Airman.
My mission is to fly, fight, and win.
I am faithful to a proud heritage,
A tradition of honor,
And a legacy of valor.
I am an American Airman,
Guardian of freedom and justice,
My nation's sword and shield,
Its sentry and avenger.
I defend my country with my life.
I am an American Airman:
Wingman, leader, warrior.
I will never leave an Airman behind,
I will never falter,
And I WILL NOT FAIL!

Chief Master Sgt. Rob Lyons, Joint Forces Professional Development, said, "It's not uncommon for Airmen to have as many as ten years between Airman Leadership School and their Noncommissioned Officer Academy—yes, ten years! This course is intended to fill that gap and give NCOs the skills they need to be effective leaders and communicators."

Chief Master Sgt. Rob Lyons, and Chief Master Sgt. James McMonigal, 124th Air Support Operations Squadron lead the class with the support of Master Sgt. Sarah Pippit, IFTU and Master Sgt. Katharine McCloud, 212th First Sgt. Command and Control Squadron. The four major themes of the course were: self, others, tools and writing—which built upon one another as the course progressed. The course started with a focus on self, which involved leadership, self-reflection, and a self-assessment of strengths and motivations.

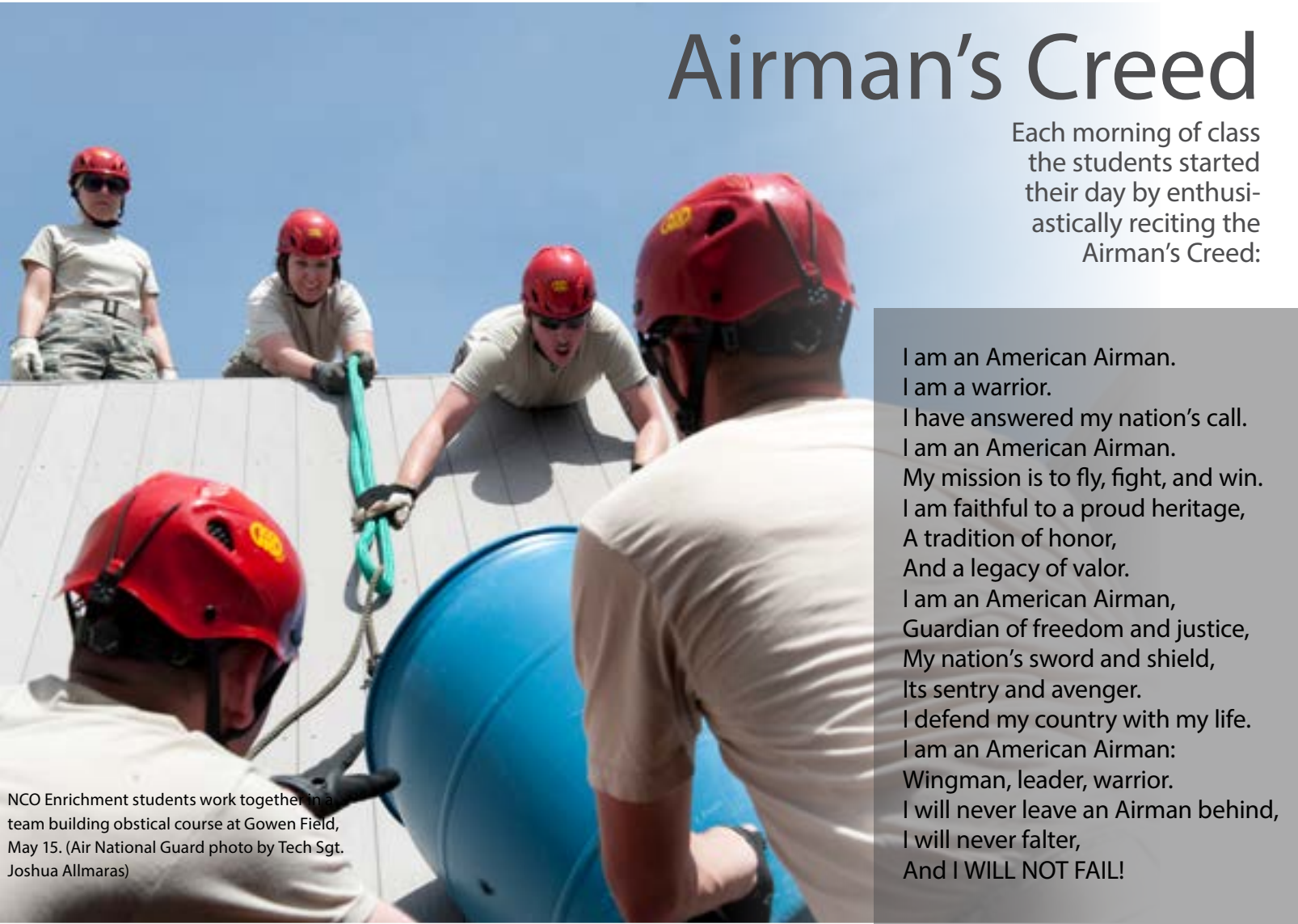
Col. Sherrie McCandless, Commander of the 124th Fighter Wing, shared her recommendations with the students on the topic of "self." "Take this opportunity to learn something about yourself," she said, "because you are not the same person you were when you joined, and you won't be the same person you are now, in the future."

The course also covered performance counseling, effective leadership, bullet writing (along with writing awards and EPRs), effective communication, situational leadership, the disciplinary process, mentoring, and incorporated many guest speakers throughout the week. On the final day of class the students learned about 124th Fighter Wing history and enjoyed a Q&A session lunch with a panel of wing leaders.

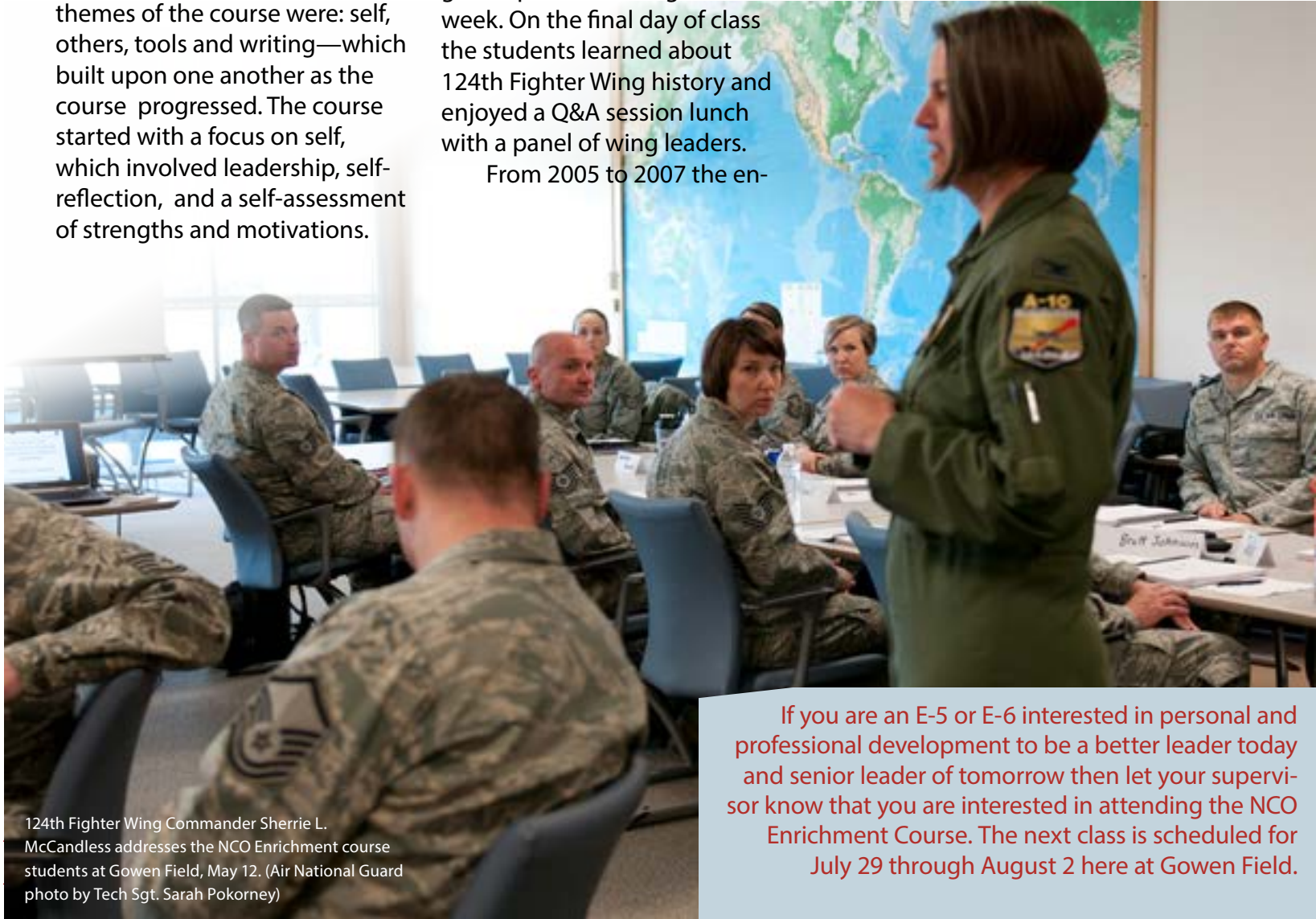
From 2005 to 2007 the en-

richment course was offered only to senior enlisted ranks. Lyons recounted the general sentiment from the earlier course attendees, "They were telling us, 'this is great stuff but we really needed it when we were staffs and techs.'"

This feedback along with more recent demand, from junior NCO ranks, for more leadership training, prompted the Chief's Group to modify the course structure and offer it to junior NCOs. Lyons explained that the Chief's Group plans to offer the course two times each year and have students from many different workcenters in each class which will bring diverse perspectives and insights to prompt engaging class discussions.



NCO Enrichment students work together in a team building obstacle course at Gowen Field, May 15. (Air National Guard photo by Tech Sgt. Joshua Allmaras)



124th Fighter Wing Commander Sherrie L. McCandless addresses the NCO Enrichment course students at Gowen Field, May 12. (Air National Guard photo by Tech Sgt. Sarah Pokorney)

If you are an E-5 or E-6 interested in personal and professional development to be a better leader today and senior leader of tomorrow then let your supervisor know that you are interested in attending the NCO Enrichment Course. The next class is scheduled for July 29 through August 2 here at Gowen Field.



MASTER & SENIOR MASTER SERGEANTS:
Yes! You could spend a week in the UK learning about leadership, foreign military operations, culture

Just one Idaho senior enlisted airman will be nominated for the International NCO Leadership Development (INLEAD) seminar to learn about other NATO countries' military operations and military culture scheduled for Oct. 4 – Oct. 11 at RAF Halton, United Kingdom. Applications are due August 6.

The Committee on Leadership Development (COLD) of the International Air Reserve Symposium (IARS), will host the Airmans' Command School at RAF Halton to share an array of leader-

ship tools, provide a forum for discussion and exchange of ideas within a multi-cultural environment. Above all, it is to offer an insight into leadership training while enhancing the military experience of all those attending.

This opportunity is open to all Master Sgt. or Senior Master Sgt. Only the number one applicant will be considered. The application packet includes a letter of intent, nomination letter from state command chief, vMPF record, and fitness assessment.

Contact your chief for the full announcement, eligibility and submission process

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COMBINED!

WHO'S AT RISK?

Adults over 65, children under 4, people with existing medical problems such as heart disease, and people without access to air conditioning

WHAT CAN YOU DO?

STAY COOL

- Find an air-conditioned shelter
- Avoid direct sunlight
- Wear lightweight, light-colored clothing
- Take cool showers or baths
- Do not rely on a fan as your primary cooling device

STAY HYDRATED

- Drink more water than usual
- Don't wait until you're thirsty to drink more fluids
- Avoid alcohol or liquids containing high amounts of sugar
- Remind others to drink enough water

STAY INFORMED

- Check local news for extreme heat alerts and safety tips
- Learn the symptoms of heat illness

LEARN MORE!

Visit CDC's Environmental Public Health Tracking Network to learn more about climate change and extreme heat at www.cdc.gov/ephtracking

Smokey Bear, ISP 'beer goggle' course, rescued raptors—all part of the 2014 Safety, Wellness, and Environmental Fair



Senior Master Sgt. Brian Hobbs, 124th Fighter Wing Weapons Safety NCO, gets a relaxing massage from Arie Bates of Restore Massage Therapy. (Air National Guard photo by Tech Sgt. Sarah Pokorney)

The Safety, Wellness and Environmental Fair at Gowen Field, June 5 gave attendees a chance to learn about overall wellbeing and environmental protection at work and home as an extension of the Wingman Day concept. The biennial event hosted by the Idaho National Guard Safety, Occupational Health and Environmental team hosted nearly 80 vendors offering practical safety and environmental tips for work and fun, wellness screenings,

mammograms, massages and more. Community partners like the Idaho State Police, U.S. Forest Service, and many other vendors offered information and activities while the Chief's Group grilled up lunch for kids and adults.

More photos and details coming in the July Beacon

Download photos at www.flickr.com search "Idaho Air National Guard"

SUMMER SAFETY TIPS
FOR OUTDOOR RECREATION
101 CRITICAL DAYS OF SUMMER

- It only takes 60 seconds for an adult to drown, and 20 seconds for a child to drown
- Lifejacket: It only works if you wear it!
- 1 out of 2 water recreation deaths of teens and adults involves the use of alcohol
- Grills are involved in an average of 8,600 home fires every year
- A good wingman doesn't allow friends to drive impaired or drink excessively



MAY - SEPTEMBER 2014

Updating Your Education Record

Per AFI 36-2305, Educational Classification and Coding Procedure, officer and enlisted personnel are responsible for ensuring the accuracy of their education records annually. Normally, this is performed when members log into Virtual MPF to review their personnel record. However, updating your education record is different depending whether you are an officer or enlisted.

Documentation: Documentation may include official transcripts and/or official letter on institution letterhead stationery signed by the university registrar's office. Please note that transcript fees are not reimbursable by the Air Force.

Officer: Air Force Institute of Technology (AFIT) is responsible for maintaining the

academic records for active duty, guard and reserve officers of the USAF.

In order to obtain an educational level update, an official transcript from the university may be mailed or e-mailed reflecting your degree progress or graduation. E-mails are preferred to be in Adobe Acrobat .pdf format and must be the official transcript. AFIT cannot accept electronic documents from the student.

All mailed correspondence requesting updates to academic level should be addressed to:
AFIT Academic Coding Branch
2950 Hobson Way
Wright-Patterson AFB, Oh 45433-7765
Phone: (937) 255-6565, x4324; DSN 785-6565, x4324
E-mail: afit.coding@afit.edu

Enlisted: It is the Airman's responsibility to contact the issuing institution(s) for

update and/or correction of military records. Transcripts/documentation must be mailed or sent electronically from the issuing institution directly to the Base Education and Training Section (ETS). The ETS will accomplish education level update into AFAEMS/MilPDS and input source documents into AFAEMS for audit purposes.

All mailed correspondence requesting updates to academic level should be addressed to:
124 FSS/FSD
4474 S. DeHaviland St., Bldg 411
Boise, ID 83705
Phone: (208) 422-5370/5371
Email: 124fw.fsm.betm@ang.af.mil

This information is vitally important for a number of reasons. First, the educational data collected helps senior military and civilian leaders

determine the need for current and future state educational assistance. Second, a CCAF is required to make E8 and E9. Third, current and updated data allows leadership a clear picture on its educated force when comparing active and reserve statistics for leadership objectives.

Effective July 1, 2014, the Servicemembers' Group Life Insurance program will adjust the SGLI monthly premium rate from 6.5 cents to 7 cents per \$1,000 of insurance. This means, for example, a premium increase from \$26 to \$28 a month for Servicemembers with the maximum \$400,000 of life insurance. All Servicemembers will continue to pay an additional \$1 for Traumatic Injury Protection coverage. Please visit www.benefits.va.gov/insurance to view a table of the new rates for all coverage amounts and learn more about the premium change. They offer a very easy-to-follow SGLI premium change fact sheet at: http://www.benefits.va.gov/INSURANCE/docs/SGLI_Premium_Change.pdf



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Date: Aug 18th
Show time 7:00
Shotgun start @ 8:00
Pre-register by: June 30th

RETIREEES and Guard affiliated
Family members welcome.

Entry fees:
• \$55.00 per player or
• \$220. 00 per four person team

POC CMSgt Bryan "BUZZ" Littrell
W: 422-5314
Cell: 208-871-0807
E-Mail. Bryan.littrell@ang.af.mil

124TH FW
CHIEFS GOLF SCRAMBLE



Sponsored by: 124th Chiefs Group



Guys and Gals

Longest Drive

Closest to the Pin

1st Place Traveling Trophy
for Bragging Rights

TEAM NAME _____

Team Captain #1 _____

PLAYER # 2 _____

PLAYER # 3 _____

PLAYER # 4 _____

Complete and detach this portion with your Payment for Registration:

Team
Southern



vs.



Team
Aloha

BBQ flavors of Team Southern favored by 2014 Iron Chef Judges

By Master Sgt. Scott Ross
124th Force Support Squadron
Special to The Beacon

Iron Chef 2014 | Gowen Field | Boise, Idaho

The down home personality and mouth watering menu of Team Southern won a close Iron Chef competition over Team Aloha in the sixth annual exhibition of “combat by spatula” at the Gowen Field Dining Facility during April UTA.

The 124th Force Support Squadron would like to congratulate Team Southern for winning the 6th Annual Iron Chef Competition. Their cuisine proved to be delicious from their main entrees – a BBQ Pulled Pork Sandwich and Southern Fried Fish--to their side dish selections, a savory Macaroni and Cheese and Dirty (but tasty) Rice.

Additionally, they offered desserts such as warm Apple Pie made to perfection and Bread Pudding.

Team Southern executed that “down home” personality in every bite receiving multiple compliments from 124 Fighter Wing members who came out to experience a little Southern in Idaho.

Team Hawaiian brought the “Aloha” spirit to the table with their mouth-watering Coconut Chicken and Beef Stir Fry. They also had some awesome

side dishes such as Sweet Potatoes and Hawaiian Corn to give us that full Hawaiian flavor. Their dessert menu rounded out the meal nicely with a few Hawaiian favorites such as the famous Pineapple Upside Down Cake and Banana Cream pudding.

While the judges and customer comment cards demonstrated a high level of positive feedback for both team’s meals it was “combat by spatula” for the two teams. It was ultimately Team Southern who took the win in terms of combining a sense of fun, decorative flair with their laid-back style in presenting flavorful Southern cuisine to the 124th Fighter Wing.

This allowed Team Southern to own the coveted Iron Chef trophy for the

next year and more importantly, have bragging rights as the winners of the 6th Annual Iron Chef Competition. Please stop by and congratulate the Team Southern winners: Senior Airman Misti Cassels, Senior Airman Audenne Valdez, Staff Sgt. Michael Lindsay, and Airman 1st Class Justin Fitzpatrick.



Master Sgt. John Longmuir oversees Senior Airman Laneesha Williams and others from the 124th Force Support Squadron as they prepare Team Southern’s cuisine and Staff Sgt. Marsha Christmas judges the dishes at the Iron Chef competition at Gowen Field, May 3. (Air National Guard photo by Tech Sgt Joshua Allmaras)



INVITE YOUR CIVILIAN EMPLOYER 2014 ANNUAL BOSSLIFT GOWEN FIELD, IDAHO AUGUST 1, 2014 7:00AM-5:15PM

Be a part of the action and see first-hand what National Guardsmen and Reservists do when they are on duty.

Event Highlights:

- Engage enemy targets in weapons simulators, pilot the A10 simulator, and operate various military hardware & equipment
- Lose your lunch during a Blackhawk helicopter orientation flight
- Be part of the military for a day to better understand how “We All Serve”
- Gain insight about what Idaho’s citizen-soldiers do
- Hear about Idaho’s National Guard and Reserve mission and assets
- Show your support for Idaho’s citizen warriors

Come be a “Boss in Boots” for a Day!

Participation is by “invitation only” from the Department of Defense ESGR committee. Nominations are accepted on a first-come, first-served basis. Priority is given to employers of Guard and Reservists, community leaders of civic organizations, company owners and managers.

Attendance is limited to 100 and the selection process begins with your early application.

To be selected early for this VIP event, complete a Nomination Form and mail or scan/email to the Idaho ESGR Bosslift Director:

Dale Schiro

4814 N. Allamar Dr., Boise, ID 83704

Email: idahobosslift@gmail.com

For more information, please contact Karla Draper at (208) 429-9335 or Eddie Clemons at (208) 272-3346

Prepare to Survive

Every three years pilots are required to accomplish combat survival training. On April 6, 2014 airmen from the 124th Operations Support Squadron instructed pilots from the 190th Fighter Squadron on the essentials to surviving. This hands-on training took place at the Orchard Combat Training Center where pilots were able to get their hands dirty and prepare to survive.

Staff Sgt. Erik Falconer, Aircrew Flight Equipment, 124th Operations Support Squadron, instructs pilots from the 190th Fighter Squadron, on what gear they have available to them and how to secure all of the essential gear after ejecting from their aircraft. (Air National Guard photo by Tech. Sgt. Joshua Allmaras)



Left: Master Sgt. Andrew Hansen, Aircrew Flight Equipment, instructs pilots how to effectively start a fire. (Air National Guard photo by Tech. Sgt. Joshua Allmaras)

Below: Pilots instructed by Aircrew Flight Equipment specialists practice lighting off smoke and flare signaling devices (Air National Guard photo by Tech. Sgt. Joshua Allmaras)



Col. Sherrie McCandless, 124th Fighter Wing Commander, Col. Paul Kingsley, 124th Operations Group Commander, and Lt. Col. Shannon Smith, 190th Fighter Squadron Commander, practice their basic land navigation skills in order to get to their next training station. (Air National Guard photo by Senior Airman Cassidy Morlock)



2014 Veteran's Fishing Program

What is the Veteran's Fishing Program?

This is a day dedicated to helping Veterans All you have to do is help one of the veterans find a great fishing spot at the predetermined fishing site, bring some worms, assist them with the fishing tackle (also known as baiting the hook), and enjoy some high-quality conversation with the veterans. If you have some time to volunteer, this is a fantastic program that will contribute to our community and a very thankful Idaho veteran.



The Veterans Home asks for 12 Guard members for each date. Most of the Veterans are in wheelchairs and require a great deal of assistance

2014 Fishing Dates

- May 27th (Tuesday-work day) at Stans
- June 23rd (Down Day) at the hatchery
- July 14th (Down Day) at the hatchery
- August 18th (Down Day) at the hatchery
- September 2nd (Down Day) at Stans

Fishing Dates that are scheduled on a down day are strictly a volunteer day—you cannot be in a military/technician status

The first trip in May will be at Stan's place (private residence) and the rest of the fishing events will be at the Nampa Fish Hatchery. An e-mail with additional information and a volunteer request form will be sent to volunteers. I need everyone's request for May 27th ASAP, preferably by May 4th if at all possible.

Please coordinate with your work center if you want to volunteer for May 27th. While the other dates do fall on Down Days, you will find this experience very rewarding. Everyone that volunteers loves to volunteer year-after-year for this outstanding community service.

Please contact SMSgt Jerod Taylor or SMSgt Steve White to volunteer

Jerod.taylor@ang.af.mil
Steven.white@ang.af.mil
Or call
422-6116 or 422-6744





*“Shedding light on
Idaho’s military history”*

Idaho Military Museum

4692 W. Harvard St.,

Boise, Idaho 83705

(Go south on Orchard Avenue
and follow the brown signs)

208-272-4841

Free admission (all ages)!

Museum hours:

Tuesday through Saturday:

Noon to 4 p.m.

Closed New Years Day,

Thanksgiving Day and

Christmas Day.

Visit the museum at

www.museum.mil.idaho.gov



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Military History

Museum

Idaho’s Military Museum is back in business!



Join us on Saturday, June 7
at 11 a.m. for a ribbon-cutting
ceremony to mark our official
reopening (We will be open to the
public from 10 a.m. to 4 p.m.).

Visit our displays of armored
vehicles, combat aircraft,
uniforms, weapons, equipment
and more from 160 years of
military history.