

ANACONDA TIMES

OCTOBER 18, 2006 PROUDLY SERVING LSA ANACONDA



ON CALL

Exercise keeps first responders ready

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Space A upgrades

NEW CATFISH AIR TERMINAL GETS PATRONS INSIDE, COMFORTABLE

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633,600

the number of inches that more than 1,000 runners endured on three 13th SC(E) bases throughout Iraq during the Army's 10-mile shadow runs

- Page 8



Photo by Spc. KaRonda Fleming
Col. John R. O'Connor (left) and Brig. Gen. Patricia E. McQuiston (right) uncased the colors of the 402nd Army Field Support Brigade on Oct. 7th at LSA Anaconda.

402nd AFSB activated Oct. 7

by Spc. KaRonda Fleming

Anaconda Times Staff Writer

LSA ANACONDA, Iraq – The 402nd Army Field Support Brigade was officially activated during a ceremony Oct. 7.

Previously, the 402nd AFSB was the Army Field Support Brigade-Iraq. There are eight total AFSBs throughout the world, said Command Sgt. Maj. Larry D. Lovell, command sergeant major of the 402nd AFSB.

The 402nd now commands two battalions, seven Logistics Support Elements-Iraq, and approximately 35,000 Army Material Command personnel.

Today, the 402nd AFSB integrates AMC's forward logistics capabilities to equip, sustain, and protect the Soldiers in support of Operation Iraqi Freedom.

"What that means to the troops is that we are going to be stronger, more agile, and more on the battle field with the troops as they need supplies and retrograde refitted," Lovell said.

The brigade serves as a critical link in

see Change, Page 4



Photo by Sgt. 1st Class Mark Bell
Servicemembers and civilians begin the LSA Anaconda 10-Miler race on Oct. 8. More than 750 runners participated in the fourth annual event held at the Anaconda. The race was coined a "shadow run" because it mirrors the annual event held in Washington.

"Trained and proficient in my warrior tasks and drills."

I am Sgt. Heather N. Williams, Schoefield Barracks, Hawaii
125th Finance Detachment >> finance specialist



Soldiers can discover an ancient city, unearth its past

story and photos by Spc. Alexandra Hemmerly-Brown

CAMP ADDER, Iraq – On a hillside overlooking Tallil, an ancient structure stands. Looming like a guardian over the city, the Ziggurat of Ur has witnessed centuries of people come and go, cultures change, and countless seasons pass.

More than 4,000 years old, the site is the location of an ancient temple originally built in 2113 B.C. in honor of the moon god Nanna.

Since then, the structure has been partially rebuilt on its foundation to resemble what historians believe the temple once looked like.

Across a short stretch of sand, the compound also contains the tombs of ancient leaders, and a house that is said to be the birthplace of the biblical prophet Abraham.

Located just outside Tallil, servicemembers, civilians, and coalition forces on almost any base in Iraq can take advantage of this historic landmark by simply coordinating with their chaplain's office.

"I think it's fascinating every time I come out here," said Staff Sgt. Thomas G. Murray, a Minnesota National Guard Soldier and the brigade senior chaplain's assistant for the 1st Brigade Combat Team of the 34th Infantry Division.

Murray helps organize weekly trips to the Ziggurat. He said about 40-50 people sign up for each excursion, and the group will spend about two hours exploring the site.

"I think for the Soldiers, it's mere curiosity," Murray said. "To see where civilization started is important."

The chaplain's team works closely with the site's curator, a native Iraqi who was born in the city of Ur and has lived there his whole life. He not only knows a lot about the Ziggurat—telling its story is in his blood.

The unnamed man's family has been giving visitors tours of the ruins and keeping the land's story alive since the first scientific excavation unearthed a city lost in the sand in 1922.

As a third generation tour guide and expert of the site, the knowledge and history of

the Ziggurat was passed down to him by his father, and his father's father before that.

The Ziggurat is his profession and his livelihood.

Excavations of the city started in 1850, but weren't widely known until the 1920s when British and U.S. archeologists joined in on the discovery.

Scientists found they were uncovering the ancient city of Ur, when Iraq used to be called Mesopotamia, "the land of two rivers." This city is thought to be linked to the invention of the wheel, the first written laws, and most famously, the birthplace of the prophet Abraham.

The curator said his grandfather lent a hand in the 1922 excavation, but no further attempts to uncover more of this city have been made.

"Most of the city has not been excavated. I think more than 80 percent is still underground," the curator said.

After seeing the Ziggurat, visitors will come to the site's next attraction, a small, stone archway. The curator said this arch, which is part of a crumbling building, is argued to be the first in the world.

"Some books say that the Romans have the oldest arch in the world, but later they found this one," he said.

Next, guests have the chance to explore the tombs of ancient rulers where famous artifacts have been found. More than 2,000 tombs were found in the 1922 excavations, the curator said.

The unlighted underground tombs, which are accessed by winding wooden stair cases, were once the resting places of kings and queens.

According to the curator, food, beverages, and the bodies of servants, as well as riches were often found inside the tombs of these rulers who believed they could take possessions with them into the afterlife.

Poorer people, he said, were simply buried in the sand.

Another marvel servicemembers can view is cuneiform. As one of the earliest forms

of writing, cuneiform was invented before Egyptian hieroglyphics. The picture-writing is inscribed on several bricks outside the tombs, and can be seen when the tour guide dabs a damp cloth over the bricks, making the words appear form under their sand layer.

A short walk from the sprawling tombs stands a re-built structure of what is said to be the "house of Abraham."

Abraham, the "father of prophets," was born in the city of Ur according to the Bible in Genesis 11:27-31.

The evidence that led historians to conclude the house was Abraham's fathers, include the fact that Abraham's father was said to be a rich merchant, and this house is one of the largest found in the city. Also, somewhere near the structure a brick was found with Abraham's father's name on it.

"Judaism, Christianity, and Islam, they all have roots here," said Murray, noting the site's appeal.

He said seeing the Ziggurat is a great opportunity for Soldiers who might not otherwise get to see much of Iraqi culture.

"Soldiers can say that they have been



The museum curator moves a barbed-wire fence out of the way which was blocking the entrance to one of the royal tombs.

here, they went to Iraq, but they also saw an ancient wonder," he said.

There are many chances to see the Ziggurat of Ur if a servicemember is in the Tallil area. Aside from the trips organized by Murray and the chaplain here, the curator gives at least 14 tours per week, he said.

The land is owned by the government and was once closed to outsiders by Saddam. It has now been open since U.S. troops arrived in Iraq and awaits servicemembers to visit and walk away with a little bit of history.



The stairs leading to the peak of the Ziggurat, an ancient temple, were rebuilt to portray what the structure once was, a shrine built in honor of the moon god Nanna.

ANACONDA TIMES

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45th Support Brigade
82nd Support Brigade
593rd Corps Support Group
15th Support Brigade

Fuel farm completed earlier than expected

by Sgt. Gary A. Witte

Anaconda Times Staff Writer

AL ASAD, Iraq – A new 3.6 million-gallon fuel farm has started serving military operations throughout western Iraq two months earlier than planned.

More than 100 people, including military personnel and civilians, attended an Oct. 4 ribbon cutting ceremony for the facility, which has more than doubled the capacity of the Army's previous fuel farm at the air base.

Leaders said the new farm will lower the need for fuel to be convoyed from other locations, and will enable units to continue their missions even if shortages arise.

"The accomplishment is the result of hard sweat and tears of these Soldiers here," Lt. Col. David L. Jones, commander of the 630th Combat Sustainment Support Battalion, said after the ceremony. "It will definitely make us more efficient."

Soldiers of the 574th Quartermaster Supply Company constructed the facility, with help from Marines, Naval Seabees, and Kellogg, Brown, and Root personnel, taking just six weeks to complete the project. The

Army unit is scheduled to redeploy to Manheim, Germany, this month.

"Everyone worked really well together," said 2nd Lt. Mina E. Nazarali, a liquids platoon leader from Crosses, Ark. "It happened a lot quicker than expected. No one expected us to finish it before we left," Nazarali said.

An average of 30 people worked throughout each night and more than half of each day to avoid the worst of the summer's heat, she said. Sometimes they labored in round-the-clock shifts.

For instance, the project needed more than 20,000 sandbags. The machine used to make sandbags wasn't working and Soldiers had to fill each one by hand – right next to the broken machine, Nazarali said.

"Every day was a hard day," she said. "It wasn't very motivating."

Taking charge of the fuel farm was Nazarali's first assignment as an officer. Her



Photo by Sgt. Gary A. Witte
Col. Richard B. Burns (center left), commander of the 593rd Corps Support Group, shakes a Soldier's hand after cutting the ribbon for a new 3.6 million fuel facility at Al Asad Air Base. The new facility is supporting military operations throughout Western Iraq.

platoon sergeant, Sgt. 1st Class Dexter T. Crook from Riverdale, Ga., has helped build fuel farms before, but said this was one of the largest he's worked on.

"It was definitely the hardest," he said.

The week prior to construction, the gravelled plain where the facility now sits was "nothing but moon dust," where Soldiers could step into the powdery sand up to their knees in some areas, Crook said.

The facility is designed for easier access by delivery trucks, which no longer have to drive through the main post to make their drop-offs. It has more than 15,000 feet of fuel line and engineers dug 1,500 feet of trenches to connect the three pads, officials said.

Other units that assisted in the project included the Combat Logistics Battalion 7 and the Navy Cargo Handling Battalion 1.

Senior Chief Shawn P. Crosby from Virginia Beach, Va., works as the assistant officer in charge of Navy Cargo Handling Battalion 1. His unit helped dig spillage containment pits to reduce the chance that fuel overflows could contaminate the area.

"This was a good exercise in cooperation," Crosby said. "Everyone was working together to make sure this fuel farm was up and running."

Many of the parts for the new facility had to be moved from the old fuel farm five miles away.

Company Commander Capt. Mark T. DeSaner from Saginaw, Mich., pointed out how the new farm will help support operations in western Iraq. He said the Soldiers who put it together are the reason it was ready so soon.

"They knew the challenges of the mission," he said.

Col. Richard B. Burns, commander of the 593rd Corps Support Group, presented more than a dozen Soldiers and two Naval personnel with the Army Achievement Medal during the ribbon cutting ceremony.

"A great job done for all," he told the crowd. "Done in a quick, safe manner."

Burns pointed out the accomplishments of the company during the deployment, including processing an average of 6.5 million gallons of fuel each month and processing more than 4,000 fuel tankers during the year.

Nazarali and Crook had their own compliments for their platoon after the ceremony. He said despite the difficulties at the old fuel farm, the obstacles of the construction, and long hours, they came together as a team.

"You all picked one another up," Crook said. "You guys did it."

She joked that she now knew more about fuel than she ever wanted to, giving credit for the farm's completion to her unit.

"The Soldiers made it happen," Nazarali said. "I really appreciate all the hard work you did."

Marine tests aviation fuel at Al-Asad

by Sgt. Joel F. Gibson

Anaconda Times Staff Writer

AL ASAD, Iraq – Soldiers of the 574th Supply Company, 630th Combat Sustainment Support Battalion, operate the fuel farm at Al Asad on a daily basis.

However the fuel that flows through the facility and into the helicopters that fill the sky over Iraq, must be tested to ensure it meets standards.

Who performs this crucial task that is imperative to the safety of coalition forces aviators? Marine Cpl. Jesse C. Hanson, a lab technician with Engineer Company, Combat Logistics Battalion 1, 1st Marine Expeditionary Force, is the man in the small, green, well-ventilated trailer on the edge of the fuel farm, who makes sure what must go up, goes up.

"After performing all the necessary tests, I keep a gallon of fuel per month and 900 milliliters per day," Hanson said. "Because, if a bird goes down, the first thing [investigators] are going to do is come here, and make sure I didn't give out any bad fuel."

According to Hanson, he can perform approximately 50 different tests in his laboratory, a trailer about 8-feet wide and 30-feet long.

"The most crucial tests I do are distillation, copper strip, and contaminant tests," Hanson said.

Hanson said the most difficult aspect of his job is dealing with other units and the way they collect samples.

"Perfectly good fuel comes in and fails because sampling is done improperly," Hanson said.

What improvement would you like to see in the APFT and why?



Sgt. Travis F. Woodard

"I would make the run time faster and shortened because there is no need to have to run two miles."



Sgt. Tony M. Avery

"I would like to have a fewer amount of push-ups to max the APFT."



Staff Sgt. Nikisha M. Randolph

"I'd like to see a lowered amount of sit-ups to max the APFT."



Sgt. Regina L. Hixson

"If a person is considered overweight, then they should be measured correctly with a full-body test."

Mobile health clinic helps local Iraqis

Minn. Guardsman, paramedic works with doctor to help treat villagers

Sgt. 1st Class Clinton Wood
1/34 Brigade Combat Team PAO

CONVOY SUPPORT CENTER SCANIA, Iraq – What once was a metal shipping container about the size of a box car has moved thousands of Iraqi villagers to better health.

The air conditioned container became the Smith Gate Medical Clinic located a few feet outside the perimeter of CSC Scania. An open-air shelter with two benches serves as the waiting room. The clinic, surrounded by barbed wire, is open three days a week.

Dr. Faris M. Egal, the Iraqi doctor who works full-time at the clinic, said the clinic that treats local nationals has been open for more than a year.

Egal said about half of these patients suffered burn wounds.

Case in point: minutes before his interview, a 15-month old Iraqi girl named Miriam was among the patients. She suffered hot water burns on both of her arms and this was her final visit. As she sat on her mother’s lap with one arm covered with a bandage and the other arm covered with a sterile non-stick bandage, she was approached by one of the clinic’s medics. Sgt. Ryan Marti, 1st Battalion, 125th Field



Sgt. Ryan Marti, 1st Battalion, 125th Field Artillery, treats an Iraqi girl in the Smith Gate Medical Clinic at CSC Scania.

Artillery, who held a roll of gauze in his hand. You could tell this wasn’t Miriam’s first visit. She began to cry, turned away and caught her breath twice as tears rolled down from her big brown eyes.

As Marti, who recently graduated from a paramedic school in Minnesota, gently began wrapping Miriam’s arm with the gauze, her cries subsided.

“She will be free to do whatever little kids do,” Marti said as he finished wrapping the bandage.

Egal said he also treats Iraqis for colds, headaches, and skin diseases.

Egal assists in diagnosing the illnesses, preparing treatment and writing prescriptions. Before the clinic opened, families had to rely on home treatments.

Now, little girls like Miriam leave the clinic healed and with a Mickey Mouse band-aid on her index finger and a small stuffed animal in her pocket.

Soldiers like Marti are given the best on-the-job training thousands of miles away from home -- all in an area the size of a boxcar.

AMC helps units get vehicles, equipment back on the road

Submitted Story
Army Materiel Command PAO

LSA ANACONDA, Iraq – The Army Material Command has a shop here that contributes to the success of rapidly producing parts for the servicemembers throughout the military.

The Mobile Parts Hospital is a shop that is capable of quickly creating a wide variety of parts and tools to meet servicemember’s demands throughout Iraq.

The MPH consists of two 20-foot containers and a generator. One container holds metal stock, saws, a hoist, and other supplies, said George Eaton, AMC historian.

The other container holds the heart of the system, a five-axis metal lathe, he said. It is capable of holding up to a six-inch diameter round stock, 12 inches long, and weighing no more than 28 pounds.

The round stock can rapidly be transformed into a wide variety of parts and tools. Machinists at the MPH have recently made pintles for machine gun mounts, bolts, nuts, sockets, and hydraulic and air conditioning fittings.

The types of six-inch round metal bars the MPH operates with are carbon steel, stainless steel, heat treated steel, aluminum, and brass, Eaton said.

The U.S. Army Tank-Automotive and Armaments Command, along with other machining databases, are connected to the MPH through the internet.

“If a part has a stock or a part number in the U.S. or commercial system,” the operators can probably track it down,” Eaton said.

He said in addition, every part made is added to a database which can be searched and the technical data retrieved.

These resources available through the MPH have allowed the operators to make numerous standard military systems and engineering equipment for military vehicles too.

Sometimes a part is not available, in which the broken part will be reverse-engineered.

“If it can be drawn on an Autodesk Computer-Aided Design, then it can be converted into the lathe’s digital control system and begin to turn into the needed part,” said Kevin Caska, a Dimensions International employee at the MPH.

This reach back technique is an example of what the 402nd Army Field Support Battalion provides to servicemembers throughout Iraq.

Parts that are beyond MPH’s capabilities, the operators can immediately submit a request through TACOM for the purchase or production of the critically needed part.

TACOM also checks if any Army supply operation in the world has the part on hand. If so, then the part is transferred to the unit.

The MPH can access anywhere from the tactical to the strategic system to get the required parts into the servicemember’s hands.

All Soldiers, Sailors, Marines, Airmen, Department of Defense civilians, and contractors supporting the war efforts in Iraq are supported by the MPH.

“If they support the war fighter here in Iraq, we can make it for them, free of charge,” said Ken Bobo, MPH site lead.

He said units can even mail parts to them and they will mail the new part back to the user. “It seems that units in Iraq are not fully aware of the capabilities MPH can provide.” Bobo said. “If you can break it, we can make it.”

Change, from Page 1

the combat power regeneration process, said Col. John R. O’Connor, commander of the 402nd AFSB.

Another key aspect to this transformed brigade is its logistics structure, he said, which provides unity of command through strategic and tactical levels.

“The intent is to provide a single face to the field,” said Brig. Gen. Patricia E. McQuiston, commanding general for AMC-Southwest Asia. “One stop that would give every unit access to national level acquisition, technology, and logistics capabilities.”

The 402nd colors include the AMC crest on a blue back-

ground signifying honor and valor. The units name is on a gold banner signifying power and achievement.

O’Connor uncased the colors with the help of McQuiston and Lovell. The 402nd AFSB is assigned to the U.S. Army’s Sustainment Command at Rock Island, Ill. under the command of General Benjamin S. Griffin.

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operationally stressed
soldiers

RELAXATION TECHNIQUES

MONDAY TO SATURDAY
11 A.M. TO NOON

STRESS MANAGEMENT

WEDNESDAY AND SATURDAY
10 TO 11 A.M.

HOME FRONT ISSUES

TUESDAY AND FRIDAY
4:30 TO 5:30 P.M.

CONFLICT RESOLUTION

TUESDAY AND FRIDAY
10 TO 11 A.M.

ANGER MANAGEMENT

WEDNESDAY AND SATURDAY
1:30 TO 2:30 P.M.

ANXIETY AWARENESS

TUESDAY AND FRIDAY
1:30 TO 2:30 P.M.

SLEEP HYGIENE

MONDAY AND THURSDAY
4:30 TO 5:30 P.M.

GOAL SETTING

WEDNESDAY
4:30 TO 5:30 P.M.

DEPRESSION AWARENESS

MONDAY AND TUESDAY
1:30 TO 2:30 P.M.

COMMUNICATION SKILLS

MONDAY AND THURSDAY
10 TO 11 A.M.

WOMEN'S GROUP

THURSDAY
8 TO 9 P.M.

COMBAT ADDICTIONS GROUP

WEDNESDAY
7 TO 8 P.M.

for more information, email:
melissa.kale@us.army.mil

AF unveils new rec center

by Senior Airman Josh Moshier

332d Air Expeditionary Wing Public Affairs

BALAD AIR BASE, Iraq - In one corner, Soldiers and Airmen move to the rhythm of salsa music. In another, several sit on plush leather couches watching the Carolina Panthers battle the New Orleans Saints on the big-screen TV. More play with new video game consoles.

Balad Air Base's new recreation center is officially open for business.

On Sunday night, Brig. Gen. Robin Rand, 332nd Air Expeditionary Wing commander, helped cut the ribbon on the new facility, ushering in the wing's newest effort to promote the morale of its Airmen.

"This is another stage in our growth to make Balad better," the general said. "I've been in a lot of Gucci recreation centers in my career, but I've never seen one nicer than this."

The new center is approximately three times larger than the one it replaces, allowing more Airmen, Soldiers and Marines to use the center at one time, according to Lt. Col. Derrick Aiken, 332nd Expeditionary Services Squadron commander.

"No one else in Iraq seems to have a facility like this one," Aiken said. "This is bigger than the one we have at my home base (Royal Air Force Lakenheath, England)."

The center, which is open 24 hours a day, seven days a week, is free to use for service-members and civilians of all ranks and branch-

es of service. There is a charge for some concessions, but the majority of the proceeds are fed directly back into the recreation center.

In addition to the extra space the new center provides, the theater within the facility is larger and offers theater seating and a surround-sound audio system.

"We plan to show first-run movies shortly after they're shown at the Sustainer Theater on base," Aiken said. "People can also bring in their own movies and watch them."

The new building left a good first impression on those in attendance.

"This is great," said 1st Lt. Kate Stowe, 332nd AEW protocol. "There's so much more room for everyone to enjoy themselves."

And that is the ultimate purpose of the new facility.

"Our hope is that this facility helps us on our mission to maintain our number one weapons system," Aiken said. "That's our Airmen, Soldiers and Marines who are here to help the country of Iraq transition toward democracy."



Tech. Sgt. Jason Renda, 332nd Expeditionary Maintenance Squadron egress technician, plays a game of foosball at Balad's new recreation center Sunday. (U.S. Air Force photo by Staff Sgt. Alice Moore)

Anaconda Safety Tip:

Driving in the Rain

Skids:

You can prevent skids by driving slowly, especially on turns.

Steer and brake with a light touch. When you need to stop or slow, do not brake hard or lock the wheels and risk a skid.

If you do find yourself in a skid, remain calm, ease your foot off the gas, and steer in the direction you want the front of the vehicle to go. For vehicles without anti-lock brakes, avoid using your brakes.

Hydroplaning:

Hydroplaning happens when the water in front of your tires builds up faster than your vehicle's weight can push it out of the way. The water pressure causes your vehicle to rise up and slide on a thin layer of water between your tires and the road.

To avoid hydroplaning, keep your tires properly inflated, maintain good tread on your tires, and replace them when necessary. Slow down when roads are wet, and stay away from puddles.

If you find yourself hydroplaning, do not brake or turn suddenly. This could throw your vehicle into a skid.

Ease your foot off the gas until the vehicle slows and you can feel the road again. If you need to brake, do it gently with light pumping actions.

The bottom line:

A defensive driver adjusts his or her speed to the wet road conditions in time to avoid having to use any of these measures.

Army Reserve Affairs

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657th Area Support Group's Winter Softball League

League Begins Nov. 6

Sign Up Ends Oct. 27

to sign up, email:

jennifer.hill@balad.iraq.centcom.mil or
joseph.burnett@balad.iraq.centcom.mil



LSAA's Convoy Café named DFAC of the Month

Monthly competition recognizes top LSA Anaconda dining facility

by Spc. KaRonda Fleming

Anaconda Times Staff Writer

LSA ANACONDA, Iraq – Convoy Café won the title of September's Dining Facility of the Month and was recognized with a certificate and trophy.

"We acknowledge Convoy Café for being September's DFAC of the Month, and that's overall with the other five dining facilities here at Anaconda," said Master Sgt. Marieta D. Lagat, installation food service technician of the 657th Area Support Group based out of Shafter, Hawaii.

The DFAC of the month represents the facility that scores the highest percentage for monthly inspections based on Army standards, Lagat said.



Photos by Spc. KaRonda Fleming
Sgt. Edmund M. Perez, a food service sergeant with the 84th Engineer Combat Battalion (Heavy) prepares for the Hispanic Heritage Month meal.

"We inspect basic cooking, presentation, and the storage of the foods," she said. There are five DFACs on LSA Anaconda which serve more than 1.4 million meals a day.

"It's a daily routine that should be practiced each day to achieve the highest standards," said Sgt. 1st Class Sherman E. Harris, installation food service sergeant with the 657th ASG.

He said many DFACs are competing because it represents their job and that's what the DFAC Soldiers love. The workers sometimes put extra effort into making their facility a better place for everyone to eat in.

Food services must ensure everything is followed by Army Regulation 30-22 as well as Technical Bulletin 5-30, Harris said.

"It's our strict adherence to the regulations and items that come out through Multi National Corps-Iraq's policy, along with the regulations that come from the Army," said Sgt. Edmund M. Perez, a food service sergeant with the 84th Engineer Combat Battalion (Heavy) from Schofield Barracks, Hawaii.

"Winning this award means a lot," Perez said. "We have a good crew here, and I think these guys deserve the award."

If Convoy Café wins this competition three consecutive times in a row, then the trophy can be retired, he said. It definitely gives you the bragging rights.

In the following months, there will be Hispanic Heritage, Halloween, and Thanksgiving Day meals at the DFACs, Perez said.

"Thanksgiving is like the Super Bowl for food service," he said. "So, this is like the play-offs towards the holidays."

"It's a wonderful thing when we can recognize anyone, Soldiers or civilians, for their accomplishments," said Command Sgt. Maj. Jorge Young, command sergeant major for the 657th ASG.

"It's a great thing," he said. "Competition is good, inspiring, and it uplifts our spirits. It takes us to another level to want to do more. You set one goal, and once you achieve it, then you can go on to set another goal. It's an endless cycle."

When DFACs are presented with trophies and certificates, it creates a morale booster for the workers that creates an outcome that goes back to everyone that eats here, Lagat said.



Pvt. Timothy Glanzman, 84th Engineer Combat Battalion (Heavy) and Sgt. Krista Jados, 411th Engineer Brigade, HHC prepare meals for the Hispanic Heritage Month meal.

SAEDA TIP OF THE WEEK

Things to Report:

Suspicious activity, i.e., people taking pace counts, making sketches, taking notes, and dumpster diving

Things you can do to ensure information security:

Be aware of your surroundings, know who should and should NOT be in your area

do you see something suspicious?

**call: (DSN) 829-1606 or (SVOIP) 242-9469
or email: FOI_ARO@balad.iraq.centcom.smil.mil**



**Keep your exposure to a minimum in the turret.
Stay low.**

**If you can see it,
it can see you.**



0011

IEDs KILL

Story idea? e-mail us at:

anaconda.times@balad.iraq.centcom.army.mil

Morning sunrise in Al Asad



Staff Sgt. Ken Gallagher, assigned to the 593rd Corps Support Group, gets creative with his photography as he captures a Soldier during the morning sunrise over Al Asad, west of Baghdad. If you have a creative or innovative photograph, email it to: anaconda.times@balad.iraq.centcom.mil.

Army unveils new advertising campaign

WASHINGTON - The Army announced the start of its communication and education efforts to assist the Army family to communicate to the Nation in its new advertising campaign – Army Strong – to an audience of Soldiers, Army civilians and family members today.

Army Secretary Dr. Francis J. Harvey unveiled the effort to tell the Army about the campaign, a key component of the Army's recruiting efforts, during an opening ceremony for the 2006 Association of the U.S. Army Annual Meeting in Washington, D.C.

"This morning we will launch our internal communications and education phase lasting several weeks until we formally launch the new advertising campaign on Nov. 9," Harvey said. "It is vitally important that the internal Army family understands and embraces this new campaign. I believe it speaks to an essential truth of being a Soldier."

The Army is taking 30 days to educate its internal audience on the campaign's meaning. It will go "public" Nov. 9 with television, radio and online spots, as well as an updated www.goarmy.com Web site. Print ads are scheduled to begin in January, and will be directed to media that appeals to young adults.

The Army Strong campaign will build on the foundation of previous recruiting campaigns by highlighting the transformative power of the Army. It will also capture the defining experiences of Soldiers – active duty, Army Reserve, and National Guard – serving the nation at home and abroad.

"I am both inspired and confident that the campaign will build on the positive momentum within our recruiting program," said Lt. Gen. Robert Van Antwerp Jr., commander of the U.S. Army Accessions Command.

The Army Strong campaign will address the interests and motivations of those considering a career in the Army, and will also speak to family members and friends supporting prospective recruits.

Developing the campaign is McCann Worldgroup, a marketing communications agency retained last December after a competitive review of potential agencies. To develop the campaign, McCann conducted extensive research among prospective Soldiers and their influencers, and interacted with hundreds of currently serving Soldiers.

"This is a campaign informed by research and inspired by Soldiers," said Eric Keshin, McCann Worldgroup's worldwide chief operating officer and regional director-North America.

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If You Can Break It, We Can Make It



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Oct. 20 Sustainer Theater

Come vote for your new rising star

13th SC(E) runners make mark on annual ten-mile races throughout Iraq

More than a thousand servicemembers, civilians ran seven hours before Washington’s ArmyTen-Miler race

by Spc. Alexandra Hemmerly-Brown



Allen Garcia and Jorge Cornejo take turns carrying the Texas state flag during the entire 10-mile race.

LSA ANACONDA, Iraq –Approximately 750 participants showed up and hit the pavement at Anaconda’s fourth annual Army Ten-Miler race Oct. 9.

Anaconda wasn’t the only 13th Sustainment Command (Expeditionary) base in Iraq to sponsor the “shadow run,” which kicked off the same day in Washington D.C., but it was also held in Al Asad and Tallil.

The race started at approximately 6 a.m., and runners were given a two-hour time limit to finish.

2nd. Lt. Anthony R. Calingo, a platoon leader for the 368 cargo transfer company here, was the fastest runner in this year’s Ten-miler.

Calingo, who has been running since age 12, ran in four previous Ten-Milers in Washington.

“I’ve run a couple of these before, and this has been alright,” Calingo said. “Anaconda is pretty flat.”

A cross-country and track runner in high school, and marathon team runner in college, the win came as a surprise to him.

“I’ve won other races, but not 10 miles,” he said. “It feels good, I wasn’t expecting it.”

Among the first women to finish the race was Chief Warrant Officer Dawn M. Brown, a supply systems technician with the 4th Corps Material Management Center, whose hometown is Waterloo, Iowa.

It was history repeating itself for Brown, who ran in the same race at Anaconda in 2004.

Brown, who normally competes in shorter races, said she enjoyed this year’s.

“It was a good race,” she said, “it was a good time.”

In Tallil, there were a reported 168 runners in the Ten-Miler. Among the top runners was Maj. Luke Charpentier, inspector general for the 1st Brigade Combat Team of the 34th Infantry Division, whose hometown is St. Paul, Minn.



Air Force Tech. Sgt. Patrick Applegate, with the 332nd Expeditionary Logistics Readiness Squadron, shakes hands with Sgt. 1st Class Jason Maynard, from 3rd Battalion, 29th Field Artillery Regiment.

“It was a real competitive race,” Charpentier said, whose goal was to finish within the top five runners.

Capt. Hope Wood, of Athens, Tenn., part of the 28th Combat Support Hospital was also a runner in Tallil.

“I love to run,” Wood said. “It’s you and the road. It was a great race for spirit de corps out there. I’ve done better, but my time was respectable.”

Likewise in Al Asad, there were more than 100 participants who finished the race.

Capt. Jesse A. Blanton, a pilot and operations officer for 82nd Medical Company (Air Ambulance), was first across the finish line, and dedicated his run to the servicemen and women who have died in Iraq.

“I ran for those guys who couldn’t be here to do it,” he said. “We’re out here supporting everybody.”

Also a participant of the race was Lt. Col. Roger D. Yearwood, operations officer for the 226th Area Support Group. Yearwood, who is from Cullman, Ala., said he was unable to run the Ten-Miler in Washington last year as he had planned with a friend of his, Lt. Col. John Gore.

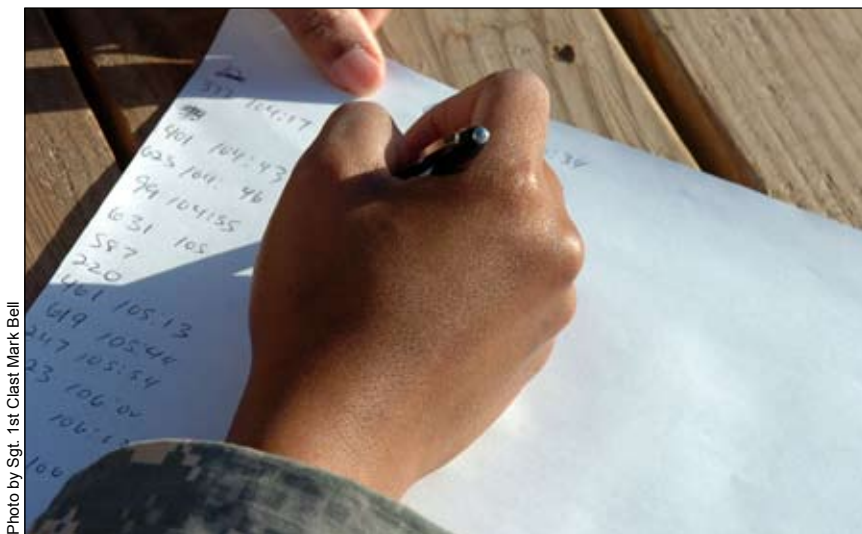
This year, he planned to call and tell Gore that he finished the run seven hours ahead.

“I’m sending them an Al Asad 10-Miler T-shirt,” Yearwood said.

The Army Ten-Miler is the largest 10-mile race in the US, and this year it attracted approximately 24,000 runners in Washington.



Maj. Gina Dorsey, right, helps a runner check his official time after the race.



An official time-keeper logs runners as they cross the finish line.



Official tags are collected as runners cross the finish line during the race.



Spc. Kathleen Hiersche (left) and Spc. Anna Gillen raced each other to the finish line Oct. 8 of the Tallil 10-Miler at Logistical Support Area Adder. Both of Headquarters and Headquarters Company, 1st Brigade Combat Team, 34th Infantry Division finished in 1:23.26.



More than 100 servicemembers raced during the Al Asad 10-mile race on Oct. 8.

Double Vision

Same job, different unit

by Spc. KaRonda Fleming
Anaconda Times Staff Writer

LSA ANACONDA, Iraq - The only set of identical twin chaplains in the history of the Multi National Corps- Iraq is in Iraq right now.

Assigned to different units, but deployed at the same time, Rory and Roger Rodriguez met up in the desert Oct. 2.

Just like any other set of identical twins, there are similarities and differences in the two brothers. At first glance, there are no visual variations, but once you talk to them, you sense the different personality traits.

“We look very similar but a perceiving individual knows little nuances on the differences,” said Maj. Rory A. Rodriguez, task force chaplain for the 329th Field Artillery Battalion, based out of Fort Carson, Colo.

Rory, who is based at LSA Anaconda, said it is wonderful to have his brother so close by. Capt. Roger B. Rodriguez, chaplain for the 86th Signal Battalion from Fort Huachuca, Ariz., is based at Camp Victory in Baghdad.

“It’s like seeing a piece of pie, but you can’t quite get it,” Rory said. The Rodriguez brothers haven’t seen each other in more than a year due to their different duty station locations.

They said they are just thankful to God that they could be together for a couple days.

It’s a wonderful feeling that brings high spirits to the deployment, Rory said.

“This deployment has been a real blessing physically, mentally, emotionally, spiritually, and financially,” Rory said.

“No two days are the same,” Roger said. There are some ups and downs while being deployed, but Soldiers have the opportunity to meet a lot of interesting people here.

In 1976, the Rodriguez brothers joined the Navy for four years. They joined the Army Reserves in 1996, then became Active Duty Soldiers a year later.

An Active Duty chaplain is assigned to a particular chapel, Rory said. There are different varieties of worship services, so each chaplain is intended to mirror a particular congregation.

In their spare time, they both enjoy relaxing, listening to music, reading, and spending time with family.

Being born only three minutes earlier than Roger, in Oroville, Calif., Rory said they grew up in a generation that played a lot of football in the 60’s.

“We are very athletic, and always were because of our upbringing,” Rory said. “We will whoop any sergeant major around,” explaining that his last two-mile time was 13 minutes and 30 seconds at 48 years old.

The brothers enjoy competing against each



Photo by Spc. KaRonda Fleming
Identical twins, Capt. Roger B. Rodriguez and Maj. Rory A. Rodriguez had the opportunity to see each other on Oct. 2 for the first time in over a year due to their different duty station locations.

other even today. They enjoy various one-on-one games like ping-pong, chess, and foosball, Rory said.

Roger said that he and his brother dedicate their lives to their late mother, who passed away in 2002. Their mother would be proud of them serving their country, especially since they are both chaplains.

They are happy that she saw them become

chaplains. “She lived to see the day that her sons were both in the Chaplains Corps being chaplains,” Roger said.

Rory has one son, and Roger is married and has three daughters.

They are hoping to be assigned at the same duty station when they return to the states. They said they will stay in the military until they retire.

There’s a new sheriff in town

by Spc. Alexandra Hemmerly-Brown
Anaconda Times Staff Writer

LSA ANACONDA, Iraq—There is a new task force in town, and they are ready to fulfill their mission here; protecting the general.

The 13th Sustainment Brigade (Expeditionary)’s Task Force Provider replaced Task Force Bandit last month when the bandits headed home after a year at Anaconda.

“Our primary mission is to safeguard the commanding general, General Terry, and provide security for the sergeant

major and his staff,” said 1st Lt. Christopher S. Lill, security platoon leader for the unit out of Fort Hood, Texas.

The 26 Soldiers provide security for the general and his personnel wherever they go, inside and outside the wire.

“Wherever the general and sergeant major goes, we go,” Lill said.

When they aren’t busy protecting their charge, they work on vehicles, train in tactics, techniques, and procedures, and brush up on skills with classes, he said.

The unit is a unique group of Soldiers who have an infantry mission, but not necessarily an infantry background.

The Soldiers carry several different military occupational specialties, including mechanics, ammunition specialists, and cooks, as well as infantrymen.

On a daily basis the unit pulls maintenance on their vehicles, does physical training, and trains to be ready for their more dangerous assignments. They haven’t had a mission outside the wire since their arrival in Iraq, but are ready to go.

“My guys are trained and eager to go out and serve their country,” Lill said.

For Staff Sgt. Raymond Greening, a gun truck squad leader in the unit whose hometown is San Angelo, Texas, this is his second tour in Iraq. His first deployment was spent on mostly infantry missions in Taji, Fallujah, and Mosul.

“This time I’ve spent more time inside the wire in two months than my whole first deployment combined,” Greening said. “It’s a lot different.”

Greening said this is his first time working closely with Humvees as well as working at a brigade level.

“I’m enjoying it so far,” Greening said. “There’s a lot of things to figure out...it’s a learning experience for everybody.”

Spc. Jacob D. Fulkerson, an ammunition specialist from Waterloo, Wis., said this is his first deployment.

“It’s not bad,” Fulkerson said. “It feels like we are still at Fort Hood.”

Fulkerson, who is doing a job here which is different from his normal military specialty, said the change is welcome.

“If I was doing my (military specialty) job, I’d probably be working at the headquarters,” Fulkerson said. “I’d be sitting in an office, watching a computer.”

Lill, who is also on his first deployment said he’d like to gain experience from this year.

“Number one, I hope to keep the general safe in all our missions and get our guys home safe,” Lill said.



Photo by Spc. Adryen Wallace
Brig. Gen. Michael J. Terry, 13th SC(E) commanding general, talks with TF Provider during a weapons qualification range.

Where art thou'



Photo by Spc. KaRonda Fleming
Sgt. 1st Class Annette L. Nunnally, a logistics sergeant with the 13th Sustainment Command (Expeditionary) recites a poem during the Spoken Word Poetry Night held at the Morale, Welfare, and Recreation East center Oct. 10.

Catfish Air opens with new enhancements

by Spc. KaRonda Fleming

Anaconda Times Staff Writer

LSA ANACONDA, Iraq – Engineers completed the construction of the new Catfish Air building and officially opened its doors during a ribbon cutting ceremony Oct. 11.

The new facility will maintain passenger and cargo processing as well as directly support operations for the arrival and departure of airfield operations.

Catfish Air provides space-available rotary transportation throughout Iraq using Blackhawk and Chinook helicopters.

"This ribbon cutting ceremony gives us a chance to thank those (Soldiers and Airmen) who worked their hardest on it," said Lt. Col. Mark Toy, commander of the 84th Engineer Combat Battalion (Heavy).

Each Soldier and Airman was awarded a certificate of achievement and some were awarded the commander's coin of excellence.

The original design for the terminal was accomplished by the 412th Engineer Command of the 130th Engineer Brigade.

Construction of the building included establishing drainage, erecting steel, and installing insulation.

Heating, ventilation, and air conditioning craftsmen installed 10,000 square feet of spray-on insulation on the interior walls. They also installed eight five-ton HVAC units and nine interior split HVAC units to pro-

vide heating and cooling to the main facility as well as the interior offices.

Electrical craftsmen installed the power distribution system and electrical panel from two 250KW generators, wired and installed overhead bay lighting, exterior lighting, interior office lighting, and electrical outlets and switches.

Structural and vertical craftsmen erected the metal structure, built a two-story office structure including three staircases, a balcony, an upstairs conference room and interior office spaces. They also installed two pedestrian doors and a roll-up cargo door.

The survey team captured topographic information to support grading and concrete operations, and produced survey data to support electronic mapping of the new underground electrical cable.

"This is a statement of the great work that the Soldiers and Airmen do everyday here for the fight for global war on terrorism," said Col. Ver-

non A. Sevier, commander of the 36th Combat Aviation Brigade.

The result of this effort is a larger, more efficient building in operation for Catfish Air to enhance space available travel for servicemembers in Iraq, Sevier said.

"More importantly, we will be able to keep more Soldiers off the roads and move more Soldiers across the battle space by air, potentially saving countless lives," he said.



Brig. Gen. Michael J. Silva, 411th Engineer Brigade commanding general, makes remarks during the grand opening of the new Catfish Air Space A Terminal.

How creative are you?

ANACONDA DINGHY DASH

Judging Categories:

- Best Course Time
- Best Raft Theme
- Most Efficient Raft

Build rafts using:

- Water bottles
- Duct tape
- 550-cord/100-Cord
- 1 bandana or unit flag
- 1 – 4ft x 1in dowel rood/ broom stick



Outdoor Pool

9 a.m. to 1 p.m.

4 Person Teams: 1 in raft, 1 in water, 2 on each end of pool
Each team must construct a raft using only:

MWR facilities will be collecting bottles for teams, but they are first come first SERVE!
(Teams are to supply their own Materials)

One person must be in or on the raft and other one person can be in the water (no fins). The other two people will stand at each end of the pool. The person in the boat may paddle, but not kick.
Teams will start in the shallow end; make their way to the deep end where 1 team member will hand a

bandana or unit flag to the person in the boat. Person handing off flag to rafter must have one hand on pool edge during hand off. The raft will make its way back to the shallow end and hand the bandana or flag to the team member to finish. The raft must touch the edge of the pool!
Rafts MAY NOT be tested in either pools PRIOR to the event.

EVENT DAY: Oct. 29 -Rafts MUST be at the Outdoor Pool no later than 9 a.m. Judging will continue until noon. Raft Race will begin at noon.
Judging is done by the spectators and you, so bring your unit.

Changing my world one step at a time

by Spc. Holly Stephani, 593rd Corps Support Group

I don't think of myself as a runner, because when I'm running I don't think of myself. Most people run because they want to lose weight, are competitive, need to relieve stress, or just want the free t-shirt to prove what they have done. Similarly, some people join the military because they want to get fit, have a drive for power and glory, or want to make their family proud of what they have done with their life. Our society has become self-centered; we have forgotten how to do things for a reason other than our own gain.

From grade school through high school I was competitive with my sisters. I am one of five children and I always wanted someone to notice me. I wanted to do something great,

but I was never sure what to do. So I tried it all. I was always good, but never great. I was active in sports, joined clubs and church groups, and hung out with different groups of friends. When I joined the working world, I still felt the need to succeed and prove myself. I kept searching for the right niche. I tried working with art, technology, athletics, and sales, but I just kept jumping from job to job. What I needed was to do something for someone else, or I would never be satisfied. So I joined the United States Army in February 2004. I wanted to be a servant for others. I wanted to give as much of myself as I could to my country and the troubled people in the Middle East.

Soon after joining I found out I was pregnant. I wanted to stay fit, but I also wanted to ensure that I gave my baby the best head-start possible. Some people use a variety of excuses as a crutch for their own life, such as genetics or addictions their parents had. I am just as guilty. I often blame my mother for my struggles with my weight. My parents owned a goat and drank skim goats milk when my mother was pregnant with my older sister, so she was born tall and lean. For some reason, my mother decided to drink unpasteurized milk from a cow on their farm while she was pregnant with me, and I was born round as a ball. I felt cheated. I watched my mother exercise throughout her

pregnancy with my youngest brother. He ended up being very athletic and smart. I wanted to give my son the same advantages, so I worked out the whole time I was pregnant. For the first time, I was exercising for someone else's health benefit.

One week after giving birth I started jogging, first one mile, then two, adding a little distance every week, until I could run ten miles. I continued to improve my running by working out with the Fort Lewis, Washington, Army Ten Miler Team. I often thought about my son on long runs. Our coach would motivate me through the long forest trails by saying, "Do it for your son." As I would run I would think about the role model I wanted to be for him. I wanted to know that when he started to walk and run I would be able to keep up with him. The motivation of running for him took me all the way to Washington, D.C. in October 2005, to run in the official Army Ten Miler.

In June 2006, I deployed to Iraq, knowing my son (now one year old) was in good hands with my husband. Now I'm running in the desert in elements I have never trained in before. Through the 130 degree temperatures, the sand, and wind I keep running. I am driven by people who say they want to be like me, not because it boosts my ego, but because I am afraid of letting them down. My motivation to wake up at sunrise for a 12 mile run is the hope that others will want to do the same. I am motivated to run by people who watch on the side lines, in the hope that they will one day want to join me and lose that weight, find a relief for their stress, or maybe just get a free t-shirt.

In Al Asad, Iraq we had our own local version of the Army Ten Miler, called a "shadow run." I placed second, finishing in 1 hour and 16 minutes. Not a record time for me, but fast enough to get noticed. I am not setting any records or winning any battles, but I'm changing my world one step at a time.



Spc. Holly Stephani, 593rd Corps Support Group, takes some alone time to train during her free time at Al Asad.

Photo by Staff Sgt. Ken Gallagher

LSA ANACONDA RELIGIOUS SCHEDULE

Religious schedule subject to change

Roman Catholic Mass

Saturday 5 p.m. Tuskegee Chapel
Saturday 8 p.m. Provider Chapel
Sunday 7:30 a.m. Freedom Chapel
Sunday 9 a.m. Tuskegee Chapel
Sunday 5:30 p.m. Provider Chapel
Sunday 11 a.m. Air Force Hospital
Monday - Friday 5 p.m. Tuskegee

Sacrament of Reconciliation

30 minutes prior to each mass

Church of Christ

Sunday 2 p.m.. Tuskegee Chapel

Islamic Prayer

Friday 12:30 p.m. Provider Chapel

Samoan Congregational Service

Sunday 4 p.m. Provider Chapel

Latter Day Saints

Sunday 1 p.m. Provider Chapel
Sunday 4 p.m. Freedom Chapel
Sunday 7 p.m. Tuskegee Chapel

Friday Shabbat Service

Friday 7 p.m. Tuskegee Chapel

Eastern Orthodox Prayer Service

Sunday 3:30 p.m. Tuskegee Chapel

Protestant-Gospel

Sunday 10 a.m. Sustainer Indoor Theater
Sunday, 11 a.m. MWR East Building
Sunday 11:30 a.m. Freedom Chapel
Sunday 2 p.m. Air Force Hospital Chapel
Sunday 7 p.m. Provider Chapel

Protestant Praise and Worship

Sunday 9 a.m. MWR East Building
Sunday 9 a.m. Eden Chapel
Sunday 7 p.m. Freedom Chapel

Sunday 7:30 p.m. Eden Chapel
Wednesday 7 p.m. Freedom Chapel

Protestant-Contemporary

Wednesday, 8 p.m. Tuskegee Chapel
Sunday 11 a.m. Town Hall

Protestant-Traditional

Sunday 9:30 a.m. Air Force Hospital Chapel
Sunday 9:30 a.m. Provider Chapel
Sunday 10 a.m. Freedom Chapel
Sunday 5 p.m. Tuskegee Chapel
Sunday 7:30 p.m. Air Force Hospital Chapel

Non-Denominational

Sunday 9 a.m. Signal Chapel

Non-Denominational Spanish

Sunday 2 p.m. Freedom Chapel

18-19	Crystal Torre	F	1:06:03
	David Dawley	M	1:22:08

20-24	Marisa Conaway	F	1:05:01
	Anthony Calingo	M	0:45:07

25-29	Rebecca Gallimore	F	1:16:59
	Nathan Tarver	M	0:46:44

30-34	Tylena Jessemer	F	1:23:36
	Robb Campbell	M	0:51:22

35-39	Faydra Collier	F	1:16:51
	Jonathan Yerby	M	0:48:57

40-44	Hilda Cepeda	F	1:25:22
	Garth Peterson	M	0:50:51

45-59	Jeanette Guernero	F	1:26:44
	Terry Mullinr	M	0:51:55

50-54	Susan Pearson	F	1:32:30
	Kevin Ryan	M	1:29:43

55 +	Tome Muehleck	M	1:59:59

Anthony Calingo	0:45:07	Rebecca Gallimore	1:16:59	Thoms Smith	1:23:40	Kimberly Colloton	1:29:45	Teresa Weltsch	1:39:04
Nathan Tarver	0:46:44	Mark Anderson	1:17:18	Christopher Kowalzer	1:23:45	Jim Higgins	1:29:56	Patrick Pacheco	1:39:18
Martin Wemblom	0:48:41	Fredrick Wysingle	1:17:20	Brian Wotring	1:23:46	Justin Kashner	1:29:57	Orlando Salas	1:39:35
Jonathan Yerby	0:48:57	Lawrence Gill	1:17:22	Sean Craig	1:23:46	Eric Mills	1:29:57	William Mccune	1:39:35
Garth Peterson	0:50:51	Tyler Redford	1:17:25	Richard Degrand	1:23:57	Ericka Besser	1:30:00	Robert Roberson	1:39:35
Tobias Switzer	0:51:07	Coren Allen	1:17:30	James Little	1:24:06	Valery Drantyen	1:30:12	Liliana Morales	1:39:55
Anthony Rovertoni	0:51:12	Christina Arrisoke	1:17:36	Ben Enbreus	1:24:06	Steven Mullaloy	1:30:16	Catherine Evernham	1:39:56
Robb Campbell	0:51:22	Christopher Allen	1:17:38	Ryan Cooley	1:24:06	Todd Hunkins	1:30:18	Andrew Blankenship	1:39:56
Brad Owen	0:51:23	Michael Marszakek	1:17:47	Joel Workman	1:24:06	James Briganti	1:30:18	Guillermo Pabon	1:39:56
Wayne Hayes	0:51:32	Carey Graham	1:18:01	Mitcheal Devalle	1:24:06	Thomas Stambaugh	1:30:20	Joshua Slaughter	1:39:59
Dennis Fischer	0:51:54	Jennifer Halona	1:18:12	Maurico Rodriquez	1:24:21	Michael Dannelly	1:30:30	Trey Kelly	1:40:16
Terry Mullinr	0:51:55	Christopher Moreno	1:18:14	Matthew Leaf	1:24:21	Paul George	1:30:30	Rosy Hart	1:40:20
Brad Gogats	0:52:05	Andrew Marshall	1:18:14	Monica Robelly	1:24:30	Timothy Andersen	1:30:47	Mark Husted	1:40:20
B. Hejlieddie	0:52:23	Luis Mendoza	1:18:33	Scott Wilmoth	1:24:30	Tamara Hurst	1:30:52	Erin Ohara	1:40:46
Clinton Valentine	0:53:21	Davis-TolerAlexander	1:18:38	Philip Mcdowell	1:24:44	James Henson	1:30:58	Crystal Simms	1:41:07
Greg Galey	0:53:55	Brock Buerck	1:18:39	Francisco Pena	1:24:57	James Goetchliss	1:31:11	Evelyn Aguilera	1:41:22
Chad Kellum	0:54:00	Joshua Hionas	1:18:40	Alex Garza	1:25:10	Marc Sager	1:31:11	Angel Lozada	1:41:22
Marquel Waites	0:54:06	Chad Morris	1:18:44	Shamika Mosley	1:25:16	Scott Yeatman	1:31:12	Emily Evershed	1:41:39
Kyle Clement	0:54:14	Dencil Harrison	1:18:44	Eddie Richard	1:25:16	Greg Petersen	1:31:15	Don Lincoln	1:42:00
Christopher Toelke	0:54:19	Drew Catton	1:18:50	Terry Fountain	1:25:16	David Bell	1:31:26	Alma Silva	1:42:59
Randall Schwartz	0:54:20	Dennis Harris	1:18:51	Hilda Cepeda	1:25:22	Perry Jarmon	1:31:44	Melissa Stauffer	1:43:09
Ignacio Alaniz	0:54:48	Art Zingler	1:18:57	Jesse Shoup	1:25:34	Jerome Peyton	1:31:55	Leo Prichard	1:43:12
Steven Stone	0:55:04	Fredrick Wysingle	1:19:00	Carlos Barreto	1:25:40	Kendra Warner	1:31:56	Brandie Samsil	1:43:19
Jose Mendoza	0:55:25	Mark Pallis	1:19:03	Tim Jankowski	1:25:40	William Kern	1:32:00	David Love	1:43:44
Pete M.	0:55:38	Ashley Michalke	1:19:13	Scott Stowell	1:25:41	Jerry Parrish	1:32:00	Glenn Freeman	1:43:44
David Chang	0:55:58	Michael Leongtave	1:19:17	Matt Murphy	1:25:42	Luke Collin	1:32:07	Daniel Houston	1:43:48
Dustin Groff	0:56:05	James Blanton	1:19:17	Randy Mccauley	1:25:46	Josh Eller	1:32:07	Kent Lentini	1:43:48
Charles Padgett	0:56:06	Wendy Lee Hood	1:19:24	Ryan Amand	1:25:48	John Brethour	1:32:15	Thomas Kent	1:43:50
Nathan Lewis	0:56:15	Michael Payne	1:19:24	Joann Suttan	1:25:50	Joseph Potestivo	1:32:18	Rhonda Price	1:44:05
Christopher Hodges	0:56:18	Darrell Martin	1:19:32	Stephen Shaules	1:25:50	Daryll Slimmer	1:32:22	Joseph Huffaker	1:44:20
Michael Collins	0:56:30	Richard Becker	1:19:42	Corey Kraus	1:25:53	Robert Fellows	1:32:26	Ronald Price	1:44:27
Jason Niggel	0:56:40	Christopher Lill	1:19:49	Maria Dargo	1:25:53	Susan Pearson	1:32:30	David Shields	1:44:27
Jason Maynard	1:04:02	Rachel Mills	1:19:50	Buck Henry	1:25:54	Reed Koiler	1:32:31	Clarissa Pol	1:44:46
Kevin Kelly	1:04:17	Ernestor Cortez	1:19:51	Charlene Lombardi	1:26:02	Ronald Booth	1:32:33	Nina Campbell	1:44:46
Joseph Ollerbidez	1:04:20	Mark Pint	1:19:53	Kelly Baumgartner	1:26:03	Richard Ballard	1:32:33	Larry Hudson	1:44:46
Thomas Moore	1:04:30	Todd Minarich	1:19:55	Michael Wing	1:26:08	David Fadler	1:32:46	Robert Sobolewski	1:44:46
Tallon Mitchell	1:04:43	Greg F.	1:20:00	Michael Cobb	1:26:10	Tracey Haycraft	1:32:48	Kim Bailey	1:44:50
Phil Ryan	1:04:43	Jacob Boyce	1:20:13	Mark Zullig	1:26:10	Brian Johnson	1:32:50	John Potter	1:45:12
Jorge Hinujus	1:04:46	Brandon Gary	1:20:34	Joseph Temono	1:26:15	Willie Rios	1:32:50	Justin Driscoll	1:45:17
Victor Marquez	1:04:55	Fernando Garcia	1:20:46	Lisa Spaccamonti	1:26:18	Alexander Croteau	1:33:15	Gabriella Smith	1:45:29
Scott Adams	1:05:00	Malquer Manzueta	1:20:50	Carrie Allen	1:26:21	Thomas Hartwell	1:33:33	Michail Fabrizioi	1:45:30
Marisa Conaway	1:05:01	Kirk Slaughter	1:20:54	Mark Bbxsom	1:26:29	John Mcguiver	1:33:54	Dianne Parnes	1:45:38
Luis Rangel	1:05:01	Kenneth Bennett	1:20:56	Brad Johnson	1:26:32	Troy Hensley	1:34:12	Will Eaton	1:45:46
Ron Breiter	1:05:01	Edward Gallant	1:21:00	Chrissy Koch	1:26:34	Audra Patterson	1:34:22	Alicia Herman	1:45:47
David Taillon	1:05:13	Cheri Summers	1:21:06	James Bussen	1:26:39	Mike Passoff	1:34:22	Tony May	1:46:12
Joseph Clavel	1:05:20	Joseph Rossi	1:21:06	Jeanette Guernero	1:26:44	William Woods	1:34:37	Paul Borkowski	1:46:17
Keith Pinkowski	1:05:30	Dean T.	1:21:08	Cynthia Velarde	1:26:52	Tony Mugrave	1:34:45	Michael Middleton	1:46:17
Andres Martinez	1:05:44	Kevin Welsh	1:21:08	Ariel Cook	1:26:52	George Hamilton	1:34:45	Tommy Ankenbauer	1:46:39
Ray Keogh	1:06:00	Robert West	1:21:10	Steven Kane	1:26:55	Daniel Silva	1:35:00	Natasha Jones	1:46:48
Crystal Torre	1:06:03	Darren Maute	1:21:12	Paul Tucker	1:26:55	Glenn Turner	1:35:00	Felicia Joyner	1:46:53
Lucas Newman	1:06:04	Beth Peura	1:21:12	Thomas Rodgers	1:26:55	Edward Nusspickel	1:35:07	Bryan Littleton	1:47:07
Michael Goddard	1:06:09	Jesse White	1:21:19	Christine Gayagas	1:26:58	Axel Torre	1:35:12	Zatic Davis	1:47:12
Michael Vargas	1:06:50	Jeffrey Abernathy	1:21:26	Mark Strider	1:27:00	Alex Baguer	1:35:16	Jesse Ayers	1:47:13
Jonathan Punipinte	1:07:00	Jim Balderas	1:21:26	Camille Adams	1:27:10	Kelsha Weaver	1:35:20	Annette Smith	1:48:03
Harold Miller	1:07:07	Florencia Santiago	1:21:30	Mark Nelson	1:27:23	Joe Venghaus	1:35:26	Robert Watson	1:48:03
Vincente Moreno	1:07:33	Stephen Varga	1:21:30	Stacey Smith	1:27:24	Erica Biggs	1:35:58	Daniel Fahey	1:48:03
Derrick Gwin	1:07:36	Erin Kennedy	1:21:46	Candy Reitchel	1:27:29	Timothy French	1:36:02	Nicholas Fuoss	1:48:11
James Lewis	1:07:38	Albert Lamont	1:21:55	Erik Enyart	1:27:35	Alpha Diablo	1:36:09	Shaun Jones	1:48:49
Edward Debish	1:08:25	John Desalle	1:22:04	James Thomas	1:27:40	Amanda Fix	1:36:13	Terrell Robinson	1:48:50
Albert Munoz	1:08:33	David Dawley	1:22:08	Dawn Brown	1:27:44	Vesnadny	1:36:15	Fationa Anhmed	1:49:20
Brandon Haines	1:08:38	Christian Presiado	1:22:09	Margarett Harold	1:27:52	Troy Weiland	1:36:15	Raymond Dharsona	1:49:21
Donald Taylor	1:08:38	Christopher Kinney	1:22:18	Nicole Lee	1:27:53	Janelle Percy	1:36:24	William Gysler	1:49:29
Jonathan Long	1:11:00	Laura Cain	1:22:22	Daniel Samur	1:28:12	Norene Tunstall	1:36:24	Cheryl Windsor	1:50:00
Mical Kupke	1:15:40	Allen Garcia	1:22:22	Banesa Chavez	1:28:20	Nicole Strickland	1:36:49	Rozanne Harper	1:51:43
Gerald Valentine	1:15:42	Tommie Miers	1:22:22	Jared Vanfleet	1:28:20	Tristan Montiel	1:36:49	Lisa Chrislensen	1:51:46
Armand Curet	1:15:52	Terrence Burkett	1:22:22	Katherine Negron	1:28:20	Burchell Stephens	1:36:49	Lucius Shuler	1:52:15
Dennis Hough	1:15:52	Jorge Cornejo	1:22:23	Robert Nash	1:28:20	Mark Pemberton	1:36:59	Glenn Read	1:53:17
Mark Uberuaga	1:15:58	Andrew Gamblin	1:22:31	Scott Marshall	1:28:25	Stephanie Nye	1:36:59	James Deal	1:53:46
Matthew Mccoy	1:16:00	Lawrence Parada	1:22:34	David Williams	1:28:33	Bill Davis	1:36:59	Wayde Harvey	1:54:10
Gary Pruiett	1:16:02	Saul Kirsch	1:22:35	John Phillips	1:28:36	Justin James	1:37:14	John Stout	1:54:11
Grace Chung	1:16:08	Dean Martin	1:22:39	David Caleb	1:28:38	Bobby Phillips	1:37:14	Jay Vaccaro	1:54:11
Mark Panczer	1:16:13	Robert Walter	1:23:02	Monica Gorbandt	1:28:42	Amy Brautigan	1:37:20	Andrew Chung	1:54:50
Cory Spencer	1:16:20	Anthony Browner	1:23:08	Steven Liss	1:28:43	Pamela Schmecht	1:37:20	Joseph Mandell	1:54:50
Mike Trimble	1:16:25	Phillip Co	1:23:09	Jon Tussing	1:28:44	Elizabeth Johnson	1:37:20	Jennifer Williams	1:55:18
Linwood Smith	1:16:30	Jose Maldonado	1:23:22	Jonathan Lutgens	1:28:50	Robert Montalvo	1:37:46	Joshua Springsdorf	1:55:18
James West	1:16:37	Amber Orton	1:23:23	Travis Richards	1:28:58	Christopher Gilbert	1:37:51	Jacqueline Oneg	1:56:22
John Smith	1:16:37	Matthew Magee	1:23:23	Preston Osborne	1:29:16	Maria Vaquera	1:38:05	Eddie Dickerson	1:59:59
Aaron Cole	1:16:39	Ted S.	1:23:23	Bradford Hughes	1:29:18	Andrew Bickham	1:38:10	Henry Romero	1:59:59
Brandon Harris	1:16:39	Samuel Figueroc	1:23:23	Travis Grines	1:29:21	Blu Pamhoff	1:38:18	Jeff Johnson	1:59:59
Kenneth Larmon	1:16:39	Daniel Williams	1:23:29	Travis Owens	1:29:28	Robert Barnes	1:38:25	Tom Muehleck	1:59:59
James Lehman	1:16:39	Carl Harms	1:23:29	Caesar Jones	1:29:28	Jenniffer Rockmore	1:38:35	Kyle Climo	2:05:30
Mike Phillips	1:16:43	Angel Liberg	1:23:30	Lauren Tezenbach	1:29:32	Pablo Rodriguez	1:38:35	Cody Schapson	2:30:39
Les Martin	1:16:46	Wyatt Smith	1:23:36	Jerry Dickerson	1:29:38	Matthew Cummins	1:38:50	Michael Wirick	3:30:39
Faydra Collier	1:16:51	Tylena Jessemer	1:23:36	Kevin Ryan	1:29:43	Lorraine Stanton	1:39:04		

October 18

Aerobics
6 a.m. and 5:30 p.m.
East MWR Fitness Center

Yoga
6 p.m.
East MWR Fitness Center

Boxing
7:30 to 9 p.m.
East MWR Fitness Center

Rock Climbing Class
8 p.m.
East MWR Fitness Center

8-Ball Tourney
8 p.m.
West Recreation Center

Madden '05
8 p.m.
West Recreation Center

9-Ball Tourney
8 p.m.
East Rec Center

DJ Classes
8 p.m.
East Rec Center

October 19

Tae Kwon Do
7 to 8:30 p.m.
East MWR Fitness Center

NOGI Jiu-Jitsu
9 p.m.
East MWR Fitness Center

Level 2 Swim Lessons
7 p.m.
Indoor Pool

Level 1 Swim Lessons
8 p.m.
Indoor Pool

ANACONDA ACTIVITIES

Your one-stop connection to activities around LSA Anaconda
to add your activity to the event calendar, email anaconda.times@balad.iraq.centcom.mil

Battlefield Ground
8 p.m.
East Rec Center

October 20

Aerobics
5:30 p.m.
East MWR Fitness Center

Boxing
7:30 to 9 p.m.
East MWR Fitness Center

Chess Tourney
8 p.m.
West Recreation Center

4-4 Volleyball Tourney
8 p.m.
West MWR Fitness Center

Caribbean Dance
8 p.m.
East Rec Center

October 21

Aerobics
noon to 1 p.m.
East MWR Fitness Center

Open Court Volleyball
6 p.m.
East MWR Fitness Center

500m Fins/Kickboard
9 a.m. and 7:30 p.m.
Indoor Pool

Texas Hold'em
8 p.m.
West Recreation Center

Aerobics
8 p.m.
West MWR Fitness Center

Salsa Dance
8 p.m.
East Rec Center

Tae Kwon Do
7 to 8:30 p.m.
East MWR Fitness Center

NOGI Jiu-Jitsu
9 p.m.
East MWR Fitness Center

Level 2 Swim Lessons
7 p.m.
Indoor Pool

Level 1 Swim Lessons
8 p.m.
Indoor Pool

Command & Conquer
8 p.m.
West Recreation Center

Dodgeball Tourney
8 p.m.
West MWR Fitness Center

Texas Hold'em
8 p.m.
East Rec Center

October 21

Aerobics
5:30 p.m.
East MWR Fitness Center

Boxing
7:30 to 9 p.m.
East MWR Fitness Center

100m Butterfly
10 a.m. and 7:30 p.m.
Indoor Pool

Spades Tourney
8 p.m.
West Recreation Center

4-4 Volleyball Tourney
8 p.m.
West MWR Fitness Center

Caribbean Dance
8 p.m.
East Rec Center

October 22

Aerobics
noon to 1 p.m.
East MWR Fitness Center

Open Court Volleyball
6 p.m.
East MWR Fitness Center

One-Mile Swim Race
10 a.m. and 7:30 p.m.
Indoor Pool

Texas Hold'em
8 p.m.
West Recreation Center

Aerobics
8 p.m.
West MWR Fitness Center

Salsa Dance
8 p.m.
East Rec Center

October 23

Open Court Volleyball

6 p.m.
East MWR Fitness Center

Tae Kwon Do
7 to 8:30 p.m.
East MWR Fitness Center

Brazilian Jiu-Jitsu
9 p.m.
East MWR Fitness Center

Green Bean Karaoke
8 p.m.
Green Bean Coffee Shop

5-5 Basketball Tourney
8 p.m.
West MWR Fitness Center

Hip Hop Class
8 p.m.
East Rec Center

Poker
8 p.m.
East Rec Center

October 24

Aerobics
6 a.m. and 5:30 p.m.
East MWR Fitness Center

Boxing
7:30 to 9 p.m.
East MWR Fitness Center

Rock Climbing Class
8 p.m.
East MWR Fitness Center

One-Hour Swim-A-Thon
Two-Person Teams
5:30 a.m.
Outdoor Pool

Jam Session
8 p.m.
West Recreation Center

13th Sustainment Command (Expeditionary)

Halloween Talent Show

Singing, Dancing and Comedy performances (Group or Single)

sign up ONLY

EAST RECREATION MWR

OCTOBER 31st at 7 p.m.

Where: MWR (Lounge) at East Recreation

Limited to 8 Acts per Category

Drop box located EAST MWR

DEADLINE TO ENTER IS OCT. 28

1	A	2	S	3	P	4	E	5	N	6	B	7	L	8	A	9	I	10	R
11	M	12	O	13	I	14	N	15	E	16	S	17	J	18	A	19	C	20	K
15	E	16	L	17	S	18	P	19	L	20	E	21	B	22	I	23	T	24	E
20	N	21	I	22	A	23	G	24	A	25	R	26	A	27	F	28	A	29	L
26	I	27	C	28	Y	29	F	30	R	31	E	32	Y	33	A	34	S	35	P
29	G	30	A	31	R	32	V	33	E	34	I	35	T	36	T	37		38	
34	G	35	U	36	L	37	L	38	B	39	I	40	R	41	M	42	I	43	N
40	E	41	R	42	A	43	L	44	A	45	N	46	S	47	I	48	N	49	G
43	T	44	U	45	S	46	C	47	A	48	L	49	O	50	O	51	S	52	A
46	K	47	A	48	Y	49	N	50	T	51	W	52	E	53	S	54	T	55	
49	Q	50	U	51	A	52	E	53	P	54	I	55	C	56	A	57	Y	58	N
55	U	56	T	57	P	58	R	59	O	60	V	61	I	62	N	63	C	64	E
61	O	62	A	63	H	64	U	65	I	66	T	67	C	68	H	69	D	70	O
65	H	66	E	67	R	68	S	69	H	70	E	71	Y	72	E	73	L	74	M
71	E	72	L	73	L	74	I	75	S	76	S	77	A	78	L	79	E	80	M

Oct. 11

Issue Puzzle

Answers

6	9	4	2	3	5	8	1	7
8	1	3	7	6	4	2	9	5
7	5	2	8	9	1	3	6	4
9	2	5	1	8	7	4	3	6
3	6	1	9	4	2	5	7	8
4	7	8	3	5	6	9	2	1
1	3	9	4	7	8	6	5	2
2	8	6	5	1	3	7	4	9
5	4	7	6	2	9	1	8	3

ANACONDA CROSSWORD "BOSTON MARATHON"

Across
1. APRIL 17TH, 2000 - The Boston Marathon! What all participants must do before the big day
6. Ms. Pippig (of Germany) has won the Boston Marathon three times and her best time was in 1994 when she finished at 2:21:45 (Her time is also the Women's course Record of the Boston Marathon)
9. He has won the Boston Marathon three times and his best finishing time was 2:07:15 in 1994 (His time is also the course Record of the Boston Marathon): Cosmas ____
14. Ms. Ruiz is the infamous Boston Marathon runner who allegedly caught a subway, then jumped back into the race to (presumably) be victorious in 1980
15. Donaldson or Walton
16. Greased
17. Mr. Baba
18. Stinging insect
20. A school's film and sound dept.
21. Nicknamed section of #5D that the athletes must endure
27. Smokey Robinson & The Miracles song: " ____ Baby Baby"
28. Mate for Ma
29. Obi, for one
31. Every Boston Marathon participant must wear one
35. "Concept" in Cannes
36. Floor covering
37. Info on a Résumé
38. Those born under the fifth sign of the Zodiac
40. State for Des Moines, for short
41. She (Initials) wrote "Wuthering Heights" (1847)
43. Actress Remick
45. Medical pro
46. He (Initials) is a top Las Vegas entertainer
47. Cable news network
49. Folklore Fairy
51. Line of Work, slangily
52. Make changes to a written work
54. The gun goes off ...and the athletes start the Boston Marathon, here!
58. Scorch the Surface
59. In the area of
60. Actress ____ Dawn Chong
61. UTOPIA! The Finish Line of the Boston Marathon is located here!
69. Italian avant-garde playwright: Dario ____
70. Himalayan Humanoid

71. Self-Defense Exercises: ____ Chi
72. What participants of the Boston Marathon are encouraged to consume throughout the entire course of the race
75. There are 26 of these situated along the Boston Marathon's course: American ____ Cross First Aid Stations
76. Goal of Boston Marathon participants: To ____ the Finish Line!
78. Legendary Boston Marathon runner who won the race in 1935 and 1945 (He also started a record 61 races and finished 58 of them): Johnny "The ____" Kelley
79. Beast of Burden
80. Many Boston Marathon champions hail from this country, such as #9A

Down
1. Make-a-Metaphysical-Poet! Thomas ____erne (b.1637 - d.1674)
2. Persona in a Play
3. Largest continent
4. Certain "Rocky" sequel
5. This town comes after Wellesley on the Boston Marathon course
6. Part of a Beach Boy sounding Beatles song title
7. Word with Recording
8. Melissa Etheridge song: "Yes I ____"
9. Patriarch of the Ark
10. The Boston Marathon: Open, Masters, Veterans, Seniors or Wheelchair, for example
11. Word with Paso
12. New Zealand's operatic soprano: Dame Kiri ____ Kanawa
13. Suffix to "Chlor" or "Cyan"
19. Approximately
22. Sell Short
23. Imitate
24. Lagerfeld of Fashion
25. Fellas
26. Type of Car: Buick Regal ____
30. Mr. Frei's (of Switzerland) best finishing time was 1:21:23 in 1994, and that is the record among the Boston Marathon's wheelchair competitors
31. Barnyard Bleat
32. Certain pronoun
33. Actor Gibson
34. High-pitched signal

1	2	3	4	5		6	7	8		9	10	11	12	13
14						15				16				
17				18	19					20				
21				22					23	24			25	26
			27					28			29			30
	31	32				33	34				35			
36					37				38	39				
40			41	42		43		44			45		46	
		47				48		49		50			51	
52	53					54	55				56	57		
58						59				60				
	61			62			63	64				65	66	67
68			69				70					71		
72	73	74					75				76	77		
78							79				80			

36. The Boston Marathon is 26.2 of these long
39. George Clooney's former TV gig
41. For Example: To participate in the Boston Marathon, residents of the States and Canada must pay \$75, and residents of all other countries must pay \$100
42. Mr. King
44. Wapiti
46. Some Boston Marathon competitors just want to finish, while others want to finish ...and do this
47. International greeting
48. Does a certain rhythmic ballroom dance: Cha-____
50. Boston Marathon's top finishing position
51. Ms. Derek
53. Young socialite, informally
55. He was an Outfielder for the New York Giants: Mel ____

56. Boston Marathon racers pass by Lake Cochituate in this scenic town
57. Dutch portrait painter: Gerard ____ Borch (b.1617 - d.1681)
62. It'll turn "ies" into motor trucks in Britain
63. Court Cry
64. Beatty and Rorem
65. College in England
66. Not difficult
67. European river rising in the Carpathian Mountains (var. sp.)
68. She Sheep
73. Actor Pacino
74. Football acronym
75. Ancient Hawk-Headed God
77. Word seen on a Memo

SUSTAINER REEL TIME THEATER

(Schedule is subject to change)

Wednesday, Oct. 18
5 p.m. Talladega Nights (PG-13)
8 p.m. Barnyard (PG)

Thursday, Oct. 19
5 p.m. Zoom (PG)
8 p.m. The Marine (PG-13)

Friday, Oct. 20
5 p.m. Talladega Nights (PG-13)
8:30 p.m. The Marine (PG-13)

Saturday, Oct. 21
5 p.m. Talladega Nights (PG-13)
8 p.m. The Departed (R)

Sunday, Oct. 22
5 p.m. The Departed (R)
8 p.m. The Departed (R)

Monday, Oct. 23
5 p.m. Talladega Nights (PG-13)
8 p.m. Zoom (PG)

Tuesday, Oct. 24
5 p.m. Barnyard (PG)
8 p.m. The Departed (R)

Wednesday, Oct. 25
5 p.m. The Departed (R)
8 p.m. Zoom (PG)

Anaconda Sudoku

Mission:
Using logic and reasoning you must fill the remaining empty cells in the following puzzle with a digit from to 9, such that each digit from to 9 appears
- exactly once on each row
- exactly once in each column
- exactly once in each of the nine delineated 3x3 squares.
There is only one solution

	1	7	2		4	5	6	
2				9				1
		4				7		
	2						4	
	4			7		8	9	
	5						3	
		3				9		
5				4				6
	8	9	3		5	2	7	



Senior Airman Patrick Deren, a patrolman with the 332 Expeditionary Security Forces Squadron reassures "casualty" Spc. Kiristin Hugo, a combat medic with the 36th Aviations Corps Battalion.

Medic!

Anaconda's first responders test their training during mass casualty exercise

story and photos by Spc. Alexandra Hemmerly-Brown

LSA ANACONDA, Iraq – A mass casualty exercise was cut short due to real-world incoming and outgoing rounds Oct. 5, stressing the importance of the training.

The event, hosted by the 36th Combat Aviation Brigade, was a test of Anaconda's medics and how they respond in an emergency, said Maj. David B. Hale, 13th Sustainment Brigade (Expeditionary) surgeon.

Anaconda's medics are aware of mass casualty training events, although their exact dates and times are kept secret in an attempt to make reaction times as realistic as possible.

Approximately 35 "wounded" patients were scat-

tered between three locations on Anaconda, who each had a specific injury that needed tending to.

During the event, an alarm red sounded and simulated explosions were set off.

Vehicles pulled off the roads, and the first responders to "injured" servicemembers were combat life-saver qualified security forces personnel.

The definition of a mass casualty incident is when there are more injured personnel than medics can care for. For this event, the definition proved true as just a few security forces personnel raced in between several wounded, trying to administer care as quickly as possible.

"We have to decide who to treat first, because we can't help everyone," Hale said.

This exercise was shortened because of real-world attacks, but the real alarm red homed-in why the training was being done: to be proficient when and if a real mass casualty occurs.



Maj. Mary Ann Rowe, a physician's assistant with the 36th Combat Aviation Brigade, and other participants fill the sidewalk during an exercise, displaying what a real mass casualty event might look like at LSA Anaconda Oct. 5.



A security force specialist administers basic first aid to a "wounded" servicemember Oct. 5 during a mass casualty exercise.



Air Force Staff Sgt. Sammie Jones, an F-16 weapons specialist with the 332 Expeditionary Aircraft Maintenance Squadron simulates being injured.