

ROCK SLATE



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386th Air Expeditionary Wing

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Another breed
of Airman
Pages 6-7



The Lion and Gazzelle

Lt. Col. Miklos Kiss Jr.
386th EAMXS Commander

In an office near the Chinese coastal city of Shenzhen, the production manager of a factory churning out gadgets destined for the United States has the following quote translated from Swahili into Mandarin tacked to his wall:

"Every morning the gazelle wakes up and knows that if he wishes to live another day he will have to outrun the fastest lion or be killed. Every morning the lion wakes knowing that it will have to outrun the slowest gazelle or starve to death. No matter if you are lion or gazelle, when the sun comes up, you had better be running."

Competition is a powerful driving force. It is helping China become a dynamic industrial power. President Kennedy used competition with the U.S.S.R. to rocket the United States to the moon in nine years. Competition brings out the best in us; witness the New York Mets.

Except in war, the military is largely exempt from competition. In the lion and gazelle competition known as war, the US military is second to none. The world marveled at America's swift and decisive campaign across Iraq. With no strategic surprise and little operational surprise, US forces did more with less. This is a credit to our operational planners and enlisted force.

Unfortunately we can't use the competition of war on a day-to-day basis to optimize our organizations the way free-markets can. Face it, the military is a monopoly. Each squad-

ron on base is a monopoly, largely exempt from competition. If you do not like the service you are getting from civil engineering, dining facility, or military personnel flight you can't go to the competition. Aircrews can't change vendors if they do not like the flightline maintenance they are getting. We all have experienced at least once in our military careers exasperation over poor service. In the absence of competition, how can we lead our endeavors to be responsive and efficient?

Unlike most companies, we in the Air Force are led by core values that drive us to serve a greater purpose. Air Force leaders drill into themselves and find ways to satisfy their customers or prepare for war.

Strategic Air Command (SAC) during the reign of General Curtis LeMay was perhaps the best ran organization in the early 1960's. Through relentless no-notice inspections, high standards, and realistic training LeMay created the culture of the SAC-trained-killer. They were the best America had, they knew it, and LeMay rewarded them by investing equal effort in housing, facilities, and recognition programs; a fact often overshadowed by his rough demeanor.

High standards are the hallmark of all good leaders.

Whether you are a Senior Airman repairing phone lines or a Lieutenant running the marshalling yard, the standards of excellence you set will determine whether those you serve walk away satisfied or disgruntled.

Be a lion, set standards high and start running.



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Public health offers tips to prevent insect bites

Courtesy of Public Health Office
386th Civil Engineering Squadron

Like it or not the bugs are here to stay a few more months. Mosquitoes, flies and other creepy crawlers are coming for a visit and they'll be here until temperatures are consistently below 70 degrees Fahrenheit.

The Armed Forces Pest Management Board reminds us "more troops are taken out of action by disease and non-battle injuries than are injured in combat. Many of the disease injuries result from germs passed by insect bites. Don't let yourself be pestered by insects, or worse, become a casualty due to a bug-borne disease." Here are a few Q&As to help you avoid bites. If you have more questions, call 442-3000.

Q: What can I do to reduce the size of the mos-

quito and fly population?

A: Mosquitoes need standing water to breed. During the rainy season if you identify an area of standing water either on the ground or in a container report it to CE or Public Health. Also flies need food to stay alive and continue their breeding cycle. Take time to empty trash containers frequently and clean up around the base. Overall cleanliness will help reduce the numbers of flies.

Q: How can I protect myself from being bitten by insects?

A: Help prevent the diseases, pain, and nuisance of insect bites and stings by using personal protective measures (PPM's.) For optimum protection military personnel should use the DOD insect repellent system:

1. Treat your uniform with the standard military clothing repellent (Permethrin). Bag-

type "shake & bake" treatment kit (NSN 6840-01-345-0237- one kit treats one uniform but is effective for the life of the uniform), Aerosol can method (NSN 684001-278-1336- ¾ of can treats one uniform but, is only effective for 5-6 washings).

2. Apply a thin coat of the standard military skin repellent to all areas of exposed skin. DEET insect repellent lotion (NSN 6840-01-284-3982- One application lasts 6-12 hours depending on climate).

3. Wear your uniform properly; it acts as a physical barrier against insects. Wear the sleeves rolled down. Close all openings in your clothing that might provide access to insects: tuck pants into your boots or blouse your pants over your boots, and tuck undershirt into your pants. Some insects, such as mosquitoes, can bite through fab-

ric that is pulled tight against the skin so wear you uniform loosely.

Q: How do I prevent from having insects in my living quarters or work area?

A: Sanitation and good house-keeping are the keys to prevention.

Q: Where can I get Permethrin, DEET or insect repellent?

A: All can be ordered by your squadron supply/readiness office.

Q: What diseases do the mosquitoes carry in this area?

A: The good news is that in this area mosquitoes don't carry diseases that threaten humans, however this can easily change in the future. Just as West Nile Virus spread across the US, the same can potentially happen anywhere in the world.

Practicing good defensive PPMs will help you stay healthy and more comfortable. As the saying goes, an ounce of prevention is worth a pound of cure.

Command change ...



Air Force/Tech. Sgt. Charles Massie

Lt. Col. William Roberts, 586th Expeditionary Logistics Readiness Squadron commander, accepts the guidon from 586th Expeditionary Mission Support Group commander, Col. Pete Micale. The former 586th ELRS commander, Lt. Col. Jeanne Hardrath (right) relinquished command to Colonel Roberts in a ceremony Sept. 30.

Ready to expand
your career?

Dedicated Airmen are
needed to fill enlisted
aircrew positions.



Career Enlisted Aviator
Career Day!

Come to the FLEX
Oct. 9th, 11 a.m. - 1 p.m.

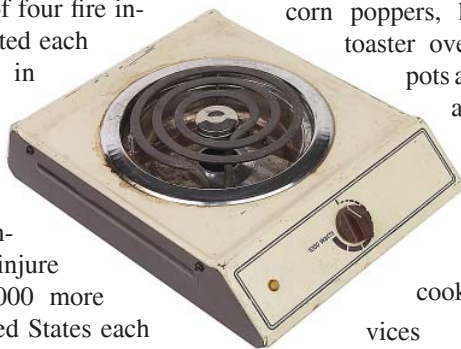
Career enlisted aviators
will be on hand to answer
your questions and share
with you what it takes to
be an enlisted aviator.

To prevent cooking fires -- watch what you heat

Tech. Sgt. Scott Thornburg
386th Fire and Emergency Services

The National Fire Protection Association theme for Fire Prevention Week (Oct. 8-14) is "Prevent Cooking Fires: Watch What You Heat." NFPA studies show that cooking fires are the number-one cause of home fires and home-fire injuries. Three out of four fire injuries reported each year occur in the home.

Home cooking fires kill hundreds and injure roughly 4,000 more in the United States each year. Aside from death and injury, personal losses include \$500 million in homes and contents destroyed annually.



How does this apply to us who are deployed to the desert? For firefighters it means we have a lot to do from education and prevention to actually responding to the fire emergencies.

For the rest of the Rock's population (especially those who live in tents) this means cooking devices such as popcorn poppers, hot plates, toaster ovens, coffee pots and toasters are prohibited in the tents.

Many of the cooking devices mentioned above are allowed in expandable shelters, hard facilities and trailers but an in-

spection and approval from the fire department is required.

Microwave use is a little different because they can be used if 386th Civil Engineering Squadron electricians and the fire department have approved the area. Adding a microwave to a circuit might cause the circuit to overload so never plug one in unless 386th CES officials have said it's okay to do so. When using a microwave, remember they are only to be used to heat prepared foods or liquids.



It's nice to focus on fire prevention during this designated week, but fire safety and prevention is something to always consider and plan for, especially in a deployed location.

Smoking should not be done anywhere around the base except in the designated areas (smoke pits), DO NOT smoke in tents. Please check smoke detectors and fire extinguishers and report it when there is any discrepancy.

A couple minutes spent thinking about fire prevention and "watching what you heat" can save you or your wingman's life.

ROCK SPORTS AND FITNESS

Softball, Rock style



Air Force/Tech. Sgt. Andy Belamy

The AEF 3-4 intramural softball season kicked off Monday night, and volunteers are needed for Umpires. No experience is required, and training will be provided. Games will be played on Mondays, Wednesdays, Thursdays, and Fridays at 5, 6, 7 and 8p.m. if you are interested, call the Rock Fitness Center, 442-4244.

Winners for recent sports events:

Home Run Derby

28 Sept.
Staff Sgt. Joshua Reece
(386th ESFS)

4X4 Relay

29 Sept.
Lt. Col. Joseph Turk
(386th EMSG)
Lt. Col. David Kaweck
(386th ECES)
Maj. Steven King
(386th ECONS)
Capt. Dan Ray
(386th ECS)

Early Bird 5K Run

30 Sept.
Males 18-25
Senior Airman Jose Alvarez
(386th ECES) 18:26*
Males 26-33

Tech. Sgt. M. Saito
(Japan) 20:05
Males 34-41
Capt. Kazushigi Tsujimoto
(Japan) 22:17
Males 42-49
Lt. Col. Joseph Turk
(386th EMSG) 19:53
Males 50+
Master Sgt. Joseph Coe
(386th ECES) 25:42

Females 18-25

Staff Sgt. Heather Truitt
(386th ELRS) 29:30
Females 26-33

2nd Lt. Maureen Massaro
(386th AEW) 26:30

Females 34-41

Tech. Sgt. Reiko Tanikawa
(Japan) 22:11
*Overall Winner



Services
has **2**
great events
coming soon
so check the
calendar on
the intranet
home page or
call the **FLEX**
for more info.



STANDARD(S) ISSUE



INCORRECT: Master Sgt. Michael Mitchum, 386th Expeditionary Aircraft Maintenance Squadron production superintendant, shows a wrong way to wear the reflective belt.



CORRECT: Tech. Sgt. John Graber, 386th Expeditionary Logistics Readiness Squadron fuels specialist, wears his reflective belt around the waist which is the correct way.

Diamond in the rough ...



Air Force/Staff Sgt. Ian Carrier

The Desert Diamond celebrated its grand opening Monday, Oct. 2 at the Army LSA with free menu tastings and door prizes. The Asian food restaurant is the only air-conditioned sit-down eatery outside of the dining facility. The Desert Diamond is open seven days a week from 9 a.m. until 9 p.m.



Working dogs keep us **SAFE BY A NOSE**

Story and photos by Staff Sgt. Ian Carrier

386th Public Affairs

Before the American Civil War, our military was using dogs to protect our country and defend the men and women of our armed forces. The first official use of military dogs by the United States was during the Seminole War in the early 1800's. The first war dog training program was started by the Army Quartermaster Corps during WWII, and the use of dogs con-

tinued through Korea, Vietnam, and right into today. Dogs have played various roles from sentry and scout to mine detection. Countless lives have been saved by our canine counterparts from the wetlands of Florida to the hedgerows of Normandy and the hills of Vietnam.

The tradition of military working dogs is alive here on the Rock. At all of the main entry points to the base there are Air Force dogs 24 hours a day, 7 days a week. The dogs assigned to the 386th Expeditionary Security Forces Squadron help keep us secure by providing searching for explosives, walking patrols, and conducting anti-terrorism measures.

According to Tech. Sgt. Dennis Morgan, 386th ESFS kennel master, the canines are a small piece of the puzzle, but one of the most important in the war on terrorism.

"The dogs are a tool in the Security Forces toolbox," said Sergeant Morgan.

Aside from performing their mission, the dogs are continually conducting training. Between 60-80 hours a week is devoted to explosive and patrol training.

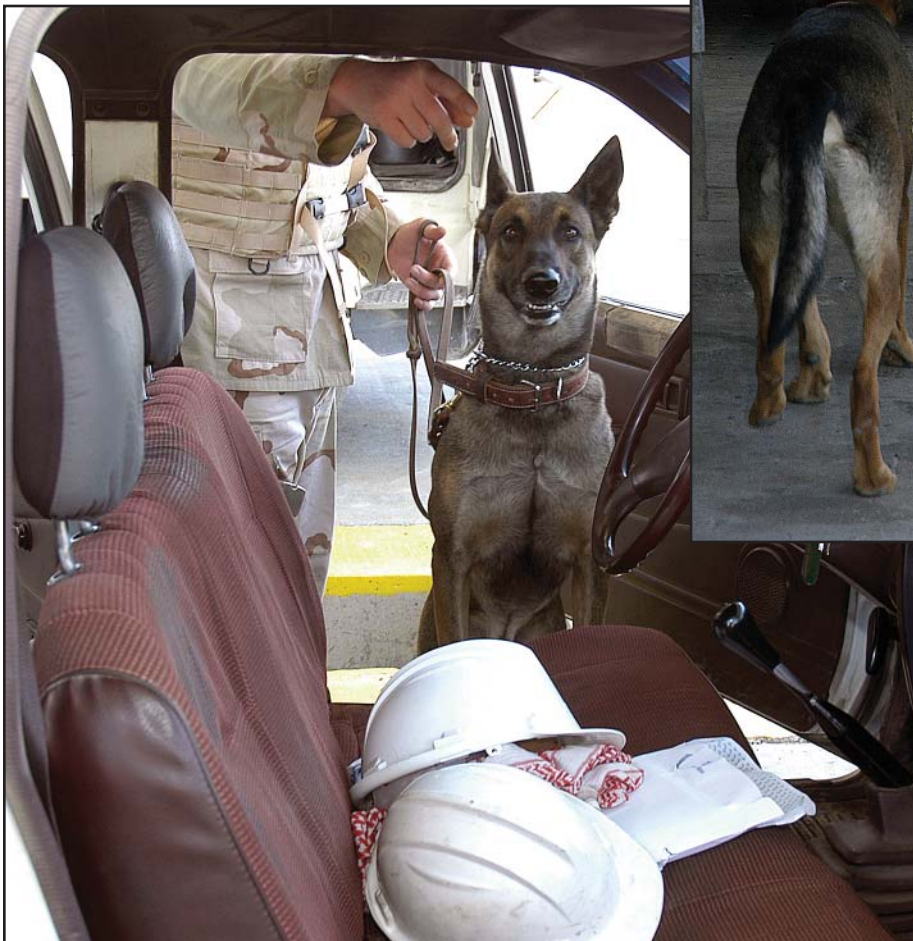
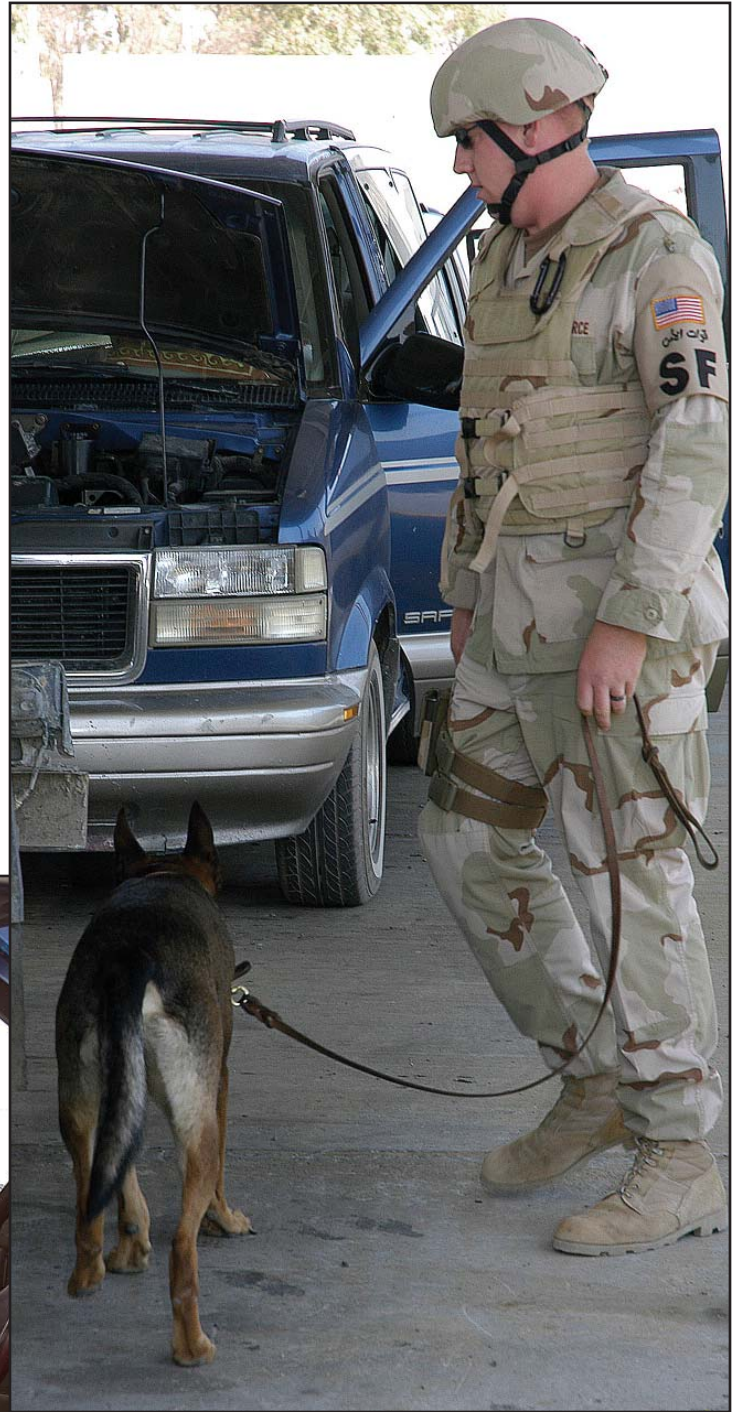
The Airmen who get to work with these animals feel very lucky. Staff Sgt. Blake Hemmann, 386th ESFS dog handler expressed his feelings about working with Ben, a 7-year-old German Shepherd.

"Working with dogs is about the best job you can have in the military as an enlisted person," said Sergeant Hemmann. "I love what I do."

Hhart, a Belgian Malinois born and raised at Lackland Air Force Base has been in service his whole life. Hhart's handler, Staff Sgt. Michael Sanders, 386th ESFS, sees him as a member of the Air Force team.

"Being with the dog, I never go anywhere without a partner," said Sergeant Sanders.





386th Air Expeditionary Wing Rock Solid Warriors



**A1C
Jacqueline Esterby**

386th Expeditionary Operations Support Squadron
1CO52 Aviation Resource Management

Home unit/base: 43rd EOSS, Pope AFB, NC

How do you support the mission here? My responsibility at the Rock is to insure that all the C-130 Co-Pilots receive their daily COMSEC. I produce the aircrew flight orders and account for all of the Pope aircrew's documentation, to include the AFTO FORM 781 which is used to document their flight hours and the Mission Accomplishment Report (MAR) which is used to log training tasks. I am required to accurately input all daily mission data into the Online Mobility Reporting System (ORMS) which is sent to HQ CENTAF and all flight/training data into the Aviation Resource Management System (ARMS). It is my job to insure that all 200+ aircrew members have the required training prior to flying.

How many times have you deployed and what makes this one unique? This is my first deployment.

How does your job differ in a deployed environment vs. home base? At the Rock I have more interaction with the aircrew members, I work daily with the Security Force's Ravens, the Maintenance Flying Crew Chief's and the Communications and Navigations (Com/Nav) members to provide the support needed for the OIF mission.



**Staff Sgt.
Jeanie Holland**

586th Expeditionary Logistics Readiness Squadron
2G071 Logistics Planner

Home unit/base: 355th LRS, Davis Monthan AFB, Ariz.

How do you support the mission here? I support the mission here by coordinating redeployment missions for troops going home. I also provide vital mission data to troop commanders to ensure that everyone arrives to their home station.

How many times have you deployed and what makes this one unique? This is my first deployment. This deployment is unique because it allows me to see just how important my job is in the AOR. As a logistics planner, I am the go to person for a lot of redeployment issues.

How does your job differ in a deployed environment vs. home base? The only difference to my job here vs. at home station is the Ops tempo. There is almost always an individual or a group of people leaving to go home. There's never a dull moment.