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386th Air Expeditionary Wing

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Walk raises money for multiple sclerosis

Staff Sgt. Ryan Hansen

386th ANEW/PA

The boots of Airmen from the 386th Air Expeditionary Wing were made for walking and that's just what they did early on the morning of Aug. 27 to raise money and awareness for multiple sclerosis.

More than 20 people hit the pavement while hundreds of others pledged money for the first-ever MS charity walk in the AOR.

"I am very proud of the way the base supported the walk and how the troops that participated jumped in with both feet to help in every aspect of this walk," said Tech. Sgt. Tim McKenna, airfield manager with the 386th Operations Support Squadron, who organized the event. "It was and still is a fantastic feeling of accomplishment."

The event was similar to walks organized by the National Multiple Sclerosis Society held annually around the United States. In total 100 miles were logged with each walker doing five miles each. It raised around \$2,000, which will be given to the West Virginia MS chapter in Charleston, W. Va.

"I believe it is important that an event like this one takes place in the AOR because it shows the world that no matter where you are or what you're doing, giving back to the community is taking place," said Sergeant McKenna. "It is also good for young Airmen to realize that all you have to do is apply yourself and even though we are in a war zone that anything is possible. The core values still apply – integrity first, service before self and excellence in all we do."

The charity walk brought together Airmen from various squadrons and each participant had various reasons for taking part. Some walked for exercise, some did it to help the cause while others did it because they know someone affected by the disease.

"I've done these throughout my career



Air Force/Staff Sgt. Ryan Hansen

Staff Sgt. Zach Bagley, 386th Expeditionary Logistics Readiness Squadron, strolls down Independence Loop during the charity walk for multiple sclerosis Aug. 27. The event raised around \$2,000 to fight the disease.

and I thought it would be nice to do one here too," said Zach Bagley, 386th Expeditionary Logistics Readiness Squadron. "It seems that people are always doing things for (deployed troops), so it's nice that we can do something to give back as well."

"I'm really glad that I can take part in this," said Tech. Sgt. Jamie-Lynn Winkler, 386th Expeditionary Medical Group. "My sister has MS so anything that I can do to help is great."

MS is an unpredictable, chronic and often disabling disease of the central nervous system, according to the national society.

Symptoms vary dramatically from person-to-person and in the same person over time. They may be mild such as numbness or tingling in the limbs or severe such as loss of vision or paralysis.

"I have a cousin that has MS," said Master Sgt. Frank Guido, 386th Air Expeditionary Wing chapel. "She's had it for the better part of 20 years and to see the way that her body has degenerated is really heart wrenching. I'm glad for events like this that raise money as well as awareness about this disease."

MS affects more than 4,000,000 people in the U.S. today.

Who's On Your Team?

Lt. Col. Bill Ward

737th EAS commander

Who's on your team? This might sound like an odd question, but if you really think about it, the answer(s) could be enlightening.

Usually when we think of a team, we think of a group of guys wearing the same color jerseys or shooting at the same goal or running the same direction on a field. Unfortunately, the standard sports analogies don't provide much help in this particular discussion. The guy with the other team's logo on his helmet is clearly never going to be on your side ... or is he? What about that All-Star game at the end of the season ... ? Who's on your team.

In the professional world, your team could be all the folks that work in the same section. Or it could be a cross-functional group assembled to solve a complex problem. Whatever the composition, I think we've all learned the lesson since before kindergarten: teamwork is important — I'll start with that as a given. Think of a good team you've been part of. Everyone working toward a common goal, everyone doing their individual part with an understanding of its role in the overall vision and everyone properly valuing the contributions of each partner, no matter their task.

Good teams communicate effectively and include everyone in the coordination process. You're likely to cut your teammates some slack that you might not grant to Joe Schmoe, from some other organization. You expect your teammates will back you up if you're having an off day and they won't hold it against you. They know you'll do the same for them the next day. They treat you like a real person because they have a more complete understanding of the context you operate in, both personally and professionally. I imagine you start with the belief your teammates are working hard, trying to do the right things the right way for the right reasons, instead of assuming they're lazy, incompetent, selfish or just plain mean.

So ... who's on your team? Are you willing to draw the circle a little wider? How about the maintainer working on your aircraft or vehicle? How about the SF warrior pulling gate security? How about the communications squadron help desk technician or the civil engineer troop working on your facility or the bus driver taking you to your work center or the loadmaster guiding your forklift — are they on your team? I'm sure we're all smart enough to know the book answer is "yes," but is that the way we look at people? Is that the way we treat them? Are you willing to change your perceptions and assumptions?

Let's give it a try. We're at the beginning of a new AEF cycle; that's a huge opportunity to build the All-Star team right here. Folks are arriving from all over the world, from Japan, Washington, Texas, Florida, Germany and everywhere in between. Lots of new faces, lots of confused looks and lots of well-intentioned, competent, hard-working people trying to get their bearings in a new environment. A few of them will be grizzled graybeards, many will be seasoned NCOs, but some will be on their first deployment. They might not be too far removed from technical school or maybe a recent retrainee. As they figure out their place in "The Rock" and their contribution to the combat mission, come alongside them as a teammate. Cut them some slack. Assume they've got proper motives and want to improve. Help them understand the nuances of getting it done and how their job matters to you and yours. If they're not quite hitting the mark, figure out a way to help them, like you would a teammate. Additionally, model what you've learned about team building in the way you interact with and speak about other members of our team.

Who's on your team? It's a choice we make throughout every day. Choose to make building the team your goal. If we're successful at that task, the mission will be easy.



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Backpacks now prohibited in dining facility

Senior Master Sgt. Bart Gunderman
386th ESFS

Suicide attacks on average kill four times as many people as other terrorist acts. Quite an amazing fact and one exploited by terrorists:

In Atlanta a backpack detonated during the 1996 Summer Olympics, resulting in one death and over 100 injured.

Israel, March 2002, a blast at the Netanya hotel killed nineteen and wounded scores of others; the death toll later climbed to twenty-nine.

Spain, March 2004, synchronized attacks killed 198 on four trains using backpacks loaded with explosives.

December 2004, a dining facility bombing in Mosul, Iraq, killed 22 servicemembers and wounded 72.

2005 proved just as deadly; synchronized bombings on London buses killed 75 and injured 700.

As an anti-terrorism analyst, I look at these and the countless other suicide type terrorist attacks and look for a common denominator. The results are unavoidable; introduction of a concealed improvised explosive device into a facility or area fre-



quented by large numbers of personnel provide a lucrative target for the "bad guys." This easy and relatively cheap tactic is designed to kill and produce psychological effects that reach far beyond the immediate victims of the attack. It is vital that policy be immediately implemented when vulnerabilities such as these are discovered which effect personnel safety at all levels.

One such vulnerability is the practice of hand and shoulder carried bags in the dining facility. We are the only one in the AOR that allow bags.

As a result, the base commander has directed that hand and shoulder carried bags be prohibited from entering the DFAC, effective Sept. 4.

This requirement will supplement 386th Air Expeditionary Wing guidance that requires that all backpacks have the owners name permanently affixed to the bag.

There is no plan to ban these same items in the Rock Flex Recreation Center, Oasis and base theater or other primary gathering facilities; however, this does not eliminate the need for personnel to be vigilant of unattended or unnamed bags.

There will be a storage conex available for personnel who wish to store their bags before entering the DFAC. The location of the conex will be in close proximity to the dining facility. This conex will be used by all services and is considered unsecured, so use of this conex is at individual risk.

The human component of anti-terrorism provides for detection and individual action; and this is where you play an important role. Preliminary actions of personnel who discover an unattended or unnamed bag are as follows:

- Do NOT move or disturb the bag.
- Within reason, attempt to locate the owner.

• If the owner cannot be located or if the bag has tell-tale signs of an IED (exposed wires, explosive markings) begin evacuation procedures and establish a 500' cordon.

• Contact the 386th Expeditionary Security Forces Squadron base defense operations center at 442- 2511 outside the 500 foot cordon.

Change is almost always met with resistance; but with the ever-changing tactics of our enemy, change is unavoidable and a necessary component in keeping our personnel safe.

DCU DESTRUCTION

The time has finally arrived. Your flight itinerary is in hand, your outprocessing check list is almost completed and final goodbyes are close at hand; but what to do with those three or four sets of Desert Camouflage Uniforms and desert boots?

A long four, six or twelve months of wear, tear, wind and sand has made them unserviceable. Before you pack them into your baggage, remember you can leave unserviceable DCU's with the 386th Expeditionary Logistics Readiness Squadron's Individual Equipment Element in Bldg. 626. Please call 442-2864 or 442-7137 for more information.

Ensuring military uniforms do not fall into the hands of the enemy is an important force protection concern. Military equipment, uniforms and other items must never be discarded in any container other than approved bins controlled by military personnel.

Points of contacts differ from base-to-base. Ensure you contact the appropriate authority before you discard any military items.

We Don't Need No Water ...



Air Force/Senior Airman Richard Trost

Two firefighters from the 386th Expeditionary Civil Engineer Squadron watch the Top Three's end of rotation bonfire burn Aug. 28, at the Rock softball field.

AEF 3/4 moves in as 1/2 starts to move out

Conserve water, be safe, respect others during next few weeks

The big swap out has begun. Nearly 1,800 personnel will be rotating in and out of the Rock as AEF 1/2's rotation in the AOR comes to an end.

Given the fact that most Airmen here are required to remain a few days after their replacements arrive to conduct cross over training, and to await airlift home, the population in camp will be high over the next few weeks. Because of this, many AEF 1/2 personnel have been temporarily relocated to the tents to make room for their replacements.

As the transition unfolds over the next few weeks, base officials are asking for everyone's patience and understanding when utilizing base services. The following are some tips and suggestions to help make the transition between the two AEFs run smooth:

No milling about – The dining facility will be able to serve the additional personnel, but seating is limited due to the ongoing construction. Patrons are asked to leave



Air Force/Maj. Tom Crosson

The first batch of Airmen from AEF 3/4 in-process at the passenger terminal here Aug. 30. More than 6,000 personnel will move in and out of the base over the next month.

immediately after consuming their meals in order to allow other access to the DFAC's seating. The same philosophy holds true for such base facilities as the gym, the Rock Flex Recreation Center and the Oasis to name a few. Please be courteous to your fellow Airmen to allow fair access to these services.

Conserve water – The extra personnel will impact the base's water consumption. Limit water use by limiting the time spent in the shower and

not letting the water run when brushing teeth or shaving.

Be safe – Our new arrivals won't be in tune with many of our safety practices, and it may take them a while to become oriented to the base. Help our newcomers by setting the example in being safe around the Rock by wearing reflective belts and being especially cautious while driving around base.

Respect – The Rock will be a little cozy as the base population rises throughout the

month. Places such as the tent area bathrooms and showers, the post office, the BX and other hot spots on base will see an increase in traffic. Plan for extra time when utilizing these facilities. Also, keeping the tent area restrooms clean, wiping down gym equipment after use, following the proper pool-area etiquette and just generally keeping the base clean will help ensure that everyone at the Rock is comfortable.

LABOR DAY 2006

Come celebrate Labor Day at these Services events

Time	Event	Location
8 a.m.	5x5 Relay Run	I Loop
9:30 a.m. - 5:30 p.m.	Mini-Bazaar	Flex
10 a.m.	Wallyball	Fitness Center
11 a.m.	Boat Race	Pool
10:30 a.m. - 1:30 p.m.	American BBQ	DFAC
2 p.m.	Racquetball Tourney	Fitness Center
3 p.m.	Balloon Toss	Amphitheater
4 p.m.	4x4 Swimming Relay	Pool
6 p.m.	Kickball Tourney	Softball Field
7:30 p.m.	Dominoes Tourney	Flex
8 p.m.	Chess Tourney	Flex

Got a Story to Tell?
Tell Us!!

Your Public Affairs Office is always on the lookout for a great story to include in the

ROCK SLATE

Call 442-2312 to share your story!

Staff Sgt. Brent Watkins, a firefighter with the 386th Expeditionary Civil Engineer Squadron, pulls a section hose to the top of the outlook tower during the Firefighter Challenge Aug. 26. Five teams and two individuals competed for bragging rights in the event.



FIREFIGHTER CHALLENGE



(Above) Senior Airman Aaron Heliker, 386th Expeditionary Civil Engineer Squadron, drags a dummy during the team portion of the challenge. (Right) Tech. Sgt. Jay Jordon, 386th Expeditionary Logistics Readiness Squadron, pounds a tire with a sledge hammer.



VIPERS

Flight provides proactive force around perimeter

Staff Sgt. Ryan Hansen
386th ANEW/PA

Vipers are known as agile snakes. They operate on their own and survive in the elements by being able to detect their enemy's movements.

Much the same as their reptilian name suggests, the Viper Flight of the 386th Expeditionary Security Forces Squadron perform these same tasks in defense of the base's outer perimeter.

The Vipers are one of five flights with the 386th ESFS and are made up of about 30 hand-selected Airmen. They are on the job 24/7 providing coverage of 116 square miles or 46,000 square acres of desert land surrounding the base.

"We patrol the outer perimeter of the base out to five kilometers and are a key part of the integrated base defense plan," said Master Sgt. Phil Landreth, NCOIC of Viper Flight. "We're out beyond the wire to intercept or deter any actions against the base."

The base perimeter is divided into four sections that are constantly manned by four different viper patrols. These two-man teams are out in the elements for 12 hours at a time.

In order to do their mission the Vipers are backed with a variety of equipment. Depending on the specific team, they'll be armed with a combination of weapons and have a kit that includes binoculars, compass, infrared thermal imager, map, night-vision goggles, range finder, spotlight and a Precision Lightweight GPS Receiver, known as the PLGR.

"This job really brings the best out in our troops," said Tech. Sgt. James Sanscrainte, Viper Flight day shift supervisor. "They get outside the wire, have a great responsibility and they take it very seriously."

Any security forces member can volunteer for Viper Flight. But depending



Air Force/Staff Sgt. Ryan Hansen

386th Expeditionary Security Forces Squadron Viper Flight member Senior Airman Ted Collazo, looks over a berm that surrounds the base. He is one of about 30 Viper Flight members here.

on the number of candidates, the chosen few are selected by a certain criteria.

"We have to pick them on their maturity," said Sergeant Landreth. "With ten per shift, basically turned loose off base, they have to be able to operate on their own and be professional. With the level of responsibility they are given, they have to be able to handle themselves in a professional manner. We want them to be aggressive, but not overly aggressive.

"Some of it is driven by their weapons qualifications," Sergeant Sanscrainte. "We're not any better than everybody else in the squadron, but we have to try and pick who we think would be the best fit."

The members of Viper Flight enjoy their mission tremendously.

"This is the best job without a doubt," said Airman 1st Class Alex Dale, a day shift Viper Flight member. "It's very



Airman 1st Class Alex Dale, a day shift Viper Flight member, uses binoculars to look over the base perimeter.

important and we really get to do something different every day. It's a constant learning experience."

"This job is always changing and a lot less monotonous than some of our other responsibilities," said Senior Airman Ted Collazo, a Viper Flight day shift member. "It's a good job to be part of."

Part of the daily routine for the Vipers is dealing with around 50 camps located outside the perimeter. These camps are homes for various civilians that raise camels, sheep and other animals.

"I really like the public relations part of it," said Staff Sgt. Scott Weber, Viper Flight night shift patrol leader. "I like stopping at the camps, providing them some water and just chit-chatting with them."

"It's important to build a good rapport with them," said Staff Sgt. Jacob Hey, a night shift Viper Flight patrol leader. "You just never know what type of information they have."

A positive relationship with the camps has paid huge dividends for the vipers and the base in the past. The flight constantly gets intelligence regarding possible threats as well as other helpful tidbits.

"They have provided us some good information regarding new camps starting up and many times they discover (unexploded ordnance)," said Sergeant Sanscrainte. "It's almost like a neighborhood watch out here. They'll flag us down talk to us about different things. It's really a good relationship for the most part."

The Vipers also have the huge responsibility of patrolling the surface-to-air missile and man-portable air defense footprint for the inbound and outbound aircraft.



(Above) Staff Sgt. Jeff Stevens, Viper Flight day shift patrol leader, talks with one of the civilians that live around the base. (Right) Staff Sgt. Chris Nicholson, a Viper Flight day shift patrol leader, makes a call into the base defense operations center.

"We're the tip of the spear for the bases defense," Sergeant Landreth said. "We're outside the wire to see first, understand what is happening first and react first the basic principle of the Air Forces integrated base defense doctrine."

"Our guys have a lot of flexibility," Sergeant Sanscrainte said. "They cover very large areas, move very quickly and provide our front line defense."

Providing that defense does have its share of challenges. Working in the middle of the desert, it's very easy to get lost and just a small breeze will drop visibility by half. And for the members of the night shift, they face a whole different set of obstacles.

"It's a lot different at night than it is during the day," Sergeant Hey said. "We have to get used to where lights are and we have to get very familiar with our NVGs and the PLGR. If you get too far out, it's pretty hard to find your way around, so we just have to be that much familiar with the surroundings."

The mission of the base is provide boots on the ground and regardless of the challenges or difficulties the Viper



Flight faces, they will continue to do all they can to make sure that mission continues to happen.

"People on the base can rest easy with us out here," said Staff Sgt. Jeff Stevens, Viper Flight day shift patrol leader. "Our guys are out here day and night covering the base and once you come out here your eyes really open up."

"It's neat to be able to do this type of job in the AOR," Sergeant Hey said.

"There are a lot of places where we wouldn't be able to do this and I'm glad that we can do it."

386th Air Expeditionary Wing Rock Solid Warriors



Airman 1st Class
Joshua William Coda

738th Expeditionary Airlift Squadron
Loadmaster

Home unit, base: 36th Airlift Squadron, Yokota Air Base, Japan

How do you support the mission here? By bringing the troops and cargo to where they need to be safely.

How many times have you deployed and what makes this one unique? This is my first deployment and I've learned a lot. I'm getting tons of on the job experience, and learning more and more about the C-130 every time I go out there.

How does your job differ in a deployed environment versus home base? You can see the relief in the troop's faces when they arrive. I get lots of "thank you's" for just doing my job.



Airman 1st Class
Charvell Renee Little

386th Expeditionary Security Forces Squadron
Force Protection Escort

Home unit, base: 7th Bomb Wing legal office, Dyess Air Force Base, Texas

How do you support the mission here? I maintain the security of the base by maintaining positive control of the entire third country national populace that enter and exit the base daily. I volunteer with honor guard and I am an active member of the Rock Bottom Airman's Council.

How many times have you deployed and what makes this one unique? This is my first deployment. Learning how to do a different job altogether is a unique experience for me. I have had a lot to learn about being an efficient and effective escort. The responsibilities that come with this experience are enormous, so it has forced me to be a more flexible Airman. I have met a lot of new people and have learned a lot about their different cultures. It is an experience that I can say I am happy that I am able to participate in.

How does your job differ in a deployed environment versus home base? At home station I am a paralegal, I do things like household good claims and draft up Article 15's. So the differences between being here and at home are like night and day.