March 2013







Beans & Bullets

311TH SUSTAINMENT COMMAND (EXPEDITIONARY)

"SUSTAIN THE FORCE, SECURE THE VICTORY!"



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Beans & Bullets Staff

Lt. Col. James Billings

Master Sgt. Dave Thompson

Sgt. Phillip Valentine

Beans & Bullets welcomes story ideas, photographs and any information of interest.

All submissions are subject to editing by the 311th Public Affairs Staff





SUNRISE SERVICES



USAFOR-A Chaplain (Col.) Terry McBride presided over a prayer breakfast March 12 for 311th Expeditionary Sustainment Command Soldiers at Kandahar Airfield. PAGE 3 BEANS & BULLETS

COMMANDING GENERAL

TROJAN 6 SENDS:

What a pleasure it was to speak to our 311th Family members during the Yellow Ribbon event on Feb. 23. While it was an honor for me personally, it was an amazing boost for our Soldiers to see and talk with their loved ones back home. I know many of you saw the pictures posted to our Facebook page, but I wish you could have felt the excitement as we huddled around a laptop right outside my quarters. My sincere thanks to our team members and volunteers back in Los Angeles for setting up this great event, and for all the Family members who participated. You truly do sustain us, as we sustain the warfighter here in Afghanistan.



Brig. Gen. Scottie D. Carpenter

Over the last couple of weeks, I've met with our Soldiers in Kandahar, Camp Phoenix and at New Kabul Compound. I plan to visit our team in Kuwait in the near future. I've been consistently impressed with your professionalism, your skill and your dedication to getting the job done. We are getting the job done and doing it well. I'm proud of the reputation for excellence that we've established here.



I think we've hit our stride, but I don't want to plateau. I want us to continue to look at ourselves and our operations critically, finding ways we can get the job done better. We have challenges ahead of us, and some uncertainty. I need each of you to be "rigidly flexible" – flexible in how provide sustainment services to the warfighter, but rigid in maintaining the standards we've set.

Finally, I want to mention a few thoughts about suicide. It's an unpleasant subject, but we can't escape the reality that too many of our Soldiers see suicide as a viable exit from unpleasant circumstances. It breaks my heart to hear that a Soldier – in the prime of life – couldn't see past the challenges of today and chose a permanent solution to a temporary problem. I want all of our Soldiers and civilians to know that there is help and no shame in asking for it. Each of you is a valuable and important part of this team – not just for what you do, but for who you are. Watch out for each other. If you see a battle buddy going through a rough time – ask, care, escort. Suffering in silence is not the answer.

Thank you for all that you do. I am proud to serve with each one of you.

TROJAN 6 OUT

COMMAND SERGEANT MAJOR

Greetings Trojans,

By the time this edition of the Beans & Bullets is published we will have been in theater for three months. Time is moving quickly, the Soldiers of the 311th ESC (Trojans) are doing a great job and we are now in the phase of the deployment where we have settled in and doing our jobs. I have begun to look at how the Noncommissioned Officers (NCOs) can improve ourselves as a corps and assure that we mentor and assist the young NCOs and specialists moving up to replace us more senior NCOs. We are looking at several social events and other opportunities for the NCOs to step up, take charge and support activities for the betterment of the Soldiers and the unit.



Command Sgt. Maj. Ted L. Copeland

Construction projects require a strong foundation to build on. If the structure is hastily built on a weak base, eventually that structure will fall. It is the same with Soldier development. Soldiers must have a solid support structure to grow into a future leader.

As most of you know, we have several construction projects going on around our compound: the Coliseum, where we will have barbecues and gatherings and the new gym. Both have come a long way toward completion. When they are finished, we will have places where we can build strong teams and strong bodies, but let us not forget about the construction process. Several Soldiers have stepped up, gotten dirty and helped lead this project, and for that I personally thank you.

I would also like to talk about rumors. There are a lot of changes happening every day and we need to make sure the information we are giving our Soldiers is solid. Rumors do nothing but create problems. As leaders, we must insure that we squash these rumors before they start. Families, I ask you to remind your loved ones of the same. Since information changes daily here, waiting to hear it from the command group or your senior leaders will help stop the rumors and anxiety that comes with them.

We've done an outstanding job so far, but don't let complacency set in. We have a long journey ahead and it's important to keep an eye on the mission, the Families in our hearts and our fellow Soldiers in our minds.

With Great Respect,

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CHAPLAIN'S CORNER



Blessed,

Small Efforts by Lloyd Newell

The Gallup organization recently released a poll whose purpose was to measure positive emotions worldwide. A thousand people in more than a hundred countries were contacted and asked about their previous day. How often had they smiled or laughed? Did they feel respected? Did they learn or accomplish something interesting? According to the survey, the happiest people on earth live in Panama and Paraguay, which happen to rank 90th and 101st in the world in terms of wealth. In fact, none of the top 10 happiest countries would be considered wealthy by most measures.1.

Maj. Lawrence Allison



Admittedly, no survey can accurately measure true happiness, but these results ring true. While wealth, ease, and other external circumstances may influence our happiness, they do not control it. Happiness, it seems, comes from something deep inside us that we choose to nurture. We determine our happiness. Otherwise, how do we explain why one person "can smile or find balance and perspective amid tragedy and despair, [while] someone else can be surrounded by all the good things of the world and yet wallow in gloom"?

My prayer is that you be intentional about being happy.

References:

- 1. John Clifton, "Latin Americans Most Positive in the World," Gallup World, Dec. 19, 2012.
- 2. Jay Evensen, "Measuring Happiness Is a Futile Exercise," Deseret News, Jan. 27, 2013.



Blessings, CH Allison 311th ESC Command Chaplain ASAP-"Always Say A Prayer"



INFORMATION AWARENESS UPDATE

Social Media

Intelligence and information are more important than manpower to today's battlefield, and the internet makes it easier than ever to gather information.

For example, on a typical Facebook page, after becoming someone's "friend," you can quickly see that person's full name; birth date; the country, city and state in which he lives; who his friends are; and view multiple photos of them. All of this -- information that would have taken much longer for someone to gather 20 years ago -- is now easily and quickly available if you aren't careful.

Any computer connected to the internet can be "hacked," giving people access to your stored information. Many people keep digital copies of their personnel files, receipts and other items on their computer. Information such as banking account numbers and Social Security numbers can lead to identity theft.

RESILIENCY TASK FORCE



Resilience is the ability to withstand and rebound from disruptive life challenges. It enables individuals and Families to respond successfully to crisis and persistent challenges and to recover and grow from those experiences. Resiliency also involves processes over time that fosters the ability to "struggle well," surmount obstacles and go on to live and love fully! We want to focus this month on what key processes and help build a solid framework for Family resiliency.

The concept of Family resilience extends our understanding of healthy family functioning to situations of adversity. Although some families are shattered by crisis or chronic stresses, many others emerge strengthened and more resourceful. Family resiliency focuses on strengths under stress, in the midst of crisis and in overcoming adversity. Of course no single resiliency model will fit all Families; it will vary on the Family structure and the situation. It is relative to each Family's values, structure, resources, and life challenges and will evolve across the life cycle of the Family as challenges unfold and the potential for Families to recover and grow together. What matters most in dealing with adversity are effective Family processes, involving the quality of caring and committed relationships!

Believing in something more powerful, spiritual or just believing in a hopeful and positive outcome can make a huge difference in your experience. Make meaning of adversity and see reactions as normal and understandable considering the circumstances. Keeping a positive outlook has been proven to help the belief system. Such as a Family member being diagnosed with a life-threatening illness and the survival rate is 25 percent, well someone has to be in the 25 percent, why not you! Having a flexible "bounding forward" attitude can assist the transition from crisis to aftermath. It's normally said that you want to "bounce back" to the way things used to be. This is nearly impossible and it should be looked more like "bouncing forward" as you will progress and change as a Family and move forward with your lives and meet new challenges, together! Being open to change, rebounding, reorganizing, and reconnecting with you Family!

The most important piece of the Family resiliency pie, is of course, communication! It is the baseline to successful problem solving by bringing clarity to the situation, encouraging open expression, and discussing problem solving ideas. In the "Bounding Forward" idea, Families can set clear goals and take concrete steps toward achieving them. You can build on the small successes and learn from the failures. When all aspirations have been shattered, you can see the alternatives and seize the opportunities to grow in new directions as a Family!

Deployments are hard. There is no other way to say it. It's hard to be away from your Family and loved ones. It's hard work. It's hard to find the time to connect. It's hard to redeploy and go back to the way things were before we left. We want to challenge you this month. Focus this month on communicating and setting a path to "bound forward." Make some goals for yourself and your loved ones. Let's be stronger Family members and a stronger team! Think positive, believe in positive outcomes, and communicate! Let's go home together and be better people than when we left!



By 1st Lt. Erin Venturelli

Information obtained from:

Family Resiliency by Dr. Froma Walsh



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INSPECTOR GENERAL'S NOTES

Tracking deployment cycle trends allows leaders and staff sections to develop and reinforce proactive mitigation strategies. A learning organization ensures that incidents and results are evaluated, and pertinent tactics are implemented to improve efficiencies and effectiveness. For us in the military, this also includes prevention of injury or worse. The inspector general in the deployment cycle works to add value to our learning organization in two ways. First, the IG reinforces the army system by ensuring standards are followed to enhance mission readiness and morale. To quote from AR 600-63, the IG supports the mission of "preserving the fighting strength." This includes working with Soldiers who have questions and concerns.



Maj. Casey Miner

This occurs either at the lowest informal level to reinforce the chain of command, or as part of a formal, directed inquiry as necessary. Secondly, we spend time with leaders at all levels to cover deployment trends and help develop them on the Army system to prevent and mitigate concerns and incidents. Unfortunately not all leaders "buy-in" to the IG role and we often spend time responding to perceptions and incidents in a reactive mode. A Soldier's deployment cycle parallels the unit's deployment cycle because this is a people-oriented institution. If personnel are not effectively informed, trained, resourced, supported and led, there becomes a direct correlation to accidents, misconduct, violations, complaints, in-



juries and dissatisfaction. As the deployment cycle hits the midpoint, these data points may culminate into a need for increased leader involvement and focus, which takes away from mission readiness.

Personnel replacement and major incidents within a unit can disrupt operations, focus and effectiveness. The final phase of a deployment not only involves accountability within the context of a unit. Personnel are concerned with redeployment plans that may include relationship reintegration, employment or move plans, financial concerns, personal behavioral needs or his/her performance recognition. All these things affect the unit as preparation for the transfer develops. Leaders should be working with personnel during the entire deployment cycle to ensure the unit and each person finish strong. Knowing, understanding, accepting and implementing mitigation strategies to address deployment trends may not only reduce complaints and incidents, it will allow the unit to remain part of a learning organization to remain focused and effective. As our Families hear about our accomplishments and brag about our individual contributions, let them also brag about us as an engaged and caring organization that looks out for each other. One team, one fight.



SURGEON

Protecting the Health of our Troops



Lt. Col. Thomas Wells, Command Surgeon

As part of the Army's commitment to taking of our Soldiers, all major units have a surgeon cell to advise the commander on health issues, keep tabs on injuries and illnesses and try to identify trends and to prevent them. This requires monitoring of reports and interaction with treatment facilities, and sometimes some detective work.

Part of the job includes travelling to other bases to check on our troops. We recently visited Bagram Airfield shortly after a snowfall which was exciting for our medical operations officer, 1st Lt. Erin Venturelli, who was praying for snow. Venturelli is from Colorado and is an avid snowboarder. Alas! It all melted by the time of our arrival, but, after we arrived, her prayer was unfortunately answered by a snowstorm that stranded us there two extra days. We did enjoy seeing our 311th ESC element at BAF, New Kabul City, and our subordinate units. On the next visit north, Sgt. 1st Class Christina Rodriguez will also check on them and on our folks at Camp Phoenix. Because Venturelli also travels to Camp Arifjan in Kuwait, we are able to check on everybody.

Our surgeon cell has the pleasure of providing health care. Soldiers came to our office for blood pressure checks, health advice, and vaccinations. We help with medication refills, orders for eyeglasses, and other health issues. Our surgeon works sickcall at the nearby troop medical clinic for Soldiers who need thorough examinations. At times, we have taken soldiers to the Kandahar Airfield NATO hospital when soldiers need a specialist or special tests including electrocardiogram. The clinic gave Rodriguez permission to do EKGs on 311th personnel whenever she needs to! One time, when she was there doing a routine EKG for one of our soldiers, the clinic corpsmen became confused, and told her that she had two patients to do. She almost did them, until the Petty Officer running the clinic realized the error.



The NATO hospital is very nice! When you enter the brick building, and enter a dust-free, air-conditioned building with all the services of a good community hospital, you wonder if you are still on KAF! The hospital is staffed by U.S. Navy doctors, nurses, pharmacists, and corpsmen. We joke with them—we ask them what they did wrong to get sent to a land-locked country!

For all of you in the United States, rest assured that our troops have access to the best of care—good providers and medics, good medicines and facilities. Our goal is to keep our troops as safe as we can, so that everyone can enjoy a healthy homecoming after proudly serving their country in time of war.

311 ESC Command Surgeon Cell





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Containing Cost, Rebuilding Nation

Sgt. Phillip Valentine, 311th ESC PAO

Thousands of shipping containers stand stacked on most U.S. bases in Afghanistan and the 311th Expeditionary Sustainment Command is working hard to get rid of them.

A standard shipping container is approximately 20 feet long, 8 feet high, weighs 5,000 pounds and made of metal. It is something that can't be hidden or ignored and it has go.

To date, the 311th ESC is responsible for the reduction of containers in Afghanistan from approximately 110,000 to 99,800. This is a key element in support of the 1st Theater Sustainment Command's retrograde mission in Afghanistan.

"Our mission is to properly account for the containers throughout the Combined/Joint Operations Area-Afghanistan, while at the same time show an overall reduction of containers" said Maj. Todd McKay, a Mesa, Ariz., native. "Our end state is to have fewer containers in Afghanistan than when we started."

Master Sgt. Arthur Fisher from Morehead City, N.C., added, "We also want to mitigate detention charges, which is to reduce the cost of late fees on leased containers."

Reduction is done in several ways. Containers are assessed to see if they are serviceable enough to be seaworthy. Once that determination is made, the fate of the container is decided. Some are sold as scrap and the proceeds go back to the U.S. government. Others are repaired and returned to use, carrying valuable equipment back to the United

States. Some are given to the government of Afghanistan to be used for several purposes.

Brig. Gen. Scottie D. Carpenter, who commands the 311th, had high praise for his Soldiers who have strived to help minimize the footprint of containers in Afghanistan.

"They are doing a fantastic job," said Carpenter. "We are still fighting a war, but we know we have to plan to be out of Afghanistan by the end of 2014. They are working hard and I think we've made gains that haven't been seen in the last 10 years."

As the heart of the 311th's container management process, the Container Management Office tracks approximately 600 container control officers operating in theater. They conduct weekly training in classroom and virtual meeting rooms and oversee container tracking throughout Afghanistan.

"We need to get the CCOs proper training," said Fisher. "To give them some sort of comfort zone and not panic about their jobs." Fisher said that they want to pass along information letting the CCOs know that the 311th ESC is here to help.

Training the ever-revolving Soldiers that are given the additional duty of CCO is just one obstacle the 311th faces with container removal. Weather, lack of seaports, gate closures and driver strikes are just some of the problems they face.

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IMAGES OF 311TH





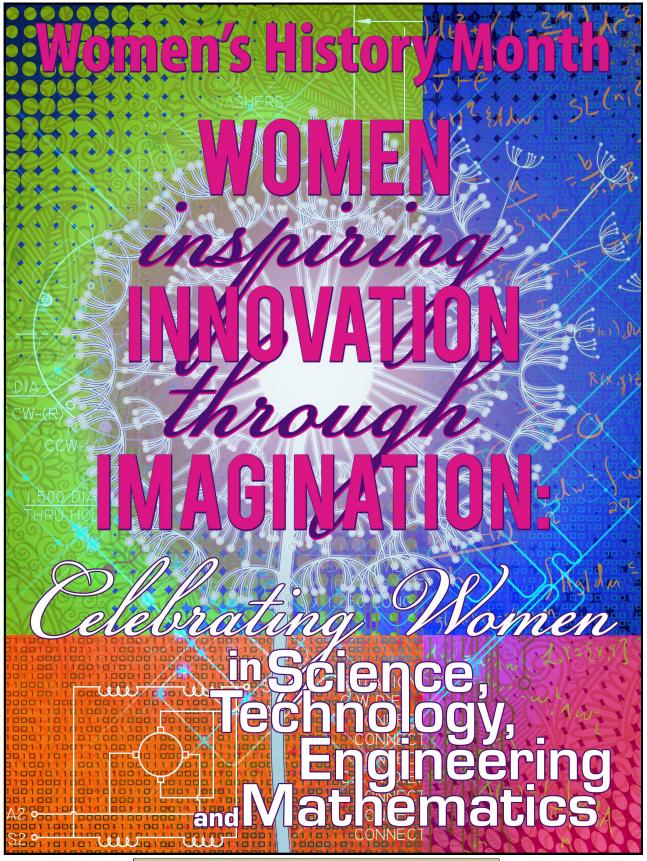








EQUAL OPPORTUNITY



Submit answers to: Master Sgt. Frances J. Abel-Galba Equal Opportunity Advisor/EEO frances.abel@afghan.swa.army.mil PAGE 13 BEANS & BULLETS



"SAFETY ISN'T JUST A SLOGAN, IT'S A WAY OF LIFE"



311TH ESC SAFETY GRAM COMMITMENT TO SAFETY EXCELLENCE

VENOMOUS SNAKES AND INSECTS

For your situational awareness – the snakes are out.! As temperatures increase so do the number of insects, snakes, scorpions and spiders.

Venomous snakes are found throughout Afghanistan and Pakistan. Assume that any snake you encounter is venomous: Leave it alone and unmolested! As tactical situations permit, avoid high risk habits. These snakes will strike, and their venom is very lethal. They can inject as much as **12mgs of venom and a lethal dose in an adult is only 5mgs.**

Some of the world's most dangerous scorpions live in Afghanistan. Nine species of scorpions have venom toxic enough to kill humans.

Prevent this from happening to you:

- Simple measures like wearing protective clothing and shaking clothes/shoes before wear are useful common sense activities.
- Remediate conditions which attract snakes. Such as, woodpiles, rock piles, construction debris, dumps, dense undergrowth and similar shelter for snakes.
- Soldiers should avoid disturbing animal habitats and "looking for trouble" by handling or provoking snakes, scorpions, and spiders.
- ♦ Store supplies elevated off the ground.
- Practice good sanitation.
- Control rodents, they are a snake's main food source. Food=Crumbs=Mice=SNAKES!
- ♦ Avoid leaving objects on the ground for insects and snakes to climb into.
- If encountered: do not harass, play, or try to capture them. Move away from them and report.

WHAT TO DO IF YOU ARE BITTEN

- Remain calm
- If safely possible, collect / kill the animal and bring with you
- Get to a medical facility ASAP!
- Don't panic, staying calm will help slow the spread of venom
- Apply a pressure dressing around the site to slow the spread of venom
- Anti-venom is available in RC-East
- Death is rare when medical treatment is received within the first hour



311TH FAMILY READINESS



Another month has flown by. The days seem to drag but then we look back and they are gone. Somehow we get everything done, or at least the important stuff. We find a way to type while holding a squirmy baby and how to figure out if tires are a good deal when we have never bought them before. Sometimes it is done the right way with all the right resources on hand. The rest of the time... well, welcome to Army life. We find the ways to git-'r-dun. With the latest national budget issues we know our Soldiers are working harder than ever to accomplish the mission with even less to do it and we understand. We are keeping the home-fires burning without a mate or a best friend to help us when we are used to their companionship and help.

We understand that it is still important to git-'r-dun at home. Personally, I like that a lot better "than suck it up and drive on," what I was raised with, but the message is the same. We can do this. When we think we have been stretched to our limits, we can do more. In the movie "Facing the Giants" there is a scene where a football player who is blindfolded is convinced he cannot death crawl to the 50 yard line with another 160 pound player on his back but he promises his coach he will give his best. As he struggles to keep going his coach screams at him (like coaches do) "KEEP MOVING! DON'T QUIT! KEEP DRIVING IT! YOUR VERY BEST! GIVE ME YOUR VERY BEST! YOU KEEP GOING! YOU CAN!"

When he finally collapses, declaring he had to have made it to the 50 yard line, his coach tells him to look up – to find himself in the other END ZONE! He did what he thought he could not do and he went further than he thought possible. We can keep giving our very best and we do. Our soldiers keep going and so will we.

Julie Kelly, FRG Leader at 810-956-7876 or Julie.kelly@us.army.mil

PHOTO CONTEST



Think you have what it takes to be an award-winning photographer? Now is your chance. The 311th ESC is looking for a picture, from you!

Submit your picture and the information that describes the image to the Public Affairs Office. The winner will have their photograph posted on the next issue of the Beans & Bullets, the 311th ESC's Facebook page and the PAO portal. Judging will be conducted by pub-

lic affairs personnel from various units. Photos due by the 12th of the month.





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SHARP

April is Sexual Assault Awareness Month

The month of April has been designated Sexual Assault Awareness Month (SAAM) in the United States. The goal of SAAM is to raise public awareness about sexual violence and to educate communities and individuals on how to prevent sexual violence.



Sgt. 1st Class Michael Franz, Victim Advocate

There will be events through out the month starting with a 5k on 1 April 2013 to start.

If you would like to volunteer to support events

If you would like to volunteer to support events Please contact the 311th SHARP office 318-421-6617



Master Sgt. Carol Cornejo, Deployed Sexual Assault Response Coordinator



Talk early, talk often. Prevent sexual violence.

G-1 PERSONNEL INFO

G1 continues to monitor the Army Emergency Relief Campaign going on thru 15 May 2013. As of March 7, the command has raised \$6,333.30 in contributions.

The US Army Garrison-Bagram will be conducting an E5/E6 promotion board to be held on 4-5 April 2013. Suspense for packets is 24 March 2013 to the HHC by 1700 hours.

The next enlisted battlefield promotion board will be conducted on 11 April 2013. More to follow.

KANDAHAR MADNESS





The 311th Expeditionary Sustainment Command sponsored a 3-on-3 basketball tournament March 9 on Kandahar Airfield. Kandahar Madness featured 24 teams from all over KAF with over 120 participants. The 311th personnel section took the lead and coordinated the event. Capt. Michael Mosso from Portland, Oregon, hoped that everyone enjoyed the game, the competition and the fun atmosphere. He said that everyone looked like they had a great time and he was glad no one got hurt.







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10 Unhealthy Deployment Habits to Break

10. Hygiene - Washing clothes and bedding, and regular showering and hand washing helps prevent sickness

- 9. Diets Depriving yourself from food will often result in overeating
- 8. Desk Eating Getting away from your desk to eat helps reinforce meal choice and portions to avoid excess snacking
- 7. Sodium Adding more sodium to already sodium laden meals increases the risk of heart disease
- 6. Sleep Skimping on sleep may compromise your immune system, decision making ability, productivity, weight loss and heart health
- 5. Exercise Not getting enough exercise may affect weight management, energy levels, and your life span
- 4. Late Eating Eating late or right before bed can affect your metabolism for weight management, sleep patterns and indigestion
- 3. Water Not drinking enough water affects your skin, metabolism, body temperature during hot days, muscles and joints and your kidney functions
- 2. Laughter Communication and socializing during the day and during down time reinforces relationships and camaraderie
- 1. Goals a lack of goals to improve yourself personally and professionally can lead to complacency and a "counting the days" mentality

Containing Cost, Rebuilding Nation ... Continued

"There has been a policy change," said McKay. "Basically, when a carrier delivered a container at your doorstep, you had 14 days to get the stuff inside transported to a government-owned container before they start charging detention costs. Now, you have 41 days of 'free' time once it leaves the ship and that's why we monitor detention costs closely. It's possible to get a container that shows up here that already has detention costs on it."

Training helps CCOs understand these changes and how they can help reduce costs.

The 311th ESC still has months ahead of them and many containers to move, but eventually they will depart country and pass the mission on to another unit.

"We are paving the way and writing the playbook for the next guys that are coming in," said McKay. "They won't have to make the same mistakes that we have made as we put this all together."

While many see a shipping contain as a utilitarian and uninspiring piece of equipment, others see the possibilities within these metal structures.

"They can be used to store items, for schools, hospitals and any other structure that they choose, helping to boost the economic power of Afghanistan," said Sgt. 1st Class Mark Firster of Cochranton, Pa., and container management NCO. "We are rebuilding Afghanistan one container at a time."

HISTORICAL NOTES

Battle of Shiloh

Pittsburg Landing April 6, 1862

Following fall of Forts Henry and Donelson in February 1862, the commander of Confederate forces in the West, Gen. Albert Sidney Johnston, was compelled to withdraw from Kentucky, and leave much of western and middle Tennessee to the Federals. To prepare for future offensive operations, Johnston marshalled his forces at Corinth, Mississippi—a major transportation center. The Confederate retreat was a welcome surprise to Union commander Maj. Gen. Ulysses S. Grant, whose Army of the Tennessee would need time to prepare for its own offensive along the Tennessee river. Grant's army made camp at Pittsburg Landing where it spent time drilling raw recruits and awaiting reinforcements in the form of Maj. Gen. Don Carlos Buell's Army of the Ohio. Johnston needed to strike Grant at Pittsburg Landing before the two Federal armies could unite.



Aware of Grant's location and strength—and that more Yankees were on the way—Johnston originally planned to attack the unfortified Union position on April 4, but weather and other logistical concerns delayed the attack until April 6. The Confederate's morning assault completely surprised and routed many of the unprepared Northerners. By afternoon, the a few stalwart bands of Federals established a battle line along a sunken road, known as the "Hornets Nest." After repeated attempts to carry the position, the Rebels pounded the Yankees with massed artillery, and ultimately surrounded them. Later in the day Federals established a defensive line covering Pittsburg Landing, anchored with artillery and augmented by Buell's men, who had begun to arrive. Fighting continued until after dark, but the Federals held. Though they had successfully driven the Yankees back, there was, however, one significant blow to the Confederate cause on April 6. Johnston had been mortally wounded early during the day and command of the Confederate force fell to Gen. P.G.T. Beauregard.

With the addition of Buell's men, the Federal force of around 40,000 outnumbered Beauregard's army of fewer than 30,000. Beauregard, however, was unaware of Buell's arrival. Therefore, when William Nelson's division of Buell's army launched an attack at 6:00 am on April 7, Beauregard immediately ordered a counterattack. Though Beauregard's counter thrust was initially successful, Union resistance stiffened and the Confederates were compelled to fall back and regroup. Beauregard ordered a second counterattack, which halted the Federals' advance but ultimately ended in stalemate. By this point, Beauregard realized he was outnumbered and, having already suffered tremendous casualties, broke contact with the Yankees to began a retreat to Corinth.

On the 8th, Grant sent troops under Brig. Gen. William T. Sherman and Brig. Gen. Thomas J. Wood to pursue Beauregard. At Fallen Timbers they met stiff resistance from the Rebel rearguard commanded by Col. Nathan Bedford Forrest. Forrest's aggressive stand convinced the Federals to return to Pittsburg Landing, allowing the Confederates to escape. Victory at the Battle of Shiloh added greatly to Grant's growing reputation as a successful field commander. The Confederates continued to fall back until launching their Kentucky offensive later that summer.





What is your favorite meal in the Dining Facilities?



Sgt. 1st Class Roderick Webb Jacksonville, Fla.

"The surf and turf. My wife is allergic to seafood so I hardly get to have it. I also like the pralines and cream ice cream. It's rare to find though."



Chief Warrant Officer 2 Edward Wright Scott AFB, III.

"It's the lumpia rolls.
It's not exactly a
meal, but I get
enough of them to
make it a meal."



Sgt. Dean Lindstrom Anaheim, Calif.

"Tortellini with creamy pesto sauce. It's the closest thing to a meal I would order in a restaurant."



Staff Sgt.
Jennifer Tudor
Oroville, Calif.

"Baked fish and green beans at the Monti dining facility, it's just good. Don't forget the peanut butter cookies, they taste like home."

311TH BIRTHDAYS

Staff Sgt. Erik Arias	March 16
Maj. Byron Fong	March 16
Staff Sgt. Joe Rincon	March 17
Lt. Col. Raymond Lo	March 19
Chief Warrant Officer 2 Jose Ahumadajimenez	March 24
Sgt. Douglas Hayes	March 24
Staff Sgt. Ruben Rodriguez	March 24

Sgt. 1st Class Michael Talbot	March 24
Sgt. Christopher Garza	March 26
Maj. Aaron Allen	March 30
Capt. John Driscoll	March 30
Sgt. 1st Class Rudy Miranda	April 03
Master Sgt. Sharen Calvin	April 04
Capt. Raymond Jorden	April 04

Please remember to wish our 311th Family a Happy Birthday!

Master Sgt. Judith Deunamundo	April 05
Sgt. Beatriz Sanchez	April 08
Sgt. 1st Class Maria Baltazar	April 09
Staff Sgt. Cat Mai	April 09
Sgt. Maria Regalado	April 09
Maj. Raymond Wherry	April 11
Col. James Bramble	April 15
Staff Sgt. Jennifer Tudor	April 15