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1462nd Trans Co. & Kuwait National Guard Working Together

By Sgt. Kenneth Fahnestock
Unit Admin NCO
1462nd Transportation Company

Kuwait – The 1462nd Transportation Company (TC), “Outlaws”, participated in the first part of a five-phase effort here to build a more active partnership between the U.S. and Kuwaiti armed forces on Sept. 18.

The project is the result of coordination between senior members of the U.S. Army based in Kuwait and the Kuwait National Guard, an active duty force that serves as emergency responders and fulfills a national defense role.

By working in a partnership with host nation militaries, the U.S. Army ensures that effective cooperation can happen if a hostile event takes place within that nation’s borders. Events such as this one also provide a chance for U.S. Army Soldiers to experience the local culture directly and gain experience working with interpreters to overcome language barriers.

(Continued on page 7)



CAMP ARIFJAN, Kuwait — During a visit to the 1462nd here on Sept. 18, a Kuwaiti National Guardsman tries on the Improved Outer Tactical Vest and Advance Combat helmet that is standard issue for U.S. Soldiers. (U.S. Army photo by Michael R. Gault, 191st CSSB)



RESILIENCY RIP IT: ATC

By 2nd Lt. Cole Landon
Asst. Battle Captain
191st CSSB

“A man is but a product of his thoughts; what he thinks, that he becomes.”

- Mohandas K. Gandhi

Ladies and gentlemen, the above quote embodies truth. All of us experience activating events throughout our day. These “triggers” can be a challenge, adversity, or even a positive event. This is generally the who, what, when and where that can be as severe as the death of someone you love, or as minor as a butt chewing from your boss. An activating event can also be a good thing: a promotion, or welcoming a new addition to your family.

When an Activating event occurs in life, a sequence begins whether big or small. That sequence in our own mind begins with a thought that has created or spurred from any activating event, which could be positive or negative. Our thoughts are an interpretation of activating events. This is what one might say to themselves in

the heat of the moment.

Thoughts usually drive immediate reactions that are either productive or counterproductive. Our thoughts drive our actions, and naturally, there are always consequences to those actions. Increasing our self-awareness of our thoughts, and how those thoughts drive consequences in life, can be very powerful.

An important skill set to take away from this month’s “Rip It” comes from the ATC model of Resiliency:

A: Activating Event

T: Thought

C: Consequence

This is the ATC model, and should be applied every day. All of us have a degree of self-awareness, but it can always be fine-tuned, sharpened, and used more effectively both at work, and with our loved ones at home. Ultimately, this controls the emotions and reactions that we want to see happen in life.



Illustration by Ashelyn D. Braun, wife of Private 1st Class Nicolas Downs, SPO, 191st CSSB

Third Army commander visits Bagram Retrosort Yard

Courtesy of www.army.mil

BAGRAM AIRFIELD, Afghanistan — Third Army Commanding General Lt. Gen. Vincent Brooks visited the Soldiers of the Bagram Airfield Retrosort Yard, BAF RSY, is operated along with two other retrosort yards in Afghanistan under the 18th Combat Sustainment Support Battalion, or CSSB.

The Soldiers of the Bagram Airfield Retrosort Yard, BAF RSY, is operated along with two other retrosort yards in Afghanistan under the 18th Combat Sustainment Support Battalion, or CSSB.

The success of the BAF RSY is contributed to the effort of Soldiers from the 18th CSSB from Grafenwoehr, Germany, the 10th Sustainment Brigade of Fort Drum, N.Y., the 427th Brigade Support Battalion of the New York National Guard and the 1462nd Transportation Company of the Michigan National Guard.

The 18th CSSB senior leadership led Brooks to the main processing tent to provide an overview of the Retrosort Yard, or RSY, and how it ties into the other CENTCOM Materiel Retrograde Elements.

The Retrosort Yard is a vital facility in the reduction of the amount of excess materiel in Afghanistan. Between the three main Retrosort Yards in the Afghan Theater, the Bagram Yard is the highest producing facility. In the month of August, the BAF RSY produced more than 400 shipping containers, far exceeding all historical productions.

With high spirits, the group proceeded to tour other areas of the RSY.



BAGRAM AIRFIELD, Afghanistan — Lt. Gen. Vincent Brooks, Third Army commander, ends his trip congratulating Soldiers of the Retrosort Yard at Bagram Airfield, Afghanistan, for a job well done. (U.S. Army photo by 2nd Lt. Henry Chan, 18th CSSB)

Sgt. 1st Class Edward Dowd led Brooks to view recently opened shipping containers full of used tires, vehicle parts and even the cab of a 5-ton military transport truck.

Staff Sgt. Barry Ruger and Spc. Brian King introduced the newly built "Virtual Warehouse" to the General. The Virtual Warehouse is a successful program devised by the Soldiers of the BAF RSY to re-distribute high demand items back to units with a higher level of cus-

tomor service.

Office supplies, computer cables, "Chem-lights" (disposable chemical light sticks) or similar items collected from the processing area are gathered here for issue to local units with no charge to the unit.

As the visit drew to an end, Brooks recognized five Soldiers for their hard work and dedication in running the facility. Staff Sgt. Daniel Scroggins, Sgt. Kevin Root, Spc. Justin Fivecoat, Pvt. Anthony Klenk and Cpl. Jennifer Malone all received coins from the three-star-general.

"My first general [visiting our yard], my first coin," Fivecoat said. "It was exciting and new. He left an impression."

Malone was pleased to have the General visit the yard to see how operations were run.

"It was great to see the general and for him to see how the yard works," she said.

Brooks ended his trip by speaking with all of the Soldiers at the RSY.

"We needed [the mission] to be done," Brooks said. "We gave the mission to the 1st TSC (Theater Sustainment Command), and they gave the mission to you, because we knew that you'd get it done."



BAGRAM AIRFIELD, Afghanistan — Spc. Brian King (right) explains to Lt. Gen. Vincent Brooks, Third Army commander, how the Virtual Warehouse operates to re-circulate highly-demanded items to local units in the battlefield. This program effectively saves the U.S. taxpayer money in supplying Office supplies, computer cables, "Chem-lights" (disposable chemical light sticks) or similar surplus items to units in-need. (U.S. Army photo by 2nd Lt. Henry Chan, 18th CSSB)



Time is on Our Side

by Sgt. Zachary Corya
221st Ordnance Company

CAMP BUEHRING, KUWAIT – It has been a long time coming for the 221st Ordnance Company (OD), based out of Fort Wayne, IN. The number of days in country is finally getting close to what the thermometer typically reads. 100!

As of September 28, 2012 the actual count is 108, but seriously, who is keeping track? In these 100 plus days, there have been a lot of things keeping the 221st busy. First and foremost is the Ammunition Supply Point and Ammunition Holding Area (ASP/AHA) they run here.

The ASP/AHA is a twenty-four hour, seven days a week operation. Being busy at work all the time has not stopped members of the 221st from engaging in numerous other activities and missions at Camp Buehring and around other areas of Kuwait. On top of issuing, shipping and receiving ammunition from several units stationed in Kuwait and various other countries in the Middle East, they have participated in weekly 5k runs, supported troops coming in for the Warrior Leader Course (WLC), sent a handful of their own through WLC, supported Explosive Ordnance

Disposal (EOD) in their various missions as well as many other small tasks.

Recently Staff Sgt. Jeremy Buuck, 221st OD operations noncommissioned officer (NCO) in charge, conducted his NCO developmental Program course for the NCOs and specialists. With so many things going on, Buuck chose to focus on ASP operations because he wants “to make sure everyone is on the same page and understands the process each location goes through.”

This is a continuous process with the many changes that have occurred over the first few months.

Staff Sgt. Charles Adams, a ASP surveillance NCO with the 221st OD, knows this to be true.

“It is good to have these meetings,” said Adams, “because it isn’t easy always keeping up to date with what is happening elsewhere in the ASP. Knowing how each section operates is vital to our overall success.”

With time, comes change. Something that the 221st has adapted to well.

“Initially the missions seemed rather simple, but as the days have ticked away and now enter triple digits, that mission continues to develop and new things are constantly added,” said Buuck.

The NCO corps that leads the 221st has experience and is continually striving to do better than the day before.

“Two-two-one, we get the job done!”

Only 108 days to go... but who’s counting?



CAMP BUEHRING, Kuwait—(September 23, 2012) Right: Staff Sergeant Jeremy Buuck conducting NCODP with other NCOs filling in. Photo by Sgt. Zachary Corya



Running in Remembrance

By Spc. Michael Gault
Public Affairs Specialist
191st CSSB

CAMP ARIFJAN, Kuwait – In keeping with the United States' many demonstrations of solemn remembrance to the victims of the September 11, 2001 attacks, the Third Army hosted the "Patriot Day" 5k run early morning on Sept. 11 here.

As the sun rose on a new day, there was a moment for reflection and silent prayer. Then as the mornings' 'Revelry' sounded throughout the base, they ready themselves at the start line. Within mere moments, after the last note of the song sounds, an air horn blows and over eight hundred U.S. Service members and civilian contractors who had turned out to participate in the event begin their 5k run.

"I ran today with great pride and honor to be serving this nation during these times of war against terrorism," said Chief Warrant Officer 4 Michael Nunley, a contract coordination manager for the 191st Combat Sustainment Support Battalion and resident of Colorado Springs, Colo. "My thoughts during this run were truly towards all those that have sacrificed their lives, families, and friends to defend this great nation. I am proud to be serving and today is a reminder of why we are here."

Though this was a run or walk event, for many, there was the determination and resolve to run the entire 5k without pause or walk, even as the temperature rapidly rose well over 100 degrees.



CAMP ARIFJAN, Kuwait – Command Sgt. Maj. Christopher A. Beyer, Command Sgt. Maj. the 191st Combat Sustainment Support Battalion, resident of Hooper, Utah, nears the finish line of the Patriot 5k run here on Sept. 11.

"I felt as if the small pains and struggles that I felt [from the run] were shallow in comparison to the heroism displayed by those who gave the ultimate sacrifice." said 2nd Lt Cole Landon, an assistant battle captain for the 191st CSSB and resident of Salt Lake City, Utah.

As participants approached the finish line, where normally there would be loud cheering, the fanfare that comes with crossing the finish line was noticeably subdued compared to the other running events.



CAMP ARIFJAN, Kuwait – Digging deep and not stopping, Sgt. Miguel Sandoval, an automated logistics noncommissioned officer with the 191st Combat Sustainment Support Battalion, resident of Tooele, Utah, nears the finish line of the Patriot 5k run here on Sept. 11.



Combatives Level II

By 2nd Lt. Aubree Shurtz
Intelligence Officer
191st CSSB

The Modern Army Combatives Program (MACP) taught at Camp Arifjan, Kuwait, consists of combination of various fighting styles, created to train Soldiers on how to bring their opponent into submission until they or their battle buddy can finish the fight. Four of the Ghostriders team enrolled in Combatives Level II course this month, the second level in a series of four.

The official Combatives School is located in Fort Benning, Ga. Each level certifies you to teach more, is a week longer, and is significantly tougher than the first. Those who pass Combatives Level II qualify to teach MACP to their own units, and can even hold company-level tournaments. Level III graduates assist teach Level II courses, and Level IV's can run the whole show.

Camp Arifjan's MACP kicks your trash can from 1700 to midnight every night for two weeks.

SGT Misty Avila, Camp Arifjan's newest instructor, recently completed Level IV and led our class. Each night began with a hour long warm up – a work out of its own. A total of 48 methods of take-downs and submissions are taught. Students are expected to memorize each move. If students are motivated, SGT Avila will guide students in additional fighting gauntlets. On the final night, instructors randomly select 18 of the 48 moves taught to test the students on. Each move must be performed from beginning to end in order to pass.

Perhaps the best part of Camp Arifjan's MACP is that



CAMP ARIFJAN, Kuwait — After learning how to protect ourselves from blows, 2LT Nicole Furnish, Executive officer for the 1462nd Transportation Company, administers hammer blows to another Soldier's ribs. (U.S. Army photo by Spc. Michael R. Gault, 191st CSSB)



CAMP ARIFJAN, Kuwait — 2LT Aubree Shurtz, Intelligence Officer for the 191st Combat Sustainment Support Battalion, vaults over three people as a warm-up exercise during combatives training. (U.S. Army photo by Spc. Michael R. Gault, 191st CSSB)

each instructor volunteers. They volunteer two weeks of their personal time every month to teach Level I and II. Their reward, is increasing their students' skills and survivability.

"It was an outstanding way to harness the fundamentals of being a Soldier," said 2nd Lt. Nicole Furnish, the executive officer for the 1462nd Transportation Company.

By the end of the course you are more than exhausted, but able to serve your fellow Soldiers in a way that can save their lives.

One would think a week of Level I will kill you. But four Ghostriders survived Combatives Level II this month.

Once again, Ghostriders are "Out Front"!



(Continued from page 1)

The event in Kuwait, consisting of four Key Leader Engagements (KLE) and culminating with two days of Tactical Convoy Operations (TCO) lanes exercises, is similar in concept to other joint efforts between the U.S. Army and host nation militaries in foreign countries where America has a military presence.

The 1462nd TC, an Army National Guard unit based in Howell, Mich. deployed to Camp Arifjan, Kuwait, was chosen to represent the U.S. because of its role as the first composite transportation company in Army history. The 1462nd operates three separate vehicle types to support the logistics portion of Operation Enduring Freedom, moving supplies throughout Kuwait and Afghanistan for distribution. Their diverse experience in conducting convoys were recognized as a major asset in for the partnership.

The exercise began with the Kuwait National Guard, sending a contingent of 40 Soldiers to Camp Arifjan. These Soldiers were introduced to U.S. Army transportation assets by members of the 1462nd TC, who presented a display of two military vehicles: the M1230 Caiman Plus Mine-Resistant Ambush Protected vehicle and the M915A3, which is an armored version of a semi tractor. They were given a demonstration of a "hasty" recovery, where a damaged or broken down vehicle is towed away in hostile conditions, and provided with the chance to drive the Army vehicles on display.

The second KLE also took place last week, held at Camp Tahreer, the Kuwait National Guard Armory. This event mirrored the one at Arifjan, with the Kuwaitis displaying their

transportation assets and educating the U.S. troops as to their purpose and capabilities. The American Soldiers had the opportunity to drive some of the Kuwaiti vehicles as well, partnering up with their counterparts for a spin around the armory's parking lot area.

When asked about the exercise following the completion of the second KLE, 1st Lt. Nicole Furnish, the Executive Officer for the 1462nd TC, identified it as, "a great opportunity for U.S. and Kuwaiti Soldiers to learn about each other's culture and engage in the daily operations of both units. I hope we continue to use this valuable opportunity to build a partnership with the Kuwaitis."

The remaining two engagements will be split, with one held at Camp Tahreer and the other at Camp Arifjan. The third phase of the exercise is designed to educate the Kuwaiti Soldiers on U.S. Army convoy tactics and techniques. They will re-

ceive instruction in conducting a tactical convoy, recovering downed vehicles in a hostile environment, and in how to counter improvised explosive devices.

The fourth phase will introduce U.S. Army communications procedures, provide a rehearsal for the culminating exercise, and also give the American and Kuwaiti troops the chance to engage in a friendly competition by putting their vehicles through various driving courses and seeing who can recover a simulated downed vehicle safely in the shortest time.

The partnership event will conclude later this month with a TCO lane exercise.

During this event, Kuwait National Guard Soldiers will have a chance to use the skills they learn from their American counterparts in simulated combat situations.



CAMP ARIFJAN, Kuwait — Members of the Kuwaiti National Guard listen to a brief on the capabilities of a M1230 Caiman Plus Mine Resistant Ambush Protected Vehicle during their visit of the 1462nd Trans Co. on Sept 18. (U.S. Army photo by Spc. Michael R. Gault, 191st CSSB)

The Rock of Encouragement



Capt. John Marriott
Battalion Chaplain

Years ago, I read a story about a man trying to take a journey in a small boat in the Pacific Ocean. A large storm caught him and his fellow travelers by surprise. They were hit with tall waves and the boat capsized. They spent the night swimming, each wave pounding them into the water. To get air required swimming to the surface in-between the large waves to catch a breath before being pummeled again. Even for an experienced swimmer as he and his companions were, this was both dangerous and hard work.

After hours, the storm finally stopped and they could swim close enough to shore that he could see a rock sticking out of the water, part of a larger rock formation under water.

They still had a number of miles to swim before they could reach the shore. But the rock they found gave them a place to rest before finishing the rest of work needed to get back to shore. After the experience, one was quoted as saying that he believed that a word of encouragement is like that rock he had rested on.

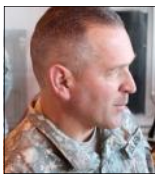
Sometimes we can get overwhelmed with life or someone we know can feel discouraged, stressed out, and having a hard time. A word of encouragement or a listening ear can be like a place of refuge where we gather strength to press on.

Once a man was in a store to buy something and found himself waiting in the checkout line. He didn't have anything better to do and started a conversation with the people in the check out line next to him. The people next to him were a married couple with a young daughter. Once he heard the name of the daughter he remarked that she had a very beautiful name. He knew someone else who had that name and always thought it was a pretty name to have.

Some days later the man was surprised that this same couple, who he didn't even know, called him "out of the blue." They explained that their daughter had a serious illness and had recently passed away. She had always hated her name. The parents in essence said, "Her last days on this earth were the happiest she had ever been in her life because you told her, her name was beautiful."

A simple word of encouragement had made a powerful difference in the life of a family. It had not required bells, whistles, wealth, something dramatic, or a degree in psychology. It required listening. It required a simple act. All of us can give more words of encouragement. It doesn't matter if we are deployed, loving someone who is deployed, living at home or abroad—all of us can encourage others. As we do, the world will be made better for ourselves and others . . . sometimes without our even knowing it.





Overcoming an Unforeseen Challenge

By Staff Sgt. Thomas Payeur
W7A NCO
191st CSSB

On Friday, Aug. 24, CW3 Stoore came up to Sgt 1st Class Marr and I and told us that because of a problem with the nature of the contract, the contractor, General Dynamics Information Technology (GDIT), was temporarily not going to be able to process aviation parts. This meant that we, the W7A warehouse at Camp Arifjan, Kuwait, were going to have to start pulling, shipping and tracking Class IX Aviation parts which are on our the high priorities list. These parts ship to Afghanistan, the USA, and other locations throughout the world and because of their importance, we would have to tackle this now!

We grabbed our Soldiers Pfc. Norman and Sgt. Sandoval from the barracks, headed back to the W7A warehouse and went straight to the stock Control room to pick up MRO's (Material Release Order) forms and the picking list for the needed parts.

The MRO's contain the location of

each part in our large warehouse and bulk yard.

One of the real struggles early on for us was learning "the way" the process is actually run which sometimes differs from what we were taught. It took almost four days to figure out the paperwork alone. It helped immensely knowing the right people we could talk to during this time.

Once these parts were pulled, we took them over to the shipping areas to be boxed up. All of the parts orders were entered into a Hand Held Terminal (HHT) so the main tracking computer could track that was being shipped. Once all orders were entered, Norman went into another computer to enter all information so we can produce a Radio Frequency Identification (RFID) tag. These RFID tags allow the Army to track the item throughout the shipping process.

Some of these boxes and their containers, which are heading to U.S. lo-



CAMP ARIFJAN, Kuwait — Sgt. Miguel Sandoval adjusts a cargo strap during a cargo mission.

cation, have to be inspected by U.S. Navy Customs. Once Customs clears them, the containers are wrapped with banding wire and sealed. But its not over, yet.

The next step is to ship these containers over to the Central Receiving/Shipping Point (CRSP) yard. We hit a few roadblocks in this area.

It seems, because of the contract issues, that we were not allowed to use GDIT's equipment. This meant we have to find other means of transportation to get these containers to the CRSP yard. Sgt 1st Class Marr and I looked to the 420th Movement Control Team where we coordinated to use trucks and other equipment needed to complete our mission. In total we ended up getting five trucks with trailers and two forklifts.

At the warehouse, we quickly developed a plan which would allow us to get the work done efficiently. Chief Warrant Officer Philip Stoore and Marr would operate the LMTV (Large Military Transportation Vehicle) and the military forklift to load the containers



CAMP ARIFJAN, Kuwait — The large warehouses known as W7A is one of many such facilities which stores and distributes military equipment and parts throughout the Middle East and U.S.

Back to School Photos



Alex Washburn



Jack Washburn



"We miss you Dad!"
Donovan, Caleb and Robert
Sivewright



Staff Sgt. Smith's daughter, Aaliyah, is tickled pink over her first day of school outfit.



"Wish you are here to send us off to school, but we know you are doing a very important mission and get free ice cream any time you want it . . . lucky!

We miss you and love you."

Austin, Sean and Colby
O'Leary



"We love you, Daddy!! We are so proud of you!"
Annie and Abbie Willson.





Sgt. Maher

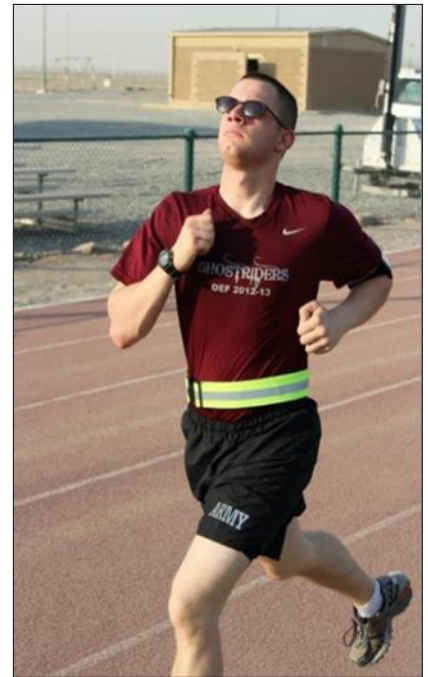
NCO/Soldier of the Quarter Board

HHC, 191st CSSB first NCO/Soldier of the Quarter Board convened on Aug 27.

Three junior enlisted Soldiers participated: Spc. Justin Kelleher, Spc. O'Farrell, and Spc. McGrath. Two NCO's participated: Sgt. Maher and Staff Sgt. Chapman.

Soldiers answered questions on various Army topics, current events, chain of command, and Army Values. Soldiers also were judged on their military bearing and professionalism. Sgt. Maher and Spc. McGrath won the board and represented the unit at the 191st Battalion's NCO/Soldier of the Quarter Board on 18 SEP 2012.

Although, HHC, 191st CSSB Soldiers did not win the battalion board, we are determined to win the next battalion quarter board. We will never accept defeat!



Spc. McGrath

ARMED FORCES ENTERTAINMENT PRESENTS



CHARLIE



MIKE



NATASIA



GREG



BEN



KYLE



ANTHONY



Photo Courtesy: Allen Olson, Alaska White, Fox Photos, Ben Davis, Mike Winkler, Anthony Martinez

THURSDAY 11 OCTOBER @ CAMP ARIFJAN
1800 HRS MEET & GREET ZN 6 COMMUNITY CENTER

FRIDAY 12 OCTOBER @ CAMP AAS-LSA
1300 HRS MEET & GREET MWR SAND BOX

FRIDAY 12 OCTOBER 2 CAMP BUEHRING
1800 HRS MEET & GREET MWR FITNESS CENTER







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THE XO FILES

From the Desk of Major O'Leary

Chilson, Nicole
Code Name: Big Red

191st Combat Sustainment Support Battalion, Salt Lake City, UT 84113
Made & Printed in U.S.A.

CLIP & SAVE
PROOF OF PURCHASE
FOR SPECIAL GHOST RIDER PREMIUMS 1 PT. VALUE



Primary Military Speciality: Support Operations Officer In-Charge
Hometown: Salt Lake City, Utah

As the SPO OIC, Big Red as she has affectionately become know received her nickname because of her red hair and the fact that with so many meetings she is always running around with her hair on fire. Big Red has the responsibility of overseeing Big Red Nation and ensuring that her Soldiers are well trained at counting cylinders, containers, ammunition, etc..., or more precisely, watching others count it! It is a tough life but someone has to do it. Word on the street is that she has done such a fine job teaching the Soldiers in Big Red Nation to count, she might even be able to teach "Old Hickory" (MSG Coffey) how to count without taking his boots off.


Years in Service: -Classified
Rank: O-4

CLIP & SAVE
PROOF OF PURCHASE
FOR SPECIAL GHOST RIDER PREMIUMS 1 PT. VALUE

Nunley, Michael L.
Code Name: The Godfather

191st Combat Sustainment Support Battalion, Salt Lake City, UT 84113
Made & Printed in U.S.A.

CLIP & SAVE
PROOF OF PURCHASE
FOR SPECIAL GHOST RIDER PREMIUMS 1 PT. VALUE



Primary Military Speciality: Contract Coordination
Hometown: Colorado Springs, Co.

As perhaps the oldest and wisest member of the "Big Red" Nation, The Godfather is soft-spoken but when he speaks others listen. Not one for late nights, The Godfather often turns in early and then rises before the crack of dawn to hit the gym where he can be seen sweating to his favorite Richard Simmons workout video, leading a step aerobics class, challenging everyone in the SPO to a push-up contest, or when he is really feeling it, Zumba in the Zone 1 gym! As the head of contracting in the SPO, The Godfather was a perfect fit for this job as he is accustomed to taking out contracts as "The Godfather."


Year: _____
Rank: _____

CLIP & SAVE
PROOF OF PURCHASE
FOR SPECIAL GHOST RIDER PREMIUMS 1 PT. VALUE

Gonzales, Jennifer
Code Name: The Planner

191st Combat Sustainment Support Battalion, Salt Lake City, UT 84113
Made & Printed in U.S.A.

CLIP & SAVE
PROOF OF PURCHASE
FOR SPECIAL GHOST RIDER PREMIUMS 1 PT. VALUE



Primary Military Speciality: Command Assistant
Hometown: Salt Lake City, Utah

Recently promoted to Sergeant, The Planner has the daunting task of keeping tabs on The Professor (Ltc. Groark) on a daily basis and making sure he is where he needs to be at the right time and in the right uniform. Capable of managing multiple tasks at the same time, Sgt. Gonzales can often be found updating the BN CDRs calendar, reviewing memorandums, doing a little online shopping, painting her toenails, counting the money her Mom sends her and explaining to SGT Bird why she is the best Admin Assistant. In her spare time she likes to manage and color-code other people's calendars, re-arrange Sgt. Bird's desk (it really bothers him) and work on her daily 20-year plan...it is almost complete, she just needs to finish the last couple hours!

Years in Service: 3
Rank: E-5 (SGT)

CLIP & SAVE
PROOF OF PURCHASE
FOR SPECIAL GHOST RIDER PREMIUMS 1 PT. VALUE



The Combined Federal Campaign

By Capt. Berni Davis
Commander
191st HHC

In 1961, President John F. Kennedy signed Executive Order 10927 which permitted fund raising solicitation to Federal Employees and thus leading to the creation of the Combined Federal Campaign (CFC).

The CFC is the only authorized solicitation of Federal employees in the workplace on behalf of charities. It occurs every fall and is designed to prevent a continuous bombardment from thousands of charitable organizations. The CFC sponsors over 2500 non-profit organizations.

The CFC raises funds to assist people in need in our military communities, across the nation and around the world. Giving to the CFC-O gives you the ability to donate to causes that impact your life, the lives of your family and friends and your fellow Soldiers. Here is an example of the impact the CFC has:

When wounded veteran Mathew Sheffel and his five kids checked into a San Antonio hotel recently, they thought it was a weekend getaway treat from their friends at a CFC-O supported charity.

They had no idea of the surprise the charity had in store. Kenneth Wilson, Central and South Texas Market President for Bank of America, broke the news. "We're giving you and your family a house," he told the amazed dad.

The Army sergeant returned from combat duties in Iraq with multiple injuries. Shortly after his return, his wife left him. Now medically retired from

2012

WHAT YOUR GIFT CAN DO



Combined Federal Campaign
Overseas

CFCOVERSEAS.ORG





Your charitable contributions make a big difference in the lives of those in need around the world. Spreading your total gift over the course of the year through a payroll allotment or recurring credit/debit card donation makes giving easy and affordable.

\$100	Purchases five phone cards to enable deployed service members to call home
\$120	Vaccinates 300 children against measles
\$150	Provides 10 backpacks filled with school supplies to needy children
\$175	Feeds 25 abandoned cats or dogs in a shelter for a week
\$200	Buys a milk cow to provide a family with ongoing sustenance and income potential
\$250	Supplies 10 families with emergency water kits after a disaster so they have clean, safe drinking water

the Army, he's raising quadruplets and his older daughter by himself. Through the generosity of donors, the charity was able to help the family in many ways. "It's an unbelievable feeling," Mathew said as he received the keys to his new home. "I cannot thank the charity enough for all they've done for my family."

Families of Soldiers may also participate in the CFC. Donations can be made online to the sponsored charity of your choice. Once the charity is indented, individuals may logon to www.cfcoverseas.org and make a onetime contribution or choose to have a monthly deduction. AGR Soldiers may also make contributions through payroll allotments.

WOMEN'S ONLY SELF DEFENSE



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Showtime: 0545 (Tours Office)/Depart AJ: 0600
Showtime: 0745 (Tours Office)/Depart AJ: 0800
Dress Code: slacks/jeans, collared shirts, sneakers
Golf Bags and Carts are provided

9 Holes	- 10 KD
Golf Bag (Rental)	- 3 KD
Balls (1 sleeve/3 balls)	- 5 KD
Tees	- 2 KD
SM bucket range balls	- 2 KD
ME bucket range balls	- 3 KD
LG bucket range balls	- 4 KD
Sandwiches	- .500 fills
Sodas	- .100 fills
Juices	- .200 fills



BRAZILIAN JIU-JITSU

Every
**Tuesdays
Thursdays
and
Saturdays**
1900-2030 HRS
ZONE 6
Fitness Center



Please call 430-7475 for more info.

MWR A MWR THINK KNOW!

WORKOUT OF THE DAY CHALLENGE

SUNDAYS 07, 14, & 21 OCTOBER
0001-2400 AT ZN 6 FITNESS CENTER
CALL 430-7475 FOR MORE INFORMATION

Test your overall fitness against others in a challenge of Strength, Agility and Endurance. Prizes will be awarded to the top Male and Female Competitor.

ENDURANCE WORKOUT OF THE DAY CHALLENGE 07 OCT.
PLYOMETRIC WORKOUT OF THE DAY CHALLENGE 14 OCT.
POWER WORKOUT OF THE DAY CHALLENGE 21 OCT.



MWR A MWR THINK KNOW!

Arab/Islamic Cultural Awareness Training




EVERY FRIDAY, 0900 - 1100 HRS
ZN 1 CHAPEL, CAMP ARIFJAN
REGISTRATION STARTS AT 0830 HRS
Other camps please call 430-7072 for reservations

* Class attendance is mandatory for off installation MWR trips *

CASTLE OF TERROR HAUNTED HOUSE

WEDNESDAY 31 OCTOBER 2000
AT ZN 1 FITNESS CENTER.
INDOOR BASKETBALL COURTS

Welcome to the Camp Arifjan Castle of Terror Haunted House.
Prepare yourself to be frightened to your core.
Doors open at 2000 if you're not too scared!
Call 430 - 1205 / 1302 for more information



MWR A MWR THINK KNOW!



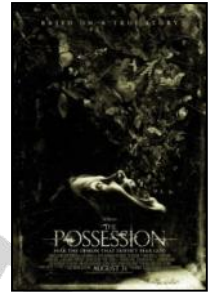
MR. MOVIE JUNKIE

BY SPC. MATTHEW JOHNSON
HUMAN RESOURCE SPECIALIST
191ST CSSB



The Possession – **Rated “PG-13”**

This recent horror movie took a unique turn as far as the traditional child possession films go. A evil demon came from an antique box which it was trapped in by a old Jewish Rabbi. Although there were a couple tense and exciting scenes in the movie, I felt that overall it underperformed when compared to other horror movies of its type and budget. I would this film 2 out of 5 stars.



Brave – **Rated “PG”**

This was the most recent Disney movie which followed the story of a rebellious Celtic Princess, who refused to follow the traditions of her family. Unlike most Disney movies from before, the primary antagonist seemed to take the form of philosophical view points, as opposed to an actual villain. Though this movie was entertaining and is something that I would recommend others to take their children to, I don't see this film becoming a Disney “classic”, earning 3 out of 5 stars from me.



Snow White and the Huntsman — **Rated “PG-13”**

This movies all star cast was sadly unable to make up for the poor interpretation of this classic story. This was one of those movies that used all of the best scenes in the previews which, unfortunately, were few and far between within the actual film itself. Since this movie failed to deliver on the promised “hype” I gave this movie 2 out of 5 stars.



and get them to the CRSP yard. And since we were at it, we stopped at the bulk yard to deliver that day's MRO's.

Originally, we started out with just Stoore, Marr, Sandoval, Norman, and myself. But some how word got out and some of the other units stationed here came together to help us out. We got Spc. Doyle and Pfc. Henderson from the 316th ESC Support Operations and the 113th Sustainment Brigade sent Sgt. Vianez, Sgt Persons and Spc Smith.

In the three weeks we did this, we shipped over 2,330 parts worth over \$7,163,309.00.

It was a tremendous opportunity to use our 92A Automated Supply training, learn the intricate workings both within W7A and outside of it, and coming together as a strong team to con-

tinue taking care of our customers.



CAMP ARIFJAN, Kuwait — Staff Sgt. Thomas Payeur, a W7A NCO for the 191st Combat Sustainment Support Battalion, briefs Sgt. Vianez of the 113th Sustainment Brigade on the task at hand on Sept 6.

BOOTS ON GROUND: Around Kuwait



CAMP BUEHRING, Kuwait — An M1A2 System Enhancement Package V2 Abrams Main Battle Tank fires its 120 mm main gun while on the move during a Table VI tank gunnery at the Udairi Range Complex here. Soldiers from 1st Battalion, 15th Infantry Regiment, 3rd Armored Brigade Combat Team, 3rd Infantry Division, are scheduled to begin training with their Kuwaiti partners in the near future. (U.S. photo by Spc. Derrick Ramey 3rd Brigade Combat Team, 3rd Infantry Division Public Affairs)



CAMP ARIFJAN, Kuwait — Three sailors from Naval Forces Kuwait and four sailors from Naval Expeditionary Logistics Support Group Forward took a step forward in their career by being pinned with the rank of chief petty officer at a ceremony held at Camp Arifjan, Kuwait, Sept. 14. "For our chief selects this is no longer 'The Navy' for you, you are now the solution, you are now part of 'Our Navy', you are now the chief," said Rear Adm. David F. Baucom the director of the U.S. Central Command Deployment and Distribution Operations Center and commander of the Defense Logistics Agency Troop Support. (U.S. Army photo by Staff Sgt. Peter Berardi, 316th Expeditionary Sustainment Command)



CAMP ARIFJAN, Kuwait — At one o'clock in the morning the final group of more than thirty-five 113th Sustainment Brigade soldiers returned from Afghanistan to a cheering crowd of fellow Steel Warriors. The 113th, since February of this year, has had soldiers in Afghanistan supporting various sustainment commands across the country. Their mission was to begin setting conditions for the responsible withdrawal of forces from Afghanistan. (U.S. Army photo by Maj. Matthew Devivo 113th Sustainment Brigade)

HISTORY & CUSTOMS OF HALLOWEEN

Halloween is celebrated annually. But just how and when did this peculiar custom originate? Is it a kind of demon worship or just a harmless vestige of some ancient pagan ritual?

The word "Halloween" has its origin in the Catholic Church, coming from contracted corruption of All Hallow's Eve. November 1, "All Hallow's Eve" precedes "All Saints Day," a Catholic day of observance in honor of saints. But in the 5th century BC, in Celtic Ireland, summer officially ended on October 31, the holiday was called Samhain (sow-en), the Celtic New Year.

One story says that, on October 31, the disembodied spirits of all those who died throughout the year would come back in search of living bodies to possess for the next year. It was believed to be their only hope for an after life, Panati. The Celts believed all laws of space and time were suspended during this time, allowing the spirit world to intermingle with the living, Gahagan.

Naturally, the still-living did not want to be possessed. So on the night of October 31, villagers would extinguish the fires in their homes, to make them cold and undesirable. They would then dress up in all manner of ghoulish costumes and noisily parade around the neighborhood, being as destructive as possible in order to frighten away spirits looking for bodies to possess.

The custom of Halloween was brought to America in the 1840's by Irish immigrants fleeing their country's potato famine. At that time, the favorite pranks in New England included tipping over outhouses and unhinging fence gates.

Trick-or-treating is thought to have originated with a ninth-century European custom called "Souling." On November 2, All Souls Day, early Christians would walk from village to village begging for soul cakes, made out of square pieces of bread with currants. The more soul cakes the beggars would receive, the more prayers they would promise to say on behalf of the dead

relatives of the donors. At the time, it was believed that the dead remained in limbo for a time after death, and that prayer, even by strangers, could expedite a soul's passage to heaven.

The practice of carving jack-o'-lanterns goes back to the Irish legend of Jack, a lazy, shrewd farmer who tricked the devil into climbing a tree, then refused to let the devil down till he agreed never to let Jack into hell. After Jack died, he was denied access to Heaven because of his evil ways and Hell, because of his deal with the devil. Instead, he was given a single ember placed inside a hollowed-out turnip to light his way through the darkness. In America, the jack-o'-lantern is a hollowed-out pumpkin, lit with an ember.

Halloween did not grow out of evil practices. It grew out of the rituals of the Celts celebrating the new year and out of European Medieval prayer rituals. And today, it is only as evil as one cares to make it.

MWR Library, Kuwait

Halloween Word Search

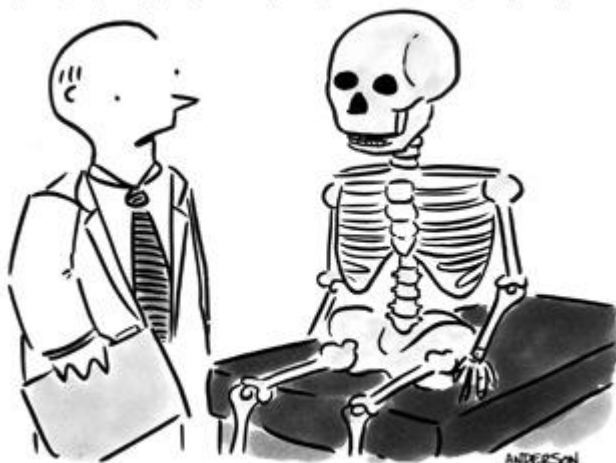
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Y	I	D	O	B	A	I	T	L	I	O	A	B	P
N	F	A	M	I	L	I	A	R	N	A	P	M	T
E	T	E	H	C	A	M	F	H	A	J	I	U	O
N	I	A	H	M	A	S	T	S	C	Y	T	H	E

OUIJA	LIGHTNING	POLTERGEIST	CAULDRON	MONSTER
LINUS	CEMETERY	BEETLEJUICE	SCARECROW	MACHETE
GOBLIN	FAMILIAR	MALEVOLENT	MAUSOLEUM	SCYTHE
ELVIRA	SAMHAIN	FRANKENSTEIN	CHAINSAW	SKELETON



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"Still, let's do an x-ray just to be sure."



"I don't care if he's a basketball! We're in love!"



2012 Hiring Our Heroes – Salt Lake City, UT
South Towne Exposition Center
9575 South State Street, Sandy, UT
November 8, 2012
11:00 AM to 3:00 PM

Join us November 8th, 2012 from 11:00 AM to 3:00 PM, for a job fair for veteran job seekers, active duty military members, Guard and Reserve members, and military spouses, in the South Towne Expo Center, 9575 S. State Street, Sandy, UT. This event will be a one-of-a-kind FREE hiring fair for both employers and job seekers.

EMPLOYERS

Must register for FREE at HOH.Greatjob.net

JOB SEEKERS

Register for FREE at HOH.Greatjob.net
 to guarantee admission. Walk-ins welcome but space not guaranteed.

This U.S. Chamber of Commerce sponsored hiring event is being conducted by the Utah Veterans and Military Employment Coalition, the Utah Committee for Employer Support of the Guard and Reserve (ESGR), the Utah Department of Veterans' Affairs, the Utah Department of Workforce Services, the Salt Lake Chamber of Commerce, the Ogden/Weber and Davis Chambers of Commerce, the Department of Labor's Veterans' Employment and Training Service (DOL VETS), the U.S. Department of Veteran Affairs, NBC News, and other local partners.

Resume and Interview skills workshop Monday, November 5th, 2012, South Towne Expo Center.

For registration questions, please contact us at hiringourheroes@uschamber.com or call 202-463-5807.



WWW.USCHAMBER.COM/HIRINGOURHEROES



is the official online partner for Hiring Our Heroes | Find Hiring Our Heroes online:



Camp Patriot

- 4-Oct Duathlon
- 7-Oct Army Ten Miler
- 8-Oct Columbus Billiard Preliminaries
- 13-Oct Navy Birthday 5K Run/Walk
- 31-Oct Halloween Fun Celebration
- 31-Oct Halloween 5K Run/Walk

CAMP ARIFJAN

Zone 1

- 6-Oct Kickball Homerun Derby
- 7-Oct Columbus Day Billiard Preliminaries
- 13-Oct Navy Birthday 5K Run/Walk
- 21- 30 Oct Halloween Havoc Racquetball Tournament
- 31-Oct Halloween 5K Run/Walk
- 31-Oct Castle of Terror Haunted House

Zone 6

- 6-Oct Oktoberfest
- 14-Oct Columbus Day ASG-KU Billiards Final
- 26-Oct It's Great Pumpkin Charlie Brown
- 28-Oct Tactical Fitness Challenge

Camp Virginia

- 08-Oct. Columbus Day Billiards
- 13-Oct. Navy Birthday 5K Run
- 31-Oct. Halloween Night 5K Run
- 31-Oct. Halloween Haunted House

What's HOT in October
mwr events page

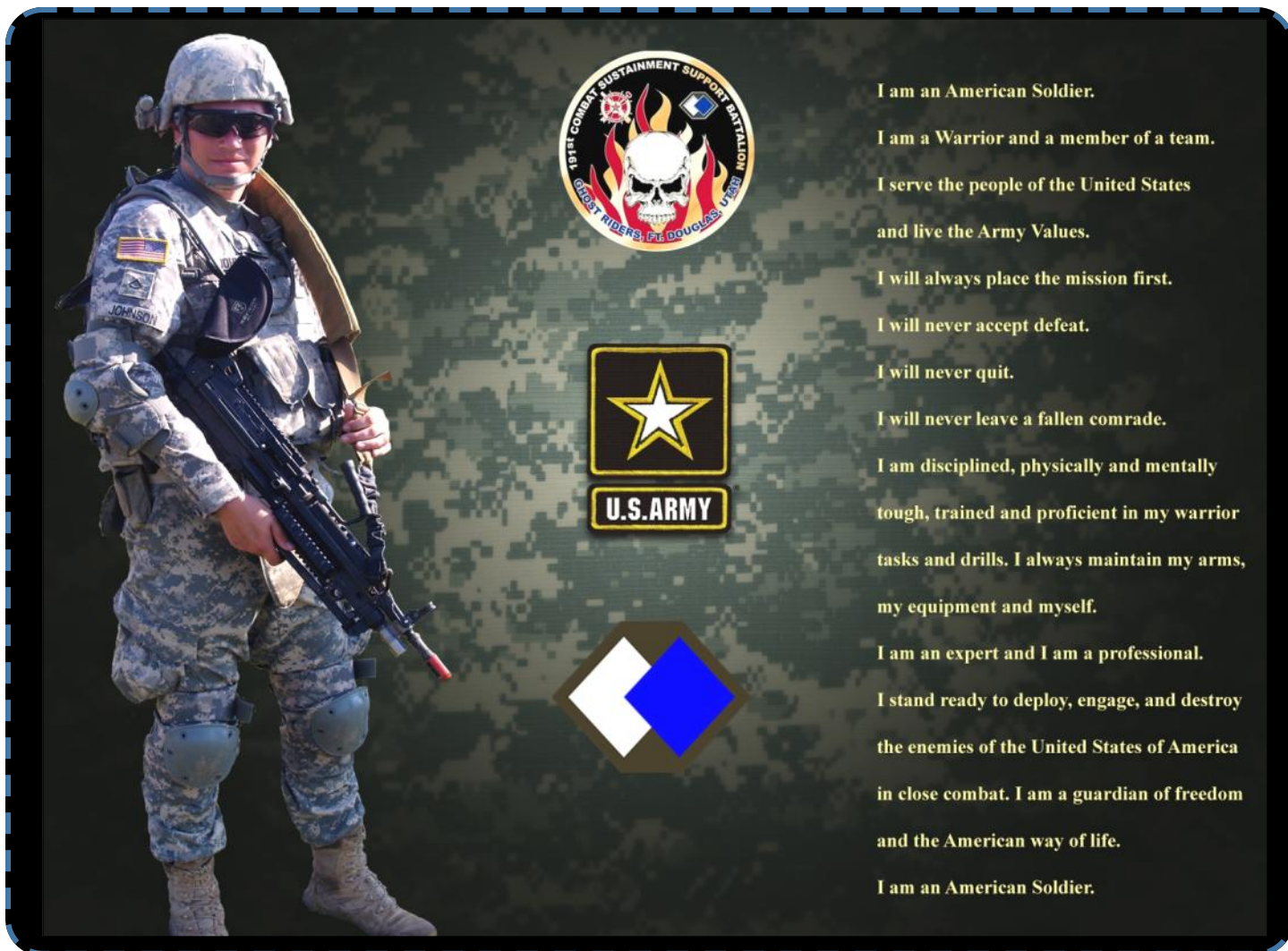
Check out your local MWR Event Boards for details.

Camp Buehring

- 04-Oct Soccer League Championship
- 06-Oct Oktoberfest
- 13-Oct Navy Birthday 5K Run
- 21-Oct Buehring 10-Miler
- 31-Oct Zombie Apocalypse 5K Run
- 31-Oct Halloween Haunted House

Camp LSA

- 06-Oct. Oktoberfest Celebration
- 07-Oct. Columbus Day ASG-KU Invitational Billiards Competition
- 31-Oct. Halloween 5K Run
- 31-Oct. Halloween Haunted House



**191st COMBAT SUSTAINMENT
SUPPORT BATTALION
"GHOST RIDERS"
APO, AE 09366**

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"Ghost Riders, Out Front!"