



Inside SWCS

The official newsletter of the U.S. Army John F. Kennedy
Special Warfare Center and School

Sept. 19, 2011
Issue 34, Volume 2

Smooth Moves

SWCS headquarters personnel begin movement in and around Bryant Hall as command institutes its new, reorganized directorate and unit structure



Staff Sgt. Juan Verdusco, a supply noncommissioned officer with the SWCS Headquarters and Headquarters Company, moves cubicle parts in support of the command's reorganization within and around Bryant Hall on Fort Bragg, N.C. The moves will be complete by the end of September 2011. (U.S. Army illustration by Staff Sgt. Russell Lee Klika, SWCS Public Affairs Office)

By Dave Chace
SWCS Public Affairs Office

Since a series of off-site meetings and decision briefs over the summer, the U.S. Army John F. Kennedy Special Warfare Center and School has reorganized and consolidated its subordinate directorates on paper, by creating the Capabilities Development Integration Directorate to oversee doctrine development, proponenty management, and capabilities integration for the Army's three special-operations branches.

Throughout the month of September, form will soon follow function as SWCS personnel on Fort Bragg, primarily within the command's headquarters building, Bryant Hall, on Ardennes St., physically move to new desks and offices in sync with the command's refined organizational structure.

Approximately 300 personnel will move to new workspaces, 80 percent of whom come from the command's civilian workforce.

"These moves are going to make it easier for everyone to do their job via proximity to their supervisor, proximity to their other teammates, and setting conditions for maximum staff velocity," said Maj. Joshua Stiltner, the commander of the SWCS Headquarters and Headquarters Company.

"Nothing is done in a vacuum here; everything has been done in complete transparency. I've had representatives from each section and directorate with me as we built the floor plan, so that there are no surprises," he said.

The bulk of the moves stem from the creation of the CDID, which combines the Directorate of Training and Doctrine, Directorate of Special Operations Proponenty and Army Special Operations Capabilities Integration Center into a single organization.

Most of the moves are scheduled to be complete by Sept. 30.

Upon completion, Bryant Hall's second floor will house the command's Capabilities Integration Center, Training Leader Development and Education section, Directorate Management Office, and the CDID leadership.

Civil Affairs proponenty, doctrine, training development, force modernization and quality assurance will take over the third floor, along with additional CIC personnel and the Media Production Division.

Special Forces and Military Information Support personnel will round out the CDID on the fourth floor, with both branches' proponenty, doctrine, training development and quality assurance professionals.

Other moves in support of the command optimization will follow suit: the command's retention section will re-locate to a building behind Bryant Hall alongside Family Programs and the International Military Student Office, which is more accessible to SWCS stu-

dents who are not usually issued badges for come-and-go access to Bryant Hall.

"We're always looking for ways to make reenlistment education and execution easier for our students," said Sgt. 1st Class Ricky Harris, the command's senior career counselor. "By moving outside the Bryant Hall gates, and next-door to the Family Programs staff, we're

making ourselves much more accessible to Soldiers and Family members looking for information."

The soon-to-be-vacated ARSOCIC headquarters building across Ardennes St. from Bryant Hall will become the new 5th Battalion, 1st Special Warfare Training Group (Airborne) headquarters for Military Information Support training.

"I'm asking our personnel to do these four things: be proactive, be patient, have a plan and participate to graduate," Stiltner said.

"In order to produce the most highly-trained and intelligent special-operations Soldiers in the world, SWCS instructors need to have support from the command's staff," he said. "The better we optimize ourselves to support our instructors, the better they'll be able to perform and we'll continue to send high-performing Soldiers through our courses and into the operational force."

Bryant Hall Directory

Scheduled to be completed by Sept. 30

- 1st floor: G-1, Staff Judge Advocate, Engineer, HHC, Office of Strategic Communication
- 2nd floor: Capabilities Development Integration Directorate, Capabilities Integration Center, Training Leader Development and Education
- 3rd floor: Civil Affairs branch, Media Production Division
- 4th floor: Special Forces branch, Military Information Support branch
- 5th floor: G-8, G-6, G-4, Property Book Office
- 6th floor: Command Group, G-3, G-2, SGS

Safely lift and move equipment during Bryant Hall moves

By Cathleen Shank
SWCS Safety Manager

Improper lifting and moving of items is a common cause of back injury. Don't let it be your work-place injury while moving you and your colleagues' equipment throughout the coming month. The following rules will be key to your success.



Shank

Use the elevator — please be patient as only one elevator in

Bryant Hall is currently operational.

Don't let your motivation to complete the task quickly cause you to take unnecessary risk. Carrying loads up and down the stairwell is risky. This is compounded by being unable to view the corridors as you enter and exit the stairwells. Maximum use of the elevators will eliminate unnecessary risk.

Use proper lifting techniques:

1. Hold the object very close to your body.
2. Keep feet shoulder-width apart, one foot slightly ahead of the other.
3. Prepare for the lift; look forward.
4. Raise the object to shelf height using the arm and shoulder muscles. Keep the object close to your body and breathe out as you lift.

Overhead lift: Use the overhead lift to place objects on an overhead shelf. This lift begins with the object in your hands. Be careful! Overhead lifts put you at increased risk for muscle strain. It can be difficult to maintain balance during the lift. If possible, avoid this lift. Only use this lift when absolutely necessary.

As you reach the shelf, slowly shift your weight from your back foot to your forward foot. Keep your back straight. When the load reaches the edge of the shelf, push the object onto the shelf.

Pivot Technique: When you must lift an object and then turn to carry it away, it is common to twist the body. Twisting while lifting can cause serious damage to the tissues of the back. Use the pivot technique to avoid twisting while lifting.

1. Lift the load using any of the previous techniques.
2. Hold the load very close to your body at waist level.
3. Turn the leading foot 90 degrees toward the direction you want to turn.
4. Bring the lagging foot next to the leading foot.

Do not twist your body!

Use the buddy system. Teamwork = success. Don't carry heavy loads yourself.

Use proper equipment. Use hand-trucks to move heavy loads, ensure the load is secure and the equipment is rated for the weight you are moving.

Our personnel are our most valuable resources; ensure planning for safety is your first move.



Command Sgt. Maj. Ledford Stigall (right) poses with Maj. Gen. Bennet S. Sacolick following the SWCS Assumption of Command ceremony Sept. 9 in the John F. Kennedy Auditorium on Fort Bragg. Stigall became the command's senior noncommissioned officer as the SWCS Command Sergeant Major in the ceremony. Stigall's previous assignments at SWCS include senior instructor, first sergeant and sergeant major at the Special Forces Underwater Operations School in Key West, Fla.; command sergeant major for 2nd Battalion, 1st Special Warfare Training Group (Airborne) and the Special Warfare Medical Group (Airborne), and commandant of the David K. Thuma Noncommissioned Officer Academy. (Photo by John Barrera, 1st SWTG(A) S-3)

U.S. Special Operations Command welcomes new commander

By Tech Sgt. Heather Kelly
U.S. Special Operations Command Public Affairs Office

Adm. William H. McRaven assumed command of U.S. Special Operations Command from Adm. Eric T. Olson during a change of command ceremony Aug. 8 at MacDill Air Force Base, Fla.



McRaven

Defense Secretary Leon E. Panetta presided over the ceremony, praising Olson for the work he and the command have accomplished.

"Eric is beloved by those under his command," said Panetta. "As he says, humans are more important than hardware, and quality is more important than quantity. And that's exactly where his focus has been here at SOCOM — finding, caring for and keeping the highest-quality people.

"As a result of his work, we now have the best-trained, the best-equipped and the most experienced special-operations force in the history of the United States."

Panetta also acknowledged Olson's operational contributions, highlighting his efforts during the 1993 Black Hawk Down battle in Mogadishu.

"It was then-Commander Olson who led a ground convoy to rescue his comrades fighting for their lives against hundreds of enemy fighters who had them surrounded. That mission showed Eric's extraordinary courage, his warrior spirit, his inspired leadership and the overwhelming care and concern he has for his comrades-in-arms. All traits that he has demonstrated again and again throughout his storied career."

During the ceremony, a moment of silence was observed to honor the U.S. servicemembers and Afghan National Army commandos killed during recent events in Afghanistan.

"We will honor the fallen by showing the world our unyielding determination to press ahead, to move forward with the hard work that must be done to protect our country," said Panetta.

McRaven becomes the ninth commander of SOCOM and responsible for all Army, Navy, Air Force and Marine Corps special-operations forces. SOCOM is the Department of Defense's lead command for planning and synchronizing the global war against violent extremist organizations.

"I can't think of anyone better suited to help succeed Admiral Olson in this tough job and manage the continued growth of SOCOM than another Navy SEAL, Admiral Bill McRaven," Panetta said.

"He is one of the military's outstanding strategic thinkers and leaders, who has always kept faith with those serving downrange."

McRaven thanked Panetta and reminded everyone of the importance of SOCOM's mission.

"The world today is as unpredictable as ever," said McRaven. "And as such, the American people will expect us to be prepared for every contingency, to answer every call to arms, to venture where other forces cannot, and to win every fight no matter how tough or how long.

"They will expect it because we are the nation's special-operations force, and Mr. Secretary, we will not let them down," McRaven concluded.

McRaven most recently served as the commander of the Joint Special Operations Command headquartered at Fort Bragg, N.C.

SWCS Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
18	19	Civilian Recognition Ceremony 10 a.m. JFK Auditorium	21	22	23	24
25	26	27	28	Special Forces Qualification Course Graduation 3 p.m. Crown Coliseum	30	1
2	Civil Affairs Qualification Course Graduation (Reserve) 9 a.m. JFK Auditorium	4	5	Civil Affairs Qualification Course Graduation 9:30 a.m. JFK Auditorium	7	8