

The Windsock

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Cobra pilots gear up for night systems instructor training



LANCE CPL. ANDREA CLOEPATRA DICKERSON

An AH-1W Super Cobra with Marine Light Attack Helicopter Squadron 467 departs from the flightline during night systems instructor training Monday.

CONTRIBUTED ARTICLE

MCAS CHERRY POINT

Four AH-1W Super Cobra pilots with Marine Light Attack Helicopter Squadron 467 began a four-day training evolution Monday at Cherry Point to earn the night system instructor training designation.

The NSI designation is one of the highest levels of qualifications an aviator can earn, with the Weapons and Tactics Instructor being the only other qualification of such high caliber, said Capt. Joseph D. Quirk, the aviation safety officer of HMLA-467.

“The squadron benefits from this training because we

will have multiple pilots with these different qualifications, allowing us to have several options to choose from to get our pilots trained during periods of heavy scheduling,” he said.

During the course of training, the pilots’ objective is to become experts in the night environment. They study and familiarize themselves with night vision equipment, infrared systems and environmental considerations including light levels, terrain and thermal factors. Then they put what they have learned to the test in the field.

While engaged in the flight portion of the training, the Cobra pilots provided close air support through develop-

ment and execution of thorough plans while coordinating with unmanned aerial systems and other fixed-wing assets to complete their mission.

Once pilots complete the course, they gain credibility within their military occupational specialty that qualifies them to instruct new pilots who fly after dusk with the help of night vision goggles.

Because they are hand-picked by a selection board to go through the course, pilots from the squadron work hard to stay competitive and qualified, Quirk said.

See **COBRA** page A7

MWSS-274 deconstructs radar dome



CPL. S. T. STEWART

Marine Air Control Squadron 2’s newest antenna sits on a hill adjacent to the radar dome at Cherry Point May 10. The radar dome is in the process of being deconstructed by a team of engineers with Marine Wing Support Squadron 274. The new antenna, the most currently used AN/TPS-59a radar technology, will increase the squadron’s radar range by up to 200 miles. The deconstruction started May 8 and is scheduled to be complete within two weeks, allowing MACS-2 to employ the new radar technology.

Cherry Point hosts computer ‘Give-A-Thon’

PFC. VICTOR A. ARRIAGA

MCAS CHERRY POINT

Seventy-five school-aged children of personnel stationed at Cherry Point were awarded free computers during the first Kramden/Lenovo-sponsored computer “Give-A-Thon” May 11 at Miller’s Landing.

Each of the 75 students received Lenovo monitors as part of their computer awards. The computers were transported from Durham, N.C., and were distributed to students who did not have access to computers at home.

“These computers are an important first step in getting students the tools they need to not only cross the digital divide, but thrive in school and beyond,” said Michael Abensour, Executive Director of Kramden Institute, Inc.

The donated computers came from Kramden, a Durham-based non-profit organization, whose volunteers refurbished and awarded more than 12,500 computers across 60 counties in North Carolina. Kramden partnered with volunteers from Lenovo and the Marine Corps to distribute the machines and demonstrate to students and parents how to operate the computers and the software on them.

DeAyra Fisher, whose daughter received a computer, said it was hard for her to share the one laptop they had at their home with her daughters because they all had schoolwork to do.

“When she would have to do research or anything like that, we would have to go to the library,” said Fisher. “This makes it a lot more convenient and allows her to be more independent in her studies to be able to get on her own computer and do whatever it is she needs to do for school.”

Fisher’s oldest daughter was nominated to receive the computer by her guidance counselor for making good grades at Havelock Middle School.

“We are absolutely thrilled that MCAS Cherry Point was the chosen

See **COMPUTER** page A7

Megown takes charge of ‘Hammerheads’

CPL. SCOTT L. TOMASZYCKI

MCAS CHERRY POINT

Lt. Col. Charles Megown assumed command of Marine Heavy Helicopter Squadron 366 from Lt. Col. Richard T. Anderson during a ceremony here May 10.

Anderson will move on to Eisenhower School, formerly known as the Industrial College of the Armed Forces. The school teaches management of strategic assets.

Anderson took his Marines aside several days before the ceremony and confided in them his feelings about commanding the squadron for the past year.

“I’m extremely proud of their performance and the Marines certainly understand it,” said Anderson. “About 95 percent of the Marines out there enlisted after 9/11, they knew exactly what they were getting into, and they could have chosen to be anything they wanted to be but they chose to be Marines. Above all else, that certainly made me proud.”



Lt. Col. Megown

See **MEGOWN** page A7

Cherry Point Chow Hall scheduled to renovate, modernize

CONTRIBUTED ARTICLE

MCAS CHERRY POINT

The Cherry Point Mess Hall tentatively plans to start operating from a temporary dining facility June 2, as the current dining facility undergoes renovations to repair its deteriorating structure.

After approximately four years of planning, the chow hall will undergo a more than \$10 million renovation to upgrade the facility and install state-of-the-art furnishings and equipment, said Master Sgt. Leonard B. Crooms, the food service officer.

“The new mess hall will boast a more modern theme that will conform to the latest culinary practices while allowing us to provide improved delivery of service,” he said.

Built in 1971, the mess hall has been the pillar of food service for service members aboard the air station.

Mess hall personnel plan to serve the last evening meal in the current facility June 1. The temporary facility will serve its first meal June 2 for Sunday brunch.

During the renovations, service members will dine in a temporary 25,000-square-foot facility located between 4th and 5th Avenues, which is one block closer to the flight line (see illustration on Page A7). The temporary structure will accommodate service members through a main

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Fort Macon
State Park



With your smartphone
download a QR code reader
and scan the code.

News Briefs

Commandant assists Soldier

Commandant of the Marine Corps Gen. James F. Amos visited Johns Hopkins Hospital in Baltimore to check-in on Sgt. Brendan Marrocco May 8.

Amos made a major push for Marrocco, the first surviving quadruple amputee from injuries sustained while serving in Iraq, to receive a bilateral arm transplant in December.

Marrocco was the first service member to receive the surgery.

Marrocco said he was humbled by the commandant's support.

Marrocco was injured as the result of an improvised explosive device explosion in 2009.

MWSS-273 recognized by API

Marine Corps Air Station Beaufort and Marine Wing Support Squadron 273 won awards from the American Petroleum Institute as Marine Corps Non-tactical Unit of the Year and Tactical Unit of the Year respectively for 2013.

The annual awards recognize activities and personnel that have made the most significant contributions to Department of Defense bulk fuel operations, petroleum supply chain management and fleet fuel support.

SNCO's Run For Relief Society

Marines at the Staff Noncommissioned Officer Academy raised money to benefit the Navy-Marine Corps Relief Society through the Director's Run aboard Camp Lejeune April 18.

Through T-shirt sales, donations and the 3-mile run, held at the end of the school's course cycles, the school raised \$520 to benefit fellow service members.

The school's efforts were led by Master Sgt. Amber Beegle, the Navy Marine Corps Relief Society coordinator for the SNCO Academy. She chose to utilize the director's run to raise funds because it's the only event within the school involving students at all levels.

Chaplain's Corner : Gratefulness

LT. DEANN C. COLEMAN

MARINE AIRCRAFT GROUP 14

I read something recently that really blessed me on Facebook and I chose to share it from a friend's page with my friends. This is what it said, "It is not happy people who are thankful, it is thankful people who are happy." I love to read simple statements like this with power. They tend to remind us to make the important things a priority and remove other things that have futilely consumed too much time from our lives pulling us down.

For whatever reason it seems that we take the obvious simple things that bring peace, contentment and satisfaction for granted resulting in an attitude of ungratefulness. We forget that the lives we live resulted from war, struggle, hate, discord, and dissension that had to be repaired, from laws that had to be changed and from an interpretation of the Constitution of the United States that had to be applied to all regardless of gender or ethnicity. Everyday we walk about U.S. soil we should be grateful

and thankful. It is not a perfect place but we have freedoms and liberties that individuals in other countries do not experience and are still fighting for.

When I recently returned from an international trip I stood in an extremely long line of U.S. citizens to enter customs and present passports. I could not believe the overwhelming number of Americans complaining. They complained about the long line. They complained about the workers (who were doing their jobs). They complained about the possibility of missing their connecting flights. They made non-educated guesses about how long it would take to make it through the line (in which they were totally wrong projecting several hours longer than it actually took). Their complaining seemed endless. I thought, "the airport should play the National Anthem repeatedly in this area to remind some and encourage others of the pride they should have as citizens and residents of the United States of America."

Men and women have died so we could all enjoy the vacations or business trips we had just completed. I wanted to sing the National Anthem myself but first of all, I am not a singer and secondly they may have interpreted that as me losing my mind. So I began to softly hum the National Anthem with the hope to remind those

See **GRATEFUL** page A7

Active-Duty Fund Drive ends with success

LANCE CPL. CAYCE NEVERS

MCAS CHERRY POINT

The Cherry Point Active-Duty Fund Drive in support of the Navy-Marine Corps Relief Society came to a close April 31 after bringing in approximately \$60,000 during the month of April.

The money raised from the drive provides the Navy-Marine Corps Relief Society with money to continue providing assistance.

"I want to share my sincerest gratitude to the Cherry Point Community for their support of this year's Navy-Marine Corps Relief Society active-duty and related fund drive activities," said Col. Philip J. Zimmerman, Marine Corps Air Station Cherry Point commanding officer. "Our Core Values of Honor, Courage and Commitment demand that we take care

of our own, and you responded in overwhelming fashion."

The society is a charitable non-profit organization that provides financial, educational and emergency assistance to Marines, Sailors and their dependents.

The main goal of the fund drive was to inform all Cherry Point service members about the society. However, providing Cherry Point service members with information about the society does not come without some difficulties.

"The Active-Duty Fund Drive is essential to providing the necessary working capital for the society to provide the interest-free financial assistance to our Marines, Sailors, and their families," said Cmdr. Lance M. Flood, Cherry Point Active-Duty Fund Drive campaign manager. "However, while contributions are critical to enabling this support, the primary focus of the fund drive is to educate our active duty service members on the wide range of services available to them."

While many Marines and Sailors continued the day-to-day mission of running the air station, others were deployed to Afghanistan and Yuma, Ariz. and various other locations. To accomplish the goal of this year's fund-drive, representatives sent packets of information and passed information through phone calls to the representatives with Cherry Point units currently deployed.

See **NMCRS** page A7



LANCE CPL. CAYCE NEVERS

Cherry Point Active-Duty Fund Drive in support of the Navy-Marine Corps Relief Society representatives gather for one last meeting May 8.



CONTRIBUTED PHOTO

Military and civilian nurses, along with Naval Health Clinic Cherry Point leadership, gather in their dress whites to commemorate National Nurses Week celebrated annually May 6-12.

The Windsock
Weekly Photo Competition
May 2 - May 9, 2013

Vote on Facebook - <http://bit.ly/mcascptfb>
Vote on Google+ - <http://bit.ly/CherryPointPlus>
Vote on Flickr - <http://bit.ly/cpflickr>

SGT. DANIEL RHODES

Job Title: Administrative Specialist
Unit: Headquarters and Headquarters Squadron
Age: 24
Hometown: Riverside Calif.,
Date Joined: Aug. 15, 2006

Sgt. Daniel Rhodes is a legal services specialist with the Cherry Point legal services support team.

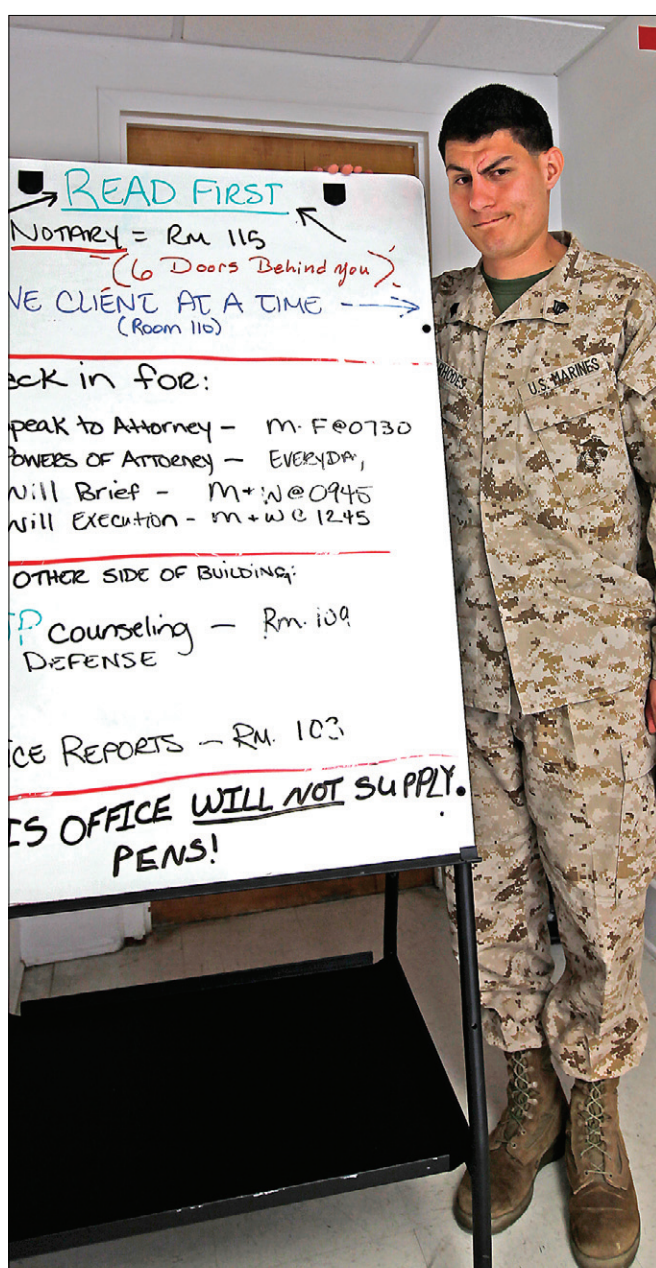
Rhodes' mission is to file all wills and powers of attorney cases for Marines deploying, changing duty stations and all large force exercises, but with a short staff, many legal specialists take on additional roles to help the military attorneys.

"There isn't anything particular that I like or dislike from this job, but I make it a point to stay positive," said Rhodes. "If I'm not positive then neither are the people I work with."

Rhodes said through his time working for legal services and progressing through his Marine Corps career that his attitude is a foremost matter in the legal field. If the client's attitude is bad, it makes all aspects of the job more difficult.

"I base the way I work off of the book 'A Message to Garcia,'" said Rhodes. "If someone needs something I'm the one they come to. I want to be the one who takes the extra step. If there's a question, I want to be the one who finds the answer."

Rhodes said as a way for clients to cut on the amount of time spent at legal to check the whiteboard outside of their office. On it contains a list of classes that covers topics from non-judicial punishment classes to setting up times to speak to an attorney.



LANCE CPL. GLEN E. SANTY

The Windsock

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REMEMBER TO RECYCLE



Night crews burn the midnight oil



PHOTOS BY CPL. SCOTT L. TOMASZYCKI

A Marine Attack Squadron 542 plane captain guides an AV-8B Harrier in for parking after completing a training mission May 9 at Cherry Point. Maintenance Marines enable aircraft to fly and perform missions at any time of day.

CPL. SCOTT L. TOMASZYCKI

MCAS CHERRY POINT

War is a 24-hour activity. Accordingly, Marines with Marine Attack Squadron 542 work around the clock to keep their aircraft up and running and their pilots trained.

In garrison, all operations revolve around the flight schedule. It dictates who flies, when, in which aircraft and what training the pilots will perform. Maintenance departments make their priorities based on that information. For night shift workers, that means burning the midnight oil to ensure availability for training the next day.

Night shift workers keep long and demanding hours to ensure aircraft are ready to perform.

"Range time is the biggest thing in garrison," said Cpl. Austin L. Couturier, an aviation ordnance technician with the squadron. "(In combat) we can arm a whole flight schedule and be ready before we need to be, but at the same time, if they don't have range practice, everything we do is worthless."

While working at night and sleeping during the day is not natural for people in general, the night shift Marines are accustomed to it and perform their tasks just as the day shift performs theirs. Quality assurance Marines are used to ensure the work was done in a sufficient manner.

"A quality assurance representative has to make sure everybody else is doing the

right thing by the publications," said Staff Sgt. Casey Livingston, a quality assurance inspector with VMA-542. "That involves inspections, audits, and walking around to make sure people are doing things correctly."

The practice of working around the clock gets Marines ready for when lives depend on air support making a timely arrival. When operating in Afghanistan or on the deck of a ship during a crisis, Marines work to keep the jets in the air supporting the operations. In 2011, '542 worked around the clock supporting U.N. Resolution 1973, protecting civilians in Libya during Operation Odyssey Dawn.

"Usually when you're in the alert, you're already going to have pre-weapons checks and everything else done," said Couturier. "If the word is passed to load bombs as quickly as possible, everything is already checked and squared away."

The night crew keeps everything running smoothly by setting up the day shift for success. With everything prepared for training the night before, the pilots can get right to it.

"Some (pilot training) qualifications are done during the day, some are done at night," said Jones. "Today, the flights started at 12:45 a.m., and will end at 11:15 p.m. Without night crew, the squadron wouldn't be prepared for the next day's events. To get the aircraft ready, you have to have two shifts of maintenance."



A VMA-542 plane captain guides an AV-8B Harrier in for parking after completing a training mission the night of May 9.

Use it or lose it

Business booming at Cherry Point ranges

CPL. SCOTT L. TOMASZYCKI

MCAS CHERRY POINT

Use it or lose it. Marines practice their warfighting skills on a nearly daily basis with that basic tenet in mind. One way 2nd Marine Aircraft Wing pilots, and those of every military branch, keep their shooting and bombing skills sharp is on two bombing targets east of Cherry Point.

The ranges, known as BT-9 and BT-11, fall under the administration of Marine Corps Air Station Cherry Point. The range's primary purpose is to provide adequate training facilities for tenant units performing live-fire training exercises. The ranges have been active since Cherry Point's birth during World War II.

"It provides a ready asset close by for them to conduct their training," said Mark Condra, the supervisor of the range. "All kinds of aircraft and even some ground troops come to practice air support. It provides the opportunity to do integrated operations or joint operations."

The range provides support for aircraft to practice nearly any kind of air support scenario. There are mock convoys of enemy vehicles, there are barges to simulate enemy shipping and even a runway with aircraft on it to practice strafing enemy airfields. There are also integrated anti-aircraft defenses simulated by radars and "smoky SAMs" so

pilots can learn how to evade and defeat enemy air defenses. There are even remote-controlled boats that can tow targets so pilots can bomb moving targets.

"When the range was designed and as it's grown over the years, the people before me have tried to put in different target arrays that would simulate the types of targets that the aircrew may see if they go into a hostile environment," said Condra.

Most ordnance dropped on the ranges here are not actually live explosive ordnance. Usually, they are dummy bombs that let out a puff of smoke on impact to help range monitors gauge accuracy. Pilots do drop live ordnance, but there are limits on the size of the bombs depending on where the bomb is intended to land. Range towers with cameras track points of impact and score pilots on their bombing runs.

Marine Attack Training Squadron 203 uses the range to practice bombing before going to exercises in Yuma, Ariz., to get their skills as sharp as possible before the exercise.

"Things look quite a bit different from the air whether it's an aircraft or a vehicle," said Capt. Trevor Selter, the supply officer of the squadron. "The ranges at BT-11 have different targets to give our pilots the opportunity to see that difference. It benefits our students because they're able to practice their basic air-to-surface (maneuvers) before going out west to Yuma where they drop live ordnance."

Usually, aircraft train in flights of two. However, the size and variation of targets available creates an opportunity for large-scale mock operations. Navy, Marine and Air Force aircraft regularly work together to bomb targets just as they would in a deployed scenario, Condra said.

"We take the job very seriously," said Condra. "It's our job to try to ensure we provide training opportunities for the Marines so they can get what they need done, done. We think it's an important job, and we all love doing it."



CPL. SCOTT L. TOMASZYCKI

Two target barges at BT-9 float in ruins in South Bay of Piney Island May 1. The bombing range helps pilots hone their skill in attacking various types of targets, including ships.



Rescue training embodies air, land, sea ethos



LANCE CPL. ANDREA CLEOPATRA DICKERSON

MCAS CHERRY POINT

As they approach a dense forest, the search and rescue crew realizes they do not have enough room to land their aircraft. As dehydrated, exhausted children on the ground wave their arms at the crew to signal for help, the crew realizes they must rappel from the aircraft in order to save the children's lives.

A scenario like this can happen during any season. A similar incident occurred on Presidents Day when local children wandered off into the Croatan National Forest. In preparation for such real-life scenarios, Marines and Sailors with Marine Transport Squadron 1 train to rescue stranded casualties.

The search and rescue crew conducted rappel currency training and search and rescue flights May 10, with the help of an HH-46E Sea Knight affectionately referred to as "Pedro" and a Coast Guard cutter from Coast Guard Air Station Elizabeth City, N.C.

The Marines and Sailors at VMR-1 are no strangers to Coast Guardsmen and their fleet of ships. The two branches have a continued history of working together to accomplish their life-

saving missions.

The two training flights allowed the search and rescue swimmers and other members of the team to maintain currency and proficiency in basic and direct deployment rappels, live hoisting and in-flight recovery over land and sea.

"This training is useful because it helps us adapt to nearly every situation we come across," said Lance Cpl. Anthony J. DiCola, a search and rescue crew chief with VMR-1.

For most of the crew, the procedures they went through are already ingrained in their muscle memory, said Cpl. Kyle B. Smith, a search and rescue swimmer with the squadron. He also said they don't often get to use some techniques they practiced.

"This training not only benefits rescue swimmers," said Smith. "The entire crew gains something because this gives us a wider range of options to use during missions."

The most important purpose of the training flights was to give Cpl. Kyle A. Alessandro, a rescue swimmer in training, more experience and the flight hours he needs to work toward becoming fully-qualified, said Smith.

Smith said Alessandro benefited from the training.

"I love sharing the things I've learned with others," said Smith. "It's a good feel-

ing to know that others are learning from what I'm passing on. Everybody will gain from this, and hopefully we will be able to continue to save lives."

Not only were the search and rescue swimmers able to brush up their skills and earn qualifications, the aircraft's crew chief said he was able to put his skills to use.

DiCola said he must adapt to various situations in order to help his team safely accomplish their mission.

"It is my job to guide the pilots using distance estimation to help them land on the ground," he said. "We work hard to be as fast and efficient as possible."

Smith said it is integral for the swimmers to practice their search and rescue skills in various climates and places. Not only are they responsible for saving lives in the water, they could potentially respond to situations on land as well.

The crew went on a second search and rescue flight later that day, where they practiced similar techniques over land while rescue swimmers and the corpsman rappelled from the aircraft. The three rescue swimmers were then employed in the water while a Coast Guard cutter assisted with the search and rescue training.

"The more exposure swimmers have, the more comfortable we will be when performing different missions," Smith said.

DiCola attributed the success of the training to teamwork. "Everything went perfectly today because we all worked together."



LANCE CPL. ANDREA CLEOPATRA DICKERSON

Lance Cpl. Anthony J. DiCola, a crew chief with Marine Transport Squadron 1, hoists Cpl. Kyle A. Alessandro, a rescue swimmer in training, into an HH-46E Sea Knight, during search and rescue training May 10.



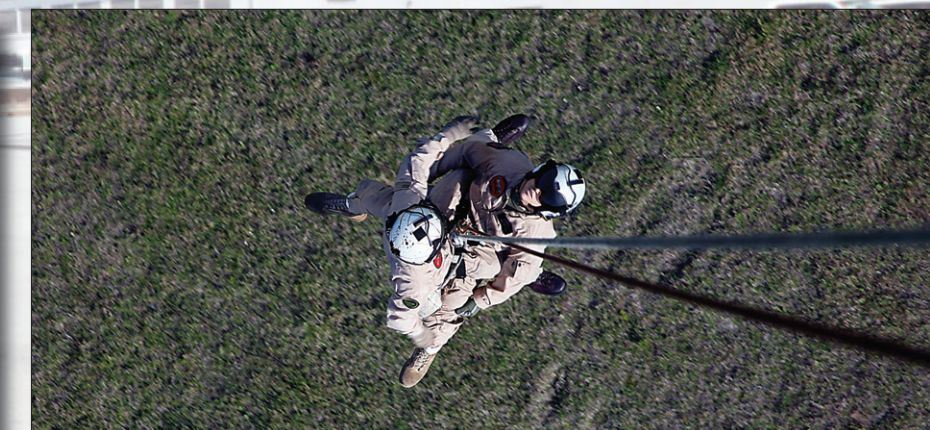
LANCE CPL. ANDREA CLEOPATRA DICKERSON

(Left) Lance Cpl. Anthony J. DiCola, a crew chief with Marine Transport Squadron 1, assists Cpl. Kyle A. Alessandro, a rescue swimmer in training, into an HH-46E Sea Knight, during search and rescue training May 10.



LANCE CPL. GLEN E. SANITY

Petty Officer 2nd Class Adam Woolley, a hospital corpsman, and Cpl. Kyle B. Smith, a rescue swimmer with VMR-1, give the thumbs-up before being pulled up to an HH-46E Sea Knight during rappel currency training May 10.



LANCE CPL. ANDREA CLEOPATRA DICKERSON

Petty Officer 2nd Class Adam Woolley, a hospital corpsman, and Cpl. Kyle B. Smith, a rescue swimmer with VMR-1, rappel from an HH-46E Sea Knight affectionately referred to as "Pedro," during rappel currency training May 10.



LANCE CPL. GLEN E. SANITY

Petty Officer 2nd Class Adam Woolley, a hospital corpsman, and Cpl. Kyle B. Smith, a rescue swimmer with VMR-1, rappel from an HH-46E Sea Knight during rappel currency training May 10.

Bengals bid farewell to commanding officer

CPL. BRADY WOOD

MCAS BEAUFORT

MARINE CORPS AIR STATION BEAUFORT, S.C. – Marines and Sailors gathered for Marine All-Weather Fighter Attack Squadron 224's change of command ceremony at Marine Corps Air Station Beaufort, S.C., May 2.

During the ceremony, VMFA(AW)-224, also known as the Bengals, bid farewell to Lt. Col. Peter McArdle as he relinquished command of the squadron to Lt. Col. Raymond Ayres III.

"Every day it is humbling to be able to come in and be a part of something that is bigger than you," said McArdle. "It is incredibly rewarding to be part of the machine that gets the mission accomplished and to provide support to the Marines and their families."

Under McArdle's command, the Marines and Sailors with the squadron have completed several deployment training exercises that took place across the nation. During one of these exercises, they dropped 500,000 pounds of ordnance while supporting the Weapons and Tactics Instructor course.

McArdle took command in March 2011. Since then, the Bengals have met every mission they have been tasked with while maintaining flight hours and a high combat readiness rating for 13 months.

"I am going to miss being part of a squadron," said McArdle. "Just being surrounded by a close-knit group of Marines is what I'm going to miss the most."

The true challenge of being in command



LANCE CPL. DONALD HOLBERT

Lt. Col. Peter McArdle, Marine All-Weather Fighter Attack Squadron 224 commanding officer, prepares for his last flight with the squadron at Marine Corps Air Station Beaufort, S.C., May 1. McArdle relinquished his command to Lt. Col. Raymond Ayres III May 2.

is that you are responsible and accountable for everything and when that is the case you have to surround yourself with people that you trust will get the mission accomplished, said McArdle.

As the incoming commanding officer, Ayres will command the squadron as they

prepare for future deployments and training exercises.

"I'm very excited to take command," said Ayres. "I'm looking forward to getting to know the squadron and continuing to uphold the legacy of the Bengals."

McArdle was able to take the squadron

from a down period and brought it up to the pinnacle of readiness, said Ayres.

"It's up to me to try to maintain that level of readiness," said Ayres. "There are a lot of people that will be moving soon and the challenge will be to get new Marines trained and ready to deploy."

MEGOWN from page A1

Anderson said he will miss commanding the Marines, but leaving is easier for him because he is leaving the unit in the hands of a long-time friend.

“Lt. Col. Anderson has been one of my best friends for the past 15 years,” said Megown. “I could not be happier or feel more fortunate than to be taking the flag from him on Friday.”

Megown said he looks forward to commanding the Marines, many of whom are veterans of Iraq, Afghanistan, operations in the Horn of Africa, and relief efforts in New York and New Jersey after Hurricane Sandy.

Megown’s previous post was as the assistant officer in charge of the II Marine Expeditionary Force’s Special Operations Training Group, which is responsible for ensuring Marine Expeditionary Units are fully ready and capable of taking on challenges they may encounter on deployment. He said his recent experience with the training group could enhance the unit’s ability to conduct shipboard deployments successfully.

Megown’s personal decorations include the Meritorious Service Medal, the Air Medal, and the Navy and the Marine Corps Commendation Medal.

GRATEFUL from page A2

who could hear me to remember where they live, and be grateful. Besides their complaining was unproductive and had zero added positive value. It did not make the line move any faster, however it did increase negative feelings and emotions of irritation, aggravation and frustration. All these emotions were self-inflicted. When one travels internationally there should already be an understanding that there will be a line and regardless of how short or long it is, we have to go through the line.

This experience has helped me to resist complaining when frustrated and focus on the blessings and opportunities I experience everyday. I’m learning to trust God more understanding that He truly has me in the palm of His hand. If we could all believe that “...all things work together for good to them that love God, to them who are the called according to His purpose” (Romans 8:28) maybe we will complain less and learn to be more grateful in all things. Think about the things that you complain about and the energy you use. What if you chose to be more grateful for the things that you have that bring joy and peace rather than complain about the things you can not change? The serenity prayer is great to meditate on daily to help us think about the right things, “God grant me the serenity to accept the things I cannot change; courage to change the things I can; and wisdom to know the difference.” May a heart of gratefulness outweigh an ineffectual spirit of complaining in us all.

COMPUTER from page A1

installation for this computer giveaway,” said Donna Bagley, School Liaison Officer at the air station. “This will make such a huge difference in these childrens’ lives. Being able to use a computer to do their homework or research can only help them to be more successful in their academic career.”



PCF. VICTOR A. ARRIAGA

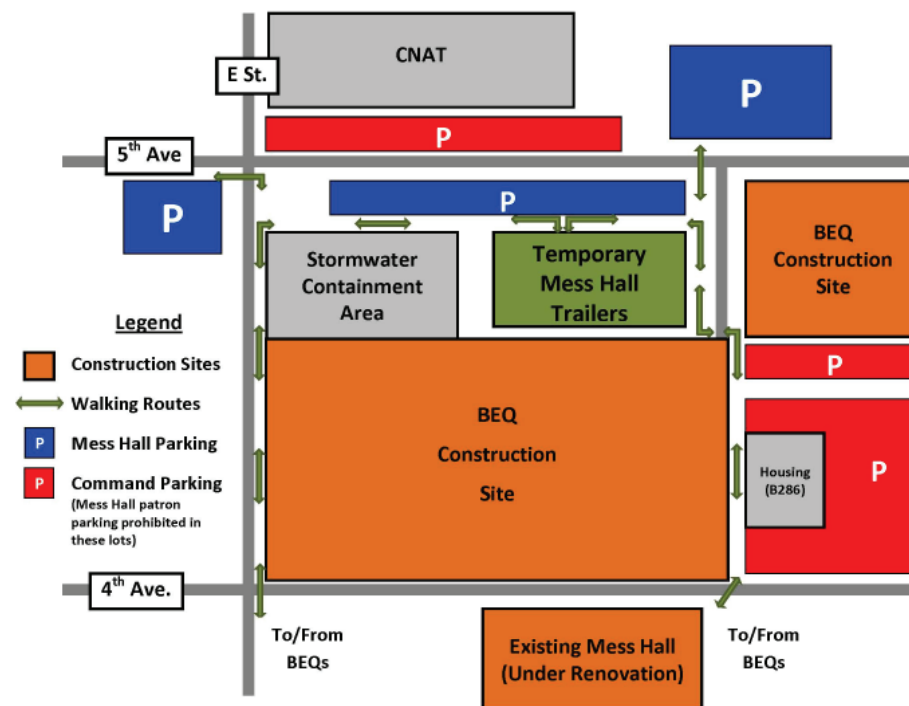
Sharnee Moody’s son, 12, watches as a volunteer teaches him how to use his new computer May 11 at Millers Landing during the computer “Give-a-Thon.” The computers were awarded to students by Kramden and Lenovo institutions to help students who did not have access to a computer at home.

CHOWHALL from page A1

entranceway and an outside walk-up window.

The hours for the temporary chow hall will remain the same to correlate with the hours of the current facility, and midnight rations service will continue, however, only pre-made submarine sandwiches will initially be offered. Condiments and add-ons (vegetables, pickles, etc.) will also be available.

“During this transition, we would like to thank everyone in advance for their patience,” Crooms said. “We will be working hard to ensure patrons receive the same level of service and food quality.”



NMCRS from page A2

This provided the deployed representatives the knowledge needed to answer questions other service members may have had regarding the society, said Gunnery Sgt. Lee M. Maples, Marine Air Control Group 28 unit fund drive leader.

The success of the fund drive each year relies mainly on the contact and information passed to every Marine and Sailor aboard the air station.

“The campaign is successful when the Marines and Sailors have been briefed on these resources and how to gain access,” said Flood. “I’m pleased that our air station community achieved the contact goal, and its effects have already been made evident from a reported increase in traffic through the Navy-Marine Corps Relief Society local offices. The Cherry Point community overwhelmingly supported the campaign with more than \$60,000 in combined contributions from active duty service members, Marine Corps exchange patrons, and our civilians.”

The support given to the Navy-Marine Corps Relief Society during this fund drive has not gone unnoticed.

“The generous contributions of our air station community will provide the working capital necessary for this essential partner to provide crisis financial and other personal support to our Marines and Sailors and their families in their time of need through mentorship and coaching without judgment,” said Zimmerman. “These activities, in turn, ensure Marines and Sailors are fully ready when the nation calls. I thank you again for your generosity and support of our Society partners.”

Although the fund drive is over, donations are still accepted throughout the year. To make a donation, visit <http://www.nmcrs.org/>.

COBRA from page A1

Newcomer Capt. James Lestrage, a Super Cobra pilot who joined the Marine Corps with the dream of becoming a pilot, said he is already setting his sights on the course.

“This gives me something to look forward to,” he said. “The course is not easy, but everyone wants to go through it. The best part about my job is the fact that not everybody can do it. You have to work hard and really want to do this.”

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Life & Times

Fort Macon State Park offers free events, history

LANCE CPL. CAYCE NEVERS

MCAS CHERRY POINT

Fort Macon State Park is the second oldest and one of the most visited state parks in North Carolina.

The fort was built after the War of 1812 and was occupied during the Civil War, Spanish-American War and World War II.

"The fort was built to guard the Beaufort Harbor, one of the two seaports in North Carolina," said Paul Branch, a park ranger and fort historian at the park. "Beaufort Harbor is the only port which opens directly to the ocean, since the port of Wilmington, the other seaport in North Carolina, is situated up the Cape Fear River."

When the Army put the fort up for sale in 1923, the state reached out to the public to help secure funds to make it a state park.

In February 1924, legislators introduced a bill allowing the War Department to cede the facility to the state without cost. On June 1, 1924, President Calvin Coolidge signed the bill into law with the condition that the state use it for public purposes only, said Branch.

The abandoned fort became North Carolina's second state park on July 17, 1925.

The fort was again occupied for military purposes from 1941-1944 during WWII and was reopened as a

state park in 1946.

Cannons are displayed throughout the fort as well as displays that describe what life was like when the fort was in use.

Now, the park is open year round and offers many different free events and places to go.

Some of these events include daily tours, concerts, civil war re-enactments, musket firing demonstrations, cannon firings, nature tours and a protected swimming area.

Tours are offered daily at 11 a.m., noon, 2 p.m. and 3 p.m. The next summer concert will feature The Carteret Sunshine Band May 31. There will be a Civil War re-enactment July 20 and 21. Musket demonstrations are held Saturdays and Sundays at 10:30 a.m. and 2:30 p.m. from Memorial Day to Labor Day. The Coast Guard comes to Fort Macon at 4 p.m. for cannon demonstrations and to fire the evening gun at 4 p.m. every Wednesday from June-August. The evening gun is when a gun or cannon is fired at sunset to signal the lowering of the flag.

Visitors can walk around the fort during normal operating hours without a tour guide and view the displays presented.

For more information on Fort Macon or the events offered, call 726-2775.



PHOTOS BY LANCE CPL. CAYCE NEVERS

Cannon balls on display serve as a reminder of days gone by when Fort Macon was used as a military facility. The fort was occupied during the Civil War, Spanish-American War and World War II. It is now a North Carolina state park.



Fort Macon State Park visitors take a guided tour May 12.



A model 1841 field cannon, the smallest caliber cannon used as secondary armament from 1834-1861, sits as a display at Fort Macon State Park May 12. These cannons were used to defend vulnerable areas against assaults. The barrel weighs 887 pounds, the gun carriage weighs 900 pounds and each shot weighs 6 pounds. The cannon's range is 1,523 yards. A team of seven men is required to operate it.



A replica of the commissary storeroom is displayed for visitors at Fort Macon State Park. The Army's Subsistence Department was responsible for the purchase, storage and issue of food and subsistence supplies provided to soldiers each day.



Cannons are displayed on top of the fort at the Fort Macon State Park. The cannons were used to help protect the fort from intruders.



Cherry Point mess hall

HOURS OF OPERATION

Monday-Friday

Breakfast 6-8 a.m., Lunch 11 a.m.-12:45 p.m.,
Dinner 4-6 p.m.

Saturday-Sunday/ Holiday Hours

Breakfast/Lunch 8:30-11 a.m.,
Dinner 3-5 p.m.

FAST FOOD LINE

Monday-Friday

Breakfast 6-8 a.m., Lunch 11 a.m.-1 p.m.,
Dinner 4-6 p.m.

Breakfast Menu

Assorted fresh fruit, assorted hot and cold cereals, fried eggs and omelets to order, scrambled eggs and hard cooked eggs, grill special, pancakes, French toast or waffles, breakfast potatoes, breakfast meats, creamed beef or sausage gravy, assorted muffins, breads and breakfast pastries.

Specialty Bar Menu & Blendz

Tuesday and Thursday Lunch (Blendz) - Banana-strawberry yogurt, banana-blackberry yogurt, banana-peach yogurt, banana-pineapple yogurt, banana-mango yogurt, banana-blueberry yogurt, Asian chicken chopped salad, Asian beef chopped salad, Savannah fried chicken salad, Southwest chicken strip salad, chef salad bowl, buffalo chicken salad, turkey club salad, beef fajita salad, BLT club salad, Southwest flank steak salad, chicken caesar salad, Chinese chicken salad, antipasto salad.

Monday - Pasta primavera, lasagna, chicken rotini casserole, baked ziti with four cheeses, meatballs, baked Italian sausage, boiled rigatoni, boiled spaghetti, simmered ziti, simmered linguine, simmered fettucini, simmered penne rigate, simmered rotini, Italian meat sauce, alfredo sauce, caesar salad, toasted garlic bread and breadsticks

Wednesday - Chicken enchiladas, taco beef filling, burritos, Mexican rice, refried beans with cheese, Mexican corn, shredded lettuce, diced tomatoes, chopped onions, sliced jalapeno peppers, taco shells, flour tortillas, taco sauce, salsa, sour cream

Friday - Wings of fire, honey-barbecue wings, teriyaki wings, French fried chicken wings, French fried garlic fries, corn on the cob, baked beans, carrot sticks, celery sticks, blue cheese dressing, ranch dressing

Weekly Menu

Thursday May 16

Lunch - Chicken with rice soup, pork green chili and corn stew, Indian spiced roast chicken breast, long grain and wild rice, broccoli, Harvard beets, breadsticks **Dinner** - Bean and bacon soup, lemon chicken, Salisbury steak, rice, oven browned potatoes, gravy, sautéed mushrooms and onions, Southern-style greens

Friday May 17

Lunch - New England fish chowder, baked fish with spinach topping, chicken and cheese enchiladas, golden jewel multi-grain blend, Yucatan style rice, vegetable medley, green beans **Dinner** - Louisiana seafood gumbo, stuffed green peppers, grilled bratwurst, steamed rice, Lyonnaise potatoes, gravy, sautéed zucchini, German sauerkraut

Saturday May 18

Lunch - Lentil vegetable soup, mesquite roasted pork loin, chicken provençal, red beans with rice, Italian roasted potatoes, mixed vegetables, broccoli polonaise **Dinner** - Chicken vegetable soup, grilled steak, Asian barbecue turkey, baked macaroni and cheese, baked potatoes

Sunday May 19

Lunch - Minnesota wild rice soup, honey barbecue chicken, vegetable lasagna, Franconia potatoes, Italian vegetable blend, simmered pinto beans **Dinner** - Cabbage and white bean soup, beef and corn pie, French fried fish, French fried shrimp, tater tots, turnips and bacon, peas with mushrooms, tartar sauce, cocktail sauce

Monday May 20

Lunch - Open-faced steak sandwich, Cajun lightning chicken, rice pilaf, green beans nicoise, sautéed summer squash with tomato, loaded baked potato chowder **Dinner** - Vegetarian split pea soup, spaghetti with meat sauce, barbecued spareribs, scalloped potatoes, steamed broccoli

Tuesday May 21

Lunch - Louisiana chicken and sausage gumbo, Southern fried catfish fillets, turkey with vegetable primavera, roasted zucchini, potatoes au gratin, calico cabbage, hush puppies **Dinner** - Tomato noodle soup, Yankee pot roast, Casablanca vegetable stew, potatoes, steamed rice, gravy, corn on the cob, sweet sour greens

Wednesday May 22

Lunch - Hearty winter vegetable soup, maple mustard pork loin, chicken parmesan, sweet potatoes, penne rigate noodles, marinara sauce, ratatouille, broccoli, cheese and rice, breadsticks **Dinner** - Chicken tortilla soup, Texas barbecue beef brisket, baked tuna and noodles, baked macaroni and cheese, vegetable stir fry, beans fiesta

Rider skills help save lives

LANCE CPL. ANDREA CLEOPATRA DICKERSON

MCAS CHERRY POINT

As gas prices increase and temperatures rise, Marines are hitting the streets on their motorcycles. Steven Lawson, Cherry Point's traffic safety specialist and motorcycle instructor, stresses the importance of motorcycle training and safety.

"We've lost more Marines to motorcycle fatalities than we did in Iraq," he said.

Motorcycle riders across the air station are mandated to be enrolled in or complete the Basic Rider Course before purchasing a motorcycle and complete the Advanced Rider Course within 120 days after completing the basic course.

The two-day basic course gives riders 15 hours of hands on time with their bikes while practicing maneuvers such as braking, cornering and swerving. The advanced course offers students approximately three hours of classroom instruction and five to six hours of riding time.

"Since 2008 when we implemented these courses, the percentage of fatalities declined drastically," Lawson said.

Every three years, riders must take a refresher course to keep their riding privileges. They have the option to attend ARC again or go through training and instruction during Advanced Rider Track Days. The one-day advanced program focuses on speed and directional challenges, throttle control and lean angle control. The purpose is to increase the awareness, confidence and

abilities of riders while honing their skills, said Lawson.

Another great way to promote motorcycle safety is being active in unit motorcycle clubs, Lawson said.

"Each unit goes on rides either annually or quarterly," he said. "Those rides are a great idea because there are riders from all skill levels participating. It's positive peer pressure. If more experienced riders see the less experienced riders doing something the wrong way, they can coach them and show them how it should be done."

Mike Granger, the traffic safety manager for Cherry Point, stressed how important it is that each rider becomes a part of their unit's club and attends monthly meetings.

Lawson, a former Marine, said he enjoys working with riders, and he takes his job as an instructor seriously.

"The best part of my job is knowing that the fatality rate is dropping," he said.

Lawson recently won the coveted title of Cape Fox Motorcycle Instructor of the Year for 2013.

Granger, who works hand in hand with Lawson, said that his colleague is a phenomenal guy who is very proficient at his job, and he deserves all the accolades he has earned.

"It feels good to be instructor of the year," said Lawson. "There is no better feeling than when my students come back and thank me for what they learned from me. Sometimes what they learned helped them save their own life."

For more information or to register for a course, call 466-2730.



PHOTO BY LANCE CPL. ANDREA CLEOPATRA DICKERSON

Marine Aviation Logistics Squadron 14 Marines depart from the station theater aboard Cherry Point during the start of the unit's quarterly motorcycle ride promoting rider safety March 22.

Kelly Narowski to speak on driving safety

CONTRIBUTED ARTICLE

MCAS CHERRY POINT

The Marine Corps Installations East, Marine Corps Base Camp Lejeune Safety Department is hosting Kelly Narowski who will give a safety presentation and speak about her personal story of a serious car crash that resulted in permanent paralysis and the life changes resulting from a spinal cord injury at the station theater Wednesday at 10 a.m. and 2 p.m.

The presentations are 75 minutes and open to all station personnel.

Narowski's focus is on how high-risk driving behavior can have a life-long effect on a person and others. She speaks from experience.

Narowski, an Army wife, was paralyzed from the chest down during a vehicle accident involving alcohol and her not wearing a seat belt.

Kelly left a nine-year stint as a travel agent to devote herself full-time to help keep military members and others safe as a professional speaker; she has given speeches and safety briefings to service members



PHOTO BY CPL. SCOTT L. TOMASZYK

Kelly Narowski, a certified safety teacher, stresses the importance of safe driving habits during her presentation at the Cherry Point theater, Nov. 17, 2011.

and other groups around the country.

The take-home message is a vehicle can be a 2,000-pound weapon when used the wrong way such as texting while driving or driving after drinking.

Narowski encourages her audi-

ence members to plan social activities that include a responsible designated driver when alcohol will be consumed.

Commanders are encouraged to offer Marines the opportunity to attend the presentations.

MCAS Cherry Point STATION THEATER
E Street

ADULTS ONLY \$4 • KIDS (4-12) ONLY \$3

Movie Hotline: 466-3884 • www.mccscherrypoint.com

NOW SHOWING

Friday, May 17

5:00pm - Oblivion PG13
7:40pm - Scary Movie 5 PG13

Saturday, May 18

2:00pm - Oblivion PG13
4:40pm - "42" PG13
7:30pm - Scary Movie 5 PG13
9:30pm - Evil Dead R

Sunday, May 19

2:00pm - Journey 2: Mysterious Island
4:00pm - Oblivion PG13

movie synopsis

Oblivion - A veteran assigned to extract Earth's remaining resources begins to question what he knows about his mission and himself.

Scary Movie 5 - A couple begin to experience some unusual activity after bringing their newborn son home from the hospital. With the help of home-surveillance cameras and a team of experts, they learn they're being stalked by a nefarious demon.

"42" - The life story of Jackie Robinson and his history-making signing with the Brooklyn Dodgers under the guidance of team executive Branch Rickey.

Evil Dead - Five friends head to a remote cabin, where the discovery of a Book of the Dead leads them to unwittingly summon up demons living in the nearby woods. The evil presence possesses them until only one is left to fight for survival.

Journey 2 - Sean Anderson partners with his mom's husband on a mission to find his grandfather, who is thought to be missing on a mythical island.

MOVIES ARE SUBJECT TO CHANGE WITHOUT NOTICE.

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Announcements

► Indicates new announcement

► Yoga for Veterans and Active Duty

Second Wind Eco Tours and Yoga will host a free yoga class for active duty and military veterans at Second Wind Eco Tours and Yoga in Swansboro, N.C., today at 7 p.m. The class focuses on trauma-sensitive yoga that addresses combat operational stress reaction and post traumatic stress disorder. For more information, call 910-325-3600

School Physical Rodeos

Naval Health Clinic Cherry Point will host two school physical rodeos Friday and June 13 from 12:30-2:30 p.m. Patients will be seen on a first-come, first-served basis. No appointments needed. Stop by the immunizations office to get a copy of your child's immunization records before the day of the rodeo. For more information, call 466-0230.

► Armed Forces Day Paddle Fishing Tournament

Veterans of Foreign Wars Post 9960 will honor military personnel by hosting a public paddle fishing tournament on White Oak River and Bogue Inlet waters Saturday. Registration opens at 6 a.m. The event begins at 7 a.m. and costs \$25 per person. For more information, visit <http://bit.ly/AFDPFT> or call 910-340-3383.

► Armed Forces Day Celebration

Lake Road Winery in Newport will host an Armed Forces Day Celebration from 12-6 p.m. Saturday. The event is open to the public and will feature live music, wine tasting, snacks, games and more. Live entertainment will feature Josie Mullins. For more information, call 622-0930.

► Surgeon General of the Navy Visit

The Surgeon General of the Navy, Vice Adm. Matthew L. Nathan, is visiting Naval Health Clinic Cherry Point May 23. The clinic will close at 11 a.m. This includes the Warrior Wellness and Readiness Clinic, Dental, Laboratory, Radiology, Pharmacy and the Pharmacy Refill pick-up site at the Marine Corps Exchange. For more information, call Laurie Varner at 466-0367.

► Red, White and Blue 5k Run/Walk

Altrius will host the Memorial Day Red, White and Blue

5k run at Denson Park in New Bern May 25 at 8 a.m. Registration before noon May 24 costs \$30. To register before race day, visit <http://bit.ly/RWB5k>. Registration at the event opens at 7 a.m. and costs \$35 per person. The run begins at 8 a.m. For more information, call 617-0798.

► Outdoor Pools Open

Hancock Pool and Cedar Creek Pool will open May 25. Active duty military members and their dependents are free. Non-military guests under the age of 2 are free. Non-military guests ages 3-11 are \$2 and non-military guests 12 and older are \$4. Children of Department of Defense civilians ages 3-11 are \$1.50. DOD civilians and their dependents ages 12 and older are \$3. There are four DOD passes available for purchase for non-active duty service members. The monthly individual pass is \$20; the monthly family pass is \$30; individual summer pass is \$50; and the family summer pass is \$70. For more information on the Hancock Pool, call 466-2168. For more information on the Cedar Creek Pool, call 466-2277.

Cannon Firing at Fort Macon

Fort Macon State Park will host a free cannon firing demonstration May 25. Demonstrations will take place hourly from 10:30 a.m.-3:30 p.m. For more information, call 726-3775.

Take a Kid Fishing

Atlantic Marine Corps Communities will sponsor "Take a Kid Fishing" day June 1 at Catfish Pond from 8-11 a.m. The event is open to all Cherry Point parents and children. Children ages 3-15 participate for free. A parent or legal guardian must accompany each child. For more information, call 466-2762.

Military Appreciation Day

Morehead City will host a Military Appreciation Day June 1. Military Appreciation Day offers active duty, guard and reservists a free day of fishing, food and other activities. Fishing is for service members only and spots are limited. There will be activities ashore for families of service members. For more information, visit <http://bit.ly/MADevent>. To register, visit <http://bit.ly/MADenroll> or go to the Single Marine Program to sign up. All active duty service

members can sign up at the Single Marine Program. If bringing your family to the event, registration must be submitted online.

► Youth Basketball Summer Camp

Youth Basketball Summer Camp registration for Cherry Point children ages 7-12 is open now through June 7. Participants will improve their basketball skills and confidence. The camp will focus on the fundamentals of the sport. Registration costs \$20. The summer camp runs June 10-14. For more information, call David Guthrie at 466-5493.

Marine and Family Programs

Marine, Family Programs Office Numbers

Building 298
• Library – 466-3552.
• Retired Activities – 466-5548.

Building 286
• Exceptional Family Member Program – 466-3305.
• Child Development Resource and Referral – 466-3595.

Building 87
• Sexual Assault Prevention and Response Program – 466-5490.
• Substance Abuse Counseling – 466-7568.
• New Parent Support Program – 466-3651.
• Family Advocacy Program – 466-3264.
• Military Family Life Consultant – 339-6084.
• Families Overcoming Under Stress Representative – 466-7137.

Building 4335
• Education – 466-3500.
• The Family Member Employment Program, Transition Assistance Management Program, Relocation Assistance Program and accredited financial counselors can be reached at 466-4201.

Budget for Baby

The Navy-Marine Corps Relief Society offers Budget for Baby classes. To register, call 466-2031.

Breastfeeding Class

The Navy-Marine Corps Relief Society offers free breastfeeding classes to expectant mothers. The purpose of the class is to help prepare the mother to be ready and confident to breastfeed once the baby arrives. To register, call 466-2031.

Veterans' Assistance

A representative from the Veterans Affairs Office visits Cherry Point each Thursday in building 4335. Call 466-4201 for assistance.

Marine Corps Family Team Building

Educational resources and services to foster personal growth and enhance the readiness of Marine Corps families. Marine Corps Family Team Building is located in Building 87. For more information, email family.readiness@usmc.mil.

Monthly and Weekly Events

Disabled Veterans

Chapter 26 of the Disabled American Veterans meets the third Wednesday of the month at the Senior Center in Havelock at 7 p.m. For information, call Ancil Jones at 622-5245.

Al-Anon Family Group Meeting

Al-Anon family group meetings are held Mondays at 8 p.m. for family members and friends of individuals with possible alcohol problems. Meetings are held at Havelock First Baptist Church. For more information, call 447-8063.

Stress Management for Spouses

Marine Corps Family Team Building hosts a Stress Management for Spouses workshop at Building 87 every month. The next workshop is June 12 from 9-11:30 a.m. The workshop is geared specifically toward spouses of deployed

service members and covers stressors faced during deployments, typical stress reactions of spouses and mechanisms for coping effectively. Childcare is reimbursable. For more information, call 466-4637.

Domestic Violence Support

Support groups for victims of domestic violence are provided by the Carteret County Domestic Violence Program. Meetings are held Wednesdays at 6 p.m. For more information, call 728-3788.

Education Fairs

The Cherry Point education office is currently hosting monthly career and education fairs, at the Jerry Marvel Training and Education building, room 171b. The next fair is June 21. For more information, call Dana Bayliss, at 466-2046.

Welcome Aboard Expo

Cherry Point hosts a Welcome Aboard Expo every month at Miller's Landing. The expo is open to all new Marines, Sailors, civilian employees and spouses. The next expo is June 19 at 9 a.m. For questions or to register, contact Sandy Langlois at 466-5743.

L.I.N.K.S. for Marines

Marine Corps Family Team Building hosts a L.I.N.K.S. for Marines class at the Center for Naval Aviation Technical Training every month. The next class is June 19 from 7 a.m.-12 p.m. Marines will get a chance to test their knowledge of Marine Corps history, culture and traditions while discovering resources, services and benefits available on base. They will also gain insight on separation and deployments. For more information, call 466-4637.

Religious Services

Sundays

9 a.m. – Liturgical Protestant Service, Fellowship Chapel
9 a.m. – Roman Catholic Mass, Memorial Chapel
11 a.m. – Contemporary Worship Service, Memorial Chapel

Tuesdays

11:30 a.m. – Women's Bible Study, Memorial Chapel

Thursdays

6 p.m. – Table Talk, Wings Restaurant at Miller's Landing

Tuesdays – Thursdays

11:45 a.m. – Roman Catholic Mass, St. Michael's Chapel

Signs of Terrorist Activity:

Aquiring supplies

Attempting to acquire explosives, weapons, ammunition, dangerous chemicals, uniforms, badges, flight manuals, access cards or identification for a key facility could be considered suspicious activity.

This can include unusual purchase or storage of fertilizer or harmful chemicals.

If you observe suspicious activities, call Cherry Point Emergency Dispatch immediately at 466-3616 or report it online at USMCEagleEyes.org.

OPERATION EAGLE EYES

Hotlines

2nd MAW Command Inspector General
466-5038

Station Inspector
466-3449

Fraud, Waste and Abuse

If you know of or suspect any fraud, waste or abuse aboard MCAS Cherry Point, call 466-2016.

Suicide/Stress

To talk to someone at the National Suicide

Hotline, call 1-800-273-8255.

To seek confidential counseling with personal battles call the DSTRESS line at 1-877-476-7734.

Sexual Assault

This procedure is not meant to replace calling 911 if you are in immediate danger. Immediately call 665-4713, which is monitored 24/7.

Severe Weather and Force Protection

Cherry Point personnel call 466-3093.
FRC East personnel call 464-8333.
DLA personnel call 466-4083.

Off Limits

MCAS CHERRY POINT AREA

98 CENT ONLY STORE
(BIG DADDY) WESLEY'S GROCERY
COASTAL SMOKE SHOP
EXPRESSIONS
FLYERS (AKA FLYERS 101, BIKERS, BEERS AND BABES)
FRIDAY'S NIGHT CLUB (AKA CLUB INSOMNIA, CLUB CLASSICS, INFINITY LOUNGE)
H&D EXPRESS (AKA CITGO)
NADINE'S FOOD MART
SUPER EXPRESSWAY
TOBACCO OUTLET (HAVELOCK AND NEW BERN)
TOBACCO SHOP
TOBACCO SHOP & GIFTS (BEAUFORT AND NEW BERN)
TOBACCO TOWN
TWIN RIVERS (NOT THE MALL)
WHITE SANDS CONVENIENCE STORE

MCB CAMP LEJEUNE AREA

ATHEAS ATTIC
BELL AUTO SALVAGE II
DASH-IN
DISCOUNT TOBACCO
D'S DRIVE THRU
D'S QUICK MART
EXPRESSIONS
EXPRESS WAY
KING'S DRIVE THRU
LAIRD'S AUTO & TRUCK REPAIR
MOE'S MART
MP SUPER DISCOUNT
NEW YORK TOBACCO CENTER (AKA TOBACCO FOR LESS)
NORTHERN LIGHTS SMOKE SHOP
ONE STOP SHOP
PRICE IS RIGHT LAWN DESIGN
SMART BUY
SMITTY'S R&R
TOBACCO
TOBACCO CLUB
TOBACCO HOUSE CIGARETTE CENTER
TOBACCO LEAF
VETERANS AFFAIRS SERVICE