

# The Windsock

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February 28, 2013

## Search and rescue service members rappel into forest, save lives

**CPL. ANDREA CLEOPATRA DICKERSON**

MCAS CHERRY POINT

It was Presidents Day, and Petty Officer 3rd Class John H. Nelson had the day off from work. When he left his house in New Bern, the hospital corpsman with Marine Transport Squadron 1, had no idea how his day would unfold.

“When I got the call that we were needed to assist a search and rescue mission, I was about to take my dog for a walk,” he said.

Late in the afternoon, local authorities reached out to the search and rescue squadron to help recover three missing children who wandered too far while playing in the Croatan National Forest.

After getting the call, six crewmembers from VMR-1 rushed to the squadron’s hangar to board one of their beloved HH-46E Sea Knights affectionately referred to as “Pedro.”

For most of the crew, this was the first time they carried out a real-world search and rescue mission. This was also the first mission carried out under the squadron’s new commanding officer who took charge of the “Roadrunners” just three days before the incident.

“It made me extremely happy to be able to return the kids to their parents and make their mother happy,” said Lt. Col. Brian D. Bernth. “As a parent with three kids around the same age, I can only imagine what those parents were feeling. I’m glad these highly-trained Marines were able to bring the children to safety.”

After authorities discovered the children’s whereabouts, Pedro was directed to a secluded



CPL. ANDREA CLEOPATRA DICKERSON

Rescue swimmer Cpl. Chad V. D’Ambrogi and hospital corpsman Petty Officer 3rd Class John H. Nelson, both with Marine Transport Squadron 1, were among crew members who rescued three missing children from the Croatan National Forest Feb. 18. After getting a call to support a search and rescue mission, six crew members from VMR-1 rushed to the squadron’s hangar to board one of their beloved HH-46E Sea Knights affectionately referred to as “Pedro.” For most of the highly-trained crew, this was the first time they carried out a real-world search and rescue mission.

See **RESCUE** page A7

## HMH-366 supports The Basic School training

**CPL. SCOTT T. TOMASZYCKI**

MCAS CHERRY POINT

Marine Heavy Helicopter Squadron 366 helped train officers at Marine Corps Base Quantico, extracting them from a three-day patrol and returning them to their base camp Feb 21.

The officers are students attending The Basic School, where Marine officers learn how to lead a rifle platoon before going to their respective military occupational specialty schools.

“We were learning how to conduct squad-sized patrols,” said 2nd Lt. Brett Kitley, a student at TBS. “You have to be able to control a squad-sized element through unknown terrain during the day and night, reach all your checkpoints and accomplish the mission.”

The mission finished with the officers learning how to board and later disembark from a CH-53E Super Stallion which provided valuable familiarization with helicopter operations.

“It’s good for them so they’re exposed to it prior to actually using a CH-53 in the fleet and so they’re familiar with the staging procedures of getting on and getting off,” said Capt. Samuel E. Kunst, a pilot with HMH-366. “The experience helps officers plan and maintain the timeline, and keep accountability of people.”

See **NIGHT** page A7



CPL. SCOTT T. TOMASZYCKI

Marine 2nd lieutenants make their way to a CH-53E Super Stallion for extraction after a 72-hour exercise sharpening their squad patrolling, tactics and leadership skills on Marine Corps Base Quantico, Va., Feb. 21. Marine Heavy Helicopter Squadron 366 flew the lieutenants back to Camp Barrett, to familiarize the new officers with helicopter operations.

## Marines learn aviation doctrine to improve intel, meteorological support

**CPL. SCOTT L. TOMASZYCKI**

MCAS CHERRY POINT

Intelligence and Meteorology and Oceanography Marines enrolled in the Squadron Intelligence Training and Certification Course at Cherry Point, learned about every kind of aircraft in the Marine air wing.

Comprised of more than 20 Marines from 2nd Marine Aircraft Wing, 3rd MAW and 2nd Intelligence Battalion, the students were exposed to the full range of each platform’s capabilities and limitations. This training provides students with the operational information and understanding they need to tailor intelligence and METOC to the specific needs of each air platform. The SITC is a four-week course, and the students recently completed their second block of instruction.

“The goal of (Block II) is mostly to get the students spun up so they are trained on all air-specific intelligence-related matters, so they can better support their squadrons,” said Capt. Bridget Ajinga, the course director and a Weapons and Tactics Instructors course-certified intelligence officer at Marine Aircraft Group 14.

Cpl. Samantha Stanko, a student in the course, said the diversity of assets and capabilities available to commanders in the field demands that personnel responsible for making timely, well thought out recommendations be intimately familiar with the available options.

“As an intel analyst, it’s our job to know a little bit of everything,” said Stanko, an intelligence analyst with Marine Aircraft Group 13. “If we have certain assets available to us and we know the limits and capabilities of each, we can know which aircraft is the best for the job.”

METOC, whose job it is to forecast weather and determine the impacts of the environment on aviation operations, fuses its information with intelligence. This is used to develop a comprehensive view of the battle space and is critical to planning and decision making. The environment plays a major role in both friendly and enemy force mobility, tactics, the types of weapons employed, as well as their capabilities and limitations.

“Weather has such a huge affect on operations, not just for our pilots but for ground guys and everybody in the military,” said Stanko. “In intel, our job is to know the bad guys and what the bad guys are doing. Weather affects on the environment and the terrain have a huge affect on where bombs go and if the enemy can engage our aircraft, all kinds of things.”

See **FIREFIGHTER** page A7

See **INTEL** page A7

## Barbour named Cherry Point Firefighter of the Year



LANCE CPL. GLEN E. SANTY

Lieutenant Michael Barbour, a firefighter with Cherry Point Emergency Services, waits to give his speech for the Cherry Point Firefighter of the Year Award at the Fire Station 2 garage aboard Cherry Point Feb. 21.

**LANCE CPL. GLEN E. SANTY**

MCAS CHERRY POINT

Standing before his coworkers, Cherry Point Firefighter of the Year Award in hand, Lt. Michael Barbour, a civilian firefighter with Cherry Point emergency services, reflected on his time as a firefighter. He took a deep breath and began his speech. Immediately, his voice went hoarse.

“Before I made this speech, I was asked if my time in the service has had any correlation with my becoming a firefighter,” said Barbour, a former combat engineer who deployed to operations Desert Storm, Desert Fury and Task Force Ripper. “In my tenure in the Marine Corps, I have taken lives. With my career and volunteer services, I’ve seen the ability to atone for my job requirements.”

Barbour received the Cherry Point Firefighter of the Year Award at a ceremony at Fire Station 2 Feb. 21. The award is presented annually to the firefighter who embodies attention to detail, pride, care, wisdom and education.

“Our day starts when your day sucks,” said Barbour. “We meet 90 percent of people during the worst part of their lives.”

Barbour began his firefighting career while on a working party while he was a combat engineer in the Marine Corps.

“Back when I was in the Marine Corps, there was a sergeant, Sgt. William Keenze, who needed some Marines to go on a working party rebuilding a roof,” said Barbour. “Well, Keenze was with the Hubert North Carolina Fire Department, and while we were working, he got a call. He pointed at me and said ‘You, get in the truck,’ and we went to put out a woods fire.”

His unexpected adventure revolutionized his plans for the future. He began taking an active interest in firefighting and researching requirements for volunteering at local fire departments.

Barbour spent his time in the Marines as a combat engineer. He worked alongside explosive ordnance disposal during Operation Iraqi Freedom.

Completing his enlistment in 1992, Barbour moved to Hubert and began working at the fire department.

Barbour’s time in the Marine Corps has had a lasting effect on his firefighting career.

“Firefighter Barbour sets the bar. He’s

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## In This Edition:



Jump and Grind  
See B1



With your smartphone  
download a QR code reader  
and scan the code.

# News Briefs

## 2nd MAW Marines to Red Flag

More than 60 Marines from 2nd Low Altitude Air Defense Battalion and more than 150 Marines from Marine Tactical Electronic Warfare Squadron 2 are participating in Exercise Red Flag at Nellis Air Force Base, Nev.

The exercise, which began Feb. 22 and will end in mid-March, is an advanced aerial combat training exercise held annually to train pilots from the U.S., NATO and other allied countries for combat situations.

## Carteret Leadership Tour

Cherry Point hosted the the Carteret Leadership Tour Wednesday.

The tour is conducted annually to keep the community abreast of air station happenings and fosters good relations between Cherry Point and Carteret County.

The tours give insight on the role Marines and Sailors play aboard the air station and within the local community.

See next week's Windsock for more details.

## Officer Retention Board

A board comprised of 20 field grade officers screened the records of 809 officers for career designation.

The board released its findings in Marine Administrative Message 094/13 Feb. 25.

492 officers were selected for career designation.

Officers selected for career designation are required to accept or decline this offer within 45 days of the release of the MARADMIN, which is April 10.

## Sgts. Course curriculum available

The College of Distance Education and Training, in cooperation with the Marine Corps University, has developed the Sergeants Course Distance Education Program to better prepare Marine sergeants for their responsibilities.

In order for sergeants to be considered PME complete, they are required to complete the non-resident course curriculum online. The new course, available at [www.marinet.com](http://www.marinet.com), will replace the one previously available through the Marine Corps Institute.

The new course consists of 29 lessons within nine sub-courses and is currently available to Marine sergeants.

Effective July 1, the current MCI will be discontinued.

## Sergeant Major Sends:

# Prepare for promotion boards

**SGT. MAJ. ANGELA MANESS**  
MCAS CHERRY POINT

As the air station sergeant major, I see that many topics of discussion need clarity at certain levels. I'd like to introduce myself and this column by discussing issues that are important to your family, this air station and our institution.

As a voting member of the 2013 sergeant major through master sergeant promotion board, I can validate that the time to prepare your Official Military Personnel File and promotion documentation is 12 months before the board. Anything less, and you are already behind the power curve.

If you are an E-7 or E-8 and expect to be in the promotion zone, understand that the board meets in October every year. Get your promotion picture taken no later than August. Do not wait till the last minute to start preparing; put energy into it right now so you will not be empty handed in a few months.

If you have training information that has not been uploaded to your OMPF, investigate immediately. If you have any doubt whatsoever, I encourage you to send

your source documents to the board to be included in your briefing package prior to the board's convening date.

Adversity: Keep in mind, recency is relevancy. If you have adversity in grade, you can expect to be less competitive than your peers depending on the adversity and date it occurred or were found guilty.

If you are concerned about your career and want to discuss some opportunities unique to your situation, please contact me at 466-5975 after you've discussed your concerns with your chain of command.

Visit <http://bit.ly/E8E9SBCB> for a consolidated document that speaks to trends from the latest board and answers a lot of myths about the board process.



**Sgt. Maj. Maness**

## Chaplain's Corner : Sacred space

**CMDR. PHIL KING**  
2ND MARINE AIRCRAFT WING

The world is a busy place with lots of noise. It's driven me crazy all my life. And yet I know that some people can't seem to get enough noise, and are willing to go deaf exposing themselves to the loudest and fiercest noise environments possible (think carrier deck during flight quarters).

But the fact is, even adrenaline junkies need what some people call quiet time. Although the need is not really for quiet; it's for a kind of stillness that comes to us when we feel centered and at peace. Every religion creates space for contemplation. The Hindu's have a concept called "mandala." It's a Sanskrit word that translates as "circle."

In Buddhist and Hindu traditions, the mandala is a sacred space within all of us; it's depicted as a square or a circle, but it's always symmetrical, with four gates or entrance ways, and a center point. The mandala visualization is used as an aid to meditation and focus

See SACRED page A7

## Students shadow Cherry Point Marines



Wilfredo Izaguirre, a junior at West Carteret High School, operates a camera at the air station combat camera studio during job shadow day, Feb. 20. "This event gives the students of the surrounding area a chance to get some hands-on experiences with possible job fields," said Donna Bagley, the Cherry Point school liaison officer. "One of two things will happen here, the students will come here and either enjoy what they do and reassure their career field; or they decide to go another career path." The students came to the air station to shadow Marines conducting daily duties and learn from their experiences.

PHOTO BY LANCE CPL. CORY D. POLOM

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A Marine Tactical Electronic Warfare Squadron 4 EA-6B Prowler sits on the flight line Feb. 11. VMAQ-4 is one of only four squadrons in the Marine Corps to use the Prowler aircraft

## The Windsock Weekly Photo Competition

February 28 - March 7, 2013

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## CPL. CHRISTOPHER L. MELANCON

**Job Title:** Work Center Supervisor  
**Unit:** Marine Attack Squadron 231  
**Hometown:** Convent, La.  
**Age:** 22  
**Date Joined:** Jan. 4, 2010

**JONATHAN KING**  
HAVELOCK HIGH SCHOOL JOB SHADOW

AV-8B Harrier powerline mechanics work on the heart of the attack jet, its powerful Rolls-Royce Pegasus engine. At Marine Attack Squadron 231 here, it is Cpl. Christopher L. Melancon's job to lead those Marines in that important mission.

As a work center supervisor, Melancon supervises powerline mechanics with the squadron as they provide maintenance on the Harrier's single engine.

Melancon understands how vital his team's work is to the success of the squadron's mission and that he and his crew are responsible for safety of the aircraft and its pilot.

Memorizing different aspects of the engine, constantly maintaining the engine, and staying up to date on required annual training are a few challenges Melancon faces daily.

"It is easier to accomplish these goals here as opposed to being in a deployed environment," said Melancon. "When deployed, our tempo increases drastically."

Despite the sometimes stressful and high-tempo facets of the job, Melancon said he couldn't have asked for a better military occupational specialty.

"I like working with the Marines and on the Harrier," he said. "I love airplanes. This is the job I wanted when I joined the Marine Corps, and I am happy with my career choice."

## Fly by Highlighting Cherry Point's Warriors



PHOTO BY CALEB GORE, WEST CARTERET HIGH SCHOOL JOB SHADOW

## The Windsock

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**REMEMBER TO RECYCLE**



# CNATT Marines hit beach for frigid fun



PHOTOS BY LANCE CPL. S. T. STEWART

Instructors and staff with the Center for Naval Aviation Technical Training Marine Unit Cherry Point gather Feb. 22 at Atlantic Beach after a 3-mile run before plunging into the cold ocean water. The Marines participated in a polar bear plunge and earned a day off from their commanding officer.

## LANCE CPL. S. T. STEWART

MCAS CHERRY POINT

More than 60 instructors and staff from the Center for Naval Aviation Technical Training Marine Unit Cherry Point participated in a polar bear plunge Feb. 22 at Atlantic Beach.

The instructors work every day with enlisted aviation maintenance students – mentoring, teaching and preparing them for life in the fleet.

Lt. Col. Jaime L. Gutierrez, commanding officer of CNATT, wanted to give the instructors and staff an opportunity to have some fun and give them a day off, but only after taking the Marines out of their comfort zone.

Gutierrez and Sgt. Maj. Jeffrey V. Dagenhart took the Marines to the beach for a motivational 3-mile run with an electrifying twist.

As they ran down the beach at sunrise, Gutierrez and Dagenhart swerved eastward, steering the unit waist deep into the frigid ocean waters of Atlantic Beach.

Gutierrez said the water was cold but they planned for that. The unit had medical corpsman there in case of emergency along with a safety vehical following the formation during the entire run.

As if a 3-mile run weaving in and out of the cold water wasn't enough, all the Marines and Sailors rolled around in the sand and did push-ups before forming up for a final polar bear plunge into the cold water.

Each Marine and Sailor had a partner for safety reasons. Using the fireman's carry, they lugged their partners into the water and switched when they decided to come out.

"It's all about unit cohesion and camaraderie," said Dagenhart. "We have outstanding instructors and staff members with this unit."

Each of the Marines who participated will receive certificates signed by Gutierrez, who plans to hold the event annually.



More than 60 Marines with the Center for Naval Aviation Technical Training Marine Unit Cherry Point run in a formation at Atlantic Beach Feb 22. After the 3-mile run, the Marines plunged into the cold waters of Atlantic Beach.



Lt. Col. Jaime L. Gutierrez, front, commanding officer of the Center for Naval Aviation Technical Training Marine Unit Cherry Point, leads his instructors and staff in push-ups at Atlantic Beach before plunging into the ocean Feb. 22.



Marines with the Center for Naval Aviation Technical Training Marine Unit Cherry Point run into the cold Atlantic Beach waters. Lt. Col. Jaime L. Gutierrez, commanding officer of CNATT, wanted to give the instructors and staff an opportunity to have some fun and give them a day off, but only after taking the Marines out of their comfort zone.

# Hercules aerially refuels Hornets during Cobra Gold 2013

CPL. VANESSA JIMENEZ

MARINE CORPS AIR STATION Iwakuni

**NAKHON RATCHASIMA, Kingdom of Thailand** – KC-130J Hercules aircraft aerially refueled F/A-18D Hornets Feb. 19 as a part of Exercise Cobra Gold 2013.

The Hercules are assigned to Marine Aerial Refueler Transport Squadron 152, Marine Aircraft Group 36, 1st Marine Aircraft Wing, and the Hornets are with Marine All-Weather Fighter Attack Squadron 224, MAG-12, 1st MAW.

Cobra Gold is a recurring multinational and multiservice exercise, which takes place annually in Thailand and was developed by the Thai and U.S. militaries.

“Our overall mission for Cobra Gold is to support the (air combat element), provide fixed-wing aerial refueling and provide aerial delivery for troops,” said Maj. Marlin D. Williams, detachment officer in charge and pilot with VMGR-152. “We also came here to do some additional unit training to get ourselves proficient in other portions of Marine aviation and to get our pilots more proficient in their air skills.”

In its 32nd iteration, Cobra Gold 2013 is designed to advance regional security and ensure effective response to regional crises by exercising a robust multinational force from nations sharing common goals and security commitments in the Asia-Pacific region.

“We’re integrating the Thai Air Force into mainly air-to-air missions and we’re training together,” said Capt. Michael Stroup, a pilot with VMFA(AW)-224. “This annual exercise helps us integrate better because Thailand is one of our oldest allies, and it helps us become familiar with each other so if we ever do need to work together in a major conflict, then we’ll be used to it from this background experience.”

Providing fuel for participating air elements makes VMGR-152 an integral part of the exercise.

“Aerial refueling is very important for us especially in the Marine Corps because we are an expeditionary service,” said Stroup. “For example, we are based out of Beaufort, N.C., and we’re in Thailand. As you can imagine, that took a lot of aerial refueling to get our airplanes all the way over here, so we can operate the way we need to in order to support the guys on the ground.

“Whether it’s with Marine refuelers or Air Force assets, the refueling capability makes us able to go much farther and do a



CPL. VANESSA JIMENEZ

**An F/A-18D Hornet conducts aerial refueling Feb. 19 after taking off from Wing One Royal Thai Air Force Base, Nakhon Ratchasima, Kingdom of Thailand, during exercise Cobra Gold 2013. Thailand and the U.S. are committed to working together in areas of common interest for the betterment of regional security and, through exercises like CG 13, strengthening the alliance between the two nations.**

greater number of missions,” he added.

Although one of VMGR-152’s missions is aerial refueling, it is not their only mission; they support operations on a variety of different platforms.

“Our primary mission is to conduct aerial refueling of jets, helicopters and tiltrotor aircraft for III MEF,” said Lt. Col. Jason W. Julian, commanding officer and pilot with VMGR-152. “We also conduct assault support missions, which include aerial delivery of troops and cargo and logistics moves of cargo and personnel. We could have battlefield illumination missions, and we can even go in some place and conduct a rapid ground refueling mission by setting up a site on the ground

for jets and helicopters that don’t have an aerial refueling capability.”

The bilateral training conducted by the refueling squadron supports the strong Thai-U.S. relationship.

“We’ve been doing aerial delivery with the Thai Marines and they actually jump out of our aircraft, along with the U.S. reconnaissance Marines,” said Williams. “I think the importance of this exercise is the bilateral training that we get, the unit cohesiveness we achieve among ourselves, and the cohesion we build with the participating countries.”

Regardless of the mission, VMGR-152 continues to contribute to Cobra Gold and the Marine Corps by exercising its various

capabilities.

“We always appreciate when the tanker guys are around because running out of fuel in an airplane is not like running out of fuel in a car where you can just pull over, take an empty gas can, and walk down the road to get fuel,” said Stroup. “Running out of gas for us can be life threatening, so we always love to see a big, beautiful tanker out there to go up and get some gas from. We really appreciate the job everyone does on those airplanes that puts them in the spot they need to be so we can find them, get the fuel we need and go complete the mission.”



CPL. ANDREA CLEOPATRA DICKERSON

Sgt. Nathan M. Lineback, the hazardous control center non-commissioned officer in charge with Marine Aviation Logistics Squadron 14, answers questions about his job and what it's like to be in the Marine Corps during career day at Graham A. Barden Elementary School in Havelock Friday. "I really enjoyed talking to the kids," said Lineback. "We talked about everything you can think of from what my ribbons and badges mean to how to become a Marine. It was great because they asked a lot of questions."

## Cherry Point service members inspire students during career day

CPL. ANDREA CLEOPATRA DICKERSON

MCAS CHERRY POINT

Although they knew it was career day at school, the students at Graham A. Barden Elementary School had no idea who they were going to meet.

"I want to be a scientist when I grow up," said one student.

"I want to be a Marine," another chimed in.

Four local service members, along with civil servants, emergency responders and a host of others filed into the school with the tools of their trades Friday to give the children a taste of what it is they do on a day-to-day basis.

"At this age most of the children don't have hands-on experience with career options that are available to

them," said Kim Loucks, school counselor and career day coordinator. "I could hear kids talking in the hallways about how excited they were to see the Marines."

Loucks said a lot of the children are able to relate to service members who participated due to the large number of military families represented among the students. They were eager to talk about their parents' jobs.

"I really enjoyed talking to the kids," said Sgt. Nathan M. Lineback, the hazardous control center non-commissioned officer in charge with Marine Aviation Logistics Squadron 14. "We talked about everything you can think of, from what my ribbons and badges mean to how to become a Marine. It was great because they asked a lot of questions."

Those sentiments were echoed by Lineback's fellow

Cherry Point volunteers Petty Officer 1st Class Nasiem Hawashem, a hospital corpsman with Naval Health Clinic Cherry Point; Petty Officer 2nd Class Joy Edwards, a logistics specialist with Headquarters and Headquarters Squadron; and Cpl. Andrea Dickerson, a combat correspondent with the Joint Public Affairs Office.

It was evident by the smiles on their faces that most of the students enjoyed the visitors' presentations.

"We could not have done this without the help of all the volunteers, especially the service members," said Loucks. "Career day was a success thanks to them. It was great to have their presence as role models."

# West Coast band salutes East Coast Marines, Sailors



LANCE CPL. GLEN E. SANTY

Lauren Little, lead singer of Queen Caveat, performs for Cherry Point Marines and Sailors during the Leathernecks II comedy and entertainment show Feb 22. The free event was open to active duty military members and began with comedians Rudy Rush, Geoff Keith and Renee Gauthier. To cap off the show, the band played a variety of songs to include their hits "Bullet" and "Resilient Me."

## LANCE CPL. GLEN E. SANTY

MCAS CHERRY POINT

Cherry Point Marines and Sailors attended a free live show at the station theater Friday.

The Leathernecks II comedy and entertainment show showcased musical artist Queen Caveat and comedians Rudy Rush, Renee Gauthier and Geoff Keith.

More than 200 Marines and Sailors from Cherry Point enjoyed the show which ended with the band Queen Caveat inviting service members on stage to sing, dance and go crowd surfing.

Lauren Little, lead singer of Queen Caveat, and other performers said they share a feeling of the honor when they perform in front of the military community because of the impact the armed forces have had on them.



Marines and Sailors stage dive to the music of Queen Caveat during the Leathernecks II comedy and entertainment show.

**RESCUE** from page A1

deer stand the children were using for cover.

“When we arrived on the scene, the children were waving their arms to flag us down,” said Nelson.

The crew realized after arriving that they did not have enough space to land the aircraft to retrieve the children. They knew the only way to get on the ground was to send crewmembers down to help the children board the helicopter.

“This is the perfect scenario for us,” said pilot Maj. Bryan E. Donovan, who was navigating Pedro at the time. “We train hard for instances like this where there was lots of scrub brush and nowhere to land.”

Nelson and rescue swimmer Cpl. Chad V. D’Ambrogi rappelled out the aircraft to the ground where they were able to fit all three children in a search and rescue basket and hoist them up to the cabin of the aircraft.

“At first, I was in disbelief that this was actually happening,” said Nelson. “Our reactions were sheer muscle memory. Even though we mainly perform hospital transfers, situations like this are what we train the most for.”

D’Ambrogi noticed one of the boys was missing a shoe. He said the other children gave him their socks to put on his foot to help combat the dropping temperature of the already chilly day.

“Once we had the children inside, we turned the heat all the way up and wrapped them in blankets,” said Donovan.

The children were transported to a field just a few miles from where they were rescued. Newport Fire and Rescue and other local emergency response teams and authorities were on scene waiting when they arrived.

Nelson said the children thanked the Marines and Sailor aboard Pedro for their efforts. He smiled as he said that it made him feel good to help out and give back to the community.

“A lot of time, effort and training is put forth by all the Marines and Sailors in VMR-1,” said Bernth. “Hard work goes into keeping our aircraft and Marines ready to respond to incidents. It amazes me how good they are at doing their jobs.”

**NIGHT** from page A1

During the extraction, the lieutenants executed extraction in four runs. Kunst said knowing how to arrange for boarding helicopters saves valuable time in a combat zone where they might have to board under fire.

“It was a good experience, I learned a lot,” said Kitley. “It gives us a good foundation. A lot of us don’t have a lot of experience with a lot of these things like weapons handling and patrolling.”

For future helicopter pilots, The Basic School serves another function. Kunst said part of what makes the Marine Corps unique is the entire organization is geared to support Marines on the ground. The school reinforces this because every Marine officer attends the school and learns what their ground-side counterparts go through.

**FIREFIGHTER** from page A1

what every firefighter should be, and he is the poster child for the fire department,” said Capt. Richard Blaine, a firefighter with Cherry Point Emergency Services. “He’s one of those firefighters that, whether he’s on or off duty, he’s always doing something to better the department.”

**INTEL** from page A1

It is METOC’s job to provide pilots and the analysts with detailed weather information tailored to each type, model or series of aircraft and analysis on how it will affect their mission.

“In forecasting, every type of aircraft has different limitations as to what they can operate under weather-wise and understanding what their limitations and capabilities are helps us generate a forecast specifically for the type of aircraft,” said Cpl. Ryan Westforth, a weather forecaster assigned to Marine Air Traffic Control Detachment B, Marine Air Control Squadron 2, at Marine Corps Air Station New River, N.C.

The course also focuses on the important relationship between the analysts and aircrew. The job of the analyst is to set the aircrew up for success, and the job of the aircrew is to set the Marines on the ground for success. The training course uniquely integrates intelligence and operations using the Aviation Training System and the state-of-the-art Marine Aviation Training Support Sites. Specifically, during the course’s culminating exercise, students will work hand in hand with the pilots to plan strikes, close air support, and other missions that require a higher level of understanding and detailed planning of operations and intelligence.

“It’s really good training,” said Cpl. Megan Southworth, an intelligence analyst with Marine Tactical Electronic Warfare Squadron 4. “This course breaks it all down. It tells you everything you need to know about air intel and what the aircrew expect from you.” She said that in the United States, her support for the squadron is mostly electronic security. During deployments overseas, she shifts to provide intelligence on the missions VMAQ-4 flies.

The Marines who crafted the training intend for the benefits to reach beyond VMAQ-4 and other Cherry Point squadrons. The experts hope it will standardize post-military occupational specialty school knowledge, skills and abilities for intel and METOC across all Marine aircraft wings.

“The big-ticket item is standardizing air intelligence training across the Marine aircraft wings, so we’re starting this here with 2nd MAW and we’re hoping that 1st and 3rd MAW are going to also start the same kind of curriculum based on the draft (training and readiness) manual,” said Ajinga. “That way you have checks in the box to make sure all Marines are up to a certain level of training.”

The course will conclude March 8.

**SACRED** from page A2

when seeking a deeper spiritual experience. It’s not a coincidence that the sanctuaries of churches, synagogues and temples take the form of a mandala.

What makes a personal mandala so fascinating is that you can stylize your own any way you want, organizing it in a way you find settling and restful. Perhaps it rings with the sounds you enjoy most, your music or the sound of sea or a stream. There can be spirit presences there, the people who have loved you or brought you joy, even those who have passed but are still present in memory. For Christians, their relationship with Christ is a central element in the mandala; for observant Jews, sometimes the Torah becomes a focus. Lovers can find their significant other in the focus spot, and idealists see their most prized virtues as the center point of their lives. You get the idea, right?

With Spring just around the corner and the coming year filling up with busy tasks and responsibilities; with the shadows of the sequester looming, and the various fears and concerns that populate every life sapping our power and ability to respond effectively to the challenges we must daily face, I suggest you consider taking some time to identify and invest in your mandala.

There is not time or space here for me to do justice to the idea of a mandala, but know that your mandala is really the idea of the universe you inhabit, only constructed in such a way that you see how you are in relationship to all things and can actually see the beauty and purposefulness of existence, even in the midst of suffering and hardship. This week, take a few moments to look up and think about your mandala. Lots of people spend many frivolous hours exploring the landscapes of video games and fantasy and reluctantly return to reality feeling disappointed. Discover the opportunity of your own world and the infinite complexity and beauty of its story and potential.



# Life & Times

Facebook.com/MCASCherryPoint

February 28, 2013

## Biker jumps and grinds at Cherry Point Extreme Sports Park



PHOTOS BY LANCE CPL. GLEN E. SANTY

A child takes a break from riding his bike to watch bikers attempt their next stunts at the Cherry Point Extreme Sports Park Feb. 24. Terry Clark, the chief operations officer with Cherry Point Marine Corps Community Services, said the park was built for Marines and their family members to accommodate the sports of inline skating, BMX and skateboarding activities.



Lance Cpl. Konner H. Marshall jumps off the side of a quarter-pipe Feb. 24. The park, located near the Roadhouse, is in a convenient location for those living in the barracks.



Lance Cpl. Konner H. Marshall, a heavy equipment operator with Combat Logistics Regiment 27, attempts a 180 off a quarter-pipe.

LANCE CPL. GLEN E. SANTY

MCAS CHERRY POINT

Cherry Point offers a variety of activities for Marines and Sailors to enjoy on their off time. One of those activities is the extreme sports park located next to the Roadhouse.

Terry Clark, the chief operations officer with Cherry Point Marine Corps Community Services said the park is open all year for anyone on the air station to enjoy.

He said the park was built for Marines, Sailors and their family members to accommodate the sports of inline skating, BMX and skateboarding activities.

Lance Cpl. Konner H. Marshall, a heavy equipment operator with Combat Logistics Squadron 27, said he enjoys having the park on the air station because it gives him something to do outside of work and allows him to pursue a hobby despite the challenges of being a Marine.



Lance Cpl. Konner H. Marshall, a heavy equipment operator with Combat Logistics Regiment 27, swoops down the half-pipe.

# CHERRY POINT MESS HALL

## HOURS OF OPERATION

### Monday-Friday

Breakfast 6-8 a.m., Lunch 11 a.m.-12:45 p.m.,  
Dinner 4-6 p.m.

### Saturday-Sunday/ Holiday Hours

Breakfast/Lunch 8:30-11 a.m.,  
Dinner 3-5 p.m.

### FAST FOOD LINE

#### Monday-Friday

Breakfast 6-8 a.m., Lunch 11 a.m.-1 p.m.,  
Dinner 4-6 p.m.

### Breakfast Menu

Assorted fresh fruit, assorted hot and cold cereals, fried eggs and omelets to order, scrambled eggs and hard cooked eggs, grill special, pancakes, French toast or waffles, breakfast potatoes, breakfast meats, creamed beef or sausage gravy, assorted muffins, breads and breakfast pastries.

### Specialty Bar Menu & Blendz

**Tuesday and Thursday Lunch (Blendz)** - Banana-strawberry yogurt, banana-blackberry yogurt, banana-peach yogurt, banana-pineapple yogurt, banana-mango yogurt, banana-blueberry yogurt, Asian chicken chopped salad, Asian beef chopped salad, Savannah fried chicken salad, Southwest chicken strip salad, chef salad bowl, buffalo chicken salad, turkey club salad, beef fajita salad, BLT club salad, Southwest flank steak salad, chicken caesar salad, Chinese chicken salad, antipasto salad.

**Monday** - Pasta primavera, lasagna, chicken rotini casserole, baked ziti with four cheeses, meatballs, baked Italian sausage, boiled rigatoni, boiled spaghetti, simmered ziti, simmered linguine, simmered fettuccini, simmered penne rigate, simmered rotini, Italian meat sauce, alfredo sauce, caesar salad, toasted garlic bread and breadsticks

**Wednesday** - Chicken enchiladas, taco beef filling, burritos, Mexican rice, refried beans with cheese, Mexican corn, shredded lettuce, diced tomatoes, chopped onions, sliced jalapeno peppers, taco shells, flour tortillas, taco sauce, salsa, sour cream

**Friday** - Wings of fire, honey-barbecue wings, teriyaki wings, French fried chicken wings, French fried garlic fries, corn on the cob, baked beans, carrot sticks, celery sticks, blue cheese dressing, ranch dressing

### Weekly Menu

#### Thursday February 28

**Lunch** - Cream of broccoli soup, Jamaican jerked chicken, creole macaroni, cilantro rice, succotash, balsamic roasted potatoes **Dinner** - Chicken and orzo soup, pork scaloppini with herbed tomato sauce, baked stuffed shells, rice pilaf, marinara sauce, stewed chick peas with zucchini, mixed vegetables

#### Friday March 1

**Lunch** - New England clam chowder, maple-glazed salmon, turkey pot pie with baking powder biscuits, long grain and wild rice, green beans, cauliflower polonaise **Dinner** - Turkey vegetable soup, mambo pork roast, lasagna, candied sweet potatoes, marinara sauce, steamed broccoli, Mexican corn

#### Saturday March 2

**Lunch** - Beef barley and onion soup, vegetable and black bean enchiladas, chicken and broccoli casserole, confetti rice, Spanish-style beans, steamed vegetable medley **Dinner** - Cream of chicken soup, java molasses pork loin, Swiss steak with mushroom, gravy, lyonnaise potatoes, buttered egg noodles, stewed tomatoes, peas

#### Sunday March 3

**Lunch** - Vegetable beef supreme soup, baked citrus herb-crusting fish, fried chicken, brown rice pilaf, red bliss mashed potatoes, cream gravy, green bean casserole, corn **Dinner** - Turkey noodle soup, creamy Cajun shrimp penne, meat loaf, roasted garlic mashed potatoes, brown gravy, Louisiana-style smothered squash, okra mé-lange

#### Monday March 4

**Lunch** - Minestrone soup, beef short ribs, chicken and Italian vegetable, pasta, steamed rice, roasted zucchini, steamed baby carrots **Dinner** - Bayou jerk pork loin, turkey meatloaf, buttered egg noodles, islander's rice, lyonnaise wax beans, broccoli polonaise, brown gravy, chicken gumbo soup

#### Tuesday March 5

**Lunch** - Salmon with tomato cucumber relish, chicken fried chicken, rice pilaf, mashed potatoes, sausage gravy, succotash, southern-style greens, cream of potato soup **Dinner** - Roast beef, baked ziti with Italian sausage, parsley buttered potatoes, peas, vegetable stir fry, toasted garlic bread, Navy bean soup, horseradish sauce

#### Wednesday March 6

**Lunch** - Santa Fe glazed chicken, baked smoked chicken, Southwest orzo pasta, whipped sweet potatoes, corn on the cob, simmered mustard greens, raisin sauce, chunky beef noodle soup **Dinner** - Swedish meatballs, spicy shrimp with cheesy grits, rice pilaf, French fried cauliflower, French cut green beans, brown gravy, chicken noodle soup



PHOTOS BY LANCE CPL. CAYCE NEVERS

Lisa A. Good, Legal Services Support Team Freedom of Information Act and Privacy Act coordinator, squeezes a rubber ball while donating blood at the Armed Services Blood Program outside the Cherry Point Marine Corps Exchange Friday. The Armed Services Blood Program provides blood to many different military installations stateside and overseas.

# Marines bleed to save lives

## LANCE CPL. CAYCE NEVERS

MCAS CHERRY POINT

Cherry Point patrons donated blood to the Armed Services Blood Program at the Cherry Point Marine Corps Exchange Feb. 15.

The Armed Services Blood Program provides blood to many different military installations, stateside and overseas, to support active duty, retired military and dependents. The local ASBP is based at U.S. Naval Hospital Camp Lejeune.

"Donating blood is the best gift you can give and a life-saving opportunity," said Wendy L. Binder, public affairs specialist and blood donor recruiter for the ASBP. "You can save up to three lives each time you donate."

Every time blood is donated, phlebotomists, the technicians who draw blood, must determine donor eligibility by asking questions about family and personal health history. The technicians then apply a blood pressure cuff. After applying the cuff, the phlebotomist isolates the vein, inserts a needle and draws one pint of blood.

"Blood is so important," said Binder. "It can be used to treat people who are (in critical condition) or who need blood. Blood is always needed, and donations are always welcome."

To combat the side effects of donating blood, doctors advise donors to eat sugary food and drink electrolytes and water.

Jim Reaves, engineering technician and retired staff sergeant, donated a pint of his blood to the ASBP. He said he gives blood as often as he can, so he can continue to serve his country.

The ASBP returns to Cherry Point every 57 days, giving service members and civilian employees the opportunity to donate blood. The next blood drive is scheduled for April 10 at the Naval Health Clinic. For more information, call 910-450-3458.



A phlebotomist inserts a needle into a donor's arm at the Armed Services Blood Program outside the Marine Corps Exchange Friday. The program provides donated blood to active-duty military, retired military and their dependents. The next blood drive is scheduled for April 10 at the Naval Health Clinic.

The Cherry Point Officers' Spouses Club proudly hosts its annual

# Time, Talent, & Treasures

## Auction

Come celebrate St Patrick's Day with friends and

# A Taste of Ireland

Friday, March 15, 2013

6-11 pm

Miller's Landing, MCAS Cherry Point

- 6-8 pm Silent Auction
- 6-8 pm Irish Food and Drink Pairings
- 8-11 pm Live Auction

Open to the Public!

Proceeds to benefit scholarships, assistance grants, & military family funding through participating units.

To register, visit [www.cherrypointosc.org](http://www.cherrypointosc.org)

Registration through March 6 \$20  
Registration March 7-15 \$25

Cash, check, PayPal, or credit card payments accepted for registration and all auction wins.

**A Taste of Ireland**

**Dublin Coddle**  
Irish sausage, browned and stewed with potatoes, onion, and carrots in a savory broth

**Guinness Irish Dry Stout**

**Fish and Chips**  
Crispy fish with tartar sauce or malt vinegar

**Pinot Grigio**

**Shepard's Pie**  
Traditional Irish Pie with a taste of Guinness in the recipe

**Amithwick's Irish Red Ale**

**Corned Beef and Cabbage in Pratas**  
Traditional corned beef, stewed cabbage baked in a potato scoop

**Blueberry Fool**  
Berries and cream

**Yellowman**  
Irish sponge toffee

**Irish Coffee**

Other Irish appetizers and drink specials will be available at the cash bar

The OSC is a private organization. It is not part of the Department of Defense or any of its components and has no governmental status.

**MCAS Cherry Point STATION THEATER**  
E Street

**ADULTS ONLY \$4 • KIDS (4-12) ONLY \$3**  
Movie Hotline: 466-3884 • [www.mccscherrypoint.com](http://www.mccscherrypoint.com)

**NOW SHOWING**

**Friday, March 1**  
5:00pm - The Impossible PG13  
7:30pm - A Haunted House R  
9:30pm - Hansel & Gretel Witch Hunter R

**Saturday, March 2**  
2:00pm - The Impossible PG13  
4:30pm - A Haunted House R  
6:30pm - Hansel & Gretel Witch Hunter R  
9:00pm - Broken City R

**Sunday, March 3**  
2:00pm - The Impossible PG13

**movie synopsis**

**The Impossible** - Maria, Henry and their three sons begin their winter vacation in Thailand, looking forward to a few days of tropical paradise. The family finds themselves caught, with tens of thousands of strangers, in the mayhem of one of the worst natural catastrophes of our time.

**A Haunted House** - Young couple Malcolm and Kisha have just moved in to their dream house. As they settle in, they quickly find they're not alone. But it's not the house that's haunted, it's Malcolm's girlfriend who is possessed by a demon.

**Hansel & Gretel Witch Hunter** - 5 years after siblings Hansel and Gretel hatched their escape from a child-snatching witch, they have come of age as skilled bounty hunters. But as the notorious Blood Moon approaches Hansel & Gretel encounter an evil beyond any witch they've ever hunted - an evil that could hold the secret to their frightening past.

**Broken City** - In a broken city rife with injustice, ex-cop Billy Taggart seeks redemption - and revenge - after being double-crossed and then framed by its most powerful figure, the mayor. Billy's relentless pursuit of justice, matched only by his streetwise toughness, makes him an unstoppable force - and the mayor's worst nightmare.

MOVIES ARE SUBJECT TO CHANGE WITHOUT NOTICE.

# Announcements

► Indicates new announcement

## Marine Corps Scholarship Foundation

The Marine Corps Scholarship Foundation is accepting applications through Friday.

The foundation provides need-based scholarships to children of Marines and Navy corpsmen who attend an accredited undergraduate college, vocational or technical institution.

Special scholarships are available to the children of those who were wounded or fallen in combat.

For more information, applications and eligibility criteria, visit <http://www.mcsf.org>.

## Navy Marine Corps Relief Society Scholarships

The Navy Marine Corps Relief Society is accepting scholarship/interest-free loan applications for the 2013-2014 academic year. The deadline is May 1.

For more information, visit [bit.ly/nmcrs](http://bit.ly/nmcrs).

## ► Firefighter Explorer Post

Township Six Fire Department in New Bern will host a kick-off and information event for youth 14-17 Saturday at noon.

Participants will be provided with an opportunity to put in an application to join the Firefighter Explorer Program.

The program is geared toward youth who are interested in becoming involved in the community and emergency services as a potential career path.

For more information, call 913-908-9718.

## ► Spring Craft Fair

The Carteret County Historical Society will host a spring craft fair at The History Place in Morehead City from 9 a.m.-4 p.m. Saturday.

The spring craft fair features ceramics, pottery, alpaca products, shell ornaments, jewelry and gemstones, etched glass and much more.

Admission is free.

To find out more information, email Steven Anderson at [museumdirector.cchs@gmail.com](mailto:museumdirector.cchs@gmail.com).

## NHC Frostbite Golf Tournament

The Naval Health Clinic will host the Frostbite Golf Tournament at the Sound of Freedom Golf Course March 15 at noon.

This event is open to all air station patrons. Registration is \$40 per player and is due by March 8.

Four-person teams; check in before 11 a.m.

For more information or to register, call 466-2146 or call Fred Guinn at 466-0514.

## Monthly and Weekly Events

### Marine Corps League Meetings

Cherry Point's detachment of the Marine Corps League meets the third Tuesday of each month at Miller's Landing at 7 p.m. For more information, call 515-1175.

### Dart Tournament

Weekly dart tournaments at the Road House restaurant and recreation facility are held Saturdays at 8 p.m. For more information, call 241-6155 or 466-3044.

### Disabled Veterans

Chapter 26 of the Disabled American Veterans meets the third Wednesday of the month at the Senior Center in Havelock at 7 p.m. For information, call Ancil Jones at 622-5245.

### Domestic Violence Support

Support groups for victims of domestic violence are provided by the Carteret County Domestic Violence Program. The group meetings are held

Wednesdays at 6 p.m. For more information, call 728-3788.

### Al-Anon Family Group Meeting

Al-Anon family group meetings are held Mondays at 8 p.m. for family members and friends of individuals with possible alcohol problems.

Meetings are held at Havelock First Baptist Church.

For more information, call 447-8063.

### Education Fairs

The Cherry Point education office is currently hosting monthly career and education fairs, at the Jerry Marvel Training and Education building, room 171b.

The next fair is April 12.

For more information, call Dana Bayliss, at 466-2046.

### Young Marines

The Cherry Point Young Marines is a youth organization for ages 8-18. The

## ► Get Hooked Fishing School

A comprehensive one-day overview of various aspects of angling in local waters will be held March 9 at the Pine Knoll Shores aquarium from 9 a.m.-5 p.m.

Price is \$60 and includes lunch, drawings for fishing gear and giveaways.

Registration is required.

To register or for more information, call 247-4003 or visit [www.ncaquariums.com/pine-knoll-shores](http://www.ncaquariums.com/pine-knoll-shores)

## Sheep Dog IA Golf Tournament

The Crystal Coast Chapter of Sheep Dog Impact Assistance, which is made up of military and first responders, will host a charity golf tournament March 9 beginning at 9:30 a.m. at the Country Club of the Crystal Coast.

Registration begins at 8:30 a.m.

For more information, call 915-727-6547.

## ► Tales for Tots

Pre-schoolers and parents will learn about life in Eastern North Carolina before the arrival of European settlers at the Tryon Palace Historic Sites and Gardens in New Bern March 12 at 10 a.m.

Space is limited to 20 children.

Price will be \$6 and is open to families.

To reserve your child's spot, call 639-3500. Extra openings will be filled the day of the event on a first-come, first-served basis.

## Military Family Day

North Carolina along with the Marine Corps Reserves will host a Military Family Day event at the Navy and Marine Corps Reserve Operational Support Center in Raleigh March 16 from noon-4 p.m.

The event will provide participants with a day to come together for fun, fellowship, camaraderie and relaxation.

Free lunch will be provided.

For more information, visit <http://bit.ly/Familyday>. For questions, email [scott\\_enoughy@ncsu.edu](mailto:scott_enoughy@ncsu.edu) or call 919-515-8500.

## Emerald Isle Saint Patrick's Day Festival

The Emerald Isle Shopping Center, in Emerald Isle, N.C., will host the Emerald Isle Saint Patrick's Day festival March 16, beginning at 10 a.m.

The festival will include music, dancing, food, amusement rides, arts and crafts and vendors.

For more information, visit <http://bit.ly/EISPF>.

## ► 2013 New Bern Great Glow Run

Easter Seals and United Cerebral Palsy will host the

group meets Friday nights 5:30 p.m.-8 p.m. and Saturdays 8 a.m.-12 p.m.

The organization is looking for Marines dedicated to helping youth. To volunteer, call Paula Cusson at 444-5914.

## Welcome Aboard Expo

Cherry Point hosts a Welcome Aboard Expo every month at Miller's Landing.

The expo is open to all new Marines, Sailors, civilian employees and spouses.

The next expo is March 27 at 9 a.m.

For questions or to register, contact Sandy Langlois at 466-5743 or email [sandy.k.langlois@usmc-mccs.org](mailto:sandy.k.langlois@usmc-mccs.org).

## SMP Golf Clinic

The Single Marine Program hosts a free golf clinic Wednesdays at 5 p.m. on the Sound of Freedom Golf Course. The clinic lasts one hour.

For more information, call 466-3027.

inaugural Great Glow Run of New Bern March 23 at 7:30 p.m. at Union Point Park.

The Great Glow Run is a glow-in-the-dark 5K event.

Registration through March 16 costs \$30. Registration from March 16 to race day costs \$40.

To register, call Leslie Owens at 910-790-5921 or visit [www.greatglowrun.com](http://www.greatglowrun.com).

## 14th Annual Cherry Point Half Marathon

Marine Corps Community Services will host the 14th Annual Cherry Point Half Marathon March 23 at 7:30 a.m. beginning at the air station's Sunset Park near the end of runway 14 Left.

Runners, walkers and wheelchair entrants of all skill levels are invited to participate. The race is open to the public. Registration begins at 6:30 a.m. Register online at <http://bit.ly/CPmarathon>.

Registration fees are \$25 for active duty, retired and reserve service members and \$40 for all others if paid by March 2. Registration fees will increase, March 3-23.

For additional information, call Berna Crosby at 466-2208, email [bernadine.crosby@usmc-mccs.org](mailto:bernadine.crosby@usmc-mccs.org) or visit <http://bit.ly/MCASC>.

## Marine and Family Programs

### Marine, Family Programs Office Numbers

#### Building 298

- Library – 466-3552.
- Retired Activities – 466-5548.

#### Building 286

- Exceptional Family Member Program – 466-3305.
- Child Development Resource and Referral – 466-3595.

#### Building 87

- Sexual Assault Prevention and Response Program – 466-5490.
- Substance Abuse Counseling – 466-7568.
- New Parent Support Program – 466-3651.
- Family Advocacy Program – 466-3264.
- Military Family Life Consultant – 339-6084.
- Families Overcoming Under Stress Representative – 466-7137.

#### Building 4335

- Education – 466-3500.
- The Family Member Employment Program, Transition Assistance Management Program, Relocation Assistance Program and accredited financial counselors can be reached at 466-4201.

### Budget for Baby

The Navy-Marine Corps Relief Society offers Budget for Baby classes.

To register, call 466-2031.

### Breastfeeding Class

The Navy-Marine Corps Relief Society offers free breastfeeding classes to expectant mothers.

The purpose of the class is to help prepare the mother to be ready and confident to breastfeed once the baby arrives.

To register, call 466-2031.

### Veterans' Assistance

A representative from the Veterans Affairs Office visits Cherry Point each Thursday in building 4335. Call 466-4201 for assistance.

### Marine Corps Family Team Building

Educational resources and services to foster personal growth and enhance the readiness of Marine Corps families. Located in Building 87. For more information, email [family.readiness@usmc.mil](mailto:family.readiness@usmc.mil).

## Religious Services

### Sundays

9 a.m. – Liturgical Protestant Service, Fellowship Chapel  
9 a.m. – Roman Catholic Mass, Memorial Chapel  
11 a.m. – Contemporary Worship Service, Memorial Chapel

### Tuesdays

11:30 a.m. – Women's Bible Study, Memorial Chapel

### Thursdays

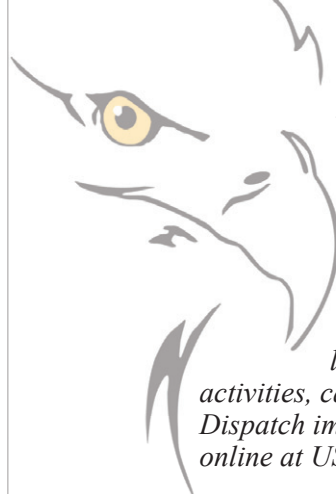
6 p.m. – Table Talk, Wings Restaurant at Miller's Landing

### Tuesdays – Thursdays

11:45 a.m. – Roman Catholic Mass, St. Michael's Chapel

## Signs of Terrorist Activity:

### Tests of Security



*Tests of security are another way in which terrorists attempt to gather data. This is usually conducted by driving by the target, moving into sensitive areas and observing security or law enforcement response. Terrorists are interested in the time it takes to respond to an incident and the routes taken to a specific location. If you observe suspicious activities, call Cherry Point Emergency Dispatch immediately at 466-3616 or report it online at [USMCEagleEyes.org](http://USMCEagleEyes.org).*

## OPERATION EAGLE EYES

## Hotlines

**2nd MAW Command Inspector General**  
466-5038

### Station Inspector

466-3449

### Fraud, Waste and Abuse

If you know of or suspect any fraud, waste or abuse aboard MCAS Cherry Point, call 466-2016.

### Suicide/Stress

To talk to someone at the National Suicide

Hotline, call 1-800-273-8255.

To seek confidential counseling with personal battles call the DSTRESS line at 1-877-476-7734.

### Sexual Assault

This procedure is not meant to replace calling 911 if you are in immediate danger. Immediately call 665-4713, which is monitored 24/7.

### Severe Weather and Force Protection

Cherry Point personnel call 466-3093.

FRC East personnel call 464-8333.

DLA personnel call 466-4083.

## Off Limits

### MCAS CHERRY POINT AREA

98 CENT ONLY STORE  
(BIG DADDY) WESLEY'S GROCERY  
COASTAL SMOKE SHOP  
EXPRESSIONS  
FRIDAY'S NIGHT CLUB (AKA CLUB INSOMNIA, CLUB CLASSICS, INFINITY LOUNGE)  
H&D EXPRESS AKA CITGO  
NADINE'S FOOD MART  
SUPER EXPRESSWAY  
TOBACCO OUTLET (HAVELOCK AND NEW BERN)  
TOBACCO SHOP & GIFTS (BEAUFORT AND NEW BERN)  
TOBACCO TOWN  
TOBACCO SHOP (NEWPORT AND NEW BERN)  
TWIN RIVERS (NOT THE MALL)  
WHITE SANDS CONVENIENCE STORE

### MCB CAMP LEJEUNE AREA

BELL AUTO SALVAGE II  
DASH-IN  
DISCOUNT TOBACCO  
D'S DRIVE THRU  
D'S QUICK MART  
EXPRESS WAY  
KING'S DRIVE THRU  
LAIRD'S AUTO & TRUCK CENTER  
MOE'S MART  
NEW YORK TOBACCO CENTER  
ONE STOP SHOP  
SMART BUY  
SMITTY'S R&R  
TOBACCO  
TOBACCO CLUB  
TOBACCO HOUSE CIGARETTE CENTER  
TOBACCO LEAF  
VETERANS AFFAIRS SERVICE