

New opportunities open for women Marines in local ground unit

LANCE CPL. ANDREA DICKERSON
MCAS CHERRY POINT

On June 1, Staff Sgt. Jennifer J. Martin checked into 2nd Low Altitude Air Defense Battalion, an air defense unit formerly comprised of only male Marines.

As guided by the National Defense Authorization Act for fiscal year 2012, Commandant of the Marine Corps Gen. James F. Amos created opportunities for female Marines to serve roles in units traditionally closed to women, beginning in April of this year.

“As I walked up to the front doors in my alpha’s to check in as one of the first female members of the unit, I didn’t know what to expect,” said Martin.

Martin was one of two female Marines assigned billets at 2nd LAAD, along with Gunnery Sgt. Carolyn A. Dukes.

When the order came down to send females to designated units, higher headquarters gathered all of the female staff noncommissioned officers and officers who were qualified for the billets and narrowed it down to 44 female Marines, said Martin.

“I don’t know why I was chosen specifically,” said Martin. “After I realized I was selected from the pool of about 400 qualified NCOs and officers, I had a ‘wow’ moment. I could not believe I was one of only 44 Marines chosen.”

Martin said she experienced the same nervousness and anxiety other Marines feel when checking into a new unit.

“We all wonder what our new unit will be like, what job we will be doing and what the Marines will be like,” she said. “I was never worried about being a female, going to a low altitude air defense battalion.”

Nixing the notion that any female Marine would be treated differently in his battalion, Sgt. Maj. Robert P. Palechek, the unit’s senior enlisted leader, said, “We understand what it means to be professional. The new

See **OPPORTUNITY** page A11

Call for close-air support



LANCE CPL. SCOTT L. TOMASZYCKI

A UH-1N Huey flies en route to Camp Devil Dog, N.C., Aug. 9, to provide simulated air support for infantry Marines conducting training exercises. See Page A7 full story and photos.

Through the years Marine Olympians represent country

LANCE CPL. SCOTT L. TOMASZYCKI
MCAS CHERRY POINT

The Olympic torch was put out Sunday and the athletes started their journeys home. For some of them, that meant returning to military base and waiting for their next assignment or deployment.

Since 1940, hundreds of service members and more than 80 Marines have called themselves Olympians. The Marine Corps has many athletic programs Marines can take advantage of and develop their skills in sport. World-class athletes share a lot in common with Marines, said Maj. Greg Burgess, the executive officer of Marine Air Support Squadron 1, and former Olympian.

Burgess swam in the Olympics in 1992 and 1996, won a silver medal and then joined the Marine Corps in 1997.

“You have to have a serious work ethic to do both, and that’s something that’s carried over into my Marine Corps career,” said Burgess.

In terms of work ethic, Burgess spent about 27 hours every week training for swimming, six or seven days a week. He said it is his greatest takeaway from swimming and something he tries to pass down to his Marines. Work ethic is even more important for Ma-

rines, he said, because lives can ride on their work. Sports organizations benefit from Marines in their ranks as well, said Jim Medley, a manager of several All-Marine Teams who works with the Marine Corps Sports Hall of Fame at Headquarters Marine Corps. He pointed to Sgt. Jamel Herring, a Marine veteran with two tours in Iraq, who served as the captain of the 2012 U.S. Olympic boxing team.

“When they make these teams, a lot of people look at Marines for leadership and the things they do in the Marine Corps that carry over into being a leader as part of a U.S. team,” said Medley.

The Marine Corps Sports Hall of Fame honors Marines who have made accomplishments in the world of sports.

The project started in 2001 and has inducted 45 members so far, including Burgess.

Medley said Marine athletes are recognized in part because they not only play sports, but fight for the freedom of people to pursue sports. While civilian Olympians represent their country, Burgess said it is not service in its own right.

“There’s a difference in representing and serving,” said Burgess. “You’ll hear some of the Olympians saying they’re serving the country. They’re representing our country, there’s a big difference. As a Marine, I honestly feel that I’m serving the country. Being an athlete is more about being yourself – being a Marine is really about service.”

Waivers for restricted dog breeds to end soon aboard air station

JOINT PUBLIC AFFAIRS OFFICE
MCAS CHERRY POINT

The Marine Corps is taking an extra step toward making its bases and air stations as safe as possible acting under Marine Corps Order P11000.22, Chapter 6.

As of Sept. 30, all waivers for specific restricted dog breeds, enacted in 2009, will expire aboard the air station.



CONTRIBUTED

Certain canine breeds with dominant traits of aggression, like the Pit Bull pictured, are prohibited aboard Cherry Point. A “grandfather” waiver, enacted in 2009, to Marine Corps Order 1000.22 will be invalid starting Sept. 30.

The 2009 order’s prohibited dog breeds section says “Pit Bulls, Rottweilers, canid/wolf hybrids, or any canine breed with dominant traits of aggression present an unreasonable risk to the health and safety of personnel in family housing areas. Consequently, full or mixed breeds of Pit Bulls, Rottweilers and canid/wolf hybrids are prohibited aboard Marine Corps installations. In the absence of formal breed identification (e.g., certification by a civilian organization such as the American Kennel Club) a determination of ‘majority breed’ will be made by a veterinary corps officer (VCO) or a civilian veterinarian.”

Elaine Taylor, the animal control officer here, said starting July 6, the housing communities aboard Cherry Point like Nugent Cove, Binder Oaks, Lawson Village and Slocum Village began vacating all aggressive dog breeds. Rules and regulations will soon be put in place to keep all of the breeds from appearing on the air station.

The “grandfather” waiver, will no longer be applicable.

The Cherry Point Provost Marshal’s Office will test dogs during the registration process and evaluate the family pets

See **DOG BREEDS** page A11



LANCE CPL. STEPHEN T. STEWART

Marines wait on the flight line to participate in the advanced motorcycle operators school here, Aug. 9. The course was a two-day class and was free for active duty Marines. Before taking part in the advanced class the Marines were required to have taken the basic and experienced riders courses.

Riders further skills during advanced course

LANCE CPL. STEPHEN T. STEWART
MCAS CHERRY POINT

Marines from East Coast military installations gathered on the flight line aboard Cherry Point to participate in the advanced motorcycle operator school, Aug. 9.

The California Super Bike School hosted the class for the more than 20 active duty Marines.

“We like working with Marines and being able to come out here and give them the chance to better their riding skills,” said Dylan Code, the project manager for the school.

During the class the Marines were

taught techniques to help better their riding skills. They practiced steering, breaking, cornering and obstacle avoidance. The participants spent a majority of their time weaving through cones, taking sharp corners and stopping at different speeds.

“One of the best things about this class is that Marines spend about 80 percent of the time riding their bikes,” said Code. “This is good because it gives them more practice. The only way to get good at something is to get out there and do it.”

The two-day class was free for active duty Marines. Before partaking in the

See **RIDER COURSE** page A11

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Marines participate in Dragon Boat races

See B1 for photos and story



With your smartphone download a QR code reader and scan the code.

Chaplain's Corner.

No matter what, help is available

CMDR. CARL P. KOCH

MCAS COMMAND CHAPLAIN

I wrote an article a few weeks ago to focus attention on the uniqueness of communication with your chaplain. What was missing from that article was that your chaplain is part of a vast array of professional resources that is committed to your care and well being. Help, no matter what challenges you are facing in life, is available.

Keeping faith with our people – and maintaining their trust and confidence – is a responsibility that chaplains share with an indispensable network of many other helping professionals, from Marine Corps Community Services counselors to your chain of command, but fulfill differently based on the rules of their professions and regulations. Chaplains don't have all the answers. And many of us don't have the specialized professional training our Marine and Family Programs counselors do.

So your chaplain is a safe person to talk with – but your chaplain certainly isn't the only person who can help you deal with an issue.

Many times, your chaplain's role

is that of a first-stop referral service. But we are required by regulation to demonstrate sound professional pastoral judgment and make informed and appropriate referrals for those who cannot be directly assisted by the Religious Ministry Team or who need more specialized care. We would not be performing our duty to you or to God if we did otherwise. Like any good shepherd, we are here to guide you in the right direction.

For example, a Marine came to me with an addiction problem. I'm a pastoral counselor and I have no expertise in addiction counseling, but MCCS's Marine and Family Programs has counselors who specialize in this field. So I convinced this Marine to seek assistance from one of these counselors for the best possible care. That referral did not relieve me of my responsibility to provide care to the Marine – but part of that care was to ensure the Marine had every tool available to address the problem.

Marine and Family Programs and your chaplains work together to enable the development of strong individuals and families. Together, we provide a

wide selection of critical resources to fit the many different needs of our service members and their families.

As a team, we offer help with prevention and intervention, substance abuse, new parent support and sexual assault awareness and prevention. There are services such as individual, family, marital and group counseling to help service members and their families deal with many types of issues such as crisis intervention, stress management and grief issues.

Some programs are designed to protect military families from violence, abuse and to provide safety for victims. Counselors can help service members and their families deal with concerns such as stress management, conflict resolution, communication skills, trust issues, blended families, and grief/loss issues. Sometimes, we just provide an ear to listen or a shoulder to cry on.

The list goes on – in short, these many programs are intended to help our military family deal with problems that exist, or better yet, head them off before they become problems in the first place through early intervention

and sustainment of life skills.

The air station commanding officer has made it our mission to train, equip, sustain and mentor Marines, Sailors and Soldiers who are selfless and professional in the performance of their duties, yet resilient, disciplined and reasoned off-duty. This is a huge mission that no one person can fulfill on his or her own. That's why we work as a team on your behalf. That's why a previous commandant created the Marine Corps Mentorship Program – which is designed to ensure every service member is given the attention he or she needs to help spot potential problems early. That's why Marine Corps Community Services has so many programs to offer service members and their families. And that is why commands have chaplains. We are all here to serve you – we need you to be part of the team as well, by helping us look out for your fellow warriors.

As I mentioned earlier, help is available – no matter what challenges our Marine family is facing in life.

MCCS offers many social programs, services to Cherry Point community

SPECIAL TO THE WINDSOCK

MARINE CORPS COMMUNITY SERVICES

Marine and Family Programs offers a wealth of social programs and services to our Marines (both married and single), Sailors and family members. Our Behavioral Health Branch is committed to providing access to the highest quality counseling services and programs available.

The Prevention & Intervention Program is comprised of the General Counseling Program and the Family Advocacy Program. The General Counseling Program offers services such as individual, family, marital and group counseling. These services are offered to help service members and their families deal with a wide array of issues such as crisis intervention, stress management, and grief issues. The Family Advocacy Program (FAP) provides clinical services to help those whose lives have been impacted by violence. Also under the Prevention and Intervention Program is the Victim Advocate (VA) Program. The VA Program provides support services to victims of abuse. Victim Advocates are available 24 hours a day, 365 days per year at 252-665-4713.

Under the General Counseling Program, licensed clinical social workers provide counseling services FREE of charge. Counselors can help service members and their families deal with concerns such as stress management, conflict resolution, communication skills, trust issues, blended families, and grief/loss issues and many others. We help through several venues:

Individual counseling – To quickly get you back

to your regular life.

Marital Counseling – We have several licensed clinicians that can help you and your partner through some of the rough spots in a relationship or can help you to keep from encountering the rough spots.

Couples Group – This interactive and engaging workshop focuses on enhancing communication skill, fighting fairly and meeting your partner's needs.

Anger Management – Focuses to identify skills used to control anger using a variety of techniques.

Military Family Life Consultants – Licensed clinical counselors that work with families, individuals, couples and children to provide short term non-medical problem identification and counseling services. They are able to address relationships, stress management, grief after loss, occupational issues, crisis intervention and other individual and family issues.

Families Overcoming Under Stress (FOCUS) – Provides resilience training for military families facing the challenges of a family member's deployment during wartime. FOCUS uses family training techniques to highlight areas of strength and resilience in the family and promote family growth to help address current challenges.

Substance Abuse Counseling Center – Treatment includes case management, counseling, treatment planning and aftercare/continuing care recommendations. Treatment uses an individualized continuum of care approach and is coupled with emphasis on personal responsibility and 12-Step self-help programs. All treatment services are based on the individuals' needs and have a variable length of

stay, based on these needs.

Drug Demand Reduction Program – The Drug Demand Reduction coordinator and specialist are responsible and available for the ongoing assessments of tenant commands' illegal drug use and prevention needs.

Marine New Parent Support Program – A program designed to provide supportive services to military families who are expecting or who have at least one child age 6 and under. A unique aspect of the program is in-home visits where staff members meet one-on-one with clients in the home and help with individual circumstances and needs. The program is staffed by nurses and social workers.

Sexual Assault Prevention and Response (SAPR) Program – This program serves as the focal point for coordinating all sexual assault prevention and response actions on Marine Corps Air Station Cherry Point. The SAPR Program's mission is two-fold: to address the needs of military members that have been victims of sexual assault and to proactively provide relevant, interactive training on a regular, continuous basis to all Marines and Sailors aboard Cherry Point.

Our mission is to help you and/or your family stay mission ready. If you have any questions about services, please call our information lines at either 466-4401 or 466-4201.

The Windsock

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REMEMBER TO RECYCLE



Highlighting Cherry Point's Warriors



LANCE CPL. LUKE V. CAPRANICA

Job Title: Powerline Mechanic
Unit: Marine Attack Squadron 223
Hometown: Springfield, Ill.
Age: 22
Date Joined: February 2009

Lance Cpl. Luke V. Capranica works on AV-8B Harriers as a powerline mechanic with Marine Attack Squadron 223 aboard Cherry Point.

"We make a lot of things happen simultaneously," said Capranica. "We plan ahead and tackle multiple jobs at one time."

Powerline mechanics specialize on the aircraft's fuel, water and oil systems along with parts of the aircraft engine, while also providing maintenance for the electronics of the attack jets.

"There is so much maintenance," he said. "When we get to see the Harriers fly it feels amazing, like we have accomplished a great feat."

That feeling doesn't come easy though and requires teamwork and sometimes long hours.

"There's always expectations put on us that are sometimes stressful, but we exceed those expectations on a daily basis," Capranica said.

**Highlight Your Marine
or Sailor Superstar**

Call or email The Windsock
cherry.point.windsock@gmail.com
466-3542

LANCE CPL. STEPHEN T. STEWART

News Briefs

Award updates for 2nd MAW

According to Marine Administrative Message 437/12, signed Thursday, Marines assigned to Marine Tactical Electronic Warfare Squadron 4 from April 15, 2011 to Nov. 7, 2011 now rate a Meritorious Unit Commendation.

Select Marines who were assigned to 2nd Low Altitude Air Defense Battalion Training Team from June 1, 2011 to Aug. 31, 2011 rate a Coast Guard Meritorious Team Commendation Medal. See list at <http://bit.ly/awardsupdate>.

Officer Early Release signed

Marine Administrative Message 441/12, signed Friday, effectively authorizes Marine officers with fewer than six years of commissioned service with an End of Active Service date from Sept. 1, 2012 to Sept. 30, 2014, to request to separate no more than 180 days prior to their current expirations of active service.

According to MarAdmin 441/12, the early release program is a cost savings initiative that will shape and sustain Marine forces within new budgetary constraints. For more information about eligibility speak with your local career planner or visit <http://bit.ly/overprogram>.

Storm prediction numbers rise

The National Oceanic and Atmospheric Administration revised its predictions Thursday, saying more named storms are likely in this year's Atlantic hurricane season.

The agency now predicts between 12 and 17 named storms from the period that started on June 1 and will end on Nov. 30. NOAA's original May prediction was between nine and 15 named storms.

Campaign reaches 5,000 lbs.

Cherry Point Feds Feed Families Campaign collected more than 500 lbs. of donated food items from multiple facilities aboard the air station, Friday.

Since the beginning of the campaign, Cherry Point personnel have donated more than 5,000 lbs. of non-perishable food delivered to local food banks.

The federal-wide food drive is in response to food bank shortages during the summer months as children are left without school nutrition programs.

Donation boxes are located at several locations across the air station including Marine Mart, Marine Corps Exchange, and the Pass and Identification office. For more information on the program visit <http://bit.ly/mcascpfff>.

FRC-E engineers lead program



DAVID HOOKS

FRC East's first "homegrown" engineers, left to right, Jonathan Denn, Joshua Corbett, Hordan Lewis and Cliff Guthrie.

Four Fleet Readiness Center East engineers were the first students to graduate N.C. State University's Bachelor of Science in Engineering program at Craven Community College's Havelock campus. The graduation ceremony took place in Raleigh, recently.

The BSE program enables students to earn a Bachelor of Science in Engineering degree with a concentration in mechanical engineering systems, without leaving the local area.

Combined Federal Campaign to kick off with party

The Combined Federal Campaign kick-off party will be Sept. 13 at the Cherry Point Theater and theater parking lot.

The event is scheduled to take place from 3 to 7:30 p.m. and will include a karaoke competition, car and bike shows, moonwalks, an Olympic-style unit competition, a silent auction, and face-painting for the kids.

For karaoke contest rules and registration contact the Joint Public Affairs Office at 466-4241.

For more than 50 years the CFC has been an avenue to raise money for thousands of charities that help people, animals and organizations around the world.

Cadets tour Cherry Point



(Left) Cpl. Gary E. Meadows, an aircraft rescue firefighter, teaches cadets with the West Carteret High School Navy Junior Reserve Officers' Training Corps about equipment Marine firefighters use aboard Cherry Point, N.C., Aug. 8.

(Below) A cadet with the West Carteret High School Navy Junior Reserve Officers' Training Corps sprays a fire hose, Aug. 8, during a tour of the air station. The field trip was a back to school event focused on familiarizing the potential service members with the air station.



PHOTOS BY LANCE CPL. STEPHEN T. STEWART



ANDY WOLFE

F-35B test aircraft BF-3, flown by Lockheed Martin test pilot Dan Levin, complete the first aerial weapons release, Aug. 8, for any variant of the aircraft. BF-3 dropped an inert 1,000-pound GBU-32 Joint Direct Attack Munition over an Atlantic test range from an internal weapons bay. The F-35B is the variant of the Joint Strike Fighter designed for use by U.S. Marine Corps.

F-35 completes first airborne weapons separation

JOINT STRIKE FIGHTER PUBLIC AFFAIRS

HEADQUARTERS MARINE CORPS

PATUXENT RIVER, Md. – The F-35 Lightning II accomplished a significant test milestone when the aircraft successfully released a weapon in flight Aug. 8.

F-35B test aircraft BF-3, a short take-off and vertical landing variant, released an inert 1,000-pound GBU-32 Joint Direct Attack Munition (JDAM) separation weapon over water in an Atlantic test range while traveling at 400 knots at an altitude of 4,200 feet.

“While this weapons separation test is just one event in a series of hundreds of flights and thousands of test points that we are executing this year, it does represent a significant entry into a new phase

of testing for the F-35 program,” said Navy Capt. Erik Etz, director of test for F-35 naval variants. “Today’s release of a JDAM was the result of extraordinary effort by our team of maintainers, engineers, pilots and others who consistently work long hours to deliver F-35 warfighting capability to the U.S. services and our international partners.”

The release was the first time for any version of the F-35 to conduct an airborne weapon separation, as well as the first from an internal weapons bay for a fighter aircraft designated for the U.S. Marine Corps, the United Kingdom and Italy. The milestone marks the start of validating the F-35’s capability to employ precision weapons and allow pilots

to engage the enemy on the ground and in the air.

“[Using an internal weapons bay] speaks to how much capability the JSF is going to bring to the troops,” said Dan Levin, Lockheed Martin test pilot for the mission. “Stealth, fifth-generation avionics and precision weapons ... coupled with the flexible mission capability of the short take-off and vertical landing F-35B is going to be huge for our warfighters.”

An aerial weapons separation test checks for proper release of the weapon from its carriage system and trajectory away from the aircraft. It is the culmination of a significant number of prerequisite tests, including ground fit checks,

ground pit drops and aerial captive carriage and environment flights to ensure the system is working properly before expanding the test envelope in the air.

Aircraft and land-based test monitoring systems collected data from the successful separation, which is in review at the F-35 integrated test force at Naval Air Station Patuxent River.

The F-35B is capable of short take-offs and vertical landings to enable air power projection from amphibious ships, ski-jump aircraft carriers and expeditionary airfields. The F-35B is undergoing test and evaluation at Naval Air Station Patuxent River, Md., and Edwards Air Force Base, Calif., prior to delivery to the fleet.

Helicopter company raids urban combat facility



PHOTOS BY LANCE CPL. MICHAEL OXTON

Marines with Company G., Battalion Landing Team 2nd Battalion, 1st Marine Regiment, 31st Marine Expeditionary Unit, depart from CH-46E Sea Knight helicopters, Aug. 9. Inserting via helicopters with Marine Medium Helicopter Squadron 262 (Reinforced), the Marines raided a mock town, neutralizing enemy personnel and capturing a high-value individual.

CPL. JONATHAN WRIGHT

31ST MARINE EXPEDITIONARY UNIT

COMBAT TOWN, OKINAWA, Japan – “Enemy in sight.” These words were passed down to the platoon commander, crouching in the tree line alongside dozens of Marines. Only one word came in response: “Engage.”

This was the prelude to Company G’s assault on a notional town held by enemy forces. The Marines of Battalion Landing Team 2nd Battalion, 1st Marine Regiment, 31st Marine Expeditionary Unit, infiltrated the urban combat training facility, Aug. 9.

Inserting via CH-46E Sea Knight helicopters from Marine Medium Helicopter Squadron 262 (Reinforced), rifle squads disembarked at their landing zone 700 meters from the town, securing the area before moving to execute their mission.

“As the assault element, we’re the first ones in to clear any immediate enemy presence for the rest of our forces,” said Sgt. Victor Rodriguez, squad leader with 1st platoon, Co. G., BLT 2/1, 31st MEU. “Our objective is to return control of the town to the local police force.”

Sweeping in from various points of the village’s perimeter, the Marines secured the outermost buildings and neutralized enemy personnel in a matter of minutes. The raid required more precision than firepower, with the threat of improvised explosive devices as well as the task to kill or capture a high-value individual suspected in the area.

“The HVI could be able to tell us where any IEDs are, which would obviously be

in our best interests to know early on,” said Lance Cpl. Mitchell Emery, squad automatic weapon gunner with 2nd Plt., Co. G., BLT 2/1, 31st MEU.

After gaining control of a few more buildings, the HVI was taken alive, and provided valuable intelligence on IED locations and enemy troop disposition. The Marines used this information to quickly overcome the remaining enemy forces and secure the entire facility.

Less than three hours after landing outside of the village, the Marines returned control of the notional town to the local police force. All enemy personnel had been killed or captured, and the Marines, suffering zero casualties, egressed to the landing zone to wait for the incoming helicopters.

From the first step off the helicopter during insertion to the signal of “last man” boarding the helicopter to leave, the Marines of Company G. completed every step as if the scenario were real.

“We don’t rehearse these raids just to showcase them to other military forces on deployment,” said Lance Cpl. Richard Good, a rifleman with 2nd platoon, Co. G., BLT 2/1, 31st MEU.

“All this is in preparation for any real-world use for us. We train to fight, not notionally.”

The 31st MEU is the only continuously forward-deployed MEU and is the Marine Corps’ force in readiness in the Asia-Pacific region.



Marines with 1st platoon, Company G., Battalion Landing Team 2nd Battalion, 1st Marine Regiment, 31st Marine Expeditionary Unit, climb through the window of an enemy-held building here, Aug. 9. The 31st MEU is the only continuously forward-deployed MEU and is the Marine Corps’ Force in readiness in the Asia-Pacific region.

Special-Purpose Marine Air-Ground Task Force Africa conducts evacuation exercise

CPL. ADWIN ESTERS

SPECIAL PURPOSE MARINE AIR GROUND TASK FORCE 12

ROTA, Spain – Reserve Marines and Sailors of Special-Purpose Marine Air-Ground Task Force Africa participated in crisis response training, July 20.

The exercise included more than 50 Marines and Sailors from Special-Purpose MAGTF Africa, Fleet Anti-terrorism Security Team Company Europe and Sailors from Combined Task Force-68 serving as administrators, role players and security personnel.

“The exercise involves getting evacuees and American citizens out of a country or area that is unstable,” said Maj. Nickolas Hight, officer in charge of ECC operations for Special-Purpose MAGTF Africa. “We have to identify the categories of evacuees and move them through a number of stations for pat-down searches, administrative processing, and medical inspections before they can be evacuated safely.”

The Department of State can call for the evacuation of U.S. citizens out of a foreign country facing natural disasters, social unrest or a deteriorating government. In that situation, a noncombatant evacuation operation is conducted to evacuate U.S. citizens whose lives are in danger. Once the Secretary of State approves an evacuation, the U.S. ambassador to the country has the authority to implement the plan in a crisis.

After a plan is implemented an ECC is set up to allow U.S. forces to enter the unstable area and a comprehensive plan for accountability, safety, and care of evacuees is then put into effect. U.S. citizens, Department of Defense civilian personnel, designated host nation and third country nationals can then be processed and evacuated. The purpose is to prepare the evacuees for eventual overseas movement to a temporary safe haven or the United States.

Special-Purpose MAGTF Africa is able to establish an ECC and stands ready to assist in conducting a NEO for U.S. Africa Command if an evacuation is needed.

The training, which took place in a training facility for military operations in urban terrain on Naval Station Rota, prepared Special-Purpose MAGTF Africa for humanitarian assistance, disaster relief, peacekeeping

missions, non-combatant evacuations, and crisis response operations.

The Marines and Sailors were challenged with different scenarios during the exercise that tested their ability to respond to issues that could arise in a real evacuation. Some of the scenarios had evacuees starting riots, attempting to smuggle in contraband, or people seeking to be evacuated despite having serious health problems.

“During evacuations, we provide general medical care and emergency care,” said Petty Officer 2nd Class Tim Riesche, a hospital corpsman with Special-Purpose MAGTF Africa. “We are also able to quarantine people in case anyone has a highly infectious disease.”

This is not the first time Special-Purpose MAGTF Africa has refreshed their crisis response skills. The MAGTF has been developing this capability since their pre-deployment training aboard Marine Corps Base Camp Lejeune, N.C., earlier this year.

“Part of our mandate is to be proficient in an ECC situation,” said Hight. “We accomplished that by setting a goal of 50 evacuees processed in an hour and actually exceeding that goal by processing 112.”

Special-Purpose MAGTF Africa is comprised of approximately 125 Reserve Marines and Sailors from 32 different units from across the country and is based at Naval Air Station Sigonella, Italy. The MAGTF deploys small teams to support U.S. Department of State sponsored missions for Marine Forces Africa and U.S. Africa Command and also has the ability to assist with crisis response, such as the one practiced in the ECC exercise.

In his 2012 report to the House Committee on Appropriations on the posture of the United States Marine Corps, Commandant of the Marine Corps, Gen. James F. Amos said, “Our operational Reserve component retains the capacity and capability to support steady-state and crisis response operations through rotational deployments, and to rapidly surge in support of major contingency operations. Such a flexible and multi-capable force that maintains high readiness levels can mitigate risk and satisfy the standing strategic need for crisis response.”



PHOTOS BY CPL. ADWIN ESTERS

Marines from Special-Purpose Marine Air-Ground Task Force Africa pat-down role players at the searching area during an evacuation control center training exercise, July 20. The exercise took place at Naval Station Rota, Spain and allowed the Special-Purpose MAGTF to practice a noncombatant evacuation operation.



Special-Purpose Marine Air-Ground Task Force Africa Marines and Sailors of the quick reaction force, attempt to control a role player after his attempt to start a riot near the entrance of the evacuation point.



PHOTOS BY LANCE CPL. SCOTT L. TOMASZYCKI

A UH-1N Huey from Marine Light Attack Helicopter Squadron 467 flies to Camp Devil Dog, N.C., Aug. 9, to provide simulated air support for infantry Marines conducting training exercises. "This is our bread and butter, this is what we do," said Capt. Andrew D. Kingsbury, a Huey pilot with HMLA-467.

Attack helicopter Marines practice close-air support Integrate with ground troops at Camp Lejeune

LANCE CPL. SCOTT L. TOMASZYCKI

MCAS CHERRY POINT

FOLLOW @zyckiUSMC

When a platoon of 2nd Reconnaissance Battalion Marines was pinned down on the rooftops of a small town by guerrilla fighters, a forward air controller called for air support. Hearing gunfire rattling over the radio, Capt. Andrew D. Kingsbury, a UH-1N Huey pilot with Marine Light Attack Helicopter Squadron 467, swooped his gunship into a dive as if to rake enemy positions with fire. Kingsbury pulled out after a couple seconds and continued circling the area; eyes and ears open for signs of trouble.

The platoon called for support several more times during this training scenario at Camp Devil Dog, N.C., Aug. 9, so the platoon could practice calling for air support and the pilots practiced giving it.

"We go out there and we try to maximize training," said Kingsbury. "Any time you're delivering fire for a tactical air control party or a grunt on the ground that's within 100 meters of the target, it's hard and it takes time to develop those skills and refine them."

He said close air support can be difficult because the aircraft and the Marines on the ground have very different perspectives of the target they want to hit. Also, pilots have to maneuver their aircraft to strike within certain restrictions set by the air controller, like a strike moving from north to south. Kingsbury said it's very important to practice the mechanics of coordinating an air strike.

Lance Cpl. Mitchell M. W. Moss, a crew chief on the mission, said the realistic training benefited everyone involved.

"The infantry need to be able to operate as forward air controllers for fixed-wing aircraft and helicopters," said Moss. "They called us out and we gave them a brief flash of what it might be like if they get deployed and they have to call out helicopters for close-air support."

Marines on the ground give gunships in the air targets to attack. After an attack, the gunships orbit the area waiting for more calls and searching for possible targets. The crew chiefs man the door guns and keep their eyes scanning areas where the pilot's field of view is limited.

"This is our bread and butter, this is what we do," said Kingsbury. "It takes time to get good at it."

Kingsbury said keeping cool and thinking actions through no matter the situation is part of providing good at close-air support. Hearing gunfire over the radio gets the blood pumping and adrenaline rushing and the first instinct is to rush to the aid of the Marines on the ground, but the pilots still have to think it through.

"You've got to be able to take a step back real quick and say, 'Hey, hold on, do we have everything in line? Does this make sense?'" Kingsbury said. "Once we pull the trigger for a rocket, that rocket is gone, I can't get that rocket back. That's when a situation can go from bad to worse or from bad to better."



Marines of 2nd Reconnaissance Battalion secure a building at Camp Devil Dog, N.C., Aug. 9. The Marines repeatedly called on aircraft from Marine Light Attack Helicopter Squadron 467 to strike adversaries who were shooting at the building.



Lance Cpl. Mitchell M. W. Moss, left, and Lance Cpl. Ryan M. Bloomer, crew chiefs with Marine Light Attack Helicopter Squadron 467, keep an eye on the helicopter systems and look out for targets on the ground during a training flight above Camp Devil Dog, N.C., Aug. 9.

Engagement skills simulator provides creative supplement to marksmanship training in Kuwait

SGT. RICHARD BLUMENSTEIN

24TH MARINE EXPEDITIONARY UNIT

CAMP BUEHRING, KUWAIT – Exploding flying turkeys and hordes of zombies may sound like the next greatest shoot ‘em’ up video game, but for some Marines from Combat Logistics Battalion 24, these simulations provided an entertaining training tool that allowed them to get some trigger time while away from the ship.

The Engagement Skills Trainer 2000, called EST 2000 for short, gave the Marines a venue to have some fun practicing realistic marksmanship skills, while ashore conducting a variety of exercises in vast, desert training areas.

While exploding turkeys and zombies don’t illustrate the realistic scenarios the EST 2000 initially presented to the Marines for training, it demonstrates the system’s versatility in creating any simulation service members can think of.

“I don’t think of this as a video game, I think of it as a training tool,” said Randy Roller, the EST site lead with the Warrior Training Alliance who set up the training with the Marines. “It’s all limited to the imagination of the trainer. If the trainer can think it, we can come up with a scenario and make it run.”

Using the EST 2000 simulator allowed them to refresh their skills and prepare for small arms, live-fire ranges they were scheduled to conduct a few days later.

The simulations the Marines focused on included firing targets at unknown distances using M-16 and M-4 rifles at distances ranging from 25 to 400 meters away. At the end of each course of fire a screen would appear displaying their hits and misses.

In the scenarios the Marines practiced firing in rapid succession at targets that were programmed to appear randomly. They also dealt with simulated weapons malfunctions so they could practice getting their weapon back in operating order and get back into the fight.



SGT. RICHARD BLUMENSTEIN

Marines with Combat Logistics Battalion 24, 24th Marine Expeditionary Unit, shoot M-16 rifles while training with the Engagement Skills Trainer 2000, Aug. 10, 2012, on Camp Buehring, Kuwait. The Marines are in Kuwait as part of a 24th MEU sustainment training package. The 24th MEU is deployed with the Iwo Jima Amphibious Ready Group as a U.S. Central Command theater reserve force providing support for maritime security operations and theater security cooperation efforts in the U.S. 5th Fleet area of responsibility.

“This situation is more typical of combat because you need to adjust quickly to different targets at different ranges and different shapes,” said 1st Lt. Matthew Strickland, logistics officer for CLB-24. “You need to be able to engage them quickly to maintain the upper hand in the fight.”

According to CUBIC Defense Systems, the parent company of the EST 2000, the system provides a highly accurate and configurable system that helps soldiers to acquire, sustain, and sharpen tactical engagement skills relevant to their mission. The system allows service members to fo-

cus on various marksmanship scenarios, group training up to the squad level, and decision making scenarios that force the service members to decide to shoot, or restrain from shooting.

Simply put, it is similar to a giant video game where the controller is any weapon system ranging from 9mm pistols to a MK-19 automatic grenade launcher, and the scenario can be created to cater to whatever the unit training needs are.

The weapon systems also replicate the sounds of, and have around 70 to 80 percent of, the actual kickback of firing the weapon in real life because of air com-

pressors, said Roller.

“It is definitely a lot better than a video game,” said Lance Cpl. Lee Wade, a field radio operator with CLB-24. “I would rather do this than play Call of Duty.”

The Marines of CLB-24 make up the logistics combat element for the 24th Marine Expeditionary Unit. Many of the 24th MEU’s Marines spent approximately two months at Camp Buehring and the Udairi Ranges in Kuwait conducting a variety of sustainment training exercises while deployed in the U.S. Central Command and 5th Fleet area of responsibility.

'Ugly Angels' commemorate 60 years service



PHOTOS BY CPL. ISAAC LAMBERTH

(Above) CH-53D Sea Stallions with Marine Heavy Helicopter Squadron 362 fly in formation over Helmand province, Afghanistan, Aug. 9. After 60 years of service, the squadron, known as the 'Ugly Angels,' will be deactivated upon returning to their home station at Marine Corps Base Hawaii later this year.

(Right) CH-53D Sea Stallions with Marine Heavy Helicopter Squadron 362 land at Camp Bastion after completing a commemorative flight over Helmand province, Afghanistan, Aug. 9. Known as the 'Ugly Angels,' the squadron flew a mass formation for the last time, commemorating 60 years of service. Upon completion of the deployment the squadron will return to their home base at Marine Corps Base Hawaii.





PHOTOS BY LANCE CPL. IAN M. McMAHON

Lance Cpl. Anthony Conklin drops an illumination round down the barrel of a 60 mm mortar system in support of Marine Fighter Attack Squadron 232 during Exercise Southern Frontier 2012 in Delamere Training Area, Northern Territory, Australia, July 26.

Southern Frontier 2012 starts with a bang

LANCE CPL. IAN M. McMAHON

MARINE CORPS BASES JAPAN

DELAMERE TRAINING AREA, NORTHERN TERRITORY, Australia – Marines and Sailors with Company F, 2nd Battalion, 3rd Marine Regiment, 3rd Marine Division, III Marine Expeditionary Force, participated in bilateral training with the Australian Defence Force and Marine Fighter-Attack Squadron 232 aircraft as part of Exercise Southern Frontier 2012 July 24-26.

Southern Frontier is a bilateral exercise conducted between the U.S. Marine Corps and Australian Defence Force in order to develop greater interoperability and response to regional crises.

“The purpose of this training is to build cohesion between the Marines and the ADF,” said Cpl. Derek Spaulding, a squad leader for the Company F mortar section that participated in the exercise.

The Australian Army facilitated the Marines use of the training area and conducted concurrent operations within the scenario.

The Marines’ role in the exercise was to provide accurate illumination for suppression of targets. To achieve this goal, the mortar crews used two 60 mm mortars to mark the targets.

“The integration of the mortars and the aircraft represents a unique training opportunity,” said Lance Cpl. Alexander Lewandowski, a mortarman with the section. “It was really interesting to see both together.”

Once the mission was received, the Marines jumped into action. Both mortars were set up, and all orders given were relayed by every Marine to ensure none were misunderstood. The accuracy of the mortar crews was paramount, as a miscalculation could cause the pilots to attack the wrong target. When the command to fire was given, the crew braced the mortar systems and kept their heads down.

Immediately after firing a round, the crews quickly prepared the next round. Upon mission completion, the crews cleaned out the barrels of both systems and waited for further orders.

“The training here makes us more well-rounded,” said Lewandowski. “We can work better with the Australians now because we understand how each other operates.”

“Everything has been going great working with the Australians,” said Spaulding. “Being out here and being able to train, especially with the Australians, incorporates a lot of different training we cannot do in the U.S.”

During the remaining months of its deployment to Australia, Company F will conduct bilateral martial arts training, small-unit operations and other combat training with various supporting elements, all in close cooperation with the Australian Army’s 1st Brigade.



Marines with Company F fire an illumination round from a 60 mm mortar for aircraft with Marine Fighter Attack Squadron 232 during Exercise Southern Frontier 2012 in Delamere Training Area, Northern Territory, Australia, July 24. Southern Frontier is a bilateral exercise conducted between the U.S. Marine Corps and the Australian Defence Force in order to develop greater interoperability and response to regional crises. Company F is part of 2nd Battalion, 3rd Marine Regiment, 3rd Marine Division, III Marine Expeditionary Force. VMFA-232 is part of Marine Aircraft Group 12, 1st Marine Aircraft Wing, III MEF.

OPPORTUNITY from page A1

Marines will be treated with respect.”

The majority of the Marines at 2nd LAAD have worked with females over the course of their careers, said Martin. “I don’t think my presence here has affected them. They always greet me with ‘good morning’ or ‘good afternoon, staff sergeant,’ and they continue on with whatever they were doing.”

Females in other professions have jobs that are equally dangerous, and they risk their lives and put themselves in harm’s way every day, added Martin.

“No one ever asks female firefighters and police officers to choose other career paths,” she said.

Gen. Amos’ initiative allows the Marine Corps to begin assigning unrestricted female company grade officers, gunnery sergeants and staff sergeants to artillery, tank, assault amphibian, combat engineer, combat assault and LAAD units, continuing their primary job. Eligible motor transport Marines are currently being assigned, which is how Martin received the assignment.

Since reporting to her new unit, she has assumed duties as the motor transport chief. Martin said she has three motor vehicle operators, six mechanics and four utility Marines working under her charge.

In her 13 years in the Corps, Martin has had her share of experiences. She deployed in support of Operation Iraqi Freedom in 2006, going on convoys and driving trucks about three to four times a week as a vehicle recovery operator.

Due to the demands of her job, Martin said she does not get to interact with her Marines as much as she would like. “If I could, I would be out there working on the trucks with them every day.

“Being here is no different than being a part of any other squadron or unit,” she said.

Lance Cpl. Daniel E. Paxtot, a data clerk with the unit, said he’s optimistic about the new changes.

“Staff Sgt. Martin is very knowledgeable and has experience all Marines can learn from,” he said.

Although Martin is unsure of what the future holds for her at her new unit, she hopes to deploy with them in the future, and plans to stay in the Marine Corps until she retires.

“I never thought I would be here,” she said. “I am honored.”



off-ice (ô'fis, of'is) *n.* Vaguely remembered source of aggravation, tension and/or boredom.

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RIDER COURSE from page A1

advanced class the Marines were required to have taken the basic and experienced riders courses.

“Although the advanced course isn’t required for Marines to take prior to riding a motorcycle, it is still good to get out here and take the class,” said Staff Sgt. Michael J. Habersham, one of the students participating in the class. “This class is an opportunity to get some professional help on improving motorcycle riding skills.”

Code said the two-day course, held only about six times a year, cost more than \$2,400 for civilians to participate. This class was a military specific class that only active duty military could take and was funded by 2nd Marine Logistics Group and Marine Corps Installations East.

The next advanced motorcycle operator school classes will be held aboard the air station Aug. 24-25 and Aug. 27-28. For more information about upcoming course dates, locations and to sign up visit <http://bit.ly/motorcyclerider>.

DOG BREEDS from page A1

personality, testing if the dog shows signs of aggression, and if the animal falls into the banned breed category. Dogs can be denied for suspicion of falling into the banned breed category.

The single exception allowing access of the restricted breeds aboard the air station is veterinary services, but the owners are responsible at all times for controlling the behavior of their pets while on station.

Residents are still only allowed two animals while living in a family house, be it two dogs, two cats or one cat and dog. No animal will be allowed to roam free, and failure to comply may result in eviction.

For questions regarding these Cherry Point policy changes, call PMO Domestic Animal Control at 466-2094.

Restricted dog breeds



Rottweiler



Wolf Hybrid



American Staffordshire Terrier

Operating at sea



PHOTOS BY STAFF SGT. ROBERT FISHER

A CH-53E Sea Stallion with Marine Medium Tiltrotor Squadron 261 (Reinforced), 24th Marine Expeditionary Unit, prepares to land on the flight deck of the USS New York during routine flight operations, Aug. 7. The 24th MEU is deployed with the Iwo Jima Amphibious Ready Group as a U.S. Central Command theater reserve force providing support for maritime security operations and theater security cooperation efforts in the U.S. 5th Fleet area of responsibility.



Marines with Marine Medium Tiltrotor Squadron 261, 24th Marine Expeditionary Unit, secure the rotors of a CH-53E Super Stallion after conducting ground turns on the flight deck of the USS New York, July 28.



PHOTOS BY CPL. BRUNO J. BEGO

Lance Cpl. Brandon A. McNeill, a motor vehicle operator with Combat Logistics Battalion 8, 2nd Marine Logistics Group, gets hit by smoke from a simulated improvised explosive device during a field training exercise aboard Camp Lejeune, N.C., Aug. 1. The troops underwent multiple scenarios from firefights to explosions during the week-long exercise, which was part of the unit's pre-deployment training. The battalion is scheduled to deploy to Afghanistan in the coming months.

Logistics field training exercise presents real-life scenarios

CPL. BRUNO J. BEGO

2ND MARINE LOGISTICS GROUP

CAMP LEJEUNE, N.C. — More than 350 service members with Combat Logistics Battalion 8, 2nd Marine Logistics Group conducted a field training exercises here, from July 30 to Aug. 3.

During the week-long event, troops conducted convoys around the base and endured simulated firefights, improvised explosive devices and medical evacuations, adding realism to each operation.

"The main purpose here is to simulate resupply convoy missions," explained Capt. Luke A. Sauber, commanding officer for Headquarters Company, CLB-8. "That way when the rubber meets the road, and I mean that literally, we are ready to operate as a unit."

The training site located on Onslow Beach consisted of a battalion aid station, a combat operations center, an

armory and a food service facility.

The site resembled a forward operating base in Afghanistan and simulated conditions troops will face once they deploy in the near future. The participants replicated resupply convoys, so they could have the chance to see how one works.

"Our job here is to start integrating and learning how to work together, so that way when we arrive to Afghanistan, we can hit the ground running," Sauber added.

The Marines and Sailors of the battalion are compiled of active and reserve troops that will soon stand up as Combat Logistics Regiment 2. As a regiment, they will deploy in support of International Security Assistance Force operations.

Sgt. Christopher Witt, a combat engineer with the battalion, explained how the realism in this exercise will help the troops adapt quickly to the way everything works dur-

ing their deployment.

"The biggest thing here is the endless amount of scenarios that could happen during a mission," Witt said. "With this type of training, Marines and Sailors know what to do immediately. [It] becomes second nature, and once they actually face a challenge in country they will know what to do."

The battalion has completed their initial pre-deployment training at Battle Skills Training School, and some additional courses such as a machine gunner's course and helicopter support missions.

The battalion is paving the road to a successful Afghan deployment through intensive training. The next challenge for the troops will be Enhanced Mojave Viper held aboard Marine Corps Air Ground Combat Center Twenty Nine Palms, Calif.



Sgt. Bryan N. Butts, a motor vehicle operator with Combat Logistics Battalion 8, 2nd Marine Logistics Group, provides security as his troops recover a simulated casualty after their truck hit an improvised explosive device during a field training exercise aboard Camp Lejeune, N.C., Aug. 1. The troops are preparing for their upcoming deployment to Afghanistan.



Cpl. Justin P. Glover, a wrecker operator with Combat Logistics Battalion 8, 2nd Marine Logistics Group, shows fellow troops how to attach a chain to a Humvee during a field training exercise aboard Camp Lejeune, N.C., July 31.

Racing dragons

Cherry Point Marines participate in annual dragon boat race

LANCE CPL. STEPHEN T. STEWART
MCAS CHERRY POINT

Rowing in unison to the thump of a drum, several teams raced one another prior to turning their focus to an incoming rainstorm during the third annual dragon boat races on the Neuse River in Oriental, N.C., Saturday.

The teams of 20 or so, including some from Cherry Point, arrived to calm water, blue skies and a slight breeze for what seemed like perfect racing conditions. But the combination of rain, wind and being seated in the 20-seat canoe like dragon boat didn't mix, causing two boats to tip over.

"The waves were a little choppy when we started," said Jen Krivohlavy, the Single Marine Program coordinator for Cherry Point. "We wanted to give every team a chance to race before the storm moved in."

Along with two Cherry Point teams, the "Chesty Pullers" and the "28 Spartans," several other Marines came out with the SMP to participate on teams from the local community.

The Chesty Pullers took 2nd place in the first race of the morning. Immediately following, a second trio of boats were in the water heading to the starting line. The races were fast paced and started one after another.

Eighteen races were scheduled during the competition that was planned to be an all day event.

The heavy rain and wind really set in on the teams in the final race and less than one minute into it, one of the teams flipped over leaving the 20 on board standing in chest deep water fighting to get back to shore.

Less than 30 seconds later a second boat tipped. With two teams in the water, the wind, rain and waves getting worst, the competition ended.

Despite the harsh weather, Lance Cpl. Fernando Torres, a field wireman with Marine Wing Communication Squadron 28, said he had a lot of fun.

"I hope next time there isn't a storm and we get to race more," he said.



A Marine with Marine Wing Communication Squadron 28 from Cherry Point acts as a pace keeper for one of the teams participating in the dragon boat races on the Neuse River, Saturday, in Oriental, N.C. The pace keeper beats a drum so the rowers stay on the same beat to help guide the boat through the water faster.

RIGHT: The "Chesty Pullers," a dragon boat racing team of Marines from Marine Corps Air Station Cherry Point, N.C., paddle through the Neuse River Saturday, at Oriental, N.C. The dragon boat races were cut short after a storm moved in on the participants causing two boats to tip over.

RIGHT: The front of the "Chesty Pullers" dragon boat as they push it into the Neuse River for a boat race Saturday, at Oriental, N.C.



Photos by
Lance Cpl.
Stephen T.
Stewart



Three teams participating in a dragon boat race on the Neuse River, line up at the starting line Saturday, in Oriental, N.C. Immediately following the first race, the second trio of boats was in the water heading to the starting line.



CHERRY POINT MESS HALL

HOURS OF OPERATION

Monday-Friday

Breakfast 6-8 a.m., Lunch 11 a.m.-12:45 p.m.,
Dinner 4-6 p.m.

Saturday-Sunday/ Holiday Hours

Breakfast/Lunch 8:30-11 a.m.,
Dinner 3-5 p.m.

FAST FOOD LINE

Monday-Friday

Breakfast 6-8 a.m., Lunch 11 a.m.-1 p.m.,
Dinner 4-6 p.m.

Breakfast Menu

Assorted fresh fruit, assorted hot and cold cereals, fried eggs and omelets to order, scrambled eggs and hard cooked eggs, grill special, pancakes, French toast or waffles, breakfast potatoes, breakfast meats, creamed beef or sausage gravy, assorted muffins, breads and breakfast pastries.

Specialty Bar Menu & Blendz

Tuesday and Thursday Lunch (Blendz) - Chicken caesar salad, banana-strawberry yogurt, Chinese chicken salad, banana blackberry yogurt, Southwest flank steak salad, banana peach yogurt, antipasto salad, banana pineapple yogurt, Asian chicken chopped salad, banana mango yogurt, Asian beef chopped salad, banana blueberry yogurt, Savannah fried chicken salad, Southwest chicken strip salad, chef salad bowl, Buffalo chicken salad, turkey club salad, beef fajita salad, BLT club salad.

Monday - Pasta primavera, lasagna, chicken rotini casserole, baked ziti with four cheeses, meatballs, baked Italian sausage, boiled rigatoni, boiled spaghetti, simmered ziti, simmered linguine, simmered fettucini, simmered penne rigate, simmered rotini, Italian meat sauce, alfredo sauce, caesar salad, toasted garlic bread and breadsticks.

Wednesday - Chicken enchiladas, taco beef filling, burritos, Mexican rice, refried beans with cheese, Mexican corn, shredded lettuce, diced tomatoes, chopped onions, sliced jalapeno peppers, taco shells, flour tortillas, taco sauce, salsa, sour cream.

Friday - Wings of fire, honeyed BBQ wings, teriyaki wings, French fried chicken wings, French fried garlic fries, corn on the cob, baked beans, carrot sticks, celery sticks, blue cheese dressing, ranch dressing.

Weekly Menu

Thursday August 16

Lunch - Green chili and corn stew, Indian spiced roast chicken, long grain and wild rice, steamed broccoli, Harvard beats and chicken and rice soup
Dinner - Lemon chicken, Salisbury steak, oven brown potatoes, Spanish rice, sauteed mushrooms and onions, southern-style greens, brown gravy and bean with bacon soup

Friday August 17

Lunch - Baked fish with Spanish topping, chicken and cheese enchiladas, golden jewel multigrain blend, Yucatan style rice, steamed vegetable medley, herbed green beans and New England fish chowder
Dinner - Stuffed green peppers, grilled bratwurst, steamed rice, Lyonnaise potatoes, sauteed zucchini, German sauerkraut and Louisiana seafood gumbo

Saturday August 18

Lunch - Mesquite roasted pork loin, chicken provencal, red beans with rice, Italian roasted potatoes, mixed vegetables, broccoli polonaise and lentil vegetable soup
Dinner - Grilled steak, asian barbecue turkey, baked macaroni and cheese, baked potatoes, steamed baby carrots, asparagus and Mulligatawny soup

Sunday August 19

Lunch - Honey barbecue chicken, vegetable lasagna, Fraconia potatoes, Italian vegetable blend simmered pinto beans and Minnesota wild rice soup,
Dinner - Beef and corn pie, French fried shrimp, French fried fish, tater tots, turnips and bacon, vegetable stir fry and cabbage and white bean soup

Monday August 20

Lunch - Pepper steak, turkey Monterey roasts, rosemary red potatoes, steamed rice, wax beans creole, stewed chick peas and zucchini, Southwestern corn chowder
Dinner - Veal parmesan, Tex-Mex chicken and rice, penne rigate noodles, scalloped cream corn, broccoli and red peppers, Spanish chorizo and potato soup

Tuesday August 21

Lunch - Linguini with clam sauce, bayou chicken, rissole potatoes, mashed cauliflower, sauteed green beans and mushrooms, beef with vegetables and barley soup
Dinner - Country fried steaks, baked turkey with noodles, mashed potatoes, creamed ground beef, peas, squash and carrot medley, bean with bacon soup

Wednesday August 22

Lunch - Chicken piccata, bayou jerk pork loin, Chipotle roasted sweet potatoes, islander's rice, steamed spinach with garlic, Lyonnaise carrots, mango and black bean salsa, cream of mushroom soup
Dinner - Hungarian goulash, Creole shrimp, Brussels sprouts, parmesan, corn, chicken tortilla soup

Welcome to Your

CHERRY POINT

messhall

The Mainline

served to the left

blendz

yogurt smoothies & salads

served to the right

The MainLine is open everyday

blendz is available at lunch on Tuesdays & Thursdays!

Boating Safely:

– Things to Know Before You’re Out on the Water –

CONTRIBUTED ARTICLE

SAFETYATHOME.COM

It’s summer! And with summer comes all kinds of fun opportunities to enjoy the outdoors, including boating. When the sun is on your face, the wind is in your hair and the spray is keeping you cool, it’s easy to leave safety behind. But according to the United States Coast Guard, there were 709 fatal boating accidents and over \$54 million dollars in damage in 2008 due to boating accidents.

The number one cause of fatalities? Nearly two-thirds were caused by drowning and of those, 90 percent were not wearing a life jacket.

Universal Life, a global independent safety science company with more than 40 years of technical expertise in personal flotation device testing, offers this safety information if you find yourself with the lucky opportunity to get out on a boat this summer.

5 Things to Know Before You Go

Be prepared: Have at least one U.S. Coast Guard-approved/UL-listed personal flotation device for each person on board and make sure each life jacket is appropriate for each passenger’s height and weight. Life jacket requirements and information can be found at <http://www.uscgboating.org/>.

No substitutions allowed: Remember that inflatable swimming aids such as toys, rafts, water wings, ski jackets or belts and other devices can easily puncture and deflate, and are not approved by the U.S. Coast Guard or certified by UL as a life safety device. These items are essentially toys and should not be used as a substitute for a PFD.

Do not overload your boat: Capsizing and falls overboard are the most common causes of fatal accidents and account for more than half of all boating fatalities. Pay attention to the capacity label on your boat and be careful not to overload small boats with passengers and/or gear.

Inspect your boat like you do your home: Ensure that the fuel pump is sturdy and contains no cracks. Inspect the bilge pump to ensure all fuel build-up has been cleared and no cracks have developed.

Take a safety course: Approximately 90 percent of all reported fatalities occurred on boats where the operator had not received boating safety instruction. If you own or plan on operating a boat, contact the local office of the U.S. Coast Guard to learn more about taking a boating safety course.

Drink responsibly: Alcohol was listed as the leading contributing factor in fatal boating accidents in 2008. Sun and dehydration can heighten the effects of alcohol, so be aware and drink responsibly.

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NOW SHOWING

Thursday, August 16

6:00pm - Abraham Lincoln: Vampire Hunter R

Friday, August 17

5:00pm - The Amazing Spider-Man PG 13

8:00pm - Magic Mike R

Saturday, August 18

2:00pm - Brave PG

4:30pm - The Amazing Spider-Man PG 13

7:30pm - Magic Mike R

Sunday, August 19

2:00pm - The Amazing Spider-Man PG 13

Tuesday, August 21

6:00pm - The Little Mermaid G

Wednesday, August 22

6:00pm - That's My Boy R

MOVIE SYNOPSIS

Abraham Lincoln: Vampire Hunter - Abraham Lincoln: Vampire Hunter explores the secret life of our greatest president, and the untold story that shaped our nation.

The Amazing Spider-Man - Starring: Andrew Garfield, Rhys Ifans, Emma Stone. Peter Parker, an outcast high schooler who was abandoned by his parents, is set on a collision course with The Lizard, while making life-altering choices to use his powers and shape his destiny to become a hero.

Magic Mike - Starring: Channing Tatum, Alex Pettyfer, Matthew McConaughey. Set in the world of male strippers, Mike takes a young dancer called The Kid under his wing and schools him in the fine arts of partying, picking up women, and making easy money.

Brave - Starring the voices of: Kelly Macdonald, Billy Connolly, Emma Thompson. Merida is a skilled archer and impetuous daughter of King Fergus and Queen Elinor . Determined to carve her own path in life, Merida defies an age-old custom sacred to the uproarious lords of the land: massive Lord MacGuffin, surly Lord Macintosh and cantankerous Lord Dingwall.

The Little Mermaid - Starring the voices of: Hamilton Camp, Ed Gilbert, Susan Boyd. Animated screen version of Hans Christian Andersen's story of a mermaid named Ariel, who falls in love with an earthly prince.

That's My Boy - Starring: Adam Sandler, Andy Samberg, James Caan. While still in his teens, Donny fathered a son, Todd, and raised him as a single parent. Now, after not seeing each other for years, Todd's world comes crashing down on the eve of his wedding when an uninvited Donny suddenly shows up.

Movies are subject to change without notice

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THE LOCAL BUZZ

Announcements

► Indicates new announcement

► **Back to school conference**

Craven Community College will host a Back to School Youth conference Saturday from 8 a.m. to 3 p.m. at Orringer Auditorium. The conference is for children entering 5th grade to 12th grade. The event will be free and lunch will be provided.

For more information call 636-4900.

Greenville-Pitt County 8K Road Race

Greenville-Pitt County will host an eight-kilometer road race at East Carolina University, Aug. 25.

The race includes a one-mile fun run or walk, and can be run individually or as a two-person team.

For more information, or to register, visit the official race website at <http://runtheeast.com>.

► **North Carolina Grill Masters Tournament**

Compete head to head for the ultimate title of grill master at Carteret Community College, Sept. 1, from 11:00 a.m. to 6:00 p.m.

Proceeds will benefit wounded warriors and the American Cancer Society.

Price of admission is \$5.00 per person.

For more information, call 503-5739.

► **2012 Sounds for your Spirit Riverfront Music Festival**

The “Sounds for your Spirit” music festival and Labor Day celebration will be held at the New Bern Riverfront Convention Center, Sept. 3.

The festival is open to all ages and begins at 1:00 p.m.

General admission is \$28.00.

For more information, call 240-694-6808.

Impress Me Talent Show

Cherry Point’s Marine Corps Community Services is hosting the “Impress Me” talent competition. Registration is \$10.00 per person and continues now through Sept. 4. Auditions are Sept. 5 - 6.

Semifinals are Oct. 4 and the finale is Oct. 12. First place winner takes home a \$500 Marine Corps Exchange gift card. Register locations are the Roadhouse, MCCS building 400, or online at <http://cpimpressme.eventbrite.com>.

For more information, call 466-2905.

Carteret Homecoming Family Fun Festival

Hot dog cookoff, pie contests, battle of the bands, children’s games, tug-of-war contest, petting zoo, antique car show, music from local bands and more will be found at the Sept. 8 “Ole Time” festival. The festival is located at Camp Albemarle in Newport, N.C., and will last from 10 a.m. to 7 p.m.

For more information, call 762-4848 or visit the event website at www.facebook.com/carterethomecoming.

► **Flag Football League**

The New Bern Parks and Recreation is offering a four-on-four flag football league that will begin, Sept. 9. All games will be played at Kafer Park.

Register now through Sept. 4 at the Stanley White Recreation Center or online at www.newbern-nc.org

Teams are limited to eight people per team at \$25.00 per person.

For more information, call 639-2907 or visit frietast@newbern-nc.org.

► **The Rainmaker**

The New Bern Civic Theatre opens with “The Rainmaker,” Sept. 14.

The classic will run from Sept. 14 to 23 on the historic Athens Theatre stage.

Pay admission in advance for \$17 or pay \$19 at the door.

Students and active duty military admission is \$10 with photo ID.

For more information, visit www.newberncivictheatre.org.

► **Military Fun Day**

Carteret County Chamber of Commerce Military Affairs Committee will be hosting a “Military Fun Day,” Sept. 14, from 9:00 a.m. to 3:30 p.m., at Cape Lookout National Seashore and Core Sound Waterfowl Museum and Heritage Center.

Events include ferry rides to Cape Lookout, the movie, “A Ribbon of Sand,” Climb the Cape Lookout Lighthouse, crafts, decoy carving demonstration, door prizes, pork chop cookout and more.

Registration is \$10.00 per person and starts Sept. 4.

Operation Ball Gown Accepting Dresses

Gently used gowns are being accepted for “Operation

Ball Gown” scheduled, Sept. 28.

Drop-off locations are Marine Corps Family Team Building and the Whistle Stop Thrift Shop aboard the air station, and Intimate Bridal in Morehead City.

For more information, call 466-4637.

Tours of Cedar Grove Cemetery

Craven Chapter of Questers International and the New Bern Historical Society will provide tours of Cedar Grove Cemetery through November.

Tours offer glimpses into the lives of more than two centuries of New Bernians. Tickets are \$10 and can be purchased at the New Bern Historical Society, Monday through Friday from 9:30 a.m. - 4:30 p.m. or at the gate prior to the tour.

All tours begin at 4 p.m., with one being held Saturday. Other tour dates are as follows:

- August 11, 18, 25
- September 1, 8, 15, 22, 29
- October 6, 13, 20, 27
- November 3, 10, 17, 24

For more information, call 635-1374.

Free Annual Passes for National Parks

The National Park Service is currently giving away annual passes for national parks in North Carolina and many other states to active duty service members and their dependents.

For more information, call 910-867-8151.

Marine and Family Programs

Marine, Family Programs Office Numbers

The Family Member Employment Program, Transition Assistance Management Program, Relocation Assistance Program and accredited financial counselors can be reached at 466-4201.

- Child Development Resource and Referral – 466-3595.
- Library – 466-3552.
- LifeLong Learning – 466-3500.
- Military Family Life Consultant – 876-8016.
- Retired Activities – 466-5548.

Now in Building 87

- Exceptional Family Member Program – 466-3305.
- Sexual Assault Prevention and Response Program – 466-5490.
- Substance Abuse Counseling – 466-7568.
- New Parent Support Program – 466-3651.
- Family Advocacy Program – 466-3264.

Budget for Baby

The Navy-Marine Corps Relief Society offers Budget for Baby classes.

To register, call 466-2031.

Breastfeeding Class

The Navy-Marine Corps Relief Society offers free breastfeeding classes to expectant mothers.

The purpose of the class is to help prepare the mother to be ready and confident to breastfeed once the baby arrives.

To register, call 466-2031.

Veterans’ Assistance

A representative from the Veterans Affairs Office visits Cherry Point each Thursday in building 4335. Call 466-4201 for assistance.

Monthly and Weekly Events

Courage to Change

Cherry Point and Havelock Courage to Change support group is for friends and families of people who suffer from alcoholism. Meetings are held at St. Paul’s Lutheran Church in Havelock, Tuesdays at 7 p.m.

For more information, call 241-6155 or 670-6236.

Al-Anon Family Group Meeting

Al-Anon family group meetings are held Tuesdays at 8 p.m. for family members and friends of individuals with possible alcohol problems. Meetings are held at Havelock First Baptist Church.

For more information, call 447-8063

Courage to Change

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For more information, call 241-6155 or 670-6236.

Cycle Classes

Cycle classes are held every Tuesday and Thursday at the Semper Fit Center aboard the air station at 11 and 11:50 a.m.

For more information, call 466-1147.

Water Aerobics

Water aerobics classes are held every Tuesday and Thursday at the Cedar Creek Pool aboard the air station at noon.

For more information, call 466-1147.

Dart Tournament

Weekly dart tournaments at the Road House restaurant and recreation facility are held Thursdays at 8 p.m.

For more information, call 241-6155 or 466-3044.

Domestic Violence Victims

Support groups for victims of domestic violence are provided by the Carteret County Domestic Violence Program. The group meetings are held every Wednesday at 6 p.m.

For more information, call 728-3788.

Marine Corps League Meetings

Cherry Point’s detachment of the Marine Corps League meets the third Tuesday of each month at Miller’s Landing at 7 p.m.

For more information, call 515-1175.

Disabled Veterans

Chapter 26 of the Disabled American Veterans meets the third Tuesday of each month at the Senior Center in Havelock at 7 p.m.

For information, contact Ancil Jones at 622-5245

Basic Budgeting

Learn basic financial management skills in room 159 of the Training and Education building.

The classes for 2012 will be held Aug. 9, Sep. 6, Oct. 11, Nov. 6 and Dec. 6, at 9 a.m.

For more information, call 466-4201.

Hotlines

2nd MAW Command Inspector General
466-5038

Station Inspector
466-3449

Fraud, Waste and Abuse

If you know of or suspect any fraud, waste or abuse aboard MCAS Cherry Point, call 466-2016.

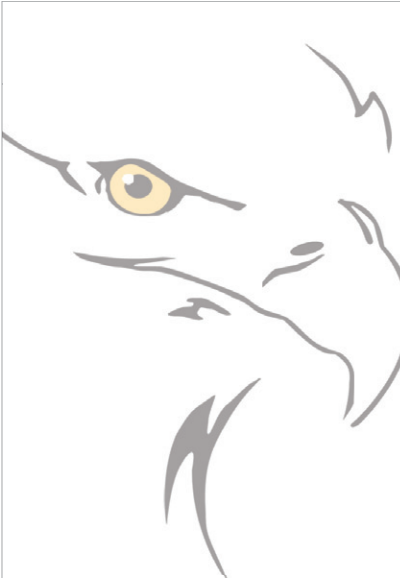
This line’s automated answering service is available 24/7.

Sexual Assault

This procedure is not to replace calling 911 if you are in immediate danger. Immediately call 665-4713, which is monitored 24/7. The person answering the call will help you decide the next steps to take. You may remain anonymous.

Severe Weather and Force Protection Information

Cherry Point personnel call 466-3093.
FRC East personnel call 464-8333.
DDCN personnel call 466-4083.



Progressive surveillance: Part 2

More sophisticated surveillance is likely to be accomplished over a long period of time.

This type of surveillance tends to evade detection and improve the quality of information. Some terrorists perform surveillance of a target or target area over a period of months or even years.

Public parks and other public gathering areas provide convenient venues for surveillance because it is not unusual for individuals or small groups in these areas to loiter or engage in leisure activities that could serve to cover surveillance activities.

If you observe suspicious activities, call Cherry Point Emergency Dispatch at 466-3616 immediately.

OPERATION EAGLE EYES

Off Limits

MCAS CHERRY POINT AREA

98 CENT ONLY STORE
(BIG DADDY) WESLEY’S GROCERY
COASTAL SMOKE SHOP
EXPRESSIONS
FRIDAY’S NIGHT CLUB (AKA CLUB INSOMNIA, CLUB CLASSICS, INFINITY LOUNGE)
H&D EXPRESS AKA CITGO
NADINE’S FOOD MART
SUPER EXPRESSWAY
TOBACCO OUTLET (HAVELOCK AND NEW BERN)
TOBACCO SHOP & GIFTS (BEAUFORT AND NEW BERN)
TOBACCO TOWN
TOBACCO SHOP (NEWPORT AND NEW BERN)
TWIN RIVERS (NOT THE MALL)
WHITE SANDS CONVENIENCE STORE

MCB CAMP LEJEUNE AREA

BELL AUTO SALVAGE II
DASH-IN
DISCOUNT TOBACCO
D’S DRIVE THRU
D’S QUICK MART
EXPRESS WAY
KINGS DRIVE THRU
LAIRDS AUTO & TRUCK CENTER
MOE’S MART
NEW YORK TOBACCO CENTER
ONE STOP SHOP
SMART BUY
SMITTY’S R&R
TOBACCO FOR LESS
TOBACCO HOUSE CIGARETTE CENTER
TOBACCO LEAF
VETERANS AFFAIRS SERVICES