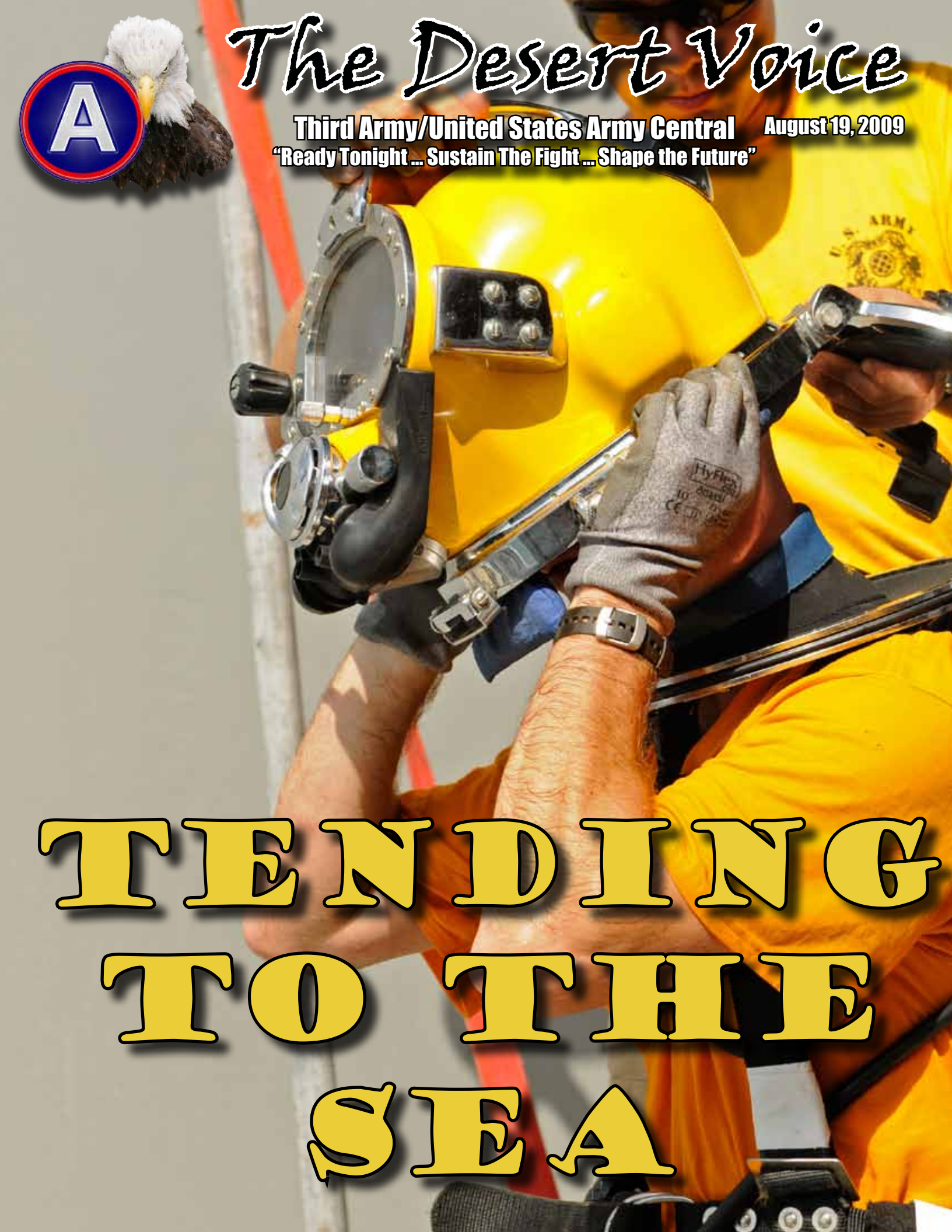




# *The Desert Voice*

**Third Army/United States Army Central**    **August 19, 2009**  
**"Ready Tonight ... Sustain The Fight ... Shape the Future"**

A close-up photograph of a soldier wearing a bright yellow protective suit and helmet. The helmet is equipped with a night vision device and a communication system. The soldier is wearing grey gloves and a watch, and is holding a rifle. The background is a plain, light-colored wall.

**TENDING  
TO THE  
SEA**

# DV

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Engineers gear up for deployment with help from Third Army

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Family reunites when son deploys to Kuwait

### Page 8

Dive team receives awards for environmental work



## On the cover

A tender places a dive hat on the diver's head in preparation for a deep sea dive. For the full story see page 6. (Photo by Spc. Alicia Torbush)

## Contact us

Comments, questions, suggestions story ideas? Call the Desert Voice editor at 430-6334 or e-mail at [desertvoice@arifjan.arcent.army.mil](mailto:desertvoice@arifjan.arcent.army.mil).

# Message from CG and CSM Honoring Ramadan...



COMMANDING GENERAL  
THIRD ARMY  
UNITED STATES ARMY CENTRAL  
CAMP ARIFJAN, KUWAIT  
APO AE 09306

August 10, 2009

To the Third Army/USARCENT Team,

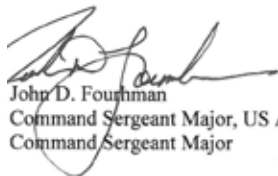
The evening of 21 August 2009 marks the beginning of the holy month of Ramadan, a Muslim period of fasting that lasts until 19 September this year. Ramadan is a month-long celebration of Allah's/God's revelation of the Qur'an (the Muslim Holy Book) to the Prophet Muhammad, which occurred in the year 610 AD (or CE, for "Common Era," to non-Christians). During Ramadan, observant Muslims will not eat, drink, use tobacco, or have intimate relations during the hours of daylight. This period, during which they are not to have impure thoughts or commit impure acts, is intended to foster personal reflection, spiritual growth, charitable acts toward the poor, gestures of peace, and grateful worship of Allah. Many religions practice similar periods of prayer, fasting and reflection.

Our host nations of Kuwait and Qatar, like most other nations in our Area of Responsibility (AOR), are predominantly Muslim countries. In fact, nine of the top 20 largest Muslim populations in the world fall within our AOR. We expect every member of the Third Army/USARCENT Team to be aware of and respect the rules of Ramadan in public when off-post, even when traveling in an automobile. To break these rules is often a violation of host nation law, as in Kuwait, but what is most important is that we show *respect* to the sacred beliefs and practices of our hosts.

With the setting of the sun each evening during Ramadan, the restrictions are temporarily lifted. On 16 September—the twenty-seventh night of Ramadan this year—Muslims will observe Lailat al-Qadr ("The Night of Power"), commemorating the night of the revelation of the Qur'an to the Prophet Muhammad. Muslims mark the end of Ramadan with the celebration of Eid al-Fitr, beginning on 20 September this year. Eid al-Fitr is a three-day holiday of feasts, family gatherings and the giving of gifts.

Third Army/USARCENT is a disciplined team with a proud history. Continue to show personal discipline and respect to our hosts during the month of Ramadan. Our behavior sends a strong message about our *Team*, and it shows our Muslim partners everywhere that we are respectful and reliable friends. As we begin the second half of the summer, continue your focus on the *Mission*, continue to take care of your *Soldiers* and their *Families*, and maintain the great level of *Teamwork* that we will build upon during LUCKY STRIKE.

Patton's Own!

  
John D. Fourhman  
Command Sergeant Major, US Army  
Command Sergeant Major

  
William G. Webster  
Lieutenant General, US Army  
Commanding

# DV

The  
Desert  
Voice

Volume 30, Issue 57

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Find us online at [www.arcent.army.mil](http://www.arcent.army.mil).

Third Army Commanding General  
Lt. Gen. William G. Webster  
Third Army Command Sgt. Maj.  
Command Sgt. Maj. John D. Fourhman  
Third Army Public Affairs Officer  
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20th Public Affairs Detachment Sergeant  
Staff Sgt. Jarod Perkioniemi  
20th Public Affairs Detachment  
Sgt. Brooks Fletcher  
Spc. Elayseah Woodard-Hinton  
Spc. Alicia Torbush  
Pvt. Howard Ketter

<http://www.youtube.com/user/dvidshub?blend=2&ob=1>

THIRD ARMY A





## Got Calcium?



**Capt. Kate Schrumm R.D.**  
**Third Army Surgeon's Office**

**D**espite the “Got Milk?” ad campaign and the “milk your diet” slogan, many people are still not getting the recommended 3 servings of dairy per day.

Limiting dairy products can cause calcium and vitamin D deficiency if you are not getting these nutrients from other sources. If this occurs for a long time, it can lead to bone loss, osteoporosis and fractures as we age. Bone cells are constantly turning over so they need to be nourished like any other tissue in our body. Peak bone mass occurs around age 30 and decreases slowly over the following decades. If you are in your 20s you should be maximizing your bone mass with weight bearing activity and adequate Calcium and Vitamin D intake. If you are over 30, you should be doing the same things to minimize bone loss through adulthood. An adult needs about 1,000 mg of calcium per day. If you drink 4 yellow cap skim milks, this will provide 880 mg of calcium and only 240 calories.

You can get Vitamin D from about 15 minutes of sun exposure, but most of us are too covered by our uniforms and clothes to get this benefit so we have to get this nutrient from our food. Good sources of Vitamin D include milk, salmon, tuna, eggs, liver and foods fortified with Vitamin D like breakfast cereals.

Many people cannot drink plain milk, but can tolerate cheese and yogurt. At home you could try Lactaid milk which is regular milk with an enzyme added to decrease the lactose content. Here in Kuwait, you can try soymilk from the Dining Facility which is lactose free. Many people are scared to try soymilk given that it comes from a plant, not an animal.

Whether you choose regular milk, soymilk or yogurt to meet your calcium needs, aim for three 8-ounces servings per day. Decrease other caloric beverages like soda, sweet tea and juice to make sure you do not exceed your daily calorie limits. 



## Electric Safety



**“E**lectricity is a source that evades the normal sensory mechanisms many utilize to identify dangers; scents, flavors, sounds and observations. For all intents and purposes electricity is invisible and it can be fatal.”

The Occupational Safety and Health Administration statistics have shown that several hundred deaths occur annually as a result of electrical shock. Over one-half of these deaths are the result of contact with low voltage, primarily 120-volts.

Their studies have shown some of the most common causes of electrical accidents are improper grounding, loose connections, unguarded live parts and failure to de-energize electrical equipment when it is being repaired or inspected. \

Several of these causes you may have encountered at your work station, living quarters or even social environments. Accordingly ensure you identify these circumstances and incorporate an action to eliminate the hazardous action or environment.

Electric shock can be experienced through a myriad of effects, let's look at a common phenomenon we all experience; the sweat on your body.

When water creates moisture in the air or on the skin, it can change the body into a conductor. Hence a nominal tingle to an abrupt cardiac arrest can be your consequence the next time you plug in the coffee pot after your workout session.

Take into account the purchase of a coffee pot without the frayed electrical cord will cost less than the hospital expense you will have to expend.

Increase your chance to evade injury with a few simple actions; use Personal Protective Equipment when performing any work with power equipment, move electrical cords from passage ways to retain the insulated characteristics of the configuration and relinquish the activities of becoming a “self-proclaimed” electrician.



**Ready Tonight**  
**Sustain the Fight**  
**Shape the Future**

**Third Army/U.S. Army Central**

# Third Army helps gear up the 19th Engineers Bn.



Photo by Air Force Master Sgt. Charles M. Wade

**Soldiers from the 19th Engineer Battalion “ground” their gear and form up as their platoon sergeant gives them instructions for processing through Manas Air Base, Kyrgyzstan. The Soldiers deployed to Afghanistan from Fort Knox, Ky.**

**Article by  
Pvt. Howard Ketter  
20th Public Affairs Detachment**

**T**he 19th Engineer Battalion deployed to Afghanistan with less than mission-capable, or Code F maintenance-required equipment.

They are now working with a combination of new and contracted equipment as it is prepared and shipped to them by the 2nd Battalion, 401st Army Field Support Battalion.

“We have been working on getting their equipment moved since May, and we are not done yet,” said Maj. Kevin G. Wooley, Third Army Mobility Air Cell.

Equipment provided in theater was reset by the 2-401st AFSB at Camp Arifjan, Kuwait. The 2-401st also received the equipment from the continental U.S., helped armor it and assisted in moving the equipment to the 19th Engineers.

“They coordinated shipment of radios, radio enablers and other

civil engineering equipment,” said Charles Nordan, logistics management specialist, Third Army Equipment Distribution Branch. “Also, the 3rd Battalion, 301st AFSB in Afghanistan is receiving and issuing equipment to the 19th Engineers as well as providing temporary CE equipment currently there.”

Because the 19th Eng. Battalion has some very large pieces of equipment, that require a lot of special handling, Third Army has stepped in to assist.

Nordan said the 2-401st have over 33 pieces of equipment to repair and get to the 19th Engineers.

“And [their equipment] is very difficult to move either along the Pakistan Roads or by air,” added Wooley.

Wooley added that preparing and sorting out pieces, that will be moved via surface or air, is an issue.

That determination is based on the mission analysis by the unit and then the overall priority for

the air movement by U.S. Forces-Afghanistan, balanced against the availability of air frames to move the equipment based on the physical characteristics of the equipment.

“The extra level of difficulty is that after the vehicles are up armored, their dimensions have changed and we have had to work through air certification issues with almost every piece of equipment, which is already big and hard to move,” said Wooley.

Third Army and its down-trace units are still working hard to fully equip and repair the 19th Engineer Battalion.

Third Army’s work is helping uphold their motto; Ready Tonight, preparing the unit to be ready for the mission, sustaining the fight by supplying them with temporary equipment needed, and once they’re equipped the 19th Engineers will help in shaping the future of current and upcoming operations here in theater. **A**



# A family affair: parent and child reunite

Article by  
2nd Lt. Curtis Tuggle  
1st Bn., 43rd ADA

**T**he Delta Battery bus was en route to the battery's work site one morning in the first week of the deployment when the guard at the front gate of the airfield signaled the driver to stop the bus and wait while she walked closer. Her eyes became wide with excitement. This would not be a routine security check. She knew the bus belonged to Delta Battery, 1st Battalion, 43rd Air Defense Artillery, and she was not going to let it proceed until she got a kiss from one special Soldier.

Certainly, she had never reacted this way when Alpha's bus approached the gate.

"Is Christopher on the bus?" she asked the driver.

Before she could get a verbal response, Spc. Christopher Wolfe leaned his head out the window and waved for his mother's attention. In the next minute or so she kissed her son for the first time in about two years -- the first time since he left home to begin his active duty Army contract. There was an attempt at a hug -- as much of a hug as possible, separated by a bus -- and promises to see each other at more convenient times in the near future.

That brief encounter and the rest of this deployment are the intersection of the separate paths taken by Christopher and his parents, Glenda and Steven Wolfe, both of whom work for the Department of Defense at Camp Arifjan, Kuwait. The fact that all three work here, some 7,000 miles from the many places they have called home, is a result of equal parts coincidence, good luck, determination, and good planning.

"It's an exhilarating feeling," said Christopher, Delta battery's Chemical Biological Radiological and Nuclear NCOIC, while visiting with his parents at the Zone 6 Morale, Welfare and Recreation building. "Not many Soldiers can say that they have their families with them on a deployment."

Glenda and Steven, who have been married since 1984, each come from military backgrounds. She is a Soldier's daughter and was born at Fort Polk, La.; he is the son, grandson and great grandson of Soldiers and

he achieved the rank of sergeant first class before retiring in 1995 after 15 years of service. Glenda began working for the DoD in Germany while her husband was stationed there on active duty. She was in school to earn the first of four degrees that include a Bachelor of Science in criminal justice, a Bachelor's of Arts in sociology and a master's degree. She worked for the Veterans' Administration in Georgia after Steven retired from the Army and began working a civilian job there. After retiring, Steven landed his own job with the DoD, which meant that he and his wife would be guaranteed to stay together while working in different parts of the world.

Not long after Christopher enlisted in the Army, his brother, Steven Jr., was deployed to Iraq.

The harsh reality was obvious: There was a chance that Glenda and Steven would have two sons deployed at the same time, a time when American troops still face hostilities.

"Being retired Army, the whole thing didn't phase me as much as it did my wife," said Steven.

So with two sons now in the Army, Glenda, in July 2008, took a job in Kuwait with installation access with the intention of being close to one son in Iraq, and with the hopes of someday being close to her other son. Around the same time, Steven was hired as the manager of Project Management Operations.

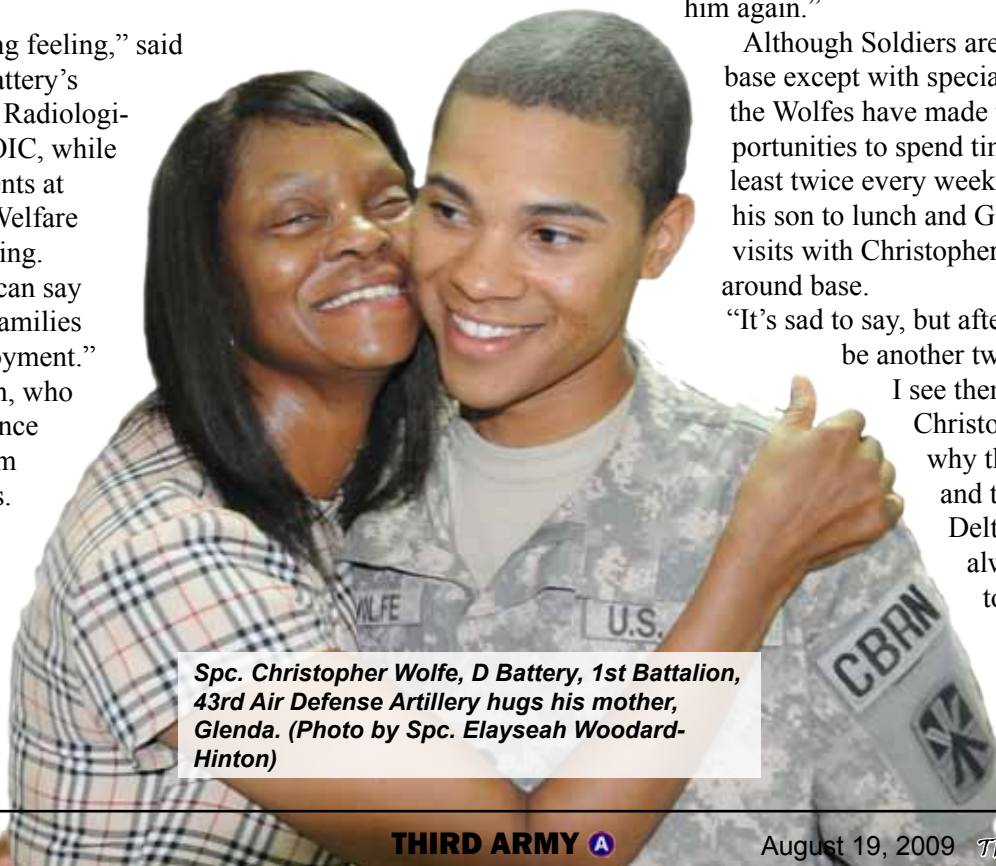
Less than three months later, Christopher called his parents with the news: He would be deploying with D. Battery 1-43 Bn. to Kuwait in the Spring of 2009.

"When he called me, I cried for joy," said Glenda.

"This is my baby, and I was going to be near him again."

Although Soldiers are unable to leave base except with special permission, the Wolfes have made the most of opportunities to spend time together. At least twice every week, Steven takes his son to lunch and Glenda often visits with Christopher at public places around base.

"It's sad to say, but after this, it could be another two years before I see them again," said Christopher. "That's why this deployment and this time with Delta Battery will always be special to me. When I spend time with my parents, I feel like I am home." 



**Spc. Christopher Wolfe, D Battery, 1st Battalion, 43rd Air Defense Artillery hugs his mother, Glenda. (Photo by Spc. Elayseah Woodard-Hinton)**

**T**he Army has expanded its capabilities beyond serving as just a land force; Soldiers are capable of responding to missions in both the air and sea.

An example of the Army's mission capabilities can be found within the 86th Engineer Dive Team. The 86th Engineers workspace is much different from most; the small but specialized group of divers, who are currently deployed to Kuwait, spend much of their time on boats and in the water.

"We are the only dive asset the Army has in the Iraq theater of operations, to include Kuwait and the Gulf," said Staff Sgt. Weston Cox, diving supervisor, 86th Engineers.

Since 86th Engineers are the only Army dive team in theater, their days are filled with taking on assignments and training to stay mission ready.

"We're busy all the time," said Cox. "It's a big mission, it's not just Iraq, we have a mission out here in the Gulf as well, and some of the surrounding countries. We always have guys out; we've got people pretty much rotating in and out all of the time."

The members of the team are classified as both divers and engineers, many of their missions consist of supporting bridging operations, where they conduct maintenance on bridges and make sure bridging sites are safe. Other missions include reconnaissance, salvage missions, security swims, demolition missions and underwater cutting, where they use electricity and oxygen to cut through thick steel.

Due to the nature of their job, where much of the work is conducted underwater, it is important that the divers have a complete understanding of their equipment, keep up their maintenance and conduct thorough checks before each dive.

The noncommissioned officers of the detachment work closely with the junior Soldiers to make sure these

steps are correct and complete.

"There are so many pieces of equipment that you need to be an expert on," said Sgt. Benjamin Lane, lead diver, 86th Engineers. "As an NCO, you need to be able to teach somebody who's never seen something like a gigantic compressor, or just different pieces of equipment that not many people know exist, how to maintain it, repair it and know how to use it. It's fun though and keeps you busy."

Although the NCOs have a big responsibility in teaching their Soldiers and making sure that each dive is safe, most of those who enter this field are given a solid base in understanding their job to begin with.

"We are a small team, it's very specialized and these guys work very hard to get here," said Cox.

After completing basic training those who are going into the dive field must go through a three-week, phase

one dive training.

During the phase one training, recruits learn to become comfortable in the water, understand simple dive physics and human biology.

The training also incorporates a lot of running and physical conditioning to help prepare future divers for phase two training where they are sent to the Navy Dive Training Center in Panama City, Fla.

Phase two training is about six months long and consists of physics, learning the different dive systems and learning how to work under water.

But one of the most important skills that any diver must have is self-motivation.

"To want to be the best is the best way to become an Army diver," said Lane. "Thrive on motivation and do your best work possible, and no one can say that you did something wrong for that." **A**

# ARMY DIVE TEAM

## Engineers thrive on hard work

**Article by Spc. Elayseah Woodard-  
20th Public Affairs Detachment**



# Y E M

## ork, motivation

-Hinton  
nt

*Spc. David Pulver, diver, 86th Engineer Dive Team, gears up to dive from a small-boat to search for wreckage at the bottom of the Persian Gulf, Aug. 9 (Photo by Pvt. Howard Ketter)*

# 86th Engineer Dive Team commander rec

Article and photos by  
Spc. Alicia Torbush  
20th Public Affairs Detachment

Capt. Russell Destremps, commander, 86th Engineer Dive Team, was presented with the 2008 Coastal America Partnership Award and a letter from President Obama by Lt. Gen William Webster, commanding general, Third Army, at Camp Patriot, Kuwait, Aug. 10.

Webster, also recognized the other members of the team by presenting them with the Third Army commanding general's coin.

"Here in Third Army we are no strangers to teamwork, partnership efforts, and cooperation among the joint services," said Webster. "Coastal America's efforts in the Florida Artificial Tire Reef Cleanup Team Project are similarly joint-and partner-based. Teamwork and cooperation have always been behind our successes as a nation. Working together, we know that nothing is impossible."

Destremps, and the 86th Engineer Dive Team, are currently deployed to Kuwait, and were presented the award for removing tires that were dumped

into the waters off the coast of Fort Lauderdale. The award included an engraved plaque and a letter of congratulations from President Obama.

"I am particularly proud of the many Sailors and Soldiers who have found a way to enhance their training on skills important to our Nation's readiness for war while also making a significant contribution to the health of our living ocean resources," said Obama, in his letter to the unit. "Just as you protect our Nation when serving overseas, at home you have found another way to protect our Nation's wellbeing."

The Coastal America Partnership Award recognizes outstanding partnerships that make a significant contribution toward the restoration and protection of our Nation's coastal and marine environment; it is the only environment award of its kind given by the White House.

"I'm lucky enough to be in command of one of the most professional and tactically proficient units in the Army," said Destremps. "Any time they get recognized really serves justice to the work they do every day. The stateside mission that

we did helped prepare us for what we're doing over here. I couldn't be more proud of what my guys have done."

Coastal America Partnership is a multi-agency collaboration dedicated to preserving and restoring coastal regions and addressing environmental concerns.

In the 1970s, when worn-out tires were becoming a serious problem for environmentalists to deal with, they came up with an idea to dump the tires into the Atlantic Ocean off the coast of Florida all the way up to New Jersey to help create an artificial reef for fish to inhabit.

The Osborne Reef, off the coast of Fort Lauderdale, had the most tires dumped in its location, with a total of more than two million tires finding their resting place at the bottom of the ocean.

Environmentalists quickly realized that there were a few problems with their initial idea of dumping the tires into the ocean. The first problem was that fish didn't inhabit the tires, instead stayed away from the new reef. In addition, the tires which could weigh up to 26 pounds on land, would only weigh around two pounds under water. With this vast difference in weight, it became evident that it would be impossible for the tires to be secured to one location as they continued to move each time a storm came through the Osborne Reef.

In 2001, the original area created off the coast of Fort Lauderdale had doubled to 35 acres with signs of continued growth. As the tires shifted around at the bottom of the ocean, their plastic straps and metal claps that had originally held them together began to break and the tires began to move more rapidly through the water soon damaging and destroying the local natural reefs.

It was not until spring 2008 when the first full mission to remove the displaced tires became operational. During the initial month of the



Members of the Dive Team stand together during an interview about receiving the Coastal America Partnership Award and their overall mission, after the award ceremony.



# eives Coastal America Partnership Award



**Lt. Gen. William Webster, commanding general, Third Army, congratulates Sgt. 1st Class Brett Boyer, first sergeant, 86th Engineer Dive Team, with a Third Army coin.**

mission, Army, Navy and Coast Guard divers had successfully removed around 44,000 tires from the Osborne Reef.

The 86th Engineer Dive Team were

key members of the Coastal American Partnership in continuing the removal of the dumped tires and preserving the natural reefs surrounding Fort Lauderdale.

***"Any time they get recognized really serves justice to the work they do every day. The stateside mission that we did helped prepare us for what we're doing over here. I couldn't be more proud of what my guys have done."***

Capt. Russel Destremps  
Commander  
86th Engineer Dive Team

The 86th Engineer Dive Team, based at Camp Patriot, Kuwait, currently provides support throughout the Central Command area of responsibility. They hold the mission capability to perform underwater construction and inspections, salvage, search and recovery, hydrographic survey, and underwater and surface demolition missions.

The dive team has been deployed to the since March and is expected to complete a 12-month tour in Kuwait. [A](#)



**Webster stands next to Capt. Russell Destremps, commander, 86th Engineer Dive Team, after presenting Destremps the Coastal America Partnership Award during an award ceremony at Camp Patriot, Kuwait, Aug. 10.**

# NEWS IN BRIEF

## JOINT POW/MIA ACCOUNTING COMMAND

**T**he mission of the Joint POW/MIA Accounting Command is to achieve the fullest possible accounting of all Americans missing as a result of the nation's past conflicts.

The highest priority of the organization is the return of any living Americans that remain prisoners of war. To date, the U.S. Government has not found any evidence that there are still American POWs in captivity from past U.S. conflicts. JPAC is located on the island of Oahu in Hawaii. The command was activated on Oct. 1, 2003, created from the merger of the 30-year-old U.S. Army Central Identification Laboratory, Hawaii, and the 11-year-old Joint Task Force.

Commanded by a flag officer, JPAC is manned by approximately 400 handpicked Soldiers, Sailors, Airmen, Marines and Department of the Navy civilians. The laboratory portion of JPAC, referred to as the Central Identification Laboratory, is the largest forensic anthropology laboratory in the world.

JPAC also maintains three permanent overseas detachments to assist with command and control, logistics and in-country support during investigation and recovery operations. JPAC has a fourth detachment responsible for recovery team personnel when they are not deployed.

## SOLDIERS CAN FIND A SYMPATHETIC EAR ONLINE

**S**oldiers who need somebody to talk to, any time of the day or night can turn to the TRICARE Assistance Program.

As a pilot program that kicked off Aug. 1, TRIAP allows Soldiers to use a telephone, a computer, or even a computer with video conferencing capabilities, to communicate directly with licensed counselors about stress management issues, family difficulties and pressures, deployments, or any personal problems that might adversely impact work performance, health, or well-being. The TRIAP service is available at no cost to Soldiers, is confidential, and doesn't get reported to a Soldier's command, said Vice Chief of Staff of the Army Gen. Peter W. Chiarelli.

"I am very excited that our Soldiers and family members can now access care from the comfort and privacy of their own home, if necessary, and the processes are in motion to move us through a phased approach to eventually get to where Soldiers and family members can access truly comprehensive behavior health care at home," Chiarelli said.

No records are kept of when a Soldier uses the services provided by TRIAP. Additionally, if Soldiers are using

TRIAP, and they need more advanced mental-health services, the online licensed counselors will assist them in setting up such an appointment.

The TRIAP program uses commercial communications applications like Skype or iChat to connect Soldiers face-to-face with counselors. To take full advantage of the service, Soldiers must have the correct software and hardware on their computer. Face-to-face counseling services, for instance, would require a video camera.

## SENIOR LOGISTICIANS GET FIRST HAND VIEW OF IRAQ DRAWDOWN

**T**hirteen senior logisticians discussed plans for continuing the responsible drawdown of forces and equipment in Iraq and the repositioning of assets to Afghanistan, July 23.

The logisticians, some of the most senior in their respective services, participated in a conference and visited facilities in order to learn about ongoing drawdown operations across Iraq. The key topics the attendees discussed were obtaining accurate accountability of Department of Defense property in Iraq and acquiring sufficient cargo and transport to support the drawdown efforts.

"The name of the game is responsible use of taxpayer money and 100 percent accountability," said Lt. Gen. James H. Pillsbury,

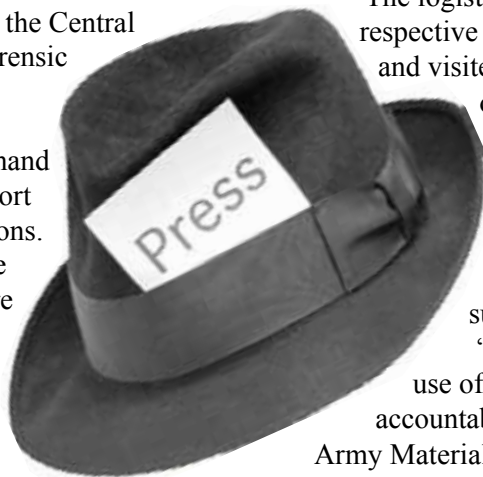
Army Material Command deputy commanding general, who commended the efforts of sustainment units in Iraq on laying the groundwork.

Since arriving in theater June 2008, the 3rd Sustainment Command (Expeditionary) and its subordinate units led an initiative to improve accountability by bringing over 40,000 items back onto records. Additionally, they sent Mobile Redistribution Teams to bases looking for excess inventory for shipment to the Forward Redistribution Point here. The FRP then determines its serviceability and stores or ships it to where it is needed.

The quantity and serviceability of shipping containers was also addressed. Thousands will be needed for the drawdown operations, and retrograde of equipment out of Iraq.

Container Repair Yards are planned for several major bases. The 3rd ESC's subordinate brigades also field Mobile Container Repair Teams to inspect and repair shipping containers. Last month, MCRTs inspected approximately 3,300 containers and performed minor repairs to 104.

The Coalition also partners with the Iraqi Transportation Network to facilitate the movement of equipment. 





# Arifjan Articulators

**Making Effective Communication a Reality**



Anyone looking to develop or improve their public speaking skills are welcome to visit or join The Arifjan Articulators Toastmasters Meetings

Every Monday @ 1900 Hrs  
160th Brigade conference room in Building 222 in Zone 1. Between ASG (flag pole) and two story DOL Bldg.  
<http://arifjan.freetoasthost.biz/>

## NCO Spotlight

**Sgt. Jarrett Gipson**  
**Congressional Liason NCO, 350th HRC**



"Don't let anyone influence the decisions that you make regarding your military career."

Sgt. Jarrett Gipson joined the Army Reserves April 20, 2002 to follow in his father's footsteps. He spent his first deployment in Iraq as part of the Quick Reaction Force in support of 1st Infantry Division. He says he would like to spend 20 years in the Army and retire. When he returns from this deployment he plans to go active duty and have his three-year old daughter, Jaela, live with him so that they can travel the world together.

## Just One Question ...

**"What ice cream flavor are you and why?"**



"If I were an ice cream flavor, I would be Chow Hall chocolate/vanilla twist, because I am cheap and the ice cream is free."

Staff Sgt. Eric Zabala  
1/303rd Calvary, Bravo Troop  
Olympia, Wash.



"If I was an ice cream flavor, I would be Vanilla Bean. Everyone likes vanilla ice cream and it's the best ice cream in the world."

Petty Officer 3rd Class Timothy Sapp  
Hospital Corpsman  
NAVELSG FWD JULIET  
Crossville, Tenn.



"Jamoca Almond. Jamoca because it sounds tropical like Jamaica and almonds because I'm nutty."

Capt. Ryder Miller  
1st Cavalry Division, Bravo Company  
DSTB  
Temple, Texas



"If I were an ice cream flavor, I would be definitely chocolate, I really think it is the best flavor of them all".

Petty Officer 3rd Class Calvin Carter  
Postal Clerk  
NAVELSG FWD JULIET  
Daytona Beach, Fla.



"Reese's Peanut Butter Cup because with every bit there's always a surprise"

Spc. Marshall Farris  
10th Mountain Division  
Erie, Pa.

# What's happening around Third Army



Photo by Pvt. Howard Ketter

## ***CFC Presentation***

**Ms. Renee S. Acosta, CEO and president of Global Impact, presents a check of proceeds from the Combined Federal Campaign's Family Services and Youth Programs, to Col. Christopher K. Hoffman, commander, Area Support Group-Kuwait ,to be put towards the installation at Camp Arifjan, Kuwait, Aug. 11.**

## ***Change of Authority***

**Commander, Lt. Col David P. Chase and Command Sgt. Maj. George A. Arends, uncase 1st Battalion, 147th Field Artillery, 115th Fires Brigade's colors during a ceremony held at Camp Patriot, Kuwait.**



Photo by Master Sgt. David Largent



Photo by Master Sgt. David Largent

## ***Port Security***

**301st Port Security unit patrols the Northern Arabian Gulf. 301st PSU works with U.S. Navy Maritime Expeditionary Squadron 5 and is responsible for landside and seaward security missions.**